

Reston Community Center

# 2026SUMMER

Program Guide



[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

*Enriching Lives. Building Community.*

Inside RCC, you can feel the energy. Mornings buzz with toddlers at play while their caregivers connect over coffee. Water Aerobics participants gather beyond the pool to stretch, make art, play games and build friendships. Evenings bring neighbors together for classes, rehearsals, games and community gatherings. Soon, the vibrant sounds of summer campers will add even more excitement. It's inspiring to see RCC used as it was envisioned – by people of all ages connecting with one another.

As we look ahead to RCC's 50th anniversary, we are planning our next steps. The 2027 – 2031 Strategic Planning process is underway and you are invited to join us in imagining RCC's future. This summer, when you're at RCC concerts and community events, please take our short survey and share your ideas about community building, civic engagement and how our facilities and programs can evolve to meet changing needs.

Your feedback will help RCC understand what you value most as we explore new ways to strengthen programs, spaces and services for the years ahead. A draft Strategic Plan will be developed this fall, with the Board of Governors considering adoption at the Annual Strategic Planning Session in January.

RCC exists to serve this community. We encourage you to participate in this important process so we can continue to grow, connect and serve you even better.



*William G. Bouie*

**William G. Bouie**  
Chair, RCC Board of Governors

*BeBe Nguyen*

**BeBe Nguyen**  
Executive Director, RCC

## RCC BOARD OF GOVERNORS



**Beverly Cosham**



**Paul Berry**



**William Penniman**



**Lisa Sechrest-Ehrhardt**



**Paul D. Thomas**



**Malka Wickramatilake**



**Vicky Wingert**



**Shane M. Ziegler**



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**RCC is proud to be a two-time accredited Parks & Recreation agency. We remain dedicated to delivering exceptional experiences to our community.**



# Reston Community Center Commemorates America's

# ★250TH★


# ANNIVERSARY

**HONOR** our shared history,  
**AFFIRM** the values that unite us,  
**ADVANCE** a more just future  
through programs and events that reflect,  
celebrate and connect our community.



Summer Concerts celebrating Americana  
RCC On Wheels Pop-up at "A Star-Spangled Salute"  
Theatre in the Park: "Woody Guthrie's American Song"  
Professional Touring Artists Series  
Reston Multicultural Festival

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See more listings throughout RCC publications and online through 2026. Look for the  logo.



Enriching Lives.  
Building Community.®

# Get Ready!

## myRCC Online Registration

Before registration begins, be sure to log into myRCC with your username and password and check your household information via "My Account."

All family members you wish to register must be listed, along with their date of birth.

### TO REGISTER ONLINE:

You will need your username and password.

### IF YOU ARE A NEW USER:

Complete the online household profile.

Your user information will be emailed to you within 48 hours.

### RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC.

Patrons can also cancel a reservation through myRCC.

### CONTACT INFORMATION:

#### Phone:

703-476-4500, ext. 8

#### Fax:

703-476-2488

#### Email:

RCCcontact@fairfaxcounty.gov

We respond to all emails sent to RCCcontact@fairfaxcounty.gov within 48 hours. If your inquiry is urgent, please call us during business hours.

## REGISTRATION DATES

### Summer Programs:

May 1 Reston • May 8 Non-Reston

### Fall Programs:

August 1 Reston • August 8 Non-Reston

### Winter/Spring Programs:

December 1 Reston • December 8 Non-Reston

## NEW

### OPT-IN FOR TEXT ALERTS

Stay in the know about class cancellations and facility closures.

Scan the QR code to opt in to text alerts.



## NEW

## Give the gift of RCC!

Share the programs, classes and experiences you love with friends and family with RCC gift cards..



Email RCCcontact@fairfaxcounty.gov for details.



## COMMUNITY EVENTS

Community Events..... 7 – 23



# ONE HUNTERS WOODS

## HUNTERS WOODS PLAZA

FREE

ALL AGES

*One Hunters Woods events are your invitation to connect with your community.*

### COMMUNITY TAI CHI\*

Led by Hunters Woods Fellowship House  
Daily, June 1 – August 23  
7:00 a.m. – 7:45 a.m.

### TAI CHI

Led by RCC Fitness Instructor, Qijing Yue  
Saturdays, June 20 – August 1  
(No class: July 4)  
9:45 a.m. – 10:30 a.m.

### ICE CREAM SOCIAL

Saturday, June 13  
1:00 p.m. – 2:30 p.m.

### NATIONAL NIGHT OUT

Tuesday, August 4  
12:00 p.m. – 2:00 p.m.  
Learn more on page 20.

\*In case of inclement weather, the class will be moved inside RCC Hunters Woods.



### About *One Hunters Woods*

*One Hunters Woods*, an initiative of the Hunters Woods Neighborhood Coalition, fosters connections among neighbors through vibrant shared experiences.

### Hunters Woods Neighborhood Coalition

The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship and visit.



Fairfax County Police Department, The Reston Community Advisory Committee (CAC), Fairfax County Neighborhood and Community Services, Fairfax County Hunter Mill District, Supervisor Walter Alcorn's Office, Reston Community Center, Christ The Servant Lutheran Church, Cornerstones, Glade at Hunters Woods, Hunters Woods Fellowship House, Hunters Woods Village Condominium Association, Reston Association, RESTONSTRONG

# tephra ICA ARTS FESTIVAL

Sponsored by



MAY 16 – 17

Saturday • 10:00 a.m. – 6:00 p.m.

Sunday • 11:00 a.m. – 5:00 p.m.

Reston Town Center

FREE

ALL AGES

RAIN OR SHINE

Celebrate the vitality and necessity of finding one's community at

**"The Mystery of You"**

by PEARSONWIDRIG DANCETHEATER

Contemporary Performance Art presented by  
Reston Community Center at Reston Town Square Park



PEARSONWIDRIG DANCETHEATER



PEARSONWIDRIG DANCETHEATER

# SUNSET CONCERTS

WEDNESDAYS

7:30 P.M. – 9:00 P.M.

LAKE ANNE PLAZA

FREE

ALL AGES

Grab a spot by the lake and bask in the glow of summer evenings as great musicians take to the stage.

FAIRFAX COUNTY  
VA250

Find online  
schedule



**June 24** | Shannon Bielski & Moonlight Drive  
Modern Bluegrass

**July 1** | Radio King Orchestra  
Big Band Music

**July 8** | Cheick Hamala Diabaté  
Traditional West African Music with Modern Grooves

**July 15** | Mystic Warriors  
World Music

**July 22** | Alfredo Mojica & Friends  
Salsa

**July 29** | Bad Influence  
Blues & Roots

**August 5** | Uptown Vocal Jazz Quartet  
American Songbook Classics

**August 12** | IONA  
Celtic

**August 19** | Texas Chainsaw Horns  
Blues

**August 26** | Four Star Combo  
Rockabilly

Inclement weather can cause cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.  
Presented by Reston Community Center in cooperation with MSE Productions.  
Hosted by Lake Anne of Reston, a Condominium Unit Owners Association.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or [RCCoffsite@fairfaxcounty.gov](mailto:RCCoffsite@fairfaxcounty.gov).

TAKE A  
**BREAK**  
CONCERT SERIES

**THURSDAYS**  
**7:30 P.M. – 9:00 P.M.**  
**HALLEY RISE**

**FREE**

**ALL AGES**

Unwind after work on warm summer nights with eclectic music in a laid-back outdoor setting.

FAIRFAX COUNTY  
**VA250**

Find online  
schedule



**June 25** | DOGO du Togo  
Traditional Togolese Rhythms & Afropop

**July 2** | Cecily Bumbray  
Soul & Jazz

**July 9** | King Teddy  
Swing

**July 16** | The Guitar Renegades  
Classical Guitar, Jazz & More

**July 23** | Ocho de Bastos  
Latin & Pop Rock

**July 30** | Desiree Jordan  
Alternative, R&B & Soul

**August 6** | Seth Kibel  
Jazz, Swing & Klezmer

**August 13** | The Band Black History  
Adult Contemporary Hip Hop

**August 20** | Far Away Songs  
Folk & Pop

**August 27** | New Line Brass Band  
New Orleans Grooves

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.  
Presented by Reston Community Center and Halley Rise in partnership with MSE Productions, Inc.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxcounty.gov.

# HAPPY HOUR

WITH DARDEN & FRIENDS

## FRIDAYS

5:30 P.M. – 6:45 P.M.

RESTON TOWN SQUARE PARK

FREE

ALL AGES

Ease into the weekend with great vibes and live jazz from top-notch talent curated by Darden Purcell.

FAIRFAX COUNTY  
VA250

Find online  
schedule



### May 22

#### Tedd Baker Organ Trio & Friends

A dynamic saxophonist who has worked with a variety of jazz greats

### May 29

#### Janelle Gill

A pianist that heals with sound and transcends the boundaries of jazz

### June 5

#### Matt Niess and The Capitol Bones

A high-energy trombone ensemble with 30+ years of standout performances

### June 12

#### Fran Vielma Quartet

Multi-percussionist blending Pan-American rhythms, jazz and contemporary music

### June 19

#### Steve Fidyk & Evening Ledger

Acclaimed jazz drummer delivering powerful, straight-ahead swing and modern jazz

### June 26

#### Gracie Jay

A powerhouse vocalist bringing bold creativity to commanding performances

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time. Presented by Reston Community Center and Reston Town Center Association in partnership with Darden Purcell.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or [RCCoffsite@fairfaxcounty.gov](mailto:RCCoffsite@fairfaxcounty.gov).

**May 29** | All Fired Up

A Tribute to Pat Benatar

**June 5** | The SideMen

A Tribute to the 1970s & Yacht Rock Music

**June 12** | The Collective

Today's Top 40, Hits of the 1990s & 2000s

**June 19** | Still Surfin'

A Tribute to the Beach Boys

**June 26** | Mamma Mania

A Tribute to ABBA

**July 3** | Prince Project

A Tribute to Prince

**July 10** | Beatlemania Now

A Tribute to the Beatles

**July 17** | JTucker & The Krewe

Soul & Funk Band

**July 24** | Josh Christina  
& The Revivals

A Tribute to Piano Rock Legends

**July 31** | Mother's Little Helpers

A Tribute to the Rolling Stones

**August 7** | The Tribe

A Tribute to R&B

**August 14** | Hourglass

A Tribute to James Taylor

**August 21** | The Reflex

A Tribute to the 1980s

**August 28** | Don't Back Down

A Tribute to Tom Petty

**September 4** | Bruce in the USA\*

A Tribute to Bruce Springsteen

**September 11**

Silent Dance Party

**September 18**

A Tribute to Stevie Nicks\*

**September 25**

A Tribute to Dolly Parton\*

\*Presented by Comstock

Find online  
schedule



# FAB FRIDAYS

7:30 P.M. – 9:00 P.M.

RESTON STATION

FREE

ALL AGES

Celebrating Everything Summer! Start your summer weekends with amazing tribute bands playing the hits you know and love.

FAIRFAX COUNTY  
VA250

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time. Presented by Reston Community Center and Reston Station in partnership with MSE Productions, Inc.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxcounty.gov.



**July 4 | Zack Smith & The Mardi Gras Kings**  
Zydeco, Cajun, New Orleans Jazz & Funk

**July 11 | Blue Sky Puppet Theatre:  
"The Three (Not So) Little Pigs"**  
A Hilarious Retelling of the Classic Children's Story

**July 18 | The Unicycle Lady**  
Comedy, Juggling & Unicycling

**July 25 | Paul Belanger –  
The Balloon Comic**  
Magic, Juggling & Interactive Balloon Artistry

**August 1 | Lohr Family Antics**  
Fast-paced, Sidesplitting Vaudeville Show

**August 8 | Rocknoceros**  
Catchy Tunes for All Ages

**August 15 | Magician Ken Caplan**  
A Side-Splitting Combo of Magic and Comedy

**August 22 | Guava Jelly**  
Caribbean Reggae Vibes



Find online  
schedule

# FFES

**Family Fun Entertainment Series**

**SATURDAYS**

**10:00 A.M. – 10:45 A.M.**

**RESTON TOWN SQUARE PARK**

**FREE**

**ALL AGES**

Laugh, dance and play with silly puppets, magicians, live music and fun for the whole family.



Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time. Presented by Reston Community Center and Reston Town Center Association in partnership with MSE Productions, Inc.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxcounty.gov.

# Sunday Art

## in the Park

with Shenandoah Conservatory

**SUNDAYS**

**7:00 P.M. – 8:00 P.M.**

**FREE**

**ALL AGES**

### RESTON TOWN SQUARE PARK

Spend your Sunday evenings with the celebrated Shenandoah Conservatory – featuring students, professors and special guests.

FAIRFAX COUNTY  
**VA250**



Find online  
schedule



**June 21**

#### **The Luis Hernandez & Fran Vielma Pan American Quartet**

Pan-American/Afro-Cuban Traditions in Modern Arrangements

**June 28**

#### **The Art of the Harp – A Musical Showcase**

Harp Music Reimagined: From Classical to Rock

**July 5**

#### **Winchester Jazz Collective Presents Voodoo Boogaloo**

An Electrifying Blend of New Orleans Jazz & Funk

**July 12**

#### **Strings of Elegance: A Musical Soirée**

Popular Hits & Classical Compositions by Top String Students

**July 19**

#### **'Bone Voyage!**

The Trombone: From Early Days to Big Band, Latin & Pop

**July 26**

#### **The Disney Classics**

An Evening of Disney Magic and Family Fun

**August 2**

#### **Two Bass Hit**

Electro-Acoustic Jazz & Folk Music From Around the World

**August 9**

#### **Shenandoah Guitars**

Vibrant Rhythms of Latin America on Guitar

**August 16**

#### **ClarVoice Trio**

Romantic & Inspiring Works to Lift Your Spirit

**August 23**

#### **Sounds of the '60s**

Hits from The Beatles, Neil Diamond, Musical Theatre & More

**August 30**

#### **R2DUO**

Three Centuries of Duets to Showcase the Saxophone & Piano

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Presented by Reston Community Center and Reston Town Center Association in partnership with Shenandoah Conservatory.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxcounty.gov.

# ROLLING RCC OUT TO YOU

## RCC On Wheels, Your Community Center On The Go Summer Pop-ups Around Reston

### MAY/JUNE

FAIRFAX COUNTY  
**VA250**

The Reston Chorale

**"A Star-Spangled Salute"**

Sunday, May 24 • 4:00 p.m.

Reston Town Square Park

Hosted by Reston Town Center and the  
Reston Town Center Association

The Reston Chorale

**Operation Care Package Donation Sites**

May 25 – June 11

### JULY /AUGUST

**Feed the Line to The Water Mine**

Select Saturdays

**Heart Health Education**

Presented by Reston Hospital Center and the  
American Heart Association

**Poetry Pop-ups**

Featuring Fairfax County

Poet Laureate Angelique Palmer

**Sunday Park Play**

In partnership with Reston Association



Find dates, times and  
locations for RCC On Wheels  
Summer Pop-ups here:





## Community Coffee

**Saturdays, June 6 – August 1**

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods • Community Room

FREE

ALL AGES

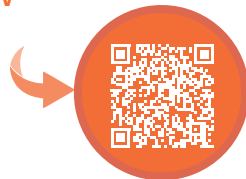
Gather with neighbors over coffee and donuts at RCC’s Community Coffee. Enjoy relaxed conversation and special themed Saturdays with food, activities and entertainment. Everyone is welcome.

