

Reston Community Center 2024 SUMMER PROGRAM GUIDE



WWW.RESTONCOMMUNITYCENTER.COM

Enriching Lives. Building Community.



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BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

Summer brings the sounds of music in the air all around Reston. Reston Community Center’s concert series continue to expand this year. We are delighted to have fan favorites returning to Lake Anne Plaza for Sunset Concerts on Wednesday evenings. Take a Break on Thursdays this year at Halley Rise – near the Wegmans. Get to know some of our newest neighbors there.

Kick off your weekends with Friday evening Sip ‘n Strolls and jazz from Darden and Friends at Reston Town Square Park. Then head over to Reston Station for Summerbration cover bands that will get your whole group up and grooving to songs from the Beach Boys, Taylor Swift, the 80s and more.

The young and the young at heart will have a ball at Family Fun Entertainment shows in the Reston Town Square Park on Saturday mornings. Come back to the park on Sunday evenings to conclude your weekend with the beautiful music made by Shenandoah Conservatory musicians.

RCC provides a full summer season of opportunities for young people in a variety of camps and for those interested in programs that range from casual drop-in conversations to instruction in the art of blacksmithing to water aerobics to mindful meditation to creating realistic still life paintings. There’s something for every age and taste on tap for summer 2024. Come play with us!

BOARD OF GOVERNORS



Paul Berry



William G. Bouie



William Penniman



Lisa Sechrest-Ehrhardt



Richard Stillson



Paul D. Thomas



Shane M. Ziegler



Vicky Wingert



LEILA GORDON, EXECUTIVE DIRECTOR, RCC

We count on our community to tell us what they want and expect from their community center programs and services. Every five years, we conduct a statistically valid survey to find out what Reston's recreational, cultural and leisure time needs are. The University of Virginia's Center for Survey Research will be handling this undertaking again, and we look forward to working with them and hearing from you about how we can continue to serve you. Watch for more information about this in the coming weeks. The survey will be launched in June.

Later this summer, at our Hunters Woods building, we plan to do comprehensive mechanical systems' upgrades to improve our use of energy and decrease our carbon footprint. This activity will occur beginning at the end of July and last until September. We will be unable to use parts of the facility as the work progresses. When the project concludes, we will have much more efficient energy utilization, as well as solar panels to augment use of on-demand electricity and other improvements to lighten our load on our shared environment and planet.

We appreciate your participation in the survey and your patience with our project!

A handwritten signature in black ink, appearing to read 'Leila Gordon', with a long horizontal line extending to the right.

RCC IS AN ACCREDITED PARKS AND RECREATION AGENCY!



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency's excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards as we serve our patrons.



ARTS & CULTURE/ OFFSITE & COLLABORATION

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MAGGIE PARKER, OFFSITE & COLLABORATION DIRECTOR

Reston Community Center is dedicated to bringing people together throughout the community. Summer lends itself particularly well to this effort because of Reston’s many lovely plazas and gathering spots. Join us at Lake Anne Plaza, Reston Town Center, Reston Station, Halley Rise, and other locations throughout the community for music, fun, culture and the joy of making new friends.

By next summer, we will venture into even more neighborhoods, with our new “RCC on Wheels” programs. In the fall, we’ll be piloting some experiences using a rented vehicle to test this concept and develop content for it. Do you have ideas for us as we develop our programming? Any locations that are ripe for a visit? Please be in touch.

We are delighted to meet our community wherever and whenever the opportunity presents itself and we hope you’ll join us. We look forward to a carefree summer of scintillating sounds and great fun with you!

Contact: Margaret.Parker@fairfaxcounty.gov or 703-390-6191

Maggie Parker



INCLEMENT WEATHER UPDATES

Inclement weather can change our plans in the summer just like it can in the winter. Typically, RCC will make decisions about whether an outdoor performance can occur safely about 90 minutes before the start time. Our social media platforms (Facebook and X) are updated when we must cancel, and patrons may always find out about the status of an event by calling 703-476-4500.



Tephra ICA Arts Festival

MAY 18 –19

Saturday • 11:00 a.m. – 8:00 p.m.

Concert Presented by Reston Town Center Association at 7:30 p.m.

Sunday • 11:00 a.m. – 5:00 p.m.

Reston Town Center • All Ages



Join Tephra Institute of Contemporary Art (Tephra ICA) for the 33rd Annual Tephra ICA Arts Festival, formerly titled the Northern Virginia Fine Arts Festival. This special weekend brings 200 artists from around the country producing high quality, hand-crafted, one-of-a-kind artwork to our neighborhood. Presented at Reston Town Center, the Festival provides the opportunity to make new friends and purchase art from exceptional contemporary artists. Visitors to the Festival will also enjoy innovative performances, guided tours, a free public concert presented by Reston Town Center Association, and art-making activities for art enthusiasts of all ages. Mark your calendars for this vibrant community celebration of the arts!

This year's Festival will continue the 50th anniversary celebrations of Tephra ICA, a dynamic cultural institution with a rich history in providing innovative experiences around contemporary art. The Tephra ICA Arts Festival is produced as a fundraiser for Tephra ICA and art sales directly benefit the participating artists. All other proceeds support Tephra ICA and its year-round exhibitions and educational programming, which are free and open to the public. To learn about volunteering, sponsoring, and other ways to get involved please visit www.tephraica.org/festival.

FREE parking is available in all Reston Town Center garages for the Festival weekend courtesy of BXP. Reston Community Center is a proud sponsor of the Tephra ICA Arts Festival.



Contemporary Performance Art Presented by Reston Community Center

"ALL IS IN MOTION, IS GROWING, IS YOU"

Saturday, May 18 • 1:00 p.m. and 4:00 p.m.

Sunday, May 19 • 1:00 p.m. and 4:00 p.m.

Fountain Square • Reston Town Center



This year, RCC, in collaboration with Tephra ICA, is delivering a unique experience in anticipation of the festival and as a celebration of Reston. "All Is in Motion, Is Growing, Is You" is a site-specific textile installation and accompanying performance by artist Danielle Hatch. Hatch takes inspiration from the founding of the community of Reston, in particular the negotiation between the roles of the individual and the collective in the process of community building. The Reston Town Center site is explored for possibility, transformation and connection. With colors and shapes informed by native flowering plants of Northern Virginia, the installation and performances navigate and illustrate the tension between beauty and constraint within communal relationships.

Equity Matters Films

Moving Forward to Equal Justice

“Arrival of the First Africans in English America”

Saturday, May 25, 3:00 p.m.
the CenterStage
18 Years and Older

In 2019, Americans commemorated the 400-year anniversary of the arrival of the first enslaved Africans in English America, an event that inspired new scholarship on the meaning of our nation’s origins and founding principles, as well as fierce controversy over the legacy of slavery. **Rated PG-13**

Stay after the film to speak with Director Ric Murphy and actor/composer Joe Minor.



RCC Community Coffee

Saturdays, June 1 – August 3

9:00 a.m. – 11:00 a.m. • RCC Hunters Woods

Free • All Ages

Walk in to enjoy coffee, a breakfast bite and fellowship.
Saturday mornings at RCC Hunters Woods. All are welcome.

For more information, please contact Asjah Heiligh, RCC’s Community Events Director, at 703-390-6166.



SUNSET concerts

AT LAKE ANNE PLAZA

Wednesdays
7:00 p.m. – 8:00 p.m.
Free • All Ages



June 12 • Mystic Warriors
World Music

June 19 • Part Harmony
A Capella Motown & DooWop

June 26 • Radio King Orchestra
Big Band Swing

July 3 • Cheick Hamala Diabate
Traditional West African of Mali with Modern Grooves

July 10 • Uptown Vocal Jazz Quartet
Vocal Jazz

July 17 • Bad Influence
Blues

July 24 • Alfredo Mojica & Friends
Salsa

July 31 • IONA
Celtic

August 7 • Texas Chainsaw Horns
R&B

August 14 • Four Star Combo
Rockabilly

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Presented by Reston Community Center in cooperation with MSE Productions. Hosted by Lake Anne of Reston, a Condominium Unit Owners Association, and Reston Community Center. For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

TAKE A BREAK

AT HALLEY RISE

2025 FULTON PLACE, RESTON

Thursdays • 7:00 p.m. – 8:30 p.m.

Free • All Ages

Take a Break Thursdays at Halley Rise will feature lively music from all genres. The talent comes from all over the mid-Atlantic to fill a beautiful space with music. Bring a chair or a blanket and relax in a great setting. Free parking available on surface lots or at the Wegmans' parking garage.

June 6

Jarreau Williams

Experience

Modern R&B

June 13

Justin Trawick &

Common Good

Americana

June 20

Dominique Bianco

& Friends

Vocal Jazz

June 27

Texas Chainsaw Horns

Rock & Traditional Blues

July 4

New Line Brass Band

New Orleans Grooves

July 11

Ocho De Bastos

Latin & Pop Rock

July 18

Shannon Bielski &

Moonlight Drive

Bluegrass

July 25

Seth Kibel Band

Swing, Klezmer & More

August 1

Dogo From Togo

Afro Pop

August 8

King Teddy

Swing

August 15

Mystic Warriors

World

August 22

Carly Harvey

Blues

August 29

Oasis

Reggae

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Presented by Reston Community Center in cooperation with MSE Productions, Inc.

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

HAPPY HOUR WITH DARDEN AND FRIENDS

AT TOWN SQUARE PARK • FREE • ALL AGES

FRIDAYS • 5:30 P.M. – 6:45 P.M.

There's no better way to kick off a weekend than to listen to some great jazz in the idyllic setting of Reston Town Square Park curated by local jazz fan favorite, Darden Purcell. This series regularly delivers some of the best jazz talent in the region.

May 24

Project Locrea

World/Folk/Fusion

May 31

DPT Music!

Zydeco Jazz

June 7

Uptown Vocal Jazz Quartet

Vocal Jazz

June 14

Siné Qua Non

American Jazz With a Twist

June 21

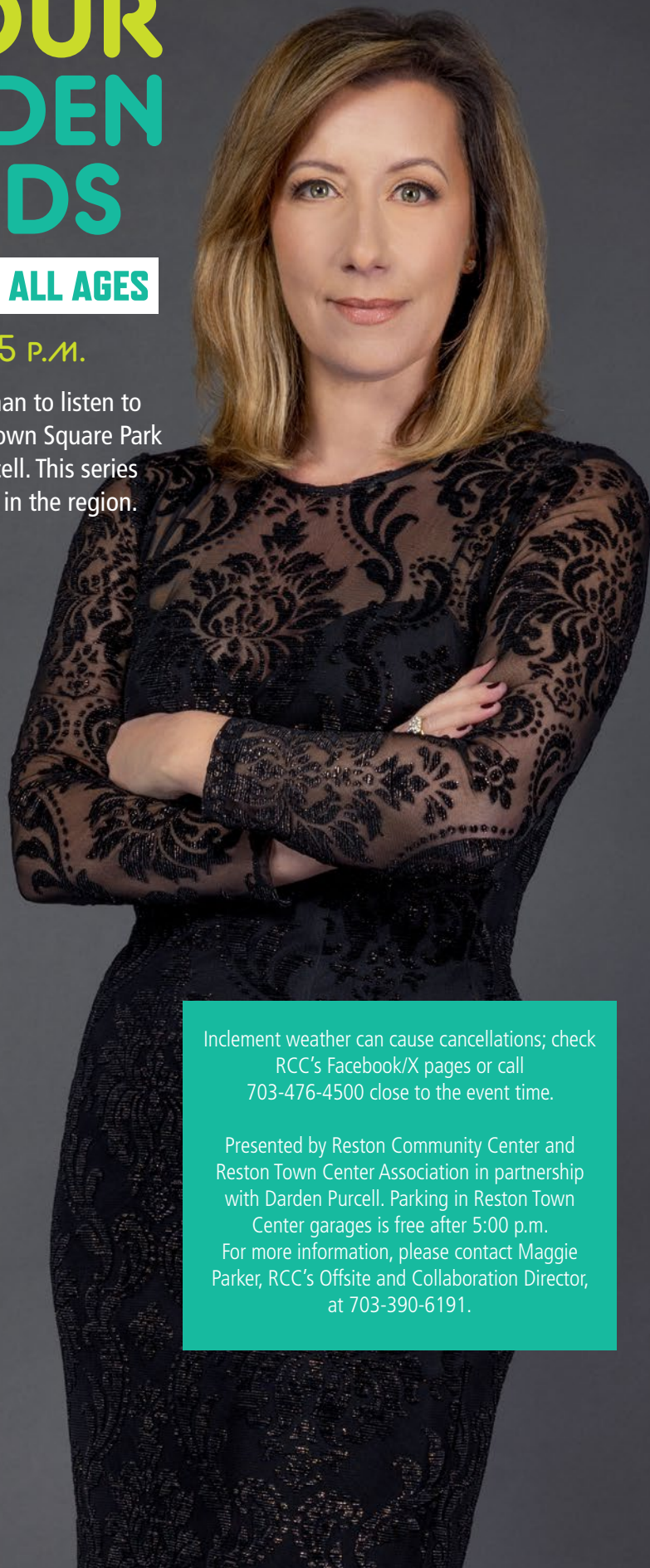
Guitar Summit

Modern Jazz Guitar

June 28

Sara Jones

Jazz Vocalist & Pianist



Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Presented by Reston Community Center and Reston Town Center Association in partnership with Darden Purcell. Parking in Reston Town Center garages is free after 5:00 p.m.

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.



RESTON STATION

CELEBRATING EVERYTHING SUMMER

FAB FRIDAYS

7:00 p.m. – 8:30 p.m.

Free • All Ages



May 24

Springsteen Tribute Band

Presented By Comstock

May 31

Don't Back Down

Tom Petty Tribute Band

June 7

Scott Kurt & Memphis 59

Modern Country Rock

June 14

The Collective

Cover Band: Today's Top 40, Hits from the '90s/2000s

June 21

Still Surfin'

Beach Boys Tribute Band

June 28

The Tribe

A Tribute to Motown and the '60s

July 5

Taylor Swift Tribute Band

Presented by Comstock

July 12

Pebble to Pearl

Funk, Soul, Rock & R&B

July 19

Abbey Road

Beatles Tribute Band

July 26

The Jets

A Tribute to the Music of Sir Elton John

August 2

Journey Tribute Band

Presented by Comstock

August 9

So Fetch

2000s Tribute Band

August 16

Mother's Little Helpers

Rolling Stones Tribute Band

August 23

The Reflex

'80s Tribute Band

August 30

Goodbye Summer

A Community Celebration

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Parking is free at ParkX with validation during these concerts. Three hours free parking. Validation only good at ParkX and not the Metro garage.

Presented by Reston Community Center and Reston Station in partnership with MSE Productions, Inc.

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

FFES

Family Fun Entertainment Series

AT TOWN SQUARE PARK

Garage parking is free on weekends at Reston Town Center

Presented by Reston Community Center and Reston Town Center Association in partnership with MSE Productions, Inc.



Saturdays
10:00 a.m. – 10:45 a.m.
Free • All Ages

June 15

Guava Jelly

Caribbean-inspired, Reggae-infused Sounds

June 22

Rocknoceros

Award-winning Kid-connected Pop Music

June 29

Turley the Magician

Magic and Humorous Antics

July 6

DPT Music!

