

# FALL 2014 PROGRAM GUIDE

*ENRICHING LIVES*



*BUILDING COMMUNITY*

**Reston Community Center**

## Dear Reston Community Center Patron,

RCC re-launched its online registration function for Reston patrons (live or work in Small District 5) on December 1, 2013. It performed well for people who used it to register for RCC's 2014 spring and summer programs. The online registration option was also available for Reston patrons on February 1 for the 2014 summer camp program offerings.



Online registration provides an easy and convenient way for our Reston patrons to register for programs remotely. Using this system replaces what had been our lottery system/process for registration. One important advantage of using online registration is that you have more control over when your registration is processed. The online registration option will open at 9:00 a.m. on August 1.

If you aren't able to register online, RCC still provides alternatives that may be more convenient. Simply drop off your registration at RCC anytime between now and 9:00 a.m. on August 1. Registration forms can also be mailed or faxed. Please note that no matter when you drop off your registration, it will not be processed until August 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on August 1 if they are received by July 30.

With multiple methods now available to patrons, RCC no longer is randomizing registration access to our programs. Our Customer Service team will be inputting registrations in the RecTrac/WebTrac system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

Many of our most popular programs fill up on the first and second day of the registration process. The best way to assure your enrollment in a popular program is to register online. Whatever approach works best for you, we urge you to use just one method of registration to avoid duplication of registration efforts and possible extra charges to your account.

Please don't hesitate to contact our Customer Service team if you want assistance.

### Registrations are and will continue to be accepted in multiple formats:

- In person at either RCC location
- Via mail to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191
- Via fax to 703-476-2488
- Online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

If you prefer to register online during priority registration, you may wish to ensure that you have an online account and familiarize yourself with our system before online registration for Fall 2014 programs begins on August 1.

### Please keep the following important notes in mind:

- To register online: You will need to know your username and password.
- If you are a new user: You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.
- If you are not sure whether you have an existing login, or if you have additional questions: Send an email to [RCCContact@fairfaxcounty.gov](mailto:RCCContact@fairfaxcounty.gov) or call 703-476-4500, Monday - Saturday, 9:00 a.m. - 9:00 p.m. or Sundays, 9:00 a.m. - 8:00 p.m.

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## A MESSAGE FROM BEVERLY COSHAM

Chair, RCC Board of Governors

Welcome to the colors and crisp mornings of fall. The season brings new programs to try and favorites returning to RCC as we continue celebrating the 50th Anniversary of Reston. I am looking forward to seeing all my friends at the Reduced Shakespeare Company performances; what fun for us! Fall is not complete in Reston without enjoying the Reston Multicultural Festival. Kids of all ages get a kick out of the Flea Market at RCC in November; and of course, you can't really have fall without Halloween. Everyone gets into the community spirit with the Thanksgiving Food Drive. As our outdoor pools close down, the water at RCC beckons for new swimmers and "Reston Masters" alike. Whatever your pleasure is, it's part of RCC programs this fall.

The Board of Governors continues to explore the potential for new indoor recreation facilities with our partners at Fairfax County government and the Fairfax County Park Authority. As of the press deadline for this Guide, we were awaiting decision-making regarding Reston Town Center North and the Park Authority's Board action on the proposed Baron Cameron Park master planning. We continue to move forward with the principle of seeking financial partners to provide for a new facility in order to maintain our current tax rate. We are grateful for all the input and guidance we have received from our Reston constituents – you have greatly assisted the Board in charting the best course forward.



## A MESSAGE FROM LEILA GORDON

RCC Executive Director

With the upcoming budget year, RCC returns to balanced budget status. This means our revenues equal our expenditures (not including capital maintenance projects.) During the recession and its aftermath, with the gradual recovery that occurred, RCC used funding from our reserves to sustain our programs, facilities, and services at substantially subsidized pricing to support our community. Beginning with last year, we determined that pricing for our drop-in activities and some rental fees had fallen so far behind the existing pricing for similar public facilities that we needed to begin increasing those fees on an annual basis until they are more appropriately aligned with other public sector offerings that are similar in nature. As the charts on the next page show, we are still pricing for Reston patrons well below the Park Authority alternatives. We will continue to monitor pricing across all areas to assure that we do two things: 1) provide a discount to Reston patrons in acknowledgement of the special tax they pay to support RCC; and 2) achieve a cost-recovery profile that is better aligned with our strategic priorities.

As always, please don't hesitate to reach out to us to give your feedback and input to our programs, services and operations. We are always interested and respond whenever we can to the suggestions you make. You can reach us at [RCCContact@fairfaxcounty.gov](mailto:RCCContact@fairfaxcounty.gov).

Enjoy the fall season ahead with us!

# RESTON COMMUNITY CENTER FEE COMPARISON

<b>AQUATICS</b>			
	<b>RCC: Reston Rate</b> (through 8/31/2014)	<b>RCC: Reston Rate</b> (effective 9/1/2014)	<b>Park Authority: Fairfax County Resident Rate</b>
<b>GATE FEES (OPEN SWIM)</b>			
Daily Admission - Adult	\$4.00	\$4.50	\$8.00
Daily Admission - Youth/Senior*	\$2.50	\$2.75	\$6.50
20-Visit Pass - Adult	\$65.00	\$73.00	\$127.20
20-Visit Pass - Youth/Senior*	\$45.00	\$50.00	\$117.60
Annual Pass - Adult	\$380.00	\$425.00	\$561.00
Annual Pass - Youth/Senior*	\$190.00	\$215.00	\$521.00
<b>WATER AEROBICS</b>			
Adult Class	\$4.25	\$4.75	\$8.00
Senior Class*	\$2.75	\$3.00	\$6.50
20-Visit Pass - Adult	\$70.00	\$80.00	\$127.20
20-Visit Pass - Youth/Senior* ^	\$50.00	\$56.00	\$117.60

\* RCC designates "Seniors" as 55+, whereas the Park Authority designates "Seniors" as 65+.

^ The Park Authority offers a 25-Visit pass (20 percent more classes than RCC's 20-Visit pass). Costs for 20-Visit Park Authority passes on this chart have been reduced by 20 percent in order to provide a close comparison to RCC's 20-Visit pass.

<b>DROP-IN LAND AEROBICS</b>			
	<b>RCC: Reston Rate</b> (through 8/31/2014)	<b>RCC: Reston Rate</b> (effective 9/1/2014)	<b>Park Authority: Fairfax County Resident Rate</b>
20-Visit Pass - Senior*	\$40.00	\$45.00	\$117.60

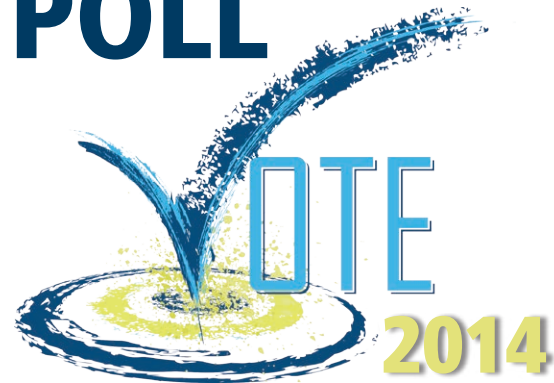
\* RCC designates "Seniors" as 55+, whereas the Park Authority designates "Seniors" as 65+.

<b>RENTAL RATES</b>			
	<b>RCC: Reston Hourly Rate</b> (eff. 9/1/2014)	<b>RCC: Reston Hourly Rate</b> (eff. 9/1/2015)	<b>Park Authority Hourly Rate</b>
Pool Rental	\$110.00	\$110.00	\$117 #
Pool Rental - Founding Partners	\$50.00	\$60.00	
Community Room	\$50.00	\$65.00	\$95.00 (Frying Pan Park)
Community Room - Founding Partners	\$18.75	\$22.50	

# The Park Authority hourly pool lane rental rate is \$19.50. In the above chart, that lane rental rate has been multiplied by six to provide a close comparison to the full Terry L. Smith Aquatics Center, which has a six-lane pool.

# RCC PREFERENCE POLL

September 12 – October 3



## SERVE YOUR COMMUNITY

Become a candidate for the RCC Board of Governors

You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the annual RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for RCC while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

**Statement of Candidacy Forms available  
August 1 at RCC Hunters Woods and  
RCC Lake Anne**

## MARK YOUR CALENDARS:

### CANDIDATE FILING

August 1 – August 15

### PHOTO/ORIENTATION

August 15

### FORUM

September 8 • 7:00 p.m.

### VOTING

September 12 – October 3 (until 5:00 p.m.)

 **reston  
celebrates**

FOUNDING  
OF  
RESTON  
— 1964 —

**50**  
YEARS

**100**  
YEARS

BIRTH  
OF  
ITS FOUNDER  
— 1914 —

Reston's civic and community organizations will be celebrating anniversaries all year.  
Check out all the fun in store for the community at [www.restoncelebrates.org](http://www.restoncelebrates.org).

For information about how to add your organization's anniversary-themed event, please email [restoncelebrates@myerspr.com](mailto:restoncelebrates@myerspr.com).

### PARTICIPATING ORGANIZATIONS:



Reston Interfaith has a new name. Our mission stays the same.



[WWW.RESTONCELEBRATES.ORG](http://WWW.RESTONCELEBRATES.ORG)



8th Annual  
Lake Anne Jazz & Blues  
**FESTIVAL**  
FREE • ALL AGES

**Saturday, August 30**

1:00 p.m. – 8:00 p.m. • Lake Anne Plaza

Come and enjoy an afternoon and evening of "Jazz on the Lake." Reston Community Center is a major sponsor of this annual event presented by the Friends of Lake Anne and the Lake Anne Merchants and hosted by Lake Anne Plaza.

**FOR MORE INFORMATION, PLEASE CONTACT LAKE ANNE PLAZA AT 703-471-6374.**

# Lake Anne

*Full of Character, Full of Life*

Lake Anne is a national treasure.

The redevelopment of Lake Anne honors a 50-year heritage while creating a vibrant and sustainable destination for future generations.

The vision is a legacy that embraces community priorities and makes Reston proud.

The future is full of promise.



[www.lakeannedevelopmentpartners.com](http://www.lakeannedevelopmentpartners.com)





## RESTON PRESENTS

Reston Presents is a bi-monthly lecture and presentation series that highlights the multifaceted talents of local residents. The presentations are sponsored by Reston Community Center and Reston Association. All presentations are free. For more information, to learn about future programs, or to volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577. 18 years and older.



## Getting the Most Out of Social Security During Retirement

**Monday, September 8**

7:00 p.m. – 9:00 p.m.

RCC Lake Anne

**Free • 505405-5A • Registration Required**

Learn about the three Social Security benefits that most people haven't heard about, discover strategies for married couples, and avoid the five most common mistakes people make with Social Security before reaching the age of eligibility. Social Security is a key part of a good retirement plan so start the planning process early to enjoy a financially comfortable retirement. Join financial gurus, Amy Brandts and Nancy Rick, as they help attendees determine the best benefit strategy that will lead to long term financial security. This seminar is ideal for those ages 40-68 but all ages are welcome. This program is for educational purposes only and sold out last year so be sure to sign up early. There will be no solicitation or obligations of attendees.



## Seven Covert Agents of the Revolutionary War

**Monday, November 10**

7:00 p.m. – 9:00 p.m.

RCC Lake Anne

**Free • 505405-5B • Registration Required**

Longtime Reston resident, Paul Misencik, a former international airline captain, and presently manager of an airline accident investigation division of the National Transportation Safety Board (NTSB), will discuss *The Original American Spies: Seven Covert Agents of the Revolutionary War*, featured in his 2013 book release. Mr. Misencik also has written *George Washington and the Half-King Chief Tanacharison*, released in 2014, which details the origins of the French and Indian War. This program is for educational purposes only. There will be no solicitation or obligations of attendees.

MEET THE

# Artists

Thursdays • 2:15 p.m. – 3:30 p.m.

FREE • RCC HUNTERS WOODS • THE CENTERSTAGE

**SEPTEMBER 25**

## **Beverly Cosham**

Washington's and Reston's favorite cabaret singer and entertainer and her musical friends collaborate to perform their favorite songs.

**OCTOBER 16**

## **Phoenix Woodwind Quintet**

Rosalie Morrow (flute), Jane Hughes (oboe), Allen Howe (clarinet), Bill Jokela (bassoon), and Aku Shiffer (french horn) play masterworks from the woodwind repertoire.

**OCTOBER 2**

## **Chamasyan Sisters**

Monika (violin), Marina (piano) and Armine (violin) present the world premiere of a commissioned work by composer Scott Solak to celebrate Gloria Sussman's 90th birthday.

**OCTOBER 23**

## **Loudoun Quartet**

This unique combination of flute, violin, viola and cello was formed in 2002 and consists of members of the Loudoun Symphony Orchestra.

**OCTOBER 9**

## **Evelyn Mo**

Fifteen-year-old piano prodigy returns to the CenterStage for this piano recital.

**OCTOBER 30**

## **Klasinc & Loncar Duo**

Natasa Klasinc and Miroslav Loncar are classical guitarists who have performed throughout Europe and the United States.

Schedule subject to change. Please check our website for up-to-date information. These programs are a joint venture between Osher Lifelong Learning Institute at George Mason University and Reston Community Center.

The Osher Lifelong Learning Institute (OLLI) at George Mason University offers daytime courses, lectures, special events and other activities year round. There are no exams, no credits, no college degree required or offered and no age threshold for joining. Learn more online at [www.olliatgmu.edu](http://www.olliatgmu.edu).

For more information, please contact Paul Douglas Michnewicz, Arts and Events Director, at 703-390-6167.



# Reston Multicultural Festival



**SATURDAY  
SEPTEMBER 27**

**11:00 a.m. – 6:00 p.m.**

**FREE • Rain or Shine • Lake Anne Plaza**

**FEATURING:**

Naturalization Ceremony • International Book Fair  
National Heritage Award Fellows • Arts & Crafts  
Exciting Entertainment • *Art Mirrors Culture* Exhibit  
Delicious Food • Family Fun from Around the World



The Reston Multicultural Festival is an annual event that brings together the people of Reston to celebrate our rich medley of cultures. The festival opening will include a Naturalization Ceremony where America's newest citizens will take the Oath of Allegiance. This has become a tradition at the Multicultural Festival and is a moving and fitting beginning to a day that celebrates our diversity. National Heritage Award Fellows will be presented continuing a feature that was a hit last year. The Fellows are "living national treasures" who make a splendid addition to the event. The Reston Multicultural Festival is hosted by the Lake Anne Plaza and co-sponsored by Reston Association, with partners from a variety of Reston-based organizations and businesses. The Naturalization Ceremony is done in partnership with the U.S. Citizenship and Immigration Services (USCIS). Everyone is encouraged to dress in attire from their own cultural roots and share the stories that we gather on the pathways of our lives.



For more information, please contact Kevin Danaher, Community Events Director, at 703-390-6166.

*The Reston Multicultural Festival is hosted by the Lake Anne Plaza and co-sponsored by the Reston Association, with partners from a variety of Reston-based organizations and businesses.*

# Sunday Dances

RCC Hunters Woods • 18 years and older



## RCC COMMUNITY COFFEE

Saturdays

September 6 – December 27

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods • All Ages

Families, friends, and neighbors are all invited!  
Enjoy complimentary food and beverages with casual conversation.

## Country Western Dance

Sundays: September 7, October 5,  
November 2, December 7

6:30 p.m. – 9:30 p.m.

Line dance, two-step, shuffle and swing the night away to popular country/western tunes played by RCC's DJ. Dances are held monthly in the RCC's Community Room, which offers a spacious wooden dance floor and a smoke free environment. Refreshments will be provided. No square or contra dancing, please.

## Sunday Afternoon Dances

Sundays: September 14, October 12,  
November 9, December 14

2:30 p.m. – 4:30 p.m.

Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun; partners are not required.

**Cost is per session and payable at the door.**  
**\$5 Reston/\$10 Non-Reston**

For more information, please contact Karen Brutsché, 55+ Program Director, at 703-390-6157.

## RESTON STATION

METRO + METROPOLITAN



Reston Station redefines the urban realm with bold architecture and vibrant energy to create the Washington area's new urban center. This 1.5 million square feet visionary community is coming soon:

- World-class office
- BLVD Luxury Residences
- Hotel
- Urban Plaza
- Restaurants, Shops & Retail
- On-site access to Metro's new Silver Line

[www.RestonStation.com](http://www.RestonStation.com)

[f/RestonStation](https://www.facebook.com/RestonStation)

### OPEN WITH METRO:

RESTON STATION  
TRANSIT CENTER

- 3,000+ Parking Spaces
- Bus Transit Center
- Kiss N Ride
- Bicycle Storage



FOR MORE INFORMATION CALL 703-230-1291

COMSTOCK [www.ComstockPartnersLC.com](http://www.ComstockPartnersLC.com)

# NEWCOMERS' NIGHT

THURSDAY, OCTOBER 9

6:30 p.m. – 8:30 p.m.

Reston Association • 12001 Sunrise Valley Drive

**FREE**

Enjoy a one-stop shopping event for new or not-so-new members, volunteers and newcomers. Come learn more about Reston Association (RA) and the many services, amenities and programs it provides for you. Meet other organizations, RA board members and staff. Find out how you can get involved in Reston. Light refreshments will be available and door prizes will be awarded.



Please RSVP to [Ashleigh@reston.org](mailto:Ashleigh@reston.org)  
or 703-435-6577.

## RESTON DUPLICATE BRIDGE CLUB



**WEDNESDAYS**

7:00 p.m. – 10:30 p.m.

**RCC Hunters Woods • No Reservations Necessary**

Open game: \$8 per person

Novice game: \$7 per person

The Reston Duplicate Bridge Club has held weekly games at RCC since its opening in 1979. Novice-Intermediate and Open games are offered. Teachers are available for those who wish lessons. The game is held every Wednesday evening on a year-round basis. Light snacks and beverages are provided. Partners may be provided upon request.

For more information, please contact Candy Kushner at 703-758-0906 or at [candy.kuschner@gmail.com](mailto:candy.kuschner@gmail.com).



# CLASSIC CINEMA

**10:00 a.m. – 12:00 p.m. • RCC Hunters Woods - the CenterStage  
Free • Drop-in • 18 Years and Older**

Be swept back through the years as you watch timeless films in the comfort of the CenterStage. Movies are shown from 10:00 a.m. to 12:00 p.m. and include a free continental breakfast beginning at 9:30 a.m.

## **MONDAY, SEPTEMBER 29**

### ***Adam's Rib***

Spencer Tracy and Katharine Hepburn play a married prosecutor and defense attorney assigned to the same sensational attempted murder trial in this clever courtroom battle-of-the-sexes movie. Judy Holliday co-stars, and George Cukor directs this film that was written specifically as a Tracy-Hepburn vehicle. The plot was inspired by a real-life legal case, and the film was nominated for the Academy Award Best Screenplay. (1949)

## **MONDAY, OCTOBER 20**

### ***The Philadelphia Story***

Katharine Hepburn, Cary Grant, and James Stewart star in this tale of a fault-finding, bride-to-be socialite who gets her comeuppance. George Cukor directs this screen pinnacle of sophisticated romantic comedy. Hepburn acquired the film rights to the play (which she had also starred in) with the help of Howard Hughes. Nominated for six Academy Awards, James Stewart won Best Actor, and Donald Ogden Stewart won Best Adapted Screenplay. (1940)

## **MONDAY, NOVEMBER 17**

### ***Mildred Pierce***

A mother's love leads to murder – and an Oscar. What Veda wants, her mother, Mildred Pierce, (played by Joan Crawford) provides. Even if Mildred must end her middle-class marriage, climb atop the male-dominated business world and marry a wealthy man she doesn't love, she will do so to support her girl. This murder mystery and stylish film noir with a twist ending is told from a woman's point of view. Crawford won the Best Actress Academy Award, and the film was nominated for five Oscars. (1945)

## **MONDAY, DECEMBER 15**

### ***All About Eve***

Starring Bette Davis, Anne Baxter, George Sanders, and Celeste Holm, this film about backstage backstabbing won the Academy Award for Best Picture in 1950. From the moment she glimpses her idol on Broadway, Eve Harrington (Anne Baxter) strives relentlessly to upstage Margo Channing (Bette Davis). Cunningly stealing Margo's role, Eve then disrupts the lives of Margo's director boyfriend (Gary Merrill), and her other friends in this juicy, witty drama. (1950)

# TUESDAY NIGHT AT THE MOVIES



7:30 p.m. – 9:30 p.m. • RCC Hunters Woods - the CenterStage  
Free • Drop-in • 18 Years and Older

## OCTOBER 21

### ***Breathing Earth: Susumu Shingu's Dream***

World famous Japanese artist and architect Susumu Shingu sculpts the winds and follows them in search of a resting place, a wind powered home, for his long, lifetime dream of *Breathing Earth*. He talks with nature through his sculptures. His lifelong dialogue with the wind and with water has given the world uniquely beautiful works of fluid, unpredictable and ever changing movement. Susumu renders visible the veiled and the unseen and opens to us new perspectives. Film director Thomas Riedelsheimer accompanies this quiet and unassuming man in pursuit of a dream, a quest to create an awareness of our planet, our breathing earth and our human values. *Breathing Earth* is a film about the wind, the philosophy of a wise person, about art and love and dreams. The film won the Jury Award at the 32nd International Festival of Films on Art (FIFA) in Montreal in March 2014.

This movie is presented in collaboration with the Initiative for Public Art – Reston (IPAR).

## OCTOBER 28

### ***Jhola***

'Sati' is an ancient practice of burning a widow on her deceased husband's funeral pyre or burying her alive in his grave. According to Hindu Holy Scriptures the custom of 'Sati' was a voluntary practice in which a woman chose to end her life after her husband's death. Later the practice was abused and women were forced to commit 'sati' against their will. It was officially abolished in 1920 but still there are vestiges and residual effects of the practice that continue to make the headlines in modern Hindu society. The film is in Nepalese and subtitles in English. After the film, discuss the issues with film writer Krishna Prasad Bhattarai.

This movie is presented in collaboration with the Washington West Film Festival.



**WASHINGTON  
WEST** FILM FESTIVAL

## NOVEMBER 18

### ***Roy Lichtenstein: Reflections and Roy Lichtenstein: Tokyo Brushstrokes***

Two documentary films featuring Roy Lichtenstein – one of the great pop artists of our time – discuss his work, his artistic process, and the sources of his inspiration.

*In Roy Lichtenstein: Reflections*, the artist was filmed in his studios in New York City and Southampton, Long Island, as well as on location in Los Angeles and Rome. Featured are Lichtenstein's Large Scale Murals, Reflections Series, and his Interior Series.

*Lichtenstein: Tokyo Brushstrokes* offers comprehensive documentation on a major public sculpture by the Pop master. In this film, we see Lichtenstein starting from a collection of brushstrokes he created for collages, selecting images, making models, meeting with the Japanese architect and curator, enlarging the drawings to some thirty feet, fabricating the sculptures in a foundry, and finally, installing the sculptures in Tokyo where all the work of preparation gives way to the mystery of creation.

This movie is presented in collaboration with the Initiative for Public Art – Reston (IPAR).

## DECEMBER 2

### ***My Neighbourhood***

*My Neighbourhood* follows Mohammed El Kurd as he comes of age in the midst of unrelenting tension and remarkable cooperation in his backyard. Highlighting Mohammed's own reactions to the highly volatile situation, reflections from family members and other evicted residents, accounts of Israeli protesters and interviews with Israeli settlers, the film chronicles the resolve of a neighbourhood and the support it receives from the most unexpected of places.

*My Neighbourhood* is directed and produced by Rebekah Wingert-Jabi, who documented Mohammed's story over two years, and acclaimed filmmaker Julia Bacha. It is the latest production by Just Vision, an award-winning team of Palestinian, Israeli, North and South American filmmakers, journalists and human rights advocates dedicated to telling the stories of Israelis and Palestinians working nonviolently to achieve security, freedom and peace in the region.

FOLLOWING THE SCREENING, REBEKAH WILL DISCUSS THE FILM AND HER INVOLVEMENT WITH THE AUDIENCE.

# HALLOWEEN FAMILY FUN DAY

**Saturday, October 18**

**12:00 p.m. – 2:00 p.m.**

**RCC Hunters Woods • Free • Drop-in  
Ages 1-8**

Come dressed in your favorite costume and enjoy sensational performances perfect for the whole family. Peter McCory, a famed one-man band, will put children in the Halloween spirit at 12:15 p.m., followed by a wonderful performance at 1:15 p.m. by Bob Brown's Puppets in *Monster Madness*. Little ghosts and goblins up to the age of 8 will try their skill at winning candy and prizes when they play carnival games. All children must be accompanied by an adult guardian, age 18 or older.



For more information, please contact Debbie Heron, Youth Program Director, at 703-390-6163.

## Children's FALL FLEA MARKET



**SATURDAY, NOVEMBER 15**

**9:00 a.m. – 12:00 p.m. • RCC Hunters Woods**

### Sign up for a table:

**6 – 13 years old**

Have you outgrown some of your toys and books? Are they taking up valuable space in your home? You can earn money by selling these items at our annual Children's Fall Flea Market. Vendor tables can be reserved for one or more children. Single-size tables measure 3' x 6'. Shared (with two or more friends) tables measure 2.5' x 8'. Please note that edible items or live animals cannot be brought to the flea market. After the event, unwanted items will be donated to a local charity.

