

# Reston Community Center 2023 SUMMER PROGRAM GUIDE



[WWW.RESTONCOMMUNITYCENTER.COM](http://WWW.RESTONCOMMUNITYCENTER.COM)

*Enriching Lives. Building Community.*



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# BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

The Reston community has been very fortunate to have had leadership in Richmond that has assured our values affected the outcomes there. Delegate Ken Plum and Senator Janet Howell have contributed so much to improve the lives of Virginians as well as working for their constituents.

Ken has served for 44 years to advance human and LGBTQ+ rights, and women’s reproductive choice. He has championed progressive causes throughout his career and was very instrumental in bringing rail service to the Dulles corridor. Prior to serving in the legislature, Ken was a teacher and led the Fairfax County Public Schools Continuing Education division. In the life of the Reston community, Ken is an ardent cheerleader for our nonprofits.

Janet has been Reston’s voice in the state senate since 1992. She is the first woman to lead the powerful Senate Finance Committee. Her legislative focus was always on improving education, mental health treatment, resources for women’s health and well-being, and measures to create greater opportunities for families throughout the state. Her career has been lauded as a beacon for the role of women in Virginia’s legislature – she has been a true trailblazer.

My RCC Board of Governors colleagues join me in saluting these two valiant and steadfast contributors to improving the lives of all people in our community and state. We look forward to seeing more of them as they enjoy their well-earned retirements. Thank you, Janet and Ken, for being in the arena on our behalf.



Senator Janet Howell – Photo Courtesy of the Office of Senator Howell.



Delegate Ken Plum at Reston Multicultural Festival.

*Beverly Ann Cosham*

## BOARD OF GOVERNORS



William G. Bouie



William Keefe



William Penniman



Lisa Sechrest-Ehrhardt



Richard Stillson



Paul D. Thomas



Shane M. Ziegler



Vicky Wingert



## LEILA GORDON, EXECUTIVE DIRECTOR, RCC

I join Bev in saluting our friends, Delegate Plum and Senator Howell. Spring has brought news of another retirement. Larry Butler has been contributing to our community in his roles at Reston Association for 40 years and has decided it's time to "go fishing." I have worked with Larry throughout our careers on a variety of events, organizational development, support for Reston nonprofits and coordinating a strong and enduring partnership between RCC and RA.



Larry Butler – Photo Courtesy of Reston Association.

No one has given more of their talent and time to making Reston a happy and healthy place to be. Larry is an avid outdoorsman, and he genuinely loves to see people enjoy themselves. He has stepped in more than once to lead RA through leadership transitions with grace and humor. His skills will be missed by his colleagues and community. Thank you, Larry, for all your efforts on behalf of the people of Reston.

I hope you'll find lots of summer fun ahead in the pages of this program guide. Additionally, we are pleased to have a new website available for you to consult on a regular basis to learn the most current information about RCC programs and services. The website is the result of two years of planning and execution, and we are grateful to everyone who participated in advising RCC about how to make it as useful as possible. A new feature provides a community-wide calendar of events that we hope will make it easy for you to find something wonderful to do in Reston anytime you want. Check it out at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

Happy summer everyone!

## RCC IS AN ACCREDITED PARKS AND RECREATION AGENCY!



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency's excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards as we serve our patrons.

## TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



# myRCC Online Registration

## TO REGISTER ONLINE:

You will need to know your username and password.

## IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

## RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC. Learn how or visit our Help Center for more information.

## *What if I do not have or know my username?*

If any member of your household has registered for an RCC program in the last five years, you already have a username. To get your username, send an email to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

## *What if I have forgotten my password?*

On the Login box, click on "Forgot Password". You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

## *I would like to add family members to my account. How do I do this?*

If you have an account already established, please send an email to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or call 703-476-4500, ext. 8 during business hours.

## *How can I see what courses my family members are currently registered in?*

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member registrations will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.

## *How can I cancel a reservation or free enrollment?*

Patrons can now cancel their reservations or enrollments in free options in myRCC.

## Online Registration (myRCC) Contact Information:

**Phone:**  
703-476-4500, ext. 8

**Fax:**  
703-476-2488

**Email:**  
[RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov)

All emails to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) will be answered within 48 hours. If your question is urgent, please call during business hours.



## ARTS AND CULTURE

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# Tephra ICA Arts Festival

## MAY 20 – 21

Saturday • 10:00 a.m. – 6:00 p.m.

Sunday • 10:00 a.m. – 5:00 p.m.

Reston Town Center • All Ages

The Tephra ICA Arts Festival (formerly known as the Northern Virginia Fine Arts Festival) returns to the unique outdoor environment of Reston Town Center. In its 32nd year, this special weekend is supported by title sponsor Peraton and brings to Reston over 200 artists from around the country who produce high quality, hand-crafted and one-of-a-kind artworks. Visitors to the Festival will have the opportunity to purchase work directly from exceptional artists, as well as enjoy free innovative performances and creative hands-on art projects.

This year's Festival will mark the 50th anniversary of Tephra Institute of Contemporary Art (Tephra ICA), a dynamic cultural institution with a rich history in providing innovative experiences around contemporary art. The Tephra ICA Arts Festival is produced as a fundraiser for Tephra ICA and art sales directly benefit the participating artists. All other proceeds support Tephra ICA and its year-round exhibitions and educational programming, which are almost always free and open to the public. To learn about volunteering, sponsoring and other ways to get involved, please visit [www.tephraica.org/festival](http://www.tephraica.org/festival).

FREE parking is available in all Reston Town Center garages for Festival weekend courtesy of Boston Properties. Reston Community Center is a proud sponsor of the Tephra ICA Arts Festival.

Contemporary Performance Art  
Presented by Reston Community Center

## HACIA LA VIDA

Saturday, May 20 • 1:00 p.m. and 4:00 p.m.

Sunday, May 21 • 1:00 p.m. and 4:00 p.m.

*Hacia la Vida* is a site-specific performance created by Hoesy Corona that explores migration and displacement caused by climate change. Performers travel through the Festival streets adorned in intricate sculptural costumes created by the artist that make their bodies simultaneously anonymous and hyper-visible. Using the archetype of the traveler and creative representations of mother nature, this performance humanizes the experience of the immigrant and celebrates the power and beauty of nature.

Hoesy Corona is a Latinx Queer artist who has been exploring climate migration in work created over the last decade.





## Community Coffee

**Saturdays, June 3 – August 19**

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods

**Free • All Ages**

Please come and enjoy complimentary food and beverages with casual conversation. (No Community Coffee on May 27, August 26 and September 2).

**For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191 or [Margaret.Parker@fairfaxcounty.gov](mailto:Margaret.Parker@fairfaxcounty.gov).**

## Reston Pride

**Saturday, June 3**

12:00 p.m. – 6:00 p.m.

Lake Anne Plaza

**Free • All Ages • Rain or Shine**

The sixth annual Reston Pride festival will feature a concert and performances from local musicians and artists supporting and celebrating the LGBTQIA+ community in the greater Reston Area. Reston Pride is organized by members and friends of the Reston LGBTQIA+ community with support from Reston Community Center, nonprofits and other local organizations. This year will feature an appearance by BETTY.

**For more information, please contact Reston Pride at [restonpride@corefoundation.org](mailto:restonpride@corefoundation.org).**



# Take a Break

## CONCERT SERIES

Thursdays • 7:00 p.m. – 8:30 p.m. • Free • All Ages • Reston Station

**June 1**

**Don't Back Down**  
TOM PETTY TRIBUTE BAND

**June 8**

**Jarreau Williams  
Experience**  
MODERN R&B

**June 15**

**Texas Chainsaw Horns**  
ROCK AND TRADITIONAL R&B  
DANCE NIGHT

**June 22**

**Justin Trawick and  
Common Good**  
MODERN AMERICANA STRAIGHT UP  
FROM CHARLOTTESVILLE

**June 29**

**Loudoun Jazz Ensemble**  
BIG BAND – DANCE NIGHT

**July 6**

**New Line Brass Band**  
NEW ORLEANS JAZZ

**July 13**  
TBA

**July 20**

**The Reflex**  
'80S HITS

**July 27**

**Seth Kibel Band**  
SWING, KLEZMER AND MORE  
DANCE NIGHT

**August 3**

**Scott Kurt and Memphis 59**  
MODERN COUNTRY

**August 10**

**Dominique Blanco  
and Friends**  
VOCAL JAZZ

**August 17**

**Justin Trawick and  
Common Good**  
MODERN AMERICANA STRAIGHT UP  
FROM CHARLOTTESVILLE

**August 24**

**Pebble to Pearl**  
FUNKIFIED R&B

**August 31**

**Seán Heely Celtic Trio**  
MAGIC MUSIC OF SCOTLAND  
AND IRELAND

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

*Parking is free at ParkX with validation during these concerts. Three hours free parking. Validation only good at ParkX and not the Metro garage.  
Presented by Reston Community Center and Reston Station in partnership with MSE Productions, Inc.*



# Darden Purcell

## Jazz Fridays

Fridays • 5:30 p.m. – 6:45 p.m. • Free • All Ages  
Reston Town Square Park • Corner of Market Street and Explorer Street

### May 26

#### THE DARDEN PURCELL GROUP

Darden Purcell is a jazz vocalist, often the featured soloist with symphony orchestras, big bands and small ensembles.

### June 2

#### UNIFIED JAZZ ENSEMBLE

Contemporary Vibes

### June 9

#### PAUL BRATCHER

Organ Trio

### June 16

#### GRAHAM BREEDLOVE GROUP

New Orleans Jazz

### June 23

#### XAVIER PEREZ GROUP

Latin Jazz

### June 30

#### SARA JONES

Jazz Vocalist and Pianist



Presented by Reston Community Center and Reston Town Center Association in partnership with Darden Purcell.

Parking in Reston Town Center garages is free after 5:00 p.m.

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.



RESTON STATION

CELEBRATING EVERYTHING SUMMER

# Fab Fridays

**Fridays • 7:00 p.m. – 8:30 p.m.**  
**Free • All Ages • Reston Station**

**June 2**

**U.S. Army Blues**

Big Band

**June 9**

**Shannon Bielski and  
Moonlight Drive**

Bluegrass

**June 16**

**Dogo from Togo**

Afro Pop

**June 23**

**The Reflex**

'80s Hits

**June 30**

**Ocho de Bastos**

Latin Pop and Rock – Dance Night

**July 7**

**Oasis**

Reggae

**July 14**

**King Teddy**

Swing

**July 21**

**Carly Harvey Band**

Soul and Blues – Dance Night

**July 28**

**Lip Sync Battle with DJ Randy!**

Lip Sync battles performed by your favorite community business leaders.

**August 4**

**Don't Back Down**

Tom Petty Tribute Band

**August 11**

**Jarreau Williams Experience**

Modern R&B

**August 18**

**Black Masala**

World Beat Mash-Ups

**August 25**

**U.S. Army Latin  
Jazz Ensemble**

Latin Music from the best of the U.S. Army

**September 1**

**Bad Influence**

Blues Rock

*Parking is free at ParkX with validation during these concerts. Three hours free parking. Validation only good at ParkX and not the Metro garage. Presented by Reston Community Center and Reston Station in partnership with MSE Productions, Inc.*

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

# Family Fun at Reston Town Square Park Entertainment Series

Saturdays • 10:00 a.m. – 10:45 a.m. • Free • All Ages

Reston Town Square Park (Corner of Market Street and Explorer Street)

**June 17**

## *Guava Jelly*

Guava Jelly creates and performs music infused with a lively island feel that is hard to resist. Before you know it, both kids and adults will be singing along!

**June 24**

## *Turley the Magician*

Turley will delight the entire family with his inimitable talent. His magic and humorous antics will enthrall you.

**July 1**

## *Rocknoceros*

Williebob and Boogie Woogie Bernie are Rocknoceros, the Washington, DC area's award-winning band that makes very cool music for children of all ages.

**July 8**

## *Lohr Family Antics*

A fast-paced, sidesplitting family vaudeville show filled with circus skills and comedy with a sprinkling of magic thrown in the mix. One continuous surprise after another makes the time fly!

**July 15**

## *Uncle Devin*

The Uncle Devin Show is a musical experience for children taking them on a magical journey through the land of percussion, allowing them to hear and see different percussion instruments.

**July 22**

## *DPT Music!*

DPT Music! plays music from Louisiana – jazz, Cajun, zydeco, street parade, blues, boogie woogie and a little rock and roll – for kids of all ages.

**July 29**

## *Magician Ken Caplan*

Magician Ken Caplan performs for kids of all ages with his combination of magic and comedy. Ken strongly believes the magic is in the presentation and not the "trick."

**August 5**

## *Groovy Nate*

Groovy Nate creates fun and educational shows using exotic musical instruments and puppet skits. It's Sesame Street meets Parliament Funkadelic, meshed with The Electric Company, Kraftwerk and Dub Reggae.

Garage parking is free on weekends at Reston Town Center.

For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

Presented by Reston Community Center and Reston Town Center Association in partnership with MSE Productions, Inc.



# Family Picnic Day

Saturdays • 4:00 p.m. – 6:00 p.m. • Free • All Ages

Bring a picnic and your family and friends to Family Picnic Day. Play family-friendly lawn games, enjoy local performers and have some fun!

**August 5**

**TEMPORARY ROAD PICNIC PAVILION**

CORNER OF NORTH SHORE DRIVE AND TEMPORARY ROAD

**August 12**

**PONY BARN PICNIC PAVILION**

CORNER OF STEEPLECHASE DRIVE AND TRIPLE CROWN ROAD

**August 19**

**NORTH HILLS PICNIC PAVILION**

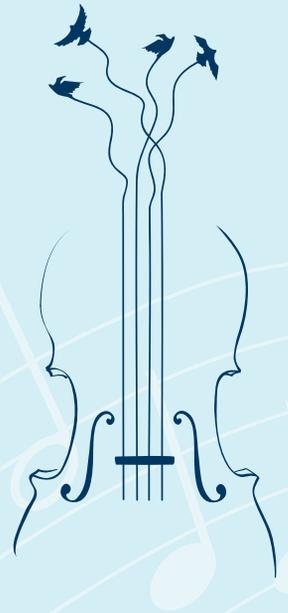
CENTER HARBOR ROAD AND NORTH VILLAGE ROAD

For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

*Presented by Reston Community Center and Reston Association.*

# Sunday Art

**IN THE PARK**  
WITH SHENANDOAH CONSERVATORY



**Sundays • 7:00 p.m. – 8:00 p.m. • FREE • All Ages**  
**Reston Town Square Park (Corner of Market Street and Explorer Street)**

## **June 11 • Ellington Caravan**

An exciting evening of music featuring some of Duke Ellington's most beloved works.

## **June 18 • The Ben Patterson Group**

Trombonist Ben Patterson and saxophonist Luis Hernandez are joined by other band members playing a program *The Way of the Groove*.

## **June 25 • The Eric Byrd Trio**

Pianist Eric Byrd, drummer Alphonso Young Jr. and bassist Bhagwan Khalsa playing great jazz with vocal accompaniment.

## **July 2 • Shenandoah Saxophone Quartet**

An evening of saxophone repertoire, featuring an eclectic mix of music from the Baroque, Broadway and Belle Epoque.

## **July 9 • Akemi Takayama and Maddy Rairie**

The professor and her student play a lively program of works for the electric violin.

## **July 16 • The Eric Byrd Trio**

Pianist Eric Byrd, drummer Alphonso Young Jr. and bassist Bhagwan Khalsa return playing more great jazz with vocal accompaniment.

