

Reston Community Center

2022 SUMMER PROGRAM GUIDE



WWW.RESTONCOMMUNITYCENTER.COM

Enriching Lives. Building Community.



TABLE OF CONTENTS

Arts and Events	6 – 29
Aquatics	30 – 46
Kids Corner	47 – 51
Leisure and Learning	52 – 69
Information	70 – 73
Index	74 – 75
Hours	76



BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

As this program guide went to print, we were experiencing the departure of the Omicron variant of the COVID-19 virus. Fairfax County has achieved impressive levels of vaccines and boosters as well as very low hospitalization rates from that and other COVID-19 variants. We started doing things without wearing a mask and hope we can continue to make progress.

Even as we embrace the opportunities to be social, attend theatre performances, take classes and enjoy excursions, we are mindful of continuing to be vigilant about our personal health and well-being. As long as we consider public health and thus participate without putting others at risk, we should be able to resume living as the interconnected beings we are by our natures. And because it is summer, RCC offers dozens of outdoor events for families to enjoy in the fresh air throughout Reston. It's a wonderful way to re-enter places where people gather.

Of course, this hopeful season is accompanied by the terrible invasion of Ukraine. Our hearts are with all people whose lives are upended by the cataclysm of war. As we yearn for a just peace in Ukraine, so too we hope for peace in all the world's trouble spots. We join our community in trying to write a new page of history with stories of peace, human rights and flourishing people.



LEILA GORDON, EXECUTIVE DIRECTOR, RCC

Each year in June, RCC presents a public hearing to discuss our planning and finances for the coming fiscal years. This year, our Annual Public Hearing for Programs and Budget will be held on June 13 at 6:30 p.m. At the hearing, people can anticipate getting an update about the possible new arts center in Reston Town Center as well as RCC's strategic planning objectives. The budget profiles of FY22, FY23 and FY24 will be discussed, including our rolling three-year capital improvement and maintenance plans.

RCC has weathered two years of pandemic-caused disruption and continues to innovate so we can provide programming to as many people as possible as safely as possible. We look forward to sharing our new strategic plan with our community and celebrating the successes of 2021. Please plan to be with us on June 13 and throughout the summer.

RESTON COMMUNITY CENTER – BOARD OF GOVERNORS



From left to right: (TOP) Paul Thomas, William Keefe, William Penniman, Dick Stillson, William Bouie
(BOTTOM) Laurie Dodd (Resigned, March 7, 2022), Vicky Wingert, Beverly Ann Cosham, Lisa Sechrest-Ehrhardt

RCC IS ACCREDITED!



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency's excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards as we serve our patrons.

TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



myRCC Online

TO ENROLL ONLINE:

You will need to know your username and password.

IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC. Learn how or visit our FAQ page for more information.

www.restoncommunitycenter.com/HowTo

www.restoncommunitycenter.com/PassFAQs

Online Enrollment (myRCC) Contact Information:

Phone:

703-476-4500, ext. 8

Fax:

703-476-2488

Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

What if I do not have or know my username?

If any member of your household has registered for an RCC program in the last five years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

What if I have forgotten my password?

On the Member Login box, click on Forgot Your Password. You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

I would like to add family members to my account. How do I do this?

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

How can I see what courses my family members are currently enrolled in?

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member enrollments will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.

How can I cancel a reservation or free enrollment?

Patrons can now cancel their reservations or enrollments in free options in myRCC. Find instructions at www.restoncommunitycenter.com/HowTo



ARTS & EVENTS

Community Events	7 – 17
Professional Touring Artist Series	18 – 23
Community Arts Organizations	24 – 26
RCC Gallery Exhibits	27
Volunteer Opportunities	28 – 29



TEPHRA ICA FESTIVAL

MAY 20 – 22

11:00 a.m. – 6:00 p.m.

Reston Town Center • All Ages

Join Tephra Institute of Contemporary Art (Tephra ICA) for the 31st Annual Tephra ICA Festival, formerly known as the Northern Virginia Fine Arts Festival. This special weekend brings hundreds of artists from around the country producing high quality, hand-crafted, one-of-a-kind artwork to our neighborhood. The Tephra ICA Festival is presented in the dynamic setting at Reston Town Center and provides the opportunity to make new friends and purchase art from exceptional artists working in fine art and fine craft. Visitors to the Festival will also enjoy innovative dance performances and creative hands-on art projects.

The Tephra ICA Festival is produced as a fundraiser for Tephra Institute of Contemporary Art (Tephra ICA), a dynamic cultural institution with a 48-year history in providing innovative experiences around contemporary art. Art sales directly benefit the participating artists. All other proceeds support Tephra ICA and its year-round exhibitions and educational programming, which are almost always free and open to the public. To learn about volunteering, sponsoring, and other ways to get involved please visit www.tephraica.org/festival.

FREE parking is available in all Reston Town Center garages for Festival weekend (Friday – Sunday) courtesy of Boston Properties. Reston Community Center is a proud sponsor of the Tephra ICA Festival.



Contemporary Dance Performance
Presented by Reston Community Center

TRISHA BROWN: IN PLAIN SITE

Saturday, May 21 • 1 p.m. & 4 p.m.

Sunday, May 22 • 11 a.m.

Reston Town Square Park

Trisha Brown Dance Company (TBDC) is a contemporary dance company dedicated to the performance and preservation of the work of founding artistic director and choreographer Trisha Brown. During the Tephra ICA Festival, TBDC will present *Trisha Brown: In Plain Site*, a site-specific performance that places special focus on audience engagement, breaks down access barriers and provides an intimate experience.



RCC Community Coffee

**Saturdays,
June 4 – August 20**

**(Temporarily suspended until
further notice.)**

9:00 a.m. – 11:00 a.m.
RCC Hunters Woods

Free • All Ages

Enjoy complimentary food and beverages with casual conversation. RCC will restart this popular program when public health conditions allow.



Reston Pride

Saturdays, June 4

12:00 p.m. – 6:00 p.m.

Lake Anne Plaza

Free • Rain or Shine • All Ages

The fifth annual Reston Pride festival will feature family-friendly performances from local musicians and artists supporting and celebrating the LGBTQIA+ community in the greater Reston Area. Reston Pride is organized by members and friends of the Reston LGBTQIA+ community with support from Reston Community Center, nonprofits and other local organizations. This year will feature an appearance by The Kinsey Sicks.

For more information, please contact Reston Pride at restonpride@corefoundation.org.



THURSDAYS WITH THE Arts at Mason

Thursdays • 5:00 p.m. – 6:00 p.m.

FREE • All Ages

Reston Town Square Park

(Corner of Market Street and Explorer Street)

From Broadway to brass, from vocalists to jazz, faculty and student performers from George Mason University's College of Visual and Performing Arts offer free concerts in Reston Town Square Park.

May 26

SCHOOL OF THEATER

Mason's School of Theater students present a colorful array of musical hits, short scenes and designs in this "showstopper" program. A bit of Broadway in our own backyard.

June 9

WOODWIND ENSEMBLE

Dewberry School of Music woodwind faculty and students will present a concert of woodwind ensemble music, including classical, popular and jazz.

June 2

DIRTY GOLD BRASS BAND

Mason's Dirty Gold is a new-age New Orleans Brass Band that combines elements of jazz, hip-hop and Latin music to create a unique, high-energy performance.

June 16

FACULTY BRASS ENSEMBLE

Faculty brass performers from Mason's Dewberry School of Music offer an exciting program featuring a wide range of repertoire from the Renaissance to popular music.

June 23

MASON COMMUNITY ARTS ACADEMY STRING QUARTET

The quartet, featuring faculty members of the Mason Community Arts Academy, will perform a combination of pop and classical works.

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

RCC will refer to Fairfax County Health Department recommendations for preserving public health. Accordingly, we may require mask-wearing, social distancing and health self-checks of all patrons attending these RCC performances. We appreciate everyone's cooperation to preserve the good health of our community.

Presented by Reston Community Center and Reston Town Center Association in partnership with George Mason University's College of Visual and Performing Arts.

Take a Break

CONCERT SERIES

Thursdays • 7:00 p.m. – 8:30 p.m. • Free • All Ages • Lake Anne Plaza

June 2

**Shannon Bielski and
Moonlight Drive**

Bluegrass

June 9

**Uptown Vocal Jazz
Quartet**

Jazz

June 16

Mambo Combo

Latin – Dance Night

June 23

Towerhouse

Party Dance Hits

June 30

Seán Heely Celtic Trio

Celtic

July 7

Loudoun Jazz Ensemble

Big Band

July 14

Don't Back Down

Tom Petty Tribute Band

July 21

Elikeh

Afro Pop

July 28

**Justin Trawick and
Common Good**

Modern Americana

August 4

Alfredo Mojica & Friends

Latin – Dance Night

August 11

New Line Brass Band

New Orleans Jazz

August 18

Part Harmony

A Capella Motown, Doo-Wop & Soul

August 25

**U.S. Army Band – Latin
Music Ensemble**

Latin Jazz

September 1

Seth Kibel Band

Swing & Klezmer – Dance Night

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

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Presented by Reston Community Center in cooperation with MSE Productions, Inc. and co-sponsored by Lake Anne of Reston Condominium Association.



RESTON STATION

CELEBRATING EVERYTHING SUMMER

Fab Fridays

Fridays • 7:00 p.m. – 8:30 p.m.
Free • All Ages • Reston Station

Parking is free at ParkX with validation from 6:30 p.m. to 9:30 p.m. for these concerts.*

June 3

U.S. Army Blues

Big Band

June 10

Ocho de Bastos

Latin Pop & Rock – Dance Night

June 17

Texas Chainsaw Horns

Rockin' & Traditional R&B –
Dance Night

June 24

King Teddy

Swing – Dance Night

July 1

Jarreau Williams

Modern R&B – Dance Night

July 8

Tobago Bay

Calypso

July 15

Cedar Creek

Country – Dance Night

July 22

Far Away

Alternative to Covers

July 29

Cheick Hamala Diabate

Traditional West African of Mali
with Modern Grooves

August 5

DuPont Brass

Hip-Hop & Funk – Dance Night

August 12

Origem

Brazilian Jazz

August 19

Carly Harvey

Soul & Blues – Dance Night

August 26

Project Locrea

World-Folk Fusion

September 2

Four Star Combo

Rockabilly – Dance Night

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

*Three hours free parking in the ParkX parking garage with validation. Validation only good at ParkX and not the Metro garage.

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Presented by Reston Community Center in cooperation with MSE Productions, Inc. Hosted by Reston Station.

Family Fun Entertainment Series

Saturdays • 10:00 a.m. – 10:45 a.m. • Free • All Ages

Reston Town Square Park (Corner of Market Street and Explorer Street)

Garage parking is free on weekends at Reston Town Center.

June 18

Turley the Magician

Turley the Magician will delight the entire family with his inimitable talent, magic and humorous antics.

June 25

Uncle Devin

The Uncle Devin Show is a musical experience for children, taking them on a magical journey through the Land of Percussion, allowing them to hear and see different percussion instruments.

July 2

Lohr Family Antics

A fast-paced, sidesplitting family vaudeville show filled with circus skills, comedy and a sprinkling of magic thrown in the mix. One continuous surprise after another makes the time fly!

July 9

Guava Jelly

Guava Jelly creates and performs music infused with a lively island feel that is hard to resist. Before you know it, both kids and adults will be singing along!

July 16

Groovy Nate

Groovy Nate creates fun and educational shows using exotic musical instruments and puppet skits. It's *Sesame Street* meets Parliament Funkadelic, meshed with *The Electric Company*, Kraftwerk and Dub Reggae.

July 23

Magician Ken Caplan

Magician Ken Caplan performs for kids of all ages with his combination of magic and comedy. Ken strongly believes the magic is in the presentation and not the "trick."

July 30

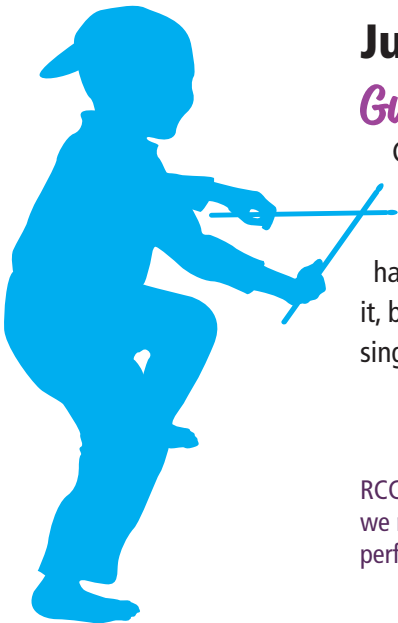
Rocknoceros

Williebob and Boogie Woogie Bernie are Rocknoceros, the Washington, DC, area's award-winning band that makes very cool music for children of all ages.

August 6

DPT Music!

DPT Music! Plays music from Louisiana – jazz, Cajun, zydeco, street parade, blues, boogie-woogie and a little rock and roll – for kids of all ages.



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For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

Presented by Reston Community Center and Reston Town Center Association in cooperation with MSE Productions, Inc.



Family Picnic Day

SATURDAYS • 4:00 P.M. – 6:00 P.M. • FREE • ALL AGES

Bring a picnic and your family and friends to Family Picnic Day. Play family-friendly lawn games, blow some bubbles and enjoy listening to music.

August 6

TEMPORARY ROAD PICNIC PAVILION

CORNER OF NORTH SHORE DRIVE AND TEMPORARY ROAD
STEEL DRUM BAND, FACE PAINTER AND BALLOON ARTIST

August 13

PONY BARN PICNIC PAVILION

CORNER OF STEEPLECHASE DRIVE AND TRIPLE CROWN ROAD
DJ, CARICATURE ARTIST AND BALLOON ARTIST

August 20

NORTH HILLS PICNIC PAVILION

CENTER HARBOR ROAD AND NORTH VILLAGE ROAD
DJ, CARICATURE ARTIST AND FACE PAINTER

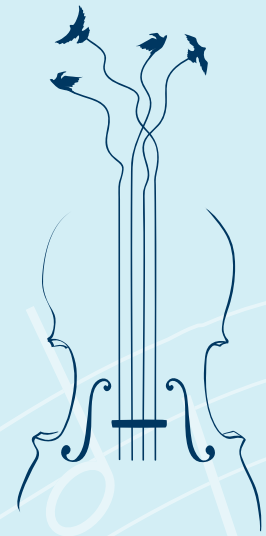
RCC will refer to Fairfax County Health Department recommendations for preserving public health. Accordingly, we may require mask-wearing, social distancing and health self-checks of patrons attending these RCC performances. We appreciate everyone's cooperation to preserve the good health of our community.

Presented by Reston Community Center and Reston Association.

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

Sunday Art

IN THE PARK
WITH SHENANDOAH CONSERVATORY



Sundays • 7:00 p.m. – 8:00 p.m. • FREE • All Ages
Reston Town Square Park (Corner of Market Street and Explorer Street)
Garage parking is free on weekends at Reston Town Center.

June 12 • Madera Viva: Music for Bassoon and Marimba

Shenandoah Conservatory's percussion professor Karlyn Viña headlines a program of creative adaptations and arrangements for bassoon and marimba spanning centuries and continents, including works by Vivaldi, Piazzolla and Gershwin.

June 19 • R2Duo

Professor of Saxophone Timothy Roberts leads a program of saxophone and piano duets from the past three centuries to reveal what is most beautiful about the instrument.

June 26 • The Eric Byrd Trio

Featuring Shenandoah Conservatory's jazz piano professor Eric Byrd on piano and vocals, jazz percussion professor Alphonso Young, Jr. on drums and Bhagwan Khalsa on bass, the Eric Byrd Trio celebrates its 20th anniversary with a dynamic program of music from their most recent CD *Twenty*.

