

Reston Community Center 2023 WINTER/SPRING PROGRAM GUIDE



WWW.RESTONCOMMUNITYCENTER.COM

Enriching Lives. Building Community.



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BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

The Winter/Spring Program Guide goes to press as the annual Preference Poll for Board of Governors membership concludes. I am delighted to welcome Shane Ziegler to our Board. Shane is a new resident of Reston and the co-founder of a new Reston organization, Reston Forward, that helps newcomers to our special community connect and engage. The RCC Board of Governors members are confident that Shane will offer terrific insight to how our programming can meet the needs of emerging neighborhoods along the Silver Line, as well as to how the people in these neighborhoods can get involved in Reston civic life.

On behalf of Shane, Paul Thomas and myself, I thank everyone who voted in the 2022 Preference Poll. We are delighted to serve you on the RCC Board – but even more, we are delighted to be of service to the people of Reston. We look to a future that is healing from the lingering effects of the COVID-19 pandemic and that we hope will offer new avenues for making meaningful connections to each other.

This publication arrives in your mailboxes in mid-November. My colleagues on the Board of Governors and I hope you and your family will be able to celebrate the coming holidays with more togetherness and freedom. None of us emerges from the past two years without loss. Mindful of our shared pain, we reach out to one another to hold and comfort, and recommit to building a better future.

Have a happy, healthy and peaceful holiday season; we hope you'll spend some time with RCC now and in the new year.

BOARD OF GOVERNORS



William G. Bouie



William Keefe



William Penniman



Lisa Sechrest-Ehrhardt



Richard Stillson



Paul D. Thomas



Shane M. Ziegler



Vicky Wingert



LEILA GORDON, EXECUTIVE DIRECTOR, RCC

Reston Community Center embarks on a new year filled with familiar programs that people may more confidently enjoy and new offerings to enrich, inspire and engage our patrons. We look forward to rolling out a new website in the coming weeks with a new, consolidated community events calendar that will host both RCC events and those of the many wonderful nonprofits and civic organizations in Reston.

Celebrated artist Ping Chong and his company will engage with our young people and others to capture the stories the past years of struggle have created. I hope anyone who wants to share their perspective will take part in their planned Story Circles. The classes in our Aquatics, Arts Education, Fitness and Wellness, Lifelong Learning, Youth/Teen program offerings are filling up again. The nearly endless variety of topics and formats means there is something for every member of your family.

Our new Offsite and Collaboration team is offering a growing number of events and programs throughout the community; taking part is an excellent way to meet your neighbors, learn something new or just enjoy a performance. If you want an RCC program in your neck of the woods, let us know.

During the season of giving that is ahead, take a moment to consider your own needs to reconnect or recharge your battery. There is little better for the soul than joining other people in discovery of something new, fun and invigorating. Giving back to the community similarly provides sustenance to the givers as much as to the receivers. Join your family and neighbors for a Dr. Martin Luther King Jr. Celebration that will encompass both service activities and inspiring moments.

It's all waiting for us in 2023; we look forward to spending this new year engaged with all of you.

RCC IS AN ACCREDITED PARKS AND RECREATION AGENCY!



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency's excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards as we serve our patrons.



ARTS AND CULTURE

Community Events	6 – 15
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CENTERSTAGE CINEMA

RCC Hunters Woods – the CenterStage • All Ages • FREE

Be swept away to imagined worlds as you watch these great films in the comfort of the CenterStage. For public health safety, food will not be served. Registration is required in advance or at the door and some health protocols may be in place.

For more information, please contact Paul Douglas Michnewicz, RCC's Director of Arts and Culture, at 703-390-6167.

Gifted

Monday, January 9, 10:00 a.m.

A single man's plans for a normal school life for his niece are foiled when the 7-year-old's mathematical abilities come to the attention of her grandmother, whose plans for her granddaughter threaten to separate them. Starring Chris Evans, Mckenna Grace and Octavia Spencer. Rated PG-13. **262022-3A**

Black Panther

Monday, February 6, 10:00 a.m.

T'Challa, heir to the hidden-but-advanced kingdom of Wakanda, must step forward to lead his people into a new future and confront a challenger from his country's past. Starring Chadwick Boseman, Michael B. Jordan and Lupita Nyong'o. Rated PG-13. **262023-3A**

The Greatest Showman

Monday, March 6, 10:00 a.m.

Celebrate the birth of show business and the story of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. Starring Hugh Jackman, Michelle Williams and Zac Efron. Rated PG. **262024-3A**

If Beale Street Could Talk

Monday, April 3, 10:00 a.m.

In 1970s Harlem, teen sweethearts Fonny and Tish are ripped apart when Fonny is wrongly arrested for the rape of a Puerto Rican woman because of the machinations of a racist cop. While seeking justice for Fonny, a pregnant Tish relies on her Harlem community. Rated R. **262025-3A**

Spider-Man: Into the Spider-Verse

Monday, May 1, 10:00 a.m.

Teen Miles Morales becomes the Spider-Man of his universe and must join with five spider-powered individuals from other dimensions to stop a threat to all their realities. Starring (voice) Shameik Moore, Jake Johnson, Hailee Steinfeld. Rated PG. **262026-3A**





Equity Matters: Moving Forward to Equal Justice

Join us in the CenterStage for a **FREE** film screening • **18 Years and Older**
Registration required in advance or at the door

Our Time Machine

Saturday, February 4, 3:00 p.m.

Directed by Yang Sun, S. Leo Chaing and Shuang Liang

Explore the life of 43-year-old Maleonn, one of China's most influential conceptual artists. His father, Ma Ke, was the artistic director of the Shanghai Chinese Opera Theater. When Ma Ke is diagnosed with Alzheimer's disease, Maleonn pours everything into an ambitious new theatre project: *Papa's Time Machine*, a visually stunning time-travel adventure told with human-sized puppets. In Chinese with English subtitles. In partnership with the Pozez Jewish Community Center of Northern Virginia and the ReelAbilities Film Festival.

261018-3A

The First Step

Tuesday, May 9, 7:30 p.m.

Directed and produced by Bruce and Lance Kramer

In a divided America, political commentator Van Jones controversially works across party lines on landmark criminal justice reform and a more humane response to the addiction crisis. Attempting to be a bridge builder in a time of extreme polarization takes Van and a coalition of unlikely allies deep into the inner workings of a divisive administration, internal debates within both parties, and the lives of frontline activists fighting for their communities. Stay after the film to have a lively conversation with the Kramer brothers. **261020-3A**

Recommended that young people under 16 be accompanied by an adult.



RCC Community Coffee

Saturdays

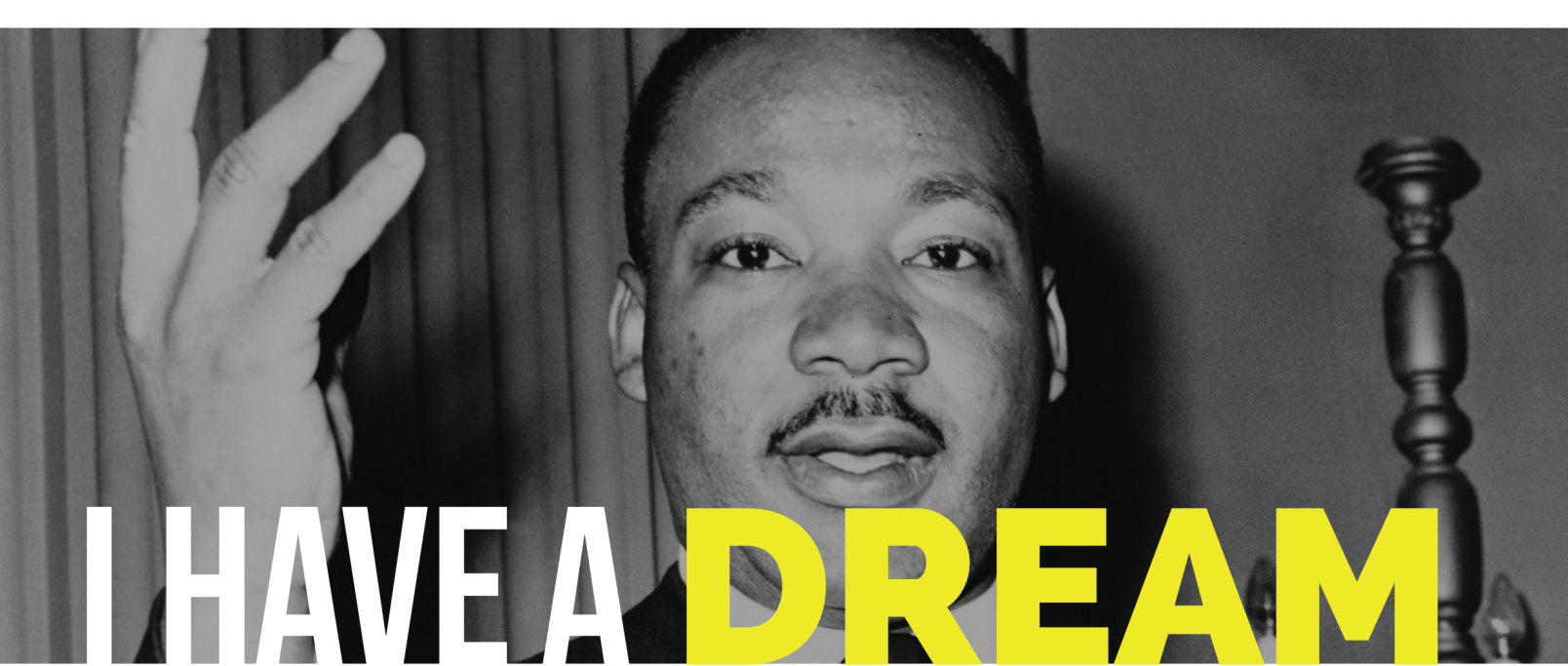
January 7 – May 27

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods

Free • All Ages

Enjoy complimentary food and beverages with casual conversation.



I HAVE A DREAM



RESTON DR. MARTIN LUTHER KING JR. BIRTHDAY CELEBRATION

Saturday, January 14

Community Service Projects

**9:00 a.m. • Cathy Hudgins Community Center at Southgate
12125 Pinecrest Road, Reston**

6 Years and Older • Free (Registration Required Through Reston Association)

Join friends and neighbors in honoring Dr. King’s legacy by serving your community. As Dr. King said, “Everybody can be great ... because anybody can serve.” RCC is partnering with the Cathy Hudgins Community Center at Southgate, Reston Association, Cornerstones and The Closet on community service projects. Indoor projects include sorting and organizing items from The Closet and making bag lunches for the Embry Rucker Community Shelter. There will also be outdoor projects such as cleaning up the natural areas, pathways and hardscapes, weather permitting. Volunteer hours conclude around 12:00 p.m. To volunteer, please contact Ha Brock, RA’s Volunteer Reston Manager at 703-435-7986 or Ha@reston.org.



Reston Community Orchestra

Annual Musical Tribute to Dr. Martin Luther King Jr.:

***Words and Music as Diverse as the
World of Which He Dreamed***

4:00 p.m. • RCC Hunters Woods Community Room

All Ages • Free (Tickets available through the CenterStage Box Office)

With music and words specifically chosen for this occasion, RCO joins the Reston community in a weekend commemoration of the contributions made by this celebrated American, and his vision of a society free of prejudice and racial division. The program features Reston vocalist Beverly Cosham, students from Al Fatih Academy and other special guests. There will be songs and spirituals known and loved by Dr. King. Tickets will be available through the RCC Box Office two weeks prior to performance.



Sunday, January 15

Mark G. Meadows: *Music and The Movement*

2:00 p.m. • RCC Hunters Woods – the CenterStage

\$15 Reston/\$20 Non-Reston (Tickets sold through the CenterStage Box Office)

Join Mark G. Meadows & The Movement as they pay tribute to Dr. Martin Luther King Jr. Meadows is a man on a mission to create a unifying sound that breaks through social barriers. There's something for everyone in his music, which harmonizes jazz, gospel, R&B, hip-hop and rock. Mark uses his artistry to send a positive message of love, joy and hope to his audiences. Get ready to lift every voice and sing with Mark G. Meadows & The Movement.



Monday, January 16

Keynote Address and Community Lunch

Featuring Heather McGhee

11:00 a.m. • RCC Hunters Woods • the CenterStage and Community Room

\$5 Reston/\$20 Non-Reston (Tickets sold through the CenterStage Box Office)

A renowned expert on the American economy, Heather McGhee is one of the most brilliant and influential thinkers exploring inequality today. Both her viral TED talk and her instant *New York Times* bestseller *The Sum of Us* reveal the devastating true cost of racism – not just for people of color, but for everyone. Deeply stirring, intelligent and compassionate, McGhee's talks offer us an actionable roadmap during one of the most critical – and most troubled – periods in history. Ticket holders attend a community lunch following the Keynote Address in the RCC Hunters Woods Community Room where local elected officials will offer reflections.



MLK Birthday Celebration Especially for Youth

10:30 a.m. – 1:30 p.m. • RCC Hunters Woods

6 – 12 Years Old • Free • Registration Required: #704750-3A

You may register your school-age child (first to sixth grade) to participate in activities at RCC. Children should be registered in advance. Limited onsite registration will be available on the day of the event, and all forms must be completed in their entirety. Children will rotate through a series of activities including a performance, an age-appropriate video, and arts and crafts. All activities will be based on the history of Dr. King and the Civil Rights Movement. Lunch will be provided.



Are We Keeping the Promise?



Reston Summer Camp Expo

Saturday, January 28

9:00 a.m. – 12:00 p.m.

RCC Hunters Woods

Free • All Ages • Registration Req. 880600-3A

Don't miss your chance to learn about Reston-area summer camps and out-of-school activities – all in one place! Bring the whole family for a fun and informative morning that will feature snacks, music, games, prizes and camp resources.

- **Child Identification and Fingerprinting:** Protect your child with fingerprinting and ID tools provided by the Office of the Fairfax County Sheriff.
- **Win Fantastic Door Prizes:** Door prizes include many fun items and a free week of camp.
- **Activities for the Kids:** Enjoy the "camp experience" with hands-on games and crafts.
- **Scholarships:** Discover the range of fee waiver and camp scholarship opportunities.
- **Summer Employment:** Find out about summer camp employment and volunteer opportunities.
- **Learn More:** Get info on registration dates, camp requirements, locations and fees, while meeting directors and staff teams.

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158 or LaTanja.Snelling@fairfaxcounty.gov.

AARP Tax-Aide

February 2 – April 11

Tuesdays, 9:00 a.m. – 2:00 p.m.

Thursdays, 4:30 p.m. – 8:30 p.m.

Saturdays, 9:00 a.m. – 3:00 p.m.

RCC Hunters Woods

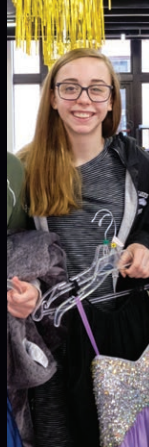
**Free • Ages 18 years and older
Appointment Required**

Beginning February 2

Pick up an intake packet at an RCC Customer Service Desk, fill out the packet at home, gather all tax documents and then request an appointment.

AARP's Tax-Aide program was created nearly 40 years ago to assist older adults as well as persons with low and middle incomes in successfully navigating the tax code. For years, RCC has offered community members this important program administered through the AARP Foundation with the cooperation of the Internal Revenue Service. All tax preparation is free and confidential.

Appointments may be requested by sending an email to: reston.taxaide@gmail.com, or by calling 571-293-2226 and leaving a voicemail. The email or voicemail should contain a return email address and/or phone number, and desired dates for an appointment. An AARP Tax-Aide volunteer will respond to set up and confirm an appointment and answer questions.



Diva
CENTRAL



Dress Drive • February 1 – 28

Drop off donations (circa 2018 or newer, in good condition and dry cleaned)
to RCC Lake Anne or RCC Hunters Woods:

**FORMAL DRESSES • SHOES • JEWELRY • SHAWLS
HANDBAGS • ACCESSORIES**

Donations are tax-deductible and may be dropped off at RCC Hunters Woods or RCC Lake Anne from 9:00 a.m. – 9:00 p.m., Monday – Saturday; 9:00 a.m. – 8:00 p.m. on Sundays. All donations are appreciated; however, we ask that donations are in good condition, no more than five years old (circa 2018) and dry cleaned before they are donated. If dry cleaning is not possible, please inform us at the time of drop-off. Dress donations will benefit students in Reston and other communities.

Shopping Event • March 25

11:00 a.m. – 3:00 p.m.

RCC Lake Anne, 1609-A Washington Plaza, Reston

FREE • 12 – 18 years old

Registration Required: 8C1008-3A

Diva Central is Reston Community Center’s annual prom and formal dress giveaway boutique event. This incredible one-day shopping opportunity is open to any current middle or high school student who needs a formal dress, shoes, jewelry and other accessories. Everything is absolutely FREE. Limit two dresses, one set of accessories and one pair of shoes per person. Please remember, dresses and accessories are only available to middle and high school students.

For more information, please contact LaTanja Snelling, RCC’s Equity Partnerships Director, at 703-390-6158 or LaTanja.Snelling@fairfaxcounty.gov.



Spring Flea Market

Saturday, March 4

9:00 a.m. – 12:00 p.m.

RCC Hunters Woods

Shopping Event

Free • All Ages • Registration Req. 8C0000-3A

The first day of spring is right around the corner, so this is the perfect time to get your spring cleaning underway. Searching for small appliances, books, jewelry, clothing, tools or toys? Take hidden gems home to enjoy rather than filling up the nearest landfill.

Vendor Registration

Ages 18 years and older

\$15 (R)/\$12 (R55+)/\$20 (NR) • 8C1000-3A

Do you have old toys and books cluttering your home? Recycle and make money! The event begins at 9:00 a.m.; vendors may arrive as early as 7:00 a.m. to set up booths. Please note that at-home businesses, edible items and live animals cannot be brought to or sold at the flea market. Requests for donations of any kind from any table vendor are strictly prohibited.

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158 or LaTanja.Snelling@fairfaxcounty.gov.

Founder's Day

Saturday, April 15

12:00 p.m. – 4:00 p.m.

Lake Anne Plaza

Free • All Ages • Rain or Shine

Celebrate the anniversary of Reston's founding with the Reston Museum. The event is open to the whole community. Enjoy a public art walk, performances, Reston Museum exhibits and family activities.

For more information, please contact the Reston Museum at www.restonmuseum.org or 703-709-7700.

MEET THE

Artists

Thursdays • 2:15 p.m. – 3:30 p.m.

Free • the CenterStage • All Ages

Registration is required in advance or at the door and some health protocols may be in place. Meet the Artists concerts will be in person only – they will no longer be livestreamed.

March 30

Beverly Cosham

Celebrated Washington-area cabaret singer Beverly Cosham will perform favorite songs from the Great American Songbook and other favorites.
271031-3A

April 6

Francesca Hurst

Pianist Francesca Hurst presents a solo recital of works by women composers Jennifer Margaret Barker and Faina Lushtak, along with commentary about the music.
271032-3A

April 13

Leo Sushansky and Michelle Lundy

Leo Sushansky (violin) and Michelle Lundy (harp) will perform an eclectic program of duets spanning many decades. The program will include the United States premiere of *Zizkov Suite* by Andrej Urban, a piece that portrays the city of Prague.
271033-3A

April 20

Vera Kochanowsky

Vera Kochanowsky, harpsichordist, plays Renaissance and early Baroque music on her Flemish virginal built in 1982 by Lynette Tsiang of Boston. It is a copy of a 1620 instrument by Jan Ruckers, now housed in the Boston Museum of Fine Arts.
271034-3A

April 27

Linda Monson and Her Piano Studio

Dr. Linda Apple Monson brings her gifted students from George Mason University to present a diverse program of classical piano repertoire.
271035-3A

May 4

Mark Irchai

Osher Lifelong Learning Institute and the CenterStage are favorite venues for Mark Irchai. He returns to share colorful classical works and variations for solo piano by Schubert, Farrenc and Poulenc.
271036-3A



Schedule subject to change. Please check our website for up-to-date information. These programs are a joint venture between Osher Lifelong Learning Institute at George Mason University and Reston Community Center. The Osher Lifelong Learning Institute (OLLI) at George Mason University offers daytime courses, lectures, special events and other activities year-round. There are no exams, no credits, no college degree required or offered and no age threshold for joining. Learn more online at olli.gmu.edu.

For more information, please contact Paul Douglas Michnewicz, RCC's Director of Arts and Culture, at 703-390-6167.



Green Reston

Saturday, April 15

10:00 a.m. – 12:00 p.m.

RCC Hunters Woods

Free • All Ages • Registration Req. 8C8050-3A

Join us on the plaza in front of RCC Hunters Woods for a fun and eco-friendly family event to mark Earth Day. Local organizations will be onsite to provide information on resources, programs and services. This year will feature two environmental presentations:

- Seed Savvy – understand different types of seeds and master how to choose trusted seed companies.
- Composting – learn about living compost and its benefits.

Families may also take part in the Green Reston event in their neighborhoods. Participate in the Green Reston scavenger hunt anytime between April 1 – 15. Explore nature and take pictures along the way. Use the hashtag #GreenReston in social media platforms (make sure your account is set to public viewing). Not on social media? Email pictures to LaTanja.Snelling@fairfaxcounty.gov. The family with the best picture will win a prize!

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158 or LaTanja.Snelling@fairfaxcounty.gov.

Spring Festival

Saturday, May 6

1:00 p.m. – 5:00 p.m.

Walker Nature Center

11450 Glade Drive, Reston, VA

Free • All Ages • Rain or Shine

Enjoy an afternoon of entertainment, activities, and booths from local environmental groups. See www.restonwebtrac.org for event updates. No registration required. Presented by Reston Association and Reston Community Center.

Find more information at www.reston.org.



Tephra Fine Arts Festival

Friday – Sunday, May 19 – May 21

11:00 a.m. – 6:00 p.m.

Reston Town Center

Free • All Ages • Rain or Shine

Join Tephra Institute of Contemporary Art (Tephra ICA) for the 32nd Annual Tephra ICA Arts Festival, formerly known as the Northern Virginia Fine Arts Festival. This special weekend brings hundreds of artists from around the country producing high quality, handcrafted, one-of-a-kind artwork to our neighborhood. Visitors to the Festival will also enjoy innovative performances and creative, family-friendly art activities.

This year's Festival will mark the 50th anniversary of Tephra Institute of Contemporary Art (Tephra ICA). The Tephra ICA Arts Festival is produced as a fundraiser for Tephra ICA and art sales directly benefit the participating artists. All other proceeds support Tephra ICA and its year-round exhibitions and educational programming.

FREE parking is available in all Reston Town Center garages for Festival weekend (Friday – Sunday) courtesy of Boston Properties. Reston Community Center is a proud sponsor of the Tephra ICA Festival.

For more information or to learn about volunteering, sponsoring, and other ways to get involved please visit www.tephraica.org/festival.

Reston Pride

Saturday, June 3

12:00 p.m. – 6:00 p.m.

Lake Anne Plaza

Free • All Ages • Rain or Shine

The sixth annual Reston Pride festival will feature performances from local musicians and artists supporting and celebrating the LGBTQIA+ community in the greater Reston area. Reston Pride is organized by members and friends of the Reston LGBTQIA+ community with support from Reston Community Center and other local organizations. This year's festival will feature an appearance by BETTY.

For more information, please contact Reston Pride at restonpride@corefoundation.org.

2022/2023 PROFESSIONAL TOURING ARTIST SERIES

I was intrigued by the evocative title *The Lost Art of Dreaming* for the performance choreographer Sean Dorsey is bringing to Reston in May. What does Sean mean by that? And as I began to reflect on its meaning, it occurred to me that the act of making art itself requires an idea or a dream of the future. All arts are aspirational, and that is one reason why we attend. We want to explore the dream of the artist, which helps us shape and create our own dreams.

Of course, Dr. Martin Luther King Jr. had a famous dream. Join us here at RCC to celebrate his birthday with an array of events and activities including community service projects, concerts, art exhibits, a performance by Mark G. Meadows and a keynote speech by author Heather McGhee (followed by a community luncheon).

Terri Lyne Carrington and Social Science boldly confront social justice issues. In honor of Women's History Month, Trio Sefardi will explore the Sephardic music written by women in the Ladino language. This draws from the rich heritage of Turkish, Balkan, Middle Eastern and North African traditions as passed down from National Heritage Fellow Flory Jagoda.

We are hosting theatre artist Ping Chong for a seven-month residency, which continues into 2023. The "Reston Speaks" project continues with Story Circles and an Evening with Ping Chong. The residency concludes with *Generation Rise: Reston*, which will involve local students expressing their thoughts on pandemic life. One of America's great theatre pioneers, Ping Chong will soon be retiring after a 50-year career. One of his final stops will be here at the CenterStage. We honor him and use his techniques to raise up the stories of Reston and continue Bob Simon's dream of a thriving community of citizen-artists.