## **July 23 • Musical Disney**

Shenandoah's Musical Theatre Class of 2024 presents an evening of classic Disney songs for the entire family to enjoy.

## **July 30 • MLO Trio**

Bob Larson on keyboard, Golder O'Neill on bass and Stan McMullen on drums, the MLO Trio plays contemporary jazz.

## **August 6 • ClarVoice Trio**

This trio includes a clarinet, a soprano and a pianist playing music of various styles from all over the world. Garrick Zoeter, Maian Milhai-Zoeter and Hidemi Minagawa perform.

## **August 13 • Musical Theatre**

Beautiful voices of the Shenandoah Conservatory Class of 2024 sing songs of the Golden Age of musical theatre and some hits from today.

## **August 20 • R2DUO**

Saxophone and piano duets from the past three centuries, led by Timothy Roberts.

## **August 27 • Matt Niess and Friends**

Trombonist Matt Niess and his colleagues performing a broad variety of jazz.

Garage parking is free on weekends at Reston Town Center.

For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

Presented by Reston Community Center and Reston Town Center Association in partnership with Shenandoah Conservatory.



## National Night Out

**Tuesday, August 1**

12:00 p.m. – 2:00 p.m.

Hunters Woods Village Center

**Free • All Ages • Rain or Shine**

Join us for National Night Out, a national community event to enhance the relationship between neighbors and law enforcement. This event is in partnership with the Hunters Woods Neighborhood Coalition and the Reston District Station of the Fairfax County Police Department. Enjoy food and treats with games and fun for everyone at midday in front of RCC.

For more information, contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6158.

## RCC Preference Poll

**September 8 – September 29**

Serve your community – Become a candidate for the RCC Board of Governors.

You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for Reston Community Center while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

Statement of Candidacy Forms are available August 1 at RCC Hunters Woods and RCC Lake Anne, or online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

### MARK YOUR CALENDARS

**Candidate Filing: August 1 – 15 (until 5:00 p.m.)**

**Photo/Orientation: August 15**

**Forum: September 5 at 6:30 p.m.**

**Voting: September 8 – September 29 (until 5:00 p.m.)**

For more information, please contact us at [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).



## Theatre in the Park Upright Citizens Brigade

**Friday, Saturday and Sunday  
September 8 – 10**

7:30 p.m. – 9:00 p.m.

Reston Town Square Park

**Free • All Ages • Rain or Shine**

Save the dates! Join one of the world's funniest and most incisive improv troupes for three evenings of topical hilarity. Each night, the company and their audience will create 90 minutes of fun.

Reston Community Center presents Theatre in the Park in partnership with Reston Town Center Association.

For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

## Reggae on the Lake

**Saturday, September 9**

1:00 p.m. – 9:00 p.m.

Lake Anne Plaza

**Free • All Ages • Rain or Shine**

Celebrate Reggae music and Caribbean culture at the second annual Reggae on the Lake Music Festival. Enjoy acclaimed local and international musicians, food and craft vendors, and a beer garden in the beautiful setting of Lake Anne Plaza.

Find out more and join the fun at  
[www.reggaeonthelake.com](http://www.reggaeonthelake.com)



# Reston Multicultural Festival



The annual Reston Multicultural Festival celebrates Reston's rich diversity through song, dance, food and art. Learn about our mosaic of cultures as the community gathers for a delightful day at Reston Town Center. This signature Reston event honors diversity, one of our community's greatest assets. Everyone is encouraged to dress in attire that shares their pride in their own cultural roots.

**Saturday, September 23**

**11:00 a.m. – 6:00 p.m. • Reston Town Center**

**Free • Rain or Shine • All Ages**

For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

*Reston Community Center presents the Reston Multicultural Festival in partnership with the Reston Town Center Association.*

*It is supported by a variety of Reston-based organizations and businesses.*



# 2023 PROFESSIONAL TOURING ARTIST SERIES

**“Dreaming is your birthright.”**

– Sean Dorsey

This statement resonates with me. Choreographer Sean Dorsey is suggesting that dreaming needs to be protected. For some, dreaming is considered dangerous. For others, it’s essential. People are born with the ability to dream and often need to be explicitly given permission to do so. Dorsey’s point is that everyone should own their dreams and pursue them.

Reston was the dream of Robert E. Simon Jr. His vision’s core principle was that all people could happily coexist, and that the arts could bring them together to build a sense of community.

Dreaming is your birthright.

Prior to the pandemic, as the country reeled from political instability, *The Lost Art of Dreaming* began to take shape in Dorsey’s imagination. He pinned the phrase “dreaming is your birthright” to his bulletin board. The idea that a joyful future requires permission for imagination intensified as the show’s multitude of composers sent music. One day, he had a vision of flowing fabric, dresses with long trains – “which is funny because I’m probably the least gender-fluid member of my company,” he said, noting he prefers jeans and T-shirts. But he found himself going with San Francisco-based costume designer Tiffany Amundson “to thrift store after thrift store to buy cheap used wedding dresses and cut them off at the waist to do movement research.”

Dreaming is your birthright.

More than a band, BETTY uses music to channel passion for fairness and equality. From the beginning, they’ve lent their voices to their causes, their talent in collaboration with other artists of every medium, and their time in support of women and girls, worldwide.

The CenterStage has been a place where ideas can be discussed, beauty can be created and dreams can be sparked. Don’t miss these inspiring performances or any of our wonderful summer concerts.



Paul Douglas Michnewicz  
Director of Arts and Culture



## ***The Lost Art of Dreaming***

Choreographed by Sean Dorsey

**Wednesday, May 17**

8:00 p.m.

**\$15 Reston/\$20 Non-Reston**

San Francisco's Sean Dorsey Dance returns to Reston with *The Lost Art of Dreaming*, which invites audiences into expansive thinking and dreaming about our futures ... at a time when we need it most. What does it feel like to reconnect with our deepest dreams? How do you imagine a future in a world that doesn't expect you to even have one? Full-throttle dance and intimate storytelling from a thought-provoking transgender choreographer come together in the company's powerful, moving, signature dance-theatre.

Recommended that children under 16 be accompanied by an adult.

## **BETTY**

Indie Pop Trio

**Saturday, June 3**

8:00 p.m.

**\$15 Reston/\$20 Non-Reston**

The indie pop trio BETTY, Alyson Palmer (vocals, bass, guitar) and sisters Elizabeth Ziff (vocals, guitar, electronic programming) and Amy Ziff (vocals and cello), use beguiling melodies, compelling lyrics and signature harmonies to create legendary live shows that mix music, performance art, politics and comedy. BETTY sings of joy, love, longing, sex, food, heartbreak and the universal hilarity of human existence. More than a band, BETTY uses music to channel their passion for fairness and equality. From the beginning, they've lent their voices to causes they champion, their talent in collaboration with other artists of every medium, and their time in support of women and girls worldwide.

Recommended that children under 16 be accompanied by an adult.

# CENTERSTAGE BOX OFFICE INFORMATION

**Online:** [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

Available until one hour before a performance and requires payment of a processing fee.

**By Mail:** **Return Ticket Order Form to RCC Box Office**

2310 Colts Neck Road, Reston, VA 20191

**In Person:** **Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.**

**Saturday: 1:00 p.m. – 5:00 p.m., and two hours before any ticketed performance.**

**Phone:** **703-476-4500, Press '3' • TTY 711**

Please provide the following information when you call:

- Your name with the correct spelling as it appears on your Visa, MasterCard or Discover credit card;
- The best telephone number for us to return your call;
- The performance title, date and curtain time you wish to attend;
- The number of tickets you wish to order and whether they are Reston, Non-Reston;
- Your Visa, MasterCard or Discover credit card number, its expiration date and the security code (no American Express please);
- The billing address of your credit card including zip code;
- Your email address so that we may send a confirmation as well as your e-tickets to you.

**Fax:** **Fax Ticket Order Form to 703-476-2488**

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## BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled. For online ticket sales, per-ticket fees are refunded, but per-order fees are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at the time of the sale. E-tickets may be printed at home or shown on your mobile device to be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.
- No COVID-19 restrictions on the capacity of the CenterStage were in place at the time this was created. Should that change, patrons are required to abide by whatever health protocols are required.

Tickets for the Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation.

## DIRECTIONS:

**The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:**

**From Route 495 via Dulles Toll Road (Route 267):**

Take Exit 12 to Reston Parkway

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

**From Route 495 via Leesburg Pike (Route 7) going West:**

Left on Baron Cameron Ave (Route 606)

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

**From Centreville via Route 28**

Go North on Route 28

Take Dulles Toll Rd East

Take Exit 12 onto Reston Parkway

Right on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Rd

Go 1/2 mile and turn left into Hunters Woods Village Center

# PERFORMING ARTS

## Reston Community Players

[www.restonplayers.org](http://www.restonplayers.org)  
703-435-2707

Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny, and timeless productions. RCP has been delighting audiences since 1966. Be sure you get in on the fun.

*RCP is funded in part by ArtsFairfax.*

## Reston Chorale

[www.restonchorale.org](http://www.restonchorale.org)  
703-834-0079

Don't miss a moment of the music being made this year by The Reston Chorale. Join your friends and neighbors, bring the family, and savor the musical feast.

### *A Star-Spangled Salute*

**Saturday, May 27**  
**7:00 p.m.**

#### **Reston Town Center**

Bring a lawn chair and join The Reston Chorale and Brass of the Potomac for a free, patriotic concert honoring those who serve and remembering those who made the ultimate sacrifice. You can also show your support for our troops by sharing care package items for those deployed overseas. Tickets: Free  
Information at [www.restonchorale.org](http://www.restonchorale.org)

### *Gardens of Note*

**Saturday, June 3**  
**10:00 a.m. – 4:00 p.m.**  
**(Garden Tours)**

Explore a selection of Reston's beautiful private gardens and enjoy musical entertainment provided by members and friends of The Reston Chorale. Presented in partnership with The Garden Club of Reston. Tickets: \$20/Advance, \$25/Day of Event  
Information at [www.restonchorale.org](http://www.restonchorale.org)

*The Reston Chorale is funded in part by ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.*

## Fairfax-Loudoun Music Fellowship

[www.FLMF.org](http://www.FLMF.org)

Fairfax-Loudoun Music Fellowship offers membership to private music teachers looking for a non-competitive, friendly, and enriching community. They meet monthly, organize recitals for students at the CenterStage, and hold an annual ensemble festival, in which students play together on six grand pianos under the baton of a conductor. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals.

## GroundShare Arts Alliance

[www.groundsharearts.com](http://www.groundsharearts.com)  
703-593-4384

GroundShare Arts Alliance provides dancers of all ages the opportunity to train and perform together. This multi-generational company explores the artistic process while building community and collaborating through dance. Every spring, GroundShare presents an original production of dance theatre developed from the work of our students and teaching artists. Where dance meets storytelling, GroundShare's spring concert explores timely themes and artistic investigations.

### *Spring Concert*

**Friday, June 9**  
**7:30 p.m.**

**Saturday, June 10**  
**3:00 p.m.**

#### **RCC Hunters Woods – the CenterStage**

Tickets: Pricing information available at the CenterStage Box Office by June 1.

## Reston Community Orchestra

[www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org)  
571-449-7095

The Reston Community Orchestra has musically enhanced the cultural lives of our unique community since 1988. Everyone is invited to attend and enjoy diverse symphonic music and overall good times! This series of educational and enjoyable programs is presented in the friendly environment of the RCC at Hunters Woods (unless otherwise indicated).

### *Summer Readings – Open Rehearsals*

**Mondays, July 24, July 31,**  
**August 7, August 14**

**7:30 p.m. – 9:30 p.m.**

#### **RCC Hunters Woods – Community Room**

For additional information and to register, visit [www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org)

*The Reston Community Orchestra is funded in part by ArtsFairfax and the Virginia Commission for the Arts.*

# COMMUNITY ARTS

## GOVERNMENT FUNDERS

ArtsFairfax:  
[www.artsfairfax.org](http://www.artsfairfax.org)



Virginia Commission for the Arts:  
[www.arts.virginia.gov](http://www.arts.virginia.gov)



National Endowment for the Arts:  
[www.arts.gov](http://www.arts.gov)



# PERFORMING ARTS CONTINUED

## Ravel Dance Studio

[www.raveldance.com](http://www.raveldance.com)  
703-437-9664

Founded in 1990, the Ravel Dance Company was formed to give young dancers an opportunity to perform original works of dance in a variety of dance genres so they may be better prepared to enter the professional world of dance or to gain acceptance to a university dance program. The Ravel Dance School educates young dancers through high school in classical ballet and pointe while offering additional opportunities to perform. Through an audition process, a dancer may be eligible to perform new and innovative works with the Ravel Dance Company.

Each year, Ravel Dance Company presents one of the five classical ballets from its repertoire: *Cinderella*, *Swan Lake*, *The Sleeping Beauty*, *Coppelia* or *Giselle*.

*Swan Lake* and  
*Let's Go to The Movies*

**Friday, May 26**

**7:30 p.m.**

**Saturday, May 27**

**2:00 p.m.**

**RCC Hunters Woods – the CenterStage**

Tickets: \$30 all ages. Available at the CenterStage Box Office in early May.



## VISUAL ARTS

### League of Reston Artists

[www.leagueofrestonartists.org](http://www.leagueofrestonartists.org)

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA is a non-profit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society and provides an annual scholarship to a promising high school senior who will continue his or her education in the visual arts. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. Numerous judged and juried shows in venues throughout the community give member artists and photographers opportunities to earn distinctions. Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 15 commercial and public places, solo exhibits are on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website.

### JUNE – AUGUST

*Art in Public Places (AIPP)*

Solo Shows – Quarterly rotation

### JUNE

*Reston Photographic Society Exhibit*

**RCC Lake Anne – Jo Ann Rose Gallery**

**Reception: Sunday, June 11**

**2:00 p.m. – 4:00 p.m.**

### MID-JULY – AUGUST

*League of Reston Artists:  
Small Works Exhibit*

A large display of small-scale paintings and photography pieces

**RCC Lake Anne – 3D Gallery**

*LRA is a nonprofit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society. LRA relies on its member dues, volunteers and donations from the art-loving community to fulfill its mission.*

## Public Art Reston

[www.publicartreston.org](http://www.publicartreston.org)

Public Art Reston's (PAR) mission is to be the catalyst for public art that inspires, engages, and connects. Its vision is for public art to be recognized as essential to our thriving, diverse community. PAR commits to this work by nurturing and celebrating diverse participation, while providing opportunities to experience public art in all neighborhoods of Reston. It connects at the intersections of creativity, accessibility, and belonging.

More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007, and since the adoption of the Public Art Master Plan for Reston in 2008. Reston's public art is always accessible both online and outdoors! Here is a variety of public art offerings accessible to all ages:

- Public Art Map of Reston and Public Art Bike Rides – Five free, fun-filled Public Art Explorer packets to foster conversations and art making at home or while exploring public art around town.
- *Emerge* at the Glade Drive Underpass
- Marco Rando's *Intent*, the wooden horse at Lake Anne Village Center/ Washington Plaza
- DeWitt Godfrey's *Simon*

Visit Public Art Reston online and sign up for their newsletter *Emerge* for bi-weekly updates.

*Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.*

## Reston Art Gallery and Studios (RAGS)

[www.restonartgallery.com](http://www.restonartgallery.com)

703-481-8156

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage, and acrylic and oil paintings.