July 3 • Ellington's Caravan

Shenandoah Conservatory's trombone professor Matt Neiss leads an evening of music featuring some of Duke Ellington's most beloved works.

July 10 • The Mighty Little Big Band

Shenandoah Conservatory's Grammy Award-winning jazz saxophone professor Luis Hernandez leads an evening of traditional jazz standards featuring The Mighty Little Big Band.

July 17 • The MLO Fusion Project

This dynamic trio – featuring Bob Larson (keyboard), Golder O'Neill (bass) and Stan McMullen (drums) – blends the spirit of jazz improvisation with the rhythmic energy and creativity of popular styles.

July 24 • Shenandoah Saxophone Quartet

Take a musical journey through the history of the saxophone as Shenandoah Conservatory's saxophone professor Timothy Roberts and top students perform an eclectic mix of music from Broadway to the Baroque and Belle Epoque.

July 31 • The Four Seasons

Shenandoah Conservatory's violin professor Akemi Takayama and internationally acclaimed pianist Ryo Yanagitani present a powerful violin and piano rendition of one of Vivaldi's most beloved works, *The Four Seasons*.

August 7 • The Best of Broadway

Shenandoah Conservatory's Musical Theatre Class of 2023 performs a program of Broadway's greatest hits.

August 14 • ClarVoice Trio

Shenandoah Conservatory's clarinet professor Garrick Zoeter and soprano Mariana Mihai-Zoeter interpret romantic and inspiring works from around the world in jazz, classical, Broadway and other genres.

August 21 • Pop and Rock Hits Through the Ages

Shenandoah Conservatory Musical Theatre Class of 2023 presents a high-energy performance of pop and rock hits.

August 28 • New Orleans Brass Band

Shenandoah Conservatory trombone professor Matt Neiss leads his New Orleans Brass Band with an evening of music from "The Big Easy."

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

Presented by Reston Community Center and Reston Town Center Association in partnership with Shenandoah Conservatory.



Sunday Art

IN THE PARK

with TEPHRA ICA

Sundays, July 3 – July 31

5:30 p.m. – 7:30 p.m. • All Ages • FREE

Reston Town Square Park • Corner of Market Street and Explorer Street

Tephra ICA (formerly GRACE), in cooperation with Reston Community Center, welcomes visitors in the month of July to Sunday Art in the Park at Reston Town Square Park. In addition to the concert series, there will be creative art activities for all ages from 5:30 p.m. – 7:30 p.m. Participants may also explore the Tephra ICA gallery and experience the current exhibition.

Garage parking is free on weekends at Reston Town Center.

For more information, please contact Cheri Danaher, RCC's Arts Education Director, at 703-390-6175.



Lake Anne Roots Music Festival

Saturday, July 9

1:00 p.m. – 7:00 p.m.

Lake Anne Plaza

Free • Rain or Shine • All Ages

The free festival will offer a full day of folk, bluegrass, blues and old-time music with a bit of everything in between. The festival is hosted by Lake Anne Plaza and sponsored by Friends of Lake Anne and the Lake Anne Plaza merchants with support from Reston Community Center.

For more information, visit www.lakeanneplaza.com or call 703-471-6374.



Lake Anne Jazz and Blues Festival

Saturday, September 3

1:00 p.m. – 8:00 p.m.

Lake Anne Plaza

Free • Rain or Shine • All Ages

Save the date for the 16th Annual Lake Anne Jazz and Blues Festival. Come and enjoy an afternoon and evening of jazz on the lake. The Lake Anne Jazz and Blues Festival is hosted by Lake Anne Plaza and sponsored by Friends of Lake Anne and the Lake Anne Plaza merchants with support from Reston Community Center.

For more information, visit www.lakeanneplaza.com or call 703-471-6374.



**DON'T
FORGET
TO
VOTE**

RCC Preference Poll

September 9 – September 30

Serve your community – Become a candidate for the RCC Board of Governors

You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for Reston Community Center while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

Statement of Candidacy Forms are available August 1 at RCC Hunters Woods and RCC Lake Anne, or online at www.restoncommunitycenter.com.

MARK YOUR CALENDARS

Candidate Filing: August 1 – 15 (until 5:00 p.m.)

Photo/Orientation: August 15

Forum: TBA

Voting: September 9 – September 30 (until 5:00 p.m.)

For more information, please contact us at RCCcontact@fairfaxcounty.gov.



Reston Multicultural Festival

Saturday, September 24

11:00 a.m. – 6:00 p.m.

Lake Anne Plaza

Free • Rain or Shine • All Ages

Save the date! The annual Reston Multicultural Festival celebrates Reston's rich diversity through song, dance, food and art. Learn about our mosaic of cultures as the community gathers for a delightful day at Lake Anne Plaza. This signature Reston event honors the diversity that is one of our greatest assets. Everyone is encouraged to dress in attire that shares their pride in their own cultural roots.

Reston Community Center presents the Reston Multicultural Festival in partnership with Lake Anne of Reston Condominium Association; it is co-sponsored by the Reston Association, with support from a variety of Reston-based organizations and businesses.

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-3166.



PROFESSIONAL TOURING ARTIST SERIES

Baratunde Thurston 20

Nai-Ni Chen Dance and the Ahn Trio 21

The Kinsey Sicks 22

FREEDOM. WE HEAR A LOT ABOUT THIS, BUT WHAT DOES IT ACTUALLY MEAN?

In philosophy and religion, freedom is associated with having free will and being without undue or unjust constraints, or enslavement, and is an idea closely tied to the concept of liberty. A person who is free has the liberty to do things that will not, in theory or in practice, be prevented by other forces.

On May 18, the Reston favorite, Nai-Ni Chen Dance Company will be joined by the Ahn Trio to perform *A Quest for Freedom*. These two renowned ensembles have explored the need for freedom in every aspect of these artists' lives; their work highlights the current societal, national, international and historical debate around immigration. Sadly, choreographer Nai-Ni Chen passed away in December. Her work has made a huge impact on the dance world, and we share the grief caused by her untimely death. Her choreography will live on in the beautiful movement of her dancers.

The struggle for freedom takes many forms in different personal histories.

June is Pride Month. Reston will celebrate LGBTQIA+ rights and struggles at Reston Pride on June 4. The Kinsey Sicks will make a guest appearance at this family-friendly event. Later that evening, The Kinsey Sicks bring their full performance to the CenterStage. Here is what *The Times of London* has to say about them:

"Wonderfully smart, politically pointed and liberating ... examples of The Kinseys' contagious brand of rib tickling abound ... hilarious ... both clever and artfully crude ... lovably ribald."



A handwritten signature in black ink that reads "Paul D. Michnewicz".

Paul Douglas Michnewicz
Arts & Events Director

Whether you attend a performance at the CenterStage or any of the more than 50 free outdoor concerts this summer, Reston Community Center will continue to be "an accepting and open organization free of physical, financial and cultural barriers." This is a key value statement for RCC, and one we live by wherever our programming occurs.



Baratunde Thurston

WRITER, COMEDIAN, ACTIVIST

**Saturday,
May 14
8:00 p.m.**

Baratunde Thurston holds space for hard and complex conversations with his blend of humor, wisdom and compassion. He is an Emmy-nominated TV host who has worked for *The Onion*, produced for *The Daily Show*, advised the Obama White House, and written *The New York Times* bestseller *How To Be Black*. As the executive producer and host of *How to Citizen with Baratunde*, which Apple named one of its favorite podcasts of 2020, Baratunde also received the Social Impact Award at the 2021 iHeartRadio Podcast Awards. Baratunde is unique in his ability to integrate and synthesize themes of race, culture, politics, and technology to explain where our nation is and where we can take it.

Recommended that children under 16 be accompanied by an adult.

\$15 Reston/\$20 Non-Reston



Nai-Ni Chen Dance and the Ahn Trio

A QUEST FOR FREEDOM

Wednesday, May 18 • 8:00 p.m.

Originally inspired by the Ahn Trio's adaptation of David Bowie's *Space Oddity* and their interpretation and performance of *Purple Rain* by Prince at Ellis Island, Nai-Ni Chen worked with the Trio to find their common vision, explore their common roots as Asian American immigrants and, as women artists, develop innovative work in America. Their collaboration is enhanced by the work of visual artist Jayathi Moorthy, who brings a contemporary, visual artist's perspective to the project.

"The Ahn Trio makes classical music relevant and appealing for today."

— *Capital Public Radio News*

\$20 Reston/\$30 Non-Reston



The Kinsey Sicks

Saturday, June 4 • 8:00 p.m.

For 25-plus years, America's Favorite Dragapella® Beautyshop Quartet has served up a feast of music and comedy to audiences at performing arts centers, music venues and comedy festivals throughout the United States and internationally. Their phenomenal performance record includes an Off-Broadway show, an extended run in Las Vegas, two feature films and three concert DVDs, 10 albums and appearances in more than 40 states, Canada, Mexico, Europe and Australia. The Kinsey Sicks' award-winning a cappella singing, sharp satire and over-the-top drag have earned them a diverse and devoted following.

The Kinsey Sicks will make a special appearance at Reston Pride at Lake Anne Plaza at 5:00 p.m on June 4.

For the evening performance, it's recommended that children under 16 be accompanied by an adult.

\$20 Reston/\$30 Non-Reston

CENTERSTAGE BOX OFFICE INFORMATION

Online: www.restoncommunitycenter.com

Available until one hour before a performance and requires payment of a processing fee.

By Mail: **Return a Ticket Order Form to RCC Box Office**

2310 Colts Neck Road, Reston, VA 20191

In Person: **Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.**

Saturday: 1:00 p.m. – 5:00 p.m., and two hours before any ticketed performance.

(Requires payment of a processing fee.)

Phone: **703-476-4500, Press '3' • TTY 711**

Please provide the following information when you call:

- Your name with the correct spelling as it appears on your Visa, MasterCard or Discover credit card;
- The best telephone number for us to return your call;
- The performance title, date and curtain time you wish to attend;
- The number of tickets you wish to order and whether they are Reston, Non-Reston;
- Your Visa, MasterCard or Discover credit card number, its expiration date and the security code (no American Express please);
- The billing address of your credit card including zip code;
- Your email address so that we may send a confirmation as well as your e-tickets to you.

Fax: **Fax Ticket Order Form to 703-476-2488**

BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled. For online ticket sales, per-ticket fees are refunded, but per-order fees are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at the time of the sale. E-tickets may be printed at home or shown on your mobile device to be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.
- No COVID-19 restrictions on the capacity of the CenterStage were in place at the time this was created. Should that change, patrons are required to abide by whatever health protocols are required.

Tickets for the Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online.

DIRECTIONS:

The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

Left on Baron Cameron Ave (Route 606)

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28

Take Dulles Toll Rd East

Take Exit 12 onto Reston Parkway

Right on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Rd

Go 1/2 mile and turn left into Hunters Woods Village Center

PERFORMING ARTS

Reston Community Players

www.restonplayers.org
703-435-2707

Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny, and timeless productions. RCP has been delighting audiences since 1966. Be sure you get in on the fun.

RCP is funded in part by ArtsFairfax.

Reston Community Orchestra

www.restoncommunityorchestra.org
571-449-7095

The Reston Community Orchestra has musically enhanced the cultural lives of our unique community since 1988. Everyone is invited to attend and enjoy diverse symphonic music and overall good times! This series of educational and enjoyable programs is presented in the friendly environment of RCC Hunters Woods (unless otherwise indicated). Each concert is built around a specific theme.

The Reston Community Orchestra is funded in part by ArtsFairfax and the Virginia Commission for the Arts.

Reston Chorale

www.restonchorale.org
703-834-0079 or info@restonchorale.org

Don't miss a moment of the music being made this year by The Reston Chorale. Join your friends and neighbors, bring the family, and savor the musical feast.

A Star-Spangled Salute

Bring a lawn chair and join The Reston Chorale and Brass of the Potomac for a free, patriotic concert honoring those who serve and remembering those who made the ultimate sacrifice. You can also show your support for our troops by sharing care package items for those deployed overseas.

Saturday, May 28

12:00 p.m.

Reston Town Center

Visit www.restonchorale.org for more information.

Gardens of Note

Explore a selection of Reston's beautiful private gardens and enjoy musical entertainment provided by members and friends of The Reston Chorale. Presented in partnership with The Garden Club of Reston.

Saturday, June 4

10:00 a.m. – 4:00 p.m. (Garden Tours)

Various locations

Tickets on sale in April 2022 at www.restonchorale.org.

The Reston Chorale is funded in part by ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

Fairfax-Loudoun Music Fellowship

www.FLMF.org

Fairfax-Loudoun Music Fellowship provides a noncompetitive, friendly and enriching environment for the exchange of ideas and the exploration of teaching practices through performance opportunities, workshops and community events. They offer membership to private music teachers, which includes student recitals at the CenterStage, Ashby Ponds Retirement Center, Holiday Serenades at Dulles Town Center Mall, and an annual Piano Ensemble Festival. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals.

GroundShare Arts Alliance

www.groundsharearts.com
703-593-4384

GroundShare Arts Alliance provides dancers of all ages the opportunity to train and perform together. This multi-generational company explores the artistic process while building community and collaborating through dance. Every spring, GroundShare presents an original production of dance theatre developed from the work of our students and teaching artists. Where dance meets storytelling, GroundShare's spring concert explores timely themes and artistic investigations.

Spring Concert

Friday, June 10

7:30 p.m.

Saturday, June 11

3:00 p.m.

RCC Hunters Woods – the CenterStage

Ticket information available at the CenterStage Box Office by June 1.

GOVERNMENT FUNDERS

ArtsFairfax:

www.artsfairfax.org



Virginia Commission for the Arts:

www.arts.virginia.gov



National Endowment for the Arts:

www.arts.gov



PERFORMING ARTS TICKETS

Tickets for Community Arts Organization events held at RCC (the CenterStage or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Season subscription ticketing is handled differently by different organizations. Priority ordering information is provided with confirmation of the season subscription.

VISUAL ARTS

League of Reston Artists

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA has a dual mission: 1) to provide its members with opportunities to grow, learn and exhibit their creative accomplishments, and 2) to provide the local community with frequent opportunities to experience and appreciate a wide range of visual arts and to gain insight into the creative process. Quarterly meetings with guest speakers and artist demonstrations offer learning and inspiration for LRA members while raising awareness and appreciation of the arts. Non-member art lovers are always welcome. Numerous judged and juried shows in venues throughout the community give member artists and photographers challenging exhibition opportunities. Each year, new members join, and volunteers coordinate fresh opportunities to partner with local businesses and display and sell artwork produced by area artists. Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 15 commercial and public places, solo exhibits are on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website.

JUNE

Reston Photographic Society Exhibit
RCC Lake Anne – Jo Ann Rose Gallery
Reception: Sunday, June 5
2:00 p.m. – 4:00 p.m.

MID-JULY – AUGUST

League of Reston Artists: Small Works
A large display of small-scale paintings and photography pieces.
RCC Lake Anne – 3D Gallery

LRA is a nonprofit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society and provides an annual scholarship to a promising high school senior who will continue his or her education in the visual arts. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. LRA relies on its member volunteers and donations from the art-loving community to fulfill its mission.