**Single Table**  
**\$10 (R)/\$20 (NR)**  
902925-5A

**Share a Table**  
**\$15 (R)/\$30 (NR)**  
902926-5A

### Come to the Flea Market:

**Free • Drop-in • All Ages**

Do you need to do some holiday shopping, or simply wish to find a bargain? Junior merchants will sell gently used toys, books, clothing, and games at the annual Children's Flea Market.

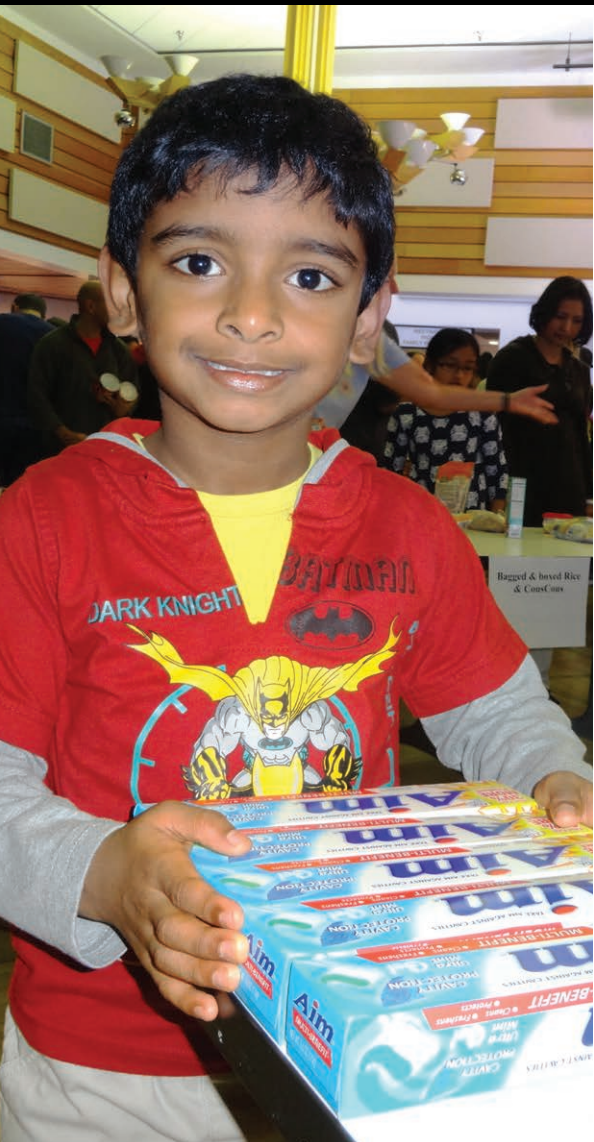
#### **ADMISSION:**

**Donation of one non-perishable food item for  
the RCC Thanksgiving Food Drive**

For more information, please contact Debbie Heron, Youth Program Director, at 703-390-6163.



# Thanksgiving FOOD DRIVE



## Drop Off Donations **NOVEMBER 1 – 24**

Reston Community Center once again joins the Greater Reston Chamber of Commerce and Cornerstones to help families in need. Patrons, businesses, and organizations are encouraged to drop off non-perishable food and other items from November 1 – 24 at Reston Community Center’s Hunters Woods and Lake Anne facilities, the Greater Reston Chamber of Commerce, and a variety of other drop-off points throughout the community. Please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) for a complete list of needed items and drop-off points.

## Want to Volunteer?

### **THERE ARE THREE GREAT WAYS TO HELP OUT.**

Become a Volunteer Loader on November 25 or 26, a Volunteer Event Leader on November 27 or a Volunteer Food Sorter on November 27.

Please turn to page 38 to find out more information and learn how to register for these great community service events.

*Reston Interfaith has a new name. Our mission stays the same.*

To Benefit: **Cornerstones**   
Hope for Tomorrow Today

Organizations and businesses interested in participating as drop off points can call Kevin Danaher, RCC Community Events Director, at 703-390-6166.

# RESTON HOLIDAY PARADE

Friday, November 28

11:00 a.m.

RESTON TOWN CENTER • FREE • ALL AGES

The 24th annual parade will celebrate Reston's 50th anniversary and kick off the 25th anniversary of Reston Town Center in 2015. Come for a full day of community, charity and cheer including the Gingerbread Man Mile & Tot Trot, visits and photos with Santa, tree lighting, sing along, and horse-drawn carriage rides.

For more information: [www.restontowncenter.com](http://www.restontowncenter.com).  
For inquiries about parade participation, email [rtc@myerspr.com](mailto:rtc@myerspr.com).



# RESTON TOWN CENTER HOLIDAY PERFORMANCES



**Saturdays & Sundays,  
December 6 – 21**

RESTON TOWN CENTER • FREE • ALL AGES

SOUTH MARKET PROMENADE

Between Market Street and Democracy Drive  
(across from Starbucks)

Come and enjoy holiday songs outside at the Reston Town Center South Market Promenade. Performances will include holiday favorites by the South Lakes High School Chorus, small ensembles from the Reston Chorale, Tenor Tim McKee, and the Northern Virginia Ukulele Ensemble. Please check the RCC website in November for the schedule.



For more information, please contact Kevin Danaher, Community Events Director, at 703-390-6166.





Are We Keeping  
the Promise?

# Reston Dr. Martin Luther King, Jr.

## BIRTHDAY CELEBRATION

### January 17 – 20, 2015

#### KEYNOTE SPEAKER: ANNA DEAVERE SMITH

Anna Deavere Smith will join us for three days of activities including a performance, the Reston Dr. Martin Luther King, Jr. Birthday Celebration Keynote Address, and school performances.

#### Professional Touring Artist Series Performance

*SNAPSHOTS: PORTRAITS OF A WORLD IN TRANSITION*

**Sunday, January 18, 8:00 p.m.**

Ms. Smith has been listening to people across the country from all walks of life for the last several years, using Walt Whitman's idea "to absorb America" as an inspiration.



#### Keynote Address and Community Lunch

*RECLAIMING GRACE IN THE FACE OF ADVERSITY*

**Monday, January 19, 12:00 p.m.**

The Keynote Address celebrates the resilience of the human spirit, the power of kindness and the strength of imagination in hope. The address will be followed by our traditional Community Lunch.

**SEE PAGE 25 FOR MORE DETAILS.**

#### Make MLK Day a day on, not a day off.

This year's 30th Annual Reston Dr. Martin Luther King, Jr. Birthday Celebration planning is underway, and will also include Community Service Projects, the *Voices of Inspiration* Program by the Reston Martin Luther King, Jr. Church and hosted by the Northern Virginia Hebrew Congregation, and a Commemorative March.

**A complete schedule will be available December 1 at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).**



For more information, please contact Kevin Danaher, Community Events Director, at 703-390-6166.

# 2014/2015 PROFESSIONAL TOURING ARTIST SERIES

**We ain't got no chickens! Ha Ha Ha! We ain't got no chickens.**



This is a punch line to a long-forgotten joke that never failed to make us laugh, especially when my Mom said it. No one can remember the set-up or when it started or who said it first. That was no longer relevant.

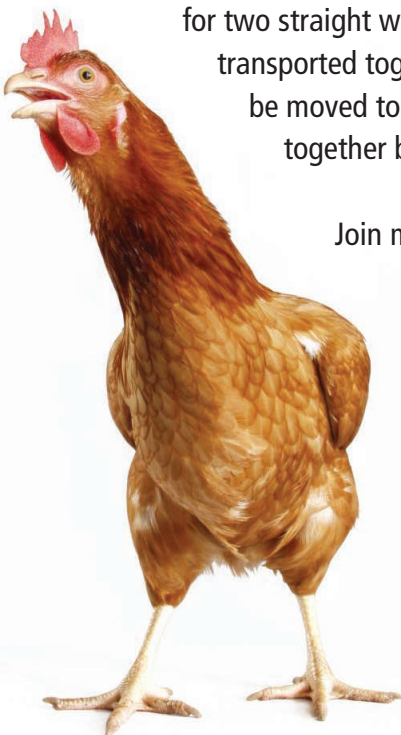
In her last days, when her mind was deteriorating, I would say "We ain't got no chickens" and she would laugh. And then she would say "We ain't got no chickens" and I would laugh. And then we'd both say "We ain't got no chickens" and we both would laugh. And this could go on for hours. If you didn't know us, you would think we were nuts.

There is something about a "common memory" that heals and binds people together. When we hear someone laughing, we tend to laugh with them. When we see someone crying, our hearts bend a little. When we come together in a dark room to experience a moving or hysterical event, we come closer to one another. We share a memory and validate our own existence.

We don't have to agree on how the event affected us. But we cannot deny that we shared that event; that we witnessed something together.

This season offers extraordinary opportunities for us to make shared memories. We will laugh together for two straight weeks with the Reduced Shakespeare Company EXTRAVAGANZA. We will be transported together to the mysterious and tumultuous Ukraine with DakhaBrakha. We will be moved together by the extraordinary Anna Deavere Smith. And we will be inspired together by Inaugural Poet Richard Blanco.

Join me and together we will create great memories.



**Paul Douglas Michnewicz**  
Director of Arts and Events

# SCHEDULE AT-A-GLANCE

## DANCE

### **BOOM!**

Wednesday, April 1, 8:00 p.m.

Choreographed by Cynthia Oliver • In partnership with Dance Place

### **Persistent Voices**

Wednesday, May 6, 8:00 p.m.

Choreographed by Daniel Phoenix Singh  
Co-commission with Dance Place • World Premiere!

## MUSIC

### **DakhaBrakha**

Saturday, November 15, 8:00 p.m.

### **New York Festival of Song -**

#### **At Harlem's Height**

Friday, December 5, 8:00 p.m.

### **Lúnasa**

Wednesday, March 18, 8:00 p.m.

### **Trout Fishing in America**

with special guest Dana Louise

Sunday, April 26, 3:00 p.m.

### **Turtle Island Quartet**

with Special Guest Tierney Sutton,  
vocals - *Poets & Prayers*

Saturday, May 30, 8:00 p.m.

## CHILDREN/FAMILY

### **Cashore Marionettes – Simple Gifts**

Saturday, November 22, 3:00 p.m.

### **Mr. Vaudeville and Friends!**

With Mark Brutsché

Sunday, March 29, 3:00 p.m.

## THEATRE

### **The Complete Works of the Reduced Shakespeare Company (abridged)**

#### **EXTRAVAGANZA**

September 12 – 21

Ten days! Eight great shows! Despite popular demand!

### **Cashore Marionettes – Life In Motion**

Saturday, November 22, 8:00 p.m.

### **Anna Deavere Smith's Snapshots**

Sunday, January 18, 8:00 p.m.

Special Reston Dr. Martin Luther King, Jr. Birthday Celebration  
Performance and Residency

## SPECIAL EVENTS

### **National Heritage Award Fellows at the Reston Multicultural Festival**

Saturday, September 27

11:00 a.m. – 6:00 p.m.

(performance times vary)

### **Richard Blanco, Poet**

Wednesday, November 12, 8:00 p.m.

### **Anna Deavere Smith's**

#### **Reclaiming Grace in the Face of Adversity**

Monday, January 19, 12:00 p.m.

Special Reston Dr. Martin Luther King, Jr. Birthday Celebration  
Keynote Address and Lunch



# IN HONOR OF RESTON'S 50TH ANNIVERSARY, RESTON COMMUNITY CENTER PRESENTS



## The Complete Works of **REDUCED SHAKESPEARE COMPANY** (abridged)

# EXTRAVAGANZA

## September 12 – September 21

Ten Days! Eight Different Shows! Despite Popular Demand!

**Put the "extra" in EXTRAVAGANZA!**

Sign up for the RSC Comedy Boot Camp on  
Saturday, September 13 or Saturday, September 20 from 3:00 p.m. – 4:30 p.m.  
See page 87 for details or register with 402609-5A

Photos courtesy of Reduced Shakespeare Company

With much much more and so much less!



# The Complete Works of

# REDUCED<sup>®</sup> SHAKESPEARE COMPANY

(abridged)

# EXTRAVAGANZA



## **THE COMPLETE HISTORY OF COMEDY (ABRIDGED)**

Reston Premiere plus Opening Night Party  
Friday, September 12, 8:00 p.m.  
\$30 Reston/\$60 Non-Reston

## **THE COMPLETE WORKS OF WILLIAM SHAKESPEARE (ABRIDGED) [REVISED]**

In honor of the Sesquicentennial of Shakespeare's Birth!  
Saturday, September 13, 8:00 p.m.  
\$25 Reston/\$50 Non-Reston

## **THE COMPLETE HISTORY OF AMERICA (ABRIDGED)**

Sunday, September 14, 3:00 p.m.  
\$25 Reston/\$50 Non-Reston

## **SELECTED READINGS FROM THE LOST WORKS (ABRIDGED)**

Including (but not limited to) *The Ultimate Christmas Show (abridged)* & *The Complete Millennium Musical (abridged)*, songs/verses cut from other shows, readings from RSC books and radio shows. Recorded live for future podcast.

Wednesday, September 17, 8:00 p.m.  
\$15 Reston/\$30 Non-Reston

## **THE COMPLETE WORLD OF SPORTS (ABRIDGED)**

Thursday, September 18, 8:00 p.m.  
\$25 Reston/\$50 Non-Reston

## **THE BIBLE: COMPLETE WORD OF GOD (ABRIDGED)**

... Questioning?  
Seek answers after the show with the cast!  
Friday, September 19, 8:00 p.m.  
\$25 Reston/\$50 Non-Reston

## **ALL THE GREAT BOOKS (ABRIDGED)**

Saturday, September 20, 8:00 p.m.  
\$25 Reston/\$50 Non-Reston

## **COMPLETELY HOLLYWOOD (ABRIDGED)**

Plus a post-show discussion with Bob Mondello and a farewell toast!  
Sunday, September 21, 3:00 p.m.  
\$30 Reston/\$60 Non-Reston

SEPT  
27

# 2014 National Heritage Award Fellows

AT THE RESTON MULTICULTURAL FESTIVAL

**Saturday, September 27**  
**11:00 a.m. – 6:00 p.m.**

(performance times vary)

**Lake Anne Plaza • Free**



The National Endowment for the Arts (NEA) National Heritage Fellowships are the nation's highest honor in folk and traditional arts. Presented annually by NEA, the fellowships recognize folk and traditional artists for their lifetime achievement, artistic excellence, and contributions to our nation's traditional arts heritage.

Come to the annual Reston Multicultural Festival where you will see some of these great artists and so much more!

## Richard Blanco, Poet

**Wednesday, November 12, 8:00 p.m.**

**\$15 Reston/\$30 Non-Reston**

NOV  
12



Richard Blanco was born in Madrid in 1968, immigrating as an infant with his Cuban-exile family to the United States. In 2013, Blanco was chosen to serve as the fifth inaugural poet of the United States, following in the footsteps of such great writers as Robert Frost and Maya Angelou. Blanco performed *One Today*, an original poem he wrote for the occasion, becoming the youngest, first Latino immigrant and openly gay writer to hold the honor.

Blanco continues to write and perform for audiences around the world. In addition to his occasional poetry and performances, his full-length memoir was published in November 2013 and he is collaborating with renowned illustrator Dav Pilkey on a children's book.

Photo by Joyce Tenneson

His contributions to the fields of poetry and the arts have already paved a path forward for future generations of writers. Richard's writing will be wonderfully fitting for an Inaugural that will celebrate the strength of the American people and our nation's great diversity.

– President Barack Obama

# DakhaBrakha

Saturday, November 15, 8:00 p.m.

\$20 Reston/\$40 Non-Reston

NOV  
15



Reflecting fundamental elements of sound and soul, Ukrainian "ethnic chaos" band DakhaBrakha, creates a world of unexpected new music. The name DakhaBrakha is original, outstanding and authentic at the same time. It means "give/take" in the old Ukrainian language. DakhaBrakha was created in 2004 at the Kyiv Center of Contemporary Art "DAKH" by the avant-garde theatre director Vladyslav Troitskyi. Theatre work has left its mark on the band's performances.

Accompanied by Indian, Arabic, African, Russian and Australian traditional instrumentation, the quartet's astonishingly powerful and uncompromising vocal range creates a transnational sound rooted in Ukrainian culture.



PARENTS TIME OUT: TURN TO PAGE 24 FOR MORE INFORMATION

Photo by Vadym Kulikov

...piercing vocal harmonies of Balkan music, the drones and systematic unfolding of Minimalism and the drive of African and dance music.

— *The New York Times*

NOV  
22

## Cashore Marionettes

Saturday, November 22

3:00 p.m. *SIMPLE GIFTS*

\$5 Reston/\$10 Non-Reston

8:00 p.m. *LIFE IN MOTION*

\$15 Reston/\$30 Non-Reston

*Simple Gifts* is a series of touching portrayals and poignant scenes from everyday life set to stunning music by such composers as Vivaldi, Strauss, Beethoven and Copland. Through a combination of virtuoso manipulation, beautiful music, theatrical illusion, and artistic insight, the original vignettes provide an entertaining and sensitive vision of what it is to be human. Appropriate for ages 8 and up.

In *Life in Motion*, Joseph Cashore presents his collection of marionette masterworks. Characters of depth, integrity, and humanity are portrayed in a full evening unlike anything else in theatre today. This series of scenes taken from everyday life and set to beautiful music by composers such as Beethoven, Vivaldi, Strauss, and Copland is a powerful, entertaining, surprising, theatrically satisfying, one-of-a-kind evening for adults and young adults. Appropriate for ages 14 and up.



MAKE YOUR OWN SOCK PUPPET AFTER THE 3:00 P.M. SHOW. TURN TO PAGE 65 FOR MORE INFORMATION.

Photo courtesy of Matt Cashore

A wonderful world of breath-taking magic is created by one man and his exquisite marionettes.

— Center for Puppetry Arts, Atlanta

# New York Festival of Song

AT HARLEM'S HEIGHT

Friday, December 5, 8:00 p.m.

\$20 Reston/\$40 Non-Reston



*At Harlem's Height* celebrates the music of Eubie Blake, Duke Ellington, Fats Waller, Billy Strayhorn, W. C. Handy and many other composers who led the Harlem Renaissance. In the period between the end of World War I and the Great Depression, these artists awakened the world to the creative and intellectual power of black America. Writing about life in Harlem with wit and deep feeling, they set off an explosion of popular song irresistible in its melodic and rhythmic energy. *At Harlem's Height* will include many rarely heard songs by these popular and classical composers, giving a musical portrait of Harlem as it was experienced by the artists who lived there.

*At Harlem's Height* is led by artistic team Steven Blier and Michael Barrett and performed by singers Julia Bullock, Darius de Haas and James Martin.



Photo by Dario Acosta



PARENTS TIME OUT: SEE BELOW FOR MORE INFORMATION

... the oldest permanent floating song party in New York.

— *Newsday*



**Parents Time Out**  
**\$15 Reston/\$30 Non-Reston**  
(4-9 years old)

**PTO - DakhaBrakha**

November 15  
901197-5A Sat 7:30 p.m. – 10:30 p.m.

**PTO - New York Festival of Song**

December 5  
901197-5B Fri 7:30 p.m. – 10:30 p.m.

This program is designed for parents who would like to enjoy a nice date night and attend a great performance at RCC's CenterStage. Children will be happily engaged with games, videos, and simple crafts while under the supervision of RCC staff in a separate room. They should wear comfortable clothing and shoes, suitable for play. Registration deadline is one week prior to the event. Space is limited. Cost is only for childcare and includes snacks and drinks for participating children. Please purchase performance tickets by visiting the CenterStage box office via phone, online or in person.



# Anna Deavere Smith

## Special Reston Dr. Martin Luther King, Jr. Birthday Celebration Performance and Residency

Anna Deavere Smith uses her singular brand of theatre to highlight issues of community, character, and diversity in America. Best known for crafting one-woman, multi-character plays about American social issues, Smith has been awarded the 2013 Dorothy and Lillian Gish Prize, one of the largest and most prestigious awards in the arts, as well as the National Humanities Medal. The MacArthur Foundation honored Smith with the "Genius" Fellowship for creating "a new form of theatre – a blend of theatrical art, social commentary, journalism, and intimate reverie."



JAN  
18

*SNAPSHOTS:  
PORTRAITS OF A WORLD IN TRANSITION*

**Sunday, January 18, 8:00 p.m.**

**\$25 Reston/\$50 Non-Reston**

Ms. Smith has been listening to people across the country from all walks of life for the last several years, using Walt Whitman's idea "to absorb America" as an inspiration. To illustrate her goal of bringing "people across the chasm" of what she calls the "complex identity of America," Ms. Smith slips in and out of character during the course of her presentation, recreating a diversity of emotions and points of view on controversial issues.

JAN  
19

**Reston Dr. Martin Luther King, Jr. Birthday Celebration • Keynote Address and Community Lunch**

*Reclaiming Grace in the Face of Adversity*

**Monday, January 19, 12:00 p.m.**

**\$5 Reston/\$10 Non-Reston**

We live in a winner take all society. And yet, part of our potential as humans is our capacity for compassion and our resilience in the face of adversity. Anna Deavere Smith interviewed people in the US and abroad who were able to have grace in the face of dramatic adversities. The speech celebrates the resilience of the human spirit, the power of kindness and the strength of imagination in hope.

**TURN TO PAGE 17 FOR INFORMATION REGARDING OTHER RESTON DR. MARTIN LUTHER KING, JR. BIRTHDAY CELEBRATION ACTIVITIES.**

...the most exciting individual in American theatre.

– *Newsweek*

# Lúnasa

Wednesday, March 18, 8:00 p.m.

\$25 Reston/\$50 Non-Reston

MAR  
18



An RCC tradition returns to the CenterStage. This delightful group of Irishmen has celebrated St. Patrick's Day with Restonians for more than 20 years. Internationally acknowledged as one of the finest traditional Irish instrumental bands in recent times, they have performed more than 1,000 shows across the globe since 1997. Their inventive arrangements and bass driven grooves have steered Irish acoustic music into surprising new territory. Their recordings have been hailed as some of the best and most important world music albums anywhere, while their blend of intelligence, innovation, virtuosity, and passion has brought them to the forefront of Celtic music.

Photo by Eric Politzer

The best Irish instrumental band on the planet.

– *Irish Echo*, USA

MAR  
29

## Mr. Vaudeville & Friends!

WITH MARK BRUTSCHÉ

Sunday, March 29,  
3:00 p.m.

\$5 Reston/\$10 Non-Reston

Mr. Vaudeville is back! Buddy Silver, the self-proclaimed Mr. Vaudeville and alter-ego of local funnyman Mark Brutsché returns to the CenterStage Motion Picture & Vaudeville House to prove, once again, that nothing can take the place of live entertainment. And this time, he's brought along some friends. Throw in a little help from the audience and you've got even more magic, mayhem, and classic vaudeville comedy. It's an afternoon of fun for the whole family that's sure to leave you in stitches.

Photo by Karen Brutsché



It was fantastic. We had eight adults and two kids in our group, everyone agreed... He did such a great job with the whole production. A fun, fun time!

– Joan Rose, Reston parent

APR  
1

## **BOOM!**

A NEW DUET CHOREOGRAPHED BY CYNTHIA OLIVER

**Wednesday, April 1, 8:00 p.m.**

**\$15 Reston/\$30 Non-Reston**

Cynthia Oliver creates performance collages that move from dance to word to sound and back again toward an eclectic and provocative dance theatre. A Bronx-born, Virgin Island-reared performer, she incorporates the textures of Caribbean performance with African, and American, aesthetic sensibilities. *BOOM!* features Oliver and Leslie Cuyjet exploring black femininities, gender and racial dynamics, and life's contradictions as they kinetically embody individuals, friends, strangers, and the younger/older versions of themselves.

IN PARTNERSHIP WITH DANCE PLACE

Photo by Julieta Cervantes



The movement, rich with sensuality, strength and joy, spoke for itself.

– *The Washington Post*

## **Trout Fishing in America**

WITH SPECIAL GUEST DANA LOUISE

**Sunday, April 26, 3:00 p.m.**

**\$15 Reston/\$30 Non-Reston**

APR  
26

Introducing folk music's fresh new face – and Ezra's daughter – Dana Louise!



Trout Fishing in America's infectious mix of folk/pop and family music is enriched by the diverse influences of reggae, Latin, blues, jazz and classical music. They've been playing music together since the 1970s, when they met up in Texas in a folk rock band. In 1979, Trout Fishing was born, and now - 15 albums and four Grammy nominations later - Keith and Ezra still get up every day looking forward to playing music together.

Photos by J.P. Bell and Dana Louise

Music for people who take their fun seriously!

– Grimwood and Idlet

# Persistent Voices

CHOREOGRAPHED BY DANIEL PHOENIX SINGH

Wednesday, May 6, 8:00 p.m.

\$15 Reston/\$30 Non-Reston

*Persistent Voices* combines poignant choreography, thought-provoking poetry, and evocative visual designs to explore the effect of AIDS in our lives. The dance is inspired by the anthology *Persistent Voices: Poetry by Writers Lost to AIDS*, which includes the work of eight DC poets whose lives and creativity will be celebrated through this performance.

