

Reston Community Center

# 2026 WINTER/SPRING

## Program Guide



[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

*Enriching Lives. Building Community.*

This is an exciting time for RCC. With refreshed building upgrades – including new restrooms, reorganized offices and a soon-to-be-completed refreshed lobby – and the achievement of CAPRA reaccreditation, we are energized and ready to serve you better than ever. At the same time, we are approaching the final year of our current strategic plan and beginning the process of shaping a vision for RCC’s next chapter.

Your voice is essential to this work. We invite you to share your ideas, requests and experiences at the Community Relations & Program/Policy Joint Meeting on February 9 at 6:30 p.m. This important conversation will help guide our future as we continue to reflect and celebrate the values of inclusion, creativity and connection that define our community.

We also encourage you to explore RCC’s Annual Report, available on our website. It highlights the milestones we achieved together over the past year and the many ways we are working to serve Reston’s diverse and evolving needs.

Thank you for being a vital part of the RCC community. We couldn’t do this without you and we look forward to continuing this journey together.



*William G. Bouie*  
**William G. Bouie**  
Chair, RCC Board of Governors



*BeBe Nguyen*  
**BeBe Nguyen**  
Executive Director, RCC

## RCC BOARD OF GOVERNORS



**Paul Berry**



**Beverly Ann Cosham**



**William Penniman**



**Lisa Sechrest-Ehrhardt**



**Paul D. Thomas**



**Malka Wickramatilake**



**Vicky Wingert**



**Shane M. Ziegler**



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# RCC IS A TWO-TIME ACCREDITED PARKS AND RECREATION AGENCY!

In September 2025, Reston Community Center earned its second CAPRA accreditation from the National Recreation and Park Association, recognizing our excellence in leadership, operations, programming and community service.

We are proud of this achievement and remain committed to delivering exceptional experiences for our community.



RCC's management team (L-R Kevin Danaher - Director of Leisure & Learning; Pamela Leary - Customer Relations Director; Lorna Campbell Clarke - Director of Communications; BeBe Nguyen - Executive Director; Cheri Danaher - Arts Education Director; Brianne Baglini - Deputy Director; Brian Gannon - Accreditation Specialist and Matthew McCall - Aquatics Director) celebrate reaccreditation at the NRPA Best of the Best Ceremony in Orlando, Fla. on Wednesday, September 17, 2025.



## COMMUNITY EVENTS

Community Events..... 5 – 21



# ONE HUNTERS WOODS

## Hunters Woods Plaza

FREE

ALL AGES

*One Hunters Woods events are your invitation to connect with your community.*

**Family Game Day**  
Saturday, January 10  
9:00 a.m. – 11:00 a.m.

**Valentine Arts & Crafts**  
Saturday, February 14  
9:00 a.m. – 11:00 a.m.

**Hunters Woods  
Walking Group**  
Sunday, March 1  
9:00 a.m. – 11:00 a.m.

**Green Reston**  
Saturday, April 11  
10:00 a.m. – 12:00 p.m.  
Learn more on page 15

**Neighborhood Clean Up**  
Saturday, April 25  
10:00 a.m. – 12:00 p.m.

**Family Music Performance:**  
**Zack Smith &  
The Mardi Gras Kings**  
Saturday, May 9  
10:00 a.m. - 10:45 a.m.

**Reston Water Safety Day**  
Saturday, May 9  
11:00 a.m. – 1:00 p.m.  
Learn more on page 16



### About *One Hunters Woods*:

*One Hunters Woods* is a community-driven initiative born from the Hunters Woods Neighborhood Coalition with a mission to activate Hunters Woods Plaza through recreational, cultural and community events. By fostering connections among neighbors and creating vibrant shared experiences, One Hunters Woods seeks to build a stronger sense of community, enhance neighborhood pride and elevate the quality of life for Hunters Woods residents and surrounding communities.

### Hunters Woods Neighborhood Coalition:

The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship and visit.



*Fairfax County Police Department, The Reston Community Advisory Committee (CAC), Fairfax County Neighborhood and Community Services, Fairfax County Hunter Mill District, Supervisor Walter Alcorn's Office, Reston Community Center, Christ The Servant Lutheran Church, Cornerstones, EDENS Property Management, Glade at Hunters Woods, Hunters Woods, Fellowship House, Hunters Woods Village Condominium Association, Reston Association, RESTONSTRONG.*



# RESTON SUMMER CAMP EXPO

**Saturday, January 31**

**9:00 a.m. – 12:00 p.m.**

RCC Hunters Woods

FREE

ALL AGES



Explore Reston's summer camps and activities at one stop. Enjoy family-friendly music, games, prizes and camp info.

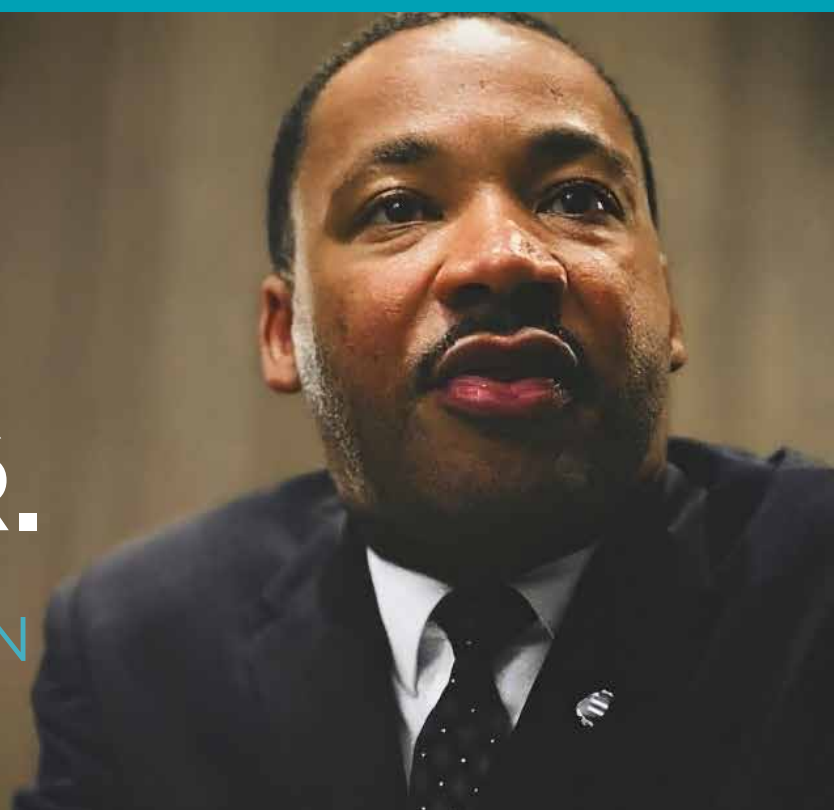
## **Camp Expo Features:**

- Child IDs and fingerprinting
- Fantastic door prizes
- Explore summer jobs and volunteer roles
- Take a break in our Sensory Room and zen space

This event is coordinated by local non-profit organizations and Fairfax County government agencies in support of the Reston Opportunity Neighborhood program and is hosted by Reston Community Center.

For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or [LaTanja.Snelling@fairfaxcounty.gov](mailto:LaTanja.Snelling@fairfaxcounty.gov).

# RESTON MARTIN LUTHER KING JR. BIRTHDAY CELEBRATION



## SATURDAY, JANUARY 17

### Community Service Projects

9:00 a.m. • Reston Association Headquarters, 12001 Sunrise Valley Drive, Reston

FREE

6+ years

Join us to participate in for community service projects that honor Dr. King's timeless words: "Everybody can be great ... because anybody can serve."

RCC is proud to partner with Reston Association, Cornerstones and The Closet to celebrate his legacy. Thank you to Reston Association for hosting while the Cathy Hudgins Community Center at Southgate is under construction.

(To volunteer, please contact Ha Brock, RA's Volunteer Reston Manager at 703-435-7986 or [Ha@reston.org](mailto:Ha@reston.org).)



### Reston Community Orchestra

### "Tribute to Rev. Dr. Martin Luther King Jr."

4:00 p.m. • RCC Hunters Woods • Community Room

\$25 Adult

\$18 Senior 60+

\$5 Youth (under 18)

Reston Community Orchestra opens Reston's annual weekend honoring Dr. King, featuring music by African American composers, soloist Alia Waheed (New York Metropolitan Opera) and selections from "Out of Africa" and "Wicked." Arrive early to join friends and neighbors for a pre-show aperitif beginning at 3:40 p.m.

(FREE for Active Military/First Responders. Tickets available at the RCC Box Office and online.)





## SUNDAY, JANUARY 18

### Akua Allrich Presents "New Moon Rising" A Musical Celebration of Growth, Resilience and New Beginnings

3:00 p.m. • The Leila Gordon Theatre at RCC Hunters Woods

\$15 R

\$20 NR

ALL AGES

Jazz vocalist Akua Allrich, a native of Washington, D.C., has established herself as a remarkably talented musician with a passionate stage presence. With skill and charisma, this vocalist, composer and teacher has carved out a niche for her distinctive musical expression.

(Tickets available at the RCC Box Office and online.)



## MONDAY, JANUARY 19

### Reston Dr. Martin Luther King Jr. Birthday Celebration Keynote Address by Dr. Eddie Glaude Jr. followed by the Community Luncheon

11:00 a.m. • RCC Hunters Woods • The Leila Gordon Theatre and Community Room

\$5 R

\$20 NR

Dr. Eddie Glaude Jr., renowned scholar, author and political commentator, examines race, democracy and the American experience. His notable works include "Democracy in Black," "In a Shade of Blue" and the bestseller "Begin Again." Through his writing and public speaking, Glaude sparks dialogue on race, identity and democratic responsibility.

(Tickets available at the RCC Box Office and online.)



**INTERESTED IN VOLUNTEERING?**

Register at [volunteer.fairfaxcounty.gov](https://volunteer.fairfaxcounty.gov) or scan the QR code.

### Especially for Youth

10:30 a.m. – 1:30 p.m. • RCC Hunters Woods

FREE

6 – 12 Years Old

We've got the kids covered while you engage with the Keynote Speaker and connect at the Community Luncheon! Parents can register school-age children for activities designed especially for youth based on the history of Dr. King and the civil rights movement. Lunch is included.

Register in  
**myRCC**  
#704750-A





## Donate to Diva Central's Dress Drive February 1 – 28

**Donate formal dresses, shoes, jewelry, shawls, handbags and accessories to help local students create lasting memories.**

- Drop off items at RCC Hunters Woods or RCC Lake Anne  
Monday – Saturday 9:00 a.m. – 9:00 p.m., Sunday 9:00 a.m. – 8:00 p.m.
- Items must be in good condition, less than five years old and dry cleaned
- Donations benefit students in Reston and nearby communities
- All donations are tax deductible



**INTERESTED IN VOLUNTEERING?**  
Register at [volunteer.fairfaxcounty.gov](https://volunteer.fairfaxcounty.gov) or scan here:



## Glam up with **Diva Central**

**Saturday, March 14 • 11:00 a.m. – 3:00 p.m.**

**RCC Lake Anne: 1609-A Washington Plaza, Reston**

**FREE**

**12 – 18 years old**

**Style dresses, shoes and accessories  
at RCC's unique boutique event!**

- Open to middle and high school students
- Perfect for formals, graduations and milestone moments
- Limited to two dresses, one pair of shoes and one set of accessories per student

**For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or [LaTanja.Snelling@fairfaxcounty.gov](mailto:LaTanja.Snelling@fairfaxcounty.gov).**



# RCC On Wheels COMING TO A NEIGHBORHOOD NEAR YOU!

This RCC mobile unit brings exciting enrichment, entertainment and leisure activities to neighborhoods across Reston. It's a fresh and fun way to experience RCC programs close to home. Get ready to connect, create and celebrate – RCC is coming your way!

For more information, or to arrange a visit by RCC On Wheels, please email [RCCoffsite@fairfaxcounty.gov](mailto:RCCoffsite@fairfaxcounty.gov)



## **NEW**

Make a difference one  
dress at a time with  
**Diva Central Dress Drive**  
and RCC On Wheels.

Donate at North Point  
Village Center  
**Saturday, February 21**  
11:00 a.m. – 2:00 p.m.





# AARP<sup>®</sup>

## TAX-AIDE

FREE

18+

Appointments Required  
RCC Hunters Woods  
**February 1 – April 15**

**Beginning February 1, 2025**

**Pick up an intake packet at**

**RCC Hunters Woods or RCC Lake Anne**

Please pick up an intake packet at an RCC Customer Service Desk, fill out the packet at home, gather all tax documents and then request an appointment.

**Tuesdays**

9:00 a.m. – 2:00 p.m.

**Thursdays**

4:30 p.m. – 8:30 p.m.

**Saturdays**

9:00 a.m. – 3:00 p.m.

**Schedule an Appointment:**

**Email: [reston.taxaide@gmail.com](mailto:reston.taxaide@gmail.com)**

The email should contain a return email address and/or phone number and desired dates for an appointment. An AARP Tax-Aide volunteer will respond to make an appointment and answer questions.

AARP's Tax-Aide program was created nearly 40 years ago to assist older adults, as well as people with low or middle incomes, in successfully navigating the tax code. For years, RCC has offered community members this important program administered through the AARP Foundation with the cooperation of the Internal Revenue Service. All tax preparation is free and confidential.

# Get Ready!

Before registration begins, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.

## myRCC Online Registration

### TO REGISTER ONLINE:

You will need your username and password.

### IF YOU ARE A NEW USER:

Complete the online household profile.  
Your user information will be emailed to you within 48 hours.

### RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC.

### Online Registration (myRCC) Contact Information:

#### Phone:

703-476-4500, ext. 8

#### Fax:

703-476-2488

#### Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

### *What if I do not have or know my username?*

If any member of your household has registered for an RCC program in the last five years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking "Create an Account."

### *What if I have forgotten my password?*

On the Login box, click on "Forgot Password." You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours.

### *I would like to add family members to my account. How do I do this?*

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

### *How can I see what courses my family members are currently registered in?*

Once you have successfully signed in, click on "My Account," then select "Household Activity Calendar." All family member registrations will be displayed for the selected months in a calendar format. Or you can click on "My Account," then "My History." A listing of all enrollments will be created for the selected date range.

### *How can I cancel a reservation or free enrollment?*

Patrons can now cancel their reservations or enrollments in free options in myRCC.

### REGISTRATION BEGINS

#### Summer Programs:

May 1 Reston • May 8 Non-Reston

#### Fall Programs:

August 1 Reston • August 8 Non-Reston

#### Winter/Spring Programs:

December 1 Reston • December 8 Non-Reston



# Spring MARKETPLACE

## Saturday, March 7

RCC HUNTERS WOODS

9:00 a.m. – 12:00 p.m.

FREE

ALL AGES

Hunting for treasures like books, jewelry, tools or toys?

Discover hidden gems, support your neighbors and help the planet by giving these items a second life instead of heading to the landfill!

**INTERESTED IN VOLUNTEERING?**

Register at [volunteer.fairfaxcounty.gov](https://volunteer.fairfaxcounty.gov) or scan here:



## Become a Vendor!

### SPRING MARKETPLACE – VENDOR REGISTRATION

\$15 R

\$12 R55+

\$20 NR

18+

Register in  
myRCC  
#980038-A

The event runs from 9:00 a.m. to 12:00 p.m.; vendors may arrive as early as 7:30 a.m. to set up. Each vendor will be provided with a 6' x 3' table and chairs. Please note that at-home businesses, edible items and live animals cannot be brought to or sold at the flea market. Requests for donations of any kind from any table vendor are strictly prohibited.

For more information, please contact Jeff Morgan, RCC's Youth & Teen Assistant Program Director, at 703-390-6176 or email [Jeff.Morgan@fairfaxcounty.gov](mailto:Jeff.Morgan@fairfaxcounty.gov).



# GREEN RESTON



**Saturday, April 11**

**10:00 a.m. – 12:00 p.m.**

**HUNTERS WOODS PLAZA**

FREE

ALL AGES

Bring the whole family to Hunters Woods Plaza for a fun, eco-friendly event featuring local organizations sharing resources, programs and tips to go green.

**Let's celebrate and protect  
our planet together!**



## GREEN RESTON SCAVENGER HUNT APRIL 1 – APRIL 30

Get outside, explore nature and capture your best moments for a chance to win. The family with the best photo will take home a prize!

### Here's How to Participate:

- Pick up a card at either RCC location or online starting April 1
- Snap photos of items as you explore outdoors
- Submit photos online or by email by April 30

For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or [LaTanja.Snelling@fairfaxcounty.gov](mailto:LaTanja.Snelling@fairfaxcounty.gov).

# RESTON WATER SAFETY DAY

May is National Water Safety Month.

**SATURDAY, MAY 9**

11:00 a.m. – 1:00 p.m.

Hunters Woods Plaza

FREE

ALL AGES

**Free Family Swim**

1:00 p.m. – 4:00 p.m.

## Splash safely this summer!

Have fun and learn hands-on water safety skills to prevent accidents and gain confidence in and around the water.

## Water Safety Day Features:

- Safety Skill Stations
- Family Activities and Prizes!
- Whales Tales Presentations
- Free Beginner Summer Swim Lesson Information

This free, family-friendly event supports the Reston Opportunity Neighborhood program.



For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or [LaTanja.Snelling@fairfaxcounty.gov](mailto:LaTanja.Snelling@fairfaxcounty.gov).



# tephra ICA ARTS FESTIVAL 2026

SATURDAY & SUNDAY

**MAY 16 – 17**

11:00 a.m. – 6:00 p.m.

Reston Town Center

FREE

ALL AGES

Rain or Shine

Celebrate creativity with Tephra ICA at a weekend festival featuring hundreds of artists from across the country showcasing hand-crafted one-of-a-kind works. Explore the vibrant Reston Town Center, enjoy hands-on art projects, meet talented artists and connect with fellow art lovers.

Art sales benefit the participating artists and festival proceeds support Tephra ICA's programs. For volunteering, sponsorship and more, visit [www.tephraica.org/festival](http://www.tephraica.org/festival).

Reston Community Center is a proud sponsor of the Tephra ICA Festival.





## RCC Community Coffee

**Saturdays, January 3 – May 30**

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods • Community Room

ALL AGES

FREE

Start your Saturday with community connections, donuts, coffee and great conversations at RCC's Community Coffee. Everyone is welcome!

**Enjoy special themed Saturdays with unique food, activities, crafts or entertainment:**

**February 14 – Valentine's Day with *One Hunters Woods***

**March 28 – Egg-normous Spring Festival**

**April 18 – National Animal Cracker Day**

**May 16 – Mental Health Awareness Month Discussion**

**Interested in volunteering?**

Register at [volunteer.fairfaxcounty.gov](https://volunteer.fairfaxcounty.gov) or scan here:



For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159.

## Bowties & Ballgowns

**Saturday, January 31**

6:30 p.m. – 8:30 p.m.

RCC Hunters Woods • Community Room

Ages 5+

\$10 R

\$8 R Sibling

\$15 NR

### Let's Dance!

This inaugural parent-child dance will be a true gem: put on your best bowtie or ballgown and join RCC for a sparkling evening you won't forget! Share the dance floor with your loved ones while enjoying dinner, refreshments and endless fun.

Registered children must be accompanied by a parent/caregiver. Child's registration includes admission for up to two parents/caregivers.

Second and subsequent children from the same Reston household receive a 20% discount (R Sibling).

For more information, please contact Dwight Godwin Jr., RCC's Youth and Teen Program Director at [Dwight.Godwin@fairfaxcounty.gov](mailto:Dwight.Godwin@fairfaxcounty.gov).



## Lunar New Year Celebration

**Friday, February 13**

12:00 p.m. – 2:00 p.m.

RCC Hunters Woods • Community Room

18+	\$25 R	\$20 R 55+	\$37 NR
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Kick off the Year of the Horse in style with an unforgettable celebration! Enjoy delicious food, exciting activities and chances to win amazing prizes. Join us for a vibrant festival honoring rich traditions and welcoming a year full of prosperity and joy.

For more information, please contact Cassie Lebron, RCC's Lifelong Learning Director, at 703-390-6157.

## Health & Wellness Fair

**Sunday, March 22**

2:00 p.m. – 5:00 p.m.

RCC Hunters Woods • Community Room

FREE	ALL AGES
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Connect with local experts and businesses to explore holistic health, fitness, nutrition and wellness resources. Discover new ways to live healthier in Reston!

Stay inspired to make wellness part of your everyday life.

Sponsored by the Greater Reston Chamber of Commerce and Reston Community Center.

For more information, please contact Alice Chin at [alicechin5@yahoo.com](mailto:alicechin5@yahoo.com).



## Celebrate Reston!

**Saturday, April 4**

10:00 a.m. – 4:00 p.m.

Lake Anne Plaza

FREE

ALL AGES

Rain or Shine

Enjoy family fun and live music at this celebration of Reston's founding. Celebrate Reston! brings the community together to honor everything that makes Reston special.

Presented by the Reston Museum and Reston Community Center. Hosted by Lake Anne of Reston, a Condominium Unit Owners Association.

For more information, please contact the Reston Museum at [www.restonmuseum.org](http://www.restonmuseum.org) or 703-709-7700.

## Tour de Hunter Mill

**Sunday, May 3**

8:30 a.m. - 12:00 p.m.

Bike Routes To Be Determined

ALL AGES

Hop on and ride with us! The Tour de Hunter Mill is a fun, family-friendly bike event that explores scenic trails and neighborhoods each year. It's not a race – just a great way to connect with the community, stay active and maybe even collect some colorful socks.

Hunter Mill District Supervisor Walter Alcorn hosts the Annual Tour de Hunter Mill bike ride. This bike ride is organized in partnership with Fairfax County Police Department, Fairfax Alliance for Better Bicycling (FABB), Reston Bike Club and Reston Community Center.

For more information and updates, please email [TourHunterMill@fairfaxcounty.gov](mailto:TourHunterMill@fairfaxcounty.gov) or visit [www.fairfaxcounty.gov/huntermill/tour-de-hunter-mill](http://www.fairfaxcounty.gov/huntermill/tour-de-hunter-mill).





## Happy Hour with Darden & Friends

**Fridays, May 22 – June 26**

5:30 p.m. – 6:45 p.m.

Reston Town Square Park

FREE

ALL AGES

Start your weekend on a high note with outstanding jazz in beautiful Reston Town Square Park! Curated by local favorite Darden Purcell, this series showcases some of the finest jazz talents in the region.

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or [Asjah.Heiligh@fairfaxcounty.gov](mailto:Asjah.Heiligh@fairfaxcounty.gov).

## RCC Rides

### Volunteer Drivers Needed

RCC Rides volunteer drivers enhance the quality of life of older Reston adults (55+) who can no longer drive.

*"RCC Rides is the perfect volunteer program for me because of the schedule flexibility. With RCC Rides, I can log in and choose to provide a ride that fits my schedule."*

– Robin Parker, Volunteer Driver

#### Interested in volunteering?

Complete an application at [www.restoncommunitycenter.com/rccrides](http://www.restoncommunitycenter.com/rccrides) or scan here:



For more information, please contact the RCC Rides Coordinator at 703-390-6198 or [RCCRides@fairfaxcounty.gov](mailto:RCCRides@fairfaxcounty.gov).



## ARTS & CULTURE

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# MOVIES THAT MOVE



The Leila Gordon Theatre at RCC Hunters Woods

FREE

Experience captivating films as you are transported to imagined worlds.

## "1776"

**Monday, January 5**

10:00 a.m.

The nation's fathers harmonize their way through the founding of America in this musical adapted from a popular Broadway show. (1972, rated G)

## "A Real Pain"

**Monday, February 2**

10:00 a.m.

Jesse Eisenberg and Kieran Culkin star as mismatched cousins on a Jewish heritage tour in Poland, where family tensions resurface amid their shared history. (2024, rated R)

## "Free Guy"

**Monday, March 2**

10:00 a.m.

A bank teller discovers he's a non-player character in an online game and teams up with another player to expose a CEO who stole the game's source code. (2021, rated PG-13)

## "Soul"

**Monday, April 6**

10:00 a.m.

A middle school teacher and aspiring pianist falls into a coma and seeks to reunite his separated soul and body in time for his big break as a jazz musician. (2024, rated PG)

## "Wicked"

**Monday, May 4**

10:00 a.m.

Based on the Broadway musical, this first installment follows Elphaba and Glinda's unlikely friendship as an encounter with the Wizard of Oz leads them down very different paths. (2024, rated PG)

## ReelAbilities Shorts Series

Panel of Disabled Actors and Filmmakers

Talk About their Experiences

**Thursday, February 12**

7:30 p.m.

Part of the ReelAbilities Film Festival

## "Bear"

Jude, a neurodivergent creative, struggles in tense job interview that grows even more awkward when no one addresses the bear in the room.

## "Working Different"

A look with film and TV industry professionals at why accessibility and inclusion should be the standard.

## "To My Father"

In his 2022 Oscar speech, Troy Kotsur honored his dad as his "hero." Explore his father's profound influence beyond the speech that moved millions.

## "The Milky Pod Kid"

A disability consultant helps a former child star prepare for his triumphant comeback.