Jazz, Cajun, Zydeco, Blues and Boogie-woogie

July 13

Unicycle Lady

Music, Comedy, Juggling and Acrobatics

July 20

Groovy Nate

Sesame Street Meets Parliament Funkadelic Meshed with Dub Reggae

July 27

Lohr Family Antics

Fast-paced, Sidesplitting Family Vaudeville Show

August 3

The Balloon Comic:

Paul Belanger

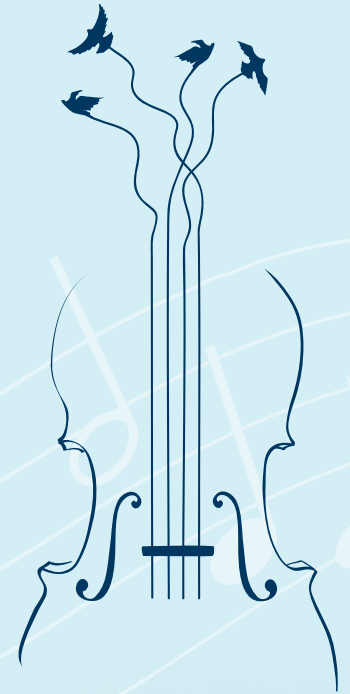
Magic, Juggling, Physical Comedy and Crazy Balloon Antics

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

Sunday Art

IN THE PARK
WITH SHENANDOAH CONSERVATORY



Sundays • 7:00 p.m. – 8:00 p.m. • FREE • All Ages
Reston Town Square Park (Corner of Market Street and Explorer Street)

Garage parking is free on weekends at Reston Town Center.

June 9 • Ellington's Caravan
A Duke Ellington Tribute Band

July 21 • Broadway Through the Ages
Broadway Tunes From the 1950s to Today

June 16 • Shenandoah Jazz Piano
Student Showcase of the Great American Songbook

July 28 • Colin Davin and Friends
Showcasing Latin America's Musical Styles,
Vibrant Rhythms and Lush Melodies

**June 23 • The Luis Hernandez and
Fran Vielma Pan-American Quartet**
Pan American/Afro Cuban Rhythms and Compositions

August 4 • ClarVoice Trio
Romantic and Inspiring Works

June 30 • The Eric Byrd Trio
Classic and Contemporary Jazz Piano and Vocals

**August 11 • Be Our Guest:
A Disney Cabaret**
Classic Disney Tunes for the Entire Family

**July 7 • The Art of the Harp:
A Musical Showcase**
Classical to Rock

**August 18 • Matt Niess and
the Capital Bones**
Five of the Top Trombonists From the D.C. Area

**July 14 • Strings of Elegance:
A Musical Soirée**
Popular Hits and Classical Compositions

August 25 • R2DUO
Saxophone and Piano Duets

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Presented by Reston Community Center and Reston Town Center Association in partnership with Shenandoah Conservatory.
For more information, contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.



Reston Pride

Saturday, June 1

12:00 p.m. – 6:00 p.m.

Lake Anne Plaza

Free • All Ages • Rain or Shine

The seventh annual Reston Pride festival will feature a concert and performances from local musicians and artists supporting and celebrating the LGBTQ+ community in the greater Reston Area.

Reston Pride is organized by members and friends of the Reston LGBTQ+ community with support from Reston Community Center, non-profits and other local organizations and hosted by Lake Anne of Reston, a Condominium Unit Owners Association, and Reston Community Center. This year's celebration will feature an appearance by comedian Jen Kober.

For more information, please contact Reston Pride at restonpride@corefoundation.org.

Jen Kober With Jeffrey Jay as Opener

Saturday, June 1

8:00 p.m.

the CenterStage

\$20 Reston/\$30 Non-Reston

Jen Kober is originally from Lake Charles, La., and has energetically bounded onto the national stage bringing crowds to their feet with her original blend of stand-up, storytelling, and improvised rock-n-roll comedy. She is the winner of NPR's Snap Judgment Comedic Performance of the Year for her Girl Scout Cookie story, which went viral upon its release. She can be seen on Disney+ in "The Mandalorian" and "Diary of a Future President," on HBO'S "Hacks," Showtime's "Black Monday" and "American Horror Story," and Netflix's "Dead to Me" and Ru Paul's "AJ and the Queen."

Jeffrey Jay is a transgender comedian who was featured in "The Advocate" as one of "The Top 7 Transgender Comedians" and "7 LGBT Comics You Shouldn't Have Missed." He has been seen on the CW morning show "The Eye Opener," and as a finalist in "The Funniest Comic in Texas."

Recommended that children under 16 be accompanied by an adult.



PIP Silent Disco

Wednesday, June 12

5:00 p.m. – 6:30 p.m.

Reston Town Square Park

Free • All Ages

School's officially out for summer and it's time to party! Join your friends and family to dance like nobody's watching at our first Party in the Park, better known as PIP, a youthful version of our silent disco party. Disc jockeys will spin different family-friendly music styles you alone can hear. PIP will also feature activities for all to enjoy. To dance, parents and other adults please bring a driver's license to exchange for a headset for you and kids in your party.

Parking is available in all garages at Reston Town Center. The first hour of parking and parking after 5:00 p.m. are free.

For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.

Play All Day VA

Thursday, June 20

Around Reston • Times Vary

Free • All Ages

June 20 marks the Summer Solstice. In honor of this day, Reston Community Center will be participating in Play All Day VA, a statewide initiative to celebrate the longest day of the year through PLAY! Celebrate with us by having free, all day family fun for participants of all ages.

Registration may be required for some programs. The final schedule will be announced in May.

For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.



National Night Out

Tuesday, August 6

12:00 p.m. – 2:00 p.m.

Hunters Woods Village Center

Free • All Ages • Rain or Shine

Join us for National Night Out, a national community event to enhance the relationship between neighbors and law enforcement. This event is presented in partnership with the Hunters Woods Neighborhood Coalition and the Reston District Station of the Fairfax County Police Department.

Enjoy food and treats with games and fun for everyone at midday in front of RCC.

For more information, contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6158.

RCC Preference Poll

September 6 – September 27

Serve your community – Become a candidate for the RCC Board of Governors.

You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for Reston Community Center while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

Statement of Candidacy Forms are available August 1 at RCC Hunters Woods and RCC Lake Anne, or online at www.restoncommunitycenter.com.

MARK YOUR CALENDARS

Candidate Filing: August 1 – 15 (until 5:00 p.m.)

Photo/Orientation: August 15

Forum: September 3 at 6:30 p.m. at the CenterStage

Voting: September 6 – September 27 (until 5:00 p.m.)

For more information, please contact us at RCCcontact@fairfaxcounty.gov.



Theatre in the Park "Good Witch/Bad Witch"

Friday, September 6

Saturday, September 7

Sunday, September 8

7:30 p.m.

Reston Town Square Park

Free • All Ages

A concert of showstoppers featuring Glinda and Elphaba from the Broadway company of "Wicked" and "Good Witch/Bad Witch" has been thrilling audiences coast to coast with their stunning vocals and playful banter. Featuring Dee Roscioli and Alli Mauzey, this delightful diva duo has performed separately on Broadway, in regional theatre, and in renowned jazz clubs like New York's Birdland. Bring a blanket and settle in for two stars under the stars at Reston Town Center.

Presented by Reston Community Center and Reston Town Center Association.

For more information, please contact Maggie Parker, RCC's Offsite and Collaboration Director, at 703-390-6191.

Reggae on the Lake

Saturday, September 7

1:00 p.m.

Lake Anne Plaza

Free • All Ages • Rain or Shine

Enjoy all the music, food and fun of this beloved community celebration of Reggae!

Hosted by Lake Anne of Reston, a Condominium Unit Owners Association, and Reston Community Center.

Find out more and join the fun at
www.reggaeonthelake.com

Reston

Multicultural

Festival

Saturday, September 21

11:00 a.m. – 6:00 p.m.

Reston Town Center

FREE • All Ages

The annual Reston Multicultural Festival celebrates our rich diversity through song, dance, food and art. Learn about our mosaic of cultures as the community gathers for a delightful day in Reston Town Center. Come enjoy Reston's diversity, one of our community's greatest assets. If you are interested in participating, application forms for entertainment, storytelling or culturally specific craft booths will be on the RCC website beginning in April. All are encouraged to attend dressed in attire that shares their cultural roots.



www.restoncommunitycenter.com/MCF



For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6166.

Reston Community Center is proud to present the Reston Multicultural Festival in partnership with Reston Town Center, Reston Town Center Association and BXP. Volunteer coordination is provided by Reston Association.

CENTERSTAGE BOX OFFICE INFORMATION

Online: www.restoncommunitycenter.com

Available until one hour before a performance and requires payment of a processing fee.

By Mail: **Return Ticket Order Form to RCC Box Office**

2310 Colts Neck Road, Reston, VA 20191

In Person: **Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.**

Saturday: 1:00 p.m. – 5:00 p.m., and two hours before any ticketed performance.

Phone: **703-476-4500, Press '3' • TTY 711**

Please provide the following information when you call:

- Your name with the correct spelling as it appears on your American Express, Visa, MasterCard or Discover credit card;
- The best telephone number for us to return your call;
- The performance title, date and curtain time you wish to attend;
- The number of tickets you wish to order and whether they are Reston, Non-Reston;
- Your credit card number, its expiration date and the security code;
- The billing address of your credit card including zip code;
- Your email address so that we may send a confirmation as well as your e-tickets to you.

Fax: **Fax Ticket Order Form to 703-476-2488**

BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled. For online ticket sales, per-ticket fees are refunded, but per-order fees are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at the time of the sale. E-tickets may be printed at home or shown on your mobile device to be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.
- No COVID-19 restrictions on the capacity of the CenterStage were in place at the time this was created. Should that change, patrons are required to abide by whatever health protocols are required.

Tickets for the Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online.

DIRECTIONS:

The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

Left on Baron Cameron Ave (Route 606)

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28

Take Dulles Toll Rd East

Take Exit 12 onto Reston Parkway

Right on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Rd

Go 1/2 mile and turn left into Hunters Woods Village Center

PERFORMING ARTS

Ravel Dance Studio

www.raveldance.com
703-437-9664

Founded in 1990, the Ravel Dance Company was formed to give young dancers an opportunity to perform original works of dance in a variety of dance genres so they may be better prepared to enter the professional world of dance or to gain acceptance to a university dance program. The Ravel Dance School educates young dancers through high school in classical ballet and pointe while offering additional opportunities to perform. Through an audition process, a dancer may be eligible to perform new and innovative works with the Ravel Dance Company.

"Sleeping Beauty" and
"Simply the BEST"

Friday, May 17

8:00 p.m.

Saturday, May 18

2:00 p.m.

RCC Hunters Woods – the CenterStage

\$30 (all ages) Tickets available at the

CenterStage Box Office and online in early May.

Reston Community Orchestra

www.restoncommunityorchestra.org
571-449-7095

The Reston Community Orchestra has musically enhanced the cultural life of our unique community since 1988. Everyone is invited to attend and enjoy diverse symphonic music and overall good times! This series of educational and enjoyable programs is presented in the friendly environment of the RCC at Hunters Woods.

"Connections"

Dietrich Paredes Beralt, Conducting
The RCO season finale will connect Mozart's "Marriage of Figaro" and Beethoven's "Symphony No. 2" with a brilliant, young artist playing Haydn's "Cello Concerto in C Major."

Saturday, May 18

4:00 p.m.

RCC Hunters Woods – Community Room

\$25 Adult; \$18 Senior (60+); Free for Youth/Students (17 and under), Active Military/First Responders and are available at the CenterStage Box Office.

Summer Readings – Open Rehearsals

Mondays, July 8, 15, 22, 29

7:30 p.m. – 9:30 p.m.

RCC Hunters Woods – Community Room

For additional information visit
www.restoncommunityorchestra.org

The Reston Community Orchestra is supported in part by ArtsFairfax and the Virginia Commission for the Arts, as well as corporate and individual patrons.

The Reston Chorale

www.restonchorale.org

Don't miss a moment of the music being made by The Reston Chorale. Join your friends and neighbors, bring the family and savor the musical feast.

"A Star-Spangled Salute"

Saturday, May 25

7:30 p.m.

Reston Town Center Pavilion

Bring a lawn chair and join The Reston Chorale and Brass Band of Northern Virginia for a free, patriotic concert honoring those who serve and remembering those who made the ultimate sacrifice. You can also show your support for our troops by sharing care

package items for those deployed overseas. Free. Information at www.restonchorale.org

The Reston Chorale is supported in part by ArtsFairfax, the Virginia Commission for the Arts, the National Endowment for the Arts, The Reston Chorale Endowment Fund, and corporate donors and individuals.

GroundShare Arts Alliance

www.groundsharearts.com

GroundShare Arts Alliance provides dancers of all ages the opportunity to train and perform together. This multi-generational company explores the artistic process while building community and collaborating through dance. Every spring, GroundShare presents an original production of dance theatre developed from the work of students and teaching artists. Where dance meets storytelling, GroundShare's spring concert explores timely themes and artistic investigations.

Spring Concert

Friday, June 14

7:00 p.m.

Saturday, June 15

3:00 p.m.

RCC Hunters Woods – the CenterStage

\$5 (3 years and younger), \$20 (4 years and older). Tickets available at the CenterStage Box Office and online in early June.

CULTURAL ARTS

The Reston Museum

www.restonmuseum.org
703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present, and influences the future of Reston through its exhibits, public programs, and events including Founder's Day, the Reston Home Tour, and Lake Anne Cardboard Boat Regatta. Reston Museum is located at Lake Anne Plaza, is free to visit, and offers exhibits and a gift shop.

GOVERNMENT FUNDERS

ArtsFairfax:

www.artsfairfax.org



Virginia Commission for the Arts:

www.arts.virginia.gov



National Endowment for the Arts:

www.arts.gov



VISUAL ARTS

League of Reston Artists

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA is a non-profit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. Numerous judged and juried shows in venues throughout the community give member artists and photographers opportunities to earn distinctions.

Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 5 commercial and public places, solo exhibits are offered on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website.

JUNE – AUGUST

[Art in Public Places \(AIPP\) Exhibits](#)

Solo Shows – Quarterly rotation

JUNE

[Reston Photographic Society Exhibit](#)

Reception: Sunday, June 2

2:00 p.m. – 4:00 p.m.

RCC Lake Anne – Jo Ann Rose Gallery

MID-JULY – AUGUST

[League of Reston Artists](#)

[Small Works Exhibit](#)

A large display of small-scale paintings and photography pieces

RCC Lake Anne – 3D Gallery

Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com

703-481-8156

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage and acrylic and oil paintings.

JUNE

[Art by Rosemarie Forsythe](#)

Reception: Sunday, June 9

2:00 p.m. – 4:00 p.m.

JULY

[Abstracts by Marthe McGrathe](#)

Reception: Sunday, July 14

2:00 p.m. – 4:00 p.m.

AUGUST

[August Artists' Showcase](#)

A RAGS Group Exhibit

Reception: Sunday, August 11

2:00 p.m. – 4:00 p.m.

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

Tephra ICA

www.tephraica.org

Tephra Institute of Contemporary Art is committed to promoting innovative contemporary art and thinking. Leading with curiosity and care, Tephra ICA is a catalyst, generator, and advocate for visual and interdisciplinary arts. Tephra ICA's exhibitions and programs highlight contemporary artists whose practices are often globally influenced, culturally diverse, and conceptually advanced. They provide education initiatives and public programs that encourage the development of critical thinking, creative expression, and support the interconnectivity of art and ideas. Admission to the Tephra ICA gallery is always FREE, as are most programs.

Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts, and the National Endowment for the Arts.

Public Art Reston

www.publicartreston.org

Public Art Reston's (PAR) mission is to be the catalyst for public art that inspires, engages, and connects. Its vision is for public art to be recognized as essential to our thriving, diverse community. PAR commits to this work by nurturing and celebrating diverse participation, while providing opportunities to experience public art in all neighborhoods of Reston. It connects at the intersections of creativity, accessibility, and belonging. Public art is a vehicle for building community and community building is vital to successful creative placemaking.

More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007, and since the adoption of the Public Art Master Plan for Reston in 2008. Reston's public art is always accessible digitally and al fresco! Public Art Reston's website hosts a comprehensive catalog of public art in Reston along with many other tools to use to enjoy public art.

Visit the Public Art Reston website to find out where projects have been realized throughout our community and sign up for the newsletter, Emerge, for updates. Please send an email to info@publicartreston.org for further information or to arrange public art tours or conversations.

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

RCC GALLERY EXHIBITS

RCC Hunters Woods Exhibits

JUNE

"Simple Things Recent Images"

Photography by Reggie Forster

JULY/AUGUST

"Each Canvas Has a Story"

Art by Nina Joffey

RCC Lake Anne Jo Ann Rose Gallery Exhibits

JUNE

Reston Photographic Society Exhibit

League of Reston Artists (LRA)

Reception: Sunday, June 2

2:00 p.m. – 4:00 p.m.

JULY

"Grace and Beauty: East Asian Brush Painting"

A group exhibit by National Sumi-E Society

Reception: Sunday, June 30

2:00 p.m. – 4:00 p.m.

AUGUST

"Shaped by Reston"

Paintings by Mia Merin and Joe Hyman

Reception: Sunday, July 28

2:00 p.m. – 4:00 p.m.

RCC Lake Anne 3D Gallery Exhibits

JUNE – MID-JULY

"The Joy of Creating"

Annual Teachers and Students Art Exhibit

MID-JULY – AUGUST

League of Reston Artists

Small Works Exhibit

A large display of small-scale paintings and photography pieces

Interested in Exhibiting?

For more information about exhibiting with Reston Community Center, please visit www.restoncommunitycenter.com or contact Gloria Morrow, Arts Education Assistant, at 703-390-6187.



VOLUNTEER MANAGEMENT SYSTEM

Adapted Aquatics Volunteers

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods – Warm Water Pool June 1 – August 3

Sat 10:45 a.m. – 12:00 p.m.
Registration required through VMS.

RCC Community Coffee Volunteers

(14 years and older)

Help with set up, coffee making, serving patrons, keeping the area tidy and cleaning up at the end.

RCC Hunters Woods June 1 – August 3

Sat 7:30 a.m. – 11:30 a.m.
Registration required through VMS.

OTHER VOLUNTEER OPPORTUNITIES

RCC Rides Drivers

(18 years and older)

Without transportation, simple things such as medical appointments or grocery shopping become major life challenges for non-driving seniors. We need caring, concerned community members to serve as volunteer drivers. Choose times that best suit your schedule; no minimum number of rides are required.

To become a volunteer, obtain an application at an RCC Customer Service Desk or online at www.restoncommunitycenter.com and return it to the address on the form, or call us at 703-390-6198 for more information.

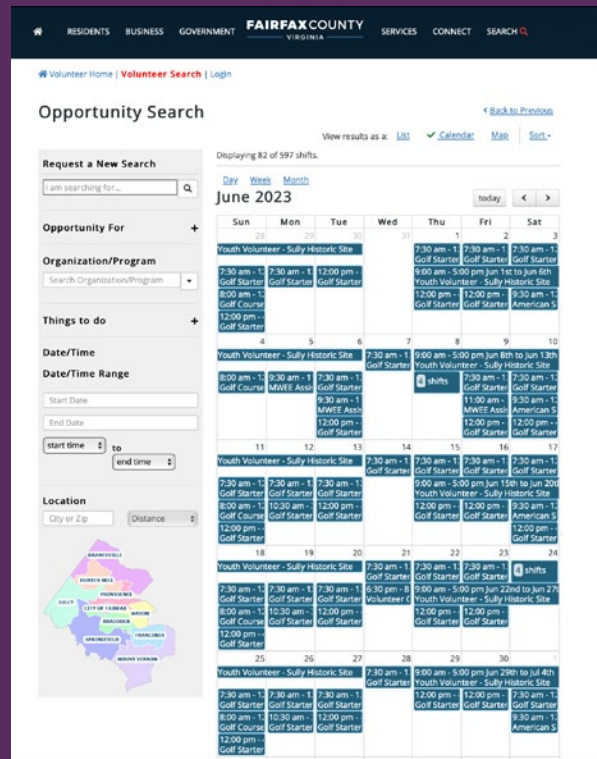
VOLUNTEER MANAGEMENT SYSTEM (VMS)

Fairfax County has a consolidated, county-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

1. Visit: volunteer.fairfaxcounty.gov
2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.
4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

For questions or concerns with this system, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6166.





AQUATICS

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Lap Swim	31
Infant – 7 Year Old	32 – 34
6 – 12 Year Old	35 – 37
13 Years and Older	38 – 39

SUMMER SCHEDULE • JUNE 1 – JULY 21

	Lap Pool	Warm Water Pool	Spa
Monday/Wednesday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Tuesday/Thursday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	1:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Friday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.
Saturday	9:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.
Sunday	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.

*Swim lanes may be limited. Please note that the schedule is subject to change without notice. RCC schedules programming during open and lap swim times. The pools are closed from 12:00 p.m. to 1:00 p.m. every day for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space.

AQUATICS

AQUATICS CENTER RULES & REGULATIONS

- All persons entering the pools must register at the desk and pay the appropriate fee.
- Children under the age of 8 must be accompanied by an adult 16 years or older.
- Children 6 years and up must use appropriate locker rooms. The All Genders/ Accessible Dressing Room may be used, or either the women's or men's locker rooms.
- Children under the age of 3, and any patron diagnosed with incontinence, are required to wear plastic pants underneath swim apparel.
- All swimmers are encouraged to take a rinse shower before entering the pools. Persons leaving the pool area are required to shower before re-entering the pools.
- Spitting or expunging water is prohibited.
- Running, pushing and horseplay are prohibited.
- Diving into water less than 8 feet in depth is prohibited. Back dives or flips from the side in any depth of water are prohibited.
- Starting blocks are only available to swim lessons and rentals.
- ADA and entry ramps are for entry and exit only. Open swimming and playing are prohibited on the Warm Water ramp or in areas of the beach entry used to access the Lap Pool.
- Special equipment is for class use only (rings, noodles and barbells).

AQUATICS HOURS:*

*Some restrictions to lap lane or warm water access may apply.

Memorial Day • May 27 • 6:30 a.m. – 12:00 p.m.

Juneteenth • June 19 • 7:00 a.m. – 9:00 p.m.

Independence Day • July 4 • 9:00 a.m. – 12:00 p.m.

Annual Maintenance • July 22 – September 6 • CLOSED

- Kickboards are restricted to lap lanes only.
- Masks must be marked "Tempered Glass" or "Plastic Lens."
- Snorkels must be properly attached to a mask.
- Fins are limited to the lap lanes.
- Children using floatation devices require direct one-on-one adult supervision. Coast Guard-approved floatation devices are available for patron use in a variety of sizes. Devices brought to the pools must be Coast Guard-approved.
- Food, drinks and chewing gum are prohibited in the pool areas or in the locker rooms.
- Glass containers and/or breakable objects are prohibited throughout the Terry L. Smith Aquatics Center.
- Non-swimmers ages 11 and under will wear an RCC-supplied wristband and are only allowed in the shallow ends of the pools.
- Videography and photography of any kind, using any device, are prohibited during swim team practices unless authorized in writing by the swim team coach.
- Talking to and visiting with a lifeguard who is on a stand or monitoring the pools are prohibited. Please see another Aquatics staff member in the office for assistance.
- Any conduct that may endanger the welfare of other patrons is prohibited.
- Appropriate swimwear is required. Only bathing suits or approved alternatives may be worn in the pools and/or spa. Excessively loose clothing or bathing garments will not be permitted due to safety reasons.
- The pools may be closed, or their use limited, at the discretion of management due to technical problems, overcrowding or threatening weather conditions.
- Prolonged underwater swimming or breath-holding are prohibited. Competitive or prolonged breath-holding can be deadly.

These rules will be enforced by the professional lifeguarding staff team of the Terry L. Smith Aquatics Center. Patron cooperation is appreciated.

RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate your attention to hair that is shed from shampooing as well.
- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.
- If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate your removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. – 4:00 p.m., seven days a week.

POOL FEES

	Reston Resident/ Employee	Non-Reston
Daily Visit		
Adult	\$5	\$10
Youth and Senior	\$3	\$6
Daily Visit Pass (Price Per Visit)		
Adult	\$4.50	\$9
Youth and Senior	\$2.75	\$5.50
Monthly Pool Pass		
Adult	\$45	\$90
Youth and Senior	\$25	\$50
Aquatics Annual Pass		
Adult	\$480	\$960
Youth and Senior	\$250	\$500

WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
Water Aerobics Daily Visit		
Adult	\$7	\$14
Youth and Senior	\$6	\$12
Water Aerobics Pass (Price Per Visit)		
Adult	\$6	\$12
Youth and Senior	\$5	\$10

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Program Director for more information or inquire about availability at 703-390-6152. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk at 703-390-6150.

30-minute session • \$40 (R)/\$60 (NR)



AQUATICS

To buy or renew your pass, visit myRCC where you can also make a reservation for lap lanes or daily aquatics aerobics. Passes may be used to reserve time or simply visit; a daily visit fee is charged if you just stop by to swim.

Pools will close a half hour prior to the building closing time to allow time for exiting from the Terry L. Smith Aquatics Center and close at 6:00 p.m. on Friday evenings. Early bird swimming occurs at the Terry L. Smith Aquatics Center Monday through Friday; check myRCC for reservations. The entire Aquatics facility, including locker rooms, will be closed daily from 12:00 p.m. to 1:00 p.m. for a deep cleaning.

Water Aerobics classes (Advanced Arthritis, Fibromyalgia and Multiple Sclerosis, Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Burn, Aqua Mixer, Deep Water Mania, Tides in Motion) require reservations. Patrons must have a valid Water Aerobics Pass. Reservations for Water Aerobics classes are free, but patrons are required to purchase a pass and swipe the pass prior to each class. Patrons' passes will be debited a visit for unattended classes.

Patrons are reminded that there is no advantage to the use of paper reservation forms versus online reserving. Online reservations are your most reliable path to making your reservations or canceling a reservation for water exercise offerings. RCC Customer Service Representatives will process paper forms as they can after reservations for each month open at 9:00 a.m., but they never process those forms prior to the 9:00 a.m. opening of reservations online.

Failing to cancel a reservation you can't use keeps someone else from being able to access the offering. Thank you for being considerate!

SPA USE

Swimmers may use the spa by purchasing a visit or a pass and swiping it for access or following use of a lap lane or warm water zone. People should limit sitting in the spa to 10 minutes or less for good health. The spa is monitored on camera by RCC lifeguards.

LAP POOL

- Three of the six lap lanes are dedicated to reservation swimming only. Three will be available for open swim use.
- Non-swimming youth must be accompanied by an adult in the water. Both child and adult require payment.
- Lap lane reservations last one hour.
- Reservations that go unused, or uncanceled at least two hours in advance, will be charged to the passholder. Not using a reserved lane or failing to cancel a reservation is unfair to those who are on the waitlist or who want to reserve that slot.

WARM WATER POOL

When classes are not in session, the Warm Water Pool is available for use without reservations being required.

SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please contact our ADA Coordinator at 703-390-6144.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool. Please reach out to RCCcontact@fairfaxcounty.gov for further information or requests.

RCC PASS OPTIONS

Aquatics Passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The 12-Month passes are valid from date of purchase and do not renew automatically. Aquatics Water Aerobics Pass.

Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Advanced Arthritis, Fibromyalgia and Multiple Sclerosis, Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Burn, Aqua Mixer, Deep Water Mania and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

FREE

DEAP offerings are free for Reston residents and employees of Reston businesses.

DEAP

Drowning Education Awareness Program

Reston Community Center and Reston Association have teamed up to improve our community's safety around its many pools. Drowning remains the nation's second-leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries.

RCC SUMMER LEARN-TO-SWIM FREE INTRO SESSIONS

Beginning levels of "Learn-to-Swim" offerings are offered to Reston non-swimmers free of charge for the first enrollment. Free enrollment is limited to one class per swimmer and is available only to Reston patrons.

ROOKIE I

(4 – 5 years old)

Rookie I is for children 4 to 5 years old with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills. **See page 33 for times and dates.**

LEVEL 1

(6 – 12 years old)

Level 1 is for beginners with little or no swimming experience. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics. **See page 36 for times and dates.**

RCC/RA FREE PRESENTATIONS

RA and RCC offer two free land-based presentations targeted for different audiences and community civic groups. By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools.

LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is a one-hour interactive presentation with fun activities designed to make water safety practices easy to learn.

WATER SAFETY PRESENTATION

(18 years and older)

Enjoy a 90-minute presentation including a question and answer period focused on water safety training to keep families safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.



NOW HIRING & TRAINING LIFEGUARDS



Perfect For
HIGH SCHOOL STUDENTS
COLLEGE STUDENTS
STAY-AT-HOME PARENTS
RETIRES

Come Join The Fun And Get Paid!

Benefits Include:

- Competitive Wages
- Flexible Schedule
- FREE American Red Cross Lifeguard Training (\$200 value)*
- FREE Uniforms
- Year-round Employment
- Discounts on RCC Programs
- Leadership and Teamwork Skills Development

APPLY ONLINE:

WWW.RESTONCOMMUNITYCENTER.COM/LIFEGUARD

**Lifeguarding classes are offered based upon public demand and instructor availability. For more information, please contact the Aquatics Operations Director at 703-390-6149.*

LAP POOL

Three of the six lap lanes are dedicated to reservation swimming only. Three will be available for open swim use.

Reservations are required for the below lap swim lanes at the Terry L. Smith Aquatics Center. Reservations for the following month open up on the 25th of the previous month for Reston residents and employees, and the first of the month for Non-Reston. Reservations are for a 60-minute time slot. Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.



Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 60 minutes.

60-min. sessions at RCC HW Pool Pass, Reservations Req.

June 1 – July 21

Mon-Fri 6C0901-4A	7:00 a.m. – 8:00 a.m.
Mon-Fri 6C0901-4B	8:00 a.m. – 9:00 a.m.
Mon-Fri 6C0901-4C	9:00 a.m. – 10:00 a.m.
Mon-Fri 6C0901-4D	10:00 a.m. – 11:00 a.m.
Mon-Fri 6C0901-4E	11:00 a.m. – 12:00 p.m.
Mon-Sun 6C0901-4F	1:00 p.m. – 2:00 p.m.
Mon-Sun 6C0901-4G	2:00 p.m. – 3:00 p.m.
Mon-Sun 6C0901-4H	3:00 p.m. – 4:00 p.m.
Sat 6C0901-4I	4:00 p.m. – 5:00 p.m.

Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 60 minutes.

60-min. sessions at RCC HW Pool Pass, Reservations Req.

