

Reston Community Center

2025SUMMER

Program Guide



www.restoncommunitycenter.com

Enriching Lives. Building Community.



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BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

In the heart of Reston, RCC thrives as a warm gathering place, where families come together, friends reconnect and creativity blossoms. Picture a sunny Saturday morning filled with the joyful sounds of laughter at the pool, as children eagerly participate in swim lessons while parents sip their coffee, exchanging stories and smiles with their neighbors. For many, RCC isn't just a community center; it feels like home – a cherished space for celebration, learning and deep connection.

Residents hold dear their time spent at RCC, where a diverse array of art classes, outings and community events foster a sense of belonging. There's an infectious excitement in the air, with everyone hoping to enjoy life's little joys despite their busy schedules. You might catch snippets of conversations – parents yearning to join a still life painting class or seniors sharing their thoughts on the latest wellness program – each moment reflecting the vibrant lives of our community members.

Every five years, RCC conducts a needs analysis survey to ensure we remain responsive to the desires of our community. The 2024 survey brought forth heartfelt insights, underscoring just how vital RCC is to many, with a strong wish for even more opportunities to connect and engage. Your feedback is invaluable, and we are committed to keeping you informed as we weave new programs and services into the fabric of RCC.

RCC is not merely a community center; it stands as a beacon of possibility – a welcoming space where everyone belongs. With every story shared and smile exchanged, the heart of our community beats stronger, enriching lives one gathering at a time.

Welcome to a beautiful summer at RCC – let's create cherished memories together!

RCC BOARD OF GOVERNORS



Paul Berry



William G. Bouie



William Penniman



Lisa Sechrest-Ehrhardt



Paul D. Thomas



Malka Wickramatilake



Vicky Wingert



Shane M. Ziegler



BEBE NGUYEN, EXECUTIVE DIRECTOR, RCC

I have enjoyed connecting with many patrons, partners and stakeholders at RCC over the years. As I step into my role as the Executive Director, I am eager to answer any questions you may have and help you get to know me better. I look forward to collaborating with all of you and achieving great things together!

What signals that summer has started at RCC?

When the hibiscus flowers begin to bloom in the planter boxes in front of RCC Hunters Woods, it signals the arrival of summer and summer camp. From late June through the end of August, RCC comes alive with the sounds of children’s laughter, backpacks scattered everywhere and the delightful aromas from budding chefs at the cooking camps. It’s a small detail, but finding glitter sprinkled across the Community Room floor always brings a smile to my face, reminding me that we do this for the people who bring the RCC facilities to life.

What are some of my favorite RCC summer activities?

The summer concert and entertainment series beautifully combine several of my passions. They offer a wonderful opportunity to witness our vibrant and diverse community coming together, reconnect with friends, enjoy delicious outdoor refreshments, immerse ourselves in enchanting music – and maybe even find the courage to dance under the open sky. I feel immense pride in being part of an organization that creates these unforgettable summer memories.

What is my secret superpower?

I truly understand how complex organizational systems can be and appreciate the important roles that everyone plays within them. When change is needed, I believe in my ability to help create that shift and am committed to supporting others through the process, knowing that positive progress takes time.

Recently, I have successfully led important capital projects, integrated facility rental and customer relations functions and initiated efforts to promote the goals of the One Fairfax policy in my role as the RCC Equity Lead.

All of these initiatives contribute to the long-term sustainability of RCC, allowing us to continue creating shared experiences that bring joy and togetherness. I look forward to seeing you this summer at RCC.

RCC IS AN ACCREDITED PARKS AND RECREATION AGENCY!



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency’s excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards.



OFFSITE & COLLABORATION

Community Events 6 – 21

Volunteer Opportunities 22



Inclement weather can change our plans in the summer just like it can in the winter. Typically, RCC will make decisions about whether an outdoor performance can occur safely about 90 minutes before the start time. Our social media platforms (Facebook and X) are updated when we must cancel and patrons may always find out about the status of an event by calling 703-476-4500 extension 8.

MAY 17 – 18, 2025
Saturday • 10:00 a.m. – 6:00 p.m.
 Concert Presented by Reston Town Center Association at 7:30 p.m.
Sunday • 11:00 a.m. – 5:00 p.m.
 Reston Town Center • All Ages • Rain or Shine

Get ready for an exciting weekend at the Tephra ICA Arts Festival! Join us at Reston Town Center for a showcase of hundreds of talented artists from across the country with their stunning, hand-crafted artworks.

Experience the vibrant atmosphere, make new friends and discover unique pieces to enhance your collection. Participate in fun, hands-on art projects that ignite your creativity!

This festival not only celebrates art but also serves as a key fundraiser for Tephra ICA. All art sales directly benefit the participating artists. Don't miss this wonderful celebration of art and community!

Reston Community Center is a proud sponsor of the Tephra ICA Festival.

Contemporary Performance Art
 Presented by Reston Community Center

Radiant Spawn
Saturday, May 17
Sunday, May 18
 Reston Town Square Park

Claire Ashley will present Radiant Spawn, an installation of inflatable sculptures that represent an evolutionary group of creatures that have morphed out of this moment of human impact on the environment into a luminous, incongruous, "hodgepogded" together future world. Activated by community dancers, these creatures are in the process of discovering this new world: seeking, searching, discovering and learning about their new environment – sensing, touching, rolling, quivering and vibrating together.

RCC COMMUNITY COFFEE

Saturdays, May 31 – August 2

9:00 a.m. – 11:00 a.m. • RCC Hunters Woods
Free • All Ages

Enjoy special themes:

June 21 – World Music Day

July 19 – Summer Fun Day



Kick off your Saturday with good vibes, donuts, coffee and engaging conversations. Whether you're a regular or a first-timer, everyone is welcome. Don't miss out! Start your weekend off right at Community Coffee.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

SUNSET CONCERTS

Wednesdays
7:00 p.m. – 8:30 p.m.
FREE • ALL AGES

Enjoy the warm summer breeze as great musicians take the stage. Bring friends and family, grab a spot on the lake and create unforgettable memories.



LAKE ANNE PLAZA

- | | |
|--|--|
| June 11 Part Harmony
Motown & Doo-Wop | July 16 Cheick Hamala Diabate
Traditional West African Music with Modern Grooves |
| June 18 Mystic Warriors
World Music | July 23 Uptown Vocal Jazz Quartet
American Songbook Classics |
| June 25 Bad Influence
Blues & Roots | July 30 IONA
Celtic |
| July 2 Radio King Orchestra
Big Band Music | August 6 Texas Chainsaw Horns
Blues |
| July 9 Alfredo Mojica & Friends
Salsa | August 13 Four Star Combo
Rockabilly |

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time. Presented by Reston Community Center in cooperation with MSE Productions. Hosted by Lake Anne of Reston, a Condominium Unit Owners Association and Reston Community Center.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

TAKE A BREAK

CONCERT SERIES

Thursdays
7:00 p.m. – 8:30 p.m.

FREE • ALL AGES

Join us for unforgettable summer evenings filled with vibrant music from talented artists from across the Mid-Atlantic in a stunning setting.



HALLEY RISE

2025 Fulton Place, Reston

June 5 | Texas Chainsaw Horns

Rock & Traditional Blues

June 12 | Oasis Band

Reggae

June 19 | King Teddy

Swing

June 26 | Ocho de Bastos

Latin & Pop Rock

July 3 | New Line Brass Band

New Orleans Grooves

July 10 | Carley Harvey

Blues

July 17 | Shannon Bielski & Moonlight Drive

Bluegrass

July 24 | Speakers of the House

Classic Rock

July 31 | Seth Kibel Band

Jazz, Swing & Klezmer

August 7 | Elikeh

AfroPop

August 14 | Mystic Warriors

World Music

August 21 | Pebble 2 Pearl

Funkified Rock

August 28 | Sean Heely Band

Celtic

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.
Presented by Reston Community Center and Halley Rise in partnership with MSE Productions, Inc.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

HAPPY HOUR

WITH DARDEN & FRIENDS

Fridays
5:30 p.m. – 6:45 p.m.

FREE • ALL AGES

Curated by Darden Purcell, this jazz series showcases the best talent in the region, transforming Reston Town Square Park into a lively celebration of music and community.



RESTON TOWN SQUARE PARK

May 23

Tania & Jeff Grubbs Quartet

Soulful storytelling from vocalist Tania Grubbs

May 30

Jeff Antoniuk & Helluvaband

World-renowned saxophonist and composer Jeff Antoniuk

June 6

Joseph Henson Jazz 4tet

Original compositions and standards from saxophonist Joseph Henson

June 13

Matt Niess & The Capitol Bones

A unique trombone band with a celebrated 30-year history

June 20

Marshall Keys Group

Versatile quartet blending jazz, bebop, hip hop and more

June 27

Jennifer Krupa Quartet

Trombonist and U.S. Navy Band Commodores member Jennifer Krupa

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.
Presented by Reston Community Center and Reston Town Center Association in partnership with Darden Purcell.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

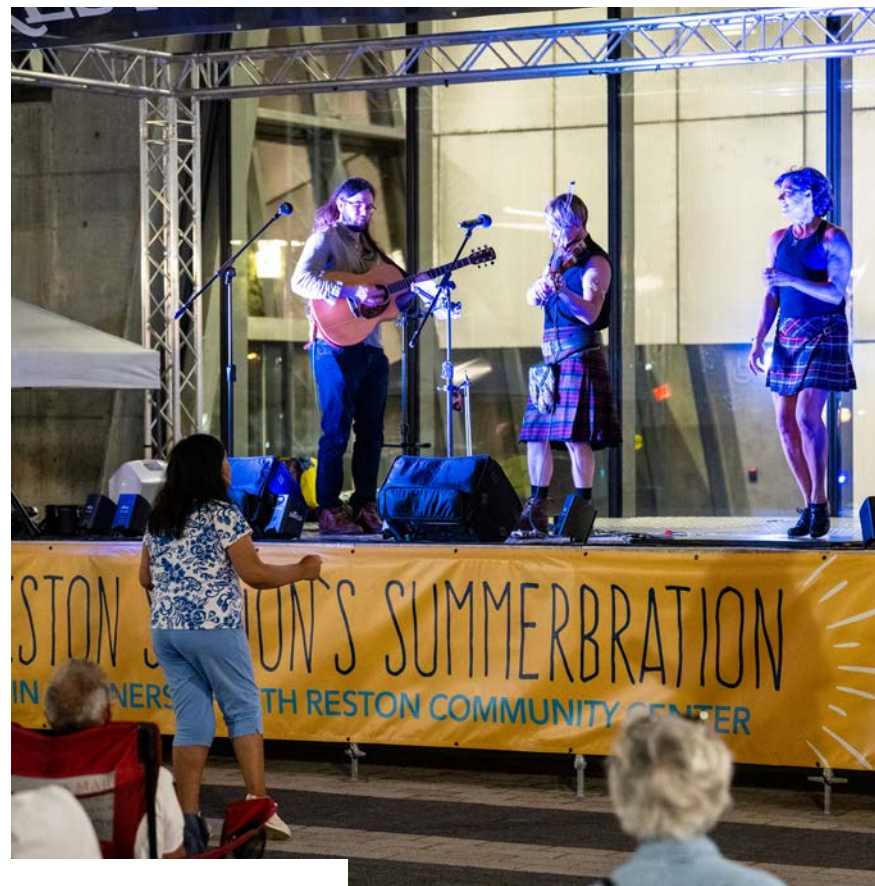


FAB FRIDAYS

7:00 p.m. – 8:30 p.m.

FREE • ALL AGES

Celebrating Everything Summer!
Kick off summer weekends with
a talented array of tribute bands
performing your favorite covers.



RESTON STATION

May 30 | All Fired Up

A Tribute to Pat Benatar

June 6 | Beatlemania

Beatles Tribute Band

June 13 | The Collective

Cover Band: Today's Top 40, Hits of the '90s/2000s

June 20 | Still Surfin'

Beach Boys Tribute Band

June 27 | The Tribe

A Tribute to R&B and Southern Soul

July 4 | Taylor Swift Tribute Band

Provided by Comstock

July 18 | So Fetch

2000s Tribute Band

July 25 | Prince Project

A Tribute to Prince

August 1 | Mothers Little Helpers

Rolling Stones Tribute Band

August 8 | The Reflex

'80s Tribute Band

August 15 | Hourglass

A Tribute to James Taylor

August 22 | Mark Taylor

Country Hits

August 29 | Don't Back Down

Tom Petty and the Heartbreakers Tribute Band

September 5 | Bruce in the USA

A Tribute to Bruce Springsteen. Provided by Comstock

September 12 | Silent Dance Party

September 19 | Mamma Mania!

Abba Tribute Band. Provided by RCC

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.
Presented by Reston Community Center and Reston Station in partnership with MSE Productions, Inc.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

FFES

Family Fun Entertainment Series

Saturdays

10:00 a.m. – 10:45 a.m.

FREE • ALL AGES

Enjoy silly clowns, amazing magicians,
live music and interactive games that
guarantee giggles. Bring your best dance
moves and join the fun!



RESTON TOWN SQUARE PARK

June 14 | Paul Bellanger:

The Balloon Comic

Magic, Juggling & Interactive Balloon Artistry

June 21 | Groovy Nate

High-Energy, Funky & Funny Grooves

June 28 | Turley the Magician

Magic and Humorous Antics

July 5 | Zack Smith

& The Mardi Gras King

Zydeco, Cajun, New Orleans Jazz and Funk

July 12 | Lohr Family Antics

Fast-paced, Sidesplitting
Vaudeville Show

July 19 | Rocknoceros

Catchy Tunes for All Ages

July 26 | The Unicycle Lady

Comedy, Juggling & Unicycling

August 2 | Guava Jelly

Caribbean Reggae Vibes

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.
Presented by Reston Community Center and Reston Town Center Association in partnership with MSE Productions, Inc.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

Sunday Art in the Park

with Shenandoah Conservatory

Sundays

7:00 p.m. – 8:00 p.m.

FREE • ALL AGES

Pack a picnic and join the renowned Shenandoah Conservatory on Sunday evenings this summer.

RESTON TOWN SQUARE PARK

June 8 | Ellington's Caravan

A Duke Ellington Tribute Band

**June 15 | Luis Hernandez
& the Mighty Little Big Band**

Pan American/Afro Cuban Rhythms

June 22 | ClarVoice Trio

Romantic & Inspiring Works

**June 29 | The Art of the Harp:
A Musical Showcase**

Classical to Rock

July 6 | Shenandoah Brass

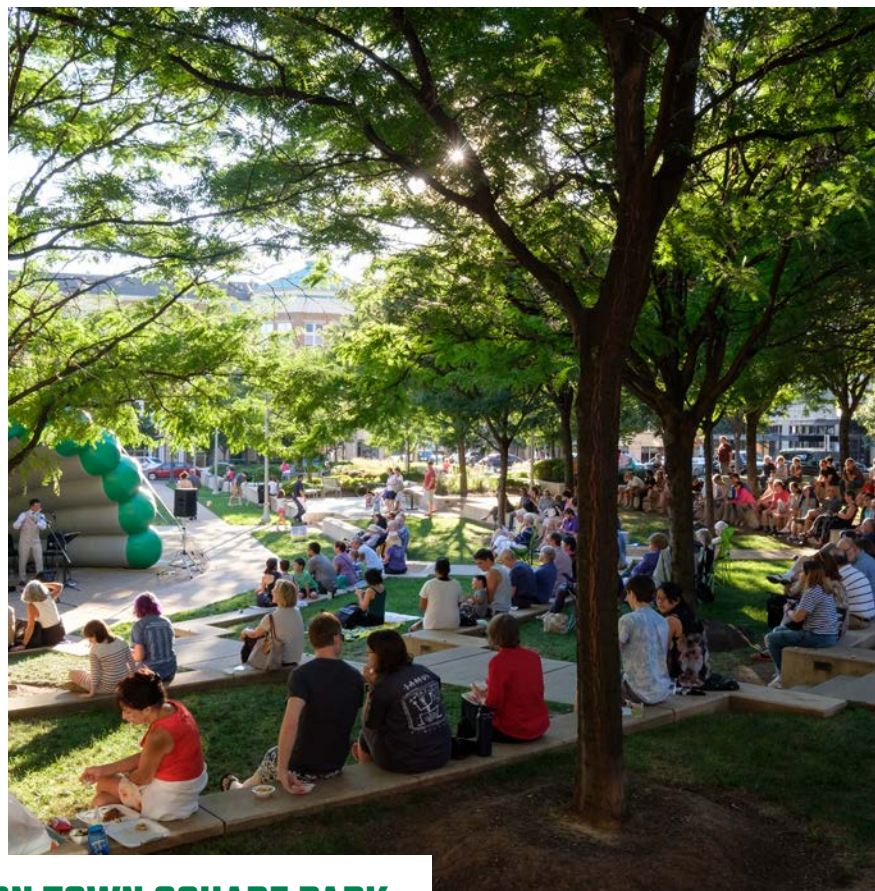
New Works by Shenandoah Conservatory's
Own Andrew Skaggs

July 13 | Colin Davin & Friends

Guitar Music from Argentina, Venezuela,
Paraguay, Cuba & More

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.
Presented by Reston Community Center and Reston Town Center Association in partnership with Shenandoah Conservatory.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.