### JUNE

*Art by Rosemarie Forsythe*

**Reception: Sunday, June 11**

**2:00 p.m. – 4:00 p.m.**

### JULY

*Abstracts by Marthe McGrathe*

**Reception: Sunday, July 16**

**2:00 p.m. – 4:00 p.m.**

### AUGUST

*Art in Motion: Mobiles and Stables by Wayne Schiffelbein*

**Reception: Sunday, August 13**

**2:00 p.m. – 4:00 p.m.**

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

## Tephra ICA

[www.tephraica.org](http://www.tephraica.org)

Tephra Institute of Contemporary Art (formerly Greater Reston Arts Center) is committed to promoting innovative contemporary art and thinking. Leading with curiosity and care, we are a catalyst, generator, and advocate for visual and interdisciplinary arts. Tephra ICA's exhibitions and programs highlight contemporary artists whose practices are often globally influenced, culturally diverse, and conceptually advanced. We provide education initiatives and public programs that encourage the development of critical thinking, creative expression and support the interconnectivity of art and ideas. Admission to the Tephra ICA gallery is always FREE, as are most programs.

Tephra ICA gratefully acknowledges the generosity of its individual members and donors, state and county grantors, and corporate sponsors.

*Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts*

## CULTURAL ARTS

### The Reston Museum

[www.restonmuseum.org](http://www.restonmuseum.org)

703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present, and influences the future of Reston through its exhibits, public programs, and events including Founder's Day, the Reston Home Tour, and Lake Anne Cardboard Boat Regatta. Reston Museum is located at Lake Anne Plaza, is free to visit, and offers exhibits and a gift shop.

# RCC GALLERY EXHIBITS

## RCC Hunters Woods Exhibits

### JUNE

#### *The Lake Life Series*

A series of limited-edition prints by Sam LaFever reflecting a lifestyle on Reston lakes

### JULY/AUGUST

#### *The Gardens*

A mixed media exhibit by Amaris Ramsay

## RCC Lake Anne Jo Ann Rose Gallery Exhibits

### JUNE

#### *Reston Photographic Society Exhibit*

League of Reston Artists (LRA)

**Reception: Sunday, June 11**

**2:00 p.m. – 4:00 p.m.**

### JULY

#### *Andante*

A group exhibit by Serena Yeo and friends

**Reception: Sunday, July 9**

**2:00 p.m. – 4:00 p.m.**

### AUGUST

#### *Space and Time Repurposed*

Featuring Arnold Lopes, Glen Zora, Tim Waters and Selemon Getachew

**Reception: Sunday, July 30**

**2:00 p.m. – 4:00 p.m.**

## RCC Lake Anne 3D Gallery Exhibits

### JUNE – MID-JULY

#### *The Joy of Creating*

Annual Teachers and Students Art Exhibit

### MID-JULY – AUGUST

#### *League of Reston Artists*

#### *Small Works Exhibit*

A large display of small-scale paintings and photography pieces

## Interested in Exhibiting?

For more information about exhibiting with Reston Community Center, please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or contact Gloria Morrow, Arts Education Assistant, at 703-390-6187.





# VOLUNTEER MANAGEMENT SYSTEM

## Adapted Aquatics Volunteers

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.

**RCC Hunters Woods – Warm Water Pool**  
**June 3 – August 19**

Sat 10:45 a.m. – 12:00 p.m.  
Registration required through VMS.

## RCC Community Coffee Volunteers

(14 years and older)

Help with set up, coffee making, serving patrons, keeping the area tidy and cleaning up at the end.

**RCC Hunters Woods**  
**June 3 – August 19**

Sat 7:30 a.m. – 11:30 a.m.  
Registration required through VMS.

# OTHER VOLUNTEER OPPORTUNITIES

## RCC Rides Drivers

(18 years and older)

Without transportation, simple things such as medical appointments or grocery shopping become major life challenges for non-driving seniors. We need caring, concerned community members to serve as volunteer drivers. Choose times that best suit your schedule; no minimum number of rides are required.

To become a volunteer, obtain an application at an RCC Customer Service Desk or online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) and return it to the address on the form, or call us at 703-390-6198 for more information.

# VOLUNTEER MANAGEMENT SYSTEM (VMS)

Fairfax County has a consolidated, county-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

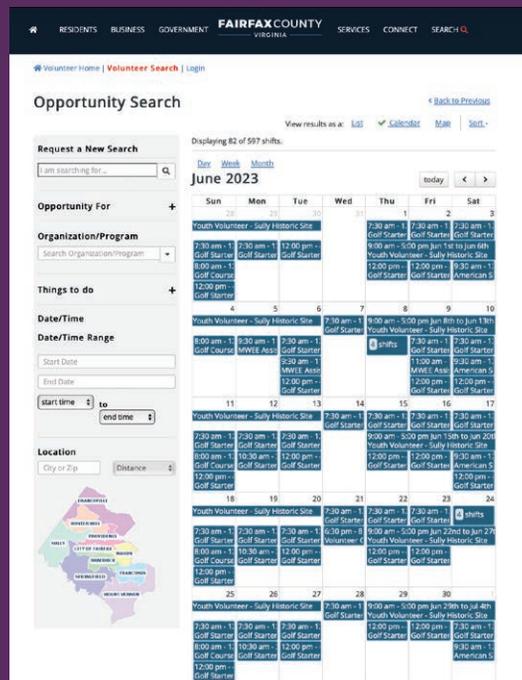
1. Visit: [volunteer.fairfaxcounty.gov](http://volunteer.fairfaxcounty.gov)
2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.
4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

**All volunteers must be vaccinated and will be required to show proof of vaccination prior to volunteering per Fairfax County government requirements.**

For questions or concerns with this system, please contact Kaia Greene, RCC's Community Events Director, at 703-390-6166.

VOLUNTEER





# AQUATICS

Information	27 – 29
Lap Swim	30
Infant – 7 Year Old	32 – 35
6 – 12 Year Old	36 – 38
13 Years and Older	39 – 41

## SUMMER SCHEDULE • JUNE 1 – AUGUST 27

	Lap Pool	Warm Water Pool	Spa
Monday/Wednesday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 3:00 p.m.* 4:00 p.m. – 5:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Tuesday/Thursday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	1:00 p.m. – 3:00 p.m.* 4:00 p.m. – 5:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Friday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 3:00 p.m.* 4:00 p.m. – 5:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.
Saturday	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.
Sunday	10:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.

\*Swim lanes may be limited. Please note that the schedule is subject to change without notice. RCC schedules programming during open and lap swim times. The pools are closed from 12:00 p.m. to 1:00 p.m. every day for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space.

## AQUATICS CENTER RULES & REGULATIONS

- All persons entering the pools must register at the desk and pay the appropriate fee.
- Children under the age of 8 must be accompanied by an adult 16 years or older.
- Children 6 years and up must use appropriate locker rooms. The unisex room may be used.
- Children under the age of 3 and any patron diagnosed with incontinence are required to wear plastic pants underneath swim apparel.
- All swimmers are encouraged to take a rinse shower before entering the pools. Persons leaving the pool area are required to shower before re-entering the pools.
- Spitting or expunging water is prohibited.
- Running, pushing and horseplay are prohibited.
- No diving into water less than 8 feet in depth is permitted. No back dives or flips from the side in any depth of water are permitted.
- Starting clocks are only available to swim lessons and rentals.
- ADA and entry ramps are for entry and exit only. No swimming or playing are permitted on the ramps, or in areas of the beach entry used by patrons to access the pools.
- Special equipment is for class use only (rings, noodles and barbells).
- Kickboards are restricted to lap lanes only.
- Masks must be marked "Tempered Glass" or "Plastic Lens."

### AQUATICS HOLIDAY HOURS:\*

\*Some restrictions to lap lane or warm water access may apply.

Memorial Day • May 29 • 6:30 a.m. – 1:30 p.m.

Juneteenth • June 19 • 7:00 a.m. – 9:00 p.m.

Independence Day • July 4 • 9:00 a.m. – 1:30 p.m.

Annual Maintenance • August 28 – September 8 • CLOSED

- Snorkels must be properly attached to a mask.
- Fins are limited to the lap lanes.
- Children using floatation devices require direct one-on-one adult supervision. Coast Guard-approved floatation devices are available for patron use in a variety of sizes. Devices brought to the pools must be Coast Guard-approved.
- Food, drinks and chewing gum are not allowed in the pool areas or in the locker rooms.
- No glass containers or breakable objects of any kind are allowed in the pool areas or locker rooms.
- Non-swimmers ages 11 and under will wear an RCC-supplied wristband and are only allowed in the shallow ends of the pools.
- No videography of any kind, using any device, is permitted during swim team practices unless authorized in writing by the swim team coach.
- Talking to and visiting with a lifeguard who is on a stand or monitoring the pools is prohibited. Please see another Aquatics staff member in the office for assistance.
- Any conduct that may endanger the welfare of other patrons is prohibited.
- Appropriate swimwear is required. Only bathing suits or approved alternatives may be worn in the pools and/or spa. Excessively loose clothing or bathing garments will not be permitted due to safety reasons.
- The pools may be closed, or their use limited, at the discretion of management due to technical problems, overcrowding or threatening weather conditions.
- No prolonged underwater swimming or breath-holding is permitted. Competitive and repetitive breath holding can be deadly.

These rules will be enforced by the professional lifeguarding staff team of the Terry L. Smith Aquatics Center. Patron cooperation is appreciated.

AQUATICS

# RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate your attention to hair that is shed from shampooing as well.
- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.
- If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate your removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. – 4:00 p.m., seven days a week.

## POOL FEES

	Reston Resident/ Employee	Non-Reston
<b>Daily Visit</b>		
Adult	\$5	\$10
Youth and Senior	\$3	\$6
<b>Daily Visit Pass (Price Per Visit)</b>		
Adult	\$4.50	\$9
Youth and Senior	\$2.75	\$5.50
<b>Monthly Pool Pass</b>		
Adult	\$45	\$90
Youth and Senior	\$25	\$50
<b>Aquatics Annual Pass</b>		
Adult	\$480	\$960
Youth and Senior	\$250	\$500

## WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
<b>Water Aerobics Daily Visit</b>		
Adult	\$6	\$12
Youth and Senior	\$5	\$10
<b>Water Aerobics Pass (Price Per Visit)</b>		
Adult	\$5	\$10
Youth and Senior	\$4	\$8

## PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Program Director for more information or inquire about availability at 703-390-6152. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk at 703-390-6150.

**30-minute session • \$35 (R)/\$53 (NR)**



# AQUATICS

To buy or renew your pass, visit myRCC where you can also make a reservation for lap lanes or daily aquatics aerobics. Passes may be used to reserve time or simply visit; a daily visit fee is charged if you just stop by to swim.

Pools will close a half hour prior to the building closing time to allow time for exiting from the Terry L. Smith Aquatics Center and close at 6:00 p.m. on Friday evenings. Early bird swimming occurs at the Terry L. Smith Aquatics Center Monday through Friday; check myRCC for reservations. The pools are closed from 12:00 p.m. to 1:00 p.m. every day for a deep cleaning.

Water Aerobics classes (Advanced Arthritis, Fibromyalgia and Multiple Sclerosis, Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Burn, Aqua Mixer, Deep Water Mania, Tides in Motion) require reservations. Patrons must have a valid Water Aerobics Pass. Reservations for Water Aerobics classes are free, but patrons are required to purchase a pass and swipe the pass prior to each class. Patrons' passes will be debited a visit for unattended classes.

Patrons are reminded that there is no advantage to the use of paper reservation forms versus online reserving. Online reservations are your most reliable path to making your reservations or canceling a reservation for water exercise offerings. RCC Customer Service Representatives will process paper forms as they can after reservations for each month open at 9:00 a.m., but they never process those forms prior to the 9:00 a.m. opening of reservations online.

Failing to cancel a reservation you can't use keeps someone else from being able to access the offering. Thank you for being considerate!

## SPA USE

Swimmers may use the spa by purchasing a visit or a pass and swiping it for access or following use of a lap lane or warm water zone. People should limit sitting in the spa to 15 minutes or less for good health. The spa is monitored on camera by RCC lifeguards.

## LAP POOL

- Three of the six lap lanes are dedicated to reservation swimming only. Three will be available for open swim use.
- Non-swimming youth must be accompanied by an adult and both child and adult require payment.
- Lap lane reservations last one hour.
- Reservations that go unused, or uncanceled at least two hours in advance, will be charged to the passholder. Not using a reserved lane or failing to cancel a reservation is unfair to those who are on the waitlist or who want to reserve that slot.

## WARM WATER POOL

When classes are not in session, the Warm Water Pool is available for use without reservations being required.

## SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please contact our ADA Coordinator at 703-390-6144.

## GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

## RCC PASS OPTIONS

Aquatics Passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

### Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

### Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

### Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The 12-Month passes are valid from date of purchase and do not renew automatically.  
Aquatics Water Aerobics Pass

### Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Advanced Arthritis, Fibromyalgia and Multiple Sclerosis, Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Burn, Aqua Mixer, Deep Water Mania and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

# LAP POOL

Three of the six lap lanes are dedicated to reservation swimming only. Three will be available for open swim use.

Reservations are required for the below lap swim lanes at the Terry L. Smith Aquatics Center. Reservations for the following month open up on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston. Reservations are for a 50-minute time slot. There will be 10 minutes allotted after swimming to exit the pool and utilize the locker rooms or spa. Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

## Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

### 50-min. sessions at RCC HW Pool Pass, Reservations Req.

**June 1 – August 27**

Mon-Fri 6C0901-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0901-3B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0901-3C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0901-3D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0901-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0901-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0901-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0901-3H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0901-3I	4:00 p.m. – 4:50 p.m.



## Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

### 50-min. sessions at RCC HW Pool Pass, Reservations Req.

**June 1 – August 27**

Mon-Fri 6C0902-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0902-3B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0902-3C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0902-3D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0902-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0902-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0902-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0902-3H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0902-3I	4:00 p.m. – 4:50 p.m.

## Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

### 50-min. sessions at RCC HW Pool Pass, Reservations Req.

**June 1 – August 27**

Mon-Fri 6C0903-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0903-3B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0903-3C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0903-3D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0903-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0903-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0903-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0903-3H	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0903-3I	4:00 p.m. – 4:50 p.m.
Mon-Thu 6C0903-3K	6:00 p.m. – 6:50 p.m.

# NOW HIRING & TRAINING LIFEGUARDS



*Perfect For*  
HIGH SCHOOL STUDENTS  
COLLEGE STUDENTS  
STAY-AT-HOME PARENTS  
RETIREES

*Come Join The Fun And Get Paid!*

## Benefits Include:

- Competitive Wages
- Flexible Schedule
- FREE American Red Cross Lifeguard Training (\$200 value)\*
- FREE Uniforms
- Year-round Employment
- Discounts on RCC Programs
- Leadership and Teamwork Skills Development

**APPLY ONLINE:**

**[WWW.RESTONCOMMUNITYCENTER.COM/LIFEGUARD](http://WWW.RESTONCOMMUNITYCENTER.COM/LIFEGUARD)**

\*Lifeguarding classes are offered based upon public demand and instructor availability.  
For more information, please contact Lexi Mack, Aquatics Operations Director at  
[Alexis.Mack@fairfaxcounty.gov](mailto:Alexis.Mack@fairfaxcounty.gov) or 703-390-6149.

# LEARN-TO-SWIM: INFANT – 7 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

## Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

### Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

### Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.

## INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
<b>WATER INTRO</b>	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
<b>AQUA TOTS</b>	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
<b>POOL PALS AND WATER FRIENDS</b>	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
<b>SKIPPER I</b>	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
<b>SKIPPER II</b>	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
<b>ROOKIE I</b>	4 – 5 years	No swimming skills required. Able to follow simple instructions.
<b>ROOKIE II</b>	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
<b>RANGER</b>	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
<b>MARLIN</b>	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
<b>WATER WONDER</b>	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.



## Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

### 6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

#### June 3 – July 15

(No Class: July 1)

Sat 8:30 a.m. – 9:00 a.m.  
640000-3D

Sat 9:40 a.m. – 10:10 a.m.  
640000-3E

Sat 10:50 a.m. – 11:20 a.m.  
640000-3F

#### July 22 – August 26

Sat 8:30 a.m. – 9:00 a.m.  
640000-4A

Sat 9:40 a.m. – 10:10 a.m.  
640000-4B

Sat 10:50 a.m. – 11:20 a.m.  
640000-4C

#### June 4 – July 16

(No Class: July 2)

Sun 9:40 a.m. – 10:10 a.m.  
640002-3B

#### July 23 – August 27

Sun 9:40 a.m. – 10:10 a.m.  
640002-4A

## Aqua Tots

(18 months – 3 years)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

### 6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

#### June 3 – July 15

(No Class: July 1)

Sat 8:30 a.m. – 9:00 a.m.  
640007-3D

Sat 9:40 a.m. – 10:10 a.m.  
640007-3E

Sat 10:50 a.m. – 11:20 a.m.  
640007-3F

#### July 22 – August 26

Sat 8:30 a.m. – 9:00 a.m.  
640007-4A

Sat 9:40 a.m. – 10:10 a.m.  
640007-4B

Sat 10:50 a.m. – 11:20 a.m.  
640007-4C

#### June 4 – July 16

(No Class: July 2)

Sun 9:40 a.m. – 10:10 a.m.  
640008-3B

#### July 23 – August 27

Sun 9:40 a.m. – 10:10 a.m.  
640008-4A

## Pool Pals & Water Friends

(3 – 4 years old)

This class is designed for children and their parent(s) or other favorite adult. Pool Pals introduces students to floating, kicking, paddling, submerging and water safety skills. This class is a great way to transition young, hesitant children to swimming with a teacher. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the class.

### 6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

#### June 3 – July 15

(No Class: July 1)

Sat 9:05 a.m. – 9:35 a.m.  
640080-3B

#### July 22 – August 26

Sat 9:05 a.m. – 9:35 a.m.  
640080-4A

## Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

### 6, 20-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

#### June 3 – July 15

(No Class: July 1)

Sat 8:30 a.m. – 8:50 a.m.  
640010-3D

Sat 8:50 a.m. – 9:10 a.m.  
640010-3E

Sat 9:10 a.m. – 9:30 a.m.  
640010-3F

#### July 22 – August 26

Sat 8:30 a.m. – 8:50 a.m.  
640010-4A

Sat 8:50 a.m. – 9:10 a.m.  
640010-4B

Sat 9:10 a.m. – 9:30 a.m.  
640010-4C

#### June 4 – July 16

(No Class: July 2)

Sun 8:30 a.m. – 8:50 a.m.  
640012-3G

Sun 8:50 a.m. – 9:10 a.m.  
640012-3H

Sun 9:10 a.m. – 9:30 a.m.  
640012-3I

Sun 9:40 a.m. – 10:00 a.m.  
640012-3J

Sun 10:00 a.m. – 10:20 a.m.  
640012-3K

Sun 10:20 a.m. – 10:40 a.m.  
640012-3L

#### July 23 – August 27

Sun 8:30 a.m. – 8:50 a.m.  
640012-4A

Sun 8:50 a.m. – 9:10 a.m.  
640012-4B

Sun 9:10 a.m. – 9:30 a.m.  
640012-4C

Sun 9:40 a.m. – 10:00 a.m.  
640012-4D

Sun 10:00 a.m. – 10:20 a.m.  
640012-4E

Sun 10:20 a.m. – 10:40 a.m.  
640012-4F

## Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool  
\$70 (R)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 9:40 a.m. – 10:10 a.m.  
640020-3B

**July 22 – August 26**

Sat 9:40 a.m. – 10:10 a.m.  
640020-4A

## Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

**6, 30-min. sessions at Warm Water Pool  
Free (R)/\$140 (NR), Registration Req.**

**June 3 – July 15**

(No Class: July 1)

Sat 8:30 a.m. – 9:00 a.m.  
640030-3C

Sat 10:15 a.m. – 10:45 a.m.  
640030-3D

**July 22 – August 26**

Sat 8:30 a.m. – 9:00 a.m.  
640030-4A

Sat 10:15 a.m. – 10:45 a.m.  
640030-4B

**June 4 – July 16**

(No Class: July 2)

Sun 8:30 a.m. – 9:00 a.m.  
640032-3C

Sun 10:50 a.m. – 11:20 a.m.  
640032-3D

**July 23 – August 27**

Sun 8:30 a.m. – 9:00 a.m.  
640032-4A

Sun 10:50 a.m. – 11:20 a.m.  
640032-4B

**5, 30-min. sessions at Warm Water Pool  
Free (R)/\$85 (NR), Registration Req.**

**June 6 – July 11**

(No Class: July 4)

Tue 6:00 p.m. – 6:30 p.m.  
640036-3C

**6, 30-min. sessions at Warm Water Pool  
Free (R)/\$100 (NR), Registration Req.**

**June 8 – July 13**

Thu 5:00 p.m. – 5:30 p.m.  
640036-3D

**July 18 – August 22**

Tue 6:00 p.m. – 6:30 p.m.  
640036-4A

**July 20 – August 24**

Thu 5:00 p.m. – 5:30 p.m.  
640036-4B

**7, 30-min. sessions at Warm Water Pool  
Free (R)/\$105 (NR), Registration Req.**

**July 5 – July 26**

Mon, Wed 5:00 p.m. – 5:30 p.m.  
640033-4A

**8, 30-min. sessions at Warm Water Pool  
Free (R)/\$120 (NR), Registration Req.**

**June 5 – June 28**

Mon, Wed 5:00 p.m. – 5:30 p.m.  
640033-3C

**July 31 – August 23**

Mon, Wed 5:00 p.m. – 5:30 p.m.  
640033-4B

## Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool  
\$70 (R)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 9:40 a.m. – 10:10 a.m.  
640040-3C

Sat 10:15 a.m. – 10:45 a.m.  
640040-3D

**July 22 – August 26**

Sat 9:40 a.m. – 10:10 a.m.  
640040-4A

Sat 10:15 a.m. – 10:45 a.m.  
640040-4B

**June 4 – July 16**

(No Class: July 2)

Sun 9:05 a.m. – 9:35 a.m.  
640042-3C

Sun 10:50 a.m. – 11:20 a.m.  
640042-3D

**July 23 – August 27**

Sun 9:05 a.m. – 9:35 a.m.  
640042-4A

Sun 10:50 a.m. – 11:20 a.m.  
640042-4B

**5, 30-min. sessions at Warm Water Pool  
\$55 (R)/\$85 (NR)**

**June 6 – July 11**

(No Class: July 4)

Tue 5:00 p.m. – 5:30 p.m.  
640046-3C

**6, 30-min. sessions at Warm Water Pool  
\$65 (R)/\$100 (NR)**

**June 8 – July 13**

Thu 5:30 p.m. – 6:00 p.m.  
640046-3D

**July 18 – August 22**

Tue 5:00 p.m. – 5:30 p.m.  
640046-4A

**July 20 – August 24**

Thu 5:30 p.m. – 6:00 p.m.  
640046-4B

**7, 30-min. sessions at Warm Water Pool  
\$70 (R)/\$105 (NR)**

**July 5 – July 26**

Mon, Wed 5:00 p.m. – 5:30 p.m.  
640043-4A

**8, 30-min. sessions at Warm Water Pool  
\$80 (R)/\$120 (NR)**

**June 5 – June 28**

Mon, Wed 5:00 p.m. – 5:30 p.m.  
640043-3C

**July 31 – August 23**

Mon, Wed 5:00 p.m. – 5:30 p.m.  
640043-4B

**REGISTER TODAY  
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

**WEEKDAY SWIM  
CLASSES**

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

## Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

### 6, 30-min. sessions at Warm Water Pool

**\$70 (R)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 8:30 a.m. – 9:00 a.m.  
640050-3C

Sat 11:25 a.m. – 11:55 a.m.  
640050-3D

**July 22 – August 26**

Sat 8:30 a.m. – 9:00 a.m.  
640050-4A

Sat 11:25 a.m. – 11:55 a.m.  
640050-4B

**June 4 – July 16**

(No Class: July 2)

Sun 10:50 a.m. – 11:20 a.m.  
640052-3B

**July 23 – August 27**

Sun 10:50 a.m. – 11:20 a.m.  
640052-4A

### 5, 30-min. sessions at Warm Water Pool

**\$55 (R)/\$85 (NR)**

**June 6 – July 11**

(No Class: July 4)

Tue 5:30 p.m. – 6:00 p.m.  
640056-3B

### 6, 30-min. sessions at Warm Water Pool

**\$65 (R)/\$100 (NR)**

**July 18 – August 22**

Tue 5:30 p.m. – 6:00 p.m.  
640056-4A

## Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

### 6, 30-min. sessions at Lap Pool

**\$70 (R)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 9:05 a.m. – 9:35 a.m.  
640060-3B

**July 22 – August 26**

Sat 9:05 a.m. – 9:35 a.m.  
640060-4A

**June 4 – July 16**

(No Class: July 2)

Sun 10:15 a.m. – 10:45 a.m.  
640062-3B

**July 23 – August 27**

Sun 10:15 a.m. – 10:45 a.m.  
640062-4A

### 5, 30-min. sessions at Lap Pool

**\$55 (R)/\$85 (NR)**

**June 6 – July 11**

(No Class: July 4)

Tue 6:30 p.m. – 7:00 p.m.  
640066-3B

### 6, 30-min. sessions at Lap Pool

**\$65 (R)/\$100 (NR)**

**July 18 – August 22**

Tue 6:30 p.m. – 7:00 p.m.  
640066-4A

## Water Wonder

(4 – 7 years old)

Water Wonder provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke, and various safety topics.

### 6, 30-min. sessions at Lap Pool

**\$70 (R)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 9:40 a.m. – 10:10 a.m.  
640070-3B

**July 22 – August 26**

Sat 9:40 a.m. – 10:10 a.m.  
640070-4A

**FREE**

DEAP offerings are free for Reston residents and employees of Reston businesses.

**DEAP**

Drowning Education Awareness Program

## RCC/RA FREE PRESENTATIONS

RA and RCC offer two free land-based presentations targeted for different audiences and community civic groups. By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools.

### LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is a one-hour interactive presentation with fun activities designed to make water safety practices easy to learn.

### WATER SAFETY PRESENTATION

(18 years and older)

Enjoy a 90-minute presentation including a question and answer period focused on water safety training to keep families safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

# LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

## Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

### Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

### Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Swimming is the fourth most popular recreational sport in the United States, according to the Centers for Disease Control and Prevention (CDC), after walking, running and cycling. About 91 million Americans over the age of 16 swim in oceans, lakes and rivers each year, and about 36% of children 7 to 17 years old swim at least six times each year.

## 6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
<b>SWIM LEVEL 1</b>	6 – 12 years	No swimming skills required.
<b>SWIM LEVEL 2</b>	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
<b>SWIM LEVEL 3</b>	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
<b>SWIM LEVEL 4</b>	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute, and swim elementary backstroke for 15 yards.
<b>SWIM LEVEL 5</b>	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
<b>SWIM LEVEL 6</b>	6 – 12 years	Swim front crawl for 50 yards, then swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
<b>STROKE-N-TURN</b>	6 – 8 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.
<b>STROKE-N-TURN</b>	9 – 12 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.

## Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

### 6, 30-min. sessions at Warm Water Pool Free (R)/\$140 (NR), Registration Req.

**June 3 – July 15**

(No Class: July 1)

Sat 8:30 a.m. – 9:00 a.m.  
640310-3D

Sat 10:15 a.m. – 10:45 a.m.  
640310-3E

**July 22 – August 26**

Sat 8:30 a.m. – 9:00 a.m.  
640310-4A

Sat 10:15 a.m. – 10:45 a.m.  
640310-4B

**June 4 – July 16**

(No Class: July 2)

Sun 9:05 a.m. – 9:35 a.m.  
640312-3C

Sun 11:25 a.m. – 11:55 a.m.  
640312-3D

**July 23 – August 27**

Sun 9:05 a.m. – 9:35 a.m.  
640312-4A

Sun 11:25 a.m. – 11:55 a.m.  
640312-4B

### 5, 30-min. sessions at Warm Water Pool Free (R)/\$85 (NR), Registration Req.

**June 6 – July 11**

(No Class: July 4)

Tue 6:30 p.m. – 7:00 p.m.  
640316-3C

### 6, 30-min. sessions at Warm Water Pool Free (R)/\$100 (NR), Registration Req.

**June 8 – July 13**

Thu 5:00 p.m. – 5:30 p.m.  
640316-3D

**July 18 – August 22**

Tue 6:30 p.m. – 7:00 p.m.  
640316-4A

**July 20 – August 24**

Thu 5:00 p.m. – 5:30 p.m.  
640316-4B

### 7, 30-min. sessions at Warm Water Pool Free (R)/\$105 (NR), Registration Req.

**July 5 – July 26**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640313-4A

### 8, 30-min. sessions at Warm Water Pool Free (R)/\$120 (NR), Registration Req.

**June 5 – June 28**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640313-3C

**July 31 – August 23**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640313-4B

## Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and combined swim front for five strokes using arms, kicking, and breathing.

### 6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

**June 3 – July 15**

(No Class: July 1)

Sat 9:05 a.m. – 9:35 a.m.  
640320-3C

Sat 10:50 a.m. – 11:20 a.m.  
640320-3D

**July 22 – August 26**

Sat 9:05 a.m. – 9:35 a.m.  
640320-4A

Sat 10:50 a.m. – 11:20 a.m.  
640320-4B

**June 4 – July 16**

(No Class: July 2)

Sun 10:15 a.m. – 10:45 a.m.  
640322-3C

Sun 11:25 a.m. – 11:55 a.m.  
640322-3D

**July 23 – August 27**

Sun 10:15 a.m. – 10:45 a.m.  
640322-4A

Sun 11:25 a.m. – 11:55 a.m.  
640322-4B

### 5, 30-min. sessions at Warm Water Pool \$55 (R)/\$100 (NR)

**June 6 – July 11**

(No Class: July 4)

Tue 5:00 p.m. – 5:30 p.m.  
640326-3C

### 6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

**June 8 – July 13**

Thu 5:30 p.m. – 6:00 p.m.  
640326-3D

**July 18 – August 22**

Tue 5:00 p.m. – 5:30 p.m.  
640326-4A

**July 20 – August 24**

Thu 5:30 p.m. – 6:00 p.m.  
640326-4B

### 7, 30-min. sessions at Warm Water Pool \$70 (R)/\$105 (NR)

**July 5 – July 26**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640323-4A

### 8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

**June 5 – June 28**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640323-3C

**July 31 – August 23**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640323-4B



**Level 3**

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

**6, 30-min. sessions at Warm Water Pool  
\$70 (R)/\$140 (NR)****June 3 – July 15**

(No Class: July 1)

Sat 9:05 a.m. – 9:35 a.m.  
640330-3CSat 11:25 a.m. – 11:55 a.m.  
640330-3D**July 22 – August 26**Sat 9:05 a.m. – 9:35 a.m.  
640330-4ASat 11:25 a.m. – 11:55 a.m.  
640330-4B**June 4 – July 16**

(No Class: July 2)

Sun 9:40 a.m. – 10:10 a.m.  
640332-3B**July 23 – August 27**Sun 9:40 a.m. – 10:10 a.m.  
640332-4A**5, 30-min. sessions at Warm Water Pool  
\$55 (R)/\$85 (NR)****June 6 – July 11**

(No Class: July 4)

Tue 5:30 p.m. – 6:00 p.m.  
640336-3B**6, 30-min. sessions at Warm Water Pool  
\$65 (R)/\$100 (NR)****July 18 – August 22**Tue 5:30 p.m. – 6:00 p.m.  
640336-4A**7, 30-min. sessions at Warm Water Pool  
\$70 (R)/\$105 (NR)****July 5 – July 26**Mon, Wed 6:00 p.m. – 6:30 p.m.  
640333-4A**8, 30-min. sessions at Warm Water Pool  
\$80 (R)/\$120 (NR)****June 5 – June 28**Mon, Wed 6:00 p.m. – 6:30 p.m.  
640333-3C**July 31 – August 23**Mon, Wed 6:00 p.m. – 6:30 p.m.  
640333-4B**Level 4**

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for two minutes.