CO-COMMISSION WITH DANCE PLACE  
WORLD PREMIERE!

MAY  
6



Photo by Paul Gordon Emerson



PARENTS TIME OUT: REGISTRATION INFORMATION AVAILABLE IN WINTER/SPRING PROGRAM GUIDE

MAY  
30

# Turtle Island Quartet

WITH SPECIAL GUEST TIERNEY SUTTON, VOCALS  
*POETS & PRAYERS*

Saturday, May 30, 8:00 p.m.

\$25 Reston/\$50 Non-Reston



Turtle Island Quartet, the double Grammy Award-winning quartet that has re-defined chamber jazz for more than 25 years, is joined by the great jazz vocalist Tierney Sutton.

From the moving traditional hymn *Wade in the Water* to Joni Mitchell's *All I Want* to settings of Coltrane's *A Love Supreme* to the words of Hafiz and Rumi – *Poets & Prayers* celebrates the muse, in all its forms. Turtle Island Quartet has been hailed by *The Washington Post* for its "excellent precision and musicality." Vocalist Tierney Sutton's celebrated career has included multiple Grammy Award nominations and performances for *Jazz at Lincoln Center*, the Kennedy Center, and the Hollywood Bowl. *JazzTimes* says Sutton's brilliance is her ability to blend seamlessly and *The New York Times* calls her "a pure jazz spirit."

Join us at 7:00 p.m. for a pre-show meet-and-greet with members of Turtle Island Quartet!



PARENTS TIME OUT: REGISTRATION INFORMATION AVAILABLE IN WINTER/SPRING PROGRAM GUIDE

Photo by by Bill Reitzel

Music-making of this level is a privilege to hear.

– Palm Beach Daily News

## CENTERSTAGE BOX OFFICE INFORMATION



Online:

[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

Available until two hours before a performance and requires payment of a processing fee.



By Mail:

Return a Ticket Order Form (page 132) to  
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191



In Person:

Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.  
Saturday: 1:00 p.m. – 5:00 p.m. Two hours prior to curtain time

703-476-4500, Press '3' • 800-828-1120 (TTY)

Please provide the following information when you call:



Phone:

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)

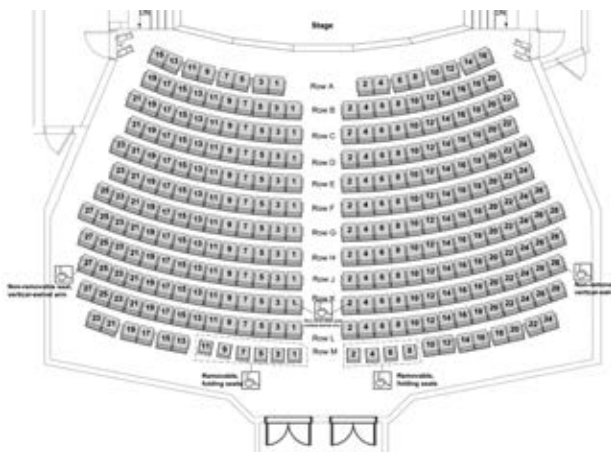


Fax:

Fax Ticket Order Form to 703-476-2488.

### PLEASE NOTE:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.
- If you want a confirmation call, please request it at the time you make your reservation.
- Tickets for Community Arts Organizations go on sale two weeks prior to their first performance date.



Tickets for the 2014–2015 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. – 9:00 p.m. once the order is processed.

### THE CENTERSTAGE IS LOCATED INSIDE RCC HUNTERS WOODS. TO GET TO RCC HUNTERS WOODS:

#### From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway  
Left on Reston Parkway  
Left on South Lakes Drive  
Right on Colts Neck Road  
Go 1/8 mile and turn left into Hunters Woods Village Center

#### From Route 495 via Leesburg Pike (Route 7) going West:

Left on Baron Cameron Ave (Route 606)  
Left on Reston Parkway  
Left on South Lakes Drive  
Right on Colts Neck Road  
Go 1/8 mile and turn left into Hunters Woods Village Center

#### From Centreville via Route 28

Go North on Route 28  
Take Dulles Toll Rd East  
Take Exit 12 onto Reston Parkway  
Right on Reston Parkway  
Left on South Lakes Drive  
Right on Colts Neck Rd  
Go 1/8 mile and turn left into Hunters Woods Village Center

### IMPORTANT TICKET SALES DATES

Friday, August 1, 4:00 p.m. – 9:00 p.m. the Box Office will be open for sales for residents and/or employees of businesses in Small District 5 ONLY. Proof of residence or employment status may be requested.

On that day, we will fill orders in turn by taking orders received by mail/fax prior to that date, alternating with orders from customers walking in on that day. This way, we hope to meet the needs of patrons who want to order early and who cannot be present on Friday, August 1, but also offer patrons an opportunity to get in line that day and choose their seats.

On Friday, August 8, tickets will go on sale to the general public on a first-come, first-served basis. Orders will be taken through mail, fax, phone or in person during Box Office hours. Tickets will also be available to everyone online at this time.

# COMMUNITY ORGANIZATIONS



## PERFORMING ARTS

Tickets for Community Arts Organization events held at Reston Community Center (the CenterStage or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation.



### Conservatory Ballet

[www.conservatoryballet.com](http://www.conservatoryballet.com)  
703-860-4560

Founded in 1972, the Conservatory Ballet has become a premiere dance academy in the area. Led by director Julia Cziller Redick, the Conservatory's students learn to embody the three E's – *Excellence,*

*Experience and Earnestness* – under the watchful eye of a trained and caring faculty. Visit their website for information about their many opportunities to learn to dance. The Conservatory Ballet presents their interpretation of *The Nutcracker* annually to the delight of Reston audiences.

### *The Nutcracker*

#### Full-length performances:

**Wednesday & Thursday, December 10 & 11, 7:00 p.m.**

**Friday & Saturday, December 12 & 13, 7:30 p.m.**

**Saturday, December 13, 2:30 p.m.**

**Sunday, December 14, 3:30 p.m.**

#### Shortened performances for younger audiences:

**Saturday, December 13, 11:00 a.m.**

**Sunday, December 14, Noon**

### RCC Hunters Woods – the CenterStage

**Tickets: Adult and Youth (12 and under).** Available at the CenterStage Box Office on Wednesday, November 26 (two weeks prior to first performance).



## Fairfax-Loudoun Music Fellowship

[www.FLMF.org](http://www.FLMF.org)

Fairfax-Loudoun Music Fellowship offers membership to private music teachers looking for a non-competitive, friendly, and enriching community. They meet monthly, organize recitals for students at the CenterStage, and hold an annual ensemble festival, in which students play together on six grand pianos under the baton of a conductor. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals. Learn more online at [www.FLMF.org](http://www.FLMF.org).

### Fall Recitals

**Sunday, October 19, 1:30 p.m., 3:00 p.m., and 4:30 p.m.**  
**RCC Hunters Woods – the CenterStage**  
**Tickets: Free**



**The Reston  
Chorale**

## Reston Chorale

[www.restonchorale.org](http://www.restonchorale.org)

703-834-0079

It's not the holiday season in Reston without listening to and enjoying the annual musical celebration performed by the Reston Chorale. The Chorale's 2014 Holiday Concert will feature *'Twas the*

*Night Before Christmas*, as well as traditional holiday music. Join your friends and neighbors, bring the family, and savor the musical feast.

### *The Wonder of the Season*

**Saturday, December 6, 4:30 p.m. and 7:30 p.m.**  
**RCC Hunters Woods – Community Room**  
**Tickets: \$25 Adults (18 – 61), \$20 Seniors (62 and older), Youth (17 and younger) FREE with a ticketed adult.**

Tickets are available online at [www.restonchorale.org](http://www.restonchorale.org) and at the CenterStage Box Office on Saturday, November 22 (two weeks prior to performances).

The Reston Chorale is supported in part by the Arts Council of Fairfax County, supported by Fairfax County Government; and the Virginia Commission for the Arts and the National Endowment for the Arts.



P.O. Box 2131  
 Reston, Virginia 20195-0331  
[www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org)

## Reston Community Orchestra

[www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org)

571-449-7095

Founded in 1988 as the Reston Chamber Orchestra – now named the Reston Community Orchestra to better reflect its growth, size and its intense commitment to our community – is an all-volunteer ensemble devoted to music and Reston. With a full repertoire, and ably led by Maestro Dingwall Fleary, RCO depends entirely on voluntary contributions from its members and audiences to be able to provide great music for a great community.

### *West Comes East*

Music which captures the mood of the old west by Aaron Copland, Richard Rodgers, Elmer Bernstein and others.

**Sunday, November 16, 4:00 p.m.**  
**RCC Hunters Woods – Community Room**  
**Tickets: Free**

The Reston Community Orchestra is supported in part by the Arts Council of Fairfax County, supported by Fairfax County Government and the Virginia Commission for the Arts.





## Reston Community Players

[www.restonplayers.org](http://www.restonplayers.org)  
703-435-2707

The Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny, and

timeless productions. RCP has been delighting audiences since 1966. Be sure you get in on the fun.

### *You're a Good Man, Charlie Brown*

Based on the comic strip *Peanuts* by Charles M. Schulz  
Book, Music and Lyrics by Clark M. Gesner Additional dialogue by Michael Mayer and additional music & lyrics by Andrew Lipppa

**Fridays, October 17, 24, 31 & November 7 at 8:00 p.m.**

**Saturdays, October 18, 25 & November 1, 8 at 8:00 p.m.**

**Sundays, October 26, November 2 at 2:00 p.m.**

**Tickets: \$23 Adults (19 – 64), \$20 Seniors (65 and older), \$20 Students(18 and younger)**

Tickets are available online at [www.restonplayers.org](http://www.restonplayers.org) and at the CenterStage Box Office on Friday, September 26 (two weeks prior to performances).

The Reston Community Players is funded in part by the Arts Council of Fairfax County, supported by the County of Fairfax.

## VISUAL ARTS



## League of Reston Artists (LRA)

[www.leagueofrestonartists.org](http://www.leagueofrestonartists.org)

The League of Reston Artists sponsors exhibits, programs and receptions for members and the community. This nonprofit

organization is open to all Washington, DC Metro art lovers and artists and has been a staple in the Reston community for nearly 45 years. LRA is unique because it provides opportunities for artists at every stage of their development, from emerging to professional. Each year new members join and volunteers coordinate fresh opportunities to partner with local businesses and display artwork produced by area artists. LRA's special interest group, the Reston Photographic Society, offers a diverse network of photographers and opportunities.

## SEPTEMBER

### *Solo Exhibits*

Reston Center One: LRA Painter Rose McIntyre

**12001 Sunrise Valley Drive**

Reston Center Two: RPS Photographer Carla Steckly

**12005 Sunrise Valley Drive**

## OCTOBER

### *Annual artReston Juried Fine Art Exhibition*

**Reception: Sunday, October 12 • 2:00 p.m. to 4:00 p.m.**

**RCC Lake Anne – Jo Ann Rose Gallery**

### *Solo Exhibits*

Reston Center One: LRA Mixed Media Artist Anita Damron

**12001 Sunrise Valley Drive**

Reston Center Two: LRA Painter Norma Lasher

**12005 Sunrise Valley Drive**

## OCTOBER - JANUARY

### *Parkridge 4 Exhibit*

**10780 Parkridge Boulevard, Reston**

### *LRA Painters*

Greater Reston Chamber of Commerce

**1763 Fountain Drive, Reston**

## NOVEMBER

### *Solo Exhibits*

Reston Center One: RPS Photographer Vicki Eicher

**12001 Sunrise Valley Drive**

Reston Center Two: LRA Painter Leo Deege

**12005 Sunrise Valley Drive**

## DECEMBER

### *Solo Exhibits*

Reston Center One: LRA Painter JoAnne Henck

**12001 Sunrise Valley Drive**

Reston Center Two: RPS Photographer Martina Parsley

**12005 Sunrise Valley Drive**



## Greater Reston Arts Center

### Greater Reston Arts Center (GRACE)

[www.restonarts.org](http://www.restonarts.org)

The Greater Reston Arts Center, celebrating 40 years in the community, exists to promote involvement and excellence in contemporary visual arts. In pursuit of this mission, GRACE provides a year-round schedule of exhibitions, educational programs, and the annual Northern Virginia Fine Arts Festival. Education programs include GRACE Art (art history enrichment in the schools), Summer Art Camp, the Explore More! Learning Center for children, and a variety of educational opportunities for audiences of all ages. The 2014-2015 year will be full of compelling visual arts exhibitions featuring the work of both established and emerging artists in the region, as well as nationally-known artists. Please visit the website for additional information.

The Greater Reston Arts Center is funded in part by the Arts Council of Fairfax County, supported by the County of Fairfax. It is also partially supported by a grant from the Virginia Commission for the Arts and the National Endowment for the Arts.

*Rooted: Sculpture by Dalya Luttwak*

**September 11 – November 1**

**Opening Reception, Thursday, September 11,  
6:00 p.m. – 8:00 p.m.**

*Lineworks*

**November 13 – January 3**

**Opening Reception, Thursday, November 20,  
6:00 p.m. – 8:00 p.m.**



### Initiative for Public Art – Reston (IPAR)

[www.publicartreston.org](http://www.publicartreston.org)

The Initiative for Public Art – Reston (IPAR) seeks to inspire an ongoing commitment to public art and create a new generation of artwork in Reston.

IPAR works with community organizations to develop permanent and temporary public art projects in Reston and to present educational programs. IPAR provides guidance and the support of the IPAR Public Art Committee to developers who elect to commission public artworks on site.

IPAR, in collaboration with the Greater Reston Arts Center, will commission a temporary large-scale public artwork by internationally known sculptor Patrick Dougherty. The community will be invited to volunteer to help create the artwork in April 2015. In collaboration with Reston Community Center, IPAR will present a series of public art films and speakers at the CenterStage (see page 13). Visit [www.publicartreston.org](http://www.publicartreston.org) for updated information about current and future public art projects and outreach programs. Like us at [www.facebook.com/PublicArtReston](http://www.facebook.com/PublicArtReston)

The Initiative for Public Art – Reston programs are supported in part by the Arts Council of Fairfax County.

### Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com  
703-481-8156

The charming artists' collective in historic Lake Anne Village Center is a source of beauty and inspires creativity in all who visit it. This fall, enjoy these exhibits:

#### September

*Painting with Paper*

New works by Ronnie Jolles

#### October

*Joyful Color*

New Acrylic Paintings By Joan Kelly

#### November

*Acrylic Paintings*

By Claudia Samper

#### December

*Holiday Sparkle*

Handmade cards, unique jewelry, photographs and paintings for the season by RAGS artists.

#### Gallery hours: Saturday & Sunday, 12:00 p.m. – 5:00 p.m.

Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child Drop-in crafts workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.



## CULTURAL ORGANIZATIONS



### The Reston Historic Trust

www.restonmuseum.org  
703-709-7700

The Reston Historic Trust is an established community organization that preserves the past, informs the present, and influences the future of Reston through its educational programs. It was founded in 1996 as a community-based non-profit organization to sustain the unique history of the award-winning, innovative, planned community of Reston. The Trust operates the Reston Museum & Shop in Lake Anne Plaza, offering community exhibits and archives, educational programs, the annual Reston Home Tour, and public events such as Founders Day. The museum also offers original art, crafts and Reston signature items for sale.

**The Trust's history programs will take place at the Jo Ann Rose Gallery at RCC Lake Anne from 7:00 p.m. – 9:00 p.m. Admission is free and all are welcome.**

Contact the Museum for more information.

#### September 25:

*The Reston Station Neighborhood: What's Next?*

Panel presentations and discussion

#### October 23:

*Local Businesses in Reston Adapting to Change*

Panel discussion

#### November 20

TBD

## ARTS FUNDERS



Arts Council of Fairfax County  
www.artsfairfax.org



Virginia Commission for the Arts  
www.arts.state.va.us



National Endowment for the Arts  
www.nea.gov



## Reston Community Center - Gallery Exhibits

### RCC Lake Anne, Jo Ann Rose Gallery Exhibits

#### September

*Reston Multicultural Festival  
Exhibition*

#### October

*Annual artReston Fine Art Exhibit*  
League of Reston Artists (LRA)

**Reception: Sunday, October 12**  
**2:00 p.m. – 4:00 p.m.**

#### November

*A Cape Breton Discovery*  
Acrylic and Mixed Media Works by Celeste  
Friesen Nikkel

**Reception: Sunday, November 9**  
**2:00 p.m. – 4:00 p.m.**

#### December

*Gifts from the HeART*  
Annual art sale to benefit Cornerstones

**Reception: Saturday, December 6**  
**11:00 a.m. – 4:00 p.m.**

### RCC Lake Anne, 3D Gallery Exhibits

#### September - November

*Reston Multicultural Festival  
Exhibition*

#### December - January

*Gifts from the HeART*  
Annual art sale to benefit Cornerstones

### RCC Hunters Woods Exhibits

#### September

*A Checkered Future*  
Acrylics by Arnold Lopes and Friends

#### October

*Artworks by Jerry Lewis and Mohsen  
Alashmoni*  
Acrylic, Oil & Mixed Media Paintings

#### November

*Colorful Life*  
Acrylic Paintings on Canvas by Suping Ji

#### December

*La Lumiere DuBois*  
Nature Photographs by Michael DuBois  
**Reception: Saturday, December 6**  
**2:00 p.m. – 3:00 p.m.**

# VOLUNTEER OPPORTUNITIES



## Friends of Reston Community Center

The Friends of Reston Community Center is a 501(c)3 volunteer organization established to support RCC and its volunteers. The Friends accept financial contributions to support Youth Scholarship programs connected to RCC programs. Contributions can be made by sending a check made out to Friends of Reston Community Center at 2310 Colts Neck Road, Reston, VA 20191. All monetary contributions are tax-deductible to the extent allowed by law.

### **Board Members**

**Bea Malone**  
**Dana Smith**  
**Janice Coe**  
**C. Vanessa Bolling**  
**Yolanda Burt**  
**B.J. Romero**  
**M.T. Palmore**

**Be a volunteer at Reston Community Center. Volunteers offer invaluable support to our programs, activities, and events. We encourage students who have community service requirements to look for meaningful ways to fulfill them by being a Reston Community Center volunteer. Free registration is required for RCC volunteer opportunities. You can register via Webtrac, or registration forms are available at RCC facilities or can be downloaded from our website. Make a difference in your community by volunteering.**

**Contact the Community Events Director at 703-390-6166 for more details.**

### Adapted Aquatics Volunteer

(18 years and older)

Under the guidance of the Assistant Aquatics Director, works one-on-one with children and adults with disabilities. Specific dates and times will be assigned by the Aquatics team.

#### RCC Hunters Woods

**September 20 – December 13 (No class: November 29)**  
726100-5B Sat 11:00 a.m. – 12:00 p.m.

### Volunteer Swim Instructor Assistant

(16 years and older)

Under the guidance of the Assistant Aquatics Director and RCC instructors, assists with swim classes. Volunteer may occasionally lead classes under supervision. Specific dates and times will be assigned by the Aquatics team.

#### RCC Hunters Woods

726200-5A Sun-Mon Various times

### Volunteer Water Aerobics Assistant

(16 years and older)

Under the guidance of the Assistant Aquatics Director and RCC instructors, assists with water aerobics classes. Volunteer may occasionally lead classes under supervision. Specific dates and times will be assigned by the Aquatics team.

#### RCC Hunters Woods

726300-5A Sun-Mon Various times

### Family Outreach

(7 years and older)

Encourage your family members, friends and coworkers to support the community this season by preparing bagged meals for clients at Embry Rucker Community Shelter in Reston. Each session has limited space availability, so sign up early. Children under the age of 13 must be accompanied by an adult/guardian 18 years or older. All participants must register.

#### RCC Hunters Woods

**October 29**  
820002-5A Wed 6:00 p.m. – 8:00 p.m.  
**November 5**  
820002-5B Wed 6:00 p.m. – 8:00 p.m.  
**November 12**  
820002-5C Wed 6:00 p.m. – 8:00 p.m.  
**November 19**  
820002-5D Wed 6:00 p.m. – 8:00 p.m.

### Reston Multicultural Festival Volunteers

(13 years and older)

The Multicultural Festival is an all-day celebration of international cultures that brings together thousands of people to dance, eat and celebrate diversity. With participation of numerous groups that are representative of our community the event will promote appreciation and respect, serving to remind all of us of the value and strength of a diverse community.

Younger volunteers must be accompanied by an adult. Volunteers will receive a commemorative Multicultural Festival volunteer t-shirt and a food voucher.

**Friday, September 26**

**Saturday, September 27**

**Lake Anne Plaza – 1609-A Washington Plaza, Reston, VA**

To volunteer, contact Ha Brock, Reston Association Community Outreach Specialist II, at 703-435-7986 or e-mail [habrock@reston.org](mailto:habrock@reston.org). Please specify which shift and job you would like to volunteer for.

#### Festival Volunteer Schedule:

**Friday, September 26**

3:00 p.m. – 7:00 p.m. Set-up tables, decorate and hang signs

**Saturday, September 27**

7:00 a.m. – 11:00 a.m. Set-up

10:30 a.m. – 2:30 p.m. Various jobs

2:30 p.m. – 6:30 p.m. Various jobs

5:30 p.m. – 8:00 p.m. Breakdown

#### Festival Volunteer Job Descriptions:

**Parking Attendants:** Control access to parking lot, directing the public to parking areas around the plaza. Volunteers must be 18 years or older.

**Patron Exit Surveys:** Patron evaluation

**Children’s Area:** Assist children with hands-on activities

**Concession:** Assist with selling popcorn, hotdogs & cotton candy.

**Set-up/Break Down:** Set-up crew in the morning will help with decorating the plaza, setting up tables, chairs, table cloths. Please note: set-up will take place as early as 7:00 a.m. and break down will begin at 5:30 p.m.

## Halloween Family Fun Day Volunteers

(14 years and older)

Help will be needed from 9:30 a.m. – 11:30 a.m. with decorating, from 12:00 p.m. – 2:00 p.m. running carnival games, and directing patrons, and from 2:00 p.m. – 3:00 p.m. for clean-up. Volunteers can help for all or part of the event.

### RCC Hunters Woods

**October 18**

729200-5A Sat 9:30 a.m. – 3:00 p.m.

## Children's Fall Flea Market Volunteers

(14 years and older)

Help is needed from 7:30 a.m. – 9:00 a.m. to assist patrons with bringing in their items to be sold; from 9:00 a.m. – 12:00 p.m. collecting nonperishables from "shoppers," and ensuring that aisles are clear; and, from 12:00 p.m. – 1:00 p.m. cleaning up and loading the truck with unsold items. Volunteers may help for all or part of the event.

### RCC Hunters Woods

**November 15**

729300-5A Sat 7:30 a.m. – 1:00 p.m.

## Reston Presents

(18 years and older)

Reston residents are being sought to volunteer to share their multifaceted talents as part of the continuing Reston Presents series. Authors, artists, historians, and people with an interesting story to share about their lives, work experience, hobbies, current events, and life experiences are encouraged to apply. To volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the RA Special Events Coordinator at 703-435-6577.

## Thanksgiving Food Drive Volunteer Loaders

(14 years and older)

Volunteers are needed to unload a truck filled with unsorted non-perishable food donations collected as part of the Thanksgiving Food Drive. Ability to lift 50-pound boxes is needed. Volunteers will need to wear closed-toe shoes.

### RCC Hunters Woods Loading Dock

**November 25**

727401-5A Tue 3:30 p.m. – 5:00 p.m.

**November 26**

727401-5B Wed 3:30 p.m. – 5:00 p.m.

## Thanksgiving Food Drive Volunteer Event Leader Including Training

(16 years and older)

Volunteers with leadership abilities are needed. Training is from 9:00 a.m. – 10:00 a.m. and the event is from 10:00 a.m. – 1:00 p.m. or until done. Volunteer Leaders will direct and organize the large group of volunteers sorting, packing, loading, and unloading the multiple tons of donated non-perishable food.

### RCC Hunters Woods and the Cornerstones Food Storage facility

**November 27**

727402-5A Thu 9:00 a.m. – 1:00 p.m.

## Thanksgiving Food Drive Food Sorting Volunteer Event

(all ages)

Volunteers will gather at RCC Hunters Woods on Thanksgiving Day, November 27, from 10:00 a.m. to 1:00 p.m. to sort non-perishable food donations, put it all on a truck, and deliver and unload everything at the Reston Interfaith food storage facility. Due to overwhelming volunteer response in the last couple of years, there is a limit of 200 volunteers and registration will be required for all volunteers. Families are encouraged to register all interested family members at one time. Children under the age of 14 are welcome to volunteer but must be accompanied at all times by an adult guardian age 18 or older. Not all volunteers will need to go to the food storage facility. A smaller group of 25 volunteers with the ability to lift 50 pounds will do the work of unloading. Transportation from RCC Hunters Woods to the food storage facility is the responsibility of the volunteer.

### RCC Hunters Woods and the Cornerstones Food Storage facility

**November 27**

727400-5A Thu 10:00 a.m. – 1:00 p.m.