ReelAbilities Film Festival is the largest festival in the world dedicated to showcasing ground-breaking films by and about people with disabilities, celebrating the lives, stories and artistic expressions of disabled creators and our shared human experience.

For more information about Movies That Move, contact Paul Michnewicz, RCC's Director of Arts and Culture, at 703-390-6167.



MEET THE

# Artists

THURSDAYS • 2:15 p.m. – 3:30 p.m.

THE LEILA GORDON THEATRE

FREE

ALL AGES



## **Beverly Cosham**

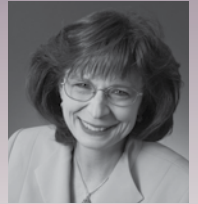
**April 2**

Beverly Cosham, cabaret singer, has performed at nightspots all over the country from Los Angeles to New York to San Antonio, as well as in theatres throughout the Washington area.

## **Linda Monson and Her Piano Studio**

**April 23**

Dr. Linda Apple Monson brings her gifted students from George Mason University to present a diverse program of classical piano repertoire.



## **Darden Purcell & Mason Jazz Vocalists**

**April 9**

Darden Purcell and talented students from the Mason Jazz Voice Studio perform jazz standards, Brazilian hits and exciting arrangements showcasing the Great American Songbook.

## **Miles Stiebel**

**April 30**

Violinist Miles Stiebel will perform popular songs and intrigue you with anecdotes of performances from distinguished events and venues in the Washington, D.C. area and beyond.



## **Clayton Bourassa**

**April 16**

Clayton Bourassa, a dynamic concert pianist, captivates audiences across the Washington, D.C. metro area with his diverse repertoire.

## **Olga Simonova**

**May 7**

Olga Simonova, Russian American pianist, composer and Reston resident, will perform her original piano compositions in a cinematic style that bridges the past and future.



These programs are a joint venture between Osher Lifelong Learning Institute (OLLI) at George Mason University and Reston Community Center. OLLI at George Mason University offers daytime courses, lectures, special events and other activities year-round. There are no exams, no credits, no college degree required or offered and no age threshold for joining.

Find more OLLI offerings at RCC on page 66.

Learn more online at [www.lli.gmu.edu](http://www.lli.gmu.edu). Schedule subject to change.  
Please check our website for up-to-date information.

For more information, please contact Paul Douglas Michnewicz, RCC's Arts & Culture Director, at 703-390-6167.

# 2025/2026 Professional Touring Artists Series

Akua Allrich presents "'New Moon Rising' A Musical Celebration of Growth, Resilience and New Beginnings," a performance inspired by the enduring symbolism of the new moon. Across cultures and religions, the new moon represents renewal, introspection and gratitude, inviting us to reflect on our intentions and the life we hope to create.

Rituals honoring the new moon – setting intentions, making affirmations or simply pausing for reflection – resonate deeply with the principles Dr. Martin Luther King Jr. championed. Just as the new moon signals fresh beginnings, Dr. King encouraged each of us to envision a better world, act with purpose and manifest meaningful change in our communities.

The weekend of reflection and celebration also includes thought-provoking programs, such as insights from Dr. Eddie Glaude Jr., who examines how Dr. King's legacy continues to shape our society today. These events provide an opportunity to connect with inspiring ideas, music and art while honoring Dr. King's vision for a more just and compassionate world.

The new moon reminds us that every ending holds the promise of a beginning. Through music, art and reflection, this performance and the surrounding events invite all of us to set intentions, celebrate resilience and embrace the possibilities that lie ahead.

There are so many new and beautiful things to see and do with the Professional Touring Artists Series. Don't miss anything!



A handwritten signature in black ink that reads "Paul D. Michnewicz".

Paul Douglas Michnewicz  
Director of Arts & Culture

## GET TICKETS

Order forms are available online.

### RCC Box Office Hours

Two hours before any ticketed performance.

**Tuesday, Wednesday, Thursday:** 4:00 p.m. – 9:00 p.m.

**Saturday:** 1:00 p.m. – 5:00 p.m.

**Online:** [www.restoncommunitycenter.com/ptas](http://www.restoncommunitycenter.com/ptas)

**Phone:** 703-476-4500, Press 3

**Mail:** 2310 Colts Neck Road, Reston, VA 20191



## **"Navidad Flamenca" Presented by Furia Flamenca**

**Saturday, December 20**  
8:00 p.m.

**\$20 R    \$30 NR**

Come celebrate the Holidays with us! Let's create a new tradition by celebrating the Spanish and Puerto Rican way. "Navidad Flamenca" is a delightful program that will take you on a journey of some of the most festive holiday traditions as celebrated in Spain and Puerto Rico. The show was conceived by Estela Vélez de Paredes, Artistic Director of the company, who grew up in Puerto Rico and experienced the unique celebrations of the holidays on the island and the parallels to the Spanish traditions.

Enjoy an evening of joyous and mesmerizing Spanish holiday music and song (villancicos) alongside thrilling flamenco dancing – and even a Puerto Rican "parranda" (caroling/party) or two.



## **Akua Allrich Presents "New Moon Rising" A Musical Celebration of Growth, Resilience and New Beginnings**

**Sunday, January 18**  
3:00 p.m.

**\$15 R    \$20 NR**

Jazz vocalist Akua Allrich, a native of Washington, D.C., has established herself as a remarkably talented musician with a passionate stage presence. With skill and charisma, this vocalist, composer and teacher has carved out a niche for her distinctive musical expression, captivating audiences in and around the nation's capital with sold-out performances.

In February, Akua Allrich will also visit Langston Hughes Middle School and South Lakes High School as part of RCC's Artist-in-Residence program.

"Akua Allrich has a warm and sassy delivery, not unlike a young Aretha Franklin, and uses her voice in a flexible way that includes drops, falls and growls almost like an old school trumpet player."

— Jazz Weekly



## **Reston Dr. Martin Luther King Jr. Birthday Celebration Keynote Address Presented by Dr. Eddie Glaude Jr.**

**Monday, January 19**  
11:00 a.m.

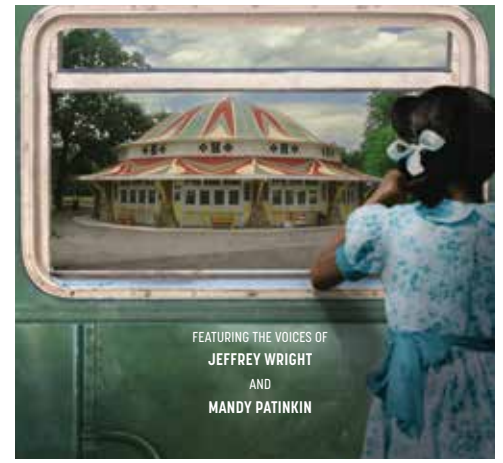
**\$5 R    \$20 NR**

Dr. Eddie Glaude Jr. is a prominent scholar known for his impact as an author, political commentator and passionate educator. He explores the complexities of the American experience, particularly through the lens of race and democracy.

His notable works include "Democracy in Black: How Race Still Enslaves the American Soul" and "In a Shade of Blue: Pragmatism and the Politics of Black America," which examine the struggles within Black communities and the broader societal challenges of racial issues. His bestseller, "Begin Again: James Baldwin's America and Its Urgent Lessons for Our Own," reflects on Baldwin's insights and their relevance today.

Through his writing and public speaking, Glaude inspires thought and dialogue around race, identity and democratic responsibility, making significant contributions to our understanding of these critical issues.





## Happenstance Theater "Preposterous!"

**Sunday, February 8**  
3:00 p.m.

**\$15 R    \$20 NR**

Celebrating their 20th year, we are happy to bring Happenstance Theater back to Reston.

Their newest work, "Preposterous!" is a sophisticated, family-friendly, pocket-sized clown circus in which charming vintage clowns play circus animals, sing as human calliopes, do the classic circus mirror routine with a twist, invent several ridiculous "entrees," perform live music and execute a very satisfying slow-motion number involving a pie!

Fun for all ages.

"Happenstance Theater is a delightfully precise group of actors/clowns, all hell bent on making you smile. It will be a smile that goes directly to your heart."  
— Paul Binder, Founder, Big Apple Circus

## This Land: An Evening with Lara Downes and Judy Collins

**Saturday, February 14**  
8:00 p.m.

**Sunday, February 15**  
3:00 p.m.

**\$40 R    \$60 NR**

Celebrate America's 250th anniversary with pianist Lara Downes and folk legend Judy Collins in an inspiring evening of music and conversation, exploring the diverse voices and stories that shape our nation.

Judy, with Lara on piano, will perform beloved hits. Lara will also preview "Life" by composer Valerie Coleman, co-commissioned by RCC to honor The Leila Gordon Theatre's renaming, ahead of its July 1, 2026 premiere at Lincoln Center.

"This Land" is not just a concert. Through their performances and dialogue, these artists will create an evening of celebration and reflection, fostering empathy and connection as we recognize our shared history.

This is a one-of-a-kind event which should not be missed.

## "Ain't No Back to a Merry-Go-Round" Screening & Talk-Back with Ilana Trachtman

**Wednesday, February 18**  
7:30 p.m.

**FREE**

Five Howard students broke barriers in the summer of 1960 by riding the whites-only carousel at Glen Echo Amusement Park. Their protest sparked an unprecedented alliance with the local white community, drawing national attention, union support, and eventually producing ten 1961 Freedom Riders, including Stokely Carmichael, and a Supreme Court case.

"Ain't No Back to a Merry-Go-Round," directed by Emmy winner Ilana Trachtman, brings this untold story to life with never-before-seen footage and voices by Jeffrey Wright, Mandy Patinkin, Bob Balaban, Lee Grant, Peter Gallagher, Dominique Thorne, Alysia Reiner and Tracie Thoms.

Stay afterward for a discussion with director Ilana Trachtman.



## Reduced Shakespeare Company's "All The Great Books (abridged)"

**Sunday, February 22**

3:00 p.m. and 7:00 p.m.

\$25 R \$35 NR

Little Dickens. Short Longfellow. Reduced Proust. All the Great Books. Less is More. The literary canon explodes as the Reduced Shakespeare Company once again unleashes a comic outrage on an unsuspecting public.

The Bad Boys of Abridgment take you on a ninety-eight-minute roller-coaster ride through their compact compendium of the world's great books in "All The Great Books (abridged)." Buckle up and hop aboard as they zip through everything you didn't get around to reading in school.

In the spirit of Shakespeare's comedies, RSC shows contain comic depictions of violence, mild innuendo, bawdy language and the occasional rude word. All children (and parents) are different, so we've chosen to rate our shows PG-13: Pretty Good If You're Thirteen.

"English class meets Monty Python"  
— The Washington Post



## Cleo Parker Robinson Dance Ensemble

**Saturday, February 28**

8:00 p.m.

\$20 R \$30 NR

The internationally renowned Cleo Parker Robinson Dance Ensemble, rooted for over 50 years in African American traditions and the modern dance legacy bring both the iconic and the innovative to the stage.

The power, passion and beauty of this ensemble will elevate your spirit and heal your heart!

"Cleo Parker Robinson Dance Ensemble, a troupe of extraordinarily talented contemporary dancers who are powerful, fast, razor-sharp, and exciting to watch."

— Triangle Arts & Entertainment



## "Different Ships, Same Boat"

**Saturday, March 7**

8:00 p.m.

\$15 R \$20 NR

"Different Ships, Same Boat" is a stirring exploration of the joys, tensions and complexities of who we are and who we aspire to be, both to ourselves and to one another.

With a podcast-like narration that ranges from humorous to poignant to poetic, performers Regie Gibson and Guy Mendilow introduce each chapter, presenting moving, real-world stories – from WWII Hungary to contemporary small town USA – set against an evocative musical score.

"...a unique and beautiful approach to understanding perspectives beyond your own, something we need so badly in the world right now."

— Laura Conrad Mandel  
Executive Director, Jewish Arts Collaborative



# **“Season of the Witch: Honoring Women & The Stories They Inspire”**

Mandy Brown, soprano  
Tatiana Loisha, accompanist

**Sunday, April 19**  
3:00 p.m.

**\$15 R    \$20 NR**

“Seasons of the Witch” is a wickedly good time exploring stereotypes of the witch and reconciling these fantastical fabrications with who these women truly were, unique individuals, healers and wise women. The recital includes selections in a variety of languages and musical styles, slides of quotes and translations, along with poetry excerpts. A trio of witchy songs by Fiona Linnane, an award-winning composer in Ireland, has been commissioned especially for this program. After the show, sample the herbalist kitchen and learn about the magic growing all around us.

“Soprano Mandy Brown sang with consummate poise, her top range warm and powerful but also capable of a limpid shimmer.”

— Washington Classical Review

# **Murray Hill** **Saturday, May 30** 8:00 p.m.

**\$15 R    \$20 NR**

Murray Hill is a well-known entertainer in New York City. He is a comedian, TV host and emcee. Audiences enjoy his performances for their high energy, humor and engaging storytelling. Starring as Fred Rococo in HBO’s acclaimed series “Somebody Somewhere,” Murray has won several awards, including a Peabody Award and AFI. He hosted “Drag Me to Dinner” on Hulu and appears in “Life & Beth” and “Welcome to Flatch.” He also acts in the upcoming movie “Jackpot,” starring John Cena and Awkwafina.

In 2025, he will release his memoir “Showbiz! My Life as a Middle-Aged Man” with Simon & Schuster’s Gallery Books. He served as a special guest correspondent for ABC News during “Pride Across America,” covering Pride marches in San Francisco, New York and Chicago. NBC News recognized him as one of the 30 most influential drag performers today.

Murray received the New York Voices commission from Joe’s Pub at The Public Theater, where he presented his one-man show “About to Break.” His holiday show “A Murray Little Christmas” has sold out at Joe’s Pub for a decade, drawing audiences with its festive spirit and fun performances.

## **BOX OFFICE POLICIES**

- No refunds or exchanges unless the show is canceled. For online ticket sales, per-ticket fees are refunded, but per-order fees are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at the time of the sale. E-tickets may be printed at home or shown on your mobile device to be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.

Tickets for the Professional Touring Artists Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online.



# CULTURAL ARTS

## The Reston Museum

[www.restonmuseum.org](http://www.restonmuseum.org)  
703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present and influences the future of Reston through its exhibits, public programs and events – among which are community favorites such as Celebrate Reston! (formerly Founder's Day), the Reston Home Tour and the Lake Anne Cardboard Boat Regatta. Come visit the Reston Museum in Lake Anne Plaza and enjoy the exhibits, gift shop and opportunity to learn more about Reston.

### Meet the SLHS STEAM Team

Meet the STEAM Team from South Lakes High School and discover the creativity behind the annual Lake Thoreau spillway art installation. Supported by Public Art Reston and Reston Association, these students gain real-world experience while shaping public spaces. Hear their journey, challenges and the impact of their work on the community.

### Wednesday, May 13

7:00 p.m. – 9:00 p.m.

**South Lakes High School, Room 370**

Free

## PERFORMING ARTS

### Festival Ballet Virginia

[www.gwdancecenter.com](http://www.gwdancecenter.com)

Festival Ballet Virginia (FBV) was founded in 2018 as a nonprofit, high-quality, pre-professional dance company dedicated to inspiring excellence and infusing passion in dancers and audience members.

### "Echoes"

Two companies. One voice. "Echoes" unites Motion X Dance Company and Festival Ballet Virginia for a moving evening of contemporary dance. Exploring mental health, hope and resilience, each piece captures the raw truths of the human experience. Don't miss this thought-provoking performance!

### Friday, May 15

7:30 p.m.

### Saturday, May 16

7:30 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

\$25 • All Ages

## Music Teachers of Fairfax Loudoun

[www.FLMF.org](http://www.FLMF.org)

Music Teachers of Fairfax Loudoun offers membership to private music teachers looking for a non-competitive, friendly and enriching community.

### Spring Recitals

#### Sunday, March 15

1:00 p.m. and 4:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

Free • All Ages

## Ravel Dance Company

[www.raveldance.com](http://www.raveldance.com)

703-437-9664

Founded in 1990, the Ravel Dance Company provides young dancers with opportunities to perform original works in various genres, preparing them for professional dance careers or university programs.

### "Cinderella"

This spring, experience "Cinderella," a timeless ballet of kindness, courage and true love. Featuring Prokofiev's score, stunning costumes, imaginative sets and the artistry of the Ravel dancers, this enchanting tale comes to life for audiences of all ages.

### Saturday, May 23

2:00 p.m.

### Sunday, May 24

2:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

*Tickets available at the RCC Box Office in April.*

## Reston Community Orchestra

[www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org)

571-449-7095

Reston Community Orchestra (RCO) is an all-volunteer ensemble devoted to the cultural enhancement of the community through the presentation of diverse offerings of symphonic music, from classical to pop. Check the RCO website for updated concert information closer to the performance dates.

### "Tribute to Rev. Dr. Martin Luther King Jr."

Reston Community Orchestra opens Reston's annual weekend honoring Dr. King, featuring music by African American composers, soloist Alia Waheed (New York Metropolitan Opera) and selections from "Out of Africa" and "Wicked."

### Saturday, January 17

4:00 p.m. (3:40 p.m. for pre-show aperitif)

**RCC Hunters Woods – Community Room**

\$25 Adult, \$18 Senior (60+), \$5 Youth (17 and younger), Free for Active Military/First Responders

*Tickets available at the RCC Box Office and online.*

### "Pi Day: More Than Three for the Ages"

Celebrate Pi Day with the RCO spring concert! Featuring Beethoven's "Triple Concerto" with three local soloists, a World Premiere by composer Ron Planting and a medley of James Bond movie themes in collaboration with the NoVa Youth Ensemble.

### Saturday, March 14

4:00 p.m. (3:40 p.m. for pre-show aperitif)

**RCC Hunters Woods – Community Room**

\$25 Adult, \$18 Senior (60+), \$5 Youth (17 and younger), Free for Active Military/First Responders

*Tickets available at the RCC Box Office and online.*

*RCO is supported in part by ArtsFairfax, the Virginia Commission for the Arts and National Endowment for the Arts, plus corporate and individual patrons.*

## Reston Community Players

[www.restonplayers.org](http://www.restonplayers.org)

Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny and timeless productions. RCP has been delighting audiences since 1966.

### "She Kills Monsters"

#### Fridays, January 16, 23, 30

8:00 p.m.

#### Saturdays, January 17, 24, 31

8:00 p.m.

#### Sundays, January 25, February 1

2:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

\$30 Adults (19 – 64), \$25 Seniors (65+)

\$25 Students (18 and younger)

*Tickets available at [www.restonplayers.org](http://www.restonplayers.org).*

## "What The Constitution Means to Me"

**Thursday, March 26**

8:00 p.m.

**Friday, March 27**

8:00 p.m.

**Saturday, March 28**

2:00 p.m. and 8:00 p.m.

**Sunday, March 29**

2:00 p.m. and 5:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

\$30 Adults (19 – 64), \$25 Seniors (65+)

\$25 Students (18 and younger)

*Tickets available at [www.restonplayers.org](http://www.restonplayers.org).*

## "A Funny Thing Happened on the Way to the Forum"

**Fridays, April 17, 24, May 1 and 8**

8:00 p.m.

**Saturdays, April 18, 25, May 2**

8:00 p.m.

**Saturday, May 9**

2:00 p.m.

**Sundays, April 26, May 3**

2:00 p.m.

**RCC Hunters Woods –**

**The Leila Gordon Theatre**

\$30 Adults (19 – 64), \$25 Seniors (65+)

\$25 Students (18 and younger).

*Tickets available at [www.restonplayers.org](http://www.restonplayers.org).*

*The Reston Community Players receive funding from ArtsFairfax and the Virginia Commission for the Arts, which are supported by the Virginia General Assembly and the National Endowment for the Arts.*

## The Reston Chorale

[www.restonchorale.org](http://www.restonchorale.org)

703-834-0079

The Reston Chorale is an inclusive mixed-voice chorus with a full repertoire that varies in style from the great choral masterworks of Bach and Beethoven to the American classics of Gershwin and Copland.

## Stravinsky's "Symphony of Psalms"

**Saturday, March 21**

4:00 p.m.

**RCC Hunters Woods –**

**Community Room**

\$30 Adults (18 – 61), \$25 Seniors (62+), Free Active Military & Youth (17 and younger) with a ticketed adult.

*Tickets available at the RCC Box Office and online.*

*The Reston Chorale is supported in part by ArtsFairfax, Fairfax County Government, the Virginia Commission for the Arts, the National Endowment for the Arts and The Reston Chorale Endowment Fund, corporate donors, sponsors and individuals.*

# VISUAL ARTS

## League of Reston Artists

[www.leagueofrestonartists.org](http://www.leagueofrestonartists.org)

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA is a nonprofit 501(c)(3) volunteer run organization that sponsors the Reston Photographic Society.

Art in Public Places (AIPP) provides exhibit opportunities for LRA members. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website.

### JANUARY – FEBRUARY

"Art in Public Places Exhibits" (AIPP)

**Solo Shows – Quarterly Rotation**

### FEBRUARY

"Artful Adventures"

**Painting and Photography Exhibit  
RCC Hunters Woods**

### MARCH – MAY

"Art in Public Places Exhibits" (AIPP)

**Solo Shows – Quarterly Rotation  
RCC Lake Anne – Jo Ann Rose Gallery**

## Public Art Reston

[www.publicartreston.org](http://www.publicartreston.org)

Public Art Reston (PAR) aims to inspire and connect the community through public art, which is essential for a thriving and diverse environment. Since its founding in 2007 and the adoption of the Public Art Master Plan in 2008, PAR has commissioned over 43 permanent and temporary artworks. It promotes creativity, accessibility and belonging.

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.



## Reston Art Gallery and Studios (RAGS)

[www.restonartgallery.com](http://www.restonartgallery.com)

703-481-8156

The charming artists' collective in historic Lake Anne Plaza features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage and acrylic and oil paintings. Visit website for gallery hours and workshop schedule.

### JANUARY

"Winter Winds"

Found art, sculpture and Oriental Brush Painting artists join RAGS for a group show.

**Reception: Sunday, January 11**

2:00 p.m. – 4:00 p.m.

### FEBRUARY

"A Touch of Red"

A group show to celebrate the season featuring RAGS artists.

**Reception: Sunday, February 8**

2:00 p.m. – 4:00 p.m.

### MARCH

"Annual Artist's Invitational Exhibit"

Invited guest artists present a multi-media exhibit with painting, collage, printmaking and pastel works.

**Reception: Sunday, March 8**

2:00 p.m. – 4:00 p.m.

### APRIL

"Art by Sandy Dovberg"

**Reception: Sunday, April 12**

2:00 p.m. – 4:00 p.m.

### MAY

"Down the Shore"

Large canvas ocean scenes by Patricia McIntyre

**Reception: Sunday, May 10**

2:00 p.m. – 4:00 p.m.

## Tephra ICA

[www.tephraica.org](http://www.tephraica.org)

703-956-9513

The Tephra Institute of Contemporary Art (ICA) promotes innovative contemporary art and thought. Acting as a catalyst and advocate for visual and interdisciplinary arts, Tephra ICA showcases globally influenced and diverse artists. The Institute offers educational initiatives and public programs that encourage critical thinking and creative expression. Admission to the gallery is always free, as are most programs.

*Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts.*

## PERFORMING ARTS TICKETS

Tickets for community arts organization events held at RCC (The Leila Gordon Theatre or the Community Room) are usually available for sale two weeks prior to the first

performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Season subscription ticketing is handled differently by different

organizations. Priority ordering information is provided with confirmation of the season subscription.

All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

## GOVERNMENT FUNDERS

ArtsFairfax:  
[www.artsfairfax.org](http://www.artsfairfax.org)



Virginia Commission for the Arts:  
[www.arts.virginia.gov](http://www.arts.virginia.gov)



VIRGINIA COMMISSION FOR THE ARTS

National Endowment for the Arts:  
[www.arts.gov](http://www.arts.gov)



## RCC GALLERY EXHIBITS

### RCC Hunters Woods Exhibits

#### DECEMBER/JANUARY

##### "Rainbow III"

Acrylic paintings inspired by colors of nature by Touran Mahdaviazar

#### JANUARY/FEBRUARY

##### "Artful Adventures"

League of Reston Artists (LRA) Group Exhibit

#### MARCH

##### Youth Art Month Exhibit

Art by South Lakes High School and Langston Hughes Middle School

#### APRIL/MAY

##### "Young at Art" Exhibit

Art from artists 55+.



### Jo Ann Rose Gallery Exhibits

#### JANUARY

##### "From Wood to Water"

Watercolor works by Don Janus

#### FEBRUARY

##### "5 X 7"

An Exhibit to Honor Jo Ann Rose by Karen Rose Loehr

#### MARCH

##### Youth Art Month Exhibit

Art from Reston Elementary Schools

#### APRIL

##### "Celebrate Reston at Lake Anne"

Painters Exhibit  
League of Reston Artists (LRA)

#### MAY

##### "The Joy of Creating"

Annual RCC Teacher and Student Exhibit

### RCC Lake Anne 3D Gallery Exhibits

#### JANUARY – FEBRUARY

##### "Gifts from the HeART"

Annual Art Sale to Benefit Cornerstones

#### MARCH – APRIL

##### Youth Art Month Exhibit

Art From Reston South Lakes Pyramid Students

#### MAY – JUNE

##### "The Joy of Creating"

Annual RCC Teacher and Student Exhibit



## INTERESTED IN EXHIBITING?

For more information about exhibiting with Reston Community Center, please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or contact Gloria Morrow, Arts Education Assistant, at 703-390-6187.