**6, 30-min. sessions at Lap Pool  
\$70 (R)/\$140 (NR)****June 3 – July 15**

(No Class: July 1)

Sat 9:40 a.m. – 10:10 a.m.  
640340-3B**July 22 – August 26**Sat 9:40 a.m. – 10:10 a.m.  
640340-4A**June 4 – July 16**

(No Class: July 2)

Sun 11:25 a.m. – 11:55 a.m.  
640342-3B**July 23 – August 27**Sun 11:25 a.m. – 11:55 a.m.  
640342-4A**5, 30-min. sessions at Lap Pool  
\$55 (R)/\$85 (NR)****June 6 – July 11**

(No Class: July 4)

Tue 6:00 p.m. – 6:30 p.m.  
640346-3B**6, 30-min. sessions at Lap Pool  
\$65 (R)/\$100 (NR)****July 18 – August 22**Tue 6:00 p.m. – 6:30 p.m.  
640346-4A**Level 5**

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

**6, 45-min. sessions at Lap Pool  
\$80 (R)/\$160 (NR)****June 3 – July 15**

(No Class: July 1)

Sat 10:15 a.m. – 11:00 a.m.  
640350-3B**July 22 – August 26**Sat 10:15 a.m. – 11:00 a.m.  
640350-4A**6, 45-min. sessions at Lap Pool  
\$70 (R)/\$105 (NR)****June 8 – July 13**Thu 6:00 p.m. – 6:45 p.m.  
640356-3B**July 20 – August 24**Thu 6:00 p.m. – 6:45 p.m.  
640356-4A**Level 6**

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front crawl back crawl, introduction to swim equipment (pull buoys and fins), and retrieving an object from eight feet deep.

**6, 45-min. sessions at Lap Pool  
\$80 (R)/\$160 (NR)****June 3 – July 15**

(No Class: July 1)

Sat 11:05 a.m. – 11:50 a.m.  
640360-3B**July 22 – August 26**Sat 11:05 a.m. – 11:50 a.m.  
640360-4A**7, 45-min. sessions at Lap Pool  
\$80 (R)/\$120 (NR)****July 5 – July 26**Mon, Wed 6:00 p.m. – 6:45 p.m.  
640363-4A**8, 45-min. sessions at Lap Pool  
\$90 (R)/\$135 (NR)****June 5 – June 28**Mon, Wed 6:00 p.m. – 6:45 p.m.  
640363-3C**July 31 – August 23**Mon, Wed 6:00 p.m. – 6:45 p.m.  
640363-4B



## 13 YEARS AND OLDER

### Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

**6, 30-min. sessions at Warm Water Pool**  
**\$70 (R)/\$56 (R55+)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 10:15 a.m. – 10:45 a.m.  
 640210-3B

**July 22 – August 26**

Sat 10:15 a.m. – 10:45 a.m.  
 640210-4A

**June 4 – July 16**

(No Class: July 2)

Sun 8:30 a.m. – 9:00 a.m.  
 640212-3B

**July 23 – August 27**

Sun 8:30 a.m. – 9:00 a.m.  
 640212-4A

**7, 30-min. sessions at Warm Water Pool**  
**\$70 (R)/\$56 (R55+)/\$105 (NR)**

**July 5 – July 26**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
 640213-4A

**8, 30-min. sessions at Warm Water Pool**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**June 5 – June 28**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
 640213-3C

**July 31 – August 23**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
 640213-4B

### Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

**6, 45-min. sessions at Lap Pool**  
**\$80 (R)/\$64 (R55+)/\$160 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 10:50 a.m. – 11:35 a.m.  
 640220-3B

**July 22 – August 26**

Sat 10:50 a.m. – 11:35 a.m.  
 640220-4A

**6, 45-min. sessions at Lap Pool**  
**\$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 8 – July 13**

Thu 6:00 p.m. – 6:45 p.m.  
 640226-3B

**July 20 – August 24**

Thu 6:00 p.m. – 6:45 p.m.  
 640226-4A



### Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

**6, 30-min. sessions at Warm Water Pool**  
**\$70 (R)/\$56 (R55+)/\$140 (NR)**

**June 3 – July 15**

(No Class: July 1)

Sat 10:50 a.m. – 11:20 a.m.  
 640190-3C

Sat 11:25 a.m. – 11:55 a.m.  
 640190-3D

**July 22 – August 26**

Sat 10:50 a.m. – 11:20 a.m.  
 640190-4A

Sat 11:25 a.m. – 11:55 a.m.  
 640190-4B

**VOLUNTEERS  
 NEEDED!**

See page 25 for more information.



## DAILY AEROBICS

These following classes now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons. Reservations for daily aerobics programming are free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each reserved class. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$5 (R)/\$10 (NR) per class. Fitness passes expire two years from the date of purchase. Patrons who need to cancel can now do so in myRCC.

### Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Instructor approval is required. Participants should consult a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 6 – August 24**

Tue, Thu 10:30 a.m. – 11:15 a.m.  
6C0160-4

### Aqua Barre

(18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 2 – August 25**

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.  
6C0110-4 Staff

### Aqua Blast

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 6 – August 24**

Tue, Thu 8:30 a.m. – 9:15 a.m.  
6C0060-4

Tue, Thu 9:30 a.m. – 10:15 a.m.  
6C0075-4



## Aqua Boot Camp

(18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 2 – August 25**

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.  
6C0080-4 Staff

## Aqua Burn

(18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 5 – August 23**

Mon, Wed 7:30 p.m. – 8:15 p.m.  
6C0140-4

## Aqua Mixer

(18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 5 – August 23**

Mon, Wed 5:30 p.m. – 6:15 p.m.  
6C0040-4 Staff

## Deep Water Mania

(18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 5 – August 23**

Mon, Wed 6:30 p.m. – 7:15 p.m.  
6C0150-4

## Tides in Motion

(18 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups and improving aerobic capacity, balance and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Reservation Req.**

**June 5 – August 25**

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.  
6C0010-4 Staff

## HEALTHY HEART

Regular participation in water aerobics or water exercise classes can help improve heart health and cardiovascular strength. The water's pressure acts as your friend in the pool and helps circulate the blood in your body more efficiently. As your heart continues beating and pumping away with less strain and pressure over time, you effectively lower your risk of heart disease. Water exercises have even been shown to help lower high blood pressures.

## UNDER LESS PRESSURE

Gravity isn't always our friend, especially when we workout. The high impact style of land workouts can be hard on our bodies, and tend to wear us out more easily. The natural buoyancy of water helps us to feel almost weightless during water exercises. And even reduces some of the impact our bodies and joints typically experience during more traditional workout styles.

Water exercises and other low impact styles of workouts are particularly ideal for people who suffer from joint pain, or other degenerative body conditions.

## TONE MUSCLES AND BURN CALORIES

Exercising in the water is a great way to burn calories and better tone your muscles. Because water is thicker than air, and thus more resistant, our bodies and muscles must work harder – ensuring more round and fuller workouts.



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# FUN AROUND TOWN

**Free • Registration Required • All Ages**  
**Fridays • 5:00 p.m. – 7:00 p.m.**

RCC brings recreation to your neighborhood. Activities include arts and crafts, games, music and more. This will be fun for the whole family. Children ages 10 and under must be accompanied by an adult. Registration required for all participants. Please note: In the event of inclement weather, activities will be canceled and will not be rescheduled.

**Friday, June 16 • 860001-4A**

Stonegate Village Community Center • 2244 B Stonewheel Drive

**Friday, June 30 • 860004-4A**

Westglade Club House • 2110 Westglade Court

**Friday, July 14 • 860006-4A**

Cathy Hudgins Community Center at Southgate •  
12125 Pinecrest Drive

**Friday, July 28 • 860005-4A**

Crescent Community Center • 1578 Cameron Crescent Drive

**Friday, August 4 • 860002-4A**

Cedar Ridge Neighborhood Center • 1601 Becontree Lane #1C

**Friday, August 11 • 860003-4A**

Island Walk Community Center • 1701 Torrey Pines Court



# SUMMER FAMILY Crafternoon

**Free • Registration Required • All Ages**  
**Tuesdays • 12:00 p.m. – 1:00 p.m.**

RCC offers fun and interactive crafts for the whole family to enjoy. Children ages 10 and under must be accompanied by an adult. Register in advance to assure a spot; if space is available, registration at the door can be done.

**Tuesday, June 27 • 86C100-4A**

Crescent Community Center  
1578 Cameron Crescent Drive #001

**Tuesday, July 11 • 86C100-4B**

Cedar Ridge Community Center  
1601 Becontree Lane

**Tuesday, July 18 • 86C100-4C**

Westglade Club House  
2110 Westglade Court

**Tuesday, July 25 • 86C100-4D**

Island Walk Community Center  
1701 Torrey Pines Court

**Tuesday, August 8 • 86C100-4E**

Stonegate Village Community Center  
2244 B Stonewheel Drive

*These programs are offered in support of the Reston Opportunity Neighborhood program and are sponsored by Reston Community Center.*

**For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.**



## CRAFTS

### Origami

(2 – 5 years old)

Children and parent will fold square papers five times to make a dog, cat, hat, or other item of their choice. This is a great bonding activity for parent/caregiver and their children. This program is not appropriate for children younger or older than the advertised age range. All parents/caregivers must participate fully in the activities. Participating children must be registered.

**1, 45-min. session at RCC Hunters Woods**  
**\$5 (R)/\$8 (NR)**

**July 15**

Sat 10:00 a.m. – 10:45 a.m.  
 901383-4A Nelson

### Painting on Tiles for Teens

(11 – 17 years old)

Learn how to use alcohol ink on tile to create colorful and original works of art.

**1, 2-hour session at RCC Hunters Woods**  
**\$40 (R)/\$60 (NR)**

**June 22**

Thu 6:30 p.m. – 8:30 p.m.  
 900260-3G Clark

## ENRICHMENT

### Math Tutoring Summer Refresher

(8 – 14 years old)

Start the next school year with confidence. Students in third through eighth grades can brush up, refresh or improve their math skills in multiplication and division, money, patterns, fractions, prime and composite numbers, order of operations, ratio and unit rates, fractions and decimal number sense, computation and estimation, measurement and geometry, probability and statistics, patterns functions and algebra. Free, registration is required.

**4, 90-min. sessions at RCC Hunters Woods**  
**Free, Registration Req.**

**July 26 – August 16**

Wed 4:30 p.m. – 6:00 p.m.  
 901466-4A Samet

## FITNESS/RCC CYCLES

### Learn to Bike – Youth

(6 – 12 years old)

This class is for children who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering skills and basic braking skills. Registration fee includes the rental of a bike and a Consumer Product Safety Commission (CPSC)-approved helmet. If the student would like to bring their own helmet, it must be CPSC approved. Students are asked to wear comfortable, weather-appropriate outerwear and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided.

**1, 2-hour session at 1886 Metro Center Dr.**  
**\$35 (R)/\$53 (NR)**

**June 25**

Sun 1:00 p.m. – 3:00 p.m.  
 306208-3F Westenhoff

**July 16**

Sun 1:00 p.m. – 3:00 p.m.  
 306208-4A Westenhoff

## TEENS/TWEENS

Youth ages 13 – 17 may be able to participate in offerings for 18 and older with permission from the program director. Please email or call for information about Leisure and Learning offerings (pages 47 – 58) that may be of interest to those ages.

Teens and tweens are encouraged to write to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) if they have a program suggestion or desire we can design for them.



## MEETUPS

### Cool Fun in the Summertime (2 – 5 years old)

Ice skating in the summer is a great way to keep cool while temperatures are soaring outside. Meet at SkateQuest, 1800 Michael Faraday Court, Reston, Va. For directions, call 703-709-1010. Join us for an afternoon of fun on the ice. Children should wear layered clothing. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 1.75-hour session at Skate Quest**  
**\$10 (R)/\$15 (NR)**

**August 15**

Tue 1:00 p.m. – 2:45 p.m.  
900202-4A Haneline

### Cool Off at Cold Stone (2 – 5 years old)

Cool off with a treat at Cold Stone Creamery, 13027 Worldgate Drive, Herndon, Va. For directions, call 703-481-6501. Participants will see how ice cream is made and combined with a variety of flavors. Each registered child will receive one scoop of their favorite flavor. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 60-min. session at Cold Stone Creamery**  
**\$10 (R)/\$15 (NR)**

**July 25**

Tue 2:00 p.m. – 3:00 p.m.  
900201-4A Haneline

## Let's Go to Kid Junction

(2 – 5 years old)

Visit the Toddler Town and the Interactive Village to climb, bounce and play. Kid Junction is located at 4090 Lafayette Center Drive, Chantilly, Va. For directions, call 703-222-5582. Children must wear socks to participate. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 2-hour session at Kids Junction**  
**\$5 (R)/\$8 (NR)**

**June 13**

Tue 10:00 a.m. – 12:00 p.m.  
900200-3A Haneline

## SOCIAL

### Tot Time

(Infant – 4 years old)

Kids love this play group and parents enjoy socializing with one another. Toys, games, books and music are provided. Parents/caregivers must fully participate in the activities. This program is not appropriate for children older than the advertised age range. Participating children must have a reservation.

**90-min. sessions at RCC Lake Anne**  
**Free, Registration Req.**

**June 5 – August 14**

(No Class: June 19, July 3)

Mon 9:30 a.m. – 11:00 a.m.  
902989-3C Ali

## YOUTH CLASSES

These programs are not appropriate for children younger or older than the advertised age range.



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# CRAFTS

## Blacksmithing Workshop – Beginner

(12 years and older)

Learn the history and uses of blacksmithing, as well as new skills, in this demonstration. The class includes how to use a propane forge, anvil, blacksmithing hammers, a vice, brushes and tongs, as well as finishing with a beeswax covering. A list of protective clothing and gear to be worn during class will be sent after registration. This workshop will be held outdoors.

**1, 3-hour session at RCC Hunters Woods \$60 (R)/\$48 (R55+)/\$90 (NR)**

**July 16**

Sun 1:00 p.m. – 4:00 p.m.  
903063-4A Crane

## Blacksmithing Workshop – Intermediate: Decorative Leaf

(12 years and older)

Improve basic blacksmithing skills by learning to forge a textured leaf from wrought iron. Learn how to use top tools, texturing techniques and how to add organic touches to steel. This workshop is for those with prior knowledge and experience of blacksmithing. A list of protective clothing and gear to be worn during class will be sent after registration. This workshop will be held outdoors.