By using scientific processes, Suzanne Simard has discovered something incredible, something that I would have thought to be ludicrous when I was younger. She has discovered that trees have a complex communication system and share resources. The very idea of this had a profound effect on filmmaker James Cameron in his movie *Avatar*. This scientific paradigm shift has changed how I think about and dream about trees.

And, of course Sean Dorsey was an early influencer in the LGBTQIA+ community. He dreamed of a time when transgender artists can explore their world to reveal universal truths and acceptance.

The art of dreaming has not been lost at Reston Community Center, that's for sure. Come dream with us.



A handwritten signature in white ink that reads "Paul D. Michnewicz".

Paul Douglas Michnewicz
Director of Arts and Culture



Lúnasa

With Guest Artist MALINDA

Saturday, December 17

3:00 p.m. and 7:00 p.m.

\$25 Reston/\$35 Non-Reston

Named for an ancient Celtic harvest festival in honor of the Irish god Lugh, patron of the arts, Lúnasa is a gathering of some of the top musical talents in Ireland. Its members have helped form the backbone of some of the greatest Irish groups of the decade.

Rising star MALINDA will open for these Irish music giants, delighting all with her effervescent voice and touching songwriting.

Mark G. Meadows

Music and the Movement

Sunday, January 15

2:00 p.m.

\$15 Reston/\$20 Non-Reston

Join Mark G. Meadows & The Movement as they pay tribute to Dr. Martin Luther King Jr. Mark G. Meadows is a man on a mission to create a unifying sound that breaks through social barriers. There's something for everyone in his music, which harmonizes jazz, gospel, R&B, hip-hop and rock. Mark uses his artistry to send a positive message of love, joy and hope to his audiences. Get ready to lift every voice and sing with Mark G. Meadows & The Movement.

Reston Dr. Martin Luther King Jr. Birthday Celebration
Keynote Address and
Community Lunch

Heather McGhee

Monday, January 16

11:00 a.m.

\$5 Reston/\$20 Non-Reston

A renowned expert on the American economy, Heather McGhee is one of the most brilliant and influential thinkers exploring inequality today. Both her viral TED talk and her instant *New York Times* bestseller *The Sum of Us* reveal the devastating true cost of racism – not just for people of color, but for everyone. Deeply stirring, intelligent, and compassionate, McGhee's talks offer us an actionable roadmap during one of the most critical – and most troubled – periods in history.

Recommended that children under 16 be accompanied by an adult.

Photo Credit: Michael Goldman



Terri Lyne Carrington

Wednesday, February 15

8:00 p.m.

\$15 Reston/\$20 Non-Reston

Grammy Award-winning drummer, producer, educator, activist and Doris Duke Award recipient Terri Lyne Carrington debuts her new band, Social Science, to boldly confront social justice issues with the eclectic collaborative double album, *Waiting Game*, released in 2019. Galvanized by seismic changes in the ever-evolving social and political landscape, Terri Lyne Carrington and Social Science confront a wide spectrum of issues.

Recommended that children under 16 be accompanied by an adult.

Photo Credit: Adam Nadel



Trio Sefardi

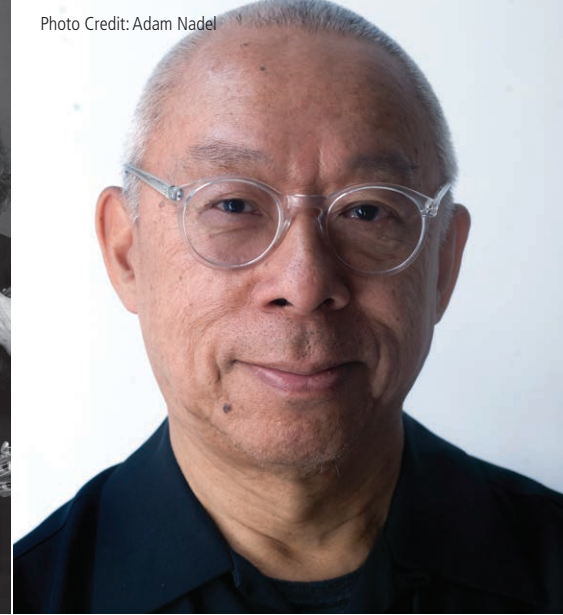
*Songs of Love & Loss,
Heartbreak & Hope:
Women in Sephardic Song*

Sunday, March 5

3:00 p.m.

\$15 Reston/\$20 Non-Reston

In honor of Women’s History Month, musicians Howard Bass, Tina Chancey and Susan Gaeta perform a collection of beautiful Sephardic music drawn from the rich heritage of Turkish, Balkan, Middle Eastern and North African traditions. *The Washington Post* music critic Anne Midgette praised a performance by the trio at the Kennedy Center as “lovely and luminous.”



An Evening with Ping Chong

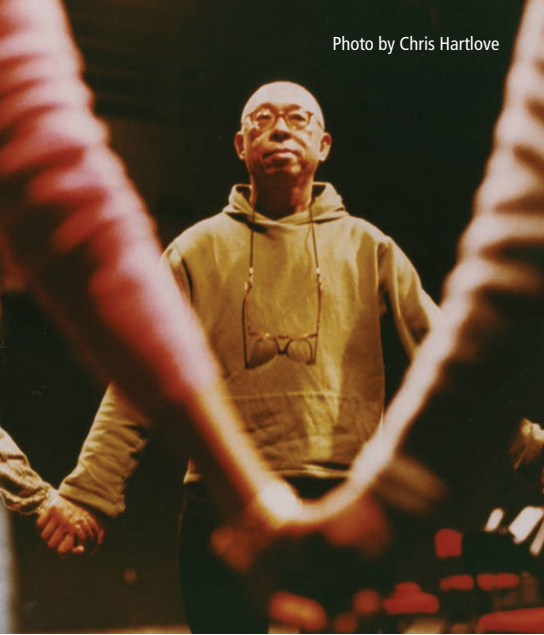
Wednesday, March 15

8:00 p.m.

\$15 Reston/\$20 Non-Reston

Theatre artist and National Medal of Arts recipient Ping Chong will join Reston Community Center for a conversation about theatre and social transformation. Chong will share his visually astonishing and socially compelling body of work – ranging from puppet theatre to large-scale, multidisciplinary projects to community-based programs – that have been presented at some of the most illustrious venues around the globe. Chong will lead a discussion of the evolution of his theatre work in relationship to changes in contemporary arts and culture over the past 50 years.

Recommended that children under 16 be accompanied by an adult.



Generation Rise: Reston

**Friday, March 24
Saturday, March 25**

8:00 p.m.

\$10 Reston/\$15 Non-Reston

Acclaimed New York theatre group Ping Chong and Company partner with Reston Community Center and local theatre artist Tuyet Pham to create a remarkable performance with a group of local teens; they will be making the piece using their reflections on the challenges and joys of growing up in Reston during a time of pandemic and global upheaval. *Generation Rise: Reston* is the culminating work of the Ping Chong/Tuyet Pham artist residency.

Reduced Shakespeare Company The Complete History of Comedy (abridged)

Written and Directed by Reed Martin and Austin Tichenor

Saturday, April 1

3:00 p.m. and 8:00 p.m.

\$25 Reston/\$35 Non-Reston

They've skewered history, the Bible and the world's most celebrated playwright. Now, the Reduced Shakespeare Company tackles the subject it was born to reduce. From the highbrow to the low, *The Complete History of Comedy (abridged)* covers comedy through the ages, from Aristophanes and Shakespeare and Moliere (is Moliere funny? Why not?) to Vaudeville and Charlie Chaplin to *The Daily Show* and Anthony Weiner.

Contains occasional bawdy language and mild innuendo.

Mr. Vaudeville and Friends Present It's Vaudeville!

Saturday, April 8

3:00 p.m.

\$5 Reston/\$10 Non-Reston

Once again, Buddy Silver, the self-proclaimed Mr. Vaudeville, finds himself in a predicament of theatrical confusion. Buddy has arrived at the CenterStage Motion Picture and Vaudeville House to host a vaudeville show that was to take place after the viewing of a film. When the film breaks, they call on Buddy to fill the gap. But he's the only one there. The acts he had lined up weren't due to arrive until later. What does he do? What can he do? The show must go on! After all, he's Mr. Vaudeville! He'll just have to do it all by himself ... that is, unless he can get a little help from the audience. It's fun for the whole family in this hilarious afternoon of magic, mayhem and classic vaudeville comedy.



Photo by Brendan Ko



Photo by Shawna Virago



Photo by Erin Schall

Suzanne Simard

Author of
Finding the Mother Tree

Saturday, April 15

8:00 p.m.

\$15 Reston/\$20 Non-Reston

Suzanne Simard is a pioneer on the frontier of plant communication and intelligence, and has been hailed as a scientist who conveys complex, technical ideas in a way that is dazzling and profound. Her work has influenced filmmakers (the Tree of Souls in James Cameron's *Avatar*), and her TED talks have been viewed by more than 10 million people worldwide.

The Lost Art of Dreaming

Choreographed by Sean Dorsey

Wednesday, May 17

8:00 p.m.

\$15 Reston/\$20 Non-Reston

San Francisco's Sean Dorsey Dance returns to Reston with *The Lost Art of Dreaming*, which invites audiences into expansive thinking and dreaming about our futures ... at a time when we need it most. What does it feel like to reconnect with our deepest dreams? How do you imagine a future in a world that doesn't expect you to even have one? Full-throttle dance and intimate storytelling from a thought-provoking transgender choreographer come together in the company's powerful, moving, signature dance-theatre.

Recommended that children under 16 be accompanied by an adult.

BETTY

Indie Pop Trio

Saturday, June 3

8:00 p.m.

\$15 Reston/\$20 Non-Reston

The indie pop trio BETTY, Alyson Palmer (vocals, bass, guitar) and sisters Elizabeth Ziff (vocals, guitar, electronic programming) and Amy Ziff (vocals and cello), use beguiling melodies, compelling lyrics and signature harmonies to create legendary live shows that mix music, performance art, politics and comedy. BETTY sings of joy, love, longing, sex, food, heartbreak and the universal hilarity of human existence. More than a band, BETTY uses music to channel their passion for fairness and equality. From the beginning, they've lent their voices to causes they champion, their talent in collaboration with other artists of every medium, and their time in support of women and girls worldwide.

Recommended that children under 16 be accompanied by an adult.

CENTERSTAGE BOX OFFICE INFORMATION

Online: www.restoncommunitycenter.com

Available until one hour before a performance and requires payment of a processing fee.

By Mail: **Return a Ticket Order Form to RCC Box Office**

2310 Colts Neck Road, Reston, VA 20191

In Person: **Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.**
Saturday: 1:00 p.m. – 5:00 p.m., and two hours before any ticketed performance.

Phone: **703-476-4500, Press '3' • TTY 711**

Please provide the following information when you call:

- Your name with the correct spelling as it appears on your Visa, MasterCard or Discover credit card;
- The best telephone number for us to return your call;
- The performance title, date and curtain time you wish to attend;
- The number of tickets you wish to order and whether they are Reston, Non-Reston;
- Your Visa, MasterCard or Discover credit card number, its expiration date and the security code (no American Express please);
- The billing address of your credit card including zip code;
- Your email address so that we may send a confirmation as well as your e-tickets to you.

Fax: **Fax Ticket Order Form to 703-476-2488**

BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled. For online ticket sales, per-ticket fees are refunded, but per-order fees are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at the time of the sale. E-tickets may be printed at home or shown on your mobile device to be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.
- No COVID-19 restrictions on the capacity of the CenterStage were in place at the time this was created. Should that change, patrons are required to abide by whatever health protocols are required.

Tickets for the Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online.

DIRECTIONS:

The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/2 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

Left on Baron Cameron Ave (Route 606)
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/2 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28
Take Dulles Toll Rd East
Take Exit 12 onto Reston Parkway
Right on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Rd
Go 1/2 mile and turn left into Hunters Woods Village Center

PERFORMING ARTS

GroundShare Arts Alliance

www.groundsharearts.com
703-593-4384

GroundShare Arts Alliance provides dancers of all ages the opportunity to train and perform together. This multi-generational company explores the artistic process while building community and collaborating through dance. Every spring, GroundShare presents an original production of dance theatre developed from the work of students and teaching artists. Where dance meets storytelling, GroundShare's spring concert explores timely themes and artistic investigations.

Spring Concert

Friday, June 9

7:30 p.m.

Saturday, June 10

3:00 p.m.

RCC Hunters Woods – the CenterStage

Tickets: Pricing information available at the CenterStage Box Office by June 1.

Ravel Dance Studio

www.raveldance.com
703-437-9664

Founded in 1990, the Ravel Dance Company was formed to give young dancers an opportunity to perform original works of dance in a variety of dance genres so they may be better prepared to enter the professional world of dance or to gain acceptance to a university dance program. The Ravel Dance School educates young dancers through high school in classical ballet and pointe while offering additional opportunities to perform. Through an audition process, a dancer may be eligible to perform new and innovative works with the Ravel Dance Company.

Swan Lake and Hooray for Hollywood

Friday, May 26

7:30 p.m.

Saturday, May 27

2:00 p.m.

RCC Hunters Woods – the CenterStage

Tickets: \$25 all ages. Available at the CenterStage Box Office in early May.

Reston Community Orchestra

www.restoncommunityorchestra.org

RCO is an all-volunteer ensemble devoted to the cultural enhancement of the community through the presentation of diverse offerings of symphonic music, from classical to pops. Maestro Dingwall Fleary, known for his orchestra-building skills and exceptional musicianship, has served as music director and conductor of the ensemble since 1996. The RCO pledges to provide "Great Music for a Great Community!"

Annual Musical Tribute to

Dr. Martin Luther King Jr.:

Words and Music as Diverse as the World of Which He Dreamed

With music and words specifically chosen for this occasion, RCO joins the Reston community in a weekend commemoration of the contributions made by this celebrated American, and his vision of a society free of prejudice and racial division. The program features Reston vocalist Beverly Cosham, students from Al Fatih Academy and other special guests. There will be songs and spirituals known and loved by Dr. King.

Saturday, January 14

4:00 p.m.

RCC Hunters Woods – Community Room

Free – All Ages – Tickets will be available through the CenterStage Box Office two weeks prior to performance.

NVTMA Woodwind Winner

Sunday, March 11

4:00 p.m.

RCC Hunters Woods – Community Room

Tickets: \$25 Adults, \$18 Seniors (60 and older), Free for Youth (17 and younger), Free for Active Military/First Responder.

Grieg Piano Concerto

Sunday, May 21

4:00 p.m.

RCC Hunters Woods – Community Room

Tickets: \$25 Adults, \$18 Seniors (60 and older), Free for Youth (17 and younger), Free for Active Military/First Responder.

The Reston Community Orchestra is supported in part by ArtsFairfax and the Virginia Commission for the Arts.

Reston Community Players

www.restonplayers.org
703-435-2707

Reston Community Players (RCP) continue their tradition of artistic excellence with touching, funny, and timeless productions. RCP has been delighting audiences since 1966. Be sure you get in on the fun.

Boeing Boeing

By Marc Camoletti

Translated by Beverley Cross and Francis Evans

Directed by Adam Konowe

Fridays, January 20, 27

8:00 p.m.

Saturdays, January 21, 28

8:00 p.m.

Sundays, January 22, 29

2:00 p.m.

RCC Hunters Woods – the CenterStage

Tickets: \$30 Adults, \$25 Seniors (65 and older) and \$25 Students (18 and younger).

Tickets are available online at

www.restonplayers.org.

Stop Kiss

By Diana Sun

Directed by Kimberly Leone

Fridays, March 3, 10

8:00 p.m.

Saturdays, March 4, 11

8:00 p.m.

Saturday, March 4

2:00 p.m.

Sunday, March 12

2:00 p.m.

RCC Hunters Woods – the CenterStage

Tickets: \$30 Adults, \$25 Seniors (65 and older) and \$25 Students (18 and younger).

Tickets are available online at

www.restonplayers.org.

Cabaret

Music by John Kander

Lyrics by Fred Ebb

Book by Joe Masteroff

Based on the play by John Van Druten and stories by Christopher Isherwood

Directed by Duane Monahan

Fridays, April 28, May 5, 12

8:00 pm

Saturdays, April 29, May 6, 13

8:00 p.m.

Sundays, May 7, 14

2:00 p.m.

RCC Hunters Woods – the CenterStage

Tickets: \$30 Adults, \$25 Seniors (65 and older) and \$25 Students (18 and younger).

Tickets are available online at

www.restonplayers.org.

RCP is supported in part by ArtsFairfax.

Fairfax Loudoun Music Fellowship Fall

www.FLMF.org

Fairfax-Loudoun Music Fellowship offers membership to private music teachers looking for a non-competitive, friendly and enriching community. They meet monthly, organize recitals for students at the CenterStage and hold an annual ensemble festival in which students play together on six grand pianos under the baton of a conductor. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals.

Spring Recital

Sunday, April 30

1:00 p.m. – 5:00 p.m.

RCC Hunters Woods – the CenterStage

Tickets: Free

The Reston Chorale

703-834-0079

www.restonchorale.org

Don't miss a moment of the music being made this year by The Reston Chorale. Join your friends and neighbors, bring the family and savor the musical feast.

L'chaim, To Life!

Expressing the joys, sorrows, and hope of life, The Reston Chorale presents a concert of works by Jewish composers, including Leonard Bernstein's *Chichester Psalms*, described as "a musical depiction of the composer's hope for brotherhood and peace!"

Date, location and ticket information to be announced in January 2023 at www.restonchorale.org.

Be the Light

In the uplifting conclusion to The Reston Chorale's 2022 – 23 concert series, *Be the Light* reflects our ability to overcome darkness, create change and make a difference.

Saturday, May 6

4:00 p.m. and 7:00 p.m.

RCC Hunters Woods – Community Room

Tickets: \$30 Adults, \$25 Seniors (62 and older). Free for active-duty military and for youth* (17 and younger) with a ticketed adult. Tickets are available at the CenterStage Box Office.

A Star-Spangled Salute

Bring a lawn chair and join The Reston Chorale and Brass of the Potomac for a free, patriotic concert honoring those who serve and remembering those who made the ultimate sacrifice. You can also show your support for our troops by sharing care package items for those deployed overseas.

Saturday, May 27

Time TBA

Tickets: Free

Time and location to be announced in April 2023, at www.restonchorale.org.

Gardens of Note

Explore a selection of Reston's beautiful private gardens and enjoy musical entertainment provided by members and friends of The Reston Chorale. Presented in partnership with The Garden Club of Reston.

Saturday, June 3

10:00 a.m. – 3:00 p.m. (Garden Tours)

Location: TBA

Tickets: \$20/Advance, \$25/Day of Event

Information and tickets on sale in April 2023 at www.restonchorale.org

The Reston Chorale is supported in part by ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts; as well as corporate donors and sponsors.

PERFORMING ARTS TICKETS

Tickets for community arts organization events held at RCC (the CenterStage or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Season subscription ticketing is handled differently by different organizations. Priority ordering information is provided with confirmation of the season subscription.

CULTURAL ARTS

The Reston Museum

www.restonmuseum.org

703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present, and influences the future of Reston through its exhibits, public programs, and events including Founder's Day, the Reston Home Tour, and Lake Anne Cardboard Boat Regatta. Reston Museum is located at Lake Anne Plaza, is free to visit, and offers exhibits and a gift shop.

Reston Activism

Reston's residents from the 1960s to today have advocated for the needs of their community. Restonians have fought for racial equality, accessibility and housing, among other causes. Join a discussion of the success stories including the history behind the establishment of Cornerstones, Reston Community Center, Black Focus and more.

Wednesday, February 8

7:00 p.m.

RCC Lake Anne – Jo Ann Rose Gallery

Free, Registration Req.

702002-3A

Reston Inspires Art

In partnership with Public Art Reston, join us for a conversation with local artists who are inspired by Reston's history, architecture, nature, design and public art.

Wednesday, March 15

7:00 p.m.

RCC Lake Anne – Jo Ann Rose Gallery

Free, Registration Req.

702003-3A

The Way to Reston

Whether walking, biking or driving, Reston's paths and roads tell a story. Join us for a program that explores the history behind street names, Reston's ever-evolving transportation system and how Reston has advocated for an accessible community.

Wednesday, May 10

7:00 p.m.

RCC Lake Anne

Free, Registration Req.

702004-3A

VISUAL ARTS

League of Reston Artists

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA is a non-profit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. Numerous judged and juried shows in venues throughout the community give member artists and photographers opportunities to earn distinctions.

Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 15 commercial and public places, solo exhibits are on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website.

JANUARY – FEBRUARY

Art in Public Places (AIPP)

Solo Shows – Quarterly Rotation

FEBRUARY

Little Moments “that add magic to your day”

Painting and Photography Exhibit

Reston Community Center Hunters Woods

MARCH – MAY

Art in Public Places (AIPP)

Solo Shows – Quarterly Rotation

Some AIPP locations may not be open to view or exhibit art installations due to employees working from home.

Public Art Reston

www.publicartreston.org

Public Art Reston’s (PAR) mission is to be the catalyst for public art that inspires, engages, and connects. Its vision is for public art to be recognized as essential to our thriving, diverse community. PAR commits to this work by nurturing and celebrating diverse participation, while providing opportunities to experience public art in all neighborhoods of Reston. It connects at the intersections of creativity, accessibility, and belonging. Public art is a vehicle for building community and community building is vital to successful creative placemaking.

More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007, and since the adoption of the Public Art Master Plan for Reston in 2008. These public art offerings and more are accessible to all ages:

- Public Art Map of Reston and Public Art Bike Rides
- Five free, fun-filled Public Art Explorer packets to foster conversations and art-making at home or while exploring public art around town
- *Thoreau’s Ensemble* at the Colts Neck Road Underpass and *Emerge* at the Glade Drive Underpass
- South Lakes High School STEAM Team’s project for the Lake Thoreau spillway
- Marco Rando’s *Intent, The Wooden Horse* at Lake Anne Village Center
- DeWitt Godfrey’s *Simon*

Visit the Public Art Reston website to find out where other projects have been realized in the community and sign up for their newsletter *Emerge* for bi-weekly updates.

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

Tephra ICA

www.tephraica.org

Tephra Institute of Contemporary Art (formerly Greater Reston Arts Center) is committed to promoting innovative contemporary art and thinking. Leading with curiosity and care, we are a catalyst, generator, and advocate for visual and interdisciplinary arts. Tephra ICA’s exhibitions and programs highlight contemporary artists whose practices are often globally influenced, culturally diverse, and conceptually advanced. We provide education initiatives and public programs that encourage the development of critical thinking, creative expression and support the interconnectivity of art and ideas. Admission to the Tephra ICA gallery is always FREE, as are most programs.

Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts, and the National Endowment for the Arts.

Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com
703-481-8156

The charming artists’ collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage, and acrylic and oil paintings.

JANUARY/FEBRUARY

Winter Works

Group show featuring RAGS artists

**Reception: Sunday, January 8
2:00 p.m. — 4:00 p.m.**

MARCH

Annual Artist’s Invitational

Invited guest artists present a multi-media exhibit with painting, collage, printmaking and pastel works

**Reception: Sunday, March 12
2:00 p.m. – 4:00 p.m.**

APRIL

All 3D!

Fiber, sculpture, assemblages and metal works

**Reception: Sunday, April 9
2:00 p.m. – 4:00 p.m.**

MAY

Spirit of Lake Anne

Local Reston images: From Van Gogh bridge in pen and ink to Pharmacy Icons in acrylic and collage.

**Reception: Sunday, May 7
2:00 p.m. – 4:00 p.m.**

Gallery hours: Saturday and Sunday, 12:00 p.m.-5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m.-12:00 p.m. on Saturdays.

GOVERNMENT FUNDERS

ArtsFairfax:

www.artsfairfax.org

Virginia Commission for the Arts:

www.arts.virginia.gov

National Endowment for the Arts:

www.arts.gov

RCC GALLERY EXHIBITS

RCC HUNTERS WOODS EXHIBITS

JANUARY

Reston Dr. Martin Luther King Jr. Birthday Celebration

Art from Reston's elementary schools celebrating Dr. King and his life's work

FEBRUARY

Little Moments "that add magic to your day"

Painting and Photography Exhibit
League of Reston Artists (LRA)

MARCH

Youth Art Month

Art from Langston Hughes Middle School and South Lakes High School

APRIL

Young at Art

Art from artists 55 years and older
Reception: Thursday, April 13
12:30 p.m. – 2:00 p.m.

JUNE

The Lake Life Series

A series of limited-edition prints by Sam LaFever reflecting a lifestyle on Reston lakes

RCC JO ANN ROSE GALLERY EXHIBITS

JANUARY

Colour Play

Group show by Octavia Frazier and Artblitz Studio artists

Reception: Sunday, January 15
2:00 p.m. – 4:00 p.m.

FEBRUARY

Really Big Show!

Acrylic and collage artworks by Livingston Rodgers
Reception: Sunday, February 12
2:00 p.m. – 4:00 p.m.

MARCH

Youth Art Month

Art from Reston Elementary Schools
Open House: Sunday, March 12
1:00 p.m. – 5:00 p.m.

APRIL

Founder's Day

League of Reston Artists (LRA)
Reception: Sunday, April 9
2:00 p.m. – 4:00 p.m.

