Reston Community Center

# 2027 WINTER/SPRING

## Program Guide



**www.restoncommunitycenter.com**

*Enriching Lives. Building Community.*

Something wonderful is happening at Reston Community Center. Participation in RCC programs and activities has grown about 20 percent over the past year, and summer camp enrollment is up 37 percent. More neighbors are discovering new interests, making friends and finding opportunities to learn, play and connect.

As Reston grows and changes, RCC is growing alongside it. We are listening to our community and responding with new opportunities, from morning fitness classes to a larger Tot Time space at Hunters Woods, where participation more than doubled. Our popular Reston Plays Games gatherings have even inspired a full-day summer gaming festival! Through RCC On Wheels, summer concerts and entertainment, we are also bringing neighbors together beyond our facilities.

Growth means making sure everyone has a place. Since 2024, use of RCC's summer camp fee waiver program has increased 84 percent, helping more children enjoy enriching summer experiences. Aquatics participation has grown more than 20 percent, driven largely by demand for lifeguard training and our shared commitment to water safety.

While we celebrate these milestones, the heart of RCC's work is found in the everyday moments: a child discovering a new passion, a friendship formed in class or neighbors sharing music under the stars. These connections help make Reston a place where everyone can feel welcome and belong.

We are excited to welcome back Paul Berry and Bill Penniman to the RCC Board of Governors, along with new members Hunter Wagenaar and Daton Lynch, and look forward to the fresh perspectives they will bring.

As we look toward winter and spring, we invite you to try something new, rediscover a favorite activity or bring a friend along. Whether you have been part of RCC for years or are just getting to know us, there is a place for you here.

Reston is growing, and together we are creating more ways to learn, play, connect and belong. Thank you for being part of our community.



**William G. Bouie**
Chair, RCC Board of Governors



**BeBe Nguyen**
Executive Director, RCC

## RCC BOARD OF GOVERNORS

**William G. Bouie**
**Paul Berry**
**Beverly Cosham**
**Daton Lynch**
**William Penniman**
**Lisa Sechrest-Ehrhardt**
**Hunter Wagenaar**
**Malka Wickramatilake**
**Shane M. Ziegler**

**BeBe Nguyen,** Executive Director
**Brianne Baglini,** Deputy Director

## Thank You

On behalf of the Board of Governors, we extend Our heartfelt thanks to Paul Thomas for his dedicated service to RCC and congratulate him on his new role as a Fairfax County Planning Commissioner. We also warmly recognize Vicky Wingert for her sustained dedication and service to the RCC Board and the Reston community. Paul and Vicky, thank you for the care and commitment you have shared with us.



**Paul D. Thomas**



**Vicky Wingert**



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# What CAPRA Accreditation Means for Reston

**Safe & Well-managed Facilities**

**High-quality Programs**

**Accountability to Our Community**

Reston Community Center is a two-time accredited agency by the Commission for Accreditation of Park and Recreation Agencies, recognizing our excellence in leadership, operations, programing and community service.



# COMMUNITY EVENTS

Community Events..... 6 – 20

# ONE HUNTERS WOODS

*A Hunters Woods Neighborhood Coalition initiative*

FREE | ALL AGES

## Connecting neighbors through vibrant shared experiences at Hunters Woods Plaza.

### Community Tai Chi
Facilitated by Hunters Woods Fellowship House

**Daily, January 2 – May 31**
7:00 a.m. – 7:40 a.m.

### Tot Time (1 – 5 years old)
Community Room – RCC Hunters Woods

**Saturday, January 9, February 13, April 3, May 22**
9:00 a.m. – 11:00 a.m.

### Valentine's Arts & Crafts
Community Room – RCC Hunters Woods

**Saturday, February 13**
9:00 a.m. – 11:00 a.m.

### Green Reston Scavenger Hunt
Explore Reston for a chance to win a prize (page 15).

**April 1 – 30**

### Green Reston
Celebrate Earth Day (page 15).

**Saturday, April 10**
10:00 a.m. – 12:00 p.m.

### Neighborhood Clean-up
To volunteer, contact Ha Brock, Volunteer Reston Manager, at ha@reston.org.

**Saturday, April 10**
10:00 a.m. – 12:00 p.m.

### Lohr Family Antics
Sidesplitting Variety Show

**Saturday, May 1**
10:00 a.m. – 10:45 a.m.

### Reston Water Safety Day
Stay safe this summer (page 18).

**Saturday, May 1** • 11:00 a.m. – 1:00 p.m.

**Family Swim Fun** • 1:00 p.m. – 5:00 p.m.

### Movies That Move
Experience powerful stories (page 23).

**First Mondays of the Month**
10:00 a.m.
Select Wednesdays • 7:30 p.m.








**Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship and visit.**

Fairfax County Police Department, The Reston Community Advisory Committee (CAC), Fairfax County Neighborhood and Community Services, Fairfax County Hunter Mill District, Supervisor Walter Alcorn's Office, Reston Community Center, Christ The Servant Lutheran Church, Cornerstones, Glade at Hunters Woods, Hunters Woods Fellowship House, Hunters Woods Village Condominium Association, Reston Association, RESTONSTRONG

# RESTON SUMMER CAMP EXPO

**Discover everything Reston has to offer for an unforgettable summer.**

## Saturday, January 30

**9:00 a.m. – 12:00 p.m.**

RCC Hunters Woods

FREE | ALL AGES







Meet local camp and activity providers, explore opportunities for kids and teens and enjoy music, games and family-friendly fun all under one roof.

### Highlights include:

- **Activities for kids and fantastic door prizes**
- **Summer jobs and volunteer opportunities**
- **Sensory room and zen space**

**This event is coordinated by local non-profit organizations and Fairfax County government agencies in support of the Reston Opportunity Neighborhood program and is hosted by Reston Community Center.**

**For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or LaTanja.Snelling@fairfaxcounty.gov.**

# RESTON
# DR. MARTIN LUTHER KING JR.
## BIRTHDAY CELEBRATION



**A special weekend of music, art, service and community connection honoring a legacy of equality, justice and unity.**

### A Conversation With Dr. Eddie Glaude Jr. and Bryan Hill followed by Community Luncheon
### Reston Dr. Martin Luther King Jr. Birthday Celebration

**Monday, January 18 • 11:00 a.m.**

RCC Hunters Woods • The Leila Gordon Theatre and Community Room

| $5 R | $20 NR |
|---|---|

Back by popular demand, Dr. Eddie Glaude Jr. returns to Reston for a candid and timely conversation with Fairfax County Executive Bryan Hill, exploring leadership, community and issues shaping our nation today.

RCC's Annual Community Luncheon immediately follows this presentation.





**INTERESTED IN VOLUNTEERING?**
**Register at volunteer.fairfaxcounty.gov or scan here:**



NEW

## "Celebrate Martin Luther King Jr." Exhibit

**January 14 – 27**

RCC Hunters Woods Gallery

South Lakes High School students respond to "Are We Keeping the Promise?" through painting, drawing, mixed media and photography, exploring why Dr. King's civil rights achievements still matter today.



## Community Service Projects

**Saturday, January 16 • 10:30 a.m. – 1:30 p.m.**

Reston Association Headquarters (12001 Sunrise Valley Drive, Reston)

| FREE | 6+ |
|---|---|

Join us to participate in community service projects that honor Dr. King's timeless words: "Everybody can be great … because anybody can serve." RCC is proud to partner with Reston Association, Cornerstones and The Closet to celebrate his legacy.

To volunteer, please contact Ha Brock, RA's Volunteer Reston Manager, at 703-435-7986 or ha@reston.org.



## "Tribute to Rev. Dr. Martin Luther King Jr." Reston Community Orchestra

**Saturday, January 16 • 4:00 p.m.**

Community Room at RCC Hunters Woods

| $25 Adult | $18 Senior 60+ | $5 Youth (under 18)/First Responders |
|---|---|---|

Reston Community Orchestra opens Reston's MLK weekend with music by African American composers, including Florence Price, George Walker, Scott Joplin and local composer Brian Scarbrough. Arrive early to enjoy a pre-show jazz aperitif.



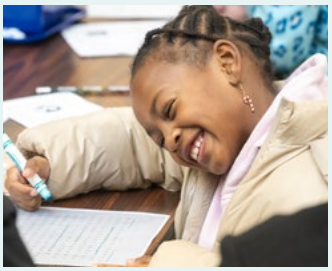
## "Funk of Our Fathers" Sam Prather

**Sunday, January 17 • 3:00 p.m.**

The Leila Gordon Theatre at RCC Hunters Woods

| $15 R | $20 NR |
|---|---|

Sam Prather leads a high-energy celebration of Black music, tracing its rich journey from West African rhythms to funk, hip-hop and neo-soul. (Tickets available at the RCC Box Office and online.)



NEW

## Imagine More MLK

**Monday, January 18 • 2:00 p.m. – 3:00 p.m.**

RCC Hunters Woods

| FREE | 5 – 10 years old |
|---|---|

Step into a joyful, interactive celebration of Dr. Martin Luther King Jr.'s legacy. Through lively stories, uplifting music and playful activities, children will experience the power of kindness, courage and coming together to make a difference.

Registration required in myRCC #940015

# Diva CENTRAL

25 YEARS

## Saturday, March 13

### 11:00 a.m. – 3:00 p.m.

### RCC Lake Anne

| FREE | 12 – 18 years old |
|---|---|



## Make your special event even more memorable.

Explore Diva Central, RCC's boutique-style shopping experience filled with dresses, shoes and accessories for prom, graduation, formals and other exciting occasions. Try on different looks, find what feels like you and leave ready to celebrate with confidence.

- Open to middle and high school students
- Browse a wide selection of dresses, shoes and accessories
- Each student may select up to two dresses, one pair of shoes and one set of accessories.

**INTERESTED IN VOLUNTEERING?**
**Register at volunteer.fairfaxcounty.gov or scan here:**

For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or LaTanja.Snelling@fairfaxcounty.gov.

# Donate to Diva Central's Dress Drive February 1 – 28

**Help local students shine! Donate formal dresses, shoes, jewelry, shawls, handbags and accessories to make their special events unforgettable.**

- Drop off items at RCC Hunters Woods or RCC Lake Anne
  Monday – Saturday 9:00 a.m. – 9:00 p.m.
  Sunday 9:00 a.m. – 8:00 p.m.
- Items must be in good condition, less than five years old and dry cleaned
- Donations benefit students in Reston and nearby communities
- All donations are tax deductible

# Diva Central on the Go With RCC On Wheels

**Saturday, March 6**
YMCA Fairfax County Reston

**Sunday, March 7**
North Point Village Center

**11:00 a.m. – 1:00 p.m.**

**We're bringing the Dress Drive to you!**
Stop by, donate formal wear and accessories and help Reston students celebrate in style.








# AARP® TAX-AIDE

AARP Tax-Aide offers free, confidential tax preparation by trained volunteers for older adults and people with low or middle incomes.

**February 2 – April 15**
RCC Hunters Woods
Appointments Highly Recommended

FREE | 18+

**Tuesdays**
**9:00 a.m. – 2:00 p.m.**

**Thursdays**
**4:30 p.m. – 8:30 p.m.**

**Saturdays**
**9:00 a.m. – 3:00 p.m.**

## Step 1: Pick Up Your Intake Packet

- Intake packets available at an RCC Customer Service Desk beginning on February 1. Take the packet home, complete all forms and gather your tax documents before making an appointment.
- Or download the Intake Packet here

## Step 2: Schedule an Appointment

**Online: https://restontaxaide.as.me**
**Call or Text: 703-651-6858**

Apply online, call or text and an AARP Tax-Aide volunteer will contact you to schedule your appointment and answer questions.

AARP's Tax-Aide program was created nearly 40 years ago to assist older adults, as well as people with low or middle incomes, in successfully navigating the tax code. For years, RCC has offered community members this important program administered through the AARP Foundation with the cooperation of the Internal Revenue Service. All tax preparation is free and confidential.






# RCC Community Coffee

## Saturdays, January 2 – May 22

9:00 a.m. – 11:00 a.m.
RCC Hunters Woods

| FREE | ALL AGES |
|---|---|

RCC's Community Coffee offers a simple way to connect with neighbors: enjoy coffee, donuts and conversation in a relaxed, friendly space. Everyone is welcome. Some Saturdays will have a special theme, please see the schedule below.

**February 13 – Valentine's Day with *One Hunters Woods* (page 6)**
**March 20 – Chat with the Chief, a conversation with RCC Executive Director BeBe Nguyen**
**April 10 – Green Reston Scavenger Hunt**
**May 1 – Lohr Family Antics with *One Hunters Woods* (page 6)**

**Interested in volunteering?**
Register at **volunteer.fairfaxcounty.gov** or scan here:

For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxounty.gov.

# Lunar New Year Celebration

## Friday, February 12

12:00 p.m. – 2:00 p.m.
RCC Hunters Woods • Community Room

| $25 R | $20 R55+ | $37 NR | 18+ |
|---|---|---|---|

Welcome the Year of the Goat with a lively festival complete with tasty food, engaging activities and exciting prizes inspired by rich cultural traditions and the promise of a bright new year.

Registration required in myRCC #500239.

For more information, please contact Cassie Lebron, RCC's Lifelong Learning Director, at 703-390-6157.

# Spring MarketPlace

## Saturday, March 6

### RCC Hunters Woods • 9:00 a.m. – 12:00 p.m.

FREE | ALL AGES

Search for bargains on books, jewelry, tools, toys and more at this lively community resale event. Find hidden gems, support neighbors and go green by giving items a second life.

**INTERESTED IN VOLUNTEERING?**
Register at volunteer.fairfaxcounty.gov or scan here:

## Become a Vendor!

### SPRING MARKETPLACE – VENDOR REGISTRATION

| $15 R | $12 R55+ | $20 NR | 18+ |
|---|---|---|---|

Clear out clutter and earn some cash by selling your gently used books, toys, household items and more.

- Vendor set-up begins at 7:30 a.m.
- Each registration includes one 6' x 3' table.
- At-home businesses, edible items, live animals and requests for donations are strictly prohibited.

**Register in myRCC #980038**

**For more information, please contact Jeff Morgan, RCC's Youth & Teen Assistant Director, at 703–390–6176.**



# GREEN RESTON



## Saturday, April 10

**10:00 a.m. – 12:00 p.m.**

**Hunters Woods Plaza**

FREE | ALL AGES

**Celebrate Earth Day with neighbors, local organizations and community partners at Hunters Woods Plaza!**

Take part in hands-on activities, swap pest-free houseplants, join in the *One Hunters Woods* Neighborhood Clean-up (page 6) and discover simple ways we can all help keep Reston green, healthy and thriving.



## GREEN RESTON SCAVENGER HUNT

APRIL 1 – 30

Here is your chance to get outside, explore Reston and celebrate all things green. For the month of April, take part in the Green Reston Scavenger Hunt. Discover nature's wonder and capture your best family photo for a chance to win a prize.

**To Participate:**

- Pick up a card at either RCC location or online starting April 1
- Take photos of items as you discover the outdoors
- Submit photos online or by email by April 30

**For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or LaTanja.Snelling@fairfaxcounty.gov.**





# Bowties & Ballgowns

## Saturday, April 17

5:00 p.m. – 9:00 p.m.
RCC Hunters Woods

| $10 R | $8 R Sibling | $15 NR | 5 – 13 years old |
|---|---|---|---|

Make a date with your favorite little dance partner at Bowties & Ballgowns. Parents, caregivers and youngsters can dress up, enjoy a delicious meal and share plenty of smiles and spins on the dance floor. It's a special night for having fun and making memories together.

Each child's registration includes admission for up to two parents or caregivers. Additional children from the same Reston household receive a 20% sibling discount. Each registered child must attend with a parent or caregiver.

Registration required in myRCC #902500

**For more information, please contact Dwight Godwin Jr., RCC's Youth & Teen Program Director, at Dwight.Godwin@fairfaxcounty.gov.**

# Celebrate Reston!

## Saturday, April 10

10:00 a.m. – 4:00 p.m.
Lake Anne Plaza

| FREE | ALL AGES |
|---|---|

Enjoy family fun and live music at this celebration of Reston's founding. Celebrate Reston! brings the community together to honor everything that makes Reston special.

Presented by the Reston Museum and Reston Community Center. Hosted by Lake Anne of Reston, a Condominium Unit Owners Association.

To volunteer, please contact Ha Brock, RA's Volunteer Reston Manager, at 703-435-7986 or ha@reston.org.

**For more information, please contact the Reston Museum at www.restonmuseum.org or 703-709-7700.**






# Tour de Hunter Mill

## Sunday, May 2

8:30 a.m. – 12:00 p.m.

Bike Routes To Be Determined

ALL AGES

Hop on and ride with us! The Tour de Hunter Mill is a fun, family-friendly bike event that explores scenic trails and neighborhoods each year. It's not a race – just a great way to connect with the community, stay active and maybe even collect some colorful socks.

Hunter Mill District Supervisor Walter Alcorn hosts the Annual Tour de Hunter Mill bike ride. This bike ride is organized in partnership with Fairfax County Police Department, Fairfax Alliance for Better Bicycling (FABB), Reston Bike Club and Reston Community Center.

**For more information and updates, please email TourHunterMill@fairfaxcounty.gov or visit www.fairfaxcounty.gov/huntermill/tour-de-hunter-mill.**

# Happy Hour With Darden & Friends

## Fridays, May 21 – June 25

5:30 p.m. – 6:45 p.m.

Reston Town Square Park

FREE | ALL AGES

Slide into the weekend with cool jazz and good vibes, featuring premier talent curated by Darden Purcell.

Inclement weather can cause event cancellations; check RCC's Facebook/X pages or call 703-476-4500 close to the event time.

Presented by Reston Community Center and Reston Town Center Association in partnership with Darden Purcell.

**For more information, please contact Asjah Heiligh, RCC's Community Events Director, at 703-390-6159 or RCCoffsite@fairfaxcounty.gov.**

# RESTON WATER SAFETY DAY

**May is National Water Safety Month**

## SATURDAY, MAY 1

11:00 a.m. – 1:00 p.m.

**Hunters Woods Plaza**

FREE | ALL AGES

Make a splash at Reston Water Safety Day. Bring the family to Hunters Woods Plaza for fun activities and to learn about water safety and free beginner swim lessons at RCC. Then dive into Family Swim Fun at RCC's pool.

**Come for the fun and leave with skills to help keep your family safer all summer.**

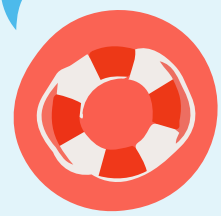
NEW

**Olympian Cullen Jones Comes to RCC**

Join us as he talks water safety and his path to Olympic gold as part of the 2026/2027 Professional Touring Artists Series.

Learn more on page 27.





Games



Safety stations



Free swim



Prizes

**This family-friendly event supports the Reston Opportunity Neighborhood program.**

For more information, please contact LaTanja Snelling, RCC's Equity Partnership Director, at 703-390-6180 or LaTanja.Snelling@fairfaxcounty.gov.

# tephra ICA ARTS FESTIVAL 2027



## Saturday & Sunday

**May 15 • 11:00 a.m. – 6:00 p.m.**

**May 16 • 11:00 a.m. – 5:00 p.m.**

Reston Town Center

**FREE** | **ALL AGES** | **Rain or Shine**

Discover why the Tephra ICA Arts Festival is regarded as one of the nation's top outdoor art events.

This juried, weekend festival features hundreds of artists sharing original, hand-crafted works in the heart of Reston Town Center. Enjoy hands-on art projects, artist meet-and-greets and a lively community of art lovers.

Visit tephraica.org/festival for volunteering and sponsorship opportunities.

Reston Community Center is a proud sponsor of the Tephra ICA Arts Festival.





# RCC ON WHEELS

*Look for us*

**in your neighborhood and at events around the community.**

## WINTER

Supporting Reston Martin Luther King Jr. Birthday Celebration Service Projects (see page 9)

Collecting items for Diva Central Dress Drive (see page 10)

Blood drives with Reston Hospital Center & the American Red Cross

Afternoon tea & origami

Pop-up pick-up games

## SPRING

Family fun at the EatLoco Farmers Market at Halley Rise

Events at Reston Town Center, including the Tephra ICA Arts Festival

Field days, opening days and parades

**Join the fun or tell us where you'd like to see us next at RCCoffsite@fairfaxcounty.gov.**

**Find the RCC On Wheels schedule here:**



# Get Ready!

## myRCC Online Registration

Before registration begins, be sure to log into myRCC with your username and password and check your household information via "My Account."
All family members you wish to register must be listed, along with their date of birth.

**TO REGISTER ONLINE:**
You will need your username and password.

**IF YOU ARE A NEW USER:**
Complete the online household profile. Your user information will be emailed to you within 48 hours.

**RESERVATIONS:**
Former drop-in programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC.

**CONTACT INFORMATION:**

**Phone:**
703-476-4500, ext. 8

**Fax:**
703-476-2488

**Email:**
RCCcontact@fairfaxcounty.gov

We respond to all emails sent to RCCcontact@fairfaxcounty.gov within 48 hours. If your inquiry is urgent, please call us during business hours.

**REGISTRATION DATES:**

**Winter/Spring Programs:**
December 1 Reston
December 8 Non-Reston

**Summer Programs:**
May 1 Reston
May 8 Non-Reston

**Fall Programs:**
August 1 Reston
August 8 Non-Reston

## Never Miss a Class Cancellation Notice

Opt-in for class cancellation text alerts sent straight to your phone.

Scan the QR code to opt in to text alerts.

## WRAP UP AN RCC EXPERIENCE




Treat friends and family to programs, classes and more with RCC gift cards.

Email RCCcontact@fairfaxcounty.gov for details.



# ARTS & CULTURE


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# MOVIES THAT MOVE

## The Leila Gordon Theatre at RCC Hunters Woods

FREE | AGES VARY

**Be transported to new worlds by these captivating films.**

### "Hamnet"
**Monday, January 4**
10:00 a.m.
In late 16th-century England, healer Agnes and aspiring playwright William build a life together until tragedy fractures their world, testing them with distance, silence and grief. (2025, PG-13)

### "Sing Sing"
**Monday, February 1**
10:00 a.m.
Imprisoned at Sing Sing for a crime he didn't commit, Divine G finds purpose in a prison theatre group in this true story of resilience and the transformative power of art. (2023, R)

### "My Linden, My Lyttonsville"
**Wednesday, February 17**
7:30 p.m.
This documentary explores the displacement and resilience of a historic Black community in Montgomery County, revealing how urban renewal uprooted families. A discussion with director Curtis Crutchfield follows the screening. (2024, NR)

### "O Brother, Where Art Thou"
**Monday, March 1**
10:00 a.m.
Loosely inspired by Homer's The Odyssey, this Depression-era comedy follows three escaped convicts chasing promised riches across Mississippi, blending sharp wit, a rich bluegrass soundtrack and striking sepia-toned visuals. (2000, PG-13)

### "Black Barbie"
**Wednesday, March 24**
7:30 p.m.
Discover the powerful story of three Black women at Mattel whose vision helped reshape Barbie. This documentary traces the creation of the first Black Barbie in 1980 and explores how dolls can influence representation, identity and the way children imagine what's possible. (2023, TV-MA)

### "The Thursday Murder Club"
**Monday, April 5**
10:00 a.m.
Four irrepressible retirees spend their time solving cold case murders for fun, but their casual sleuthing takes a thrilling turn when they find themselves with a real whodunit on their hands. (2025, PG-13)

### "Umma"
**Monday, May 3**
10:00 a.m.
Amanda and her daughter live a quiet life on an American farm, but when the remains of her estranged mother arrive from Korea, Amanda becomes haunted by the fear of turning into her own mother. (2022, PG-13)

**For more information about Movies That Move, contact Paul Douglas Michnewicz, RCC's Director of Arts & Culture, at 703-390-6167.**

# 2026/2027 Professional Touring Artists Series

What does it mean to choose one another, to show up, share an experience and be part of something together?

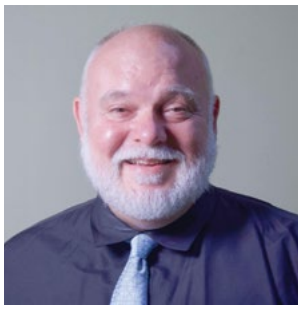
That idea runs through this season's Professional Touring Artist Series. In **Sean Dorsey's "We Choose Each Other,"** dance becomes a powerful expression of connection and resilience. **Alex and Olmsted's "Hubba Hubba"** takes a lighter approach, using inventive puppetry and physical comedy to explore the funny, awkward and heartfelt sides of love.

Choosing a live performance is also an act of connection. We leave our screens and living rooms behind, gather in the same space and experience something that can only happen in that moment. We laugh together. We listen together. We discover something new together.

That spirit of community is at the heart of this season.

Dream of summer with pianist **Robin Spielberg**. Laugh with **Trout Fishing in America**. Travel to Buenos Aires in **Blues Porteño** with acclaimed vocalist Roberta Gambarini and Pablo Ziegler. Welcome back the extraordinary musicians of **Lúnasa**.

There are many performances to choose from, but they all offer the same invitation: **come together, connect and share the experience**. This season, choose live performance and choose each other.



Paul Douglas Michnewicz
Director of Arts & Culture



## "Funk of Our Fathers" Sam Prather

**Sunday, January 17**

3:00 p.m.

| $15 R | $20 NR |
|---|---|

Sam Prather leads a high-energy celebration of Black music, tracing its rich journey from West African rhythms to funk, hip-hop and neo-soul. Blending electrifying live performance with powerful storytelling, this program honors the artists, sounds and traditions that shaped American music while inspiring the next generation of creators, listeners and innovators.

"His typical set … is already tailor made to get crowds dancing, boogieing and sweating, all while subtly educating them on the wisdom of Herbie Hancock, Kirk Franklin, D'Angelo, James Brown and Chuck Brown."

– Jackson Sinnenberg (Capitalbop)



## A Conversation With Dr. Eddie Glaude Jr. and Bryan Hill followed by Community Luncheon Reston Dr. Martin Luther King Jr. Birthday Celebration

**Monday, January 18**

11:00 a.m.

| $5 R | $20 NR |
|---|---|

Back by popular demand, Dr. Eddie Glaude Jr. returns to Reston for a candid, timely conversation with Fairfax County Executive Bryan Hill.

Drawing from his latest book, "We Are the Leaders We Have Been Looking For," this powerful dialogue will explore leadership beyond traditional politics, grassroots action, collective responsibility and the role we all play in building a more just democracy.

Expand the conversation with each other at our community luncheon immediately afterwards.