**1, 3-hour session at RCC Hunters Woods \$100 (R)/\$80 (R55+)/\$150 (NR)**

**July 30**

Sun 1:00 p.m. – 4:00 p.m.  
900266-4A Crane

## Blacksmithing Workshop – Intermediate

(12 years and older)

This workshop is for those who have taken Blacksmithing Workshop previously or who have prior knowledge and experience of blacksmithing. Get a review of basics and learn more advanced techniques. A list of protective clothing and gear to be worn during class will be sent after registration. This workshop will be held outdoors.

**1, 3-hour session at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)**

**August 13**

Sun 1:00 p.m. – 4:00 p.m.  
900267-4A Crane

# CREATIVE CONNECTIONS

## Reston Plant Swap

(18 years and older)

Bring a pest-free houseplant (or two), potted or bare root, but in a container, to swap out with the community. Please don't bring invasives.

Learn different growing tips and techniques and share plant stories. Participants may also bring any plant supplies they wish to donate.

**1, 90-min. session at YMCA-Reston Free, Registration Req.**

**August 24**

Thu 6:00 p.m. – 7:30 p.m.  
862000-4A Staff

# DANCE

## Line Dancing with Scotty – Beginner

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for beginners. Please wear shoes that will slide on the wood floor and bring water to class.

**10, 60-min. sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 8 – August 10**

Thu 5:00 p.m. – 6:00 p.m.  
503532-3D Inman

## Line Dancing with Scotty – Intermediate

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.

**10, 60-min. sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 8 – August 10**

Thu 6:00 p.m. – 7:00 p.m.  
503623-3D Inman

## Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels convene to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini-lesson and door prizes add to the fun; partners are not required. Reservations for Sunday Afternoon Dances (held the second Sunday of the month, when available) are free, but patrons are required to purchase a Dance pass and swipe the pass prior to each class.

Dance passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC. For more information, please contact Cassie Lebron, Lifelong Learning Program Director, at 703-390-6157.

**2-hour sessions at RCC Hunters Woods Pass: \$5 (R)/\$10 (NR) Per Session Reservations Req.**

**June 11, July 9, August 13**

Sun 2:30 p.m. – 4:30 p.m.  
509609 Staff

LEISURE & LEARNING



## DISCUSSION

### Bookends

(18 years and older)

Participants engage in lively discussions of a variety of books. Please purchase the book or check it out from the library to participate in the discussions.

June 22 – *Faith Fox*, by Jane Gardam

July 27 – *The Personal Librarian*, by Marie Benedict

August 24 – *The Trees*, by Percival Everett

**90-min. sessions at RCC Lake Anne  
Free, Registration Req.**

**June 22, July 27, August 24**

Thu 12:30 p.m. – 2:00 p.m.  
5C0075-3C Staff

### Current Issues Discussion Group

(18 years and older)

Join this lively gathering and be prepared to debate politics and how government works or doesn't work on local, national and world levels. Newcomers are welcome and encouraged to attend. This program provides a streaming link for those who wish to attend virtually; the link will be provided.

**2-hour sessions at RCC Hunters Woods  
Free, Registration Req.**

**June 1 – June 15**

Thu 10:00 a.m. – 12:00 p.m.  
5C0080-3C Staff

**2-hour sessions at RCC Lake Anne  
Free, Registration Req.**

**June 22 – August 24**

Thu 10:00 a.m. – 12:00 p.m.  
5C0080-3D Staff

## ENRICHMENT

### Antioxidant-Filled Mocktails

(18 years and older)

Learn how to add antioxidants to alcohol-free "mocktails" by using kombucha and a variety of fruits and herbs for flavor and health.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**June 7**

Wed 2:00 p.m. – 3:00 p.m.  
541781-3A McGill

### Be Your Own Barista

(18 years and older)

Learn how to make some of your favorite coffeehouse favorites to get a morning boost while saving money.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**August 23**

Wed 2:00 p.m. – 3:00 p.m.  
541782-4A McGill

### College Financial Planning

(18 years and older)

Learn how to save for college, including details about 529 plans, Coverdell Education Savings Accounts, FAFSA and student loans. This class is for educational purposes only; there will be no solicitation or obligation of the attendees. This class will be virtual using the Microsoft Teams platform, all registered patrons will be sent the Teams link 24 hours prior to the class.

**1, 60-min. session online  
Free, Registration Req.**

**July 18**

Tue 5:00 p.m. – 6:00 p.m.  
541780-4A Malley

### Don't Be Scammed

(18 years and older)

Learn about trending scams such as unlicensed contractors, romance scams, grandparent scams and tips on how to protect yourself.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**June 6**

Tue 2:00 p.m. – 3:00 p.m.  
503509-3C Smarr

### Habitat for Humanity Home Repair Program

(18 years and older)

Habitat for Humanity partners with TruBlue Total House Care of Vienna to provide repairs to lower-income individuals ages 62 and older in Fairfax County and surrounding areas. Learn how this program can help local homeowners.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**August 21**

Mon 1:00 p.m. – 2:00 p.m.  
541783-4A Jansen

### Legal: Estate Planning Basics

(18 years and older)

Get a basic knowledge of estate plans, including advantages and disadvantages of different techniques (including joint ownership), using beneficiary designations, gifting, traditional

wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**June 9**

Fri 2:00 p.m. – 3:00 p.m.  
500809-3C Lambeth

### Settling a Decedent's Estate

(18 years and older)

An instructor will guide participants through all the steps of settling an estate as quickly and painlessly as possible. This class is for educational purposes only; there will be no solicitation or obligation of the attendees. This class will be virtual using the Microsoft Teams platform, all registered patrons will be sent the teams link 24 hours prior to the class.

**1, 60-min. session online  
Free, Registration Req.**

**July 25**

Tue 2:00 p.m. – 3:00 p.m.  
503507-4A Lambeth

### Ten Warning Signs of Alzheimer's

(18 years and older)

This program, presented by the Alzheimer's Association, provides an understanding of the difference between normal aging and when symptoms indicate a larger problem.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**July 19**

Wed 6:00 p.m. – 7:00 p.m.  
539748-4A Fagan

### The Power of Financial Planning

(18 years and older)

Learn how to practice productive financial behaviors, the value of setting goals and the components of a comprehensive financial plan. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**June 13**

Tue 5:00 p.m. – 6:00 p.m.  
541789-3A Malley



# FITNESS CARDIO & STRENGTH

## Cardio Strength

(18 years and older)

This class combines cardio, strength training, and core strengthening using a variety of equipment to work all major muscle groups. This class will involve mat work on the floor. Patrons are required to bring their own mat to class.

**9, 60-min. sessions at RCC Lake Anne**

**\$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 6 – August 8**

(No Class: July 4)

Tue 5:30 p.m. – 6:30 p.m.  
300150-3D Fletcher

## Fitness Fusion

(18 years and older)

Tone and firm the entire body while improving cardiovascular health, strength and flexibility. Wear fitness shoes and clothing and bring water. Participants must be able to use a mat on the floor. Patrons are required to bring their own mat to class.

**3, 50-min. sessions at RCC Lake Anne**

**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**June 5 – June 19**

Mon 10:30 a.m. – 11:20 a.m.  
300014-3K Miles

**June 7 – June 21**

Wed 10:30 a.m. – 11:20 a.m.  
300014-3L Miles

**6, 50-min. sessions at RCC Lake Anne**

**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**July 10 – August 21**

(No Class: August 7)

Mon 10:30 a.m. – 11:20 a.m.  
300014-4A Miles

**July 12 – August 23**

(No Class: August 9)

Wed 10:30 a.m. – 11:20 a.m.  
300014-4B Miles



## Mind-Body Fitness

(18 years and older)

This team-taught program, led by two personal trainers, provides customized and individual attention to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels welcome. Patrons are required to bring their own mat to class.

**3, 60-min. sessions at RCC Lake Anne**

**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**June 6 – June 20**

Tue 11:30 a.m. – 12:30 p.m.  
305840-3K Williams

**June 8 – June 22**

Thu 11:30 a.m. – 12:30 p.m.  
305840-3L Williams

**6, 60-min. sessions at RCC Lake Anne**

**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**July 11 – August 22**

(No Class: August 8)

Tue 11:30 a.m. – 12:30 p.m.  
305840-4A Williams

**July 13 – August 24**

(No Class: August 10)

Thu 11:30 a.m. – 12:30 p.m.  
305840-4B Williams

## Zumba Fitness

(18 years and older)

Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere. Enjoy this

fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

**8, 60-min. sessions at RCC Lake Anne**

**\$75 (R)/\$60 (R55+)/\$113 (NR)**

**June 5 – August 7**

(No Class: June 19, July 3)

Mon 6:30 p.m. – 7:30 p.m.  
302327-3G Ledesma

**June 15 – August 3**

Thu 6:00 p.m. – 7:00 p.m.  
302327-3H Kumar

## Zumba Toning

(18 years and older)

Zumba Toning combines targeted body sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or lightweight dumbbells to enhance rhythm and tone target areas that include arms, abs and thighs. New participants must attend first session of each class, which includes orientation on posture, alignment and form.

**8, 55-min. sessions at RCC Lake Anne**

**\$75 (R)/\$60 (R55+)/\$113 (NR)**

**June 5 – August 7**

(No Class: June 19, July 3)

Mon 5:30 p.m. – 6:25 p.m.  
302227-3D Ledesma

LEISURE & LEARNING

**REGISTER TODAY  
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

# FITNESS MOVEMENT & WELLNESS

## Aging with Power and Grace

(18 years and older)

This fun class will explore exercises designed to increase muscular strength, range of motion, and activities for daily living. Class can be performed standing or seated while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Participants are asked to wear supportive footwear.

**3, 60-min. sessions at RCC Lake Anne**

**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**June 5 – June 19**

Mon 11:30 a.m. – 12:30 p.m.  
300147-3K Williams

**June 7 – June 21**

Wed 11:30 a.m. – 12:30 p.m.  
300147-3L Williams

**6, 60-min. sessions at RCC Lake Anne**

**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**July 10 – August 21**

(No Class: August 7)

Mon 11:30 a.m. – 12:30 p.m.  
300147-4A Williams

**July 12 – August 23**

(No Class: August 9)

Wed 11:30 a.m. – 12:30 p.m.  
300147-4B Williams

## Beginning Tai Chi

(18 years and older)

This class emphasizes the physical discipline and structure of Tai Chi movements and provides the development of basic skills and techniques that lead toward an integration of the mind, body and spirit.

**8, 60-min. sessions at RCC Lake Anne**

**\$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 23 – August 11**

Fri 9:30 a.m. – 10:30 a.m.  
302305-3D Durham

## Bolly X

(18 years and older)

This is a fun, high intensity interval training workout inspired and driven by the energetic, foot-tapping beats of Bollywood.

**6, 45-min. sessions at RCC Lake Anne**

**\$45 (R)/\$36 (R55+)/\$68 (NR)**

**June 28 – August 2**

Wed 12:00 p.m. – 12:45 p.m.  
305045-3F Chaturvedi

**June 30 – August 4**

Fri 12:00 p.m. – 12:45 p.m.  
305045-3D Chaturvedi

## Essentrics

(18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine. Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

**10, 60-min. sessions at RCC Lake Anne**

**\$75 (R)/\$60 (R55+)/\$113 (NR)**

**June 6 – August 15**

(No Class: July 4)

Tue 10:15 a.m. – 11:15 a.m.  
305033-3M Avilov

Tue 6:45 p.m. – 7:45 p.m.  
305033-3N Fletcher

**June 8 – August 17**

(No Class: July 6)

Thu 10:15 a.m. – 11:15 a.m.  
305033-3O Avilov

**June 9 – August 18**

(No Class: July 7)

Fri 10:45 a.m. – 11:45 a.m.  
305033-3P Avilov

## Essentrics: Aging Backwards

(18 years and older)

This revolutionary approach to healthy aging is designed to restore movement in joints, increase muscle flexibility, relieve pain, and stimulate cells to increase energy, vibrancy and to fortify the immune system. This slow-paced, full-body workout was created by Miranda Esmonde-White, author of *The New York Times* bestseller *Aging Backwards*. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

**10, 60-min. sessions at RCC Lake Anne**

**\$75 (R)/\$60 (R55+)/\$113 (NR)**

**June 7 – August 16**

(No Class: July 5)

Wed 10:45 a.m. – 11:45 a.m.  
305034-3D Avilov

## Forever Fit

(18 years and older)

A low-intensity workout focusing on cardiovascular conditioning, strength training, flexibility and balance. A fun way to stay fit no matter what your age. This class uses hand weights, a small ball for core work and mat. Patrons are required to bring their own mat to class.

**8, 45-min. sessions at RCC Lake Anne**

**\$65 (R)/\$52 (R55+)/\$98 (NR)**

**June 27 – August 22**

(No Class: July 4)

Tue 9:15 a.m. – 10:00 a.m.  
305040-3E Briglia

**June 29 – August 17**

Thu 9:15 a.m. – 10:00 a.m.  
305040-3F Briglia

## Forever Fit Chair

(18 years and older)

Enjoy chair-based exercises focusing on strength, flexibility and balance. This class uses bands, hand weights and a small ball.

**8, 45-min. sessions at RCC Lake Anne**

**\$65 (R)/\$52 (R55+)/\$98 (NR)**

**June 27 – August 22**

(No Class: July 4)

Tue 10:15 a.m. – 11:00 a.m.  
305041-3E Briglia

## Joint-Friendly Fitness

(18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

**9, 60-min. sessions at RCC Lake Anne**

**\$75 (R)/\$60 (R55+)/\$113 (NR)**

**June 7 – August 9**

(No Class: July 5)

Wed 10:30 a.m. – 11:30 a.m.  
300129-3G Fletcher

**June 9 – August 11**

(No Class: July 7)

Fri 12:00 p.m. – 1:00 p.m.  
300129-3H Fletcher

# FITNESS YOGA

## Gentle Yoga

(18 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. This class incorporates standing poses as well as poses on the floor. Participants should be comfortable getting up and down from the floor. Patrons are required to bring their own mat to class.

**8, 75-min. sessions at RCC Lake Anne**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**June 13 – August 8**

(No Class: July 4)

Tue 10:15 a.m. – 11:30 a.m.  
304995-3D Sypula

**June 15 – August 10**

(No Class: July 6)

Thu 10:15 a.m. – 11:30 a.m.  
304995-3E Sypula

## Hatha Yoga I

(18 years and older)

The intention of this class is to create balance in the physical, mental and energetic bodies. Students will explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. The class is open to all levels. Patrons are required to bring their own mat to class.

**4, 60-min. sessions at RCC Lake Anne**  
**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**June 22 – July 13**

Thu 9:30 a.m. – 10:30 a.m.  
315001-3D Unger

## Hatha Yoga II

(18 years and older)

This class is a progression from Hatha Yoga I and will continue to explore creating balance in the physical, mental, and energetic bodies. In addition to foundational postures, this class will introduce some more challenging postures and sequences and focus on linking breath with movement to build strength, balance, awareness, and joy. Students should have prior knowledge or experience in Hatha Yoga. Patrons are required to bring their own mat to class.

**4, 60-min. sessions at RCC Lake Anne**  
**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**June 21 – July 12**

Wed 6:15 p.m. – 7:15 p.m.  
315002-3D Unger



## Mindful Hatha Yoga

(18 years and older)

Learn breathing exercises, stretching movements and relaxation, as well as how to use Hatha Yoga movements to work through stiff joints and muscles while developing strength and flexibility. Patrons are required to bring their own mat to class.