June 1 – July 21

Mon-Fri 6C0902-4A	7:00 a.m. – 8:00 a.m.
Mon-Fri 6C0902-4B	8:00 a.m. – 9:00 a.m.
Mon-Fri 6C0902-4C	9:00 a.m. – 10:00 a.m.
Mon-Fri 6C0902-4D	10:00 a.m. – 11:00 a.m.
Mon-Fri 6C0902-4E	11:00 a.m. – 12:00 p.m.
Mon-Sun 6C0902-4F	1:00 p.m. – 2:00 p.m.
Mon-Sun 6C0902-4G	2:00 p.m. – 3:00 p.m.
Mon-Sun 6C0902-4H	3:00 p.m. – 4:00 p.m.
Sat 6C0902-4I	4:00 p.m. – 5:00 p.m.

Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 60 minutes.

60-min. sessions at RCC HW Pool Pass, Reservations Req.

June 1 – July 21

Mon-Fri 6C0903-4A	7:00 a.m. – 8:00 a.m.
Mon-Fri 6C0903-4B	8:00 a.m. – 9:00 a.m.
Mon-Fri 6C0903-4C	9:00 a.m. – 10:00 a.m.
Mon-Fri 6C0903-4D	10:00 a.m. – 11:00 a.m.
Mon-Fri 6C0903-4E	11:00 a.m. – 12:00 p.m.
Mon-Sun 6C0903-4F	1:00 p.m. – 2:00 p.m.
Mon-Sun 6C0903-4G	2:00 p.m. – 3:00 p.m.
Mon-Sun 6C0903-4H	3:00 p.m. – 4:00 p.m.
Sat 6C0903-4I	4:00 p.m. – 5:00 p.m.

LEARN-TO-SWIM: INFANT – 7 YEARS OLD

The goals of Reston Community Center’s Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron’s availability and is recommended to be done well in advance of each season’s registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each levels skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.

INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
WATER INTRO	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
AQUA TOTS	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
POOL PALS AND WATER FRIENDS	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
ROOKIE I	4 – 5 years	No swimming skills required. Able to follow simple instructions.
ROOKIE II	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
RANGER	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
MARLIN	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
WATER WONDER	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/ caregiver is required to accompany each child in the water and participate in the classes.

7, 30-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 8:30 a.m. – 9:00 a.m.
640000-4D

Sat 9:40 a.m. – 10:10 a.m.
640000-4E

Sat 10:15 a.m. – 10:45 a.m.
640000-4F

Sat 10:50 a.m. – 11:20 a.m.
640000-4G

June 2 – July 14

Sun 9:40 a.m. – 10:10 a.m.
640002-4B

Aqua Tots

(18 months – 3 years)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/ caregiver is required to accompany each child in the water and participate in the classes.

7, 30-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 8:30 a.m. – 9:00 a.m.
640007-4D

Sat 9:40 a.m. – 10:10 a.m.
640007-4E

Sat 10:15 a.m. – 10:45 a.m.
640007-4F

Sat 10:50 a.m. – 11:20 a.m.
640007-4G

June 2 – July 14

Sun 9:40 a.m. – 10:10 a.m.
640008-4B

Pool Pals & Water Friends

(3 – 4 years old)

This class is designed for children and their parent(s) or other favorite adult. Pool Pals introduces students to floating, kicking, paddling, submerging and water safety skills. This class is a great way to transition young, hesitant children to swimming with a teacher. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the class.

7, 30-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:05 a.m. – 9:35 a.m.
640080-4B

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

7, 20-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 8:30 a.m. – 8:50 a.m.
640010-4D

Sat 8:50 a.m. – 9:10 a.m.
640010-4E

Sat 9:10 a.m. – 9:30 a.m.
640010-4F

June 2 – July 14

Sun 8:30 a.m. – 8:50 a.m.
640012-4G

Sun 8:50 a.m. – 9:10 a.m.
640012-4H

Sun 9:10 a.m. – 9:30 a.m.
640012-4I

Sun 9:40 a.m. – 10:00 a.m.
640012-4J

Sun 10:00 a.m. – 10:20 a.m.
640012-4K

Sun 10:20 a.m. – 10:40 a.m.
640012-4L

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

7, 30-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:40 a.m. – 10:10 a.m.
640020-4B

Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5-year-olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

7, 30-min. sessions at Warm Water Pool Free (R)/\$160 (NR), Registration Req.

June 1 – July 13

Sat 8:30 a.m. – 9:00 a.m.
640030-4C

Sat 10:15 a.m. – 10:45 a.m.
640030-4D

June 2 – July 14

Sun 8:30 a.m. – 9:00 a.m.
640032-4C

Sun 10:50 a.m. – 11:20 a.m.
640032-4D

6, 30-min. sessions at Warm Water Pool Free (R)/\$100 (NR), Registration Req.

June 4 – July 9

Tue 6:00 p.m. – 6:30 p.m.
640036-4C

June 6 – July 18

(No Class: July 4)
Thu 5:00 p.m. – 5:30 p.m.
640036-4D

8, 30-min. sessions at Warm Water Pool Free (R)/\$120 (NR), Registration Req.

June 3 – June 26

Mon, Wed 5:00 p.m. – 5:30 p.m.
640033-4C

6, 30-min. sessions at Warm Water Pool Free (R)/\$90 (NR), Registration Req.

July 1 – July 17

Mon, Wed 5:00 p.m. – 5:30 p.m.
640033-5A

Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

7, 30-min. sessions at Warm Water Pool
\$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:40 a.m. – 10:10 a.m.
 640040-4C

Sat 10:15 a.m. – 10:45 a.m.
 640040-4D

June 2 – July 14

Sun 9:05 a.m. – 9:35 a.m.
 640042-4C

Sun 10:50 a.m. – 11:20 a.m.
 640042-4D

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$100 (NR)

June 4 – July 9

Tue 5:00 p.m. – 5:30 p.m.
 640046-4C

June 6 – July 18

(No Class: July 4)

Thu 5:30 p.m. – 6:00 p.m.
 640046-4D

8, 30-min. sessions at Warm Water Pool
\$80 (R)/\$120 (NR)

June 3 – June 26

Mon, Wed 5:00 p.m. – 5:30 p.m.
 640043-4C

6, 30-min. sessions at Warm Water Pool
\$60 (R)/\$90 (NR)

July 1 – July 17

Mon, Wed 5:00 p.m. – 5:30 p.m.
 640043-5A



Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

7, 30-min. sessions at Warm Water Pool
\$80 (R)/\$160 (NR)

June 1 – July 13

Sat 8:30 a.m. – 9:00 a.m.
 640050-4C

Sat 11:25 a.m. – 11:55 a.m.
 640050-4D

June 2 – July 14

Sun 10:50 a.m. – 11:20 a.m.
 640052-4B

6, 30-min. sessions at Warm Water Pool
\$65 (R)/\$100 (NR)

June 4 – July 9

Tue 5:30 p.m. – 6:00 p.m.
 640056-4B

Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

7, 30-min. sessions at Lap Pool
\$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:05 a.m. – 9:35 a.m.
 640060-4B

June 2 – July 14

Sun 10:15 a.m. – 10:45 a.m.
 640062-4B

6, 30-min. sessions at Lap Pool
\$65 (R)/\$100 (NR)

June 4 – July 9

Tue 6:30 p.m. – 7:00 p.m.
 640066-4B

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each levels skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Swimming is the fourth most popular recreational sport in the United States, according to the Centers for Disease Control and Prevention (CDC), after walking, running and cycling. About 91 million Americans over the age of 16 swim in oceans, lakes and rivers each year, and about 36% of children 7 to 17 years old swim at least six times each year.

AQUATICS

6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
SWIM LEVEL 1	6 – 12 years	No swimming skills required.
SWIM LEVEL 2	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
SWIM LEVEL 3	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute, and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 – 12 years	Swim front crawl for 50 yards, then swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
STROKE-N-TURN	6 – 8 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.
STROKE-N-TURN	9 – 12 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.



Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

7, 30-min. sessions at Warm Water Pool Free (R)/\$160 (NR), Registration Req.

June 1 – July 13

Sat 8:30 a.m. – 9:00 a.m.

640310-4C

Sat 10:15 a.m. – 10:45 a.m.

640310-4D

June 2 – July 14

Sun 9:05 a.m. – 9:35 a.m.

640312-4C

Sun 11:25 a.m. – 11:55 a.m.

640312-4D

6, 30-min. sessions at Warm Water Pool Free (R)/\$100 (NR), Registration Req.

June 4 – July 9

Tue 6:30 p.m. – 7:00 p.m.

640316-4C

June 6 – July 18

(No Class: July 4)

Thu 5:00 p.m. – 5:30 p.m.

640316-4D

8, 30-min. sessions at Warm Water Pool Free (R)/\$120 (NR), Registration Req.

June 3 – June 26

Mon, Wed 5:30 p.m. – 6:00 p.m.

640313-4C

6, 30-min. sessions at Warm Water Pool Free (R)/\$90 (NR), Registration Req.

July 1 – July 17

Mon, Wed 5:30 p.m. – 6:00 p.m.

640313-5A

Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and combined swim front for five strokes using arms, kicking, and breathing.

7, 30-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:05 a.m. – 9:35 a.m.

640320-4C

Sat 10:50 a.m. – 11:20 a.m.

640320-4D

June 2 – July 14

Sun 10:15 a.m. – 10:45 a.m.

640322-4C

Sun 11:25 a.m. – 11:55 a.m.

640322-4D

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

June 4 – July 9

Tue 5:00 p.m. – 5:30 p.m.

640326-4C

June 6 – July 18

(No Class: July 4)

Thu 5:30 p.m. – 6:00 p.m.

640326-4D

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

June 3 – June 26

Mon, Wed 5:30 p.m. – 6:00 p.m.

640323-4C

6, 30-min. sessions at Warm Water Pool \$60 (R)/\$90 (NR)

July 1 – July 17

Mon, Wed 5:30 p.m. – 6:00 p.m.

640323-5A

Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

7, 30-min. sessions at Warm Water Pool \$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:05 a.m. – 9:35 a.m.

640330-4C

Sat 11:25 a.m. – 11:55 a.m.

640330-4D

June 2 – July 14

Sun 9:40 a.m. – 10:10 a.m.

640332-4B

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)

June 4 – July 9

Tue 5:30 p.m. – 6:00 p.m.

640336-4B

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)

June 3 – June 26

Mon, Wed 6:00 p.m. – 6:30 p.m.

640333-4C

6, 30-min. sessions at Warm Water Pool \$60 (R)/\$90 (NR)

July 1 – July 17

Mon, Wed 6:00 p.m. – 6:30 p.m.

640333-5A

PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that acknowledges the special tax paid by Reston for RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for two minutes.

7, 30-min. sessions at Lap Pool

\$80 (R)/\$160 (NR)

June 1 – July 13

Sat 9:40 a.m. – 10:10 a.m.
640340-4B

June 2 – July 14

Sun 11:25 a.m. – 11:55 a.m.
640342-4B

6, 30-min. sessions at Lap Pool

\$65 (R)/\$100 (NR)

June 4 – July 9

Tue 6:00 p.m. – 6:30 p.m.
640346-4B

Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

7, 45-min. sessions at Lap Pool

\$90 (R)/\$180 (NR)

June 1 – July 13

Sat 10:15 a.m. – 11:00 a.m.
640350-4B

6, 45-min. sessions at Lap Pool

\$70 (R)/\$105 (NR)

June 6 – July 18

(No Class: July 4)

Thu 6:00 p.m. – 6:45 p.m.
640356-4B

Level 6

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front and back crawl, introduction to swim equipment (pull buoys and fins) and retrieving an object from eight feet deep.

7, 45-min. sessions at Lap Pool

\$90 (R)/\$180 (NR)

June 1 – July 13

Sat 11:05 a.m. – 11:50 a.m.
640360-4B

8, 45-min. sessions at Lap Pool

\$90 (R)/\$135 (NR)

June 3 – June 26

Mon, Wed 6:00 p.m. – 6:45 p.m.
640363-4C

6, 45-min. sessions at Lap Pool

\$70 (R)/\$100 (NR)

July 1 – July 17

Mon, Wed 6:00 p.m. – 6:45 p.m.
640363-5A



Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

7, 30-min. sessions at Warm Water Pool

\$80 (R)/\$64 (R55+)/\$160 (NR)

June 1 – July 13

Sat 10:50 a.m. – 11:20 a.m.
640190-4C

Sat 11:25 a.m. – 11:55 a.m.
640190-4D

REGISTER TODAY DON'T DELAY!

Help us avoid program cancellations by registering at least one week before the start date.

INCLEMENT WEATHER

Extreme electrical activity during summer thunderstorms may cause the Terry L. Smith Aquatics Center to close. If in doubt, always call 703-476-4500 before you come see us.

VOLUNTEERS NEEDED!

See page 24 for more information.

13 YEARS AND OLDER

Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

7, 30-min. sessions at Warm Water Pool
\$80 (R)/\$64 (R55+)/\$160 (NR)

June 1 – July 13

Sat 9:40 a.m. – 10:10 a.m.
 640210-4B

June 2 – July 14

Sun 8:30 a.m. – 9:00 a.m.
 640212-4B

8, 30-min. sessions at Warm Water Pool
\$80 (R)/\$64 (R55+)/\$120 (NR)

June 3 – June 26

Mon, Wed 6:30 p.m. – 7:00 p.m.
 640213-4C

6, 30-min. sessions at Warm Water Pool
\$60 (R)/\$48 (R55+)/\$90 (NR)

July 1 – July 17

Mon, Wed 6:30 p.m. – 7:00 p.m.
 640213-5A

Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

7, 45-min. sessions at Lap Pool
\$90 (R)/\$72 (R55+)/\$180 (NR)

June 1 – July 13

Sat 10:50 a.m. – 11:35 a.m.
 640220-4B

6, 45-min. sessions at Lap Pool
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 6 – July 18

(No Class: July 4)
 Thu 6:00 p.m. – 6:45 p.m.
 640226-4B



DAILY AEROBICS

The following classes now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons. Reservations for daily aerobics programming are free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each reserved class. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$6 (R)/\$12 (NR) per class. Passes expire two years from the date of purchase. Patrons who need to cancel can now do so in myRCC.

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises that increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass, Registration Req.

June 4 – July 18

(No Class: July 4)
 Tue, Thu 11:45 a.m. – 12:30 p.m.
 6C0160-4

Aqua Barre

(18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool Pass, Registration Req.

June 3 – July 19

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.
6C0110-4

Aqua Blast

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion.

Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Registration Req.

June 4 – July 18

(No Class: July 4)

Tue, Thu 8:30 a.m. – 9:15 a.m.
6C0060-4

Tue, Thu 9:30 a.m. – 10:15 a.m.
6C0075-4

Aqua Boot Camp

(18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool Pass, Registration Req.

June 3 – July 19

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.
6C0080-4

WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
Water Aerobics Daily Visit		
Adult	\$7	\$14
Youth and Senior	\$6	\$12
Water Aerobics Pass (Price Per Visit)		
Adult	\$6	\$12
Youth and Senior	\$5	\$10

Aqua Burn

(18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Registration Req.

June 3 – July 17

Mon, Wed 7:30 p.m. – 8:15 p.m.
6C0140-4

Aqua Mixer

(18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass Registration Req.

June 3 – July 17

Mon, Wed 5:30 p.m. – 6:15 p.m.
6C0040-4

Deep Water Mania

(18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass Registration Req.