## Reston Holiday Parade Volunteers

(all ages)

Hundreds of volunteers help make the Reston Holiday Parade a success every year. Volunteer jobs include: check-in; staging area managers; line marshals; pacers; character assistance; and more. Volunteer balloon handlers, who must be a minimum of 14 years of age and weigh no less than 100 pounds, are also needed. Those who wish to sign up can find the registration form at [www.RestonTownCenter.com/volunteer](http://www.RestonTownCenter.com/volunteer).

For more information, [volunteer@restontowncenter.com](mailto:volunteer@restontowncenter.com).

### Reston Town Center

**Friday, November 28**

# AQUATICS



## POOL FEES

	Reston Resident/ Employee	Fairfax County	Non-Fairfax County
<b>Daily Visit</b>			
Adult	\$4.50	\$9.00	\$13.50
Youth & Senior	\$2.75	\$5.50	\$8.25
<b>20-Visit Pass</b>			
Adult	\$73.00	\$146.00	\$219.00
Youth & Senior	\$45.00	\$90.00	\$135.00
<b>12-Month Pool Pass</b>			
Adult	\$425.00	\$850.00	\$1,275.00
Youth & Senior	\$215.00	\$430.00	\$645.00

## WATER AEROBICS FEES

	Reston Resident/ Employee	Fairfax County	Non-Fairfax County
<b>Water Aerobics Drop-in Visit</b>			
Adult	\$4.75	\$9.50	\$14.25
Youth & Senior	\$3.00	\$6.00	\$9.00
<b>Water Aerobics 20-Visit Pass</b>			
Adult	\$80.00	\$160.00	\$240.00
Youth & Senior	\$56.00	\$112.00	\$168.00

## Pool Fees & Passes

Daily drop-in fees allow patrons the convenience of returning to the pool on the same day at no extra charge. To be eligible, patrons must register to return before leaving the pool area. Please Note: A chaperone (age 16 or older) must accompany children under the age of 8. All passes expire two years from date of purchase, with the exception of 12-month pool passes. Pool and Water Aerobics Fees are reviewed annually.



## FALL POOL SCHEDULE • SEPTEMBER 15 – NOVEMBER 9

Spa closed the first Sunday of each month for cleaning.

**The pool will be closed for annual maintenance August 25 – September 14.**

	Open Swim/Spa Hours *(Swim Lanes may be limited)	Lap Swim/Spa Hours *(Swim Lanes may be limited)
Monday/Wednesday/Friday	8:00 a.m. – 11:00 a.m. 1:00 p.m. – 6:00 p.m. 7:00 p.m. – 9:00 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 6:00 p.m. – 7:00 p.m.*
Tuesday/Thursday	8:00 a.m. – 11:00 a.m. 1:00 p.m. – 4:30 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 4:30 p.m. – 7:00 p.m.*
Saturday	1:00 p.m. – 5:00 p.m. 6:00 p.m. – 8:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.
Sunday	1:00 p.m. – 5:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.

Please note that the pool schedule is subject to change without notice. RCC schedules lessons during open and lap swim times. Lessons will receive priority for pool space. Special Senior Hour (ages 55+) Monday through Friday, 11:00 a.m. – 12:00 p.m.

## WINTER POOL SCHEDULE • NOVEMBER 10 – FEBRUARY 22

Spa closed the first Sunday of each month for cleaning.

**The pool will be closed 3:30 p.m. – 4:30 p.m. Monday – Friday to accommodate the SLHS swim team practices.**

	Open Swim/Spa Hours *(Swim Lanes may be limited)	Lap Swim/Spa Hours *(Swim Lanes may be limited)
Monday/Wednesday/Friday	8:00 a.m. – 11:00 a.m. 1:00 p.m. – 3:30 p.m. 4:30 p.m. – 6:00 p.m. 7:00 p.m. – 9:00 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 6:00 p.m. – 7:00 p.m.*
Tuesday/Thursday	8:00 a.m. – 11:00 a.m. 1:00 p.m. – 3:30 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 4:30 p.m. – 7:00 p.m.*
Saturday	1:00 p.m. – 5:00 p.m. 6:00 p.m. – 8:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.
Sunday	1:00 p.m. – 5:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.

Please note that the pool schedule is subject to change without notice. RCC schedules lessons during open and lap swim times. Lessons will receive priority for pool space. Special Senior Hour (ages 55+) Monday through Friday, 11:00 a.m. – 12:00 p.m.



## HOLIDAY HOURS

Labor Day	September 1	Closed
Columbus Day	October 13	6:00 a.m. – 9:00 p.m.
Veterans Day	November 11	6:00 a.m. – 9:00 p.m.
Thanksgiving Day	November 27	9:00 a.m. – 1:30 p.m.
Day After Thanksgiving	November 28	6:00 a.m. – 9:00 p.m.
Staff Teambuilder	December 17	Closed 12:30 p.m. – 4:30 p.m.
Christmas Eve	December 24	6:00 a.m. – 1:30 p.m.
Christmas Day	December 25	Closed
Day After Christmas	December 26	6:00 a.m. – 9:00 p.m.
New Year’s Eve	December 31	6:00 a.m. – 1:30 p.m.
New Year’s Day	January 1	12:00 p.m. – 4:30 p.m.

## RCC LOCKER ROOM ETIQUETTE

*Locker rooms in the RCC Terry L. Smith Aquatics Center are used by hundreds of people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:*

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches, or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone’s efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair that shaving leaves behind. We appreciate your attention to hair that is loosened from shampooing as well.
- Children 6 years old and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.
- If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate your removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

*Following these considerations will make our locker rooms a more pleasant, healthy and safe experience for everyone.  
Thank you very much for your cooperation*

*RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. - 4:00 p.m.*

## GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

## SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us.

Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified.

To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500 • 800-828-1120 (TTY).



## Drowning Education Awareness Program

RCC and RA working together for Water Safety

*Sponsored by Reston Community Center and Reston Association*

Reston Community Center and Reston Association are teaming up to improve our community's safety around its many pools. Drowning remains the second leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries. Together, RA and RCC will offer DEAP, a "land-based" Drowning Education Awareness Program. This program offers two opportunities targeted for different audiences and community civic groups to learn water safety skills: **Longfellow's WHALE Tales** and **Water Safety Presentation**.



By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools. If you have questions, or would like more information, please contact either RCC at 703-390-6150 or RA at 703-435-6530.

### Longfellow's WHALE Tales

(5 – 12 years old)

This program is offered to Cub Scouts and Webelos, Daisy, Brownie, and Junior Girl Scouts, and day care centers. Longfellow's WHALE Tales is a FREE 1-hour interactive presentation that provides easy to follow information to help children learn safe behavior in, on, and around the water. Taught in a classroom environment, WHALE Tales makes water safety fun and easy to learn. Each lesson is reinforced with color posters, worksheets, activities, and a video that features Longfellow, the animated whale.

Please contact RCC's Aquatics Office at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

### Water Safety Presentation

(18 years and older)

The presentation is designed for rotary clubs, PTAs, home school networks, church groups, and other civic organizations and can be scheduled at their facility. This FREE 90-minute presentation (60-minute lecture and 30 minutes Q&A) focuses on the importance of water safety training and provides general information on keeping family members safe in, on, and around the water.

Please contact RCC's Aquatics Office at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

## PRIVATE SWIM LESSONS



The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Office.

**30-minute session • \$35 (R)/\$70 (NR)**

## Water Safety Instructor

(16 years and older)

The purpose of the American Red Cross Water Safety Instructor course is to train instructor candidates to teach Swimming and Water Safety Program courses, including the Basic Water Rescue course, the six levels of Learn to Swim, and Parent and Child Aquatics. Course includes Fundamentals of Instructor Training.

Prerequisites:

- Must attend all sessions.
- At least 16 years old on or before the final scheduled class.
- Successful completion of the Water Safety Instructor Pre-Test (administered the first day of class). Students must demonstrate stroke proficiency in front crawl, back crawl, elementary backstroke, breaststroke, sidestroke, and basic stroke mechanics of butterfly.

**9 sessions • Free (R)/\$318 (NR)**

**Registration required at all sessions**

Sat	November 1, 8, 15	10:00 a.m. – 4:00 p.m.
Mon	November 3, 10, 17	5:00 p.m. – 9:00 p.m.
Wed	November 5, 12, 19	5:00 p.m. – 9:00 p.m.

611244-5A

## Lifeguard Training

(15 years and older)

This course provides the American Red Cross (ARC) training required to obtain a job as a lifeguard in any national facility utilizing ARC certified lifeguards. The course includes: Lifeguard Training, First Aid, and CPR for the Professional Rescuer; Automated External Defibrillation (AED) Essentials; and Preventing Disease Transmission. Prerequisites: Students must be 15 years of age on or before the final scheduled class, and be able to demonstrate the following:

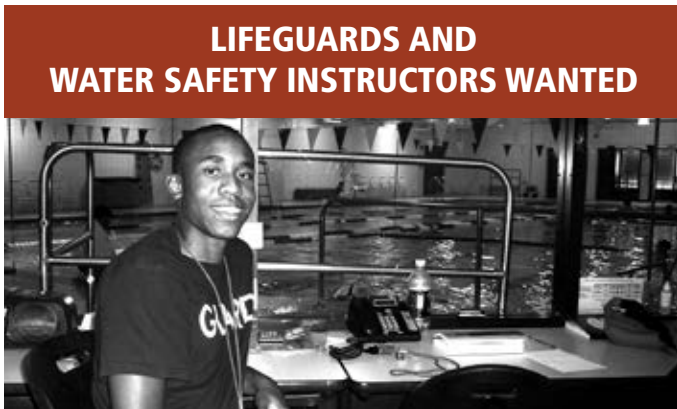
1. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
2. Tread water for two minutes using only the legs. Candidates should place their hands under the armpits.
3. Complete a timed event within 1 minute, 40 seconds
  - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
  - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object.
  - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to get a breath. Candidates should not swim the distance under water.
  - Exit the water without using a ladder or steps.

**9 sessions • Free (R)/\$349 (NR)**

**Registration required; must attend all sessions**

Wed	October 1	6:00 p.m. – 7:00 p.m.
Sun	October 5, 12, 19	10:00 a.m. – 4:00 p.m.
Mon	October 6, 13, 20	4:00 p.m. – 9:00 p.m.
Wed	October 8, 15	4:00 p.m. – 9:00 p.m.

611241-5A



## LIFEGUARDS AND WATER SAFETY INSTRUCTORS WANTED

### Lifeguards

Must be First Aid, CPR & Lifeguard certified.  
Hiring all shifts.

\$11-\$14/hour, depending on experience.

### Water Safety Instructors

Must be nationally certified.  
Starting at \$20/hour.

Download an application from our website.

For more information, please contact Joe Leary,  
Aquatics Director, at 703-390-6150.

## AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



## Reston Masters Swim Team



The Reston Masters Swim Team (RMST) has been in existence since 1974. The "Masters" team has been at Reston Community Center since the pool opened. Masters Swimming is a national program under the auspices of U.S. Masters Swimming, a nationwide organization dedicated to the promotion of swimming in all its forms. The word "masters" in masters swimming does not imply expertise. It merely applies to age. Masters swimmers must be 18 years or older. Our team has members that range in age from 18 to 80-plus years old.

RMST provides a venue for swimmers at all levels and for all reasons. We have fitness swimmers, triathletes and very highly competitive swimmers. At this time we have several members who are national champions (including our 80-plus year old). We have swimmers who swam in high school and/or college and either continued over the years or want to get back in the shape they were in "way back when." We also have swimmers who are not competitive but simply enjoy swimming in an organized program.

Our indoor season is in the Terry L. Smith Aquatics Center. Terry was a longtime member of our team as well as a longtime member of the RCC Board. Our current coach, Frank Koval, has brought the team to a level of expertise that has seen us compete and win nationally on a regular basis. In the past two years, RMST has come in 5th and 6th respectively in the national championships which bring out about 100 teams each year. We swim Tuesday, Thursday and Sunday evenings, and Saturday mornings. For exact times please check the Calendar on our website.

*Our dues are low and our enthusiasm is high. If you would like to learn more about us, please check our website at [www.restonmasters.org](http://www.restonmasters.org).*



## FAMILY SPLASH



### Drop in for a night of family fun.

The Family Splash entry fee is \$15.50 Reston/\$31 Non-Reston (for groups up to seven people). Groups of eight or more must preregister by calling the Aquatics Main Information Desk at 703-390-6150.

**Friday, September 26**

**Friday, October 24**

**Friday, November 28**

**Friday, December 26**

## PRACTICE MAKES PERFECT

"Practice Makes Perfect" is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

Learn to  
**SWIM**  
*Infant-Kindergarten*

The goal of Reston Community Center's Learn to Swim Program is to prepare participants for a lifetime of water pleasure and to promote water safety.

### Swim Lesson Registration Information and Tips

The swim lessons offered by the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

#### PLACEMENT

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you have a printed copy of the various class days/times handy to help you synchronize the classes (either your mailed copy of the program guide or download the PDF file from our website for reference).

#### DURATION OF ENROLLMENTS

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

### INFANT/KINDERGARTEN CLASS REQUIREMENTS

CLASS	AGES	PREREQUISITES	EQUIVALENT LEVEL
<b>WATER INTRO</b>	6 - 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.	N/A
<b>AQUA TOTS</b>	19 - 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.	N/A
<b>SKIPPER I</b>	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.	N/A
<b>SKIPPER II</b>	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.	N/A
<b>ROOKIE I</b>	4 - 5 years	No swimming skills required. Able to follow simple instructions.	N/A
<b>ROOKIE II</b>	4 - 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.	N/A
<b>RANGER</b>	4 - 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths.	Swim Level 3
<b>MARLIN</b>	4 - 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.	Swim Level 4
<b>WATER WONDER</b>	4 - 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.	Swim Level 5

## Water Introduction

(6 months to 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or even to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

### 6, 30-minute sessions • \$55 (R)/\$110 (NR)

#### September 20 – October 25

610000-5A Sat 9:00 a.m. – 9:30 a.m.

#### November 1 – December 13 (No Class November 29)

610000-5B Sat 9:00 a.m. – 9:30 a.m.

#### September 21 – October 26

610002-5A Sun 9:00 a.m. – 9:30 a.m.

#### November 2 – December 14 (No Class November 30)

610002-5B Sun 9:00 a.m. – 9:30 a.m.

### 8, 30-minute sessions • \$60 (R)/\$120 (NR)

#### September 23 – October 16

610004-5A Tue, Thu 10:00 a.m. – 10:30 a.m.

#### October 21 – November 13

610004-5B Tue, Thu 10:00 a.m. – 10:30 a.m.

#### November 18 – December 18

#### (No Class November 25, November 27)

610004-5C Tue, Thu 10:00 a.m. – 10:30 a.m.

## Aqua Tots

(19 months to 36 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or even to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

### 6, 30-minute sessions • \$55 (R)/\$110 (NR)

#### September 20 – October 25

610007-5A Sat 9:30 a.m. – 10:00 a.m.

610007-5B Sat 10:00 a.m. – 10:30 a.m.

#### November 1 – December 13 (No Class November 29)

610007-5C Sat 9:30 a.m. – 10:00 a.m.

610007-5D Sat 10:00 a.m. – 10:30 a.m.

#### September 21 – October 26

610008-5A Sun 9:30 a.m. – 10:00 a.m.

#### November 2 – December 14 (No Class November 30)

610008-5B Sun 9:30 a.m. – 10:00 a.m.

### 8, 30-minute sessions • \$60 (R)/\$120 (NR)

#### September 23 – October 16

610009-5A Tue, Thu 10:30 a.m. – 11:00 a.m.

#### October 21 – November 13

610009-5B Tue, Thu 10:30 a.m. – 11:00 a.m.

#### November 18 – December 18

#### (No Class November 25, November 27)

610009-5C Tue, Thu 10:30 a.m. – 11:00 a.m.

## Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging, and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20-minutes. Parents do not accompany the student in the water.

### 6, 20-minute sessions • \$50 (R)/\$100 (NR)

#### September 20 – October 25

610010-5A Sat 9:00 a.m. – 9:20 a.m.

610010-5B Sat 9:20 a.m. – 9:40 a.m.

610010-5C Sat 9:40 a.m. – 10:00 a.m.

610010-5D Sat 10:00 a.m. – 10:20 a.m.

610010-5E Sat 10:20 a.m. – 10:40 a.m.

610010-5F Sat 10:40 a.m. – 11:00 a.m.

610010-5G Sat 11:00 a.m. – 11:20 a.m.

610010-5H Sat 11:20 a.m. – 11:40 a.m.

610010-5I Sat 11:40 a.m. – 12:00 p.m.

#### November 1 – December 13 (No Class November 29)

610010-5J Sat 9:00 a.m. – 9:20 a.m.

610010-5K Sat 9:20 a.m. – 9:40 a.m.

610010-5L Sat 9:40 a.m. – 10:00 a.m.

610010-5M Sat 10:00 a.m. – 10:20 a.m.

610010-5N Sat 10:20 a.m. – 10:40 a.m.

610010-5O Sat 10:40 a.m. – 11:00 a.m.

610010-5P Sat 11:00 a.m. – 11:20 a.m.

610010-5Q Sat 11:20 a.m. – 11:40 a.m.

610010-5R Sat 11:40 a.m. – 12:00 p.m.

#### September 21 – October 26

610012-5A Sun 10:00 a.m. – 10:20 a.m.

610012-5B Sun 10:20 a.m. – 10:40 a.m.

610012-5C Sun 10:40 a.m. – 11:00 a.m.

#### November 2 – December 14 (No Class November 30)

610012-5D Sun 10:00 a.m. – 10:20 a.m.

610012-5E Sun 10:20 a.m. – 10:40 a.m.

610012-5F Sun 10:40 a.m. – 11:00 a.m.

### 6, 20-minute sessions • \$45 (R)/\$90 (NR)

#### September 22 – October 27

610013-5A Mon 9:00 a.m. – 9:20 a.m.

610013-5B Mon 9:20 a.m. – 9:40 a.m.

610013-5C Mon 9:40 a.m. – 10:00 a.m.

**November 3 – December 15 (No Class November 24)**

610013-5D	Mon	9:00 a.m. – 9:20 a.m.
610013-5E	Mon	9:20 a.m. – 9:40 a.m.
610013-5F	Mon	9:40 a.m. – 10:00 a.m.

**September 24 – October 29**

610015-5A	Wed	10:00 a.m. – 10:20 a.m.
610015-5B	Wed	10:20 a.m. – 10:40 a.m.
610015-5C	Wed	10:40 a.m. – 11:00 a.m.

**November 5 – December 17 (No Class November 26)**

610015-5D	Wed	10:00 a.m. – 10:20 a.m.
610015-5E	Wed	10:20 a.m. – 10:40 a.m.
610015-5F	Wed	10:40 a.m. – 11:00 a.m.

**8, 20-minute sessions • \$50 (R)/\$100 (NR)**

**September 23 – October 16**

610014-5A	Tue, Thu	1:30 p.m. – 1:50 p.m.
610014-5B	Tue, Thu	1:50 p.m. – 2:10 p.m.
610014-5C	Tue, Thu	2:10 p.m. – 2:30 p.m.

**October 21 – November 13**

610014-5D	Tue, Thu	1:30 p.m. – 1:50 p.m.
610014-5E	Tue, Thu	1:50 p.m. – 2:10 p.m.
610014-5F	Tue, Thu	2:10 p.m. – 2:30 p.m.

**November 18 – December 18  
(No Class November 25, 27)**

610014-5G	Tue, Thu	1:30 p.m. – 1:50 p.m.
610014-5H	Tue, Thu	1:50 p.m. – 2:10 p.m.
610014-5I	Tue, Thu	2:10 p.m. – 2:30 p.m.

**Rookie I**

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming, and water safety skills.

**6, 30-minute sessions • \$55 (R)/\$110 (NR)**

**September 20 – October 25**

610030-5A	Sat	9:00 a.m. – 9:30 a.m.
610030-5B	Sat	9:30 a.m. – 10:00 a.m.
610030-5C	Sat	10:30 a.m. – 11:00 a.m.
610030-5D	Sat	11:00 a.m. – 11:30 a.m.

**November 1 – December 13 (No Class November 29)**

610030-5E	Sat	9:00 a.m. – 9:30 a.m.
610030-5F	Sat	9:30 a.m. – 10:00 a.m.
610030-5G	Sat	10:30 a.m. – 11:00 a.m.
610030-5H	Sat	11:00 a.m. – 11:30 a.m.

**September 21 – October 26**

610032-5A	Sun	9:00 a.m. – 9:30 a.m.
610032-5B	Sun	10:00 a.m. – 10:30 a.m.
610032-5C	Sun	11:00 a.m. – 11:30 a.m.

**November 2 – December 14 (No Class November 30)**

610032-5D	Sun	9:00 a.m. – 9:30 a.m.
610032-5E	Sun	10:00 a.m. – 10:30 a.m.

610032-5F	Sun	11:00 a.m. – 11:30 a.m.
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**6, 30-minute sessions • \$50 (R)/\$100 (NR)**

**September 22 – October 27**

610033-5A	Mon	10:00 a.m. – 10:30 a.m.
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**November 3 – December 15 (No Class November 24)**

610033-5B	Mon	10:00 a.m. – 10:30 a.m.
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**September 24 – October 29**

610035-5A	Wed	9:00 a.m. – 9:30 a.m.
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**November 5 – December 17 (No Class November 26)**

610035-5B	Wed	9:00 a.m. – 9:30 a.m.
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**8, 30-minute sessions • \$60 (R)/\$120 (NR)**

**September 22 – October 15**

610033-5C	Mon, Wed	4:00 p.m. – 4:30 p.m.
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**October 20 – November 12**

610033-5D	Mon, Wed	4:00 p.m. – 4:30 p.m.
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**September 23 – October 16**

610034-5A	Tue, Thu	9:00 a.m. – 9:30 a.m.
610034-5B	Tue, Thu	1:00 p.m. – 1:30 p.m.
610034-5C	Tue, Thu	2:30 p.m. – 3:00 p.m.
610034-5D	Tue, Thu	4:30 p.m. – 5:00 p.m.

**October 21 – November 13**

610034-5E	Tue, Thu	9:00 a.m. – 9:30 a.m.
610034-5F	Tue, Thu	1:00 p.m. – 1:30 p.m.
610034-5G	Tue, Thu	2:30 p.m. – 3:00 p.m.
610034-5H	Tue, Thu	4:30 p.m. – 5:00 p.m.

**November 18 – December 18  
(No Class November 25, 27)**

610034-5I	Tue, Thu	9:00 a.m. – 9:30 a.m.
610034-5J	Tue, Thu	1:00 p.m. – 1:30 p.m.
610034-5K	Tue, Thu	2:30 p.m. – 3:00 p.m.
610034-5L	Tue, Thu	4:30 p.m. – 5:00 p.m.

**September 24 – October 17**

610035-5C	Wed, Fri	4:00 p.m. – 4:30 p.m.
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**October 22 – November 14**

610035-5D	Wed, Fri	4:00 p.m. – 4:30 p.m.
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**PRIVATE SWIM LESSONS**

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 42.

**ADAPTED AQUATICS**

Please see page 52 for information on our Adapted Aquatics class.

## BIRTHDAY PARTY POOL PACKAGES



Treat your 7-12 year-old to a birthday party at RCC! We offer two Birthday Party Pool Packages on Saturdays and Sundays that include a swim in the pool followed by a private party in a room set up with gender-neutral decorations. A birthday coordinator will also be present to assist parents with the party. To reserve an RCC Birthday Party Pool Package, please call the RCC Aquatics Department at 703-390-6150.

### Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance, and continued water safety orientation.

#### 6, 30-minute sessions • \$55 (R)/\$110 (NR)

##### September 20 – October 25

610040-5A	Sat	9:30 a.m. – 10:00 a.m.
610040-5B	Sat	10:00 a.m. – 10:30 a.m.
610040-5C	Sat	10:30 a.m. – 11:00 a.m.
610040-5D	Sat	11:00 a.m. – 11:30 a.m.

##### November 1 – December 13 (No Class November 29)

610040-5E	Sat	9:30 a.m. – 10:00 a.m.
610040-5F	Sat	10:00 a.m. – 10:30 a.m.
610040-5G	Sat	10:30 a.m. – 11:00 a.m.
610040-5H	Sat	11:00 a.m. – 11:30 a.m.

##### September 21 – October 26

610042-5A	Sun	9:30 a.m. – 10:00 a.m.
610042-5B	Sun	10:30 a.m. – 11:00 a.m.
610042-5C	Sun	11:30 a.m. – 12:00 p.m.

##### November 2 – December 14 (No Class November 30)

610042-5D	Sun	9:30 a.m. – 10:00 a.m.
610042-5E	Sun	10:30 a.m. – 11:00 a.m.
610042-5F	Sun	11:30 a.m. – 12:00 p.m.

#### 6, 30-minute sessions • \$50 (R)/\$100 (NR)

##### September 22 – October 27

610043-5A	Mon	10:30 a.m. – 11:00 a.m.
610043-5B	Mon	1:30 p.m. – 2:00 p.m.