## AQUATICS

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# THE TERRY L. SMITH AQUATICS CENTER

The Terry L. Smith Aquatics Center, featuring a Lap Pool, Warm Water Pool and Spa, is open daily to learn, play and swim. Patrons can access the pool with the purchase of a daily visit or by swiping an Aquatics Pass. The Center offers a robust Learn-to-Swim program, Water Aerobics classes and free swim opportunities.

## Special Accommodations

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please contact our ADA Coordinator at 703-390-6144.

## Group Reservations

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool. Please reach out to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) for further information or requests.

## WINTER/SPRING • JANUARY 1 – MAY 31

	LAP POOL*	WARM WATER POOL*	Spa*
Monday/Wednesday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:30 p.m.	11:00 a.m. – 12:00 p.m. 1:00 p.m. – 3:00 p.m. 4:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Tuesday/Thursday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.	1:00 p.m. – 3:00 p.m. 4:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 7:00 p.m.
Friday	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.	11:00 a.m. – 12:00 p.m. 1:00 p.m. – 3:00 p.m. 4:00 p.m. – 5:00 p.m.	7:00 a.m. – 12:00 p.m. 1:00 p.m. – 6:00 p.m.
Saturday	9:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.
Sunday	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.	1:00 p.m. – 5:00 p.m.

\*Swim lanes may be limited. Please note that the schedule is subject to change without notice. RCC schedules programming during open and lap swim times. The pools are closed from 12:00 p.m. – 1:00 p.m. every day for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space.

**Lap Pool will be closed from 4:00 p.m. – 5:00 p.m. weekdays in January and February for South Lakes Swim Team.**

**NEW**

## Free Family Swim

The Terry L. Smith Aquatics Center

FREE

ALL AGES

**Saturday, March 28**

12:00 p.m. – 5:00 p.m.

Learn more about the Egg-normous Spring Festival on page 51.

**Saturday, May 9**

1:00 p.m. – 4:00 p.m.

Learn more about Reston Water Safety Day on page 16.



## POOL FEES

	Reston Resident/ Employee	Non-Reston
<b>Daily Visit</b> Single visits can be purchased at the Terry L. Smith Aquatics Center.		
Adult	\$5	\$10
Youth and Senior	\$3	\$6
<b>Daily Visit Pass (Price Per Visit)</b> Passes can be purchased with 5 – 60 visits at a time. Additional visits can be added online at myRCC or at an RCC Customer Service Desk. Valid for 2 years from purchase date.		
Adult	\$4.50	\$9
Youth and Senior	\$2.75	\$5.50
<b>Monthly Pool Pass</b> Monthly passes are valid for 30 days from date of purchase. Passes do not renew automatically; patrons can renew online at myRCC or at an RCC Customer Service Desk.		
Adult	\$45	\$90
Youth and Senior	\$25	\$50
<b>Aquatics Annual Pass</b> 12-month passes are valid from date of purchase. Passes do not renew automatically; patrons can renew online at myRCC or at an RCC Customer Service Desk.		
Adult	\$480	\$960
Youth and Senior	\$250	\$500

## RESTON MASTERS SWIM TEAM (RMST)

(18+)

Established in 1974, RMST has practiced at RCC since the pool opened. Part of the national U.S. Masters Swimming program, RMST has members who range in age from 18 to 80+ years old. RMST supports swimmers of all levels, from fitness swimmers and triathletes to highly competitive swimmers and those who simply enjoy swimming in an organized setting. We swim Tuesday, Thursday and Sunday evenings and Saturday mornings.

Our indoor season is in the Terry L. Smith Aquatics Center. Terry was a longtime member of our team as well as the RCC Board. Our current coach, Frank Koval, has brought the team to a level of expertise that has seen us compete and win nationally on a regular basis.



Our dues are low and our enthusiasm is high. If you would like to learn more about us, please check our website at [www.restonmasters.com](http://www.restonmasters.com).

## RESTON SWIM TEAM ASSOCIATION (RSTA)

(6 – 18 years old)

RSTA is a year-round developmental swim league open to all swimmers 6 to 18 years old. RSTA's summer league consists of eight teams with 110 swimmers each. Swimmers practice almost daily from late May through July and compete in six dual meets, an Individual Medley meet and an All-Star meet.

RSTA's winter program at RCC provides developmental clinics and sessions from September through May designed to improve swimmers' stroke technique and endurance.



Whether you are a beginner who wants to become competitive or a swimmer who wants to improve strokes, RSTA offers a program to suit your needs. Check our website at [www.rsta.org](http://www.rsta.org).



## LAP POOL

- Three of the six lap lanes are available for open swim use.
- Three of the six lap lanes are dedicated to reservation swimming only.
  - Reservations are for a 60-minute time slot.
  - Reservations for the following month open on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston.
  - Patrons who need to cancel a reservation can now do so in myRCC. This will help RCC fill the open spot more easily with someone from the waiting list.
  - Reservations that go unused, or uncanceled less than two hours in advance, will be charged to the passholder. Not using a reserved lane or failing to cancel a reservation is unfair to those who are on the waitlist or who want to reserve that slot.
- Non-swimming youth must be accompanied by an adult in the water. Both child and adult require payment.

### Lap Lane Reservations

Lanes 1, 2 and 3 can be reserved at myRCC for the following time slots:

#### Monday – Friday

7:00 a.m. – 8:00 p.m.  
 8:00 a.m. – 9:00 a.m.  
 10:00 a.m. – 11:00 a.m.  
 11:00 a.m. – 12:00 p.m.  
 1:00 p.m. – 2:00 p.m.  
 2:00 p.m. – 3:00 p.m.

#### Saturday, Sunday

1:00 p.m. – 2:00 p.m.  
 2:00 p.m. – 3:00 p.m.  
 3:00 p.m. – 4:00 p.m.

## LEARN-TO-SWIM

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

### Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience, please read and consider the following points:

#### Placement

- RCC offers swimming lessons for all ages, from infants to adult learners.
- Find an overview of RCC's swimming lesson offerings on the next page, including level prerequisites and goals to help you find the appropriate class.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

### Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

## SAFE SWIMMING FOR ALL

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.



# LEARN-TO-SWIM LEVELS

		6 – 18 months	18 months – 3 years	3 – 4 years old
PARENT & CHILD	<ul style="list-style-type: none"> <li>Adults will learn to safely orient children to the water</li> <li>Lessons help children feel comfortable in the water but will not teach independent swimming skills</li> </ul>	WATER INTRO	AQUA TOTS	POOL PALS & WATER FRIENDS
		3 years old	4 – 7 years old	6 – 12 years old
SWIMMING FOUNDATIONS	<ul style="list-style-type: none"> <li>No swimming skills required</li> <li>Introduce basic swimming and water safety skills</li> </ul>	SKIPPER I	ROOKIE 1	LEVEL 1
	<ul style="list-style-type: none"> <li>Comfortable putting face in the water</li> <li>Briefly float, push off wall and swim with help</li> <li>Introduce breathing techniques</li> </ul>	SKIPPER II	ROOKIE II	LEVEL 2
	<ul style="list-style-type: none"> <li>Can jump in, float and recover to standing</li> <li>Can swim a few strokes on front and back independently</li> <li>Work to swim independently for longer distances</li> </ul>		RANGER	LEVEL 3
STROKE DEVELOPMENT	<ul style="list-style-type: none"> <li>Can swim front crawl half a pool length</li> <li>Can tread water</li> <li>Introduce diving and different strokes</li> </ul>		MARLIN	LEVEL 4
	<ul style="list-style-type: none"> <li>Can swim front crawl and elementary backstroke one pool length</li> <li>Can swim breaststroke and backstroke half a pool length</li> <li>Work to swim two pool lengths nonstop with flip turn</li> </ul>			LEVEL 5
	<ul style="list-style-type: none"> <li>Can swim two pool lengths nonstop</li> <li>Work to increase endurance</li> <li>Introduce pull buoys and fins</li> <li>Retrieve object from 8 feet deep</li> </ul>			LEVEL 6
ADULT LEARNERS		13+		
	<ul style="list-style-type: none"> <li>No swimming skills required</li> <li>Learn to swim one pool length</li> </ul>		ADULT BEGINNER	
	<ul style="list-style-type: none"> <li>Able to swim one pool length</li> <li>Improve stroke technique</li> </ul>		ADULT ADVANCED BEGINNER	
ADAPTED AQUATICS		4+		
	<ul style="list-style-type: none"> <li>Tailored for children and adults with physical or learning disabilities</li> <li>Supervised by instructors and volunteers trained by RCC</li> <li>Contact RCC Aquatics at 703-390-6150 to learn more</li> </ul>		ADAPTED AQUATICS	
PRIVATE LESSONS		All Ages		
	<ul style="list-style-type: none"> <li>Tailored to your swimmer</li> <li>Taught by certified instructors</li> <li>Contact RCC Aquatics at 703-390-6152 to learn more 30-minute lesson</li> </ul>		PRIVATE LESSONS	

# UNDER WATER EGG HUNT

**Saturday, April 5**

**12:30 p.m. – 4:00 p.m.**

**6 months – 9 years old**

**\$4 R**

**\$8 NR**

Register in  
**myRCC**  
#643200

**Hop in for  
underwater  
eggsploration!**

## **Session 1**

**12:30 p.m. – 1:00 p.m.**

## **Session 2**

**1:30 p.m. – 2:00 p.m.**

## **Session 3**

**2:30 p.m. – 3:00 p.m.**

## **Session 4**

**3:30 p.m. – 4:00 p.m.**

- All participants will receive a special goody bag to enjoy.
- A parent or caregiver must accompany each non-swimmer in the water and participate in the activity.
- RCC will have a limited number of life jackets to share, or feel free to bring your own U.S. Coast Guard-approved life jackets.

**Register today  
to secure  
your spot!**

For more information, please contact Matthew McCall, Aquatics Director, at [Matthew.McCall@fairfaxcounty.gov](mailto:Matthew.McCall@fairfaxcounty.gov).



# INFANT – 7 YEARS OLD

## Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

### 6, 30-min. sessions at Warm Water Pool

\$70 R \$140 NR

#### January 3 – February 7

Sat	8:30 a.m. – 9:00 a.m.
620000-A	
Sat	9:40 a.m. – 10:10 a.m.
620000-B	
Sat	10:15 a.m. – 10:45 a.m.
620000-C	
Sat	10:50 a.m. – 11:20 a.m.
620000-D	

#### February 21 – March 28

Sat	8:30 a.m. – 9:00 a.m.
620000-E	
Sat	9:40 a.m. – 10:10 a.m.
620000-F	
Sat	10:15 a.m. – 10:45 a.m.
620000-G	
Sat	10:50 a.m. – 11:20 a.m.
620000-H	

#### April 11 – May 16

Sat	8:30 a.m. – 9:00 a.m.
620000-I	
Sat	9:40 a.m. – 10:10 a.m.
620000-J	
Sat	10:15 a.m. – 10:45 a.m.
620000-K	
Sat	10:50 a.m. – 11:20 a.m.
620000-L	

#### January 4 – February 8

Sun	9:40 a.m. – 10:10 a.m.
620000-A	
Sun	10:50 a.m. – 11:20 a.m.
620000-B	

#### February 22 – March 29

Sun	9:40 a.m. – 10:10 a.m.
620000-C	
Sun	10:50 a.m. – 11:20 a.m.
620000-D	

#### April 12 – May 17

Sun	9:40 a.m. – 10:10 a.m.
620000-E	
Sun	10:50 a.m. – 11:20 a.m.
620000-F	

## Aqua Tots

(18 months – 3 years)

This class helps young children become comfortable in and around the water, so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the classes.

### 6, 30 min. sessions at Warm Water Pool

\$70 R \$140 NR

#### January 3 – February 7

Sat	8:30 a.m. – 9:00 a.m.
620007-A	
Sat	9:40 a.m. – 10:10 a.m.
620007-B	
Sat	10:15 a.m. – 10:45 a.m.
620007-C	
Sat	10:50 a.m. – 11:20 a.m.
620007-D	

#### February 21 – March 28

Sat	8:30 a.m. – 9:00 a.m.
620007-E	
Sat	9:40 a.m. – 10:10 a.m.
620007-F	
Sat	10:15 a.m. – 10:45 a.m.
620007-G	
Sat	10:50 a.m. – 11:20 a.m.
620007-H	

#### April 11 – May 16

Sat	8:30 a.m. – 9:00 a.m.
620007-I	
Sat	9:40 a.m. – 10:10 a.m.
620007-J	
Sat	10:15 a.m. – 10:45 a.m.
620007-K	
Sat	10:50 a.m. – 11:20 a.m.
620007-L	

#### January 4 – February 8

Sun	9:40 a.m. – 10:10 a.m.
620008-A	
Sun	10:50 a.m. – 11:20 a.m.
620008-B	

#### February 22 – March 29

Sun	9:40 a.m. – 10:10 a.m.
620008-C	
Sun	10:50 a.m. – 11:20 a.m.
620008-D	

#### April 12 – May 17

Sun	9:40 a.m. – 10:10 a.m.
620008-E	
Sun	10:50 a.m. – 11:20 a.m.
620008-F	

## Pool Pals & Water Friends

(3 – 4 years old)

This class is designed for children and their parent/caregiver. Pool Pals introduces students to floating, kicking, paddling, submerging and water safety skills. This class is a great way to transition young, hesitant children to swimming with a teacher. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/caregiver is required to accompany each child in the water and participate in the class.

### 6, 30-min. sessions at Warm Water Pool

\$70 R \$140 NR

#### January 3 – February 7

Sat	9:05 a.m. – 9:35 a.m.
620080-A	

#### February 21 – March 28

Sat	9:05 a.m. – 9:35 a.m.
620080-B	

#### April 11 – May 16

Sat	9:05 a.m. – 9:35 a.m.
620080-C	

## PRACTICE MAKES PERFECT

"Practice Makes Perfect" is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

**Skipper I**

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the students in the water.

**6, 20-min. sessions at Warm Water Pool**

\$70 R

\$140 NR

**January 3 – February 7**

Sat	8:30 a.m. – 8:50 a.m.
620010-A	
Sat	8:50 a.m. – 9:10 a.m.
620010-B	
Sat	9:10 a.m. – 9:30 a.m.
620010-C	

**February 21 – March 28**

Sat	8:30 a.m. – 8:50 a.m.
620010-D	
Sat	8:50 a.m. – 9:10 a.m.
620010-E	
Sat	9:10 a.m. – 9:30 a.m.
620010-F	

**April 11 – May 16**

Sat	8:30 a.m. – 8:50 a.m.
620010-G	
Sat	8:50 a.m. – 9:10 a.m.
620010-H	
Sat	9:10 a.m. – 9:30 a.m.
620010-I	

**January 4 – February 8**

Sun	8:30 a.m. – 8:50 a.m.
620012-A	
Sun	8:50 a.m. – 9:10 a.m.
620012-B	
Sun	9:10 a.m. – 9:30 a.m.
620012-C	
Sun	9:40 a.m. – 10:00 a.m.
620012-D	
Sun	10:00 a.m. – 10:20 a.m.
620012-E	
Sun	10:20 a.m. – 10:40 a.m.
620012-F	

**February 22 – March 29**

Sun	8:30 a.m. – 8:50 a.m.
620012-G	
Sun	8:50 a.m. – 9:10 a.m.
620012-H	
Sun	9:10 a.m. – 9:30 a.m.
620012-I	
Sun	9:40 a.m. – 10:00 a.m.
620012-J	
Sun	10:00 a.m. – 10:20 a.m.
620012-K	
Sun	10:20 a.m. – 10:40 a.m.
620012-L	

**Skipper I continued****April 12 – May 17**

Sun	8:30 a.m. – 8:50 a.m.
620012-M	
Sun	8:50 a.m. – 9:10 a.m.
620012-N	
Sun	9:10 a.m. – 9:30 a.m.
620012-O	
Sun	9:40 a.m. – 10:00 a.m.
620012-P	
Sun	10:00 a.m. – 10:20 a.m.
620012-Q	
Sun	10:20 a.m. – 10:40 a.m.
620012-R	

**Skipper II**

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool**

\$70 R

\$140 NR

**January 3 – February 7**

Sat	9:40 a.m. – 10:10 a.m.
620020-A	

**February 21 – March 28**

Sat	9:40 a.m. – 10:10 a.m.
620020-B	

**April 11 – May 16**

Sat	9:40 a.m. – 10:10 a.m.
620020-C	

## WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

**Rookie I**

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5-year-olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

**6, 30-min. sessions at Warm Water Pool**

\$70 R

\$140 NR

**January 3 – February 7**

Sat	8:30 a.m. – 9:00 a.m.
620030-A	
Sat	10:15 a.m. – 10:45 a.m.
620030-B	

**February 21 – March 28**

Sat	8:30 a.m. – 9:00 a.m.
620030-C	
Sat	10:15 a.m. – 10:45 a.m.
620030-D	

**April 11 – May 16**

Sat	8:30 a.m. – 9:00 a.m.
620030-E	
Sat	10:15 a.m. – 10:45 a.m.
620030-F	

**January 4 – February 8**

Sun	9:05 a.m. – 9:35 a.m.
620032-A	
Sun	11:25 a.m. – 11:55 a.m.
620032-B	

**February 22 – March 29**

Sun	9:05 a.m. – 9:35 a.m.
620032-C	
Sun	11:25 a.m. – 11:55 a.m.
620032-D	

**April 12 – May 17**

Sun	9:05 a.m. – 9:35 a.m.
620032-E	
Sun	11:25 a.m. – 11:55 a.m.
620032-F	

**6, 30-min. sessions at Warm Water Pool**

\$65 R

\$100 NR

**January 6 – February 10**

Tue	6:00 p.m. – 6:30 p.m.
620036-A	

**January 8 – February 12**

Thu	5:00 p.m. – 5:30 p.m.
620036-B	

**February 24 – April 7**

(No Class: March 31)

Tue	6:00 p.m. – 6:30 p.m.
620036-C	

**February 26 – April 9**

(No Class: April 2)

Thu	5:00 p.m. – 5:30 p.m.
620036-D	

## Rookie I continued

### April 14 – May 19

Tue 6:00 p.m. – 6:30 p.m.

620036-E

### April 16 – May 21

Thu 5:00 p.m. – 5:30 p.m.

620036-F

#### 8, 30-min. sessions at Warm Water Pool

\$80 R

\$120 NR

### January 5 – January 28

Mon, Wed 5:00 p.m. – 5:30 p.m.

620033-A

### February 2 – February 25

Mon, Wed 5:00 p.m. – 5:30 p.m.

620033-B

### March 2 – March 25

Mon, Wed 5:00 p.m. – 5:30 p.m.

620033-C

### April 6 – April 29

Mon, Wed 5:00 p.m. – 5:30 p.m.

620033-D

#### 7, 30-min. sessions at Warm Water Pool

\$70 R

\$105 NR

### May 4 – May 27

(No Class: May 25)

Mon, Wed 5:00 p.m. – 5:30 p.m.

620033-E

## Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation

#### 6, 30-min. sessions at Warm Water Pool

\$70 R

\$140 NR

### January 3 – February 7

Sat 9:05 a.m. – 9:35 a.m.

620040-A

Sat 10:50 a.m. – 11:20 a.m.

620040-B

### February 21 – March 28

Sat 9:05 a.m. – 9:35 a.m.

620040-C

Sat 10:50 a.m. – 11:20 a.m.

620040-D

### April 11 – May 16

Sat 9:05 a.m. – 9:35 a.m.

620040-E

Sat 10:50 a.m. – 11:20 a.m.

620040-F

### January 4 – February 8

Sun 9:05 a.m. – 9:35 a.m.

620042-A

Sun 10:50 a.m. – 11:20 a.m.

620042-B

## Rookie II continued

### February 22 – March 29

Sun 9:05 a.m. – 9:35 a.m.

620042-C

Sun 10:50 a.m. – 11:20 a.m.

620042-D

### April 12 – May 17

Sun 9:05 a.m. – 9:35 a.m.

620042-E

Sun 10:50 a.m. – 11:20 a.m.

620042-F

#### 6, 30-min. sessions at Warm Water Pool

\$65 R/\$100 NR

### January 6 – February 10

Tue 5:00 p.m. – 5:30 p.m.

620046-A

### January 8 – February 12

Thu 5:30 p.m. – 6:00 p.m.

620046-B

### February 24 – April 7

(No Class: March 31)

Tue 5:00 p.m. – 5:30 p.m.

620046-C

### February 26 – April 9

(No Class: April 2)

Thu 5:30 p.m. – 6:00 p.m.

620046-D

### April 14 – May 19

Tue 5:00 p.m. – 5:30 p.m.

620046-E

### April 16 – May 21

Thu 5:30 p.m. – 6:00 p.m.

620046-F

#### 8, 30-min. sessions at Warm Water Pool

\$80 R

\$120 NR

### January 5 – January 28

Mon, Wed 5:00 p.m. – 5:30 p.m.

620043-A

### February 2 – February 25

Mon, Wed 5:00 p.m. – 5:30 p.m.

620043-B

### March 2 – March 25

Mon, Wed 5:00 p.m. – 5:30 p.m.

620043-C

### April 6 – April 29

Mon, Wed 5:00 p.m. – 5:30 p.m.

620043-D

#### 7, 30-min. sessions at Warm Water Pool

\$70 R

\$105 NR

### May 4 – May 27

(No Class: May 25)

Mon, Wed 5:00 p.m. – 5:30 p.m.

620043-E





## Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

### 6, 30-min. sessions at Warm Water Pool

\$70 R    \$140 NR

#### January 3 – February 7

Sat 8:30 a.m. – 9:00 a.m.

620050-A

Sat 10:15 a.m. – 10:45 a.m.

620050-B

#### February 21 – March 28

Sat 8:30 a.m. – 9:00 a.m.

620050-C

Sat 10:15 a.m. – 10:45 a.m.

620050-D

#### April 11 – May 16

Sat 8:30 a.m. – 9:00 a.m.

620050-E

Sat 10:15 a.m. – 10:45 a.m.

620050-F

#### January 4 – February 8

Sun 10:15 a.m. – 10:45 a.m.

620052-A

#### February 22 – March 29

Sun 10:15 a.m. – 10:45 a.m.

620052-B

#### April 12 – May 17

Sun 10:15 a.m. – 10:45 a.m.

620052-C

### 6, 30-min. sessions at Warm Water Pool

\$65 R    \$100 NR

#### January 6 – February 10

Tue 5:30 p.m. – 6:00 p.m.

620056-A

#### February 24 – April 7

(No Class: March 31)

Tue 5:30 p.m. – 6:00 p.m.

620056-B

## Ranger continued

April 14 – May 19

Tue

620056-C

5:30 p.m. – 6:00 p.m.

### 8, 30-min. sessions at Warm Water Pool

\$80 R    \$120 NR

#### January 5 – January 28

Mon, Wed

620053-A

6:30 p.m. – 7:00 p.m.

#### February 2 – February 25

Mon, Wed

620053-B

6:30 p.m. – 7:00 p.m.

#### March 2 – March 25

Mon, Wed

620053-C

6:30 p.m. – 7:00 p.m.

#### April 6 – April 29

Mon, Wed

620053-D

6:30 p.m. – 7:00 p.m.

### 7, 30-min. sessions at Warm Water Pool

\$70 R    \$105 NR

#### May 4 – May 27

(No Class: May 25)

Mon, Wed

620053-E

6:30 p.m. – 7:00 p.m.

## Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

### 6, 30-min. sessions at Lap Pool

\$70 R    \$140 NR

#### January 3 – February 7

Sat 9:05 a.m. – 9:35 a.m.

620060-A

#### February 21 – March 28

Sat 9:05 a.m. – 9:35 a.m.

620060-B

#### April 11 – May 16

Sat 9:05 a.m. – 9:35 a.m.

620060-C

#### January 4 – February 8

Sun 10:50 a.m. – 11:20 a.m.

620062-A

#### February 22 – March 29

Sun 10:50 a.m. – 11:20 a.m.

620062-B

#### April 12 – May 17

Sun 10:50 a.m. – 11:20 a.m.

620062-C

### 6, 30-min. sessions at Lap Pool

\$65 R    \$100 NR

#### January 6 – February 10

Tue 6:30 p.m. – 7:00 p.m.

620066-A

#### February 24 – April 7

(No Class: March 31)

Tue 6:30 p.m. – 7:00 p.m.

620066-B

#### April 14 – May 19

Tue 6:30 p.m. – 7:00 p.m.

620066-C



# LEARN-TO-SWIM

## 6 – 12 YEARS OLD

### Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs and various safety topics.