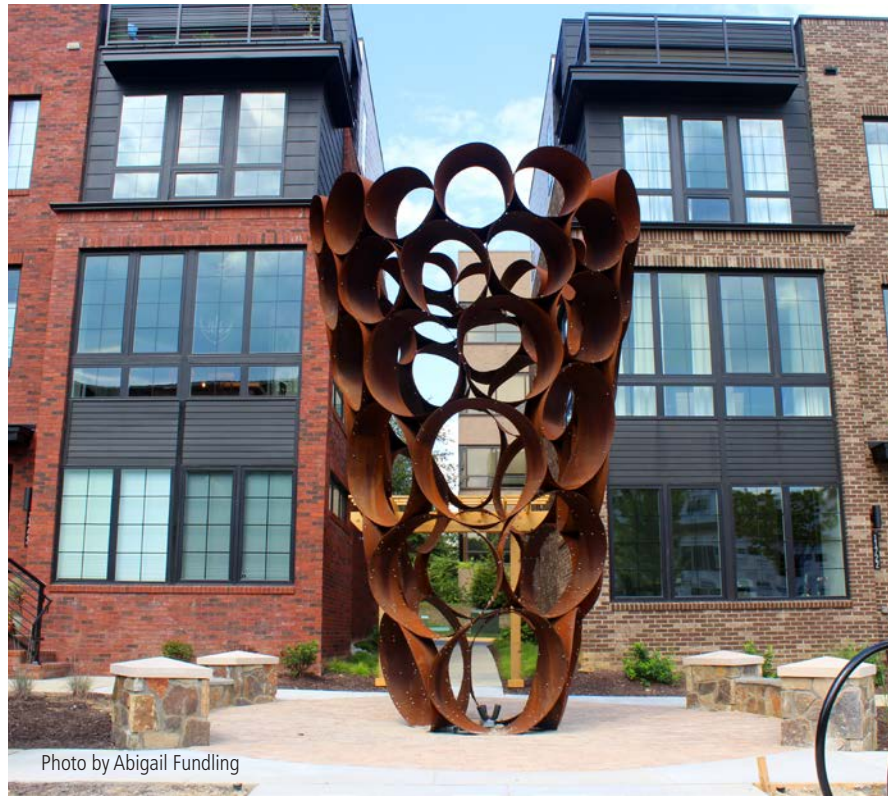


Photo by Abigail Funding

Public Art Reston

www.publicartreston.org

Public Art Reston's (PAR) mission is to be the catalyst for public art that inspires, engages and connects. Its vision is for public art to be recognized as essential to our thriving, diverse community. PAR commits to this work by nurturing and celebrating diverse participation, while providing opportunities to experience public art in all neighborhoods of Reston. It connects at the intersections of creativity, accessibility and belonging.

Public art is a vehicle for building community and community building is vital to successful creative placemaking.

PAR's 2022 goal is to continue working with community organizations to develop permanent and temporary public art projects on the pillars of community engagement, educational programs and artist elevation. PAR continues to work with developers to provide professional expertise throughout the public art process when they commission public artworks as part of a proffer commitment.

More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in

2007, and since the adoption of the Public Art Master Plan for Reston in 2008. Reston's public art is always accessible both online and outdoors!

Here is a variety of public art offerings that are accessible to everyone:

- Public Art Map of Reston and Public Art Bike Rides
- Six free, fun-filled Public Art Explorer packets to foster conversations and art-making at home or while "exploring" public art around town
- *Thoreau's Ensemble* at the Colts Neck Road Underpass
- *Emerge* at the Glade Drive Underpass
- South Lakes High School STEAM Team's project for the Lake Thoreau spillway
- Marco Rando's *Intent, The Wooden Horse* at Lake Anne Plaza
- DeWitt Godfrey's *Simon*

Visit Public Art Reston online at www.publicartreston.org and sign up for their newsletter *Emerge* for bi-weekly updates!

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.



CULTURAL ARTS

The Reston Historic Trust and Museum

www.restonmuseum.org
703-709-7700

The Reston Historic Trust and Museum (RHT) was founded in 1996 as a community-based nonprofit organization that preserves the past, informs the present, and influences the future of Reston through its exhibits, public programs, and events including Founder's Day, the Reston Home Tour, and Lake Anne Cardboard Boat Regatta. RHT is located at Lake Anne Plaza, is free to visit, and offers exhibits and a gift shop.

Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com
703-481-8156

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage, and acrylic and oil paintings.

JUNE

Paper Jewels

New work by Julia Malakoff

Reception: Sunday, June 12

2:00 p.m. – 4:00 p.m.

JULY

Art in Motion

Mobiles and stabiles by Wayne Schiffelbein

Reception: Sunday, July 10

2:00 p.m. – 4:00 p.m.

AUGUST

Year of the Tiger

New works by Dorothy Donahey

Reception: Sunday, August 14

2:00 p.m. – 4:00 p.m.

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

Tephra ICA

www.tephraica.org

Tephra Institute of Contemporary Art (formerly Greater Reston Arts Center) is committed to promoting innovative contemporary art and thinking. Leading with curiosity and care, we are a catalyst, generator, and advocate for visual and interdisciplinary arts. Tephra ICA's exhibitions and programs highlight contemporary artists whose practices are often globally influenced, culturally diverse and conceptually advanced. We provide education initiatives and public programs that encourage the development of critical thinking, creative expression, and support the interconnectivity of art and ideas. Admission to the Tephra ICA gallery is always FREE, as are most programs.

Tephra ICA gratefully acknowledges the generosity of its individual members and donors, state and county grantors, and corporate sponsors.

Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts, and the National Endowment for the Arts.

You Are Here: Mapping Reston's Past and Present

Maps tell us where to go, where we live, who we are, what existed before us and what is planned. Chris Rooney, former Reston resident and local history aficionado, leads you on a visual adventure spanning Capt. John Smith's first charting of Chesapeake's tributaries in the Virginia colony to the updated Metro map for the Silver Line expansion to Dulles. Learn about George Washington's involvement in the surveying of the Northern Neck Proprietary for Lord Fairfax, troops marching here in the Civil War, the Victorian-era community of Wiehle and the rise of 20th century development.

Friday, May 27

7:00 p.m.

RCC Lake Anne – Jo Anne Rose Gallery

Free, Registration Req. • 702004-2A

RCC GALLERY EXHIBITS

RCC JO ANNE ROSE GALLERY EXHIBITS

JUNE

Reston Photographic Society

League of Reston Artists (LRA)

Reception: Sunday, June 5

2:00 p.m. – 4:00 p.m.

JULY

Sandra Dovberg: A Retrospective

Mixed Media Art by Sandra Dovberg

Reception: Sunday, July 10

2:00 p.m. – 4:00 p.m.

AUGUST

Roads Home, Roads Away

Watercolors by Diane Ellor and Friends

Reception: Sunday, August 7

2:00 p.m. – 4:00 p.m.

RCC LAKE ANNE 3D GALLERY EXHIBITS

JUNE – MID-JULY

The Joy of Creating

Annual Teachers and Students Art Exhibit

MID-JULY – AUGUST

League of Reston Artists: Small Works

A large display of small-scale paintings and photography pieces

RCC HUNTERS WOODS EXHIBITS

JUNE – MID-JULY

Interior Dreams: A Landscape

Painter Navigates Lockdown

Acrylic Paintings by Mia Merin

MID-JULY – AUGUST

Oil Paintings from Two Uruguayan

Artists: Margarita Reyes and Sara Sittig

Interested in Exhibiting?

For more information about exhibiting with Reston Community Center, please visit www.restoncommunitycenter.com or contact Gloria Morrow, Arts Education Assistant, at 703-390-6187.



VOLUNTEER

Adapted Aquatics Volunteers

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods

June 4 – August 27

Sat 10:50 a.m. – 12:00 p.m.
Registration Required through VMS.

RCC Rides Drivers

(18 years and older)

Without transportation, simple things such as medical appointments or grocery shopping become major life challenges for non-driving seniors. We need caring, concerned community members to serve as volunteer drivers. Choose times that best suit your schedule; no minimum number of rides are required.

To become a volunteer, obtain an application at an RCC Customer Service Desk or online at www.restoncommunitycenter.com and return it to the address on the form, or call us at 703-390-6198 for more information.

VOLUNTEER MANAGEMENT SYSTEM

Fairfax County has a consolidated, County-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

1. Visit: volunteer.fairfaxcounty.gov
2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.
4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

All volunteers must be vaccinated and will be required to show proof of vaccination prior to volunteering per Fairfax County government requirements.

For questions or concerns with this system, please contact the Community Events Director at 703-390-6166 or Kevin.Danaher@fairfaxcounty.gov.

The screenshot displays the 'Opportunity Search' page on the Fairfax County VMS. It includes a search bar, filters for 'Request a New Search', 'Opportunity For', 'Organization/Program', 'Things to do', 'Date/Time', and 'Location'. A calendar for September 2020 shows a grid of volunteer shifts. Each shift is represented by a blue icon and includes details such as the organization (e.g., Police Chaplain, Park Volunteer), date, and time range. A map of Fairfax County is visible in the bottom left corner of the search results area.

Give The Gift Of A Lift



Volunteer Drivers Needed

RCC Rides volunteer drivers enhance the quality of life of older Reston adults (55+) who can no longer drive.



RCC Rides is the perfect volunteer program for me because of the schedule flexibility. With RCC Rides, I can log in and choose to provide a ride that fits my schedule.

– Robin Parker, Volunteer Driver

**To become a volunteer, complete a volunteer driver application:
www.restoncommunitycenter.com/rccrides**

For more information, please contact the RCC Rides Coordinator at 703-390-6198 or RCCRides@fairfaxcounty.gov.



AQUATICS

Information	31 – 32
Lap Swim/Warm Water Swim	33 – 35
DEAP	36
Infant – 7 Year Olds	37 – 40
6 – 12 Year Olds	41 – 43
13 Years and Older	44 – 46

SUMMER POOL SCHEDULE • JUNE 1 – AUGUST 31

	Lap Pool	Warm Water Pool
Monday-Thursday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.*	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*
Friday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.*	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*
Saturday	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 6:00 p.m.*
Sunday	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 6:00 p.m.*

*Swim lanes may be limited.

Please note that the pool schedule is subject to change without notice. RCC schedules programming during open and lap swim times.

The pools will be closed from 12:00 p.m. to 1:00 p.m. for a deep cleaning. Programming will receive priority for pool space.

Please note the Terry L. Smith Aquatics Center will be closed for its annual maintenance period September 2 – September 9.

It will reopen on September 10.

RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.

AQUATICS HOLIDAY HOURS: *

*Some restrictions to lap lane or warm water access may apply.

Memorial Day • May 30 • 6:00 a.m. – 1:30 p.m.

Juneteenth (observed) • June 20 • 6:00 a.m. – 9:00 p.m.

Independence Day • July 4 • 9:00 a.m. – 1:30 p.m.

Annual Maintenance • September 2 – September 9 • Closed

- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate your attention to hair that is shed from shampooing as well.
- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.

If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate you removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight, between 12:00 p.m. – 1:00 p.m. and between 3:00 p.m. – 4:00 p.m., seven days a week.

RCC PASS OPTIONS

Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The 12-Month passes are valid from date of purchase and do not renew automatically.

Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

To make a reservation, buy or renew your pass, visit myRCC.

POOL FEES

	Reston Resident/ Employee	Non-Reston
Daily Visit Pass (Price Per Visit)		
Adult	\$4.50	\$9
Youth & Senior	\$2.75	\$5.50
Monthly Pool Pass		
Adult	\$45	\$90
Youth & Senior	\$25	\$50
Aquatics Annual Pass		
Adult	\$480	\$960
Youth & Senior	\$250	\$500

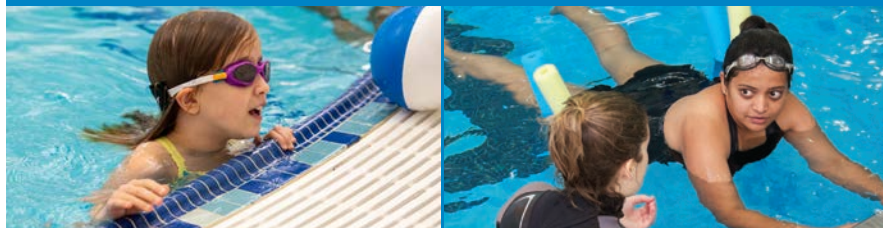
WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
Water Aerobics Pass (Price Per Visit)		
Adult	\$5	\$10
Youth & Senior	\$4	\$8

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service Desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk.

30-minute session • \$35 (R)/\$53 (NR)



SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500, TTY 711.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

LAP SWIM

Reservations are required for lap swim at the Terry L. Smith Aquatics Center. Reservations for the following month open up on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston. Reservations are for a 50-minute time slot. There will be 10 minutes allotted after swimming to exit the pool and utilize the locker rooms.

A valid Aquatics Daily Visit pass, an Aquatics Monthly pass or an Aquatics Annual pass is required to complete the reservation. To reserve your spot, sign into myRCC and select the date and time you wish to swim. Lap swim reservations are free, but patrons are required to purchase an Aquatics Daily pass, an Aquatics Monthly or an Aquatics Annual pass and swipe the pass prior to each reservation. Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Aquatics Daily passes may be purchased for a minimum of five visits to a maximum of 60 visits and expire two years from date of purchase. Aquatics Monthly and Aquatics Annual passes are valid from date of purchase and do not renew automatically.

Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon-Fri 6C0901-2A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0901-2B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0901-2C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0901-2D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0901-2E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0901-2F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0901-2G	2:00 p.m. – 2:50 p.m.

Mon-Sun 6C0901-2H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0901-2I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0901-2J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0901-2K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon-Fri 6C0902-2A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0902-2B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0902-2C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0902-2D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0902-2E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0902-2F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0902-2G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0902-2H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0902-2I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0902-2J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0902-2K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon-Fri 6C0903-2A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0903-2B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0903-2C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0903-2D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0903-2E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0903-2F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0903-2G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0903-2H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0903-2I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0903-2J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0903-2K	6:00 p.m. – 6:50 p.m.

Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/PassFAQs



Lap Pool – Lane 4

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon-Fri 6C0904-2A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0904-2B	8:00 a.m. – 8:50 a.m.
Mon-Fri 6C0904-2C	9:00 a.m. – 9:50 a.m.
Mon-Fri 6C0904-2D	10:00 a.m. – 10:50 a.m.
Mon-Fri 6C0904-2E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0904-2F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0904-2G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0904-2H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0904-2I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0904-2J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0904-2K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 5

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon-Fri 6C0905-2A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0905-2B	8:00 a.m. – 8:50 a.m.
Mon-Fri 6C0905-2C	9:00 a.m. – 9:50 a.m.
Mon-Fri 6C0905-2D	10:00 a.m. – 10:50 a.m.
Mon-Fri 6C0905-2E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0905-2F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0905-2G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0905-2H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0905-2I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0905-2J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0905-2K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 6

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon-Fri 6C0906-2A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0906-2B	8:00 a.m. – 8:50 a.m.
Mon-Fri 6C0906-2C	9:00 a.m. – 9:50 a.m.
Mon-Fri 6C0906-2D	10:00 a.m. – 10:50 a.m.
Mon-Fri 6C0906-2E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0906-2F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0906-2G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0906-2H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0906-2I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0906-2J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0906-2K	6:00 p.m. – 6:50 p.m.

Warm Water – Zone 1

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri	11:00 a.m. – 11:50 a.m.
6C0951-2C	
Mon-Sun	1:00 p.m. – 1:50 p.m.
6C0951-2D	
Mon-Sun	2:00 p.m. – 2:50 p.m.
6C0951-2E	
Mon-Sun	3:00 p.m. – 3:50 p.m.
6C0951-2F	
Sat, Sun	4:00 p.m. – 4:50 p.m.
6C0951-2G	
Fri	5:00 p.m. – 5:50 p.m.
6C0951-2H	

Warm Water – Zone 2

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri	11:00 a.m. – 11:50 a.m.
6C0952-2C	
Mon-Sun	1:00 p.m. – 1:50 p.m.
6C0952-2D	
Mon-Sun	2:00 p.m. – 2:50 p.m.
6C0952-2E	
Mon-Sun	3:00 p.m. – 3:50 p.m.
6C0952-2F	
Sat, Sun	4:00 p.m. – 4:50 p.m.
6C0952-2G	
Fri	5:00 p.m. – 5:50 p.m.
6C0952-2H	



Warm Water – Zone 3

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri	11:00 a.m. – 11:50 a.m.
6C0953-2C	
Mon-Sun	1:00 p.m. – 1:50 p.m.
6C0953-2D	
Mon-Sun	2:00 p.m. – 2:50 p.m.
6C0953-2E	
Mon-Sun	3:00 p.m. – 3:50 p.m.
6C0953-2F	
Mon-Sun	4:00 p.m. – 4:50 p.m.
6C0953-2G	
Fri	5:00 p.m. – 5:50 p.m.
6C0953-2H	

Warm Water – Zone

4Deep

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of six feet. See lap swim info box for pass and registration information.