July 20 | Strings of Elegance: A Musical Soirée

Popular Hits & Classical Compositions

July 27 | Winchester Jazz Collective

Classic & Modern Jazz

**August 3 | Resonating Together:
A Violin & Cello Duet**

An Evening of Beautiful Music

August 10 | Be Our Guest: A Disney Cabaret

Classic Disney Tunes for the Entire Family

August 17 | Broadway Through the Ages

Your Favorite Broadway Tunes From the 1950s to Today

August 24 | R2DUO

Saxophone and Piano Duets



Reston Pride Festival: Rise Concert

Saturday, May 31

7:00 p.m.

Lake Anne Plaza

Reston Pride Festival: Rise!

Sunday, June 1

12:00 p.m. – 7:00 p.m.

Lake Anne Plaza

Free • All Ages • Rain or Shine

The 8th Annual Reston Pride Festival: Rise will feature a concert and performances from local musicians and artists supporting and celebrating the LGBTQ+ community in the greater Reston area. The festival will feature vendors, performances, speakers, festivities and more!

Reston Pride is organized by members and friends of the Reston LGBTQ+ community with support from Reston Community Center, nonprofits and other local organizations.

Hosted by Lake Anne of Reston, a Condominium Unit Owners Association and Reston Community Center.

For more information, please contact Reston Pride at restonpride@corefoundation.org.

Tom Goss

Saturday, June 7

8:00 p.m.

RCC Hunters Woods – The Leila Gordon Theatre
(Formerly the CenterStage)

\$15 Reston/\$20 Non-Reston

A prolific writer and performer, Goss has released seven albums, made dozens of music videos and played thousands of shows across the U.S., Canada and Europe to a growing group of dedicated fans. Tom's songs have been heard on ABC, HBO, Disney+, Here TV and Univision, and his inventive music videos have been viewed more than 20 million times. He enjoys a particularly strong following in the LGBTQI+ community – singing about disillusionment, desire and hope in an intimate yet relatable way. Tom Goss has shared a stage with performers as diverse as Andy Grammer, Martha Wash, Taylor Dayne, Adrienne Gonzalez, Matt Alber and Catie Curtis.

For tickets for The Leila Gordon Theatre, please visit www.restoncommunitycenter.com.

"Moving and incredible."

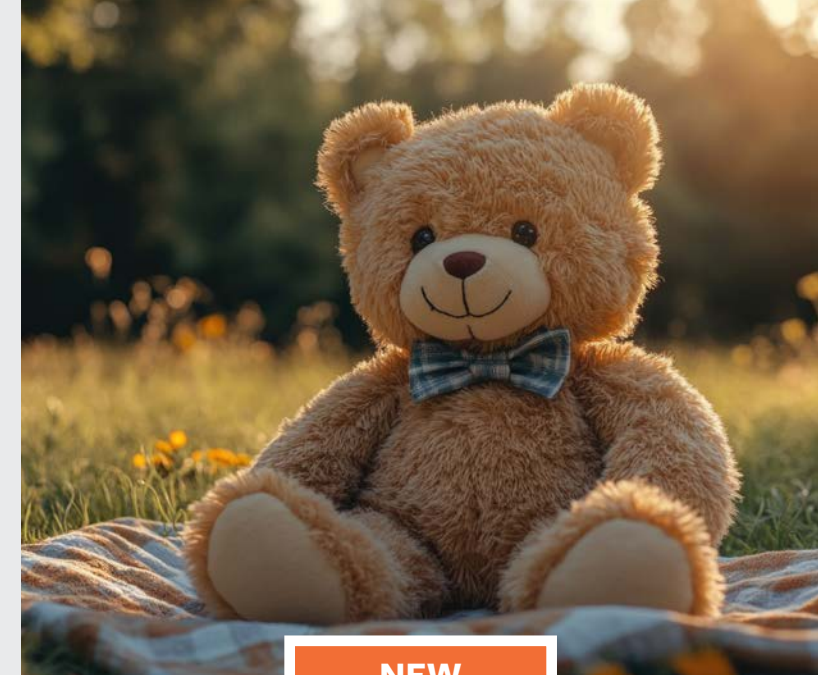
– The Huffington Post



NRPA'S PARK AND
RECREATION MONTH



NEW



NEW

Party in the Park

Wednesday, June 11

5:00 p.m. – 6:30 p.m.

Reston Town Square Park

(Corner of Market Street and Explorer Street)

Free • All Ages

School's out for summer and the ultimate Party in the Park is here! Join your friends and family for a fantastic kid-friendly silent disco where only you can hear the upbeat music played by our amazing DJs. Enjoy exciting activities for kids too. Parents, please bring your driver's license to exchange for headsets for you and your children. Let's dance like nobody's watching.

For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.

Play All Day VA

Friday, June 20

Around Reston • Times Vary

Free • All Ages

It's the longest day of the year so let's Play All Day VA! RCC joins friends across Virginia to celebrate the day by participating in free, family-friendly activities that are fun for everyone. RCC Play All Day VA events include coffee and snacks, art exhibits, summer concerts and so much more. Registration may be required for some programs.

Highlights include:

"Mamma Mia! The Movie" Sing-along

RCC Hunters Woods – The Leila Gordon Theatre

10:00 a.m.

Free Family Swim

RCC Hunters Woods - Terry L. Smith Aquatics Center

1:00 p.m. – 5:00 p.m.

Fun Around Town

RCC Hunters Woods

4:00 p.m. – 6:00 p.m.

Receive a complimentary swag bag filled with family-friendly activities and crafts; #845000-6A

The complete RCC Play All Day VA schedule is available at www.restoncommunitycenter.com.

For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.

Passport to Summer Fun

July

Free • All Ages

Celebrate Park and Recreation Month with RCC this July! In honor of the National Recreation and Park Association's initiative, we're highlighting the importance of parks and recreation in building strong, vibrant and resilient communities. Join us for our Passport to Summer Fun program and explore a variety of engaging and inclusive activities for all ages. It's the perfect opportunity to get outside, stay active and connect with your community – don't miss out on the fun!

Check RCC's website, www.restoncommunitycenter.com closer to the event to see the full schedule.

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.

Reston Teddy Bear Picnic

Thursday, July 10

12:00 p.m. – 2:00 p.m.

RCC Hunters Woods Plaza

Free • All Ages

Registration Required #845400-6A

Join us for an unforgettable celebration of National Teddy Bear Picnic Day! Bring your favorite stuffed animal and prepare for an exciting outdoor adventure filled with thrilling games, delicious treats and endless magic. Don't forget to pack your blanket and bring your joyful spirit – let's make amazing memories together!

For more information, contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180.



National Night Out

Tuesday, August 5

12:00 p.m. – 2:00 p.m.

RCC Hunters Woods Plaza

Free • All Ages • Rain or Shine

Join us for National Night Out, a national community event to enhance the relationship between neighbors and law enforcement. This event is presented in partnership with the Hunters Woods Neighborhood Coalition and the Reston District Station of the Fairfax County Police Department.

Enjoy food and treats with games and fun for everyone at midday in front of RCC.

For more information, contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180.

RCC Preference Poll

September 5 – September 26

Serve your community – Become a candidate for the RCC Board of Governors.

You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for Reston Community Center while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

Statement of Candidacy Forms will be available August 1 at RCC Hunters Woods and RCC Lake Anne or online at www.restoncommunitycenter.com.

MARK YOUR CALENDARS

Candidate Filing: August 1 – 15 (until 5:00 p.m.)

Photo/Orientation: August 15

Candidates Forum: September 2 at 6:30 p.m. at

The Leila Gordon Theatre (Formerly the CenterStage)

Voting: September 5 – September 26 (until 5:00 p.m.)

For more information, please contact us at RCCcontact@fairfaxcounty.gov.

Broadway on the Square "Broadway's Bad Boys"

Friday, September 5

Saturday, September 6

Sunday, September 7

7:30 p.m.

Reston Town Square Park
(Corner of Market Street and Explorer Street)

Free • All Ages

Come on, admit it! The villains get all the good songs. "Broadway's Bad Boys" gives audiences a chance to spend some time with the Phantom from "The Phantom of the Opera," the "Beauty and the Beast" and the Beast and a little Harold Hill in between! Featuring Broadway veterans Chris Sieber, Julius Thomas III and Sam Gravitte.

Presented by Reston Community Center and Reston Town Center Association.

For more information, please contact Paul Michnewicz RCC's Director of Arts and Culture at 703-390-6167.

Reggae on the Lake

Saturday, September 6

1:00 p.m. – 9:00 p.m.

Lake Anne Plaza

Free • All Ages • Rain or Shine

Enjoy all the music, food and fun of this beloved community celebration of Reggae!

Hosted by Lake Anne of Reston, a Condominium Unit Owners Association and Reston Community Center.

Find out more and join the fun at www.reggaeonthelake.com.

Reston Multicultural Festival

**Saturday,
September 20**

11:00 a.m. – 6:00 p.m.

FREE for All Ages!

Reston Town Center

Celebrate our rich diversity through song, dance, food and art! Experience the vibrant cultures of Reston, which are among our community's greatest assets.

Reston Community Center is proud to present the Reston Multicultural Festival in partnership with Reston Town Center, Reston Town Center Association and BXP. Volunteer coordination is provided by Reston Association.

www.restoncommunitycenter.com/MCF

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.



RCC On Wheels COMING TO A NEIGHBORHOOD NEAR YOU!

RCC On Wheels rolls out in a new mobile unit equipped with advanced technology, designed to improve access to our programs.

Look out for
RCC On Wheels
at our summer
events!



VOLUNTEER
MANAGEMENT SYSTEM

Adapted Aquatics
Volunteers

(13 years and older)
Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.
RCC Hunters Woods – Warm Water Pool
May 31 – August 2
Sat 10:45 a.m. – 12:00 p.m.
Registration required through VMS.

RCC Community Coffee
Volunteers

(14 years and older)
Help with set up, coffee making, serving patrons, keeping the area tidy and cleaning up at the end.
RCC Hunters Woods
May 31 – August 2
Sat 7:30 a.m. – 11:30 a.m.
Registration required through VMS.

Summer Family
Crafternoon Volunteers

(14 years and older)
Help set up programs, assemble arts and crafts and clean up afterwards. These programs will take place at different locations in the Reston community.
RCC on Wheels at Hunters Woods Plaza
June 13
Fri 11:30 a.m. - 1:30 p.m.

Westglade Club House
June 20
Fri 11:30 a.m. - 1:30 p.m.

Stonegate Village Community Center
July 31
Fri 11:30 a.m. - 1:30 p.m.

RCC on Wheels at Cedar Ridge Community Center
August 3
Fri 11:30 a.m. - 1:30 p.m.

Fun Around Town Volunteer
(14 years and older)
Help set up the event, run activities like lawn games and arts and crafts and clean up. These events will take place at various locations throughout the Reston community.
RCC Hunters Woods
June 20
Fri 3:30 p.m. – 6:30 p.m.

Cathy Hudgins Community Center at Southgate
July 18
Fri 3:30 p.m. – 6:30 p.m.

Cedar Ridge Neighborhood Center
August 15
Fri 3:30 p.m. – 6:30 p.m.
Registration required through VMS.

National Night Out Volunteers
(14 years and older)
Help set up the event, run activities like lawn games and arts and crafts and clean up.
RCC Hunters Woods Plaza
August 5
Tue 11:00 a.m. – 2:30 p.m.
Registration required through VMS.

OTHER VOLUNTEER
OPPORTUNITIES

RCC Rides Drivers
(18 years and older)
Without transportation, simple things such as medical appointments or grocery shopping become major life challenges for non-driving seniors. We need caring, concerned community members to serve as volunteer drivers. Choose times that best suit your schedule; no minimum number of rides are required.
To become a volunteer, obtain an application at an RCC Customer Service Desk or online at www.restoncommunitycenter.com and return it to the address on the form or call us at 703-390-6198 for more information.

VOLUNTEER
MANAGEMENT
SYSTEM (VMS)

Fairfax County has a consolidated, county-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

1. Visit: volunteer.fairfaxcounty.gov
2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.
4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

For questions or concerns with this system, contact VMS Help at VMSHelp@fairfaxcounty.gov

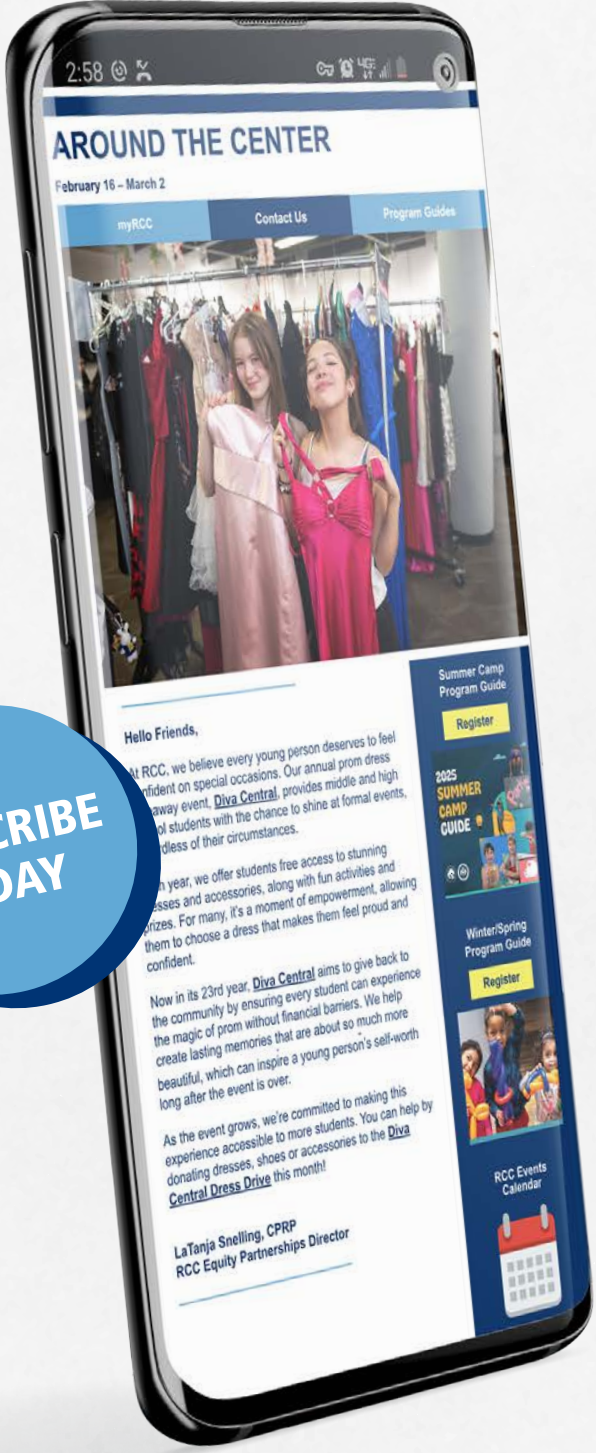
AROUND THE CENTER
Your Guide to RCC
every two Weeks

Get ready to dive into the excitement at RCC!

Don't miss out on all the thrilling community events – subscribe to Around the Center today! You'll receive an incredible lineup of programs, activities and classes, all neatly organized by category and date/time, right in your inbox.

Join us and be part of the fun – sign up now!