June 3 – July 17

Mon, Wed 6:30 p.m. – 7:15 p.m.
6C0150-4

Tides in Motion

(18 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups and improving aerobic capacity, balance and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool Pass, Registration Req.

June 3 – July 19

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.
6C0010-4



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FUN

Around Town



RCC brings recreation to your neighborhood. Activities include arts and crafts, games, music, and more. Children ages 10 and under must be accompanied by an adult. Register in advance to assure a spot; if space is available, registration at the door can be done. **Please note:** In the event of inclement weather, activities will be canceled and will not be rescheduled.

Friday, June 21 • 4:00 p.m. – 6:00 p.m. • 860003-5A
Reston Community Center Hunters Woods – 2310 Colts Neck Road, Reston

Friday, July 19 • 4:00 p.m. – 6:00 p.m. • 860006-5A
Cathy Hudgins Community Center at Southgate – 12125 Pinecrest Road, Reston

Friday, August 16 • 4:00 p.m. – 6:00 p.m. • 860002-5A
Cedar Ridge Community Center – 1601 Becontree Lane, Reston

**Free • Registration Requested
All Ages**

*These programs are offered in support of the Reston Opportunity Neighborhood program and are sponsored by Reston Community Center.
For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.*

CRAFTS

Origami

(2 – 5 years old)

Children and parents will fold square papers five times to make a dog, cat, hat, or other item of their choice. This is a great bonding activity for parent/caregiver and their children. This program is not appropriate for children younger than the advertised age range. All parents/caregivers must participate fully in the activities. Participating children must be registered.

1, 45-min. session at RCC Hunters Woods
\$5 (R)/\$8 (NR)

July 13

Sat
 901383-5A

10:00 a.m. – 10:45 a.m.
 Nelson

ENRICHMENT

Math Tutoring Summer Refresher

(7 – 18 years old)

Start the next school year with confidence. Students from second through twelfth grades can brush up, refresh or improve their math skills in multiplication and division, money, patterns, fractions, prime and composite numbers, order of operations, ratio and unit rates, fractions and decimal number sense, computation and estimation, measurement and geometry, probability and statistics, patterns functions, and algebra.

4, 90-min. sessions at RCC Hunters Woods
Free, Registration Req.

July 10 – July 31

Wed
 901466-5A

4:30 p.m. – 6:00 p.m.
 Samet

FITNESS

Learn to Bike – Youth

(6 – 12 years old)

This class is for children who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering skills and basic braking skills. Registration fee includes the rental of a bike and a Consumer Product Safety Commission (CPSC)-approved helmet. If the student would like to bring their own helmet, it must be CPSC approved. Students are asked to wear comfortable, weather-appropriate outerwear and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided. Due to bike sizes, child must be at least 45 inches tall.

1, 2-hour session at 1886 Metro Center Dr.
\$35 (R)/\$53 (NR)

June 23

Sun
 306208-4F

1:00 p.m. – 3:00 p.m.
 Westenhoff

August 4

Sun
 306208-5A

1:00 p.m. – 3:00 p.m.
 Westenhoff

MEETUPS

Pottery and Custard

(2 – 5 years old)

Participants will paint a piece of pottery of their choosing and enjoy a scoop of frozen custard afterward. Pieces will be fired and returned at a scheduled date. Meet at the entrance to Kiln & Custard, located at 115 Church Street, NE, Vienna. For directions, call 703-255-7155. Participating children must be registered.

1, 2-hour session at Kiln & Custard
\$20 (R)/\$30 (NR)

July 23

Tue
 980041-5A

10:00 a.m. – 12:00 p.m.
 Haneline

Children's Science Center Lab

(3 years and older)

The Children's Science Center Lab encourages children to explore science, technology, engineering and mathematics (STEM) concepts through fun, engaging hands-on exhibits and activities. Please meet at Children's Science Center Lab, at 11948 Fair Oaks Mall in Fairfax, Virginia. The entrance is located at the main mall entrance to the right of Lord & Taylor, which faces Route 50. For directions, call 703-648-3430. Parents/guardians must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Parents and children must register and pay.

1, 2-hour session at Children's Science Center Lab

\$10 (R)/\$8 (R55+)/\$15 (NR)

July 27

Sat
 901430-5A

10:00 a.m. – 12:00 p.m.
 Haneline

SOCIAL

Tot Time

(Infant – 4 years old)

Kids love this play group and parents enjoy socializing with one another. Toys, games, books and music are provided. Parents/caregivers must fully participate in the activities. This program is not appropriate for children older than the advertised age range. Participating children must be registered.

90-min. sessions at RCC Lake Anne
Free, Registration Req.

June 3 – August 12

Mon
 902989-4G

9:30 a.m. – 11:00 a.m.
 Ali

Youth ages 13 – 17 may be able to participate in offerings for 18 and older with permission from the program director. Please email or call for information about Leisure and Learning offerings (pages 45 – 57) that may be of interest to those ages. Teens and tweens are encouraged to write to RCCcontact@fairfaxcounty.gov if they have a program suggestion or desire we can design for them.

SUMMER FAMILY Crafternoons



Free • Registration Requested • All Ages • 12:00 p.m. – 1:00 p.m.

RCC offers interactive craft activities with fun holiday themes. These experiences are designed for the whole family! Children ages 10 and under must be accompanied by an adult. Register in advance to assure a spot; if space is available, registration at the door can be done.

Thursday, June 20 • Summer Solstice

86C100-5A • Cathy Hudgins Community Center at Southgate – 12125 Pinecrest Road, Reston

Wednesday, July 17 • World Emoji Day

86C100-5B • Cedar Ridge Community Center – 1601 Becontree Lane, Reston

Friday, August 2 • National Coloring Book Day

86C100-5C • Stonegate Village Community Center – 2244 B Stonewheel Drive, Reston

Friday, August 9 • Book Lovers Day

86C100-5D • Crescent Community Center – 1578 Cameron Crescent Drive #001, Reston

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.



LEISURE AND LEARNING

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CRAFTS

Blacksmithing Workshop – Level I: “S” Hook

(13 years and older)

Learn essential skills such as hammer control, tapering, bending, and twisting as well as essential safety skills to avoid injury to yourself and others. A list of protective clothing and gear to be worn during class will be sent after registration.

1, 3-hour session at RCC Hunters Woods
\$125 (R)/\$100 (R55+)/\$250 (NR)

July 14

Sun 1:00 p.m. – 4:00 p.m.
 903063-5A Crane

Blacksmithing Workshop – Level II: Decorative Leaf

(13 years and older)

Expand your skills with this decorative leaf making workshop, using fullers and top tools, controlled forging, forging bevels and more building block skills. A list of protective clothing and gear to be worn during class will be sent after registration.

1, 3-hour session at RCC Hunters Woods
\$125 (R)/\$100 (R55+)/\$250 (NR)

August 11

Sun 1:00 p.m. – 4:00 p.m.
 900266-5A Crane

Glass Fusing Discoveries

(13 years and older)

Create original, one-of-a-kind art and jewelry pieces using multicolored glass. No experience necessary.

1, 2.5-hour session at RCC Hunters Woods
\$50 (R)/\$40 (R55+)/\$75 (NR)

July 11

Thu 6:30 p.m. – 9:00 p.m.
 980043-5A Toole

July 28

Sun 2:30 p.m. – 5:00 p.m.
 980043-5B Toole

CREATIVE CONNECTIONS

Reston Plant Swap

(18 years and older)

Bring a pest-free houseplant (or two), potted or bare root, but in a container, to swap out with the community. Please don't bring invasives. Learn different growing tips and techniques and share plant stories. Participants may also bring any plant supplies they wish to donate.

1, 90-min. session at YMCA Fairfax County Reston

Free, Registration Req.
August 15

Thu 6:00 p.m. – 7:30 p.m.
 862000-5A

DANCE

Line Dancing With Scotty – Beginner

(18 years and older)

Learn the classic country favorites, newest pop dances and other line dancing styles. The class is designed for beginners. Please wear shoes that slide on the wood floor and bring water to class.

8, 60-min. sessions at RCC Hunters Woods
\$65 (R)/\$52 (R55+)/\$95 (NR)

June 6 – August 1

Thu 5:00 p.m. – 6:00 p.m.
 503532-4D Inman

Line Dancing With Scotty – Intermediate

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.

8, 60-min. sessions at RCC Hunters Woods
\$65 (R)/\$52 (R55+)/\$95 (NR)

June 6 – August 1

(No Class: July 4)

Thu 6:00 p.m. – 7:00 p.m.
 503623-4D Inman

Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels convene to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini-lesson and door prizes add to the fun; partners are not required. Reservations for Sunday Afternoon Dances (held the second Sunday of the month, when available) are free, but patrons are required to purchase a Dance pass and swipe the pass prior to each class. Dance passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC. For more information, please contact Cassie Lebron, Lifelong Learning Program Director, at 703-390-6157.

2-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 9, July 14

Sun 2:30 p.m. – 4:30 p.m.
 509609-5 Staff

DISCUSSION

Bookends

(18 years and older)

Participants engage in lively discussions of a variety of books. Please purchase the book or check it out from the library.

June 27: "The Marriage Portrait"

by Maggie O'Farrell

Set during the Renaissance, two dynasties merge when Lucrezia de Medici marries the Duke of Ferrara. Lucrezia, who was 15 at the time, finds herself in a powerless position. What will her future hold?

July 25: "The Forever Witness"

by Edward Hume

This true crime book details early attempts at using DNA and genealogy to solve a cold case of a double murder.

August 22: "The Dickens Boy"

by Thomas Keneally

Charles Dickens' 10th child, Edward, is sent to the Australian Outback to make something of himself. Will he be successful and escape his father's shadow?

**3, 90-min. sessions at RCC Lake Anne
Free, Registration Req.**

June 27, July 25, August 22

Thu 12:30 p.m. – 2:00 p.m.
5C0075-4C Staff

Current Issues Discussion Group

(18 years and older)

Join this lively gathering and be prepared to debate politics and how government works or doesn't work on local, national and world levels. Newcomers are welcome and encouraged to attend.

Please note: Current Issues meets at RCC Lake Anne from June 20 – August 22.

**2-hour sessions at RCC Hunters Woods
Free, Registration Req.**

June 6 – June 13

Thu 10:00 a.m. – 12:00 p.m.
5C0080-4C Staff

**2-hour sessions at RCC Lake Anne
Free, Registration Req.**

June 20 – August 22

(No Class: July 4)

Thu 10:00 a.m. – 12:00 p.m.
5C0080-4D Staff

ENRICHMENT

Benefits of Meditation

(18 years and older)

This class will discuss the physical benefits of meditation and techniques that can help with stress management, high blood pressure and other medical conditions. This class is educational and does not include a guided meditation.

**1, 60-min. session at RCC Hunters Woods
Free, Registration Req.**

July 13

Sat 11:00 a.m. – 12:00 p.m.
503549-5A Lebron

Better Brain Health as You Age

(18 years and older)

This class will provide information on how to keep the brain engaged. Explore strategies that will help reduce the risk of age-related diseases and maintain cognitive abilities. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

**1, 60-min. Virtual Session*
Free, Registration Req.**

August 7

Wed 1:00 p.m. – 2:00 p.m.
503210-5A Long

Don't Get Scammed

(18 years and older)

In this presentation, learn about trending schemes such as unlicensed contractors, romance scams, grandparent scams and tips on how to protect yourself.

**1, 60-min. Virtual Session*
Free, Registration Req.**

July 10

Wed 11:00 a.m. – 12:00 p.m.
503509-5A Smarr

Food for Health

(18 years and older)

This presentation will provide information on various foods that should be consumed daily to maintain a balanced and healthy lifestyle.

**1, 60-min. Virtual Session*
Free, Registration Req.**

August 17

Sat 11:00 a.m. – 12:00 p.m.
503212-5A Lebron

How to Fast

(18 years and older)

This class will discuss the various methods of fasting and their possible benefits. It will also cover fasting techniques and relationships to various medical conditions.

**1, 60-min. session at RCC Hunters Woods
Free, Registration Req.**

June 22

Sat 11:00 a.m. – 12:00 p.m.
503550-5A Lebron

Importance of Socialization When Aging

(18 years and older)

Join us for a discussion about the importance of socialization when aging. Research has found that social support can play a significant role in overall health as people age. Spending time with friends and family members can boost quality of life, including both physical and mental health.

**1, 60-min. session at RCC Hunters Woods
Free, Registration Req.**

June 12

Wed 1:00 p.m. – 2:00 p.m.
503211-4A Long

Legal: Estate Planning Basics

(18 years and older)

This class will give participants a basic knowledge of estate plans. Topics include advantages and disadvantages of different planning techniques (including joint ownership), using beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

**1, 60-min. Virtual Session*
Free, Registration Req.**

August 28

Wed 2:00 p.m. – 3:00 p.m.
500809-5A Lambeth

*VIRTUAL SESSIONS

These classes will be offered on Microsoft Teams; registered patrons will be sent the link 24 hours prior to the class.



FITNESS: CARDIO & STRENGTH

Cardio Strength (18 years and older)

This class combines cardio, strength training and core strengthening using a variety of equipment to work all major muscle groups. This class will involve mat work on the floor. Patrons are encouraged to bring their own mat to class.

10, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 4 – August 20

(No Class: July 2, July 30)

Tue 5:30 p.m. – 6:30 p.m.
300150-4D Fletcher

Fitness Fusion (18 years and older)

Tone and firm the entire body while improving cardiovascular health, strength and flexibility. Wear fitness shoes and clothing, and bring water. Participants must be able to use a mat on the floor. Patrons are encouraged to bring their own mat to class.

8, 50-min. sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$158 (NR)

June 10 – August 12

(No Class: July 1, July 29)

Mon 10:30 a.m. – 11:20 a.m.
300014-4I Miles/Williams

June 12 – August 14

(No Class: July 3, July 31)

Wed 10:30 a.m. – 11:20 a.m.
300014-4J Miles/Williams

LIIST

(18 years and older)

LIIST stands for Low Impact Interval Strength Training and is a total body workout. Exercises are performed in a circuit designed to help students develop strength and improve cardiovascular levels, with minimal stress on joints. The class will end with stretching and cool-down.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 15 – August 17

(No Class: July 6, August 3)

Sat 9:00 a.m. – 10:00 a.m.
304605-4A Kumar

Mind-Body Fitness

(18 years and older)

This team-taught program, led by two personal trainers, provides customized and individual attention to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels welcome. Patrons are encouraged to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$158 (NR)

June 11 – August 13

(No Class: July 2, July 30)

Tue 11:30 a.m. – 12:30 p.m.
305840-4I Miles/Williams

June 13 – August 15

(No Class: July 4, August 1)

Thu 11:30 a.m. – 12:30 p.m.
305840-4J Miles/Williams

Zumba Fitness

(18 years and older)

Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 13 – August 15

(No Class: July 4, August 1)

Thu 6:00 p.m. – 7:00 p.m.
302327-4J Kumar

June 15 – August 17

(No Class: July 6, August 3)

Sat 10:15 a.m. – 11:15 a.m.
302327-4L Kumar

June 17 – August 5

Mon 6:30 p.m. – 7:30 p.m.
302327-4K Ledesma

Zumba Toning

(18 years and older)

Zumba Toning combines targeted body sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or lightweight dumbbells to enhance rhythm and tone target areas that include arms, abs and thighs. New participants must attend the first session of each class, which includes orientation on posture, alignment and form.