MAY

The Joy of Creating

Annual RCC Teacher and Student Art Exhibit
Reception: Sunday, May 7
2:00 p.m. – 4:00 p.m.

JUNE

Reston Photographic Society

League of Reston Artists (LRA)
Reception: Sunday, June 1
2:00 p.m. – 4:00 p.m.

RCC LAKE ANNE 3D GALLERY EXHIBITS

THROUGH FEBRUARY

Gifts from the HeART

Annual art sale to benefit Cornerstones

MARCH – APRIL

Youth Art Month

Art from Reston elementary school students

MAY – MID-JULY

The Joy of Creating

Annual RCC teacher and student Art Exhibit

Interested in Exhibiting?

For more information about exhibiting with Reston Community Center, please visit

www.restoncommunitycenter.com
or contact Gloria Morrow, RCC's Arts Education Assistant, at 703-390-6187.



VOLUNTEER MANAGEMENT SYSTEM

Adapted Aquatics Volunteers

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Customer Service Desk at 703-390-6150.

RCC Hunters Woods – Warm Water Pool
January 7 – May 20

Sat 10:45 a.m. – 12:00 p.m.
Registration required through VMS.

Diva Central Volunteers Pre-Event

(18 years and older)

Volunteers will help set up, sort and arrange dresses, accessories and shoes, as well as load and unload a truck.

RCC Lake Anne
March 24

Fri 5:00 p.m. – 9:00 p.m.
Registration required through VMS.

Diva Central Volunteer

(18 years and older)

Volunteers will help set up and arrange dresses, shoes and accessories, as well as assist patrons with their selections, event check-in and help clean up after the event.

RCC Lake Anne
March 25

Sat 10:00 a.m. – 1:00 p.m.
Sat 1:00 p.m. – 4:00 p.m.
Registration required through VMS.

Eggnormous Egg Hunt Volunteers

(14 years and older)

Volunteers are needed to help decorate the venue, hide eggs and treats, provide crowd control, distribute candy to children, and clean up and break down.

Sunrise Valley Elementary School,
10824 Cross School Road, Reston

(Rain date: Saturday, April 8)

April 1

Sat 8:00 a.m. – 12:30 p.m.
Registration required through VMS.

VOLUNTEER MANAGEMENT SYSTEM (VMS)

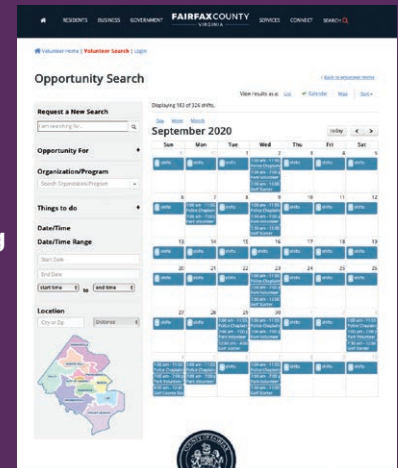
Fairfax County has a consolidated, county-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

1. Visit: volunteer.fairfaxcounty.gov
2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.
4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

All volunteers must be vaccinated and will be required to show proof of vaccination prior to volunteering per Fairfax County government requirements.

For questions or concerns with this system, please contact RCC's Community Events Director at 703-390-6166.



SAVE THE DATE:
Sunday, March 5 • 5:00 – 6:00 p.m.

Volunteer Recognition Dinner
RCC Hunters Woods

Volunteers – Save the date for the "By Invitation Only" Volunteer Recognition Dinner. We look forward to recognizing your contributions at the dinner hosted by Reston Community Center's Board of Governors.

Especially for Youth Volunteers

(14 years and older)

Volunteers will help with the Youth programs, assist with art projects, keep the area tidy and provide general help to RCC staff. Lunch is provided.

RCC Hunters Woods

January 16

Mon 10:00 a.m. – 2:00 p.m.

Registration required through VMS.

RCC Community Coffee Volunteer

(14 years and older)

Help with set up, coffee making, serving patrons, keeping the area tidy and cleaning up at the end.

RCC Hunters Woods

January 7 – May 27

Sat 7:30 a.m. – 11:30 a.m.

Registration required through VMS.

Reston Dr. Martin Luther King Jr. Birthday Celebration Community Lunch Volunteer

(14 years and older)

Volunteers will help serve the family-style lunch by setting the tables, serving beverages, delivering platters of food to the tables and tidying up at the end of the event. Lunch is provided.

RCC Hunters Woods

January 16

Mon 9:30 a.m. – 2:30 p.m.

Registration required through VMS.

Sock Hop

(14 years and older)

High school students accompany older adults to a senior prom held at RCC Hunters Woods. The prom will feature music, food, games and fun. Help is needed with decorating and break down.

RCC Hunters Woods

May 20

Sat 1:00 p.m. – 5:00 p.m.

Registration required through VMS.

Give The Gift Of A Lift



Volunteer Drivers Needed!

RCC Rides volunteer drivers enhance the quality of life of older Reston adults (55+) who can no longer drive.



RCC Rides is the perfect volunteer program for me because of the schedule flexibility. With RCC Rides, I can log in and choose to provide a ride that fits my schedule.

– Robin Parker, Volunteer Driver



**To become a volunteer, complete a volunteer driver application:
www.restoncommunitycenter.com/rccrides**

For more information, please contact the RCC Rides Coordinator at 703-390-6198 or RCCRides@fairfaxcounty.gov.

PARTNER PROGRAMS

Reston MLK Birthday Celebration: Service Projects

(6 years and older)

Join friends and neighbors in honoring Dr. King's legacy by serving your community. As Dr. King said, "Everybody can be great ... because anybody can serve." RCC is partnering with the Cathy Hudgins Community Center at Southgate, Reston Association, Cornerstones and The Closet on community service projects. Indoor projects include sorting and organizing items from The Closet and making bag lunches

for the Embury Rucker Community Shelter. There will also be outdoor projects such as cleaning up the natural areas, pathways and hardscape, weather permitting. Volunteer hours conclude around 12:00 p.m.

**Cathy Hudgins Community Center
at Southgate
January 14**

Sat 9:00 a.m. – 12:00 p.m.

Registration required through
Reston Association:

Ha Brock

RA's Volunteer Reston Manager
703-435-7986 or Ha@reston.org

VOLUNTEER



AQUATICS

Information	29 – 31
Lap and Warm Water Swim	32 – 33
Infant – 7 Year Olds	34 – 39
6 – 12 Year Olds	40 – 43
13 Years and Older	44 – 45

WINTER/SPRING POOL SCHEDULE • JANUARY 1 – MAY 31

	Lap Pool	Warm Water Pool	Spa
Monday/Wednesday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 4:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Tuesday/Thursday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	1:00 p.m. – 4:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Friday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 4:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.
Saturday	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.
Sunday	10:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.

*Swim lanes may be limited. Please note that the pool/spa schedule is subject to change without notice.

RCC schedules programming during open and lap swim times. The pools will be closed from 12:00 p.m. to 1:00 p.m. for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space. Lap pool closed Monday through Friday from 4:00 p.m. – 5:00 p.m., November – February to host the South Lakes High School swim team.

RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate your attention to hair that is shed from shampooing as well.

AQUATICS HOLIDAY HOURS: *

*Some restrictions to lap lane or warm water access may apply.

New Year's Eve: December 31 • 9:00 a.m. – 12:00 p.m.
New Year's Day: January 1 • 1:00 p.m. – 4:00 p.m.
Martin Luther King Jr. Day: January 16 • 6:00 a.m. – 9:00 p.m.
George Washington's Day: February 20 • 6:00 a.m. – 9:00 p.m.
Memorial Day: May 29 • 6:00 a.m. – 1:30 p.m.

- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.

If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate you removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight, between 12:00 p.m. – 1:00 p.m. and between 3:00 p.m. – 4:00 p.m., seven days a week.

SPA USE

Swimmers may use the spa by purchasing a pass and swiping it for access or following use of a lap lane or warm water zone. People should limit sitting in the spa to 15 minutes or less for good health. The spa is monitored on camera by RCC lifeguards.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo

AQUATICS

NOW HIRING & TRAINING LIFEGUARDS



Perfect For
HIGH SCHOOL STUDENTS
COLLEGE STUDENTS
STAY-AT-HOME PARENTS
RETIRES

Come Join The Fun And Get Paid!

Benefits Include:

- Competitive Wages
- Flexible Schedule
- FREE American Red Cross Lifeguard Training (\$200 value)*
- FREE Uniforms
- Year-round Employment
- Discounts on RCC Programs
- Leadership and Teamwork Skills Development

APPLY ONLINE:

WWW.RESTONCOMMUNITYCENTER.COM/LIFEGUARD

**Lifeguarding classes are offered based upon public demand and instructor availability.
For more information, please contact Lexi Mack, Aquatics Operations Director at
Alexis.Mack@fairfaxcounty.gov or 703-390-6149.*

RCC PASS OPTIONS

Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The 12-Month passes are valid from date of purchase and do not renew automatically.

Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

To make a reservation, buy or renew your pass, visit myRCC.

POOL FEES

	Reston Resident/ Employee	Non-Reston
Daily Visit Pass (Price Per Visit)		
Adult	\$4.50	\$9
Youth and Senior	\$2.75	\$5.50
Monthly Pool Pass		
Adult	\$45	\$90
Youth and Senior	\$25	\$50
Aquatics Annual Pass		
Adult	\$480	\$960
Youth and Senior	\$250	\$500

WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
Water Aerobics Pass (Price Per Visit)		
Adult	\$5	\$10
Youth and Senior	\$4	\$8

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service Desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk.

30-minute session • \$35 (R)/\$53 (NR)



SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500, TTY 711.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

LAP SWIM

Reservations are required for lap swim at the Terry L. Smith Aquatics Center. Reservations for the following month open up on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston. Reservations are for a 50-minute time slot. There will be 10 minutes allotted after swimming to exit the pool and utilize the locker rooms or spa. Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

A valid Aquatics Daily Visit pass, an Aquatics Monthly pass or an Aquatics Annual pass is required to complete the reservation. To reserve your spot, sign into myRCC and select the date and time you wish to swim. Lap swim reservations are free, but patrons are required to purchase an Aquatics Daily pass, an Aquatics Monthly or an Aquatics Annual pass and swipe the pass prior to each reservation. Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Aquatics Daily passes may be purchased for a minimum of five visits to a maximum of 60 visits and expire two years from date of purchase. Aquatics Monthly and Aquatics Annual passes are valid from date of purchase and do not renew automatically. Use of the spa alone requires purchase of a pass.

Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservations Req.

January 1 – May 31

Mon-Fri 6C0901-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0901-3B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0901-3C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0901-3D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0901-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0901-3F	1:00 p.m. – 1:50 p.m.

Mon-Sun 6C0901-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0901-3H	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0901-3I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0901-3J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0901-3K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservations Req.

January 1 – May 31

Mon-Fri 6C0902-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0902-3B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0902-3C	9:00 a.m. – 9:50 a.m.
Mon-Sun 6C0902-3D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0902-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0902-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0902-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0902-3H	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0902-3I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0902-3J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0902-3K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservations Req.

January 1 – May 31

Mon-Fri 6C0903-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0903-3B	8:00 a.m. – 8:50 a.m.
Mon-Sat 6C0903-3C	9:00 a.m. – 9:50 a.m.

Mon-Sun 6C0903-3D	10:00 a.m. – 10:50 a.m.
Mon-Sun 6C0903-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0903-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0903-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0903-3H	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0903-3I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0903-3J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0903-3K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 4

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool Pass, Reservations Req.

January 1 – May 31

Mon-Fri 6C0904-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0904-3B	8:00 a.m. – 8:50 a.m.
Mon-Fri 6C0904-3C	9:00 a.m. – 9:50 a.m.
Mon-Fri 6C0904-3D	10:00 a.m. – 10:50 a.m.
Mon-Fri 6C0904-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0904-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0904-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0904-3H	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0904-3I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0904-3J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0904-3K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 5

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool

Pass, Reservations Req.

January 1 – May 31

Mon-Fri 6C0905-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0905-3B	8:00 a.m. – 8:50 a.m.
Mon-Fri 6C0905-3C	9:00 a.m. – 9:50 a.m.
Mon-Fri 6C0905-3D	10:00 a.m. – 10:50 a.m.
Mon-Fri 6C0905-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0905-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0905-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0905-3H	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0905-3I	4:00 p.m. – 4:50 p.m.
Mon-Fri 6C0905-3J	5:00 p.m. – 5:50 p.m.
Mon-Thu 6C0905-3K	6:00 p.m. – 6:50 p.m.

Lap Pool – Lane 6

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 50 minutes.

50-min. sessions at RCC HW Pool

Pass, Reservations Req.

January 1 – May 31

Mon-Fri 6C0906-3A	7:00 a.m. – 7:50 a.m.
Mon-Fri 6C0906-3B	8:00 a.m. – 8:50 a.m.
Mon-Fri 6C0906-3C	9:00 a.m. – 9:50 a.m.
Mon-Fri 6C0906-3D	10:00 a.m. – 10:50 a.m.
Mon-Fri 6C0906-3E	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0906-3F	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0906-3G	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0906-3H	3:00 p.m. – 3:50 p.m.

Sat, Sun
6C0906-3I 4:00 p.m. – 4:50 p.m.

Mon-Fri
6C0906-3J 5:00 p.m. – 5:50 p.m.

Mon-Thu
6C0906-3K 6:00 p.m. – 6:50 p.m.

WARM WATER SWIM

Warm Water – Zone 1

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of four feet.

50-min. sessions at RCC HW Pool

Pass, Reservations Req.

January 1 – May 31

Mon, Wed, Fri 6C0951-3C	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0951-3D	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0951-3E	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0951-3F	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0951-3G	4:00 p.m. – 4:50 p.m.
Fri 6C0951-3H	5:00 p.m. – 5:50 p.m.

Warm Water – Zone 2

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of four feet.

50-min. sessions at RCC HW Pool

Pass, Reservations Req.

January 1 – May 31

Mon, Wed, Fri 6C0952-3C	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0952-3D	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0952-3E	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0952-3F	3:00 p.m. – 3:50 p.m.
Sat, Sun 6C0952-3G	4:00 p.m. – 4:50 p.m.
Fri 6C0952-3H	5:00 p.m. – 5:50 p.m.

Warm Water – Zone 3

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of four feet.

50-min. sessions at RCC HW Pool

Pass, Reservations Req.

January 1 – May 31

Mon, Wed, Fri 6C0953-3C	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0953-3E	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0953-3F	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0953-3G	4:00 p.m. – 4:50 p.m.
Fri 6C0953-3H	5:00 p.m. – 5:50 p.m.

Warm Water – Zone 4 – Deep

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 50 minutes. This zone has a depth of six feet.

50-min. sessions at RCC HW Pool

Pass, Reservations Req.

January 1 – May 31

Mon, Wed, Fri 6C0954-3C	11:00 a.m. – 11:50 a.m.
Mon-Sun 6C0954-3D	1:00 p.m. – 1:50 p.m.
Mon-Sun 6C0954-3E	2:00 p.m. – 2:50 p.m.
Mon-Sun 6C0954-3F	3:00 p.m. – 3:50 p.m.
Mon-Sun 6C0954-3G	4:00 p.m. – 4:50 p.m.
Fri 6C0954-3H	5:00 p.m. – 5:50 p.m.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/PassFAQs

UNDERWATER EGG HUNT

Saturday, April 1 • 12:30 p.m. – 4:00 p.m.

\$4 Reston/\$8 Non-Reston



REGISTER TODAY TO HELP THE EASTER BUNNY RECOVER HIS EGGS!

The Easter Bunny is missing hundreds of eggs, and they have been found floating in the Reston Community Center pools. Come splash, swim and hunt with us. Some treats will float for little ones, others will sink for those seeking a little more adventure. Each participating child will receive a goody bag upon completion of the event. A parent or caregiver must accompany each non-swimmer in the water and to participate in the activity. RCC will have a limited number of lifejackets available for optional use. Personal lifejackets approved by the United States Coast Guard may also be used.

6 months – 3 years old

12:30 p.m. – 1:00 p.m. • 643200-3A

4 – 5 years old

1:30 p.m. – 2:00 p.m. • 643300-3A

6 – 7 years old

2:30 p.m. – 3:00 p.m. • 643350-3A

8 – 9 years old

3:30 p.m. – 4:00 p.m. • 643400-3A

For more information, please contact Matthew McCall, Aquatics Director, at 703-390-6151.

LEARN-TO-SWIM: INFANT – 7 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
WATER INTRO	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
AQUA TOTS	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
POOL PALS AND WATER FRIENDS	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
ROOKIE I	4 – 5 years	No swimming skills required. Able to follow simple instructions.
ROOKIE II	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
RANGER	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
MARLIN	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
WATER WONDER	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.

AQUATICS

Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/ caregiver is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 8:30 a.m. – 9:00 a.m.
620000-3A

Sat 9:40 a.m. – 10:10 a.m.
620000-3B

Sat 10:50 a.m. – 11:20 a.m.
620000-3C

February 25 – April 1

Sat 8:30 a.m. – 9:00 a.m.
620000-3D

Sat 9:40 a.m. – 10:10 a.m.
620000-3E

Sat 10:50 a.m. – 11:20 a.m.
620000-3F

April 15 – May 20

Sat 8:30 a.m. – 9:00 a.m.
620000-3G

Sat 9:40 a.m. – 10:10 a.m.
620000-3H

Sat 10:50 a.m. – 11:20 a.m.
620000-3I

January 8 – February 12

Sun 10:00 a.m. – 10:30 a.m.
620002-3A

February 26 – April 2

Sun 10:00 a.m. – 10:30 a.m.
620002-3B

April 16 – May 21

Sun 10:00 a.m. – 10:30 a.m.
620002-3C

Aqua Tots

(18 months – 3 years old)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 8:30 a.m. – 9:00 a.m.
620007-3A

Sat 9:40 a.m. – 10:10 a.m.
620007-3B

Sat 10:50 a.m. – 11:20 a.m.
620007-3C

February 25 – April 1

Sat 8:30 a.m. – 9:00 a.m.
620007-3D

Sat 9:40 a.m. – 10:10 a.m.
620007-3E

Sat 10:50 a.m. – 11:20 a.m.
620007-3F

April 15 – May 20

Sat 8:30 a.m. – 9:00 a.m.
620007-3G

Sat 9:40 a.m. – 10:10 a.m.
620007-3H

Sat 10:50 a.m. – 11:20 a.m.
620007-3I

January 8 – February 12

Sun 10:00 a.m. – 10:30 a.m.
620008-3A

February 26 – April 2

Sun 10:00 a.m. – 10:30 a.m.
620008-3B

April 16 – May 21

Sun 10:00 a.m. – 10:30 a.m.
620008-3C

HEALTH AND SAFETY

Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

FREE

DEAP offerings are free for Reston residents and employees of Reston businesses.

DEAP

Drowning Education Awareness Program

RCC/RA FREE PRESENTATIONS

RA and RCC offer two free land-based presentations targeted for different audiences and community civic groups. By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools.

LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is a one-hour interactive presentation with fun activities designed to make water safety practices easy to learn.

WATER SAFETY PRESENTATION

(18 years and older)

Enjoy a 90-minute presentation including a question and answer period focused on water safety training to keep families safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

Pool Pals and Water Friends

(3 – 4 years old)

This class is designed for children and their parent(s) or caregiver. Pool Pals introduces students to floating, kicking, paddling, submerging and water safety skills. This class is a great way to transition young, hesitant children to swimming with a teacher. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the class.

**6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)**

January 7 – February 11

Sat 8:30 a.m. – 9:00 a.m.
620080-3A

February 25 – April 1

Sat 8:30 a.m. – 9:00 a.m.
620080-3B

April 15 – May 20

Sat 8:30 a.m. – 9:00 a.m.
620080-3C

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents/caregivers do not accompany the student in the water.

**6, 20-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)**

January 7 – February 11

Sat 8:30 a.m. – 8:50 a.m.
620010-3A

Sat 8:50 a.m. – 9:10 a.m.
620010-3B

Sat 9:10 a.m. – 9:30 a.m.
620010-3C

February 25 – April 1

Sat 8:30 a.m. – 8:50 a.m.
620010-3D

Sat 8:50 a.m. – 9:10 a.m.
620010-3E

Sat 9:10 a.m. – 9:30 a.m.
620010-3F

April 15 – May 20

Sat 8:30 a.m. – 8:50 a.m.
620010-3G

Sat 8:50 a.m. – 9:10 a.m.
620010-3H

Sat 9:10 a.m. – 9:30 a.m.
620010-3I



January 8 – February 12

Sun 9:00 a.m. – 9:20 a.m.
620012-3A

Sun 9:20 a.m. – 9:40 a.m.
620012-3B

Sun 9:40 a.m. – 10:00 a.m.
620012-3C

Sun 10:00 a.m. – 10:20 a.m.
620012-3D

Sun 10:20 a.m. – 10:40 a.m.
620012-3E

Sun 10:40 a.m. – 11:00 a.m.
620012-3F

February 26 – April 2

Sun 9:00 a.m. – 9:20 a.m.
620012-3G

Sun 9:20 a.m. – 9:40 a.m.
620012-3H

Sun 9:40 a.m. – 10:00 a.m.
620012-3I

Sun 10:00 a.m. – 10:20 a.m.
620012-3J

Sun 10:20 a.m. – 10:40 a.m.
620012-3K

Sun 10:40 a.m. – 11:00 a.m.
620012-3L

April 16 – May 21

Sun 9:00 a.m. – 9:20 a.m.
620012-3M

Sun 9:20 a.m. – 9:40 a.m.
620012-3N

Sun 9:40 a.m. – 10:00 a.m.
620012-3O

Sun 10:00 a.m. – 10:20 a.m.
620012-3P

Sun 10:20 a.m. – 10:40 a.m.
620012-3Q

Sun 10:40 a.m. – 11:00 a.m.
620012-3R

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)**

January 7 – February 11

Sat 9:40 a.m. – 10:10 a.m.
620020-3A

February 25 – April 1

Sat 9:40 a.m. – 10:10 a.m.
620020-3B

April 15 – May 20

Sat 9:40 a.m. – 10:10 a.m.
620020-3C

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 8:30 a.m. – 9:00 a.m.
620030-3A

Sat 10:15 a.m. – 10:45 a.m.
620030-3B

February 25 – April 1

Sat 8:30 a.m. – 9:00 a.m.
620030-3C

Sat 10:15 a.m. – 10:45 a.m.
620030-3D

April 15 – May 20

Sat 8:30 a.m. – 9:00 a.m.
620030-3E

Sat 10:15 a.m. – 10:45 a.m.
620030-3F

January 8 – February 12

Sun 9:30 a.m. – 10:00 a.m.
620032-3A

Sun 11:30 a.m. – 12:00 p.m.
620032-3B

February 26 – April 2

Sun 9:30 a.m. – 10:00 a.m.
620032-3C

Sun 11:30 a.m. – 12:00 p.m.
620032-3D

April 16 – May 21

Sun 9:30 a.m. – 10:00 a.m.
620032-3E

Sun 11:30 a.m. – 12:00 p.m.
620032-3F

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

January 3 – February 7

Tue 6:00 p.m. – 6:30 p.m.
620036-3A

January 5 – February 9

Thu 5:00 p.m. – 5:30 p.m.
620036-3B

February 21 – March 28

Tue 6:00 p.m. – 6:30 p.m.
620036-3C

February 23 – March 30

Thu 5:00 p.m. – 5:30 p.m.
620036-3D

April 11 – May 16

Tue 6:00 p.m. – 6:30 p.m.
620036-3E

April 13 – May 18

Thu 5:00 p.m. – 5:30 p.m.
620036-3F

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

January 2 – January 25

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-3A

January 30 – February 22

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-3B

February 27 – March 22

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-3C

March 27 – April 26

(No Class: April 3, April 5)

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-3D

May 1 – May 24

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-3E

Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 9:05 a.m. – 9:35 a.m.
620040-3A

Sat 10:50 a.m. – 11:20 a.m.
620040-3B

February 25 – April 1

Sat 9:05 a.m. – 9:35 a.m.
620040-3C

Sat 10:50 a.m. – 11:20 a.m.
620040-3D

April 15 – May 20

Sat 9:05 a.m. – 9:35 a.m.
620040-3E

Sat 10:50 a.m. – 11:20 a.m.
620040-3F

January 8 – February 12

Sun 9:30 a.m. – 10:00 a.m.
620042-3A

Sun 11:00 a.m. – 11:30 a.m.
620042-3B

February 26 – April 2

Sun 9:30 a.m. – 10:00 a.m.
620042-3C

Sun 11:00 a.m. – 11:30 a.m.
620042-3D

April 16 – May 21

Sun 9:30 a.m. – 10:00 a.m.
620042-3E

Sun 11:00 a.m. – 11:30 a.m.
620042-3F

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

January 3 – February 7

Tue 5:00 p.m. – 5:30 p.m.
620046-3A

January 5 – February 9

Thu 5:30 p.m. – 6:00 p.m.
620046-3B

February 21 – March 28

Tue 5:00 p.m. – 5:30 p.m.
620046-3C

February 23 – March 30

Thu 5:30 p.m. – 6:00 p.m.
620046-3D

April 11 – May 16

Tue 5:00 p.m. – 5:30 p.m.
620046-3E

April 13 – May 18

Thu 5:30 p.m. – 6:00 p.m.
620046-3F

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

January 2 – January 25

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-3A

January 30 – February 22

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-3B

February 27 – March 22

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-3C

March 27 – April 26

(No Class: April 3, 5)

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-3D

May 1 – May 24

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-3E

ADAPTED AQUATICS

Please see page 43 for information on our Adapted Aquatics class.

Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include diving from a sitting/kneeling position, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 9:40 a.m. – 10:10 a.m.
620050-3A

Sat 10:15 a.m. – 10:45 a.m.
620050-3B

February 25 – April 1

Sat 9:40 a.m. – 10:10 a.m.
620050-3C

Sat 10:15 a.m. – 10:45 a.m.
620050-3D

April 15 – May 20

Sat 9:40 a.m. – 10:10 a.m.
620050-3E

Sat 10:15 a.m. – 10:45 a.m.
620050-3F

January 8 – February 12

Sun 10:30 a.m. – 11:00 a.m.
620052-3A

February 26 – April 2

Sun 10:30 a.m. – 11:00 a.m.
620052-3B

April 16 – May 21

Sun 10:30 a.m. – 11:00 a.m.
620052-3C

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

January 3 – February 7

Tue 5:30 p.m. – 6:00 p.m.
620056-3A

February 21 – March 28

Tue 5:30 p.m. – 6:00 p.m.
620056-3B

April 11 – May 16

Tue 5:30 p.m. – 6:00 p.m.
620056-3C

Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

6, 30-min. sessions at Lap Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 9:05 a.m. – 9:35 a.m.
620060-3A

February 25 – April 1

Sat 9:05 a.m. – 9:35 a.m.
620060-3B

April 15 – May 20

Sat 9:05 a.m. – 9:35 a.m.
620060-3C

January 8 – February 12

Sun 11:00 a.m. – 11:30 a.m.
620062-3A

February 26 – April 2

Sun 11:00 a.m. – 11:30 a.m.
620062-3B

April 16 – May 21

Sun 11:00 a.m. – 11:30 a.m.
620062-3C

6, 30-min. sessions at Lap Pool \$65 (R)/\$100 (NR)

January 3 – February 7

Tue 6:30 p.m. – 7:00 p.m.
620066-3A

February 21 – March 28

Tue 6:30 p.m. – 7:00 p.m.
620066-3B

April 11 – May 16

Tue 6:30 p.m. – 7:00 p.m.
620066-3C

Water Wonder

(4 – 7 years old)

Water Wonder provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in the following strokes: front crawl, back crawl, breaststroke, sidestroke and elementary backstroke.

6, 30-min. sessions at Lap Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 9:40 a.m. – 10:10 a.m.
620070-3A

February 25 – April 1

Sat 9:40 a.m. – 10:10 a.m.
620070-3B

April 15 – May 20

Sat 9:40 a.m. – 10:10 a.m.
620070-3C

**REGISTER TODAY
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

**WEEKDAY SWIM
CLASSES**

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
SWIM LEVEL 1	6 – 12 years	No swimming skills required.
SWIM LEVEL 2	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
SWIM LEVEL 3	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute, and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 – 12 years	Swim front crawl for 50 yards, then swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
STROKE-N-TURN	6 – 8 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.
STROKE-N-TURN	9 – 12 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Swimming is the fourth most popular recreational sport in the United States, according to the Centers for Disease Control and Prevention (CDC), after walking, running and cycling. About 91 million Americans over the age of 16 swim in oceans, lakes and rivers each year, and about 36% of children 7 to 17 years old swim at least six times each year.

Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 9:05 a.m. – 9:35 a.m.
620310-3A

Sat 11:25 a.m. – 11:55 a.m.
620310-3B

February 25 – April 1

Sat 9:05 a.m. – 9:35 a.m.
620310-3C

Sat 11:25 a.m. – 11:55 a.m.
620310-3D

April 15 – May 20

Sat 9:05 a.m. – 9:35 a.m.
620310-3E

Sat 11:25 a.m. – 11:55 a.m.
620310-3F

January 8 – February 12

Sun 9:00 a.m. – 9:30 a.m.
620312-3A

Sun 10:30 a.m. – 11:00 a.m.
620312-3B

February 26 – April 2

Sun 9:00 a.m. – 9:30 a.m.
620312-3C

Sun 10:30 a.m. – 11:00 a.m.
620312-3D

April 16 – May 21

Sun 9:00 a.m. – 9:30 a.m.
620312-3E

Sun 10:30 a.m. – 11:00 a.m.
620312-3F

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

January 3 – February 7

Tue 6:30 p.m. – 7:00 p.m.
620316-3A

January 5 – February 9

Thu 5:00 p.m. – 5:30 p.m.
620316-3B

February 21 – March 28

Tue 6:30 p.m. – 7:00 p.m.
620316-3C

February 23 – March 30

Thu 5:00 p.m. – 5:30 p.m.
620316-3D

April 11 – May 16

Tue 6:30 p.m. – 7:00 p.m.
620316-3E

April 13 – May 18

Thu 5:00 p.m. – 5:30 p.m.
620316-3F

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

January 2 – January 25

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-3A

January 30 – February 22

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-3B

February 27 – March 22

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-3C

March 27 – April 26

(No Class: April 3, April 5)

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-3D

May 1 – May 24

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-3E

Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and swimming forward combining five strokes using arms, kicking, and breathing.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)

January 7 – February 11

Sat 8:30 a.m. – 9:00 a.m.
620320-3A

Sat 10:15 a.m. – 10:45 a.m.
620320-3B

February 25 – April 1

Sat 8:30 a.m. – 9:00 a.m.
620320-3C

Sat 10:15 a.m. – 10:45 a.m.
620320-3D

April 15 – May 20

Sat 8:30 a.m. – 9:00 a.m.
620320-3E

Sat 10:15 a.m. – 10:45 a.m.
620320-3F

January 8 – February 12

Sun 10:00 a.m. – 10:30 a.m.
620322-3A

Sun 11:30 a.m. – 12:00 p.m.
620322-3B

February 26 – April 2

Sun 10:00 a.m. – 10:30 a.m.
620322-3C

Sun 11:30 a.m. – 12:00 p.m.
620322-3D

April 16 – May 21

Sun 10:00 a.m. – 10:30 a.m.
620322-3E

Sun 11:30 a.m. – 12:00 p.m.
620322-3F

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

January 3 – February 7

Tue 5:00 p.m. – 5:30 p.m.
620326-3A

January 5 – February 9

Thu 5:30 p.m. – 6:00 p.m.
620326-3B

February 21 – March 28

Tue 5:00 p.m. – 5:30 p.m.
620326-3C

February 23 – March 30

Thu 5:30 p.m. – 6:00 p.m.
620326-3D

April 11 – May 16

Tue 5:00 p.m. – 5:30 p.m.
620326-3E

April 13 – May 18

Thu 5:30 p.m. – 6:00 p.m.
620326-3F

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

January 2 – January 25

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-3A

January 30 – February 22

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-3B

February 27 – March 22

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-3C

March 27 – April 26

(No Class: April 3, April 5)

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-3D

May 1 – May 24

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-3E

Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include diving from a sitting/kneeling position, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

**6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)**

January 7 – February 11

Sat 9:05 a.m. – 9:35 a.m.
620330-3A

Sat 11:25 a.m. – 11:55 a.m.
620330-3B

February 25 – April 1

Sat 9:05 a.m. – 9:35 a.m.
620330-3C

Sat 11:25 a.m. – 11:55 a.m.
620330-3D

April 15 – May 20

Sat 9:05 a.m. – 9:35 a.m.
620330-3E

Sat 11:25 a.m. – 11:55 a.m.
620330-3F

January 8 – February 12

Sun 11:00 a.m. – 11:30 a.m.
620332-3A

February 26 – April 2

Sun 11:00 a.m. – 11:30 a.m.
620332-3B

April 16 – May 21

Sun 11:00 a.m. – 11:30 a.m.
620332-3C

**6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$100 (NR)**

January 3 – February 7

Tue 5:30 p.m. – 6:00 p.m.
620336-3A

February 21 – March 28

Tue 5:30 p.m. – 6:00 p.m.
620336-3B

April 11 – May 16

Tue 5:30 p.m. – 6:00 p.m.
620336-3C

**8, 30-min. sessions at Warm Water Pool
\$80 (R)/\$120 (NR)**

January 2 – January 25

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-3A

January 30 – February 22

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-3B



February 27 – March 22

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-3C

March 27 – April 26

(No Class: April 3, April 5)
Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-3D

May 1 – May 24

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-3E

Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence in the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for 2 minutes.

**6, 30-min. sessions at Lap Pool
\$70 (R)/\$140 (NR)**

January 7 – February 11

Sat 9:40 a.m. – 10:10 a.m.
620340-3A

February 25 – April 1

Sat 9:40 a.m. – 10:10 a.m.
620340-3B

April 15 – May 20

Sat 9:40 a.m. – 10:10 a.m.
620340-3C

January 8 – February 12

Sun 11:30 a.m. – 12:00 p.m.
620342-3A

February 26 – April 2

Sun 11:30 a.m. – 12:00 p.m.
620342-3B

April 16 – May 21

Sun 11:30 a.m. – 12:00 p.m.
620342-3C

**6, 30-min. sessions at Lap Pool
\$65 (R)/\$100 (NR)**

January 3 – February 7

Tue 6:00 p.m. – 6:30 p.m.
620346-3A

February 21 – March 28

Tue 6:00 p.m. – 6:30 p.m.
620346-3B

April 11 – May 16

Tue 6:00 p.m. – 6:30 p.m.
620346-3C

Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl, and treading water for five minutes.

6, 45-min. sessions at Lap Pool

\$80 (R)/\$160 (NR)

January 7 – February 11

Sat 10:15 a.m. – 11:00 a.m.
620350-3A

February 25 – April 1

Sat 10:15 a.m. – 11:00 a.m.
620350-3B

April 15 – May 20

Sat 10:15 a.m. – 11:00 a.m.
620350-3C

6, 45-min. sessions at Lap Pool

\$70 (R)/\$105 (NR)

January 5 – February 9

Thu 6:00 p.m. – 6:45 p.m.
620356-3A

February 23 – March 30

Thu 6:00 p.m. – 6:45 p.m.
620356-3B

April 13 – May 18

Thu 6:00 p.m. – 6:45 p.m.
620356-3C

Level 6

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front crawl back crawl, introduction to swim equipment (pull buoys and fins), and retrieving an object from eight feet deep.

6, 45-min. sessions at Lap Pool

\$80 (R)/\$160 (NR)

January 7 – February 11

Sat 11:05 a.m. – 11:50 a.m.
620360-3A

February 25 – April 1

Sat 11:05 a.m. – 11:50 a.m.
620360-3B

April 15 – May 20

Sat 11:05 a.m. – 11:50 a.m.
620360-3C

Youth Stroke-n-Turn

(9 – 12 years old)

This class is for swim team swimmers ages 9 through 12 who would like to improve stroke coordination and refinement. Prerequisites: See Youth Class Requirements at the beginning of the Youth Section. Instruction will include front and back crawl, breaststroke, butterfly, shallow dive, and how to glide two body lengths and begin any front stroke.

8, 45-min. sessions at Lap Pool

\$90 (R)/\$135 (NR)

January 2 – January 25

Mon, Wed 6:00 p.m. – 6:45 p.m.
620183-3A

January 30 – February 22

Mon, Wed 6:00 p.m. – 6:45 p.m.
620183-3B

February 27 – March 22

Mon, Wed 6:00 p.m. – 6:45 p.m.
620183-3C

March 27 – April 26

(No Class: April 3, April 5)

Mon, Wed 6:00 p.m. – 6:45 p.m.
620183-3D

May 1 – May 24

Mon, Wed 6:00 p.m. – 6:45 p.m.
620183-3E



Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Customer Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

6, 30-min. sessions at Warm Water Pool

\$70 (R)/\$56 (R55+)/\$140 (NR)

January 7 – February 11

Sat 10:50 a.m. – 11:20 a.m.

620190-3A

Sat 11:25 a.m. – 11:55 a.m.

620190-3B

February 25 – April 1

Sat 10:50 a.m. – 11:20 a.m.

620190-3C

Sat 11:25 a.m. – 11:55 a.m.

620190-3D

April 15 – May 20

Sat 10:50 a.m. – 11:20 a.m.

620190-3E

Sat 11:25 a.m. – 11:55 a.m.

620190-3F

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

VOLUNTEERS NEEDED!

See page 26 for more information.

13 YEARS AND OLDER

Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

6, 45-min. sessions at Lap Pool
\$80 (R)/\$64 (R55+)/\$160 (NR)

January 7 – February 11

Sat 10:50 a.m. – 11:35 a.m.
 621220-3A

February 25 – April 1

Sat 10:50 a.m. – 11:35 a.m.
 621220-3B

April 15 – May 20

Sat 10:50 a.m. – 11:35 a.m.
 621220-3C

6, 45-min. sessions at Lap Pool
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 5 – February 9

Thu 6:00 p.m. – 6:45 p.m.
 621226-3A

February 23 – March 30

Thu 6:00 p.m. – 6:45 p.m.
 621226-3B

April 13 – May 18

Thu 6:00 p.m. – 6:45 p.m.
 621226-3C

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.



Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$56 (R55+)/\$140 (NR)

January 7 – February 11

Sat 10:15 a.m. – 10:45 a.m.
 621210-3A

February 25 – April 1

Sat 10:15 a.m. – 10:45 a.m.
 621210-3B

April 15 – May 20

Sat 10:15 a.m. – 10:45 a.m.
 621210-3C

January 8 – February 12

Sun 9:00 a.m. – 9:30 a.m.
 621212-3A

February 26 – April 2

Sun 9:00 a.m. – 9:30 a.m.
 621212-3B

April 16 – May 21

Sun 9:00 a.m. – 9:30 a.m.
 621212-3C

8, 30-min. sessions at Warm Water Pool
\$80 (R)/\$64 (R55+)/\$120 (NR)

January 2 – January 25

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-3A

January 30 – February 22

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-3B

February 27 – March 22

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-3C

March 27 – April 26

(No Class: April 3, April 5)

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-3D

May 1 – May 24

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-3E

DAILY AEROBICS

These following classes now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons. Reservations for daily aerobics programming are free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each reserved class. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$5 (R)/\$10 (NR) per class. Fitness passes expire two years from the date of purchase. Patrons who need to cancel can now do so in myRCC.

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Instructor approval is required. Participants should consult a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 3 – May 30

Tue, Thu 10:30 a.m. – 11:15 a.m.
6C0160-3

Aqua Barre

(18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 2 – May 31

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.
6C0110-3

Aqua Blast

(18 years and older)

Start the day with more energy with this morning workout in deep water. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them. Equipment will be provided. Participants should consult with a physician before starting this program

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 8 – May 28

Sun 8:30 a.m. – 9:15 a.m.
6C0065-3

Sun 9:30 a.m. – 10:15 a.m.
6C0070-3

January 3 – May 30

Tue, Thu 8:30 a.m. – 9:15 a.m.
6C0060-3

Tue, Thu 9:30 a.m. – 10:15 a.m.
6C0075-3

Aqua Boot Camp

(18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 2 – May 30

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.
6C0080-3

Mon, Wed, Fri 9:30 a.m. – 10:15 a.m.
6C0100-3

Aqua Burn

(18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 2 – May 31

Mon, Wed 7:30 p.m. – 8:15 p.m.
6C0140-3

Aqua Mixer

(18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 2 – January 30

Mon, Wed 5:30 p.m. – 6:15 p.m.
6C0040-3

Deep Water Mania

(18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 2 – May 31

Mon, Wed 6:30 p.m. – 7:15 p.m.
6C0150-3

Tides in Motion

(18 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups and improving aerobic capacity, balance and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Reservation Req.

January 2 – May 31

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.
6C0010-3



KIDS CORNER

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Eggnormous EGG HUNT



FREE!

Hop along to a community tradition at Sunrise Valley Elementary School, located at 10824 Cross School Road (corner of Cross School Road and Sunrise Valley Drive). Enjoy live entertainment along with a life-sized Easter bunny for picture-taking. The egg hunt will start at 10:30 a.m. sharp. Free, registration of children is required. Parents/caregivers must remain with their children throughout the event.

For more information, please contact Debbie Heron, RCC's Youth Program Director, at 703-390-6163.



FREE!

Spring Break Crafternoons

(All Ages)

When school is out for spring break, join RCC at noon for an hour of interactive crafting activities to offer families creative "together" time. Supplies will be provided. This program is free; registration is required. Children must be accompanied by a parent/caregiver.

Monday, April 3 • 86C101-3A

Crescent Community Center • 1578 Cameron Crescent Drive #001

Tuesday, April 4 • 86C101-3B

Cedar Ridge Community Center • 1601 Becontree Lane

Wednesday, April 5 • 86C101-3C

Island Walk Community Center • 1701 Torrey Pines Court

Thursday, April 6 • 86C101-3D

Stonegate Village Community Center • 2244 B Stonewheel Drive

Friday, April 7 • 86C101-3E

Westglade Neighborhood Center • 2110 Westglade Court

SPRING FAMILY
Crafternoon

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.

COOKING

Baking Goodies

(8 – 12 years old)

Learn to create pretzels, cheddar cheese crackers and cupcakes. Allergy warning: eggs, gluten, nuts and dairy will be used in some of the recipes.

1, 3-hour session at RCC Hunters Woods
\$45 (R)/\$68 (NR)

April 23

Sun 1:00 p.m. – 4:00 p.m.
 900279-3A Wilson

Chocolate Fun and Preparation for Tweens and Teens

(10 – 17 years old)

Participants will mold bite-sized chocolates, learn chocolate writing, prepare buttercream and peanut butter cups, and make rocky road. Each participant will take home chocolates made during class, as well as recipes, tips and ideas for making more chocolates at home. Allergy warning: gluten, dairy and nuts will be used in some of the recipes.

1, 2-hour session at RCC Hunters Woods
\$45 (R)/\$68 (NR)

March 25

Sat 1:00 p.m. – 3:00 p.m.
 901352-3B Gollop-Pagani

TEENS/TWEENS

Youth ages 13 – 17 may be able to participate in offerings for 18 and older with permission from the program director. Please email or call for information about Leisure and Learning offerings (pages 54 – 73) that may be of interest to those ages.

Teens and tweens are encouraged to write to RCCcontact@fairfaxcounty.gov if they have a program suggestion or desire we can design for them.



Chocolate Fun and Preparation for Kids

(6 – 9 years old)

Learn to make delicious chocolate candy. Take home prepared chocolates, as well as recipes, tips and ideas for making more of these luscious confections. Allergy warning: gluten, dairy and nuts will be used in some of the recipes.

1, 2-hour session at RCC Hunters Woods
\$45 (R)/\$68 (NR)

March 25

Sat 10:00 a.m. – 12:00 p.m.
 901038-3B Gollop-Pagani

Cooking: Diner Classics

(8 – 12 years old)

Learn to make diner classics such as grilled cheese and tomato soup, ice cream floats, meatloaf and mashed potatoes, and French toast dippers. Allergy warning: eggs, gluten, nuts and dairy will be used in some of the recipes.

1, 3-hour session at RCC Hunters Woods
\$45 (R)/\$68 (NR)

February 12

Sun 1:00 p.m. – 4:00 p.m.
 900278-3A Wilson

Cupcake Wars

(7 – 12 years old)

Team up with other bakers to create the ultimate cupcake in this friendly and fun competition. Supplies are included in the class fee.

1, 3-hour session at RCC Hunters Woods
\$40 (R)/\$60 (NR)

January 22

Sun 1:00 p.m. – 4:00 p.m.
 903057-3A Wilson

Junior Gourmet – Taking it Up a Notch

(8 – 13 years old)

Children with well-developed cooking skills such as cutting, measuring, flouring pans and mixing will learn to prepare intermediate-level recipes to create a gourmet meal and dessert. Supplies are included in the class fee.

1, 3-hour session at RCC Hunters Woods
\$50 (R)/\$75 (NR)

May 7

Sun 1:00 p.m. – 4:00 p.m.
 903056-3A Wilson

CRAFTS

Airbrush Art

(7 – 17 years old)

Create multicolor designs on T-shirts, canvas shoes and fabric purses or as temporary tattoos using airbrush techniques. Supplies are included in the class fee.

1, 3-hour session at RCC Hunters Woods
\$30 (R)/\$45 (NR)

April 22

Sat 1:00 p.m. – 4:00 p.m.
 903064-3B Morgan

Father's Day Pottery

(2 – 5 years old)

Create a personalized mug to celebrate dad for Father's Day. Mugs will be decorated and painted during class and will be available for pick up at RCC shortly thereafter. This pottery is safe for hot and cold drinks, and for use in the dishwasher (top rack only) and microwave. Parent/caregiver must fully participate in the activity. Participating children must be registered.

1, 60-min. session at RCC Hunters Woods
\$15 (R)/\$23 (NR)

May 30

Tue 10:00 a.m. – 11:00 a.m.
 901164-3A Clay Cafe Studios

Origami Arts – Mother’s and Father’s Day Cards

(8 years and older)

This class is geared toward beginners, but more advanced students are welcome. Participants will learn easy skills of folding colorful pieces of paper to craft simple designs that will be incorporated into pop-up cards. This program is fun for individuals or the whole family. Children under the age of 12 must be accompanied by a parent/caregiver for the duration of the program. All participants must register and pay. All supplies are included in the class fee.

**1, 2-hour session at RCC Hunters Woods
\$10 (R)/\$8 (R55+)/\$15 (NR)**

April 22

Sat 1:00 p.m. – 3:00 p.m.
901372-3A Nelson

Origami Arts – Valentine’s Day

(8 years and older)

This class is geared toward beginners, but more advanced students are welcome. Participants will learn easy skills of folding colorful pieces of paper to craft simple designs that will be incorporated into pop-up cards. This program is fun for individuals or the whole family. Children under the age of 12 must be accompanied by a parent/caregiver for the duration of the program. All participants must register and pay. All supplies are included in the class fee.

**1, 2-hour session at RCC Hunters Woods
\$10 (R)/\$8 (R55+)/\$15 (NR)**

February 11

Sat 1:00 p.m. – 3:00 p.m.
901362-3A Nelson

Painting on Tile for Teens

(11 – 17 years old)

Learn how to use alcohol ink on tile to create colorful and original works of art.

**1, 2-hour session at RCC Hunters Woods
\$40 (R)/\$60 (NR)**

January 15

Sun 1:00 p.m. – 3:00 p.m.
900260-3C Clark

February 9

Thu 6:30 p.m. – 8:30 p.m.
900260-3E Clark

March 12

Sun 1:00 p.m. – 3:00 p.m.
900260-3D Clark

April 13

Thu 6:30 p.m. – 8:30 p.m.
900260-3F Clark

Sewing: Toy Making

(8 – 12 years old)

Make a stuffed toy with unique embellishments that can be given as a gift or kept as a personal favorite. All supplies are included in the class fee.

**1, 3-hour session at RCC Hunters Woods
\$45 (R)/\$68 (NR)**

February 12

Sun 1:00 p.m. – 4:00 p.m.
900277-3A Wilson

Springtime Pottery

(2 – 5 years old)

Join us to create springtime-themed pottery. After the piece is fired, it will be returned to RCC for pick-up. The pottery is dishwasher- and microwave-safe. Parent/caregiver must fully participate in the activity. All participating children must be registered.

**1, 60-min. session at RCC Hunters Woods
\$15 (R)/\$23 (NR)**

March 28

Tue 10:00 a.m. – 11:00 a.m.
901366-3A Clay Cafe Studios

Valentine Giving

(3 – 6 years old)

Join us to create blankets for infants that will be given to a local shelter. There will also be time for participants to create a Valentine for a family member or friend. All supplies will be provided. Parents/caregivers must fully participate in the activities. Free, but participating children must be registered.

**1, 90-min. session at RCC Hunters Woods
Free, Registration Req.**

February 1

Wed 10:00 a.m. – 11:30 a.m.
902064-3A Gollop-Pagani

Valentine Pottery

(2 – 5 years old)

Participants will paint a sweet, heart-shaped dish for their favorite valentine. The dish is 6" x 5" and is perfect for treats, sweets, trinkets, change or just for fun. The pottery is dishwasher- and microwave-safe. Parent/caregiver must fully participate in the activity. All participating children must be registered.

**1, 60-min. session at RCC Hunters Woods
\$15 (R)/\$23 (NR)**

January 24

Tue 10:00 a.m. – 11:00 a.m.
901149-3A Clay Cafe Studios

DANCE

Ballet Basics I

(3 – 6 years old)

Beginners will learn basic positions, terminology and barre technique.