**8, 60-min. sessions at RCC Lake Anne**  
**\$65 (R)/\$52 (R55+)/\$98 (NR)**

**June 13 – August 8**

(No Class: July 4)

Tue 9:00 a.m. – 10:00 a.m.  
305055-3C Sypula

## Mindful Yoga with Sound Healing

(18 years and older)

This class will feature mindful (focused on body sensations in the present moment) yoga movements and the use of singing bowls that stimulate body energy centers. The soothing music from singing bowls is often associated with deep relaxation and is beneficial in enhancing spiritual practice. Students will learn yoga movements and corresponding breathing patterns designed to improve focus and concentration. The second half of the class utilizes the bowls and contains mindfulness meditation and final relaxation. Patrons are required to bring their own mat to class.

**8, 75-min. sessions at RCC Lake Anne**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**June 13 – August 8**

(No Class: July 4)

Tue 6:00 p.m. – 7:15 p.m.  
314760-3D Sypula

## Sound Bath Meditation

(18 years and older)

Sound bath is a meditation class that aims to guide students to a deeper state of consciousness with the use of ambient sounds. The instructor creates sounds and vibrations using crystal singing bowls, wind chimes and other instruments. This class is meant to help students feel relaxed, refreshed and balanced.

**4, 60-min. sessions at RCC Lake Anne**  
**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**June 25, July 9, July 23, August 6**

Sun 4:00 p.m. – 5:00 p.m.  
314761-3A Sypula

## Tao Yin Yoga

(18 years and older)

Tao Yin combines the powerful practice of yoga with the effortless flow of Qi Gong and is a series of dynamic breath-centered movements designed to energize and revitalize. This Tao Yin practice is a combination of floor work and gentle standing movements intended to emphasize building core and leg strength, balance and flexibility. Patrons are required to bring their own mat to class.

**8, 60-min. sessions at RCC Lake Anne**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**June 17 – August 1s**

(No Class: July 1)

Sat 11:45 p.m. – 12:45 p.m.  
304888-3D Okerson

## YOGA CONTINUED

### Vinyasa Flow Yoga

(18 years and older)

Vinyasa Yoga flows sequential movements from one posture to another, while coordinating the breath with each movement. Participants move from pose to pose with each held for several breaths. The class blends forward folds, twists, back bends, inversions and balancing poses. Vinyasa Yoga helps build muscle strength, stabilize the core, promote a healthy heart, improve mobility and flexibility, and calm the mind. Patrons are required to bring their own mat to class.

**8, 60-min. sessions at RCC Lake Anne**  
**\$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 22 – August 10**

Thu 6:15 p.m. – 7:15 p.m.  
 304722-3D Barazi

### Yin and Yang Yoga

(18 years and older)

Yin and Yang yoga combines yin yoga, a passive yoga practice focusing on deeper connective tissues and cooling energy, with yang yoga, an active practice focusing on muscles and warming energy. Combining Yin and Yang elements in this class provides a balanced practice and can have a powerful effect on energy levels. Patrons are required to bring their own mat to class.

**8, 60-min. sessions at RCC Lake Anne**  
**\$70 (R)/\$56 (R55+)/\$105 (NR)**

**June 22 – August 10**

Thu 5:00 p.m. – 6:00 p.m.  
 304701-3D Barazi

### YogaStretch for Healthy Aging

(18 years and older)

This class explores movement through a variety of seated and standing yoga and stretching poses. These movements are designed to help improve flexibility, range of motion, and balance throughout the body. All exercises and stretches can be performed seated or standing.

**8, 45-min. sessions at RCC Lake Anne**  
**\$65 (R)/\$52 (R55+)/\$98 (NR)**

**June 29 – August 17**

Thu 10:15 a.m. – 11:00 a.m.  
 305044-3C Briglia



### Yoga for Healthy Bones

(18 years and older)

This class is designed to help students increase bone strength and to improve balance. The class will utilize bands, dumbbells and weight-bearing movements to integrate concentric, eccentric, and isometric muscle engagement. Using dynamic movement and static holds help to increase strength, stability, safety, and efficacy. These practices can be done seated in a chair, standing, or lying on the mat.

**6, 60-min. sessions at RCC Lake Anne**  
**\$60 (R)/\$48 (R55+)/\$90 (NR)**

**July 8 – August 12**

Sat 10:30 a.m. – 11:30 a.m.  
 304890-4A Okerson

### Yoga for Strength and Stillness

(18 years and older)

The regular practice of yoga can reduce the risk of injury, make daily tasks easier to perform, improve balance, relieve pain, and allow for better movement and coordination. This class will use the foundations of Vinyasa yoga to create flowing poses through controlled breathing techniques and specific transitions from one pose to another. This class is a moving meditation designed to help students quiet their minds and strengthen their bodies.

**8, 60-min. sessions at RCC Lake Anne**  
**\$60 (R)/\$90 (NR)**

**June 12 – August 7**

(No class: July 3)  
 Mon 10:15 a.m. – 11:15 a.m.  
 305049-3B Stanton

## RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed in the shopping cart.

## PLEASE ARRIVE ON TIME

To ensure safety, participants must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

## FITNESS DAILY PASS

Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations for daily fitness programming are free, but patrons are required to purchase a Fitness pass and swipe the pass prior to each class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$2.75 (R)/\$5.50 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC.

### Boot Camp

(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Please purchase a renewable fitness pass and swipe it at the Customer Service Desk before each class begins. Patrons are required to bring a mat to class.

**60-min. sessions at RCC Lake Anne Pass, Reservations Req.**

**June 9 – August 18**

Fri 10:45 a.m. – 11:45 a.m.  
3C0010 Fletcher

### Cardio and Strength Intervals

(18 years and older)

Join us for an energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided.

**60-min. sessions at RCC Lake Anne Pass, Reservations Req**

**June 7 – August 16**

Wed 9:15 a.m. – 10:15 a.m.  
3C0095 Fletcher



### Walking Group

(18 years and older)

This group is designed to activate your day by engaging in a 60-minute walk on Reston's paths and at nearby parks and gardens. Refresh your day in the fresh air with a light stroll. Group will meet in different parts of Reston or slightly beyond Reston, such as Meadowlark Botanical Gardens in Vienna, to explore various locations. Program may be canceled in inclement weather.

**60-min. sessions at RCC Lake Anne Pass, Reservations Req**

**June 7 – August 16**

Wed 12:15 p.m. – 1:15 p.m.  
3C0085 Avilov

### Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

**60-min. sessions at RCC Lake Anne Pass, Reservations Req**

**June 7 – August 18**

Wed, Fri 9:30 a.m. – 10:30 a.m.  
3C0070 Avilov

### Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

**60-min. sessions at RCC Lake Anne Pass, Reservations Req**

**June 6 – August 15**

Tue 9:00 a.m. – 10:00 a.m.  
3C0080 Avilov



## LANGUAGE

### Japanese Culture Club

(18 years and older)

Participants should have some conversational knowledge of the Japanese language. New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month.

**2-hour sessions at RCC Hunters Woods**  
Free, Registration Req.

**June 17, July 15, August 19**

Sat 3:00 p.m. – 5:00 p.m.  
5C0070-3C Staff

## SOCIAL

### American Mah Jongg

(18 years and older)

American Mah Jongg is a fun, mentally stimulating game played with tiles rather than cards. This drop-in program is for players of all levels, from beginners to skilled.

**2.5-hour sessions at RCC Lake Anne**  
Free, Registration Req.

**June 7 – August 23**

Wed 1:15 p.m. – 3:45 p.m.  
509605-3D Staff

### Bridge Mondays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Monday. Bring lunch for a mid-day break.

**4-hour sessions at RCC Hunters Woods**  
Free, Registration Req.

**June 5 – August 21**

Mon 10:00 a.m. – 2:00 p.m.  
509603-3C Staff

### Bridge Tuesdays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Tuesday. Bring lunch for a mid-day break.

**3-hour sessions at RCC Lake Anne**  
Free, Registration Req.

**June 6 – August 22**

Tue 10:00 a.m. – 1:00 p.m.  
505551-3C Staff

### Chess Club

(13 years and older)

Join RCC's Chess Club to meet new partners and build skills. Participants of any skill level are welcome, but those under the age of 18 must be accompanied by a parent/caregiver at all times. If a parent/guardian is also playing, they must register.

**3-hour sessions at RCC Hunters Woods**  
Free, Registration Req.

**June 1 – June 29**

Thu 6:30 p.m. – 9:30 p.m.  
901354-3C Staff

**July 6 – August 17**

Thu 6:30 p.m. – 9:30 p.m.  
901354-4A Staff

## Coffee & Origami

(18 years and older)

Enjoy complimentary coffee and learn basic paper-folding skills to create origami shapes. Bring a friend or meet a new neighbor at this instructor-led program presented in partnership with Reston Opportunity Neighborhood. All supplies are included.

**90-min. sessions at various locations**  
Free, Registration Req.

**Cathy Hudgins Community Center at Southgate, 12125 Pinecrest Road**

**June 5**

Mon 11:00 a.m. – 12:30 p.m.  
86C200-4A Staff

**Cedar Ridge Community Center, 1601 Becontree Lane**

**June 12**

Mon 11:00 a.m. – 12:30 p.m.  
86C200-4B Staff

**Crescent Community Center, 1578 Cameron Crescent Drive #001**

**June 26**

Mon 11:00 a.m. – 12:30 p.m.  
86C200-4C Staff

## Ice Cream Social

(18 years and older)

Join us for an old-fashioned ice cream social and learn about upcoming trips, classes, and events offered by Reston Community Center and Cathy Hudgins Community Center at Southgate. Door prizes will be awarded. This social will be held at Cathy Hudgins Community Center at Southgate, 12125 Pinecrest Road, Reston, Va.

**1, 2-hour session at CHCC at Southgate**  
Free, Registration Req.

**August 28**

Mon 11:00 a.m. – 1:00 p.m.  
500516-4A Staff

Older adults who participated on a daily or weekly basis in social activity had a 40% reduced risk of developing dementia compared to those who didn't participate.

# TRIPS AND TOURS

## National Museum of African American History and Culture

(18 years and older)

Celebrate Juneteenth at the African American History Museum in Washington D.C. Trip includes transportation, admission and trip coordinator. Lunch is on your own.

9:00 a.m. Depart RCC Lake Anne

9:30 a.m. Depart RCC Hunters Woods

4:30 p.m. Estimated Return to Reston

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### 1, 7.5-hour trip

**\$50 (R)/\$40 (R55+)/\$75 (NR)**

**June 14**

Wed 9:00 a.m. – 4:30 p.m.  
501369-3A Staff

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## Joseph and the Amazing Technicolor Dreamcoat at Riverside Dinner Theater

(18 years and older)

This classic musical tells the biblical story of Joseph through lively and enchanting lyrics and music. Trip fee includes transportation, lunch and trip coordinators.

10:00 a.m. Depart RCC Lake Anne

10:30 a.m. Depart RCC Hunters Woods

5:30 p.m. Estimated Return to Reston

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### 1, 7.5-hour trip

**\$140 (R)/\$112 (R55+)/\$210 (NR)**

**June 28**

Wed 10:00 a.m. – 5:30 p.m.  
541786-3A Staff

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## The Lion King at The Kennedy Center

(6 years and older)

Enjoy Tony Award-winner Disney's *The Lion King* with its artistic puppetry, inventive staging and beloved music by Tony-winning artists Elton John and Tim Rice. Trip fee includes transportation, admission and trip coordinator.

12:00 p.m. Depart RCC Hunters Woods

5:30 p.m. Estimated return to Reston

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### 1, 5.5-hour trip

**\$130 (R)/\$104 (R55+)/\$195 (NR)**

**July 8**

Sat 12:00 p.m. – 5:30 p.m.  
541784-4A Staff

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## Butler's Orchard

(18 years and older)

Make a visit to Butler's Orchard, a family-run, 300-acre farm with more than 25 varieties of fruits, vegetables, flowers and trees. The Butler Bakery has fresh-baked fruit pies for purchase.

A guide will show participants how to pick their own blueberries and flowers. A boxed lunch will be provided to enjoy on one of the many picnic tables. Trip fee includes transportation, one pint of pick-your-own blueberries and a boxed lunch.

9:30 a.m. Depart RCC Hunters Woods

3:00 p.m. Estimated return to Reston

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### 1, 5.5-hour trip

**\$60 (R)/\$48 (R55+)/\$90 (NR)**

**July 14**

Fri 9:30 a.m. – 3:00 p.m.  
500358-4A Staff

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## Mount Hope Estate and Winery

(21 years and older)

With more than 200 years of history, Mount Hope Estate and winery located in Northern Lancaster County, Pa., has grown from a private residence to flourishing historic estate. Take a trip through history with a seeing, sniffing, swirling, sipping and savoring beverage experience. The tasting tour includes wine, beer, cider and a souvenir glass. Lunch will be provided after the tasting tour. Trip fee includes transportation, admission, lunch and trip coordinator.

9:30 a.m. Depart RCC Lake Anne

10:00 a.m. Depart RCC Hunters Woods

7:00 p.m. Estimated Return to Reston

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### 1, 9.5-hour trip

**\$120 (R)/\$96 (R55+)/\$180 (NR)**

**August 2**

Wed 9:30 a.m. – 7:00 p.m.  
541785-4A Staff

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## A Day at Rehoboth Beach

(5 years and older)

Spend the day relaxing on the beach, strolling along the boardwalk, shopping in town, riding bicycles or having fun at the arcade. No meals are provided, so feel free to pack a picnic or visit one of the many fine restaurants or food vendors. Fee includes transportation and a trip coordinator. Children under the age of 18 must be accompanied by an adult/guardian aged 21 or older. All participants must register.

7:00 a.m. Depart RCC Hunters Woods

9:00 p.m. Estimated return to Reston

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### 1, 14-hour trip

**\$65 (R)/\$52 (R55+)/\$97 (NR)**

**August 19**

Sat 7:00 a.m. – 9:00 p.m.  
500707-4A Staff

## GENERAL INFORMATION

Unless otherwise stated, luxury charter buses equipped with a lavatory will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

### Cancellations:

Please see our cancellation/refund policy here on page 61.

### Departure and Arrival:

Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

### Emergency Forms:

Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

### ADA Accommodations:

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

## VISUAL ARTS

### Acrylic Painting

(18 years and older)

Explore the acrylic medium in this beginner and intermediate class. A supply list will be provided prior to the first class.

**6, 2-hour sessions at RCC Lake Anne**  
**\$70 (R)/\$56 (R55+)/\$140 (NR)**

**June 12 – July 17**

Mon 4:00 p.m. – 6:00 p.m.  
 402421-3B Thiel

### Acrylic Painting Beginners

(18 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**  
**\$70 (R)/\$56 (R55+)/\$115 (NR)**

**June 6 – July 18**

(No Class: July 4)

Tue 7:00 p.m. – 9:30 p.m.  
 455011-3E Daniels

### Art Lab

(18 years and older)

Artists of all skill levels are invited to explore their creativity. This open studio class is the perfect time to complete projects that are left over from previous classes or work on personal projects.

**6, 3-hour sessions at RCC Lake Anne**  
**\$65 (R)/\$52 (R55+)/\$95 (NR)**

**June 16 – July 21**

Fri 6:00 p.m. – 9:00 p.m.  
 404213-3C Traynham

### Art Medium Survey

(18 years and older)

Here is a chance to explore the basics of art mediums before committing to an entire class. During this session, students will learn the basics of using acrylic paint, watercolor paint, and chalk and oil pastels. All materials will be provided.