##### November 3 – December 15 (No Class November 24)

610043-5C	Mon	10:30 a.m. – 11:00 a.m.
610043-5D	Mon	1:30 p.m. – 2:00 p.m.

##### September 24 – October 29

610045-5A	Wed	9:30 a.m. – 10:00 a.m.
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##### November 5 – December 17 (No Class November 26)

610045-5B	Wed	9:30 a.m. – 10:00 a.m.
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#### 8, 30-minute sessions • \$60 (R)/\$120 (NR)

##### September 22 – October 15

610043-5E	Mon, Wed	4:30 p.m. – 5:00 p.m.
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##### October 20 – November 12

610043-5F	Mon, Wed	4:30 p.m. – 5:00 p.m.
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##### September 23 – October 16

610044-5A	Tue, Thu	9:30 a.m. – 10:00 a.m.
610044-5B	Tue, Thu	1:30 p.m. – 2:00 p.m.
610044-5C	Tue, Thu	5:00 p.m. – 5:30 p.m.

##### October 21 – November 13

610044-5D	Tue, Thu	9:30 a.m. – 10:00 a.m.
610044-5E	Tue, Thu	1:30 p.m. – 2:00 p.m.
610044-5F	Tue, Thu	5:00 p.m. – 5:30 p.m.

##### November 18 – December 18

##### (No Class November 25, 27)

610044-5G	Tue, Thu	9:30 a.m. – 10:00 a.m.
610044-5H	Tue, Thu	1:30 p.m. – 2:00 p.m.
610044-5I	Tue, Thu	5:00 p.m. – 5:30 p.m.

##### September 24 – October 17

610045-5C	Wed, Fri	4:30 p.m. – 5:00 p.m.
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##### October 22 – November 14

610045-5D	Wed, Fri	4:30 p.m. – 5:00 p.m.
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### Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

#### 6, 30-minute sessions • \$55 (R)/\$110 (NR)

##### September 20 – October 25

610050-5A	Sat	9:00 a.m. – 9:30 a.m.
610050-5B	Sat	10:30 a.m. – 11:00 a.m.
610050-5C	Sat	11:30 a.m. – 12:00 p.m.

##### November 1 – December 13 (No Class November 29)

610050-5D	Sat	9:00 a.m. – 9:30 a.m.
610050-5E	Sat	10:30 a.m. – 11:00 a.m.
610050-5F	Sat	11:30 a.m. – 12:00 p.m.



**September 21 – October 26**

610052-5A	Sun	10:00 a.m. – 10:30 a.m.
610052-5B	Sun	11:30 a.m. – 12:00 p.m.

**November 2 – December 14 (No Class November 30)**

610052-5C	Sun	10:00 a.m. – 10:30 a.m.
610052-5D	Sun	11:30 a.m. – 12:00 p.m.

**6, 30-minute sessions • \$50 (R)/\$100 (NR)**

**September 22 – October 27**

610053-5A	Mon	2:00 p.m. – 2:30 p.m.
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**November 3 – December 15 (No Class November 24)**

610053-5B	Mon	2:00 p.m. – 2:30 p.m.
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**8, 30-minute sessions • \$60 (R)/\$120 (NR)**

**September 22 – October 15**

610053-5C	Mon, Wed	5:00 p.m. – 5:30 p.m.
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**October 20 – November 12**

610053-5D	Mon, Wed	5:00 p.m. – 5:30 p.m.
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**September 23 – October 16**

610054-5A	Tue, Thu	2:00 p.m. – 2:30 p.m.
610054-5B	Tue, Thu	5:30 p.m. – 6:00 p.m.

**October 21 – November 13**

610054-5C	Tue, Thu	2:00 p.m. – 2:30 p.m.
610054-5D	Tue, Thu	5:30 p.m. – 6:00 p.m.

**November 18 – December 18**

**(No Class November 25, 27)**

610054-5E	Tue, Thu	2:00 p.m. – 2:30 p.m.
610054-5F	Tue, Thu	5:30 p.m. – 6:00 p.m.

**Marlin**

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction will include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

**6, 30-minute sessions • \$55 (R)/\$110 (NR)**

**September 20 – October 25**

610060-5A	Sat	9:30 a.m. – 10:00 a.m.
610060-5B	Sat	10:00 a.m. – 10:30 a.m.
610060-5C	Sat	11:00 a.m. – 11:30 a.m.

**November 1 – December 13 (No Class November 29)**

610060-5D	Sat	9:30 a.m. – 10:00 a.m.
610060-5E	Sat	10:00 a.m. – 10:30 a.m.
610060-5F	Sat	11:00 a.m. – 11:30 a.m.

**September 21 – October 26**

610062-5A	Sun	9:30 a.m. – 10:00 a.m.
610062-5B	Sun	10:30 a.m. – 11:00 a.m.

**November 2 – December 14 (No Class November 30)**

610062-5C	Sun	9:30 a.m. – 10:00 a.m.
610062-5D	Sun	10:30 a.m. – 11:00 a.m.

**6, 30-minute sessions • \$50 (R)/\$100 (NR)**

**September 22 – October 27**

610063-5A	Mon	2:30 p.m. – 3:00 p.m.
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**November 3 – December 15 (No Class November 24)**

610063-5B	Mon	2:30 p.m. – 3:00 p.m.
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**8, 30-minute sessions • \$60 (R)/\$120 (NR)**

**September 22 – October 15**

610063-5C	Mon, Wed	5:30 p.m. – 6:00 p.m.
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**October 20 – November 12**

610063-5D	Mon, Wed	5:30 p.m. – 6:00 p.m.
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**September 23 – October 16**

610064-5A	Tue, Thu	2:30 p.m. – 3:00 p.m.
610064-5B	Tue, Thu	6:30 p.m. – 7:00 p.m.

**October 21 – November 13**

610064-5C	Tue, Thu	2:30 p.m. – 3:00 p.m.
610064-5D	Tue, Thu	6:30 p.m. – 7:00 p.m.

**November 18 – December 18**

**(No Class November 25, 27)**

610064-5E	Tue, Thu	2:30 p.m. – 3:00 p.m.
610064-5F	Tue, Thu	6:30 p.m. – 7:00 p.m.

**Water Wonder**

(4 – 7 years old)

Water Wonders provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke and various safety topics.

**6, 30-minute sessions • \$55 (R)/\$110 (NR)**

**September 20 – October 25**

610070-5A	Sat	10:00 a.m. – 10:30 a.m.
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**November 1 – December 13 (No Class November 29)**

610070-5B	Sat	10:00 a.m. – 10:30 a.m.
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**8, 30-minute sessions • \$60 (R)/\$120 (NR)**

**September 23 – October 16**

610074-5A	Tue, Thu	5:00 p.m. – 5:30 p.m.
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**October 21 – November 13**

610074-5B	Tue, Thu	5:00 p.m. – 5:30 p.m.
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**November 18 – December 18**

**(No Class November 25, 27)**

610074-5C	Tue, Thu	5:00 p.m. – 5:30 p.m.
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**PRIVATE SWIM LESSONS**

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 42.



Learn to

# SWIM Youth

The goal of Reston Community Center's Learn to Swim Program is to prepare participants for a lifetime of water pleasure and to promote water safety.

## Swim Lesson Registration Information and Tips

The swim lessons offered by the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

### PLACEMENT

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you have a printed copy of the various class days/times handy to help you synchronize the classes (either your mailed copy of the program guide or download the PDF file from our website for reference).

### DURATION OF ENROLLMENTS

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

## YOUTH CLASS REQUIREMENTS

CLASS	AGES	PREREQUISITES
<b>SWIM LEVEL 1/2</b>	6 - 12 years	No swimming skills required.
<b>SWIM LEVEL 3</b>	6 - 12 years	Step from side into chest-deep water, move into a front float for five seconds, roll to back, float for five seconds then return to standing. Move into a back float for five seconds, roll to front then recover to standing. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, roll to front and continue swimming for five body lengths.
<b>SWIM LEVEL 4</b>	6 - 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.
<b>SWIM LEVEL 5</b>	6 - 12 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
<b>SWIM LEVEL 6</b>	6 - 12 years	Perform a shallow dive into deep water, swim front crawl for 50 yards, change direction and position and swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
<b>YOUTH STROKE-N-TURN</b>	6 - 8 years	Student must be able to continuously swim 25 meters and demonstrate the use of two different strokes.
<b>YOUTH STROKE-N-TURN</b>	9 - 12 years	Student must be able to continuously swim 50 meters and demonstrate the use of two different strokes.

**Level 1-2**

(6 – 12 years old)

Level 1-2 gives students success with fundamental skills. Topics of instruction will include entering and exiting the water, submerging, front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

**6, 30-minute sessions • \$55 (R)/\$110 (NR)**

**September 20 – October 25**

610110-5A	Sat	9:00 a.m. – 9:30 a.m.
610110-5B	Sat	10:00 a.m. – 10:30 a.m.

**November 1 – December 13 (No Class November 29)**

610110-5C	Sat	9:00 a.m. – 9:30 a.m.
610110-5D	Sat	10:00 a.m. – 10:30 a.m.

**6, 30-minute sessions • \$55 (R)/\$110 (NR)**

**September 21 – October 26**

610112-5A	Sun	11:00 a.m. – 11:30 a.m.
610112-5B	Sun	11:30 a.m. – 12:00 p.m.

**November 2 – December 14 (No Class November 30)**

610112-5C	Sun	11:00 a.m. – 11:30 a.m.
610112-5D	Sun	11:30 a.m. – 12:00 p.m.

**8, 30-minute sessions • \$60 (R)/\$120 (NR)**

**September 23 – October 16**

610114-5A	Tue, Thu	6:00 p.m. – 6:30 p.m.
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**October 21 – November 13**

610114-5B	Tue, Thu	6:00 p.m. – 6:30 p.m.
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**November 18 – December 18 (No Class November 25, 27)**

610114-5C	Tue, Thu	6:00 p.m. – 6:30 p.m.
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**September 24 – October 17**

610115-5A	Wed, Fri	5:00 p.m. – 5:30 p.m.
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**October 22 – November 14**

610115-5B	Wed, Fri	5:00 p.m. – 5:30 p.m.
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**Level 3**

(6 – 12 years old)

The Level 3 class builds on the skills in Level 1-2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

**6, 30-minute sessions • \$55 (R)/\$110 (NR)**

**September 20 – October 25**

610120-5A	Sat	9:30 a.m. – 10:00 a.m.
610120-5B	Sat	10:30 a.m. – 11:00 a.m.
610120-5C	Sat	11:30 a.m. – 12:00 p.m.

**November 1 – December 13 (No Class November 29)**

610120-5D	Sat	9:30 a.m. – 10:00 a.m.
610120-5E	Sat	10:30 a.m. – 11:00 a.m.
610120-5F	Sat	11:30 a.m. – 12:00 p.m.

**September 21 – October 26**

610122-5A	Sun	9:00 a.m. – 9:30 a.m.
610122-5B	Sun	11:00 a.m. – 11:30 a.m.

**November 2 – December 14 (No Class November 30)**

610122-5C	Sun	9:00 a.m. – 9:30 a.m.
610122-5D	Sun	11:00 a.m. – 11:30 a.m.

**6, 30-minute sessions • \$50 (R)/\$100 (NR)**

**September 22 – October 27**

610123-5A	Mon	3:00 p.m. – 3:30 p.m.
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**November 3 – December 15 (No Class November 24)**

610123-5B	Mon	3:00 p.m. – 3:30 p.m.
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**8, 30-minute sessions • \$60 (R)/\$120 (NR)**

**September 23 – October 16**

610124-5A	Tue, Thu	5:30 p.m. – 6:00 p.m.
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**October 21 – November 13**

610124-5B	Tue, Thu	5:30 p.m. – 6:00 p.m.
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**November 18 – December 18 (No Class November 25, 27)**

610124-5C	Tue, Thu	5:30 p.m. – 6:00 p.m.
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**September 24 – October 17**

610125-5A	Wed, Fri	5:30 p.m. – 6:00 p.m.
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**October 22 – November 14**

610125-5B	Wed, Fri	5:30 p.m. – 6:00 p.m.
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**PRIVATE SWIM LESSONS**

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 42.



## ADAPTED AQUATICS

### Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Assistant Aquatics Director at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation. Volunteers are needed, see page 37 for more information.

#### 6, 30-minute sessions • \$55 (R)/\$110 (NR)

##### September 20 – October 25

610190-5A	Sat	11:00 a.m. – 11:30 a.m.
610190-5B	Sat	11:30 a.m. – 12:00 p.m.

##### November 1 – December 13 (No Class November 29)

610190-5C	Sat	11:00 a.m. – 11:30 a.m.
610190-5D	Sat	11:30 a.m. – 12:00 p.m.

### Level 4

(6 – 12 years old)

Level 4 develops swimmers' confidence in the skills learned and improves other aquatic skills. Topics of instruction will include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

#### 6, 30-minute sessions • \$55 (R)/\$110 (NR)

##### September 20 – October 25

610130-5A	Sat	9:00 a.m. – 9:30 a.m.
610130-5B	Sat	10:30 a.m. – 11:00 a.m.
610130-5C	Sat	11:30 a.m. – 12:00 p.m.

##### November 1 – December 13 (No Class November 29)

610130-5D	Sat	9:00 a.m. – 9:30 a.m.
610130-5E	Sat	10:30 a.m. – 11:00 a.m.
610130-5F	Sat	11:30 a.m. – 12:00 p.m.

##### September 21 – October 26

610132-5A	Sun	9:00 a.m. – 9:30 a.m.
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##### November 2 – December 14 (No Class November 30)

610132-5B	Sun	9:00 a.m. – 9:30 a.m.
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#### 8, 30-minute sessions • \$60 (R)/\$120 (NR)

##### September 22 – October 15

610133-5A	Mon, Wed	6:00 p.m. – 6:30 p.m.
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##### October 20 – November 12

610133-5B	Mon, Wed	6:00 p.m. – 6:30 p.m.
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##### September 23 – October 16

610134-5A	Tue, Thu	4:30 p.m. – 5:00 p.m.
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#### October 21 – November 13

610134-5B	Tue, Thu	4:30 p.m. – 5:00 p.m.
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#### November 18 – December 18 (No Class November 25, 27)

610134-5C	Tue, Thu	4:30 p.m. – 5:00 p.m.
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### Level 5

(6 – 12 years old)

Level 5 provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke and various safety topics.

#### 6, 45-minute sessions • \$65 (R)/\$130 (NR)

##### September 20 – October 25

610140-5A	Sat	9:00 a.m. – 9:45 a.m.
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##### November 1 – December 13 (No Class November 29)

610140-5B	Sat	9:00 a.m. – 9:45 a.m.
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##### September 21 – October 26

610142-5A	Sun	9:30 a.m. – 10:15 a.m.
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##### November 2 – December 14 (No Class November 30)

610142-5B	Sun	9:30 a.m. – 10:15 a.m.
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#### 8, 45-minute sessions • \$70 (R)/\$140 (NR)

##### September 23 – October 16

610144-5A	Tue, Thu	6:00 p.m. – 6:45 p.m.
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##### October 21 – November 13

610144-5B	Tue, Thu	6:00 p.m. – 6:45 p.m.
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#### November 18 – December 18 (No Class November 25, 27)

610144-5C	Tue, Thu	6:00 p.m. – 6:45 p.m.
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### Level 6

(6 – 12 years old)

Level 6 refines the strokes so students swim them with ease, efficiency, power, and smoothness over greater distances. Personal water safety and fitness swimming skills will also be introduced. Topics of instruction will include treading with legs only, survival strokes, self-rescue, increased endurance and technique in front crawl, back crawl, breaststroke, butterfly, sidestroke, and elementary backstroke.

#### 6, 45-minute sessions • \$65 (R)/\$130 (NR)

##### September 20 – October 25

610150-5A	Sat	9:45 a.m. – 10:30 a.m.
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##### November 1 – December 13 (No Class November 29)

610150-5B	Sat	9:45 a.m. – 10:30 a.m.
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##### September 21 – October 26

610152-5A	Sun	10:15 a.m. – 11:00 a.m.
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##### November 2 – December 14 (No Class November 30)

610152-5B	Sun	10:15 a.m. – 11:00 a.m.
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## PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels. For more information, see page 42.

### Stroke n Turn

(6 – 8 years old)

This class is for swim team swimmers ages 6 through 8 who would like to improve their stroke coordination and refinement. Prerequisites: See Youth Class Requirements at the beginning of the Youth Section.

Instruction will include:

- Front and back crawl
- Breaststroke
- Butterfly
- Shallow dive, glide two body lengths and begin any front stroke

**8, 45-minute sessions • \$70 (R)/\$140 (NR)**

**September 22 – October 15**

610170-5A Mon, Wed 5:15 p.m. – 6:00 p.m.

**October 20 – November 12**

610170-5B Mon, Wed 5:15 p.m. – 6:00 p.m.

**November 17 – December 17  
(No Class November 24, 26)**

610170-5C Mon, Wed 5:15 p.m. – 6:00 p.m.

### Stroke n Turn

(9 – 12 years old)

This class is for swim team swimmers ages 9 through 12 who would like to improve stroke coordination and refinement. Prerequisites:

See Youth Class Requirements at the beginning of the Youth Section.

Instruction will include:

- Front and back crawl
- Breaststroke
- Butterfly
- Shallow dive, glide two body lengths and begin any front stroke.

**6, 45-minute sessions • \$70 (R)/\$140 (NR)**

**September 22 – October 15**

610183-5A Mon, Wed 6:00 p.m. – 6:45 p.m.

**October 20 – November 12**

610183-5B Mon, Wed 6:00 p.m. – 6:45 p.m.

**November 17 – December 17  
(No Class November 24, 26)**

610183-5C Mon, Wed 6:00 p.m. – 6:45 p.m.

## Adults

### Adult Beginner

(13 years and older)

This class is for adults who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student. Patrons 55 and older, 50 percent senior discount applies.

**6, 45-minute sessions • \$65 (R)/\$130 (NR)**

**September 20 – October 25**

611210-5A Sat 10:30 a.m. – 11:15 a.m.

**November 1 – December 13 (No Class November 29)**

611210-5B Sat 10:30 a.m. – 11:15 a.m.

**September 21 – October 26**

611212-5A Sun 11:00 a.m. – 11:45 a.m.

**November 2 – December 14 (No Class November 30)**

611212-5B Sun 11:00 a.m. – 11:45 a.m.

### Adult Advanced Beginner

(13 years and older)

This class is for adults who can swim one pool length (25 meters) and want to improve front crawl, backstroke, and deep water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques. Patrons 55 and older, 50 percent senior discount applies.

**6, 45-minute sessions • \$65 (R)/\$130 (NR)**

**September 20 – October 25**

611220-5A Sat 11:15 a.m. – 12:00 p.m.

**November 1 – December 13 (No Class November 29)**

611220-5B Sat 11:15 a.m. – 12:00 p.m.



# Water Aerobics

## REGISTERED CLASSES

### Deep Water Mania

(13 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons, and ligaments. Participants should consult with a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

**8, 50-minute sessions • \$70 (R)/\$140 (NR)**

**September 22 – October 15**

611250-5A Mon, Wed 6:30 p.m. – 7:20 p.m.

**October 20 – November 12**

611250-5B Mon, Wed 6:30 p.m. – 7:20 p.m.

**November 17 – December 17**

**(No Class November 24, 26)**

611250-5C Mon, Wed 6:30 p.m. – 7:20 p.m.

### Aqua Burn

(13 years and older)

This is a complete program providing routines for warm up, stretching, toning, and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

**8, 50-minute sessions • \$70 (R)/\$140 (NR)**

**September 22 – October 15**

611251-5A Mon, Wed 7:30 p.m. – 8:20 p.m.

**October 20 – November 12**

611251-5B Mon, Wed 7:30 p.m. – 8:20 p.m.

**November 17 – December 17**

**(No Class November 24,26)**

611251-5C Mon, Wed 7:30 p.m. – 8:20 p.m.

### Arthritis, Fibromyalgia, & Multiple Sclerosis

(13 years and older)

Classes will be taught by a certified instructor and will include a warm-up, an aerobic portion, and a cool down for an exercise period of thirty minutes. Those patrons who have various forms of arthritis, fibromyalgia and M.S. benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water

provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises which increase flexibility and mobility and reduce the pain of daily routines. Participants should consult a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

**8, 50-minute sessions • \$70 (R)/\$140 (NR)**

**September 23 – October 16**

611266-5A Tue, Thu 9:00 a.m. – 9:50 a.m.

611266-5B Tue, Thu 11:00 a.m. – 11:50 a.m.

**October 21 – November 13**

611266-5C Tue, Thu 9:00 a.m. – 9:50 a.m.

611266-5D Tue, Thu 11:00 a.m. – 11:50 a.m.

**November 18 – December 18**

**(No Class November 25, 27)**

611266-5E Tue, Thu 9:00 a.m. – 9:50 a.m.

611266-5F Tue, Thu 11:00 a.m. – 11:50 a.m.

### Advanced Arthritis, Fibromyalgia & Multiple Sclerosis

(13 years and older)

Classes will be taught in deep water and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm up, an aerobic portion and a cool down for an exercise period of thirty minutes. Those patrons who have various forms of arthritis, fibromyalgia and M.S. benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises which increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

**8, 50-minute sessions • \$70 (R)/\$140 (NR)**

**September 23 – October 16**

611276-5A Tue, Thu 10:00 a.m. – 10:50 a.m.

**October 21 – November 13**

611276-5B Tue, Thu 10:00 a.m. – 10:50 a.m.

**November 18 – December 18**

**(No Class November 25, 27)**

611276-5C Tue, Thu 10:00 a.m. – 10:50 a.m.

# Water Aerobics

## DROP-IN CLASSES

### Tides in Motion

(13 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups, improving aerobic capacity, balance, and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class. Patrons 55+, senior discount applies.

**36, 50-minute sessions • \$4.75 (R)/\$9.50 (NR)**

**September 22 – December 19  
(No Class November 24, 26, 28)**

Drop-in/Pass	Mon, Wed, Fri	8:00 a.m. – 8:50 a.m.
Drop-in/Pass	Mon, Wed, Fri	9:00 a.m. – 9:50 a.m.

### Aqua Mixer

(13 years and older)

This deep water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance, and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 14 participants per class. Patrons 55+, senior discount applies.

**24, 50-minute sessions • \$4.75 (R)/\$9.50 (NR)**

**September 22 – December 17  
(No Class November 24, 26)**

Drop-in/Pass	Mon, Wed	5:30 p.m. – 6:20 p.m.
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### Aqua Blast

(13 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be deep water and will include a cardio segment to improve cardio respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program. This is a drop-in

program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 14 participants per class. Patrons 55+, senior discount applies.

**24, 50-minute sessions • \$4.75 (R)/\$9.50 (NR)**

**September 23 – December 18  
(No Class November 25, 27)**

Drop-in/Pass	Tue, Thu	8:00 a.m. – 8:50 a.m.
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### Fit After Fifty

(50 years and older)

This is an adult program for the serious exerciser who wants a high-level aerobic workout. Set to a faster tempo than the senior exercise class, this program is not for the beginning exerciser. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class. Patrons 55+, senior discount applies.

**36, 50-minute sessions • \$4.75 (R)/\$9.50 (NR)**

**September 22 – December 19  
(No Class November 24, 26, 28)**

Drop-in/Pass	Mon, Wed, Fri	10:00 a.m. – 10:50 a.m.
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### Senior Water Exercise

(55 years and older)

This class is suitable for non-swimmers and swimmers alike. This exercise program is designed to promote a feeling of fitness and well-being. Water exercise provides gentle resistance, support for greater movement, and stimulation of circulation. The class also provides an opportunity for a social swim in a quiet pool. Participants should consult a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class.

**36, 50-minute sessions • \$3 (R)/\$6 (NR)**

**September 22 – December 19  
(No Class November 24, 26, 28)**

Drop-in/Pass	Mon, Wed, Fri	11:00 a.m. – 11:50 a.m.
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WATER AEROBICS FEES			
	Reston	Fairfax County	Non-Fairfax County
<b>Water Aerobics Drop-in Visit</b>			
Adult	\$4.75	\$9.50	\$14.25
Youth & Senior	\$3.00	\$6.00	\$9.00
<b>Water Aerobics 20-Visit Pass</b>			
Adult	\$80.00	\$160.00	\$240.00
Youth & Senior	\$56.00	\$112.00	\$168.00

# COMPUTER



## Computer Lego Designs in 3D

(7 – 9 years old)

For generations, Legos have been an integral part of children's lives. When combined with the digital world, participants can change them on the computer to create 3D characters, different surroundings, and various modes of transportation. Afterwards, students will be able to explore the concepts of 3D modeling and begin the process of animation. Basic computer skills, 3D modeling techniques, basic math, and problem-solving skills will be covered.

**6, 60-minute sessions at RCC Hunters Woods**

**\$75 (R)/\$150 (NR) • Robichaud**

**October 15 – November 19**

901184-5A      Wed

4:45 p.m. – 5:45 p.m.