**8, 45-min. sessions at RCC Hunters Woods
\$125 (R)/\$175 (NR)**

January 11 – March 1

Wed 5:00 p.m. – 5:45 p.m.
402402-3C Art in Motion

January 14 – March 4

Sat 11:00 a.m. – 11:45 a.m.
402402-3D Art in Motion

March 29 – May 24

(No Class: April 5)
Wed 5:00 p.m. – 5:45 p.m.
402402-3E Art in Motion

April 1 – May 27

(No Class: April 8)
Sat 11:00 a.m. – 11:45 a.m.
402402-3F Art in Motion

Ballet Combo

(3 – 6 years old)

This class session is structured as intro to ballet basics with an emphasis in creative movement.

**8, 45-min. sessions at RCC Hunters Woods
\$125 (R)/\$175 (NR)**

January 14 – March 4

Sat 9:00 a.m. – 9:45 a.m.
402414-3B Art in Motion

April 1 – May 27

(No Class: April 8)
Sat 9:00 a.m. – 9:45 a.m.
402414-3C Art in Motion

Hip-Hop

(4 – 6 years old)

Introduction to hip-hop movement with a focus on creativity, flexibility and fun. Instruction is provided to age-appropriate music.

**8, 45-min. sessions at RCC Hunters Woods
\$125 (R)/\$175 (NR)**

January 11 – March 1

Wed 4:00 p.m. – 4:45 p.m.
402672-3C Art in Motion

January 14 – March 4

Sat 10:00 a.m. – 10:45 a.m.
402672-3D Art in Motion

March 29 – May 24

(No Class: April 5)
Wed 4:00 p.m. – 4:45 p.m.
402672-3E Art in Motion

April 1 – May 27

(No Class: April 8)
Sat 10:00 a.m. – 10:45 a.m.
402672-3F Art in Motion

ENRICHMENT

Babysitting

(10 – 15 years old)

Earn some money babysitting by learning critical safety and injury prevention skills. Endorsed by the American Academy of Pediatrics, this class provides interactive instruction and training in pediatric first aid and CPR, what to do in the case of choking, information on household safety, and the fundamentals of childcare. Students must attend the entire training workshop to obtain certificates. Please bring a doll and a bag lunch.

1, 6-hour session at RCC Hunters Woods \$100 (R)/\$150 (NR)

March 18

Sat 9:30 a.m. – 3:30 p.m.
902300-3B McCall

Happy Birthday, Dr. Seuss

(2 – 5 years old)

Celebrate Dr. Seuss' birthday with a story and recipe from one of his books. Parents/ caregivers must fully participate in the activities. Allergy warning: eggs, gluten, nuts and dairy will be used in the recipe.

1, 60-min. session at RCC Hunters Woods \$10 (R)/\$15 (NR)

March 2

Thu 10:00 a.m. – 11:00 a.m.
903050-3A Gollop-Pagani

Math Tutoring for Grades 3 and 4

(8 – 10 years old)

Tutoring on concepts such as multiplication and division, money, patterns, fractions, and more is available for students who want to improve their skills. More lesson information will be available upon registration.

90-min. sessions at RCC Hunters Woods Free, Registration Req.

February 13 – May 15

(No Class: March 27)

Mon 4:30 p.m. – 6:00 p.m.
901463-3K Samet

YOUTH CLASSES

These programs are not appropriate for children younger or older than the advertised age range.

Math Tutoring for Grades 5 and 6

(10 – 12 years old)

Tutoring on concepts such as prime and composite numbers, order of operations, ratio and unit rates, fraction and decimal number sense, and more is available for students who want to improve their skills. More lesson information will be available upon registration.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

February 14 – May 16

(No Class: March 28)

Tue 4:30 p.m. – 6:00 p.m.
901464-3K Samet

Math Tutoring for Grades 7 and 8

(12 – 14 years old)

Tutoring on concepts such as number and number sense, computation and estimation, measurement and geometry, probability and statistics, and patterns functions and algebra is available for students who want to improve their skills. More lesson information will be available upon registration.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

February 15 – May 17

(No Class: March 29, April 5)

Wed 4:30 p.m. – 6:00 p.m.
901465-3L Samet

Pi Day

(2 – 5 years old)

Celebrate Pi (also known as the number 3.14 with its endless stream of integers), with number games and fun mathematical facts. Learn counting and number recognition while preparing a tasty pie. Parents/caregivers must fully participate in the activities. Participating children must register. Allergy warning: eggs, gluten, nuts and dairy may be used in the recipe.

1, 60-min. session at RCC Hunters Woods \$10 (R)/\$15 (NR)

March 14

Tue 10:00 a.m. – 11:00 a.m.
903065-3A Gollop-Pagani

FITNESS

Learn to Bike – Youth

(6 – 12 years old)

This class is for children who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering skills and basic braking skills. Registration fee includes the rental of a bike and a Consumer Product Safety Commission (CPSC)-approved helmet. If the student would like to bring their own helmet, it must be CPSC approved. Students are asked to wear comfortable, weather-appropriate outerwear and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided.

1, 2-hour session at 1886 Metro Center Dr. \$30 (R)/\$45 (NR)

April 16

Sun 1:00 p.m. – 3:00 p.m.
306208-3D Westenhoff

May 7

Sun 1:00 p.m. – 3:00 p.m.
306208-3E Westenhoff

TEENS/TWEENS

Youth ages 13 – 17 may be able to participate in offerings for 18 and older with permission from the program director. Please email or call for information about Leisure and Learning offerings (pages 54 – 73) that may be of interest to those ages.

Teens and tweens are encouraged to write to RCCcontact@fairfaxcounty.gov if they have a program suggestion or desire we can design for them.

PERFORMING ARTS

Young Actors Theatre

(7 – 15 years old)

Students will be introduced to the skills and processes necessary to create a performance. Participants will perform in an original production on Saturday, March 11 and Sunday, June 4 at 3:00 p.m. at the CenterStage at RCC Hunters Woods. Preparing for the production will require additional technical rehearsals during the weeks of March 6 – 10 and May 30 – June 3. The class meets on Friday from 4:30 p.m. – 6:00 p.m. and Saturday from 9:00 a.m. – 12:00 p.m. Students are reminded that class attendance is critical to their success, so please plan schedules accordingly.

20 sessions at RCC Hunters Woods
\$235 (R)/\$410 (NR)

January 6 – March 11

Fri 4:30 p.m. – 6:00 p.m.
Sat 9:00 a.m. – 12:00 p.m.
402467-3B Brutsché

March 24 – June 4

(No Class: April 7, 8)

Fri 4:30 p.m. – 6:00 p.m.
Sat 9:00 a.m. – 12:00 p.m.
402467-3C Brutsché

SOCIAL

Big Fun for Little Ones

(1 – 5 years old)

Let kids work out their excess energy by playing on our indoor inflatables and with oversized toys. Parents/caregivers must fully participate and supervise children during all activities.

90-min. sessions at RCC Hunters Woods
Free, Registration Req.

January 11 – March 31

(No Class: March 17)

Wed, Fri 10:00 a.m. – 11:30 a.m.
901340-3B Staff

April 14 – May 26

Fri 10:00 a.m.-11:00 a.m.
901340-3C Staff

Springtime Tea

(2 – 5 years old)

Celebrate the arrival of spring with our seasonal springtime tea, featuring crafts, refreshments and a story. Parent/caregiver must fully participate in the activities. Participating children must be registered.

1, 60-min. session at RCC Hunters Woods
Free, Registration Req.

March 22

Wed 10:00 a.m. – 11:00 a.m.
901112-3A Gollop-Pagani

St. Patrick's Day Shenanigans

(2 – 5 years old)

Wear green and enjoy the luck of the Irish with music, stories and a craft to mark the day. Supplies are included in the class fee. Parent/caregiver must fully participate in the activities. Participating children must be registered.

1, 60-min. session at RCC Hunters Woods
\$10 (R)/\$15 (NR)

March 17

Fri 10:00 a.m. – 11:00 a.m.
903051-3A Gollop-Pagani

Tot Time

(Infant – 4 years old)

Kids love this play group and parents/caregivers enjoy socializing with one another. Toys, games, books and music are provided. Parent/caregiver must fully participate in the activities.

90-min. sessions at RCC Hunters Woods
Free, Registration Req.

January 9 – May 25

(No Class: January 16, February 20)

Mon, Thu 9:30 a.m. – 11:00 a.m.
902989-3B Ali

TECHNOLOGY

Apprentice Engineering for Travel

(9 – 13 years old)

Team up for an engineering adventure. Students will engineer vehicles to traverse the most treacherous terrains, brave the highest seas and soar above the clouds by using their imaginations and materials.

1, 4-hour session at RCC Hunters Woods
\$80 (R)/\$120 (NR)

May 13

Sat 1:00 p.m. – 5:00 p.m.
900283-3A Naim

Apprentice Robotics: Robo Games

(9 – 13 years old)

Participants will design and program robots to compete in simulated competitive events such as sprinting in a race, throwing a basketball and shooting a puck into a hockey goal. Lego Robotics will be used with computers to teach robotics principles, programming and teamwork.

1, 4-hour session at RCC Hunters Woods
\$80 (R)/\$120 (NR)

March 11

Sat 10:00 a.m. – 2:00 p.m.
900281-3A Naim

Junior Engineering: Power and Energy

(5 – 8 years old)

Look at ways to get things moving with no batteries required. Participants will explore the foundational concepts of potential and kinetic energy by building their own toys. Additionally, students will explore natural power and energy sources such as falling water and the sun.

1, 4-hour session at RCC Hunters Woods
\$80 (R)/\$120 (NR)

April 22

Sat 1:00 p.m. – 5:00 p.m.
900282-3A Naim

Junior Robotics – Lego WeDo

(5 – 8 years old)

This program is a combination of learning using Lego WeDo robots and bricks. Students will explore levers, pulleys, and gears as they build and program dancing birds, spinners, and kickers, among others.

1, 4-hour session at RCC Hunters Woods
\$80 (R)/\$120 (NR)

January 28

Sat 1:00 p.m. – 5:00 p.m.
900280-3A Naim

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

TRIPS AND MEET UPS

Children's Science Center Lab

(3 years and older)

The Children's Science Center Lab encourages children to explore science, technology, engineering and mathematics (STEM) concepts through fun, engaging hands-on exhibits and activities. Please meet at Children's Science Center Lab, at 11948 Fair Oaks Mall in Fairfax, VA. For directions, call 703-648-3430. Parents/caregivers must fully participate in the activities. Parents and children must register and pay.

1, 2-hour session at Children's Science Center
\$10 (R)/\$8 (R55+)/\$15 (NR)

May 11

Thu 10:00 a.m. – 12:00 p.m.
 901430-3A Haneline

Frying Pan Farm Park

(2 – 5 years old)

Frying Pan Farm Park is the only working farm in Fairfax County and is representative of "the way things used to be" from the 1920s through the 1950s. Participants will see baby animals, take a ride in a wagon and on a carousel. Please meet in front of the entrance to the gazebo at Kidwell Farm, which is in Frying Pan Farm Park, 2709 West Ox Road, Herndon, VA. For directions, call 703-437-9101. Parent/caregiver must fully participate in the activities. Participating children must register.

1, 60-min. session at Frying Pan Park
Free, Registration Req.

May 18

Thu 10:00 a.m. – 11:00 a.m.
 901451-3A Haneline

Maple Syrup Boil Down

(2 – 12 years old)

Join us at Colvin Run Mill for a demonstration of a maple syrup boil down. As the weather warms, maple sap rises and is tapped and boiled down to a sweet syrup. Enjoy the sweet, fresh maple syrup over freshly baked cornbread. Dress for the weather as this is an outdoor activity. Meet at the entrance to Colvin Run Mill, 10017 Colvin Run Road, Great Falls, VA. For directions, call 703-759-2771.

1, 2-hour session at Colvin Run Mill
\$5 (R)/\$4 (R55+)/\$8 (NR)

February 5

Sun 12:00 p.m. – 2:00 p.m.
 901393-3A Ali

Tadpoles, Turtles, Garden Fairies

(2 – 5 years old)

Look for signs of spring by observing tadpoles and turtles making their homes in ponds. Watch for fairies hiding out in a Bonsai Garden and walk across bridges and through woods to see spring colors bursting. Meet at the main entrance to Meadowlark Gardens, 9750 Meadowlark Gardens Court, Vienna, VA. For directions, call 703-255-3631.

1, 60-min. session at Meadowlark Gardens
Free, Registration Req.

April 18

Tue 10:00 a.m. – 11:00 a.m.
 901261-3A Haneline

May 4

Thu 10:00 a.m. – 11:00 a.m.
 901261-3B Haneline

Visit to Fairfax Railroad

(2 years and older)

The Friends of Fairfax Station foster an appreciation for local history through its programs, displays and special exhibits suitable for all ages. Meet at Fairfax Railroad, 11200 Fairfax Station Road, Fairfax Station, VA. For directions, call 703-425-9225. Participants will begin with a brief tour of the caboose and some of the exhibits. A hands-on craft featuring a railroad or historic theme is planned.

1, 3-hour session at Fairfax Station Railroad Museum

Free, Registration Req.

February 19

Sun 1:00 p.m. – 4:00 p.m.
 901399-3A Ali

VISUAL ARTS

Art Attack

(7 – 11 years old)

Students will explore and unlock their imagination using various media such as pastels, watercolor, tempera, colored pencils and much more. Each class session will give participants the freedom to make choices and think about what is visually pleasing to them as an artist, resulting in fun, creative projects.

9, 60-min. sessions at RCC Lake Anne

\$75 (R)/\$130 (NR)

March 13 – May 8

(No Class: April 3)

Mon 4:45 p.m. – 5:45 p.m.
 402697-3C Lambakis

WOODWORKING

Pinewood Derby Workshop

(7 – 14 years old)

The RCC Woodshop is available on specific dates and times from December to February to allow Cub Scouts to work on Pinewood Derby projects. Each Den may register for up to two sessions. A Den must register under the Den Leader's name and pay the flat fee upon registration for a minimum of six participants and a maximum of 12. Parents/caregivers are strongly encouraged to accompany their children to assist with project completion and Scout supervision. The Woodshop will not be available for Pinewood Derby projects outside of the scheduled times. Only one Den will be hosted in the Woodshop per scheduled session. Reservations are required; no walk-ins.

1, 2-hour session at RCC Hunters Woods
\$75 (R)/\$60 (R55+)/\$113 (NR)

January 13

Fri 5:30 p.m. – 7:30 p.m.
 901003-3F Ingram

January 20

Fri 5:30 p.m. – 7:30 p.m.
 901003-3G Ingram

January 23

Mon 5:30 p.m. – 7:30 p.m.
 901003-3H Ingram

Mon

7:30 p.m. – 9:30 p.m.
 901003-3I Ingram

January 27

Fri 5:30 p.m. – 7:30 p.m.
 901003-3J Ingram

January 30

Mon 5:30 p.m. – 7:30 p.m.
 901003-3K Ingram

February 3

Fri 5:30 p.m. – 7:30 p.m.
 901003-3L Ingram

February 6

Mon 5:30 p.m. – 7:30 p.m.
 901003-3M Ingram

Mon

7:30 p.m. – 9:30 p.m.
 901003-3N Ingram



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CRAFTS

Blacksmithing Workshop – Intermediate

(12 years and older)

This workshop is for those who have taken Blacksmithing Workshop previously or who have prior knowledge and experience of blacksmithing. The instructor will review basics and teach more advanced techniques. A list of protective clothing and gear to be worn during class will be sent after registration.

1, 3-hour session at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)**March 12**

Sun 1:00 p.m. – 4:00 p.m.
900267-3A Crane

May 21

Sun 1:00 p.m. – 4:00 p.m.
900267-3B Crane

Japanese Floral Arrangement

(18 years and older)

Learn how to put fresh, seasonal flowers into beautiful arrangements with Japanese touches. Ikebana is the Japanese art of flower arrangement focusing on harmony, color, use, rhythm and elegantly simple designs. This disciplined art form is steeped in the philosophy of developing a closeness with nature. Flowers will be provided; students need to bring a vase and small scissors or garden clippers.

1, 2-hour session at RCC Hunters Woods \$55 (R)/\$44 (R55+)/\$83 (NR)**March 12**

Sun 1:00 p.m. – 3:00 p.m.
500645-3C Shimizu

April 30

Sun 1:00 p.m. – 3:00 p.m.
500645-3E Shimizu

May 7

Sun 1:00 p.m. – 3:00 p.m.
500645-3F Shimizu

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

Origami Gift Box

(18 years and older)

Learn and have fun making gift boxes using origami paper. The instructor will introduce basic folds, how to read diagrams, and how to make easy and beautiful gift boxes. Class fee includes supplies.

1, 2-hour session at RCC Hunters Woods \$40 (R)/\$32 (R55+)/\$60 (NR)**January 29**

Sun 1:00 p.m. – 3:00 p.m.
500598-3A Shimizu

February 5

Sun 1:00 p.m. – 3:00 p.m.
500598-3B Shimizu

March 5

Sun 1:00 p.m. – 3:00 p.m.
500598-3C Shimizu

Sewing for Today's Fashions II

(13 years and older)

Delve further into the world of fashion design. This course is for those who have mastered introductory level sewing skills. Students will design and produce two ready-to-wear garments while learning pattern cutting, hand sewing techniques and embellishments. Students are encouraged to bring a portable sewing machine to class as only a limited number of RCC-owned machines are available. Fee includes all materials and supplies, and each student will receive a sewing bag.

6, 2-hour sessions at RCC Hunters Woods \$100 (R)/\$80 (R55+)/\$150 (NR)**March 15 – April 19**

Wed 6:30 p.m. – 8:30 p.m.
901339-3B Minassian

CREATIVE CONNECTIONS**Reston Plant Swap**

(18 years and older)

Bring a pest-free houseplant (or two), potted or bare root, but in a container, to swap out with the community. Please don't bring invasives. Learn different growing tips and techniques and share plant stories. Participants may also bring any plant supplies they wish to donate.

1, 90-min. session at Walker Nature Center Free, Registration Req.**May 18**

Thu 6:00 p.m. – 7:30 p.m.
862000-3C Staff

DANCE

Line Dancing with Scotty – Beginner

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for beginners. Please wear shoes that will slide on the wood floor and bring water to class.

10, 60-min. sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)**January 5 – March 9**

Thu 5:00 p.m. – 6:00 p.m.
503532-3B Inman

March 23 – May 25

Thu 5:00 p.m. – 6:00 p.m.
503532-3C Inman

Line Dancing with Scotty – Intermediate

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.

10, 60-min. sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)**January 5 – March 9**

Thu 6:00 p.m. – 7:00 p.m.
503623-3B Inman

March 23 – May 25

Thu 6:00 p.m. – 7:00 p.m.
503623-3C Inman

Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels convene to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini-lesson and door prizes add to the fun; partners are not required. Reservations for Sunday Afternoon Dances are free, but patrons are required to purchase a Dance pass and swipe the pass prior to each class. Dance passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC. For more information, please contact Cassie Lebron, Lifelong Learning Program Director, at 703-390-6157.

2-hour sessions at RCC Hunters Woods Pass • Reservations Req.**January 8, February 12, March 12, April 2, May 14**

Sun 2:30 p.m. – 4:30 p.m.
509609-3 Staff

DISCUSSION

Bookends

(18 years and older)

Participants engage in lively discussions of a variety of books. Please purchase the book or check it out from the library to participate in the discussions.

January 26: *The Age of Innocence* by Edith Wharton

February 23: *The Nickel Boys* by Colson Whitehead

March 23: *Little Bee* by Chris Cleave

April 27: *The Water is Wide* by Pat Conroy

May 25: *The Brief and True Report of the Temperance Flowerdew* by Denise Heinze

90-min. sessions at RCC Hunters Woods Free, Registration Req.

January 26, February 23, March 23,

April 27, May 25

Thu 12:30 p.m. – 2:00 p.m.
5C0075-3B Staff

Current Issues

Discussion Group

(18 years and older)

Join this lively gathering and be prepared to debate politics and how government works or doesn't work on local, national and world levels. Newcomers are welcome and encouraged to attend.

2-hour sessions at RCC Hunters Woods Free, Registration Req.

January 5 – May 25

Thu 10:00 a.m. – 12:00 p.m.
5C0080-3B Staff

**REGISTER TODAY
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

ENRICHMENT

Chronic Pain Self-Management

(18 years and older)

Chronic Pain Self-Management is an evidence-based program that helps people learn tools and strategies to manage pain. Topics include how to deal with poor sleep, fatigue and frustration, as well as nutrition-appropriate medication management. The classes are highly participatory. This class will be offered on Zoom; registered patrons will be sent the Zoom link 24 hours prior to the class.

6, 2-hour sessions • Virtual Free, Registration Req.

January 25 – March 1

Wed 1:30 p.m. – 3:30 p.m.
503719-3A Duke

Cognitive Health and Fitness for the Brain

(18 years and older)

This virtual presentation is about lifestyle changes that keep cognitive fitness and brain health functioning at maximum potential. Pillars of fitness that sustain good brain health function and cognitive fitness will be shared. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session • Virtual Free, Registration Req.

February 23

Thu 10:00 a.m. – 11:00 a.m.
504302-3B Rizzo

College Financing Strategies

(13 years and older)

Learn why it is important to apply for college scholarships early and what to do if college is approaching and you still need more funding. Marianne Ragins is a \$400,000 scholarship winner who will explain strategies for finding money for higher education. Parents/caregivers are invited to register and attend as well. This class will be held virtually on Zoom. Participants may choose to watch this virtual class at RCC Hunters Woods or watch from home on their own computer. A link will be provided to all registered participants prior to the class.

1, 2-hour session • Virtual Free, Registration Req.

April 27

Thu 6:30 p.m. – 8:30 p.m.
900270-3A Ragins

College Readiness

(13 years and older)

Marianne Ragins, \$400,000 scholarship winner and author of *Winning Scholarships for College* and *College Survival and Success Skills 101* will teach prospective college students how to jumpstart their college career and be successful. Ragins will discuss graduating with minimal debt, internship and work experience, study abroad opportunities, options for graduate school, and more. Parents/caregivers are welcome to register and attend as well. This class will be held virtually on Zoom. Participants may choose to watch this virtual class at RCC Hunters Woods or watch from home on their own computer. A link will be provided to all registered participants prior to the class.

1, 2-hour session • Virtual Free, Registration Req.

March 9

Thu 6:30 p.m. – 8:30 p.m.
900269-3A Ragins

Controlling Blood Pressure

(18 years and older)

This virtual presentation will discuss high blood pressure and its symptoms, along with lifestyle changes that can help treat the condition. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; all registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session • Virtual Free, Registration Req.

January 18

Wed 2:00 p.m. – 3:00 p.m.
504301-3B Rizzo

Effective Communication in Relationships

(13 years and older)

Good communication is essential for a healthy relationship. Participants will learn strategies to communicate clearly by role-playing in a variety of scenarios, and will discuss the differences in aggressive, passive, passive-aggressive, and assertive behaviors.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

March 23

Thu 7:00 p.m. – 8:00 p.m.
900273-3A Al-Suqi

ENRICHMENT CONTINUED

Don't Be Scammed

(18 years and older)

Learn about scams such as unlicensed contractors, romance scams and grandparent scams, along with tips on how to protect yourself.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

May 10

Wed
503509-3B

11:00 a.m. – 12:00 p.m.
Smarr

Finding a New Podcast

(18 years and older)

Podcasts are the new and easy way to learn. This class will provide the tools to search and download podcasts to suit diverse interests.

2, 2.5-hour sessions at RCC Hunters Woods Free, Registration Req.

May 2 – May 4

Tue, Thu
547126-3A

1:00 p.m. – 3:30 p.m.
O'Connell

Food Fighters for Good Health

(18 years and older)

Learn how to fill a shopping cart and menu plan to prevent heart diseases, Type 2 diabetes and cancer. Join us for a lively discussion on disease-fighting foods and ways to reduce sugar, fat and salt in your daily diet. The class will have an opportunity to sample items.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

May 24

Wed
547122-3A

2:00 p.m. – 3:00 p.m.
McGill

Healthy Living for Brain and Body

(18 years and older)

Learn about the latest research providing insights into how to make lifestyle choices that may help keep brains and bodies healthy.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

May 11

Thu
547120-3A

3:00 p.m. – 4:00 p.m.
Fagan

Legal: Estate Planning Basics

(18 years and older)

This class will give participants a basic knowledge of estate plans. Topics include advantages and disadvantages of different planning techniques (including joint ownership), using beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees. This class will be virtual using the Microsoft Teams platform, all registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

January 6

Fri
500809-3B

3:00 p.m. – 4:00 p.m.
Lambeth

Lenses of Mythology

(18 years and older)

This class will introduce the concept of Joseph Campbell's "the hero's journey" as an archetype to explore modern experiences, media, gender identity and American history. Participants will explore social constructs and how they are connected to mythology.

8, 60-min. sessions at RCC Hunters Woods Free, Registration Req.

March 7 – April 25

Tue
547125-3A

6:00 p.m. – 7:00 p.m.
Scholnick

Lifetime Values for Relationships

(13 years and older)

Participants will explore the values they have learned through life experiences and tap into the values that would keep them safe in relationships. They will learn to differentiate between the components of a relationship that can be negotiable for them and the components that cannot. By the end of this workshop, participants will have a nuanced understanding of their "relationship dealbreakers."