"Dr. Glaude was absolutely amazing! Glaude's insights and expertise added tremendous value to our event and his presentation truly resonated with our audience."

– Michigan Diversity Council



## "Hubba Hubba"

**Sunday, February 14**

3:00 p.m.

| $15 R | $20 NR |
|---|---|

Love is strange, funny, tender and wildly unpredictable in "Hubba Hubba," a playful new show from Jim Henson Foundation grant-winning artists Alex and Olmsted. Through inventive puppetry and physical comedy, this 70-minute production celebrates romance in all its awkward, hilarious and heartfelt forms.

Created and performed by the acclaimed duo behind "Milo the Magnificent" and "MAROONED! A Space Comedy," "Hubba Hubba" is a joyful, all-ages look at love and all its quirks.

**A Little Something Extra**

**Join us for a playful, interactive "Family Shadow Puppetry Workshop" with Alex and Olmsted on Presidents' Day, Monday, February 15, at 10:00 a.m. Details on page 53.**

"If you'd like to see something sweet, see 'Hubba Hubba.' If you want to see something technically beautiful, see 'Hubba Hubba.' If you want to enjoy something you've never experienced before, see 'Hubba Hubba.'"

– DC Theater Arts.



## Lúnasa

**Saturday, February 20**

3:00 p.m. and 7:00 p.m.

| $25 R | $35 NR |
|---|---|

Named for an ancient Celtic harvest festival in honor of the Irish god Lugh, patron of the arts, Lúnasa is indeed a gathering of some of the top musical talents in Ireland. Its members have helped form the backbone of some of the greatest Irish groups of the decade.

"The best Irish band on the planet"
– Irish Echo



## "Dreaming of Summer" Robin Spielberg

**Sunday, March 14**

3:00 p.m.

| $15 R | $20 NR |
|---|---|

Robin Spielberg brings warmth, artistry and a deeply personal touch to the piano. A longtime elite member of the prestigious Steinway Artist Roster, she has reached listeners around the world with more than half a billion streams and 24 studio recordings, several of which have charted on Billboard's classical crossover and new age charts. Hailed as one of America's most beloved contemporary female pianists and composers, Spielberg creates music that is intimate, expressive and unforgettable.

"It is Spielberg's gift to make music that immediately creates a contemplative romantic aura."
– The Boston Herald



## Norm Lewis

**Sunday, March 21**

3:00 p.m. and 7:00 p.m.

| $25 R | $35 NR |
|---|---|

Broadway powerhouse Norm Lewis brings his booming baritone, magnetic charisma and nearly three decades of stage brilliance to an unforgettable evening of song.

The SAG, Grammy and Tony Award-nominated star will perform a hand-picked revue from his celebrated career, along with jazz, blues, soul, pop and classic American favorites, all delivered with the warmth, range and commanding presence that have made him one of musical theatre's most beloved leading men.

"Exceptional dramatic power"
– The New York Times



## Trout Fishing in America

**Sunday, April 11**

3:00 p.m.

$5 R | $10 NR

Celebrate 50 years of touring with Trout Fishing in America, the four-time Grammy-nominated duo of Keith Grimwood and Ezra Idlet. Blending folk-rock, Americana, roots, blues, swing, country and family music, they bring irresistible musicianship, quick wit and songs that move from laugh-out-loud funny to genuinely heartfelt. Their joyful, high-energy performances create a lasting connection with audiences of all ages.

"…the Lennon and McCartney of kids' music."

– National Public Radio



## Blues Porteño

**Sunday, May 2**

3:00 p.m.

$15 R | $20 NR

Pablo Ziegler brings the passion of tango and the freedom of jazz together in "Blues Porteño," a thrilling new collaboration with acclaimed vocalist Roberta Gambarini. A longtime pianist for the legendary Astor Piazzolla, Ziegler is celebrated for his lush melodies, fiery playing and genre-defining approach to nuevo tango.

Gambarini, twice named Female Jazz Singer of the Year by the Jazz Journalists Association and declared "the best singer to emerge in the last 60 years" by Hank Jones, brings a voice of extraordinary warmth, swing and sophistication. Together with Ziegler's quintet, these world-class artists create an unforgettable evening where Argentine tango, jazz and song meet in dazzling style.

"Gambarini has probably established herself as the finest female jazz vocalist in the world."

– Richard J Salvucci, All About Jazz

"Pablo Ziegler … is inhabiting a completely new world, where the earth spins to the ink-dark rhythm of the tango. This is music at its finest, played in an atmosphere that is singularly free. This is Pablo Ziegler's world and it is mesmerizing and irresistible."

– Maria Cabeza, Latin Jazz Network



## Cullen Jones, *Olympic Gold Medalist*

**Wednesday, May 12**

8:00 p.m.

$5 R | $10 NR

**WATER SAFETY MONTH**

May is National Water Safety Month and we're marking the occasion with a special event highlighting why water safety matters for every family. Join Olympic Gold Medalist Cullen Jones as he shares his powerful journey and learn how water safety and swim skills can save lives and open doors for kids in every community.

Cullen Jones was born in the Bronx and later his family moved to Irvington, New Jersey. At age 5, he nearly drowned at a water park. Following the near-death encounter, his mother enrolled him in swimming lessons and he soon excelled in the pool. Cullen earned a scholarship to North Carolina State University, where he went on to become a four-time ACC champion and an NCAA champion.

In 2008, Cullen qualified for the Beijing Olympics in the 4x100-meter relay, swimming the third leg of the spectacular come-from-behind race. This cemented Cullen's place in Olympic history, as he became the first African American male swimmer to set a world record in the sport. In July 2009, Cullen established an American record at the time in the 50-meter freestyle with a time of 21.40 seconds. In the 2012 London Olympics, Cullen added to his medal count with a gold and two silvers, including a silver medal in his specialty, the 50-meter freestyle.



## "We Choose Each Other" Choreography by Sean Dorsey

**Saturday, May 15**

8:00 p.m.

$15 R | $20 NR

Sean Dorsey Dance's "We Choose Each Other" is a powerful evening of dance created as a balm for this moment in America. Blending full-throttle movement, lush partnering, intimate storytelling and theatre, the work explores connection, resilience and what it means to choose one another.

Sean Dorsey is an Emmy Award-winning trans and queer choreographer, dancer, writer, educator and activist whose work has toured to more than 35 cities across the United States and internationally. A Doris Duke Artist, United States Artists Fellow and Dance/U.S.A. Artist Fellow, Dorsey has been praised for work that is "trailblazing" (San Francisco Chronicle) and "evocative, compelling, elegant" (L.A. Weekly).

"Exquisite … poignant and important"

– Ballettanz



## Isle of Klezbos

**Saturday, June 5**

8:00 p.m.

$15 R | $20 NR

New York City-based Isle of Klezbos brings playful irreverence, deep respect and serious musical fire to klezmer tradition. Celebrating more than 25 years together, this soulful, fun-loving, all-women sextet has toured from Vienna to Vancouver and become a beloved presence at Queer Pride celebrations around the world.

Their repertoire moves from rambunctious folk dances and mystical melodies to Yiddish swing, retro tango, re-grooved standards and bold originals. With acclaimed musicianship, dazzling solos and spirited ensemble interplay, Isle of Klezbos delivers a genre-blending sound that delights jazz fans, chamber music lovers and adventurous listeners alike.

"Rapturous and rollicking"

– Los Angeles Blade

# GET TICKETS

**Fee-Free Online Ticketing**
Tickets for performances in The Leila Gordon Theatre are now sold through myRCC. New users can create an account and will receive login information within 48 hours.

Scan here to buy tickets

**In Person:**
Tickets may be purchased in person during business hours at RCC Hunters Woods and Lake Anne.

**Mail:**
2310 Colts Neck Road, Reston, VA 20191
Ticket order form available at www.restoncommunitycenter.com.
From the top menu, select "Info" and then "Find Your Form."

**RCC Box Office Policies**

- Payment is required at time of reservation. PTAS tickets are sold at Reston (R) or Non-Reston (NR) prices only (no senior/youth); proof of status required.
- All seats reserved unless noted. All audience members must have a ticket.
- Tickets purchased online are not mailed. E-tickets may be printed at home or shown on your mobile device to be scanned at the theatre door.
- Please let us know as soon as possible if you need a wheelchair accessible seat or other accommodations.
- No refunds or exchanges unless a show is canceled.

# MEET THE Artists

## THURSDAYS • 2:15 p.m. – 3:30 p.m.

**The Leila Gordon Theatre at RCC Hunters Woods**

FREE | ALL AGES

**APRIL 1**

### BEVERLY COSHAM
**Cabaret Singer**

Cosham has performed at nightspots all over the country from Los Angeles to New York to San Antonio, as well as in theatres throughout the Washington area.

**APRIL 8**

### CAITLIN SCHNEIDERMAN
**Folk, Blues and Jazz**

Caitlin Schneiderman has been swinging from audience heart-strings for over 20 years. Her soulful croon and thoughtful melodies guide listeners across a colorful tapestry of story and swoon.

**APRIL 15**

### FRANCESCA HURST
**"From Dusk till Dawn"**

Concert pianist Francesca Hurst leads a musical journey through the night, from twilight's hush to sunrise, with live commentary offering an intimate, engaging connection to the music and artist.

**APRIL 22**

### LINDA MONSON AND HER PIANO STUDIO
**Classical Piano**

Dr. Linda Apple Monson brings her gifted students from George Mason University to present a diverse program of classical piano repertoire.

**APRIL 29**

### CLAYTON BOURASSA
**Music of 19th Century Europe**

Pianist Clayton Bourassa showcases landmark works by Brahms, Schubert and Debussy, highlighting the evolving ideas and rich variety of Western classical music from the Classical and Romantic eras onward.

**MAY 6**

### ARMAN TIGRANYAN
**Virtuoso Violin Journeys**

This recital traces the violin's expressive and virtuosic traditions with works by Mozart, Debussy, Bartók, Suk, Gershwin/Heifetz, Sarasate and Ravel, blending classical, impressionist and folk influences.

OLLI Mason is a 501(c)(3) nonprofit organization affiliated with George Mason University and the national Osher Lifelong Learning network that provides classes, lectures, trips, clubs, social and other activities for 2,000+ active learners age 50+. More than 500 college-level courses and activities covering a broad range of subjects are offered each year. Programs are presented in-person at the Fairfax campus, at satellite sites throughout Fairfax County and online. Learn more online at olli.gmu.edu.

**Schedule subject to change. Please check our website for up-to-date information.**

**For more information, please contract Paul Douglas Michnewicz, Arts and Culture Director, at 703-390-6167.**

# CULTURAL ARTS

## The Reston Museum

www.restonmuseum.org • 703-709-7700

The Reston Museum was founded in 1996 as a community nonprofit organization that preserves the past, informs the present and influences the future of Reston through its exhibits, public programs and events – among which are community favorites such as Celebrate Reston!, the Reston Home Tour and the Lake Anne Cardboard Boat Regatta. Come visit the Reston Museum in Lake Anne Plaza and enjoy the exhibits, gift shop and opportunity to learn more about Reston.

# PERFORMING ARTS

## Festival Ballet Virginia

www.gwdancecenter.com

Festival Ballet Virginia (FBV) was founded in 2018 as a nonprofit, high-quality, pre-professional dance company dedicated to inspiring excellence and infusing passion in dancers and audience members.

### "danceMOSAIC"

The FBV 2026-2027 season finale showcases diverse ballet, modern, jazz and contemporary works, celebrating the versatility and individuality of the company's dancers.

**Friday, May 21**
7:30 p.m.
**Saturday, May 22**
7:30 p.m.
**RCC Hunters Woods –**
**The Leila Gordon Theatre**
*Tickets available in April.*

## Music Teachers of Fairfax-Loudoun

www.mtflva.org

Music Teachers of Fairfax-Loudoun offer membership to private music teachers looking for a non-competitive, friendly and enriching community.

### Spring Recitals

**Sunday, March 7**
1:00 p.m. and 4:00 p.m.
**RCC Hunters Woods –**
**The Leila Gordon Theatre**
Free • All Ages

## Ravel Dance Studio

www.raveldance.com

Founded in 1990, the Ravel Dance Company provides young dancers with opportunities to perform original works in various genres, preparing them for professional dance careers or university programs.

### "Swan Lake" and "The Four Seasons"

Step into the magical world of "Swan Lake" as Odette, the Swan Queen, longs to break Von Rothbart's spell. The program also includes a new contemporary ballet set to Vivaldi's "The Four Seasons."

**Friday, May 28**
7:00 p.m.
**Saturday, May 29**
2:00 p.m. and 7:00 p.m.
**RCC Hunters Woods –**
**The Leila Gordon Theatre**
*Tickets available in April.*

## Reston Community Orchestra

www.restoncommunityorchestra.org
571-449-7095

Reston Community Orchestra (RCO) is an all-volunteer ensemble devoted to the cultural enhancement of the community through the presentation of diverse offerings of symphonic music, from classical to pop. Check the RCO website for updated concert information closer to the performance dates.

### "Tribute to Rev. Dr. Martin Luther King Jr."

The RCO opens Reston's MLK weekend with music by African American composers, including Florence Price, George Walker, Scott Joplin and local composer Brian Scarbrough. Arrive early for a pre-show jazz aperitif.

**Saturday, January 16**
4:00 p.m. (3:40 p.m. for pre-show aperitif)
**RCC Hunters Woods – Community Room**
$25 Adult, $18 Senior (60+), $5 Youth (17 and younger), Active Military/First Responders
*Tickets available at RestonCommunityOrchestra.org.*

### "Focus on Youth"

The NoVa Youth Ensemble joins the RCO to perform a winning local work, with young pianist Juan Diego Molina also featured.

**Saturday, March 13**
4:00 p.m. (3:40 p.m. for pre-show aperitif)
**RCC Hunters Woods – Community Room**
$25 Adult, $18 Senior (60+), $5 Youth (17 and younger), Active Military/First Responders
*Tickets available at RestonCommunityOrchestra.org.*

### "Dance Evening"

Dance the evening away at RCO's 39th season finale with lively global music that will keep you tapping and clapping.

**Saturday, May 15**
4:00 p.m. (3:40 p.m. for pre-show aperitif)
**RCC Hunters Woods – Community Room**
$25 Adult, $18 Senior (60+), $5 Youth (17 and younger), Active Military/First Responders
*Tickets available at RestonCommunityOrchestra.org*

The RCO is funded in part by ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts, plus corporate and individual patrons. Donations are appreciated.

## Reston Community Players

www.restonplayers.org

Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny and timeless productions. RCP has been delighting audiences since 1966.

### "Harvey"

**Fridays, January 22, 29 and February 5**
8:00 p.m.
**Saturdays, January 23, 30**
8:00 p.m.
**Sundays, January 24, 31 and February 6**
2:00 p.m.
**RCC Hunters Woods –**
**The Leila Gordon Theatre**
$33 Adults (19 – 64), $28 Seniors (65+), Students (18 and younger).
*Tickets available at www.restonplayers.org.*

### "The Trojan Women"

**Thursday, February 25**
8:00 p.m.
**Friday, February 26**
8:00 p.m.
**Saturday, February 27**
2:00 p.m. and 8:00 p.m.
**Sunday, February 28**
2:00 p.m. and 6:00 p.m.
**RCC Hunters Woods –**
**The Leila Gordon Theatre**
$33 Adults (19 – 64), $28 Seniors (65+), Students (18 and younger).
*Tickets available at www.restonplayers.org.*

**Performing Arts Tickets**

Tickets for community arts events at RCC typically go on sale two weeks before the first performance. Prices (adult, senior, student/youth) are set by each organization; Reston residency discounts do not apply. All seats reserved unless noted. Payment due upon reservation. Season subscriptions are managed by each organization. Forms available online.

"The Mystery of Edwin Drood"
**Fridays, April 9, 16, 23 and 30**
8:00 p.m.
**Saturdays, April 10, 17, and 24**
8:00 p.m.
**Saturday, May 1**
2:00 p.m.
**Sundays, April 18 and 25**
2:00 p.m.
**The Leila Gordon Theatre**
$33 Adults (19 – 64), $28 Seniors (65+), Students (18 and younger).
*Tickets available at www.restonplayers.org.*
The Reston Community Players receive funding from ArtsFairfax and the Virginia Commission for the Arts, which are supported by the Virginia General Assembly and the National Endowment for the Arts.

## The Reston Chorale

www.restonchorale.org • 703-834-0079
The Reston Chorale is an inclusive mixed-voice chorus with a repertoire ranging from the great choral masterworks of Bach and Beethoven to American classics by Gershwin and Copland.

"Colors of Harmony"
Celebrating The Reston Chorale's 60th season, this program features classics from its history and the world premiere of a new work by acclaimed composer Michael John Trotta.
**Saturday, March 20**
4:00 p.m.
**Heritage Fellowship Church**
**2501 Fox Mill Rd, Reston**
$35 Adults (18 – 61), $30 Seniors (62+), Free for active-duty military and for youth (17 and younger) with a ticketed adult.
*Tickets available at www.RestonChorale.org in December.*

"A Tapestry of Song"
The Reston Chorale's 60th season finale presents a new choral work by Dr. Allan Laiño, celebrating the Chorale's enduring legacy.
**Saturday, May 8**
4:00 p.m. and 7:00 p.m.
**RCC Hunters Woods – Community Room**
$35 Adults (18 – 61), $30 Seniors (62+), Free for active-duty military and for youth (17 and younger) with a ticketed adult.
*Tickets available at restonchorale.org.*

"A Star-Spangled Salute"
Bring a lawn chair and enjoy a free patriotic concert with The Reston Chorale and Brass Band of Northern Virginia, plus create thank-you cards and donate care package items (donations accepted May 24 – June 6) for deployed troops.
**Sunday, May 23**
4:00 p.m.
**Reston Town Center Pavilion**
FREE
*More information available at restonchorale.org.*
The Reston Chorale is supported in part by ArtsFairfax, Fairfax County Government, the Virginia Commission for the Arts, the National Endowment for the Arts and The Reston Chorale Endowment Fund, corporate donors and individuals.

# VISUAL ARTS

## League of Reston Artists

www.leagueofrestonartists.org
The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA is a nonprofit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society.

**JANUARY – MAY**
"Art in Public Places" Exhibits
Solo Shows – Quarterly Rotation

**FEBRUARY**
"Winter Expressions"
Painting and Photography Exhibit
Reston Community Center Hunters Woods

**APRIL**
"Celebrate Reston!"
RCC Lake Anne – Jo Ann Rose Gallery
**Reception: Sunday, April 11**
2:00 p.m. – 4:00 p.m.

## Public Art Reston

www.publicartreston.org
Public Art Reston (PAR) aims to inspire and connect the community through public art, which is essential for a thriving and diverse environment. Since its founding in 2007 and the adoption of the Public Art Master Plan in 2008, PAR has commissioned over 43 permanent and temporary artworks. It promotes creativity, accessibility and belonging.
Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

## Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com
The charming artists' collective in historic Lake Anne Plaza features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage and acrylic and oil paintings. Visit website for gallery hours and workshop schedule.

**JANUARY**
"Winter Winds"
Group show by RAGS artists to celebrate the season.
**Reception: Sunday, January 10**
2:00 p.m. – 4:00 p.m.

**FEBRUARY**
"A Touch of Red"
Nine artists present found art, contemporary art quilting, abstract and representational works.
**Reception: Sunday, February 14**
2:00 p.m. – 4:00 p.m.

**MARCH**
"Annual Artist's Invitational Exhibit"
Guest artists present a multi-media exhibit with painting, collage, printmaking and pastel works.
**Reception: Sunday, March 14**
2:00 p.m. – 4:00 p.m.

**APRIL**
"Juxtaposition"
Works by Doug Fuller and Geoff Spivey, watercolorist.
**Reception: Sunday, April 11**
2:00 p.m. – 4:00 p.m.

**MAY**
"New Works"
By RAGS Founder Pat Macintyre
**Reception: Sunday, May 9**
2:00 p.m. – 4:00 p.m.

## Tephra ICA

www.tephraica.org • 703-471-9242
For more than 50 years, Tephra ICA has been a gathering place for contemporary art, artists and the community. Named for volcanic material that nourishes the landscape, Tephra ICA reflects the transformative power of contemporary art and connects Reston and Northern Virginia to the broader art world. Admission to the gallery is always free, as are most programs. For programs at Tephra ICA, see page 74.
Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts, Community Foundation of Northern Virginia, Every Page Foundation and Reston Town Center Association.



Reston community arts are supported in part by ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

# RCC GALLERY EXHIBITS

## RCC Hunters Woods

**DECEMBER/JANUARY**
"Brushwork: Motion and Movement"
Chinese Brush Paintings by Tracie Griffith Tso

**JANUARY**
"Celebrate Martin Luther King Jr."
South Lakes High School Students Art Exhibit

**FEBRUARY**
"Winter Expressions"
LRA Painters & Photographers Group Exhibit

**MARCH**
Youth Art Month Exhibit
Featuring artwork by South Lakes High School and Langston Hughes Middle School Students
**Reception: Wednesday, March 10**
6:00 p.m. – 8:00 p.m.

**APRIL/MAY**
"Art for Life" Exhibit
By Artists Age 55+
**Reception: Thursday, April 15**
12:30 p.m. – 2:00 p.m.

## RCC Lake Anne Jo Ann Rose Gallery

**JANUARY**
"Echoes on the Canvas"
Works by Gaukhar Davis
**Reception: Sunday, January 10**
2:00 p.m. – 4:00 p.m.

**FEBRUARY**
"Out on a Limb"
Works by Elizabeth Matthews and Melinda Lowy
**Reception: Sunday, February 7**
2:00 p.m. – 4:00 p.m.

**MARCH**
Youth Art Month Exhibit
Featuring artwork from Reston elementary school students
**Open House: Sunday, March 7**
1:00 p.m. – 4:00 p.m.

**APRIL**
"Celebrate Reston at Lake Anne"
League of Reston Artists (LRA) Painters Exhibit
**Reception: Sunday, April 11**
2:00 p.m. – 4:00 p.m.

**MAY**
"The Joy of Creating"
Annual RCC Teacher and Student Exhibit
**Reception: Sunday, May 2**
2:00 p.m. – 4:00 p.m.

## RCC Lake Anne 3D Gallery

**DECEMBER/JANUARY**
"Gifts from the HeART"
Original artwork, ceramics, jewelry and more
Annual sale to benefit Cornerstones

**MARCH – APRIL**
Youth Art Month Exhibit
Featuring artwork by Reston South Lakes pyramid students
**Open House: Sunday, March 7**
1:00 p.m. – 4:00 p.m.

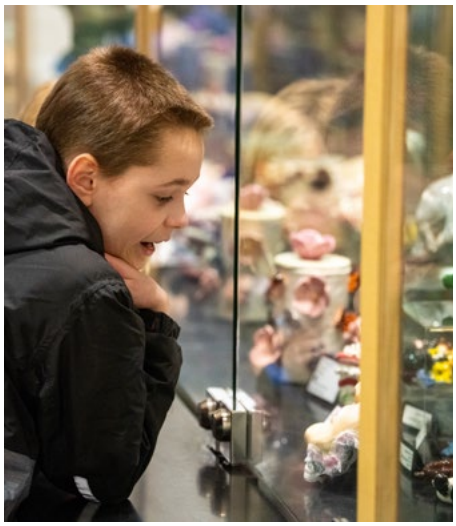
**APRIL – JUNE**
"The Joy of Creating"
Annual RCC Teacher and Student Exhibit
**Reception: Sunday, May 2**
2:00 p.m. – 4:00 p.m.

### INTERESTED IN EXHIBITING?

For more information about exhibiting with Reston Community Center, please visit www.restoncommunitycenter.com or contact Gloria Morrow, Arts Education Assistant, at Gloria.Morrow@fairfaxcounty.gov.









# AQUATICS


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# THE TERRY L. SMITH AQUATICS CENTER

The Terry L. Smith Aquatics Center, featuring a Lap Pool, Warm Water Pool and Spa, is open daily to learn, play and swim. Patrons can access the pool with the purchase of a daily visit or by swiping an Aquatics Pass. The Center offers a robust Learn-to-Swim program, Aqua Aerobics classes and open swim opportunities.

## Special Accomodations

Accommodations are available upon request. To request an alternative format or discuss access needs, please contact our ADA representative at 703-476-4500, ext. 8, or TTY 711.

## Group Reservations

Groups larger than eight people seeking to use the pool must coordinate use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool. Please reach out to RCCcontact@fairfaxcounty.gov for further information or requests.

## WINTER/SPRING • JANUARY 1 – MAY 31

| | LAP POOL* | WARM WATER POOL* | SPA* |
|---|---|---|---|
| Monday/Wednesday | 7:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 3:30 p.m.<br>5:00 p.m. – 6:30 p.m. | 11:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 3:00 p.m.<br>4:00 p.m. – 5:00 p.m. | 7:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 6:30 p.m. |
| Tuesday/Thursday | 7:00 p.m. – 12:00 p.m.<br>1:00 p.m. – 3:30 p.m.<br>5:00 p.m. – 7:00 p.m. | 1:00 p.m. – 3:00 p.m.<br>4:00 p.m. – 5:00 p.m. | 7:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 7:00 p.m. |
| Friday | 7:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 3:30 p.m.<br>5:00 p.m. – 6:00 p.m. | 11:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 3:00 p.m.<br>4:00 p.m. – 5:00 p.m. | 7:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 6:00 p.m. |
| Saturday | 9:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 5:00 p.m. | 1:00 p.m. – 5:00 p.m. | 1:00 p.m. – 5:00 p.m. |
| Sunday | 9:00 a.m. – 12:00 p.m.<br>1:00 p.m. – 5:00 p.m. | 1:00 p.m. – 5:00 p.m. | 1:00 p.m. – 5:00 p.m. |

***Swim lanes may be limited.** Please note that the schedule is subject to change without notice. RCC schedules programming during open and lap swim times. The pools are closed from 12:00 p.m. – 1:00 p.m. every day for a deep cleaning. Spa will be closed the last Sunday of every month for cleaning. Programming will receive priority for pool space.

**Lap Pool will be closed from 4:00 p.m. – 5:00 p.m. weekdays from November through February for South Lakes Swim Team.**

## SPECIAL ANNOUNCEMENT

RCC Aquatics is pleased to invite you to a special Water Safety Month event with Cullen Jones on Wednesday, May 12.

From surviving a near-drowning as a child to winning Olympic gold, Cullen has become a champion in and out of the water and a dedicated leader in water safety.

As someone whose life has been shaped by swimming, I'm truly excited to bring this experience to our RCC aquatics community and hope you'll join us.