## Intro to HTML

(13 years and older)

Ever wondered what goes on behind the scenes of a web browser? Learn the basics of HyperTextMarkup Language (HTML) to design and edit personal web pages. Students will be introduced to a Content Management System (Wordpress), and will receive free editor software to create a project with HTML tags and cascading style sheets.

**1, 2.5-hour session at RCC Hunters Woods**

**\$30 (R)/\$60 (NR) • Robichaud**

**October 29**

103378-5A      Wed

7:00 p.m. – 9:30 p.m.

## MS Access I

(13 years and older)

Using a class workbook, tip sheet, and a directed hands-on project, students will learn the basic concepts of relational databases and how to create and work with tables and their fields of various data types. Students will explore the power, ease, and utility of MS Access through the use of its built-in examples, toolbox, and wizards, as well as learn basic table, form, query and report design, along with record handling and related sorting and filtering. Prerequisite: Previous experience with Windows and either Word, Excel, Outlook, or PowerPoint.

**2, 2.5-hour sessions at RCC Hunters Woods**

**\$50 (R)/\$100 (NR) • Robichaud**

**December 16 – December 17**

102240-5B      Tue, Wed

7:00 p.m. – 9:30 p.m.

## DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.



**MS Excel I**

(13 years and older)

Learn to create, edit, format, and manipulate spreadsheets, workbooks, or small databases by using formulas and/or charts to track data, perform accounting functions, build address lists, or do long range planning. Prerequisites: English language fluency, computer keyboard and mouse skills, and the ability to navigate Windows proficiently.

**2, 2.5-hour sessions at RCC Hunters Woods  
\$50 (R)/\$100 (NR) • Robichaud**

**October 8 – October 9**

103233-5A      Wed, Thu      7:00 p.m. – 9:30 p.m.

**MS Excel II**

(13 years and older)

Learn to organize, enhance and customize multiple spreadsheets and files by using advanced formatting tools and database features. Prerequisite: MS Excel I.

**2, 2.5-hour sessions at RCC Hunters Woods  
\$50 (R)/\$100 (NR) • Robichaud**

**October 15 – October 16**

103226-5A      Wed, Thu      7:00 p.m. – 9:30 p.m.

**MS PowerPoint I**

(13 years and older)

Learn both the basics and the “bells and whistles” of Microsoft PowerPoint to create a powerful slide presentation using tables, pictures, graphs, sound, and text. Prerequisites: English language fluency, computer keyboard and mouse skills, and ability to navigate Windows proficiently. Beginning students are encouraged to take a Computer Literacy class or an equivalent class before enrolling in this course.

**2, 2.5-hour sessions at RCC Hunters Woods  
\$50 (R)/\$100 (NR) • Robichaud**

**November 11 – November 12**

103236-5B      Tue, Wed      7:00 p.m. – 9:30 p.m.

**MS PowerPoint II**

(13 years and older)

Learn to use advanced skills such as text formatting, working with objects, and auto shapes. Students will practice using the slide master, creating custom templates, embedding charts and tables, and integrating PowerPoint with other MS Office applications. Prerequisite: MS PowerPoint I.

**2, 2.5-hour sessions at RCC Hunters Woods  
\$50 (R)/\$100 (NR) • Robichaud**

**November 19 – November 20**

102249-5B      Wed, Thu      7:00 p.m. – 9:30 p.m.

**MS Publisher**

(13 years and older)

Learn the basics of Microsoft Publisher, the page layout software used to create personalized greeting cards, posters, flyers, banners, calendars, advertisements, and many other printed materials.

**1, 2.5-hour session at RCC Hunters Woods  
\$30 (R)/\$60 (NR) • Robichaud**

**November 13**

102251-5B      Thu      7:00 p.m. – 9:30 p.m.

**MS Word I**

(13 years and older)

Learn to create and edit documents, use different fonts and formatting, cut and paste, set margins, and much more. Utilize these skills to create mailings, write memoirs complete with electronic pictures, or better organize personal files. Prerequisites: English language fluency, computer keyboard and mouse skills, and ability to navigate Windows proficiently. Beginning students are encouraged to take a Computer Literacy class or an equivalent class before enrolling in this course.

**2, 2.5-hour sessions at RCC Hunters Woods  
\$50 (R)/\$100 (NR) • Robichaud**

**September 9 – September 10**

103234-5A      Tue, Wed      7:00 p.m. – 9:30 p.m.



## MS Word II

(13 years and older)

Learn to use more advanced Word tools including section formatting, headers and footers, extensive bulleted lists, columns, tables, text boxes, and mail merging. Prerequisite: MS Word I.

**2, 2.5-hour sessions at RCC Hunters Woods**

**\$50 (R)/\$100 (NR) • Robichaud**

**September 16 – September 17**

103224-5A      Tue, Wed      7:00 p.m. – 9:30 p.m.

## QuickBooks

(13 years and older)

Learn how to manage business finances with QuickBooks, the most popular small business accounting software that makes accounting easy. With tools to organize your finances all in one place, users will learn how to track inventory, sales, expenses, and customers, and how to instantly create and customize professional-looking invoices, purchase orders and business reports. Pay bills, print checks and organize finances, all in one place, and be ready for tax time. Step up from Quicken and enjoy professional bookkeeping without a CPA.

**2, 2.5-hour sessions at RCC Hunters Woods**

**\$50 (R)/\$100 (NR) • Robichaud**

**December 9 – December 10**

102250-5B      Tue, Wed      7:00 p.m. – 9:30 p.m.

## Quicken

(13 years and older)

Learn how to manage personal finances effortlessly using Quicken software. Users will learn how to track and understand daily spending, monitor and schedule bills, and automatically generate easy to read reports, registers and budgets. The class is led by an experienced computer consultant and instructor who has utilized Quicken to manage personal and small business finances for more than 13 years.

**2, 2.5-hour sessions at RCC Hunters Woods**

**\$50 (R)/\$100 (NR) • Robichaud**

**October 21 – October 22**

102239-5B      Tue, Wed      7:00 p.m. – 9:30 p.m.

## Raspberry Pi

(10 – 12 years old)

Students born after 2000 are familiar with mobile phones, iPads, GPS, digital photos, streaming music and video. This program will add to those skills to lay the foundation for the technical skills and understanding needed to invent the next generation of technology. Developed with STEM in mind, the Raspberry Pi is a credit card-sized computer specifically designed for learning about computing and electronics concepts. Participants will learn about computers (from

the inside out), while designing animations, building and playing an original game, and wiring their own circuits. All supplies are included in the class fee, including a Raspberry Pi computer, which students can take home at the conclusion of class.

**6, 60-minute sessions at RCC Hunters Woods**

**\$100 (R)/\$200 (NR) • ONE7TECH**

**October 7 – November 18 (No Class November 11)**

901222-5A      Tue      4:30 p.m. – 5:30 p.m.

## Windows 7 Tips & Tricks

(13 years and older)

Learn all about the new features, what to upgrade from XP or Vista, and how to best customize computer settings. Students will explore user accounts, file searches and libraries, new screen features, security and maintenance. Practice a host of techniques to work more efficiently, including keyboard shortcuts and desktop gadgets. Also, get a sneak peak of the new Windows 8. Prerequisite: prior experience with any version of Windows.

**1, 2.5-hour session at RCC Hunters Woods**

**\$30 (R)/\$60 (NR) • Robichaud**

**September 24**

102253-5B      Wed      7:00 p.m. – 9:30 p.m.





## Cake Decorating for Kids

(7 – 12 years old)

Participants will learn to frost a basic, one-layer round cake, use fondant icing, and decorate using basic fondant icing techniques. They will use a variety of tips that will amaze family and friends with their abilities. These activities are designed for independent student involvement and learning. Parent/guardian participation is not required. Please inform instructor prior to the start of class if there are any food allergies.

**1, 2-hour session at RCC Hunters Woods**

**\$35 (R)/\$70 (NR) • Guidry**

**September 27**

902205-5A Sat 2:00 p.m. – 4:00 p.m.

**November 8**

902205-5B Sat 2:00 p.m. – 4:00 p.m.

## Caribbean Cuisine Made Easy

(15 years and older)

Caribbean Cuisine is a fusion of African, Indian, Native American, and Chinese influences. This diversity of cultures brings a surprisingly unique flavor to the Caribbean. Students will explore some of these flavors as they learn how to prepare a traditional Caribbean meal. Recipes include Split Pea and Carrot Soup, Island Kale, Fried Plantains, Jerk Chicken, and Coconut Cake.

**1, 3-hour session at RCC Hunters Woods**

**\$70 (R)/\$140 (NR) • Jessimy**

**October 11**

102520-5A Sat 10:00 a.m. – 1:00 p.m.

## Chocolate Candy Making

(14 years and older)

Learn the basics of making chocolate candies. Hands-on lessons include: melting, tempering, handling and molding of chocolate. Participants will practice working with chocolate, caramel, and many other delicious ingredients. Recipes include: a classic turtle, dark orange truffles, white chocolate truffles, and mocha truffles. Each participant will take home chocolates they made during class, as well as recipes, tips, and ideas for making chocolates at home. Allergy warning: nuts will be used in some recipes.

**1, 4-hour session at RCC Hunters Woods**

**\$62 (R)/\$124 (NR) • Nyman**

**December 7**

102500-5A Sun 12:00 p.m. – 4:00 p.m.

## AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



### Chocolate Candy Making for Kids

(5 – 7 years old)

Learn the basics for making chocolates. In this class, parent and child will become acquainted with handling, melting, tempering, and molding skills. Participants will mold bite-sized chocolates, chocolate lollipops, chocolate-dipped pretzels and rocky road. Each participant pair will take home chocolates that they have made, as well as recipes, tips and ideas for making more of these luscious confections at home. Parent/caregiver must fully participate in the activities.

This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered. Allergy warning: nuts will be used in one of the recipes.

**1, 2-hour session at RCC Hunters Woods**  
**\$30 (R)/\$60 (NR) • Nyman**

**November 22**

901038-5A Sat 10:00 a.m. – 12:00 p.m.

### Chocolate Candy Making for Tweens

(8 – 11 years old)

This class will focus on the basics of making chocolates and will include handling, melting, tempering, and molding skills. Participants will mold bite-sized chocolates, learn chocolate writing, prepare butter cream and peanut butter cups, and make rocky road. Each participant will take home chocolates he/she made during class as well as recipes, tips and ideas for making more chocolates at home. Allergy warning: nuts will be used in one of the recipes.

**1, 3-hour session at RCC Hunters Woods**  
**\$40 (R)/\$80 (NR) • Nyman**

**November 22**

901039-5A Sat 1:00 p.m. – 4:00 p.m.

### Cooking Vegetarian

(15 years and older)

More and more people are adding vegetarian cooking to their lifestyle. Whether it is because of a health concern or a need for an alternative to their normal everyday diet, many people are discovering the benefits of vegetarian food. Learn how to make tasty recipes that will delight the palates of both vegetarians and non-vegetarians.

**1, 3-hour session at RCC Hunters Woods**  
**\$70 (R)/\$140 (NR) • Jessimy**

**November 8**

103330-5B Sat 10:00 a.m. – 1:00 p.m.

### Delectably Gluten Free

(17 years and older)

Going Gluten Free doesn't mean you have to sacrifice flavor and forego satisfaction after a meal. Escape from the ordinary and delve into incredibly delectable weeknight meals. Participants will learn to how to make a range of flavor packed dishes such as Pan Roasted Chicken in White Wine, Seared Asparagus & Herb Tomato Confit, Oven Roasted Sea Bass & Mango Relish, and Thai Green Bean Salad. These delectable entrees are easy to prepare and sure to please.

**1, 3-hour session at RCC Hunters Woods**  
**\$70 (R)/\$140 (NR) • Ellars**

**September 27**

102523-5A Sat 10:00 a.m. – 1:00 p.m.

### Freezer Cooking

(14 years and older)

Students will learn the steps necessary for assembling and preparing multiple meals for freezing. The participants will review recipes, prep the ingredients and wrap the meals to take home and store in their freezers. Meals serve four to six people. Students should bring a cooler to transport the meals home. The instructor will contact students two weeks prior to class with menu selections and students can choose up to five meals. Class fee includes all necessary supplies for the preparation of five meals.

**1, 5-hour session at RCC Hunters Woods**  
**\$110 (R)/\$220 (NR) • Guidry**

**October 5**

105068-5B Sun 11:00 a.m. – 4:00 p.m.

**November 16**

105068-5C Sun 11:00 a.m. – 4:00 p.m.

### Freezer Cooking for Kids

(7 – 10 years old)

Imagine how proud kids will be of themselves when they prepare up to three family friendly meals that will be ready to store. This is a perfect solution after a busy day when no one wants to cook. Just pull from the freezer and follow the last minute steps for preparation. These activities are designed for independent student involvement and learning. Parent/guardian participation is not required. Please inform the instructor prior to the start of class if there are any food allergies.

**1, 2-hour session at RCC Hunters Woods**  
**\$35 (R)/\$70 (NR) • Guidry**

**October 26**

902206-5A Sun 10:00 a.m. – 12:00 p.m.

## Gifts in a Jar

(7 – 11 years old)

Endless possibilities exist with this workshop. Participants will create their own unique holiday gifts by layering flavorful ingredients in a decorative jar that can be used to prepare a quick meal or snack in the future. Fall-themed recipes will be featured. All ingredients and supplies will be provided.

**1, 3-hour session at RCC Hunters Woods**  
**\$30 (R)/\$60 (NR) • Nyman**

**November 15**

901109-5A Sat 2:00 p.m. – 5:00 p.m.

## Haunted Gingerbread House

(5 – 7 years old)

Build a haunted house and decorate it with delectable chocolate candy. Each participant will assemble a gingerbread-style house, create spooky chocolate pieces, draw spider webs using melted chocolate, and take home his/her creation. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered. Allergy warning: egg products will be used in this recipe.

**1, 2-hour session at RCC Hunters Woods**  
**\$20 (R)/\$40 (NR) • Nyman**

**October 25**

901062-5A Sat 10:00 a.m. – 12:00 p.m.

## Haunted Gingerbread House for Tweens

(8 – 11 years old)

Participants will work independently to create their own haunted gingerbread houses with chocolate decorations in time for Halloween. Once the house is assembled, be prepared to carefully craft and decorate it with elaborate chocolate touches that you create to form spooky spider webs and luscious chocolate pieces. Each participant will take home his/her house to enjoy afterwards. This program is not appropriate for children younger or older than the advertised age range. Participants must be registered. Allergy warning: egg products will be used in this recipe.

**1, 3-hour session at RCC Hunters Woods**  
**\$30 (R)/\$60 (NR) • Nyman**

**October 25**

901063-5A Sat 1:00 p.m. – 4:00 p.m.

## Kids in the Kitchen

(3 – 6 years old)

Introduce children to the basics of cooking. Participants will enjoy a fun-filled, engaging cooking class where they will learn how to make hot and cold snacks and recipes. Junior chefs will sample what they make as well as receive recipes to recreate these foods at home. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered. Allergy warning: nuts will be used in one of the recipes.

**6, 90-minute sessions at RCC Hunters Woods**  
**\$85 (R)/\$170 (NR) • Nyman**

**October 16 – November 20**

901076-5A Thu 1:00 p.m. – 2:30 p.m.

## Spanish Tapas

(17 years and older)

Tapas originate from the country of Spain and include a wide variety of small dishes, appetizers, and snacks. In this class, students will explore some of the Spanish classics including: Gambas al Ajillo (shrimp sauteed with garlic), Pisto Manchego (a sort of ratatouille containing tomatoes, eggplants, red peppers, and onions), Albondigas al Jerez (meatballs with a sherry-infused garlic and onion sauce), Tortilla Espanola (combination of potatoes, onions, and eggs cooked and held in a firm, quiche-like shape), and Manchego y Olivas (Cheese and Olives).

**1, 3-hour session at RCC Hunters Woods**  
**\$70 (R)/\$140 (NR) • Ellars**

**September 13**

102522-5A Sat 10:00 a.m. – 1:00 p.m.

**November 15**

102522-5B Sat 10:00 a.m. – 1:00 p.m.

## Thai Cooking Basics

(15 years and older)

Thai cuisine blends elements of several Southeast Asian traditions. Thai dishes are known for their balance of salty, sour, sweet, and bitter flavors. Students will taste the wonder of Thailand as they prepare recipes that include Lemongrass Soup, Shrimp Pad Thai Noodles, Thai Cabbage Salad, and Sticky Rice with Mango.

**1, 3-hour session at RCC Hunters Woods**  
**\$70 (R)/\$140 (NR) • Jessimy**

**September 20**

102521-5B Sat 10:00 a.m. – 1:00 p.m.

# CRAFTS



## Antiqued Wire Links Charm Necklace

(16 years and older)

During this series students will learn to make a necklace and earrings with more than 12 wire techniques, to include a variety of handmade charms and links. Step-by-step instructions will be taught on how to use jewelry hand tools, the various types and sizes of wire, how to add a patina for an antique finish, how to forge wire, how to make twisted wire, plus learn to make a clasp, bead caps, head pins and jump rings. Wire, gemstone beads, crystals and skeleton key focal are included in the supply fee. Students will receive handouts for supply, tool and design tutorial resources.

**4, 3-hour sessions at RCC Hunters Woods**

**\$100 (R)/\$200 (NR) • Sinish**

**October 19 – November 16 (No Class November 2)**

103375-5A      Sun      1:00 p.m. – 4:00 p.m.

## Autumnal Pottery

(2 – 5 years old)

Children will enjoy creating their own pottery piece with an autumnal theme, or to give as a gift. Pottery is dishwasher and microwave safe, and the pottery will be fired and returned to RCC for pick-up soon after. Parent/caregiver must fully participate in the activity. This program is not appropriate for children younger or older than the advertised age range. All participating children must register.

**1, 90-minute session at RCC Hunters Woods**

**\$15 (R)/\$30 (NR) • Clay Café Studios**

**September 30**

902209-5A      Tue      9:30 a.m. – 11:00 a.m.

## Elegant Jewelry on a Budget

(17 years and older)

Learn to make classic jewelry using copper components from the hardware store. Students will make a bracelet and several pairs of earrings and will be able to construct a necklace on their own using the methods taught. Copper wire and washers, commonly found in hardware stores, will be used to create pieces that will draw attention whenever worn. The Egyptian coil method will be taught and used to construct these pieces. All supplies included in class fee.

**4, 2-hour sessions at RCC Hunters Woods**

**\$85 (R)/\$170 (NR) • Van Trees**

**November 1 – November 22**

102571-5A      Sat      12:00 p.m. – 2:00 p.m.

### DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

## Fused Glass

(18 years and older)

This one-day class will be used to explore fused glass techniques. Depending on individual interests, the students will work on cabochons, panels, bowls, or some other project. This is a fascinating area in stained glass craft and is great for making gifts. All supplies included in class fee.

**1, 3-hour session at RCC Hunters Woods**  
**\$80 (R)/\$160 (NR) • Damron**

**October 6**

105163-5C Mon 6:30 p.m. – 9:30 p.m.

**November 17**

105163-5D Mon 10:00 a.m. – 1:00 p.m.

**December 3**

105163-5E Wed 6:30 p.m. – 9:30 p.m.

## Guided Glass Project

(18 years and older)

Students will design and create a mosaic, stained, or fused glass project. All projects must be approved in advance by the instructor. Students are required to provide their own materials including substrates, glass, tesserae, adhesives, copper foil, solder and grout as needed. Use of manual and glass cutting tools is provided. Kiln firing not provided. Please contact the instructor at mail@anitadamron.com or 781-608-4999 in advance to discuss your proposed project.

**4, 3-hour sessions at RCC Hunters Woods**  
**\$100 (R)/\$200 (NR) • Damron**

**October 1 – October 22**

104137-5A Wed 6:30 p.m. – 9:30 p.m.

**November 26 – December 17**

104137-5B Wed 10:00 a.m. – 1:00 p.m.

## Jewelry - Wire Earrings

(16 years and older)

Students will learn to create a variety of wire earring styles. Knowledge of basic wire working would be preferred. All supplies included in class fee.

**1, 3-hour session at RCC Hunters Woods**  
**\$45 (R)/\$90 (NR) • Ryan**

**October 25**

105069-5A Sat 10:00 a.m. – 1:00 p.m.

## Knitting

(16 years and older)

This class is designed to teach those who are new to knitting and also to refresh the skills of the more experienced knitters. Beginners will learn the basics of knitting while enjoying several projects including: a hand bag, a scarf, a hat and a pair of fingerless gloves. The more

experienced knitters may choose their own projects and get help as needed with new skills. A supply list will be provided prior to the first class; students are required to purchase their own supplies.

**8, 90-minute sessions at RCC Hunters Woods**  
**\$55 (R)/\$110 (NR) • Van Trees**

**September 15 – November 10 (No Class October 13)**

102418-5A Mon 6:30 p.m. – 8:00 p.m.

## Knitting II

(16 years and older)

Students will learn a variety of intermediate and advanced knitting techniques such as knitting with multiple colors (Mosaic, Intarsia, Fair Isle); duplicate knitting and more. Prerequisites: Knitting I or mastery of knit, purl, cast-on, and bind-off. A supply list will be provided prior to the first class; students are required to purchase their own supplies.

**8, 90-minute sessions at RCC Hunters Woods**  
**\$55 (R)/\$110 (NR) • Van Trees**

**October 1 – November 19**

102261-5A Wed 6:30 p.m. – 8:00 p.m.

## Letters to Santa

(2 – 8 years old)

Children love writing letters to Santa, and he enjoys receiving them. Participants are invited to write and decorate a letter to Santa anytime between 10:00 a.m. and 11:30 a.m., with the last admission at 11:15 a.m. Letters will be "mailed" in our special RCC mailbox, and each child will receive a reply postmarked from the North Pole. Supplies and light refreshments will be provided. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 90-minute session at RCC Hunters Woods**  
**\$5 (R)/\$10 (NR) • Haneline**

**November 22**

901029-5A Sat 10:00 a.m. – 11:30 a.m.





### Metal Stamping

(16 years and older)

Everyone loves to express themselves with words. Learn how to stamp out your favorite word or phrase and create two wearable metal pendants to bring home. In this class, students will discover the fundamentals of jewelry metal stamping, including learning metal gauges, proper finishing techniques, adding texture to jewelry blanks, and much more. Be sure to have some favorite sayings and messages in mind when coming to class. All supplies included in class fee.

**1, 3-hour session at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Ryan**

**September 27**

103383-5A Sat 10:00 a.m. – 1:00

### Mosaic Art

(18 years and older)

Students will design and create a fine art mosaic piece using a variety of materials such as glass, ceramic, stone, shell, metal and polymer. Students are encouraged to incorporate their personal items such as beads, china chips, jewelry and glass pieces into their work. After planning the design and selecting all materials, students will prepare the substrate and apply tesserae and other materials in an assemblage fashion using the direct method. Students will use glass and tile nippers as needed, will grout their project, and will then apply hanging hardware. Handouts explaining a glossary of terms, as well as a resource list will be distributed. All skill levels are welcome. All supplies included in class fee.

**4, 3-hour sessions at RCC Hunters Woods**

**\$145 (R)/\$290 (NR) • Damron**

**September 3 – September 24**

104040-5B Wed 10:00 a.m. – 1:00 p.m.

**October 29 – November 19**

104040-5C Wed 6:30 p.m. – 9:30 p.m.

### Mosaics with Child and Parent

(8 – 12 years old)

Each participant will construct a small practice mosaic and then complete a larger mosaic from a variety of patterns, glass colors and textures while learning methods of patterning. This course will also include basic glass cutting skills for adults along with general background information on this craft. One parent must accompany each child while fully participating in the activities. The fee covers the cost for one parent and one child. This class is not appropriate for children younger or older than the advertised age range. Participating children must be registered. All supplies included in class fee.

**4, 2-hour sessions at RCC Hunters Woods**

**\$75 (R)/\$150 (NR) • Nyman**

**September 20 – October 11**

101131-5A Sat 10:00 a.m. – 12:00 p.m.

### Pumpkin Portraits

(5 years and older)

Bring the family to RCC and listen to spooky music, enjoy warm apple cider, and get creative with your Halloween jack-o-lantern. Pumpkin carving tools and patterns will be provided; please bring your own pumpkin to carve. Children under the age of 13 must be accompanied by an adult/guardian over the age of 18. All participants, including accompanying guardians, must register to attend this program.

**1, 2-hour session at RCC Hunters Woods**

**\$10 (R)/\$20 (NR) • Staff**

**October 7**

808971-5A Tue 6:30 p.m. – 8:30 p.m.

### Sewing I

(16 years and older)

Learn to make decorative pillows, placemats, and table runners or tablecloths for home decorating. The projects in this introductory course will encourage you to make progress with sewing. A supply list will be provided prior to class. Participants are strongly encouraged to bring a portable sewing machine to class. Only a limited number of RCC-owned machines will be available for in-house use.

**8, 2-hour sessions at RCC Hunters Woods**

**\$70 (R)/\$140 (NR) • Minassian**

**September 2 – October 21**

102318-5A Tue 6:30 p.m. – 8:30 p.m.



## Sewing II

(16 years and older)

Learn to make advanced home projects such as window treatments, duvets and bedspreads. Learn about fabric choices, measuring and special turns. This is an intermediate-level course for students with sewing experience. Participants are strongly encouraged to bring a portable sewing machine to class. Only a limited number of RCC-owned machines will be available for in-house use.