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

January 19

Thu
900271-3A

7:00 p.m. – 8:00 p.m.
Al-Suqi

Managing Money: A Caregiver's Guide to Finances

(18 years and older)

If you or a loved one is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

April 26

Wed
547121-3A

5:00 p.m. – 6:00 p.m.
Fagan

Medicare 101

(18 years and older)

Medicare 101 is for individuals who will soon be eligible for Medicare. This session will address Medicare Part A (inpatient hospitalization/skilled nursing), Part B (Outpatient hospital services/doctors/labs/radiology), Part C (Medicare Advantage Plans) and Part D (Prescription drugs), as well as how to cover the gaps in Medicare benefits through Medicare Supplement Plans. Per ACL guidelines governing conflicts of interest, health insurance brokers or agents should not attend; the information is intended solely for use by individuals.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

May 18

Thu
500402-3B

12:00 p.m. – 1:30 p.m.
De Leon

Money Matters for Students

(13 years and older)

Marianne Ragins, \$400,000 scholarship winner and author of *Winning Scholarships for College*, will teach students of all ages, including middle school and high school students, how to manage money. Savings, credit cards, budgeting, identifying needs versus wants, simple investing tactics, and ways to tackle college costs early will be discussed. Parents/caregivers are encouraged to attend and register as well. This class will be held virtually on Zoom. Participants may choose to watch this virtual class at RCC Hunters Woods or watch from home on their own computer. A link will be provided to all registered participants prior to the class.

1, 2-hour session • Virtual Free, Registration Req.

January 26

Thu
900268-3A

6:30 p.m. – 8:30 p.m.
Ragins

Preparing Finances for a Recession

(18 years and older)

Learn how to arrange finances and investments to be better prepared for a recession.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

April 5

Wed 6:00 p.m. – 7:00 p.m.
574122-3A Voorhees

Salary Negotiation 101

(18 years and older)

Learn how to research your target salary, highlight accomplishments, and find the right words to negotiate for better benefits and pay.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

April 19

Wed 7:00 p.m. – 8:30 p.m.
547123-3A Greenwood

Self-Esteem/Jealousy

(13 years and older)

Learn the importance of healthy self-esteem in a relationship, as well as tips and techniques to foster and maintain a healthy self-image. Participants will also explore the role of jealousy and how it affects a relationship.

1, 60-min. sessions at RCC Hunters Woods Free, Registration Req.

February 16

Thu 7:00 p.m. – 8:00 p.m.
900272-3A Al-Suqi

STDs and HIV

(13 years and older)

Learn about STDs and HIV, the differences, methods of transmission, symptoms, treatment, prevention and resources.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

April 20

Thu 7:00 p.m. – 8:00 p.m.
900274-3A Al-Suqi

Tax Strategies

(18 years and older)

Learn how to lower lifetime tax bills with tax-efficient investments, charitable giving options, Roth IRA conversions and more.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

February 6

Mon 6:00 p.m. – 7:00 p.m.
574123-3A Voorhees

FITNESS – CARDIO AND STRENGTH

Barre Fusion

(18 years and older)

This class is a low impact strength workout that enhances muscle tone, posture, and flexibility. This class blends ballet, dance, functional strength and mind-body inspired movement. Regular barre workouts can help increase bone density, endurance and metabolism. Participants should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat.

8, 60-min. sessions at RCC Lake Anne \$60 (R)/\$48 (R55+)/\$90 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 9:15 a.m. – 10:15 a.m.
300149-3A Bidy

March 20 – May 15

(No Class: April 3)

Mon 9:15 a.m. – 10:15 a.m.
300149-3B Bidy

Cardio Strength

(18 years and older)

This class combines cardio, strength training, and core strengthening using a variety of equipment to work all major muscle groups. This class will involve mat work on the floor. Patrons are required to bring their own mat to class.

9, 60-min. sessions at RCC Lake Anne \$70 (R)/\$56 (R55+)/\$105 (NR)

January 10 – March 7

Tue 5:30 p.m. – 6:30 p.m.
300150-3B Fletcher

March 14 – May 23

(No Class: April 4, May 2)

Tue 5:30 p.m. – 6:30 p.m.
300150-3C Fletcher

Fitness Fusion

(18 years and older)

Tone and firm the entire body while improving cardiovascular health, strength and flexibility. Wear fitness shoes and clothing and bring water. Participants must be able to use a mat on the floor. Patrons are required to bring their own mat to class.

8, 50-min. sessions at RCC Lake Anne \$95 (R)/\$76 (R55+)/\$143 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 10:30 a.m. – 11:20 a.m.
300014-3G Miles

January 11 – March 8

Wed 10:30 a.m. – 11:20 a.m.
300014-3H Miles

March 20 – May 15

(No Class: April 3)

Mon 10:30 a.m. – 11:20 a.m.
300014-3I Miles

March 22 – May 17

(No Class: April 5)

Wed 10:30 a.m. – 11:20 a.m.
300014-3J Miles

Mind-Body Fitness

(18 years and older)

This team-taught program, led by two personal trainers, provides customized and individual attention to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels welcome. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne \$95 (R)/\$76 (R55+)/\$143 (NR)

January 10 – February 28

Tue 11:30 a.m. – 12:30 p.m.
305840-3G Williams

January 12 – March 9

(No Class: January 26)

Thu 11:30 a.m. – 12:30 p.m.
305840-3H Williams

March 21 – May 16

(No Class: April 4)

Tue 11:30 a.m. – 12:30 p.m.
305840-3I Williams

March 23 – May 18

(No Class: April 6)

Thu 11:30 a.m. – 12:30 p.m.
305840-3J Williams

CARDIO AND STRENGTH CONTINUED

Zumba Family

(5 years and older)

Zumba Family allows children and parents/caregivers to work out and have fun together. The class incorporates the high-energy and motivating music of Zumba in a way that younger participants can easily follow. Specially choreographed routines get the body moving while having fun. Parent/caregiver must fully participate in activity. All participants, including accompanying parents/caregivers, must register and pay.

6, 45-min. sessions at RCC Lake Anne

\$20 (R)/\$16 (R55+)/\$30 (NR)

January 18 – February 22

Wed 5:00 p.m. – 5:45 p.m.
306108-3B Avilov

Zumba Fitness

(18 years and older)

Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

8, 60-min. sessions at RCC Lake Anne

\$60 (R)/\$48 (R55+)/\$90 (NR)

January 12 – March 2

Thu 6:00 p.m. – 7:00 p.m.
302327-3D Kumar

March 23 – May 18

(No Class: April 27)

Thu 6:00 p.m. – 7:00 p.m.
302327-3E Kumar

8, 60-min. sessions at RCC Lake Anne

\$75 (R)/\$60 (R55+)/\$113 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 6:30 p.m. – 7:30 p.m.
302327-3C Ledesma

March 27 – May 15

Mon 6:30 p.m. – 7:30 p.m.
302327-3F Ledesma

Zumba Toning

(18 years and older)

Zumba Toning combines targeted body sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or lightweight dumbbells to enhance rhythm and tone target areas that include arms, abs and thighs. New participants must attend the first session of each class, which includes orientation on posture, alignment and form.

8, 55-min. sessions at RCC Lake Anne

\$75 (R)/\$60 (R55+)/\$113 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 5:30 p.m. – 6:25 p.m.
302227-3B Ledesma

March 27 – May 15

Mon 5:30 p.m. – 6:25 p.m.
302227-3C Ledesma

FITNESS – MOVEMENT AND WELLNESS

Aging with Power and Grace

(18 years and older)

This fun class will explore a variety of exercises designed to increase muscular strength, range of motion, and activities for daily living. Class can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Participants are asked to wear supportive footwear to class.

8, 60-min. sessions at RCC Lake Anne

\$95 (R)/\$76 (R55+)/\$143 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 11:30 a.m. – 12:30 p.m.
300147-3G Williams

January 11 – March 8

Wed 11:30 a.m. – 12:30 p.m.
300147-3H Williams

March 20 – May 15

(No Class: April 3)

Mon 11:30 a.m. – 12:30 p.m.
300147-3I Williams

March 22 – May 17

(No Class: April 5)

Wed 11:30 a.m. – 12:30 p.m.
300147-3J Williams

Balance and Mobility

(18 years and older)

This class is taught by RCC instructors Christina Unger and Anya Avilov. It combines yoga and Essentrics to improve balance, strength and flexibility. Learn movements, breathing techniques and relaxation to promote balance, increase range of motion in joints and develop awareness to reduce the likelihood of injuries from falls. Patrons are required to bring their own mat to class.

4, 60-min. sessions at RCC Lake Anne

\$45 (R)/\$36 (R55+)/\$68 (NR)

January 19 – February 9

Thu 5:00 p.m. – 6:00 p.m.
302410-3A Unger/Avilov

Balance and Mobility Workshop

(18 years and older)

Stay strong for a lifetime with this new class from RCC instructors Christina Unger and Anya Avilov. The workshop combines yoga and Essentrics to improve balance, strength and flexibility. Learn movements, breathing techniques and relaxation to promote balance, increase range of motion in joints and develop awareness to reduce the likelihood of injuries from falls. It is never too early or too late to learn new things and create wellness in your body and mind.

1, 2-hour session at RCC Lake Anne

\$25 (R)/\$20 (R55+)/\$38 (NR)

March 5

Sun 1:00 p.m. – 3:00 p.m.
302400-3C Unger/Avilov

Beginning Tai Chi

(18 years and older)

This class emphasizes the physical discipline and structure of Tai Chi movements and provides the development of basic skills and techniques that lead toward an integration of the mind, body and spirit.

8, 60-min. sessions at RCC Lake Anne

\$65 (R)/\$52 (R55+)/\$98 (NR)

January 13 – March 3

Fri 9:30 a.m. – 10:30 a.m.
302305-3B Durham

March 24 – May 12

Fri 9:30 a.m. – 10:30 a.m.
302305-3C Durham

Bolly X

(18 years and older)

This is a fun, high-intensity interval training workout inspired and driven by the energetic, foot tapping beats of Bollywood.

6, 45-min. sessions at RCC Lake Anne

\$45 (R)/\$36 (R55+)/\$68 (NR)

January 27 – March 3

Fri 12:00 p.m. – 12:45 p.m.
305045-3B Chaturvedi

March 24 – May 5

(No Class: April 7)

Fri 12:00 p.m. – 12:45 p.m.
305045-3C Chaturvedi

Essentrics

(18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine. Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

9, 60-min. sessions at RCC Lake Anne

\$70 (R)/\$56 (R55+)/\$105 (NR)

January 10 – March 7

Tue 10:15 a.m. – 11:15 a.m.
305033-3E Avilov

Tue 6:45 p.m. – 7:45 p.m.
305033-3F Fletcher

January 12 – March 9

Thu 10:15 a.m. – 11:15 a.m.
305033-3G Avilov

January 13 – March 10

Fri 10:45 a.m. – 11:45 a.m.
305033-3H Avilov

March 14 – May 23

(No Class: April 4, May 2)

Tue 6:45 p.m. – 7:45 p.m.
305033-3I Fletcher

March 21 – May 16

Tue 10:15 a.m. – 11:15 a.m.
305033-3J Avilov

March 23 – May 18

Thu 10:15 a.m. – 11:15 a.m.
305033-3K Avilov

March 24 – May 19

Fri 10:45 a.m. – 11:45 a.m.
305033-3L Avilov

Essentrics: Aging Backwards

(18 years and older)

This revolutionary approach to healthy aging is designed to restore movement in joints, increase muscle flexibility, relieve pain, and stimulate cells to increase energy, vibrancy and to fortify the immune system. This slow-paced, full-body workout was created by Miranda Esmonde-White, author of *The New York Times* bestseller *Aging Backwards*. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

9, 60-min. sessions at RCC Lake Anne

\$70 (R)/\$56 (R55+)/\$105 (NR)

January 11 – March 8

Wed 10:45 a.m. – 11:45 a.m.
305034-3B Avilov

March 22 – May 17

Wed 10:45 a.m. – 11:45 a.m.
305034-3C Avilov

Forever Fit

(18 years and older)

A low-intensity workout focusing on cardiovascular conditioning, strength training, flexibility and balance. A fun way to stay fit no matter what your age. This class uses hand weights, a small ball for core work and mat. Patrons are required to bring their own mat to class.

8, 45-min. sessions at RCC Lake Anne

\$60 (R)/\$48 (R55+)/\$90 (NR)

January 12 – March 9

(No Class: January 19)

Thu 9:15 a.m. – 10:00 a.m.
305040-3C Briglia

March 23 – May 18

(No Class: April 6)

Thu 9:15 a.m. – 10:00 a.m.
305040-3D Briglia

Forever Fit Chair

(18 years and older)

Enjoy chair-based exercises focusing on strength, flexibility and balance. This class uses bands, hand weights and a small ball.

8, 45-min. sessions at RCC Lake Anne

\$60 (R)/\$48 (R55+)/\$90 (NR)

January 10 – February 28

Tue 11:30 a.m. – 12:15 p.m.
305041-3C Briglia

March 21 – May 16

(No Class: April 4)

Tue 11:30 a.m. – 12:15 p.m.
305041-3D Briglia

Gut Feeling Seminar

(18 years and older)

This workshop explores the positive effects that yoga, breathing and meditation can have on the digestive system. Learn how stress plays a role in digestive health and practices on how to change responses to physical and psychological stressors. In addition to discussion, participants will learn some yoga postures and breathing practices geared toward balanced, healthy, happy gut and brain connections.

1, 3-hour session at RCC Lake Anne

\$25 (R)/\$20 (R55+)/\$38 (NR)

January 28

Sat 1:00 p.m. – 4:00 p.m.
305555-3C Unger

Healthy Joints Workshop

(18 years and older)

Joint health and mobility refer to the movement around a joint. Having full range of motion and flexibility without pain and stiffness indicates healthy joints. However, many people have a limited range of motion. This causes joint pain that can make everyday tasks difficult. Learn stretches and exercises to help keep joints healthy and flexible, and to relieve pain. This workshop is led by Sasha Avilov, Doctor of Physical Therapy.

1, 60-min. session at RCC Lake Anne

Free, Registration Req.

March 12

Sun 11:00 a.m. – 12:00 p.m.
302402-3B Sasha Avilov

Joint-Friendly Fitness

(18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

9, 60-min. sessions at RCC Lake Anne

\$70 (R)/\$56 (R55+)/\$105 (NR)

January 11 – March 8

Wed 10:30 a.m. – 11:30 a.m.
300129-3C Fletcher

January 13 – March 10

Fri 10:30 a.m. – 11:30 a.m.
300129-3D Fletcher

March 22 – May 24

(No Class: April 5)

Wed 10:30 a.m. – 11:30 a.m.
300129-3E Fletcher

March 24 – May 26

(No Class: April 7)

Fri 10:30 a.m. – 11:30 a.m.
300129-3F Fletcher



MOVEMENT AND WELLNESS CONTINUED

Pilates Mat

(18 years and older)

Pilates is a system of exercises designed to develop the body's core, mobilize and stabilize the spine, and build flexibility and strength. Most exercises will be performed on the mat and may include stability balls, magic circles and light hand weights. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 10:30 a.m. – 11:30 a.m.
 306030-3B Biddy

March 20 – May 15

(No Class: April 3)

Mon 10:30 a.m. – 11:30 a.m.
 306030-3C Biddy

Stress Relief Workshop

(18 years and older)

Stress affects the body's emotions and behaviors and causes real chemical and physical changes, including tightness of muscles, headaches, digestive disturbances, anxiety and sleep issues. Long-term stress can contribute to many disorders. Participants will learn to recognize the effects of stress and explore multiple techniques on how to self-regulate and relax the body and mind. These include Essentrics, yoga, breathing, meditation and relaxation. These tools will help participants create balance, space, joy, and optimal health and wellness.

1, 2-hour session at RCC Lake Anne
\$25 (R)/\$20 (R55+)/\$38 (NR)

January 29

Sun 1:00 p.m. – 3:00 p.m.
 302401-3B Unger/Avilov

Tai Chi for Health and Balance

(18 years and older)

Explore simple tai chi movements that strengthen the legs, improve balance and promote relaxation. We will use simple, repetitive QiGong (energy generating) movements as well as practice some simple breathing and meditation. Suitable for all levels of fitness. Beginners are welcome.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 26 – March 16

Thu 9:15 a.m. – 10:15 a.m.
 306020-3C Smyers

April 6 – May 25

Thu 9:15 a.m. – 10:15 a.m.
 306020-3D Smyers

Tai Chi Yang Style – Advanced

(18 years and older)

This class will continue refining the form and exploring principle as it applies to movement and balance. Instructor approval is required for this advanced level class.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 24 – March 14

Tue 10:30 a.m. – 11:30 a.m.
 306013-3C Smyers

April 4 – May 23

Tue 10:30 a.m. – 11:30 a.m.
 306013-3D Smyers

Tai Chi Yang Style Continuing Beginners Class

(18 years and older)

This class will continue learning the tai chi form as taught by Professor Cheng ManChing. Emphasis will be on embodiment and retention of the movements with specific attention to balance, straightness and relaxation. Prior membership in class or instructor permission required.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 24 – March 14

Tue 9:15 a.m. – 10:15 a.m.
 306018-3A Smyers

April 4 – May 23

Tue 9:15 a.m. – 10:15 a.m.
 306018-3B Smyers

Tai Chi Yang Style Short Form Review and Practice Rounds

(18 years and older)

This class is for students who have learned at least the first one-third of the Yang Style Short Form. Students will practice together for the hour, sometimes in silence and sometimes using a prompt to focus awareness on a certain aspect of the movement. Students will also review sections of the form as requested.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 26 – March 16

Thu 10:30 a.m. – 11:30 a.m.
 306022-3C Smyers

April 6 – May 25

Thu 10:30 a.m. – 11:30 a.m.
 306022-3D Smyers

PLEASE ARRIVE ON TIME

To ensure safety, participants must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

FITNESS – YOGA

Gentle Yoga

(18 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. This class incorporates standing poses as well as poses on the floor. Participants should be comfortable getting up and down from the floor. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$65 (R)/\$52 (R55+)/\$98 (NR)

January 24 – March 14

Tue 10:15 a.m. – 11:15 a.m.
304995-3B Sypula

April 4– May 23

Tue 10:15 a.m. – 11:15 a.m.
304995-3C Sypula

Gut Feeling Yoga

(18 years and older)

There is increasing evidence that yoga coupled with a mindful breathing practice can reduce the psychological and physical symptoms of Irritable Bowel Syndrome (IBS). Students will learn yoga postures and breathing techniques to help calm those “gut feelings” by targeting the mind-body connection. This class is led by yoga instructor and nurse practitioner Christina Unger. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$75 (R)/\$60 (R55+)/\$113 (NR)

January 18 – March 8

Wed 5:00 p.m. – 6:00 p.m.
302300-3B Unger

March 29 – May 17

Wed 5:00 p.m. – 6:00 p.m.
302300-3C Unger

Hatha Yoga I

(18 years and older)

The intention of this class is to create balance in the physical, mental and energetic bodies. Students will explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. The class is open to all levels. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$75 (R)/\$60 (R55+)/\$113 (NR)

January 19 – March 9

Thu 9:30 a.m. – 10:30 a.m.
315001-3B Unger

March 30 – May 18

Thu 9:30 a.m. – 10:30 a.m.
315001-3C Unger

Hatha Yoga II

(18 years and older)

This class is a progression from Hatha Yoga I and will continue to explore creating balance in the physical, mental, and energetic bodies. In addition to foundational postures, this class will introduce some more challenging postures and sequences and focus on linking breath with movement to build strength, balance, awareness, and joy. Students should have prior knowledge or experience in Hatha Yoga. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$75 (R)/\$60 (R55+)/\$113 (NR)

January 18 – March 8

Wed 6:15 p.m. – 7:15 p.m.
315002-3B Unger

March 29 – May 17

Wed 6:15 p.m. – 7:15 p.m.
315002-3C Unger

Hatha Flow Yoga

(18 years and older)

This class will use postures and breathing techniques that focus on full body stretching, core engagement, balance, and relaxation. This class is open to all levels. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$60 (R)/\$48 (R55+)/\$90 (NR)

January 9 – March 13

(No class: January 15, February 20)

Mon 11:00 a.m. – 12:00 p.m.
306995-3B Jimenez-Raika

March 27 – May 22

(No class: April 3)

Mon 11:00 a.m. – 12:00 p.m.
306995-3C Jimenez-Raika

Mindful Hatha Yoga

(18 years and older)

This class will teach breathing exercises, stretching movements and relaxation. Learn to use Hatha Yoga movements to work through stiff joints and muscles while developing strength and flexibility. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$65 (R)/\$52 (R55+)/\$98 (NR)

January 24 – March 14

Tue 9:00 a.m. – 10:00 a.m.
305055-3A Sypula

April 4 – May 23

Tue 9:00 a.m. – 10:00 a.m.
305055-3B Sypula

Mindful Yoga with

Sound Healing

(18 years and older)

This class will feature mindful (focused on body sensations in the present moment) yoga movements and the use of singing bowls that stimulate body energy centers. The soothing music from singing bowls is often associated with deep relaxation and is beneficial in enhancing spiritual practice. Students will learn yoga movements and corresponding breathing patterns designed to improve focus and concentration. The second half of the class utilizes the bowls and contains mindfulness meditation and final relaxation. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne

\$65 (R)/\$52 (R55+)/\$98 (NR)

January 24 – March 14

Tue 6:00 p.m. – 7:00 p.m.
314760-3B Sypula

April 4 – May 23

Tue 6:00 p.m. – 7:00 p.m.
314760-3C Sypula

Tao Yin Yoga

(18 years and older)

Tao Yin combines the powerful practice of yoga with the effortless flow of Qi Gong and is a series of dynamic breath-centered movements designed to energize and revitalize. This Tao Yin practice is a combination of floor work and gentle standing movements intended to emphasize building core and leg strength, balance and flexibility. Patrons are required to bring their own mat to class.

8, 75-min. sessions at RCC Lake Anne

\$80 (R)/\$64 (R55+)/\$120 (NR)

January 22 – March 12

Sun 4:00 p.m. – 5:15 p.m.
304888-3B Okerson

March 26 – May 21

(No Class: April 9)

Sun 4:00 p.m. – 5:15 p.m.
304888-3C Okerson

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

YOGA CONTINUED

Vinyasa Flow Yoga

(18 years and older)

Vinyasa Yoga flows sequential movements from one posture to another, while coordinating the breath with each movement. Participants move from pose to pose with each held for several breaths. The class blends forward folds, twists, back bends, inversions and balancing poses. Vinyasa Yoga helps build muscle strength, stabilize the core, promote a healthy heart, improve mobility and flexibility, and calm the mind. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 19 – March 9

Thu 7:00 p.m. – 8:00 p.m.
304722-3B Barazi

March 30 – May 18

Thu 7:00 p.m. – 8:00 p.m.
304722-3C Barazi

Yin and Yang Yoga

(18 years and older)

Yin and Yang yoga combines yin yoga, a passive yoga practice focusing on deeper connective tissues and cooling energy, with yang yoga, an active practice focusing on muscles and warming energy. Combining Yin and Yang elements in this class provides a balanced practice and can have a powerful effect on energy levels. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

January 18 – March 8

Wed 2:00 p.m. – 3:00 p.m.
304701-3B Barazi

March 29 – May 17

Wed 2:00 p.m. – 3:00 p.m.
304701-3C Barazi

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo

Yoga 101

(18 years and older)

This course is designed for beginners or those interested in refreshing or increasing their knowledge of basic yoga poses and breathing techniques. This course follows a progressive curriculum and will build upon the postures and movements learned in each previous class. This class is designed to provide the tools necessary to develop increased awareness of body and mind through movement and breath. All levels are welcome. Patrons are required to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

January 18 – March 8

Wed 9:00 a.m. – 10:00 a.m.
305601-3B Unger

March 29 – May 17

Wed 9:00 a.m. – 10:00 a.m.
305601-3C Unger

FITNESS – DAILY PASS

Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations for daily fitness programming are free, but patrons are required to purchase a Fitness pass and swipe the pass prior to each class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$2.75 (R)/\$5.50 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC.

Boot Camp

(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Patrons are required to bring a mat to class.

60-min. sessions at RCC Lake Anne
Pass, Reservation Req.

January 13 – May 19

Fri 10:45 a.m. – 11:45 a.m.
3C0010-3 Fletcher

Cardio and Strength Intervals

(18 years and older)

Join us for an energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided.

60-min. sessions at RCC Lake Anne
Pass, Reservation Req.

January 11 – May 17

Wed 9:15 a.m. – 10:15 a.m.
3C0095-3 Fletcher

Walking Group

(18 years and older)

This group is designed to activate your day by engaging in a 60-minute walk on Reston's paths and at nearby parks and gardens. Group will meet in different parts of Reston or slightly beyond Reston, such as Meadowlark Botanical Gardens in Vienna. Program may be canceled in inclement weather.