Matt McCall
RCC's Aquatics Director

Scan here to buy tickets



# POOL FEES

Single visits to the pool can be purchased at the Terry L. Smith Aquatics Center; passes can be purchased online through myRCC or at an RCC Customer Service Desk.

Passes do not renew automatically. Additional visits or pass renewals can be purchased online at myRCC or at an RCC Customer Service Desk

| | | |
|---|---|---|
| **Daily Visit** | | |
| Adult | $5 R | $10 NR |
| Youth and Senior | $3 R | $6 NR |
| **Daily Visit Pass** (Price per visit; 5 – 60 visits) | | |
| Adult | $4.50 R | $9 NR |
| Youth and Senior | $2.75 R | $5.50 NR |
| **Aquatics Monthly Pass** | | |
| Adult | $45 R | $90 NR |
| Youth and Senior | $25 R | $50 NR |
| **Aquatics Annual Pass** | | |
| Adult | $480 R | $960 NR |
| Youth and Senior | $250 R | $500 NR |

# LIFEGUARD TRAINING

RCC is one of the region's largest public American Red Cross lifeguard trainers, training more than 300 lifeguards in 2026 and set to increase to over 500 in 2027. Water safety is a year-round priority for RCC and our lifeguard training helps keep community pools safe for everyone.

Scan here to find RCC lifeguard training offerings



# RESTON MASTERS SWIM TEAM (RMST)

(18+)

Established in 1974, Reston Masters Swim Team (RMST) has trained at RCC since the pool first opened. As part of the national U.S. Masters Swimming program, RMST welcomes adults ages 18 to 80+ and supports swimmers at every level from fitness swimmers and triathletes to competitive athletes and those who simply enjoy swimming in a structured team environment. RMST swims Tuesday, Thursday and Sunday evenings, as well as Saturday mornings. During the indoor season, practices are held at the Terry L. Smith Aquatics Center, named for Terry, a longtime team member and former RCC Board member.

Under the leadership of Coach Frank Koval, RMST has continued to grow in skill and success, regularly competing and winning at the national level.

RESTON MASTERS SWIM TEAM

**Our dues are low and our enthusiasm is high. To learn more, visit www.restonmasters.com.**

# RESTON SWIM TEAM ASSOCIATION (RSTA)

(5 – 18 years old)

RSTA is a year-round developmental swim league open to swimmers ages 5 to 18. Its summer league includes eight teams of 110 swimmers each. From late May through July, swimmers practice nearly every day and compete in six dual meets, an Individual Medley meet and an All-Star meet.

RSTA's winter program at RCC offers developmental clinics and sessions from September through May, helping swimmers improve stroke technique and endurance.

**Whether you're just starting out or refining your strokes, RSTA has a program for you. Check our website at www.rsta.org for details.**

# LAP POOL

- Three of the six lap lanes are available for open swimming.
- Three of the six lap lanes are dedicated to reservation swimming only.
  - Reservations are for 60-minute time slots.
  - Reston residents and employees may reserve lanes beginning on the 25th for the following month. Non-Reston patrons may reserve lanes beginning on the 1st of the month.
  - Patrons may cancel reservations online at myRCC.
  - Reservations that are unused or canceled less than two hours in advance will be charged to the passholder.
  - Thank you for managing your reservations so we can accommodate patrons on the waitlist.

*Non-swimming youth must be accompanied by an adult in the water. Payment is required for both the child and adult.*

## Lap Lane Reservations

Lanes 1, 2 and 3 can be reserved at myRCC for the following time slots:

### Monday – Friday

7:00 a.m. – 8:00 p.m.
8:00 a.m. – 9:00 a.m.
10:00 a.m. – 11:00 a.m.
11:00 a.m. – 12:00 p.m.
1:00 p.m. – 2:00 p.m.
2:00 p.m. – 3:00 p.m.

### Saturday, Sunday

1:00 p.m. – 2:00 p.m.
2:00 p.m. – 3:00 p.m.
3:00 p.m. – 4:00 p.m.

## Family Swim Fun

The Terry L. Smith Aquatics Center

**FREE** | **ALL AGES**

### Water Safety Day

**Saturday, May 1**
1:00 p.m. – 4:00 p.m.

Learn more about Reston Water Safety Day on page 18.

# LEARN-TO-SWIM

RCC offers swimming lessons for all ages, from infants to adult learners. Our Learn-to-Swim Program builds confidence, water safety skills and techniques for a lifetime of enjoyment.

## Choosing the Right Class

Review the guide to RCC's lesson levels, prerequisites and class goals on the next page. It explains what skills swimmers should have before enrolling and what they will work toward in each class.

Choosing the right level helps swimmers feel confident, stay safe and build skills. If you're unsure, a one-on-one skills assessment is the best way to identify the right starting point before registration.

If a swimmer is registered for a level that is not the right fit, RCC staff will make every effort to move them to a more appropriate class as space allows. If no suitable option is available, a full refund will be issued.

Skill development takes time and every swimmer progresses at their own pace. For the most consistent experience, we recommend registering for the same level throughout the season. Moving ahead before a swimmer is ready may interrupt skill development and confidence-building.

## Ready to Register?

RCC Winter/Spring Reston registration opens on December 1 at 9:00 a.m. Non-Reston registration opens on December 8 at 9:00 a.m.

## SAFE SWIMMING FOR ALL

Even very small children can learn water safety basics. The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.



# LEARN-TO-SWIM LEVELS

## PARENT & CHILD

| | 6 – 18 months | 18 months – 3 years | 3 – 4 years old |
|---|---|---|---|
| • Adults will learn to safely orient children to the water<br>• Lessons help children feel comfortable in the water but will not teach independent swimming skills | WATER INTRO | AQUA TOTS | POOL PALS & WATER FRIENDS |

## SWIMMING FOUNDATIONS

| | 3 years old | 4 – 5 years old | 6 – 12 years old |
|---|---|---|---|
| • No swimming skills required<br>• Introduce basic swimming and water safety skills | SKIPPER 1 | ROOKIE 1 | LEVEL 1 |
| • Comfortable putting face in the water<br>• Able to briefly float, push off wall and swim with help<br>• Introduce breathing techniques | SKIPPER 2 | ROOKIE 2 | LEVEL 2 |

## STROKE DEVELOPMENT

| | 4 – 7 years old | 6 – 12 years old |
|---|---|---|
| • Able to jump in, float and recover to standing<br>• Able to swim a few strokes on front and back independently<br>• Work to swim independently for longer distances | RANGER | LEVEL 3 |
| • Able to swim front crawl half a pool length<br>• Able to tread water<br>• Introduce diving and different strokes | MARLIN | LEVEL 4 |
| • Able to swim front crawl and elementary backstroke one pool length<br>• Able to swim breaststroke and backstroke half a pool length<br>• Work to swim two pool lengths nonstop with flip turn | | LEVEL 5 |
| • Able to swim two pool lengths nonstop<br>• Work to increase endurance<br>• Introduce pull buoys and fins<br>• Retrieve object from 8 feet deep | | LEVEL 6 |

## ADULT LEARNERS

| | 13+ |
|---|---|
| • No swimming skills required<br>• Learn to swim one pool length | ADULT BEGINNER |
| • Able to swim one pool length<br>• Improve stroke technique | ADULT ADVANCED BEGINNER |

## ADAPTED AQUATICS

| | 4+ |
|---|---|
| • Tailored for children and adults with physical or learning disabilities<br>• Supervised by instructors and volunteers trained by RCC<br>• Learn more on page 45 or contact RCC Aquatics at 703-390-6150 | ADAPTED AQUATICS |

## PRIVATE LESSONS

| | All Ages |
|---|---|
| • Tailored to your swimmer<br>• Learn more on page 42<br>• Contact RCC Aquatics at 703-390-6152 to get started | PRIVATE LESSONS |









# BECOME AN RCC LIFEGUARD

Gain professional credentials and earn money with a flexible work schedule.

## Great Benefits

- $17.50 – $21.00 per hour
- FREE American Red Cross Lifeguard Training ($200 value)*
- FREE uniforms
- Discounts on RCC programs
- Build leadership and teamwork skills

## Apply Online

www.restoncommunitycenter.com/lifeguard

*Lifeguarding classes are offered based upon public demand and instructor availability.

For more information, please contact Matt McCall, RCC's Aquatics Director, at **RCCaquatics@fairfaxcounty.gov.**

# INFANT – 7 YEARS OLD

## Water Introduction

(6 – 18 months)

Helps young children get comfortable in the water while parents/caregivers learn safe supervision and water-orientation techniques. A parent/caregiver must participate in the water.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**

Sat 8:30 a.m. – 9:00 a.m. 620000-A
Sat 9:40 a.m. – 10:10 a.m. 620000-B
Sat 10:15 a.m. – 10:45 a.m. 620000-C
Sat 10:50 a.m. – 11:20 a.m. 620000-D

**February 20 – April 3**

(No Class: March 27)

Sat 8:30 a.m. – 9:00 a.m. 620000-E
Sat 9:40 a.m. – 10:10 a.m. 620000-F
Sat 10:15 a.m. – 10:45 a.m. 620000-G
Sat 10:50 a.m. – 11:20 a.m. 620000-H

**April 17 – May 22**

Sat 8:30 a.m. – 9:00 a.m. 620000-I
Sat 9:40 a.m. – 10:10 a.m. 620000-J
Sat 10:15 a.m. – 10:45 a.m. 620000-K
Sat 10:50 a.m. – 11:20 a.m. 620000-L

**January 3 – February 7**

Sun 9:40 a.m. – 10:10 a.m. 620002-A
Sun 10:50 a.m. – 11:20 a.m. 620002-B

**February 21 – April 4**

(No Class: March 28)

Sun 9:40 a.m. – 10:10 a.m. 620002-C
Sun 10:50 a.m. – 11:20 a.m. 620002-D

**April 12 – May 23**

Sun 9:40 a.m. – 10:10 a.m. 620002-E
Sun 10:50 a.m. – 11:20 a.m. 620002-F

## Aqua Tots

(18 months – 3 years)

Helps young children get comfortable in the water while parents/caregivers learn safe supervision and water-orientation techniques. A parent/caregiver must participate in the water.

**6, 30 min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**

Sat 8:30 a.m. – 9:00 a.m. 620007-A
Sat 9:40 a.m. – 10:10 a.m. 620007-B
Sat 10:15 a.m. – 10:45 a.m. 620007-C
Sat 10:50 a.m. – 11:20 a.m. 620007-D

**February 20 – April 3**

(No Class: March 27)

Sat 8:30 a.m. – 9:00 a.m. 620007-E
Sat 9:40 a.m. – 10:10 a.m. 620007-F
Sat 10:15 a.m. – 10:45 a.m. 620007-G
Sat 10:50 a.m. – 11:20 a.m. 620007-H

**April 17 – May 22**

Sat 8:30 a.m. – 9:00 a.m. 620007-I
Sat 9:40 a.m. – 10:10 a.m. 620007-J
Sat 10:15 a.m. – 10:45 a.m. 620007-K
Sat 10:50 a.m. – 11:20 a.m. 620007-L

**January 3 – February 7**

Sun 9:40 a.m. – 10:10 a.m. 620008-A
Sun 10:50 a.m. – 11:20 a.m. 620008-B

**February 21 – April 4**

(No Class: March 28)

Sun 9:40 a.m. – 10:10 a.m. 620008-C
Sun 10:50 a.m. – 11:20 a.m. 620008-D

**April 18 – May 23**

Sun 9:40 a.m. – 10:10 a.m. 620008-E
Sun 10:50 a.m. – 11:20 a.m. 620008-F

## Pool Pals & Water Friends

(3 – 4 years old)

Introduces basic water skills including floating, kicking, paddling, submerging and water safety for hesitant swimmers. A parent/caregiver must participate in the water, helping them build confidence and prepare to move into instructor-only classes.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**

Sat 9:05 a.m. – 9:35 a.m. 620080-A

**February 20 – April 3**

(No Class: March 27)

Sat 9:05 a.m. – 9:35 a.m. 620080-B

**April 17 – May 22**

Sat 9:05 a.m. – 9:35 a.m. 620080-C

## WATER SMART FROM THE START

Getting little ones in the water early is more than fun. The American Academy of Pediatrics notes that swim lessons from about age 1 can help reduce drowning risk, while studies link early swimming with stronger motor skills, muscles and even early learning. Family pool time builds safe habits and gives young brains and bodies a healthy boost.

## Skipper 1
(3 years old)

Introduces students to floating, kicking, paddling, submerging and water safety skills. An instructor works with two children at a time for 20 minutes. Parents will not accompany students in the water.

**6, 20-min. sessions at Warm Water Pool**

$70 R | $140 NR

### January 2 – February 6
Sat 8:30 a.m. – 8:50 a.m. 620010-A
Sat 8:50 a.m. – 9:10 a.m. 620010-B
Sat 9:10 a.m. – 9:30 a.m. 620010-C

### February 20 – April 3
(No Class: March 27)
Sat 8:30 a.m. – 8:50 a.m. 620010-D
Sat 8:50 a.m. – 9:10 a.m. 620010-E
Sat 9:10 a.m. – 9:30 a.m. 620010-F

### April 17 – May 22
Sat 8:30 a.m. – 8:50 a.m. 620010-G
Sat 8:50 a.m. – 9:10 a.m. 620010-H
Sat 9:10 a.m. – 9:30 a.m. 620010-I

### January 3 – February 7
Sun 8:30 a.m. – 8:50 a.m. 620012-A
Sun 8:50 a.m. – 9:10 a.m. 620012-B
Sun 9:10 a.m. – 9:30 a.m. 620012-C
Sun 9:40 a.m. – 10:00 a.m. 620012-D
Sun 10:00 a.m. – 10:20 a.m. 620012-E
Sun 10:20 a.m. – 10:40 a.m. 620012-F

### February 21 – April 4
(No Class: March 28)
Sun 8:30 a.m. – 8:50 a.m. 620012-G
Sun 8:50 a.m. – 9:10 a.m. 620012-H
Sun 9:10 a.m. – 9:30 a.m. 620012-I
Sun 9:40 a.m. – 10:00 a.m. 620012-J
Sun 10:00 a.m. – 10:20 a.m. 620012-K
Sun 10:20 a.m. – 10:40 a.m. 620012-L

## Skipper 1 continued

### April 18 – May 23
Sun 8:30 a.m. – 8:50 a.m. 620012-M
Sun 8:50 a.m. – 9:10 a.m. 620012-N
Sun 9:10 a.m. – 9:30 a.m. 620012-O
Sun 9:40 a.m. – 10:00 a.m. 620012-P
Sun 10:00 a.m. – 10:20 a.m. 620012-Q
Sun 10:20 a.m. – 10:40 a.m. 620012-R

## Skipper 2
(3 years old)

Continued skill development working toward swimming a short distance independently. Instruction includes front swim with kick, back glide with kick, deep-water entry, proper breathing, increasing endurance and water safety.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

### January 2 – February 6
Sat 9:40 a.m. – 10:10 a.m. 620020-A

### February 20 – April 3
(No Class: March 27)
Sat 9:40 a.m. – 10:10 a.m. 620020-B

### April 17 – May 22
Sat 9:40 a.m. – 10:10 a.m. 620020-C

### January 3 – February 7
Sun 11:25 a.m. – 11:55 a.m. 620022-A

### February 21 – April 4
(No Class: March 28)
Sun 11:25 a.m. – 11:55 a.m. 620022-B

### April 18 – May 23
Sun 11:25 a.m. – 11:55 a.m. 620022-C

## PRACTICE MAKES PERFECT

At RCC, practice builds confidence. Repeated enrollment helps swimmers fully develop the skills, technique and water safety habits needed for lifelong enjoyment in the water.

## Rookie 1
(4 – 5 years old)

Students with little or no swimming experience will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

### January 2 – February 6
Sat 8:30 a.m. – 9:00 a.m. 620030-A
Sat 10:15 a.m. – 10:45 a.m. 620030-B

### February 20 – April 3
(No Class: March 27)
Sat 8:30 a.m. – 9:00 a.m. 620030-C
Sat 10:15 a.m. – 10:45 a.m. 620030-D

### April 17 – May 22
Sat 8:30 a.m. – 9:00 a.m. 620030-E
Sat 10:15 a.m. – 10:45 a.m. 620030-F

### January 3 – February 7
Sun 9:05 a.m. – 9:35 a.m. 620032-A
Sun 11:25 a.m. – 11:55 a.m. 620032-B

### February 21 – April 4
(No Class: March 28)
Sun 9:05 a.m. – 9:35 a.m. 620032-C
Sun 11:25 a.m. – 11:55 a.m. 620032-D

### April 18 – May 23
Sun 9:05 a.m. – 9:35 a.m. 620032-E
Sun 11:25 a.m. – 11:55 a.m. 620032-F

**6, 30-min. sessions at Warm Water Pool**

$65 R | $100 NR

### January 5 – February 9
Tue 6:00 p.m. – 6:30 p.m. 620036-A

### January 7 – February 11
Thu 5:00 p.m. – 5:30 p.m. 620036-B

### February 23 – April 6
(No Class: March 23)
Tue 6:00 p.m. – 6:30 p.m. 620036-C

### February 25 – April 8
(No Class: March 25)
Thu 5:00 p.m. – 5:30 p.m. 620036-D

### Rookie 1 continued

**April 20 – May 25**
Tue 6:00 p.m. – 6:30 p.m.
620036-E

**April 22 – May 27**
Thu 5:00 p.m. – 5:30 p.m.
620036-F

**8, 30-min. sessions at Warm Water Pool**

$80 R | $120 NR

**January 4 – January 27**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-A

**February 1 – February 24**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-C

**April 5 – April 28**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-D

**May 3 – May 26**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-E

## Rookie 2

(4 – 5 years old)

Continued skill development working toward swimming a short distance independently. Instruction includes front swim with kick, back glide with kick, deep-water entry, proper breathing, increasing endurance and water safety.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**
Sat 9:05 a.m. – 9:35 a.m.
620040-A
Sat 10:50 a.m. – 11:20 a.m.
620040-B

**February 20 – April 3**
(No Class: March 27)
Sat 9:05 a.m. – 9:35 a.m.
620040-C
Sat 10:50 a.m. – 11:20 a.m.
620040-D

**April 17 – May 22**
Sat 9:05 a.m. – 9:35 a.m.
620040-E
Sat 10:50 a.m. – 11:20 a.m.
620040-F

**January 3 – February 7**
Sun 9:05 a.m. – 9:35 a.m.
620042-A
Sun 10:50 a.m. – 11:20 a.m.
620042-B

### Rookie 2 continued

**February 21 – April 4**
(No Class: March 28)
Sun 9:05 a.m. – 9:35 a.m.
620042-C
Sun 10:50 a.m. – 11:20 a.m.
620042-D

**April 18 – May 23**
Sun 9:05 a.m. – 9:35 a.m.
620042-E
Sun 10:50 a.m. – 11:20 a.m.
620042-F

**6, 30-min. sessions at Warm Water Pool**

$65 R | $100 NR

**January 5 – February 9**
Tue 5:00 p.m. – 5:30 p.m.
620046-A

**January 7 – February 11**
Thu 5:30 p.m. – 6:00 p.m.
620046-B

**February 23 – April 6**
(No Class: March 23)
Tue 5:00 p.m. – 5:30 p.m.
620046-C

**February 25 – April 8**
(No Class: March 25)
Thu 5:30 p.m. – 6:00 p.m.
620046-D

**April 20 – May 25**
Tue 5:00 p.m. – 5:30 p.m.
620046-E

**April 22 – May 27**
Thu 5:30 p.m. – 6:00 p.m.
620046-F

**8, 30-min. sessions at Warm Water Pool**

$80 R | $120 NR

**January 4 – January 27**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620043-A

**February 1 – February 24**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620043-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 5:00 p.m. – 5:30 p.m.
620043-C

**April 5 – April 28**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620043-D

**May 3 – May 26**
Mon, Wed 5:00 p.m. – 5:30 p.m.
620043-E

## Ranger

(4 – 7 years old)

Covers sitting/kneeling dives, front crawl, underwater exploration, front/back glides, rotary breathing, elementary backstroke, dolphin kick and water safety.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**
Sat 8:30 a.m. – 9:00 a.m.
620050-A
Sat 10:15 a.m. – 10:45 a.m.
620050-B

**February 20 – April 3**
(No Class: March 27)
Sat 8:30 a.m. – 9:00 a.m.
620050-C
Sat 10:15 a.m. – 10:45 a.m.
620050-D

**April 17 – May 22**
Sat 8:30 a.m. – 9:00 a.m.
620050-E
Sat 10:15 a.m. – 10:45 a.m.
620050-F

**January 3 – February 7**
Sun 10:15 a.m. – 10:45 a.m.
620052-A

**February 21 – April 4**
(No Class: March 28)
Sun 10:15 a.m. – 10:45 a.m.
620052-B

**April 18 – May 23**
Sun 10:15 a.m. – 10:45 a.m.
620052-C

**6, 30-min. sessions at Warm Water Pool**

$65 R | $100 NR

**January 5 – February 9**
Tue 5:30 p.m. – 6:00 p.m.
620056-A

**February 23 – April 6**
(No Class: March 23)
Tue 5:30 p.m. – 6:00 p.m.
620056-B

**April 20 – May 25**
Tue 5:30 p.m. – 6:00 p.m.
620056-C

**8, 30-min. sessions at Warm Water Pool**

$80 R | $120 NR

**January 4 – January 27**
Mon, Wed 6:30 p.m. – 7:00 p.m.
620053-A

**February 1 – February 24**
Mon, Wed 6:30 p.m. – 7:00 p.m.
620053-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 6:30 p.m. – 7:00 p.m.
620053-C



## PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Program Director for more information or to inquire about availability at 703-390-6152. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk at 703-390-6150.

**30-minute session**

| $40 R | $60 NR |
|---|---|

**Ranger continued**

**April 5 – April 28**
Mon, Wed 6:30 p.m. – 7:00 p.m.
620053-D

**May 3 – May 26**
Mon, Wed 6:30 p.m. – 7:00 p.m.
620053-E

## Marlin

(4 – 7 years old)

Students will learn surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

**6, 30-min. sessions at Lap Pool**

| $70 R | $140 NR |
|---|---|

**January 2 – February 6**
Sat 9:05 a.m. – 9:35 a.m.
620060-A

**February 20 – April 3**
(No Class: March 27)
Sat 9:05 a.m. – 9:35 a.m.
620060-B

**April 17 – May 22**
Sat 9:05 a.m. – 9:35 a.m.
620060-C

**January 3 – February 7**
Sun 10:50 a.m. – 11:20 a.m.
620062-A

**February 21 – April 4**
(No Class: March 28)
Sun 10:50 a.m. – 11:20 a.m.
620062-B

**April 18 – May 23**
Sun 10:50 a.m. – 11:20 a.m.
620062-C

**6, 30-min. sessions at RCC HW Pool**

| $65 R | $100 NR |
|---|---|

**January 5 – February 9**
Tue 6:30 p.m. – 7:00 p.m.
620066-A

**February 23 – April 6**
(No Class: March 23)
Tue 6:30 p.m. – 7:00 p.m.
620066-B

**April 20 – May 25**
Tue 6:30 p.m. – 7:00 p.m.
620066-C

## WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

# LEARN-TO-SWIM 6 – 12 YEARS OLD

## Level 1

(6 – 12 years old)

Introduces beginner swimmers to fundamental water skills. Instruction includes safe entry and exit using stairs, steps and ladders, submerging with bobs, front and back floats, front and back glides, swimming on the front and back using arms and legs and water safety skills.

**6, 30-min. sessions at Warm Water Pool**

| $70 R | $140 NR |
|---|---|

**January 2 – February 6**
Sat 9:40 a.m. – 10:10 a.m.
620310-A

**February 20 – April 3**
(No Class: March 27)
Sat 9:40 a.m. – 10:10 a.m.
620310-B

**April 17 – May 22**
Sat 9:40 a.m. – 10:10 a.m.
620310-C

**January 3 – February 7**
Sun 8:30 a.m. – 9:00 a.m.
620312-A

**February 21 – April 4**
(No Class: March 28)
Sun 8:30 a.m. – 9:00 a.m.
620312-B

**April 18 – May 23**
Sun 8:30 a.m. – 9:00 a.m.
620312-C

**6, 30-min. sessions at Warm Water Pool**

| $65 R | $100 NR |
|---|---|

**January 5 – February 9**
Tue 6:30 p.m. – 7:00 p.m.
620316-A

**February 23 – April 6**
(No Class: March 23)
Tue 6:30 p.m. – 7:00 p.m.
620316-B

**April 20 – May 25**
Tue 6:30 p.m. – 7:00 p.m.
620316-C

**8, 30-min. sessions at Warm Water Pool**

| $80 R | $120 NR |
|---|---|

**January 4 – January 27**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620313-A

**February 1 – February 24**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620313-B

### Level 1 continued

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 6:00 p.m. – 6:30 p.m.
620313-C

**April 5 – April 28**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620313-D

**May 3 – May 26**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620313-E

## Level 2

(6 – 12 years old)

Instruction includes stepping and jumping into the water, front and back glides, 15-second floats, treading water and swimming five front strokes with coordinated arm movement, kicking and breathing.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**
Sat 8:30 a.m. – 9:00 a.m.
620320-A
Sat 10:15 a.m. – 10:45 a.m.
620320-B

**February 20 – April 3**
(No Class: March 27)
Sat 8:30 a.m. – 9:00 a.m.
620320-C
Sat 10:15 a.m. – 10:45 a.m.
620320-D

**April 17 – May 22**
Sat 8:30 a.m. – 9:00 a.m.
620320-E
Sat 10:15 a.m. – 10:45 a.m.
620320-F

**January 3 – February 7**
Sun 9:40 a.m. – 10:10 a.m.
620322-A

**February 21 – April 4**
(No Class: March 28)
Sun 9:40 a.m. – 10:10 a.m.
620322-B

**April 18 – May 23**
Sun 9:40 a.m. – 10:10 a.m.
620322-C

**6, 30-min. sessions at Warm Water Pool**

$65 R | $100 NR

**January 5 – February 9**
Tue 5:00 p.m. – 5:30 p.m.
620326-A

**January 7 – February 11**
Thu 5:00 p.m. – 5:30 p.m.
620326-B

### Level 2 continued

**February 23 – April 6**
(No Class: March 23)
Tue 5:00 p.m. – 5:30 p.m.
620326-C

**February 25 – April 8**
(No Class: March 25)
Thu 5:00 p.m. – 5:30 p.m.
620326-D

**April 20 – May 25**
Tue 5:00 p.m. – 5:30 p.m.
620326-E

**April 22 – May 27**
Thu 5:00 p.m. – 5:30 p.m.
620326-F

**8, 30-min. sessions at Warm Water Pool**

$80 R | $120 NR

**January 4 – January 27**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-A

**February 1 – February 24**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-C

**April 5 – April 28**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-D

**May 3 – May 26**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-E

## Level 3

(6 – 12 years old)

Instruction includes sitting and kneeling dives, front and back glides, front crawl for 15 yards, rotary breathing, an introduction to elementary backstroke and water safety.