June 13 – Celebrate World Flag Day

July 18 – World Emoji Day

### Interested in volunteering?

Register at [volunteer.fairfaxcounty.gov](http://volunteer.fairfaxcounty.gov) or scan here:



For more information, please contact Asjah Heiligh, RCC’s Community Events Director, at 703-390-6159 or [RCCoffsite@fairfaxcounty.gov](mailto:RCCoffsite@fairfaxcounty.gov).

## Summer Learn-to-Swim

FREE

4 – 12 YEARS OLD

Dive in with confidence! Reston children can take their first RCC beginner “Learn-to-Swim” class free to help everyone enjoy a safer summer in the water.

Free classes for children with little to no swimming experience:

### ROOKIE I (4 – 5 years old)

Students build confidence and have fun learning to float, kick, paddle, submerge and practice essential safety skills. See page 34 for dates and times.

### LEVEL 1 (6 – 12 years old)

Students practice safe entry, submerging, front and back floats and glides, basic strokes and water safety. See page 36 for dates and times.

*Limit one free class per session; available to Reston patrons only.*

For more information, please contact the RCC Aquatics Service Desk at 703-390-6150.



## Murray Hill

**Saturday, May 30**

8:00 p.m.

RCC Hunters Woods – The Leila Gordon Theatre

\$15 R

\$20 NR

Murray Hill is a well-known entertainer in New York City. He is a comedian, TV host and emcee. Audiences enjoy his performances for their high energy, humor and engaging storytelling. Starring as Fred Rococo in HBO’s acclaimed series “Somebody Somewhere,” Murray has won several awards, including a Peabody Award and AFI. He hosted “Drag Me to Dinner” on Hulu and appears in “Life & Beth” and “Welcome to Flatch.” He also acts in the movie “Jackpot,” starring John Cena and Awkwafina.

He recently released his memoir “Showbiz! My Unexpected Life as a Middle-Aged Man” with Simon & Schuster’s Gallery Books. He served as a special guest correspondent for ABC News during “Pride Across America,” covering Pride marches in San Francisco, New York and Chicago. NBC News recognized him as one of the 30 most influential drag performers today.

Murray received the New York Voices commission from Joe’s Pub at The Public Theater, where he presented his one-man show “About to Break.” His holiday show “A Murray Little Christmas” has sold out at Joe’s Pub for a decade, drawing audiences with its festive spirit and fun performances.

For tickets for The Leila Gordon Theatre, please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

## Play All Day by Reston Plays Games

**Saturday, June 6**

9:00 a.m. – Midnight

RCC Hunters Woods

FREE

18+

Ready for a gaming marathon? Join us for 15 hours of unforgettable games, special events and fantastic giveaways.

Whether you’re here all day or just stopping by for a few hours, we can’t wait to see you!

Learn more about Reston Plays Games on page 55.

For more information, please contact Bill Parker, RCC’s Box Office Manager, at 703-390-6188.



## Party in the Park

**Wednesday, June 10**

5:00 p.m. – 6:30 p.m.

Reston Town Square Park

FREE

ALL AGES

School is out and the ultimate Party in the Park is here! Grab your friends and family for a high-energy, kid-friendly silent disco where you control the music through wireless headsets – spun by our awesome DJs. Enjoy fun activities for kids and dance like nobody's watching.

Parents, please bring a driver's license to exchange for headsets for you and your children.

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.

## Play All Day VA

**Sunday, June 21**

Times Vary • Around Reston

FREE

ALL AGES

Celebrate the longest day of the year with RCC and friends across Virginia with free, family-friendly activities. Experience a full day of fun, creativity and connection, including:

### Summer Kick-off: Early Morning Bubble Hour

8:00 a.m. – 9:00 a.m.

Hunters Woods Plaza

### "The Lion King" Sing-along

10:00 a.m.

The Leila Gordon Theatre at RCC Hunters Woods

### Free Family Swim

1:00 p.m. – 5:00 p.m.

RCC Hunters Woods

### Sunday Art in the Park: The Luis Hernandez & Fran Vielma Pan American Quartet

7:00 p.m. – 8:00 p.m.

Reston Town Square Park

Plus see art exhibits at RCC Hunters Woods and RCC Lake Anne from 9:00 a.m. – 8:00 p.m.

For more information, please contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.

NRPA'S PARK AND RECREATION MONTH

**BUILD**

TOGETHER

*Play*  
TOGETHER



## Passport to Summer Fun

July 1 – July 31

FREE

ALL AGES

Celebrate Park and Recreation Month with RCC this July by discovering something new at RCC every day! Passport to Summer Fun is your guide to a month of RCC activities – from arts and crafts, games and family events to fitness, nature walks and social programs for all ages.

Download a printable “passport” calendar filled with daily suggestions to get you moving, learning and connecting – indoors and outdoors, on your own or with family and friends. Try a new class, enjoy an outdoor concert or drop in for one of RCC’s many free or low-cost programs for kids, teens and adults.

Find your Passport to Summer Fun at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

For more information, please contact LaTanja Snelling, RCC’s Equity Partnerships Director, at 703-390-6180.

## National Night Out

Tuesday, August 4

12:00 p.m. – 2:00 p.m.

Hunters Woods Plaza

FREE

ALL AGES

RAIN OR SHINE

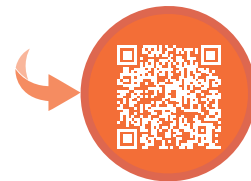
Plan now to attend National Night Out, a national community event to enhance the relationship between neighbors and law enforcement. This event is presented in partnership with the Hunters Woods Neighborhood Coalition and the Reston District Station of the Fairfax County Police Department.

Enjoy food and treats with games and fun for everyone at midday on the plaza in front of RCC.

*One Hunters Woods* is bringing the community together! Learn more about this initiative and find other *One Hunters Woods* events on page 8.

### Interested in volunteering?

Register at [volunteer.fairfaxcounty.gov](http://volunteer.fairfaxcounty.gov) or scan here:



For more information, please contact LaTanja Snelling, RCC’s Equity Partnerships Director, at 703-390-6180.



## RCC Preference Poll

**September 4 – September 25**

Serve your community – Become a candidate for the RCC Board of Governors.

You can play a vital role in shaping the future of recreation, cultural and leisure opportunities in your community by participating in the RCC Preference Poll for Board of Governors positions.

RCC Board members set the overall policy and program direction for Reston Community Center and provide financial oversight to ensure the organization's continued success.

To become a candidate, you must complete and submit a Statement of Candidacy form.

Statement of Candidacy Forms will be available August 1 at RCC Hunters Woods and RCC Lake Anne or online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

### MARK YOUR CALENDARS

**Candidate Filing: August 1 – 15 (until 5:00 p.m.)**

**Candidates Orientation/Photo: August 14**

**Candidates Forum: September 1 at 6:30 p.m. at The Leila Gordon Theatre**

**Voting Period: September 4 – September 25 (until 5:00 p.m.)**

For more information, please contact us at [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

## Reggae on the Lake

**Saturday, September 12**

12:00 p.m. – 9:00 p.m.

Lake Anne Plaza

FREE

ALL AGES

RAIN OR SHINE

Enjoy all the music, food and fun of this beloved community celebration of Reggae!

Hosted by Lake Anne of Reston, a Condominium Unit Owners Association and Reston Community Center.

For more information, visit [www.reggaeonthelake.com](http://www.reggaeonthelake.com).

# THEATRE IN THE PARK

Theater Alliance Presents

## “Woody Guthrie’s American Song”

Presented by Reston Community Center  
and Reston Town Center Association

Friday, September 4

Saturday, September 5

Sunday, September 6

7:30 p.m.

RESTON TOWN SQUARE PARK

FREE

ALL AGES

Join us for a bold, joyful celebration of the music that shaped America. Theater Alliance reimagines Guthrie’s working-class songs with fresh energy, a vibrant, diverse cast and an inclusive spirit that makes this timely production feel both powerful and uplifting.

FAIRFAX COUNTY  
VA250

For more information, please contact Paul Douglas Michnewicz, RCC’s Arts & Culture Director, at 703-390-6167.

# M Reston MULTICULTURAL Festival

25  
YEARS

Saturday,  
September 19

11:00 a.m. – 6:00 p.m.

RESTON TOWN CENTER

FREE

ALL AGES

In its 25th year, the Reston Multicultural Festival celebrates the richness of global communities, creating an authentic space where traditions are honored, heritage is lived and stories are shared.

Reston Community Center is proud to present the Reston Multicultural Festival in partnership with Reston Town Center, Reston Town Center Association and BXP. Volunteer coordination is provided by Reston Association.

[www.restoncommunitycenter.com/MCF](http://www.restoncommunitycenter.com/MCF)

FAIRFAX COUNTY  
VA250



For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxcounty.gov.



## ARTS & CULTURE

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# CULTURAL ARTS

## The Reston Museum

[www.restonmuseum.org](http://www.restonmuseum.org)  
703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present and influences the future of Reston through its exhibits, public programs and events – among which are community favorites such as Celebrate Reston! (formerly Founder's Day), the Reston Home Tour and the Lake Anne Cardboard Boat Regatta. Come visit the Reston Museum in Lake Anne Plaza and enjoy the exhibits, gift shop and opportunity to learn more about Reston.

# PERFORMING ARTS

## Festival Ballet Virginia

[www.gwdancecenter.com](http://www.gwdancecenter.com)

Festival Ballet Virginia (FBV) was founded in 2018 as a nonprofit, high-quality, pre-professional dance company dedicated to inspiring excellence and infusing passion in dancers and audience members.

### "Echoes"

Two companies. One voice. "Echoes" unites Motion X Dance Company and Festival Ballet Virginia for a moving evening of contemporary dance. Exploring mental health, hope and resilience, each piece captures the raw truths of the human experience. Don't miss this thought-provoking performance!

**Friday, May 15**

7:30 p.m.

**Saturday, May 16**

7:30 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

*Tickets available at the RCC Box Office.*

## Ravel Dance Company

[www.raveldance.com](http://www.raveldance.com)  
703-437-9664

Founded in 1990, the Ravel Dance Company provides young dancers with opportunities to perform original works in various genres, preparing them for professional dance careers or university programs.

### "Cinderella"

This spring, experience "Cinderella," a timeless ballet of kindness, courage and true love. Featuring Prokofiev's score, stunning costumes, imaginative sets and the artistry of the Ravel dancers, this enchanting tale comes to life for audiences of all ages.

**Saturday, May 23**

2:00 p.m.

**Sunday, May 24**

2:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

*Tickets available at the RCC Box Office.*

## GroundShare Arts Alliance

[www.groundsharearts.com](http://www.groundsharearts.com)  
703-593-4384

GroundShare Arts Spring Concert is a vibrant dance theatre production developed through the collaborative work of students and teaching artists. This multi-generational company blends movement and narrative to explore timely themes and foster community through the arts.

### Spring Concert

**Friday, June 12**

7:00 p.m.

**Saturday, June 13**

3:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

*Tickets available at the RCC Box Office.*

# GOVERNMENT FUNDERS



ArtsFairfax  
[www.artsfairfax.org](http://www.artsfairfax.org)



Virginia Commission for the Arts  
[www.arts.virginia.gov](http://www.arts.virginia.gov)



National Endowment for the Arts  
[www.arts.gov](http://www.arts.gov)

# COMMUNITY ARTS

## PERFORMING ARTS TICKETS

Tickets for community arts organization events held at RCC (The Leila Gordon Theatre or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the

organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Season subscription ticketing is handled differently by each

organization. Priority ordering information is provided with confirmation of the season subscription.

All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

# VISUAL ARTS

## League of Reston Artists

[www.leagueofrestonartists.org](http://www.leagueofrestonartists.org)

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts.

Its dual mission is to: 1) To provide its members with opportunities to grow, learn and exhibit their creative accomplishments and 2) To provide the local community with opportunities to experience and appreciate a wide range of visual art and gain insight into the creative process.

With guest speakers and artist demonstrations, LRA offers learning and inspiration while raising awareness and appreciation of the arts through numerous exhibits, shows, events and quarterly meetings. Artists and members of the public are welcome to join.

## Public Art Reston

[www.publicartreston.org](http://www.publicartreston.org)

Public Art Reston (PAR) aims to inspire and connect the community through public art, which is essential for a thriving and diverse environment. Since its founding in 2007 and the adoption of the Public Art Master Plan in 2008, PAR has commissioned over 43 permanent and temporary artworks. It promotes creativity, accessibility and belonging.

*Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.*

## Reston Art Gallery and Studios (RAGS)

[www.restonartgallery.com](http://www.restonartgallery.com)

703-481-8156

This charming artists' collective in historic Lake Anne Plaza features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage and acrylic and oil paintings. Visit the website for gallery hours and workshop schedule.

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: Saturdays, 10:00 a.m. – 12:00 p.m.

### JUNE

#### "CoLab Collage"

A group collage exhibit by invited and member artists.

**Reception: Sunday, June 14**

2:00 p.m. – 4:00 p.m.

### JULY

#### "Creative Fiber Arts"

By Cindy Grisdela

**Reception: Sunday, July 12**

2:00 p.m. – 4:00 p.m.

### AUGUST

#### "Joy of Color"

By Julia Malakoff

**Reception: Sunday, August 9**

2:00 p.m. – 4:00 p.m.

## Tephra ICA

[www.tephraica.org](http://www.tephraica.org)

703-956-9513

The Tephra Institute of Contemporary Art (ICA) promotes innovative contemporary art and thought. Acting as a catalyst and advocate for visual and interdisciplinary arts, Tephra ICA showcases globally influenced and diverse artists. The Institute offers educational initiatives and public programs that encourage critical thinking and creative expression. Admission to the gallery is always free, as are most programs.

*Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts.*



# RCC GALLERY EXHIBITS

## RCC Hunters Woods Exhibits

### MAY/JUNE

"Places I Have Been & People I Have Met"

Oil paintings by Margarita Reyes and Albert Halac

**Reception: Sunday, May 31**

2:00 p.m. – 5:00 p.m.

### JULY/AUGUST

"Just Cool Art"

Works by Studio 151 Artists

## RCC Lake Anne Jo Ann Rose Gallery Exhibits

### JUNE

Reston Photographic Society Exhibit

League of Reston Artists (LRA)

**Reception: Sunday, June 14**

2:00 p.m. – 4:00 p.m.

### JULY

"Connections that Bind:  
Art and Friendship"

The RAGS Artists of Lake Anne

**Reception: Sunday, June 28**

2:00 p.m. – 4:00 p.m.

### AUGUST

"Working in the Abstract"

Mixed media abstracts by Andrew Black

**Reception: Sunday, July 26**

2:00 p.m. – 4:00 p.m.

## RCC Lake Anne 3D Gallery Exhibits

### JUNE – MID-JULY

"The Joy of Creating"

Annual Teachers and Students Art Exhibit

### MID-JULY – AUGUST

League of Reston Artists (LRA)

Small Works Exhibit

A large display of small-scale paintings and  
photography pieces

## INTERESTED IN EXHIBITING?

For more information about exhibiting with Reston Community Center, please visit  
[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or contact Gloria Morrow, Arts Education Assistant, at 703-390-6187.





# AQUATICS

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# THE TERRY L. SMITH AQUATICS CENTER

The Terry L. Smith Aquatics Center, featuring a Lap Pool, Warm Water Pool and Spa, is open daily to learn, play and swim. Patrons can access the pool with the purchase of a daily visit or by swiping an Aquatics Pass. The Center offers a robust Learn-to-Swim program, Water Aerobics classes and free swim opportunities.