60-min. sessions at RCC Lake Anne
Pass, Reservation Req.

January 11 – May 17

Wed 12:15 p.m. – 1:15 p.m.
3C0085-3 Avilov

Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

60-min. sessions at RCC Lake Anne
Pass, Reservation Req.

January 11 – May 19

Wed, Fri 9:30 a.m. – 10:30 a.m.
3C0070-3 Avilov

Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

60-min. sessions at RCC Lake Anne
Pass, Reservation Req.

January 10 – May 16

Tue 9:00 a.m. – 10:00 a.m.
3C0080-3 Avilov

LANGUAGE

Japanese Culture Club

(18 years and older)

Participants should have some conversational knowledge of the Japanese language.

New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month.

2-hour sessions at RCC Hunters Woods Free, Registration Req.

January 21, February 18, March 19,

April 15, May 20

Sat 3:00 p.m. – 5:00 p.m.
5C0070-3B Staff

OLLI

Reston Community Center and Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to provide unique educational opportunities for those living and working in Reston. OLLI offers daytime courses, lectures, and special events, and the course leaders are often well-known experts in their fields who enjoy sharing knowledge. Several times a year, OLLI and RCC host collaborative programs at RCC Lake Anne. Non-OLLI members can register through RCC and participate at a reduced cost. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit www.olligmu.edu.

God's Problem: Why Do We Suffer?

(18 years and older)

In this wide-ranging seminar, we will grapple with what historian Bart Ehrman calls God's Problem: If God loves us, then why do we suffer? Topics for discussion include the nature of God and suffering as presented in the Hebrew Bible; the New Testament and God's apocalyptic vanquishing of evil; the atoning death of Jesus; the problem of miracles; Augustine and the concept of original sin; free will; logical problems of evil; theodicy and much more. Jack Dalby, president of White Oak Communications, has lectured at OLLI on Historical Jesus and Early Christianity.

4, 85-min. sessions at RCC Lake Anne \$40 (R)/\$32 (R55+)/\$60 (NR)

March 29 – April 19

Wed 9:40 a.m. – 11:05 a.m.
529634-3A OLLI

Great Films for Spring Viewing

(18 years and older)

The class will view four foreign art films and three films the instructor classifies as "not really a musical," although music plays a major role in the stories. Foreign films include: *The Chorus*, a gentle French drama about a boy's boarding school populated by delinquents and orphans who learn the transforming power of song. *Dear Frankie*, a British film that focuses on a young, single mother whose love for her son prompts her to perpetuate a deception designed to protect him from the truth about his father. *The Hunt*, a Danish drama set in a small Danish village around Christmas that follows a man who becomes the target of mass hysteria after being wrongly accused of sexually abusing a child in his kindergarten class. *The Valet*, a warmly engaging comedy that shows how one little white lie can change everything for a dull and lonely accountant working at a condom factory. "Not really a musical" films include: *Tender Mercies*, which focuses on a recovering alcoholic country music singer who seeks to turn his life around through his relationship with a young widow and her son in rural Texas. *Coal Miner's Daughter*, an American biographical film about country music icon Loretta Lynn. *Brassed Off* is a 1996 British film about the troubles faced by coal miners and their colliery brass band, following the closure of their mine. Some of the films will have English captions.

7, 140-min. sessions at RCC Lake Anne \$70 (R)/\$56 (R55+)/\$105 (NR)

March 29 – May 17

(No class: April 12)
Wed 1:40 p.m. – 4:00 p.m.
523698-3A OLLI

Park Ranger Potpourri

(18 years and older)

Join National Park Service Rangers for a presentation on a new topic each week. National Park Service Rangers have participated in OLLI programs since 2001 by offering scores of thematic courses, special events and trips.

4, 85-min. sessions at RCC Lake Anne Free, Registration Req.

April 25 – May 16

Tue 2:15 p.m. – 3:40 p.m.
571982-3B OLLI

The Great Acceleration: Earth Since 1900

(18 years and older)

Explore the changing climate and accelerated changes in key ecological indicators, including a look at solar irradiance, temperature, precipitation, sea level and human population, as well as carbon dioxide emitted and in the atmosphere. In addition to understanding global change, participants will get a clear introduction to models, trends and forecasting. Students wishing to participate in the third day of the workshop should bring laptops. Lee De Cola is a retired U.S. Geological Survey scientist who studies environmental change in space and time.

3, 85-min. sessions at RCC Lake Anne \$30 (R)/\$24 (R55+)/\$45 (NR)

March 28 – April 11

Tue 2:15 p.m. – 3:40 p.m.
529633-3A OLLI

The Nuremberg Trials

(18 years and older)

Conducted in the aftermath of World War II, the Nuremberg trials were the first international war crimes trials. This course traces the history of the laws of war; the organization of the Nuremberg Tribunal; and actions of the prosecutors, judges, defense counsel and defendants; and the indictments, verdicts, and sentences. The impact of Nuremberg concerning Russia's war against Ukraine will also be presented. Instructor Steve Greenhouse has studied the trials extensively.

6, 85-min. sessions at RCC Lake Anne \$60 (R)/\$48 (R55+)/\$90 (NR)

April 12 – May 17

Wed 11:50 a.m. – 1:15 p.m.
529635-3A OLLI

PERFORMING ARTS

ArtStream: Improvisation and Storytelling

(18 years and older)

Improvisation is a great way to practice listening and teamwork while having fun with new friends. Learning through performing arts builds confidence by allowing participants to make their own choices. Inclusive participation also fosters social connections and allows participants to practice communication skills like eye contact, listening and self-awareness. ArtStream has more than 10 years of experience creating programs for participants of all abilities.

8, 90-min. sessions at RCC Hunters Woods
\$80 (R)/\$64 (R55+)/\$120 (NR)

January 10 – February 28

Tue 7:00 p.m. – 8:30 p.m.
402684-3B ArtStream

March 28 – May 23

(No Class: April 4)

Tue 7:00 p.m. – 8:30 p.m.
402684-3C ArtStream

Story Circles with Ping Chong and Company

(18 years and older)

Join artists from Ping Chong and Company and connect with other Reston community members to share, listen, and learn about our individual and collective relationships to where we live. Story Circles invite us to share our unique individual stories with others in a guided, facilitated way. As we listen and share, we'll discover connections, differences and intersections that will shape our collective relationship to Reston, VA.

1, 2-hour session at RCC Hunters Woods
\$45 (R)/\$36 (R55+)/\$75 (NR)

February 13

Mon 7:00 p.m. – 9:00 p.m.
402753-3A Staff

March 13

Mon 7:00 p.m. – 9:00 p.m.
402753-3B Staff

TIPS FOR LEARNING AFTER 60

The pathways in the brain are well-developed, so you shouldn't focus only on learning new facts but also on learning new viewpoints. – WEBMD

SOCIAL

American Mah Jongg

(18 years and older)

American Mah Jongg is a fun, mentally stimulating game played with tiles rather than cards. This drop-in program is for players of all levels, from beginners to skilled.

2.5-hour sessions at RCC Hunters Woods
Free, Registration Req.

January 4 – May 24

Wed 1:15 p.m. – 3:45 p.m.
509605-3C Staff

January 5 – May 25

Thu 9:30 a.m. – 12:00 p.m.
509605-3D Staff

Bridge Mondays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Monday. Bring lunch for a mid-day break.

4-hour sessions at RCC Hunters Woods
Free, Registration Req.

January 2 – May 22

(No Class: January 16)

Mon 10:00 a.m. – 2:00 p.m.
509603-3B Staff

Bridge Tuesdays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Tuesday. Bring lunch for a mid-day break.

3-hour sessions at RCC Lake Anne
Free, Registration Req.

January 3 – May 30

Tue 10:00 a.m. – 1:00 p.m.
505551-3B Staff

Chess Club

(13 years and older)

Join RCC's Chess Club to meet new partners and build skills. Participants of any skill level are welcome, but those under the age of 18 must be accompanied by a parent/guardian at all times. If a parent/guardian is also playing, they must register.

3-hour sessions at RCC Hunters Woods
Free, Registration Req.

January 5 – May 25

Thu 6:30 p.m. – 9:30 p.m.
901354-3B Staff

Lunar New Year Celebration

(18 years and older)

Celebrate the Year of the Rabbit with food, fun, activities and prizes.

1, 2.5-hour session at RCC Hunters Woods
\$10 (R)/\$8 (R55+)/\$20 (NR)

January 20

Fri 12:00 p.m. – 2:30 p.m.
500239-3A Staff

Sock Hop

(18 years and older)

Don't miss RCC's senior prom-themed Sock Hop. Enjoy food, dancing, movies and games while wearing 1950s and 60s-inspired outfits.

1, 2-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 20

Sat 2:30 p.m. – 4:30 p.m.
574124-3A Staff

TECHNOLOGY

Automate Your Home with Google Home

(18 years and older)

Learn how to smart automate your home with Google's Home app and their various audio, video and Home security products. Google's Nest services and third-party connectivity will be covered.

1, 2-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 8

Mon 10:00 a.m. – 12:00 p.m.
505337-3B Livingston

Computer Maintenance and Housekeeping

(18 years and older)

Learn how to keep computers running smoothly by using system tools, utility programs, firewalls and virus protection. Participants will also learn how to handle a computer crash, decipher error messages, archive and delete files and keep computers updated automatically. Students may bring their own laptops.

1, 3.5-hour session at RCC Hunters Woods
\$50 (R)/\$40 (R55+)/\$75 (NR)

May 19

Fri 1:00 p.m. – 4:30 p.m.
505001-3B Livingston

Cut the Cable: Switch to Streaming TV

(18 years and older)

Learn about the various streaming TV options and whether switching to streaming will save money. Please bring a cable bill to class to compare current charges to available options.

1, 2-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

March 2

Thu 10:30 a.m. – 12:30 p.m.
 504173-3B O'Connell

Decrease Telecom Costs

(18 years and older)

Want to explore ways to decrease landline, wireless and cable bills? Discover new technologies like Roku, Aereo and Hulu. Learn how to get free HDTV, go wireless to help save money and communicate via FaceTime and Google Voice in order to replace a landline phone.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

April 27

Thu 10:00 a.m. – 12:30 p.m.
 500315-3B Livingston

Google: Much More Than Search

(18 years and older)

Learn to use more Google features such as Gmail and search tips, Google photos, Google Docs, translations, and much more. Learn how to create a personalized/shared calendar, make free phone calls, use the Cloud to print from anywhere, and download books, music and apps from the Google Play store.

1, 3-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

March 20

Mon 1:30 p.m. – 4:30 p.m.
 500491-3B Livingston

iPhone Camera

(18 years and older)

Learn how to use all the camera options that come with your iPhone camera. Discover how to take the best pictures of your family and friends.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

January 12

Thu 10:00 a.m. – 12:30 p.m.
 500395-3B Leir

iPhone Camera Editing

(18 years and older)

Learn how to edit photos using Snapseed. This free app can bring photos to life. Download the app before class. Please bring a mobile phone and charging cord to class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

February 9

Thu 10:00 a.m. – 12:30 p.m.
 500496-3B Leir

iPhone Storage

(18 years and older)

Learn how to organize photos on your phone or in the Cloud. Discover iCloud and how it works and how to remove photos from your phone. Participants should bring mobile phone and charging cord to class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

January 26

Thu 10:00 a.m. – 12:30 p.m.
 500736-3B Leir

iPhone/iPad Movie Editing

(18 years and older)

iMovie is a fun and powerful tool for creating short videos on your iPhone/iPad. Students will learn how to make a movie with music and voiceovers. Come to class with iMovie downloaded to your iPhone or iPad.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

March 30

Thu 10:00 a.m. – 12:30 p.m.
 503536-3B Leir

Photo Slideshow

(18 years and older)

Learn how to make a slideshow complete with photos, transitions and music. This type of presentation is useful for reunions, parties and other special occasions.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

March 9

Thu 10:00 a.m. – 12:30 p.m.
 500737-3B Leir

Photoshop Elements 1

(18 years and older)

Learn how to enhance photos by using Photoshop Elements. Please bring your mobile phone or digital camera and charging cords with you to class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

April 20

Thu 10:00 a.m. – 12:30 p.m.
 500740-3B Leir

Photoshop Elements 2

(18 years and older)

Take Photoshop skills to the next level by learning how to use layers and masks in Photoshop Elements. It is recommended that participants take Photoshop Elements 1 before taking this class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 11

Thu 10:00 a.m. – 12:30 p.m.
 500741-3B Leir

Photoshop Elements 3

(18 years and older)

Learn how to use Photoshop to further enhance photos. Participants should bring photos on a mobile phone, tablet or laptop to get assistance making changes, additions and corrections to images.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 18

Thu 10:00 a.m. – 12:30 p.m.
 500742-3B Leir

Prepare iPhones & iPads for Travel

(18 years and older)

Planning a trip this year? Turn your smartphone or tablet into a travel companion that will save time and aggravation and bring entertainment on the go. This class is packed with tips on finding Wi-Fi, saving battery life, storing maps, using trip planners and finding the best travel apps. Bring your device to class fully charged.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 16

Tue 1:00 p.m. – 3:30 p.m.
 500487-3A O'Connell

TECHNOLOGY CONTINUED

Protect Your Privacy and Identity Online

(18 years and older)

The convenience of the digital world requires giving personal information that may leave us exposed to hackers and scammers. Learn the ways that privacy can be protected across technology platforms such as Google, email, Windows 10, iPad and when using email or social media platforms like Facebook. Participants will assess online activity, examine privacy settings and teach about the tools that restrict access to information.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

March 23

Thu 10:00 a.m. – 12:30 p.m.
500697-3B O'Connell

Windows 10 for New Users

(18 years and older)

From the Start Menu to the user interface, Windows 10 is different. Anyone new to Windows 10 will discover the powerful new tools and easy ways to customize the screen. Learn to manage tiles and task menu along with the critical importance of using System Tools for privacy and personalization.

1, 2.5-hour session at RCC Hunters Woods
\$50 (R)/\$40 (R55+)/\$75 (NR)

April 6

Thu 10:00 a.m. – 12:30 p.m.
503611-3B O'Connell

Windows 10: Working with Files

(18 years and older)

Learn how to organize files and photos with the tools in Windows 10. Learn how to create folders, search for files, move, copy, delete files, and transfer photos from your phone and tablet along with various ways to back up files. Participants should bring a laptop to class if they have one.

1, 2.5-hour session at RCC Hunters Woods
\$50 (R)/\$40 (R55+)/\$75 (NR)

April 13

Thu 10:00 a.m. – 12:30 p.m.
503613-3B O'Connell



TRIPS AND TOURS

Holiday Tea at Rosemont Manor

(18 years and older)

Join RCC for a holiday-themed afternoon tea and tour at Historic Rosemont. Learn the history of Rosemont and move into the main dining room and sunroom for a three-course tea featuring tea sandwiches, a scone paired with Rosemont's signature green tea, and desserts with seasonal roiboos tea. After the tea, patrons are welcome to tour the manor with an information sheet. Trip fee includes transportation, afternoon tea, admission and trip coordinator.

10:30 a.m. Depart RCC Lake Anne
11:00 a.m. Depart RCC Hunters Woods
5:00 p.m. Estimated return to Reston

1, 6.5-hour trip
\$110 (R)/\$88 (R55+)/\$165 (NR)

January 10

Tue 10:30 a.m. – 5:00 p.m.
562147-3A Staff

Wicked at The Kennedy Center

(18 years and older)

Wicked is a Broadway musical sensation that looks at what happened in the Land of Oz from a different angle. Long before Dorothy arrives, there is another young woman born with emerald-green skin who is smart, fiery and misunderstood. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikely of friendships. Trip fee includes transportation, admission and trip chaperones.

11:30 a.m. Depart RCC Lake Anne
12:00 p.m. Depart RCC Hunters Woods
5:30 p.m. Estimated Return to Reston

1, 6-hour trip
\$110 (R)/\$88 (R55+)/\$165 (NR)

January 19

Thu 11:30 a.m. – 5:30 p.m.
562148-3A Staff

Anderson House and Lunch

(18 years and older)

Experience the history and splendor of Gilded Age Washington at Anderson House, a 1905 mansion built as the winter home of Larz and Isabel Anderson. Anderson House is furnished with art and artifacts gathered on their trips around the world. The collection includes English paintings, French furniture and a collection of Asian ivories. After, we'll enjoy lunch at Ben's Chili Bowl before returning to Reston. Trip fee includes transportation, lunch and trip chaperones.

9:30 a.m. Depart RCC Lake Anne
10:00 a.m. Depart RCC Hunters Woods
4:30 p.m. Estimated Return to Reston

1, 7-hour trip
\$60 (R)/\$48 (R55+)/\$90 (NR)

February 8

Wed 9:30 a.m. – 4:30 p.m.
562149-3A Staff

Something Rotten at Toby's Dinner Theatre

(18 years and older)

Set in the 1590s, brothers Nick and Nigel Bottom are desperate to write a hit play but are stuck in the shadow of a "Renaissance Rockstar." When a local soothsayer foretells that the future of theatre involves singing, dancing and acting at the same time, they set out to write the world's first musical. Trip fee includes transportation, admission, buffet lunch, and trip chaperones.

9:00 a.m. Depart RCC Lake Anne
9:30 a.m. Depart RCC Hunters Woods
5:00 p.m. Estimated Return to Reston

1, 8-hour trip
\$110 (R)/\$88 (R55+)/\$165 (NR)

February 22

Wed 9:00 a.m. – 5:00 p.m.
562144-3A Staff

Dumbarton Oaks and Lunch

(18 years and older)

Located in the historic Georgetown neighborhood of Washington, DC, Dumbarton Oaks is the legacy of Robert and Mildred Bliss, philanthropists and collectors of art. The gardens, designed by renowned landscape Gardner Beatrix Farrand, is an oasis within the city. The museum is home to a world-class collection of Byzantine and Pre-Columbian art. After, we'll enjoy lunch at Busboys and Poets restaurant. Trip fee includes transportation, lunch and trip chaperones.

9:30 a.m. Depart RCC Lake Anne

10:00 a.m. Depart RCC Hunters Woods

4:30 p.m. Estimated Return to Reston

1, 7-hour trip

\$85 (R)/\$68 (R55+)/\$130 (NR)

April 4

Tue 9:30 a.m. – 4:30 p.m.
562145-3A Staff

Les Misérables at The Kennedy Center

(18 years and older)

Set against the backdrop of 19th century France, *Les Misérables* is an enthralling musical about broken dreams and unrequited love, passion, sacrifice and redemption. It's a timeless testament to the survival of the human spirit. This epic and uplifting story has become one of the most celebrated musicals in theatrical history. Trip includes transportation, admission and trip chaperones.

11:30 a.m. Depart RCC Lake Anne

12:00 p.m. Depart RCC Hunters Woods

5:30 p.m. Estimated Return to Reston

1, 6-hour trip

\$110 (R)/\$88 (R55+)/\$165 (NR)

April 27

Thu 11:30 a.m. – 5:30 p.m.
562141-3A Staff

Baltimore Aquarium

(5 years and older)

Visit hundreds of species of marine life at the National Aquarium in Baltimore. Fee includes admission to the aquarium, 4D movie, lunch voucher and trip coordinator. Children under the age of 18 must be accompanied by a parent/caregiver.

9:00 a.m. Depart RCC Hunters Woods

5:00 p.m. Estimated Return to Reston

1, 8-hour trip

\$100 (R)/\$80 (R55+)/\$150 (NR)

May 6

Sat 9:00 a.m. – 5:00 p.m.
500671-3A Staff

Cocktails & Appetizers at Cookology

(21 years and older)

Join us for a unique and interactive cooking experience at Cookology to learn to make appetizers and cocktails in a class taught by a professional chef and mixologist. Patrons must be at least 21 years old as alcohol will be served. Trip fee includes admission, transportation and trip chaperones.

11:00 a.m. Depart RCC Lake Anne

11:30 a.m. Depart RCC Hunters Woods

3:00 p.m. Estimated Return to Reston

1, 4-hour trip

\$120 (R)/\$96 (R55+)/\$180 (NR)

May 16

Tue 11:00 a.m. – 3:00 p.m.
562142-3A Staff

Nemours DuPont Estate and Lunch

(18 years and older)

Nemours Estate is a masterpiece of Gilded Age design with a 77-room mansion, 200 acres of formal French gardens and grounds, and a chauffeur's garage housing vintage automobiles. Following our trip to the estate we will have lunch at Big Fish Grill before returning to Reston. Trip fee includes admission, transportation, lunch and trip chaperones.

7:30 a.m. Depart RCC Lake Anne

8:00 a.m. Depart RCC Hunters Woods

7:00 p.m. Estimated Return to Reston

1, 11.5-hour trip

\$110 (R)/\$88 (R55+)/\$165 (NR)

May 18

Thu 7:30 a.m. – 7:00 p.m.
562146-3A Staff

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

GENERAL INFORMATION

Unless otherwise stated, luxury charter buses equipped with a lavatory will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

Cancellations:

Please see our cancellation/refund policy here on page 76.

Departure and Arrival: Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

Emergency Forms: Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

ADA Accommodations:

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.



VISUAL ARTS

Acrylic Painting

(18 years and older)

This class will explore the acrylic medium and is designed for beginner and intermediate levels. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 7:00 p.m. – 9:30 p.m.
 402421-3A Thiel

Acrylic Painting Beginners

(18 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$85 (R)/\$68 (R55+)/\$120 (NR)

January 10 – February 28

Tue 6:00 p.m. – 9:00 p.m.
 455011-3D Traynham

January 13 – March 3

Fri 10:00 a.m. – 1:00 p.m.
 455011-3B Daniels

March 31 – May 19

Fri 10:00 a.m. – 1:00 p.m.
 455011-3C Daniels

Chinese Brush Painting

(18 years and older)

This session is geared toward intermediate and advanced students and will reinforce fundamental brushstroke skills.

6, 2.5-hour sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$150 (NR)

January 26 – March 2

Thu 10:00 a.m. – 12:30 p.m.
 402512-3B Griffith Tso

March 30 – May 4

Thu 10:00 a.m. – 12:30 p.m.
 402512-3C Griffith Tso

Crayon Batik Sampler

(18 years and older)

By using crayons like never before, this non-traditional method offers brilliant colors and a direct and spontaneous approach. Create a two-dimensional image by painting melted crayons on unbleached muslin. A supply list will be provided prior to the first class.

1, 6-hour session at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$100 (NR)

April 22

Sat 10:00 a.m. – 4:00 p.m.
 402455-3A Daniels

Creative Clayhouse

(18 years and older)

With the guidance of Instructors Kate Sternberg and Tena Page, join this class to learn, improve and share hand-building and sculpting skills.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

January 12 – March 2

Thu 10:00 a.m. – 12:30 p.m.
 402752-3A Sternberg/Page

March 30 – May 18

Thu 10:00 a.m. – 12:30 p.m.
 402752-3B Sternberg/Page

Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

January 10 – February 28

Tue 10:00 a.m. – 12:30 p.m.
 402665-3B Page

March 28 – May 16

Tue 10:00 a.m. – 12:30 p.m.
 402665-3C Page

Drawing Basics

(18 years and older)

Learn a variety of drawing techniques to find your style while drawing a range of subjects from still life to portraits. Practice value, shape, line and gesture studies, and learn the basics of perspective and composition through progressive exercises. Materials include graphite, charcoal and pen. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

January 11 – March 1

Wed 7:00 p.m. – 9:00 p.m.
 402748-3B Lashley

Elements and Principles of Design

(18 years and older)

The information explored in this class is the foundation of all creative efforts from visual arts to music, to theatre, to clothing design, to preparing a meal and decorating a birthday cake. Knowing how to use the basic elements of art and the principles of design will help eliminate creative stumbling blocks. The understanding of design leads to appreciation of the world around us in practical and profound ways. Participants will learn through hands-on exercises and observation.

8, 2-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

March 31 – May 26

Fri 2:00 p.m. – 4:30 p.m.
 402757-3A Daniels

Fused Glass

(18 years and older)

Learn the basics of glass fusing. Full use of manual and machine glass cutting and shaping tools will be made available. Glass, adhesives and bails are included for several projects. Students who own their own molds may create slumped pieces. All work will be fired offsite after the last class and will be available to be picked up at a later date. All supplies are included in the class fee.

3, 3-hour sessions at RCC Hunters Woods
\$165 (R)/\$132 (R55+)/\$285 (NR)

January 4 – January 18

Wed 10:00 a.m. – 1:00 p.m.
 405163-3A Damron

April 12 – April 26

Wed 10:00 a.m. – 1:00 p.m.
 405163-3B Damron

Great Artists

(18 years and older)

Learn about several artists of note who are underappreciated. Content will focus on influential women artists and artists of color. Learn about each artist's life, influences and creative processes, and then spend time creating a work emulating their approaches. Participants will gain a deeper understanding of each artist's work and in turn gain new skills and a deeper understanding of themselves and the creative process.