**6, 30-min. sessions at Warm Water Pool**

$70 R | $140 NR

**January 2 – February 6**
Sat 9:05 a.m. – 9:35 a.m.
620330-A
Sat 11:25 a.m. – 11:55 a.m.
620330-B

**February 20 – April 3**
(No Class: March 27)
Sat 9:05 a.m. – 9:35 a.m.
620330-C
Sat 11:25 a.m. – 11:55 a.m.
620330-D

**April 17 – May 22**
Sat 9:05 a.m. – 9:35 a.m.
620330-E
Sat 11:25 a.m. – 11:55 a.m.
620330-F

**January 3 – February 7**
Sun 10:15 a.m. – 10:45 a.m.
620332-A

**February 21 – April 4**
(No Class: March 28)
Sun 10:15 a.m. – 10:45 a.m.
620332-B

**April 18 – May 23**
Sun 10:15 a.m. – 10:45 a.m.
620332-C



## Level 3 continued

**6, 30-min. sessions at Warm Water Pool**

$65 R | $100 NR

**January 5 – February 9**
Tue 5:30 p.m. – 6:00 p.m.
620336-A

**January 7 – February 11**
Thu 5:30 p.m. – 6:00 p.m.
620336-B

**February 23 – April 6**
(No Class: March 23)
Tue 5:30 p.m. – 6:00 p.m.
620336-C

**February 25 – April 8**
(No Class: March 25)
Thu 5:30 p.m. – 6:00 p.m.
620336-D

**April 20 – May 25**
Tue 5:30 p.m. – 6:00 p.m.
620336-E

**April 22 – May 27**
Thu 5:30 p.m. – 6:00 p.m.
620336-F

**8, 30-min. sessions at Warm Water Pool**

$80 R | $120 NR

**January 4 – January 27**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620333-A

**February 1 – February 24**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620333-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 5:30 p.m. – 6:00 p.m.
620333-C

**April 5 – April 28**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620333-D

**May 3 – May 26**
Mon, Wed 5:30 p.m. – 6:00 p.m.
620333-E

## Level 4

(6 – 12 years old)

Instruction includes entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards and treading water for two minutes.

**6, 30-min. sessions at Lap Pool**

$70 R | $140 NR

**January 2 – February 6**
Sat 9:40 a.m. – 10:10 a.m.
620340-A

Sat 11:25 a.m. – 11:55 a.m.
620340-B

**February 20 – April 3**
(No Class: March 27)
Sat 9:40 a.m. – 10:10 a.m.
620340-C

Sat 11:25 a.m. – 11:55 a.m.
620340-D

**April 17 – May 22**
Sat 9:40 a.m. – 10:10 a.m.
620340-E

Sat 11:25 a.m. – 11:55 a.m.
620340-F

**January 3 – February 7**
Sun 11:25 a.m. – 11:55 a.m.
620342-A

**February 21 – April 4**
(No Class: March 28)
Sun 11:25 a.m. – 11:55 a.m.
620342-B

**April 18 – May 23**
Sun 11:25 a.m. – 11:55 a.m.
620342-C

**6, 30-min. sessions at Lap Pool**

$65 R | $100 NR

**January 5 – February 9**
Tue 6:00 p.m. – 6:30 p.m.
620346-A

**February 23 – April 6**
(No Class: March 23)
Tue 6:00 p.m. – 6:30 p.m.
620346-B

**April 20 – May 25**
Tue 6:00 p.m. – 6:30 p.m.
620346-C

**8, 30-min. sessions at Lap Pool**

$80 R | $120 NR

**January 4 – January 27**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620343-A

## Level 4 continued

**February 1 – February 24**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620343-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 6:00 p.m. – 6:30 p.m.
620343-C

**April 5 – April 28**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620343-D

**May 3 – May 26**
Mon, Wed 6:00 p.m. – 6:30 p.m.
620343-E

## Level 5

(6 – 12 years old)

Instruction includes swimming front crawl and elementary backstroke for 50 yards, swimming butterfly, back crawl and breaststroke for 25 yards, flip turns for front crawl and treading water for five minutes.

**6, 45-min. sessions at Lap Pool**

$80 R | $160 NR

**January 2 – February 6**
Sat 10:15 a.m. – 11:00 a.m.
620350-A

**February 20 – April 3**
(No Class: March 27)
Sat 10:15 a.m. – 11:00 a.m.
620350-B

**April 17 – May 22**
Sat 10:15 a.m. – 11:00 a.m.
620350-C

**6, 45-min. sessions at Lap Pool**

$70 R | $105 NR

**January 7 – February 11**
Thu 6:00 p.m. – 6:45 p.m.
620356-A

**February 25 – April 8**
(No Class: March 25)
Thu 6:00 p.m. – 6:45 p.m.
620356-B

**April 22 – May 27**
Thu 6:00 p.m. – 6:45 p.m.
620356-C

## Level 6

(6 – 12 years old)

Emphasizes swimming for fitness. Instruction includes front crawl and elementary backstroke for 100 yards, butterfly, breaststroke and back crawl for 50 yards, front and back crawl flip turns, use of swim equipment such as pull buoys and fins and retrieving an object from eight feet deep.

**6, 45-min. sessions at Lap Pool**

| $80 R | $160 NR |
|---|---|

**January 2 – February 6**
Sat 11:05 a.m. – 11:50 a.m.
620360-A

**February 20 – April 3**
(No Class: March 27)
Sat 11:05 a.m. – 11:50 a.m.
620360-B

**April 17 – May 22**
Sat 11:05 a.m. – 11:50 a.m.
620360-C

## Adapted Aquatics

(4+)

Offers individualized swimming instruction for children and adults with physical or learning disabilities. RCC-trained instructors and volunteers supervise each session. Family members may assist as needed. Mainstreaming is available upon request. For questions, call the Aquatics Service Desk at 703-390-6150.

**6, 30-min. sessions at Warm Water Pool**

| $70 R | $56 R55+ | $140 NR |
|---|---|---|

**January 2 – February 6**
Sat 10:50 a.m. – 11:20 a.m.
620190-A
Sat 11:25 a.m. – 11:55 a.m.
620190-B

**February 20 – April 3**
(No Class: March 27)
Sat 10:50 a.m. – 11:20 a.m.
620190-C
Sat 11:25 a.m. – 11:55 a.m.
620190-D

**April 17 – May 22**
Sat 10:50 a.m. – 11:20 a.m.
620190-E
Sat 11:25 a.m. – 11:55 a.m.
620190-F

**Interested in volunteering? Register at volunteer.fairfaxcounty.gov or scan here:**

13+

## Adult Beginner

(13+)

Learn to swim a pool length and become comfortable in deep water in this self-paced course for adults with little or no swimming skills.

**6, 30-min. sessions at Warm Water Pool**

| $70 R | $56 R55+ | $140 NR |
|---|---|---|

**January 2 – February 6**
Sat 9:40 a.m. – 10:10 a.m.
621210-A

**February 20 – April 3**
(No Class: March 27)
Sat 9:40 a.m. – 10:10 a.m.
621210-B

**April 17 – May 22**
Sat 9:40 a.m. – 10:10 a.m.
621210-C

**January 3 – February 7**
Sun 8:30 a.m. – 9:00 a.m.
621212-A

**February 21 – April 4**
(No Class: March 28)
Sun 8:30 a.m. – 9:00 a.m.
621212-B

**April 18 – May 23**
Sun 8:30 a.m. – 9:00 a.m.
621212-C

**8, 30-min. sessions at Warm Water Pool**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 4 – January 27**
Mon, Wed 6:30 p.m. – 7:00 p.m.
621213-A

**February 1 – February 24**
Mon, Wed 6:30 p.m. – 7:00 p.m.
621213-B

**March 1 – March 31**
(No Class: March 22, 24)
Mon, Wed 6:30 p.m. – 7:00 p.m.
621213-C

**April 5 – April 28**
Mon, Wed 6:30 p.m. – 7:00 p.m.
621213-D

**May 3 – May 26**
Mon, Wed 6:30 p.m. – 7:00 p.m.
621213-E

## Adult Advanced Beginner

(13+)

Designed for participants who can swim 25 yards and want to improve front crawl, backstroke and deep-water skills. Instruction includes advanced strokes, basic diving and updated swimming techniques.

**6, 45-min. sessions at Lap Pool**

| $80 R | $64 R55+ | $160 NR |
|---|---|---|

**January 2 – February 6**
Sat 10:50 a.m. – 11:35 a.m.
621220-A

**February 20 – April 3**
(No Class: March 27)
Sat 10:50 a.m. – 11:35 a.m.
621220-B

**April 17 – May 22**
Sat 10:50 a.m. – 11:35 a.m.
621220-C

**6, 45-min. sessions at Lap Pool**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**January 7 – February 11**
Thu 6:00 p.m. – 6:45 p.m.
621226-A

**February 25 – April 8**
(No Class: March 25)
Thu 6:00 p.m. – 6:45 p.m.
621226-B

**April 22 – May 27**
Thu 6:00 p.m. – 6:45 p.m.
621226-C

# AQUA AEROBICS • January 3 – May 31

- Make a splash with RCC's energizing aqua aerobics classes for all fitness levels and abilities. Enjoy a fun, supportive workout in the water while building strength, flexibility and endurance.
- Aqua aerobics classes are now labeled by intensity. Instructors will provide modifications to help you make the most of any class.
- Classes are 45 minutes, including warm-up and cool-down, in the Warm Water Pool.
- Most classes let you choose between shallow and deep water.
- Equipment is provided.
- To attend an Aqua Aerobics class: reserve your spot in myRCC in advance and present your Aqua Aerobics Pass when you arrive.
  - Reston residents/employees may make reservations beginning on the 25th for the following month; non-Reston patrons may do so beginning on the 1st of the month.
  - You can cancel your reservation through myRCC.

**LOW INTENSITY** (Fibromyalgia, Multiple Sclerosis)

- For those with chronic health issues, new/returning to exercise, recovering from injury or looking for gentle movement
- Lower intensity cardio
- Optional resistance training and equipment

**MODERATE INTENSITY**

- Moderate intensity cardio
- Includes resistance training and equipment
- For advancing aqua aerobics skills

*(Formerly Aqua Barre, Aqua Blast, Tides in Motion)*

**HIGH INTENSITY**

- Highest intensity cardio and resistance training
- For those who are looking for a more intense workout or cross-training

*(Formerly Aqua Blast, Aqua Boot Camp, Aqua Mixer, Deep Water Mania)*

**AQUA YOGA** (Low Intensity)

- Variation of traditional yoga poses (asanas) in shallow water and breathwork on the pool deck
- A low-intensity and supportive workout

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|---|
| 6:30 A.M. | | HIGH 660030 | | HIGH 660030 | | HIGH 660030 |
| 7:30 A.M. | AQUA YOGA 660110 | MODERATE 660020 | | MODERATE 660020 | AQUA YOGA 660110 | MODERATE 660020 |
| 8:30 A.M. | HIGH* 660030 | MODERATE 660020 | HIGH 660030 | MODERATE 660020 | HIGH 660030 | MODERATE 660020 |
| 9:30 A.M. | HIGH* 660030 | HIGH 660030 | MODERATE 660020 | HIGH 660030 | MODERATE 660020 | HIGH 660030 |
| 10:30 A.M. | | | LOW 660010 | | LOW 660010 | |
| 5:30 P.M. | | HIGH 660030 | | HIGH 660030 | | |
| 6:30 P.M. | | HIGH 660030 | | HIGH 660030 | | |

* Deep water only classes

## AQUA AEROBICS FEES

- Single visits can be purchased at the Terry L. Smith Aquatics Center; passes can be purchased online through myRCC or at an RCC Customer Service Desk.
- Passes do not renew automatically. Additional visits or pass renewals can be purchased online at myRCC or at an RCC Customer Service Desk.

| Aqua Aerobics Daily Visit | | |
|---|---|---|
| Adult | $7 R | $14 NR |
| Youth and Senior | $6 R | $12 NR |
| **Aqua Aerobics Daily Visit Pass** (Price per visit; 5 – 60 visits) | | |
| Adult | $6 R | $12 NR |
| Youth and Senior | $5 R | $10 NR |
| **Aquatics Monthly Pass** | | |
| Adult | $100 R | $140 NR |
| Youth and Senior | $70 R | $110 NR |

## Aquatics Wellness Meet-ups

(18+)

Join us for monthly, community-focused gatherings that blend wellness and fun. Each session features a new wellness theme – past experiences have ranged from sound baths to board games to nutrition – plus plenty of time to connect and build community. All are welcome.

**75-min. sessions at RCC Hunters Woods**

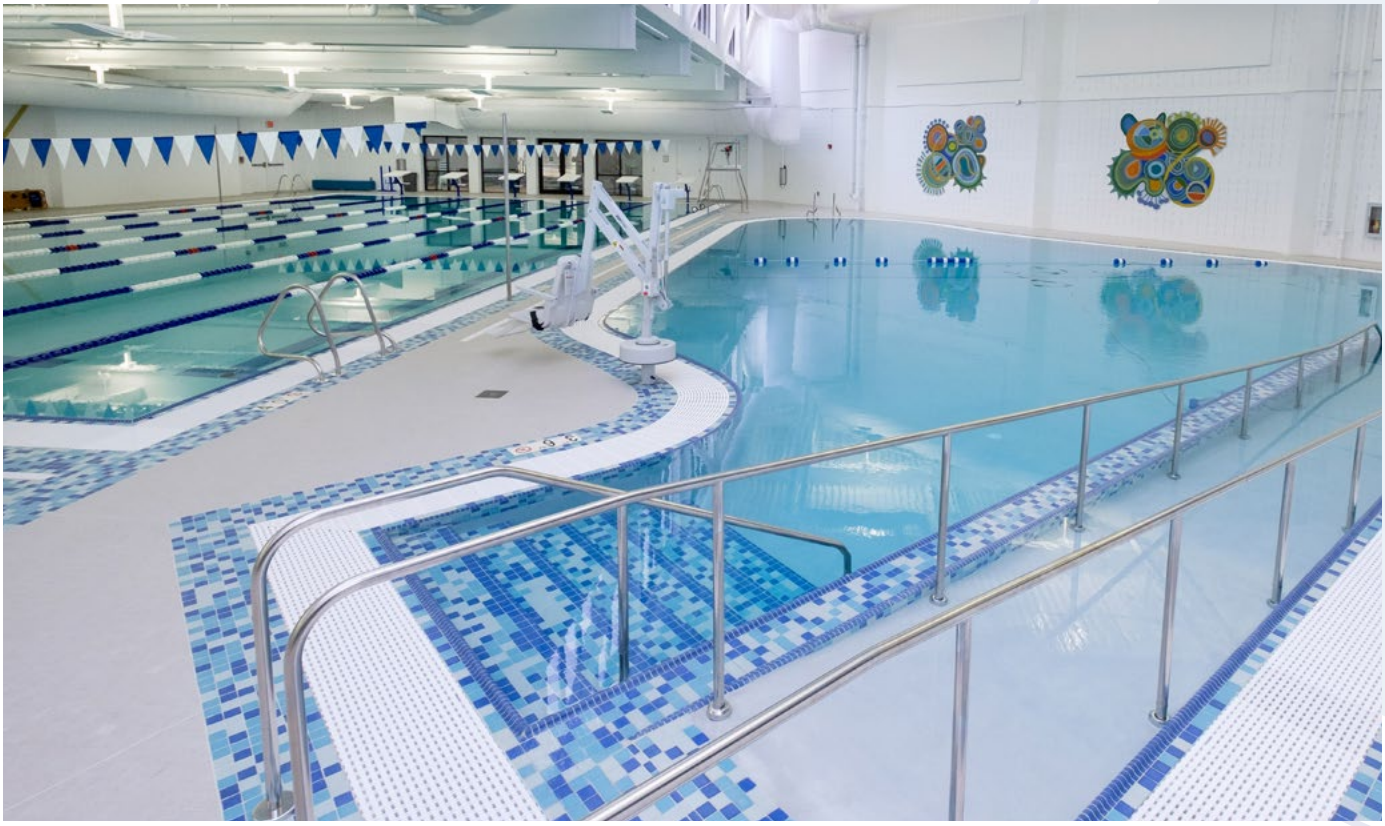
Free, Registration Required

**January 7**
Thu — 10:45 a.m. – 12:00 p.m.
650200-B — Staff

**February 4**
Thu — 10:45 a.m. – 12:00 p.m.
650200-C — Staff

**March 4**
Thu — 10:45 a.m. – 12:00 p.m.
650200-D — Staff

**April 8**
Thu — 10:45 a.m. – 12:00 p.m.
650200-E — Staff



AQUATICS

## WATER WORKS

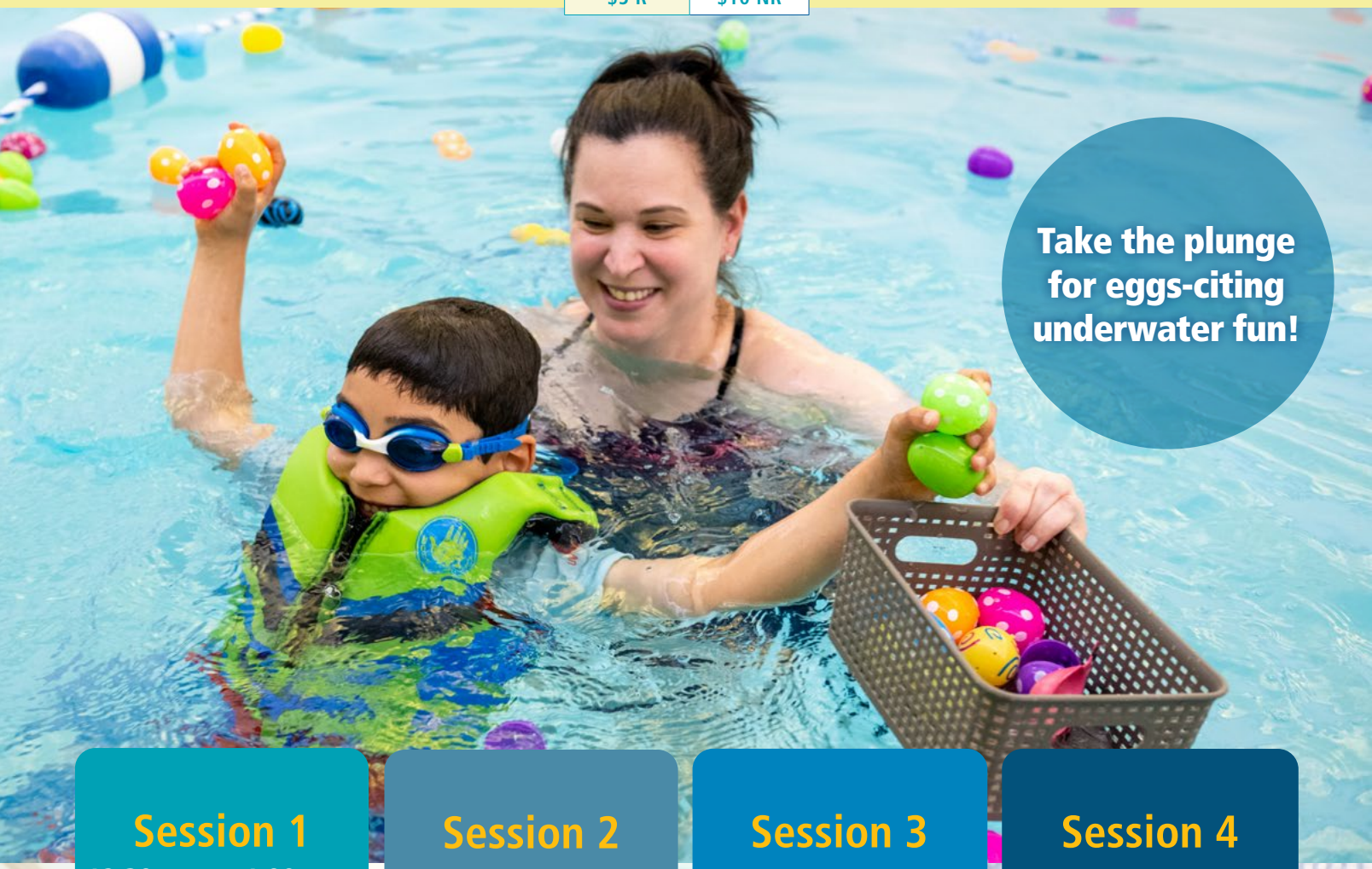
Mayo Clinic notes that water workouts can build aerobic fitness, strength, flexibility and balance like land exercise while reducing joint stress by up to 90%. Aqua Aerobics is great cross-training for active adults and a safe, low-impact option for those who are newer to exercise or managing chronic conditions.

# UNDERWATER EGG HUNT

## Saturday, March 20

**6 months – 9 years old**

| $5 R | $10 NR |
|---|---|



**Take the plunge for eggs-citing underwater fun!**

| Session 1 | Session 2 | Session 3 | Session 4 |
|---|---|---|---|
| 12:30 p.m. – 1:00 p.m. | 1:30 p.m. – 2:00 p.m. | 2:30 p.m. – 3:00 p.m. | 3:30 p.m. – 4:00 p.m. |

- All participants will receive a special goody bag to enjoy.
- A parent or caregiver must accompany each non-swimmer in the water and participate in the activity.
- RCC will have a limited number of life jackets to share, or feel free to bring your own U.S. Coast Guard-approved life jackets.

**Register today to secure your spot!**

**Registration required in myRCC #643200.**

For more information, please contact Matthew McCall, Aquatics Director, at Matthew.McCall@fairfaxcounty.gov.



# KIDS CORNER


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Visual Arts ..... 55

# Eggnormous SPRING FESTIVAL



## Sunday • March 21

**11:00 a.m. – 1:00 p.m.**

**RCC Hunters Woods**

| FREE | Infant – 8 Years Old |
|---|---|



**Get ready to hop, hunt and have a blast!**

Bring your basket to fill with eggs, say cheese with the bunny and enjoy eggstra-special fun for the whole family.

All participating children must register. Parents/caregivers must remain with their children throughout the event.
**Registration required in myRCC #902907.**

**Interested in volunteering?**
**Register at volunteer.fairfaxcounty.gov.**

**For more information, please contact Jeff Morgan, RCC's Youth & Teen Program Assistant Director, at 703-390-6176.**

# COOKING

All supplies included. Participants receive recipes and tips to inspire more kitchen creativity at home.

## Chocolate Fun and Preparation

Young chefs explore the delicious world of chocolate while creating treats to take home and enjoy. They'll make chocolate candy, experiment with chocolate writing and create buttercream, peanut butter cups and rocky road.

### CHOCOLATE FUN AND PREPARATION FOR KIDS

(6 – 9 years old)

**1, 2-hour session at RCC Hunters Woods**

| $45 R | $68 NR |
|---|---|

**April 4**

Sun — 10:00 a.m. – 12:00 p.m.
901038-A — Staff

### CHOCOLATE FUN AND PREPARATION FOR TWEENS AND TEENS

(10 – 17 years old)

**1, 2-hour session at RCC Hunters Woods**

| $45 R | $68 NR |
|---|---|

**April 4**

Sun — 1:00 p.m. – 3:00 p.m.
901352-A — Staff

## Cupcake Wars

(7 – 12 years old)

Team up with other bakers to create the ultimate cupcake in this friendly and fun competition.

**1, 3-hour session at RCC Hunters Woods**

| $40 R | $60 NR |
|---|---|

**January 23**

Sat — 1:00 p.m. – 4:00 p.m.
903057-A — Staff

## CAUTION: FOOD ALLERGIES

RCC Hunters Woods has a kitchen used for classes and rentals, so we cannot guarantee a completely allergen-free environment.

## Junior Gourmet – Taking it Up a Notch

(8 – 13 years old)

Junior Gourmets with cooking skills such as cutting, measuring, flouring pans and mixing will learn to prepare intermediate level recipes to create a gourmet meal and dessert.

**1, 3-hour session at RCC Hunters Woods**

| $50 R | $75 NR |
|---|---|

**February 20**

Sat — 1:00 p.m. – 4:00 p.m.
903056-A — Staff

## Little Chefs

(5 – 8 years old)

Budding foodies will learn basic kitchen skills, discover new ingredients and create simple recipes they can be proud of. This session encourages creativity, teamwork and confidence while making cooking a joyful experience.

**1, 3-hour session at RCC Hunters Woods**

| $15 R | $30 NR |
|---|---|

**February 20**

Sat — 9:00 a.m. – 12:00 p.m.
900301-A — Prezioso

NEW

## Spring Tea Party

(6 – 10 years old)

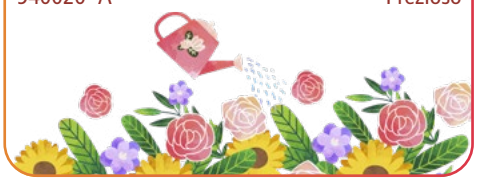
Create a picture-perfect three tier tea tray filled with tea sandwiches, scones and desserts – then sit back and savor it all with tea or hot chocolate.

**1, 90–min. session at RCC Hunters Woods**

| $12 R | $20 NR |
|---|---|

**May 2**

Sun — 11:00 a.m. – 12:30 p.m.
940020–A — Prezioso





# CRAFTS

All supplies included.

## Airbrush Art

(7 – 17 years old)

Create multicolor designs on T–shirts, canvas shoes and fabric purses or temporary tattoos using airbrush techniques.

**1, 2.5-hour session at RCC Hunters Woods**

| $30 R | $45 NR |
|---|---|

**March 13**

Sat — 12:30 p.m. – 2:00 p.m.
903064-A — Morgan

## Build a Terrarium for Earth Day

(7 – 11 years old)

Celebrate Earth Day by creating your own mini terrarium, complete with plants and decorative touches to make it uniquely yours.

**1, 2-hour session at RCC Hunters Woods**

| $45 R | $67 NR |
|---|---|

**April 17**

Sat — 1:00 p.m. – 3:00 p.m.
901202-A — Morgan

## Origami Arts – Mother's and Father's Day Cards

(8+)

Turn simple paper into something special. Learn easy folding techniques to create colorful pop-up cards in this fun, beginner-friendly class. Children under 12 must attend with an adult. All participants must register and pay.