## Special Accommodations

We recognize that some patrons have unique needs and RCC will provide accommodations when possible and appropriate. To request an alternative format or discuss accommodation needs, please contact our ADA representative at 703-476-4500, ext. 8 or TTY 711.

## Group Reservations

Groups larger than eight people seeking to use the pool must coordinate use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool. Please reach out to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) for further information or requests.

## SUMMER SCHEDULE • JUNE 1 – AUGUST 23

	LAP POOL*	WARM WATER POOL*	Spa*
Monday/Wednesday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	11:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Tuesday/Thursday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	1:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Friday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.	11:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.
Saturday/Sunday	9:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.

\*Swim lanes may be limited. Please note that the schedule is subject to change without notice. RCC schedules programming during open and lap swim times. The pools are closed from 12:00 p.m. – 1:00 p.m. every day for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space.

AQUATICS

## ANNUAL MAINTENANCE PERIOD

The Terry L. Smith Aquatics Center will be CLOSED August 24 – September 11.

**NEW**

### Free Family Swim

The Terry L. Smith Aquatics Center

**FREE**

**ALL AGES**

**Sunday, June 21**

1:00 p.m. – 5:00 p.m.

Learn more about Play All Day VA on page 19.

**Saturday, July 18**

1:00 p.m. – 5:00 p.m.



## POOL FEES

	Reston Resident/ Employee	Non-Reston
<b>Daily Visit</b> Purchase at the Terry L. Smith Aquatics Center.		
Adult	\$5	\$10
Youth and Senior	\$3	\$6
<b>Daily Visit Pass (Price Per Visit)</b> Passes can be purchased with 5 – 60 visits at a time. Additional visits can be added online at myRCC or at an RCC Customer Service Desk. Valid for 2 years from purchase date.		
Adult	\$4.50	\$9
Youth and Senior	\$2.75	\$5.50
<b>Monthly Pool Pass</b> Monthly passes are valid for 30 days from date of purchase. Passes do not renew automatically; patrons can renew online at myRCC or at an RCC Customer Service Desk.		
Adult	\$45	\$90
Youth and Senior	\$25	\$50
<b>Aquatics Annual Pass</b> 12-month passes are valid from date of purchase. Passes do not renew automatically; patrons can renew online at myRCC or at an RCC Customer Service Desk.		
Adult	\$480	\$960
Youth and Senior	\$250	\$500

## LAP POOL

- Three of the six lap lanes are available for open swim use.
- Three of the six lap lanes are dedicated to reservation swimming only.
  - Reservations are for a 60-minute time slot.
  - Reservations for the following month open on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston.
  - Patrons who need to cancel a reservation can now do so in myRCC. This will help RCC fill the open spot more easily with someone from the waiting list.
  - Reservations that go unused or uncanceled less than two hours in advance will be charged to the passholder. Not using a reserved lane or failing to cancel a reservation is unfair to those who are on the waitlist or who want to reserve that slot.
  - Non-swimming youth must be accompanied by an adult in the water. Both child and adult require payment.

### Lap Lane Reservations

Lanes 1, 2 and 3 can be reserved at myRCC for the following time slots:

#### Monday – Friday

7:00 a.m. – 8:00 a.m.  
8:00 a.m. – 9:00 a.m.  
10:00 a.m. – 11:00 a.m.  
11:00 a.m. – 12:00 p.m.  
1:00 p.m. – 2:00 p.m.  
2:00 p.m. – 3:00 p.m.

#### Saturday, Sunday

1:00 p.m. – 2:00 p.m.  
2:00 p.m. – 3:00 p.m.  
3:00 p.m. – 4:00 p.m.  
4:00 p.m. – 5:00 p.m.



# LEARN-TO-SWIM

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

## Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience, please read and consider the following points:

### Placement

- RCC offers swimming lessons for all ages, from infants to adult learners.
- Find an overview of RCC's swimming lesson offerings on the next page, including level prerequisites and goals to help you find the appropriate class.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

### Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

## SAFE SWIMMING FOR ALL

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.

## WATER SAFETY STARTS HERE

Reston Community Center provides year-round reduced fees through our Fee Waiver Program, helping ensure that cost is never a barrier to participation in our programs and services.

Every summer, RCC also offers free beginner swim lessons for Reston children who are non-swimmers, ensuring every child can learn this life-saving skill. Free enrollment is limited to one class per session. Find class options on page 34 and 36.

Plus, RCC is teaming up with Reston Association to prevent drowning through free, land-based safety presentations:

**LONGFELLOW'S WHALE TALES**  
(5 – 12 years old)  
A fun, one-hour water safety session for kids.

**WATER SAFETY PRESENTATION**  
(18+)  
A 90-minute presentation with tips to keep families safe around water.

To schedule, call RCC Aquatics at 703-390-6150 or RA Aquatics at 703-435-6530.



# LEARN-TO-SWIM LEVELS

	6 – 18 months	18 months – 3 years	3 – 4 years old
<b>PARENT &amp; CHILD</b>	<ul style="list-style-type: none"> <li>Adults will learn to safely orient children to the water</li> <li>Lessons help children feel comfortable in the water but will not teach independent swimming skills</li> </ul>		
	<b>WATER INTRO</b>	<b>AQUA TOTS</b>	<b>POOL PALS &amp; WATER FRIENDS</b>
<b>SWIMMING FOUNDATIONS</b>	3 years old	4 – 5 years old	6 – 12 years old
	<ul style="list-style-type: none"> <li>No swimming skills required</li> <li>Introduce basic swimming and water safety skills</li> </ul>		
	<b>SKIPPER I</b>	<b>ROOKIE I</b>	<b>LEVEL 1</b>
	<ul style="list-style-type: none"> <li>Comfortable putting face in the water</li> <li>Able to briefly float, push off wall and swim with help</li> <li>Introduce breathing techniques</li> </ul>		
	<b>SKIPPER II</b>	<b>ROOKIE II</b>	<b>LEVEL 2</b>
<b>STROKE DEVELOPMENT</b>	4 – 7 years old		6 – 12 years old
	<ul style="list-style-type: none"> <li>Able to jump in, float and recover to standing</li> <li>Able to swim a few strokes on front and back independently</li> <li>Work to swim independently for longer distances</li> </ul>		
		<b>RANGER</b>	<b>LEVEL 3</b>
	<ul style="list-style-type: none"> <li>Able to swim front crawl half a pool length</li> <li>Able to tread water</li> <li>Introduce diving and different strokes</li> </ul>		
		<b>MARLIN</b>	<b>LEVEL 4</b>
	<ul style="list-style-type: none"> <li>Able to swim front crawl and elementary backstroke one pool length</li> <li>Able to swim breaststroke and backstroke half a pool length</li> <li>Work to swim two pool lengths nonstop with flip turn</li> </ul>		
		<b>LEVEL 5</b>	
<ul style="list-style-type: none"> <li>Able to swim two pool lengths nonstop</li> <li>Work to increase endurance</li> <li>Introduce pull buoys and fins</li> <li>Retrieve object from 8 feet deep</li> </ul>			
		<b>LEVEL 6</b>	
<b>ADULT LEARNERS</b>	13+		
	<ul style="list-style-type: none"> <li>No swimming skills required</li> <li>Learn to swim one pool length</li> </ul>		
		<b>ADULT BEGINNER</b>	
<ul style="list-style-type: none"> <li>Able to swim one pool length</li> <li>Improve stroke technique</li> </ul>			
		<b>ADULT ADVANCED BEGINNER</b>	
<b>ADAPTED AQUATICS</b>	4+		
	<ul style="list-style-type: none"> <li>Tailored for children and adults with physical or learning disabilities</li> <li>Supervised by instructors and volunteers trained by RCC</li> <li>Learn more on page 38 or contact RCC Aquatics at 703-390-6150</li> </ul>		
		<b>ADAPTED AQUATICS</b>	
<b>PRIVATE LESSONS</b>	All Ages		
	<ul style="list-style-type: none"> <li>Tailored to your swimmer</li> <li>Learn more on page 37</li> <li>Contact RCC Aquatics at 703-390-6152 to get started</li> </ul>		
		<b>PRIVATE LESSONS</b>	

# INFANT – 7 YEARS OLD

## Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat	8:30 a.m. – 9:00 a.m.
640000-A	
Sat	9:40 a.m. – 10:10 a.m.
640000-B	
Sat	10:15 a.m. – 10:45 a.m.
640000-C	
Sat	10:50 a.m. – 11:20 a.m.
640000-D	

#### July 18 – August 22

Sat	8:30 a.m. – 9:00 a.m.
640000-E	
Sat	9:40 a.m. – 10:10 a.m.
640000-F	
Sat	10:15 a.m. – 10:45 a.m.
640000-G	
Sat	10:50 a.m. – 11:20 a.m.
640000-H	

#### May 31 – July 12

(No Class: July 5)

Sun	9:40 a.m. – 10:10 a.m.
640002-A	
Sun	10:50 a.m. – 11:20 a.m.
640002-B	

#### July 19 – August 23

Sun	9:40 a.m. – 10:10 a.m.
640002-C	
Sun	10:50 a.m. – 11:20 a.m.
640002-D	

## Aqua Tots

(18 months – 3 years)

This class helps young children become comfortable in and around the water, so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

### 6, 30 min. sessions at Warm Water Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat	8:30 a.m. – 9:00 a.m.
640007-A	
Sat	9:40 a.m. – 10:10 a.m.
640007-B	
Sat	10:15 a.m. – 10:45 a.m.
640007-C	
Sat	10:50 a.m. – 11:20 a.m.
640007-D	

#### July 18 – August 22

Sat	8:30 a.m. – 9:00 a.m.
640007-E	
Sat	9:40 a.m. – 10:10 a.m.
640007-F	
Sat	10:15 a.m. – 10:45 a.m.
640007-G	
Sat	10:50 a.m. – 11:20 a.m.
640007-H	

#### May 31 – July 12

(No Class: July 5)

Sun	9:40 a.m. – 10:10 a.m.
640008-A	
Sun	10:50 a.m. – 11:20 a.m.
640008-B	

#### July 19 – August 23

Sun	9:40 a.m. – 10:10 a.m.
640008-C	
Sun	10:50 a.m. – 11:20 a.m.
640008-D	

## Pool Pals & Water Friends

(3 – 4 years old)

Pool Pals introduces basic water skills including floating, kicking, paddling, submerging and water safety. It is ideal for young or hesitant swimmers to transition to lessons with an instructor. This class is designed so that a parent or caregiver must be in the water with each child and participate in the class. Adults learn techniques to help children feel comfortable in the water and supervise water activities safely.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat	9:05 a.m. – 9:35 a.m.
640080-A	

#### July 18 – August 22

Sat	9:05 a.m. – 9:35 a.m.
640080-B	

## PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

# AQUATICS



## Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the students in the water.

**6, 20-min. sessions at Warm Water Pool**

\$70 R

\$140 NR

### May 30 – July 11

(No Class: July 4)

Sat	8:30 a.m. – 8:50 a.m.
640010-A	
Sat	8:50 a.m. – 9:10 a.m.
640010-B	
Sat	9:10 a.m. – 9:30 a.m.
640010-C	

### July 18 – August 22

Sat	8:30 a.m. – 8:50 a.m.
640010-D	
Sat	8:50 a.m. – 9:10 a.m.
640010-E	
Sat	9:10 a.m. – 9:30 a.m.
640010-F	

### May 31 – July 12

(No Class: July 5)

Sun	8:30 a.m. – 8:50 a.m.
640012-A	
Sun	8:50 a.m. – 9:10 a.m.
640012-B	
Sun	9:10 a.m. – 9:30 a.m.
640012-C	
Sun	9:40 a.m. – 10:00 a.m.
640012-D	
Sun	10:00 a.m. – 10:20 a.m.
640012-E	
Sun	10:20 a.m. – 10:40 a.m.
640012-F	

### July 19 – August 23

Sun	8:30 a.m. – 8:50 a.m.
640012-G	
Sun	8:50 a.m. – 9:10 a.m.
640012-H	
Sun	9:10 a.m. – 9:30 a.m.
640012-I	
Sun	9:40 a.m. – 10:00 a.m.
640012-J	
Sun	10:00 a.m. – 10:20 a.m.
640012-K	
Sun	10:20 a.m. – 10:40 a.m.
640012-L	

## Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool**

\$70 R

\$140 NR

### May 30 – July 11

(No Class: July 4)

Sat	9:40 a.m. – 10:10 a.m.
640020-A	

### July 18 – August 22

Sat	9:40 a.m. – 10:10 a.m.
640020-B	

## FREE IN SUMMER

## Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4- to 5-year-olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

**6, 30-min. sessions at Warm Water Pool**

Free, Registration Required

### May 30 – July 11

(No Class: July 4)

Sat	8:30 a.m. – 9:00 a.m.
640030-A	
Sat	10:15 a.m. – 10:45 a.m.
640030-B	

### July 18 – August 22

Sat	8:30 a.m. – 9:00 a.m.
640030-C	
Sat	10:15 a.m. – 10:45 a.m.
640030-D	

### May 31 – July 12

(No Class: July 5)

Sun	8:30 a.m. – 9:00 a.m.
640032-A	
Sun	10:50 a.m. – 11:20 a.m.
640032-B	



## Rookie I continued

### July 19 – August 23

Sun	8:30 a.m. – 9:00 a.m.
640032-C	
Sun	10:50 a.m. – 11:20 a.m.
640032-D	

### 6, 30-min. sessions at Warm Water Pool

Free, Registration Required

### June 2 – July 7

Tue	6:00 p.m. – 6:30 p.m.
640036-A	

### June 4 – July 9

Thu	5:00 p.m. – 5:30 p.m.
640036-B	

### July 14 – August 18

Tue	6:00 p.m. – 6:30 p.m.
640036-C	

### July 16 – August 20

Thu	5:00 p.m. – 5:30 p.m.
640036-D	

### 8, 30-min. sessions at Warm Water Pool

Free, Registration Required

### June 1 – June 24

Mon, Wed	5:00 p.m. – 5:30 p.m.
640033-A	

### June 29 – July 22

Mon, Wed	5:00 p.m. – 5:30 p.m.
640033-B	

### July 27 – August 19

Mon, Wed	5:00 p.m. – 5:30 p.m.
640033-C	

## Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

### 6, 30-min. sessions at Warm Water Pool

\$70 R \$140 NR

### May 30 – July 11

(No Class: July 4)

Sat	9:05 a.m. – 9:35 a.m.
640040-A	
Sat	10:50 a.m. – 11:20 a.m.
640040-B	

### July 18 – August 22

Sat	9:05 a.m. – 9:35 a.m.
640040-C	
Sat	10:50 a.m. – 11:20 a.m.
640040-D	

## Rookie II continued

### May 31 – July 12

(No Class: July 5)