#### 6, 30-min. sessions at Warm Water Pool

\$70 R \$140 NR

##### January 3 – February 7

Sat 9:40 a.m. – 10:10 a.m.  
620310-A

##### February 21 – March 28

Sat 9:40 a.m. – 10:10 a.m.  
620310-B

##### April 11 – May 16

Sat 9:40 a.m. – 10:10 a.m.  
620310-C

##### January 4 – February 8

Sun 8:30 a.m. – 9:00 a.m.  
620312-A

##### February 22 – March 29

Sun 8:30 a.m. – 9:00 a.m.  
620312-B

##### April 12 – May 17

Sun 8:30 a.m. – 9:00 a.m.  
620312-C

#### 6, 30-min. sessions at Warm Water Pool

\$65 R \$100 NR

##### January 6 – February 10

Tue 6:30 p.m. – 7:00 p.m.  
620316-A

##### February 24 – April 7

(No Class: March 31)  
Tue 6:30 p.m. – 7:00 p.m.  
620316-B

##### April 14 – May 19

Tue 6:30 p.m. – 7:00 p.m.  
620316-C

#### 8, 30-min. sessions at Warm Water Pool

\$80 R \$120 NR

##### January 5 – January 28

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620313-A

##### February 2 – February 25

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620313-B

##### March 2 – March 25

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620313-C

### Level 1 continued

#### April 6 – April 29

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620313-D

#### 7, 30-min. sessions at Warm Water Pool

\$70 R \$105 NR

##### May 4 – May 27

(No Class: May 25)  
Mon, Wed 6:00 p.m. – 6:30 p.m.  
620313-E

### Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water and combined swim front for five strokes using arms, kicking and breathing.

#### 6, 30-min. sessions at Warm Water Pool

\$70 R \$140 NR

##### January 3 – February 7

Sat 8:30 a.m. – 9:00 a.m.  
620320-A

Sat 10:15 a.m. – 10:45 a.m.  
620320-B

##### February 21 – March 28

Sat 8:30 a.m. – 9:00 a.m.  
620320-C

Sat 10:15 a.m. – 10:45 a.m.  
620320-D

##### April 11 – May 16

Sat 8:30 a.m. – 9:00 a.m.  
620320-E

Sat 10:15 a.m. – 10:45 a.m.  
620320-F

##### January 4 – February 8

Sun 9:40 a.m. – 10:10 a.m.  
620322-A

Sun 11:25 a.m. – 11:55 a.m.  
620322-B

##### February 22 – March 29

Sun 9:40 a.m. – 10:10 a.m.  
620322-C

Sun 11:25 a.m. – 11:55 a.m.  
620322-D

##### April 12 – May 17

Sun 9:40 a.m. – 10:10 a.m.  
620322-E

Sun 11:25 a.m. – 11:55 a.m.  
620322-F

#### 6, 30-min. sessions at Warm Water Pool

\$65 R \$100 NR

##### January 6 – February 10

Tue 5:00 p.m. – 5:30 p.m.  
620326-A



## PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Program Director for more information or inquire about availability at 703-390-6152. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk at 703-390-6150.

#### 30-minute session

\$40 R \$60 NR

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

**Level 2 continued****January 8 – February 12**

Thu 5:00 p.m. – 5:30 p.m.  
620326-B

**February 24 – April 7**

(No Class: March 31)

Tue 5:00 p.m. – 5:30 p.m.  
620326-C

**February 26 – April 9**

(No Class: April 2)

Thu 5:00 p.m. – 5:30 p.m.  
620326-D

**April 14 – May 19**

Tue 5:00 p.m. – 5:30 p.m.  
620326-E

**April 16 – May 21**

Thu 5:00 p.m. – 5:30 p.m.  
620326-F

**8, 30-min. sessions at Warm Water Pool**

\$80 R \$120 NR

**January 5 – January 28**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-A

**February 2 – February 25**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-B

**March 2 – March 25**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-C

**April 6 – April 29**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-D

**7, 30-min. sessions at Warm Water Pool**

\$70 R \$105 NR

**May 4 – May 27**

(No Class: May 25)

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-E

**Level 3**

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke and various safety topics.

**6, 30-min. sessions at Warm Water Pool**

\$70 R \$140 NR

**January 3 – February 7**

Sat 9:05 a.m. – 9:35 a.m.  
620330-A

Sat 11:25 a.m. – 11:55 a.m.  
620330-B

**February 21 – March 28**

Sat 9:05 a.m. – 9:35 a.m.  
620330-C

Sat 11:25 a.m. – 11:55 a.m.  
620330-D

**April 11 – May 16**

Sat 9:05 a.m. – 9:35 a.m.  
620330-E

Sat 11:25 a.m. – 11:55 a.m.  
620330-F

**January 4 – February 8**

Sun 10:15 a.m. – 10:45 a.m.  
620332-A

**February 22 – March 29**

Sun 10:15 a.m. – 10:45 a.m.  
620332-B

**April 12 – May 17**

Sun 10:15 a.m. – 10:45 a.m.  
620332-C

**6, 30-min. sessions at Warm Water Pool**

\$65 R \$100 NR

**January 6 – February 10**

Tue 5:30 p.m. – 6:00 p.m.  
620336-A

**January 8 – February 12**

Thu 5:30 p.m. – 6:00 p.m.  
620336-B

**February 24 – April 7**

(No Class: March 31)

Tue 5:30 p.m. – 6:00 p.m.  
620336-C

**February 26 – April 9**

(No Class: April 2)

Thu 5:30 p.m. – 6:00 p.m.  
620336-D

**April 14 – May 19**

Tue 5:30 p.m. – 6:00 p.m.  
620336-E

**Level 3 continued****April 16 – May 21**

Thu 5:30 p.m. – 6:00 p.m.  
620336-F

**8, 30-min. sessions at Warm Water Pool**

\$80 R \$120 NR

**January 5 – January 28**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620333-A

**February 2 – February 25**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620333-B

**March 2 – March 25**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620333-C

**April 6 – April 29**

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620333-D

**7, 30-min. sessions at Warm Water Pool**

\$70 R \$120 NR

**May 4 – May 27**

(No Class: May 25)

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620333-E

**Level 4**

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence in the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards and treading water for 2 minutes.

**6, 30-min. sessions at Lap Pool**

\$70 R \$140 NR

**January 3 – February 7**

Sat 9:40 a.m. – 10:10 a.m.  
620340-A

Sat 11:25 a.m. – 11:55 a.m.  
620340-B

**February 21 – March 28**

Sat 9:40 a.m. – 10:10 a.m.  
620340-C

Sat 11:25 a.m. – 11:55 a.m.  
620340-D

**April 11 – May 16**

Sat 9:40 a.m. – 10:10 a.m.  
620340-E

Sat 11:25 a.m. – 11:55 a.m.  
620340-F

**WATER SAFETY  
STARTS HERE**

- Whale Tales (Ages 5 – 12): A fun, one-hour water safety session for kids.
- Water Safety (18+): A 90-minute presentation with tips to keep families safe around water

To schedule, call RCC Aquatics  
at 703-390-6150 or RA Aquatics  
at 703-435-6530.



**Level 4 continued****January 4 – February 8**

Sun 11:25 a.m. – 11:55 a.m.  
620342-A

**February 22 – March 29**

Sun 11:25 a.m. – 11:55 a.m.  
620342-B

**April 12 – May 17**

Sun 11:25 a.m. – 11:55 a.m.  
620342-C

**6, 30-min. sessions at Lap Pool**

\$65 R \$100 NR

**January 6 – February 10**

Tue 6:00 p.m. – 6:30 p.m.  
620346-A

**February 24 – April 7**

(No Class: March 31)

Tue 6:00 p.m. – 6:30 p.m.  
620346-B

**April 14 – May 19**

Tue 6:00 p.m. – 6:30 p.m.  
620346-C

**8, 30-min. sessions at Lap Pool**

\$80 R \$120 NR

**January 5 – January 28**

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620343-A

**February 2 – February 25**

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620343-B

**March 2 – March 25**

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620343-C

**April 6 – April 29**

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620343-D

**7, 30-min. sessions at Lap Pool**

\$70 R \$120 NR

**May 4 – May 27**

(No Class: May 25)

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620343-E

**Level 5**

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills.

Level 5 refines the skills learned in Level 4.

Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

**6, 45-min. sessions at Lap Pool**

\$80 R \$160 NR

**January 3 – February 7**

Sat 10:15 a.m. – 11:00 a.m.  
620350-A

**February 21 – March 28**

Sat 10:15 a.m. – 11:00 a.m.  
620350-B

**April 11 – May 16**

Sat 10:15 a.m. – 11:00 a.m.  
620350-C

**6, 45-min. sessions at Lap Pool**

\$70 R \$105 NR

**January 8 – February 12**

Thu 6:00 p.m. – 6:45 p.m.  
620356-A

**February 26 – April 9**

(No Class: April 2)

Thu 6:00 p.m. – 6:45 p.m.  
620356-B

**April 16 – May 21**

Thu 6:00 p.m. – 6:45 p.m.  
620356-C

**Level 6**

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills.

Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front and back crawl, introduction to swim equipment (pull buoys and fins) and retrieving an object from eight feet deep.

**6, 45-min. sessions at Lap Pool**

\$80 R \$160 NR

**January 3 – February 7**

Sat 11:05 a.m. – 11:50 a.m.  
620360-A

**February 21 – March 28**

Sat 11:05 a.m. – 11:50 a.m.  
620360-B

**April 11 – May 16**

Sat 11:05 a.m. – 11:50 a.m.  
620360-C



13+

**Adult Beginner**

(13+)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

**6, 30-min. sessions at Warm Water Pool**

\$70 R

\$56 R55+

\$140 NR

**January 3 – February 7**

Sat 9:40 a.m. – 10:10 a.m.  
621210-A

**February 21 – March 28**

Sat 9:40 a.m. – 10:10 a.m.  
621210-B

**April 11 – May 16**

Sat 9:40 a.m. – 10:10 a.m.  
621210-C

**January 4 – February 8**

Sun 8:30 a.m. – 9:00 a.m.  
621212-A

**February 22 – March 29**

Sun 8:30 a.m. – 9:00 a.m.  
621212-B

**April 12 – May 17**

Sun 8:30 a.m. – 9:00 a.m.  
621212-C

**8, 30-min. sessions at Warm Water Pool**

\$80 R

\$64 R55+

\$120 NR

**January 5 – January 28**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
621213-A

**February 2 – February 25**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
621213-B

**March 2 – March 25**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
621213-C

**April 6 – April 29**

Mon, Wed 6:30 p.m. – 7:00 p.m.  
621213-D

**7, 30-min. sessions at Warm Water Pool**

\$70 R

\$56 R55+

\$105 NR

**May 4 – May 27**

(No Class: May 25)

Mon, Wed 6:30 p.m. – 7:00 p.m.  
621213-E

**Adult Advanced Beginner**

(13+)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

**6, 45-min. sessions at Lap Pool**

\$80 R

\$64 R55+

\$160 NR

**January 3 – February 7**

Sat 10:50 a.m. – 11:35 a.m.  
621220-A

**February 21 – March 28**

Sat 10:50 a.m. – 11:35 a.m.  
621220-B

**April 11 – May 16**

Sat 10:50 a.m. – 11:35 a.m.  
621220-C

**6, 45-min. sessions at Lap Pool**

\$70 R

\$56 R55+

\$105 NR

**January 8 – February 12**

Thu 6:00 p.m. – 6:45 p.m.  
621226-A

**February 26 – April 9**

(No Class: April 2)

Thu 6:00 p.m. – 6:45 p.m.  
621226-B

**April 16 – May 21**

Thu 6:00 p.m. – 6:45 p.m.  
621226-C

**DAILY WATER AEROBICS**

- RCC offers a variety of daily water aerobics classes.
- It is free to reserve your place in class at myRCC, but you must swipe a Water Aerobics Pass or purchase a Water Aerobics Daily Visit to participate.
- To reserve daily aerobics classes, log into myRCC and select your preferred dates and times.
- Reservations for the following month open on the 25th of the previous month for Reston residents and employees and the first of the month for Non-Reston.
- You can cancel your reservation through myRCC.
- Participants should consult with a physician before starting this program.
- Equipment will be provided.

**Aqua Barre**

(18+)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially the core. Using noodles as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Participants must be comfortable in deep water.

**45-min. sessions at Warm Water Pool**

Pass, Reservation Required

**January 5 – May 29**

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.  
6C0110 Staff

**WATER AEROBICS FEES**

	Reston Resident/ Employee	Non-Reston
<b>Water Aerobics Daily Visit</b> Single visits can be purchased at the Terry L. Smith Aquatics Center.		
Adult	\$7	\$14
Youth and Senior	\$6	\$12
<b>Water Aerobics Pass (Price Per Visit)</b> Passes can be purchased with 5 – 60 visits at a time. Additional visits can be added online at myRCC or at an RCC Customer Service Desk. Valid for 2 years from purchase date.		
Adult	\$6	\$12
Youth and Senior	\$5	\$10

## Aqua Blast

(18+)

Start your day energized with this deep-water workout. Using the resistance and buoyancy of water, you'll improve balance, coordination, strength and aerobic fitness. The session includes cardio, strength and flexibility exercises at your own pace. Participants must be comfortable in deep water.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 6 – May 31

(No Class: May 24)

Tue, Thu	8:30 a.m. – 9:15 a.m.	Staff
6C0060		
Tue, Thu	9:30 a.m. – 10:15 a.m.	Staff
6C0075		
Sun	8:30 a.m. – 9:15 a.m.	Staff
6C0065		
Sun	9:30 a.m. – 10:15 a.m.	Staff
6C0070		

## Aqua Boot Camp

(18+)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Participants must be comfortable in deep water.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 5 – May 29

Mon, Wed, Fri	6:30 a.m. – 7:15 a.m.	Staff
6C0080		
Mon, Wed, Fri	9:30 a.m. – 10:15 a.m.	Staff
6C0100		

## Aqua Mixer

(18+)

This deep-water class offers a completely non-impact workout to boost cardiovascular fitness, flexibility, muscular endurance and overall toning, with a focus on strengthening lower back muscles and ligaments. Participants must be comfortable in deep water.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 5 – May 27

Mon, Wed	5:30 p.m. – 6:15 p.m.	Staff
6C0040		

## Aqua Yoga

(18+)

This shallow water class is a variation of traditional yoga performed in the warm water pool and offers a low-impact, supportive environment for practicing poses and breathing techniques. It involves adapting traditional yoga asanas (poses) and incorporating the unique benefits of water, like buoyancy and resistance.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 4 – May 31

(No Class: May 24)

Sun, Thu	7:30 a.m. – 8:15 a.m.	Staff
6C0170		

## Arthritis, Fibromyalgia and Multiple Sclerosis

(18+)

This deep-water class, led by a certified instructor, includes warm-up, aerobic segment and cool-down over 45 minutes. Designed for those with arthritis, fibromyalgia or Multiple Sclerosis, it improves flexibility, strength, coordination, balance, endurance and range of motion, while reducing muscle spasms and promoting relaxation. The water offers a social, stimulating environment for fun, friendship and overall well-being. Instructor approval and physician consultation are required.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 6 – May 28

Tue, Thu	10:30 a.m. – 11:15 a.m.	Staff
6C0160		

## Deep Water Mania

(18+)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 5 – May 27

Mon, Wed	6:30 p.m. – 7:15 p.m.	Staff
6C0150		

## Tides in Motion

(18+)

This water aerobics class is perfect for all ages, toning major muscles and improving aerobic fitness, balance and circulation. Exercises take place in shallow water with upbeat music. Water shoes are recommended.

### 45-min. sessions at Warm Water Pool

Pass, Reservation Required

#### January 5 – May 29

Mon, Wed, Fri	8:30 a.m. – 9:15 a.m.	Staff
6C0010		

## Adapted Aquatics

(4+)

Adapted Aquatics offers individualized swim instruction for children and adults with physical or learning disabilities. RCC-trained instructors and volunteers supervise all sessions, and family members may assist if needed. Mainstreaming is available upon request. For questions, contact the Aquatics Service Desk at 703-390-6150.

### 6, 30-min. sessions at Warm Water Pool

**\$70 R** **\$56 R55+** **\$140 NR**

#### January 3 – February 7

Sat	10:50 a.m. – 11:20 a.m.
620190-6A	
Sat	11:25 a.m. – 11:55 a.m.
620190-6B	

#### February 21 – March 28

Sat	10:50 a.m. – 11:20 a.m.
620190-6C	
Sat	11:25 a.m. – 11:55 a.m.
620190-6D	

#### April 11 – May 16

Sat	10:50 a.m. – 11:20 a.m.
620190-6E	
Sat	11:25 a.m. – 11:55 a.m.
620190-6F	

Interested in volunteering?  
Register at  
[volunteer.fairfaxcounty.gov](http://volunteer.fairfaxcounty.gov)  
or scan here:





# NOW HIRING AND TRAINING LIFEGUARDS



*Serve your Community. One Wave at a Time.*

## Benefits Include:

- Competitive Wages
- Flexible Schedule
- FREE American Red Cross Lifeguard Training (\$200 value)\*
- FREE Uniforms
- Year-round Employment
- Discounts on RCC Programs
- Leadership and Teamwork Skills Development

**APPLY ONLINE:**

**[www.RestonCommunityCenter.com/LIFEGUARD](http://www.RestonCommunityCenter.com/LIFEGUARD)**

\*Lifeguarding classes are offered based upon public demand and instructor availability.

For more information, please contact Matt McCall, RCC's Aquatics Director, at [Matthew.McCall@fairfaxcounty.gov](mailto:Matthew.McCall@fairfaxcounty.gov).

# THE TERRY L. SMITH AQUATICS CENTER RULES & REGULATIONS

1. Any conduct that jeopardizes the safety of other patrons is prohibited.
2. Spitting or expelling water is strictly prohibited.
3. Diving into water less than 8 feet deep is prohibited. Back dives or flips from the side in any depth of water are also prohibited.
4. Running, pushing and horseplay are not allowed.
5. Food, drinks and chewing gum are not allowed in pool areas or locker rooms.
6. Glass containers and breakable objects are strictly prohibited throughout the Terry L. Smith Aquatics Center.
7. Non-swimmers aged 11 and under must wear an RCC-supplied wristband and are only permitted in the shallow ends of the pools.
8. Children using flotation devices require direct adult supervision. Only Coast Guard-approved flotation devices are allowed. You may bring your own Coast-Guard approved flotation device or use one provided by RCC.
9. All individuals entering the pool must register at the Aquatics desk and pay the required fee.
10. Children under 8 must be accompanied by an adult aged 16 or older.
11. Children aged 7 and up must use the appropriate locker rooms. They may use the All Genders/Accessible Dressing Room or either the women's or men's locker rooms.
12. Children under 3 and any patron diagnosed with incontinence must wear plastic pants underneath swimwear.
13. All swimmers must rinse off before entering the pools. Anyone leaving the pool area must shower before re-entering.
14. Kickboards and fins are only allowed in the lap lanes.
15. Masks must be marked "Tempered Glass" or "Plastic Lens."
16. Snorkels must be properly attached to a mask.
17. Special equipment (rings, noodles and barbells) is for class use only.
18. Starting blocks are reserved for swim lessons and rentals only.
19. ADA and entry ramps are for entry and exit only. Open swimming or playing on the Warm Water or Lap Pool ramps is prohibited.
20. Videography and photography of any kind during swim team practices are prohibited unless authorized in writing by the swim team coach.
21. Do not converse with lifeguards on duty. Seek assistance from other Aquatics staff members in the office.
22. Appropriate swimwear is mandatory. Only bathing suits or approved alternatives are permitted; excessively loose clothing or garments are not allowed for safety reasons.

23. The pools may be closed or access limited at management's discretion due to technical issues, overcrowding or severe weather conditions.
24. Prolonged underwater swimming or breath-holding is prohibited. Engaging in competitive or extended breath-holding can be dangerous.

These rules will be enforced by the professional lifeguarding staff of the Terry L. Smith Aquatics Center. Compliance with these rules is essential for the comfort and safety of all our patrons. Thank you for your cooperation.

## LOCKER ROOM RULES

The locker rooms at RCC's Terry L. Smith Aquatics Center serve many patrons each day. To ensure the health and safety of our patrons, RCC requests that all patrons abide by these established rules:

- a. Only water bottles are allowed in the locker rooms. No food or any other beverages are permitted.
- b. The use of cell phones and any communication devices is strictly prohibited inside the locker rooms. You may use these devices only in the lobby areas of RCC.
- c. The locker rooms are shared spaces. Respect others by keeping surfaces, benches and all areas free of personal items. Any personal belongings should be stored in a locker during your visit. Clutter will not be tolerated.
- d. Do not leave your personal belongings in the locker rooms before or after use. This includes clothing, bags and other items. Lockers should be emptied after each visit.
- e. Maintaining a clean and tidy locker room is mandatory. Showers and sinks should be used efficiently.
- f. Absolutely no shaving is allowed. Hair shed from shampooing must be cleaned up immediately.
- g. Children ages 7 and older must use the locker room designated for their gender. This rule is not negotiable when bringing children to the pool.
- h. If you arrive at RCC with mud or debris on your shoes, you must remove your shoes before entering the locker rooms. Failure to do so will result in you being asked to leave the premises.

AQUATICS





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# EGGNORMOUS SPRING FESTIVAL

**SATURDAY**  
**March 28**

**10:00 a.m. – 11:30 a.m.**

**RCC Hunters Woods**

FREE

Infant – 8 Years Old

**New Location + Even More Fun**  
*Rain or Shine!*

Enjoy a community tradition with a new twist:

This year's Egnormous Egg Hunt is leveling up into an all-new Spring Festival. Bring your baskets, snap a photo with the bunny and enjoy nonstop fun all morning.

The festivities don't stop there – head over to RCC's Terry L. Smith Aquatic Center for a free family swim after the event. Don't forget your swimsuits!

All participating children must register for the Egnormous Spring Festival.  
Parents/caregivers must remain with their children throughout the event.

Register in  
**myRCC**  
#902907-A

**Interested in volunteering?**  
**Register at [volunteer.fairfaxcounty.gov](https://volunteer.fairfaxcounty.gov).**



For more information, please contact Jeff Morgan, RCC's Youth & Teen Program Assistant Director, at 703-390-6176.

## COOKING

**Chocolate Fun and Preparation for Kids**

(6 – 9 years old)

Learn to make delicious chocolate candy and take home your creations with recipes, tips and ideas for more treats.

**1, 2-hour session at RCC Hunters Woods**

\$45 R \$68 NR

**April 5**Sun  
901038-A10:00 a.m. – 12:00 p.m.  
Staff**Chocolate Fun and Preparation for Tweens and Teens**

(10 – 17 years old)

Participants will mold bite-sized chocolates, practice chocolate writing and make buttercream, peanut butter cups and rocky road treats to take home along with the recipes.

**1, 2-hour session at RCC Hunters Woods**

\$45 R \$68 NR

**April 5**Sun  
901352-A1:00 p.m. – 3:00 p.m.  
Staff**Cupcake Wars**

(7 – 12 years old)

Team up with other bakers to create the ultimate cupcake in this fun and friendly competition.

**1, 3-hour session at RCC Hunters Woods**

\$40 R \$60 NR

**January 24**Sat  
903057-A1:00 p.m. – 4:00 p.m.  
Staff**CAUTION:  
FOOD ALLERGIES**

RCC Hunters Woods has a kitchen used for classes and rentals, so we cannot guarantee a completely allergen-free environment.

**Junior Gourmet – Taking it Up a Notch**

(8 – 13 years old)

Junior Gourmets with cooking skills such as cutting, measuring, flouring pans and mixing will learn to prepare intermediate level recipes to create a gourmet meal and dessert.

**1, 3-hour session at RCC Hunters Woods**

\$50 R \$75 NR

**February 21**Sat  
903056-A1:00 p.m. – 4:00 p.m.  
Staff**NEW****Little Chefs**

(5 – 8 years old)

Budding foodies will learn basic kitchen skills, discover new ingredients and create simple recipes they can be proud of. This session encourages creativity, teamwork and confidence while making cooking a joyful experience.

**1, 3-hour session at RCC Hunters Woods**

\$15 R \$30 NR

**February 21**Sat  
900301-A9:00 a.m. – 12:00 p.m.  
Staff**NEW****Pancake Breakfast**

(7 – 11 years old)

Rise and shine! Let's make a delicious pancake breakfast with all the trimmings, served with syrup, fruit, berries, various sauces, whipped cream and juice.

**1, 2-hour session at RCC Hunters Woods**

\$25 R \$37 NR

**February 7**Sat  
980047-A9:00 a.m. – 11:00 a.m.  
Staff

## CRAFTS

All supplies for children's crafts are included in the class fees.

**Airbrush Art**

(7 – 17 years old)

Create multicolor designs on T-shirts, canvas shoes and fabric purses or temporary tattoos using airbrush techniques.

**1, 2-hour session at RCC Hunters Woods**

\$30 R \$45 NR

**March 21**Sat  
903064-A11:00 a.m. – 1:00 p.m.  
Morgan**Build a Terrarium for Earth Day**

(7 – 11 years old)

In honor of Earth Day, participants will create a small terrarium, complete with plants and embellishments.

**1, 2-hour session at RCC Hunters Woods**

\$45 R \$67 NR

**April 18**Sat  
901202-A1:00 p.m. – 3:00 p.m.  
Morgan**Making Scarves**

(7 – 17 years old)

Learn to craft beautiful scarves using a variety of materials, including cotton, silk and chiffon.