SUBSCRIBE
TODAY





ARTS & CULTURE

Community Arts Organizations	25 – 27
RCC Gallery Exhibits	27

CULTURAL ARTS

The Reston Museum
www.restonmuseum.org
703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present and influences the future of Reston through its exhibits, public programs and events – among which are community favorites such as Celebrate Reston (formerly Founder’s Day), the Reston Home Tour and the Lake Anne Cardboard Boat Regatta. Come visit the Reston Museum in Lake Anne Plaza and enjoy the exhibits, gift shop and opportunity to learn more about Reston.

PERFORMING ARTS

Festival Ballet Virginia
www.gwdancecenter.com

Festival Ballet Virginia (FBV) was founded in 2018 as a dance company in residence at the Greater Washington Dance Center located in Reston. FBV is a nonprofit, high-quality, pre-professional dance company dedicated to inspiring excellence and infusing passion in dancers and audience members. Festival Ballet Virginia provides the important performing experience necessary to complete our dancers’ education.

Festival Ballet Virginia presents a mesmerizing fusion of dance and the arts, where ballet’s grace and precision meet the expressive power of music, visual art and theatre. This collaborative masterpiece brings together the talents of choreographers, musicians and visual artists, creating a rich, immersive experience that transcends traditional boundaries. Festival Ballet Virginia invites you to witness this extraordinary collaboration, where the arts unite to tell a story of beauty, emotion and human connection.

“Dance Arts Collide”
Friday, May 16
Saturday, May 17
7:30 p.m.
RCC Hunters Woods
The Leila Gordon Theatre
\$25 (all ages)
Tickets available at The Leila Gordon Theatre Box Office in April.

GroundShare Arts Alliance
www.groundsharearts.com
703-593-4384

GroundShare Arts Alliance provides dancers of all ages the opportunity to train and perform together. This multi-generational company explores the artistic process while building community and collaborating through dance. Every spring, GroundShare presents an original production of dance theatre developed from the work of students and teaching artists. Where dance meets storytelling, GroundShare’s spring concert explores timely themes and artistic investigations.

Spring Concert
Friday, June 13
7:00 p.m.
Saturday, June 14
3:00 p.m.
RCC Hunters Woods
The Leila Gordon Theatre
(Formerly the CenterStage)
\$5 (3 years and younger), \$20 (4 years and older)
Tickets available at The Leila Gordon Theatre Box Office in early June.

Ravel Dance Company
www.raveldance.com
703-437-9664

Founded in 1990, the Ravel Dance Company was formed to give young dancers an opportunity to perform original works of dance in a variety of dance genres so they may be better prepared to enter the professional world of dance or to gain acceptance to a university dance program. The Ravel Dance School educates young dancers through high school in classical ballet and pointe while offering additional opportunities to perform. Through an audition process, a dancer may be eligible to perform new and innovative works with the Ravel Dance Company.

“Coppélia” and “Life is a Canvas”
Friday, May 23
7:00 p.m.
Saturday, May 24
2:00 p.m.
Sunday, May 25
2:00 p.m.
RCC Hunters Woods
The Leila Gordon Theatre
(Formerly the CenterStage)
\$30 (all ages)
Tickets available at The Leila Gordon Theatre Box Office in May.

Performing Arts Tickets

Tickets for community arts organization events held at RCC (The Leila Gordon Theatre or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Season subscription ticketing is handled differently by different organizations. Priority ordering information is provided with confirmation of the season subscription.

All forms are available online at www.restoncommunitycenter.com.

GOVERNMENT FUNDERS

ArtsFairfax:
www.artsfairfax.org



Virginia Commission for the Arts:
www.arts.virginia.gov



VIRGINIA COMMISSION FOR THE ARTS

National Endowment for the Arts:
www.arts.gov



Reston Community Orchestra

www.restoncommunityorchestra.org
571-449-7095

Reston Community Orchestra (RCO) is an all-volunteer ensemble devoted to the cultural enhancement of the community through the presentation of diverse offerings of symphonic music, from classical to pop. Check the RCO website for updated concert information closer to the performance dates.

“Finnish with Grace”

The season finale concert will feature “Finlandia” and “Symphony No. 3” by Sibelius and “La muse et le poete, Opus 132” by Saint-Saens.

**Saturday, May 17
4:00 p.m.**

RCC Hunters Woods – Community Room

\$25 Adult, \$18 Senior (60+), Free for Youth/Students (17 and under), Active Military, First Responder

The Reston Community Orchestra is supported in part by ArtsFairfax and the Virginia Commission for the Arts, plus corporate and individual patrons.

The Reston Chorale

www.restonchorale.org
703-834-0079

Don’t miss a moment of the music being made by The Reston Chorale. Join your friends and neighbors, bring the family and savor the musical feast.

“Country Roads”

Travel with The Reston Chorale along country roads to musical favorites from the Grand Ol’ Opry to country pop hits.

**Saturday, May 10
4:00 p.m. and 7:00 p.m.**

RCC Hunters Woods – Community Room

\$30 Adult (18 – 61), \$25 Seniors (62+), Free for Youth (17 and younger) and Active Military
Tickets available at
The Leila Gordon Theatre Box Office.

“A Star-Spangled Salute”

Bring a lawn chair and join The Reston Chorale and a brass ensemble for a free, patriotic concert honoring those who serve and remembering those who made the ultimate sacrifice. You can also show your support for our troops by sharing care package items for those deployed overseas.

**Saturday, May 24
7:30 p.m.**

Reston Town Center Pavilion

Free

Information and tickets on sale April at
www.restonchorale.org.

The Reston Chorale is supported in part by ArtsFairfax, the Virginia Commission for the Arts, the National Endowment for the Arts, The Reston Chorale Endowment Fund and corporate donors and individuals.

VISUAL ARTS

League of Reston Artists

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA is a nonprofit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. Numerous judged and juried shows in venues throughout the community give member artists and photographers opportunities to earn distinctions.

Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately five commercial and public places, solo exhibits are offered on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website.

JUNE – AUGUST

Art in Public Places (AIPP) Exhibits

Solo Shows – Quarterly rotation

JUNE

Reston Photographic Society Exhibit

Reception: Sunday, June 8

3:00 p.m. – 5:00 p.m.

RCC Lake Anne – Jo Ann Rose Gallery

MID-JULY – AUGUST

League of Reston Artists

Small Works Exhibit

A large display of small-scale paintings and photography pieces

RCC Lake Anne – 3D Gallery

Public Art Reston

www.publicartreston

Public Art Reston’s (PAR) mission is to be the catalyst for public art that inspires, engages and connects. Its vision is for public art to be recognized as essential to our thriving, diverse community. PAR commits to this work by nurturing and celebrating diverse participation, while providing opportunities to experience public art in all neighborhoods of Reston. It connects at the intersections of creativity, accessibility and belonging. Public art is a vehicle for building community and community building is vital to successful creative placemaking.

More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007 and since the adoption of the Public Art Master Plan for Reston in 2008. Reston’s public art is always accessible digitally and al fresco! Public Art Reston’s website hosts a comprehensive catalog of all the works (as yet identified) in Reston along with many other tools to use to enjoy public art.

Visit the Public Art Reston website to find out where other projects have been realized throughout our community and sign up for the newsletter, “Emerge,” for updates. Please send an email to info@publicartreston.org for further information or to arrange public art tours or conversations.

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com
703-481-8156

The charming artists’ collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage and acrylic and oil paintings.

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

JUNE

“Modern Illuminations”

Art by Rosemarie Forsythe

Reception: Sunday, June 8

2:00 p.m. – 4:00 p.m.

JULY

“Seventh Annual Artist’s Invitational Exhibit”

Reception: Sunday, July 13

2:00 p.m. – 4:00 p.m.

AUGUST

“Creative Fiber Arts”

By Cindy Grisdela

Reception: Sunday, August 10

2:00 p.m. – 4:00 p.m.

Tephra ICA

www.tephraica.org
703-956-9513

Tephra Institute of Contemporary Art is committed to promoting innovative contemporary art and thinking. Leading with curiosity and care, Tephra ICA is a catalyst, generator and an advocate for visual and interdisciplinary arts. Tephra ICA’s exhibitions and programs highlight contemporary artists whose practices are often globally influenced, culturally diverse and conceptually advanced. They provide education initiatives and public programs that encourage the development of critical thinking, creative expression and support the interconnectivity of art and ideas. Admission to the Tephra ICA gallery is always FREE, as are most programs.

Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts.

RCC GALLERY EXHIBITS

RCC Hunters Woods Exhibits

JUNE

“Ecological Expressions: A Visual Journey Towards Environmental Awareness”

Mixed media art by Camille Kouyoumdjian

JULY/AUGUST

“Summer of the Arts”

By the residents of Pathway Homes

RCC Lake Anne Jo Ann Rose Gallery Exhibits

JUNE

Reston Photographic Society Exhibit

League of Reston Artists (LRA)

Reception: Sunday, June 8

3:00 p.m. – 5:00 p.m.

JULY

“Sizzling Summer: Three Artists Explore Abstraction”

by Marthe McGrath, Kay Walsh and Joyce McCarten

Reception: Sunday, July 13

2:00 p.m. – 4:00 p.m.

AUGUST

“Paper Jewels”

Mixed Media work by Julia Malakoff

Reception: Sunday, August 3

2:00 p.m. – 4:00 p.m.

Interested in Exhibiting?

For more information about exhibiting with Reston Community Center, please visit www.restoncommunitycenter.com or contact Gloria Morrow, RCC’s Arts Education Assistant, at 703-390-6187.





AQUATICS

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SUMMER SCHEDULE • JUNE 1 – AUGUST 24			
	Lap Pool*	Warm Water Pool*	Spa
Monday/Wednesday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Tuesday/Thursday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	1:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Friday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.	11:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.
Saturday	9:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.
Sunday	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.*	1:00 p.m. – 5:00 p.m.
*Swim lanes may be limited. Please note that the schedule is subject to change without notice. RCC schedules programming during open and lap swim times. The pools are closed from 12:00 p.m. to 1:00 p.m. every day for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space.			

POOL FEES		
	Reston Resident/ Employee	Non-Reston
Daily Visit		
Adult	\$5	\$10
Youth and Senior	\$3	\$6
Daily Visit Pass (Price Per Visit)		
Adult	\$4.50	\$9
Youth and Senior	\$2.75	\$5.50
Monthly Pool Pass		
Adult	\$45	\$90
Youth and Senior	\$25	\$50
Aquatics Annual Pass		
Adult	\$480	\$960
Youth and Senior	\$250	\$500

WATER AEROBICS FEES		
	Reston Resident/ Employee	Non-Reston
Water Aerobics Daily Visit		
Adult	\$7	\$14
Youth and Senior	\$6	\$12
Water Aerobics Pass (Price Per Visit)		
Adult	\$6	\$12
Youth and Senior	\$5	\$10



AQUATICS HOURS: *

*Some restrictions to lap lane or warm water access may apply.

Memorial Day • May 26

7:00 a.m. – 12:00 p.m.

Juneteenth • June 19

7:00 a.m. – 7:00 p.m.

Independence Day • July 4

7:00 a.m. – 12:00 p.m.

Annual Maintenance Period
August 25 – September 5 • CLOSED

AQUATICS CENTER RULES & REGULATIONS

1. All persons entering the pools must register at the desk and pay the appropriate fee.
2. Children under the age of 8 must be accompanied by an adult 16 years or older.
3. Children 6 years and up must use appropriate locker rooms. The All Genders/ Accessible Dressing Room may be used, or either the women's or men's locker rooms.
4. Children under the age of 3, and any patron diagnosed with incontinence, are required to wear plastic pants underneath swim apparel.
5. All swimmers are encouraged to take a rinse shower before entering the pools. Persons leaving the pool area are required to shower before re-entering the pools.
6. Spitting or expunging water is prohibited.
7. Running, pushing and horseplay are prohibited.
8. Diving into water less than 8 feet in depth is prohibited. Back dives or flips from the side in any depth of water are prohibited.
9. Starting blocks are only available to swim lessons and rentals.
10. ADA and entry ramps are for entry and exit only. Open swimming and playing are prohibited on the Warm Water ramp or in areas of the beach entry used to access the Lap Pool.
11. Special equipment is for class use only (rings, noodles and barbells).
12. Kickboards are restricted to lap lanes only.
13. Masks must be marked "Tempered Glass" or "Plastic Lens."
14. Snorkels must be properly attached to a mask.
15. Fins are limited to the lap lanes.
16. Children using floatation devices require direct one-on-one adult supervision. Coast Guard-approved floatation devices are available for patron use in a variety of sizes. Devices brought to the pools must be Coast Guard-approved.
17. Food, drinks and chewing gum are prohibited in the pool areas and in the locker rooms.
18. Glass containers and/or breakable objects are prohibited throughout the Terry L. Smith Aquatics Center.
19. Non-swimmers ages 11 and under will wear an RCC-supplied wristband and are only allowed in the shallow ends of the pools.
20. Videography and photography of any kind, using any device, are prohibited during

- swim team practices unless authorized in writing by the swim team coach.
21. Talking to and visiting with a lifeguard who is on a stand or monitoring the pools is prohibited. Please see another Aquatics staff member in the office for assistance.
 22. Any conduct that may endanger the welfare of other patrons is prohibited.
 23. Appropriate swimwear is required. Only bathing suits or approved alternatives may be worn in the pools and/or spa. Excessively loose clothing or bathing garments will not be permitted due to safety reasons.
 24. The pools may be closed, or their use limited, at the discretion of management due to technical problems, overcrowding or threatening weather conditions.
 25. Prolonged underwater swimming or breath-holding are prohibited. Competitive or prolonged breath-holding can be deadly.

These rules will be enforced by the professional lifeguarding staff team of the Terry L. Smith Aquatics Center. Patron cooperation is appreciated.



RCC LOCKER ROOM ETIQUETTE

Locker rooms in the Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate your attention to hair that is shed from shampooing as well.

- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.
- If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate your removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. – 4:00 p.m., seven days a week.

AQUATICS

To buy or renew your pass, visit myRCC where you can also make a reservation for lap lanes or daily aquatics aerobics. Passes may be used to reserve time or simply visit; a daily visit fee is charged if you just stop by to swim.

Pools will close a half hour prior to the building closing time to allow time for exiting from the Terry L. Smith Aquatics Center and close at 6:00 p.m. on Friday evenings. Early bird swimming occurs at the Terry L. Smith Aquatics Center Monday through Friday; check myRCC for reservations. The entire Aquatics facility, including locker rooms, will be closed daily from 12:00 p.m. to 1:00 p.m. for a deep cleaning.

Water Aerobics classes (Arthritis, Fibromyalgia and Multiple Sclerosis, Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Burn, Aqua Mixer, Deep Water Mania, Tides in Motion) require reservations. Patrons must have a valid Water Aerobics Pass. Reservations for Water Aerobics classes are free, but patrons are required to purchase a pass and swipe the pass prior to each class. Patrons' passes will be debited a visit for unattended classes.

Patrons are reminded that there is no advantage to the use of paper reservation forms versus online reserving. Online reservations are your most reliable path to making your reservations or canceling a reservation for water exercise offerings. RCC Customer Service Representatives will process paper forms as they can after reservations for each month open at 9:00 a.m., but they never process those forms prior to the 9:00 a.m. opening of reservations online.

Failing to cancel a reservation you can't use keeps someone else from being able to access the offering. Thank you for being considerate!

SPA USE

Swimmers may use the spa by purchasing a visit or a pass and swiping it for access or following use of a lap lane or warm water zone. People should limit sitting in the spa to 10 minutes or less for good health. The spa is monitored on camera by RCC lifeguards.

LAP POOL

- Three of the six lap lanes are dedicated to reservation swimming only. Three will be available for open swim use.
- Non-swimming youth must be accompanied by an adult in the water. Both child and adult require payment.
- Lap lane reservations last one hour.
- Reservations that go unused, or uncanceled at least two hours in advance, will be charged to the passholder. Not using a reserved lane or failing to cancel a reservation is unfair to those who are on the waitlist or who want to reserve that slot.

PRIVATE SWIM LESSONS

The Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Program Director for more information or inquire about availability at 703-390-6152. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk at 703-390-6150.

30-minute session • \$40 (R)/\$60 (NR)



WARM WATER POOL

When classes are not in session, the Warm Water Pool is available for use without reservations being required.

SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please contact our ADA Coordinator at 703-390-6144.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool. Please reach out to RCCcontact@fairfaxcounty.gov for further information or requests.

RCC PASS OPTIONS

Aquatics Passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The 12-Month passes are valid from date of purchase and do not renew automatically.

Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Arthritis, Fibromyalgia and Multiple Sclerosis, Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Burn, Aqua Mixer, Deep Water Mania and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.



DEAP

Drowning Education Awareness Program

Reston Community Center and Reston Association have teamed up to improve our community's safety around its many pools. Drowning remains the nation's second-leading cause of injury-related death among children ages 1 to 14 according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries.

RCC SUMMER LEARN-TO-SWIM FREE INTRO SESSIONS

Beginning levels of "Learn-to-Swim" offerings are offered to Reston non-swimmers free of charge for the first enrollment. Free enrollment is limited to one class per swimmer and is available only to Reston patrons.

ROOKIE I

(4 – 5 years old)

Rookie I is for children 4 to 5 years old with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

See page 38 for times and dates.

LEVEL 1

(6 – 12 years old)

Level 1 is for beginners with little or no swimming experience. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs and various safety topics.

See page 40 for times and dates.

RCC/RA FREE PRESENTATIONS

RA and RCC offer two free land-based presentations targeted for different audiences and community civic groups. By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools.

LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is a one-hour interactive presentation with fun activities designed to make water safety practices easy to learn.

WATER SAFETY PRESENTATION

(18 years and older)

Enjoy a 90-minute presentation including a question and answer period focused on water safety training to keep families safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

NOW HIRING & TRAINING LIFEGUARDS



Perfect For
**HIGH SCHOOL STUDENTS
COLLEGE STUDENTS
STAY-AT-HOME PARENTS
RETIREEES**

Come Join The Fun And Get Paid!

Benefits Include:

- Competitive Wages
- Flexible Schedule
- FREE American Red Cross Lifeguard Training (\$200 value)*
- FREE Uniforms
- Year-round Employment
- Discounts on RCC Programs
- Leadership and Teamwork Skills Development

APPLY ONLINE:

WWW.RESTONCOMMUNITYCENTER.COM/LIFEGUARD

**Lifeguarding classes are offered based upon public demand and instructor availability. For more information, please contact the Aquatics Operations Director, at 703-390-6149.*



LAP POOL

Three of the six lap lanes are dedicated to reservation swimming only. Three will be available for open swim use.

Reservations are required for the below lap swim lanes at the Terry L. Smith Aquatics Center. Reservations for the following month open up on the 25th of the previous month for Reston residents and employees, and the first of the month for Non-Reston. Reservations are for a 60-minute time slot. Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

Lap Pool – Lane 1 (8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 60 minutes.

60-min. sessions at RCC HW Pool Pass, Reservations Required June 1 – August 24	
Mon-Fri 6C0901-6A	7:00 a.m. – 8:00 a.m.
Mon-Fri 6C0901-6B	8:00 a.m. – 9:00 a.m.
Mon-Fri 6C0901-6C	9:00 a.m. – 10:00 a.m.
Mon-Fri 6C0901-6D	10:00 a.m. – 11:00 a.m.
Mon-Fri 6C0901-6E	11:00 a.m. – 12:00 p.m.
Mon-Sun 6C0901-6F	1:00 p.m. – 2:00 p.m.
Mon-Sun 6C0901-6G	2:00 p.m. – 3:00 p.m.
Sat, Sun 6C0901-6H	3:00 p.m. – 4:00 p.m.
Sat, Sun 6C0901-6I	4:00 p.m. – 5:00 p.m.

Lap Pool – Lane 2 (8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 60 minutes.

60-min. sessions at RCC HW Pool Pass, Reservations Required June 1 – August 24	
Mon-Fri 6C0902-6A	7:00 a.m. – 8:00 a.m.
Mon-Fri 6C0902-6B	8:00 a.m. – 9:00 a.m.
Mon-Fri 6C0902-6C	9:00 a.m. – 10:00 a.m.
Mon-Fri 6C0902-6D	10:00 a.m. – 11:00 a.m.
Mon-Fri 6C0902-6E	11:00 a.m. – 12:00 p.m.
Mon-Sun 6C0902-6F	1:00 p.m. – 2:00 p.m.
Mon-Sun 6C0902-6G	2:00 p.m. – 3:00 p.m.
Sat, Sun 6C0902-6H	3:00 p.m. – 4:00 p.m.
Sat, Sun 6C0902-6I	4:00 p.m. – 5:00 p.m.

Lap Pool – Lane 3 (8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 60 minutes.

60-min. sessions at RCC HW Pool Pass, Reservations Required June 1 – August 24	
Mon-Fri 6C0903-6A	7:00 a.m. – 8:00 a.m.
Mon-Fri 6C0903-6B	8:00 a.m. – 9:00 a.m.
Mon-Fri 6C0903-6C	9:00 a.m. – 10:00 a.m.
Mon-Fri 6C0903-6D	10:00 a.m. – 11:00 a.m.
Mon-Fri 6C0903-6E	11:00 a.m. – 12:00 p.m.
Mon-Sun 6C0903-6F	1:00 p.m. – 2:00 p.m.
Mon-Sun 6C0903-6G	2:00 p.m. – 3:00 p.m.
Sat, Sun 6C0903-6H	3:00 p.m. – 4:00 p.m.
Sat, Sun 6C0903-6I	4:00 p.m. – 5:00 p.m.



AQUATICS

LEARN-TO-SWIM:
INFANT – 7 YEARS OLD

The goals of Reston Community Center’s Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

INFANT – 7 YEARS OLD CLASS REQUIREMENTS		
Class	Ages	Prerequisites
WATER INTRO	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
AQUA TOTS	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
POOL PALS AND WATER FRIENDS	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
ROOKIE I	4 – 5 years	No swimming skills required. Able to follow simple instructions.
ROOKIE II	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
RANGER	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
MARLIN	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
WATER WONDER	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.

Swim Lesson Registration
Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron’s availability and is recommended to be done well in advance of each season’s registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level’s skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Water Introduction
(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/ caregiver is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)

May 31 – July 12
(No Class: July 5)

Sat 640000-5A	8:30 a.m. – 9:00 a.m.
Sat 640000-5B	9:40 a.m. – 10:10 a.m.
Sat 640000-5C	10:15 a.m. – 10:45 a.m.
Sat 640000-5D	10:50 a.m. – 11:20 a.m.

July 19 – August 23

Sat 640000-6A	8:30 a.m. – 9:00 a.m.
Sat 640000-6B	9:40 a.m. – 10:10 a.m.
Sat 640000-6C	10:15 a.m. – 10:45 a.m.
Sat 640000-6D	10:50 a.m. – 11:20 a.m.

June 1 – July 13
(No Class: July 6)

Sun 640002-5A	9:40 a.m. – 10:10 a.m.
Sun 640002-5B	10:50 a.m. – 11:20 a.m.

July 20 – August 24

Sun 640002-6A	9:40 a.m. – 10:10 a.m.
Sun 640002-6B	10:50 a.m. – 11:20 a.m.

Aqua Tots

(18 months – 3 years)
This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/ caregiver is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)

May 31 – July 12
(No Class: July 5)

Sat 640007-5A	8:30 a.m. – 9:00 a.m.
Sat 640007-5B	9:40 a.m. – 10:10 a.m.
Sat 640007-5C	10:15 a.m. – 10:45 a.m.
Sat 640007-5D	10:50 a.m. – 11:20 a.m.

July 19 – August 23

Sat 640007-6A	8:30 a.m. – 9:00 a.m.
Sat 640007-6B	9:40 a.m. – 10:10 a.m.

Sat 640007-6C	10:15 a.m. – 10:45 a.m.
Sat 640007-6D	10:50 a.m. – 11:20 a.m.

June 1 – July 13
(No Class: July 6)

Sun 640008-5A	9:40 a.m. – 10:10 a.m.
Sun 640008-5B	10:50 a.m. – 11:20 a.m.

July 20 – August 24

Sun 640008-6A	9:40 a.m. – 10:10 a.m.
Sun 640008-6B	10:50 a.m. – 11:20 a.m.

Pool Pals & Water Friends

(3 – 4 years old)
This class is designed for children and their parent(s) or other favorite adult. Pool Pals introduces students to floating, kicking, paddling, submerging and water safety skills. This class is a great way to transition young, hesitant children to swimming with a teacher. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the class.

6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)

May 31 – July 12
(No Class: July 5)

Sat 640080-5A	9:05 a.m. – 9:35 a.m.
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July 19 – August 23

Sat 640080-6A	9:05 a.m. – 9:35 a.m.
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Skipper I
(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

6, 20-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)

May 31 – July 12
(No Class: July 5)

Sat 640010-5A	8:30 a.m. – 8:50 a.m.
Sat 640010-5B	8:50 a.m. – 9:10 a.m.
Sat 640010-5C	9:10 a.m. – 9:30 a.m.

July 19 – August 23

Sat 640010-6A	8:30 a.m. – 8:50 a.m.
Sat 640010-6B	8:50 a.m. – 9:10 a.m.
Sat 640010-6C	9:10 a.m. – 9:30 a.m.

June 1 – July 13
(No Class: July 6)

Sun 640012-5A	8:30 a.m. – 8:50 a.m.
Sun 640012-5B	8:50 a.m. – 9:10 a.m.
Sun 640012-5C	9:10 a.m. – 9:30 a.m.
Sun 640012-5D	9:40 a.m. – 10:00 a.m.
Sun 640012-5E	10:00 a.m. – 10:20 a.m.
Sun 640012-5F	10:20 a.m. – 10:40 a.m.

July 20 – August 24

Sun 640012-6A	8:30 a.m. – 8:50 a.m.
Sun 640012-6B	8:50 a.m. – 9:10 a.m.
Sun 640012-6C	9:10 a.m. – 9:30 a.m.
Sun 640012-6D	9:40 a.m. – 10:00 a.m.
Sun 640012-6E	10:00 a.m. – 10:20 a.m.
Sun 640012-6F	10:20 a.m. – 10:40 a.m.

Skipper II
(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$140 (NR)

May 31 – July 12
(No Class: July 5)

Sat 640020-5A	9:40 a.m. – 10:10 a.m.
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July 19 – August 23

Sat 640020-6A	9:40 a.m. – 10:10 a.m.
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Rookie I
(4 – 5 years old)
Rookie I is an introductory level class for 4- to 5-year-olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

6, 30-min. sessions at Warm Water Pool Free, Registration Required May 31 – July 12 (No Class: July 5)		
Sat 640030-5A	8:30 a.m. – 9:00 a.m.	
Sat 640030-5B	10:15 a.m. – 10:45 a.m.	
July 19 – August 23		
Sat 640030-6A	8:30 a.m. – 9:00 a.m.	
Sat 640030-6B	10:15 a.m. – 10:45 a.m.	
June 1 – July 13 (No Class: July 6)		
Sun 640032-5A	8:30 a.m. – 9:00 a.m.	
Sun 640032-5B	10:50 a.m. – 11:20 a.m.	
July 20 – August 24		
Sun 640032-6A	8:30 a.m. – 9:00 a.m.	
Sun 640032-6B	10:50 a.m. – 11:20 a.m.	

6, 30-min. sessions at Warm Water Pool Free, Registration Required June 3 – July 8		
Tue 640036-5A	6:00 p.m. – 6:30 p.m.	
June 5 – July 10		
Thu 640036-5B	5:00 p.m. – 5:30 p.m.	
July 15 – August 19		
Tue 640036-6A	6:00 p.m. – 6:30 p.m.	
July 17 – August 21		
Thu 640036-6B	5:00 p.m. – 5:30 p.m.	

8, 30-min. sessions at Warm Water Pool Free, Registration Required June 2 – June 25		
Mon, Wed 640033-5B	5:00 p.m. – 5:30 p.m.	
June 30 – July 23		
Mon, Wed 640033-5C	5:00 p.m. – 5:30 p.m.	
July 28 – August 20		
Mon, Wed 640033-6A	5:00 p.m. – 5:30 p.m.	

Rookie II
(4 – 5 years old)
Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR) May 31 – July 12 (No Class: July 5)		
Sat 640040-5A	9:40 a.m. – 10:10 a.m.	
Sat 640040-5B	10:15 a.m. – 10:45 a.m.	
July 19 – August 23		
Sat 640040-6A	9:40 a.m. – 10:10 a.m.	
Sat 640040-6B	10:15 a.m. – 10:45 a.m.	
June 1 – July 13 (No Class: July 6)		
Sun 640042-5A	9:05 a.m. – 9:35 a.m.	
Sun 640042-5B	10:15 a.m. – 10:45 a.m.	
July 20 – August 24		
Sun 640042-6A	9:05 a.m. – 9:35 a.m.	
Sun 640042-6B	10:15 a.m. – 10:45 a.m.	

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR) June 3 – July 8		
Tue 640046-5A	5:00 p.m. – 5:30 p.m.	
June 5 – July 10		
Thu 640046-5B	5:30 p.m. – 6:00 p.m.	
July 15 – August 19		
Tue 640046-6A	5:00 p.m. – 5:30 p.m.	
July 17 – August 21		
Thu 640046-6B	5:30 p.m. – 6:00 p.m.	

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR) June 2 – June 25		
Mon, Wed 640043-5B	5:00 p.m. – 5:30 p.m.	
June 30 – July 23		
Mon, Wed 640043-5C	5:00 p.m. – 5:30 p.m.	
July 28 – August 20		
Mon, Wed 640043-6A	5:00 p.m. – 5:30 p.m.	

Ranger
(4 – 7 years old)
The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR) May 31 – July 12 (No Class: July 5)		
Sat 640050-5A	8:30 a.m. – 9:00 a.m.	
Sat 640050-5B	11:25 a.m. – 11:55 a.m.	
July 19 – August 23		
Sat 640050-6A	8:30 a.m. – 9:00 a.m.	
Sat 640050-6B	11:25 a.m. – 11:55 a.m.	
June 1 – July 13 (No Class: July 6)		
Sun 640052-5A	10:50 a.m. – 11:20 a.m.	
July 20 – August 24		
Sun 640052-6A	10:50 a.m. – 11:20 a.m.	

6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR) June 3 – July 8		
Tue 640056-5A	5:30 p.m. – 6:00 p.m.	
July 15 – August 19		
Tue 640056-6A	5:30 p.m. – 6:00 p.m.	

8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR) June 2 – June 25		
Mon, Wed 640053-5A	6:30 p.m. – 7:00 p.m.	
June 30 – July 23		
Mon, Wed 640053-5B	6:30 p.m. – 7:00 p.m.	
July 28 – August 20		
Mon, Wed 640053-6A	6:30 p.m. – 7:00 p.m.	

WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

Marlin
(4 – 7 years old)
Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

6, 30-min. sessions at Lap Pool \$70 (R)/\$140 (NR) May 31 – July 12 (No Class: July 5)		
Sat 640060-5A	9:05 a.m. – 9:35 a.m.	
July 19 – August 23		
Sun 640060-6A	9:05 a.m. – 9:35 a.m.	
June 1 – July 13 (No Class: July 6)		
Sun 640062-5A	10:15 a.m. – 10:45 a.m.	
July 20 – August 24		
Sun 640062-6A	10:15 a.m. – 10:45 a.m.	

6, 30-min. sessions at Lap Pool \$65 (R)/\$100 (NR) June 3 – July 8		
Tue 640066-5A	6:30 p.m. – 7:00 p.m.	
July 15 – August 19		
Tue 640066-6A	6:30 p.m. – 7:00 p.m.	

6 – 12 YEARS OLD CLASS REQUIREMENTS		
Class	Ages	Prerequisites
SWIM	6 – 12 years	No swimming skills required.
SWIM LEVEL 2	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
SWIM LEVEL 3	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 – 12 years	Swim front crawl for 50 yards, then swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
STROKE-N-TURN	6 – 8 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.
STROKE-N-TURN	9 – 12 years	Student must be able to swim continuously for 25 yards and demonstrate the use of two different strokes.

Duration of Enrollments

- Repetition of each level’s skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center’s Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron’s availability and is recommended to be done well in advance of each season’s registration start date.
- When enrolling siblings online, we recommend you review the various class days/ times to help you synchronize the classes.

Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs and various safety topics.