8, 55-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 17 – August 5

Mon 5:30 p.m. – 6:25 p.m.
302227-4D Ledesma

FITNESS STUDENTS

To ensure your safety, you must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

FITNESS: MOVEMENT & WELLNESS

Aging With Power and Grace (18 years and older)

This fun class will explore a variety of exercises designed to increase muscular strength, range of motion, and activities for daily living. Class can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Participants are asked to wear supportive footwear to class.

8, 60-min. sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$158 (NR)
June 10 – August 12

(No Class: July 1, July 29)

Mon 11:30 a.m. – 12:30 p.m.
300147-4I Miles/Williams

June 12 – August 14

(No Class: July 3, July 31)

Wed 11:30 a.m. – 12:30 p.m.
300147-4J Miles/Williams

Beginning Tai Chi (18 years and older)

This class emphasizes the physical discipline and structure of Tai Chi movements and provides the development of basic skills and techniques that lead toward an integration of the mind, body and spirit. This class is performed standing and promotes improvement of balance, flexibility, strength and cardiovascular conditioning.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)
June 12 – August 14

(No Class: June 26, July 3)

Wed 1:00 p.m. – 2:00 p.m.
302305-4G Durham

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed in the shopping cart.

Essentrics

(18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine. Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are encouraged to bring their own mat to class.

10, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 4 – August 20

(No Class: July 2, July 30)

Tue 10:15 a.m. – 11:15 a.m.
305033-4M Avilov

Tue 6:45 p.m. – 7:45 p.m.
305033-4N Fletcher

June 6 – August 22

(No Class: July 4, August 1)

Thu 10:15 a.m. – 11:15 a.m.
305033-4O Avilov

June 7 – August 23

(No Class: July 5, August 2)

Fri 10:45 a.m. – 11:45 a.m.
305033-4P Avilov

Essentrics: Aging Backwards (18 years and older)

This revolutionary approach to healthy aging is designed to restore movement in joints, increase muscle flexibility, relieve pain, and stimulate cells to increase energy, vibrancy and to fortify the immune system. This slow-paced, full-body workout was created by Miranda Esmonde-White, author of The New York Times bestseller "Aging Backwards." Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are encouraged to bring their own mat to class.

10, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 5 – August 21

(No Class: July 3, July 31)

Wed 10:45 a.m. – 11:45 a.m.
305034-4G Avilov

Wed 12:00 p.m. – 1:00 p.m.
305034-4H Fletcher

Forever Fit

(18 years and older)

This is a low-intensity workout focusing on cardiovascular conditioning, strength training, flexibility and balance. It's a fun way to stay fit regardless of your age. Participants use hand weights, a small ball for core work and a mat. Patrons are encouraged to bring their own mat to class.

5, 45-min. sessions at RCC Lake Anne
\$40 (R)/\$32 (R55+)/\$60 (NR)
July 1 – July 29

Mon 9:15 a.m. – 10:00 a.m.
305040-5A Briglia

8, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)
June 6 – August 8

(No Class: July 4, August 1)

Thu 9:00 a.m. – 10:00 a.m.
305040-4D Moses

Intermediate Tai Chi (18 years and older)

This class is a progression of Beginning Tai Chi. Students will continue to practice the 24-step Yang style Tai Chi form as well as various Qi Gong exercises. Participants are encouraged to wear supportive footwear to class. Previous Beginning Tai Chi participation is needed. Approval is required from Beginning Tai Chi instructor, Megan Durham, for this intermediate level class.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)
June 7 – August 16

(No Class: June 21, June 28, July 5)

Fri 9:30 a.m. – 10:30 a.m.
302307-4C Durham

Joint-Friendly Fitness (18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

10, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 5 – August 21

(No Class: July 3, July 31)

Wed 10:30 a.m. – 11:30 a.m.
300129-4G Fletcher

June 7 – August 23

(No Class: July 5, August 2)

Fri 12:00 p.m. – 1:00 p.m.
300129-4H Fletcher

Mindfulness Meditation

(18 years and older)

Mindfulness can simply be defined as a mental state that involves being fully focused on "the now" so students can acknowledge and accept thoughts, feelings, and sensations without judgment. Mindfulness meditation is the mental training practice that teaches students how to slow down racing thoughts, let go of negativity, and calm both mind and body. It combines various techniques of meditation to help hone the ability to be mindful in the present moment. Patrons are encouraged to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

June 5 – August 14

(No Class: July 3, July 24, July 31)

Wed 12:00 p.m. – 1:00 p.m.
305059-4E Czintos

Sound Bath Meditation

(18 years and older)

Sound bath is a meditation class that aims to guide students to a deeper state of consciousness with the use of ambient sounds. The instructor creates sounds and vibrations using crystal singing bowls, wind chimes and other instruments. This class is meant to help students feel relaxed, refreshed and balanced. Please note: the class meets every other week.

4, 60-min. sessions at RCC Lake Anne
\$40 (R)/\$32 (R55+)/\$60 (NR)

June 16, June 30, July 21, August 11

Sun 4:00 p.m. – 5:00 p.m.
314761-4D Sypula

Tribal Fusion Belly Dance

(18 years and older)

This is a beginner class for tribal fusion – a modern, American form of belly dance. This style has an earthier, more grounded feel than cabaret belly dance and it includes movements such as shimmies, snake arms and chest circles. Classes will begin with a gentle warm-up, a moving meditation, then a deeper focus of several movements and finish with a cool-down. Students should dress comfortably and may be barefoot or wear ballet split sole soft shoes, or socks with grippy soles.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

June 26 – August 14

Wed 5:30 p.m. – 6:30 p.m.
304444-4A Mann



FITNESS: YOGA

Gentle Yoga

(18 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. This class incorporates standing poses as well as poses on the floor. Participants should be comfortable getting up and down from the floor. Patrons are encouraged to bring their own mat to class.

8, 75-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 11 – August 13

(No Class: July 2, July 30)

Tue 10:15 a.m. – 11:30 a.m.
304995-4G Sypula

June 13 – August 15

(No Class: July 4, August 1)

Thu 10:15 a.m. – 11:30 a.m.
304995-4H Sypula

Hatha Yoga I

(18 years and older)

The intention of this class is to create balance in the physical, mental and energetic bodies. Students will explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. The class is open to all levels. Patrons are encouraged to bring their own mat to class.

7, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 6 – August 22

(No Class: June 20, July 4,
July 25, August 1, August 15)

Thu 9:00 a.m. – 10:00 a.m.
315001-4E Unger

Hatha Yoga II

(18 years and older)

This class is a progression from Hatha Yoga I and will continue to explore creating balance in the physical, mental and energetic bodies. In addition to foundational postures, this class will introduce some more challenging postures and sequences and focus on linking breath with movement to build strength, balance, awareness, and joy. Students should have prior knowledge or experience in Hatha Yoga. Patrons are encouraged to bring their own mat to class.

7, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 5 – August 21

(No Class: June 19, July 3,
July 24, July 31, August 14)

Wed 6:15 p.m. – 7:15 p.m.
315002-4D Unger

Mindful Hatha Yoga

(18 years and older)

This class will teach breathing exercises, stretching movements and relaxation. Learn to use Hatha Yoga movements to work through stiff joints and muscles while developing strength and flexibility. Patrons are encouraged to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)

June 11 – August 13

(No Class: July 2, July 30)

Tue 9:00 a.m. – 10:00 a.m.
305055-4D Sypula

YOGA CONTINUED

Mindful Yoga With Sound Healing

(18 years and older)

This class will feature mindful (focused on body sensations in the present moment) yoga movements and the use of singing bowls that stimulate body energy centers. The soothing music from singing bowls is often associated with deep relaxation and is beneficial in enhancing spiritual practice. Students will learn yoga movements and corresponding breathing patterns designed to improve focus and concentration. The second half of the class utilizes the bowls and contains mindfulness meditation and final relaxation. Patrons are encouraged to bring their own mat to class.

8, 75-min. sessions at RCC Lake Anne
\$80 (R)/\$64 (R55+)/\$120 (NR)

June 11 – August 13

(No Class: July 2, July 30)

Tue 6:30 p.m. – 7:45 p.m.
 314760-4G Sypula

June 13 – August 15

(No Class: July 4, August 1)

Thu 6:30 p.m. – 7:45 p.m.
 314760-4H Sypula



Tao Yin Yoga

(18 years and older)

Tao Yin combines the powerful practice of yoga with the effortless flow of Qigong and is a series of dynamic breath-centered movements designed to energize and revitalize. This Tao Yin practice is a combination of floor work and gentle standing movements intended to emphasize building core and leg strength, balance and flexibility. Patrons are encouraged to bring their own mat to class.

8, 75-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 15 – August 10

(No Class: July 6)

Sat 11:45 a.m. – 12:45 p.m.
 304888-4D Okerson

Yoga for Healthy Bones

(18 years and older)

This class is designed to help students increase bone strength and to improve balance. The class will utilize bands, dumbbells and weightbearing movements to integrate concentric, eccentric and isometric muscle engagement. Using dynamic movement and static holds can increase strength, stability, safety and efficacy. These practices can be done seated in a chair, standing, or lying on the mat. Patrons are encouraged to bring their own mat to class.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

June 15 – August 10

(No Class: July 6)

Sat 10:30 a.m. – 11:30 a.m.
 304890-4E Okerson

Yoga With Weights

(18 years and older)

This class blends gentle yoga movements with weights, creating a challenging, mindful practice. Benefits of combined yoga and strength training include improving bone density, muscle strength, flexibility, and balance.

8, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)

June 17 – August 5

Mon 9:00 a.m. – 10:00 a.m.
 304702-4D Okerson

PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that acknowledges the special tax paid by Reston for RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

Stretching exercises and activities such as yoga and Pilates improve flexibility and joint mobility, reducing the risk of injury and enhancing physical performance.

- Harvard Health Publishing

FITNESS DAILY PASS

Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations for daily fitness programming are free, but patrons are required to purchase a Fitness pass and swipe the pass prior to each class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$4.25 (R)/\$8.50 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies. Patrons who need to cancel can now do so in myRCC.

Boot Camp

(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Please purchase a renewable fitness pass and swipe it at the Customer Service Desk before each class begins. Patrons are encouraged to bring a mat to class.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 7 – August 23

Fri 10:45 a.m. – 11:45 a.m.
3C0010-4 Fletcher

Cardio and Strength Intervals

(18 years and older)

Join us for an energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 5 – August 21

Wed 9:15 a.m. – 10:15 a.m.
3C0095-4 Fletcher

Walking Group

(18 years and older)

This group is designed to activate your day by engaging in a 60-minute walk on Reston's paths and at nearby parks and gardens. Refresh your day in the fresh air with a light stroll. Participants will meet in different parts of Reston or slightly beyond Reston, such as Meadowlark Botanical Gardens in Vienna, to explore various locations. Program may be canceled in inclement weather.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 5 – August 21

Wed 12:15 p.m. – 1:15 p.m.
3C0085-4 Avilov

Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 5 – August 23

Wed, Fri 9:30 a.m. – 10:30 a.m.
3C0070-4 Avilov

Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

60-min. sessions at RCC Lake Anne Pass, Reservation Req.

June 4 – August 20

Tue 9:00 a.m. – 10:00 a.m.
3C0080-4 Avilov



LANGUAGE

Japanese Culture Club

(18 years and older)

Participants who have knowledge of conversational Japanese are welcome. New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month at RCC and other locations. An email will be sent to inform participants of the scheduled location for each month.

**3, 2-hour sessions at RCC Hunters Woods
Free, Registration Req.**

June 15, July 20, August 17

Sat 3:00 p.m. – 5:00 p.m.
5C0070-4C Staff

SOCIAL

American Mah Jongg

(18 years and older)

American Mah Jongg is a fun, mentally stimulating game played with tiles rather than cards. This program is for players of all levels, from beginners to skilled.

**2.5-hour sessions at RCC Lake Anne
Free, Registration Req.**

June 5 – August 21

Wed 1:15 p.m. – 3:45 p.m.
509605-4E Staff

June 6 – August 22

(No Class: July 4)

Thu 9:30 a.m. – 12:00 p.m.
509605-4F Staff

Bridge Mondays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Monday. Bring lunch for a midday break. Please note: Bridge Mondays meets at RCC Lake Anne from August 5 – August 19.

**4-hour sessions at RCC Hunters Woods
Free, Registration Req.**

June 3 – July 29

Mon 10:00 a.m. – 2:00 p.m.
509603-4C Staff

**4-hour sessions at RCC Lake Anne
Free, Registration Req.**

August 5 – August 19

Mon 10:00 a.m. – 2:00 p.m.
509603-4C Staff

COFFEE & ORIGAMI

18 years and older • Free (Registration Required)

Enjoy complimentary coffee and learn basic paper-folding skills to create origami shapes.

Bring a friend or meet a new neighbor at this instructor-led program presented in partnership with Reston Opportunity Neighborhood. All supplies are included.

Monday, June 3

11:00 a.m. – 12:30 p.m.

Registration: 86C200-5A

YMCA Fairfax County Reston

12196 Sunset Hills Road, Reston

Monday, June 10

11:00 a.m. – 12:30 p.m.

Registration: 86C200-5B

Cathy Hudgins Community Center at Southgate

12125 Pinecrest Road, Reston



For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6158.

SOCIAL CONTINUED

Bridge Tuesdays

(18 years and older)

Intermediate and advanced players are invited to join this enthusiastic group every Tuesday. Bring lunch for a midday break.

3-hour sessions at RCC Lake Anne

Free, Registration Req.

June 4 – August 20

Tue 10:00 a.m. – 1:00 p.m.
505551-4C Staff

Chess Club

(13 years and older)

Join RCC's Chess Club to meet new partners and build skills. Participants of any skill level are welcome, but those under the age of 18 must be accompanied by a parent/caregiver at all times. If a parent/guardian is also playing, they must register.

3-hour sessions at RCC Hunters Woods

Free, Registration Req.

June 6 – July 25

(No Class: July 4)

Thu 6:30 p.m. – 9:30 p.m.
901354-4D Staff

Reston Plays Games

(18 years and older)

Tabletop gaming brings people together with cards, dice and meeples in hand to achieve goals both simple and complex. Bring your board, card and dice game collections and share the fun of playing with and making new friends. Games range in style including cooperative, worker placement, deck-building, strategy and more. Gamemasters for role-playing games may contact Bill Parker, (William.Parker@fairfaxcounty.gov), for information regarding open gaming times for new or established groups.

5-hour sessions at RCC Hunters Woods

Free, Registration Req.

June 5 – July 31

Wed 5:00 p.m. – 10:00 p.m.
503594-4C Staff

* VIRTUAL SESSIONS

These classes will be offered on Microsoft Teams; registered patrons will be sent the link 24 hours prior to the class.



TECHNOLOGY

Choosing Your Video Service Provider

(18 years and older)

Understanding and navigating today's quickly evolving market for video services can be challenging. Some video services remain free, but many are subscription-based. There are hundreds of options, and this presentation reviews the options and helps you choose a video service that is right for you, based on your viewing preferences, comfort with technology and budget. This class will be offered on Microsoft Teams; registered patrons will be sent the link 24 hours prior to the class.

1, 60-min. Virtual Session*
Free, Registration Req.