Sun	9:05 a.m. – 9:35 a.m.
640042-A	
Sun	10:15 a.m. – 10:45 a.m.
640042-B	

### July 19 – August 23

Sun	9:05 a.m. – 9:35 a.m.
640042-C	
Sun	10:15 a.m. – 10:45 a.m.
640042-D	

### 6, 30-min. sessions at Warm Water Pool

\$65 R \$100 NR

### June 2 – July 7

Tue	5:00 p.m. – 5:30 p.m.
640046-A	

### June 4 – July 9

Thu	5:30 p.m. – 6:00 p.m.
640046-B	

### July 14 – August 18

Tue	5:00 p.m. – 5:30 p.m.
640046-C	

### July 16 – August 20

Thu	5:30 p.m. – 6:00 p.m.
640046-D	

### 8, 30-min. sessions at Warm Water Pool

\$80 R \$120 NR

### June 1 – June 24

Mon, Wed	5:00 p.m. – 5:30 p.m.
640043-A	

### June 29 – July 22

Mon, Wed	5:00 p.m. – 5:30 p.m.
640043-B	

### July 27 – August 19

Mon, Wed	5:00 p.m. – 5:30 p.m.
640043-C	

## Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

### 6, 30-min. sessions at Warm Water Pool

\$70 R \$140 NR

### May 30 – July 11

(No Class: July 4)

Sat	8:30 a.m. – 9:00 a.m.
640050-A	
Sat	11:25 a.m. – 11:55 a.m.
640050-B	

### July 18 – August 22

Sat	8:30 a.m. – 9:00 a.m.
640050-C	
Sat	11:25 a.m. – 11:55 a.m.
640050-D	

### May 31 – July 12

(No Class: July 5)

Sun	10:50 a.m. – 11:20 a.m.
640052-A	

### July 19 – August 23

Sun	10:50 a.m. – 11:20 a.m.
640052-B	

### 6, 30-min. sessions at Warm Water Pool

\$65 R \$100 NR

### June 2 – July 7

Tue	5:30 p.m. – 6:00 p.m.
640056-A	

### July 14 – August 18

Tue	5:30 p.m. – 6:00 p.m.
640056-B	

### 8, 30-min. sessions at Warm Water Pool

\$80 R \$120 NR

### June 1 – June 24

Mon, Wed	6:30 p.m. – 7:00 p.m.
640053-A	

### June 29 – July 22

Mon, Wed	6:30 p.m. – 7:00 p.m.
640053-B	

### July 27 – August 19

Mon, Wed	6:30 p.m. – 7:00 p.m.
640053-C	

## WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

## Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

### 6, 30-min. sessions at Lap Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat 9:05 a.m. – 9:35 a.m.  
640060-A

#### July 18 – August 22

Sat 9:05 a.m. – 9:35 a.m.  
640060-B

#### May 31 – July 12

(No Class: July 5)

Sun 10:15 a.m. – 10:45 a.m.  
640062-A

#### July 19 – August 23

Sun 10:15 a.m. – 10:45 a.m.  
640062-B

### 6, 30-min. sessions at Lap Pool

\$65 R    \$100 NR

#### June 2 – July 7

Tue 6:30 p.m. – 7:00 p.m.  
640066-A

#### July 14 – August 18

Tue 6:30 p.m. – 7:00 p.m.  
640066-B

## CONFIDENCE BY THE LAP

Swimming is a fun, low-impact way for kids to build strength, endurance, coordination and balance – while also boosting confidence as they master new skills in the water.

# 6 – 12 YEARS OLD

## FREE IN SUMMER

### Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs and various safety topics.

### 6, 30-min. sessions at Warm Water Pool

Free, Registration Required

#### May 30 – July 11

(No Class: July 4)

Sat 8:30 a.m. – 9:00 a.m.  
640310-A

Sat 10:15 a.m. – 10:45 a.m.  
640310-B

#### July 18 – August 22

Sat 8:30 a.m. – 9:00 a.m.  
640310-C

Sat 10:15 a.m. – 10:45 a.m.  
640310-D

#### May 31 – July 12

(No Class: July 5)

Sun 9:05 a.m. – 9:35 a.m.  
640312-A

Sun 11:25 a.m. – 11:55 a.m.  
640312-B

#### July 19 – August 23

Sun 9:05 a.m. – 9:35 a.m.  
640312-C

Sun 11:25 a.m. – 11:55 a.m.  
640312-D

#### June 2 – July 7

Tue 6:30 p.m. – 7:00 p.m.  
640316-A

Thu 5:00 p.m. – 5:30 p.m.  
640316-B

#### June 4 – July 9

Tue 6:30 p.m. – 7:00 p.m.  
640316-C

Thu 5:00 p.m. – 5:30 p.m.  
640316-D

#### July 14 – August 18

Tue 6:30 p.m. – 7:00 p.m.  
640316-C

Thu 5:00 p.m. – 5:30 p.m.  
640316-D

### 8, 30-min. sessions at Warm Water Pool

Free, Registration Required

#### June 1 – June 24

Mon, Wed 6:00 p.m. – 6:30 p.m.  
640313-A

Mon, Wed 6:00 p.m. – 6:30 p.m.  
640313-B

### Level 1 continued

#### July 27 – August 19

Mon, Wed  
640313-C

6:00 p.m. – 6:30 p.m.

### Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water and combined swim front for five strokes using arms, kicking and breathing.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat 9:05 a.m. – 9:35 a.m.  
640320-A

Sat 10:15 a.m. – 10:45 a.m.  
640320-B

#### July 18 – August 22

Sat 9:05 a.m. – 9:35 a.m.  
640320-C

Sat 10:15 a.m. – 10:45 a.m.  
640320-D

#### May 31 – July 12

(No Class: July 5)

Sun 11:25 a.m. – 11:55 a.m.  
640322-A

Sun 11:25 a.m. – 11:55 a.m.  
640322-B

### 6, 30-min. sessions at Warm Water Pool

\$65 R    \$100 NR

#### June 2 – July 7

Tue 5:00 p.m. – 5:30 p.m.  
640326-A

Thu 5:30 p.m. – 6:00 p.m.  
640326-B

Tue 5:00 p.m. – 5:30 p.m.  
640326-C

Thu 5:30 p.m. – 6:00 p.m.  
640326-D

#### July 14 – August 18

Tue 5:00 p.m. – 5:30 p.m.  
640326-C

Thu 5:30 p.m. – 6:00 p.m.  
640326-D

### 8, 30-min. sessions at Warm Water Pool

\$80 R    \$120 NR

#### June 1 – June 24

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640323-A

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640323-B

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640323-C

## Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke and various safety topics.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat 9:40 a.m. – 10:10 a.m.  
640330-A  
Sat 11:25 a.m. – 11:55 a.m.  
640330-B

#### July 18 – August 22

Sat 9:40 a.m. – 10:10 a.m.  
640330-C  
Sat 11:25 a.m. – 11:55 a.m.  
640330-D

#### May 31 – July 12

(No Class: July 5)

Sun 9:40 a.m. – 10:10 a.m.  
640332-A

#### July 19 – August 23

Sun 9:40 a.m. – 10:10 a.m.  
640332-B

### 6, 30-min. sessions at Warm Water Pool

\$65 R    \$100 NR

#### June 2 – July 7

Tue 5:30 p.m. – 6:00 p.m.  
640336-A

#### July 14 – August 18

Tue 5:30 p.m. – 6:00 p.m.  
640336-B

### 8, 30-min. sessions at Warm Water Pool

\$80 R    \$120 NR

#### June 1 – June 24

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640333-A

#### June 29 – July 22

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640333-B

#### July 27 – August 19

Mon, Wed 5:30 p.m. – 6:00 p.m.  
640333-C

## Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards and treading water for two minutes.

### 6, 30-min. sessions at Lap Pool

\$70 R    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat 9:40 a.m. – 10:10 a.m.  
640340-A

#### July 18 – August 22

Sat 9:40 a.m. – 10:10 a.m.  
640340-B

#### May 31 – July 12

(No Class: July 5)

Sun 11:25 a.m. – 11:55 a.m.  
640342-A

#### July 19 – August 23

Sun 11:25 a.m. – 11:55 a.m.  
640342-B

### 6, 30-min. sessions at Lap Pool

\$65 R    \$100 NR

#### June 2 – July 7

Tue 6:00 p.m. – 6:30 p.m.  
640346-A

#### July 14 – August 18

Tue 6:00 p.m. – 6:30 p.m.  
640346-B

### 8, 30-min. sessions at Lap Pool

\$80 R    \$120 NR

#### June 1 – June 24

Mon, Wed 6:00 p.m. – 6:30 p.m.  
640343-A

#### June 29 – July 22

Mon, Wed 6:00 p.m. – 6:30 p.m.  
640343-B

#### July 27 – August 19

Mon, Wed 6:00 p.m. – 6:30 p.m.  
640343-C

## PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Program Director for more information or inquire about availability at 703-390-6152. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk at 703-390-6150.

### 30-minute session

\$40 R    \$60 NR



## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

## Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly, back crawl and breaststroke for 25 yards, flip turns for front crawl and treading water for five minutes.

### 6, 45-min. sessions at Lap Pool

\$80 R    \$160 NR

#### May 30 – July 11

(No Class: July 4)

Sat 10:15 a.m. – 11:00 a.m.  
640350-A

#### July 18 – August 22

Sat 10:15 a.m. – 11:00 a.m.  
640350-B

## Level 6

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 focuses on swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly, back crawl and breaststroke for 50 yards, flip turns for both front and back crawl, introduction to swim equipment (pull buoys and fins) and retrieving an object from eight feet deep.

### 6, 45-min. sessions at Lap Pool

\$80 R    \$160 NR

#### May 30 – July 11

(No Class: July 4)

Sat 11:05 a.m. – 11:50 a.m.  
640360-A

#### July 18 – August 22

Sat 11:05 a.m. – 11:50 a.m.  
640360-B

## Adapted Aquatics

(4+)

Adapted Aquatics offers individualized swim instruction for children and adults with physical or learning disabilities. RCC-trained instructors and volunteers supervise all sessions and family members may assist if needed. Mainstreaming is available upon request. For questions, contact the Aquatics Service Desk at 703-390-6150.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$56 R55+    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat 10:50 a.m. – 11:20 a.m.  
640190-A

Sat 11:25 a.m. – 11:55 a.m.  
640190-B

#### July 18 – August 22

Sat 10:50 a.m. – 11:20 a.m.  
640190-C

Sat 11:25 a.m. – 11:55 a.m.  
640190-D

### Interested in volunteering?

Register at  
[volunteer.fairfaxcounty.gov](http://volunteer.fairfaxcounty.gov)  
or scan here:



13+

## Adult Beginner

(13+)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$56 R55+    \$140 NR

#### May 30 – July 11

(No Class: July 4)

Sat 9:40 a.m. – 10:10 a.m.  
640210-A

#### July 18 – August 22

Sat 9:40 a.m. – 10:10 a.m.  
640210-B

#### May 31 – July 12

(No Class: July 5)

Sun 8:30 a.m. – 9:00 a.m.  
640212-A

#### July 19 – August 23

Sun 8:30 a.m. – 9:00 a.m.  
640212-B

### 8, 30-min. sessions at Warm Water Pool

\$80 R    \$64 R55+    \$120 NR

#### June 1 – June 24

Mon, Wed 6:30 p.m. – 7:00 p.m.  
640213-A

#### June 29 – July 22

Mon, Wed 6:30 p.m. – 7:00 p.m.  
640213-B

#### July 27 – August 19

Mon, Wed 6:30 p.m. – 7:00 p.m.  
640213-C



## Adult Advanced Beginner

(13+)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

### 6, 45-min. sessions at Lap Pool

\$80 R    \$64 R55+    \$160 NR

#### May 30 – July 11

(No Class: July 4)

Sat 10:50 a.m. – 11:35 a.m.  
640220-A

#### July 18 – August 22

Sat 10:50 a.m. – 11:35 a.m.  
640220-B

### 6, 45-min. sessions at Lap Pool

\$70 R    \$56 R55+    \$105 NR

#### June 4 – July 9

Thu 6:00 p.m. – 6:45 p.m.  
640226-A

#### July 16 – August 20

Thu 6:00 p.m. – 6:45 p.m.  
640226-B

## PRICING

RCC reviews its pricing for programs and services annually.

Increases in pricing reflect either increased costs or RCC's commitment to price within a range that acknowledges the special tax paid by Reston RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

RCC's Fee Waiver Program is also available to help eligible Reston residents and workers in Small District 5 with reduced or waived fees so cost is not a barrier to participation. Learn more here:



## DAILY WATER AEROBICS

- RCC offers a variety of daily water aerobics classes.
- It is free to reserve your place in class at myRCC, but you must swipe a Water Aerobics Pass or purchase a Water Aerobics Daily Visit to participate.
- To reserve daily aerobics classes, log into myRCC and select your preferred dates and times.
- Reservations for the following month open on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston.
- You can cancel your reservation through myRCC.
- Participants should consult with a physician before starting this program.
- Equipment will be provided.

## Aqua Barre

(18+)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially the core. Using noodles as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Participants must be comfortable in deep water.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### July 1 – August 21

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.  
6C0110 Staff

## Aqua Blast

(18+)

Start your day energized with this deep-water workout. Using the resistance and buoyancy of water, you'll improve balance, coordination, strength and aerobic fitness. The session includes cardio, strength and flexibility exercises at your own pace. Participants must be comfortable in deep water.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### July 2 – August 23

(No Class: July 5)

Tue, Thu 8:30 a.m. – 9:15 a.m.  
6C0060 Staff

Tue, Thu 9:30 a.m. – 10:15 a.m.  
6C0075 Staff

Sun 8:30 a.m. – 9:15 a.m.  
6C0065 Staff

Sun 9:30 a.m. – 10:15 a.m.  
6C0070 Staff

## Aqua Boot Camp

(18+)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Participants must be comfortable in deep water.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### July 1 – August 21

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.  
6C0080 Staff

Mon, Wed, Fri 9:30 a.m. – 10:15 a.m.  
6C0100 Staff

## WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
<b>Water Aerobics Daily Visit</b>		
Single visits can be purchased at the Terry L. Smith Aquatics Center.		
Adult	\$7	\$14
Youth and Senior	\$6	\$12
<b>Water Aerobics Pass (Price Per Visit)</b>		
Passes can be purchased with 5 – 60 visits at a time. Additional visits can be added online at myRCC or at an RCC Customer Service Desk. Valid for 2 years from purchase date.		
Adult	\$6	\$12
Youth and Senior	\$5	\$10

## Aqua Mixer

(18+)

This deep-water class offers a completely non-impact workout to boost cardiovascular fitness, flexibility, muscular endurance and overall toning, with a focus on strengthening lower back muscles and ligaments. Participants must be comfortable in deep water.

**45-min. sessions at Warm Water Pool**

Pass, Reservation Required

**July 1 – August 19**

Mon, Wed  
6C0040

5:30 p.m. – 6:15 p.m.  
Staff

## Aqua Yoga

(18+)

This shallow water class is a variation of traditional yoga performed in the warm water pool and offers a low-impact, supportive environment for practicing poses and breathing techniques. It involves adapting traditional yoga asanas (poses) and incorporating the unique benefits of water, like buoyancy and resistance.

**45-min. sessions at Warm Water Pool**

Pass, Reservation Required

**July 4 – August 23**

(No Class: July 5)

Sun, Tue  
6C0170

7:30 a.m. – 8:15 a.m.  
Staff

## Arthritis, Fibromyalgia and Multiple Sclerosis

(18+)

This deep-water class, led by a certified instructor, includes warm-up, aerobic segment and cool-down over 45 minutes. Designed for those with arthritis, fibromyalgia or Multiple Sclerosis, it improves flexibility, strength, coordination, balance, endurance and range of motion, while reducing muscle spasms and promoting relaxation. The water offers a social, stimulating environment for fun, friendship and overall well-being. Instructor approval and physician consultation are required.