6, 30-min. sessions at Warm Water Pool Free, Registration Required		
May 31 – July 12 (No Class: July 5)		
Sat	8:30 a.m. – 9:00 a.m.	
640310-5A		
Sat	10:15 a.m. – 10:45 a.m.	
640310-5B		
July 19 – August 23		
Sat	8:30 a.m. – 9:00 a.m.	
640310-6A		
Sat	10:15 a.m. – 10:45 a.m.	
640310-6B		
June 1 – July 13 (No Class: July 6)		
Sun	9:05 a.m. – 9:35 a.m.	
640312-5A		
Sun	11:25 a.m. – 11:55 a.m.	
640312-5B		
July 20 – August 24		
Sun	9:05 a.m. – 9:35 a.m.	
640312-6A		
Sun	11:25 a.m. – 11:55 a.m.	
640312-6B		
June 3 – July 8		
Tue	6:30 p.m. – 7:00 p.m.	
640316-5A		
June 5 – July 10		
Thu	5:00 p.m. – 5:30 p.m.	
640316-5B		
July 15 – August 19		
Tue	6:30 p.m. – 7:00 p.m.	
640316-6A		
July 17 – August 21		
Thu	5:00 p.m. – 5:30 p.m.	
640316-6B		
8, 30-min. sessions at Warm Water Pool Free, Registration Required		
June 2 – June 25		
Mon, Wed	6:00 p.m. – 6:30 p.m.	
640313-5B		
June 30 – July 23		
Mon, Wed	6:00 p.m. – 6:30 p.m.	
640313-5C		
July 28 – August 20		
Mon, Wed	6:00 p.m. – 6:30 p.m.	
640313-6A		

Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water and combined swim front for five strokes using arms, kicking and breathing.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)		
May 31 – July 12 (No Class: July 5)		
Sun	9:05 a.m. – 9:35 a.m.	
640320-5A		
Sat	10:50 a.m. – 11:20 a.m.	
640320-5B		
July 19 – August 23		
Sat	9:05 a.m. – 9:35 a.m.	
640320-6A		
Sat	10:50 a.m. – 11:20 a.m.	
640320-6B		
June 1 – July 13 (No Class: July 6)		
Sun	11:25 a.m. – 11:55 a.m.	
640322-5A		
July 20 – August 24		
Sun	11:25 a.m. – 11:55 a.m.	
640322-6A		
6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)		
June 3 – July 8		
Tue	5:00 p.m. – 5:30 p.m.	
640326-5A		
June 5 – July 10		
Thu	5:30 p.m. – 6:00 p.m.	
640326-5B		
July 15 – August 19		
Tue	5:00 p.m. – 5:30 p.m.	
640326-6A		
July 17 – August 21		
Thu	5:30 p.m. – 6:00 p.m.	
640326-6B		
8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)		
June 2 – June 25		
Mon, Wed	5:30 p.m. – 6:00 p.m.	
640323-5B		
June 30 – July 23		
Mon, Wed	5:30 p.m. – 6:00 p.m.	
640323-5C		
July 28 – August 20		
Mon, Wed	5:30 p.m. – 6:00 p.m.	
640323-6A		

Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke and various safety topics.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$140 (NR)		
May 31 – July 12 (No Class: July 5)		
Sat	9:05 a.m. – 9:35 a.m.	
640330-5A		
Sat	11:25 a.m. – 11:55 a.m.	
640330-5B		
July 19 – August 23		
Sat	9:05 a.m. – 9:35 a.m.	
640330-6A		
Sat	11:25 a.m. – 11:55 a.m.	
640330-6B		
June 1 – July 13 (No Class: July 6)		
Sun	9:40 a.m. – 10:10 a.m.	
640332-5A		
July 20 – August 24		
Sun	9:40 a.m. – 10:10 a.m.	
640332-6A		
6, 30-min. sessions at Warm Water Pool \$65 (R)/\$100 (NR)		
June 3 – July 8		
Tue	5:30 p.m. – 6:00 p.m.	
640336-5A		
July 15 – August 19		
Tues	5:30 p.m. – 6:00 p.m.	
640336-6A		
8, 30-min. sessions at Warm Water Pool \$80 (R)/\$120 (NR)		
June 2 – June 25		
Mon, Wed	5:30 p.m. – 6:00 p.m.	
640333-5B		
June 30 – July 23		
Mon, Wed	5:30 p.m. – 6:00 p.m.	
640333-5C		
July 28 – August 20		
Mon, Wed	5:30 p.m. – 6:00 p.m.	
640333-6A		

Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards and treading water for two minutes.

6, 30-min. sessions at Lap Pool \$70 (R)/\$140 (NR)		
May 31 – July 12 (No Class: July 5)		
Sat	9:40 a.m. – 10:10 a.m.	
640340-5A		
July 19 – August 23		
Sat	9:40 a.m. – 10:10 a.m.	
640340-6A		
June 1 – July 13 (No Class: July 6)		
Sun	11:25 a.m. – 11:55 a.m.	
640342-5A		
July 20 – August 24		
Sun	11:25 a.m. – 11:55 a.m.	
640342-6A		
6, 30-min. sessions at Lap Pool \$65 (R)/\$100 (NR)		
June 3 – July 8		
Tue	6:00 p.m. – 6:30 p.m.	
640346-5A		
July 15 – August 19		
Tue	6:00 p.m. – 6:30 p.m.	
640346-6A		
8, 30-min. sessions at Lap Pool \$80 (R)/\$120 (NR)		
June 2 – June 25		
Mon, Wed	6:00 p.m. – 6:30 p.m.	
640343-5A		
June 30 – July 23		
Mon, Wed	6:00 p.m. – 6:30 p.m.	
640343-5B		
July 28 – August 20		
Mon, Wed	6:00 p.m. – 6:30 p.m.	
640343-6A		

Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

6, 45-min. sessions at Lap Pool \$80 (R)/\$160 (NR)		
May 31 – July 12 (No Class: July 5)		
Sat	10:15 a.m. – 11:00 a.m.	
640350-5A		
July 19 – August 23		
Sat	10:15 a.m. – 11:00 a.m.	
640350-6A		
6, 45-min. sessions at Lap Pool \$70 (R)/\$105 (NR)		
June 5 – July 10		
Thu	6:00 p.m. – 6:45 p.m.	
640356-5A		
July 17 – August 21		
Thu	6:00 p.m. – 6:45 p.m.	
640356-6A		
Level 6 (6 – 12 years old)		
This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front and back crawl, introduction to swim equipment (pull buoys and fins) and retrieving an object from eight feet deep.		
6, 45-min. sessions at Lap Pool \$80 (R)/\$160 (NR)		
May 31 – July 12 (No Class: July 5)		
Sat	11:05 a.m. – 11:50 a.m.	
640360-5A		
July 19 – August 23		
Sat	11:05 a.m. – 11:50 a.m.	
640360-6A		



Adapted Aquatics

(4 years and older)
Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

6, 30-min. sessions at Warm Water Pool \$70 (R)/\$56 (R55+)/\$140 (NR)		
May 31 – July 12 (No Class: July 5)		
Sat	10:50 a.m. – 11:20 a.m.	
640190-5A		
Sat	11:25 a.m. – 11:55 a.m.	
640190-5B		
July 19 – August 23		
Sat	10:50 a.m. – 11:20 a.m.	
640190-6A		
Sat	11:25 a.m. – 11:55 a.m.	
640190-6B		
VOLUNTEERS NEEDED!		
See page 22 for more information.		

PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC’s commitment to price within a range that acknowledges the special tax paid by Reston for RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

13 YEARS AND OLDER

Adult Beginner

(13 years and older)
This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

6, 30-min. sessions at Warm Water Pool
\$70 (R)/\$56 (R55+)/\$140 (NR)

May 31 – July 12
(No Class: July 5)
Sat 9:40 a.m. – 10:10 a.m.
640210-5A

July 19 – August 23
Sat 9:40 a.m. – 10:10 a.m.
640210-6A

June 1 – July 13
(No Class: July 6)
Sun 8:30 a.m. – 9:00 a.m.
640212-5A

July 20 – August 24
Sun 8:30 a.m. – 9:00 a.m.
640212-6A

8, 30-min. sessions at Warm Water Pool
\$80 (R)/\$64 (R55+)/\$120 (NR)

June 2 – June 25
Mon, Wed 6:30 p.m. – 7:00 p.m.
640213-5B

June 30 – July 23
Mon, Wed 6:30 p.m. – 7:00 p.m.
640213-5C

July 28 – August 20
Mon, Wed 6:30 p.m. – 7:00 p.m.
640213-6A

Adult Advanced Beginner

(13 years and older)
This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

6, 45-min. sessions at Lap Pool
\$80 (R)/\$64 (R55+)/\$160 (NR)

May 31 – July 12
(No Class: July 5)
Sat 10:50 a.m. – 11:35 a.m.
640220-5A

July 19 – August 23
Sat 10:50 a.m. – 11:35 a.m.
640220-6A

6, 45-min. sessions at Lap Pool
\$70 (R)/\$56 (R55+)/\$105 (NR)

June 5 – July 10
Thu 6:00 p.m. – 6:45 p.m.
640226-5A

July 17 – August 21
Thu 6:00 p.m. – 6:45 p.m.
640226-6A

DAILY AEROBICS

The following classes require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations open on the 25th of the month for the following month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons. Reservations for daily aerobics programming are free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each reserved class. Water Aerobics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$6 (R)/\$12 (NR) per class. Passes expire two years from the date of purchase. Patrons who need to cancel a reservation can now do so in myRCC.

Aqua Barre
(18 years and older)
Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool
Pass, Registration Required
June 2 – August 22
(No Class: July 4)
Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.
6C0110-6 Staff

Aqua Blast
(18 years and older)
Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass, Reservation Required
June 1 – August 24
Sun 8:30 a.m. – 9:15 a.m.
6C0065-5 Staff
June 3 – August 21
Tue, Thu 8:30 a.m. – 9:15 a.m.
6C0060-5 Staff
Tue, Thu 9:30 a.m. – 10:15 a.m.
6C0075-5 Staff

Aqua Boot Camp
(18 years and older)
This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions at Warm Water Pool
Pass, Registration Required
June 2 – August 22
(No Class: July 4)
Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.
6C0080-6 Staff
Mon, Wed, Fri 9:30 a.m. – 10:15 a.m.
6C0100-6 Staff

Aqua Burn
(18 years and older)
This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass, Registration Required
June 2 – August 20
Mon, Wed 7:30 p.m. – 8:15 p.m.
6C0140-6 Staff

Aqua Mixer
(18 years and older)
This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass Registration Required
June 2 – August 20
Mon, Wed 5:30 p.m. – 6:15 p.m.
6C0040-6 Staff

Arthritis, Fibromyalgia and Multiple Sclerosis
(18 years and older)
Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises that increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass, Registration Required
June 3 – August 21
Tue, Thu 10:30 a.m. – 11:15 a.m.
6C0140-6 Staff

Deep Water Mania
(18 years and older)
Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass Registration Required
June 2 – August 20
Mon, Wed 6:30 p.m. – 7:15 p.m.
6C0150-6 Staff

Tides in Motion
(18 years and older)
This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups and improving aerobic capacity, balance and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program.

45-min. sessions at Warm Water Pool
Pass, Registration Required
June 2 – August 22
(No Class: July 4)
Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.
6C0010-6 Staff

INCLEMENT WEATHER

Extreme electrical activity during summer thunderstorms may cause the Terry L. Smith Aquatics Center to close. If in doubt, always call 703-476-4500 before you come see us.



KIDS CORNER

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FUN Around Town



RCC brings recreation to your neighborhood!
Activities include arts and crafts, games, music and more.
Children age 10 and under must be accompanied by an adult.
Register in advance to secure your spot; if space permits, registration
may be available at the door.

Friday, June 20 • 4:00 p.m. – 6:00 p.m. • 860003-6A
Reston Community Center Hunters Woods – 2310 Colts Neck Road, Reston

Friday, July 18 • 4:00 p.m. – 6:00 p.m. • 860006-6A
Cathy Hudgins Community Center at Southgate – 12125 Pinecrest Road, Reston

Friday, August 15 • 4:00 p.m. – 6:00 p.m. • 860002-6A
Cedar Ridge Community Center – 1601 Becontree Lane, Reston

**Please note: In the event of inclement weather, activities will be canceled
and will not be rescheduled.**

**Free • Registration Requested
All Ages**

These programs are offered in support of the Reston Opportunity Neighborhood program and are sponsored by Reston Community Center.
For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.

CRAFTS

Origami

(2 – 5 years old)

Children and parents will fold square papers five times to make a dog, cat, hat or other item of their choice. This is a great bonding activity for parents/caregivers and their children. This program is not appropriate for children younger than the advertised age range. All parents/caregivers must participate fully in the activities. Participating children must be registered.

1, 45-min. session at RCC Hunters Woods
\$5 (R)/\$8 (NR)

July 12

Sat 10:00 a.m. – 10:45 a.m.
901383-6A Nelson

ENRICHMENT

Math Tutoring Summer Refresher

(7 – 18 years old)

Start the next school year with confidence. Students from second through twelfth grades can brush up, refresh or improve their math skills in multiplication and division, money, patterns, fractions, prime and composite numbers, order of operations, ratio and unit rates, fractions and decimal number sense, computation and estimation, measurement and geometry, probability and statistics, patterns functions and algebra.

5, 90-min. sessions at RCC Hunters Woods
Free, Registration Required

July 16 – August 13

Wed 4:30 p.m. – 6:00 p.m.
901466-6A Samet

Youth ages 13 to 17 may participate in programs designed for individuals 18 and older, as long as they have permission from the program director. For more information about the Leisure and Learning offerings (pages 48 to 60) that may be of interest to this age group, please email or call us.

Additionally, teens and tweens are encouraged to email RCCcontact@fairfaxcounty.gov with suggestions for programs or specific requests for tailored program designs that meet their needs.

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

FITNESS

Learn to Bike – Youth

(7 – 12 years old)

This class is for children who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering skills and basic braking skills. Registration fee includes the rental of a bike and a Consumer Product Safety Commission (CPSC)-approved helmet. If the student would like to bring their own helmet, it must be CPSC-approved. Students are asked to wear comfortable, weather-appropriate outerwear and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided. Due to bike sizes, child must be at least 45 inches tall.

1, 2-hour session at 1886 Metro Center Dr.
\$55 (R)/\$83 (NR)

June 22

Sun 1:00 p.m. – 3:00 p.m.
306208-5F Westenhoff

August 24

Sun 1:00 p.m. – 3:00 p.m.
306208-6A Westenhoff

MEETUPS

Chessie's Big Backyard

(2 years and older)

Let's enjoy a day of fun at Chessie's Big Backyard, located at 6601 Telegraph Road in Alexandria (for directions, call 703-324-7329). Children will have access to Chessie's Trail, the carousel, playground, treehouse and the spray ground located at the Special Harbor that features misting sunflowers, Chessie the Sea Serpent and lighthouse. The beach area is typically calmer with softer bubbles and an interactive water table. Please bring lunch or a snack and wear clothing that can get wet. Children are required to wear aquatic shoes or sandals with a manufactured back strap. This activity is not appropriate for children younger than the advertised age range. Free, but all children and parents/guardians must register.

1, 3-hour session at Chessie's Big Backyard
Free, Registration Required

August 7

Tue 10:00 a.m. – 1:00 p.m.
960020-6A Haneline

Children's Science Center Lab

(3 years and older)

The Children's Science Center Lab encourages children to explore science, technology, engineering and mathematics (STEM) concepts through fun, engaging hands-on exhibits and activities. We will meet at the Children's Science Center Lab, located at 11948 Fair Oaks Mall in Fairfax (for directions, call 703-648-3130). Parents/guardians must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Parents and children must register and pay.

1, 2-hour session at Children's Science Center Lab
\$10 (R)/\$8 (R55+)/\$15 (NR)

July 26

Sat 10:00 a.m. – 12:00 p.m.
901430-6A Haneline

Lego Discoveries

(3 years and older)

Meet up at the Lego Discovery Center, located at 6563 Springfield Town Center, Suite 12004, Springfield (for directions, call 571-506-4322). Kids will visit the 4D Cinema, enter the Imagination Express and travel through a Lego world with exciting activities from a giant bubble bath to spaceships. Participants will use thousands of Lego bricks to build anything they can imagine! Lunch is included. This program is not appropriate for children under the advertised age range. Parents and participating children must register.