**8, 2-hour sessions at RCC Hunters Woods  
\$70 (R)/\$140 (NR) • Minassian**

**October 23 – December 18 (No Class November 27)**  
102319-5A Thu 6:30 p.m. – 8:30 p.m.

## Sock Puppet Workshop

(3 – 10 years old)

No strings attached. In keeping with the theme of puppetry and the CenterStage performance of the internationally acclaimed Cashore Marionettes' *Simple Gifts*, participants are invited to create a character sock puppet of their own in a workshop after the performance. Light refreshments will be served. All supplies are included. Parent/guardian must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must register.

**1, 90-minute session at RCC Hunters Woods  
\$5 (R)/\$10 (NR) • Staff**

**November 22**  
902208-5A Sat 4:00 p.m. – 5:30 p.m.

## Stained Glass

(18 years and older)

All skill levels are welcome in RCC's popular stained glass course. Students with stained glass or mosaic experience may choose more advanced projects suitable to their skill levels, subject to instructor approval. All necessary tools will be available for student use. All supplies included in class fee.

**4, 3-hour sessions at RCC Hunters Woods  
\$160 (R)/\$320 (NR) • Damron**

**September 3 – September 24**  
105092-5A Wed 6:30 p.m. – 9:30 p.m.

**October 29 – November 19**  
105092-5B Wed 10:00 a.m. – 1:00 p.m.

## Tapestry Mosaic Art

(18 years and older)

Elaborate patchwork tapestry fabrics from Rajasthan and Gujarat India inspire this class. Specialty glass (including Van Gogh glass and millefiori), crystal and beads are used to create multiple patterns of color and texture. Materials are carefully embedded (not glued on

as with the standard direct approach) and projects are not grouted. Students are encouraged to bring personal items such as beads, china chips, jewelry and glass pieces for incorporation in to their work. Students will receive handouts covering a glossary of terms, and resources list. It is recommended to have a basic knowledge of mosaics before beginning this class.

**4, 3-hour sessions at RCC Hunters Woods  
\$160 (R)/\$320 (NR) • Damron**

**October 1 – October 22**  
102255-5A Wed 10:00 a.m. – 1:00 p.m.

**November 21 – December 19 (No Class November 28)**  
102255-5B Fri 6:30 p.m. – 9:30 p.m.

## Textile Art

(9 – 12 years old)

Participants will receive an introduction to textile terminology, learn to trace from a pattern, and use both hand and machine stitching to decorate a work of textile art. In addition to fabric, embellishments such as yarns, webbings, beads and bedazzle studs will be provided. Participants are strongly encouraged to bring a portable sewing machine to class. Only a limited number of RCC-owned machines will be available for in-house use. All other supplies are included.

**6, 2-hour sessions at RCC Hunters Woods  
\$85 (R)/\$170 (NR) • Roseborough**

**September 29 – December 1  
(No Class October 13, 20, November 10, 24)**  
901270-5B Mon 6:30 p.m. – 8:30 p.m.





## Trendy Jewelry

(10 – 12 years old)

Participants will let their imaginations soar as they create bracelets, necklaces, earrings, keychains, and more that will be the envy of their friends. Learn how to use jewelers' tools and how to connect all the parts to make one-of-a-kind, cool jewelry pieces. Some skills that will be taught: how to correctly and safely use tools; how to make jump rings to connect the main components of the piece; how to make a clasp to hold a bracelet or necklace together; and how to make ear wires for earrings. By the end of the program, participants should be able to create up to five pieces of original, custom jewelry that is suitable for boys and girls.

**6, 2-hour sessions at RCC Hunters Woods**

**\$85 (R)/\$170 (NR) • Van Trees**

**September 23 – November 4 (No Class October 21)**

901274-5C      Tue      5:00 p.m. – 7:00 p.m.

## Turkey Handprint Plates

(2 – 5 years old)

In honor of Thanksgiving, participants will create a luncheon plate with a turkey handprint motif for use or display on the Thanksgiving table. The plates will be painted during class and will be available for pick up at RCC shortly thereafter. This pottery is safe for meals, as well as for use in the dishwasher and microwave. Parent/caregiver must fully participate in the activity. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 90-minute session at RCC Hunters Woods**

**\$15 (R)/\$30 (NR) • Clay Café Studios**

**November 6**

901106-5A      Thu      9:30 a.m. – 11:00 a.m.

## Wire Heart Links Bracelet

(16 years and older)

During this class students will learn to make this unique heart-shaped link bracelet. Step-by-step instructions will be taught on how to use jewelry hand tools, types and sizes of wire, how to add a patina for an antique finish, how to size a bracelet, how to make the heart chain maille link, jump rings and add a clasp. Wire and clasp are included in the supply fee. Students will receive handouts for supply, tool and design tutorial resources.

**1, 3-hour session at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Sinish**

**September 7**

103374-5A      Sun      1:00 p.m. – 4:00 p.m.

## OPEN STAINED GLASS LAB



## Open Stained Glass Lab

(18 years and older)

Stained glass and stained glass mosaic enthusiasts are encouraged to participate in RCC's monthly Open Stained Glass Lab. Lab is held in the Woodshop on the first and third Sunday of the month and is facilitated by the Stained Glass instructor. Participants working independently on projects must bring the necessary materials or make arrangements with the lab supervisor beforehand. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

**8, 4-hour session at RCC Hunters Woods**

**\$10 (R)/\$20 (NR) • Staff**

**September 7 – December 21 (No Lab October 5)**

Drop-in 1st and 3rd Sun      1:30 p.m. – 5:30 p.m.

# DIGITAL PHOTOGRAPHY



## DigiCam Features I

(16 years and older)

Students will learn to get more out of their digital cameras by exploring some of its many features. With individual attention from the instructor, students will learn the following skills in this hands-on workshop:

- Set the flash (on, off, or for red eye)
- Delete poor pictures (while still on the camera)
- Take self-timer pictures (so the user can be in the picture)
- Take a burst of pictures (to capture a quick action)
- Take long exposure pictures (to capture a night scene)
- Take short videos (to add dimensions of sound and motion)
- Add colored overtones to pictures (like sepia and black & white)

Students must bring a digital camera, camera manual, spare batteries or an AC adapter to each class.

**2, 2-hour sessions at RCC Hunters Woods**

**\$55 (R)/\$110 (NR) • Lazear**

**October 27 – October 28**

102242-5A

Mon, Tue

7:00 p.m. – 9:00 p.m.

## DigiCam Features II

(16 years and older)

Wonder what all those buttons and menus are on digital cameras? Learn ways to become more comfortable using digital cameras and their features. This personal attention, hands-on class explores features of digital cameras by looking at a variety of topics:

- Using optical and digital zoom
- Taking sharp close ups photos of flowers, jewelry and other small items
- Adjusting for tricky lighting conditions
- Stabilizing the camera (with and without a tripod)
- Avoiding over and under exposed pictures
- Setting exposure to match the lighting
- Taking bracketed exposures
- Taking panoramic pictures and stitching them together

Students must bring a digital camera, camera manual, spare batteries or an AC adapter to each class.

**2, 2-hour sessions at RCC Hunters Woods**

**\$60 (R)/\$120 (NR) • Lazear**

**November 17 – November 18**

103312-5A

Mon, Tue

7:00 p.m. – 9:00 p.m.



## DigiCam II – Taking Black/White Pictures

(16 years and older)

Black and white pictures have long been considered only artwork, but they are another way to take personal pictures. Black and white focuses on shapes, lighting, and composition, without the distraction of colors. This class explores taking black and white pictures, including the difference between original black and white versus removing color later. Students will take pictures to be anonymously reviewed in class. Students must bring a digital camera, camera manual, spare batteries or an AC adapter to each class. Prerequisite: At least one DigiCam I Features class and a camera with a black and white capability (please check the manual).

**2, 2-hour sessions at RCC Hunters Woods**

**\$60 (R)/\$120 (NR) • Lazear**

**November 3 – November 10**

103332-5A      Mon      7:00 p.m. – 9:00 p.m.

## DigiPhoto I – Archiving Digital Photos

(16 years and older)

Do you realize how fragile your digital photo files are and how quickly they can be lost? In this beginning class, students will learn how to safely preserve their digital photo files (remember there's no shoebox of negatives in the closet with digital photography). Benefits and downsides of both online and offline storage will be discussed.

**1, 2-hour session at RCC Hunters Woods**

**\$30 (R)/\$60 (NR) • Lazear**

**October 2**

103314-5A      Thu      7:00 p.m. – 9:00 p.m.

## DigiPhoto I – Organizing Photos

(16 years and older)

Are you swamped by your digital photos and want to organize them to easily find them again? In this beginning class, students will learn about ways to name photos and folders for retrieval. Students will also learn the benefits and pitfalls of organizing software and websites, as well as good habits for storing their photos. Prerequisites: Students must be able to create folders and subfolders, rename folders and files, move files and folders, and look at the properties of a file.

**2, 2-hour sessions at RCC Hunters Woods**

**\$60 (R)/\$120 (NR) • Lazear**

**October 6 – October 7**

103302-5A      Mon, Tue      7:00 p.m. – 9:00 p.m.



### DID YOU KNOW?

**55+ Patrons: Register for these Digital Photography classes and receive a 20 percent discount.**



## Adventures in Robotics

(8 – 12 years old)

This hands-on collaborative program introduces participants to the exciting and popular world of robotics and programming. Students will be challenged to think critically and work with others to solve problems. This program is suitable for those new to robotics as well as those with robotics experience. Supplies will be provided.

**6, 90-minute sessions at RCC Hunters Woods**

**\$150 (R)/\$300 (NR) • Digital Kidz**

**September 29 – November 17**

**(No Class October 13, November 3)**

901258-5A      Mon      4:30 p.m. – 6:00 p.m.

## Aerospace Engineering – Up, Up, and Away

(7 – 10 years old)

Aerospace Engineering will teach participants to design, create, test, and refine a variety of flying machines. The students use the engineering design process to construct a shock-absorbing system designed to protect two marshmallow astronauts in a lunar vehicle, create their own air-powered rockets, and assemble a hot air balloon model that actually takes flight. All supplies are included.

**6, 60-minute sessions at RCC Hunters Woods**

**\$100 (R)/\$200 (NR) • Kids' Quest**

**October 29 – December 10**

**(No Class November 26)**

901252-5A      Wed      5:00 p.m. – 6:00 p.m.

## Backyard Astronomy

(10 years and older)

Learn the basics of how our universe is organized and discover the wonder and fun of amateur astronomy. Learn about the different equipment available for backyard viewing, including various telescope designs and accessories, and the local astronomy resources. The course includes a sky tour of the visible constellations and major objects highlighting the solar system. Students will be given hands-on experience with wide-field binoculars and a Meade ETX90 telescope. A free software CD titled "Sky Chart III" is included. Cabots Point Park is located near the intersection of South Lakes Drive and Cabots Point Lane. Please visit [www.reston.org](http://www.reston.org) for more detailed location information.

**1, 2-hour session at Cabots Point Park**

**\$15 (R)/\$30 (NR) • Robichaud**

**September 13**

102248-5C      Sat      8:00 p.m. – 10:00 p.m.

**October 11**

102248-5D      Sat      8:00 p.m. – 10:00 p.m.



## Bridge I

(18 years and older)

This course is perfect for those who are new to the game, as well as players seeking to brush up on bridge fundamentals. The course will include a lecture and demonstration, with at least one hour of play per class with pre dealt hands oriented to the specific lesson. Bidding is Standard American.

**8, 2-hour sessions at RCC Hunters Woods**

**\$60 (R)/\$120 (NR) • Golias**

**September 15 - November 10 (No Class: October 13)**

102337-5A      Mon      10:00 a.m. – 12:00 p.m.

## Bridge II

(18 years and older)

Players will improve intermediate bridge skills under the supervision of RCC's bridge instructor. Each table will play the same hand. After play is over, participants will discuss the bidding and the play of hands. Please note this program is for intermediate and advanced level players.

**8, 2-hour sessions at RCC Hunters Woods**

**\$60 (R)/\$120 (NR) • Golias**

**September 15 - November 10 (No Class: October 13)**

102409-5A      Mon      12:30 p.m. - 2:30 p.m.

## Cell Phones 101

(12 – 18 years old)

This program is for teen participants to help senior adults learn more and do more with their cell phones. Teenagers are modern day experts on the latest technology and will assist senior adult participants by explaining and demonstrating various cell phone features. This is a terrific opportunity to accrue required volunteer hours for school.

**1, 2-hour sessions at RCC Hunters Woods**

**Free, Registration Req. • Staff**

**October 16**

832564-5A      Thu      5:30 p.m. – 7:30 p.m.

## Community Service Club

(12 – 18 years old)

The RCC Community Service Club is to provide middle and high school students the opportunity to cultivate social responsibility and leadership skills while giving back to the community. This club will allow participants to meet their community/volunteer service hours requirement for school. Please note that projects will be performed on Saturdays. Middle and high school students only.

**4, 60-minute sessions at RCC Hunters Woods**

**Free, Registration Req. • Staff**

**September 13, October 4, November 29, December 6**

808005-5A      Sat      4:30 p.m. – 5:30 p.m.

## Couponsing - Advanced

(16 years and older)

This advanced-level couponsing class will teach participants how to properly maintain a stockpile (space saving options, handling recalls, staying aware of storage dates by product type). The program will include an in-depth look at store loyalty/reward programs as well as how to save up to 100 percent or more (yes, seriously, this has been known to happen) using coupons and reward points at grocery stores, drug stores, "dollar" stores and many more.

Instruction also includes:

- store couponsing policies
- stacking and rolling multiple transactions
- mobile and digital coupons

**1, 3-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Staff**

**September 26**

869956-5A      Fri      6:00 p.m. – 9:00 p.m.

## Couponsing for Beginners

(16 years and older)

This class delves further into the topic of couponsing and will teach students the best practices and proper techniques to easily, and consistently, save 50 percent or more when shopping for everyday items, groceries and household goods. Instruction includes basic topics such as: breakdown of couponsing terms and language, specific examples of shopping trip transactions, freebies versus couponsing, and couponsing etiquette.

**1, 3-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Dixon**

**September 19**

843632-5A      Fri      6:00 p.m. – 9:00 p.m.

## Couponsing Made Easy

(16 years and older)

Want a quick and easy overview of the couponsing practice? This comprehensive class is designed to introduce the student to the best practices and the proper techniques to easily and consistently save 50 percent or more when shopping for everyday items, groceries or household goods by using coupons. Instruction includes the breakdown of coupon terms and languages, explanation of loyalty cards, strategic planning of coupon events, stacking, rolling and stockpiling rewards.

**1, 3-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Dixon**

**September 12**

876543-5A      Fri      6:00 p.m. – 9:00 p.m.

## Creating a Fulfilling Life

(18 years and older)

Evaluating whether or not life and career choices are satisfying should prompt the question, "am I fulfilled?" Students will define self-fulfillment and begin the comprehensive activity which helps to provide a clearer understanding of who they are in six key areas. This workshop is activity-based with a heavy emphasis on group sharing, conversation and coaching to uncover "the real you."

**1, 3-hour session at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Masciarelli**

**October 6**

103367-5A

Mon

6:00 p.m. – 9:00 p.m.

## eBook Self-Publishing for Fun and Profit

(18 years and older)

Interested in self-publishing but not sure where to start? This course describes the background of eBooks and the various publishing formats that allow for viewing on reader tablets such as Amazon Kindle, Nook, Apple iPad, Sony Reader and others. When ready to publish, selecting the appropriate format is essential to ensure broader promotion and appeal. The course curriculum also covers manuscript preparation, document formatting, file conversion software, previewing and proofing. Then, learn how to launch, market, and manage online sales. The instructor has authored and published several Irish genealogy and travel photography eBooks in major online bookstores. Prerequisites skills: PC or MAC experience, Internet browser familiarity, online navigation experience, and Microsoft Word.

**1, 2-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Healy**

**September 27**

104139-5A

Sat

10:30 a.m. – 12:30 p.m.

## Engineering Fun With Legos

(7 – 11 years old)

With more than 1,000 Lego pieces, participants will take on real-life engineering challenges that explore concepts in physics, mechanical/structural engineering, and architecture. With projects from motorized machines to castles and catapults, this program is suitable for beginners to more advanced participants. Activities will aid students in developing and enhancing their critical thinking skills, while exposing them to new concepts and vocabulary.

**8, 90-minute sessions at RCC Hunters Woods**

**\$125 (R)/\$250 (NR) • Play Well Teknologies**

**September 16 – November 18**

**(No Class November 4, 11)**

901183-5A

Tue

4:45 p.m. – 6:15 p.m.

## Getting Fiscally Fit

(18 years and older)

With soaring gas and energy prices, tightening household budgets, sliding stocks and rising foreclosures, many people are concerned about their financial futures. In this highly informative workshop, attendees will learn simple strategies they can start using today to take charge of their finances and achieve peace of mind. Additional topics covered in this workshop include how to: overcome the roadblocks to financial success; create and maintain a financial blueprint; cultivate daily habits to positively influence financial fitness; develop action steps to financial freedom; identify cash flow traps; and put dollars back into monthly cash flow through proper tax-planning. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

**1, 90-minute session at RCC Hunters Woods**

**\$10 (R)/\$20 (NR) • Eisen**

**September 17**

103337-5A

Wed

7:00 p.m. – 8:30 p.m.

## Imagination and Science

(5 – 8 years old)

Use imagination and creativity to enjoy a variety of activities and projects ranging from simple science experiments to projects and crafts geared to specific themes in nature and science. These activities are designed for independent student involvement and learning. Parent/guardian participation is not required. Fee includes all supplies.

**6, 60-minute sessions at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Haneline**

**October 7 – November 18 (No Class November 11)**

903006-5A

Tue

4:30 p.m. – 5:30 p.m.

## Irish Genealogy Workshop

(18 years and older)

This workshop is an entertaining, beautiful pictorial overview of the presenter's extensive Irish genealogy research experience. Professional Genealogist, Mike Healy, will discuss proven research methods for finding ancestors' origins and historical records. Students will do a practical exercise involving internet research to explore online genealogy resources, including Ellis Island passenger lists, U.S. and Irish census records, and 19th century Griffiths Valuation records. Anyone interested in getting started in genealogy will find the class beneficial but please know that the instructor's experience is specific to Irish history and culture so he will be using his own genealogical research as the reference point.

**1, 2-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Healy**

**October 4**

105112-5A

Sat

10:30 a.m. – 12:30 p.m.



## Japanese Flower Arrangement

(18 years and older)

This class is about the traditional form of Japanese flower arranging - Ikebana. Ikebana has gained widespread international acclaim for its focus on harmony, color, use, rhythm, and elegantly simple designs. Participants will learn how the principles of Ikebana can be used in their own modern flower arranging. Students need to bring a vase and a medium size pair of scissors to cut flowers.

**1, 60-minute session at RCC Lake Anne**  
**\$45(R)/\$90 (NR) • Shintani**

**October 18**

105146-5A Sat 1:00 p.m. - 3:00 p.m.

## Junior Robotics

(5 – 7 years old)

Junior Robotics is an introduction to more advanced building and programming for younger students. Participants will build a variety of basic robots using both traditional Lego bricks and the Lego Mindstorms NXT 2.0. All supplies will be provided.

**6, 90-minute sessions at RCC Hunters Woods**  
**\$150 (R)/\$300 (NR) • Digital Kidz**

**September 29 – November 17**

**(No Class October 13, November 3)**

901209-5A Mon 2:30 p.m. – 4:00 p.m.

## Learn to Play Chess

(8 – 12 years old)

Chess is an exciting and ancient game that can benefit children in many ways. It enhances social interaction and helps to develop higher-thinking skills. Participants will learn the rules of chess and how chessmen move and capture. For those who are ready for advancement, the instructor will teach the roles of chessmen and the tactics of chess.

**6, 90-minute sessions at RCC Hunters Woods**  
**\$50 (R)/\$100 (NR) • Samet**

**September 23 – October 28**

901035-5A Tue 5:00 p.m. – 6:30 p.m.

## Lego Pre-Engineering

(5 – 6 years old)

Students will design a town, city or star base with houses, buildings, pyramids, bridges, and tunnels. Participants will also learn how to build, race, crash, and repair cars, trucks, trains, and buses. This program will help to develop critical thinking skills and expose children to some of the concepts and vocabulary of engineering, architecture and physics.

**8, 90-minute sessions at RCC Hunters Woods**  
**\$125 (R)/\$250 (NR) • Play Well Teknologies**

**October 2 – November 20**

901182-5A Thu 4:45 p.m. – 6:15 p.m.

## Marine Engineering

(7 – 11 years old)

Students will become marine engineers as they design and build several types of marine vehicles to test on an aquatic track. Working in teams, participants will build an underwater robot that teaches basic skills in ship and submarine design and encourages students to explore naval architecture and marine engineering concepts. All supplies will be provided.

**6, 60-minute sessions at RCC Hunters Woods**  
**\$100 (R)/\$200 (NR) • Kids' Quest**

**September 17 – October 22**

901181-5A Wed 5:00 p.m. – 6:00 p.m.

## Passport to Retirement

(18 years and older)

This workshop is for those preparing for one of the biggest transitions of their lives – retirement. Most have the goal of accumulating enough wealth to ensure that retirement is financially comfortable. Participants will be provided with information that could determine if their passport to retirement will be First Class or Coach. Whether it is ten days, ten months, or ten years away, there are a number of key issues that will be addressed before that move can be made. This class involves a thorough review of the retirement planning process and the obstacles that can keep one from reaching their goals. Additional topics include: accumulating assets for retirement while still employed; assessing a personal investment portfolio; measuring risk in a portfolio; developing asset allocation strategies; taking advantage of dollar cost averaging; and how to create an action plan for success. This program is for informational purposes only; there will be no solicitation or obligations of attendees.

**1, 60-minute session at RCC Hunters Woods**  
**\$10 (R)/\$20 (NR) • Eisen**

**October 1**

103338-5A Wed 7:00 p.m. – 8:00 p.m.

### 2015 SUMMER CAMP

## 2015 SUMMER CAMP KEY DATES

**Camp Guides will be mailed to Reston households and available online by January 15.**

**Camp registration begins February 1 for Reston patrons and February 8 for Non-Reston.**

**Join us on January 25 for the 2nd Annual Reston Camp Expo!**



## SAT Workshop

(14 – 18 years old)

Learn score raising SAT strategies in a dynamic, interactive setting. Teachers run energetic classes that will get students motivated. They will also give participants the personal attention and extra help they need to maximize scores. Each student's ability to benefit from these sessions depends on all students being attentive. The instructor has the authority to dismiss participants who interfere with the learning process. A specific class schedule and agenda will be provided before the first class. Please note that Sunday sessions are testing days only.

Test and Class Dates for SAT Workshop:

1. Test A – Sunday, September 7 (1:00 p.m. – 5:00 p.m.)
2. Class 1 – Tuesday, September 9 (6:00 p.m. – 9:00 p.m.)
3. Class 2 – Thursday, September 11 (6:00 p.m. – 9:00 p.m.)
4. Test B – Sunday, September 14 (1:00 p.m. – 5:00 p.m.)
5. Class 3 – Tuesday, September 16 (6:00 p.m. – 9:00 p.m.)
6. Class 4 – Thursday, September 18 (6:00 p.m. – 9:00 p.m.)
7. Test C – Sunday, September 21 (1:00 p.m. – 5:00 p.m.)
8. Class 5 – Tuesday, September 23 (6:00 p.m. – 9:00 p.m.)
9. Class 6 – Thursday, September 25 (6:00 p.m. – 9:00 p.m.)
10. Test D – Sunday, September 28 (1:00 p.m. – 5:00 p.m.)
11. Class 7 – Tuesday, September 30 (6:00 p.m. – 9:00 p.m.)
12. Class 8 – Thursday, October 2 (6:00 p.m. – 9:00 p.m.)

**4, 4-hour Sun sessions at RCC Hunters Woods**

**8, 3-hour Tue/Thu sessions at RCC Hunters Woods**

**\$275 (R)/\$550 (NR) • Staff**

**September 7 – October 2**

802860-5A      Sun      1:00 p.m. – 5:00 p.m.  
                          Tue, Thu      6:00 p.m. – 9:00 p.m.

## Scholarship Workshop

(13 years and older)

Attend the Scholarship Workshop, conducted by Marianne Ragins, to learn how to find money to pay for college. As a high school senior, Marianne Ragins made headlines when she received a record breaking \$400,000+ in scholarship funds. The Scholarship Workshop presentation is a two-hour, interactive seminar designed to help students conduct a successful scholarship search. Marianne takes students through the step by step process of finding and winning money for college. The Scholarship Workshop includes:

- Invaluable resources for uncovering scholarship opportunities
- Easy to follow guidelines for writing winning personal essays with actual examples
- Helpful tips on using the Internet to research scholarship sources
- An inside look at how to get the best recommendations
- Useful tips for standing out in a crowd of scholarship applicants
- Sure fire ways to sell yourself during an academic interview
- Last minute strategies for getting college money

The Scholarship Workshop seminar is a valuable investment of time

for a college-bound student or parent of a college-bound student. You will learn not only where to look for scholarships, but also how to win them once you find them. Those who attend can benefit from Ragins' track record of success, which proves that with hard work and thorough planning, a college education is affordable for anyone.