**45-min. sessions at Warm Water Pool**

Pass, Reservation Required

**July 2 – August 20**

Tue, Thu  
6C0160

11:45 a.m. – 12:30 p.m.  
Staff

## Deep Water Mania

(18+)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments.

**45-min. sessions at Warm Water Pool**

Pass, Reservation Required

**July 1 – August 19**

Mon, Wed  
6C0150

6:30 p.m. – 7:15 p.m.  
Staff

## Tides in Motion

(18+)

This water aerobics class is perfect for all ages, toning major muscles and improving aerobic fitness, balance and circulation. Exercises take place in shallow water with upbeat music. Water shoes are recommended.

**45-min. sessions at Warm Water Pool**

Pass, Reservation Required

**July 1 – August 21**

Mon, Wed, Fri  
6C0010

8:30 a.m. – 9:15 a.m.  
Staff



# THE TERRY L. SMITH AQUATICS CENTER RULES & REGULATIONS

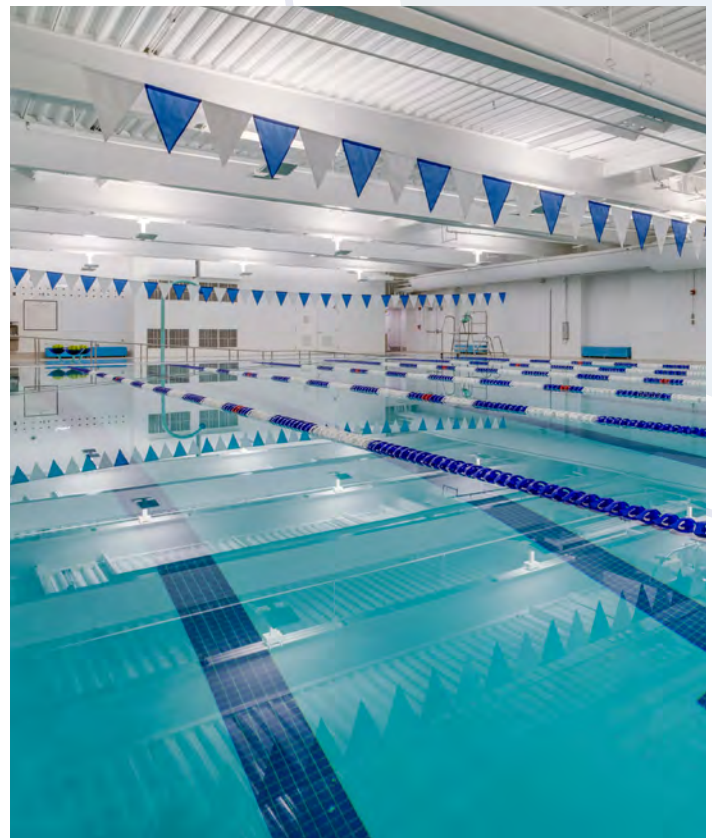
1. Any conduct that jeopardizes the safety of other patrons is prohibited.
2. Spitting or expelling water is strictly prohibited.
3. Diving into water less than 8 feet deep is prohibited. Back dives or flips from the side in any depth of water are also prohibited.
4. Running, pushing and horseplay are not allowed.
5. Food, drinks and chewing gum are not allowed in pool areas or locker rooms.
6. Glass containers and breakable objects are strictly prohibited throughout the Terry L. Smith Aquatics Center.
7. Non-swimmers aged 11 and under must wear an RCC-supplied wristband and are only permitted in the shallow ends of the pools.
8. Children using flotation devices require direct adult supervision. Only Coast Guard-approved flotation devices are allowed. You may bring your own Coast-Guard approved flotation device or use one provided by RCC.
9. All individuals entering the pool must register at the Aquatics desk and pay the required fee.
10. Children under 8 must be accompanied by an adult aged 16 or older.
11. Children aged 7 and up must use the appropriate locker rooms. They may use the All Genders/Accessible Dressing Room or either the women's or men's locker rooms.
12. Children under 3 and any patron diagnosed with incontinence must wear plastic pants underneath swimwear.
13. All swimmers must rinse off before entering the pools. Anyone leaving the pool area must shower before re-entering.
14. Kickboards and fins are only allowed in the lap lanes.
15. Masks must be marked "Tempered Glass" or "Plastic Lens."
16. Snorkels must be properly attached to a mask.
17. Special equipment (rings, noodles and barbells) is for class use only.
18. Starting blocks are reserved for swim lessons and rentals only.
19. ADA and entry ramps are for entry and exit only. Open swimming or playing on the Warm Water or Lap Pool ramps is prohibited.
20. Videography and photography of any kind during swim team practices are prohibited unless authorized in writing by the swim team coach.
21. Do not converse with lifeguards on duty. Seek assistance from other Aquatics staff members in the office.
22. Appropriate swimwear is mandatory. Only bathing suits or approved alternatives are permitted; excessively loose clothing or garments are not allowed for safety reasons.
23. The pools may be closed or access limited at management's discretion due to technical issues, overcrowding or severe weather conditions.
24. Prolonged underwater swimming or breath-holding is prohibited. Engaging in competitive or extended breath-holding can be dangerous.

These rules will be enforced by the professional lifeguarding staff of the Terry L. Smith Aquatics Center. Compliance with these rules is essential for the comfort and safety of all our patrons. Thank you for your cooperation.

## Locker Room Rules

The locker rooms at RCC's Terry L. Smith Aquatics Center serve many patrons each day. To ensure the health and safety of our patrons, RCC requests that all patrons abide by these established rules:

- a. Only water bottles are allowed in the locker rooms. No food or any other beverages are permitted.
- b. The use of cell phones and any communication devices is strictly prohibited inside the locker rooms. You may use these devices only in the lobby areas of RCC.
- c. The locker rooms are shared spaces. Respect others by keeping surfaces, benches and all areas free of personal items. Any personal belongings should be stored in a locker during your visit. Clutter will not be tolerated.
- d. Do not leave your personal belongings in the locker rooms before or after use. This includes clothing, bags and other items. Lockers should be emptied after each visit.
- e. Maintaining a clean and tidy locker room is mandatory. Showers and sinks should be used efficiently.
- f. Absolutely no shaving is allowed. Hair shed from shampooing must be cleaned up immediately.
- g. Children ages 7 and older must use the locker room designated for their gender. This rule is not negotiable when bringing children to the pool.
- h. If you arrive at RCC with mud or debris on your shoes, you must remove your shoes before entering the locker rooms. Failure to do so will result in you being asked to leave the premises.





# NOW HIRING AND TRAINING **LIFEGUARDS**

*Serve your Community.  
One Wave at a Time.*

**BENEFITS INCLUDE:**

- Competitive wages (\$17.50 – \$21.00 per hour)
- Flexible Schedule
- FREE American Red Cross Lifeguard Training (\$200 value)\*
- FREE Uniforms
- Year-round Employment
- Discounts on RCC Programs
- Leadership and Teamwork Skills Development

**APPLY ONLINE**

[www.restoncommunitycenter.com/lifeguard](http://www.restoncommunitycenter.com/lifeguard)

*Perfect For*  
**HIGH SCHOOL STUDENTS**  
**COLLEGE STUDENTS**  
**STAY-AT-HOME PARENTS**  
**RETIRES**



\*Lifeguarding classes are offered based upon public demand and instructor availability.

For more information, please contact Matt McCall, RCC's Aquatics Director, at [Matthew.McCall@fairfaxcounty.gov](mailto:Matthew.McCall@fairfaxcounty.gov).



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# FUN

## Around Town

FREE

ALL AGES

RCC brings recreation to your neighborhood!  
Enjoy a fun-filled program with arts and crafts, games,  
music and more for the whole community.

Register in  
myRCC  
Search "Fun  
Around Town"

**Friday, June 26 • 4:00 p.m. – 6:00 p.m.**  
Cedar Ridge Community Center – 1601 Becontree Lane, Reston

**Friday, July 24 • 4:00 p.m. – 6:00 p.m.**  
Westglade Neighborhood Center – 2110 Westglade Court, Reston

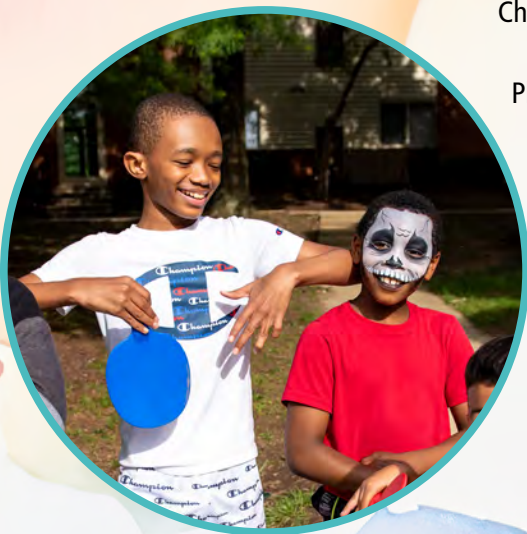
**Friday, August 14 • 4:00 p.m. – 6:00 p.m.**  
Stonegate Neighborhood Center – 2244 B Stonewheel Drive, Reston

Children 10 and under must be accompanied by an adult.

Please note: In the event of inclement weather, activities  
will be canceled and will not be rescheduled.

### Interested in volunteering?

Register at  
[volunteer.fairfaxcounty.gov](https://volunteer.fairfaxcounty.gov)  
or scan here:



These programs are offered in support of the Reston Opportunity Neighborhood program and are sponsored by Reston Community Center.

For more information, contact LaTanja Snelling, RCC's Equity Partnerships Director, at 703-390-6180.



# MEETUPS

All registered children must be accompanied by a parent or caregiver. Participation is limited to the advertised age range.

## Lego Discoveries

(3 – 10 years old)

Kids will explore a LEGO® world through the 4D Cinema and Imagination Express, with hands-on fun from bubble builds to spaceships. Thousands of bricks spark endless creativity. Lunch is included.

**1, 4-hour session at Lego Discovery Center, Springfield, Va.**

\$15 R    \$12 R55+    \$23 NR

**June 25**

Thu 10:00 a.m. – 2:00 p.m.  
960019-A Haneline

## Children's Science Center Lab

(3 – 10 years old)

The Children's Science Center Lab encourages children to explore science, technology, engineering and mathematics (STEM) concepts through fun, engaging hands-on exhibits and activities.

**1, 2-hour session at Children's Science Center Lab, Fairfax, Va.**

\$10 R    \$8 R55+    \$15 NR

**July 25**

Sat 10:00 a.m. – 12:00 p.m.  
901430-A Haneline

# SOCIAL

Participation is limited to the advertised age range.

## Parent's Night Out

(5 – 13 years old)

Parents, enjoy a well-deserved night out while your child enjoys a fun-filled evening at RCC. Kids will play board games, create arts and crafts, go swimming and more, topped off with pizza and a seasonal movie. A 20% sibling discount is available for additional children from the same Reston household (R Sibling).

**1, 4-hour session at RCC Hunters Woods**

\$8 R    \$6 R Sibling    \$12 NR

**June 5**

Fri 902016-I 5:00 p.m. – 9:00 p.m.  
Staff

**June 26**

Fri 902016-J 5:00 p.m. – 9:00 p.m.  
Staff

**July 10**

Fri 902016-K 5:00 p.m. – 9:00 p.m.  
Staff

**July 24**

Fri 902016-L 5:00 p.m. – 9:00 p.m.  
Staff

**August 7**

Fri 902016-M 5:00 p.m. – 9:00 p.m.  
Staff

**August 21**

Fri 902016-N 5:00 p.m. – 9:00 p.m.  
Staff

## Tot Time

(Infant – 4 years old)

Kids love this drop-in play group filled with toys, games, books and music, while parents enjoy connecting with one another. A parent or guardian must actively participate.

**90-min. sessions at RCC Lake Anne**

Free, Registration Not Required

**June 1 – August 10**

Mon 9:30 a.m. – 11:00 a.m.  
Ali

**LEARNING THROUGH PLAY**

Drop-in playgroups give toddlers a chance to practice sharing, taking turns and using their words with other kids – building early social skills, confidence and empathy.





## LEISURE & LEARNING

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Visual Arts .....	56 – 57
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**NEW**

## COOKING

(18+)

Acclaimed private chef Abby McManigle uses her extensive culinary expertise to highlight the versatility of seasonal produce across diverse ethnic cuisines.

### Global Bread Adventure

Prepare and indulge in Moroccan flatbread with olives and feta, South American arepas and Roman rosemary olive oil focaccia.

**1, 2-hour session at RCC Hunters Woods**

\$100 R

\$80 R55+

\$150 NR

**July 11**Sat  
523108-A1:00 p.m. – 3:00 p.m.  
McManigle

### Mexican Salsa: Styles and Flavors

Explore bold flavors while crafting Salsa Macha, charred tomatillo salsa verde, Yucatán-style dried chili salsa, roasted tomato salsa and crispy homemade chips.

**1, 2-hour session at RCC Hunters Woods**

\$100 R

\$80 R55+

\$150 NR

**June 13**Sat  
523107-A1:00 p.m. – 3:00 p.m.  
McManigle

### Summer Date Night in Provence

Prepare a decadent feast of panisse frites, heirloom tomato chutney, mussels in saffron bouillabaisse broth, seared steak and almond financiers with stone fruit and crème fraîche.

**1, 2-hour session at RCC Hunters Woods**

\$100 R

\$80 R55+

\$150 NR

**August 15**Sat  
523109-A1:00 p.m. – 3:00 p.m.  
McManigle

## DANCE

### Line Dancing with Scotty – Beginner

(18+)

Learn classic country favorites, the newest pop dances and other line dancing styles for beginners. Please wear shoes that will slide on the wood floor and bring water to class.

**10, 60-min. sessions at RCC Hunters Woods**

\$75 R

\$60 R55+

\$112 NR

**June 4 – August 6**Thu  
503532-C5:00 p.m. – 6:00 p.m.  
Inman

### Line Dancing with Scotty – Intermediate

(18+)

Learn classic country favorites, the newest pop dances and other line dancing styles for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.

**10, 60-min. sessions at RCC Hunters Woods**

\$75 R

\$60 R55+

\$112 NR

**June 4 – August 6**Thu  
503623-C6:00 p.m. – 7:00 p.m.  
Inman

### Sunday Afternoon Dances

(18+)

Dancers of all skill levels convene to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini-lesson and door prizes add to the fun! Partners are not required. Please note there is no 55+ discount on this drop-in event. For more information, please contact Cassie Lebron, RCC's Lifelong Learning Program Director, at 703-390-6157.

**2-hour sessions at RCC Hunters Woods**

\$6 R

\$9 NR

**June 14, July 12, August 9**

Sun

2:30 p.m. – 4:30 p.m.

## DISCUSSION

### Bookends

(18+)

Enjoy lively discussions about a variety of captivating books. Pick up your own copy or borrow one from the library. We can't wait to hear your insights!

**June 25:**

"The Measure: A Novel" by Nikki Erlick

**July 23:**

"The Frozen River" by Ariel Lawhon

**August 20th:**

"The Art Thief: A True Story of Love, Crime, and Dangerous Obsession" by Michael Finkel

**3, 90-min. sessions at RCC Lake Anne**

Free, Registration Required

**June 25, July 23, August 20**Thu  
5C0075-B12:30 p.m. – 2:00 p.m.  
Staff

### Current Issues Discussion Group

(18+)

Be part of a lively gathering focused on politics and how government works – or doesn't work – at the local, national and global levels. Thoughtful debate is encouraged and newcomers are always welcome.