1, 4-hour session at Lego Discovery Center
\$15 (R)/\$12 (R55+)/\$23 (NR)

June 26

Thu 10:00 a.m. – 2:00 p.m.
960019-5A Haneline

SOCIAL

Tot Time

(Infant – 4 years old)

Kids love this play group and parents enjoy socializing with one another. Toys, games, books and music are provided. Parents/caregivers must fully participate in the activities. This program is not appropriate for children older than the advertised age range. Space is limited to 25 children and their parents/guardians.

11, 90-min. sessions at RCC Lake Anne
Free, Registration Not Required

June 2 – August 11

Mon 9:30 a.m. – 11:00 a.m.
902989-5H Ali

SUMMER FAMILY Crafternoons



Free • Registration Requested • All Ages • 12:00 p.m. – 1:30 p.m.

Celebrate summer with interactive themed crafts.
These experiences are designed for the whole family!

Friday, June 13 • Father's Day

86C100-6A • RCC On Wheels at Hunters Woods Plaza

Friday, June 20 • Summer Solstice

86C100-6B • Westglade Club House – 2110 Westglade Court, Reston

Thursday, July 31 • National Avocado Day

86C100-6C • Stonegate Village Community Center – 2244 B Stonewheel Drive, Reston

Sunday, August 3 • National Watermelon Day

86C100-6D • RCC On Wheels at Cedar Ridge Community Center

Children ages 10 and under must be accompanied by an adult. Register in advance to secure a spot; if space permits, registration will be available at the door.

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.



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CRAFTS

Blacksmithing Workshop – Level I: “S” Hook

(13 years and older)

Learn essential skills such as hammer control, tapering, bending and twisting as well as essential safety skills to avoid injury to yourself and others. A list of protective clothing/gear to be worn during class will be sent after registration. This workshop will be held outdoors.

1, 3-hour session at RCC Hunters Woods
\$125 (R)/\$100 (R55+)/\$188 (NR)

July 13

Sun	1:00 p.m. – 4:00 p.m.
903063-6A	Crane

Blacksmithing Workshop – Level II: Decorative Leaf

(13 years and older)

Expand your skills with this decorative leaf, using fullers and top tools, controlled forging, forging bevels and more building block skills. A list of protective clothing/gear to be worn during class will be sent after registration. This workshop will be held outdoors.

1, 3-hour session at RCC Hunters Woods
\$125 (R)/\$100 (R55+)/\$188 (NR)

June 8

Sun	1:00 p.m. – 4:00 p.m.
900266-5C	Crane

August 10

Sun	1:00 p.m. – 4:00 p.m.
900266-6A	Crane

CREATIVE CONNECTIONS

Reston Plant Swap

(18 years and older)

Bring a pest-free houseplant (or two), potted or bare root but in a container, to swap out with the community. Please don’t bring invasives. Learn different growing tips and techniques and share plant stories. Participants may also bring any plant supplies they wish to donate.

1, 90-min. session the Farm at Halley Rise
Free, Registration Required

August 13

Wed	6:00 p.m. – 7:30 p.m.
862000-6A	Staff

DANCE

Line Dancing With Scotty – Beginner

(18 years and older)

Learn classic country favorites, the newest pop dances and other line dancing styles for beginners. Please wear shoes that will slide on the wood floor and bring water to class.

10, 60-min. sessions at RCC Hunters Woods
\$75 (R)/\$60 (R55+)/\$112 (NR)

June 5 – August 7

Thu	5:00 p.m. – 6:00 p.m.
503532-5D	Inman

Line Dancing With Scotty – Intermediate

(18 years and older)

Learn classic country favorites, newest pop dances and other line dancing styles for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.

10, 60-min. sessions at RCC Hunters Woods
\$75 (R)/\$60 (R55+)/\$112 (NR)

June 5 – August 7

Thu	6:00 p.m. – 7:00 p.m.
503623-5D	Inman

Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels convene to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini-lesson and door prizes add to the fun! Partners are not required. Please note: there is no 55+ discount on this drop-in event. For more information, please contact Cassie Lebron, RCC’s Lifelong Learning Program Director, at 703-390-6157.

1, 2-hour session at RCC Hunters Woods
\$6 (R)/\$9 (NR) payable at Hunters Woods Customer Service Desk

June 8, July 13, August 10

Sun	2:30 p.m. – 4:30 p.m.
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DISCUSSION

Bookends

(18 years and older)

Participants engage in lively discussions of a variety of books. Please purchase the book or check it out from the library.

June 26: “The Moviegoer” by Walker Percy

July 24: “The Stone Diaries” by Carol Shields

August 21: “Project Hail Mary” by Andy Weir

3, 90-min. sessions at RCC Hunters Woods
Free, Registration Required

June 26, July 24, August 21

Thu	12:30 p.m. – 2:00 p.m.
5C0075-5C	Staff

Current Issues
Discussion Group

(18 years and older)
Join this lively gathering and be prepared to debate politics and how government works or doesn’t work on local, national and world levels. Newcomers are welcome and encouraged to attend.

2, 2-hour sessions at RCC Hunters Woods Free, Registration Required
June 5 – June 12
Thu 10:00 a.m. – 12:00 p.m.
5C0080-5C Staff

10, 2-hour sessions at RCC Lake Anne Free, Registration Required
June 19 – August 21
Thu 10:00 a.m. – 12:00 p.m.
5C0080-5D Staff

ENRICHMENT

Better Brain Health
as You Age

(18 years and older)
This class will provide information on how to keep the brain engaged as you age. Explore ways to keep the brain active that will help reduce the risk of age-related diseases and optimize your chances of maintaining cognitive abilities. This class is for educational purposes only; there will be no solicitation or obligations from the attendees. This class will be offered virtually via Microsoft Teams; registered patrons will be sent a link 24 hours prior to the class.

1, 60-min. session via Microsoft Teams Free, Registration Required
July 8
Tue 1:00 p.m. – 2:00 p.m.
503210-6A Long

Don’t Get Scammed

(18 years and older)
In this presentation, learn about trending schemes such as unlicensed contractors, romance scams, grandparent scams and tips on how to protect yourself.

1, 60-min. session at RCC Hunters Woods Free, Registration Required
June 9
Mon 11:00 a.m. – 12:00 p.m.
503509-5D Smarr

Importance of Socialization
When Aging

(18 years and older)
Join us for a discussion about the importance of socialization when aging. Research has found that social support can play a significant role in overall health as people age. Spending time with friends and family members can boost quality of life, including both physical and mental health.

1, 60-min. session at RCC Hunters Woods Free, Registration Required
June 3
Tue 1:00 p.m. – 2:00 p.m.
503211-5B Long

Legal: Estate Planning Basics

(18 years and older)
This class will give participants basic knowledge of estate plans. Topics include advantages and disadvantages of different planning techniques (including joint ownership), using beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees. This class will be virtual using the Microsoft Teams platform; all registered patrons will be sent the Teams link 24 hours prior to the class.

1, 60-min. session via Microsoft Teams Free, Registration Required
July 23
Wed 1:00 p.m. – 2:00 p.m.
500809-6A Lambeth

FITNESS –
CARDIO & STRENGTH

Cardio Strength

(18 years and older)
This class combines cardio, strength training and core strengthening using a variety of equipment to work all major muscle groups. This class includes mat work on the floor.

8, 60-min. sessions at RCC Lake Anne \$75 (R)/\$60 (R55+)/\$113 (NR)
June 17 – August 5
Tue 5:30 p.m. – 6:30 p.m.
300150-5C Fletcher

Fitness Fusion

(18 years and older)
Tone and firm the entire body while improving cardiovascular health, strength and flexibility. Wear fitness shoes/ clothing and bring water. Participants must be able to use a mat on the floor. Patrons are encouraged to bring their own mat to class.

8, 50-min. sessions at RCC Lake Anne \$115 (R)/\$92 (R55+)/\$173 (NR)
June 9 – August 11
(No Class: June 30, July 28)
Mon 10:30 a.m. – 11:20 a.m.
300014-5G Miles/Williams

June 11 – August 13
(No Class: July 2, July 30)
Wed 10:30 a.m. – 11:20 a.m.
300014-5H Miles/Williams

LIIST (Low Impact Interval
Strength Training)

(18 years and older)
LIIST is a total body workout where exercises are performed in a circuit designed to help students develop strength and improve cardiovascular levels with minimal stress on joints. End the class with a stretching and cooling down period.

8, 60-min. sessions at RCC Lake Anne \$75 (R)/\$60 (R55+)/\$113 (NR)
June 14 – August 9
(No Class: July 5)
Sat 9:00 a.m. – 10:00 a.m.
304605-5E Kumar

Mind-Body Fitness

(18 years and older)
Led by two well-regarded personal trainers, this program provides students with the customized and individual attention needed to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels welcome.

8, 60-min. sessions at RCC Lake Anne \$115 (R)/\$92 (R55+)/\$173 (NR)
June 10 – August 12
(No Class: July 1, July 29)
Tue 11:30 a.m. – 12:30 p.m.
305840-5G Miles/Williams

June 12 – August 14
(No Class: July 3, July 31)
Thu 11:30 a.m. – 12:30 p.m.
305840-5H Miles/Williams



Zumba Fitness

(18 years and older)
Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

8, 60-min. sessions at RCC Lake Anne \$75 (R)/\$60 (R55+)/\$113 (NR)
June 12 – August 7
(No Class: July 3)
Thu 6:00 p.m. – 7:00 p.m.
302327-5J Kumar

June 14 – August 9
(No Class: July 5)
Sat 10:15 a.m. – 11:15 a.m.
302327-5K Kumar

June 16 – August 4
Mon 6:30 p.m. – 7:30 p.m.
302327-5L Ledesma

Zumba Toning

(18 years and older)
Zumba Toning combines targeted body sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or lightweight dumbbells to enhance rhythm and tone target areas, including arms, abs and thighs. New participants must attend the first session of each class for orientation on posture, alignment and form.

8, 55-min. sessions at RCC Lake Anne \$75 (R)/\$60 (R55+)/\$113 (NR)
June 16 – August 4
Mon 5:30 p.m. – 6:25 p.m.
302227-5D Ledesma

FITNESS:
MOVEMENT & WELLNESS

Aging With Power and Grace

(18 years and older)
This fun class will explore a variety of exercises designed to increase muscular strength, range of motion and activities for daily living. Class can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Make sure to wear supportive footwear to class.

8, 60-min. sessions at RCC Lake Anne \$115 (R)/\$92 (R55+)/\$173 (NR)

June 9 – August 11
(No Class: June 30, July 28)
Mon 11:30 a.m. – 12:30 p.m.
300147-5G Miles/Williams

June 11 – August 13
(No Class: July 2, July 30)
Wed 11:30 a.m. – 12:30 p.m.
300147-5H Miles/Williams

Beginning Tai Chi

(18 years and older)
This class emphasizes the physical discipline and structure of Tai Chi movements and provides the development of basic skills and techniques that lead toward integration of the mind, body and spirit. This class is performed standing and promotes improvement of balance, flexibility, strength and cardiovascular conditioning.

8, 60-min. sessions at RCC Lake Anne \$75 (R)/\$60 (R55+)/\$113 (NR)
June 11 – August 6
(No Class: July 2)
Wed 1:00 p.m. – 2:00 p.m.
302305-5D Durham

Essentrics

(18 years and older)
This dynamic and fluid strengthening and stretching routine offers many benefits, including increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class.

8, 60-min. sessions at RCC Lake Anne \$75 (R)/\$60 (R55+)/\$113 (NR)
June 10 – August 12
(No Class: July 1, July 29)
Tue 10:15 a.m. – 11:15 a.m.
305033-5M Avilov

June 12 – August 14
(No Class: July 3, July 31)
Thu 10:15 a.m. – 11:15 a.m.
305033-5N Avilov

June 13 – August 15
(No Class: July 4, August 1)
Fri 10:45 a.m. – 11:45 a.m.
305033-5O Avilov

June 17 – August 5
Tue 6:45 p.m. – 7:45 p.m.
305033-5P Fletcher

Essentrics: Aging Backwards
(18 years and older)

Miranda Esmonde-White, author of The New York Times bestseller “Aging Backwards,” created this slow-paced, full-body workout and revolutionary approach to healthy aging, designed to restore movement in joints, increase muscle flexibility, relieve pain and stimulate cells to increase energy, vibrancy and fortify the immune system. Patrons should be able to transfer to the floor to use an exercise mat during class.

8, 60-min. sessions at RCC Lake Anne
June 11 – August 13
\$75 (R)/\$60 (R55+)/\$113 (NR)
(No Class: July 2, July 30)
Wed 10:45 a.m. – 11:45 a.m.
305034-5G Avilov

7, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)
June 18 – August 6
(No Class: July 2)
Wed 12:00 p.m. – 1:00 p.m.
305034-5H Fletcher

Forever Fit
(18 years and older)

This is a low-intensity workout focusing on cardiovascular conditioning, strength training, flexibility and balance. It’s a fun way to stay fit regardless of your age. Participants use hand weights, a small ball for core work and a mat.

4, 60-min. sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$53 (NR)
June 5 – June 26
Thu 9:00 a.m. – 10:00 a.m.
305040-5H Moses

6, 60-min. sessions at RCC Lake Anne
\$55 (R)/\$44 (R55+)/\$83 (NR)
July 10 – August 14
Thu 9:00 a.m. – 10:00 a.m.
305040-6A Moses

Intermediate Tai Chi
(18 years and older)

This class is a progression of Beginning Tai Chi. Students will continue to practice the 24-step Yang-style Tai Chi form and various Qigong exercises. Participants are encouraged to wear supportive footwear to class. Approval is required from Beginning Tai Chi instructor Megan Durham to participate in this intermediate level class.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 13 – August 8
(No Class: July 4)
Fri 9:30 a.m. – 10:30 a.m.
302307-5D Durham

Joint-Friendly Fitness
(18 years and older)

Using gentle activities to help increase joint flexibility and range of motion while improving muscle strength, these joint-friendly exercises will help to promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

7, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)
June 18 – August 6
(No Class: July 2)
Wed 10:30 a.m. – 11:30 a.m.
300129-5G Fletcher

June 20 – August 8
(No Class: July 4)
Fri 12:00 p.m. – 1:00 p.m.
300129-5H Fletcher

Mindfulness Meditation
(18 years and older)

Mindfulness can simply be defined as a mental state that involves being fully focused on “the now” so students can acknowledge and accept thoughts, feelings and sensations without judgment. Mindfulness meditation is the mental training practice that teaches students how to slow down racing thoughts, let go of negativity and calm both mind and body. It combines various techniques of meditation to help hone the ability to be mindful in the present moment.

8, 75-min. sessions at RCC Lake Anne
\$80 (R)/\$64 (R55+)/\$120 (NR)
June 11 – August 6
(No Class: July 2)
Wed 6:30 p.m. – 7:45 p.m.
305059-5G Deschamps

June 18 – August 13
(No Class: July 2)
Wed 12:00 p.m. – 1:15 p.m.
305059-5H Czintos

Sound Bath Meditation
(18 years and older)

Sound Bath utilizes ambient sounds to guide students to a deeper meditative state of consciousness. Waves of soothing, echoing sound from traditional wind and percussion instruments, also known as a “sound bath” will leave you feeling relaxed, refreshed and balanced.

3, 60-min. sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$45 (NR)
June 22, July 13, August 10
Sun 4:00 p.m. – 5:00 p.m.
314761-5C Sypula

Tribal Fusion Belly Dance
(18 years and older)

This is a beginner class for tribal fusion – a modern, American form of belly dance. This style has an earthier, more grounded feel than cabaret belly dance and includes movements such as shimmies, snake arms and chest circles. Classes will begin with a gentle warmup, a moving meditation, then a deeper focus on several movements and finish with a cool-down. This is a slower paced class focused on dance technique and utilizes detailed verbal instruction. Students should dress comfortably and may be barefoot or wear ballet split sole soft shoes or socks with grippy soles.

8, 60-min. sessions at RCC Lake Anne
\$65 (R)/\$52 (R55+)/\$98 (NR)
June 18 – August 13
(No Class: July 2)
Wed 5:30 p.m. – 6:30 p.m.
304444-5D Mann

RESTON PATRONS
55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed in the shopping cart.

FITNESS: YOGA

Gentle Yoga
(18 years and older)

Designed for senior adults, this traditional yoga class incorporates stretching and strengthening postures that focus on balance. There are some standing and floor poses as well. Participants should be comfortable getting up and down from the floor.