**1, 2-hour session at RCC Hunters Woods**

| $10 R | $8 R55+ | $15 NR |
|---|---|---|

**May 1**

Sat — 1:00 p.m. – 3:00 p.m.
901372-A — Nelson

# DANCE

## Ballet Basics I
(3 – 5 years old)

Beginners will learn basic positions, terminology and barre technique.

**8, 45-min. sessions at RCC Hunters Woods**

$125 R | $175 NR

**January 13 – March 3**
Wed 3:00 p.m. – 3:45 p.m.
402402-C Art in Motion

**March 31 – May 19**
Wed 3:00 p.m. – 3:45 p.m.
402402-D Art in Motion

## Ballet Basics II
(6 – 8 years old)

This class session is structured as the next step after Ballet Basics I. It will cover in more depth basic positions, terminology and barre techniques.

**8, 45-min. sessions at RCC Hunters Woods**

$125 R | $175 NR

**January 13 – March 3**
Wed 5:00 p.m. – 5:45 p.m.
402793-B Art in Motion

**March 31 – May 19**
Wed 5:00 p.m. – 5:45 p.m.
402793-C Art in Motion

## Ballet Combo
(3 – 6 years old)

This class session is structured as an introduction to ballet basics with an emphasis on creative movement.

**8, 45-min. sessions at RCC Hunters Woods**

$125 R | $175 NR

**January 16 – March 6**
Sat 9:00 a.m. – 9:45 a.m.
402414-B Art in Motion

**April 3 – May 29**
(No Class: May 15)
Sat 9:00 a.m. – 9:45 a.m.
402414-C Art in Motion

## Fairytale Ballet
(3 – 5 years old)

Fairytale characters come to life through movement in this imaginative introduction to ballet. Young dancers explore basic technique and terminology, build coordination and balance and enjoy plenty of creative storytelling and dress-up along the way.

**8, 45-min. sessions at RCC Hunters Woods**

$125 R | $175 NR

**January 16 – March 6**
Sat 11:00 a.m. – 11:45 a.m.
402413-B Art in Motion

**April 3 – May 29**
(No Class: May 15)
Sat 11:00 a.m. – 11:45 a.m.
402413-C Art in Motion

## Hip-Hop
(4 – 6 years old)

Introduction to hip-hop movement with a focus on creativity, flexibility and fun, set to age-appropriate music.

**8, 45-min. sessions at RCC Hunters Woods**

$125 R | $175 NR

**January 13 – March 3**
Wed 4:00 p.m. – 4:45 p.m.
402672-C Art in Motion

**January 16 – March 6**
Sat 10:00 a.m. – 10:45 a.m.
402672-D Art in Motion

**March 31 – May 19**
Wed 4:00 p.m. – 4:45 p.m.
402672-E Art in Motion

**April 3 – May 29**
(No Class: May 15)
Sat 10:00 a.m. – 10:45 a.m.
402672-F Art in Motion



# ENRICHMENT

Participation is limited to the advertised age range.

## Anatomy for Kids – Skeletal System
(2 – 5 years old)

Discover how bones support muscles and how joints move with a hands-on model. Registered children must be accompanied by a parent/caregiver.

**1, 3–hour session at RCC Hunters Woods**

$10 R | $15 NR

**April 7**
Wed 10:00 a.m. – 11:00 a.m.
900311-A Morgan

## Babysitting
(10 – 15 years old)

Ready to start babysitting with confidence? This American Academy of Pediatrics-endorsed class teaches pediatric first aid and CPR, choking response, household safety and childcare basics so you can be prepared, responsible and ready to earn. Full attendance is required for certification. Bring a doll and your lunch.

**1, 6-hour session at RCC Hunters Woods**

$25 R | $40 NR

**April 24**
Sat 9:30 a.m. – 3:30 p.m.
902300-A McCall

## Sensing Science
(2 – 5 years old)

Children explore the five senses in this hands-on program that builds sensory awareness and school-readiness skills, including language and social development. Parent/caregiver must fully participate.

**1, 60-min. session at RCC Hunters Woods**

$10 R | $15 NR

**January 27**
Wed 10:00 a.m. – 11:00 a.m.
901311-A Staff

**March 10**
Wed 10:00 a.m. – 11:00 a.m.
901311-B Staff

**May 12**
Wed 10:00 a.m. – 11:00 a.m.
901311-C Staff

## Math Tutoring

Build stronger math skills in a setting designed for focus and progress. Students get small-group support with grade-appropriate concepts, extra practice where they need it and encouragement that helps confidence grow.

### MATH TUTORING FOR GRADES 3 – 5

(8 – 11 years old)

**17, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 25 – May 17**

Mon 4:30 p.m. – 6:00 p.m.
901463-A Samet

### MATH TUTORING FOR GRADES 6 – 8

(11 – 14 years old)

**17, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 26 – May 18**

Tue 4:30 p.m. – 6:00 p.m.
901464-A Samet

### MATH TUTORING FOR GRADES 9 – 12

(14 – 18 years old)

**17, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 27 – March 19**

Wed 4:30 p.m. – 6:00 p.m.
901465-A Samet

# FAMILY MEET-UPS

Participation is limited to the advertised age range. Children must be accompanied by a parent/caregiver.

## Frying Pan Farm Park

(2 – 5 years old)

Spend the day down on the farm with baby animals, wagon and carousel rides and a glimpse into rural life from the 1920s through the 1950s at Fairfax County's only working farm.

**1, 60-min. session at Frying Pan Park**

Free, Registration Required

**May 15**

Sat 10:00 a.m. – 11:00 a.m.
901451-A Haneline

# FITNESS

## Learn to Bike – Youth

(7 – 12 years old)

From first wobbles to confident rides, this beginner class helps children learn to pedal on two wheels. Certified instructors teach balance, steering and braking in a supportive setting. Bike rental provided. Please bring a CPSC-approved helmet that fits your child.

**1, 2-hour session at 1886 Metro Center Drive**

| $65 R | $98 NR |
|---|---|

**April 11**

Sun 1:00 p.m. – 3:00 p.m.
306208-A Westenhoff

**May 2**

Sun 1:00 p.m. – 3:00 p.m.
306208-B Westenhoff



# PERFORMING ARTS

NEW

## Family Shadow Puppetry Workshop

(6 – 15 years old)

Join Baltimore-based puppeteers Alex and Olmsted for an introduction to shadow puppetry. Learn the basics for simple, effective shadow puppet building and performance. This workshop will involve hands-on crafting using tools like scissors, x-acto knives and pliers. Materials will be provided and you can take your puppet home to kickstart your new shadow puppetry career! All experience levels welcome. Each registered child must attend with a parent/caregiver. Additional children from the same Reston household receive a 20% sibling discount.

**1, 2-hour sessions at RCC Hunters Woods**

| $20 R | $16 R Sibling | $25 NR |
|---|---|---|

**February 15**

Mon 10:00 a.m. – 12:00 p.m.
406010-A Staff

## Young Actors Theatre

(7 – 15 years old)

Step into the spotlight! Build the skills to be part of a theatrical ensemble and sing, dance and act in an original performance for family and friends. Rehearsals are on Friday afternoons and Saturday mornings. Class attendance is essential for the success of the group; please review your conflicts before enrolling. Additional required technical rehearsals March 8 – 12 and June 1 – 4, 4:30 p.m. – 7:00 p.m. Final performance: Saturday, March 13 and Sunday June 6, 2:00 p.m.

**24 sessions at RCC Hunters Woods**

| $235 R | $410 NR |
|---|---|

**January 8 – March 13**

Fri 4:30 p.m. – 6:00 p.m.
Sat 9:00 a.m. – 12:00 p.m.
402467-B Staff

**April 2 – June 6**

Fri 4:30 p.m. – 6:00 p.m.
Sat 9:00 a.m. – 12:00 p.m.
402467-C Staff

NEW

## Young Actors Theatre Bonus Workshop: Ensemble

(7 – 15 years old)

A bonus, one-time workshop for young actors. Being able to work as part of a group or ensemble is an essential part of acting. Through games and group activities, young actors learn how to connect and collaborate and make theatre together.

**1, 90-min. session at RCC Hunters Woods**

| $25 R | $50 NR |
|---|---|

**March 30**
Tue 4:30 p.m. – 6:00 p.m.
406015-A Campana

# SOCIAL

## Paint Splatter Party

(7 – 11 years old)

Get ready to make a mess in the name of art. Splatter paint across a large canvas to help create a colorful community piece, then make a smaller canvas of your own to take home. Wear clothes and shoes that can handle a little paint. All supplies are provided.

**1, 90-min. session at RCC Hunters Woods**

| $20 R | $30 NR |
|---|---|

**April 24**
Sat 1:00 p.m. – 2:30 p.m.
900306-A Morgan



## Parent's Night Out

(5 – 13 years old)

Parents, enjoy a well-deserved night out while your child has a fun-filled evening at RCC. Kids will play board games, make arts and crafts, go swimming and more, then wind down with pizza and a seasonal movie. A 20% sibling discount is available for additional children from the same Reston household.

**1, 4-hour sessions at RCC Hunters Woods**

| $15 R | $12 R Sibling | $19 NR |
|---|---|---|

**January 8**
Fri 5:00 p.m. – 9:00 p.m.
902017-A Staff

**January 22**
Fri 5:00 p.m. – 9:00 p.m.
902017-B Staff

**February 5**
Fri 5:00 p.m. – 9:00 p.m.
902017-C Staff

**February 19**
Fri 5:00 p.m. – 9:00 p.m.
902017-D Staff

**March 5**
Fri 5:00 p.m. – 9:00 p.m.
902017-E Staff

**March 19**
Fri 5:00 p.m. – 9:00 p.m.
902017-F Staff

**April 2**
Fri 5:00 p.m. – 9:00 p.m.
902017-G Staff

**April 23**
Fri 5:00 p.m. – 9:00 p.m.
902017-H Staff

**May 21**
Fri 5:00 p.m. – 9:00 p.m.
902017-V Staff

## Tot Time

(Infant – 5 years old)

Kids love this drop-in play group filled with toys, games, books, music and fun indoor inflatables (as space allows), while parents connect with one another. Parent/caregiver must fully participate.

**90-min. sessions at RCC Hunters Woods**

Free, Registration Not Required

**January 9 – May 29**
(No Class: January 18)
Mon, Thu, Fri 9:30 a.m. – 11:00 a.m.
Ali

**120-min. sessions at RCC Hunters Woods**

Free, Registration Not Required

**January 9, February 13, April 3, May 22**
Sat 9:00 a.m. – 11:00 a.m.
Staff

## AGES 13 TO 17: FIND YOUR FIT

Looking for something to do at RCC? Youth ages 13 to 17 may be able to join select programs listed for ages 18+ with permission from the program director.

Check out the Leisure and Learning section on pages 57 to 75 or contact us to ask which programs may be a good fit.

Have an idea for a class, workshop or event? Tell us what you'd like to see at RCC. Email RCCcontact@fairfaxcounty.gov with your suggestion.

## EPACT FORMS REQUIRED FOR SELECT PROGRAMS

After registering for Parent's Night Out, Young Actors Theatre and Cooking programs, watch for an email from ePACT to complete emergency contact information and other important details for these programs.

# WOODWORKING

NEW

## Baloo the Builder Workshop

(6 – 11 years old)

Build, create and learn by doing. Bear Cub Scouts complete Baloo the Builder requirements through guided, hands-on projects with parents helping as needed.

**1, 60-min. session at RCC Hunters Woods**

| $15 R | $30 NR |
|---|---|

**March 5**
Fri 6:00 p.m. – 7:00 p.m.
940013–A Staff

**March 12**
Fri 6:00 p.m. – 7:00 p.m.
940013–B Staff

**March 19**
Fri 6:00 p.m. – 7:00 p.m.
940013–C Staff

**April 9**
Fri 6:00 p.m. – 7:00 p.m.
940013–D Staff

**April 16**
Fri 6:00 p.m. – 7:00 p.m.
940013–E Staff

**April 23**
Fri 6:00 p.m. – 7:00 p.m.
940013–F Staff

**April 30**
Fri 6:00 p.m. – 7:00 p.m.
940013–G Staff

## Pinewood Derby Workshop

(7 – 14 years old)

The RCC Woodshop will be open on one date for Cub Scouts to work on a Pinewood Derby Project. A Den may register under the Den Leader's name, with a flat fee for 6 – 12 participants. Parent/caregivers are encouraged to help supervise. A reservation is required; walk-ins are not permitted. Only one den per session.

**1, 2-hour session at RCC Hunters Woods**

| $75 R | $113 NR |
|---|---|

**January 15**
Fri 5:30 p.m. – 7:30 p.m.
901003-D Ingram

# VISUAL ARTS

## Art Attack

(7 – 11 years old)

Students spark creativity using pastels, watercolor, tempera, colored pencils and more. Each session encourages artistic choice and personal expression, resulting in fun, imaginative projects.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $130 NR |
|---|---|

**January 11 – March 15**
(No Class: January 18, February 15)
Mon 4:30 p.m. – 5:30 p.m.
402697-B Lambakis

**March 29 – May 17**
Mon 4:30 p.m. – 5:30 p.m.
402697-C Lambakis

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call RCC at 703-476-4500 for the most complete and up-to-date information.







# LEISURE & LEARNING


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# COOKING

**(18+)**

**Acclaimed private chef Abby McManigle uses her extensive culinary expertise to highlight the versatility of seasonal produce across diverse ethnic cuisines.**

## Global Bread Making

Prepare and indulge in Moroccan flatbread with olives and feta, South American arepas and Roman rosemary olive oil focaccia.

**1, 2-hour session at RCC Hunters Woods**

| $100 R | $80 R55+ | $150 NR |
|---|---|---|

**May 15**
Sat 1:00 p.m. – 3:00 p.m.
523108-B McManigle

NEW

## Mardi Gras Gumbo

"Laissez les bons temps rouler" with this hands-on Creole cooking class, just in time for the Carnival season. Learn to make the perfect roux, chicken and andouille sausage gumbo, New Orleans BBQ shrimp and beignets.

**1, 2-hour session at RCC Hunters Woods**

| $150 R | $120 R55+ | $225 NR |
|---|---|---|

**February 6**
Sat 1:00 p.m. – 3:00 p.m.
576403-A McManigle

NEW

## Pasta Making

Take your taste buds on an Italian road trip, making pasta dough from scratch, shaping orecchiette, Tuscan pici and Ligurian trofie. Then finish with simple sauces for effortless, impressive meals.

**1, 2-hour session at RCC Hunters Woods**

| $150 R | $120 R55+ | $225 NR |
|---|---|---|

**April 3**
Sat 1:00 p.m. – 3:00 p.m.
576405-A McManigle

NEW

## Perfecting the Art of Risotto

Discover the techniques behind creamy, perfectly cooked risotto in this hands-on class, while making two recipes: red wine-braised beef and risotto al limone.

**1, 2-hour session at RCC Hunters Woods**

| $150 R | $120 R55+ | $225 NR |
|---|---|---|

**March 13**
Sat 1:00 p.m. – 3:00 p.m.
576404-A McManigle

# CRAFTS

## Japanese Floral Arrangement

(18+)

Learn to create beautiful flower arrangements with a Japanese touch through Ikebana, the art that emphasizes harmony, color and simplicity. Flowers provided; please bring a vase and small scissors or garden clippers.

**1, 2-hour session at RCC Hunters Woods**

| $65 R | $52 R55+ | $97 NR |
|---|---|---|

**February 7**
Sun 1:00 p.m. – 3:00 p.m.
500645-A Shimizu

**March 14**
Sun 1:00 p.m. – 3:00 p.m.
500645-B Shimizu

**April 18**
Sun 1:00 p.m. – 3:00 p.m.
500645-C Shimizu

**May 16**
Sun 1:00 p.m. – 3:00 p.m.
500645-D Shimizu



# DANCE

## Line Dancing with Scotty

(18+)

Learn classic country favorites, the newest pop dances and other line dancing styles for beginners. Please wear shoes that will slide on the wood floor and bring water to class.

### BEGINNER

**10, 60-min. sessions at RCC Hunters Woods**

| $75 R | $60 R55+ | $112 NR |
|---|---|---|

**January 7 – March 11**
Thu 5:00 p.m. – 6:00 p.m.
503532-A Inman

**March 25 – May 27**
Thu 5:00 p.m. – 6:00 p.m.
503532-B Inman

### INTERMEDIATE

**10, 60-min. sessions at RCC Hunters Woods**

| $75 R | $60 R55+ | $112 NR |
|---|---|---|

**January 7 – March 11**
Thu 6:00 p.m. – 7:00 p.m.
503532-A Inman

**March 25 – May 27**
Thu 6:00 p.m. – 7:00 p.m.
503532-B Inman

## Sunday Afternoon Dances

(18+)

Step out on the second Sunday of the month to foxtrot, swing, cha-cha and waltz to tunes from golden oldies to modern hits. Enjoy a mini-lesson, door prizes and plenty of fun – no partner required. Please note: no 55+ discount on this drop-in event. For more information, please contact Cassie Lebron, RCC's Lifelong Learning Program Director, at 703-390-6157.

**2-hour sessions at RCC Hunters Woods**

| $6 R | $9 NR |
|---|---|

**February 14, March 14, April 11, May 9**
(No Class: January 10)
Sun 2:30 p.m. – 4:30 p.m.

# DISCUSSION

## Bookends
(18+)

Enjoy lively discussions about a variety of captivating books. Pick up your own copy or borrow one from the library. We can't wait to hear your insights!

**January 28:**
"The Correspondent: A Novel" by Virginia Evans

**February 25:**
"The Inheritance" by Kate Horan

**March 25:**
"Run" by Ann Patchett

**April 22:**
"The Elegance of the Hedgehog" by Muriel Barbery

**May 27:**
"Remains of the Day" by Kazuo Ishiguro

**5, 90-min. sessions at RCC Hunters Woods**

Free, Registration Required

**January 28, February 25, March 25, April 22, May 27**
Thu 12:30 p.m. – 2:00 p.m.
5C0075-A Staff

## Current Issues Discussion Group
(18+)

Be part of a lively gathering focused on politics and how government works at the local, national and global levels. Thoughtful debate is encouraged and newcomers are always welcome.

**21, 2-hour sessions at RCC Hunters Woods**

Free, Registration Required

**January 7 – May 27**
Thu 10:00 a.m. – 12:00 p.m.
5C0080-A Staff

# ENRICHMENT

NEW

## AARP Smart Driver
(18+)

This two-day workshop, led by an AARP instructor, teaches defensive driving skills. Participants 50+ may qualify for a car insurance discount upon successful completion. Note: Payment is made to AARP on the first day of class: $20 for AARP members, $25 for nonmembers (check or cash). AARP members must present their membership card.

**2, 4-hour sessions at RCC Hunters Woods**

Free to Register; Pay at the Door

**April 27 – April 28**
Tue, Wed 11:00 a.m. – 3:00 p.m.
505537-A AARP

NEW

## Access Library Services
(18+)

Bring the library home for yourself or a loved one. Discover free Fairfax County Public Library services and resources that make books, information and support easier to access without visiting a branch.

**1, 60-min. session at RCC Hunters Woods**

Free, Registration Required

**May 3**
Mon 11:00 a.m. – 12:00 p.m.
501602-A Hawkins

## Don't Get Scammed
(18+)

Know the warning signs before a scammer strikes. Learn how common schemes like unlicensed contractors, romance scams and grandparent scams work and pick up practical tips to help protect yourself and your loved ones.

**1, 60-min. session via Teams**

Free, Registration Required

**February 10**
Wed 1:00 p.m. – 2:00 p.m.
503509-A Smarr

## VIRTUAL CLASSES

Virtual classes will be conducted using Microsoft Teams or Zoom. All registered participants will receive a link at least 24 hours before the class.

NEW

## HomeFit Workshop
(18+)

Make your home work better for you. Learn from AARP about simple modifications that can make everyday activities safer, more comfortable and easier while supporting greater independence at home.

**1, 2-hour session at RCC Hunters Woods**

Free, Registration Required

**April 6**
Tue 1:00 p.m. – 3:00 p.m.
501601-A AARP

## Legal: Estate Planning Basics
(18+)

This program offers a basic overview of estate planning, including the pros and cons of joint ownership, beneficiary designations, gifting, traditional wills and revocable living trusts. This is an informational program with no solicitation or obligation.

**1, 60-min. session via Teams**

Free, Registration Required

**January 12**
Tue 1:00 p.m. – 2:00 p.m.
500809-A Lambeth

NEW

## Six Pillars of Brain Health
(18+)

Give your brain a boost with simple habits that support lifelong health. Explore the six pillars of a brain-healthy lifestyle, learn practical steps you can use every day and discover resources to keep you moving forward.

**1, 60-min. session at RCC Hunters Woods**

Free, Registration Required

**March 15**
Mon 1:00 p.m. – 2:00 p.m.
501600-A Nightingale

# COLLEGE READINESS WORKSHOPS

(13+)
Turn college goals into a plan with guidance from $400,000 scholarship winner and author Marianne Ragins. Learn practical strategies for scholarships, applications and college preparation. Attending seniors will also become eligible for the Ragins/Braswell National Scholarship.

NEW

## Accepted? Now What? Let's Talk College Funding, Scholarships & Smart Money Moves

**1, 2-hour session at RCC Hunters Woods**

Free, Registration Required

**April 29**
Thu 6:30 p.m. – 8:30 p.m.
940009-A Ragins

## Building Your Student Activities Resume & Writing Essays For Easier College Acceptance & Scholarship

**1, 2-hour session at RCC Hunters Woods**

Free, Registration Required

**January 15**
Fri 6:30 p.m. – 8:30 p.m.
903400-A Ragins

## Money Matters for Students

**1, 2-hour session via Zoom**

Free, Registration Required

**February 4**
Thu 6:30 p.m. – 8:30 p.m.
900268-B Ragins

NEW

## Senior Year Head Start: Learning How to Get Scholarships & Awards for Early Success

**1, 2-hour session at RCC Hunters Woods**

Free, Registration Required

**March 11**
Thu 6:30 p.m. – 8:30 p.m.
940007-A Ragins

NEW

## Summer Success Strategies for Winning Scholarships

**1, 2-hour session at RCC Hunters Woods**

Free, Registration Required

**May 20**
Thu 6:30 p.m. – 8:30 p.m.
940008-A Ragins

# FITNESS

NEW

## Afrobeats Groove

(18+)
Move to the rhythm in this low-impact dance class set to upbeat Afrobeats-inspired music. Simple choreography builds balance, coordination and light cardio at a comfortable pace, with modifications and seated options for every fitness level.

**8, 60-min. sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**March 10 – April 28**
Wed 1:30 p.m. – 2:30 p.m.
300140-A Worku

## Aging with Power and Grace

(18+)
Explore exercises designed to increase muscular strength, range of motion and activities for daily living. Exercises can be performed standing or seated in a chair while focusing on functional exercises designed to improve flexibility, strength, balance and coordination.

**8, 60-min. sessions at RCC Lake Anne**

| $125 R | $100 R55+ | $188 NR |
|---|---|---|

**January 4 – March 1**
(No Class: February 15)
Mon 11:30 a.m. – 12:30 p.m.
300147-A Miles/Williams

**January 6 – March 3**
(No Class: February 17)
Wed 11:30 a.m. – 12:30 p.m.
300147-B Miles/Williams

**March 22 – May 17**
(No Class: April 19)
Mon 11:30 a.m. – 12:30 p.m.
300147-C Miles/Williams

**March 24 – May 19**
(No Class: April 21)
Wed 11:30 a.m. – 12:30 p.m.
300147-D Miles/Williams

## Barre Fusion

(18+)
This low-impact strength workout blends ballet, dance and functional movements to improve muscle tone, posture and flexibility. Regular barre sessions support bone density, endurance and metabolism. Participants should bring a mat and be comfortable moving to the floor.

**5, 60-min. sessions at RCC Lake Anne**

| $50 R | $40 R55+ | $75 NR |
|---|---|---|

**April 26 – May 24**
Mon 10:45 a.m. – 11:45 a.m.
300149-B Biddy

## Cardio Strength

(18+)

Blending cardio, strength and core training with various equipment to work all major muscle groups along with floor exercises for a great cardio strength workout.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 5 – February 23**
Tue 5:30 p.m. – 6:30 p.m.
300150-A Fletcher

**9, 60-min. sessions at RCC Lake Anne**

| $85 R | $68 R55+ | $128 NR |
|---|---|---|

**March 16 – May 18**
(No Class: April 27)
Tue 5:30 p.m. – 6:30 p.m.
300150-B Fletcher

REGISTER TODAY
DON'T DELAY!

Register at least one week before the program starts to help us avoid cancellations.



## Essentrics

(18+)

A dynamic routine that combines strengthening and stretching to boost flexibility, mobility, posture, energy and stress relief while helping prevent injury and reduce pain. Participants should be able to transfer to the floor for mat exercises.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 4 – March 1**
(No Class: February 15)
Mon 9:15 a.m. – 10:15 a.m.
305033-A Avilov

**January 5 – March 2**
(No Class: February 16)
Tue 10:15 a.m. – 11:15 a.m.
305033-B Avilov

**January 5 – February 23**
Tue 6:45 p.m. – 7:45 p.m.
305033-C Fletcher

**January 7 – March 4**
(No Class: February 18)
Thu 10:15 a.m. – 11:15 a.m.
305033-D Avilov

**January 8 – March 5**
(No Class: February 19)
Fri 10:45 a.m. – 11:45 a.m.
305033-E Avilov

**March 22 – May 17**
(No Class: April 19)
Mon 9:15 a.m. – 10:15 a.m.
305033-G Avilov

**March 23 – May 18**
(No Class: April 20)
Tue 10:15 a.m. – 11:15 a.m.
305033-H Avilov

**March 25 – May 20**
(No Class: April 22)
Thu 10:15 a.m. – 11:15 a.m.
305033-I Avilov

**March 26 – May 21**
(No Class: April 23)
Fri 10:45 a.m. – 11:45 a.m.
305033-J Avilov

**9, 60-min. sessions at RCC Lake Anne**

| $85 R | $68 R55+ | $128 NR |
|---|---|---|

**March 16 – May 18**
(No Class: April 27)
Tue 6:45 p.m. – 7:45 p.m.
305033-F Fletcher

## Essentrics Aging Backwards

(18+)

Enjoy a gentle, full-body workout inspired by Miranda Esmonde-White's bestselling "Aging Backwards." This slow-paced class helps restore joint mobility, improve flexibility, relieve pain and boost energy. Participants should be able to transfer to the floor for mat exercises.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 6 – March 3**
(No Class: February 17)
Wed 10:45 a.m. – 11:45 a.m.
305034-A Avilov

**January 6 – February 24**
Wed 12:00 p.m. – 1:00 p.m.
305034-B Fletcher

**March 24 – May 19**
(No Class: April 21)
Wed 10:45 a.m. – 11:45 a.m.
305034-D Avilov

**9, 60-min. sessions at RCC Lake Anne**

| $85 R | $68 R55+ | $128 NR |
|---|---|---|

**March 17 – May 19**
(No Class: April 28)
Wed 12:00 p.m. – 1:00 p.m.
305034-C Fletcher

## Fitness Fusion

(18+)

Tone your body and improve cardiovascular health, strength and flexibility.