**2, 2-hour sessions at RCC Hunters Woods**

Free, Registration Required

**June 4 – June 11**Thu  
5C0080-B10:00 a.m. – 12:00 p.m.  
Staff**10, 2-hour sessions at RCC Lake Anne**

Free, Registration Required

**June 18 – August 20**Thu  
5C0080-C10:00 a.m. – 12:00 p.m.  
Staff

## HEALTHY CONNECTIONS

Mayo Clinic research shows that strong social connections can lower risks of dementia, heart disease and depression while boosting brain health and overall well-being as you age.

**NEW**

# ENRICHMENT

Discover a range of new, exciting enrichment offerings focused on practical, life-enhancing topics that support confident, independent living at every age.

## GET AROUND WITH EASE

Discover local transportation options and build real-world confidence using buses and transit for everyday independence.

### Aging Your Way: Transportation Options in Fairfax County

1, 60-min. session at RCC Hunters Woods

Free, Registration Required

**June 3**

Wed 12:00 p.m. – 1:00 p.m.  
523103-A Zavala

1, 60-min. session via Teams

Free, Registration Required

**July 2**

Thu 12:00 p.m. – 1:00 p.m.  
523103-B Zavala

### Travel Training Hands-on Session

1, 90-min. session at RCC Hunters Woods

Free, Registration Required

**June 18**

Thu 5:00 p.m. – 6:30 p.m.  
523102-A Zavala

**July 14**

Tue 5:00 p.m. – 6:30 p.m.  
523102-B Zavala

## STAY SHARP, STAY WELL

Build habits that support memory, focus and long-term brain health through lifestyle tips and everyday nutrition strategies.

### Better Brain Health as You Age

1, 60-min. session via Teams

Free, Registration Required

**July 7**

Tue 11:00 a.m. – 12:00 p.m.  
503210-B Long

### Healthy Eating for the Brain

1, 60-min. session via Teams

Free, Registration Required

**August 11**

Tue 11:00 a.m. – 12:00 p.m.  
523104-A Long

## VIRTUAL CLASSES

Virtual classes will be conducted using Microsoft Teams or Zoom. All registered participants will receive a link at least 24 hours before the class.

## FINANCIAL CONFIDENCE IN RETIREMENT

Learn how to time your benefits, plan for taxes and make informed decisions that support your financial future.

### Social Security Benefit Options

1, 2-hour session at RCC Hunters Woods

Free, Registration Required

**June 4**

Thu 6:00 p.m. – 8:00 p.m.  
523100-A Wu

**July 9**

Wed 6:00 p.m. – 8:00 p.m.  
523100-B Wu

### Taxes in Retirement

1, 2-hour session at RCC Hunters Woods

Free, Registration Required

**June 11**

Thu 6:00 p.m. – 8:00 p.m.  
523101-A Wu

**July 16**

Thu 6:00 p.m. – 8:00 p.m.  
523101-B Wu

LEISURE & LEARNING

# ADDITIONAL ENRICHMENT OFFERINGS

## Don't Get Scammed

1, 60-min. session via Teams

Free, Registration Required

**June 9**

Tue 11:00 a.m. – 12:00 p.m.  
503509-B Smarr

## Legal: Estate Planning Basics

1, 60-min. session via Teams

Free, Registration Required

**July 21**

Tue 3:00 p.m. – 4:00 p.m.  
500809-B Lambeth

## Medicare 101

1, 90-min. session via Teams

Free, Registration Required

**June 15**

Mon 5:00 p.m. – 6:30 p.m.  
500402-A Khishigdelger

# FITNESS

## Aging with Power and Grace

(18+)

This fun class will explore a variety of exercises designed to increase muscular strength, range of motion and activities for daily living. Exercises can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Make sure to wear supportive footwear to class.

### 10, 60-min. sessions at RCC Lake Anne

\$150 R	\$120 R55+	\$225 NR
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#### June 1 – August 17

(No Class: June 29, July 27)

Mon 11:30 a.m. – 12:30 p.m.  
300147-E Miles/Williams

#### June 3 – August 19

(No Class: July 1, 29)

Wed 11:30 a.m. – 12:30 p.m.  
300147-F Miles/Williams

## Cardio Strength

(18+)

This class blends cardio, strength and core training using diverse equipment to work all major muscle groups, including mat exercises on the floor.

### 11, 60-min. sessions at RCC Lake Anne

\$95 R	\$76 R55+	\$143 NR
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#### June 2 – August 11

Tue 5:30 p.m. – 6:30 p.m.  
300150-C Fletcher

## RCC IS FOR EVERYONE IN RESTON

Eligible Small District 5 (most of Reston) residents and employees can receive reduced fees for RCC classes, camps, trips and performances through RCC's Fee Waiver Program. Learn more here:



## Essentrics

(18+)

This dynamic routine combines strengthening and stretching to boost flexibility, mobility, posture, energy and stress relief while helping prevent injury and reduce pain. Participants should be able to transfer to the floor for mat exercises.

### 11, 60-min. sessions at RCC Lake Anne

\$95 R	\$76 R55+	\$143 NR
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#### June 2 – August 11

Tue 6:45 p.m. – 7:45 p.m.  
305033-K Fletcher

### 8, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### June 8 – August 10

(No Class: June 29, July 27)

Mon 8:00 a.m. – 9:00 a.m.  
305033-L Avilov

#### June 9 – August 11

(No Class: June 30, July 28)

Tue 10:15 a.m. – 11:15 a.m.  
305033-M Avilov

#### June 11 – August 13

(No Class: July 2, 30)

Thu 10:15 a.m. – 11:15 a.m.  
305033-N Avilov

#### June 12 – August 14

(No Class: July 3, 31)

Fri 10:45 a.m. – 11:45 a.m.  
305033-O Avilov

## Essentrics Aging Backwards

(18+)

Miranda Esmonde-White, author of The New York Times bestseller "Aging Backwards," created this slow-paced, full-body workout and revolutionary approach to healthy aging, designed to restore movement in joints, increase muscle flexibility, relieve pain and stimulate cells to increase energy, vibrancy and fortify the immune system. Patrons should be able to transfer to the floor to use an exercise mat during class.

### 11, 60-min. sessions at RCC Lake Anne

\$95 R	\$76 R55+	\$143 NR
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#### June 3 – August 12

Wed 12:00 p.m. – 1:00 p.m.  
305034-E Fletcher

### 8, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### June 10 – August 12

(No Class: July 1, 29)

Wed 10:45 a.m. – 11:45 a.m.  
305034-F Avilov

# WELLNESS WORKSHOPS

Prioritize your wellness with RCC's weekend Wellness Workshops designed to support your mind and body.

## Brain Health Workshop

(18+)

Research shows that diet, mental and physical activity, stress reduction and social engagement can help delay the onset of Alzheimer's. Brain Longevity Specialist Sarah Chan will explain the science and share practical, everyday strategies.

### 1, 2-hour session at RCC Lake Anne

\$30 (R)/\$24 (R55+)/\$45 (NR)

\$30 R	\$24 R55+	\$45 NR
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#### June 27

Sat 1:30 p.m. – 3:30 p.m.  
305707-B Chan

## Forest Bathing Workshop

(18+)

Forest bathing is the practice of immersing oneself in nature to quiet the mind, reduce stress and nurture overall well-being. This guided workshop combines mindfulness, breathwork and meditation, begins at RCC Lake Anne and explores nearby trails for a refreshing, grounding experience.

### 1, 90-min. session at RCC Lake Anne

\$25 R	\$20 R55+	\$38 NR
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#### July 12

Sun 9:00 a.m. – 10:30 a.m.  
305710-B Chan



## Fitness Fusion

(18+)

Tone your body and improve cardiovascular health, strength and flexibility. Please wear fitness shoes and bring water and a mat to class.

### 10, 50-min. sessions at RCC Lake Anne

\$150 R   \$120 R55+   \$225 NR

#### June 1 – August 17

(No Class: June 29, July 27)

Mon 10:30 a.m. – 11:20 a.m.  
300014-E Miles/Williams

#### June 3 – August 19

(No Class: July 1, 29)

Wed 10:30 a.m. – 11:20 a.m.  
300014-F Miles/Williams

## Forever Fit

(18+)

This is a low-intensity interval training workout that combines cardiovascular conditioning, strength training, flexibility and balance, using a variety of fitness equipment including weights, bands and mini-balls.

### 4, 60-min. sessions at RCC Lake Anne

\$40 R   \$32 R55+   \$60 NR

#### June 4 – June 25

Thu 9:00 a.m. – 10:00 a.m.  
305040-C Moses

#### July 6 – July 27

Mon 9:30 a.m. – 10:15 a.m.  
305040-E Briglia

### 8, 60-min. sessions at RCC Lake Anne

\$80 R   \$64 R55+   \$120 NR

#### July 2 – August 20

Thu 9:00 a.m. – 10:00 a.m.  
305040-D Moses

## Functional Fitness

(18+)

Join us for functional fitness with kettlebells, bands, medicine balls and TRX straps. Build strength, stability, mobility and endurance while improving balance, coordination and reducing injury risk.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R   \$60 R55+   \$113 NR

#### June 17 – August 5

Wed 8:00 a.m. – 9:00 a.m.  
305180-C Veisi

## Joint-Friendly Fitness

(18+)

Gentle activities can improve joint flexibility, range of motion and muscle strength. These joint-friendly exercises promote balance, strength and stamina. Participants can take the class sitting or standing. Please bring water and wear supportive footwear.

### 11, 60-min. sessions at RCC Lake Anne

\$105 R   \$84 R55+   \$158 NR

#### June 3 – August 12

Wed 10:30 a.m. – 11:30 a.m.  
300129-E Fletcher

#### June 5 – August 14

Fri 12:00 p.m. – 1:00 p.m.  
300129-F Fletcher

## LIIST

(18+)

This total body workout is performed in a circuit, designed to help you develop strength and improve cardiovascular levels with minimal stress on joints. End the class with a stretching and cooling down period.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R   \$60 R55+   \$113 NR

#### June 13 – August 8

(No Class: July 4)

Sat 9:00 a.m. – 10:00 a.m.  
304605-C Kumar

## Mind-Body Fitness

(18+)

Led by two well-regarded personal trainers, this program provides customized attention critical to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels are welcome.

### 10, 60-min. sessions at RCC Lake Anne

\$150 R   \$120 R55+   \$225 NR

#### June 2 – August 18

(No Class: June 30, July 28)

Tue 11:30 a.m. – 12:30 p.m.  
305840-G Miles/Williams

#### June 4 – August 20

(No Class: July 2, 30)

Thu 11:30 a.m. – 12:30 p.m.  
305840-H Miles/Williams

Thu 12:30 p.m. – 1:30 p.m.  
305840-I Miles/Williams

## Mindfulness Meditation

(18+)

Explore mindfulness in a welcoming space with guided breathing, body scans, gentle movement and loving-kindness meditation. Reduce stress, quiet your mind and build practical tools for daily calm in a supportive community.

### 8, 75-min. sessions at RCC Lake Anne

\$80 R   \$64 R55+   \$120 NR

#### June 10 – August 5

(No Class: July 1)

Wed 6:30 p.m. – 7:45 p.m.  
305059-F Deschamps

## Sound Bath Meditation

(18+)

Using ambient tones from traditional wind and percussion instruments, a sound bath guides you into a deep meditative state, leaving you feeling relaxed, refreshed and balanced.

### 4, 60-min. sessions at RCC Lake Anne

\$50 R   \$40 R55+   \$75 NR

#### June 28 – August 16

(No Class: July 5, 19, August 2, 9)

Sun 4:00 p.m. – 5:00 p.m.  
314761-C Syputa

## Zumba Fitness

(18+)

Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R   \$60 R55+   \$113 NR

#### June 15 – August 3

Mon 6:30 p.m. – 7:30 p.m.  
302327-E Ledesma

#### June 18 – August 6

Thu 6:15 p.m. – 7:15 p.m.  
302327-F Kumar

## Zumba Toning

(18+)

Zumba Toning combines body sculpting exercises with high-energy cardio using Latin-infused Zumba moves. Participants will use lightweight toning sticks or dumbbells to tone their arms, abs and thighs. New participants should attend the first session for orientation on posture and form.

8, 55-min. sessions at RCC Lake Anne

\$75 R

\$60 R55+

\$113 NR

June 15 – August 3

Mon

302227-C

5:30 p.m. – 6:25 p.m.

Ledesma

## FITNESS: YOGA & TAI CHI

Patrons are encouraged to bring their own mat to class.

### Beginning Tai Chi

(18+)

This class emphasizes the physical discipline and structure of Tai Chi movements and provides the development of basic skills and techniques that lead toward integration of the mind, body and spirit. This class is performed standing and promotes improvement of balance, flexibility, strength and cardiovascular conditioning.

6, 60-min. sessions at RCC Lake Anne

\$60 R

\$48 R55+

\$90 NR

June 16 – July 28

(No Class: June 30)

Tue

302305-E

1:30 p.m. – 2:30 p.m.

Yue

June 19 – July 31

(No Class: July 3)

Fri

302305-F

10:30 a.m. – 11:30 a.m.

Yue

## MINDFUL MOVEMENT

According to the Mayo Clinic, yoga combines physical and mental practices to reduce stress, improve balance, boost joint flexibility and support overall well-being.

## Gentle Yoga

(18+)

Designed for senior adults, this traditional yoga class incorporates stretching and strengthening postures that focus on balance with some standing and floor poses as well. Participants should be comfortable getting up and down from the floor.

7, 75-min. sessions at RCC Lake Anne

\$75 R

\$60 R55+

\$113 NR

June 25 – August 20

(No Class: July 2, August 6)

Thu

304995-F

10:15 a.m. – 11:30 a.m.

Sypula

8, 75-min. sessions at RCC Lake Anne

\$85 R

\$68 R55+

\$113 NR

June 23 – August 18

(No Class: August 4)

Tue

304995-E

10:15 a.m. – 11:30 a.m.

Sypula

### Hatha Yoga I

(18+)

Hatha Yoga I creates balance in our physical, mental and energetic bodies. Students explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. This class is open to all levels.

4, 60-min. sessions at RCC Lake Anne

\$45 R

\$36 R55+

\$68 NR

June 4 – June 25

Thu

315001-C

9:00 a.m. – 10:00 a.m.

Unger

### Hatha Yoga II

(18+)

Hatha Yoga II explores creating balance in our physical, mental and energetic bodies by adding to foundational postures. Experience more challenging postures, sequences and focus on linking breath with movement to build strength, balance, awareness and joy. Students should have prior knowledge or experience in Hatha Yoga.

4, 60-min. sessions at RCC Lake Anne

\$45 R

\$36 R55+

\$68 NR

June 3 – June 24

Wed

315002-C

6:15 p.m. – 7:15 p.m.

Unger

## Intermediate Tai Chi

(18+)

This class is a progression of Beginning Tai Chi. Students will continue to practice the 24-step Yang Style Tai Chi form and various QiGong exercises. Participants are encouraged to wear supportive footwear to class. Approval is required from Beginning Tai Chi instructor to participate in this intermediate level class.

6, 60-min. sessions at RCC Lake Anne

\$60 R

\$48 R55+

\$90 NR

June 19 – July 31

(No Class: July 3)

Fri

302307-C

9:25 a.m. – 10:25 a.m.