50-min. sessions at RCC HW Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri	11:00 a.m. – 11:50 a.m.
6C0954-2C	
Mon-Sun	1:00 p.m. – 1:50 p.m.
6C0954-2D	
Mon-Sun	2:00 p.m. – 2:50 p.m.
6C0954-2E	
Mon-Sun	3:00 p.m. – 3:50 p.m.
6C0954-2F	
Mon-Sun	4:00 p.m. – 4:50 p.m.
6C0954-2G	
Fri	5:00 p.m. – 5:50 p.m.
6C0954-2H	

FREE

DEAP offerings are free for Reston residents and employees of Reston businesses.

DEAP

Drowning Education Awareness Program

Reston Community Center and Reston Association have teamed up to improve our community's safety around its many pools. Drowning remains the nation's second-leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries.

RCC/RA FREE PRESENTATIONS

RA and RCC offer two free land-based presentations targeted for different audiences and community civic groups. By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools.

LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is a one-hour interactive presentation with fun activities designed to make water safety practices easy to learn.

WATER SAFETY PRESENTATION

(18 years and older)

Enjoy a 90-minute presentation including a question and answer period focused on water safety training to keep families safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.



LEARN-TO-SWIM: INFANT – 7 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

AQUATICS

INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
WATER INTRO	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
AQUA TOTS	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
POOL PALS & WATER FRIENDS	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
ROOKIE I	4 – 5 years	No swimming skills required. Able to follow simple instructions.
ROOKIE II	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
RANGER	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
MARLIN	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
WATER WONDER	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

HEALTH & SAFETY

Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water, so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

**6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)**

June 4 – July 16

(No Class: July 2)

Sat 9:40 a.m. – 10:10 a.m.
640000-2E

Sat 10:50 a.m. – 11:20 a.m.
640000-2F

July 23 – August 27

Sat 9:40 a.m. – 10:10 a.m.
640000-3A

Sat 10:50 a.m. – 11:20 a.m.
640000-3B

June 5 – July 17

(No Class: July 3)

Sun 10:00 a.m. – 10:30 a.m.
640002-2C

July 24 – August 28

Sun 10:00 a.m. – 10:30 a.m.
640002-3A

Aqua Tots

(18 months – 3 years)

This class helps young children become comfortable in and around the water, so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

**6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)**

June 4 – July 16

(No Class: July 2)

Sat 9:40 a.m. – 10:10 a.m.
640007-2E

Sat 10:50 a.m. – 11:20 a.m.
640007-2F

July 23 – August 27

Sat 9:40 a.m. – 10:10 a.m.
640007-3A

Sat 10:50 a.m. – 11:20 a.m.
640007-3B

June 5 – July 17

(No Class: July 3)

Sun 10:00 a.m. – 10:30 a.m.
640008-2C

July 24 – August 28

Sun 10:00 a.m. – 10:30 a.m.
640008-3A

Pool Pals and Water Friends

(3 – 4 years old)

This class is designed for children and their parent(s) or other favorite adult. Pool Pals introduces students to floating, kicking, paddling, submerging and water safety skills. This class is a great way to transition young, hesitant children to swimming with a teacher. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the class.

**6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)**

June 4 – July 16

(No Class: July 2)

Sat 8:30 a.m. – 9:00 a.m.
640080-2A

July 23 – August 27

Sat 8:30 a.m. – 9:00 a.m.
640080-3A



ADAPTED AQUATICS

Please see page 44 for information on our Adapted Aquatics class.

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

6, 20-min. sessions at Warm Water Pool \$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 8:30 a.m. – 8:50 a.m.
640010-2G

Sat 8:50 a.m. – 9:10 a.m.
640010-2H

Sat 9:10 a.m. – 9:30 a.m.
640010-2I

July 23 – August 27

Sat 8:30 a.m. – 8:50 a.m.
640010-3A

Sat 8:50 a.m. – 9:10 a.m.
640010-3B

Sat 9:10 a.m. – 9:30 a.m.
640010-3C

June 5 – July 17

(No Class: July 3)

Sun 9:00 a.m. – 9:20 a.m.
640012-2M

Sun 9:20 a.m. – 9:40 a.m.
640012-2N

Sun 9:40 a.m. – 10:00 a.m.
640012-2O

Sun 10:00 a.m. – 10:20 a.m.
640012-2P

Sun 10:20 a.m. – 10:40 a.m.
640012-2Q

Sun 10:40 a.m. – 11:00 a.m.
640012-2R

July 24 – August 28

Sun 9:00 a.m. – 9:20 a.m.
640012-3A

Sun 9:20 a.m. – 9:40 a.m.
640012-3B

Sun 9:40 a.m. – 10:00 a.m.
640012-3C

Sun 10:00 a.m. – 10:20 a.m.
640012-3D

Sun 10:20 a.m. – 10:40 a.m.
640012-3E

Sun 10:40 a.m. – 11:00 a.m.
640012-3F

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:40 a.m. – 10:10 a.m.
640020-2C

July 23 – August 27

Sat 9:40 a.m. – 10:10 a.m.
640020-3A

Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year-olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

6, 30-min. sessions at Warm Water Pool Free, Registration Req.

June 4 – July 16

(No Class: July 2)

Sat 8:30 a.m. – 9:00 a.m.
640030-2E

Sat 10:15 a.m. – 10:45 a.m.
640030-2F

July 23 – August 27

Sat 8:30 a.m. – 9:00 a.m.
640030-3A

Sat 10:15 a.m. – 10:45 a.m.
640030-3B

June 5 – July 17

(No Class: July 3)

Sun 9:00 a.m. – 9:30 a.m.
640032-2E

Sun 11:00 a.m. – 11:30 a.m.
640032-2F

July 24 – August 28

Sun 9:00 a.m. – 9:30 a.m.
640032-3A

Sun 11:00 a.m. – 11:30 a.m.
640032-3B

June 7 – July 19

(No Class: July 5)

Tue 6:00 p.m. – 6:30 p.m.
640036-2E

June 9 – July 14

Thu 5:00 p.m. – 5:30 p.m.
640036-2F

July 21 – August 25

Thu 5:00 p.m. – 5:30 p.m.
640036-3B

July 26 – August 30

Tue 6:00 p.m. – 6:30 p.m.
640036-3A

8, 30-min. sessions at Warm Water Pool Free, Registration Req.

June 6 – June 29

Mon, Wed 5:00 p.m. – 5:30 p.m.
640033-2D

July 6 – August 1

Mon, Wed 5:00 p.m. – 5:30 p.m.
640033-3A

August 8 – August 31

Mon, Wed 5:00 p.m. – 5:30 p.m.
640033-3B



Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:05 a.m. – 9:35 a.m.
640040-2E

Sat 11:25 a.m. – 11:55 a.m.
640040-2F

July 23 – August 27

Sat 9:05 a.m. – 9:35 a.m.
640040-3A

Sat 11:25 a.m. – 11:55 a.m.
640040-3B

June 5 – July 17

(No Class: July 3)

Sun 9:30 a.m. – 10:00 a.m.
640042-2E

Sun 11:00 a.m. – 11:30 a.m.
640042-2F

July 24 – August 28

Sun 9:30 a.m. – 10:00 a.m.
640042-3A

Sun 11:00 a.m. – 11:30 a.m.
640042-3B

6, 30-min. sessions at Warm Water Pool
\$60 (R)/\$90 (NR)

June 7 – July 19

(No Class: July 5)

Tue 5:00 p.m. – 5:30 p.m.
640046-2E

June 9 – July 14

Thu 5:30 p.m. – 6:00 p.m.
640046-2F

July 21 – August 25

Thu 5:30 p.m. – 6:00 p.m.
640046-3B

July 26 – August 30

Tue 5:00 p.m. – 5:30 p.m.
640046-3A

8, 30-min. sessions at Warm Water Pool
\$75 (R)/\$110 (NR)

June 6 – June 29

Mon, Wed 5:00 p.m. – 5:30 p.m.
640043-2D

July 6 – August 1

Mon, Wed 5:00 p.m. – 5:30 p.m.
640043-3A

August 8 – August 31

Mon, Wed 5:00 p.m. – 5:30 p.m.
640043-3B

Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 8:30 a.m. – 9:00 a.m.
640050-2E

Sat 10:15 a.m. – 10:45 a.m.
640050-2F

July 23 – August 27

Sat 8:30 a.m. – 9:00 a.m.
640050-3A

Sat 10:15 a.m. – 10:45 a.m.
640050-3B

June 5 – July 17

(No Class: July 3)

Sun 11:00 a.m. – 11:30 a.m.
640052-2C

July 24 – August 28

Sun 11:00 a.m. – 11:30 a.m.
640052-3A

6, 30-min. sessions at Warm Water Pool
\$60 (R)/\$90 (NR)

June 7 – July 19

(No Class: July 5)

Tue 5:30 p.m. – 6:00 p.m.
640056-2C

July 26 – August 30

Tue 5:30 p.m. – 6:00 p.m.
640056-3A

Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:05 a.m. – 9:35 a.m.
640060-2C

July 23 – August 27

Sat 9:05 a.m. – 9:35 a.m.
640060-3A

June 5 – July 17

(No Class: July 3)

Sun 10:30 a.m. – 11:00 a.m.
640062-2C

July 24 – August 28

Sun 10:30 a.m. – 11:00 a.m.
640062-3A

6, 30-min. sessions at Warm Water Pool
\$60 (R)/\$90 (NR)

June 7 – July 19

(No Class: July 5)

Tue 6:30 p.m. – 7:00 p.m.
640066-2C

July 26 – August 30

Tue 6:30 p.m. – 7:00 p.m.
640066-3A

Water Wonder

(4 – 7 years old)

Water Wonder provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke, and various safety topics.

6, 30-min. sessions at Lap Pool
\$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:40 a.m. – 10:10 a.m.
640070-2A

July 23 – August 27

Sat 9:40 a.m. – 10:10 a.m.
640070-3A

LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.

AQUATICS

6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
SWIM LEVEL 1	6 – 12 years	No swimming skills required.
SWIM LEVEL 2	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
SWIM LEVEL 3	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 – 12 years	Swim front crawl for 50 yards, the swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
STROKE-N-TURN	6 – 8 years	Student must be able to continuously swim 25 yards and demonstrate the use of two different strokes.
STROKE-N-TURN	9 – 12 years	Student must be able to continuously swim 50 yards and demonstrate the use of two different strokes.

Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

6, 30-min. sessions at Warm Water Pool Free, Registration Req.

June 4 – July 16

(No Class: July 2)

Sat 8:30 a.m. – 9:00 a.m.
640310-2E

Sat 9:40 a.m. – 10:10 a.m.
640310-2F

Sat 10:50 a.m. – 11:20 a.m.
640310-2G

July 23 – August 27

Sat 8:30 a.m. – 9:00 a.m.
640310-3A

Sat 9:40 a.m. – 10:10 a.m.
640310-3B

Sat 10:50 a.m. – 11:20 a.m.
640310-3C

June 5 – July 17

(No Class: July 3)

Sun 9:30 a.m. – 10:00 a.m.
640312-2E

Sun 11:30 a.m. – 12:00 p.m.
640312-2F

July 24 – August 28

Sun 9:30 a.m. – 10:00 a.m.
640312-3A

Sun 11:30 a.m. – 12:00 p.m.
640312-3B

June 7 – July 19

(No Class: July 5)

Tue 6:30 p.m. – 7:00 p.m.
640316-2E

June 9 – July 14

Thu 5:00 p.m. – 5:30 p.m.
640316-2F

July 21 – August 25

Thu 5:00 p.m. – 5:30 p.m.
640316-3B

July 26 – August 30

Tue 6:30 p.m. – 7:00 p.m.
640316-3A

8, 30-min. sessions at Warm Water Pool Free, Registration Req.

June 6 – June 29

Mon, Wed 5:30 p.m. – 6:00 p.m.
640313-2D

July 6 – August 1

Mon, Wed 5:30 p.m. – 6:00 p.m.
640313-3A

August 8 – August 31

Mon, Wed 5:30 p.m. – 6:00 p.m.
640313-3B

Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and combined swim front for five strokes using arms, kicking, and breathing.

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:05 a.m. – 9:35 a.m.
640320-2E

Sat 10:15 a.m. – 10:45 a.m.
640320-2F

July 23 – August 27

Sat 9:05 a.m. – 9:35 a.m.
640320-3A

Sat 10:15 a.m. – 10:45 a.m.
640320-3B

June 5 – July 17

(No Class: July 3)

Sun 10:30 a.m. – 11:00 a.m.
640322-2E

Sun 11:30 a.m. – 12:00 p.m.
640322-2F

July 24 – August 28

Sun 10:30 a.m. – 11:00 a.m.
640322-3A

Sun 11:30 a.m. – 12:00 p.m.
640322-3B

6, 30-min. sessions at Warm Water Pool \$60 (R)/\$90 (NR)

June 7 – July 19

(No Class: July 5)

Tue 5:00 p.m. – 5:30 p.m.
640326-2E

June 9 – July 14

Thu 5:30 p.m. – 6:00 p.m.
640326-2F

July 26 – August 30

Tue 5:00 p.m. – 5:30 p.m.
640326-3A

July 21 – August 25

Thu 5:30 p.m. – 6:00 p.m.
640326-2B

8, 30-min. sessions at Warm Water Pool \$75 (R)/\$110 (NR)

June 6 – June 29

Mon, Wed 5:30 p.m. – 6:00 p.m.
640323-2D

July 6 – August 1

Mon, Wed 5:30 p.m. – 6:00 p.m.
640323-3A

August 8 – August 31

Mon, Wed 5:30 p.m. – 6:00 p.m.
640323-3B

**REGISTER TODAY
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

**WEEKDAY SWIM
CLASSES**

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:05 a.m. – 9:35 a.m.
 640330-2C

Sat 11:25 a.m. – 11:55 a.m.
 640330-2D

July 23 – August 27

Sat 9:05 a.m. – 9:35 a.m.
 640330-3A

Sat 11:25 a.m. – 11:55 a.m.
 640330-3B

June 5 – July 17

(No Class: July 3)

Sun 10:00 a.m. – 10:30 a.m.
 640332-2C

July 24 – August 28

Sun 10:00 a.m. – 10:30 a.m.
 640332-3A

6, 30-min. sessions at Warm Water Pool
\$60 (R)/\$90 (NR)

June 7 – July 19

(No Class: July 5)

Tue 5:30 p.m. – 6:00 p.m.
 640336-2C

July 26 – August 30

Tue 5:30 p.m. – 6:00 p.m.
 640336-3A

8, 30-min. sessions at Warm Water Pool
\$75 (R)/\$110 (NR)

June 6 – June 29

Mon, Wed 6:00 p.m. – 6:30 p.m.
 640333-2D

July 6 – August 1

Mon, Wed 6:00 p.m. – 6:30 p.m.
 640333-3A

August 8 – August 31

Mon, Wed 6:00 p.m. – 6:30 p.m.
 640333-3B

Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for 2 minutes.