**8, 50-min. sessions at RCC Lake Anne**

| $125 R | $100 R55+ | $188 NR |
|---|---|---|

**January 4 – March 1**
(No Class: February 15)
Mon 10:30 a.m. – 11:20 a.m.
300014-A Miles/Williams

**January 6 – March 3**
(No Class: February 17)
Wed 10:30 a.m. – 11:20 a.m.
300014-B Miles/Williams

**March 22 – May 17**
(No Class: April 19)
Mon 10:30 a.m. – 11:20 a.m.
300014-C Miles/Williams

**March 24 – May 19**
(No Class: April 21)
Wed 10:30 a.m. – 11:20 a.m.
300014-D Miles/Williams

## Forever Fit

(18+)

This is a low-intensity interval training workout that combines cardiovascular conditioning, strength training, flexibility and balance, using a variety of fitness equipment including weights, bands and mini-balls.

**9, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 7 – March 18**
(No Class: January 28, February 25)
Thu 9:00 a.m. – 10:00 a.m.
305040-A Moses

**January 8 – February 26**
Fri 12:00 p.m. – 1:00 p.m.
305040-B Yue

**8, 60-min. sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $135 NR |
|---|---|---|

**March 19 – May 7**
Fri 12:00 p.m. – 1:00 p.m.
305040-CC Yue

**April 1 – May 27**
(No Class: April 29)
Thu 9:00 a.m. – 10:00 a.m.
305040-DD Moses

## Functional Fitness

(18+)

Join us for functional fitness with kettlebells, bands, medicine balls and TRX straps. Build strength, stability, mobility and endurance while improving balance, coordination and reducing injury risk.

**7, 60-min. sessions at RCC Lake Anne**

| $65 R | $52 R55+ | $98 NR |
|---|---|---|

**January 20 – March 3**
Wed 8:00 a.m. – 9:00 a.m.
305180-A Kumar

**March 31 – May 12**
Wed 8:00 a.m. – 9:00 a.m.
305180-B Kumar

## Joint-Friendly Fitness

(18+)

Gentle activities can improve joint flexibility, range of motion and muscle strength. These joint-friendly exercises promote balance, strength and stamina. Participants can take the class sitting or standing.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 6 – February 24**
Wed 10:30 a.m. – 11:30 a.m.
300129-A Fletcher

**January 8 – February 26**
Fri 12:00 p.m. – 1:00 p.m.
300129-B Fletcher

**9, 60-min. sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $135 NR |
|---|---|---|

**March 17 – May 19**
(No Class: April 28)
Wed 10:30 a.m. – 11:30 a.m.
300129-C Fletcher

**March 19 – May 21**
(No Class: April 30)
Fri 12:00 p.m. – 1:00 p.m.
300129-D Fletcher

## LIIST (Low Impact Interval Strength Training)

(18+)

This total body workout is performed in a circuit, designed to help you develop strength and improve cardiovascular levels with minimal stress on joints.

**6, 60-min. sessions at RCC Lake Anne**

| $60 R | $48 R55+ | $90 NR |
|---|---|---|

**January 23 – March 6**
(No Class: February 13)
Sat 9:00 a.m. – 10:00 a.m.
304605-A Kumar

**January 25 – March 8**
(No Class: February 15)
Mon 8:00 a.m. – 9:00 a.m.
304605-B Kumar

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**April 3 – May 22**
Sat 9:00 a.m. – 10:00 a.m.
304605-CC Kumar

**7, 60-min. sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**April 5 – May 17**
Mon 8:00 a.m. – 9:00 a.m.
304605-DD Kumar

## Mind-Body Fitness

(18+)

Get stronger, move better and build endurance with personalized guidance from two experienced personal trainers. Varied exercises and portable equipment keep each session fresh while supporting strength, cardio fitness and flexibility at any level.

**8, 60-min. sessions at RCC Lake Anne**

| $125 R | $100 R55+ | $188 NR |
|---|---|---|

**January 5 – March 2**
(No Class: February 16)
Tue 11:30 a.m. – 12:30 p.m.
305840-A Miles/Williams

**January 7 – March 4**
(No Class: February 18)
Thu 11:30 a.m. – 12:30 p.m.
305840-B Miles/Williams
Thu 12:30 p.m. – 1:30 p.m.
305840-C Miles/Williams

**March 23 – May 18**
(No Class: April 20)
Tue 11:30 a.m. – 12:30 p.m.
305840-D Miles/Williams

**March 25 – May 20**
(No Class: April 22)
Thu 11:30 a.m. – 12:30 p.m.
305840-E Miles/Williams
Thu 12:30 p.m. – 1:30 p.m.
305840-F Miles/Williams

## Mindfulness Meditation

(18+)

Explore mindfulness in a welcoming space with guided breathing, body scans, gentle movement and loving-kindness meditation. Reduce stress, quiet your mind and build practical tools for daily calm in a supportive community.

**8, 75-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 13 – March 3**
Wed 6:30 p.m. – 7:45 p.m.
305059-B White

**March 24 – May 12**
Wed 6:30 p.m. – 7:45 p.m.
305059-D White

## Zumba Fitness

(18+)

Zumba blends high-energy Latin and international music with fun dance moves for a dynamic, party-style workout that helps participants move, sweat and let loose.

**7, 60-min. sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**January 21 – March 4**
Thu 6:15 p.m. – 7:15 p.m.
302327-A Kumar

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 25 – March 22**
(No Class: February 15)
Mon 6:30 p.m. – 7:30 p.m.
302327-B Ledesma

**9, 60-min. sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $135 NR |
|---|---|---|

**March 25 – May 20**
Thu 6:15 p.m. – 7:15 p.m.
302327-C Kumar

**7, 60-min. sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**April 12 – May 24**
Mon 6:30 p.m. – 7:30 p.m
302327-D Ledesma

## Zumba Toning

(18+)

Zumba Toning combines body-sculpting exercises with high-energy Latin-inspired cardio. Participants use light toning sticks or dumbbells to target arms, abs and thighs. New participants should attend the first session for posture and form orientation.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 25 – March 22**
(No Class: February 15)
Mon 5:30 p.m. – 6:25 p.m.
302227-A Ledesma

**7, 60-min. sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**April 12 – May 24**
Mon 5:30 p.m. – 6:25 p.m.
302227-B Ledesma

# WELLNESS WORKSHOPS (18+)

## Balance and Mobility

Christina Armao and Anya Avilov lead a yoga and Essentrics workshop to improve balance, strength and flexibility and reduce fall risk.

**1, 2-hour session at RCC Lake Anne**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**January 10**
Sun 1:00 p.m. – 3:00 p.m.
302400-A Armao/Avilov

## Brain Health

Learn how diet, activity, stress reduction and social connection may help delay Alzheimer's.

**1, 2-hour session at RCC Lake Anne**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**February 27**
Sat 1:30 p.m. – 3:30 p.m.
305707-A Chan

## Forest Bathing

Forest bathing is a guided nature experience that quiets the mind, reduces stress and nurtures well-being as participants walk nearby trails practicing mindfulness, breathwork and meditation.

**1, 90-min. session at RCC Lake Anne**

| $25 R | $20 R55+ | $38 NR |
|---|---|---|

**April 3**
Sat 9:00 a.m. – 10:30 a.m.
305710-A Chan

## Healthy Back

Learn what causes back pain and explore techniques to stretch, strengthen and ease discomfort.

**1, 2-hour session at RCC Lake Anne**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**January 9**
Sat 1:00 p.m. – 3:00 p.m.
302403-A Avilov/Sypula

## Stress Relief Workshop

Learn how stress impacts you and practice techniques to restore balance and support long-term well-being.

**1, 2-hour session at RCC Lake Anne**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**February 28**
Sun 1:00 p.m. – 3:00 p.m.
302401-A Avilov/Sypula

## Yoga and Art at Lake Anne Art Gallery

This workshop blends gentle yoga with guided art observation. Participants engage with gallery artwork, reflect on their responses and integrate them into movement, breath and focused awareness, followed by a brief group discussion.

**1, 90-min. session at RCC Lake Anne**

| $25 R | $20 R55+ | $38 NR |
|---|---|---|

**January 24**
Sat 2:30 p.m. - 4:00 p.m.
302450-A Armao

# FITNESS: YOGA & TAI CHI

## Tai Chi

Build strength, balance and focus through Tai Chi. These standing classes develop core skills and techniques that support flexibility, cardiovascular conditioning and mind-body connection. Intermediate and Advanced students continue refining the 24-step Yang Style Tai Chi form and Qigong exercises; enrollment in these levels requires instructor approval.



### BEGINNING TAI CHI

(18+)

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 6 – February 24**
Wed 1:00 p.m. – 2:00 p.m.
302305-A Durham

**January 8 – February 26**
Fri 10:45 a.m. – 11:45 a.m.
302305-B Yue

**March 17 – May 5**
Wed 1:00 p.m. – 2:00 p.m.
302305-C Durham

**March 19 – May 7**
Fri 10:45 a.m. – 11:45 a.m.
302305-D Yue

### INTERMEDIATE TAI CHI

(18+)

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 7 – February 25**
Thu 10:35 a.m. – 11:35 a.m.
302307-A Yue

**March 18 – May 6**
Thu 10:35 a.m. – 11:35 a.m.
302307-B Yue

### ADVANCED TAI CHI

(18+)

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 8 – February 26**
Fri 9:30 a.m. – 10:30 a.m.
302308-A Durham

**March 19 – May 7**
Fri 9:30 a.m. – 10:30 a.m.
302308-B Durham

NEW

### Gentle Core Yoga and Sound Bath

(18+)

This class offers slow, mindful core-focused movement to build strength and stability at a comfortable pace. Participants move through breath-guided exercises and finish with a period of stillness accompanied by calming sound from singing bowls.

**4, 60-min. sessions at RCC Lake Anne**

| $40 R | $32 R55+ | $60 NR |
|---|---|---|

**January 6 – January 27**
Wed 1:30 p.m. – 2:30 p.m.
300148-A Worku

### Gentle Hatha Yoga

(18+)

Incorporates classical yoga postures and breathing exercises to improve strength, flexibility, balance and overall well-being. Suitable for all levels.

**8, 60-min. sessions at RCC Lake Anne**

| $85 R | $68 R55+ | $128 NR |
|---|---|---|

**January 26 – March 16**
Tue 5:00 p.m. – 6:00 p.m.
304993-AA Sundaresan

**March 30 – May 18**
Tue 5:00 p.m. – 6:00 p.m.
304993-B Sundaresan

### Gentle Yoga

(18+)

Designed for senior adults, this traditional yoga class incorporates stretching and strengthening postures that focus on balance with some standing and floor poses as well. Participants should be comfortable getting up and down from the floor.

**7, 75-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 12 – March 9**
(No Class: February 16, 23)
Tue 10:15 a.m. – 11:30 a.m.
304995-A Sypula

**January 14 – March 11**
(No Class: February 18, 25)
Thu 10:15 a.m. – 11:30 a.m.
304995-B Sypula

**April 6 – May 18**
Tue 10:15 a.m. – 11:30 a.m.
304995-C Sypula

**April 8 – May 20**
Thu 10:15 a.m. – 11:30 a.m.
304995-D Sypula

### Hatha Yoga I

(18+)

Hatha Yoga I creates balance in our physical, mental and energetic bodies. Explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. All levels welcome.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 14 – March 4**
Thu 9:00 a.m. – 10:00 a.m.
315001-A Armao

**March 25 – May 13**
Thu 9:00 a.m. – 10:00 a.m.
315001-B Armao

## Hatha Yoga II
(18+)

Hatha Yoga II explores creating balance in our physical, mental and energetic bodies by adding to foundational postures. Experience more challenging postures, sequences and focus on linking breath with movement to build strength, balance, awareness and joy. Students should have prior experience in Hatha Yoga.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 13 – March 3**
Wed 6:15 p.m. – 7:15 p.m.
315002-A Armao

**March 24 – May 12**
Wed 6:15 p.m. – 7:15 p.m.
315002-B Armao

## Mindful Yoga with Sound Healing
(18+)

This class combines mindful yoga with the sounds of singing bowls to enhance relaxation and focus. Students will practice yoga movements and breathing techniques, then enjoy guided meditation and deep relaxation accompanied by the bowls.

**7, 75-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 14 – March 11**
(No Class: February 18, 25)
Thu 6:30 p.m. – 7:45 p.m.
314760-A Sypula

**April 8 – May 20**
Thu 6:30 p.m. – 7:45 p.m.
314760-B Sypula

## Pilates Mat
(18+)

Pilates is a system of exercises designed to develop the body's core, mobilize and stabilize the spine and build flexibility and strength. Most exercises will be performed on a mat and may include stability balls, magic circles and light hand weights.

**5, 60-min. sessions at RCC Lake Anne**

| $50 R | $40 R55+ | $75 NR |
|---|---|---|

**April 26 – May 24**
Mon 9:30 a.m. – 10:30 a.m.
306030-B Biddy

## Qigong
(18+)

Originating in ancient China as part of traditional medicine, Qigong integrates mind, breath and gentle movement. Through coordinated full-body motions, participants will improve strength, balance, coordination and overall relaxation while supporting both physical and mental well-being.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 7 – February 25**
Thu 9:30 a.m. – 10:30 a.m.
304994-A Yue

**January 23 – March 20**
(No Class: March 13)
Sat 11:45 a.m. – 12:45 p.m.
304994-B Okerson

**March 18 – May 6**
Thu 9:30 a.m. – 10:30 a.m.
304994-CC Yue

**April 3 – May 22**
Sat 11:45 a.m. – 12:45 p.m.
304994-DD Okerson

## Sound Bath Meditation
(18+)

Using ambient tones from traditional wind and percussion instruments, a sound bath guides you into a deep meditative state, leaving you feeling relaxed, refreshed and balanced.

**4, 60-min. sessions at RCC Lake Anne**

| $50 R | $40 R55+ | $75 NR |
|---|---|---|

**January 10, 24, February 7, March 7**
Sun 4:00 p.m. – 5:00 p.m.
314761-A Sypula

**April 4, 18, May 2, May 16**
Sun 4:00 p.m. – 5:00 p.m.
314761-B Sypula

## Tai Chi for Health and Balance
(18+)

This class focuses on simple, repetitive Qigong (energy-building) movements combined with breathing and meditation exercises. Participants will improve balance, strengthen legs and move with greater ease and efficiency. All levels welcome.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 26 – March 16**
Tue 9:30 a.m. – 10:30 a.m.
306020-AA Smyers

**April 6 – May 25**
Tue 9:30 a.m. – 10:30 a.m.
306020-BB Smyers

## Yang Style Form Integration
(18+)

This class is for participants who have completed Tai Chi Yang Style Beginner. Students will review the first third of the Yang Style Tai Chi form while focusing on integrating fundamental Tai Chi principles into each movement to improve technique, balance and flow.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 26 – March 16**
Tue 10:45 a.m. – 11:45 a.m.
304922-A Smyers

**April 6 – May 25**
Tue 10:45 a.m. – 11:45 a.m.
304922-B Smyers

## Yang Style Tai Chi
(18+)

This class explores Tai Chi fundamentals through gentle exercises that connect body and mind. Participants will focus on improving balance, flexibility and overall well-being.

**8, 60-min. sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $105 NR |
|---|---|---|

**January 13 – March 3**
Wed 6:00 p.m. – 7:00 p.m.
304920-A Scanlan

**March 24 – May 12**
Wed 6:00 p.m. – 7:00 p.m.
304920-B Scanlan

## Yoga 101
(18+)

Introduces basic yoga poses and breathing techniques, building skills progressively each class. Participants develop greater awareness of body and mind through mindful movement and breath. All levels are welcome.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 13 – March 3**
Wed 9:00 a.m. – 10:00 a.m.
305601-A Armao

**March 24 – May 12**
Wed 9:00 a.m. – 10:00 a.m.
305601-B Armao

## Yoga for Healthy Bones
(18+)

This class helps participants strengthen bones and improve balance using bands, dumbbells and weight-bearing exercises. Dynamic movements and static holds build strength, stability and confidence. Exercises may be performed seated, standing or on a mat.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 23 – March 20**
(No Class: March 13)
Sat 10:30 a.m. – 11:30 a.m.
304890-A Okerson

**April 3 – May 22**
Sat 10:30 a.m. – 11:30 a.m.
304890-B Okerson

## Yoga for Rest: Hatha and Nidra Fusion
(18+)

Unwind, recharge and prepare for better sleep. This Hatha-Nidra fusion class blends gentle, beginner-friendly postures, calming breathwork and guided meditation to promote deep rest, relaxation and mental clarity.

**8, 60-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $113 NR |
|---|---|---|

**January 13 – March 3**
Wed 7:15 p.m. – 8:15 p.m.
305705-A Chan

**March 10 – April 28**
Wed 7:15 p.m. – 8:15 p.m.
305705-B Chan

## Yoga with Weights
(18+)

Blend gentle yoga movements with weights to create a challenging and mindful practice. Some benefits of combining yoga and strength training include improved bone density, muscle strength, flexibility and balance.

**8, 60-min. sessions at RCC Lake Anne**

| $80 R | $64 R55+ | $120 NR |
|---|---|---|

**January 26 – March 16**
Tue 9:00 a.m. – 10:00 a.m.
304702-A Okerson

**March 30 – May 18**
Tue 9:00 a.m. – 10:00 a.m.
304702-B Okerson

## Yoga, Breath and Meditation
(18+)

Reconnect through the power of breath. This class combines gentle yoga poses, including chair variations, with breathwork and mindfulness meditation to help boost energy, sharpen focus and build emotional resilience. All levels welcome.

**8, 60-min. sessions at RCC Lake Anne**

| $85 R | $68 R55+ | $128 NR |
|---|---|---|

**January 25 – March 22**
(No Class: February 15)
Mon 10:30 a.m. – 11:30 a.m.
305058-A Patel/Shah

**April 5 – May 24**
Mon 10:30 a.m. – 11:30 a.m.
305058-B Patel/Shah



# FITNESS – DAILY PASS

- RCC offers ongoing Boot Camp, Cardio and Strength Intervals, Walking Group, Zumba Gold and Zumba Gold Toning classes that do not require a season-long commitment.
- To attend a Fitness – Daily Pass class: reserve your spot in myRCC in advance and swipe your Daily Pass when you arrive.
- Reston residents/employees may make reservations beginning on the 25th for the following month; Non-Reston patrons may do so beginning on the 1st of the month.
- You can cancel your reservation through myRCC.

## Fitness Daily Pass Fees

- Purchase a Fitness Daily Pass in myRCC or at the RCC Customer Service Desk.
- Passes can be purchased with 5 – 60 visits at a time.
- There is no 55+ discount for Fitness Daily Passes.
- Valid for 2 years from purchase date.

| $4.50 R | $8.50 NR |
|---|---|

## Boot Camp
(18+)

Build strength, balance and flexibility through upper- and lower-body exercises, core work, weights and mat-based floor exercises. Class concludes with full-body stretching.

**60-min. sessions at RCC Lake Anne**

Pass, Reservation Required

**January 8 – May 28**
Fri 10:45 a.m. – 11:45 a.m.
3C0010 Fletcher

## Cardio and Strength Intervals
(18+)

Join in for an energizing workout that consists of intervals of cardiovascular and strength training movements. Designed to help improve metabolism, this class will help increase endurance and power. Weights will be provided.

**60-min. sessions at RCC Lake Anne**

Pass, Reservation Required

**January 6 – May 26**
Wed 9:15 a.m. – 10:15 a.m.
3C0095 Fletcher

## Walking Group

(18+)

Fuel your day with fresh air, movement and great company! Enjoy a 60-minute walk along Reston's scenic paths, parks and gardens with meetups held at different locations in and near Reston. Walks may be canceled due to inclement weather.

**60-min. sessions at RCC Lake Anne**

Pass, Reservation Required

**January 6 – May 19**
(No Class: February 17, April 21)
Wed 12:15 p.m. – 1:15 p.m.
3C0085 Avilov

## Zumba Gold

(18+)

Zumba Gold offers active adults a modified version of Zumba with the same moves at a lower intensity. Enjoy easy-to-follow Latin dance routines that focus on balance, range of motion and coordination in a fun atmosphere.

**60-min. sessions at RCC Lake Anne**

Pass, Reservation Required

**January 6 – May 21**
Wed, Fri 9:30 a.m. – 10:30 a.m.
3C0070 Avilov

## Zumba Gold Toning

(18+)

Zumba Gold Toning combines lower-intensity Zumba cardio with light weights for strength and muscle conditioning. This easy-to-follow dance fitness class helps active adults boost tone, balance and coordination while enjoying a lively workout.

**60-min. sessions at RCC Lake Anne**

Pass, Reservation Required

**January 5 – May 18**
Tue 9:00 a.m. – 10:00 a.m.
3C0080 Avilov

## HAVE SOMETHING YOU LOVE TO TEACH? SHARE IT WITH OLLI!

Our volunteer-led courses span a wide range of topics, powered by instructors' knowledge and enthusiasm.Have a course idea or want to teach? We'd love to hear from you. Learn more: https://olli.gmu.edu/teach-at-olli/

# OSHER LIFELONG LEARNING INSTITUTE AT GEORGE MASON UNIVERSITY (OLLI)

OLLI Mason is a 501(c)(3) nonprofit organization affiliated with George Mason University and the national Osher Lifelong Learning network that provides classes, lectures, trips, clubs, social and other activities for 2,000+ active learners age 50+. More than 500 college-level courses and activities covering a broad range of subjects are offered each year. Programs are presented in-person at the Fairfax campus, at satellite sites throughout Fairfax County and online. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit olli.gmu.edu.

NEW

## Astronomy: What We See and Do Not See!

(18+)

Explore the hidden universe all around us. Learn how light, our eyes, telescopes and even gravitational waves shape what we see and what we can't. These two interactive sessions blend physics and astronomy with plenty of time for discussion.

**2, 85-min. sessions at RCC Lake Anne**

| $10 R | $8 R55+ | $15 NR |
|---|---|---|

**April 28 – May 5**
Wed 9:40 a.m. – 11:05 a.m.
511204-A OLLI

NEW

## Being Present: A Study of the Mind, Meditation and Mindfulness

(18+)

Explore how the mind works while learning practical tools for everyday calm. Combine discussion with hands-on practice in meditation, mindfulness, visualization, deep breathing and more, plus access to online resources.

**3, 85-min. sessions at RCC Lake Anne**

| $15 R | $12 R55+ | $22 NR |
|---|---|---|

**January 20 – February 3**
Wed 11:50 a.m. – 1:15 p.m.
511207-A OLLI

NEW

## Getting to Know You

(18+)

Turn classmates into friends! Enjoy relaxed, structured activities that help you share stories, listen, laugh and build genuine connections with others in a welcoming, low-pressure environment.

**4, 85-min. sessions at RCC Lake Anne**

| $20 R | $16 R55+ | $30 NR |
|---|---|---|

**April 14 – May 5**
Wed 2:15 p.m. – 3:40 p.m.
511202-A OLLI

NEW

## Life and Times of James Monroe

(18+)

Follow James Monroe from battlefield to White House and learn how his service as soldier, diplomat and president shaped the young United States.

**1, 85-min. sessions at RCC Lake Anne**

| $5 R | $4 R55+ | $8 NR |
|---|---|---|

**February 10**
Wed 11:50 a.m. – 1:15 p.m.
511209-A OLLI

## Park Ranger Potpourri

(18+)

Each presentation features a surprise topic revealed by the National Park Service, offering a fresh story, unexpected discoveries and something new to explore every time.

**4, 85-min. sessions at RCC Lake Anne**

Free, Registration Required

**April 20 – May 11**
Tue 2:15 p.m. – 3:40 p.m.
571982-C OLLI

NEW

## Simplified for Non-Biologists: How Cells, DNA and Genes Function in Health, Aging and Disease

(18+)

Explore how cells, DNA and genes work, how genes make proteins and how these processes change with age or disease.

**4, 85-min. sessions at RCC Lake Anne**

| $20 R | $16 R55+ | $30 NR |
|---|---|---|

**April 21 – May 12**
Wed 11:50 a.m. – 1:15 p.m.
511203-A OLLI

NEW

## The Battle for Christ: Christianity's First 500 Years

(18+)

Learn how Christianity transformed from a fringe movement into Rome's official religion. Examine the historical Jesus, Paul's role, Constantine's conversion and fierce early debates over heresy, orthodoxy, Christ's divinity and the Trinity.

**3, 85-min. sessions at RCC Lake Anne**

| $15 R | $12 R55+ | $22 NR |
|---|---|---|

**March 24 – April 7**

Wed 9:40 a.m. – 11:05 a.m.
511200-A OLLI

NEW

## The Frontier in American History

(18+)

See how America's vast frontier helped shape the young nation. Explore the "frontier thesis," meet legendary ranger Robert Rogers and learn about the struggle for western lands during the Revolutionary era.

**4, 85-min. sessions at RCC Lake Anne**

| $20 R | $16 R55+ | $30 NR |
|---|---|---|

**March 24 – April 14**

Wed 11:50 a.m. – 1:15 p.m.
511201-A OLLI

NEW

## The World's Two Greatest Spacecraft Observatories: The Hubble and James Webb Space Telescopes

(18+)

Travel deeper into space with Hubble and the James Webb Space Telescope. See how these powerful observatories changed what we know about the universe and discover the remarkable images and breakthroughs they continue to reveal.

**1, 85-min. sessions at RCC Lake Anne**

| $5 R | $45 R55+ | $8 NR |
|---|---|---|

**May 12**

Wed 9:40 a.m. – 11:05 p.m.
511205-A OLLI

NEW

## Two Hundred Fifty Year Journey in the Arc of Equality

(18+)

Follow America's evolving idea of equality from the 13 colonies to today. Explore the documents, laws, events and Supreme Court decisions that have shaped the nation's ongoing pursuit of "a more perfect union."