**1, 2-hour session at RCC Hunters Woods**

\$10 R \$15 NR

**February 7**Sat  
900309-A1:00 p.m. – 3:00 p.m.  
Staff**Origami Arts – Mother's and Father's Day Cards**

(8+)

Learn easy paper-folding techniques to make colorful pop-up cards in this beginner-friendly class, fun for individuals or families. Children under 12 must attend with an adult; all participants must register and pay.

**1, 2-hour session at RCC Hunters Woods**

\$10 R \$8 R55+ \$15 NR

**May 2**Sat  
901372-A1:00 p.m. – 3:00 p.m.  
Nelson

## Origami Arts – Valentine's Day

(8+)

Learn easy paper-folding techniques to make colorful pop-up cards in this beginner-friendly class, fun for individuals or families. Children under 12 must attend with an adult; all participants must register and pay.

**1, 2-hour session at RCC Hunters Woods**

\$10 R

\$8 R55+

\$15 NR

**February 7**

Sat 1:00 p.m. – 3:00 p.m.  
901362-A Nelson



## DANCE

### Ballet Basics I

(3 – 4 years old)

Beginners will learn basic positions, terminology and barre technique.

**8, 45-min. sessions at Dance Studio – RCC Hunters Woods**

\$125 R

\$175 NR

**January 14 – March 4**

Wed 3:00 p.m. – 3:45 p.m.  
402402-C Art in Motion

**January 17 – March 7**

Sat 11:00 a.m. – 11:45 a.m.  
402402-D Art in Motion

**March 25 – May 20**

(No Class: April 1)

Wed 3:00 p.m. – 3:45 p.m.  
402402-E Art in Motion

**March 28 – May 23**

(No Class: April 4)

Sat 11:00 a.m. – 11:45 a.m.  
402402-F Art in Motion

### Ballet Basics II

(5 – 7 years old)

This class builds on Ballet Basics I, exploring positions, terminology and barre techniques in greater depth.

**8, 45-min. sessions at Dance Studio – RCC Hunters Woods**

\$125 R

\$175 NR

**January 14 – March 4**

Wed 5:00 p.m. – 5:45 p.m.  
402793-B Art in Motion

**March 25 – May 20**

(No Class: April 1)

Wed 5:00 p.m. – 5:45 p.m.  
402793-C Art in Motion

### Ballet Combo

(3 – 6 years old)

This class session is structured as an introduction to ballet basics with an emphasis on creative movement.

**8, 45-min. sessions at Dance Studio – RCC Hunters Woods**

\$125 R

\$175 NR

**January 17 – March 7**

Sat 9:00 a.m. – 9:45 a.m.  
402414-B Art in Motion

**March 28 – May 23**

(No Class: April 4)

Sat 9:00 a.m. – 9:45 a.m.  
402414-C Art in Motion

### Hip-Hop

(4 – 6 years old)

Introduction to hip-hop movement with a focus on creativity, flexibility and fun. Instruction is provided to age-appropriate music.

**8, 45-min. sessions at Dance Studio – RCC Hunters Woods**

\$125 R

\$175 NR

**January 14 – March 4**

Wed 4:00 p.m. – 4:45 p.m.  
402672-C Art in Motion

**January 17 – March 7**

Sat 10:00 a.m. – 10:45 a.m.  
402672-D Art in Motion

**March 25 – May 20**

(No Class: April 1)

Wed 4:00 p.m. – 4:45 p.m.  
402672-E Art in Motion

**March 28 – May 23**

(No Class: April 4)

Sat 10:00 a.m. – 10:45 a.m.  
402672-F Art in Motion

## ENRICHMENT

### Anatomy for Kids – Digestive System

(2 – 5 years old)

Discover how nutritious food fuels strong bodies and minds. Explore the digestive system with a hands-on model. Registered children must be accompanied by a parent/caregiver. Suitable only for the advertised age range.

**1, 60-min. session at RCC Hunters Woods**

\$10 R

\$15 NR

**February 11**

Wed 10:00 a.m. – 11:00 a.m.  
900310-A Morgan

### Anatomy for Kids – Lungs

(2 – 5 years old)

Explore the vital role of lungs in breathing with a hands-on, working model that demonstrates how they move and filter air. Registered children must be accompanied by a parent/caregiver. Suitable only for the advertised age range.

**1, 60-min. session at RCC Hunters Woods**

\$10 R

\$15 NR

**February 4**

Wed 10:00 a.m. – 11:00 a.m.  
980015-A Morgan

### Anatomy for Kids – Skeletal System

(2 – 5 years old)

Discover how bones support muscles and how joints move with a hands-on model. Registered children must be accompanied by a parent/caregiver. Suitable only for the advertised age range.

**1, 60-min. session at RCC Hunters Woods**

\$10 R

\$15 NR

**April 8**

Wed 10:00 a.m. – 11:00 a.m.  
900311-A Morgan

## INCLEMENT WEATHER

In the event of inclement weather, please call us at 703-476-4500 for the most complete and up-to-date information.



## Babysitting

(10 – 15 years old)

Learn essential babysitting skills and earn money while staying safe. This American Academy of Pediatrics-endorsed class covers pediatric first aid and CPR, choking response, household safety and childcare basics. Full attendance is required for certification. Bring a doll and your lunch.

**1, 6-hour session at RCC Hunters Woods**

\$25 R

\$40 NR

**March 7**

Sat

902300-A

9:30 a.m. – 3:30 p.m.

McCall

## Sensing Science

(2 – 5)

Children explore the five senses in this hands-on program that builds sensory awareness and school-readiness skills, including language and social development. Registered children must be accompanied by a parent/caregiver. Suitable only for the advertised age range.

**1, 60-min. session at RCC Hunters Woods**

\$10 R

\$15 NR

**January 28**

Wed

901311-A

10:00 a.m. – 11:00 a.m.

Staff

**March 11**

Wed

901311-B

10:00 a.m. – 11:00 a.m.

Staff

**May 13**

Wed

901311-C

10:00 a.m. – 11:00 a.m.

Staff



## Math Tutoring That Adds Up

RCC's free math tutoring builds skills, boosts confidence and prepares students for academic and real-world success.

### Math Tutoring for Grades 3 – 5 (8 – 11 years old)

**8, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 26 – March 23**

(No Class: February 16)

Mon

901463-A

4:30 p.m. – 6:00 p.m.

Samet

**April 6 – May 18**

Mon

901463-B

4:30 p.m. – 6:00 p.m.

Samet

### Math Tutoring for Grades 6 – 8 (11 – 14 years old)

**9, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 27 – March 24**

Tue

901464-A

4:30 p.m. – 6:00 p.m.

Samet

**April 7 – May 19**

Tue

901464-B

4:30 p.m. – 6:00 p.m.

Samet

### Math Tutoring for Grades 9 – 12 (14 – 18 years old)

**9, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 28 – March 25**

Wed

901465-A

4:30 p.m. – 6:00 p.m.

Samet

**April 8 – May 20**

Wed

901465-B

4:30 p.m. – 6:00 p.m.

Samet

## FITNESS

### Learn to Bike – Youth

(7 – 12 years old)

Designed for children new to biking or needing a refresh, certified instructors teach balance, steering and braking. Fee includes bike rental and CPSC-approved helmet (own helmet allowed if CPSC-approved). Wear comfortable clothing and bring water and a snack. Students must be at least 45 inches tall. Bike sizes are confirmed two weeks before class.

**1, 2-hour session  
at 1886 Metro Center Drive, Reston, Va.**

\$60 R

\$90 NR

**April 19**

Sun

306208-A

1:00 p.m. – 3:00 p.m.

Westenhoff

**May 3**

Sun

306208-B

1:00 p.m. – 3:00 p.m.

Westenhoff

## MEETUPS

Registered children must be accompanied by a parent/caregiver. Suitable only for the advertised age range.

### Frying Pan Farm Park

(2 – 5 years old)

See baby animals, take a wagon and carousel ride and learn about life in the 1920s through 1950s at Fairfax County's only working farm.

**1, 60-min. session  
at Frying Pan Park, Herndon, Va.**

Free, Registration Required

**May 12**

Tue

901451-A

10:00 a.m. – 11:00 a.m.

Haneline

### Maple Syrup Boil Down

(2 – 12 years old)

As the weather warms, maple sap rises and is tapped and boiled down to a sweet syrup. Enjoy sweet, fresh maple syrup over freshly baked cornbread. Come dressed for outdoor fun.

**1, 2-hour session  
at Colvin Run Mill, Great Falls, Va.**

\$5 R

\$8 NR

**February 8**

Sun

901393-A

12:00 p.m. – 2:00 p.m.

Morgan

## Tadpoles, Turtles, Garden Fairies

(2 – 5 years old)

Explore nature this spring by spotting tadpoles and turtles in ponds, discovering fairies in a bonsai garden and walk across bridges and through woods to see spring colors bursting.

**1, 60-min. session**  
at Meadowlark Gardens, Vienna, Va.

Free, Registration Required

**April 21**

Tue 10:00 a.m. – 11:00 a.m.  
901261-A Haneline

**May 5**

Tue 10:00 a.m. – 11:00 a.m.  
901261-B Haneline

## Pure Pasty Company Tour

(2 – 5 years old)

Try something new: English pasties! Join us for a tour of a pasty-making facility and enjoy a sweet or savory hand-held pie.

**1, 60-min. session**  
at The Pure Pasty Co., Vienna, Va.

\$10 R \$15 NR

**March 10**

Tue 10:00 a.m. – 11:00 a.m.  
901195-A Haneline

## PERFORMING ARTS

### Young Actors Theatre

(7 – 15 years old)

Students will learn the skills and processes needed to create a performance and will appear in an original production on Saturday, March 14 or Saturday, June 6 at 3:00 p.m. at The Leila Gordon Theatre at RCC Hunters Woods. Preparing for the production includes technical rehearsals during the week of March 9 – 13 and June 1 – 5. Classes meet Fridays, 4:30 p.m. – 6:00 p.m. and Saturdays, 9:00 a.m. – noon. Regular attendance is essential for success, so please plan schedules accordingly.

**20, 90-min. sessions at The Leila Gordon Theatre – RCC Hunters Woods**

\$235 R \$410 NR

**January 9 – March 14**

Fri 4:30 p.m. – 6:00 p.m.  
Sat 9:00 a.m. – 12:00 p.m.  
402467-B Staff

**March 27 – June 6**

(No Class: April 3, April 4)

Fri 4:30 p.m. – 6:00 p.m.  
Sat 9:00 a.m. – 12:00 p.m.  
402467-C Staff

## SOCIAL

### Big Fun for Little Ones

(1 – 5 years old)

Let your children bounce and play to their hearts' content on our fun indoor inflatables and oversized toys! Parents/caregivers must fully participate in this drop-in program. Space is limited to 40 children and their accompanying adults. Suitable only for the advertised age range.

**90-min. sessions at RCC Hunters Woods**

Free, Registration Not Required

**January 9 – May 29**

Fri 10:00 a.m. – 11:30 a.m.  
Ali

### Paint Splatter Party

(7 – 11 years old)

Make something unique or just have fun with paint! Splatter paint to create a community project or work on an individual project. Wear clothes and shoes that can get dirty or stained. Supplies provided.

**1, 90-min. session at RCC Hunters Woods**

\$20 R \$30 NR

**April 25**

Sat 1:00 p.m. – 2:30 p.m.  
900306-A Morgan



## NEW

## Parent's Night Out

(5 – 13 years old)

Parents, enjoy a well-deserved night out while your child has a blast at RCC. Kids will dive into an evening full of fun – from moon-bounces and board games to arts and crafts, swimming and more. Pizza dinner and a seasonal movie make it even better.

## 1, 4-hour sessions at RCC Hunters Woods

\$8 R

\$6 R Sibling

\$15 NR

## January 9

Fri  
902016-A

5:00 p.m. – 9:00 p.m.  
Staff

## January 23

Fri  
902016-B

5:00 p.m. – 9:00 p.m.  
Staff

## February 13

Fri  
902016-C

5:00 p.m. – 9:00 p.m.  
Staff

## March 13

Fri  
902016-D

5:00 p.m. – 9:00 p.m.  
Staff

## March 27

Fri  
902016-E

5:00 p.m. – 9:00 p.m.  
Staff

## April 10

Fri  
902016-F

5:00 p.m. – 9:00 p.m.  
Staff

## April 24

Fri  
902016-G

5:00 p.m. – 9:00 p.m.  
Staff

## May 8

Fri  
902016-H

5:00 p.m. – 9:00 p.m.  
Staff

## Sunday Family Game Days

(6 – 13 years old)

Bring your favorite tabletop games or choose from our collection and enjoy family-friendly fun. Children must be accompanied by a parent/guardian.

## 2-hour sessions at RCC Hunters Woods

Free, Registration Not Required

January 11, 25, February 8, 22,  
March 8, 22, April 12, 24, May 10

Sun

2:00 p.m. – 4:00 p.m.  
Johnson

## Tot Time

(Infant – 4 years old)

Kids have a blast at this drop-in play group while parents connect with each other! Enjoy toys, games, books and music. Parents/caregivers must fully participate. Limited to 25 children and their accompanying adults. Suitable only for the advertised age range.

## 90-min. sessions at RCC Hunters Woods

Free, Registration Not Required

## January 5 – May 28

(No Class: January 19)

Mon, Thu

9:30 a.m. – 11:00 a.m.  
Ali

## TWEENS/TEENS

Youth ages 13 – 17 may be able to participate in offerings for 18 and older with permission from the program director. Please email or call for information about Leisure and Learning offerings (pages 57 – 75) that may be of interest to those ages. Teens and tweens are encouraged to write to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) if they have a program suggestion we can design for them.

## VISUAL ARTS

## Art Attack

(7 – 11 years old)

Students spark their creativity using pastels, watercolor, tempera, colored pencils and more. Each session encourages artistic choice and personal expression, resulting in fun, imaginative projects.

## 10, 60-min. sessions at RCC Lake Anne

\$75 R

\$130 NR

## January 5 – March 9

Mon  
402697-B

4:30 p.m. – 5:30 p.m.  
Lambakis

## March 16 – May 4

Mon  
402697-C

4:30 p.m. – 5:30 p.m.  
Lambakis

## WOODWORKING

## Pinewood Derby Workshop

(7 – 14 years old)

The RCC Woodshop will be open on select December dates for Cub Scouts to work on Pinewood Derby projects. Each Den may register for up to two sessions under the Den Leader's name, with a flat fee for 6 – 12 participants. Parents/caregivers are encouraged to assist with supervision. Reservations are required, and only one Den is hosted per session. Walk-ins are not permitted.

## 1, 2-hour session at RCC Hunters Woods

\$75 R

\$130 NR

## January 2

Fri  
901003-A

5:30 p.m. – 7:30 p.m.  
Ingram

## January 5

Mon  
901003-B

5:30 p.m. – 7:30 p.m.  
Ingram

## January 12

Mon  
901003-C

5:30 p.m. – 7:30 p.m.  
Ingram

## January 23

Fri  
901003-D

5:30 p.m. – 7:30 p.m.  
Ingram







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## CRAFTS

## NEW

**Blacksmithing Workshop – Arrowhead**

(13+)

Forge your own arrowhead. Each student will make a bodkin point head with a cup for attaching to a shaft, just like archers of old. Students will forge one or more arrowheads as time permits.

**1, 3-hour session at RCC Hunters Woods**

\$125 R

\$100 R55+

\$188 NR

**May 17**

Sun  
980044-A

1:00 p.m. – 4:00 p.m.  
Crane

## NEW

**Blacksmithing Workshop – Silver Ring**

(13+)

Learn the basics of silversmithing and jewelrywork. Make your very own custom sized silver band, in either a narrow or wide size. Students will make a practice one in copper before making one in silver.

**1, 3-hour session at RCC Hunters Woods**

\$125 R

\$100 R55+

\$188 NR

**March 22**

Sun  
980044-A

1:00 p.m. – 4:00 p.m.  
Crane

**Japanese Floral Arrangement**

(18+)

Learn to create beautiful flower arrangements with a Japanese touch through Ikebana, the art that emphasizes harmony, color and simplicity. This practice fosters a connection with nature. Flowers will be provided; please bring a vase and small scissors or garden clippers.

**1, 2-hour session at RCC Hunters Woods**

\$65 R

\$52 R55+

\$97 NR

**February 1**

Sun  
500645-A

1:00 p.m. – 3:00 p.m.  
Shimizu

**March 15**

Sun  
500645-B

1:00 p.m. – 3:00 p.m.  
Shimizu

**April 19**

Sun  
500645-C

1:00 p.m. – 3:00 p.m.  
Shimizu

**Japanese Floral continued****May 17**

Sun  
500645-D

1:00 p.m. – 3:00 p.m.  
Shimizu

**Sewing for Today's Fashions II**

(18+)

Delve further into the world of fashion design! This course is for those who have extensive experience with sewing (for example, graduates of RCC's Sewing for Today's Fashions I). Participants will design and produce two ready-to-wear garments while advancing their skills with a sewing machine, pattern cutting, hand sewing techniques and other embellishments. Students are encouraged to bring a portable sewing machine to class as only a limited number of RCC-owned machines are available. Fee includes materials and supplies.

**8, 2-hour sessions at RCC Hunters Woods**

\$100 R

\$80 R55+

\$150 NR

**March 11 – April 29**

Wed  
509620-A

6:30 p.m. – 8:30 p.m.  
Minassian

## DANCE

**Line Dancing with Scotty – Beginner**

(18+)

Learn classic country favorites, the newest pop dances and other line dancing styles for beginners. Please wear shoes that will slide on the wood floor and bring water to class.

**10, 60-min. sessions at RCC Hunters Woods**

\$75 R

\$60 R55+

\$112 NR

**January 8 – March 12**

Thu  
503532-A

5:00 p.m. – 6:00 p.m.  
Inman

**March 26 – May 28**

Thu  
503532-B

5:00 p.m. – 6:00 p.m.  
Inman

**Line Dancing with Scotty – Intermediate**

(18+)

Learn classic country favorites, the newest pop dances and other line dancing styles for advanced beginners. Please wear shoes that will slide on the wood floor and bring water to class.\*

**10, 60-min. sessions at RCC Hunters Woods**

\$75 R

\$60 R55+

\$112 NR

**January 8 – March 12**

Thu  
503623-A

6:00 p.m. – 7:00 p.m.  
Inman

**March 26 – May 28**

Thu  
503623-B

6:00 p.m. – 7:00 p.m.  
Inman

**Sunday Afternoon Dances**

(18+)

Dancers of all skill levels convene to foxtrot, swing, cha-cha and waltz. Music selection ranges from golden oldies to modern dance selections. A mini-lesson and door prizes add to the fun! Partners are not required. Please note: there is no 55+ discount on this drop-in event. For more information, please contact Cassie Lebron, RCC's Lifelong Learning Program Director, at 703-390-6157.

**2-hour sessions at RCC Hunters Woods**

\$6 R

\$9 NR

**January 18, February 8, March 8, April 12, May 10**

Sun

2:30 p.m. – 4:30 p.m.



## DISCUSSION

### Bookends

(18+)

Join us for lively discussions about a variety of captivating books! Buy your copy or check out a book from the library. We can't wait to hear your insights!

#### January 22:

"Tell Me Everything: A Novel" by Elizabeth Strout

#### February 26:

"Straight Man" by Richard Russo

#### March 26:

"The God of the Woods" by Liz Moore

#### April 23:

"King Maker: Pamela Harriman's Astonishing Life of Power, Seduction, and Intrigue" by Sonia Purnell

#### May 28:

"The Secret Life of Sunflowers" by Marta Molnar

#### 5, 90-min. sessions at RCC Hunters Woods

Free, Registration Required

#### January 22, February 26, March 26, April 23, May 28

Thu 12:30 p.m. – 2:00 p.m.  
5C0075-A Staff

### Current Issues Discussion Group

(18+)

Join this lively gathering and be prepared to debate politics and how government works or doesn't work on local, national and world levels. Newcomers are welcome and encouraged to attend.

#### 21, 2-hour sessions at RCC Hunters Woods

Free, Registration Required

#### January 8 – May 28

Thu 10:00 a.m. – 12:00 p.m.  
5C0080-A Staff

### NEW

### Traumatic Brain Injury Discussion Group

(18+)

A supportive discussion group covering diverse topics for survivors of traumatic brain injuries and their caregivers.

#### 3, 90-min. sessions at RCC Hunters Woods

Free, Registration Required

#### March 12, April 9, May 14

Thu 3:00 p.m. – 4:30 p.m.  
510127-A Staff

## ENRICHMENT

### Better Brain Health as You Age

(18+)

Learn how to keep your brain active as you age to reduce the risk of age-related diseases and maintain cognitive abilities. This class is for educational purposes only; there will be no solicitation or obligations from the attendees.

#### 1, 60-min. session via Teams

Free, Registration Required

#### March 18

Wed 1:00 p.m. – 2:00 p.m.  
503210-A Long

### Don't Get Scammed

(18+)

Learn about current scams including unlicensed contractors, romance scams and grandparent scams, along with tips for protection.

#### 1, 60-min. session via Teams

Free, Registration Required

#### February 11

Wed 1:00 p.m. – 2:00 p.m.  
503509-A Smarr

### Legal: Estate Planning Basics

(18+)

This class provides participants with a basic understanding of estate planning, including the advantages and disadvantages of planning techniques such as joint ownership, beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation for attendees.

#### 1, 60-min. session via Teams

Free, Registration Required

#### January 14

Wed 2:00 p.m. – 3:00 p.m.  
500809-A Lambeth

## VIRTUAL CLASSES

Virtual classes will be conducted using Microsoft Teams or Zoom. All registered participants will receive a link at least 24 hours before the class.

### College Readiness Workshops

Join \$400,000 scholarship winner Marianne Ragins for expert guidance to help students and families prepare for college and beyond.

### Building Your Student Activities Resume & Writing College Essays

(13+)

Attending seniors will also become eligible for the Ragins/Braswell National Scholarship.

#### 1, 2-hour session via Zoom

Free, Registration Required

#### January 15

Thu 6:30 p.m. – 8:30 p.m.  
903400-A Ragins

### Money Matters for Students

(13+)

Learn about managing money, from saving and budgeting to tackling college costs. Parents are encouraged to attend.

#### 1, 2-hour session at RCC Hunters Woods or via Zoom

Free, Registration Required

#### February 5

Thu 6:30 p.m. – 8:30 p.m.  
900268-A Ragins



## FITNESS

## Aging with Power and Grace

(18+)

This fun class will explore a variety of exercises designed to increase muscular strength, range of motion and activities for daily living. Exercises can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination. Make sure to wear supportive footwear to class.

### 8, 60-min. sessions at RCC Lake Anne

\$120 R	\$96 R55+	\$180 NR
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#### January 5 – March 9

(No Class: January 19, February 16)

Mon	11:30 a.m. – 12:30 p.m.
300147-A	Miles/Williams

#### January 7 – March 11

(No Class: January 21, February 18)

Wed	11:30 a.m. – 12:30 p.m.
300147-B	Miles/Williams

#### March 23 – May 18

(No Class: April 20)

Mon	11:30 a.m. – 12:30 p.m.
300147-C	Miles/Williams

#### March 25 – May 20

(No Class: April 22)

Wed	11:30 a.m. – 12:30 p.m.
300147-D	Miles/Williams

## Balance and Mobility Workshop

(18+)

RCC instructors Christina Unger and Anya Avilov will lead a workshop combining yoga and Essentrics to help you stay strong for a lifetime. The focus is on improving balance, strength and flexibility. Learn movements, breathing techniques and relaxation strategies that promote balance, increase joint range of motion and reduce the risk of injuries from falls. It's never too early or too late to create wellness in your body and mind.

### 1, 2-hour session at RCC Lake Anne

\$30 R	\$24 R55+	\$45 NR
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#### March 1

Sun	1:00 p.m. – 3:00 p.m.
302400-A	Unger/Avilov

## Barre Fusion

(18+)

This low-impact strength workout enhances muscle tone, posture and flexibility by blending ballet, dance and functional movements. Regular barre workouts improve bone density, endurance and metabolism. Participants should be comfortable transitioning to the floor with their own exercise mats.

### 5, 60-min. sessions at RCC Lake Anne

\$40 R	\$36 R55+	\$68 NR
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#### February 23 – March 23

(No Class: January 19, February 16)

Mon	10:45 a.m. – 11:45 a.m.
300149-A	Biddy

### 6, 60-min. sessions at RCC Lake Anne

\$55 R	\$44 R55+	\$83 NR
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#### April 13 – May 18

Mon	10:45 a.m. – 11:45 a.m.
300149-B	Biddy

## Brain Health Workshop

(18+)

Studies show that diet, mental and physical exercise, stress reduction and community participation can help delay Alzheimer's. Brain Longevity Specialist Sarah Chan will explain the science and share practical tips for daily life.

### 1, 2-hour session at RCC Lake Anne

\$30 R	\$24 R55+	\$45 NR
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#### March 7

Sat	1:30 p.m. – 3:30 p.m.
305707-A	Chan

## Cardio Strength

(18+)

This class blends cardio, strength and core training using diverse equipment to work all major muscle groups, including mat exercises on the floor.