6, 30-min. sessions at Lap Pool
\$65 (R)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 9:40 a.m. – 10:10 a.m.
 640340-2C

July 23 – August 27

Sat 9:40 a.m. – 10:10 a.m.
 640340-3A

June 5 – July 17

(No Class: July 3)

Sun 11:30 a.m. – 12:00 p.m.
 640342-2C

July 24 – August 28

Sun 11:30 a.m. – 12:00 p.m.
 640342-3A

6, 30-min. sessions at Lap Pool
\$60 (R)/\$90 (NR)

June 7 – July 19

(No Class: July 5)

Tue 6:00 p.m. – 6:30 p.m.
 640346-2C

July 26 – August 30

Tue 6:00 p.m. – 6:30 p.m.
 640346-3A

Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

6, 45-min. sessions at Lap Pool
\$75 (R)/\$150 (NR)

June 4 – July 16

(No Class: July 2)

Sat 10:15 a.m. – 11:00 a.m.
 640350-2C

July 23 – August 27

Sat 10:15 a.m. – 11:00 a.m.
 640350-3A

6, 45-min. sessions at Lap Pool
\$65 (R)/\$100 (NR)

June 9 – July 14

Thu 6:00 p.m. – 6:45 p.m.
 640356-2C

July 21 – August 25

Thu 6:00 p.m. – 6:45 p.m.
 640356-3A

Level 6

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front crawl back crawl, introduction to swim equipment (pull buoys and fins), and retrieving an object from eight feet deep.

6, 45-min. sessions at Lap Pool
\$75 (R)/\$150 (NR)

June 4 – July 16

(No Class: July 2)

Sat 11:05 a.m. – 11:50 a.m.
 640360-2C

July 23 – August 27

Sat 11:05 a.m. – 11:50 a.m.
 640360-3A

8, 45-min. sessions at Lap Pool
\$85 (R)/\$130 (NR)

June 6 – June 29

Mon, Wed 6:00 p.m. – 6:45 p.m.
 640363-2D

July 6 – August 1

Mon, Wed 6:00 p.m. – 6:45 p.m.
 640363-3A

August 8 – August 31

Mon, Wed 6:00 p.m. – 6:45 p.m.
 640363-3B



Adapted Aquatics

(4 years and older)
Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$52 (R55+)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 10:50 a.m. – 11:20 a.m.
640190-2E

Sat 11:25 a.m. – 11:55 a.m.
640190-2F

July 23 – August 27

Sat 10:50 a.m. – 11:20 a.m.
640190-3A

Sat 11:25 a.m. – 11:55 a.m.
640190-3B

VOLUNTEERS NEEDED!

See page 28 for more
information.

13 YEARS AND OLDER

Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

6, 45-min. sessions at Lap Pool
\$75 (R)/\$60 (R55+)/\$150 (NR)

June 4 – July 16

(No Class: July 2)

Sat 10:50 a.m. – 11:35 a.m.
640220-2C

July 23 – August 27

Sat 10:50 a.m. – 11:35 a.m.
640220-3A

6, 45-min. sessions at Lap Pool
\$65 (R)/\$52 (R55+)/\$100 (NR)

June 9 – July 14

Thu 6:00 p.m. – 6:45 p.m.
640226-2C

July 21 – August 25

Thu 6:00 p.m. – 6:45 p.m.
640226-3A

Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$52 (R55+)/\$130 (NR)

June 4 – July 16

(No Class: July 2)

Sat 10:15 a.m. – 10:45 a.m.
640210-2C

July 23 – August 27

Sat 10:15 a.m. – 10:45 a.m.
640210-3A

June 5 – July 17

(No Class: July 3)

Sun 9:00 a.m. – 9:30 a.m.
640212-2C

July 24 – August 28

Sun 9:00 a.m. – 9:30 a.m.
640212-3A

8, 30-min. sessions at Warm Water Pool
\$75 (R)/\$60 (R55+)/\$110 (NR)

June 6 – June 29

Mon, Wed 6:30 p.m. – 7:00 p.m.
640213-2D

July 6 – August 1

Mon, Wed 6:30 p.m. – 7:00 p.m.
640213-3A

August 8 – August 31

Mon, Wed 6:30 p.m. – 7:00 p.m.
640213-3B



AEROBICS

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis (18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises that increase flexibility and mobility and reduce the pain of daily routines. Participants should consult a physician before starting this program.

8, 45-min. sessions at Warm Water Pool
\$50 (R)/\$40 (R55+)/\$100 (NR)

June 7 – June 30

Tue, Thu 10:30 a.m. – 11:15 a.m.
641276-2D

July 7 – August 2

Tue, Thu 10:30 a.m. – 11:15 a.m.
641276-3A

August 9 – September 1

Tue, Thu 10:30 a.m. – 11:15 a.m.
641276-3B



Aqua Burn (18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

8, 45-min. sessions at Warm Water Pool
\$50 (R)/\$40 (R55+)/\$100 (NR)

June 6 – June 29

Mon, Wed 7:30 p.m. – 8:15 p.m.
641251-2D

July 6 – August 1

Mon, Wed 7:30 p.m. – 8:15 p.m.
641251-3A

August 8 – August 31

Mon, Wed 7:30 p.m. – 8:15 p.m.
641251-3B

Deep Water Mania (18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

8, 45-min. sessions at Warm Water Pool
\$50 (R)/\$40 (R55+)/\$100 (NR)

June 6 – June 29

Mon, Wed 6:30 p.m. – 7:15 p.m.
641250-2D

July 6 – August 1

Mon, Wed 6:30 p.m. – 7:15 p.m.
641250-3A

August 8 – August 31

Mon, Wed 6:30 p.m. – 7:15 p.m.
641250-3B

DAILY AEROBICS

Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons. Reservations for daily aerobics programming are free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each reserved class. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$5 (R)/\$10 (NR) per class. Fitness passes expire two years from the date of purchase. Patrons who need to cancel can now do so in myRCC.

Aqua Barre

(18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.
6C0110-2

Aqua Blast

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

June 2 – August 30

Tue, Thu 8:30 a.m. – 9:15 a.m.
6C0060-2

Tue, Thu 9:30 a.m. – 10:15 a.m.
6C0075-2

June 5 – August 28

Sun 8:30 a.m. – 9:15 a.m.
6C0065-2

Sun 9:30 a.m. – 10:15 a.m.
6C0070-2

Aqua Boot Camp

(18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.
6C0080-2

Mon, Wed, Fri 9:30 a.m. – 10:15 a.m.
6C0100-2

Aqua Mixer

(18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed 5:30 p.m. – 6:15 p.m.
6C0040-2

Tides in Motion

(18 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups and improving aerobic capacity, balance and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

June 1 – August 31

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.
6C0010-2

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/PassFAQs

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo



KIDS CORNER

Camp	48
Crafts	48
Enrichment	48
Fitness	48
Music	50
Social	49 – 50
Trips	50

CAMP

Back-to-Camp Night

(All Ages)

Parents/Guardians are encouraged to attend Back-to-Camp Night, which will help them navigate the coming summer with ease. There will be time to meet camp counselors, hear a brief talk on expectations and learn about pick-up/drop-off procedures, lunch, camper attire, and camp forms, followed by a Q&A session. Hospitality will be provided and Camp Goodtimes T-shirts will be available for pick up. All attendees must register.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

June 1

Wed 5:30 p.m. – 7:00 p.m.
970006-2A Staff

CRAFTS

Father's Day Pottery

(2 – 5 years old)

Create a personalized mug to celebrate dad for Father's Day. Mugs will be decorated and painted during class and will be available for pick up at RCC shortly thereafter. This pottery is safe for hot and cold drinks, and for use in the dishwasher (top rack only) and microwave. Parent/caregiver must fully participate in the activity. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered. Supplies are included in the class fee.

1, 45-min. session at RCC Hunters Woods \$15 (R)/\$23 (NR)

June 2

Thu 9:00 a.m. – 9:45 a.m.
901164-2A Clay Cafe Studios

Origami

(2 – 5 years old)

Children and parent will fold square papers five times to make a dog, cat, hat or other item of their choice. This is a great bonding activity for parent/caregiver and their children. This program is not appropriate for children younger than the advertised age range. All parents/caregivers must participate fully in the activities. Participating children must be registered.

1, 45-min. session at RCC Hunters Woods \$5 (R)/\$8 (NR)

June 4

Sat 10:00 a.m. – 10:45 a.m.
901383-2A Nelson

Summertime Pottery

(2 – 5 years old)

Let's welcome summer with a cheerful summertime pottery project. After the piece is fired, it will be returned to RCC for pick-up. The pottery is dishwasher and microwave safe. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 45-min. session at RCC Hunters Woods \$15 (R)/\$23 (NR)

July 7

Thu 9:00 a.m. – 9:45 a.m.
901449-3A Clay Cafe Studios

ENRICHMENT

Math Tutoring Summer Refresher

(8 – 14 years old)

Start the next school year with confidence. Students from third through eighth grades can brush up, refresh or improve their math skills in multiplication and division, money,

patterns, fractions, prime and composite numbers, order of operations, ratio and unit rates, fractions and decimal number sense, computation and estimation, measurement and geometry, probability and statistics, patterns functions, and algebra.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

July 20

Wed 4:30 p.m. – 6:00 p.m.
901466-3A Samet

July 27

Wed 4:30 p.m. – 6:00 p.m.
901466-3B Samet

August 3

Wed 4:30 p.m. – 6:00 p.m.
901466-3C Samet

August 10

Wed 4:30 p.m. – 6:00 p.m.
901466-3D Samet

FITNESS: RCC CYCLES

Learn to Bike – Youth

(6 – 12 years old)

This class is for children who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering skills and basic braking skills. Registration fee includes the rental of a bike and a Consumer Product Safety Commission (CPSC)-approved helmet. If the student would like to bring their own helmet, it must be CPSC approved. Students are asked to wear comfortable, weather-appropriate outerwear and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided.

1, 2-hour session at Comstock, 1886 Metro Center Drive (upper parking deck) \$30 (R)/\$45 (NR)

June 12

Sun 1:00 p.m. – 3:00 p.m.
306208-2F Westenhoff

July 10

Sun 1:00 p.m. – 3:00 p.m.
306208-3A Westenhoff

KIDS CORNER

Programs designed specifically for youth (under 13) are presented together. Please note, intergenerational or teen/tween programs are listed in the program type categories alphabetically in the Leisure & Learning section.



FUN AROUND TOWN

Free • Registration Required • All Ages
Fridays • 5:00 p.m. – 7:00 p.m.

RCC brings recreation to your neighborhood. Activities include arts and crafts, games, music, and more. This will be fun for the whole family. Children ages 10 and under must be accompanied by an adult. Registration required for all participants. Please note: In the event of inclement weather, activities will be canceled and will not be rescheduled.

Friday, June 3 • 860004-3A

Westglade Club House • 2110 Westglade Court

Friday, June 17 • 860001-3A

Stonegate Village Community Center • 2244 B Stonewheel Drive

Friday, July 15 • 860002-3A

Cedar Ridge Community Center • 1601 Becontree Lane #1C

Friday, August 5 • 860005-3A

Crescent Community Center • 1578 Cameron Crescent Drive

Friday, August 12 • 860003-3A

Island Walk Community Center • 1701 Torrey Pines Court

RCC will refer to Fairfax County Health Department recommendations for preserving public health. Accordingly, we may require mask-wearing, social distancing and health self-checks of patrons attending these RCC programs. We appreciate everyone's cooperation to preserve the good health of our community.



SUMMER FAMILY Crafternoon

Free • Registration Required • All Ages
Tuesdays • 12:00 p.m. – 1:00 p.m.

RCC offers fun and interactive crafts for the whole family.

June 28 • 86C100-3A

Cedar Ridge Community Center • 1601 Becontree Lane

July 19 • 86C100-3B

Crescent Community Center • 1578 Cameron Crescent Drive #001

July 26 • 86C100-3C

Island Walk Community Center • 1701 Torrey Pines Court

August 23 • 86C100-3D

Westglade Club House • 2110 Westglade Court

August 30 • 86C100-3E

Stonegate Village Community Center • 2244 B Stonewheel Drive



These programs are offered in support of the Reston Opportunity Neighborhood program. They are sponsored by Reston Community Center. For more information, please contact LaTanja Snelling, RCC's Collaboration and Outreach Director, at 703-390-6158.

MUSIC

Music Friends

(Infant – 5 years old)

Come join friends for an exploration of music and the world around us through singing, movement and instrument play. Parent/ caregiver must remain in the classroom. Participating children must be registered.

4, 45-min. sessions at RCC Hunters Woods
\$30 (R)/\$60 (NR)

June 3 – June 24

Fri 9:45 a.m. – 10:30 a.m.
404220-2J Duray

Fri 10:45 a.m. – 11:30 a.m.
404220-2K Duray



SOCIAL

Tot Time

(Infant – 4 years old)

Kids love this play group and parents enjoy socializing with one another. Toys, games, books and music are provided. Parent/ guardian must fully participate in the activities. This program is not appropriate for children older than the advertised age range. Participating children must have a reservation.

90-min. sessions at RCC Lake Anne
Free, Reservation Req.

June 6 – June 27

(No Class: June 20)

Mon, Thu 9:30 a.m. – 11:00 a.m.
902989-2 Ali

July 7 – August 11

Mon, Thu 9:30 a.m. – 11:00 a.m.
902989-3 Ali

TRIPS & TOURS MEETUPS

Heritage Farm – Horses

(2 – 5 years old)

Join us as we learn about different breeds of horses, how to care for them and a little bit of history. Participants will make a themed craft and receive a take-home activity bag. This program is not appropriate for children younger than the advertised age range. Meet at Loudoun Heritage Farm Museum, located at 21668 Heritage Farm Lane, Sterling, VA. For directions, call 571-258-3800.

1, 90-min. session at Loudoun Heritage Farm Museum
\$10 (R)/\$15 (NR)

June 7

Tue 10:00 a.m. – 11:30 a.m.
940003-2A Staff

Let's Bowl!

(2 – 5 years old)

Bowling is fun for everyone! Meet at Bowl America, 46940 Woodson Drive, Sterling, VA, for an energetic morning. Gutter guards and ramps will be available for smaller bowlers. For directions, please call 703-430-1350. Parent/ caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-min. session at Bowl America
\$10 (R)/\$15 (NR)

July 28

Thu 10:00 a.m. – 11:00 a.m.
901024-3A Staff

Roer's Zoofari

(2 – 5 years old)

Spending time with animals is always an exciting adventure. Meet at the front gate of Roer's Zoofari, 1228 Hunter Mill Road, Vienna, VA, promptly at 10:00 a.m. For directions, please call 703-757-6222. This program is only for registered children and their parents; no siblings, please.

1, 2-hour session at Roer's Zoofari
\$15 (R)/\$23 (NR)

July 14

Thu 10:00 a.m. – 12:00 p.m.
902039-3A Staff

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/PassFAQs



Registration ends
July 6, 2022



Enriching Lives.
Building Community.®

Summer 2022 Esports Leagues

Reston Community Center has partnered with GGleagues to bring video game leagues to our community.

Choose to play in Rocket League, FIFA, Madden, Fortnite, NBA2K, Mario Kart 8 Deluxe and Super Smash Bros leagues.

Each league will run for six weeks.
Registration closes on July 6, 2022.

Divisions available:

YOUTH 8-12

TEEN 13-18

ADULT 18+



Begins Week of July 11, 2022



\$40
per player



6 weeks of competition:
5 week season
1 week playoff



Prizes for top team
include in-game currency,
and GGleagues champion
shirt & medal.