8, 75-min. sessions at RCC Lake Anne
\$85 (R)/\$68 (R55+)/\$128 (NR)
June 17 – August 19
(No Class: July 1, July 29)
Tue 10:15 a.m. – 11:30 a.m.
304995-5G Sypula

June 19 – August 21
(No Class: July 3, July 31)
Thu 10:15 a.m. – 11:30 a.m.
304995-5H Sypula

Hatha Yoga I
(18 years and older)

The intention of Hatha Yoga I is to create balance in our physical, mental and energetic bodies. Students will explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. Open to all levels.

4, 60-min. sessions at RCC Lake Anne
\$40 (R)/\$32 (R55+)/\$60 (NR)
June 5 – July 3
(No Class: June 12)
Thu 9:00 a.m. – 10:00 a.m.
315001-5D Unger

Hatha Yoga II
(18 years and older)

Hatha Yoga II explores creating balance in our physical, mental and energetic bodies by adding to foundational postures. Experience more challenging postures, sequences and focus on linking breath with movement to build strength, balance, awareness and joy. Students should have prior knowledge or experience in Hatha Yoga.

4, 60-min. sessions at RCC Lake Anne
\$40 (R)/\$32 (R55+)/\$60 (NR)
June 4 – July 2
(No Class: June 11)
Wed 6:15 p.m. – 7:15 p.m.
315002-5D Unger

Mindful Hatha Yoga
(18 years and older)

This class will teach breathing exercises, stretching movements and relaxation. Learn to use Hatha Yoga movements to work through stiff joints and muscles while developing strength and flexibility.

8, 60-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)
June 17 – August 19
(No Class: July 1, July 29)
Tue 9:00 a.m. – 10:00 a.m.
305055-5D Sypula

Mindful Yoga With Sound Healing
(18 years and older)

This class will feature mindful (focused on body sensations in the present moment) yoga movements and the use of singing bowls that stimulate body energy centers. The soothing music from singing bowls is often associated with deep relaxation and is beneficial in enhancing spiritual practice. Students will learn yoga movements and corresponding breathing patterns designed to improve focus and concentration. The second half of the class utilizes the bowls and contains mindfulness meditation and final relaxation.

8, 75-min. sessions at RCC Lake Anne
\$85 (R)/\$68 (R55+)/\$128 (NR)
June 17 – August 19
(No Class: July 1, July 29)
Tue 6:30 p.m. – 7:45 p.m.
314760-5G Sypula

June 12 – August 21
(No Class: July 3, July 31)
Thu 6:30 p.m. – 7:45 p.m.
314760-5H Sypula

Qi Gong
(18 years and older)

Qi Gong is an ancient Chinese practice that combines mindful movements, meditation and breathing techniques to promote health and well-being.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 14 – August 9
(No Class: July 5)
Sat 11:45 a.m. – 12:45 p.m.
304994-5A Okerson

Yoga 101
(18 years and older)

This course is designed for beginners or as a refresher on the basics of yoga poses and breathing techniques. Yoga 101 follows a progressive curriculum and builds upon the postures and movements learned in each previous class, designed to provide the tools necessary to develop

4, 60-min. sessions at RCC Lake Anne
\$40 (R)/\$32 (R55+)/\$60 (NR)
June 4 – July 2
(No Class: June 11)
Wed 9:00 a.m. – 10:00 a.m.
305601-5D Unger

Yoga for Healthy Bones
(18 years and older)

This class is designed to help students increase bone strength and improve balance. The class incorporates bands, dumbbells and weightbearing movements to integrate concentric, eccentric and isometric muscle engagement. Using dynamic movement and static holds can increase strength, stability, safety and efficacy. These practices can be done seated in a chair, standing or lying on the mat.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 14 – August 9
(No Class: July 5)
Sat 10:30 a.m. – 11:30 a.m.
304890-5D Okerson

Yoga With Weights
(18 years and older)

This class blends gentle yoga movements with weights to create a challenging and mindful practice. Some benefits of combined yoga and strength training include improved bone density, muscle strength, flexibility and balance.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)
June 12 – August 7
(No Class: July 3)
Thu 9:00 a.m. – 10:00 a.m.
304702-5D Okerson

YOGA CLASSES

Patrons are encouraged to bring their own mat to class.

FITNESS DAILY PASS

Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning now require reservations. To make a reservation, sign into myRCC and select the dates and times you wish to attend. Reservations for daily fitness programming are free, but patrons are required to purchase a Fitness pass and swipe the pass prior to each class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$4.25 (R)/\$8.50 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies. Patrons who need to cancel a reservation can now do so in myRCC.

Boot Camp
(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Patrons are encouraged to bring a mat to class.

60-min. sessions at RCC Lake Anne Pass, Reservation Required
June 13 – August 15
Fri 10:45 a.m. – 11:45 a.m.
3C0010-6 Fletcher

Cardio and Strength Intervals
(18 years and older)

Join us for an energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided.

60-min. sessions at RCC Lake Anne Pass, Reservation Required
June 11 – August 13
Wed 9:15 a.m. – 10:15 a.m.
3C0095-6 Fletcher



Walking Group
(18 years and older)

Activate your day with an engaging 60-minute walk on Reston's paths and through nearby parks and gardens. Get energized in the fresh air with a light stroll and take in the beautiful scenery. Group meets in various parts of Reston or slightly beyond Reston, such as Meadowlark Botanical Gardens in Vienna, to explore exciting locations. Our walk may be canceled due to inclement weather.

60-min. sessions at RCC Lake Anne Pass, Reservation Required
June 11 – August 13
Wed 12:15 p.m. – 1:15 p.m.
3C0085-6 Avilov

Zumba Gold
(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

60-min. sessions at RCC Lake Anne Pass, Reservation Required
June 11 – August 15
Wed, Fri 9:30 a.m. – 10:30 a.m.
3C0070-6 Avilov

Zumba Gold Toning
(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

60-min. sessions at RCC Lake Anne Pass, Reservation Required
June 10 – August 12
Tue 9:00 a.m. – 10:00 a.m.
3C0080-6 Avilov

SOCIAL

American Mah Jongg
(18 years and older)
2.5-hour sessions at RCC Lake Anne Free, Registration Required
June 4 – August 20
Wed 1:15 p.m. – 3:45 p.m.
509605-5E Staff

Bridge Mondays
(18 years and older)
4-hour sessions at RCC Hunters Woods Free, Registration Required
June 2 – August 18
(No Class: August 4)
Mon 10:00 a.m. – 2:00 p.m.
509603-5C Staff

Bridge Tuesdays
(18 years and older)
3-hour sessions at RCC Lake Anne Free, Registration Required
June 3 – August 19
(No Class: June 17)
Tue 10:00 a.m. – 1:00 p.m.
505551-5D Staff

Chess Club
(13 years and older)
3-hour sessions at RCC Hunters Woods Free, Registration Required
June 5 – August 14
(No Class: June 19)
Thu 6:30 p.m. – 9:30 p.m.
901354-5C Staff

Coffee & Origami
(18 years and older)
Enjoy complimentary coffee and learn basic paper-folding skills to create origami shapes. Bring a friend or meet a new neighbor with casual conversation. This program is instructor-led. All supplies are included.

1, 90-min. session at YMCA-Reston Free, Registration Required
June 9
Mon 11:00 a.m. – 12:30 p.m.
86C200-6A Nelson

1, 90-min. session Cathy Hudgins Community Center at Southgate Free, Registration Required
August 18
Mon 11:00 a.m. – 12:30 p.m.
86C200-6B Nelson



Reston Plays Games
(18 years and older)
Tabletop gaming brings people together with cards, dice and meeples in hand to achieve goals both simple and complex. Bring your board, card and dice game collections and share the fun of playing with and making new friends. Games range in style including cooperative, worker placement, deck-building, strategy and more. Gamemasters for role-playing games may contact Bill Parker William.Parker@fairfaxcounty.gov for information regarding open gaming times for new or established groups.

12, 5-hour sessions at RCC Hunters Woods Free, Registration Required
June 4 – August 20
Wed 5:00 p.m. – 10:00 p.m.
503594-5C Staff

Technologies and Policies Impacting Consumers in 2025
(18 years and older)
Students will gain an understanding and appreciation of the history of current communications technologies and their policy implications. The class will cover the evolution from landline phones and black-and-white TVs to Wi-Fi, cellphones and smart TVs, as well as Universal Service, broadband funding, Internet regulation and FCC policies.

1, 60-min. session at RCC Hunters Woods Free, Registration Required
June 11
Wed 1:00 p.m. – 2:00 p.m.
589632-5A Ross

GENERAL TRIPS AND TOURS INFORMATION

Prior to the trip you will receive an itinerary and a link to a website to provide emergency contact information and to agree to the Trip Code of Conduct. Please complete these online forms prior to the day of the trip. Please contact Cassie LeBron, RCC’s Lifelong Learning Director, at 703-390-6157 if you need help accessing the online forms. Unless otherwise stated, luxury charter buses equipped with a lavatory will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

Departure and Return:
Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

Emergency Forms:
Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

ADA Accommodations:
Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

TRIPS AND TOURS

“To Kill a Mockingbird” at Riverside Dinner Theatre (18 years and older)

Adapted from the Pulitzer Prize-winning novel, “To Kill a Mockingbird” is set in a quiet Alabama town during the Great Depression. The play follows Scout and her brother, Jem, as they play and ponder their mysterious neighbor, Boo Radley. Tensions rise when a young black man is accused of a crime and Scout’s father, Atticus Finch, defends him in a trial that disrupts the community. This powerful work examines themes of prejudice, compassion and moral courage. Trip fee includes transportation, admission and trip chaperones.

10:00 a.m. Depart RCC Lake Anne
10:30 a.m. Depart RCC Hunters Woods
5:30 p.m. Estimated Return to Reston

1, 7.5-hour trip
\$170 (R)/\$136 (R55+)/\$255 (NR)
June 4
Wed 10:00 a.m. – 5:30 p.m.
576121-5A Staff

Capitol River Crab Feast Cruise (18 years and older)

Enjoy an afternoon cruising the Potomac River on a leisurely open-air boat, soaking in the sights and monuments. Indulge in a local favorite: fresh steamed and seasoned Chesapeake Maryland Blue Crabs. This two-and-a-half-hour cruise includes corn on the cob, fried chicken, potato salad and beverages, all served alongside the crab feast. Trip fee includes transportation, cruise, crab feast and trip chaperones.

10:30 a.m. Depart RCC Lake Anne
11:00 a.m. Depart RCC Hunters Woods
4:00 p.m. Estimated Return to Reston

1, 5.5-hour trip
\$220 (R)/\$176 (R55+)/\$330 (NR)
June 25
Wed 10:30 a.m. - 4:00 p.m.
576118-5B Staff

Potomac Railroad Experience (18 years and older)

Enjoy the scenic view and dine in the premium dining car on this three-hour train excursion in Romny, West Virginia. The narrated journey will capture the beauty that surrounds the train as it goes southbound through the Trough to Sycamore bridge and back. Trip fee includes transportation, admission, lunch and trip chaperones.

9:30 a.m. Depart RCC Lake Anne
10:00 a.m. Depart RCC Hunters Woods
6:30 p.m. Estimated Return to Reston

1, 9-hour trip
\$320 (R)/\$204.80 (R55+)/\$480 (NR)
July 11
Fri 9:30 a.m. – 6:30 p.m.
563955-6A Staff

Baltimore Aquarium (5 years and older)
Discover incredible exhibits showcasing a variety of marine species at the National Aquarium in Baltimore. Fee includes admission to the aquarium, 4D movie, lunch voucher and trip coordinator. Children under the age of 18 must be accompanied by an adult/guardian.

9:00 a.m. Depart RCC Hunters Woods
5:00 p.m. Estimated Return to Reston

1, 8-hour session at Baltimore Aquarium
\$100 (R)/\$64 (R55+)/\$150 (NR)
August 2
Sat 9:00 a.m. – 5:00 p.m.
500671-6A Staff

VISUAL ARTS

Acrylic Painting for Beginners (18 years and older)
Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$110 (NR)
June 11 – July 23
(No Class: July 2)
Wed 7:00 p.m. – 9:30 p.m.
455011-6A Daniels

Art Lab (18 years and older)
Artists of all skill levels are invited to explore their creativity! This open studio class is the perfect time to complete projects that are left over from previous classes or work on new personal projects.

8, 2-hour sessions at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$45 (NR)
June 9 – July 28
Mon 6:30 p.m. – 8:30 p.m.
404213-6A Traynham
June 10 – July 29
Tue 4:00 p.m. – 6:00 p.m.
404213-6B Daniels

Beginning Drawing (18 years and older)
This class is designed to improve observational drawing skills and is suitable for all levels of experience. Working with pencil, students will learn to use line, value, gesture and perspective. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne
\$72 (R)/\$57.60 (R55+)/\$114 (NR)
June 13 – July 25
(No Class: July 4)
Fri 7:00 p.m. – 10:00 p.m.
402614-5A Sterud

Crayon Batik Sampler (18 years and older)
Using crayons like never before, this non-traditional batik method offers brilliant colors and a direct and spontaneous approach. Create a two-dimensional image by painting with melted crayons on unbleached muslin. A supply list will be provided prior to the first class.

1, 4-hour session at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)
July 12
Sat 12:00 p.m. – 4:00 p.m.
402455-6A Daniels

Creative Collaborations (18 years and older)
When surrounded by chaos, center yourself and listen for inspiration. This workshop pairs artists from different mediums/backgrounds to work collaboratively on a themed project. This is a great way to spark new energy and bring new perspectives to your work. And it is so much fun! Poets, writers and other non-visual artists are encouraged to join.

1, 4-hour session at RCC Lake Anne
\$35 (R)/\$28 (R55+)/\$55 (NR)
June 21
Sat 12:00 p.m. – 4:00 p.m.
402792-6A Daniels

Fused Glass – Optical Illusions (13 years and older)
Create a stunning piece of art using multicolored threads of glass that will form optical lenses after being fused in a kiln at 1480 degrees Fahrenheit. No experience required. All supplies will be provided.

1, 2.5-hour session at RCC Hunters Woods
\$55 (R)/\$44 (R55+)/\$82 (NR)
June 26
Thu 6:30 p.m. – 9:00 p.m.
980034-5C Toole

Fused Glass Bubble Construction Workshop (18 years and older)
This workshop will focus on techniques used to create bubble grids with glass stringers. Projects will be fired and slumped into bowls.

1, 3-hour session at RCC Hunters Woods
\$65 (R)/\$52 (R55+)/\$100 (NR)
July 9
Wed 6:00 p.m. – 9:00 p.m.
402785-6A Gallagher

Fused Glass Stacked Construction Workshop (18 years and older)
This fused glass workshop will focus on stacking techniques. Using cut squares of various sized glass stacked on top of each other, projects will be fired and slumped into a shallow bowl.

1, 3-hour session at RCC Hunters Woods
\$65 (R)/\$52 (R55+)/\$100 (NR)
June 25
Wed 6:00 p.m. – 9:00 p.m.
402782-6A Gallagher

Fused Glass with Sparkly Bubbles (10 years and older)
Make a unique project where sparkly bubbles are captured in a fused glass plate. No experience necessary. All supplies will be provided.

1, 2.5-hour session at RCC Hunters Woods
\$55 (R)/\$44 (R55+)/\$82 (NR)
June 29
Sun 1:00 p.m. – 3:30 p.m.
960018-5A Toole

Great Artist Workshop (18 years and older)
The Great Artist Workshop integrates history, art appreciation and hands-on studio practice. Each session will focus on a notable artist from different periods. Participants will explore the artist’s life and philosophy, conduct a technical review of their work, and enjoy hands-on studio activities that reflect the featured artist’s creative process. A supply list will be provided prior to the first class.