### 8, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 6 – February 24

Tue	5:30 p.m. – 6:30 p.m.
300150-A	Fletcher

#### March 17 – May 5

Tue	5:30 p.m. – 6:30 p.m.
300150-B	Fletcher

## Essentrics

(18+)

This dynamic routine combines strengthening and stretching to boost flexibility, mobility, posture, energy and stress relief while helping prevent injury and reduce pain. Participants should be able to transfer to the floor for mat exercises.

### 8, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 12 – March 9

(No Class: February 16)

Mon	8:00 a.m. – 9:00 a.m.
305033-A	Avilov

#### January 13 – March 10

(No Class: January 20, February 17)

Tue	10:15 a.m. – 11:15 a.m.
305033-B	Avilov

Tue	6:45 p.m. – 7:45 p.m.
305033-C	Fletcher

#### January 15 – March 12

(No Class: January 22, February 19)

Thu	10:15 a.m. – 11:15 a.m.
305033-D	Avilov

#### January 16 – March 13

(No Class: February 20)

Fri	10:45 a.m. – 11:45 a.m.
305033-E	Avilov

#### March 17 – May 5

Tue	6:45 p.m. – 7:45 p.m.
305033-F	Fletcher

#### March 23 – May 18

(No Class: April 20)

Mon	8:00 a.m. – 9:00 a.m.
305033-G	Avilov

#### March 24 – May 19

(No Class: April 21)

Tue	10:15 a.m. – 11:15 a.m.
305033-H	Avilov

#### March 26 – May 21

(No Class: April 23)

Thu	10:15 a.m. – 11:15 a.m.
305033-I	Avilov

#### March 27 – May 22

(No Class: April 24)

Fri	10:45 a.m. – 11:45 a.m.
305033-J	Avilov

REGISTER TODAY  
DON'T DELAY!

Register at least one week  
before the program starts to help  
us avoid cancellations.

## Essentrics Aging Backwards

(18+)

Miranda Esmonde-White, author of The New York Times bestseller "Aging Backwards," created this slow-paced, full-body workout and revolutionary approach to healthy aging, designed to restore movement in joints, increase muscle flexibility, relieve pain and stimulate cells to increase energy, vibrancy and fortify the immune system. Participants should be able to transfer to the floor for mat exercises.

### 7, 60-min. sessions at RCC Lake Anne

\$60 R	\$48 R55+	\$90 NR
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#### January 7 – March 11

(No Class: January 21)

Wed	10:45 a.m. – 11:45 a.m.	Avilov
305034-A		
Wed	12:00 p.m. – 1:00 p.m.	Fletcher
305034-B		

### 8, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### March 18 – May 6

Wed	12:00 p.m. – 1:00 p.m.	Fletcher
305034-C		

#### March 25 – May 20

(No Class: April 22)

Wed	10:45 a.m. – 11:45 a.m.	Avilov
305034-D		

## Fitness Fusion

(18+)

Tone your body and improve cardiovascular health, strength and flexibility. Please wear fitness shoes and bring water and a mat to class.

### 9, 50-min. sessions at RCC Lake Anne

\$120 R	\$96 R55+	\$180 NR
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#### January 5 – March 9

(No Class: January 19)

Mon	10:30 a.m. – 11:20 a.m.	Miles/Williams
300014-A		

#### January 7 – March 11

(No Class: January 21)

Wed	10:30 a.m. – 11:20 a.m.	Miles/Williams
300014-B		

#### March 23 – May 18

(No Class: April 20)

Mon	10:30 a.m. – 11:20 a.m.	Miles/Williams
300014-C		

#### March 25 – May 20

(No Class: April 22)

Wed	10:30 a.m. – 11:20 a.m.	Miles/Williams
300014-D		

**NEW**

## Forest Bathing Workshop

(18+)

Forest bathing is the practice of immersing oneself in nature to quiet the mind, reduce stress and nurture overall well-being. This guided workshop combines mindfulness, breathwork and meditation, beginning at RCC Lake Anne and exploring nearby trails for a refreshing, grounding experience.

### 1, 90-min. session at RCC Lake Anne

\$25 R	\$20 R55+	\$38 NR
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#### April 18

Sat	9:00 a.m. – 10:30 a.m.	Chan
305710-A		

## Forever Fit

(18+)

This is a low-intensity interval training workout that combines cardiovascular conditioning, strength training, flexibility and balance, using a variety of fitness equipment including weights, bands and mini-balls.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 8 – March 12

(No Class: January 22, February 19)

Thu	9:00 a.m. – 10:00 a.m.	Moses
305040-A		

#### March 26 – May 21

(No Class: April 23)

Thu	9:00 a.m. – 10:00 a.m.	Moses
305040-B		

## Functional Fitness

(18+)

Join us for functional fitness with kettlebells, bands, medicine balls and TRX straps. Build strength, stability, mobility and endurance while improving balance, coordination and reducing injury risk.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 7 – March 11

(No Class: January 21, February 18)

Wed	8:00 a.m. – 9:00 a.m.	Veisi
305180-A		

#### March 25 – May 20

(No Class: April 22)

Wed	8:00 a.m. – 9:00 a.m.	Veisi
305180-B		

## Healthy Back Workshop

(18+)

Learn the root causes of back pain and explore practical Essentrics techniques and yoga exercises to stretch, strengthen and help alleviate discomfort as well as effective relaxation and breathing techniques. This workshop is designed to help students move better, prevent recurring pain and build a healthy and strong back.

### 1, 2-hour session at RCC Lake Anne

\$30 R	\$24 R55+	\$45 NR
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#### January 31

Sat	1:00 p.m. – 3:00 p.m.	Avilov/Sypula
302403-A		

## Joint-Friendly Fitness

(18+)

Gentle activities can improve joint flexibility, range of motion and muscle strength. These joint-friendly exercises promote balance, strength and stamina. Participants can take the class sitting or standing. Please bring water and wear supportive footwear.

### 7, 60-min. sessions at RCC Lake Anne

\$65 R	\$52 R55+	\$98 NR
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#### January 7 – February 25

Wed	10:30 a.m. – 11:30 a.m.	Fletcher
300129-A		

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 9 – February 27

Fri	12:00 p.m. – 1:00 p.m.	Fletcher
300129-B		

#### March 18 – May 6

Wed	10:30 a.m. – 11:30 a.m.	Fletcher
300129-C		

#### March 20 – May 8

Fri	12:00 p.m. – 1:00 p.m.	Fletcher
300129-D		



## LIIST (Low Impact Interval Strength Training)

(18+)

This total body workout is performed in a circuit, designed to help you develop strength and improve cardiovascular levels with minimal stress on joints. End the class with a stretching and cooling down period.

### 7, 60-min. sessions at RCC Lake Anne

\$65 R	\$52 R55+	\$98 NR
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#### January 10 – March 7

(No Class: January 17, February 14)

Sat 9:00 a.m. – 10:00 a.m.  
304605-A Kumar

#### March 28 – May 16

(No Class: April 4)

Sat 9:00 a.m. – 10:00 a.m.  
304605-B Kumar

## Mind-Body Fitness

(18+)

Led by two well-regarded personal trainers, this program provides you with the customized and individual attention needed to increase body strength, cardiovascular endurance and flexibility while incorporating various exercises and portable equipment. All skill levels are welcome.

### 8, 60-min. sessions at RCC Lake Anne

\$120 R	\$96 R55+	\$180 NR
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#### January 6 – March 10

(No Class: January 20, February 17)

Tue 11:30 a.m. – 12:30 p.m.  
305840-A Miles/Williams

#### January 8 – March 12

(No Class: January 22, February 19)

Thu 11:30 a.m. – 12:30 p.m.  
305840-B Miles/Williams

Thu 12:30 p.m. – 1:30 p.m.  
305840-C Miles/Williams

#### March 24 – May 19

(No Class: April 21)

Tue 11:30 a.m. – 12:30 p.m.  
305840-D Miles/Williams

#### March 26 – May 21

(No Class: April 23)

Thu 11:30 a.m. – 12:30 p.m.  
305840-E Miles/Williams

Thu 12:30 p.m. – 1:30 p.m.  
305840-F Miles/Williams

## Mindfulness Meditation

(18+)

Explore mindfulness in a welcoming space with guided breathing, body scans, gentle movement and loving-kindness meditation. Reduce stress, quiet your mind and build practical tools for daily calm in a supportive community.

### 8, 75-min. sessions at RCC Lake Anne

\$80 R	\$64 R55+	\$120 NR
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#### January 14 – March 4

Wed 12:00 p.m. – 1:15 p.m.  
305059-A Czintos

Wed 6:30 p.m. – 7:45 p.m.  
305059-B Deschamps

#### March 25 – May 13

Wed 12:00 p.m. – 1:15 p.m.  
305059-C Czintos

Wed 6:30 p.m. – 7:45 p.m.  
305059-D Deschamps

## Sound Bath Meditation

(18+)

Sound Bath utilizes ambient sounds to guide you to a deeper meditative state of consciousness. Waves of soothing, echoing sound from traditional wind and percussion instruments, also known as a “sound bath” will leave you feeling relaxed, refreshed and balanced.

### 4, 60-min. sessions at RCC Lake Anne

\$50 R	\$40 R55+	\$75 NR
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#### February 8 – March 15

(No Class: February 15, March 8)

Sun 4:00 p.m. – 5:00 p.m.  
314761-A Sypula

#### April 12 – May 17

(No Class: April 19, May 10)

Sun 4:00 p.m. – 5:00 p.m.  
314761-B Sypula

## Stress Relief Workshop

(18+)

Discover how stress impacts your body and mind, from muscle tension and headaches to anxiety and sleep issues and learn techniques to self-regulate and relax. Gain practical tools to restore balance, boost well-being and support long-term health.

### 1, 2-hour session at RCC Lake Anne

\$30 R	\$24 R55+	\$45 NR
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#### January 11

Sun 1:00 p.m. – 3:00 p.m.  
302401-A Unger/Avilov

## Zumba Fitness

(18+)

Zumba combines high-energy and motivating music with unique moves and combinations that allow the participants to dance away their worries in a party-like atmosphere. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

### 6, 60-min. sessions at RCC Lake Anne

\$60 R	\$48 R55+	\$90 NR
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#### January 26 – March 9

(No Class: February 16)

Mon 6:30 p.m. – 7:30 p.m.  
302327-B Ledesma

#### April 6 – May 11

Mon 6:30 p.m. – 7:30 p.m.  
302327-D Ledesma

### 7, 60-min. sessions at RCC Lake Anne

\$65 R	\$52 R55+	\$98 NR
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#### January 15 – March 5

(No Class: February 19)

Thu 6:15 p.m. – 7:15 p.m.  
302327-A Kumar

#### March 19 – May 7

(No Class: April 2)

Thu 6:15 p.m. – 7:15 p.m.  
302327-C Kumar

## Zumba Toning

(18+)

Zumba Toning combines body sculpting exercises with high-energy cardio using Latin-infused Zumba moves. Participants will use lightweight toning sticks or dumbbells to tone their arms, abs and thighs. New participants should attend the first session for orientation on posture and form.

### 6, 55-min. sessions at RCC Lake Anne

\$60 R	\$48 R55+	\$90 NR
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#### January 26 – March 9

(No Class: February 16)

Mon 5:30 p.m. – 6:25 p.m.  
302227-A Ledesma

#### April 6 – May 11

Mon 5:30 p.m. – 6:25 p.m.  
302227-B Ledesma



# FITNESS: YOGA & TAI CHI

## Beginning Tai Chi

(18+)

This class emphasizes the physical discipline and structure of Tai Chi movements and provides the development of basic skills and techniques that lead toward integration of the mind, body and spirit. This class is performed standing and promotes improvement of balance, flexibility, strength and cardiovascular conditioning.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 7 – February 25

Wed 1:00 p.m. – 2:00 p.m.  
302305-A Durham

#### March 18 – May 6

Wed 1:00 p.m. – 2:00 p.m.  
302305-B Durham

## Gentle Yoga

(18+)

Designed for senior adults, this traditional yoga class incorporates stretching and strengthening postures that focus on balance with some standing and floor poses as well. Participants should be comfortable getting up and down from the floor.

### 7, 75-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 27 – March 17

(No Class: February 17)

Tue 10:15 a.m. – 11:30 a.m.  
304995-A Sypula

#### January 29 – March 19

(No Class: March 19)

Thu 10:15 a.m. – 11:30 a.m.  
304995-B Sypula

#### April 7 – May 19

Tue 10:15 a.m. – 11:30 a.m.  
304995-C Sypula

#### April 9 – May 21

Thu 10:15 a.m. – 11:30 a.m.  
304995-D Sypula

## Gut Feeling Yoga

(18+)

There is increasing evidence that yoga coupled with mindful breathing practice can reduce the psychological and physical symptoms of Irritable Bowel Syndrome (IBS). Yoga instructor and nurse practitioner Christina Unger leads students through yoga postures and breathing techniques to help calm those “gut feelings” by targeting the mind-body connection.

### 8, 60-min. sessions at RCC Lake Anne

\$80 R	\$64 R55+	\$120 NR
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#### January 14 – March 4

Wed 5:00 p.m. – 6:00 p.m.  
302300-A Unger

#### March 25 – May 13

Wed 5:00 p.m. – 6:00 p.m.  
302300-B Unger

## Hatha Yoga I

(18+)

Hatha Yoga I creates balance in our physical, mental and energetic bodies. Students explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. This class is open to all levels.

### 8, 60-min. sessions at RCC Lake Anne

\$80 R	\$64 R55+	\$120 NR
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#### January 15 – March 5

Thu 9:00 a.m. – 10:00 a.m.  
315001-A Unger

#### March 26 – May 14

Thu 9:00 a.m. – 10:00 a.m.  
315001-B Unger



## PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that acknowledges the special tax paid by Reston for RCC as well as the competitive context of other public agencies with similar offerings. If you have any questions or concerns about particular fees, please let us know via [RCCContact@fairfaxcounty.gov](mailto:RCCContact@fairfaxcounty.gov).

## Hatha Yoga II

(18+)

Hatha Yoga II explores creating balance in our physical, mental and energetic bodies by adding to foundational postures. Experience more challenging postures, sequences and focus on linking breath with movement to build strength, balance, awareness and joy. Students should have prior knowledge or experience in Hatha Yoga.

### 8, 60-min. sessions at RCC Lake Anne

\$80 R	\$64 R55+	\$120 NR
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#### January 14 – March 4

Wed 6:15 p.m. – 7:15 p.m.  
315002-A Unger

#### March 25 – May 13

Wed 6:15 p.m. – 7:15 p.m.  
315002-B Unger

## Intermediate Tai Chi

(18+)

This class is a progression of Beginning Tai Chi. Students will continue to practice the 24-step Yang Style Tai Chi form and various qigong exercises. Participants are encouraged to wear supportive footwear to class. Approval is required from Beginning Tai Chi instructor Megan Durham to participate in this intermediate level class.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 9 – February 27

Fri 9:30 a.m. – 10:30 a.m.  
302307-A Durham

#### March 20 – May 8

Fri 9:30 a.m. – 10:30 a.m.  
302307-B Durham

## Mindful Hatha Yoga

(18+)

This class will teach breathing exercises, stretching movements and relaxation. Learn to use these movements to work through stiff joints and muscles while developing strength and flexibility.

### 7, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 27 – March 17

(No Class: February 17)  
Tue 9:00 a.m. – 10:00 a.m.  
305055-A Sypula

#### April 7 – May 19

Tue 9:00 a.m. – 10:00 a.m.  
305055-B Sypula

## Mindful Yoga with Sound Healing

(18+)

This class combines mindful yoga with the sounds of singing bowls to enhance relaxation and focus. Students will practice yoga movements and breathing techniques, then enjoy guided meditation and deep relaxation accompanied by the bowls.

### 7, 75-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 27 – March 17

(No Class: February 17)  
Tue 6:30 p.m. – 7:45 p.m.  
314760-A Sypula

#### January 29 – March 19

(No Class: February 19)  
Thu 6:30 p.m. – 7:45 p.m.  
314760-B Sypula

#### April 7 – May 19

Tue 6:30 p.m. – 7:45 p.m.  
314760-C Sypula

#### April 9 – May 21

Thu 6:30 p.m. – 7:45 p.m.  
314760-D Sypula

## Pilates Mat

(18+)

Pilates is a system of exercises designed to develop the body's core, mobilize and stabilize the spine and build flexibility and strength. Most exercises will be performed on a mat and may include stability balls, magic circles and light hand weights.

### 5, 60-min. sessions at RCC Lake Anne

\$45 R	\$36 R55+	\$68 NR
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#### February 23 – March 23

Mon 9:30 a.m. – 10:30 a.m.  
306030-A Biddy

### 6, 60-min. sessions at RCC Lake Anne

\$55 R	\$44 R55+	\$83 NR
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#### April 13 – May 18

Mon 9:30 a.m. – 10:30 a.m.  
306030-B Biddy

## MINDFUL MOVEMENT

According to the Mayo Clinic, yoga combines physical and mental practices to reduce stress, improve balance, boost joint flexibility and support overall well-being.

## Qigong

(18+)

Qigong is an ancient Chinese practice that combines mindful movements, meditation and breathing techniques to promote health and overall well-being.

### 7, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 17 – March 7

(No Class: February 14)  
Sat 11:45 a.m. – 12:45 p.m.  
304994-A Okerson

#### March 28 – May 16

(No Class: April 4)  
Sat 11:45 a.m. – 12:45 p.m.  
304994-B Okerson

### NEW

## Qigong and Restorative Yoga

(18+)

Recharge with a gentle blend of qigong and restorative yoga. Begin with standing poses to release tension, then move to floor-based breathwork that calms the nervous system. Using props like bolsters and blankets, ease into restorative postures and end with a peaceful savasana, leaving you relaxed, renewed and restored.

### 4, 60-min. sessions at RCC Lake Anne

\$40 R	\$32 R55+	\$60 NR
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#### February 1 – March 1

(No Class: February 15)  
Sun 4:00 p.m. – 5:00 p.m.  
304900-A Okerson

## Qigong Plus Tai Chi Form

(18+)

This class is suitable for beginners learning the Yang Style Short Form. We will start with the movements of the form and practice simple qigong exercises that reinforce the fundamental principles of tai chi.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 27 – March 17

Tue 9:15 a.m. – 10:15 a.m.  
306044-A Smyers

#### April 7 – May 26

Tue 9:15 a.m. – 10:15 a.m.  
306044-B Smyers

## Slow Flow Yoga

(18+)

Slow flow yoga uses mindful, breath-based movements and longer-held poses to build strength, flexibility, balance and awareness. Classes end with guided relaxation and are suitable for all levels, including beginners.

### 7, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 29 – March 19

(No Class: February 19)

Thu 5:00 p.m. – 6:00 p.m.  
305610-A Sypula

#### April 9 – May 21

Thu 5:00 p.m. – 6:00 p.m.  
305610-B Sypula

## Yoga 101

(18+)

This beginner-friendly course introduces basic yoga poses and breathing techniques, building skills progressively each class. Participants develop greater awareness of body and mind through mindful movement and breath. All levels are welcome.

### 8, 60-min. sessions at RCC Lake Anne

\$80 R	\$64 R55+	\$120 NR
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#### January 14 – March 4

Wed 9:00 a.m. – 10:00 a.m.  
305601-A Unger

#### March 25 – May 13

Wed 9:00 a.m. – 10:00 a.m.  
305601-B Unger

## NEW

## Yoga and Art at Lake Anne Art Gallery

(18+)

This workshop blends gentle yoga with guided art observation. Participants engage fully with the artwork in the gallery, reflect upon their response to the pieces and then integrate their response into movement, breath and focused awareness. This session includes a brief group discussion to share interpretations and deepen awareness through both visual and physical experiences.

### 1, 75-min. session at RCC Lake Anne

\$20 R	\$16 R55+	\$30 NR
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#### January 10

Sat 11:00 a.m. – 12:15 p.m.  
302450-A Unger

## Yoga for Healthy Bones

(18+)

This class helps students strengthen bones and improve balance using bands, dumbbells and weight-bearing movements. By combining dynamic movements with static holds, participants enhance strength, stability and safety. Exercises can be done sitting, standing or lying on a mat.

### 7, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 17 – March 7

(No Class: February 14)

Sat 10:30 a.m. – 11:30 a.m.  
304890-A Okerson

#### March 28 – May 16

(No Class: April 4)

Sat 10:30 a.m. – 11:30 a.m.  
304890-B Okerson

## Yoga for Rest: Hatha and Nidra Fusion

(18+)

This Hatha-Nidra fusion class is designed for those seeking relaxation and better sleep. Each session begins with a gentle, beginner-friendly practice of slower paced physical postures and breathwork, concluding with a guided meditation designed to promote deep rest and mental clarity.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 14 – March 4

Wed 7:15 p.m. – 8:15 p.m.  
305705-A Chan

#### March 18 – May 6

Wed 7:15 p.m. – 8:15 p.m.  
305705-B Chan

## Yoga with Weights

(18+)

This class blends gentle yoga movements with weights to create a challenging and mindful practice. Some benefits of combined yoga and strength training include improved bone density, muscle strength, flexibility and balance.

### 7, 60-min. sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$105 NR
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#### January 22 – March 5

Thu 9:00 a.m. – 10:00 a.m.  
304702-A Okerson

#### April 2 – May 14

Thu 9:00 a.m. – 10:00 a.m.  
304702-B Okerson

## Yoga, Breath and Meditation

(18+)

This class offers a holistic approach to wellness through gentle yoga poses (including chair variations), breathwork and mindfulness meditation. It provides techniques to boost energy, improve focus and enhance emotional resilience. Suitable for all levels, beginners are welcome.

### 6, 60-min. sessions at RCC Lake Anne

\$60 R	\$48 R55+	\$90 NR
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#### February 23 – March 30

Mon 10:30 a.m. – 11:30 a.m.  
305058-A Patel/Shah

#### April 13 – May 18

Mon 10:30 a.m. – 11:30 a.m.  
305058-B Patel/Shah

## Tai Chi Yang Style – Advanced

(18+)

This class will continue refining the form and exploring principle as it applies to movement and balance. Instructor approval is required for this advanced class.

### 8, 60-min. sessions at RCC Lake Anne

\$75 R	\$60 R55+	\$113 NR
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#### January 27 – March 17

Tue 10:30 a.m. – 11:30 a.m.  
306013-A Smyers

#### April 7 – May 26

Tue 10:30 a.m. – 11:30 a.m.  
306013-B Smyers

## NEW

## Yang Style Tai Chi

(18+)

This class focuses on tai chi fundamental principles and exercises emphasizing the connection between the body and the mind. This class is designed to improve balance, flexibility and overall well-being.

### 8, 60-min. sessions at RCC Lake Anne

\$65 R	\$52 R55+	\$98 NR
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#### January 21 – March 11

Wed 6:00 p.m. – 7:00 p.m.  
304920-A Scanlan

#### March 25 – May 13

Wed 6:00 p.m. – 7:00 p.m.  
304920-B Scanlan



## FITNESS: DAILY PASS

Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning now require reservations. Sign in to myRCC to select your dates and times. A Fitness Pass is required to attend and can be purchased or renewed online or at the RCC Customer Service Desk. Passes range from 5 to 60 visits, priced at \$4.25 per class for residents and \$8.50 for non-residents. Passes expire two years from the purchase date. There are no discounts for those aged 55 and older. Cancellations can be made through myRCC.

### Boot Camp

(18+)

This hour-long class focuses on building strength, balance and flexibility, targeting upper and lower body muscles including the abdominals. Using weights and floor exercises on mats, participants finish with 10 – 15 minutes of full-body stretching.

#### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### January 9 – May 22

Fri 10:45 a.m. – 11:45 a.m.  
3C0010 Fletcher

### Cardio and Strength Intervals

(18+)

Join us for an energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided.

#### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### January 7 – May 20

Wed 9:15 a.m. – 10:15 a.m.  
3C0095 Fletcher

## BE PROMPT TO PREVENT INJURIES

To ensure your safety, you must be present at the beginning of class. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

### Walking Group

(18+)

Activate your day with an engaging 60-minute walk on Reston's paths and nearby parks and gardens. Get energized in the fresh air with a light stroll as you take in the beautiful scenery. Meet up in various parts of Reston or slightly beyond to explore. Walk may be canceled due to inclement weather.

#### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### January 14 – May 27

(No Class: January 21, February 18, March 18, April 22)

Wed 12:15 p.m. – 1:15 p.m.  
3C0085 Avilov



### Zumba Gold

(18+)

Zumba Gold is a lower-intensity version of Zumba designed for active adults. Enjoy easy-to-follow Latin-inspired choreography that boosts balance, range of motion and coordination in a fun, party-like atmosphere.

#### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### January 7 – May 22

Wed, Fri 9:30 a.m. – 10:30 a.m.  
3C0070 Avilov

### Zumba Gold Toning

(18+)

Zumba Gold Toning combines lower-intensity Zumba cardio with light weights for strength and muscle conditioning. This easy-to-follow dance fitness class helps active adults improve tone, balance and coordination while enjoying a fun, energetic workout.