▶ **SIGN UP HERE:** <https://app.ggleagues.com/organization/reston-community-center>

For more information, please contact Deborah Heron, RCC's Youth and Teen Director,
Deborah.Heron@fairfaxcounty.gov or 703-390-6163



MONDAYS
PS4 & XBOX



TUESDAYS (Solos)
FRIDAYS (Duos)
(13+)



WEDNESDAYS
(1v1 & 3v3)



THURSDAYS
Nintendo Switch



FRIDAYS
Nintendo Switch
(1v1)



LEISURE & LEARNING

Creative Connections	53
Dance	53
Discussion	53
Enrichment	54 – 55
Fitness	56 – 61
Language	62
Social	62
Technology	62
Trips & Tours	64 – 65
Visual Arts	66 – 67
Open Studios	69

CREATIVE CONNECTIONS

Reston Plant Swap

(18 years and older)

Bring a pest-free houseplant (or two), potted or bare root, to swap out with other attendees. Learn tips and techniques for growing and share plant stories. Donated plant supplies are also welcome.

1, 2-hour session at RCC Hunters Woods Free, Registration Req.

July 21

Thu 6:00 p.m. – 8:00 p.m.
862000-3A Staff

DANCE

Line Dancing with Scotty – Beginner

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.

10, 60-min. sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)

June 9 – August 11

Thu 5:00 p.m. – 6:00 p.m.
503532-2E Inman

Line Dancing with Scotty – Intermediate

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Please wear shoes that will slide on the wood floor and bring water to class.

10, 60-min. sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)

June 9 – August 11

Thu 6:00 p.m. – 7:00 p.m.
503623-2C Inman



Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels convene the second Sunday of the month to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini lesson and door prizes add to the fun; partners are not required. Reservations for Sunday Afternoon Dances are free, but patrons are required to purchase a Dance pass and swipe the pass prior to each class. Dance passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$5 (R)/\$10 (NR) per visit. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC. For more information, please contact Cassie Lebron, RCC's Lifelong Learning Director, at 703-390-6157.

2-hour sessions at RCC Hunters Woods Pass: \$5 (R)/\$10 (NR) Per Session Reservation Req.

June 12, July 10, August 14

Sun 2:30 p.m. – 4:30 p.m.
509609-2 Staff

DISCUSSION

Bookends

(18 years and older)

Participants engage in lively discussions of a variety of books. Please purchase the book or borrow it from the Fairfax County Public Library in order to participate in the discussions.

June 23: *The Aviator's Wife*
by Melanie Benjamin

July 28: *Hamnet*
by Maggie O'Farrell

August 25: *The Other Einstein*
by Marie Benedict

90-min. sessions at RCC Lake Anne Free, Registration Req.

June 23 – August 25

Thu 12:30 p.m. – 2:00 p.m.
5C0075-2F Staff

ENRICHMENT

A Matter of Balance

(18 years and older)

Many older adults experience a fear of falling, which may limit their activities and result in physical weakness, making the risk of falling even greater. This nationally recognized, evidence-based program has been proven to reduce falls. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

9, 2-hour sessions at virtual on Teams Free, Registration Req.

June 1 – July 27

Wed 1:30 p.m. – 3:30 p.m.
503546-2A Duke

Age-Related Stress and How to Overcome It

(18 years and older)

Stress can be more difficult to manage as people age. Participants will learn about the various stressors associated with aging and strategies to cope with them. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at virtual on Teams Free, Registration Req.

August 5

Fri 3:00 p.m. – 4:00 p.m.
547810-3A McPhail

Caring for the Caregiver

(18 years and older)

Caregivers are often faced with the challenge of balancing taking care of a loved one as well as taking care of themselves. Join Registered Nurse Karen McPhail to discuss strategies to help caregivers cope and maintain their own health.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

August 24

Wed 1:00 p.m. – 2:00 p.m.
547809-3A McPhail

Diabetes Management and How to Lower Your A1C

(18 years and older)

Learn about the different types of diabetes and how they affect the body. Participants will learn about the causes and symptoms, as well as how to make lifestyle changes to reduce the long-term effects of diabetes and lower A1C. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at virtual on Teams Free, Registration Req.

July 13

Wed 2:00 p.m. – 3:00 p.m.
547803-3A Rizzo

Eating 9 to 5: Solutions for Workplace Challenges

(18 years and older)

Learn how to incorporate healthy habits to get long-lasting energy during the workday. Gain solutions to some of the biggest workplace challenges to improve health, concentration and productivity. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at virtual on Teams Free, Registration Req.

June 20

Mon 5:30 p.m. – 6:30 p.m.
547804-2A Massi

K-Beauty

(13 years and older)

Learn about Korean beauty (K-Beauty) and its impact on skin care and cosmetics. There will be product demonstrations for learning purposes only. Participants may bring their own cosmetics if they wish.

1, 60-min. session at RCC Hunters Woods \$15 (R)/\$12 (R55+)/\$22 (NR)

August 2

Tue 5:00 p.m. – 6:00 p.m.
940002-3A Short

Legal: Estate Planning Basics

(18 years and older)

This class will give participants a basic knowledge of estate plans. Topics include advantages and disadvantages of different planning techniques (including joint ownership), using beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

June 7

Tue 2:00 p.m. – 3:00 p.m.
500809-2D Lambeth

Responding to Dementia-Related Behaviors

(18 years and older)

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs and feelings as the ability to use language is lost. This class will help caregivers learn to decode behavior messages, identify common triggers and learn strategies to help manage some of the most common behavioral challenges. It will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at virtual on Teams Free, Registration Req.

June 27

Mon 1:00 p.m. – 2:00 p.m.
547807-2A Donnelly

**REGISTER TODAY
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

ENRICHMENT CONTINUED

Retirement Income Planning

(18 years and older)

This seminar is for people transitioning from the asset accumulation phase of life to the retirement income phase. Learn strategies and rules of thumb to follow when creating an income plan for retirement. The instructor is a financial advisor who has taught classes at several Fairfax County libraries. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

August 9

Tue 7:00 p.m. – 8:30 p.m.
500603-3A Wu

Settling a Decedent's Estate

(18 years and older)

An instructor will guide participants through all the steps of settling an estate as quickly and painlessly as possible. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

August 16

Tue 3:00 p.m. – 4:00 p.m.
503507-3A Lambeth

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

Social Security: Proper Timing

(18 years and older)

This class will teach those nearing or in retirement their options for taking Social Security, including the right time and how to take it. The instructor will use participants' questions to guide class discussion. The instructor is a financial advisor who has taught classes at several Fairfax County libraries. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

July 26

Tue 7:00 p.m. – 8:30 p.m.
500602-3A Wu

The Lost History of Potomac Marble

(18 years and older)

Join Paul Kreingold, the conservation director of the Loudoun County Chapter of the Izaak Walton League, to learn about the local material used to build the beautiful columns in the U.S. Capitol and how it was discovered. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 90-min. session at virtual on Teams Free, Registration Req.

June 2

Thu 3:00 p.m. – 4:30 p.m.
547801-2A Kreingold

Thrifting Your Wardrobe

(13 years and older)

Find out how to create a useable and fashionable wardrobe at thrift stores. Not only is it good for the environment, but it is fun to find pieces to build a unique style. Participants will meet at Hope Treasures Thrift Store, 20921 Davenport Drive, Sterling, VA. For directions, please call 703-444-5956.

2, 60-min. sessions at Hope Treasures Thrift Store

\$45 (R)/\$36 (R55+)/\$67 (NR)

July 28, August 6

Thu, Sat 4:00 p.m. – 5:00 p.m.
940001-3A Short

Understanding Alzheimer's and Dementia

(18 years and older)

Alzheimer's disease is a brain disorder that causes problems with memory, thinking and behavior. Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, the different stages of Alzheimer's, and the treatment options available.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

July 19

Tue 5:00 p.m. – 6:00 p.m.
547808-3A Donnelly

Understanding Rheumatoid Arthritis

(18 years and older)

Learn about the causes and symptoms of rheumatoid arthritis and the lifestyle changes that improve mobility and reduce discomfort. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at virtual on Teams Free, Registration Req.

June 24

Fri 5:00 p.m. – 6:00 p.m.
547802-2A Rizzo

Where Does My Food Come From?

(18 years and older)

Learn how food goes from the farm to table and discuss distributors' food transparency, farming practices like hydroponics and more. Local farms, farmers and products will be showcased. This class will be virtual using the Microsoft Teams platform. All registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at virtual on Teams Free, Registration Req.

August 18

Thu 11:00 a.m. – 12:00 p.m.
547800-3A Massi

FITNESS – YOGA

Gentle Yoga

(18 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. This class incorporates standing poses as well as poses on the floor. Participants should be comfortable getting up and down from the floor. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

June 21 – August 9

Tue 10:30 a.m. – 11:30 a.m.
304995-2D Sypula

Mindful Yoga with Sound Healing

(18 years and older)

This class will feature mindful (focused on body sensations in the present moment) yoga movements and the use of singing bowls that stimulate body energy centers. The soothing music from singing bowls is often associated with deep relaxation and is beneficial in enhancing spiritual practice. Students will learn yoga movements and corresponding breathing patterns designed to improve focus and concentration. The second half of the class utilizes the bowls and contains mindfulness meditation and final relaxation techniques. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

June 21 – August 9

Tue 11:45 a.m. – 12:45 p.m.
314760-2D Sypula

To ensure safety, participants must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.



Tao Yin Yoga

(18 years and older)

Tao Yin combines the powerful practice of yoga with the effortless flow of Qi Gong and is a series of dynamic breath-centered movements designed to energize and revitalize. This Tao Yin practice is a combination of floor work and gentle standing movements intended to emphasize building core and leg strength, balance and flexibility. Patrons are required to bring their own mat to class.

8, 75-min. sessions at RCC Lake Anne
\$80 (R)/\$64 (R55+)/\$120 (NR)

June 18 – August 13

(No Class: July 2)

Sat 10:30 a.m. – 11:45 a.m.
304888-2F Okerson

Viniyoga

(18 years and older)

Viniyoga is a slow-moving practice designed to increase strength, stability, balance and vitality. Participants will move gently into and out of basic yoga postures while utilizing breathing patterns used to calm the nervous system and increase alertness. This practice helps to increase flexibility and range of motion using static and dynamic stretching, and by repeating and holding postures. Patrons are required to bring their own mat to class.

16, 75-min. sessions at RCC Lake Anne
\$160 (R)/\$128 (R55+)/\$240 (NR)

June 21 – August 11

Tue, Thu 11:00 a.m. – 12:15 p.m.
304996-2I Okerson

Vinyasa Flow Yoga

(18 years and older)

Vinyasa Yoga flows sequential movements from one posture to another, while coordinating the breath with each movement. Participants move from pose to pose with each held for several breaths. The class blends forward folds, twists, back bends, inversions and balancing poses. Vinyasa Yoga helps build muscle strength, stabilize the core, promote a healthy heart, improve mobility and flexibility, and calm the mind. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)

June 22 – August 10

Wed 12:45 p.m. – 1:45 p.m.
304722-2C Barazi

Yin and Yang Yoga

(18 years and older)

Yin and Yang yoga combines Yin yoga, a passive yoga practice focusing on deeper connective tissues and cooling energy, with yang yoga, an active practice focusing on muscles and warming energy. Combining Yin and Yang elements in this class provides a balanced practice and can have a powerful effect on energy levels. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)

June 22 – August 10

Wed 2:00 p.m. – 3:00 p.m.
304701-2C Barazi

FITNESS – YOGA CONTINUED

Yoga Strength and Power

(18 years and older)

This class combines Strength and Power Training with yoga to develop stamina, power and grace. Strength Training uses the resistance of body weight, hand weights or stretchy bands to build muscle and bone. Power Training uses strength and speed to increase agility and improve balance. Yoga integrates breathing and moving to increase mobility and stability. Participants work at their own level and progress at their own rate through a sequence of exercises for all major muscle groups. Modifications, alternatives and pacing suggestions are offered by the instructor to help participants develop their own personal practice. Patrons are required to bring their own mat to class.

16, 75-min. sessions at RCC Lake Anne
\$160 (R)/\$128 (R55+)/\$240 (NR)

June 21 – August 11

Tue, Thu 9:30 a.m. – 10:45 a.m.
 304889-2E Okerson

FITNESS – CARDIO & STRENGTH

Fitness Fusion

(18 years and older)

Tone and firm the entire body while improving cardiovascular health, strength and flexibility. Wear fitness shoes and clothing and bring water. Participants must be able to use a mat on the floor. Patrons are required to bring their own mat to class.

3, 50-min. sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$53 (NR)

June 13 – June 27

Mon 10:30 a.m. – 11:20 a.m.
 300014-2I Miles

June 15 – June 29

Wed 10:30 a.m. – 11:20 a.m.
 300014-2J Miles

July 18 – August 1

Mon 10:30 a.m. – 11:20 a.m.
 300014-3A Miles

July 20 – August 3

Wed 10:30 a.m. – 11:20 a.m.
 300014-3B Miles

Mind-Body Fitness

(18 years and older)

This team-taught program, led by two personal trainers, provides customized and individual attention to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels welcome. Patrons are required to bring their own mat to class.

3, 60-min. sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$53 (NR)

June 14 – June 28

Tue 11:30 a.m. – 12:30 p.m.
 305840-2E Williams

June 16 – June 30

Thu 11:30 a.m. – 12:30 p.m.
 305840-2F Williams

July 19 – August 2

Tue 11:30 a.m. – 12:30 p.m.
 305840-3A Williams

July 21 – August 4

Thu 11:30 a.m. – 12:30 p.m.
 305840-3B Williams

Zumba Family

(5 years and older)

Zumba Family allows children and parents to work out and have fun together. The class incorporates the high-energy and motivating music of Zumba in a way that younger participants can easily follow. Specially choreographed routines get the body moving while having fun. Parent/caregiver must fully participate in activity. All participants, including accompanying parents/caregivers, must register and pay.

6, 45-min. sessions at RCC Lake Anne
\$20 (R)/\$16 (R55+)/\$30 (NR)

June 8 – July 13

Wed 5:00 p.m. – 5:45 p.m.
 306108-2B Avilov

To ensure safety, participants must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.



FITNESS – CARDIO & STRENGTH CONTINUED

Zumba Fitness

(18 years and older)

Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere.

Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 13 – August 8

(No Class: July 4)

Mon 6:30 p.m. – 7:30 p.m.
302327-2D Ledesma

9, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 16 – August 11

Thu 6:00 p.m. – 7:00 p.m.
302327-2E Kumar

Zumba Toning

(18 years and older)

Zumba Toning combines targeted body sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or lightweight dumbbells to enhance rhythm and tone target areas that include arms, abs and thighs. New participants must attend the first class of the session, which includes orientation on posture, alignment and form.

8, 55-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 13 – August 8

(No Class: July 4)

Mon 5:30 p.m. – 6:25 p.m.
302227-2D Ledesma

FITNESS – MOVEMENT & WELLNESS

Aging with Power and Grace

(18 years and older)

This fun class will explore a variety of exercises designed to increase muscular strength, range of motion, and activities for daily living. Class can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Participants are asked to wear supportive footwear to class.

3, 60-min. sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$53 (NR)

June 13 – June 27

Mon 11:30 a.m. – 12:30 p.m.
300147-2I Williams

June 15 – June 29

Wed 11:30 a.m. – 12:30 p.m.
300147-2J Miles

July 18 – August 1

Mon 11:30 a.m. – 12:30 p.m.
300147-3A Williams

July 20 – August 3

Wed 11:30 a.m. – 12:30 p.m.
300147-3B Miles

Balance and Mobility Workshop

(18 years and older)

Stay strong for a lifetime with this new class from RCC instructors Christina Unger and Anya Avilov. The workshop combines yoga and Essentrics to improve balance, strength and flexibility. Learn movements, breathing techniques and relaxation to promote balance, increase range of motion in joints and develop awareness to reduce the likelihood of injuries from falls. It is never too early or too late to learn new things and create wellness in your body and mind.