Yue

### Mindful Hatha Yoga

(18+)

This class will teach breathing exercises, stretching movements and relaxation. Learn to use these movements to work through stiff joints and muscles while developing strength and flexibility.

8, 60-min. sessions at RCC Lake Anne

\$80 R

\$64 R55+

\$120 NR

June 23 – August 18

(No Class: August 4)

Tue

305055-C

9:00 a.m. – 10:00 a.m.

Sypula

### Mindful Yoga with Sound Healing

(18+)

This class combines mindful yoga with the sounds of singing bowls to enhance relaxation and focus. Students will practice yoga movements and breathing techniques, then enjoy guided meditation and deep relaxation accompanied by the bowls.

7, 75-min. sessions at RCC Lake Anne

\$75 R

\$60 R55+

\$113 NR

June 25 – August 20

(No Class: July 2, August 6)

Thu

314760-F

6:30 p.m. – 7:45 p.m.

Sypula

8, 75-min. sessions at RCC Lake Anne

\$85 R

\$68 R55+

\$128 NR

June 23 – August 18

(No Class: August 4)

Tue

314760-E

6:30 p.m. – 7:45 p.m.

Sypula

**NEW**

## Qigong

(18+)

Qigong originated in ancient China as part of traditional medicine. This dynamic class emphasizes a practice that integrates mind, breath and gentle, flowing movement. Through coordinated full-body motions, participants will improve strength, balance, coordination and overall relaxation while supporting both physical and mental well-being.

**8, 60-min. sessions at RCC Lake Anne**

\$75 R	\$60 R55+	\$113 NR
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**June 18 – August 6**

Thu 9:30 a.m. – 10:30 a.m.  
304994-C Yue

## Slow Flow Yoga

(18+)

Slow flow yoga uses mindful, breath-based movements and longer-held poses to build strength, flexibility, balance and awareness. Classes end with guided relaxation and are suitable for all levels, including beginners.

**7, 60-min. sessions at RCC Lake Anne**

\$70 R	\$56 R55+	\$105 NR
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**June 25 – August 20**

(No Class: July 2, August 6)  
Thu 5:00 p.m. – 6:00 p.m.  
305610-C Sypula

## Yang Style Tai Chi

(18+)

This class focuses on Tai Chi fundamental principles and exercises emphasizing the connection between the body and the mind. This class is designed to improve balance, flexibility and overall well-being.

**8, 60-min. sessions at RCC Lake Anne**

\$70 R	\$56 R55+	\$105 NR
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**June 10 – August 5**

(No Class: July 1)  
Wed 6:00 p.m. – 7:00 p.m.  
304920-C Scanlan

## Yoga 101

(18+)

This beginner-friendly course introduces basic yoga poses and breathing techniques, building skills progressively each class. Participants develop greater awareness of body and mind through mindful movement and breath. All levels are welcome.

**4, 60-min. sessions at RCC Lake Anne**

\$45 R	\$36 R55+	\$68 NR
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**June 3 – June 24**

Wed 9:00 a.m. – 10:00 a.m.  
305601-C Unger

## Yoga for Rest: Hatha and Nidra Fusion

(18+)

This Hatha-Nidra fusion class is designed for those seeking relaxation and better sleep. Each session begins with a gentle, beginner-friendly practice of slower paced physical postures and breathwork, concluding with a guided meditation designed to promote deep rest and mental clarity.

**8, 60-min. sessions at RCC Lake Anne**

\$75 R	\$60 R55+	\$113 NR
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**June 24 – August 12**

Wed 7:15 p.m. – 8:15 p.m.  
305705-C Chan

## Yoga, Breath and Meditation

(18+)

This class offers a holistic approach to wellness through gentle yoga poses (including chair variations), breathwork and mindfulness meditation. It provides techniques to boost energy, improve focus and enhance emotional resilience. Suitable for all levels, beginners are welcome.

**6, 60-min. sessions at RCC Lake Anne**

\$65 R	\$52 R55+	\$98 NR
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**July 13 – August 17**

Mon 10:30 a.m. – 11:30 a.m.  
305058-C Patel/Shah

**LEISURE & LEARNING**



# FITNESS: DAILY PASS

- RCC offers ongoing Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning classes that do not require a season-long commitment.
- It is free to reserve your place in class at myRCC, but you must swipe a Fitness Pass to participate.
  - To reserve a class, log into myRCC and select your preferred dates and times.
  - Reservations for the following month open on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston.
  - You can cancel your reservation through myRCC.

## FITNESS DAILY PASS FEES

- Purchase a Fitness Daily Pass in myRCC or at the RCC Customer Service Desk.
- Passes can be purchased with 5 to 60 visits at a time.
- Valid for 2 years from purchase date.

Reston Resident/ Employee	Non-Reston
Adults (Including 55+)	
\$4.25	\$8.50

## Boot Camp

(18+)

Build strength, balance and flexibility, targeting upper and lower body muscles using weights and mat exercises, ending with a stretch.

### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### June 5 – August 14

Fri 3C0010 10:45 a.m. – 11:45 a.m.  
Fletcher

## Cardio and Strength Intervals

(18+)

Join us for an energizing workout featuring intervals of cardiovascular and strength-training movements, designed to boost metabolism, endurance and power.

### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### June 3 – August 12

Wed 3C0095 9:15 a.m. – 10:15 a.m.  
Fletcher

## Walking Group

(18+)

Activate your day with an engaging 60-minute walk, enjoying fresh air and scenery while exploring various parts of Reston and nearby areas.

### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### June 10 – August 19

Wed 3C0085 12:15 p.m. – 1:15 p.m.  
Avilov

## Zumba Gold

(18+)

Zumba Gold is for active adults seeking a modified, lower-intensity version of Zumba, featuring easy-to-follow choreography that improves balance, range of motion and coordination with zesty Latin rhythms in a party-like atmosphere.

### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### June 3 – August 21

Wed, Fri 3C0070 9:30 a.m. – 10:30 a.m.  
Avilov

## Zumba Gold Toning

(18+)

Zumba Gold Toning combines lower-intensity Zumba cardio with light weights for strength and muscle conditioning, helping active adults improve tone, balance and coordination in a fun, energetic workout.

### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### June 2 – August 18

Tue 3C0080 9:00 a.m. – 10:00 a.m.  
Avilov

## SOCIAL

\*Please note these are not instructor-led classes; a basic understanding of the rules is required.

## American Mah Jongg\*

(18+)

### 12, 2.5-hour sessions at RCC Lake Anne

Free, Registration Required

#### June 3 – August 19

Wed 509605-C 1:15 p.m. – 3:45 p.m.  
Staff

## Bridge Mondays\*

(18+)

### 12, 4-hour sessions at RCC Lake Anne

Free, Registration Required

#### June 1 – August 17

Mon 509603-B 10:00 a.m. – 2:00 p.m.  
Staff

## Bridge Tuesdays\*

(18+)

### 12, 3-hour sessions at RCC Lake Anne

Free, Registration Required

#### June 2 – August 18

Tue 505551-B 10:00 a.m. – 1:00 p.m.  
Staff

## Chess Club\*

(13+)

### 11, 3-hour sessions at RCC Hunters Woods

Free, Registration Required

#### June 4 – August 13

Thu 901354-B 6:30 p.m. – 9:30 p.m.  
Staff

NEW

## TECHNOLOGY

### Apps That Entertain and Enrich (18+)

Explore how your phone or tablet can enrich your life with travel, culture, learning and new hobbies.

#### 1, 2-hour session at RCC Hunters Woods

\$25 R

\$20 R55+

\$37 NR

#### June 18

Thu 523110-A 10:30 a.m. – 12:30 p.m.  
O'Connell

## Coffee & Origami

(18+)

Enjoy complimentary coffee and learn basic paper-folding skills to create origami shapes. Bring a friend or meet a new neighbor with casual conversation. This program is instructor-led. All supplies are included.

### 1, 90-min. session at Cathy Hudgins Community Center at Southgate

Free, Registration Required

#### June 8

Mon 11:00 a.m. – 12:30 p.m.  
86C200-A Nelson

#### August 17

Mon 11:00 a.m. – 12:30 p.m.  
86C200-B Nelson

## Reston Plays Games

(18+)

Tabletop gaming brings people together with cards, dice and meeples. Bring your games and enjoy cooperative, strategy, deck-building and role-playing fun. Gamemasters can contact Bill Parker at [William.Parker@fairfaxcounty.gov](mailto:William.Parker@fairfaxcounty.gov) for open gaming times.

### 5-hour sessions at RCC Hunters Woods

Free, Registration Not Required

#### June 3 – August 19

Wed 5:00 p.m. – 10:00 p.m.  
Staff

## HEALTHY LIFESTYLES

Eighty-three percent of U.S. adults agree it is important to have access to indoor and outdoor recreational areas, classes and activities in order to lead a healthy lifestyle. [nrpa.org](http://nrpa.org)



# TRIPS & TOURS

## TRIP INFORMATION

Before the trip, you will receive an itinerary and a link to provide emergency contact information and agree to the Trip Code of Conduct. Please complete these online forms before the trip day. For assistance, contact Cassie Lebron, RCC Lifelong Learning Director, at 703-390-6157.

Unless noted otherwise, trips use luxury charter buses with lavatories. Trips lasting three hours or longer include a rest stop.

### Departure and Arrival

Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

### ePACT Emergency Forms

RCC now uses ePACT for Trip forms. Prior to the trip, you will receive an itinerary and an emergency form. Please complete your forms via ePACT.

### ADA Accommodations

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodation that requires staffing and/or transportation alterations may require up to 10 days' advance notice.

To request a reasonable accommodation, please call 703-476-4500, TTY 711

## Baltimore Aquarium

(5+)

Experience the National Aquarium's spectacular underwater world in Baltimore. Fee includes transportation, admission, 4D movie and trip coordinator. Lunch is on your own. Children under 18 must be accompanied by an adult/guardian. 9:00 a.m. Depart RCC Hunters Woods 5:00 p.m. Estimated Return to Reston

### 1, 8-hour session at RCC Hunters Woods

\$100 R \$80 R55+ \$150 NR

#### August 1

Sat 9:00 a.m. – 5:00 p.m.  
500671-A Staff

## Capitol River Crab Feast Cruise

(18+)

Cruise the Potomac on a casual open-air boat and enjoy fresh steamed Maryland Blue Crabs, plus corn on the cob, fried chicken, potato salad and beverages. The 2.5-hour trip fee includes transportation, cruise and chaperones. 10:30 a.m. Depart RCC Lake Anne 11:00 a.m. Depart RCC Hunters Woods 4:00 p.m. Estimated Return to Reston

### 1, 5.5-hour session at RCC Hunters Woods

\$220 R \$176 R55+ \$330 NR

#### June 5

Fri 10:30 a.m. – 4:00 p.m.  
576118-A Staff

#### July 24

Fri 10:30 a.m. – 4:00 p.m.  
576118-B Staff

### NEW

## Fruit Picking at Great Country Farms

(18+)

Visit Great Country Farms, a 400-acre farm near Bluemont at the base of the Blue Ridge Mountains. Explore the scenic grounds, browse the farm market and pick your own fruit. Fee includes transportation, fruit picking and a boxed lunch. 9:30 a.m. Depart RCC Lake Anne 10:00 a.m. Depart RCC Hunters Woods 4:00 p.m. Estimated Return to RCC

### 1, 6-hour session at RCC Hunters Woods

\$75 R \$60 R55+ \$112 NR

#### June 26

Fri 10:00 a.m. – 4:00 p.m.  
523105-A Staff

# VISUAL ARTS

All supplies included unless noted otherwise.

## Acrylic Painting

(18+)

For beginners and intermediates, learn and practice foundational acrylic painting techniques. Create everything from soft, watercolor-like effects to bold, textured designs on a variety of surfaces. A supply list will be provided before the first class.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R	\$72 R55+	\$155 NR
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#### June 3 – July 22

Wed 402421-A 7:00 p.m. – 9:30 p.m.  
Daniels

## Art Lab

(18+)

Artists of all levels are invited to this studio session – bring your own supplies and use this dedicated time to work on personal projects. Enjoy a creative space with fellow artists and an instructor for inspiration and feedback.

### 10, 2.5-hour sessions at RCC Lake Anne

\$55 R	\$64 R55+	\$85 NR
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#### June 9 – August 11

Tue 404213-A 4:00 p.m. – 6:30 p.m.  
Daniels

## Fused Glass – Optical Illusions

(13+)

Create a stunning piece of art using multicolored threads of glass that will form optical lenses after being fused in a kiln at 1,480 degrees Fahrenheit. No experience required.

### 1, 2.5-hour session at RCC Hunters Woods

\$55 R	\$44 R55+	\$82 NR
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#### June 25

Thu 980034-A 6:30 p.m. – 9:00 p.m.  
Toole

## Fused Glass Bubble Construction Workshop

(18+)

Have fun making amazing and fanciful creations out of glass that can be transformed into jewelry or gifts. No prior glass experience is necessary.

### 1, 3-hour session at RCC Hunters Woods

\$65 R	\$52 R55+	\$100 NR
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#### June 22

Mon 402785-A 6:30 p.m. – 9:30 p.m.  
Gallagher

#### July 27

Mon 402785-B 6:30 p.m. – 9:30 p.m.  
Gallagher

## Fused Glass Stacked Construction Workshop

(18+)

This fused glass workshop will focus on stacking techniques using cut squares of various sized glass stacked on top of each other. Your projects will be fired and slumped into a shallow bowl.

### 1, 3-hour session at RCC Hunters Woods

\$65 R	\$52 R55+	\$100 NR
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#### June 8

Mon 402782-A 6:30 p.m. – 9:30 p.m.  
Gallagher

#### July 20

Mon 402782-B 6:30 p.m. – 9:30 p.m.  
Gallagher

## Fused Glass with Sparkly Bubbles

(10+)

Make a unique project where sparkly bubbles are captured in a fused glass plate. No experience necessary.

### 1, 2.5-hour session at RCC Hunters Woods

\$55 R	\$44 R55+	\$82 NR
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#### June 28

Sun 960018-A 1:00 p.m. – 3:30 p.m.  
Toole

## Micromosaic Jewelry

(18+)

Create a beautiful groutless mosaic jewelry piece using real millefiori and specialty glass from Italy.

### 1, 3-hour session at RCC Hunters Woods

\$85 R	\$68 R55+	\$160 NR
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#### June 15

Mon 402623-A 6:30 p.m. – 9:30 p.m.  
Damron

#### July 13

Mon 402623-B 6:30 p.m. – 9:30 p.m.  
Damron

## Mosaic Art

(18+)

Create timeless art through mosaics, one of the world's oldest art forms. Choose from projects for all skill levels or bring your own idea with instructor approval.