#### 60-min. sessions at RCC Lake Anne

Pass, Reservation Required

#### January 6 – May 19

Tue 9:00 a.m. – 10:00 a.m.  
3C0080 Avilov

## OSHER LIFELONG LEARNING INSTITUTE AT GEORGE MASON UNIVERSITY (OLLI)

Reston Community Center (RCC) and the Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to offer unique educational opportunities in Reston. OLLI provides daytime courses, lectures, and events led by knowledgeable experts. Collaborative programs are held several times a year at RCC Lake Anne and non-OLLI members can register through RCC at a reduced cost. To learn more about OLLI or to become a full-time member, visit [www.olligmu.edu](http://www.olligmu.edu).

### A Private's Life in the Union Army

(18+)

This presentation explores the three-year Civil War service of 16-year-old Private Edmond R. Brown whose detailed accounts of battles, hardships and shifting views provide rare insight into the Union soldier's experience.

#### 3, 85-min. sessions at RCC Lake Anne

\$15 R \$12 R55+ \$22 NR

#### March 25 – April 8

Wed 9:40 a.m. – 11:05 a.m.  
512337-A OLLI

### Aging in Place

(18+)

If you're making plans for yourself or a loved one to age in place, Fairfax Aging, Disability, and Caregiver Resource Unit (ADCR) offers resources and helps you explore options to prioritize what matters most to you.

#### 1, 85-min. session at RCC Lake Anne

\$5 R \$4 R55+ \$8 NR

#### May 6

Wed 11:50 a.m. – 1:15 p.m.  
512343-A OLLI

## Behind the Headlines: Why Government Takes Action

(18+)

Why do some problems linger while others spark swift action? Using Kingdon's Multiple Streams Framework, we'll examine how problems, ideas and politics align to open windows for change.

6, 85-min. sessions at RCC Lake Anne

\$30 R	\$24 R55+	\$45 NR
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March 25 – April 29

Wed 11:50 a.m. – 1:15 p.m.  
512338-A OLLI

## Building Permits 101

(18+)

Planning a home renovation? Learn Fairfax County's building permit process to save time and money, then get your questions answered.

1, 85-min. session at RCC Lake Anne

\$5 R	\$4 R55+	\$8 NR
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April 14

Tue 2:15 p.m. – 3:40 p.m.  
512336-A OLLI

## Civil War Beyond the Battles

(18+)

Explore Civil War history beyond battles, from life in New York City to women's expanding roles to the scandalous career of General Dan Sickles.

3, 85-min. sessions at RCC Lake Anne

\$15 R	\$12 R55+	\$22 NR
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April 29 – May 13

Wed 2:15 p.m. – 3:40 p.m.  
512341-A OLLI

## DNA's Secret Life

(18+)

Over 40% of our DNA is made of "jumping genes" that move within our genome. Learn what they are, how they work and their links to aging and disease.

3, 85-min. sessions at RCC Lake Anne

\$15 R	\$12 R55+	\$22 NR
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April 15 – April 29

Wed 9:40 a.m. – 11:05 a.m.  
512340-A OLLI

## Donate Life: Saving Lives Through Organ Donation

(18+)

Learn about organ donation, how to sign up and ways to promote awareness in your community.

1, 85-min. session at RCC Lake Anne

\$5 R	\$4 R55+	\$8 NR
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May 13

Wed 11:50 a.m. – 1:15 p.m.  
512345-A OLLI

## Downsizing Considerations

(18+)

A late-life move can be overwhelming. This seminar offers practical solutions for transitioning to simpler living, for you or a loved one.

3, 85-min. sessions at RCC Lake Anne

\$15 R	\$12 R55+	\$22 NR
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March 24 – April 7

Tue 2:15 p.m. – 3:40 p.m.  
512335-A OLLI

## Hearing Aids

(18+)

Learn about hearing loss, evaluations, audiograms and options including prescription and OTC hearing aids and helpful apps.

1, 85-min. session at RCC Lake Anne

\$5 R	\$4 R55+	\$8 NR
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January 21

Wed 11:50 a.m. – 1:15 p.m.  
512331-A OLLI

## Issues and Politics of the Civil War

(18+)

This course explores Civil War-era political, social and economic divisions and how key battles influenced politics and the war's outcome.

5, 85-min. sessions at RCC Lake Anne

\$25 R	\$20 R55+	\$37 NR
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March 25 – April 22

Wed 11:50 a.m. – 1:15 p.m.  
512339-A OLLI

## MAKE CONNECTIONS

Arrive 20 minutes before Wednesday OLLI lectures to mix and mingle with fellow participants.

## It's Never Too Late to Write Your Novel

(18+)

The instructor wrote his first novel at 65 and has published six more in the "Old Town Loves Mystery" series. He shares tips on writing, publishing and marketing for aspiring authors.

1, 85-min. session at RCC Lake Anne

\$5 R	\$4 R55+	\$8 NR
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January 28

Wed 11:50 a.m. – 1:15 p.m.  
512333-A OLLI

## Park Ranger Potpourri

(18+)

Each presentation will feature a surprise topic revealed by the National Park Service – perfect for those who love the great outdoors and a little mystery!

4, 85-min. sessions at RCC Lake Anne

Free, Registration Required
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April 21 – May 12

Tue 2:15 p.m. – 3:40 p.m.  
517982-A OLLI

## Retiring Single: Four Key Considerations for a Successful Transition

(18+)

This class explores the unique challenges of single retirement savers, covering financial, legal, real estate and health considerations.

2, 85-min. sessions at RCC Lake Anne

\$10 R	\$8 R55+	\$15 NR
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February 4 – February 11

Wed 11:50 a.m. – 1:15 p.m.  
512334-A OLLI

## Starvation in the Midst of Plenty

(18+)

Diabetes affects over 830 million adults worldwide. Once terminal, it is now manageable. Learn about prevention, treatment and health impacts.

2, 85-min. sessions at RCC Lake Anne

\$10 R	\$8 R55+	\$15 NR
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May 6 – May 13

Wed 9:40 a.m. – 11:05 a.m.  
512342-A OLLI

## The Best Voice on the Planet?

(18+)

Meet a talented young performer from Kazakhstan sharing his culture. Is this hype or is he truly the GOAT?

4, 85-min. sessions at RCC Lake Anne

\$20 R

\$16 R55+

\$30 NR

January 21 – February 11

Wed  
512330-A

9:40 a.m. – 11:05 a.m.  
OLLI

## The Real “Hunt for Red October”

(18+)

Based on the instructor Henry Rausch's “Submerged: Life on a Fast Attack Submarine in the Last Days of the Cold War,” dive into the frightening and mysterious world of nuclear fast-attack submarines.

4, 85-min. sessions at RCC Lake Anne

\$20 R

\$16 R55+

\$30 NR

January 21 – February 11

Wed  
512332-A

2:15 p.m. – 3:40 p.m.  
OLLI

## SOCIAL

### American Mah Jongg\*

(18+)

2.5-hour sessions at RCC Hunters Woods

Free, Registration Required

January 7 – May 27

Wed  
509605-A

1:15 p.m. – 3:45 p.m.  
Staff

January 8 – May 28

Thu  
509605-B

9:30 a.m. – 12:00 p.m.  
Staff

### Bridge Mondays\*

(18+)

4-hour sessions at RCC Hunters Woods

Free, Registration Required

January 5 – May 18

(No Class: January 19)

Mon  
509603-A

10:00 a.m. – 2:00 p.m.  
Staff

### Bridge Tuesdays\*

(18+)

3-hour sessions at RCC Lake Anne

Free, Registration Required

January 6 – May 26

Tue  
505551-A

10:00 a.m. – 1:00 p.m.  
Staff

### Chess Club\*

(13+)

3-hour sessions at RCC Hunters Woods

Free, Registration Required

January 8 – May 28

Thu  
901354-A

6:30 p.m. – 9:30 p.m.  
Staff

\* Please note these are not instructor-led classes; a basic understanding of the rules is required.

### Reston Plays Games

(18+)

Tabletop gaming brings people together with cards, dice and meeples. Bring your games and enjoy cooperative, strategy, deck-building and role-playing fun. Gamemasters can contact Bill Parker at William.Parker@fairfaxcounty.gov for open gaming times.

5-hour sessions at RCC Hunters Woods

Free, Registration Not Required

January 7 – May 27

Wed  
503594-A

5:00 p.m. – 10:00 p.m.  
Staff

## TECHNOLOGY

### Cut the Cable: Switch to Streaming TV

(18+)

Learn about streaming TV options and whether switching can save you money. Bring your cable bill to compare costs.

1, 3-hour session at RCC Hunters Woods

\$25 R

\$20 R55+

\$37 NR

March 12

Thu  
504173-A

10:00 a.m. – 1:00 p.m.  
O'Connell

### Get to Know ChatGPT

(18+)

This class introduces ChatGPT, an AI tool that answers questions and assists with tasks like writing emails and essays. Learn how it works.

1, 2.5-hour session at RCC Hunters Woods

\$25 R

\$20 R55+

\$37 NR

May 7

Thu  
503213-A

10:30 a.m. – 1:00 p.m.  
O'Connell

### Managing Your Health with Technology

(18+)

Learn the various devices and apps that are currently on the market to help manage health and safety. View demos of smart watch and smart phone health features as well as apps for managing health.

1, 2.5-hour session at RCC Hunters Woods

\$25 R

\$20 R55+

\$37 NR

April 9

Thu  
563213-A

10:30 a.m. – 1:00 p.m.  
O'Connell

### Prepare iPhones & iPads for Travel

(18+)

Planning a trip? Learn how to turn your smartphone or tablet into the ultimate travel companion. This class covers finding Wi-Fi, saving battery, storing maps, using trip planners and discovering the best travel apps. Bring your fully charged device.

1, 2.5-hour session at RCC Hunters Woods

\$25 R

\$20 R55+

\$37 NR

May 21

Thu  
500487-A

10:30 a.m. – 1:00 p.m.  
O'Connell

### Update Your Online Security

(18+)

Scams are a \$20 billion industry, with AI making them more effective. Learn to identify scams and protect your devices with practical tips in this class.

1, 2.5-hour session at RCC Hunters Woods

\$25 R

\$20 R55+

\$37 NR

March 26

Thu  
576105-A

10:30 a.m. – 1:00 p.m.  
O'Connell



# TRIP INFORMATION

Before the trip, you will receive an itinerary and a link to provide emergency contact information and agree to the Trip Code of Conduct. Please complete these online forms before the trip day. For assistance, contact Cassie LeBron, RCC Lifelong Learning Director, at 703-390-6157.

Unless noted otherwise, trips use luxury charter buses with lavatories. Trips lasting three hours or longer include a rest stop.

## Departure and Arrival:

Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

## Emergency Forms:

RCC now uses ePact for Trip forms. Before the trip, you will receive an itinerary and an emergency form. Please complete your forms via ePact.

## What is ePact?

ePact is an online system that makes it easy for you to securely share emergency contact and other information with RCC. Instead of filling out paper forms, you can enter your info once and update it anytime. This helps staff quickly access important details during emergencies to keep you and your family safe.

## ADA Accommodations:

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice.

To request a reasonable accommodation, please call 703-476-4500, TTY 711.

# TRIPS AND TOURS

## A Day at Rehoboth Beach

(5+)

Enjoy a day at the beach, boardwalk, shops, biking trails or arcade. Lunch is on your own. Fee includes transportation and a trip coordinator. Children under 18 must be with an adult (21+). All participants must register.

7:00 a.m. Depart RCC Hunters Woods

9:00 p.m. Estimated Return to Reston

### 1, 14-hour session at RCC Hunters Woods

\$65 R	\$52 R55+	\$97 NR
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**May 16**

Sat

500707-A

7:00 a.m. – 9:00 p.m.

Staff

## Philadelphia Flower Show

(18+)

Join us for the award-winning Philadelphia Flower Show, featuring stunning displays, expert presentations and a vibrant marketplace. Fee includes transportation, admission, snack and trip coordinator. Lunch is on your own. Extensive walking required.

7:00 a.m. Depart RCC Hunters Woods

7:00 p.m. Estimated Return to Reston

### 1, 12-hour session at RCC Hunters Woods

\$85 R	\$68 R55+	\$128 NR
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**March 4**

Wed

503588-A

7:00 a.m. – 7:00 p.m.

Staff

## NEW

## “Rock of Ages” at Toby’s Dinner Theatre

(18+)

Step back to 1980s Hollywood where a “small town girl” meets a “city boy from South Detroit” on the Sunset Strip and fall in love to the era’s greatest hits. This Broadway hit features big bands, show-stopping solos and iconic hair. Fee includes transportation, admission, lunch and trip coordinators.

9:00 a.m. Depart RCC Lake Anne

9:30 a.m. Depart RCC Hunters Woods

5:00 p.m. Estimated Return to Reston

### 1, 8-hour session at RCC Hunters Woods

\$150 R	\$120 R55+	\$225 NR
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**January 21**

Wed

506991-A

9:00 a.m. – 5:00 p.m.

Staff

## NEW

## Spring Blooms at Longwood Gardens

(18+)

Celebrate the beauty of spring at Longwood Gardens, where vibrant blooms and stunning fountains create a breathtaking experience you won’t forget! Trip Fee includes transportation, admission, lunch gift card and trip coordinators. Extensive walking required.

9:30 a.m. Depart RCC Lake Anne

10:00 a.m. Depart RCC Hunters Woods

9:30 p.m. Estimated Return to Reston

### 1, 12-hour session at RCC Hunters Woods

\$130 R	\$104 R55+	\$195 NR
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**April 10**

Fri

506990-A

9:30 a.m. – 9:30 p.m.

Staff

# VISUAL ARTS

A supply list will be provided before the first class for all Visual Arts programs unless noted otherwise.

## Abstract Collage with Monoprints

(18+)

This class combines two dynamic art practices: gelli plate monoprints and abstract collage. In the first half of each class, create colorful prints with acrylic paint, printmaking ink, stencils and textured surfaces on gelli plates. In the second half of class, use vibrant printed papers to create realistic or abstract collages. Students encouraged to bring inspiration for realistic collages, such as landscapes or photographs.

### 6, 2.5-hour sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$115 NR
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**January 26 – March 2**

Mon

402800-A

10:00 a.m. – 12:30 p.m.

Fitzurka

**April 6 – May 11**

Mon

402800-B

10:00 a.m. – 12:30 p.m.

Fitzurka

## Acrylic Painting

(18+)

This class focuses on acrylic painting for beginners and intermediates.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R

\$72 R55+

\$155 NR

#### January 16 – March 6

Fri 10:00 a.m. – 12:30 p.m.

402421-C

Thiel

Fri

2:00 p.m. – 4:30 p.m.

402421-D

Thiel

#### March 27 – May 15

Fri 10:00 a.m. – 12:30 p.m.

402421-E

Thiel

Fri

2:00 p.m. – 4:30 p.m.

402421-F

Thiel

## Acrylic Painting for Beginners

(18+)

Have fun while learning the basics of acrylic painting in a studio workshop setting.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R

\$72 R55+

\$155 NR

#### January 7 – February 25

Wed 7:00 p.m. – 9:30 p.m.

455011-C

Daniels

#### March 25 – May 13

Wed 7:00 p.m. – 9:30 p.m.

455011-D

Daniels

## Art and the Aging Brain

(18+)

Most people view the arts as entertainment or escape, but research shows that engaging in creative processes is essential for overall well-being, especially for older adults. This workshop explores how our brains respond to creativity, why it's now recognized as vital for health and how it supports mind, body and spirit. Participants will engage in a mix of lecture and practical ideas for bringing creativity into everyday life.

### 1, 4-hour session at RCC Lake Anne

\$45 R

\$36 R55+

\$85 NR

#### April 1

Wed

1:00 p.m. – 5:00 p.m.

402759-A

Daniels

## Art Lab

(18+)

Artists of all skill levels are invited to explore their creativity during this open studio class. This is the perfect time to complete projects or work on new personal projects.

### 8, 3-hour sessions at RCC Lake Anne

\$45 R

\$36 R55+

\$50 NR

#### January 6 – February 24

Tue

2:00 p.m. – 5:00 p.m.

404213-F

Daniels

#### March 24 – May 12

Tue

2:00 p.m. – 5:00 p.m.

404213-G

Daniels

### 14, 3-hour sessions at RCC Lake Anne

\$85 R

\$68 R55+

\$115 NR

#### January 24 – May 16

(No Class: February 21, March 14, April 11)

Sat

1:00 p.m. – 4:00 p.m.

404213-H

Sterud

## Beginning Drawing

(18+)

This class is designed to improve observational drawing skills and is suitable for all levels of experience. Working with pencils, students will learn to use lines, value, gesture and perspective.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R

\$72 R55+

\$155 NR

#### March 16 – May 4

Mon

7:00 p.m. – 9:30 p.m.

402614-D

Sterud

## Chinese Brush Painting

(18+)

Reinforce your fundamental brushstroke skills in this session of Chinese Brush Painting, geared toward intermediate and advanced students.

### 6, 2.5-hour sessions at RCC Lake Anne

\$75 R

\$60 R55+

\$150 NR

#### January 15 – February 19

Thu

10:00 a.m. – 12:30 p.m.

402512-B

Griffith Tso

#### March 26 – April 30

Thu

10:00 a.m. – 12:30 p.m.

402512-D

Griffith Tso

## Continuing Drawing

(18+)

This class is for those with basic drawing experience who want to refine their skills or explore more advanced techniques. Exercises include still-life, abstraction and an introduction to color using media such as graphite, charcoal, pen and chalk pastel.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R

\$72 R55+

\$155 NR

#### January 5 – March 2

(No Class: January 19)

Mon

7:00 p.m. – 9:30 p.m.

402797-A

Sterud

#### March 27 – May 15

Fri

7:00 p.m. – 9:30 p.m.

402797-B

Sterud

## Fun with Mosaics

(18+)

Explore the fun of working in Mosaics! Work with glass and tile to create an 8 by 16 inches house number plaque. The session is designed for all skill levels. All supplies included.

### 6, 3-hour sessions at RCC Hunters Woods

\$200 R

\$160 R55+

\$250 NR

#### April 8 – May 13

Wed

10:00 a.m. – 1:00 p.m.

402741-A

Damron

### NEW

## Fused Glass – Bobbles, Bubbles and Blobs

(13+)

Have fun making amazing and fanciful creations out of glass that can be transformed into jewelry or gifts. No prior glass experience is necessary. All supplies included.

### 1, 3.5-hour session at RCC Hunters Woods

\$55 R

\$44 R55+

\$82 NR

#### February 22

Sun

12:00 p.m. – 3:30 p.m.

980045-A

Toole

#### February 26

Thu

12:00 p.m. – 3:30 p.m.

980045-B

Toole

## Fused Glass Bubble Construction Workshop

(18+)

This workshop will focus on techniques used to create bubble grids with glass stringers. Projects will be fired and slumped into bowls. All supplies included.

### 1, 3-hour session at RCC Hunters Woods

\$65 R	\$52 R55+	\$100 NR
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#### February 4

Wed 10:00 a.m. – 1:00 p.m.  
402785-D Gallagher

#### April 22

Wed 6:00 p.m. – 9:00 p.m.  
402785-E Gallagher

## Fused Glass Stacked Construction Workshop

(18+)

This fused glass workshop will focus on stacking techniques using cut squares of various sized glass stacked on top of each other. Your projects will be fired and slumped into a shallow bowl. All supplies included.

### 1, 3-hour session at RCC Hunters Woods

\$65 R	\$52 R55+	\$100 NR
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#### February 18

Wed 10:00 a.m. – 1:00 p.m.  
402782-D Gallagher

#### May 6

Wed 6:00 p.m. – 9:00 p.m.  
402782-E Gallagher

## Intermediate Drawing

(18+)

This class is for students looking to improve their drawing skills by building on the fundamentals learned in Beginning Drawing. Through various exercises, participants will enhance their manual dexterity and artistic expression, exploring techniques like gesture drawing, sketching and abstraction using tools such as charcoal and pen.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R	\$72 R55+	\$155 NR
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#### January 8 – February 26

Thu 7:00 p.m. – 9:30 p.m.  
402775-C Sterud

#### March 24 – May 12

Tue 7:00 p.m. – 9:30 p.m.  
402775-D Sterud

## Micromosaic Jewelry

(18+)

Create a beautiful groutless mosaic jewelry piece using real millefiori and specialty glass from Italy. All supplies included.

### 1, 3-hour session at RCC Hunters Woods

\$85 R	\$68 R55+	\$160 NR
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#### February 2

Mon 6:30 p.m. – 9:30 p.m.  
402623-C Damron

#### March 11

Wed 6:30 p.m. – 9:30 p.m.  
402623-D Damron

## Mosaic Art

(18+)

Mosaics are one of the original art forms and pieces can be made to last for centuries. Choose from among several exciting projects, from beginner through expert, or bring your own unique project (with instructor approval). All supplies included for one beginner or intermediate project.

### 6, 3-hour sessions at RCC Hunters Woods

\$200 R	\$160 R55+	\$250 NR
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#### January 26 – March 2

Mon 10:00 a.m. – 1:00 p.m.  
404040-D Damron

#### January 28 – March 4

Wed 6:30 p.m. – 9:30 p.m.  
404040-E Damron

#### April 13 – May 18

Mon 10:00 a.m. – 1:00 p.m.  
404040-F Damron

## Painting with Alcohol Inks on Tile Workshop

(18+)

Unlock your imagination and creativity by learning to paint with alcohol inks on tiles. This medium enables participants to create beautiful, luminous pieces of art that can be displayed or used as coasters. All supplies included.

### 1, 2-hour session at RCC Lake Anne

\$45 R	\$36 R55+	\$75 NR
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#### January 10

Sat 1:00 p.m. – 3:00 p.m.  
402728-D Clark

#### February 21

Sat 1:00 p.m. – 3:00 p.m.  
402728-E Clark

#### March 14

Sat 1:00 p.m. – 3:00 p.m.  
402728-F Clark

#### April 11

Sat 1:00 p.m. – 3:00 p.m.  
402728-G Clark

#### June 13

Sat 1:00 p.m. – 3:00 p.m.  
402728-H Clark

## Remixed Media: Art with Intent

(18+)

Explore the power of art to tell stories, honor memories and express what words cannot. Using color, texture and imagery, create personalized mixed-media fabric pieces such as stitched intention flags, banners or fabric scroll journals. Suitable for beginners; all work is hand-stitched, no sewing machines required.

### 6, 2.5-hour sessions at RCC Lake Anne

\$70 R	\$56 R55+	\$115 NR
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#### January 6 – February 10

Tue 10:00 a.m. – 12:30 p.m.  
402798-A Mullarkey





## Remixed Media: Garden Party

(18+)

Celebrate spring with this hands-on mixed-media class, blending painting and fabric collage to create 3D floral art on canvas. Paint backgrounds with acrylics and inks, design fabric prints with gelatin plates and combine them with textural elements. Add hand-stitched "thread painting" accents and bring your canvas to life with 3D construction. Suitable for beginners; no sewing machines required.

### 6, 2.5-hour sessions at RCC Lake Anne

\$70 R

\$56 R55+

\$115 NR

### April 8 – May 13

Wed

402799-A

2:00 p.m. – 4:30 p.m.

Mullarkey

## Still Life Painting and Drawing

(18+)

Explore the fundamentals of realistic painting and drawing using still-life subjects. Work with flower vases, wine bottles, fruit, or bring your own items. Choose your preferred medium and tools. Open to all skill levels.

### 8, 2.5-hour sessions at RCC Lake Anne

\$90 R

\$72 R55+

\$155 NR

### January 6 – February 24

Tue

402734-B

7:00 p.m. – 9:30 p.m.

Sterud

### March 26 – May 14

Thu

402734-C

7:00 p.m. – 9:30 p.m.

Sterud

**NEW**

## Unforgettable

(18+)

Community members living with Alzheimer's and other neurocognitive disorders can engage creatively, foster brain connections and spark joy at this docent-led tour of the Jo Ann Rose Gallery exhibit, followed by a hands-on art project inspired by the exhibit. Research shows that regular creative activity supports cognitive, physical and emotional well-being. Sessions are led by trained artists and dementia care certified staff and are suitable for those with levels 2 – 5 cognitive impairment. All participants must be accompanied by a caregiver, who will fully engage in the activities.

### 1, 90-min. session at RCC Lake Anne

Free, Registration Required

### January 31

Sat

402770-D

10:00 a.m. – 11:30 a.m.

Daniels

### February 22

Sun

402770-E

10:00 a.m. – 11:30 a.m.

Daniels

### March 21

Sat

402770-F

10:00 a.m. – 11:30 a.m.

Daniels

### April 12

Sun

402770-G

10:00 a.m. – 11:30 a.m.

Daniels

## Wednesday Watercolor

(18+)

This watercolor class is for intermediate and beginner painters who want to build and improve their painting skills. We will use lectures, demonstration and painting time to explore fun subjects such as landscapes, buildings and simple figures, while focusing on the fundamental building blocks of watercolor painting.

### 6, 2.5-hour sessions at RCC Lake Anne

\$70 R

\$56 R55+

\$115 NR

### April 15 – May 20

Wed

402735-B

10:00 a.m. – 12:30 p.m.