**6, 3-hour sessions at RCC Lake Anne**  
**\$70 (R)/\$56 (R55+)/\$140 (NR)**

**June 6 – July 18**

(No Class: July 4)

Tue 4:00 p.m. – 6:00 p.m.  
 402758-4A Daniels

### Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and one open ceramic studio visit. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**  
**\$105 (R)/\$84 (R55+)/\$155 (NR)**

**June 13 – July 25**

(No Class: July 4)

Tue 10:00 a.m. – 12:30 p.m.  
 402665-3D Sternberg/Page

### Fused Glass

(18 years and older)

This class will cover the basics of glass fusing. Full use of manual and machine glass cutting and shaping tools will be made available. Glass, adhesives and bails are included for several projects. Students who own their own molds may create slumped pieces. All work will be fired offsite after the last class and will be available to be picked up at a later date. All supplies included in class fee.

**3, 3-hour sessions at RCC Hunters Woods**  
**\$165 (R)/\$132 (R55+)/\$285 (NR)**

**June 21 – July 5**

Wed 6:30 p.m. – 9:30 p.m.  
 405163-3C Damron

### Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**  
**\$105 (R)/\$84 (R55+)/\$155 (NR)**

**June 14 – July 19**

Wed 7:00 p.m. – 9:30 p.m.  
 402616-3D Staff





## Mosaic Art

(18 years and older)

Mosaics are one of the original art forms, and pieces can be made to last for centuries. Choose from among several exciting projects, from beginner through expert, or bring your own unique project (with instructor approval). Sufficient tools, supplies and materials are included in the class fee to complete one beginner or intermediate project.

**5, 3-hour sessions at RCC Hunters Woods**

**\$200(R)/\$160 (R55+)/\$325 (NR)**

**July 12 – August 16**

(No Class: August 2)

Wed 6:30 p.m. – 9:30 p.m.  
404040-4A Damron

## Sculpture Studio

(18 years and older)

Participants can use this session to work on self-guided projects. Instructor will be available for consultation and guidance. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**

**\$105 (R)/\$84 (R55+)/\$155 (NR)**

**June 12 – July 17**

Mon 10:00 a.m. – 12:30 p.m.  
402685-3B Sternberg

## Watercolor Studio

(18 years and older)

Join us for this watercolor studio concentrating on a variety of summer themes. A supply list will be provided prior to the first class

**6, 2-hour sessions at RCC Lake Anne**

**\$70 (R)/\$56 (R55+)/\$140 (NR)**

**June 8 – July 20**

(No Class: July 13)

Thu 4:00 p.m. – 6:00 p.m.  
402441-3A Ellor



## Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**

**\$105 (R)/\$84 (R55+)/\$155 (NR)**

**June 13 – July 25**

(No Class: July 4)

Tue 10:00 a.m. – 12:30 p.m.  
402639-3G Dwivedi

Tue 7:00 p.m. – 9:30 p.m.  
402639-3H Markum

## Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**

**\$105 (R)/\$84 (R55+)/\$155 (NR)**

**June 15 – July 20**

Thu 10:00 a.m. – 12:30 p.m.  
402462-3G Staff

Thu 7:00 p.m. – 9:30 p.m.  
402462-3H Stefanik

## Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginning to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**

**\$105 (R)/\$84 (R55+)/\$155 (NR)**

**June 12 – July 17**

Mon 7:00 p.m. – 9:30 p.m.  
404210-3G Alexander

**June 16 – July 21**

Fri 10:00 a.m. – 12:30 p.m.  
404210-3H Anderson

Open Ceramics Studio passes expire at the end of each session. Fall class passes expire December 31, Winter/Spring class passes expire May 31 and Summer class passes expire August 31.

# OPEN STUDIOS

## Open Ceramics Studios

(18 years and older)

The public is invited to use RCC's Ceramics Studio. The Open Ceramics Studio now requires reservations following purchase of a pass. Reservations are available on the 25th of each month for Reston residents for the next month. To reserve, sign into myRCC, purchase or use a pass and select the dates and studio in which you wish to participate. Reservations for the Open Ceramics Studio are free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each reserved visit. Passes may also be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from date of purchase. The pass fee includes firing and glazes. Clay cost is \$20-30 for 25 lbs.

### 4-hour sessions at RCC Lake Anne Pass, Reservation Req.

June 3 – August 19

Sat	1:00 p.m. – 5:00 p.m.
4C0030	Ceramics Studio
4C0035	3D Studio

June 7 – August 16

Wed	10:00 a.m. – 2:00 p.m.
4C0020	Ceramics Studio
4C0025	3D Studio

## Open Glass Studio

(18 years and older)

The public is invited to use RCC's Open Glass Studio. Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. The Open Glass Studio now requires reservations. Reservations are available on the 25th of each month for Reston residents for the next month. To reserve, sign into myRCC and select the dates you wish to attend. Reservations for the Open Glass Studio are free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each reserved visit. Glass Studio can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase.

### 4-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 4, June 18, July 2, July 16, August 6, August 20

1st and 3rd Sun	1:00 p.m. – 5:00 p.m.
4C0010	Damron

## Open Woodshop

(18 years and older)

The public is invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. The Open Woodshop now requires reservations. Reservations are available on the 25th of each month for Reston residents for the next month. To reserve, sign into myRCC and select the dates and times you wish to attend. Reservations for the Open Woodshop are free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each reserved visit. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available.

### 3.5-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 3 – August 26

Sat	9:00 a.m. – 12:30 p.m.
5C0030	Staff

Sat	1:00 p.m. – 4:30 p.m.
5C0050	Staff

June 6 – August 22

Tue	6:00 p.m. – 9:30 p.m.
5C0010	Staff



## RESERVATIONS

All participants are required to have a pass to access Ceramics, 3D, Glass Studios and Woodshop environments. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

## Administration

Leila Gordon	Executive Director
BeBe Nguyen	Deputy Director
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Harunor Rashid	Network Administrator
Pam Leary	Customer Relations Director
Fred Russo	Building Engineer
Sarah Alshamy	Web/Graphic Artist
Warren Bailey	Customer Service
Jan Bradshaw	Customer Service
Vincent Brown	Customer Service
Nicholas Burt	Customer Relations Assistant Director
Suzanne Connell	Personnel Specialist
Samantha Korkowski	Graphic Artist
James Rockett	Financial Specialist
Grazyna Siebor	Procurement Specialist

## Aquatics

Matthew McCall	Aquatics Director
Lexi Mack	Aquatics Operations Director
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Program Director
Samantha Stettner	Customer Service
TJ Wilson	Aquatics Operations Assistant

## Arts and Culture

Paul Douglas Michnewicz	Director of Arts and Culture
Mark Anduss	Technical Director
Cheri Danaher	Arts Education Director
Laura Moody	Assistant Technical Director
Gloria Morrow	Arts Education Assistant
Rhia Ovington	Box Office Assistant
William D. Parker	Box Office Manager

## Offsite and Collaboration

Maggie Parker	Offsite and Collaboration Director
Kaia Greene	Community Events Director
Mark Sevilla	Offsite Events Assistant
LaTanja Snelling	Equity Partnerships Director

## Leisure and Learning

Kevin Danaher	Leisure and Learning Director
Anya Avilov	Fitness and Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Kim Gollop-Pagani	Youth/Teen Program Assistant
Debbie Heron	Youth/Teen Program Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness and Wellness Program Director
Staff	RCC Rides Coordinator

## Facility Rentals and Operations

Brian Gannon	Facility Services Director
Mohammed Alhadi	Facility Team
Chris Brown	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Cristobal Rivera	Facility Team
Ken Wade	Facility Team
Cory Woods	Facility Team

STAFF

## THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

# COMMUNITY PARTNERS

Thank you to our Community Partners:

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Dance Place of Washington, DC
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fairfax NAACP
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Herndon Community Center
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- Jewish Community Center of Northern Virginia
- Lake Anne Plaza
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Shenandoah Conservatory
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA (formerly GRACE)
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

# HOW TO REGISTER

## Online Registration

Online registration opens at 9:00 a.m. on May 1.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com), click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

## In Person/Mail/Fax Registration

- All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA. 20191
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

# REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until May 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

# REGISTRATION POLICIES

## Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

## Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

## Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

## Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA or Discover. Cash payments cannot be accepted during Reston priority registration.

## Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

## Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

# CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

## Code of Conduct for Camp Participants

Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online.

# FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to reservation activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

# FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online.

# CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

# REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

# PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

# FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

## PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

## ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

## BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) for a current list of Board meetings.

### Monthly Meeting

Monday, June 5 8:00 p.m.

### Annual Public Hearing

Monday, June 26 6:30 p.m.

### Monthly Meeting

Monday, July 24 8:00 p.m.

Finance Committee meetings, when scheduled, occur on the third Monday of a month. Check RCC's website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC's Board of Governors may be directed to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov). All inquiries are answered within 48 business hours.

## RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.



## REGISTRATION DATES

### Summer Camp

February 1 Reston/February 8 Non-Reston

### Summer Programs

May 1 Reston/May 8 Non-Reston

### Fall Programs

August 1 Reston/August 8 Non-Reston

### Winter/Spring Programs

December 1 Reston/December 8 Non-Reston

# RESTON COMMUNITY CENTER

## Class/Trip/Camp/Volunteer/Pass Registration Form

**USE ONE FORM PER HOUSEHOLD (ONLY FAMILY MEMBERS RESIDING AT THE SAME ADDRESS) • PLEASE PRINT**

Adult Name	First		Last	
Home Address				
City		State		Zip
Phone	Home			Cell
Emergency Name				
New Address?		<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?
		<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?
		<input type="checkbox"/> Yes	<input type="checkbox"/> No	
If yes, provide business address				
E-Mail Address				

ACTIVITY NUMBER	PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	ACTIVITY NAME	REG. FEE
-					
-					
-					
-					
-					
-					
-					
-					
-					
-					
<i>Please attach an additional form if you need more space</i>					<b>TOTAL FEES: \$</b>

**PLEASE NOTE: Please do not make changes to this paragraph. Participation in RCC programs is contingent on all the following conditions.**

I recognize that there may be inherent risks in participating in programs and activities being offered by Reston Community Center ("RCC"), and I understand that RCC strongly recommends that any person participating in any such program or activity should be covered by insurance while participating in any such program. By my signature below, I agree to assume all of the risks and accept personal responsibility for any damages or medical expenses following any injury, permanent disability, or death that may result from my participation. By my signature below, I agree to waive any and all claims for liability against RCC, the Governing Board of RCC, the Board of Supervisors of Fairfax County, Fairfax County, their officers, employees, volunteers, and agents, and I agree to hold such entities and persons harmless from any and all property damage or injury, permanent disability, or death that may result from my participation. If I am registering a child, by my signature below, I represent that I am the parent/legal guardian of the child being enrolled and that I am making the representations stated above on behalf of that child. I also recognize that employees of RCC and/or the County may take and edit photographs and/or video tapes of RCC programs for either archival or public relations purposes. By my signature below, I acknowledge and agree that any such photographs and/or videos are the property of RCC and/or the County, that any such photos and/or videos may be used in the publications of RCC and/or the County without compensation to me, and that any such photos and/or videos may be subject to the Virginia Freedom of Information Act and other applicable laws. By my signature below, I acknowledge and agree to the RCC refund and cancellation policy.

**SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_**

Payment Information Only – No Other Information Below
DATE STAMP (RCC Staff)

CREDIT CARD INFORMATION	FORM OF PAYMENT
<b>CARD HOLDER'S NAME:</b> _____ <b>CHARGE:</b> <input type="checkbox"/> MASTERCARD <input type="checkbox"/> VISA <input type="checkbox"/> DISCOVER <b>EXP. DATE:</b> _____ <b>ACCOUNT #:</b> _____ <b>SIGNATURE:</b> _____ <small>Registration/Pass Refunds: Written request required. If received 14 days or more in advance: 20% processing fee for classes, work-shops; 50% for trips. Less than 14 days requires replacement registration to be approved (less applicable processing fee). Pass refunds pro-rated minus 20% processing fee. No refunds for fees under \$10.</small>	<input type="checkbox"/> CASH <input type="checkbox"/> MONEY ORDER  <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD <span style="margin-left: 150px;">(VISA/MC/DISCOVER)</span>  <input type="checkbox"/> OTHER _____





Acrylic Painting	56	Darden Purcell Jazz Fridays	10
Acrylic Painting Beginners	56	DEAP Drowning Education Awareness	35
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Adapted Aquatics Volunteers	25	Don't Be Scammed	48
A Day at Rehoboth Beach	55	Essentrics	50
Adult Beginner	39	Essentrics: Aging Backwards	50
Advanced Arthritis, Fibromyalgia and MS	40	Fab Fridays Concerts	11
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American Mah Jongg	54	Family Fun at Reston Town Square Park	12
Antioxidant-Filled Mocktails	48	Fitness Fusion	49
Aqua Barre	40	Forever Fit	50
Aqua Blast	40	Forever Fit Chair	50
Aqua Boot Camp	41	Fun Around Town	43
Aqua Burn	41	Fused Glass	56
Aqua Mixer	41	Gentle Yoga	51
Aqua Tots	33	Habitat for Humanity Home Repair Program	48
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Bolly X	50	Lap Pool – Lane 2	30
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Mindful Yoga with Sound Healing	51	Walking Group	53
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National Museum of African American History	55	Water Wonder	35
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Open Glass Studio	58	Wheel II	57
Open Woodshop	58	Yin and Yang Yoga	52
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Painting on Tiles for Teens	44	Yoga for Strength and Stillness	52
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The Power of Financial Planning	48		

# LOCATIONS AND HOURS OF OPERATION

## LOCATIONS

### RCC Hunters Woods – 2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage Theatre, Woodshop, Glass Studio and Meeting Rooms.

### RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

## PHONE NUMBERS

703-476-4500

703-476-8617 (Fax)

711 (TTY)

## HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.\*

Sunday 9:00 a.m. – 8:00 p.m.\*

\*Rental hours may vary. Contact the RCC Facility Services Department.



**Enriching Lives.  
Building Community.®**



# SUMMER HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Memorial Day	May 29	9:00 a.m. – 2:00 p.m.	CLOSED
Juneteenth	June 19	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.
Independence Day	July 4	9:00 a.m. – 2:00 p.m.	CLOSED
Labor Day	September 4	CLOSED	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

LIKE US ON FACEBOOK:

[facebook.com/HuntersWoodsNeighborhoodCoalition](https://facebook.com/HuntersWoodsNeighborhoodCoalition)



2310 Colts Neck Road  
Reston, Virginia 20191

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# 2023 Free Summer Concert Series



## Take a Break Concerts

Thursdays • June 1 – August 31 • 7:00 p.m. – 8:30 p.m. • Reston Station

## Darden Purcell Jazz Fridays

Fridays • May 26 – June 30 • 5:30 p.m. – 6:45 p.m. • Reston Town Square Park

## Summerbration Fab Fridays

Fridays • June 2 – September 1 • 7:00 p.m. – 8:30 p.m. • Reston Station

## Family Fun at Reston Town Square Park Entertainment Series

Saturdays • June 17 – August 5 • 10:00 a.m. – 10:45 a.m. • Reston Town Square Park

## Family Picnic Day

Saturdays • August 5 – August 19 • 4:00 p.m. – 6:00 p.m. • Location Varies

## Sunday Art in the Park

Sundays • June 11 – August 27 • 7:00 p.m. – 8:00 p.m. • Reston Town Square Park

SEE PAGES 9 – 14 FOR FULL LINEUPS OF THE CONCERT SERIES.