**4, 85-min. sessions at RCC Lake Anne**

| $20 R | $16 R55+ | $30 NR |
|---|---|---|

**January 20 – February 10**

Wed 9:40 a.m. – 11:05 a.m.
511206-A OLLI

NEW

## Vigilance Against Cybercrime

(18+)

Protect your personal information with simple, practical online safety habits. Learn how to stay secure at home and in public, use social media more safely, protect yourself while shopping or banking online and recognize common scams before they catch you.

**1, 85-min. sessions at RCC Lake Anne**

| $5 R | $4 R55+ | $8 NR |
|---|---|---|

**January 20**

Wed 2:15 p.m. – 3:40 p.m.
511208-A OLLI

# PERFORMING ARTS

NEW

## Writing 10-Minute Plays

(18+)

Bring your story from idea to stage in this welcoming introduction to playwriting. Through creative exercises, partner activities and independent writing, explore how plot, character, dialogue and scene come together to create a compelling play. This class for beginners concludes with an informal reading of excerpts from participants' work.

**6, 90-min. sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $125 NR |
|---|---|---|

**March 31 – May 12**

(No Class: April 21)
Wed 6:30 p.m. – 8:00 p.m.
406014-A Campana

# SOCIAL

* Please note these are not instructor-led classes; a basic understanding of the rules is required.

## American Mah Jongg*

(18+)

**2.5-hour sessions at RCC Hunters Woods**

Free, Registration Required

**January 6 – May 26**

Wed 1:15 p.m. – 3:45 p.m.
509605-A Staff

**January 7 – May 27**

Thu 9:30 a.m. – 12:00 p.m.
509605-B Staff

## Bridge Mondays*

(18+)

**4-hour sessions at RCC Hunters Woods**

Free, Registration Required

**January 4 – May 24**

(No Class: January 18, February 15)
Mon 10:00 a.m. – 2:00 p.m.
509603-A Staff

## Bridge Tuesdays*

(18+)

**3-hour sessions at RCC Lake Anne**

Free, Registration Required

**January 5 – May 25**

Tue 10:00 a.m. – 1:00 p.m.
505551-A Staff

## Chess Club*

(13+)

**3–hour sessions at RCC Hunters Woods**

Free, Registration Required

**January 7 – May 27**

Thu 6:30 p.m. – 9:30 p.m.
901354–A Staff

NEW

# LUNCH AND FUN SERIES

(18+)

**Make lunchtime a little more creative with good food, good company and a project to enjoy. Each Lunch & Fun workshop includes a boxed lunch, a hands-on activity and a craft to take home.**

## Container Garden

Design a little green escape of your own. Combine plants, color and texture to create a personalized container garden to take home and enjoy.

**1, 90-min. session at RCC Hunters Woods**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**May 14**
Fri 12:00 p.m. – 1:30 p.m.
506702-A Staff

## Tiny Terrarium

Create a little world under glass with guidance from Fairfax County Public Library staff. Build your own terrarium, layer in greenery and take home a miniature garden to enjoy.

**1, 90-min. session at RCC Hunters Woods**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**April 16**
Fri 12:00 p.m. – 1:30 p.m.
506701-A Staff

## Tiny Canvas Painting

Fairfax County Public Library staff will guide you through simple techniques to create a beautiful tiny canvas painting that adds a personal touch to your home.

**1, 90-min. session at RCC Hunters Woods**

| $30 R | $24 R55+ | $45 NR |
|---|---|---|

**March 12**
Fri 12:00 p.m. – 1:30 p.m.
506700-A Staff

## Reston Plays Games

(18+)

Pull up a chair and join the game. Bring your favorite board games, dice and meeples for an afternoon of strategy, teamwork and adventure with fellow players while you enjoy cooperative, deckbuilding, role-playing and strategy games. Gamemasters interested in hosting open gaming times may contact Bill Parker at William.Parker@fairfaxcounty.gov.

**5-hour sessions at RCC Hunters Woods**

Free, Registration Not Required

**January 6 – May 26**
Wed 5:00 p.m. – 10:00 p.m.
Staff

NEW

## Unfolded Narratives: Origami on Screen & in Practice

(18+)

See paper in a whole new way. Begin with a screening of the PBS documentary "Between the Folds," exploring the art, math and innovation behind modern origami, then try it yourself with guided instruction for all skill levels. Create your own folded piece to take home. All materials are provided. For more information, contact LaTanja Snelling at 703-390-6180.

**1, 2-hour session at RCC Lake Anne**

Free, Registration Required

**May 19**
Wed 10:00 a.m. – 12:00 p.m.
866201-A Nelson

# TECHNOLOGY

## Cut the Cable: Switch to Streaming TV

(18+)

Compare your current cable service with today's streaming options and find the setup that works best for you. Bring your cable bill for a side-by-side look at features and costs.

**1, 2.5-hour session at RCC Hunters Woods**

| $25 R | $20 R55+ | $37 NR |
|---|---|---|

**March 4**
Thu 10:30 a.m. – 1:00 p.m.
504173-A O'Connell

## Get to Know ChatGPT

(18+)

Get acquainted with ChatGPT and discover practical ways to use it in everyday life. Learn how it responds to questions and how it can help draft emails, essays and other written content.

**1, 2.5-hour session at RCC Hunters Woods**

| $25 R | $20 R55+ | $37 NR |
|---|---|---|

**April 15**
Thu 10:30 a.m. – 1:00 p.m.
503213-A O'Connell

## Managing Your Health With Technology

(18+)

Discover devices and apps that support health and safety, including smartwatch and smartphone features, with live demos of wellness tools.

**1, 2.5-hour session at RCC Hunters Woods**

| $25 R | $20 R55+ | $37 NR |
|---|---|---|

**April 1**
Thu 10:30 a.m. – 1:00 p.m.
563213-A O'Connell



## Prepare iPhones & iPads for Travel

(18+)

Turn your smartphone or tablet into a travel companion! Learn tips for Wi-Fi, battery life, maps, trip planning and top travel apps. Bring a fully charged device with you.

**1, 2.5-hour session at RCC Hunters Woods**

| $25 R | $20 R55+ | $37 NR |
|---|---|---|

**April 29**

Thu 10:30 a.m. – 1:00 p.m.
500487-A O'Connell

NEW

## The AI Revolution: How AI Is Changing Our Lives

(18+)

AI is rapidly changing the world around us from healthcare and education to transportation, entertainment and politics. Learn how AI works, how it's being used today and explore a variety of apps for everyday living.

**1, 2.5-hour session at RCC Hunters Woods**

| $25 R | $20 R55+ | $37 NR |
|---|---|---|

**May 13**

Thu 10:30 a.m. – 1:00 p.m.
523800-A O'Connell

## Update Your Online Security

(18+)

Scams are getting smarter, but you can too. Learn how to spot today's scams, understand how AI is making them more convincing and get practical tips to protect yourself and your devices.

**1, 2.5-hour session at RCC Hunters Woods**

| $25 R | $20 R55+ | $37 NR |
|---|---|---|

**March 18**

Thu 10:30 a.m. – 1:00 p.m.
576105-A O'Connell

# TRIP INFORMATION

Before your trip, you will receive your itinerary and a link to complete emergency contact information and agree to the Trip Code of Conduct through **ePACT**. Please complete all forms online through ePACT before trip day.

### Transportation Details

Unless noted otherwise, trips depart from and return to RCC Hunters Woods and use luxury charter buses with lavatories. Trips lasting three hours or longer include a rest stop.

### Need Assistance?

For help with trip forms or related questions, contact Cassie LeBron, RCC Lifelong Learning Director, at 703-390-6157.

### ADA Accommodations

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in an RCC program, service or activity should contact RCC's ADA representative as soon as possible and no later than 48 hours before the scheduled event. Accommodations that require staffing or transportation changes may require up to 10 days advance notice. To request reasonable accommodation, please email RCCcontact@fairfaxcounty.gov or call 703-476-4500, TTY 711.



## Capitol River Crab Feast Cruise

(18+)

Spend the afternoon cruising the Potomac on an open-air boat, taking in sights and monuments while enjoying a local favorite: fresh steamed Chesapeake Maryland blue crabs, plus corn on the cob, fried chicken, potato salad and beverages. Fee includes transportation, cruise, crab feast and trip chaperones.
10:30 a.m. Depart RCC Lake Anne
11:00 a.m. Depart RCC Hunters Woods
4:00 p.m. Estimated Return to Reston

**5.5-hour trip at RCC Hunters Woods**

| $220 R | $176 R55+ | $330 NR |
|---|---|---|

**May 21**

Fri 10:30 a.m. – 4:00 p.m.
576118-C Staff

## Fruit Picking at Great Country Farms

(18+)

Visit Great Country Farms, a 400-acre farm near Bluemont at the base of the Blue Ridge Mountains. Explore the scenic grounds, browse the farm market and pick your own fruit. Fee includes transportation, fruit picking and a boxed lunch.
10:00 a.m. Depart RCC Hunters Woods
4:00 p.m. Estimated Return to RCC

**6-hour trip at RCC Hunters Woods**

| $75 R | $60 R55+ | $112 NR |
|---|---|---|

**May 7**

Fri 10:00 a.m. – 4:00 p.m.
523105-B Staff

NEW

## Hamilton at The National Theatre

(18+)

The hit musical "Hamilton" returns to the National Theatre. This revolutionary show tells the story of founding father Alexander Hamilton through a bold blend of hip hop, jazz, R&B and Broadway. Fee includes transportation, admission and trip chaperones.
11:00 a.m. Depart RCC Lake Anne
11:30 a.m. Depart RCC Hunters Woods
5:30 p.m. Estimated return to Reston

**6.5-hour trip at RCC Hunters Woods**

| $165 R | $132 R55+ | $247 NR |
|---|---|---|

**February 4**

Thu 11:00 a.m. – 5:30 p.m.
576400-A Staff

NEW

## Medieval Times

(18+)

Knights, horses and medieval adventure take center stage on this exciting day trip to Medieval Times. Cheer on your favorite knight during a live tournament, enjoy lunch and take home a souvenir entrance photo and battle flag. The fee includes transportation, lunch, show admission, souvenir photo, battle flag and trip chaperones.

8:30 a.m. Depart RCC Lake Anne
9:00 a.m. Depart RCC Hunters Woods
2:30 p.m. Estimated Return to Reston

**6-hour trip at RCC Hunters Woods**

| $115 R | $92 R55+ | $172 NR |
|---|---|---|

**February 24**
Wed — 8:30 a.m. – 2:30 p.m.
576401-A — Staff

## Philadelphia Flower Show

(18+)

Travel to the renowned Philadelphia Flower Show, featuring spectacular floral displays, presentations by leading horticulturists and an indoor marketplace. Fee includes transportation, admission, snack and trip coordinator. Lunch is on your own. This trip includes extensive walking.

7:00 a.m. Depart RCC Hunters Woods
7:00 p.m. Estimated Return to Reston

**12-hour trip at RCC Hunters Woods**

| $85 R | $68 R55+ | $128 NR |
|---|---|---|

**March 17**
Wed — 7:00 a.m. – 7:00 p.m.
503588-A — Staff

NEW

## Washington Monument and Lunch

(18+)

Take in one of Washington, D.C.'s most iconic views from the Washington Monument. Tour the 555-foot landmark built in honor of George Washington, then enjoy a boxed lunch and free time to explore the city. The fee includes transportation, monument tour, lunch and trip chaperones.

9:00 a.m. Depart RCC Lake Anne
9:30 a.m. Depart RCC Hunters Woods
4:00 p.m. Estimated return to Reston

**7-hour trip at RCC Hunters Woods**

| $85 R | $68 R55+ | $127 NR |
|---|---|---|

**April 30**
Fri — 9:00 a.m. – 4:00 p.m.
576402-A — Staff

# VISUAL ARTS

**Supply list will be provided prior to first class unless otherwise noted.**

## Acrylic Painting

(18+)

Build confidence with acrylics while learning foundational painting techniques in a relaxed class designed for beginner and intermediate artists.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**January 15 – March 5**
Fri — 2:00 p.m. – 4:30 p.m.
402421-D — Thiel

## Acrylic Painting for Beginners

(18+)

Have fun while learning the basics of acrylic painting in a studio workshop setting.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**March 31 – May 19**
Wed — 7:00 p.m. – 9:30 p.m.
455011-D — Daniels

NEW

## Altered Books

(18+)

Give old pages a new purpose. Combine painting, collage and other mixed media techniques to transform discarded texts into one-of-a-kind works of art.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**March 29 – May 17**
Mon — 6:30 p.m. – 9:00 p.m.
406005-A — Baldino

### RESTON PATRONS 55+

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the R55+ price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed in the shopping cart.

NEW

## Art for Mindfulness

(18+)

Make space in your week to slow down and create. Explore a variety of art mediums through projects designed to help you pause, notice and stay present.

**8, 2-hour sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $115 NR |
|---|---|---|

**January 11 – March 8**
(No Class: January 18)
Mon — 6:30 p.m. – 8:30 p.m.
406000-A — Baldino

## Art Lab

(18+)

Make time for your art! Artists of all levels are invited to bring their own supplies and work on personal projects in a creative studio setting with fellow artists. An instructor will be available for inspiration, guidance and feedback.

**10, 3-hour sessions at RCC Lake Anne**

| $55 R | $44 R55+ | $65 NR |
|---|---|---|

**January 12 – March 16**
Tue — 2:00 p.m. – 5:00 p.m.
404213-F — Daniels

**9, 3-hour sessions at RCC Lake Anne**

| $50 R | $40 R55+ | $60 NR |
|---|---|---|

**March 30 – May 25**
Tue — 2:00 p.m. – 5:00 p.m.
404213-G — Daniels

**April 1 – May 27**
Thu — 2:00 p.m. – 5:00 p.m.
404213-H — Fitzurka

**9, 2.5-hour sessions at RCC Lake Anne**

| $50 R | $40 R55+ | $60 NR |
|---|---|---|

**April 1 – May 27**
Thu — 6:30 p.m. – 9:00 p.m.
404213-I — Lorenzi

NEW

## Chalk Mural Workshop

(18+)

Think big and create together with award-winning chalk artist Brianna Camp. Learn how to plan a large-scale mural, practice essential chalk techniques and put your skills to work on a collaborative sidewalk mural outside RCC Hunters Woods. Class takes place indoors and outdoors.

**1, 4-hour session at RCC Hunters Woods**

| $75 R | $60 R55+ | $125 NR |
|---|---|---|

**May 22**
Sat — 9:00 a.m. – 1:00 p.m.
406002-A — Camp

## Continuing Drawing

(18+)

Take your drawings skills further with new techniques, fresh challenges and room to experiment. Build on your foundation through exercises in still life, portrait and nature studies using graphite, charcoal, conte and pen.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**March 30 – May 18**

Tue 10:00 a.m. – 12:30 p.m.
402797-A Danenberger

NEW

## Experimental Printmaking

(18+)

Discover the creative possibilities of printmaking without a press. Experiment with Gelli plates, monotypes, kitchen lithography, acrylic plates and hand-cut stencils while exploring layers, texture, color and composition. Open to all experience levels.

**6, 2.5-hour sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $115 NR |
|---|---|---|

**January 12 – February 16**

Tue 10:00 a.m. – 12:30 p.m.
406008-A Fitzurka

NEW

## Figure Drawing Basics

(18+)

Hone your observational skills with drawing exercises and measuring techniques while learning the basics of figure drawing. Students will work with live, clothed models.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**January 12 – March 2**

Tue 7:00 p.m. – 9:30 p.m.
406008-A Finelli

## Intermediate Chinese Brush Painting

(18+)

Reinforce your fundamental brushstroke skills in this session of Chinese Brush Painting. Previous experience required.

**6, 2.5-hour sessions at RCC Lake Anne**

| $75 R | $60 R55+ | $150 NR |
|---|---|---|

**January 14 – February 18**

Thu 10:00 a.m. – 12:30 p.m.
402512-B Griffith Tso

**April 1 – May 6**

Thu 10:00 a.m. – 12:30 p.m.
402512-C Griffith Tso

## Fun with Fused Glass

Turn colorful glass into something imaginative and uniquely yours. **All supplies included.**

## Fused Glass – Bobbles, Bubbles and Blobs

(13+)

Create fanciful pieces that can become jewelry, keepsakes or one-of-a-kind gifts.

**1, 3.5-hour session at RCC Hunters Woods**

| $55 R | $44 R55+ | $82 NR |
|---|---|---|

**February 21**

Sun 12:00 p.m. – 3:30 p.m.
980045–A Toole

**February 25**

Thu 12:00 p.m. – 3:30 p.m.
980045–B Toole

## Fused Glass Bubble Construction Workshop

(18+)

This workshop will focus on techniques used to create bubble grids with glass stringers. Projects will be fired and slumped into bowls.

**1, 3-hour session at RCC Hunters Woods**

| $65 R | $52 R55+ | $100 NR |
|---|---|---|

**February 10**

Wed 6:30 p.m. – 9:30 p.m.
402785-D Gallagher

**February 22**

Mon 10:00 a.m. – 1:00 p.m.
402785-E Gallagher

## Fused Glass Stacked Construction Workshop

(18+)

This fused glass workshop will focus on stacking techniques using cut squares of various sized glass stacked on top of each other. Projects will be fired and slumped into a shallow bowl.

**1, 3-hour session at RCC Hunters Woods**

| $65 R | $52 R55+ | $100 NR |
|---|---|---|

**March 24**

Wed 6:30 p.m. – 9:30 p.m.
402782-D Gallagher

**April 5**

Mon 10:00 a.m. – 1:00 p.m.
402782-E Gallagher

NEW

## Introduction to Nature Journaling

(18+)

Do you look at the natural world in wonder? Nature journaling is a great way to record your observations, thoughts and feelings through writing, drawing and data collection. Students will complete journal pages each lesson using subject matter brought in studio.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**April 6 – May 25**

Tue 7:00 p.m. – 9:30 p.m.
406004-A Finelli

NEW

## Italy Through the Eyes of Artists

(18+)

Discover Italian art in a fun, beginner-friendly class, exploring stories, styles and techniques from the Renaissance to today. Through simple projects inspired by artists like da Vinci, Caravaggio and Canaletto, you'll experiment with materials and enjoy creating your own art.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**January 14 – March 4**

Thu 6:30 p.m. – 9:00 p.m.
406001-A Lorenzi

NEW

## Landscape Painting in Gouache

(18+)

Discover the rich, velvety look of gouache, a water-based paint often described as opaque watercolor. Learn how to use it to create storybook-style scenes, impressionistic nature studies and expressive matte landscapes.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**April 2 – May 21**

Fri 6:30 p.m. – 9:00 p.m.
406007-A Camp

## Mixed Media Exploration
(18+)
With an open mind and plenty of imagination, explore mixed-media techniques and materials that expand and transform your art-making. Combine different mediums to create original, compelling works.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**January 11 – March 8**
(No Class: January 18)
Mon 10:00 a.m. – 12:30 p.m.
402765-B Fitzurka

NEW
## Monthly Open Figure Drawing Studio
(18+)
In this monthly studio opportunity, artists gather to practice drawing live, costumed models. Participants should bring their own drawing materials. A studio monitor will be present, but instruction is not provided.

**1, 3-hour session at RCC Lake Anne**

| $25 R | $20 R55+ | $40 NR |
|---|---|---|

**February 20**
Sat 1:00 p.m. – 4:00 p.m.
402804-D Finelli

**March 20**
Sat 1:00 p.m. – 4:00 p.m.
402804-E Finelli

**April 24**
Sat 1:00 p.m. – 4:00 p.m.
402804-F Finelli

NEW
## Painters Studio
(18+)
Keep your creativity moving in the company of fellow painters. Bring acrylics or watercolors and work independently on your own projects in a lively, supportive studio setting. Open to painters who have completed at least one beginning painting class.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**January 13 – March 3**
Wed 6:30 p.m. – 9:00 p.m.
406013-A Daniels

## Vibrant Alchemy – Introduction to Alcohol Ink Abstract Art
(18+)
Learn to paint on yupo paper or ceramic tiles with the unpredictable nature of alcohol inks. Painting with this fluid medium of brilliant colors, dreamlike textures and metallic shimmers creates unique abstract art pieces. All supplies included.

**1, 2-hour session at RCC Lake Anne**

| $45 R | $36 R55+ | $75 NR |
|---|---|---|

**April 15**
Thu 6:30 p.m. – 8:30 p.m.
402728-D Clark

## Watercolor Play and Drawing Exploration
(18+)
Explore watercolor through animals, plants and nature while building skills in drawing, color, texture and composition. Relaxed exercises and guided practice help you develop confidence and your own artistic voice. Beginners welcome.

**8, 2.5-hour sessions at RCC Lake Anne**

| $90 R | $72 R55+ | $155 NR |
|---|---|---|

**January 13 – March 3**
Wed 10:00 a.m. – 12:30 p.m.
402432-B Stanley

**March 31 – May 19**
Wed 10:00 a.m. – 12:30 p.m.
402432-D Stanley

NEW
## Working With Color for Painters
(18+)
Working with an impressionist palette, explore acrylic painting through color mixing and value studies. After learning key techniques, students will work on individual projects such as portraits, still lifes or landscapes with instructor guidance.

**5, 3-hour sessions at RCC Lake Anne**

| $70 R | $56 R55+ | $115 NR |
|---|---|---|

**February 23 – March 23**
Tue 10:00 a.m. – 1:00 p.m.
406007-A Danenberger

## Mosaic Art
(18+)
Create timeless art through mosaics, one of the world's oldest art forms. **Supplies for one project included.**

NEW
### Mosaic Art Basics
Piece together color, texture and pattern as you learn the fundamentals of mosaic art. Explore materials, adhesives, grouting and "andamento," the visual flow that gives mosaics their distinctive look.

**6, 3-hour sessions at RCC Hunters Woods**

| $200 R | $160 R55+ | $250 NR |
|---|---|---|

**February 8 – March 22**
(No Class: February 15)
Mon 6:00 p.m. – 9:00 p.m.
406011-A Damron

### Mosaic Art
Choose from projects for all skill levels or bring your own idea with instructor approval.

**6, 3-hour sessions at RCC Hunters Woods**

| $200 R | $160 R55+ | $250 NR |
|---|---|---|

**February 17 – March 24**
Wed 10:00 a.m. – 1:00 p.m.
404040-E Damron

NEW
### Intermediate Mosaic Art
Take your mosaic skills further with expert guidance and time to focus on your own project. Start something new or finish a work in progress while refining your technique. Participants must have completed at least one RCC mosaics class and be comfortable cutting glass and grouting independently.

**6, 3-hour sessions at RCC Hunters Woods**

| $200 R | $160 R55+ | $250 NR |
|---|---|---|

**March 31 – May 5**
Wed 10:00 a.m. – 1:00 p.m.
406006-A Damron

### Micro Mosaic Jewelry
Create a beautiful groutless mosaic jewelry piece using real millefiori and specialty glass from Italy.

**1, 3-hour session at RCC Hunters Woods**

| $85 R | $68 R55+ | $130 NR |
|---|---|---|

**January 24**
Sun 3:00 p.m. – 6:00 p.m.
402623-D Damron

**March 14**
Sun 3:00 p.m. – 6:00 p.m.
402623-G Damron

# VISUAL ARTS: CERAMICS

Due to demand, enrollment for ceramics classes uses a lottery system. No class fees are charged during the initial lottery enrollment for ceramics classes. If you receive an offer for enrollment, payment will be due upon your acceptance. If you are accepted into more than one ceramics class, please select only one. The fee includes 25 lbs. of clay, firing and glazes and an additional class finishing day. A supply list will be provided prior to the first class.

## Creative Clay House

(18+)

Intermediate clay artists will continue learning and improving upon hand-building and sculpting skills. For those who have completed at least one beginning hand building/sculpture class.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 14 – March 11**
Thu 10:00 a.m. – 12:30 p.m.
402752-B Sternberg/Page

**April 1 – May 27**
Thu 10:00 a.m. – 12:30 p.m.
402752-C Sternberg/Page

## Creative Hands Pottery

(18+)

Explore hand-building techniques to create an array of clay projects.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 12 – March 9**
Tue 10:00 a.m. – 12:30 p.m.
402665-C Sternberg/Page

**March 30 – May 25**
Tue 10:00 a.m. – 12:30 p.m.
402665-D Sternberg/Page

## Making Pottery With or Without the Wheel

(18+)

This class emphasizes design, functional and non-functional form construction and surface decoration with beginning to advanced hand-building and/or wheel-throwing skills. Students may explore hand-building, wheel-throwing or combine elements of both.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 13 – March 10**
Wed 7:00 p.m. – 9:30 p.m.
402616-C Benton

**March 31 – May 26**
Wed 7:00 p.m. – 9:30 p.m.
402616-D Benton

## Sculpture I

(18+)

Students of all levels who want to learn or improve their three-dimensional art skills are welcome. Techniques are tailored to each student's experience and goals.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 11 – March 15**
(No Class: January 18)
Mon 10:00 a.m. – 12:30 p.m.
402500-C Sternberg

**January 12 – March 9**
Tue 7:00 p.m. – 9:30 p.m.
402500-D Sternberg

**March 29 – May 24**
Mon 10:00 a.m. – 12:30 p.m.
402500-E Sternberg

**March 30 – May 25**
Tue 7:00 p.m. – 9:30 p.m.
402500-F Sternberg



## Ceramics Class Registration Lottery Process

1. **May, August and December 1 – 2** — Ceramics lottery opens for Reston patrons.
2. **May, August and December 3** — Lottery participants emailed their offer status (enrolled or waitlisted).
3. **May, August and December 3 – 7** — Registration offer must be accepted and paid or it will expire.
4. **May, August and December 8** — Registration opens for any remaining class slots.

**If you are accepted into more than one ceramics class, please choose only one.** This will allow waitlisted individuals to enroll.
We appreciate the feedback we have received about RCC's ceramics program. We continue to evaluate ways to make studio reservations and class enrollment as equitable as possible while working within the physical limits of our studio and kiln space.

## Wheel Pottery Classes

(18+)

Build and refine your wheel-throwing skills through hands-on work with clay. Skill development takes time, and every potter progresses at their own pace. Repeating the same wheel class helps you strengthen techniques and build confidence before advancing.