July 10

Wed 1:00 p.m. – 2:00 p.m.
503214-5A Ross

Features of Canva

(18 years and older)

Canva is an online design and publishing tool that allows people to design invitations, flyers, images for social media, presentations and more. This class will help participants understand some of the many possibilities that Canva has to offer. Canva offers a free option for people who want to start designing their own projects. This class is a demonstration only and will not provide step by step instructions for using the online tool.

1, 90-min. session at RCC Hunters Woods
Free, Registration Req.

June 6

Thu 10:00 a.m. – 11:30 a.m.
598103-4B Staff

Get to Know ChatGPT

(18 years and older)

ChatGPT is an artificial intelligence technology tool that can answer questions and assist with tasks such as composing emails and essays. This class will introduce participants to ChatGPT and the basics of how it works.

1, 2-hour session at RCC Hunters Woods
\$25 (R)/\$20 (R55+)/\$37 (NR)

June 13

Thu 10:00 a.m. – 12:00 p.m.
503213-4A O'Connell

Your Smart TV and Your Privacy

(18 years and older)

Smart TVs and other smart devices have entered homes, offering unprecedented access to video programming and information at the touch of fingertips or the sound of voices. It's important to be aware that the companies behind smart devices are collecting, using, and sometimes selling personal information. The Fairfax County Department of Cable and Consumer Services will explain what personal information these devices collect and how it's done. This class will be virtual using the Microsoft Teams platform, all registered patrons will be sent the link 24 hours prior to the class.

1, 60-min. Virtual Session*
Free, Registration Req.

August 14

Wed 11:00 a.m. – 12:00 p.m.
598105-5A Smarr

TRIPS AND TOURS

Butler's Orchard

(18 years and older)

Make a visit to Butler's Orchard, a family run, 300-acre farm with more than 25 varieties of fruits, vegetables, flowers and trees. The Butler Bakery has fresh-baked fruit pies for purchase. Blueberries and flowers will be available for participants to pick. A guide will give instructions for proper picking. A boxed lunch will be provided to enjoy on one of the many picnic tables. Trip fee includes transportation, one pint of pick-your-own blueberries, and a boxed lunch.

9:30 a.m. Depart RCC Lake Anne

10:00 a.m. Depart RCC Hunters Woods

3:00 p.m. Estimated return to Reston

1, 5.5-hour Trip

\$60 (R)/\$48 (R55+)/\$90 (NR)

June 7

Fri
500358-4B

9:30 a.m. – 3:00 p.m.
Staff

United States Holocaust Museum

(18 years and older)

A living memorial to the Holocaust, the United States Holocaust Memorial Museum (USHMM) inspires citizens and leaders worldwide to confront hatred, prevent genocide, and promote human dignity. Located among Washington D.C.'s famed national monuments and museums on the National Mall, the USHMM provides powerful lessons about the fragility of freedom, the myth of progress and the need for vigilance in preserving democratic values. The Museum has a goal of teaching visitors about the dangers of unchecked hatred and the vigilance needed to prevent genocide. Trip fee includes transportation, admission, and trip coordinator.

10:00 a.m. Depart RCC Lake Anne

10:30 a.m. Depart RCC Hunters Woods

4:30 p.m. Estimated return to Reston

1, 6.5-hour Trip

\$40 (R)/\$32 (R55+)/\$60 (NR)

June 26

Wed
547101-5A

10:00 a.m. – 4:30 p.m.
Staff

Agatha Christie's "Murder on the Orient Express" at Riverside Dinner Theatre

(18 years and older)

Just after midnight, a snowdrift stops the Orient Express in its tracks. The luxurious train is surprisingly full for the time of year, but by the morning, it is one passenger fewer. An American tycoon lies dead in his compartment, stabbed eight times, his door locked from the inside. Isolated and with a killer in their midst, the passengers rely on detective Hercule Poirot to identify the murderer before he or she decides to strike again. Trip fee includes transportation, admission, seated lunch and trip chaperones.

10:00 a.m. Depart RCC Lake Anne

10:30 a.m. Depart RCC Hunters Woods

5:30 p.m. Estimated return to Reston

1, 7.5-hour Trip

\$130 (R)/\$104 (R55+)/\$195 (NR)

July 31

Wed
547103-5A

10:00 a.m. – 5:30 p.m.
Staff

A Day at Rehoboth Beach

(5 years and older)

Spend the day relaxing on the beach, strolling along the boardwalk, shopping in town, riding bicycles or having fun at the arcade. No meals are provided so feel free to pack a picnic or visit one of the many fine restaurants or food vendors. Fee includes transportation and a trip coordinator. Children under the age of 18 must be accompanied by an adult/guardian aged 21 or older. All participants must register.

7:00 a.m. Depart RCC Hunters Woods

9:00 p.m. Estimated return to Reston

1, 14-hour Trip

\$65 (R)/\$52 (R55+)/\$97 (NR)

August 3

Sat
500707-5A

7:00 a.m. – 9:00 p.m.
Staff

"Mamma Mia!" at the Kennedy Center

(18 years and older)

"Mamma Mia!" tells the hilarious story of a young woman's search for her birth father. On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited so many years ago. The story is set on a Greek island paradise where the sun always shines, and it's beautifully told through the timeless hits of ABBA. This is the

ultimate feel-good show. Trip fee includes transportation, admission, and trip chaperones.

11:30 a.m. Depart RCC Lake Anne

12:00 p.m. Depart RCC Hunters Woods

5:30 p.m. Estimated return to Reston

1, 6-hour Trip

\$175 (R)/\$140 (R55+)/\$260 (NR)

August 21

Wed
547100-5A

11:30 a.m. – 5:30 p.m.
Staff

GENERAL INFORMATION

Unless otherwise stated, luxury charter buses equipped with a lavatory will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

Cancellations:

Please see our cancellation/refund policy here on page 62.

Departure and Return:

Unless otherwise noted, trips depart from and return to RCC Hunters Woods.

Emergency Forms:

Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

ADA Accommodations:

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary (Pamela.Leary@fairfaxcounty.gov), as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.



VISUAL ARTS

Acrylic Painting Beginners

(18 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

6, 2-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$140 (NR)

July 2 – August 6

Tue 7:00 p.m. – 9:00 p.m.
 455011-5A Daniels

Art and the Aging Brain

(18 years and older)

Most of us think of participating in the arts as entertainment or escape. Recent research indicates that engagement in creative processes is vital to well-being at all levels. This is particularly true for aging adults. The workshop will explore recent research and data on how brains mature, process and respond to creative engagement, as well as how these processes promote healing for mind, body and spirit, and why creativity is now recognized as essential for overall health. This workshop will include an informational lecture and creative practice ideas.

1, 4-hour session at RCC Lake Anne
\$45 (R)/\$36 (R55+)/\$85 (NR)

July 13

Sat 12:30 p.m. – 4:30 p.m.
 402759-5A Daniels

Art Lab

(18 years and older)

Artists of all skill levels are invited to explore their creativity. This open studio class is the perfect time to complete projects that are left over from previous classes or work on new personal projects.

6, 2-hour sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$65 (NR)

July 2 – August 6

Tue 4:00 p.m. – 6:00 p.m.
 404213-5A Daniels

Beginning Drawing

(18 years and older)

This class is designed to improve observational drawing skills and is suitable for all levels of experience. Working with pencil, students will learn to use line, value, gesture and perspective. A supply list will be provided prior to first class.

6, 3-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$140 (NR)

June 7 – July 12

Fri 7:00 p.m. – 10:00 p.m.
 402614-5A Sterud

Cabochon Jewelry

(18 years and older)

Create beautiful, fused glass cabochons that can be used as pendants or earrings. Fire the pendants in the kiln on the first day. In the second class, pendants can be set in a bezel, wire wrapped or adhered to a bail.

2, 3-hour sessions at RCC Hunters Woods
\$80 (R)/\$64 (R55+)/\$160 (NR)

July 10 – July 24

(No Class: July 17)

Wed 6:00 p.m. – 9:00 p.m.
 402776-5A Damron

Christmas in July: Micromosaic Ornaments

(18 years and older)

Handmade ornaments make a wonderful gift or stocking stuffer. Create beautiful micromosaic ornaments using micro tiles, beads and findings. No glass cutting or grouting is required. All skill levels are welcome.

1, 3-hour session at RCC Hunters Woods
\$45 (R)/\$36 (R55+)/\$90 (NR)

July 17

Wed 6:30 p.m. – 9:30 p.m.
 402777-5A Damron

Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, firing and glazes, and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 4 – July 16

Tue 10:00 a.m. – 12:30 p.m.
 402665-5A Sternberg/Page

Great Artists

(18 years and older)

Great Artists is a combination of history, art appreciation and studio practice that will provide participants with knowledge of three to four artists of note from a variety of periods. The series will review each artist's life and philosophy, technical review of the artists' works, and a hands-on studio exploration of the featured artist's process and medium. This session will concentrate on Paul Klee, Giorgio Morandi, Piet Mondrian and Louise Nevelson.

6, 2-hour sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$115 (NR)

July 3 – August 7

Wed 4:00 p.m. – 6:00 p.m.
 402742-5A Daniels

VISUAL ARTS CONTINUED

Intermediate Drawing

(18 years and older)

This class is for students who wish to further their drawing ability and will incorporate and build upon the fundamental skills learned in Drawing 101. Various drawing exercises will be included, with the aim of increasing and broadening manual skills, as well as bringing out the inner artist. Further techniques will be explored, from gesture drawing and sketching to abstraction, using more advanced tools such as charcoal and pen.

6, 3-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$140 (NR)

June 6 – July 18

(No Class: July 4)

Thu 7:00 p.m. – 10:00 p.m.
402775-5A Sterud

Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 5 – July 17

Wed 7:00 p.m. – 9:30 p.m.
402616-5A Benton

REGISTER TODAY

Help us avoid program cancellations by registering at least one week before the start date.



Mosaic Art

(18 years and older)

Mosaics are one of the original art forms, and pieces can be made to last for centuries. Choose from among several exciting projects, from beginner through expert, or bring your own unique project (with instructor approval). Sufficient tools, supplies and materials are included in the class fee to complete one beginner or intermediate project.

4, 3-hour sessions at RCC Hunters Woods
\$200 (R)/\$160 (R55+)/\$325 (NR)

June 5 – June 26

Wed 6:00 p.m. – 9:00 p.m.
404040-5A Damron

Realistic Still Life

(18 years and older)

Learn basic techniques of painting realistically using the still-life motif. Students will paint flower vases, wine bottles, fruit, food, or participants may choose to bring their own items. Participants may use their preferred painting medium and tools. The class is geared for all levels. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$140 (NR)

June 5 – July 10

Weds 7:00 p.m. – 10:00 p.m.
402734-5A Sterud

Sculpture Studio

(18 years and older)

Participants can use this session to work on self-guided projects. Instructor will be available for consultation and guidance. Class fee includes 25 lbs. of clay, firing and glazes. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 3 – July 15

Mon 10:00 a.m. – 12:30 p.m.
402685-5A Sternberg

June 6 – July 25

(No Class: July 4)

Thu 7:00 p.m. – 9:30 p.m.
402685-5B Sternberg

Unforgettable: Art Engagement for Adults With Alzheimer's and Other Dementias

(18 years and older)

Being in the gallery is transformative for people dealing with Alzheimer's and other dementias. It's a free atmosphere, where they don't have to fear failure or saying the wrong thing, and they can focus positively on the abilities they have. It's a time of discovery, companionship and fun. This program includes a docent tour of the current exhibit followed by an art-making activity facilitated by a trained specialist in neurocognitive disorders and educated in the arts and teaching.

1, 2.5-hour session at RCC Lake Anne
Free, Registration Req.

August 3

Sat 9:30 a.m. – 12:00 p.m.
402778-5A Daniels

Sat 1:00 p.m. – 3:30 p.m.
402778-5B Daniels

Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 4 – July 16

Tue 10:00 a.m. – 12:30 p.m.
402639-5A Dwivedi

Tue 7:00 p.m. – 9:30 p.m.
402639-5B Marcum

Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 6 – July 25

(No Class: July 4)

Thu 10:00 a.m. – 12:30 p.m.
402462-5A Grace

June 6 – August 1

(No Class: June 27, July 4)

Thu 7:00 p.m. – 9:30 p.m.
402462-5B Stefanik



Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginner to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 7 – July 26

(No Class: July 5)

Fri 1:00 p.m. – 3:30 p.m.
404210-5A Anderson

Wheel III

(18 years and older)

Prerequisites include being able to wedge, center and throw an approximately eight-inch bowl and cylinder. Class fee includes 25 lbs. of clay, firing and glazes, and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 3 – July 15

Mon 7:00 p.m. – 9:30 p.m.
402463-5A Alexander

Artistic practice can lead to structural changes in the brain, improving cognitive functions such as memory, attention, and problem-solving skills.

– National Endowment for the Arts

CERAMIC STUDENTS

Open Ceramics Studio passes expire at the end of each session. Fall class passes expire December 31, Winter/Spring class passes expire May 31 and Summer class passes expire August 31.

PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that acknowledges the special tax paid by Reston for RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov

OPEN STUDIOS

LEISURE & LEARNING

Open Ceramics Studios

(18 years and older)

The public is invited to use RCC's Ceramics Studio. RCC has adjusted the approach to reserving space in the Ceramics Studio because of the extremely high demand for time and access.

The Open Ceramics Studio now requires reservations through a lottery system to allow for more equitable distribution of spots. Lottery enrollment for the Open Ceramics Studio is free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each reserved visit. Passes may also be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from the date of purchase. The pass fee includes firing and glazes. Clay costs \$20 – \$30 for 25 lbs.

The lottery for ceramics studio reservations for Reston patrons will be available beginning at 9:00 a.m. for 24 hours on the 25th of each month for the next month. There is no limit on the number of lottery requests that can be made. The lottery spin will take place on the morning of the 26th, patrons will receive emailed enrollment offers for their selected sections and must accept that enrollment offer to finalize their registration in the ceramics open studio slot. Any ceramic slots still available on the 26th can be reserved by Reston patrons on a first-come, first-serve basis. Enrollment offers expire on the 29th and are then put back in the availability pool. If there are remaining slots on the first of month, they are available to both Reston and Non-Reston patrons.

4-hour sessions at RCC Lake Anne Pass, Reservation Req.

June 1 – August 17

Sat 1:00 p.m. – 5:00 p.m.
4C0030-5 Ceramics Studio
4C0035-5 3D Studio

June 5 – August 14

(No Class: June 19)

Wed 10:00 a.m. – 2:00 p.m.
4C0020-5 Ceramics Studio
4C0025-5 3D Studio

Open Glass Studio

(18 years and older)

The public is invited to use RCC's Open Glass Studio. Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. The Open Glass Studio now requires reservations. Reservations are available on the 25th of each month for the next month. To reserve, sign into myRCC and select the dates you wish to attend. Reservations for the Open Glass Studio are free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each reserved visit. Glass Studio can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

4-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 2, June 16, July 7, July 21

(No Class: June 9, July 14)

1st and 3rd Sun 12:30 p.m. – 4:30 p.m.
4C0010-5 Damron

Open Woodshop

(18 years and older)

The public is invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. The Open Woodshop now requires reservations. Reservations are available on the 25th of each month for the next month. To reserve, sign into myRCC and select the dates and times you wish to attend. Reservations for the Open Woodshop are free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each reserved visit. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$12 (R)/\$24 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

3.5-hour sessions at RCC Hunters Woods Pass, Reservation Req.