1, 2-hour session at RCC Lake Anne
\$25 (R)/\$20 (R55+)/\$38 (NR)

June 1

Wed 6:00 p.m. – 8:00 p.m.
302400-2D Unger/Avilov

August 3

Wed 6:00 p.m. – 8:00 p.m.
302400-3A Unger/Avilov

Beginning Tai Chi

(18 years and older)

This class emphasizes the physical discipline and structure of Tai Chi movements, and it provides the development of basic skills and techniques that lead toward integration of mind, body and spirit.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

June 24 – August 12

Fri 9:30 a.m. – 10:30 a.m.
302305-2D Durham

Starting a fitness program may be one of the best things you can do for health, according to the Mayo Clinic. Physical activity can reduce risk of chronic disease, improve balance and coordination, help you lose weight – and even improve sleep habits and self-esteem. It is important to create a balanced routine. Do this by getting at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity a week, or a combination of moderate and vigorous activity over the course of a week. For an even greater health benefit, aim for 300 minutes.



FITNESS – MOVEMENT & WELLNESS CONTINUED

Essentrics (18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine. Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

11, 60-min. sessions at RCC Lake Anne
\$85 (R)/\$68 (R55+)/\$128 (NR)

June 7 – August 16

Tue 10:15 a.m. – 11:15 a.m.
305033-2K Avilov

June 9 – August 18

Thu 10:15 a.m. – 11:15 a.m.
305033-2L Avilov

June 10 – August 19

Fri 10:45 a.m. – 11:45 a.m.
305033-2M Avilov

Essentrics: Aging Backwards

(18 years and older)

This revolutionary approach to healthy aging is designed to restore movement in joints, increase muscle flexibility, relieve pain, and stimulate cells to increase energy, vibrancy and to fortify the immune system. This slow-paced, full-body workout was created by Miranda Esmonde-White, author of *The New York Times* bestseller *Aging Backwards*. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

11, 60-min. sessions at RCC Lake Anne
\$85 (R)/\$68 (R55+)/\$128 (NR)

June 8 – August 17

Wed 10:45 a.m. – 11:45 a.m.
305034-2C Avilov

Gut Feeling Seminar

(18 years and older)

Anyone who has experienced “butterflies in their stomach” or a “gut feeling” recognizes that the gut and brain communicate with each other. Yoga is a holistic practice that has positive effects on the relationship between the gut and the brain. This workshop explores the positive effects that yoga, breathing, and meditation can have on the digestive system. Learn how stress plays a role in digestive health and practices on how to change personal responses to physical and psychological stressors. In addition to discussion, participants will learn some yoga postures and breathing practices geared towards a balanced, healthy, happy gut and brain.

1, 3-hour session at RCC Lake Anne
\$25 (R)/\$20 (R55+)/\$38 (NR)

August 6

Sat
305555-3A

1:00 p.m. – 4:00 p.m.
Unger

Joint-Friendly Fitness

(18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear. Patrons are required to bring their own mat to class.

9, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 8 – August 10

(No Class: July 13)

Wed
300129-2D

10:30 a.m. – 11:30 a.m.
Fletcher

June 10 – August 12

(No Class: July 15)

Fri
300129-2E

12:00 p.m. – 1:00 p.m.
Fletcher



LEARN TO BIKE



Learn to Bike – Youth

Sunday, June 12 • 1:00 p.m. – 3:00 p.m.

1886 Metro Center Drive, Reston (Upper Deck)

6 – 12 Years Old • 306208-2F

\$30 Reston • \$45 Non-Reston

Sunday, July 10 • 1:00 p.m. – 3:00 p.m.

1886 Metro Center Drive, Reston (Upper Deck)

6 – 12 Years Old • 306208-3A

\$30 Reston • \$45 Non-Reston

Learn to Bike

Sunday, July 17 • 1:00 p.m. – 4:00 p.m.

The Bike Lane, 11150 Sunset Hills Road, Reston

13 Years and Older • 306205-3A

\$65 Reston • \$52 Reston 55+ • \$98 Non-Reston



- **SMALL CLASS SIZE**
- **CERTIFIED INSTRUCTOR**
- **BIKES & HELMETS PROVIDED**

These classes are for individuals who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering and braking skills. Registration fee includes the rental of a bike and a Consumer Product Safety Commission (CPSC)-approved helmet. If the student would like to bring their own helmet, it must be CPSC approved. Students are asked to wear comfortable, weather-appropriate outerwear, and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided.

For more information, please contact RCC's Fitness and Wellness Director at 703-390-6159.

FITNESS – DAILY PASS

Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons. Reservations for daily fitness programming are free, but patrons are required to purchase a Fitness pass and swipe the pass prior to each class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$2.75 (R)/\$5.50 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC.

Boot Camp (18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Patrons are required to bring a mat to class.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 10 – August 19

(No Class: July 15)

Fri 10:45 a.m. – 11:45 a.m.
3C0010-2 Fletcher

FITNESS STUDENTS

Patrons are required to bring a mat to class if class content requires it.

Cardio and Strength Intervals

(18 years and older)

Join us for an energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 8 – August 17

(No Class: July 13)

Wed 9:15 a.m. – 10:15 a.m.
3C0095-2 Fletcher

Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at lower intensity levels. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 8 – August 19

Wed, Fri 9:30 a.m. – 10:30 a.m.
3C0070-2 Avilov

Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at lower intensity levels, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 7 – August 16

Tue 9:00 a.m. – 10:00 a.m.
3C0080-2 Avilov

Walking Group

(18 years and older)

This group is designed to activate your day by engaging in a 60-minute walk on Reston's paths and at nearby parks and gardens. Refresh your day in the fresh air with a light stroll. Group will meet in different parts of Reston or slightly beyond Reston, such as Meadowlark Botanical Gardens in Vienna, to explore various locations. Program may be canceled in inclement weather.

5, 60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 1 – August 17

Wed 12:15 p.m. – 1:15 p.m.
3C0085-2 Avilov

Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC :

www.restoncommunitycenter.com/HowTo

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/PassFAQs

LANGUAGE

Japanese Culture Club (18 years and older)

Participants should have some conversational knowledge of the Japanese language.

New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month.

**10, 2-hour sessions at RCC Hunters Woods
Free, Registration Req.**

June 18, July 16, August 20

Sat 3:00 p.m. – 5:00 p.m.
5C0070-2G Staff

SOCIAL

Bridge Mondays (18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Monday. Bring lunch for a mid-day break.

**4-hour sessions at RCC Lake Anne
Free, Registration Req.**

June 6 – August 29

Mon 10:00 a.m. – 2:00 p.m.
509603-2C Staff

Bridge Tuesdays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Tuesday. Bring lunch for a mid-day break.

**3-hour sessions at RCC Lake Anne
Free, Registration Req.**

June 7 – August 30

(No Class: June 21)

Tue 10:00 a.m. – 1:00 p.m.
505551-2C Staff

Chess Club

(13 years and older)

Join RCC's Chess Club to meet new partners and build skills. Participants of any skill level are welcome, but those under the age of 18 must be accompanied by a parent/guardian at all times. If the player's parent/guardian is also playing, they must enroll.

**5, 3-hour sessions at RCC Hunters Woods
Free, Registration Req.**

June 2 – June 30

Thu 6:30 p.m. – 9:30 p.m.
901354-2C Staff

July 7 – August 18

Thu 6:30 p.m. – 9:30 p.m.
901354-3A Staff

Ice Cream Social

(18 years and older)

Join us for an old-fashioned ice cream social and learn about upcoming trips, classes and events offered by Reston Community Center. Ice cream and toppings will be provided. Door prizes will be awarded.

**1, 90-min. session at RCC Lake Anne
Free, Registration Req.**

June 22

Wed 1:30 p.m. – 3:00 p.m.
500516-2A Staff

TECHNOLOGY

What's New in Windows 11 (18 years and older)

This course will demonstrate the new features of the Windows 11 operating system.

**1, 2-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)**

June 9

Thu 10:30 a.m. – 12:30 p.m.
547811-2A O'Connell



**REGISTER TODAY
DON'T DELAY!**

Signing up not only reserves your place, it assures other interested patrons that the class will go on as scheduled. We have noticed some patrons wait until just days before the event to register. For our programs to successfully run, we strive for minimum enrollment at least one week in advance or the event could be canceled due to low enrollment. Please don't delay – register now online, by mail, fax or in-person.



eLEARNING

→ @RCC

**EXPAND YOUR EXPERTISE
AND ADVANCE YOUR CAREER**

Certificate Programs in:

- Business
- Business Communication
- Digital Marketing
- Human Resources
- Leadership
- Management
- New Media Marketing
- Social Media for Business
- Training and Education

Individual Courses in:

- Business
- Career Skills
- Parenting
- Health
- Human Resources
- Leadership
- LEED Green Workplace
- Management
- New Media Marketing
- Professional Development
- Social Media for Business
- Training and Education
- Web Design

For more information, please contact Cassie Lebron,
RCC's Lifelong Learning Director at 703-390-6157.

Visit the eLearning page to find the class schedule that works best for you.

www.restoncommunitycenter.com/eLearning

Because this is a partnered program, no RCC fee waivers can be used.



TRIPS & TOURS

Glenstone Tour & Lunch (18 years and older)

Guided by the personal vision of its founders, Glenstone assembles post-World War II artworks that trace the historical shifts in the way we experience and understand art of the 20th and 21st centuries. These works are presented in a series of refined indoor and outdoor spaces in Potomac, MD. Installed throughout the expansive grounds of Glenstone, the large collection of outdoor sculptures seamlessly integrates art, architecture and landscape. Following our visit to Glenstone we will dine at a local restaurant. Trip fee includes transportation, tour, lunch and trip coordinator.

9:00 a.m. Depart RCC Lake Anne
9:30 a.m. Depart RCC Hunters Woods
4:30 p.m. Estimated return to Reston

1, 7.5-hour trip
\$85 (R)/\$68 (R55+)/\$128 (NR)

June 3
Fri 9:00 a.m. – 4:30 p.m.
500799-2A Staff

Philadelphia Flower Show (18 years and older)

Come with us to the Philadelphia Flower Show, which has been honored as the best event in the world by the International Festivals & Events Association. In addition to large and breathtaking flower displays, participants can enjoy presentations and demonstrations from leading horticulturists and stroll the indoor marketplace. Trip fee includes transportation, admission, snack and trip coordinator. Lunch is on your own. This trip requires extensive walking.

7:00 a.m. Depart RCC Hunters Woods
7:00 p.m. Estimated return to Reston

1, 12-hour trip
\$85 (R)/\$68 (R55+)/\$128 (NR)

June 15
Wed 7:00 a.m. – 7:00 p.m.
503588-2A Staff

GENERAL INFORMATION

Unless otherwise stated, luxury charter buses equipped with a lavatory will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

Cancellations:

Please see our cancellation/refund policy on page 72.

Departure and Arrival: Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

Emergency Forms: Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

ADA Accommodations:

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.



A Day at Rehoboth Beach

(5 years and older)

Spend the day relaxing on the beach, strolling along the boardwalk, shopping in town, riding bicycles or having fun at the arcade. No meals are provided, so feel free to pack a picnic or visit one of the many fine restaurants or food vendors. Fee includes transportation and trip coordinator. Children under the age of 18 must be accompanied by an adult/guardian age 21 or older. All participants must register.

7:00 a.m. Depart RCC Hunters Woods

9:00 p.m. Estimated return to Reston

1, 14-hour trip

\$45 (R)/\$36 (R55+)/\$68 (NR)

August 13

Sat
500707-3A

7:00 a.m. – 9:00 p.m.
Staff

TRIPS & TOURS CONTINUED

Great Country Farms

(18 years and older)

Join RCC on a fun outing to Great Country Farms in Bluemont, VA. Depending on the result of seasonal weather conditions, participants will pick blueberries or blackberries (whichever nature provides on the day of the trip). Lunch will be provided on the farm, and produce will be available to purchase. Trip fee includes transportation, admission and one container of pick-your-own berries.

9:00 a.m. Depart RCC Lake Anne

9:30 a.m. Depart RCC Hunters Woods

4:00 p.m. Estimated return to Reston

1, 7-hour trip

\$50 (R)/\$40 (R55+)/\$75 (NR)

July 6

Wed
500713-3A

9:00 a.m. – 4:00 p.m.
Staff

Blue Man Group at The Kennedy Center

(5 years and older)

Experience Blue Man Group and its drumming, quirky comedy, original music, custom-made instruments, surprise audience interaction and hilarious absurdity. Trip fee includes transportation, admission and trip coordinator. To help prevent the spread of COVID-19 variants, this venue requires proof of vaccination. Patrons will be required to show ID and proof they are fully vaccinated prior to entry; those who fail to do so will be denied access. RCC has no authority to make exceptions to this requirement. Children under the age of 18 must be accompanied by an adult/guardian age 21 or older. All participants must register.

11:30 a.m. Depart RCC Lake Anne

12:00 p.m. Depart RCC Hunters Woods

5:30 p.m. Estimated return to Reston

1, 6-hour trip

\$70 (R)/\$56 (R55+)/\$105 (NR)

July 30

Sat
531616-3A

11:30 a.m. – 5:30 p.m.
Staff

Ghost at Toby's Dinner Theatre

(18 years and older)

The bond of love transcends the boundaries of life. Adapted from the hit film starring Patrick Swayze, Demi Moore and Whoopi Goldberg, *Ghost – The Musical* follows Sam and Molly, a young couple whose connection takes a shocking turn after Sam's untimely death. Trapped between two worlds, Sam refuses to leave Molly when he learns she is in grave danger. Desperate to communicate with her, he turns to storefront psychic Oda Mae Brown, who helps him protect Molly and avenge his death. Trip fee includes transportation, admission, buffet lunch and trip coordinator. To help prevent the spread of COVID-19 variants, this venue requires proof of vaccination. Patrons will be required to show ID and proof they are fully vaccinated prior to entry; those who fail to do so will be denied access. RCC has no authority to make exceptions to this requirement.

9:00 a.m. Depart RCC Lake Anne

9:30 a.m. Depart RCC Hunters Woods

5:00 p.m. Estimated return to Reston

1, 8-hour trip

\$95 (R)/\$76 (R55+)/\$142 (NR)

August 31

Wed
530717-3A

9:00 a.m. – 5:00 p.m.
Staff

VISUAL ARTS

Acrylic Painting Beginners

(18 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$115 (NR)

June 10 – July 15

Fri 6:00 p.m. – 9:00 p.m.
455011-2D Fitzurka

Acrylic Painting with Collage

(18 years and older)

This class will explore the use of collage elements with acrylic painting techniques. This class will be geared toward beginners, but all skill levels are welcome. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$115 (NR)

June 9 – July 14

Thu 4:00 p.m. – 6:30 p.m.
402619-2B Staff

Art Lab

(18 years and older)

Artists of all skill levels are invited to explore their creativity. This open studio class is the perfect place to complete projects that are left over from previous classes or work on personal projects.

4, 3-hour sessions at RCC Lake Anne
\$45 (R)/\$36 (R55+)/\$65 (NR)

June 6 – June 27

Mon 7:00 p.m. – 10:00 p.m.
404213-2E Fitzurka

July 11 – August 1

Mon 7:00 p.m. – 10:00 p.m.
404213-3A Staff



Bowls Workshop

(18 years and older)

This workshop will focus on making the ever-functional bowl, ranging from simple curves and altered walls, to straight angles. It will include discussion on size and proportion related to the foot and rim.

This is an intermediate-to-advanced level workshop. Clay is included in the workshop fee.