8, 2.5-hour sessions RCC Lake Anne

\$90 (R)/\$72 (R55+)/\$155 (NR)

January 10 – February 28

Tue 10:00 a.m. – 12:30 p.m.
402742-3B Daniels

Intermediate/Advanced

Acrylic Painting

(18 years and older)

This acrylic painting class is designed for intermediate and advanced students. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne

\$90 (R)/\$72 (R55+)/\$155 (NR)

April 4 – May 23

Tue 6:00 p.m. – 9:00 p.m.
402754-3A Traynham

Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne

\$145 (R)/\$116 (R55+)/\$200 (NR)

January 11 – March 1

Wed 7:00 p.m. – 9:30 p.m.
402616-3B Patton

March 29 – May 17

Wed 7:00 p.m. – 9:30 p.m.
402616-3C Patton

Masks and Totems

(18 years and older)

Masks, and their close cousin, the totem, have been used for centuries to communicate cultural and spiritual rituals, for performances, and to communicate beliefs and identity. Learn the history and meanings of masks and totems, practice with materials to become familiar with processes, and choose materials to make a mask or totem.

8, 2-hour sessions at RCC Lake Anne

\$90 (R)/\$72 (R55+)/\$155 (NR)

January 13 – March 3

Fri 2:00 p.m. – 4:00 p.m.
402756-3A Daniels

Micromosaic Jewelry

(18 years and older)

Create a beautiful groutless mosaic jewelry piece using real millefiori and specialty glass from Italy. All supplies are included in the class fee.

1, 3-hour session at RCC Hunters Woods

\$85 (R)/\$68 (R55+)/\$160 (NR)

March 15

Wed 10:00 a.m. – 1:00 p.m.
402623-3B Damron

March 29

Wed 10:00 a.m. – 1:00 p.m.
402623-3C Damron

Mosaic Art

(18 years and older)

Mosaics are one of the original art forms, and pieces can be made to last for centuries. Choose from among several exciting projects, from beginner through expert, or bring your own unique project (with instructor approval). Sufficient tools, supplies and materials are included in the class fee to complete one beginner or intermediate project.

4, 3-hour sessions at RCC Hunters Woods

\$130 (R)/\$104 (R55+)/\$225 (NR)

February 1 – February 22

Wed 10:00 a.m. – 1:00 p.m.
404040-3B Damron

May 10 – May 31

Wed 10:00 a.m. – 1:00 p.m.
404040-3C Damron

Painting with Alcohol Inks on Tile Workshop

(18 years and older)

Unleash imagination and creativity by learning to paint with alcohol inks on tile. This medium allows participants to create gorgeous, luminescent pieces of art that can be displayed or used as coasters. All supplies are included in the class fee.

1, 2-hour session at RCC Lake Anne

\$45 (R)/\$36 (R55+)/\$75 (NR)

January 21

Sat 1:00 p.m. – 3:00 p.m.
402728-3G Clark

February 18

Sat 1:00 p.m. – 3:00 p.m.
402728-3H Clark

March 18

Sat 1:00 p.m. – 3:00 p.m.
402728-3I Clark

April 15

Sat 1:00 p.m. – 3:00 p.m.
402728-3J Clark

May 20

Sat 1:00 p.m. – 3:00 p.m.
402728-3K Clark

Remixed Media Project:

Silk Scarves

(18 years and older)

Participants will create personalized pieces of original, wearable art by painting, stenciling, stamping and doodling onto blank habotai silk scarves. All supplies are included in the class fee.

6, 3-hour sessions at RCC Lake Anne

\$145 (R)/\$116 (R55+)/\$200 (NR)

April 17 – May 22

Mon 10:00 a.m. – 1:00 p.m.
402620-3A Mullarkey

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

VISUAL ARTS CONTINUED

Sculpture I

(18 years and older)

Designed for beginner through advanced students interested in learning or honing skills in three-dimensional expression. The techniques will be tailored to individual skill levels. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. Supplies will be discussed during the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 10:00 a.m. – 12:30 p.m.
402500-3C Zoller

January 10 – February 28

Tue 7:00 p.m. – 9:30 p.m.
402500-3D Zoller

March 27 – May 15

Mon 10:00 a.m. – 12:30 p.m.
402500-3E Zoller

March 28 – May 16

Tue 7:00 p.m. – 9:30 p.m.
402500-3F Zoller

Tephra ICA Art Family Day

(All Ages)

Tephra Institute of Contemporary Arts (Tephra ICA) opens its doors for an afternoon of family art-making and exploration of the current gallery exhibition. Come see all that Tephra ICA has to offer and have a fun and free outing with the family. Tephra ICA is located at 12001 Market Street, Suite 103, Reston. Reston Town Center garage parking is free on Saturdays.

3-hour sessions at 12001 Market Street
Free, Drop-in

January 28, March 25

Sat 12:00 p.m. – 3:00 p.m.
Drop-in Tephra



Wednesday Watercolor

(18 years and older)

This watercolor class is for intermediate and beginning painters who want to build and improve their painting skills. We will use lectures, demonstration and class painting time to explore fun subjects such as landscapes, buildings and simple figures, while focusing on the fundamental building blocks of watercolor painting. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

January 11 – March 1

Wed 10:00 a.m. – 12:00 p.m.
402735-3C Ellor

Wed 4:00 p.m. – 6:00 p.m.
402735-3D Lashley

March 29 – May 17

Wed 10:00 a.m. – 12:00 p.m.
402735-3C Ellor

Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

January 10 – February 28

Tue 10:00 a.m. – 12:30 p.m.
402639-3C Staff

Tue 7:00 p.m. – 9:30 p.m.
402639-3D Markum

March 28 – May 16

Tue 10:00 a.m. – 12:30 p.m.
402639-3E Staff

Tue 7:00 p.m. – 9:30 p.m.
402639-3F Markum

Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

January 12 – March 2

Thu 10:00 a.m. – 12:30 p.m.
402462-3C Zoller

Thu 7:00 p.m. – 9:30 p.m.
402462-3D Stefanik

March 30 – May 18

Thu 10:00 a.m. – 12:30 p.m.
402462-3E Zoller

Thu 7:00 p.m. – 9:30 p.m.
402462-3F Stefanik

Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginning to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

January 9 – March 13

(No Class: January 16, February 20)

Mon 7:00 p.m. – 9:30 p.m.
404210-3C Alexander

January 13 – March 10

(No Class: February 17)

Fri 10:00 a.m. – 12:30 p.m.
404210-3D Anderson

March 27 – May 15

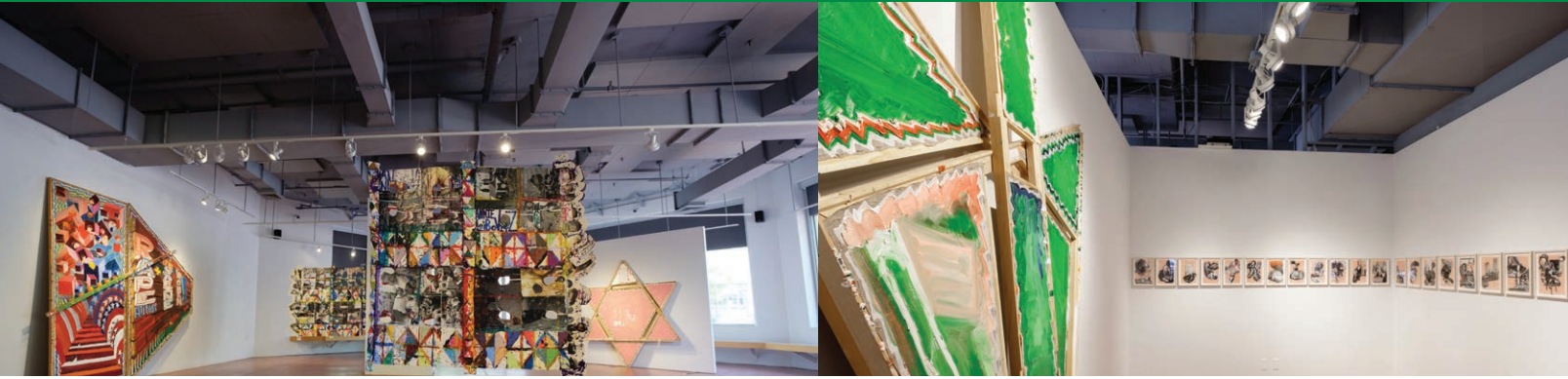
Mon 7:00 p.m. – 9:30 p.m.
404210-3E Alexander

March 31 – May 19

Fri 10:00 a.m. – 12:30 p.m.
404210-3F Anderson

Open Ceramics Studio passes expire at the end of each session. Fall class passes expire December 31, Winter/Spring class passes expire May 31, and Summer class passes expire August 31.

ARTIST DIALOGUES AT TEPHRA ICA



Creative Responses

(13 years and older)

Select Thursdays • 7:00 – 8:00 p.m.

Creative professionals will respond to the work on view in the gallery. The short presentation will be followed by an open conversation.

In Conversation

(13 years and older)

Select Saturdays • 4:00 p.m. – 5:00 p.m.

Hear from the current exhibiting artist in their own words about their work, life and inspiration in a short presentation followed by an opportunity to engage with the artist.

Insights

(13 years and older)

Select Saturdays • 3:00 p.m. – 5:00 p.m.

Listen to curators and directors of major art institutions commenting on the gallery exhibit and its cultural context.

Slow Looking Program Series

(18 years and older)

Select Days • 5:00 – 6:00 p.m.

Slow Looking is a Tephra ICA staff-guided approach and program series that allows visitors to spend more time getting to know an artwork.

Young Professional Series

(18 years and older)

Select Days • 6:00 – 7:00 p.m.

Visit Tephra ICA for The Young Professional events that will include a preview of the current Tephra ICA exhibition, artist/curator talks and networking opportunities.

Tephra ICA:

**12001 MARKET STREET,
SUITE 103, RESTON, VA**

Reston Town Center garage parking is free on weekends and weekdays after 5:00 p.m.

**FOR SCHEDULE PLEASE VISIT:
www.tephraica.org**

FREE!

SECOND SATURDAYS

Reston Town Center • 5:00 p.m. – 7:00 p.m.

Free • All Ages

Tephra ICA is teaming up with Reston Town Center Association for Second Saturdays, where a portion of streets will be blocked off to allow visitors to explore shops, programming in the park and the Tephra ICA gallery, where special activities related to the current exhibit will be occurring.



FOR SCHEDULE, PLEASE VISIT: WWW.TEPHRA.ORG



WOODWORKING

Box Building Basics

(18 years and older)

Learn the skills and techniques needed to make beautiful wooden boxes for your home or as gifts. We will discuss the elements of box design including proportion, scale, texture, focal point, visual illusion, function and interior design. Participants will also learn basic woodworking skills necessary for all woodworking projects: safe use of tools, selection of the appropriate tool, stock preparation and marking, and precision cutting. Participants will learn two types of boxes featuring different joinery and lids. All materials and supplies will be included in the class fee.

4, 3-hour sessions at RCC Hunters Woods

\$95 (R)/\$76 (R55+)/\$143 (NR)

March 9 – March 30

Thu

500786-3B

6:30 p.m. – 9:30 p.m.

Burke

Good Neighbors Woodworking Group

(18 years and older)

The Good Neighbors Woodworking Group designs, constructs and decorates wooden toys that are then donated to children in Reston. Experience is a plus, but training will be provided for beginners. First-time participants must complete a woodshop volunteer form. The Good Neighbors Woodworking Group now requires registration through myRCC.

5-hour sessions at RCC Hunters Woods

Free, Registration Req.

January 3 – May 30

Tue

5C0085-3B

9:30 a.m. – 2:30 p.m.

Staff

REGISTER TODAY DON'T DELAY!

Signing up not only reserves your place, it assures other interested patrons that the class will go on as scheduled. We have noticed some patrons wait until just days before the event to register. For our programs to successfully run, we strive for minimum enrollment at least one week in advance or the event could be canceled due to low enrollment. Please don't delay – register now online, by mail, fax or in person.

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

OPEN STUDIOS

Open Ceramics Studios

(18 years and older)

The public is invited to use RCC's Ceramics Studio. The Open Ceramics Studio now requires reservations following purchase of a pass. Reservations are available on the 25th of each month for the next month. To reserve, sign into myRCC, purchase or use a pass and select the dates and studio in which you wish to participate. Reservations for the Open Ceramics Studio are free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each reserved visit. Passes may also be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from date of purchase. The pass fee includes firing and glazes. Clay cost is \$20 – \$30 for 25 lbs.

4-hour sessions at RCC Lake Anne Pass, Reservation Req.

January 11 – May 31

Wed	10:00 a.m. – 2:00 p.m.
4C0020-3	Ceramics Studio
4C0025-3	3D Studio

January 14 – May 27

Sat	1:00 p.m. – 5:00 p.m.
4C0030-3	Ceramics Studio
4C0035-3	3D Studio

Open Glass Studio

(18 years and older)

The public is invited to use RCC's Open Glass Studio. Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. The Open Glass Studio now requires reservations. Reservations are available on the 25th of each month for the next month. To reserve, sign into myRCC and select the dates you wish to attend. Reservations for the Open Glass Studio are free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each reserved visit. Glass Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase.

4-hour sessions at RCC Hunters Woods Pass, Reservation Req.

January 15, February 5, 19, March 5, 19
April 2, 16 and May 7, 21

1st & 3rd Sun	1:00 p.m. – 5:00 p.m.
4C0010-3	Staff

Open Woodshop

(18 years and older)

The public is invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. The Open Woodshop now requires reservations. Reservations are available the 25th of each month for the next month. To reserve, sign into myRCC and select the dates and times you wish to attend. Reservations for the Open Woodshop are free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each reserved visit. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available.

3.5-hour sessions at RCC Hunters Woods Pass, Reservation Req.

January 3 – May 30

Tues	6:00 p.m. – 9:30 p.m.
5C0010-3	Staff

January 7 – May 27

Sat	9:00 a.m. – 12:30 p.m.
5C0050-3	Staff

Sat	1:00 p.m. – 4:30 p.m.
5C0030-3	Staff



RESERVATIONS

All participants are required to have a pass to access Ceramics, 3D, Glass Studios and Woodshop environments. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

Administration

Leila Gordon	Executive Director
BeBe Nguyen	Deputy Director
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Harunor Rashid	Network Administrator
Pam Leary	Customer Relations Director
Fred Russo	Building Engineer
Warren Bailey	Customer Service
Jan Bradshaw	Customer Service
Vincent Brown	Customer Service
Nicholas Burt	Billing and Reconciliation Assistant
Suzanne Connell	Personnel Specialist
Karen Goff	Public Information Officer
Samantha Korkowski	Graphic Artist
James Rockett	Financial Specialist
Grazyna Siebor	Procurement Specialist

Aquatics

Matthew McCall	Aquatics Director
Lexi Mack	Aquatics Operations Director
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Program Director
Samantha Stettner	Customer Service
TJ Wilson	Aquatics Operations Assistant

Arts and Culture

Paul Douglas Michnewicz	Director of Arts and Culture
Mark Anduss	Acting Technical Director
Cheri Danaher	Arts Education Director
Gloria Morrow	Arts Education Assistant
Rhia Ovington	Box Office Assistant
William D. Parker	Box Office Manager

Offsite and Collaboration

Maggie Parker	Offsite and Collaboration Director
TBA	Community Events Director
Mark Sevilla	Offsite Events Assistant
LaTanja Snelling	Equity Partnerships Director

Leisure and Learning

Kevin Danaher	Leisure and Learning Director
Anya Avilov	Fitness and Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Kim Gollop-Pagani	Youth/Teen Program Assistant
Debbie Heron	Youth/Teen Program Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness and Wellness Program Director
Staff	RCC Rides Coordinator

Facility Rentals and Operations

Brian Gannon	Facility Services Director
Mohammed Alhadi	Facility Team
Chris Brown	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Cristobal Rivera	Facility Team
Ken Wade	Facility Team
Cory Woods	Facility Team

THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

COMMUNITY PARTNERS

Thank you to our Community Partners:

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Dance Place of Washington, DC
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fairfax NAACP
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Herndon Community Center
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- Jewish Community Center of Northern Virginia
- Lake Anne Plaza
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Shenandoah Conservatory
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA (formerly GRACE)
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

HOW TO REGISTER

Online Registration

Online registration opens at 9:00 a.m. on December 1.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com, click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

In Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA. 20191
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until December 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on December 1 if they are received by November 30.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

REGISTRATION POLICIES

Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA or Discover. Cash payments cannot be accepted during Reston priority registration.

Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

Code of Conduct for Camp Participants

Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online.

FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to drop-in activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online.

CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

Annual Strategic Planning Session at Reston Association

Saturday, January 7 10:00 a.m.

Monthly Meeting at RCC Hunters Woods

Monday, February 6 8:00 p.m.

Monthly Meeting at RCC Hunters Woods

Monday, March 6 8:00 p.m.

Monthly Meeting at RCC Hunters Woods

Monday, April 3 8:00 p.m.

Monthly Meeting at RCC Hunters Woods

Monday, May 8 8:00 p.m.

Monthly Meeting at RCC Hunters Woods

Monday, June 5 8:00 p.m.

Finance Committee meetings, when scheduled, occur on the third Monday of a month. Check RCC's website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC's Board of Governors may be directed to RCCcontact@fairfaxcounty.gov. All inquiries are answered within 48 business hours.

RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.



RESTON COMMUNITY CENTER

Class/Trip/Camp/Volunteer/Pass Registration Form

USE ONE FORM PER HOUSEHOLD (ONLY FAMILY MEMBERS RESIDING AT THE SAME ADDRESS) • PLEASE PRINT

Adult Name	First		Last	
Home Address				
City		State		Zip
Phone	Home	Cell		
Emergency Name				
New Address?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, provide business address				
E-Mail Address				

ACTIVITY NUMBER	PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	ACTIVITY NAME	REG. FEE
-					
-					
-					
-					
-					
-					
-					
-					
-					
<i>Please attach an additional form if you need more space</i>					TOTAL FEES: \$

PLEASE NOTE: Please do not make changes to this paragraph. Participation in RCC programs is contingent on all the following conditions.

I recognize that there may be inherent risks in participating in programs and activities being offered by Reston Community Center ("RCC"), and I understand that RCC strongly recommends that any person participating in any such program or activity should be covered by insurance while participating in any such program. By my signature below, I agree to assume all of the risks and accept personal responsibility for any damages or medical expenses following any injury, permanent disability, or death that may result from my participation. By my signature below, I agree to waive any and all claims for liability against RCC, the Governing Board of RCC, the Board of Supervisors of Fairfax County, Fairfax County, their officers, employees, volunteers, and agents, and I agree to hold such entities and persons harmless from any and all property damage or injury, permanent disability, or death that may result from my participation. If I am registering a child, by my signature below, I represent that I am the parent/legal guardian of the child being enrolled and that I am making the representations stated above on behalf of that child. I also recognize that employees of RCC and/or the County may take and edit photographs and/or video tapes of RCC programs for either archival or public relations purposes. By my signature below, I acknowledge and agree that any such photographs and/or videos are the property of RCC and/or the County, that any such photos and/or videos may be used in the publications of RCC and/or the County without compensation to me, and that any such photos and/or videos may be subject to the Virginia Freedom of Information Act and other applicable laws. By my signature below, I acknowledge and agree to the RCC refund and cancellation policy.

SIGNATURE: _____ DATE: _____

Payment Information Only – No Other Information Below
DATE STAMP (RCC Staff)

CREDIT CARD INFORMATION	FORM OF PAYMENT
CARD HOLDER'S NAME: _____ CHARGE: <input type="checkbox"/> MASTERCARD <input type="checkbox"/> VISA <input type="checkbox"/> DISCOVER EXP. DATE: _____ ACCOUNT #: _____ SIGNATURE: _____ <small>Registration/Pass Refunds: Written request required. If received 14 days or more in advance: 20% processing fee for classes, workshops; 50% for trips. Less than 14 days requires replacement registration to be approved (less applicable processing fee). Pass refunds pro-rated minus 20% processing fee. No refunds for fees under \$10.</small>	<input type="checkbox"/> CASH <input type="checkbox"/> MONEY ORDER <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD (VISA/MC/DISCOVER) <input type="checkbox"/> OTHER _____

Reston Community Center Aquatics Registration Form

- Select up to three choices per session and up to four different sessions per form.
- If a class section, and all choices are full, your name will be placed on a waiting list for your first choice for that session.

- Patrons are encouraged to register for as many sessions as desired. Patrons should enroll at the same level for all sessions.
- Please note: Absences and personal scheduling conflicts are not reimbursable.

Adult Name	First																			Last																					
Home Address																																									
City										State										Zip																					
Phone Home										Cell																															
Emergency																																									
New Address?										<input type="checkbox"/> Yes		<input type="checkbox"/> No		Resident of Small District 5?										<input type="checkbox"/> Yes		<input type="checkbox"/> No		Work in Small District 5?										<input type="checkbox"/> Yes		<input type="checkbox"/> No	
If yes, provide business address																																									
E-Mail Address																																									

PARTICIPANT'S FIRST NAME																PARTICIPANT'S LAST NAME																DATE OF BIRTH					

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

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SIGNATURE: _____ **DATE:** _____

Payment Information Only – No Other Information Below	
DATE STAMP (RCC Staff)	

CREDIT CARD INFORMATION	FORM OF PAYMENT
CARD HOLDER'S NAME : _____	<input type="checkbox"/> CASH <input type="checkbox"/> MONEY ORDER <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD (VISA/MC/DISCOVER) <input type="checkbox"/> OTHER _____
CHARGE: <input type="checkbox"/> MASTERCARD <input type="checkbox"/> VISA <input type="checkbox"/> DISCOVER EXP. DATE: _____	
ACCOUNT #: _____	
SIGNATURE: _____	
Registration/Pass Refunds: Written request required. If received 14 days or more in advance: 20% processing fee for classes, work-shops; 50% for trips. Less than 14 days requires replacement registration to be approved (less applicable processing fee). Pass refunds pro-rated minus 20% processing fee. No refunds for fees under \$10.	

TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



myRCC Online Registration

TO REGISTER ONLINE:

You will need to know your username and password.

IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC. Learn how or visit our FAQ page for more information.

www.restoncommunitycenter.com/HowTo

www.restoncommunitycenter.com/PassFAQs

Online Registration (myRCC) Contact Information:

Phone:

703-476-4500, ext. 8

Fax:

703-476-2488

Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

What if I do not have or know my username?

If any member of your household has registered for an RCC program in the last five years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

What if I have forgotten my password?

On the Member Login box, click on Forgot Your Password. You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

I would like to add family members to my account. How do I do this?

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

How can I see what courses my family members are currently registered in?

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member registrations will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.

How can I cancel a reservation or free enrollment?

Patrons can now cancel their reservations or enrollments in free options in myRCC. Find instructions at www.restoncommunitycenter.com/HowTo

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LOCATIONS AND HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods – 2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage Theatre, Woodshop, Glass Studio and Meeting Rooms.

RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

PHONE NUMBERS

703-476-4500 • 703-476-8617 (Fax) • 711 (TTY)

HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.*

Sunday 9:00 a.m. – 8:00 p.m.*

*Rental hours may vary. Contact the RCC Facility Services Department.



Enriching Lives.
Building Community.®



WINTER/SPRING HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Staff Team Builder	December 21	CLOSED 1:00 p.m. – 4:00 p.m.	CLOSED 12:30 p.m. – 4:30 p.m.
Christmas Eve	December 24	9:00 a.m. – 2:00 p.m.	CLOSED
Christmas Day	December 25	CLOSED	CLOSED
Christmas Day (observed)	December 26	9:00 a.m. – 9:00 p.m.	CLOSED
New Year's Eve	December 31	9:00 a.m. – 2:00 p.m.	CLOSED
New Year's Day	January 1	12:00 p.m. – 5:00 p.m.	CLOSED
New Year's Day (observed)	January 2	9:00 a.m. – 9:00 p.m.	CLOSED
Martin Luther King Jr. Day	January 16	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.
George Washington's Day	February 20	9:00 a.m. – 9:00 p.m.	CLOSED
Easter	April 9	9:00 a.m. – 8:00 p.m.	CLOSED
Memorial Day	May 29	9:00 a.m. – 2:00 p.m.	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

LIKE US ON FACEBOOK:

facebook.com/HuntersWoodsNeighborhoodCoalition



**2310 Colts Neck Road
Reston, Virginia 20191**

**PRSRT STD
U.S. POSTAGE
PAID
RESTON, VA
PERMIT NO.104**

Ping Chong Photo by Adam Nadel



RESTON SPEAKS

Theatre Artist Ping Chong Residency at RCC

STORY CIRCLES

FEBRUARY 13 AND MARCH 13

Join artists from Ping Chong and Company and connect with other Reston community members to share, listen, and learn about our individual and collective relationships to where we live.

TURN TO PAGE 64 TO LEARN MORE.

AN EVENING WITH PING CHONG

MARCH 15

Theatre artist and National Medal of Arts recipient Ping Chong will have a conversation about theatre and social transformation.

TURN TO PAGE 18 TO LEARN MORE.

GENERATION RISE: RESTON

MARCH 24 AND MARCH 25

Ping Chong and Company partner with local theatre artist Tuyet Pham to create a final performance with a group of local teens.

TURN TO PAGE 19 TO LEARN MORE.