## Wheel I

Introduction to wedging, centering, basic bowls/cylinders, glazing.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 14 – March 11**

Thu 10:00 a.m. – 12:30 p.m.
402462-E Hairston

Thu 7:00 p.m. – 9:30 p.m.
402462-F Grace

**April 1 – May 27**

Thu 10:00 a.m. – 12:30 p.m.
402462-G Hairston

Thu 7:00 p.m. – 9:30 p.m.
402462-H Staff

## Continuing Wheel

Continued guided practice for students with at least one prior Wheel class.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 12 – March 9**

Tue 10:00 a.m. – 12:30 p.m.
402639-E Dwivedi

Tue 7:00 p.m. – 9:30 p.m.
402639-F Marcum

**March 30 – May 25**

Tue 10:00 a.m. – 12:30 p.m.
402639-G Dwivedi

Tue 7:00 p.m. – 9:30 p.m.
402639-H Marcum

## Wheel II

Must be able to center and pull a 6-inch cylinder.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 15 – March 12**

Fri 1:00 p.m. – 3:30 p.m.
404210-C Anderson

**April 2 – May 28**

Fri 1:00 p.m. – 3:30 p.m.
404210-D Anderson

## Wheel III

Must be able to throw an 8-inch bowl and cylinder.

**9, 2.5-hour sessions at RCC Lake Anne**

| $150 R | $120 R55+ | $205 NR |
|---|---|---|

**January 11 – March 15**

(No Class: January 18)
Mon 7:00 p.m. – 9:30 p.m.
402463-C Grace

**March 29 – May 24**

Mon 7:00 p.m. – 9:30 p.m.
402463-D Grace

## TEPHRA ICA (Featured Exhibitions and Programs)

Tephra ICA is devoted to celebrating artists and values the power of art to generate new ideas and broaden perspectives.

**RCC at Tephra ICA:** These programs bring the community closer to contemporary art through creative classes, workshops and experiences at Tephra Institute of Contemporary Art. Participants can explore new ideas, techniques and perspectives while creating and learning in a professional arts setting.

### Janet Echelman: *Radical Softness*

September 17, 2026 – March 20, 2027

This multi-site retrospective traces four decades of Echelman's journey from early works to monumental, wind- and light-filled net sculptures that transform public space.

### Artist Talk with Lien Truong

**April 3**

### Art After Hours

**January 21, February 18, April 15**

### From Practice to Profession: Careers in the Arts

**February 11, March 11, April 8**

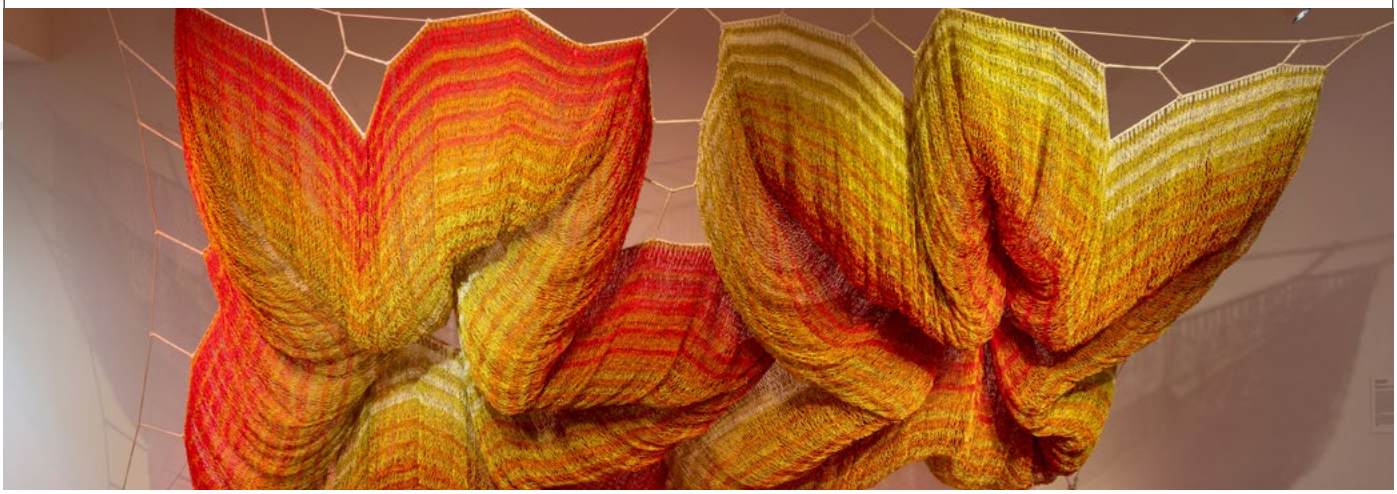
### Saturday Social

**January 9, February 13, March 13, April 17**

### Slow Looking

**January 27, February 24, April 28, May 26**

**Sponsored by Reston Community Center in partnership with Tephra Institute of Contemporary Art. www.tephraica.org**



# OPEN STUDIOS

- The public is invited to use RCC's Open Ceramics and Glass Studios and Woodshop during posted hours.
- To attend an Open Studio: reserve your spot in myRCC in advance and swipe your Open Studio Pass when you arrive.
- Reston residents/employees may make reservations beginning on the 25th for the following month; Non-Reston patrons may do so beginning on the 1st of the month.
- You can cancel your reservation through myRCC.
- The Open Ceramics Studio uses a lottery system. See details below.

## OPEN STUDIO PASS FEES

- Purchase Open Studio Passes in myRCC or at the RCC Customer Service Desk.
- Passes can be purchased for 1 – 10 visits at a time.
- There is no 55+ discount for Open Studio Passes.
- Valid for 2 years from purchase date.

| Open Ceramics Studio Pass* | | Open Glass Studio Pass | | Open Woodshop Pass | |
|---|---|---|---|---|---|
| $15 R | $30 NR | $10 R | $20 NR | $12 R | $24 NR |

*The pass fee includes firing and glazes. Clay is available for purchase at $25 – $35 for 25 lbs.

## Open Ceramics Studio

(18+)

Use of the RCC Ceramics Studio requires patrons to have prior experience working with clay, studio equipment and related processes and to be able to work independently. A studio monitor will be present, but instruction is not provided.

**3-hour session at RCC Lake Anne**

Pass, Reservation Required

**January 13 – May 19**

Wed 10:00 a.m. – 1:00 p.m.
4C0020 Ceramics Studio (Wheel)
4C0025 Ceramics 3D Studio

**January 16 – May 22**

Sat 1:00 p.m. – 4:00 p.m.
4C0030 Ceramics Studio (Wheel)
4C0035 Ceramics 3D Studio

**January 24, February 7, 21, March 7, 21, April 4, 18, May 2, 16**

Sun (NEW) 1:00 p.m. – 4:00 p.m.
4C0060 Ceramics Studio (Wheel)
4C0065 Ceramics 3D Studio

## Open Glass Studio

(18+)

Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials.

**4-hour session at RCC Hunters Woods**

Pass, Reservation Required

**January 3, 17, February 7, 21, March 7, 21, April 4, 18, May 2, 16**

Sun 11:30 a.m. – 3:30 p.m.
4C0010 Damron

## Open Woodshop

(18+)

The Woodshop includes a variety of table saws, sanding machines, drill presses, routers, a joiner, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Note: woodworking projects may not be left in the woodshop; storage is not available.

**3.5-hour sessions at RCC Hunters Woods**

Pass, Reservation Required

**January 2 – May 29**

Sat 9:00 a.m. – 12:30 p.m.
5C0030 Staff

Sat 1:00 p.m. – 4:30 p.m.
5C0050 Staff

**January 5 – May 27**

Tue 6:00 p.m. – 9:30 p.m.
5C0010 Staff

## Open Ceramics Studio Reservation Lottery Process

1. **From the 25th – 26th of each month** — The ceramics studio reservation lottery for the next month opens in myRCC for Reston patrons.
2. **On the 27th of each month** — Participants are emailed enrollment offers (accepted or waitlisted).
3. **On the 28th of each month** — Remaining slots are open to Reston patrons.
4. **On the 1st of the following month** — Remaining slots are now open to all patrons.

There is no limit on the number of lottery requests that can be made.

## ADMINISTRATION

| | |
|---|---|
| BeBe Nguyen | Executive Director |
| Brianne Baglini | Deputy Director |
| Ben Skinner | Chief Executive Assistant |
| Renata Wojcicki | Finance Director |
| Lorna Campbell Clarke | Director of Communications |
| Brian Gannon | Compliance and Accreditation Specialist |
| Pam Leary | Customer Relations Director |
| Christopher Higgins | Network Administrator |
| Fred Russo | Building Engineer |
| Sarah Alshamy | Web/Graphic Artist |
| Warren Bailey | Customer Service Representative |
| Chris Brown | Billing and Reconciliation Specialist |
| Merlyn Canas | Customer Service Representative |
| Suzanne Connell | HR Specialist |
| Kathryn Kovacs | Public Information Officer |
| Bart Mickler | Customer Service Representative |
| James Rockett | Financial Specialist |
| Evelyn Rosa | Procurement Specialist |
| Samantha Stettner | Customer Relations Assistant Director |
| Mark Zubaly | Customer Service Representative |

## FACILITY RENTALS & OPERATIONS

| | |
|---|---|
| Nicholas Burt | Facility Services Director |
| Malcolm-Xavier Henry | Facility Attendant |
| Guillermo Huaman | Facility Attendant |
| Wilfredo Lebron | Facilites Operations Manager |
| Cristobal Rivera | Facility Attendant |
| David Sainz | Facility Attendant |
| Ken Wade | Facility Attendant |
| Cory Woods | Facility Attendant |

## AQUATICS

| | |
|---|---|
| Matthew McCall | Aquatics Director |
| Ryan Kasprowicz | Aquatics Operations Director |
| Melissa Murray | Customer Service Representative |
| Scott Sorenson | Aquatics Program Director |
| Noah Worku | Assistant Aquatics Operations Director |

## ARTS & CULTURE

| | |
|---|---|
| Paul Douglas Michnewicz | Director of Arts & Culture |
| Mark Anduss | Technical Director |
| Mark Berry | Assistant Technical Director |
| Rebecca Campana | Arts Education Director |
| Gloria Morrow | Arts Education Assistant |
| Matt Nogay | Assistant Technical Director |
| William D. Parker | Box Office Manager |

## LEISURE & LEARNING

| | |
|---|---|
| Kevin Danaher | Leisure & Learning Director |
| Anya Avilov | Fitness & Wellness Program Assistant |
| Ali Clements | Lifelong Learning Program Assistant |
| Dwight Godwin Jr. | Youth & Teen Program Director |
| Toni Hernandez | Youth & Teen Program Assistant |
| Cassie Lebron | Lifelong Learning Program Director |
| Jeff Morgan | Youth & Teen Program Assistant Director |
| Jonathan Navarro | Fitness & Wellness Program Director |

## OFFSITE & COLLABORATION

| | |
|---|---|
| Maggie Parker | Offsite & Collaboration Director |
| Tyler Cambrelen | Offsite Events Coordinator |
| Asjah Heiligh | Community Events Director |
| LaTanja Snelling | Equity Partnerships Director |
| Husna Basiri | Equity Partnerships Assistant |

## THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

# COMMUNITY PARTNERS

**THANK YOU TO OUR COMMUNITY PARTNERS:**

- AARP Foundation (AARP Tax Aide Program)
- AARP Virginia
- Al Fatih Academy
- ArtsFairfax
- Cathy Hudgins Community Center at Southgate
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones – Reston Opportunity Neighborhood (RestON)
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Domestic & Sexual Violence Services (DSVS)
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Fall for the Book
- George Mason University College of Visual and Performing Arts
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Hunters Woods Neighborhood Coalition
- League of Reston Artists
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor; Walter L. Alcorn
- Osher Lifelong Learning Institute (OLLI) at George Mason University
- Pozez Jewish Community Center of Northern Virginia
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston for a Lifetime
- Reston Museum
- Reston Hospital Center
- Reston Masters Swim Team
- Reston Town Center Association
- Scouting America National Capital Area Council
- Shenandoah Conservatory
- South Lakes High School
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra ICA
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworkers Guild
- YMCA Fairfax County/Reston

# HOW TO REGISTER

### Online Registration

Online registration opens at 9:00 a.m. on December 1 for Reston.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com, click on myRCC. Under "Quick Links," click "Create an Account." User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500: Mon – Sat: 9:00 a.m. – 9:00 p.m. Sun: 9:00 a.m. – 8:00 p.m.

### In Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA, 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

# REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until December 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on December 1 if they are received by November 30. Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service Representative.

# REGISTRATION POLICIES

### Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Fees are listed as Reston/Non-Reston.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site.

### Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

### Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

### Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), RCC gift card, MasterCard, VISA, American Express or Discover. Cash payments cannot be accepted during Reston priority registration.

### Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

### Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

# CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without parent/caregiver supervision and wandering around the building.
- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

### Code of Conduct for Camp Participants

Camp participants and parents/caregivers are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. All forms are available online.

# HOUSE RULES

Reston Community Center facilities are open to the public for everyone to enjoy. To maintain a safe and respectful environment for all patrons, the following guidelines are in place for RCC public spaces:

- All patrons must abide by the posted RCC Code of Conduct at all times. Failure to comply may result in loss of access privileges.
- Sleeping is not permitted.
- Individuals may not lay down on the floor or on furniture.
- If possible, personal belongings should not be brought into RCC facilities. All belongings must be contained and not be spread across the floor or on furniture. Shopping carts are not permitted on RCC premises.
- RCC is not responsible for lost or stolen items. Any items left unattended, inside or outside, for 30 minutes or longer may be removed and disposed of.
- Smoking is not permitted inside RCC facilities, to include vaping and e-cigarettes. Those wishing to smoke must do so outside and at least 50 feet away from the front entrance.
- Alcohol may not be consumed on RCC property, except for contracted events within designated rental spaces. This includes the RCC's property areas outside the facilities.
- Patrons are expected to help keep RCC facilities clean by disposing waste in available trash cans or recycling containers.
- Kitchen facilities are not available for public use, except for contracted events.
- Conversations should be kept at a reasonable level and the use of profane language is not permitted.
- The use of headphones is required when using audio devices.
- Front desk telephones are for official business only and not available for public use, except for making calls for public safety or outreach services.
- Lobby areas will be cleared out and unavailable starting 90 minutes before any performance or activity at The Leila Gordon Theatre.
- RCC reserves the right to close or limit access to public areas at any time for maintenance or to accommodate scheduled events.

These guidelines are subject to change.

# THE TERRY L. SMITH AQUATICS CENTER RULES & REGULATIONS

1. Any conduct that jeopardizes the safety of other patrons is prohibited.
2. Spitting or expelling water is strictly prohibited.
3. Diving into water less than 8 feet deep is prohibited. Back dives or flips from the side in any depth of water are also prohibited.
4. Running, pushing and horseplay are not allowed.
5. Food, drinks and chewing gum are not allowed in pool areas or locker rooms.
6. Glass containers and breakable objects are strictly prohibited throughout the Terry L. Smith Aquatics Center.
7. Non-swimmers aged 11 and under must wear an RCC-supplied wristband and are only permitted in the shallow ends of the pools.
8. Children using flotation devices require direct adult supervision. Only Coast Guard-approved flotation devices are allowed. You may bring your own Coast-Guard approved flotation device or use one provided by RCC.
9. All individuals entering the pool must register at the Aquatics desk and pay the required fee.
10. Children under 8 must be accompanied by an adult aged 16 or older.
11. Children under 3 and any patron diagnosed with incontinence must wear plastic pants underneath swimwear.
12. All swimmers must rinse off before entering the pools. Anyone leaving the pool area must shower before re-entering.
13. Kickboards and fins are only allowed in the lap lanes.
14. Masks must be marked "Tempered Glass" or "Plastic Lens."
15. Snorkels must be properly attached to a mask.
16. Special equipment (rings, noodles and barbells) is for class use only.
17. Starting blocks are reserved for swimming lessons and rentals only.
18. ADA and entry ramps are for entry and exit only. Open swimming or playing on the Warm Water or Lap Pool ramps is prohibited.

19. Videography and photography of any kind during swim team practices are prohibited unless authorized in writing by the swim team coach.
20. Do not converse with lifeguards on duty. Seek assistance from other Aquatics staff members in the office.
21. Appropriate swimwear is mandatory. Only bathing suits or approved alternatives are permitted; excessively loose clothing or garments are not allowed for safety reasons.
22. The pools may be closed or access limited at management's discretion due to technical issues, overcrowding or severe weather conditions.
23. Prolonged underwater swimming or breath-holding is prohibited. Engaging in competitive or extended breath-holding can be dangerous.

These rules will be enforced by the professional lifeguarding staff of the Terry L. Smith Aquatics Center. Compliance with these rules is essential for the comfort and safety of all our patrons. Thank you for your cooperation.

## LOCKER ROOM RULES

The locker rooms at RCC's Terry L. Smith Aquatics Center serve many patrons each day. To ensure the health and safety of our patrons, RCC requests that all patrons abide by these established rules:

a. Only water bottles are allowed in the locker rooms. No food or any other beverages are permitted.
b. The use of cell phones and any communication devices is strictly prohibited inside the locker rooms. You may use these devices only in the lobby areas of RCC.
c. The locker rooms are shared spaces. Respect others by keeping surfaces, benches and all areas free of personal items. Any personal belongings should be stored in a locker during your visit. Clutter will not be tolerated.
d. Do not leave your personal belongings in the locker rooms before or after use. This includes clothing, bags and other items. Lockers should be emptied after each visit.
e. Maintaining a clean and tidy locker room is mandatory. Showers and sinks should be used efficiently.
f. Absolutely no shaving is allowed. Hair shed from shampooing must be cleaned up immediately.
g. Children ages 7 and older must use the locker room designated for their gender. They may use the All Genders/Accessible Dressing Room or either the women's or men's locker rooms. This rule is not negotiable when bringing children to the pool.
h. If you arrive at RCC with mud or debris on your shoes, you must remove your shoes before entering the locker rooms. Failure to do so will result in you being asked to leave the premises.

## FEES

- Reston patrons age 55+ years and older may receive a discount on eligible class fees. The discount does not apply to reservation activities.
- Passes will expire two years from the date of the most recent pass purchase, with the exception of monthly and annual pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

## FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. Allocations to the individuals in a qualified household may not be combined. Fee Waiver forms are available online at www.restoncommunitycenter.com. From the top menu, select "Info" and then select "Find Your Form."

## CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

## REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a monthly or annual pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of $10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the patron's myRCC account. Upon request, refunds may instead be processed to the original credit card or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly and annual pool passes.

## PRICING

RCC reviews its pricing for programs and services annually. We will gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services is established while keeping in mind the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

## FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is $0.047 per $100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

## PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

## ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

## BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

**Annual Strategic Planning Session**
January 9 9:00 a.m. – 3:00 p.m.

**Monthly Meeting**
February 1 7:00 p.m.

**Community Relations & Program/Policy Joint Meeting**
February 8 6:30 p.m.

**Monthly Meeting**
March 1 7:00 p.m.

**Community Relations & Program/Policy Joint Meeting**
March 8 6:30 p.m.

**Monthly Meeting**
April 5 7:00 p.m.

**Monthly Meeting**
May 3 7:00 p.m.

Finance Committee meetings, when scheduled, occur at 6:15 p.m. on the first Monday of the month. Check RCC's website for the most current meeting information.

QUESTIONS, COMMENTS, CONCERNS AND SUGGESTIONS FOR RCC'S BOARD OF GOVERNORS MAY BE DIRECTED TO RCCCONTACT@FAIRFAXCOUNTY.GOV. ALL INQUIRIES ARE ANSWERED WITHIN 48 BUSINESS HOURS.

For RCC Board of Governors information, visit www.restoncommunitycenter.com.

## RCC PUBLICATIONS

Visit this page to view current RCC program guides and other publications filled with updated event and class information.

## REGISTRATION DATES

**Summer Camps**
(June – August)
February 1 Reston/February 8 Non-Reston

**Summer Programs**
(June – August)
May 1 Reston/May 8 Non-Reston

**Fall Programs**
(September – December)
August 1 Reston/August 8 Non-Reston

**Winter/Spring Programs**
(January – May)
December 1 Reston/December 8 Non-Reston

AARP Smart Driver 58
AARP Tax-Aide 12
Access Library Services 58
Acrylic Painting 70
Acrylic Painting for Beginners 70
Adapted Aquatics 45
Adult Advanced Beginner 45
Adult Beginner 45
Advanced Tai Chi 63
Afrobeats Groove 59
Aging with Power and Grace 59
Airbrush Art 51
Altered Books 70
American Mah Jongg 67
Art Attack 55
Art for Mindfulness 70
Art Lab 70
Astronomy: What We See and Do Not See! 66
Babysitting 52
Balance and Mobility 62
Ballet Basics I 52
Ballet Basics II 52
Ballet Combo 52
Baloo the Builder Workshop 55
Barre Fusion 59
Beginning Tai Chi 63
A Study of the Mind, Meditation and Mindfulness 66
Bookends 58
Boot Camp 65
Bowties & Ballgowns 16
Brain Health 62
Bridge Mondays 67
Bridge Tuesdays 67
Build a Terrarium for Earth Day 51
Capitol River Crab Feast Cruise 69
Cardio and Strength Intervals 65
Cardio Strength 60
Celebrate Reston! 16
Chalk Mural Workshop 70
Chess Club 67
Chocolate Fun and Preparation 51
College Readiness Workshops 59
Community Arts 30 – 31
Community Coffee 13
Container Garden 68
Continuing Drawing 71
Creative Clay House 73
Creative Hands Pottery 73
Cupcake Wars 51
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Diva Central 11
Don't Get Scammed 58
Eggnormous 50
Essentrics 60
Essentrics Aging Backwards 60
Experimental Printmaking 71
Fairytale Ballet 52
Family Shadow Puppetry Workshop 53
Figure Drawing Basics 71
Fitness Fusion 61
Forest Bathing 62
Forever Fit 61
Frying Pan Farm Park 53
Fruit Picking at Great Country Farms 69
Functional Fitness 61
Fun with Fused Glass 71
Fused Glass – Bobbles, Bubbles and Blobs 71
Fused Glass Bubble Construction Workshop 71
Fused Glass Stacked Construction Workshop 71
Gentle Core Yoga and Sound Bath 63
Gentle Hatha Yoga 63
Gentle Yoga 63
Get to Know ChatGPT 68
Getting to Know You 66
Global Bread Making 57
Green Reston 15
Hamilton at The National Theatre 69
Happy Hour With Darden & Friends 17
Hatha Yoga I 63
Hatha Yoga II 64
Healthy Back 62
Hip-Hop 52
HomeFit Workshop 58
Intermediate Chinese Brush Painting 71
Intermediate Tai Chi 63
Introduction to Nature Journaling 71
Italy Through the Eyes of Artists 71
Janet Echelman: Radical Softness 74
Japanese Floral Arrangement 57
Joint-Friendly Fitness 61
Junior Gourmet – Taking it Up a Notch 51
Landscape Painting in Gouache 71
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Managing Your Health with Technology 68
Mardi Gras Gumbo 57
Marlin 42
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Micro Mosaic Jewelry 72
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Mindful Yoga with Sound Healing 64
Mindfulness Meditation 61
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Open Glass Studio 75
Open Woodshop 75
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Paint Splatter Party 54
Painters Studio 72
Parent's Night Out 54
Park Ranger Potpourri 66
Pasta Making 57
Perfecting the Art of Risotto 57
Philadelphia Flower Show 70
Pilates Mat 64
Pinewood Derby Workshop 55
Prepare iPhones & iPads for Travel 69
Profession: Careers in the Arts 74
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Qigong 64
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Reston Plays Games 68
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Sensing Science 52
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Skipper 2 40
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Sunday Afternoon Dances 57
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Tai Chi for Health and Balance 64
The AI Revolution: How AI Is Changing Our Lives 69
The Battle for Christ: Christianity's First 500 Years 67
The Frontier in American History 67
Tiny Canvas Painting 68
Tiny Terrarium 68
Tot Time 54
Tour de Hunter Mill 17
Two Hundred Fifty Year Journey in the Arc of Equality 67
Under Water Egg Hunt 48
Unfolded Narratives: Origami on Screen & In Practice 68
Update Your Online Security 69
Vibrant Alchemy – Introduction to Alcohol Ink Abstract Art 72
Vigilance Against Cybercrime 67
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Watercolor Play and Drawing Exploration 72
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Yoga and Art at Lake Anne Art Gallery 62
Yoga, Breath and Meditation 65
Young Actors Theatre 53
Young Actors Theatre Bonus Workshop: Ensemble 54

# LOCATIONS AND HOURS OF OPERATION

## LOCATIONS



### RCC Hunters Woods

2310 Colts Neck Rd., Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, The Leila Gordon Theatre, Dance Studio, Woodshop, Glass Studio, Community Room, Computer Room and Meeting Rooms.

**NOTE:** RCC Hunters Woods is located down the walkway between Ledo Pizza and Buffalo Wing Factory.

**Directions:** Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.



### RCC Lake Anne

1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios and 3D Gallery.

**Directions:** Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

## PHONE NUMBERS

703-476-4500
703-476-8617 (Fax)

711 (TTY)

## HOURS OF OPERATION

| | |
|---|---|
| Monday – Saturday | 9:00 a.m. – 9:00 p.m.* |
| Sunday | 9:00 a.m. – 8:00 p.m.* |

**Rental hours may vary. Contact the RCC Facility Services Department at RCCFacility@fairfaxcounty.gov.*

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# WINTER/SPRING HOLIDAY HOURS

| HOLIDAY | DATE | HUNTERS WOODS HOURS | LAKE ANNE HOURS | THE TERRY L. SMITH AQUATICS CENTER |
|---|---|---|---|---|
| Staff Team Builder | December 16 | CLOSED<br>1:00 p.m. – 4:00 p.m. | CLOSED<br>12:30 p.m. – 4:30 p.m. | CLOSED<br>1:00 p.m. – 5:00 p.m |
| Christmas Eve | December 24 | 9:00 a.m. – 1:00 p.m. | CLOSED | 9:00 a.m. – 12:00 p.m. |
| Christmas Day | December 25 | CLOSED | CLOSED | CLOSED |
| New Year's Eve | December 31 | 9:00 a.m. – 1:00 p.m. | CLOSED | 9:00 a.m. – 1:00 p.m. |
| New Year's Day | January 1 | 12:00 p.m. – 5:00 p.m. | CLOSED | 1:00 p.m. – 4:00 p.m. |
| MLK Jr. Day | January 18 | 9:00 a.m. – 9:00 p.m. | 9:00 a.m. – 9:00 p.m. | 7:00 a.m. – 7:00 p.m. |
| George Washington's Day | February 15 | 9:00 a.m. – 9:00 p.m. | CLOSED | 7:00 a.m. – 7:00 p.m. |
| Easter | March 28 | 9:00 a.m. – 8:00 p.m. | CLOSED | 7:00 a.m. – 5:00 p.m. |
| Memorial Day | May 31 | 9:00 a.m. – 1:00 p.m. | CLOSED | 7:00 a.m. – 12:00 p.m. |

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Reston, Virginia 20191

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