### 6, 3-hour sessions at RCC Hunters Woods

\$200 R	\$160 R55+	\$250 NR
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#### June 3 – July 8

Wed 404040-A 6:30 p.m. – 9:30 p.m.  
Damron



# VISUAL ARTS: CERAMICS

No class fees are charged during the initial lottery enrollment for ceramic classes. If you receive an offer for enrollment, payment will be due upon your acceptance. The fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

## Creative Hands Pottery

(18+)  
Participants will explore hand-building techniques to create an array of clay projects.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 9 – July 21

Tue 10:00 a.m. – 12:30 p.m.  
402665-A Sternberg/Page

## Making Pottery With or Without the Wheel

(18+)  
This ceramics class focuses on design, form and surface decoration for beginners through advanced students. Explore hand-building, wheel-throwing or a combination of both with instruction in glazing and firing included.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 10 – July 22

Wed 7:00 p.m. – 9:30 p.m.  
402616-A Benton/Hairston

## Sculpture Studio

(18+)  
Participants can use this session to work on self-guided projects. An instructor will be available for consultation and guidance.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 8 – July 20

Mon 10:00 a.m. – 12:30 p.m.  
402685-A Sternberg

## Wheel Exploration – Intermediate

(18+)  
Designed for individuals who have taken at least one beginning level wheel class. The class is structured so participants can practice and refine skills with guidance from an instructor.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 9 – July 21

Tue 10:00 a.m. – 12:30 p.m.  
402639-A Dwivedi

Tue 7:00 p.m. – 9:30 p.m.  
402639-B Marcum

## Wheel I

(18+)  
Learn how to work with clay and master wedging, centering and throwing to make bowls and cylinders. Simple glaze concepts and techniques will be introduced.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 11 – July 23

Thu 10:00 a.m. – 12:30 p.m.  
402462-A Hairston

Thu 7:00 p.m. – 9:30 p.m.  
402462-B Stefanik

## Wheel II

(18+)  
Students will review and refine their basic throwing skills to move from beginner to intermediate levels. Students must know how to center.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 12 – July 31

(No Class: July 3)  
Fri 1:00 p.m. – 3:30 p.m.  
404210-A Anderson

## Wheel III

(18+)  
Prerequisites include being able to wedge, center and throw an approximately eight-inch bowl and cylinder.

7, 2.5-hour sessions at RCC Lake Anne

\$110 R	\$88 R55+	\$155 NR
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June 8 – July 20

Mon 7:00 p.m. – 9:30 p.m.  
402463-A Grace

## Ceramics Class Registration Lottery Process

- 1** May, August and December 1 – 2  
Ceramics lottery opens for Reston patrons.
- 2** May, August and December 3  
Lottery participants emailed their offer status (enrolled or waitlisted).
- 3** May, August and December 3 – 7  
Registration offer must be accepted and paid or it will expire.
- 4** May, August and December 8  
Registration opens for any remaining class slots.

If you are accepted into more than one ceramic class, please choose only one. This will allow waitlisted individuals to enroll.

We appreciate the feedback we have received regarding our ceramics program. We continue to evaluate ways to make the studio reservations process and class enrollment as equitable as possible within the physical constraints of RCC's available studio and kiln space.

# OPEN STUDIOS

- The public is invited to use RCC’s Open Ceramics Studio, Glass Studio and Woodshop during specific hours.
- It is free to reserve your spot at the Open Studios in myRCC, but you must purchase and swipe an Open Studio Pass to participate.
  - Reservations are required. To reserve a spot, log into myRCC.
  - Reservations for the following month open on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston.
  - You can cancel your reservation through myRCC.
  - The Open Ceramics Studio uses a Lottery system. See details on next page.



## OPEN STUDIO PASS FEES

Purchase Open Studio Passes in myRCC or at the RCC Customer Service Desk. Passes can be purchased with 1 – 10 visits at a time. Valid for 2 years from purchase date.

Open Ceramics Studio Pass*		Open Glass Studio Pass		Open Woodshop Pass	
Adults (Including 55+)					
Reston	Non-Reston	Reston	Non-Reston	Reston	Non-Reston
\$15	\$30	\$10	\$20	\$12	\$24

\*The pass fee includes firing and glazes. Clay is available for purchase at \$25 – \$35 for 25 lbs.



## Open Ceramics Studios

(18+)

Use of the RCC Ceramics Studio requires patrons to have prior experience working with clay, studio equipment and related processes and to be able to work independently.

### 4-hour session at RCC Lake Anne

Pass, Reservation Required

#### June 3 – August 12

Wed 10:00 a.m. – 2:00 p.m.  
4C0020 Ceramics Studio (Wheel)  
4C0025 Ceramics 3D Studio

#### June 6 – August 15

(No Class: July 4)

Sat 1:00 p.m. – 5 p.m.  
4C0030 Ceramics Studio (Wheel)  
4C0035 Ceramics 3D Studio

## Open Glass Studio

(18+)

Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials.

### 4-hour session at RCC Hunters Woods

Pass, Reservation Required

#### June 7, 21, July 5, 19, August 2, 16

Sun 11:30 a.m. – 3:30 p.m.  
4C0010-6 Damron

## Open Woodshop

(18+)

The Woodshop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available.

### 3.5-hour sessions at RCC Hunters Woods

Pass, Reservation Required

#### June 2 – August 25

Tue 6:00 p.m. – 9:30 p.m.  
5C0010 Staff

#### June 6 – August 29

(No Class: July 4)

Sat 9:00 a.m. – 12:30 p.m.  
5C0030 Staff  
Sat 1:00 p.m. – 4:30 p.m.  
5C0050 Staff

## Open Ceramics Studio Reservation Lottery Process

1

### From the 25th – 26th of each month

The ceramics studio reservation lottery for the next month opens in myRCC for Reston patrons.



2

### On the 27th of each month

Participants are emailed enrollment offers (accepted or waitlisted).



3

### On the 28th of each month

Remaining slots are open to Reston patrons.



4

### On the 1st of the following month

Remaining slots are now open to all patrons.

There is no limit on the number of lottery requests that can be made.



## ADMINISTRATION

BeBe Nguyen	Executive Director
Brianne Baglini	Deputy Director
Ben Skinner	Chief Executive Assistant
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Brian Gannon	Compliance and Accreditation Specialist
Pam Leary	Customer Relations Director
Christopher Higgins	Network Administrator
Fred Russo	Building Engineer
Sarah Alshamy	Web/Graphic Artist
Warren Bailey	Customer Service Representative
Michael Bell	Graphic Artist
Chris Brown	Billing and Reconciliation Specialist
Suzanne Connell	HR Specialist
Kathryn Kovacs	Public Information Officer
Bart Mickler	Customer Service Representative
James Rockett	Financial Specialist
Evelyn Rosa	Procurement Specialist
Samantha Stettner	Customer Service Representative
Mark Zubaly	Customer Service Representative

## FACILITY RENTALS & OPERATIONS

Nicholas Burt	Facility Services Director
Guillermo Huaman	Facility Attendant
Wilfredo Lebron	Facilities Operations Manager
Cristobal Rivera	Facility Attendant
David Sainz	Facility Attendant
Ken Wade	Facility Attendant
Cory Woods	Facility Attendant

## AQUATICS

Matthew McCall	Aquatics Director
Ryan Kasprowic	Aquatics Operations Director
Melissa Murray	Customer Service Representative
Scott Sorenson	Aquatics Program Director
Noah Worku	Assistant Aquatics Operations Director

## ARTS & CULTURE

Paul Douglas Michnewicz	Director of Arts & Culture
Mark Anduss	Technical Director
Matt Berry	Assistant Technical Director
Rebecca Campana	Arts Education Director
Gloria Morrow	Arts Education Assistant
Matt Nogay	Assistant Technical Director
Rhia Ovington	Box Office Assistant
William D. Parker	Box Office Manager
Amie Shafer	Box Office Assistant

## LEISURE & LEARNING

Kevin Danaher	Leisure & Learning Director
Anya Avilov	Fitness & Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Dwight Godwin Jr.	Youth & Teen Program Director
Toni Hernandez	Youth & Teen Program Assistant
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth & Teen Program Assistant Director
Jonathan Navarro	Fitness & Wellness Program Director

## OFFSITE & COLLABORATION

Maggie Parker	Offsite & Collaboration Director
Tyler Cambrelen	Community Events Assistant
Asjah Heiligh	Community Events Director
LaTanja Snelling	Equity Partnerships Director
Husna Basiri	Equity Partnerships Assistant

## THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

## COMMUNITY PARTNERS

### THANK YOU TO OUR COMMUNITY PARTNERS:

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Domestic & Sexual Violence Services (DSVS)
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Pozez Jewish Community Center of Northern Virginia
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Scouting America National Capital Area Council
- Shenandoah Conservatory
- South Lakes High School
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

## HOW TO REGISTER

### Online Registration

Online registration opens at 9:00 a.m. on May 1 for Reston.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com), click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

### In Person/Mail/Fax Registration

- All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA, 20191.
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

## REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until May 1. Mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30. Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

## REGISTRATION POLICIES

### Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

### Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

### Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

### Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA, American Express or Discover. Cash payments cannot be accepted during Reston priority registration.

### Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

### Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

## CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

### Code of Conduct for Camp Participants

Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. All forms are available online.

## FEES

- Reston patrons 55+ years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to reservation activities.
- Passes will expire two years from the date of the most recent pass purchase, with the exception of monthly and annual pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

## FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. All forms are available online.

## CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

## REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a monthly or annual pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly and annual pool passes.

## PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

## FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

## PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

## ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

## BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed.

Please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) for a current list of Board meetings.

<b>Monthly Meeting</b>	
June 1	7:00 p.m.
<b>Annual Public Hearing</b>	
June 22	6:30 p.m.
<b>Monthly Meeting</b>	
July 20	7:00 p.m.
<b>Monthly Meeting</b>	
September 14	7:00 p.m.

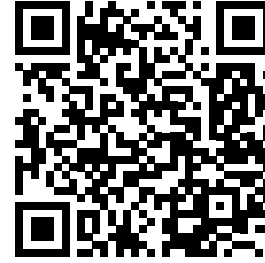
Finance Committee meetings, when scheduled, occur at 6:15 p.m. on the first Monday of the month. Check RCC's website for the most current meeting information.

**QUESTIONS, COMMENTS, CONCERNS AND SUGGESTIONS FOR RCC'S BOARD OF GOVERNORS MAY BE DIRECTED TO [RCCCONTACT@FAIRFAXCOUNTY.GOV](mailto:RCCCONTACT@FAIRFAXCOUNTY.GOV). ALL INQUIRIES ARE ANSWERED WITHIN 48 BUSINESS HOURS.**

For RCC Board of Governors information, visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

## RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.



## REGISTRATION DATES

**Summer Camps**  
(June – August)  
February 1 Reston/February 8 Non-Reston

**Summer Programs**  
(June – August)  
May 1 Reston/May 8 Non-Reston

**Fall Programs**  
(September – December)  
August 1 Reston/August 8 Non-Reston

**Winter/Spring Programs**  
(January – May)  
December 1 Reston/December 8 Non-Reston

Adapted Aquatics	38	Functional Fitness	51
Adult Advanced Beginner	39	Fused Glass – Optical Illusions	56
Adult Beginner	38	Fused Glass Bubble Construction Workshop	56
Acrylic Painting	56	Fused Glass Stacked Construction Workshop	56
Aging with Power and Grace	50	Fused Glass with Sparkly Bubbles	56
Aging Your Way: Transportation Options in Fairfax County	49	Gentle Yoga	52
American Mah Jongg	54	Global Bread Adventure	48
Apps That Entertain and Enrich	54	GroundShare Arts Alliance	25
Aqua Barre	39	Happy Hour with Darden and Friends	12
Aqua Blast	39	Hatha Yoga I	52
Aqua Boot Camp	39	Hatha Yoga II	52
Aqua Mixer	40	Healthy Eating for the Brain	49
Aqua Tots	33	Intermediate Tai Chi	52
Aqua Yoga	40	Joint-Friendly Fitness	51
Arthritis, Fibromyalgia and Multiple Sclerosis	40	Jo Ann Rose Gallery Exhibits	27
Art Lab	56	League of Reston Artists	26
Baltimore Aquarium	55	Learn to Bike – Youth	45
Beginning Tai Chi	52	Learn-to-Swim Levels	32
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Boot Camp	54	Level 2	36
Brain Health Workshop	50	Level 3	37
Bridge Mondays	54	Level 4	37
Bridge Tuesdays	54	Level 5	38
Capitol River Crab Feast Cruise	55	Level 6	38
Cardio and Strength Intervals	54	Lego Discoveries	46
Cardio Strength	50	LIIST	51
Chess Club	54	Line Dancing with Scotty – Beginner	48
Children's Science Center Lab	46	Line Dancing with Scotty – Intermediate	48
Coffee & Origami	55	Making Pottery With or Without the Wheel	57
Community Coffee	17	Marlin	36
Creative Hands Pottery	57	Math Tutoring Summer Refresher	45
Current Issues Discussion Group	48	Medicare 101	49
Deep Water Mania	40	Mexican Salsa: Styles and Flavors	48
Don't Get Scammed	49	Micromosaic Jewelry	56
Essentrics	50	Mind-Body Fitness	51
Essentrics Aging Backwards	50	Mindful Hatha Yoga	52
Family Fun Entertainment Series	14	Mindful Yoga with Sound Healing	52
Festival Ballet Virginia	25	Mindfulness Meditation	51
Fitness Fusion	51	Mosaic Art	56
Forest Bathing Workshop	50	Murray Hill	18
Forever Fit	51	National Night Out	20
Free Family Swim	29	<i>One Hunters Woods</i>	8
Fruit Picking at Great Country Farms	55	Open Ceramics Studios	59
Fun Around Town	44	Open Glass Studio	59

Open Woodshop	59	Wheel III	57
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Wheel II	57		

# INDEX

# LOCATIONS AND HOURS OF OPERATION

## LOCATIONS



### RCC Hunters Woods

2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, The Leila Gordon Theatre, Dance Studio, Woodshop, Glass Studio, Community Room, Computer Room and Meeting Rooms.

**NOTE:** RCC Hunters Woods is located down the walkway between Ledo Pizza and Buffalo Wing Factory.

**Directions:** Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.



### RCC Lake Anne

1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

**Directions:** Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

## PHONE NUMBERS

703-476-4500

703-476-8617 (Fax)

711 (TTY)

## HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.\*

Sunday 9:00 a.m. – 8:00 p.m.\*

\*Rental hours may vary. Contact the RCC Facility Services Department at [RCCFacility@fairfaxcounty.gov](mailto:RCCFacility@fairfaxcounty.gov).



**Enriching Lives.  
Building Community.®**

# SUMMER HOLIDAY HOURS

HOLIDAY	DATE	HUNTERS WOODS HOURS	LAKE ANNE HOURS	THE TERRY L. SMITH AQUATICS CENTER
Memorial Day	May 25	9:00 a.m. – 1:00 p.m.	CLOSED	7:00 a.m. – 12:00 p.m.
Juneteenth	June 19	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.	7:00 a.m. – 7:00 p.m.
Independence Day	July 4	9:00 a.m. – 1:00 p.m.	CLOSED	9:00 a.m. – 1:00 p.m.
Labor Day	September 7	CLOSED	CLOSED	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship and visit.

LIKE US ON FACEBOOK:  
[facebook.com/HuntersWoodsNeighborhoodCoalition](https://facebook.com/HuntersWoodsNeighborhoodCoalition)



One Hunters Woods is a community-driven initiative to activate Hunters Woods Plaza through seasonal events to foster connections, enhance neighborhood pride and create vibrant shared experiences.



2310 Colts Neck Road  
Reston, Virginia 20191

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AGES**

**WEDNESDAYS**  
Lake Anne Plaza

**FRIDAYS**  
Reston Town Square Park  
Reston Station

**SUNDAYS**  
Reston Town Square Park

**THURSDAYS**  
Halley Rise

**SATURDAYS**  
Reston Town Square Park

**RCC ON WHEELS**  
Pop-Up Around Reston