Ellor

## RESTON PATRONS 55+

If you live or work in Reston, you pay a discounted rate on eligible classes.

Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed in the shopping cart.



# VISUAL ARTS: CERAMICS

No class fees are charged during the initial lottery enrollment for ceramic classes. If you receive an offer for enrollment, payment will be due upon your acceptance. The fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

## Creative Clay House

(18+)

With the guidance of instructors Kate Sternberg and Tena Page, learn, improve and share your hand-building and sculpting skills.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R	\$116 R55+	\$200 NR
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#### January 8 – March 5

Thu 10:00 a.m. – 12:30 p.m.  
402752-B Sternberg/Page

#### March 26 – May 21

Thu 10:00 a.m. – 12:30 p.m.  
402752-C Sternberg/Page

## Creative Hands Pottery

(18+)

Participants will explore hand-building techniques to create an array of clay projects.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R	\$116 R55+	\$200 NR
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#### January 6 – March 3

Tue 10:00 a.m. – 12:30 p.m.  
402665-C Sternberg/Page

#### March 24 – May 19

Tue 10:00 a.m. – 12:30 p.m.  
402665-D Sternberg/Page

## Making Pottery With or Without the Wheel

(18+)

This class emphasizes design, functional and non-functional forms construction and surface decoration for students with beginning to advanced hand-building and/or wheel-throwing skills. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand-building or wheel-building or to combine elements of both.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R	\$116 R55+	\$200 NR
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#### January 7 – March 4

Wed 7:00 p.m. – 9:30 p.m.  
402616-C Benton

#### March 25 – May 20

Wed 7:00 p.m. – 9:30 p.m.  
402616-D Benton

## Sculpture I

(18+)

This class is designed for students from beginner to advanced levels who are interested in learning or improving their skills in three-dimensional art. The techniques taught will be customized to suit each student's skill level.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R	\$116 R55+	\$200 NR
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#### January 5 – March 9

(No Class: January 19)

Mon 10:00 a.m. – 12:30 p.m.  
402500-C Sternberg

#### January 6 – March 3

Tue 7:00 p.m. – 9:30 p.m.  
402500-D Sternberg

#### March 23 – May 18

Mon 10:00 a.m. – 12:30 p.m.  
402500-E Sternberg

#### March 24 – May 19

Tue 7:00 p.m. – 9:30 p.m.  
402500-F Sternberg

## Wheel Exploration

(18+)

Designed for individuals who have taken at least one beginning or intermediate level wheel class. The class is structured so participants can practice and refine skills with guidance from an instructor.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R	\$116 R55+	\$200 NR
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#### January 6 – March 3

Tue 10:00 a.m. – 12:30 p.m.  
402639-E Dwivedi

Tue 7:00 p.m. – 9:30 p.m.  
402639-F Marcum

#### March 24 – May 19

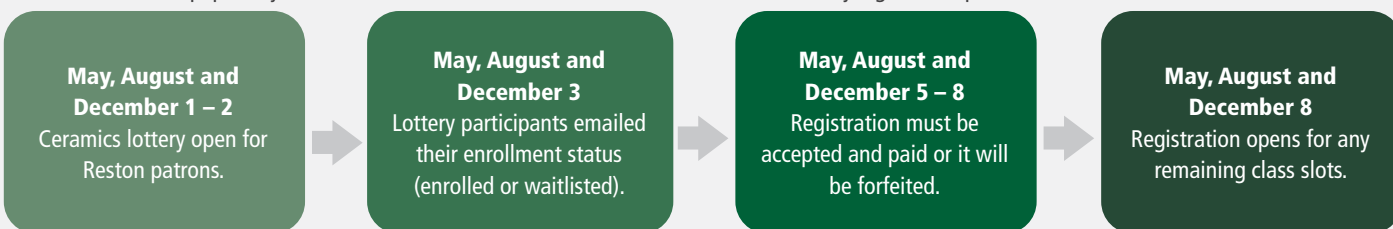
Tue 10:00 a.m. – 12:30 p.m.  
402639-G Dwivedi

Tue 7:00 p.m. – 9:30 p.m.  
402639-H Marcum

## NEW

## Lottery for Ceramics Classes

Due to the immense popularity of RCC's ceramics classes, enrollment will now follow the lottery registration process:



If you are accepted into more than one ceramic class, please choose only one. This will allow waitlisted individuals to enroll. Thank you. We appreciate the feedback we have received regarding our ceramics program offerings. We are continuing to evaluate ways to make the studio reservations process and class enrollment as equitable as possible within the physical constraints of RCC's available studio and kiln space.

## Wheel I

(18+)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R

\$116 R55+

\$200 NR

#### January 8 – March 5

Thu 10:00 a.m. – 12:30 p.m.  
402462-E Grace  
Thu 7:00 p.m. – 9:30 p.m.  
402462-F Stefanik

#### March 26 – May 21

Thu 10:00 a.m. – 12:30 p.m.  
402462-G Grace  
Thu 7:00 p.m. – 9:30 p.m.  
402462-H Stefanik

## Wheel II

(18+)

Students will review and refine their basic throwing skills to move from beginner to intermediate levels. Students must know how to center.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R

\$116 R55+

\$200 NR

#### January 9 – March 6

Fri 1:00 p.m. – 3:30 p.m.  
404210-C Anderson

#### March 27 – May 22

Fri 1:00 p.m. – 3:30 p.m.  
404210-D Anderson

## Wheel III

(18+)

Prerequisites include being able to wedge, center and throw an approximately eight-inch bowl and cylinder.

### 9, 2.5-hour sessions at RCC Lake Anne

\$145 R

\$116 R55+

\$200 NR

#### January 5 – March 9

(No Class: January 19)

Mon 7:00 p.m. – 9:30 p.m.  
402463-C Alexander

#### March 23 – May 18

Mon 7:00 p.m. – 9:30 p.m.  
402463-D Alexander

## WOODWORKING

### Good Neighbors Woodworking Group

(18+)

The Good Neighbors Woodworking Group designs, constructs and decorates wooden toys that are then donated to children in Reston. Experience is a plus, but training will be provided for beginners. First-time participants must complete a woodshop volunteer form. The Good Neighbors Woodworking Group now requires registration through myRCC.

### 21, 5-hour sessions at RCC Hunters Woods

Free, Registration Required

#### January 6 – May 26

Tue 9:30 a.m. – 2:30 p.m.  
5C0085-A Staff



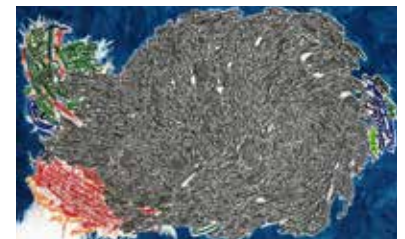
## TEPHRA ICA: FEATURED EXHIBITIONS AND PROGRAMS

Tephra ICA is devoted to celebrating artists and values the power of art to generate new ideas and broaden perspectives.

### Abdulrahman Naanseh

January 12 – February 19

A solo exhibition featuring work that transforms Arabic calligraphy into a personal and politically resonant visual language.



### Janet Loren Hill and Andrew Castro

March 14 – July 24

The exhibition features new works that juxtapose painting and ceramic, the absurd and the sublime, to explore themes of labor, environment, and the body. Through humor, texture, and form, the pieces comment on the tensions and transformations of our world.



## RCC-sponsored Programs at Tephra ICA

Creative Responses  
In Their Own Words  
Insights  
Young Professional Series

[www.tephraica.org](http://www.tephraica.org)



# OPEN STUDIOS

## Open Ceramics Studios

(18+)

Use of the RCC Ceramics Studio requires patrons to have prior experience working with clay, studio equipment, and related processes, and to be able to work independently.

RCC has adjusted the approach to reserving space in the Ceramics Studio because of the extremely high demand for time and access. The Open Ceramics Studio now requires reservations through a lottery system to allow for more equitable distribution of spots.

Lottery enrollment for the Open Ceramics Studio is free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each reserved visit. Passes may also be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$15 (Reston)/\$30 (Non-Reston) per visit.

Ceramics Studio passes expire two years from the date of purchase. The pass fee includes firing and glazes. Clay costs \$25 – \$35 for 25 lbs.

### 4-hour session at RCC Lake Anne

Pass, Reservation Required

#### January 14 – May 20

Wed 10:00 a.m. – 2:00 p.m.  
4C0020 Ceramics Studio  
4C0025 3D Studio

#### January 17 – May 30

Sat 1:00 p.m. – 5:00 p.m.  
4C0030 Ceramics Studio  
4C0035 3D Studio

## Open Glass Studio

(18+)

The public is invited to use RCC's Open Glass Studio. Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. The Open Glass Studio requires reservations, which are available on the 25th of each month for the next month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

To make your reservation, sign into myRCC and select the dates you wish to attend. Reservations for the Open Glass Studio are free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each reserved visit.

Glass Studio passes can be purchased and renewed online or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (Reston)/\$20 (Non-Reston) per visit. Glass Studio passes expire two years from date of purchase.

### 4-hour session at RCC Hunters Woods

Pass, Reservation Required

January 4, January 18, February 1,  
February 15, March 1, March 15,  
April 5, April 19, May 3, May 17

Sun 11:30 a.m. – 3:30 p.m.  
4C0010-6 Damron

## Open Woodshop

(18+)

The public is invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours.

The Open Woodshop requires reservations, which are available on the 25th of each month for the next month for Reston patrons. Reservations open on the first of the month for Non-Reston patrons.

To make your reservation, sign into myRCC and select the dates you wish to attend. Reservations for the Open Woodshop are free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each reserved visit.

Woodshop passes can be purchased and renewed online or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$12 (Reston)/\$24 (Non-Reston) per visit. Woodshop passes expire two years from date of purchase.

Each visit includes a maximum of 3.5 hours. Please note: woodworking projects may not be left in the RCC shop; no storage is available.

### 3.5-hour sessions at RCC Hunters Woods

Pass, Reservation Required

#### January 3 – May 30

Sat 9:00 a.m. – 12:30 p.m. Staff  
5C0030  
Sat 1:00 p.m. – 4:30 p.m. Staff  
5C0050

#### January 6 – May 26

Tue 6:00 p.m. – 9:30 p.m. Staff  
5C0010

## Lottery for Open Ceramics Studio

Due to the immense popularity of RCC's Open Ceramics Studio, there is now a lottery for registration slots each month:

From the 25th – 28th of each month

The ceramics studio reservation lottery for the next month opens in myRCC for Reston patrons.



On the 29th of each month

Participants emailed enrollment offers and must accept to finalize registration.



On the 1st of the following month

Remaining slots are now open to all patrons.

There is no limit on the number of lottery requests that can be made.

## ADMINISTRATION

BeBe Nguyen	Executive Director
Brianne Baglini	Deputy Director
Ben Skinner	Chief Executive Assistant
Renata Wojcicki	Finance Director
Lorna Campbell Clarke	Director of Communications
Brian Gannon	Accreditation Specialist
Pam Leary	Customer Relations Director
Christopher Higgins	Network Administrator
Fred Russo	Building Engineer
Sarah Alshamy	Web/Graphic Artist
Warren Bailey	Customer Service Representative
Michael Bell	Graphic Artist
Chris Brown	Billing and Reconciliation Specialist
Nicholas Burt	Customer Relations Assistant Director
Suzanne Connell	HR Specialist
Kathryn Kovacs	Public Information Officer
James Rockett	Financial Specialist
Evelyn Rosa	Procurement Specialist
Samantha Stettner	Customer Service Representative
Mark Zubaly	Customer Service Representative

## FACILITY RENTALS & OPERATIONS

Mohammed Alhadi	Facility Attendant
Guillermo Huaman	Facility Attendant
Wilfredo Lebron	Facilities Operations Manager
Cristobal Rivera	Facility Attendant
David Sainz	Facility Attendant
Ken Wade	Facility Attendant
Cory Woods	Facility Attendant

## AQUATICS

Matthew McCall	Aquatics Director
Ryan Kasprowicz	Aquatics Operations Director
Melissa Murray	Customer Service Representative
Scott Sorenson	Aquatics Program Director
Noah Worku	Assistant Aquatics Operations Director

## ARTS & CULTURE

Paul Douglas Michnewicz	Director of Arts & Culture
Mark Anduss	Technical Director
Cheri Danaher	Arts Education Director
Gloria Morrow	Arts Education Assistant
Matt Nogay	Assistant Technical Director
Rhia Ovington	Box Office Assistant

## LEISURE & LEARNING

Kevin Danaher	Leisure & Learning Director
Anya Avilov	Fitness & Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Dwight Godwin Jr.	Youth & Teen Program Director
Toni Hernandez	Youth & Teen Program Assistant
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth & Teen Program Assistant Director
Jonathan Navarro	Fitness & Wellness Program Director

## OFFSITE & COLLABORATION

Maggie Parker	Offsite & Collaboration Director
Asjah Heiligh	Community Events Director
LaTanya Snelling	Equity Partnerships Director
Husna Basiri	Equity Partnerships Assistant

## THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

## COMMUNITY PARTNERS

### THANK YOU TO OUR COMMUNITY PARTNERS:

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Boy Scouts of America, Washington Capital Area
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Domestic & Sexual Violence Services (DSVS)
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Pozez Jewish Community Center of Northern Virginia
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Scouting America National Capital Area Council
- Shenandoah Conservatory
- South Lakes High School
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

## HOW TO REGISTER

### Online Registration

Online registration opens at 9:00 a.m. on December 1 for Reston.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com), click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

### In Person/Mail/Fax Registration

- All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA, 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

## REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until December 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on December 1 if they are received by November 30. Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

## REGISTRATION POLICIES

### Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

### Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

### Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

### Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA, American Express or Discover. Cash payments cannot be accepted during Reston priority registration.

### Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

### Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.



## CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

### Code of Conduct for Camp Participants

Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online.

## FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to reservation activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

## FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online.

## CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

## REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

## PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

# FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

# PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

# ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

# BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC’s Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed.

Please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) for a current list of Board meetings.

<b>Annual Strategic Planning Session</b>	
January 10	9:00 a.m. – 3:00 p.m.
<b>Monthly Meeting</b>	
February 2	8:00 p.m.
<b>Community Relations &amp; Program/Policy Joint Meeting</b>	
February 9	6:30 p.m.
<b>Monthly Meeting</b>	
March 2	8:00 p.m.
<b>Community Relations &amp; Programs/Policy Joint Meeting</b>	
March 9	6:30 p.m.
<b>Monthly Meeting</b>	
April 6	8:00 p.m.
<b>Monthly Meeting</b>	
May 4	8:00 p.m.

Finance Committee meetings, when scheduled, occur at 7:00 p.m. on the first Monday of the month. Check RCC’s website for the most current meeting information.

QUESTIONS, COMMENTS, CONCERNS AND SUGGESTIONS FOR RCC’S BOARD OF GOVERNORS MAY BE DIRECTED TO [RCCCONTACT@FAIRFAXCOUNTY.GOV](mailto:RCCCONTACT@FAIRFAXCOUNTY.GOV). ALL INQUIRIES ARE ANSWERED WITHIN 48 BUSINESS HOURS.

For RCC Board of Governors information, visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

# RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.



# REGISTRATION DATES

- Summer Camps**  
(June – August)  
February 1 Reston/February 8 Non-Reston
- Summer Programs**  
(June – August)  
May 1 Reston/May 8 Non-Reston
- Fall Programs**  
(September – December)  
August 1 Reston/August 8 Non-Reston
- Winter/Spring Programs**  
(January – May)  
December 1 Reston/December 8 Non-Reston

A Day at Rehoboth Beach	69	Civil War Beyond the Battles	67
A Private's Life in the Union Army	66	College Readiness Workshops	59
Abstract Collage with Monoprints	69	Community Arts	30 – 32
Acrylic Painting	70	Continuing Drawing	70
Acrylic Painting for Beginners	70	Creative Clay House	73
Adapted Aquatics	47	Creative Hands Pottery	73
Adult Advanced Beginner	46	Cupcake Wars	52
Adult Beginner	46	Current Issues Discussion Group	59
Aging in Place	66	Cut the Cable: Switch to Streaming TV	68
Aging with Power and Grace	60	Deep Water Mania	47
Airbrush Art	52	Diva Central	10
American Mah Jongg	68	DNA's Secret Life	67
Anatomy for Kids – Digestive System	53	Don't Get Scammed	59
Anatomy for Kids – Lungs	53	Donate Life: Saving Lives/.Organ Donation	67
Anatomy for Kids – Skeletal System	53	Downsizing Considerations	67
Aqua Barre	46	Eggnormous Spring Festival	51
Aqua Blast	47	Essentrics	60
Aqua Boot Camp	47	Essentrics Aging Backwards	61
Aqua Mixer	47	Fitness Fusion	61
Aqua Tots	39	Forest Bathing Workshop	61
Aqua Yoga	47	Forever Fit	61
Art and the Aging Brain	70	Frying Pan Farm Park	54
Art Attack	56	Fun with Mosaics	70
Art Lab	70	Functional Fitness	61
Arthritis, Fibromyalgia & Multiple Sclerosis	47	Fused Glass – Bobbles, Bubbles and Blobs	70
Babysitting	54	Fused Glass Bubble Construction Wkshp	71
Balance and Mobility Workshop	60	Fused Glass Stacked Construction Wkshp	71
Ballet Basics I	53	Gentle Yoga	63
Ballet Basics II	53	Get to Know ChatGPT	68
Ballet Combo	53	Good Neighbors Woodworking Group	74
Barre Fusion	60	Green Reston	15
Beginning Drawing	70	Gut Feeling Yoga	63
Beginning Tai Chi	63	Happy Hour with Darden & Friends	21
Behind Headlines: Why Gov't Takes Action	67	Hatha Yoga I	63
Better Brain Health as You Age	59	Hatha Yoga II	64
Big Fun for Little Ones	55	Health & Wellness Fair	19
Blacksmithing Workshop – Arrowhead	58	Healthy Back Workshop	61
Blacksmithing Workshop – Silver Ring	58	Hearing Aids	67
Bookends	59	Hip-Hop	53
Boot Camp	66	Intermediate Drawing	71
Bowties & Ballgowns	18	Intermediate Tai Chi	64
Brain Health Workshop	60	Issues and Politics of the Civil War	67
Bridge Mondays	68	It's Never Too Late to Write Your Novel	67
Bridge Tuesdays	68	Japanese Floral Arrangement	58
Build a Terrarium for Earth Day	52	Joint-Friendly Fitness	61
Building Permits 101	67	Junior Gourmet – Taking it Up a Notch	52
Cardio and Strength Intervals	66	Learn to Bike – Youth	54
Cardio Strength	60	Legal: Estate Planning Basics	59
Celebrate Reston!	20	Level 1	43
Chess Club	68	Level 2	43
Chinese Brush Painting	70	Level 3	44
Chocolate Fun & Prep for Tweens & Teens	52	Level 4	44
Chocolate Fun and Preparation for Kids	52	Level 5	45



Level 6	45	Retiring Single	67
LIIST	62	"Rock of Ages" at Toby's Dinner Theatre	69
Line Dancing with Scotty – Beginner	58	Rookie I	40
Line Dancing with Scotty – Intermediate	58	Rookie II	41
Little Chefs	52	Sculpture I	73
Lunar New Year Celebration	19	Sensing Science	54
Making Pottery With or Without the Wheel	73	Sewing for Today's Fashions II	58
Making Scarves	52	Skipper I	40
Managing Your Health with Technology	68	Skipper II	40
Maple Syrup Boil Down	54	Slow Flow Yoga	65
Marlin	42	Sound Bath Meditation	62
Math Tutoring for Grades 3 – 5	54	Spring Blooms at Longwood Gardens	69
Math Tutoring for Grades 6 – 8	54	Spring MarketPlace	14
Math Tutoring for Grades 9 – 12	54	Starvation in the Midst of Plenty	67
Meet the Artists	24	Still Life Painting and Drawing	72
Micromosaic Jewelry	71	Stress Relief Workshop	62
Mind-Body Fitness	62	Student Activities Resume/Writing College	59
Mindful Hatha Yoga	64	Sunday Afternoon Dances	58
Mindful Yoga with Sound Healing	64	Sunday Family Game Days	56
Mindfulness Meditation	62	Tadpoles, Turtles, Garden Fairies	55
Money Matters for Students	59	Tai Chi Yang Style – Advanced	65
Movies That Move	23	Tax Aide	12
Mosaic Art	71	Tephra ICA Arts Festival	17
mYRCC Registration	13	The Best Voice on the Planet?	68
Open Ceramics Studios	75	The Real "Hunt for Red October"	68
Open Glass Studio	75	Tides in Motion	47
Open Woodshop	75	Tour de Hunter Mill	20
Origami Arts – Mom & Father's Day Cards	52	Tot Time	56
Origami Arts – Valentine's Day	53	Traumatic Brain Injury Discussion Group	59
Paint Splatter Party	55	Under Water Egg Hunt	38
Painting with Alcohol Inks on Tile Workshop	71	Unforgettable	72
Pancake Breakfast	52	Update Your Online Security	68
Parent's Night Out	56	Visual Arts: Ceramics	73
Park Ranger Potpourri	67	Walking Group	66
Philadelphia Flower Show	69	Water Safety Day	16
Pilates Mat	64	Wednesday Watercolor	72
Pinewood Derby Workshop	56	Whale Tales	44
Pool Pals & Water Friends	39	Wheel Exploration	73
Prepare iPhones & iPads for Travel	68	Wheel I	74
Professional Touring Artists Series	26 – 29	Wheel II	74
Pure Pasty Company Tour	55	Wheel III	74
Qigong	64	Yang Style Tai Chi	65
Qigong and Restorative Yoga	64	Yoga & Art at Lake Anne Art Gallery	65
Qigong Plus Tai Chi Form	64	Yoga 101	65
Ranger	42	Yoga for Healthy Bones	65
RCC Community Coffee	18	Yoga for Rest: Hatha and Nidra Fusion	65
RCC Rides	21	Yoga with Weights	65
RCC On Wheels	11	Yoga, Breath and Meditation	65
Remixed Media: Art with Intent	71	Young Actors Theatre	55
Remixed Media: Garden Party	72	Zumba Fitness	62
Reston MLK Jr. Birthday Celebration	8 – 9	Zumba Gold	66
Reston Plays Games	68	Zumba Gold Toning	66
Reston Summer Camp Expo	7	Zumba Toning	62

# LOCATIONS AND HOURS OF OPERATION

## LOCATIONS



### **RCC Hunters Woods**

**2310 Colts Neck Rd., Reston, VA 20191**

Includes the Terry L. Smith Aquatics Center, The Leila Gordon Theatre, Dance Studio, Woodshop, Glass Studio, Community Room, Computer Room and Meeting Rooms.



### **RCC Lake Anne**

**1609-A Washington Plaza, Reston, VA 20190**

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

**Directions:** Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

**NOTE:** RCC Hunters Woods is located down the walkway between Ledo Pizza and Buffalo Wing Factory.

## PHONE NUMBERS

703-476-4500

703-476-8617 (Fax)

711 (TTY)

## HOURS OF OPERATION

Monday – Saturday 9:00 a.m. – 9:00 p.m.\*

Sunday 9:00 a.m. – 8:00 p.m.\*

*\*Rental hours may vary. Contact the RCC Facility Services Department at [RCCFacility@fairfaxcounty.gov](mailto:RCCFacility@fairfaxcounty.gov).*



**Enriching Lives.  
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# WINTER/SPRING HOLIDAY HOURS

HOLIDAY	DATE	HUNTERS WOODS HOURS	LAKE ANNE HOURS	THE TERRY L. SMITH AQUATICS CENTER
Staff Team Builder	December 17	CLOSED 1:00 p.m. – 4:00 p.m.	CLOSED 12:30 p.m. – 4:30 p.m.	CLOSED 1:00 p.m. – 5:00 p.m.
Christmas Eve	December 24	9:00 a.m. – 1:00 p.m.	CLOSED	9:00 a.m. – 12:00 p.m.
Christmas Day	December 25	CLOSED	CLOSED	CLOSED
New Year's Eve	December 31	9:00 a.m. – 1:00 p.m.	CLOSED	9:00 a.m. – 1:00 p.m.
New Year's Day	January 1	12:00 p.m. – 5:00 p.m.	CLOSED	1:00 p.m. – 4:00 p.m.
MLK Jr. Day	January 19	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.	7:00 a.m. – 7:00 p.m.
George Washington's Day	February 16	9:00 a.m. – 9:00 p.m.	CLOSED	7:00 a.m. – 7:00 p.m.
Easter	April 5	9:00 a.m. – 8:00 p.m.	CLOSED	7:00 a.m. – 5:00 p.m.
Memorial Day	May 25	9:00 a.m. – 1:00 p.m.	CLOSED	7:00 a.m. – 12:00 p.m.



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship and visit.

LIKE US ON FACEBOOK:  
[facebook.com/HuntersWoodsNeighborhoodCoalition](https://facebook.com/HuntersWoodsNeighborhoodCoalition)



*One Hunters Woods* is a community-driven initiative to activate Hunters Woods Plaza through seasonal events to foster connections, enhance neighborhood pride and create vibrant shared experiences.





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Reston, Virginia 20191

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