June 1 – July 27

Sat 9:00 a.m. – 12:30 p.m.
5C0030-5 Staff
Sat 1:00 p.m. – 4:30 p.m.
5C0050-5 Staff

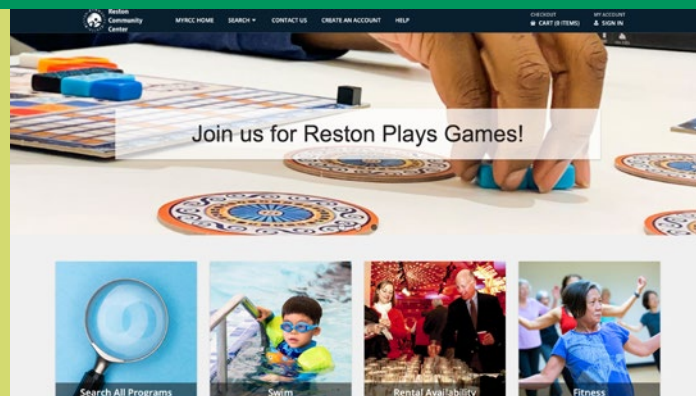
June 4 – July 30

Tue 6:00 p.m. – 9:30 p.m.
5C0010-5 Staff



TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



myRCC Online Registration

TO REGISTER ONLINE:

You will need to know your username and password.

IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC. Learn how or visit our Help Center for more information.

Online Registration (myRCC) Contact Information:

Phone:

703-476-4500, ext. 8

Fax:

703-476-2488

Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

What if I do not have or know my username?

If any member of your household has registered for an RCC program in the last five years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

What if I have forgotten my password?

On the Login box, click on "Forgot Password." You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

I would like to add family members to my account. How do I do this?

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

How can I see what courses my family members are currently registered in?

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member registrations will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.

How can I cancel a reservation or free enrollment?

Patrons can now cancel their reservations or enrollments in free options in myRCC.

Summer Programs:

May 1 Reston • May 8 Non-Reston

Fall Programs:

August 1 Reston • August 8 Non-Reston

Winter/Spring Programs:

December 1 Reston • December 8 Non-Reston

Administration

Leila Gordon	Executive Director
BeBe Nguyen	Deputy Director
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Brian Gannon	Accreditation Specialist
Pam Leary	Customer Relations Director
Harunor Rashid	Network Administrator
Fred Russo	Building Engineer
Sarah Alshamy	Web/Graphic Artist
Warren Bailey	Customer Service
Chris Brown	Billing and Reconciliation Specialist
Nicholas Burt	Customer Relations Assistant Director
Suzanne Connell	Personnel Specialist
Özün Dalaran	Public Information Officer
Samantha Korkowski	Graphic Artist
James Rockett	Financial Specialist
Evelyn Rosa	Procurement Specialist
Samantha Stettner	Customer Service

Facility Rentals & Operations

William D. Parker	Facility Services Director
Mohammed Alhadi	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Cristobal Rivera	Facility Team
Ken Wade	Facility Team
Cory Woods	Facility Team

Aquatics

Matthew McCall	Aquatics Director
Ryan Kasprowicz	Aquatics Operations Director
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Program Director

Arts & Culture

Paul Douglas Michnewicz	Director of Arts & Culture
Mark Anduss	Technical Director
Cheri Danaher	Arts Education Director
Laura Moody	Assistant Technical Director
Gloria Morrow	Arts Education Assistant
Matt Nogay	Assistant Technical Director
Rhia Ovington	Box Office Assistant

Leisure & Learning

Kevin Danaher	Leisure & Learning Director
Anya Avilov	Fitness & Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Debbie Heron	Youth/Teen Program Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness & Wellness Program Director

Offsite & Collaboration

Maggie Parker	Offsite & Collaboration Director
Asjah Heiligh	Community Events Director
LaTanja Snelling	Equity Partnerships Director

THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

COMMUNITY PARTNERS

Thank you to our Community Partners:

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Boy Scouts of America, Washington Capital Area
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Domestic & Sexual Violence Services (DSVS)
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Pozez Jewish Community Center of Northern Virginia
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Shenandoah Conservatory
- South Lakes High School
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

HOW TO REGISTER

Online Registration

Online registration opens at 9:00 a.m. on May 1 for Reston.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com, click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

In Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA, 20191
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until May 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

REGISTRATION POLICIES

Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA, American Express or Discover. Cash payments cannot be accepted during Reston priority registration.

Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

Code of Conduct for Camp Participants

Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online.

FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to reservation activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online.

CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC’s Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

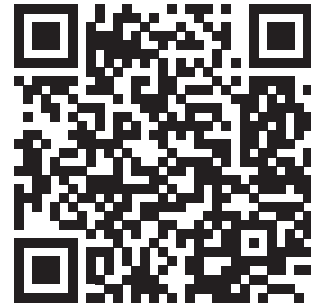
Monthly Meeting June 3	8:00 p.m.
Annual Public Hearing June 24	6:30 p.m.
Monthly Meeting July 22	8:00 p.m.
Monthly Meeting September 9	8:00 p.m.

Finance Committee meetings, when scheduled, occur on the third Monday of a month. Check RCC’s website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC’s Board of Governors may be directed to RCCcontact@fairfaxcounty.gov. All inquiries are answered within 48 business hours.

RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.



REGISTRATION DATES

Summer Camps
(June – August)
February 1 Reston/February 8 Non-Reston

Summer Programs
(June – August)
May 1 Reston/May 8 Non-Reston

Fall Programs
(September – December)
August 1 Reston/August 8 Non-Reston

Winter/Spring Programs
(January – May)
December 1 Reston/December 8 Non-Reston

RESTON COMMUNITY CENTER

Class/Trip/Camp/Volunteer/Pass Registration Form

USE ONE FORM PER HOUSEHOLD (ONLY FAMILY MEMBERS RESIDING AT THE SAME ADDRESS) • PLEASE PRINT

Adult Name	First											Last														
Home Address																										
City															State					Zip						
Phone Home															Cell											
Emergency																										
New Address?		<input type="checkbox"/> Yes		<input type="checkbox"/> No		Resident of Small District 5?					<input type="checkbox"/> Yes		<input type="checkbox"/> No		Work in Small District 5?					<input type="checkbox"/> Yes		<input type="checkbox"/> No				
If yes, provide business address																										
E-Mail Address																										
ACTIVITY NUMBER							PARTICIPANT'S FIRST NAME					PARTICIPANT'S LAST NAME					DATE OF BIRTH		SEX		ACTIVITY NAME					REG. FEE
-																										
-																										
-																										
-																										
-																										
-																										
-																										
-																										
<i>Please attach an additional form if you need more space</i>																		TOTAL FEES: \$								

PLEASE NOTE: Please do not make changes to this paragraph. Participation in RCC programs is contingent on all the following conditions.
 I recognize that there may be inherent risks in participating in programs and activities being offered by Reston Community Center ("RCC"), and I understand that RCC strongly recommends that any person participating in any such program or activity should be covered by insurance while participating in any such program. By my signature below, I agree to assume all of the risks and accept personal responsibility for any damages or medical expenses following any injury, permanent disability, or death that may result from my participation. By my signature below, I agree to waive any and all claims for liability against RCC, the Governing Board of RCC, the Board of Supervisors of Fairfax County, Fairfax County, their officers, employees, volunteers, and agents, and I agree to hold such entities and persons harmless from any and all property damage or injury, permanent disability, or death that may result from my participation. If I am registering a child, by my signature below, I represent that I am the parent/legal guardian of the child being enrolled and that I am making the representations stated above on behalf of that child. I also recognize that employees of RCC and/or the County may take and edit photographs and/or video tapes of RCC programs for either archival or public relations purposes. By my signature below, I acknowledge and agree that any such photographs and/or videos are the property of RCC and/or the County, that any such photos and/or videos may be used in the publications of RCC and/or the County without compensation to me, and that any such photos and/or videos may be subject to the Virginia Freedom of Information Act and other applicable laws. By my signature below, I acknowledge and agree to the RCC refund and cancellation policy.

SIGNATURE: _____ **DATE:** _____

Payment Information Only – No Other Information Below
DATE STAMP (RCC Staff)

CREDIT CARD INFORMATION	FORM OF PAYMENT
CARD HOLDER'S NAME: _____	<input type="checkbox"/> CASH <input type="checkbox"/> MONEY ORDER <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD <input type="checkbox"/> OTHER _____
CHARGE: <input type="checkbox"/> American Express <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Discover Expiration Date: _____	
ACCOUNT #: _____	
SIGNATURE: _____	
<small>Registration/Pass Refunds: Written request required. If received 14 days or more in advance: 20% processing fee for classes, workshops; 50% for trips. Less than 14 days requires replacement registration to be approved (less applicable processing fee). Pass refunds pro-rated minus 20% processing fee. No refunds for fees under \$10.</small>	

Reston Community Center Aquatics Registration Form

- Select up to three choices per session and up to four different sessions per form.
- If a class section, and all choices are full, your name will be placed on a waiting list for your first choice for that session.

- Patrons are encouraged to register for as many sessions as desired. Patrons should enroll at the same level for all sessions.
- Please note: Absences and personal scheduling conflicts are not reimbursable.

Adult Name	First		Last	
Home Address				
City			State	Zip
Phone	Home		Cell	
Emergency				
New Address?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, provide business address			Work in Small District 5?	<input type="checkbox"/> Yes <input type="checkbox"/> No
E-Mail Address				

PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	SEX

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

PLEASE NOTE: Please do not make changes to this paragraph. Participation in RCC programs is contingent on all the following conditions.

I recognize that there may be inherent risks in participating in programs and activities being offered by Reston Community Center ("RCC"), and I understand that RCC strongly recommends that any person participating in any such program or activity should be covered by insurance while participating in any such program. By my signature below, I agree to assume all of the risks and accept personal responsibility for any damages or medical expenses following any injury, permanent disability, or death that may result from my participation. By my signature below, I agree to waive any and all claims for liability against RCC, the Governing Board of RCC, the Board of Supervisors of Fairfax County, Fairfax County, their officers, employees, volunteers, and agents, and I agree to hold such entities and persons harmless from any and all property damage or injury, permanent disability, or death that may result from my participation. If I am registering a child, by my signature below, I represent that I am the parent/legal guardian of the child being enrolled and that I am making the representations stated above on behalf of that child. I also recognize that employees of RCC and/or the County may take and edit photographs and/or video tapes of RCC programs for either archival or public relations purposes. By my signature below, I acknowledge and agree that any such photographs and/or videos are the property of RCC and/or the County, that any such photos and/or videos may be used in the publications of RCC and/or the County without compensation to me, and that any such photos and/or videos may be subject to the Virginia Freedom of Information Act and other applicable laws. By my signature below, I acknowledge and agree to the RCC refund and cancellation policy.

SIGNATURE: _____

DATE: _____

Payment Information Only – No Other Information Below
DATE STAMP (RCC Staff)

CREDIT CARD INFORMATION

CARD HOLDER'S NAME : _____

CHARGE: MASTERCARD VISA DISCOVER **EXP. DATE:** _____

ACCOUNT #: _____

SIGNATURE: _____

Registration/Pass Refunds: Written request required. If received 14 days or more in advance: 20% processing fee for classes, workshops; 50% for trips. Less than 14 days requires replacement registration to be approved (less applicable processing fee).
Pass refunds pro-rated minus 20% processing fee. No refunds for fees under \$10.

FORM OF PAYMENT

CASH MONEY ORDER

CHECK CREDIT CARD
(VISA/MC/DISCOVER)

OTHER _____



Reston Community Center Hunters Woods
2310 Colts Neck Road • Reston, VA 20191

Reston Community Center Lake Anne
1609-A Washington Plaza • Reston, VA 20190



703-476-4500, TTY 711 • 703-476-0563 (FAX)

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Better Brain Health as You Age	46	Play All Day VA	16
Blacksmithing Workshops	45	Pool Pals & Water Friends	33
Bookends	46	Pottery and Custard	42
Boot Camp	51	Ranger	34
Bridge Mondays	52	RCC Community Coffee	8
Bridge Tuesdays	53	RCC Community Coffee Volunteers	24
Butler’s Orchard	54	RCC Preference Poll	17
Cabochon Jewelry	55	RCC Rides Drivers	24
Cardio and Strength Intervals	51	Realistic Still Life	56
Cardio Strength	47	Reggae on the Lake	18
Chess Club	53	Reston Multicultural Festival	19
Children’s Science Center Lab	42	Reston Plant Swap	45
Choosing Your Video Service Provider	53	Reston Plays Games	53
Christmas in July: Micromosaic Ornaments	55	Reston Pride	15
Coffee and Origami	52	Rookie I	33
Crafternoons	42	Rookie II	34
Creative Hands Pottery	55	Sculpture Studio	56
Current Issues Discussion Group	46	Skipper I-II	33
Deep Water Mania	39	Sound Bath Meditation	49
Don’t Get Scammed	46	Sunday Afternoon Dances	45
Equity Matters Film	8	Sunday Art in the Park	14
Essentrics	48	Sunset Concerts	9
Essentrics: Aging Backwards	48	Take a Break Concerts	10
Fab Friday Concerts	12	Tao Yin Yoga	50
Family Fun Entertainment Series	13	Tephra ICA Arts Festival	7
Features of Canva	53	Theatre in the Park	18
Fitness Fusion	47	Tides in Motion	39
Food for Health	46	Tot Time	42
Forever Fit	48	Tribal Fusion Belly Dance	49
Fun Around Town	41	Unforgettable: Art Engagement for Adults w/ Alzheimer’s	56
Gentle Yoga	49	United States Holocaust Museum	54
Get to Know ChatGPT	53	Walking Group	51
Glass Fusing Discoveries	45	Water Introduction	33
“Good Witch/Bad Witch”	18	Wheel Exploration	57
Great Artists	55	Wheel I-III	57
Happy Hour with Darden and Friends	11	Yoga for Healthy Bones	50
Hatha Yoga I/II	49	Yoga With Weights	50
How to Fast	46	Your Smart TV and Your Privacy	53
Importance of Socialization When Aging	46	Zumba Fitness	47
Intermediate Drawing	56	Zumba Gold	51
Intermediate Tai Chi	48	Zumba Gold Toning	51
Japanese Culture Club	52	Zumba Toning	47

LOCATIONS AND HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods – 2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage Theatre, Woodshop, Glass Studio and Meeting Rooms.

RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

PHONE NUMBERS

703-476-4500

703-476-8617 (Fax)

711 (TTY)

HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.*

Sunday 9:00 a.m. – 8:00 p.m.*

**Rental hours may vary. Contact the RCC Facility Services Department.*



*Enriching Lives.
Building Community.®*



SUMMER HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Memorial Day	May 27	9:00 a.m. – 2:00 p.m.	CLOSED
Juneteenth	June 19	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.
Independence Day	July 4	9:00 a.m. – 1:00 p.m.	CLOSED
Labor Day	September 2	CLOSED	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

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facebook.com/HuntersWoodsNeighborhoodCoalition



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Reston, Virginia 20191

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2024 SUMMER CONCERT SERIES

May 24 – August 30

Wednesdays

LAKE ANNE PLAZA

Thursdays

HALLEY RISE

Fridays

RESTON TOWN SQUARE PARK
RESTON STATION

Saturdays

RESTON TOWN SQUARE PARK

Sundays

RESTON TOWN SQUARE PARK

FREE!
All Ages

SEE THE FULL SCHEDULE AT:

www.restoncommunitycenter.com/summermusic