6, 2-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$110 (NR)
June 11 – July 23
(No Class: July 2)
Wed 4:00 p.m. – 6:00 p.m.
402742-6A Daniels

Intermediate Drawing (18 years and older)
This class is for students looking to improve their drawing skills by building on the fundamentals from Beginning Drawing. Through various exercises, participants will enhance their manual dexterity and artistic expression, exploring techniques like gesture drawing, sketching and abstraction using tools such as charcoal and pen. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$110 (NR)
June 12 – July 24
(No Class: July 3)
Thu 7:00 p.m. – 10:00 p.m.
402775-6A Sterud

Still Life Painting and Drawing

(18 years and older)

Learn the basic techniques of painting or drawing realistically using the still-life motif. Students will paint or draw flower vases, wine bottles, fruit, food or participants may choose to bring their own items. Participants may use their preferred painting or drawing medium and tools. The class is for all levels. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$110 (NR)

June 10 – July 15

Tue 402734-6A 7:00 p.m. – 10:00 p.m.
Sterud

The Artist’s Way

(18 years and older)

It’s time to revisit a classic! Discover, recover and expand your innate sense of creativity through the exercises in Julia Cameron’s classic book “The Artist’s Way.” Join a group of like-minded sojourners in this hybrid class of personal group meetings and online support to work through the exercises and self-reflection that open your life to greater creativity. Books are covered in the class fee and will be provided at our first meeting. Class will meet in person on June 10 and July 29. Classes in between will meet online via Microsoft Teams. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$100 (NR)

June 10 – July 29

Tue 402791-6A 10:00 a.m. – 12:00 p.m.
Daniels

VISUAL ARTS – CERAMICS

Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 10 – July 22

Tue 402665-6A 10:00 a.m. – 12:30 p.m.
Sternberg/Page

Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel or to combine elements of both. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 11 – July 23

Wed 402616-6A 7:00 p.m. – 9:30 p.m.
Benton

Sculpture Studio

(18 years and older)

Participants can use this session to work on self-guided projects. An instructor will be available for consultation and guidance. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 9 – July 21

Mon 402685-6A 10:00 a.m. – 12:30 p.m.
Sternberg

LOTTERY FOR CERAMICS CLASSES

Due to the immense popularity of RCC’s ceramics classes, enrollment will now follow the lottery registration process:

May, August and December 1 – 4	May, August and December 5	May, August and December 8
Registration opens on myRCC for the Ceramics lottery for Reston patrons	Lottery participants receive email regarding enrollment status (enrolled or waitlisted) after the lottery spin	Registration now available for remaining class slots for all patrons

We appreciate the feedback regarding our ceramics program offerings. We continue to evaluate ways to make the studio reservations process and class enrollment as equitable as possible within the physical constraints of RCC’s available studio and kiln space.

Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 10 – July 22

Tue 402639-6A 10:00 a.m. – 12:30 p.m.
Dwivedi

Tue 402639-6B 7:00 p.m. – 9:30 p.m.
Marcum

Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 12 – July 24

Thu 402462-6A 10:00 a.m. – 12:30 p.m.
Grace

Thu 402462-6B 7:00 p.m. – 9:30 p.m.
Stefanik

Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginner to intermediate levels. Students must know how to center. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 13 – August 1

(No Class: July 4)
Fri 404210-6A 1:00 p.m. – 3:30 p.m.
Anderson

Wheel III

(18 years and older)

Prerequisites include being able to wedge, center and throw an approximately eight-inch bowl and cylinder. The class fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

7, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$88 (R55+)/\$155 (NR)

June 9 – July 21

Mon 402463-6A 7:00 p.m. – 9:30 p.m.
Alexander

PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC’s commitment to price within a range that acknowledges the special tax paid by Reston for RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov



OPEN STUDIOS

Open Ceramics Studios

(18 years and older)

The public is invited to use RCC’s Ceramics Studio. RCC has adjusted the approach to reserving space in the Ceramics Studio because of the extremely high demand for time and access. The Open Ceramics Studio now requires reservations through a lottery system to allow for a more equitable distribution of spots. Lottery enrollment for the Open Ceramics Studio is free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each reserved visit. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from the date of purchase. The pass fee includes firing and glazes. Clay costs \$25 – \$35 for 25 lbs.

4-hour sessions at RCC Lake Anne Pass, Reservation Required June 4 – August 13

Wed 4C0020-6 4C0025-6	10:00 a.m. – 2:00 p.m. Ceramics Studio 3D Studio
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June 7 – August 16

Wed 4C0030-6 4C0035-6	1:00 p.m. – 5:00 p.m. Ceramics Studio 3D Studio
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LOTTERY FOR OPEN CERAMICS STUDIO

Due to the immense popularity of RCC’s Open Ceramics Studio, there is now a lottery for registration slots each month:

From the 25th – 28th of each month	On the 29th of each month	On the 1st of the following month
The lottery for ceramics studio reservations for the following month open in myRCC for Reston patrons.	Lottery participants receive emailed enrollment offers and must accept that enrollment offer to finalize their registration.	Registration for any remaining slots is now available for all patrons.

There is no limit on the number of lottery requests that can be made.

Open Glass Studio

(18 years and older)

The public is invited to use RCC’s Open Glass Studio. The Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. The Open Glass Studio now requires reservations. Reservations for Reston patrons are available on the 25th of each month for the next month. Reservations open on the first of the month for Non-Reston patrons.

To reserve, sign into myRCC and select the dates you wish to attend. Reservations for the Open Glass Studio are free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each reserved visit. Glass Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase.

4-hour sessions at RCC Hunters Woods Pass, Reservation Required

June 1, June 8, July 6, July 20

1st and 3rd Sun 4C0010-6	12:30 p.m. – 4:30 p.m. Damron
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Open Woodshop

(18 years and older)

The public is invited to use RCC’s Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. The Open Woodshop now requires reservations. Reservations are available on the 25th of each month for the next month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

To reserve, sign into myRCC and select the dates and times you wish to attend. Reservations for the Open Woodshop are free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each reserved visit. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$12 (R)/\$24 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available.

3.5-hour sessions at RCC Hunters Woods Pass, Reservation Required

June 3 – August 5

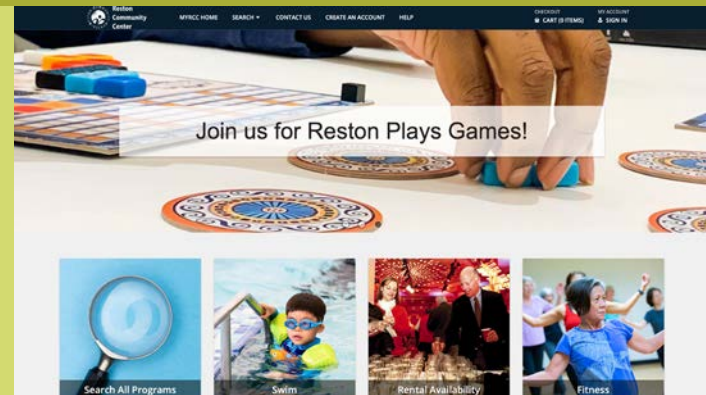
Tue 5C0010-6	6:00 p.m. – 9:30 p.m. Staff
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June 7 – August 2

Sat 5C0030-6	9:00 a.m. – 12:30 p.m. Staff
Sat 5C0050-6	1:00 p.m. – 4:30 p.m. Staff

TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



myRCC Online Registration

TO REGISTER ONLINE:

You will need to know your username and password.

IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC. Learn how or visit our Help Center for more information.

Online Registration (myRCC) Contact Information:

Phone:

703-476-4500, ext. 8

Fax:

703-476-2488

Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

What if I do not have or know my username?

If any member of your household has registered for an RCC program in the last five years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking "Create an Account."

What if I have forgotten my password?

On the Login box, click on "Forgot Password." You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

I would like to add family members to my account. How do I do this?

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

How can I see what courses my family members are currently registered in?

Once you have successfully signed in, click on "My Account," then select "Household Activity Calendar." All family member registrations will be displayed for the selected months in a calendar format. Or you can click on "My Account", then "My History." A listing of all enrollments will be created for the selected date range.

How can I cancel a reservation or free enrollment?

Patrons can now cancel their reservations or enrollments in "Free Options" in myRCC.

Summer Programs:

May 1 Reston • May 8 Non-Reston

Fall Programs:

August 1 Reston • August 8 Non-Reston

Winter/Spring Programs:

December 1 Reston • December 8 Non-Reston

Administration

BeBe Nguyen	Executive Director
Brianne Baglini	Deputy Director
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Brian Gannon	Accreditation Specialist
Pam Leary	Customer Relations Director
Christopher Higgins	Network Administrator
Fred Russo	Building Engineer
Sarah Alshamy	Web/Graphic Artist
Warren Bailey	Customer Service
Michael Bell	Graphic Artist
Chris Brown	Billing and Reconciliation Specialist
Nicholas Burt	Customer Relations Assistant
Suzanne Connell	HR Specialist
Kathryn Kovacs	Public Information Officer
James Rockett	Financial Specialist
Evelyn Rosa	Procurement Specialist
Samantha Stettner	Customer Service
Mark Zubaly	Customer Service

Facility Rentals & Operations

Mohammed Alhadi	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Cristobal Rivera	Facility Team
David Sainz	Facility Team
Ken Wade	Facility Team
Cory Woods	Facility Team

Aquatics

Matthew McCall	Aquatics Director
Ryan Kasprowicz	Aquatics Operations Director
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Program Director
Noah Worku	Assistant Aquatics Operations Director

Arts & Culture

Paul Douglas Michnewicz	Director of Arts & Culture
Mark Anduss	Technical Director
Cheri Danaher	Arts Education Director
Kaitlyne Jones	Box Office Manager
Laura Moody	Assistant Technical Director
Gloria Morrow	Arts Education Assistant
Matt Nogay	Assistant Technical Director
Rhia Ovington	Box Office Assistant

Leisure & Learning

Kevin Danaher	Leisure & Learning Director
Anya Avilov	Fitness & Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Dwight Godwin Jr.	Youth/Teen Program Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness & Wellness Program Director

Offsite & Collaboration

Maggie Parker	Offsite & Collaboration Director
Asjah Heiligh	Community Events Director
LaTanja Snelling	Equity Partnerships Director
Husna Basiri	Equity Partnerships Assistant

THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

COMMUNITY PARTNERS

Thank you to our Community Partners:

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Boy Scouts of America, Washington Capital Area
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Domestic & Sexual Violence Services (DSVS)
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Pozez Jewish Community Center of Northern Virginia
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Shenandoah Conservatory
- South Lakes High School
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

HOW TO REGISTER

Online Registration

Online registration opens at 9:00 a.m. on May 1 for Reston.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com, click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

In Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA, 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until May 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30. Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by

our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

REGISTRATION POLICIES

Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA, American Express or Discover. Cash payments cannot be accepted during Reston priority registration.

Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/ caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

Code of Conduct for Camp Participants
Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC’s General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online.

FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to reservation activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online.

CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC’s Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

Monthly Meeting	
June 2	8:00 p.m.
Annual Public Hearing	
June 16	6:30 p.m.
Monthly Meeting	
July 21	8:00 p.m.
Monthly Meeting	
September 8	8:00 p.m.

Finance Committee meetings, when scheduled, occur at 7:00 p.m. on the first Monday of the month. Check RCC’s website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC’s Board of Governors may be directed to RCCcontact@fairfaxcounty.gov. All inquiries are answered within 48 business hours.

RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.



REGISTRATION DATES

Summer Camps
(June – August)
February 1 Reston/February 8 Non-Reston

Summer Programs
(June – August)
May 1 Reston/May 8 Non-Reston

Fall Programs
(September – December)
August 1 Reston/August 8 Non-Reston

Winter/Spring Programs
(January – May)
December 1 Reston/December 8 Non-Reston

Acrylic Painting Beginners	56	Lego Discoveries	46
Adapted Aquatics	41	LIIST (Low Impact Interval Strength Training)	50
Adapted Aquatics Volunteers	22	Line Dancing With Scotty	49
Adult Advanced Beginner	42	Making Pottery With or Without the Wheel	58
Adult Beginner	42	Marlin	39
Aging With Power and Grace	51	Math Tutoring Summer Refresher	46
American Mah Jongg	55	Mind-Body Fitness	50
Aqua Barre	42	Mindful Hatha Yoga	53
Aqua Blast	42	Mindfulness Meditation	52
Aqua Boot Camp	43	Mindful Yoga With Sound Healing	53
Aqua Burn	43	National Night Out	18
Aqua Mixer	43	National Night Out Volunteers	22
Aqua Tots	37	Open Ceramics Studios	60
Arthritis, Fibromyalgia and Multiple Sclerosis	43	Open Glass Studio	60
Art Lab	56	Open Woodshop	60
Baltimore Aquarium	56	Origami	46
Beginning Drawing	57	Other Volunteer Opportunities	22
Beginning Tai Chi	51	Party in the Park	16
Better Brain Health as You Age	50	Play All Day VA	16
Blacksmithing Workshop – Level II: Decorative Leaf	49	Pool Pals & Water Friends	37
Blacksmithing Workshop– Level I: “S” Hook	49	Potomac Railroad Experience	56
Bookends	49	Qi Gong	53
Boot Camp	54	RCC Preference Poll	18
Bridge Mondays	55	RCC Rides Drivers	22
Bridge Tuesdays	55	Reggae on the Lake	19
Broadway on the Square Broadway’s Bad Boys	19	Reston Plant Swap	49
Capitol River Crab Feast Cruise	56	Reston Plays Games	55
Cardio and Strength Intervals	54	Reston Pride Festival: Rise!	15
Cardio Strength	50	Reston Pride Festival:Rise Concert	15
Cathy Hudgins Community Center at Southgate	22	Reston Teddy Bear Picnic	17
Cedar Ridge Neighborhood Center	22	Rookie I	38
Chess Club	55	Rookie II	38
Chessie’s Big Backyard	46	Sculpture Studio	58
Children’s Science Center Lab	46	Skipper I	37
Coffee & Origami	55	Skipper II	37
Crayon Batik Sampler	57	Sound Bath Meditation	52
Creative Collaborations	57	Still Life Painting and Drawing	57
Current Issues Discussion Group	50	Summer Family Crafternoon Volunteers	22
Deep Water Mania	43	Sunday Afternoon Dances	49
Don’t Get Scammed	50	Technologies and Policies Impacting Consumers in 2025	55
Essentrics	51	The Artist’s Way	58
Essentrics: Aging Backwards	52	Tides in Motion	43
Fitness Fusion	50	“To Kill a Mockingbird” at Riverside Dinner Theatre	56
Forever Fit	52	Tom Goss	15
Fun Around Town Volunteer(14 years and older)	22	Tot Time	46
Fused Glass Bubble Construction Workshop	57	Tribal Fusion Belly Dance	52
Fused Glass – Optical Illusions	57	Walking Group	54
Fused Glass Stacked Construction Workshop	57	Water Introduction	36
Fused Glass with Sparkly Bubbles	57	Wheel Exploration	58
Gentle Yoga	53	Wheel I	59
Great Artist Workshop	57	Wheel II	59
Hatha Yoga I	53	Wheel III	59
Hatha Yoga II	53	Yoga 101	53
Importance of Socialization When Aging	50	Yoga for Healthy Bones	53
Intermediate Drawing	57	Yoga With Weights	53
Intermediate Tai Chi	52	Zumba Fitness	51
Joint-Friendly Fitness	52	Zumba Gold	54
Lap Pool	35	Zumba Gold Toning	54
Learn to Bike – Youth	46	Zumba Toning	51
Legal: Estate Planning Basics	50		

LOCATIONS AND HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods – 2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, The Leila Gordon Theatre (Formerly the CenterStage), Woodshop, Glass Studio and Meeting Rooms.

RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

PHONE NUMBERS

703-476-4500

703-476-8617 (Fax)

711 (TTY)

HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.*


Sunday 9:00 a.m. – 8:00 p.m.*

*Rental hours may vary. Contact the RCC Facility Services Department at RCCFacility@fairfaxcounty.gov.



SUMMER HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Memorial Day	May 26	9:00 a.m. – 2:00 p.m.	CLOSED
Juneteenth	June 19	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.
Independence Day	July 4	9:00 a.m. – 1:00 p.m.	CLOSED
Labor Day	September 1	CLOSED	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship and visit.

LIKE US ON FACEBOOK:
facebook.com/HuntersWoodsNeighborhoodCoalition



2310 Colts Neck Road
Reston, Virginia 20191

PRSRT STD
U.S. POSTAGE
PAID
RESTON, VA
PERMIT NO.104

FREE!
All Ages

SUMMER CONCERTS

&
ENTERTAINMENT
SERIES

May 24 – August 30

WEDNESDAYS

Lake Anne Plaza

THURSDAYS

Halley Rise

FRIDAYS

Reston Town Square Park
Reston Station

SATURDAYS

Reston Town Square Park

SUNDAYS

Reston Town Square Park

RCC ON WHEELS

Pop-Up Around Reston

www.restoncommunitycenter.com/summermusic