1, 3.5-hour session at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$150 (NR)

July 9

Sat 9:00 a.m. – 12:30 p.m.
402736-3A Mendoza

Fun with Mosaics

(18 years and older)

Explore the fun of working in mosaics. Work with glass and tile to create an 8x16-inch house number plaque. The session is designed for all skill levels. All supplies are included in the class fee.

4, 3-hour sessions at RCC Hunters Woods
\$130 (R)/\$104 (R55+)/\$225 (NR)

July 24 – August 14

Sun 2:00 p.m. – 5:00 p.m.
402741-3A Shankar

Great Artists

(18 years and older)

Great Artists is a combination of history, art appreciation and studio practice that will provide participants with knowledge of three to four artists of note from a variety of periods. The series will review each artist's life and philosophy, offer technical review of the artists' works, and includes a hands-on studio exploration of the featured artist's process and medium. This session will concentrate on Paul Klee, Giorgio Morandi, Piet Mondrain and Louise Nevelson.

6, 3-hour sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$115 (NR)

June 7 – July 12

Tue 6:30 p.m. – 9:30 p.m.
402742-3A Daniels

Intuitive Abstraction

(18 years and older)

Intuitive Abstraction is the process of allowing each layer of work to inform what comes next. The process encourages letting go of fear and expectations to allow creations to evolve based on the painter's heart callings, visions and play. A supply list will be provided prior to the first class.

1, 3-hour session at RCC Lake Anne
\$45 (R)/\$36 (R55+)/\$75 (NR)

July 23

Sat 1:00 p.m. – 4:00 p.m.
402743-3A Daniels

VISUAL ARTS CONTINUED

Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$155 (NR)

June 8 – July 13

Wed 7:00 p.m. – 9:30 p.m.
402616-2D Patton

Painting with Alcohol Inks on Tile Workshop

(18 years and older)

Unleash imagination and creativity by learning to paint with alcohol inks on tile. This medium allows participants to create gorgeous, luminescent pieces of art that can be displayed or used as coasters. All supplies are included in the class fee.

1, 2-hour session at RCC Lake Anne
\$45 (R)/\$36 (R55+)/\$75 (NR)

June 18

Sat 1:00 p.m. – 3:00 p.m.
402728-2K Clark

July 16

Sat 1:00 p.m. – 3:00 p.m.
402728-3A Clark

August 13

Sat 1:00 p.m. – 3:00 p.m.
402728-3B Clark

Sculpture Studio

(18 years and older)

Participants can use this session to work on self-guided projects. Instructor will be available for consultation and guidance. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$155 (NR)

June 6 – July 18

(No Class: July 4)

Mon 10:00 a.m. – 12:30 p.m.
402685-3A Sternberg

Tephra ICA Art Family Day

(All Ages)

Tephra ICA is pleased to offer free Family Day activity bags filled with fun supplies to create summer art projects. Each bag contains instructions and the necessary materials for several hands-on art activities to complete at home. Simply stop by the gallery on Saturday, June 4 between 12:00 p.m. and 3:00 p.m. to pick up a bag filled with fun for the whole family. Limit one per person. While supplies last.

1, 3-hour session at 12001 Market Street
Free, Registration Req.

June 4

Sat 12:00 p.m. – 3:00 p.m.
402646-2E Tephra

Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$155 (NR)

June 7 – July 12

Tue 10:00 a.m. – 12:30 p.m.
402639-2G Patton

Tue 7:00 p.m. – 9:30 p.m.
402639-2H Patton

Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$155 (NR)

June 9 – July 14

Thu 10:00 a.m. – 12:30 p.m.
402462-2G Staff

Thu 7:00 p.m. – 9:30 p.m.
402462-2H Saltzman

Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginning to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$155 (NR)

June 6 – July 18

(No Class: July 4)

Mon 7:00 p.m. – 9:30 p.m.
404210-2G Alexander

June 10 – July 15

Fri 10:00 a.m. – 12:30 p.m.
404210-2H Anderson

CERAMICS STUDENTS:

Open Ceramic Studio passes expire at the end of each season. Fall class passes expire December 31, Winter/Spring class passes expire May 31 and Summer class passes expire August 31.

ARTIST DIALOGUES AT TEPHRA ICA

FREE • 13 YEARS AND OLDER



Join Tephra ICA (formerly Greater Reston Arts Center) to hear a creative professional respond to the work on view in the gallery. The short presentation will be followed by open conversation. Please check the Tephra ICA website for scheduled dates. Events are free and open to the public.

Creative Responses

Creative professionals will respond to the work on view in the gallery.
The short presentation will be followed by an open conversation.

In Conversation

Hear from the current exhibiting artist in their own words about their work, life and inspiration
in a short presentation followed by an open Q&A.

Insights

Listen to curators and directors of major art institutions discuss the work on view in the gallery and
reflect on the relationship to Reston and American culture writ large.

Tephra ICA is located at 12001 Market Street, Suite 103, Reston, VA.
Reston Town Center garage parking is free on weekends and weekdays after 5:00 p.m.

For schedule please visit: www.tephraica.org

OPEN STUDIOS

Open Ceramics Studios

(18 years and older)

The public is invited to use RCC's Ceramics Studio. The Open Ceramics Studio now requires reservations following purchase of a pass. Reservations are available on the 25th of each month for the next month. To reserve, sign into myRCC, purchase or use a pass and select the dates and studio in which you wish to participate. Reservations for the Open Ceramics Studio are free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each registered visit. Passes may also be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from date of purchase. The pass fee includes firing and glazes. Clay cost is \$15 – \$20 for 25 lbs.

4-hour sessions at RCC Lake Anne Pass, Reservation Req.

June 1 – August 17

Wed	10:00 a.m. – 2:00 p.m.
4C0020-3	Ceramics Studio
4C0025-3	3D Studio

June 4 – August 20

Sat	1:00 p.m. – 5:00 p.m.
4C0030-3	Ceramics Studio
4C0035-3	3D Studio

Open Glass Studio

(18 years and older)

The public is invited to use RCC's Open Glass Studio. Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. The Open Glass Studio now requires reservations. Reservations are available on the 25th of each month for the next month. To reserve, sign into myRCC and select the dates you wish to attend. Reservations for the Open Glass Studio are free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each registered visit. Glass Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase.

4-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 5, June 19, July 3, July 17, August 7, August 21

1st & 3rd Sun	1:00 p.m. – 5:00 p.m.
4C0010-3	Staff

Open Woodshop

(18 years and older)

The public is invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. The Open Woodshop now requires reservations. Reservations are available the 25th of each month for the next month. To reserve, sign into myRCC and select the dates and times you wish to attend. Reservations for the Open Woodshop are free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each visit. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available.

3.5-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 7 – August 23

(No Class: August 2)

Tues	6:00 p.m. – 9:30 p.m.
5C0010-3	Staff

June 4 – August 27

Sat	9:00 a.m. – 12:30 p.m.
5C0050-3	Staff

Sat	1:00 p.m. – 4:30 p.m.
5C0030-3	Staff

RESERVATIONS

All participants are required to have a pass to access Ceramics, 3D, Glass Studios and Woodshop environments. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

Have Questions About Reservation Programs: www.restoncommunitycenter.com/PassFAQs

Learn How to Purchase a Pass and Make a Reservation: www.restoncommunitycenter.com/HowTo



Administration

Leila Gordon	Executive Director
BeBe Nguyen	Deputy Director
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Harunor Rashid	Network Administrator
Pam Leary	Customer Relations Director
Fred Russo	Building Engineer
Warren Bailey	Customer Service
Jan Bradshaw	Customer Service
Vincent Brown	Customer Service
Nicholas Burt	Billing and Reconciliation Specialist
Whitney Chambers	Web Graphic Artist
Suzanne Connell	Personnel Specialist
Sumi Gallas	Customer Relations Assistant Director
Karen Goff	Public Information Officer
Samantha Korkowski	Graphic Artist
James Rockett	Financial Specialist
Grazyna Siebor	Procurement Specialist
Ling Zhao	Customer Service

Aquatics

Matthew McCall	Aquatics Director
Melissa Murray	Customer Service
Roshanak Raeisi Fard	Aquatics Operations Director
Scott Sorenson	Aquatics Program Director

Arts & Events

Paul Douglas Michnewicz	Arts and Events Director
Anthony J. Adams	Technical Director
Mark Anduss	Assistant Technical Director
Cheri Danaher	Arts Education Director
Kevin Danaher	Community Events Director
Gloria Morrow	Arts Education Assistant
Dwight Godwin	Community Outreach Assistant
Rhia Ovington	Box Office Assistant
William D. Parker	Box Office Manager
Camille Petrillo	Assistant Technical Director
Mark Sevilla	Arts and Events Assistant

Leisure & Learning

Anya Avilov	Fitness and Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Kim Gollop-Pagani	Youth/Teen Program Assistant
Debbie Heron	Youth/Teen Program Director
LaTanja Snelling	Collaboration and Outreach Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness and Wellness Program Director
Staff	RCC Rides Coordinator

Facility Rentals & Operations

Brian Gannon	Facility Services Director
Mohammed Alhadi	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Ken Wade	Facility Team

THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

COMMUNITY PARTNERS

Thank you to our Community Partners:

- Al Fatih Academy
- ArtsFairfax
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones
- Dance Place of Washington, DC
- Dulles Chapter of AARP
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Friends of Lake Anne
- Greater Reston Arts Center
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Jewish Community Center of Northern Virginia
- Lake Anne Plaza
- League of Reston Artists
- Martin Luther King Jr. Christian Church
- Northern Virginia Hebrew Congregation
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor Walter L. Alcorn
- Osher Lifelong Learning Institute at George Mason University
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston Masters Swim Team
- Reston for a Lifetime
- Reston Historic Trust
- Reston Hospital Center
- Reston Swim Team Association
- Reston Town Center Association
- Southgate Community Center
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- US Citizenship and Immigration Services
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworking Guild
- YMCA Fairfax County Reston

HOW TO REGISTER

Online Registration

Online registration opens at 9:00 a.m. on May 1.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com, click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500:
Mon – Sat: 9:00 a.m. – 9:00 p.m.
Sunday: 9:00 a.m. – 8:00 p.m.

In-Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until May 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

REGISTRATION POLICIES

Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Regular class fees are listed as Reston/Non-Reston; aquatics daily visits and pass fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA or Discover. Cash payments cannot be accepted during Reston priority registration.

REGISTRATION POLICIES CONTINUED

Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.

- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

Code of Conduct for Camp Participants

Camp participants and parents are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online.

FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to drop-in activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online.

CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

Monthly Meeting

Monday June 6, 8:00 p.m.

Annual Public Hearing

Monday June 13, 6:30 p.m.

Monthly Meeting

Monday July 25, 8:00 p.m.

Finance Committee meetings, when scheduled, occur on the third Monday of a month. Check RCC's website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC's Board of Governors may be directed to RCCcontact@fairfaxcounty.gov. All inquiries are answered within 48 business hours.

FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

Index

Acrylic Painting Beginners	66	Eating 9 to 5: Solutions for Workplace Challenges	54
Acrylic Painting with Collage	66	Essentrics	59
Adapted Aquatics	44	Essentrics: Aging Backwards	59
Adapted Aquatics Volunteers	28	Facility Rentals & Operations	70
A Day at Rehoboth Beach	65	Father's Day Pottery	48
Adult Advanced Beginner	44	Fitness Fusion	57
Adult Beginner	44	Fun with Mosaics	66
Advanced Arthritis, Fibromyalgia and Multiple Sclerosis	45	Gentle Yoga	56
Age-Related Stress and How to Overcome It	54	<i>Ghost</i> at Toby's Dinner Theatre	65
Aging with Power and Grace	58	Glenstone Tour & Lunch	64
A Matter of Balance	54	Great Artists	66
Aqua Barre	46	Great Country Farms	65
Aqua Blast	46	Gut Feeling Seminar	59
Aqua Boot Camp	46	Heritage Farm – Horses	50
Aqua Burn	45	Ice Cream Social	62
Aqua Mixer	46	Intuitive Abstraction	66
Aquatics	70	Japanese Culture Club	62
Aqua Tots	38	Joint-Friendly Fitness	59
Art Lab	66	K-Beauty	54
Back-to-Camp Night	48	Lake Anne Jazz and Blues Festival	16
Balance and Mobility Workshop	58	Lake Anne Roots Music Festival	16
Baratunde Thurston	20	Lap Pool – Lane 1	33-34
Beginning Tai Chi	58	Learn to Bike – Youth	48
Blue Man Group at The Kennedy Center	65	Legal: Estate Planning Basics	54
Bookends	53	Leisure & Learning	70
Boot Camp	61	Let's Bowl!	50
Bowls Workshop	66	Level 1-6 Swim Lessons	42-43
Bridge Mondays	62	Line Dancing with Scotty – Beginner	53
Bridge Tuesdays	62	Line Dancing with Scotty – Intermediate	53
Cardio and Strength Intervals	61	Making Pottery With or Without the Wheel	67
Caring for the Caregiver	54	Marlin	40
Chess Club	62	Math Tutoring Summer Refresher	48
Community Coffee	8	Mind-Body Fitness	57
Deep Water Mania	45	Mindful Yoga with Sound Healing	56
Diabetes Management and How to Lower Your A1C	54	Music Friends	50
		Nai-Ni Chen Dance and the Ahn Trio	21
		Open Ceramics Studios	69

Open Glass Studio	69	Warm Water Swim	35
Open Woodshop	69	Water Wonder	40
Origami	48	What's New in Windows 11	62
Painting with Alcohol Inks on Tile Workshop	67	Wheel Exploration	67
Philadelphia Flower Show	64	Wheel I	67
Pool Pals and Water Friends	38	Wheel II	67
Ranger	40	Where Does My Food Come From?	55
RCC Preference Poll	17	Yin and Yang Yoga	56
RCC Rides Drivers	28	Yoga Strength and Power	57
Responding to Dementia-Related Behaviors	54	Zumba Family	57
Reston Multicultural Festival	17	Zumba Fitness	58
Reston Plant Swap	53	Zumba Gold	61
Reston Pride	8	Zumba Gold Toning	61
Retirement Income Planning	55	Zumba Toning	58
Roer's Zoofari	50		
Rookie I	39		
Rookie II	40		
Sculpture Studio	67		
Settling a Decedent's Estate	55		
Skipper I	39		
Skipper II	39		
Social Security: Proper Timing	55		
Summertime Pottery	48		
Sunday Afternoon Dances	53		
Tao Yin Yoga	56		
Tephra ICA Art Family Day	67		
The Kinsey Sicks	22		
The Lost History of Potomac Marble	55		
Thrifting Your Wardrobe	55		
Tides in Motion	46		
Tot Time	50		
Understanding Alzheimer's and Dementia	55		
Understanding Rheumatoid Arthritis	55		
Viniyoga	56		
Vinyasa Flow Yoga	56		
Volunteer	28		
Walking Group	61		

LOCATIONS AND HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods – 2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage Theatre, Woodshop, Glass Studio and Meeting Rooms.

RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

PHONE NUMBERS

703-476-4500 • 703-476-8617 (Fax) • 711 (TTY)

HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.*

Sunday 9:00 a.m. – 8:00 p.m.*

*Rental hours may vary. Contact the RCC Facility Services Department.



**Enriching Lives.
Building Community.®**

SUMMER HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Memorial Day	May 30	9:00 a.m. – 2:00 p.m.	CLOSED
Junteenth (observed)	June 20	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.
Independence Day	July 4	9:00 a.m. – 2:00 p.m.	CLOSED
Labor Day	September 5	CLOSED	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

LIKE US ON FACEBOOK:
facebook.com/HuntersWoodsNeighborhoodCoalition



www.restoncommunitycenter.com
To request reasonable ADA accommodations, call 703-476-4500, TTY 711.