**1, 2-hour session at RCC Lake Anne**

**Free, Registration Req. • Staff**

**October 11**

801006-5A      Sat      9:00 a.m. – 11:00 a.m.

## ServSafe Manager's Certification

(18 years and older)

This ServSafe course provides food safety training, exams and educational materials to Food Service Managers and is recognized by health departments in all states and jurisdictions. It is ideal for those who work in the food service industry or those who want to learn how to cook food safely at home. Students will learn about sanitation challenges, the flow of food through food service operations, clean and sanitary facilities and equipment, accident prevention, and crisis management. Students will leave this class fully informed about the Food and Drug Administration's food code. The class is organized into six hours of classroom instruction and two hours to complete the certification exam. The fee includes instruction, training materials, and the examination. Please bring a sharpened #2 pencil. The instructor is a graduate of the Culinary Institute of America and has been working in the hospitality industry for more than 30 years as a professional chef.

**1, 8-hour session at RCC Hunters Woods**

**\$175 (R)/\$350 (NR) • McKeon**

**September 27**

103390-5A      Sat      9:00 a.m. – 5:00 p.m.





### Study Skills

(12 – 18 years old)

In this seminar students learn how to earn high grades by studying smarter instead of just harder. Learn how to write essays and papers and develop critical reasoning skills.

**1, 2-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Staff**

**October 11**

810277-5A Sat 3:00 p.m. – 5:00 p.m.

### Taking Inspired Action

(18 years and older)

This interactive workshop will explore core values and interests. Each student will identify one to two goals and explore the impediments that deter them from committing to and achieving those goals.

The steps which inspire action will be discussed along with a plan that will include a review of interests, barriers, goal setting, and, ultimately, accomplishment. This workshop will include group sharing and supportive coaching.

**1, 2-hour session at RCC Hunters Woods**

**\$40 (R)/\$80 (NR) • Masciarelli**

**October 27**

103368-5A Mon 6:00 p.m. – 8:00 p.m.

### Understanding Financial Aid

(13 years and older)

This seminar offers students and parents a long-term perspective on the financial aid process by taking a step-by-step view of major milestones in the life of the average financial aid applicant. The audience is introduced to the general types of financial aid and is given the practical tools to hunt down public and private funding sources. The presenter will provide a brief guide to the FAFSA (Free Application for Federal Student Aid), explain the merits of online scholarship search tools, and help students and parents understand the hidden costs of a college education. All participants must register to attend this program.

**1, 2-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Staff**

**September 27**

870145-5A Sat 3:00 p.m. – 5:00 p.m.

## MENTAL HEALTH FIRST AID

### MENTAL HEALTH FIRST AID

Did you know that the Fairfax County/Falls Church Community Services Board offers training to people interested in being able to respond appropriately to mental health related emergencies? "Mental Health First Aid" is a groundbreaking public education program that introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Whether you are a first responder, teacher, student, faith community leader, human resources professional, parent, employer, coworker, or caring community member, this certification course has information everyone can use.

The course is offered in English, Spanish and Youth versions. Courses are open to the public and cost \$25; the fee is waived for County employees.

Register online: [www.fairfaxcounty.gov/csb/events/mental-health-first-aid.htm](http://www.fairfaxcounty.gov/csb/events/mental-health-first-aid.htm) or find out more by calling Erika Gilliam: 703-383-8430 (TTY 711) or via email to [Erika.Gilliam@fairfaxcounty.gov](mailto:Erika.Gilliam@fairfaxcounty.gov).

### Writers Group

(18 years and older)

The RCC Writers Group welcomes fiction writers of all levels interested in enhancing their writing style and techniques. The group provides a friendly, facilitated, non-threatening environment where writers will receive and give peer critiques, explore creative techniques, and share ideas. Writers will also exchange information on marketing, getting published, and online resources. Participants should come to the first session with an original short story or other writing sample to discuss. The group will meet every other Monday. The class dates are: September 8 and 22, October 6 and 20, November 3 and 17, and December 1 and 15.

**8, 2-hour sessions at RCC Hunters Woods**

**\$40 (R)/\$80 (NR) • Kelly**

**September 8 – December 15**

105116-5A Mon 7:00 p.m. – 9:00 p.m.

# FITNESS & WELLNESS



## Body Sculpting

(16 years and older)

Accomplish a full body workout with traditional and nontraditional sculpting methods, using free weights, resistance bands, body bars and the body. This class is designed to take participants to their own limit. Good for all levels of fitness.

**8, 60-minute sessions at RCC Lake Anne**

**\$40 (R)/\$80 (NR) • Straley**

**September 8 – October 27**

302315-5C Mon 6:00 p.m. – 7:00 p.m.

**6, 60-minute sessions at RCC Lake Anne**

**\$30 (R)/\$60 (NR) • Straley**

**November 10 – December 15**

302315-5D Mon 6:00 p.m. – 7:00 p.m.

**4, 60-minute sessions at RCC Lake Anne**

**\$20 (R)/\$40 (NR) • Staff**

**September 6 – October 4 (No Class September 27)**

302315-5E Sat 9:30 a.m. – 10:30 a.m.

**November 22 – December 20 (No Class November 29)**

302315-5F Sat 9:30 a.m. – 10:30 a.m.

## Boot Camp

(15 years and older)

This program combines boot camp-style drills, cardio conditioning, strength training, yoga, kick boxing, dance and more. Led by an Aerobics and Fitness Association of America certified instructor, it will appeal to those who want to get back in shape and achieve fitness goals. All equipment is provided and includes resistance tubes, bands, jump ropes, steel weights, weighted medicine balls, body bars and balance boards. The instructor will demonstrate different variations for each fitness level. Please bring a water bottle and dress appropriately for exercise.

**6, 60-minute sessions at RCC Lake Anne**

**\$65 (R)/\$130 (NR) • Nyman**

**September 16 – October 21**

306028-5A Tue 6:00 p.m. – 7:00 p.m.

## Evening Hatha Yoga I

(18 years and older)

This beginning Hatha yoga class will teach breathing exercises, stretching movements, and relaxation. Learn to use Hatha yoga movements to work through stiff joints and muscles while developing strength and flexibility.

**8, 60-minute sessions at RCC Lake Anne**

**\$45 (R)/\$90 (NR) • Hill**

**September 2 – October 21**

302485-5B Tue 6:00 p.m. – 7:00 p.m.

**October 28 – December 16**

302485-5C Tue 6:00 p.m. – 7:00 p.m.

### Fit Moms Class

(18 years and older)

This class is *not* just a stroll through the park. It combines cardio conditioning including aerobics, strength training, core, yoga, kick boxing, dance, and more. Led by an Aerobics and Fitness Association of America certified Fairfax-Fit Moms instructor, this class is for any mom who wants to get back into shape and/or achieve fitness goals. Exercise alone or with children ages 4 weeks to 5 years old. All equipment is provided and includes resistance tubes, bands, figure eights, steps, jump ropes, steel weights, medicine balls, body bars and balance boards. The instructor will demonstrate different variations for every fitness level. Please bring water and dress appropriately for the outdoors. Some portions of this class are led outdoors, weather permitting.

**8, 60-minute sessions at RCC Lake Anne**

**\$55 (R)/\$110 (NR) • Nyman**

**September 16 – October 9**

302394-5A Tue, Thu 10:15 a.m. – 11:15 a.m.

**October 28 – November 20**

302394-5B Tue, Thu 10:15 a.m. – 11:15 a.m.

### Fitness and Tumbling for Kids

(3 – 5 years old)

This is not the physical education class parents remember from elementary school. This program is designed to work on motor skills, flexibility, strength, and good hand-eye coordination by students participating in relays, balance games, tumbling, jumping, and obstacle courses. Music and creative movement added to exercise make it playful and fun. Parent/caregiver must remain in the classroom. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**6, 45-minute sessions at RCC Lake Anne**

**\$45 (R)/\$90 (NR) • Nyman**

**September 16 – October 21**

301061-5A Tue 11:30 a.m. – 12:15 p.m.

### AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

### FunFit

(1 – 2 years old)

This fun-filled, full of energy, active class led by FunFit staff, emphasizes songs, creative movement, parachute, ball, games and more. This class develops a child’s self-confidence, motor skills, coordination and reinforces cognitive learning. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**8, 45-minute sessions at RCC Lake Anne**

**\$65 (R)/\$130 (NR) • FunFit Staff**

**September 13 – November 8 (No Class September 27)**

306040-5A Sat 9:30 a.m. – 10:15 a.m.

### FunFit

(1 – 4 years old)

This class is designed for children ages 1 through 4 in order to allow siblings to participate in the same class. This fun-filled, full of energy, active class led by FunFit staff, emphasizes songs, creative movement, parachute, ball, games and more. This class develops a child’s self-confidence, motor skills, coordination and reinforces cognitive learning. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**8, 45-minute sessions at RCC Lake Anne**

**\$65 (R)/\$130 (NR) • FunFit Staff**

**September 13 – November 8 (No Class September 27)**

306042-5A Sat 11:30 a.m. – 12:15 p.m.

### FunFit

(2 – 3 years old)

This fun-filled, full of energy, active class led by FunFit staff, emphasizes songs, creative movement, parachute, ball, games and more. This class develops a child’s self-confidence, motor skills, coordination and reinforces cognitive learning. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**8, 45-minute sessions at RCC Lake Anne**

**\$65 (R)/\$130 (NR) • Funfit Staff**

**September 13 – November 8 (No Class September 27)**

306041-5A Sat 10:30 a.m. – 11:15 a.m.



## Hatha Yoga Flow

(16 years and older)

Hatha Yoga Flow combines traditional yoga postures into a sequence of movements that flow with the breath. Students will improve strength, balance, flexibility and sense of well-being through mindful movements and poses. Classes will include sun salutations, standing and balancing postures, forward and back bends, abdominal work, inversions, breathing exercises and relaxation techniques. Prior yoga experience is helpful but not required. Modifications will be taught to accommodate all levels.

**8, 60-minute sessions at RCC Lake Anne**  
**\$55 (R)/\$110 (NR) • Soares**

**September 16 – November 4**

306992-5B Tue 7:30 p.m. – 8:30 p.m.

## Hatha Yoga I

(18 years and older)

Participate in this refreshing and relaxing beginning yoga class that will coax the stiffness out of the body's joints.

**8, 60-minute sessions at RCC Lake Anne**  
**\$45 (R)/\$90 (NR) • Hill**

**September 7 – November 2 (No Class October 12)**

305051-5B Sun 9:00 a.m. – 10:00 a.m.

**6, 60-minute sessions at RCC Lake Anne**  
**\$34 (R)/\$68 • Hill**

**November 16 – December 21**

305051-5C Sun 9:00 a.m. – 10:00 a.m.

## Heart Start CPR-AED

(16 years and older)

Participants will learn how to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, and basic first aid. Successful participants will receive a two-year adult CPR with AED certification and a two-year first aid certification through the American Heart Association.

**1, 3.5-hour session at RCC Hunters Woods**  
**\$60 (R)/\$120 (NR) • Heart Start**

**October 25**

302313-5B Sat 10:00 a.m. – 1:30 p.m.

## Historical European Swordsmanship

(9 years and older)

Historical European Swordsmanship is a popular new martial arts discipline, one that brings a historical perspective to physical training and self-defense. Virginia Academy of Fencing (VAF) will teach the history of swordsmanship and the basics of footwork and body mechanics using safe sword simulators (bamboo shinai). Students are introduced to the basic guards and strikes of fencing with two handed swords and rapier simulators. Minimum age for enrollment is 9 years; class is designed for all ages and skill levels so teenage and adult participation is encouraged. Students should wear loose comfortable clothing, no shorts, jeans, or pants with protruding pockets. A \$30 equipment fee is payable to the instructor at the beginning of the first class.

**6, 60-minute sessions at RCC Hunters Woods**  
**\$50 (R)/\$100 (NR) • Virginia Academy of Fencing**

**October 23 – December 4 (No Class November 27)**

302421-5A Thu 8:00 p.m. – 9:00 p.m.

## Kundalini Yoga

(18 years and older)

Kundalini yoga is a physical, mental and spiritual discipline. It is not facilitated like a traditional yoga movement course but rather incorporates some yogic techniques with breathing exercises, asana practices, meditation, and devotions.

**14, 90-minute sessions at RCC Lake Anne**  
**\$105 (R)/\$210 (NR) • Hill**

**September 12 – December 19 (No Class October 10)**

302384-5A Fri 12:00 p.m. – 1:30 p.m.



## Kundalini Yoga and Meditation

(18 years and older)

Kundalini yoga uses asanas (postures), movement, breath, and meditation to relax and heal your mind and body, giving you a greater awareness of mind, body, and spirit. By stimulating the nervous and immune systems, this type of yoga improves strength and flexibility and may provide relief from problems such as back pain, stress and insomnia. Kundalini yoga brings a greater feeling of well-being and happiness and is a great way to recharge and heal the body quickly. Please bring a light blanket for cover during deep relaxation.

**16, 90-minute sessions at RCC Lake Anne**

**\$120 (R)/\$240 (NR) • Hill**

**September 8 – December 22**

302101-5A Mon 12:00 p.m. – 1:30 p.m.

## Martial Arts for Children

(3 – 5 years old)

Students will learn the basics of martial arts, including self-defense, balance, discipline, focus, respect, and group interaction. Each class will offer exercises to help build a child's self-esteem and physical conditioning. Instruction is provided by certified black belt instructors under the supervision of Master Adam Sterner, a Hall of Fame inductee. Participants are required to wear a traditional, white martial arts/karate uniform to each class. They may opt to purchase a uniform directly from the instructor. Optional belt testing will be available at the instructor's discretion. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**6, 30-minute sessions at RCC Lake Anne**

**\$30 (R)/\$60 (NR) • Sterner's Tae Kwon Do Academy**

**October 4 – November 8**

301133-5A Sat 3:00 p.m. – 3:30 p.m.

**12, 30-minute sessions at RCC Lake Anne**

**\$60 (R)/\$120 (NR) • Sterner's Tae Kwon Do Academy**

**October 14 – November 20**

301133-5B Tue, Thu 2:15 p.m. – 2:45 p.m.

## Martial Arts for Youth

(6 – 11 years old)

Students will be taught the basics of martial arts, including self-defense, balance, discipline, focus, respect, and group interaction. Each class will offer exercises to help build self-esteem and physical conditioning. Instruction is provided by certified instructors under the supervision of Master Adam Sterner, Hall of Fame inductee. Participants are required to wear a traditional, white martial arts/karate uniform to each class. They may opt to purchase a uniform directly from the instructor. Optional belt testing will be available at the instructor's discretion. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**6, 45-minute sessions at RCC Lake Anne**

**\$45 (R)/\$90 (NR) • Sterner's Tae Kwon Do Academy**

**October 4 – November 8**

301134-5A Sat 3:45 p.m. – 4:30 p.m.

## Masala Bhangra

(15 years and older)

Get a full body workout while learning Bollywood and Bhangra dance forms. This unique dance fitness program, for both men and women, mixes cardiovascular exercise with fun and is suitable for all fitness levels. Please wear comfortable, fitted clothing with bare feet or ballet slippers or smooth dance gym shoes. No street shoes please.

**8, 60-minute sessions at RCC Lake Anne**

**\$60 (R)/\$120 (NR) • Richardson**

**September 30 – November 18**

306000-5A Tue 6:00 p.m. – 7:00 p.m.

## Meditative Yoga

(18 years and older)

Students will practice Kundalini Yoga, which will soften the stresses of life and bring the body and mind into a more meditative state. The meditations students learn will help to decrease worries and anxieties, increase optimism, and help foster a deep sense of peace.

**8, 90-minute sessions at RCC Lake Anne**

**\$55 (R)/\$110 (NR) • Gurunater**

**September 8 – October 27**

302215-5B Mon 7:15 p.m. – 8:45 p.m.

**6, 90-minute sessions at RCC Lake Anne**

**\$42 (R)/\$84 (NR) • Gurunater**

**November 10 – December 15**

302215-5C Mon 7:15 p.m. – 8:45 p.m.

## Nia

(16 years and older)

Nia is an exhilarating movement and lifestyle practice that combines martial arts and healing arts, and has helped change lives with its holistic approach to fitness and self-healing of the body. Students master full awareness of their physical and emotional responses to their workouts to support complete health and well-being.

**6, 60-minute sessions at RCC Lake Anne**  
**\$48 (R)/\$96 (NR) • Shiotsuki**

**September 7 – October 12**

306002-5B Sun 9:30 a.m. – 10:30 a.m.

**November 2 – December 14 (No Class November 30)**

306002-5C Sun 9:30 a.m. – 10:30 a.m.

## Olympic Sport Fencing

(9 years and older)

Learn the fundamentals of this Olympic sport, including footwork, handwork and strategy formulation, using safety-tipped swords, protective jackets, and masks. No previous training is required. Minimum age for enrollment is 9 years; class is designed for all ages and skill levels so teenage and adult participation is encouraged. A \$30 equipment fee is payable to the instructor at the beginning of the first class.

**6, 60-minute sessions at RCC Hunters Woods**  
**\$50 (R)/\$100 (NR) • Virginia Academy of Fencing**

**October 23 – December 4 (No Class November 27)**

302389-5A Thu 7:00 p.m. – 8:00 p.m.

## Pilates Mat

(16 years and older)

Pilates is a system of exercises designed to develop the body's core, mobilize and stabilize the spine, and build flexibility and strength. It focuses on the deep muscles of the abdomen, back and hips using control, concentration and flow to improve posture and back health. After a gentle, dynamic warm-up, core-centered movements using the traditional Pilates mat repertoire will then conclude with yoga-based stretches. Most exercises will be performed on the mat and may include stability balls, magic circles, and light hand weights. Some prior Pilates experience would be helpful but is not required to participate in this class. Students should bring a tightly woven blanket to each class.

**8, 60-minute sessions at RCC Lake Anne**  
**\$55 (R)/\$110 (NR) • Mannes**

**September 4 – October 23**

306030-5A Thu 6:15 p.m. – 7:15 p.m.

**6, 60-minute sessions at RCC Lake Anne**  
**\$35 (R)/\$70 (NR) • Mannes**

**November 6 – December 18 (No Class November 27)**

306030-5B Thu 6:15 p.m. – 7:15 p.m.

## Prenatal Yoga

(18 years and older)

Pregnancy is one of the most special experiences in a woman's life, and this class will provide safe and effective exercises to help prepare for labor and delivery. Come share with other expectant mothers a program to strengthen the body, relax the mind, and hone power and strength. All expectant mothers at any stage in their pregnancy are welcome, but it is recommended that participants consult a physician, midwife, or health practitioner prior to starting any physical exercise regimen. Please bring a light blanket for cover during deep relaxation.

**8, 60-minute sessions at RCC Lake Anne**  
**\$50 (R)/\$100 (NR) • Soares**

**September 18 – November 6**

302100-5B Thu 7:30 p.m. – 8:30 p.m.

## Self-Defense

(13 years and older)

Nothing is more frightening than the prospect of being attacked. This no-nonsense, co-ed self-defense program offers a safe and effective method of self-protection that really works. Students will learn how to disable an attacker, several variations of release getaway techniques including basic kicks and punches, as well as basic stances and proper falling and landing skills. The class also includes body conditioning exercises to improve strength and agility. Taught by RCC's popular Tae Kwon Do instructors, this program is not to be missed. Class will be held at RCC Lake Anne on October 11, October 18 and November 15.

**13, 60-minute sessions at RCC Hunters Woods**  
**\$72 (R)/\$144 (NR) • Butts**

**September 13 – December 13 (No Class November 29)**

300039-5A Sat 11:00 a.m. – 12:00 p.m.

## SharQui Bellydance Workout

(16 years and older)

Belly dancing involves isolated movements of muscle groups such as the abdomen, arms, and legs. In this class you will learn some of the basic moves and rhythms that make up belly dance while getting a great low-impact, full-body workout. This class is suitable for all fitness levels. Please wear comfortable, fitted clothing with bare feet, ballet slippers or smooth dance gym shoes, and a coin hip scarf. No street shoes please.

**8, 60-minute sessions at RCC Lake Anne**  
**\$80 (R)/\$160 (NR) • Richardson**

**September 30 – November 18**

306027-5B Tue 7:15 p.m. – 8:15 p.m.

## Slow Flow Hatha Yoga

(9 – 54 years old)

Slow Flow Hatha Yoga introduces fluidity in movement and breathing. Class begins with centering and warm-ups, then moves to a soft vinyasa (flowing sequence-movement with breath). Slow Flow Hatha Yoga includes abdominal strengthening and a stronger standing sequence. The session ends with a period of cooling through stretching and deep relaxation (savasana). Modifications and props are available to assist with flexibility. Slow Flow Hatha Yoga is appropriate for those who have some yoga experience and are developing an understanding of breath, body awareness and control. This is an intergenerational program offering and those 55 years and older can read more about the program on page 116 and register using the 55+ activity number.

**12, 45-minute sessions at RCC Lake Anne**

**\$90 (R)/\$180 (NR) • Hagaman**

**September 9 – October 16**

306031-5A Tue, Thu 1:15 p.m. – 2:00 p.m.

**November 4 – December 16 (No Class November 27)**

306031-5B Tue, Thu 1:15 p.m. – 2:00 p.m.

## Small Group Training

(18 years and older)

Want to receive individualized fitness instruction but prefer the support of friends? Then this is the perfect class! Small Group Training focuses on specialized formats designed to meet the needs of each student, such as interval training, abdominal strengthening, and toning. Small Group Training supports individual progression and skill development. Class size is limited to six students so sign up early.

**8, 45-minute sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Straley**

**September 8 – October 1**

306032-5A Mon, Wed 7:15 p.m. – 8:00 p.m.

**October 20 – November 12**

306032-5B Mon, Wed 7:15 p.m. – 8:00 p.m.

## Step & Sculpt

(15 years and older)

This class utilizes the step in easy-to-follow and effective routines that will help build cardiovascular endurance and burn off extra fat. Get toned hips, thighs and upper body during the first 30 minutes of the workout. Then tone and sculpt the upper body and core for the next 30 minutes with weights, long bands, stability balls and more.

**6, 60-minute sessions at RCC Lake Anne**

**\$42 (R)/\$84 (NR) • Schultz**

**September 10 – October 15**

306006-5A Wed 7:00 p.m. – 8:00 p.m.

**November 5 – December 17 (No Class November 26)**

306006-5B Wed 7:00 p.m. – 8:00 p.m.

## Tae Kwon Do I

(6 years and older)

Tae Kwon Do is a traditional Korean system of unarmed combat and self-defense, emphasizing the use of the feet and hands as weapons. More than just a sport and fighting skill, it instills a positive life philosophy through strict physical and mental discipline. Commitment to this regimented conditioning program brings about greater strength, speed, balance, flexibility, and stamina. Participation from all ages and skill levels is encouraged. Class will be held at RCC Lake Anne on October 11, October 18, November 15 and November 22.

**13, 60-minute sessions at RCC Hunters Woods**

**\$72 (R)/\$144 (NR) • Butts**

**September 13 – December 13 (No Class November 29)**

302348-5A Sat 9:00 a.m. – 10:00 a.m.

## Tae Kwon Do II

(6 years and older)

Expanding on the techniques and skills of Tae Kwon Do I, this intermediate class is for students with prior experience. The instructor reserves the option to move students between sections based on skill level. Students focus on traditional forms (Hyungs), sparring, breaking, and preparing themselves for tournament competitions. Participation from all ages and skill levels is encouraged. Class will be held at RCC Lake Anne on October 11, October 18, November 15 and November 22.

**13, 60-minute sessions at RCC Hunters Woods**

**\$72 (R)/\$144 (NR) • Butts**

**September 13 – December 13 (No Class November 29)**

303000-5A Sat 10:00 a.m. – 11:00 a.m.





**DEMO CLASS**

Interested in a class but not ready to commit? Contact  
RCC's Fitness & Wellness Director at 703-390-6159.

**Yoga at Noon**

(18 years and older)

Body awareness is the key to maintaining a healthy body while leading an active life. Increase flexibility and strength while learning basic yoga postures from several yoga styles (Anusara, Yin, Polarity, and others). The combination is designed to improve awareness of abilities while enhancing balance, overall flexibility, and the ability to flow with the breath in the postures. The class also explores yoga beyond the postures, introducing breathing exercises and some meditation. The class uses Anusara-style alignment principles and philosophy for the Hatha yoga postures and is appropriate for all levels.

**12, 90-minute sessions at RCC Lake Anne**  
**\$84 (R)/\$168 (NR) • Katz**

**September 2 – October 9**

305098-5A      Tue, Thu      12:00 p.m. – 1:30 p.m.

**8, 90-minute sessions at RCC Lake Anne**  
**\$56 (R)/\$112 (NR) • Katz**

**October 28 – November 20**

305098-5B      Tue, Thu      12:00 p.m. – 1:30 p.m.

**Yoga for Children**

(3 – 5 years old)

This class is designed for children ages 3 to 5 years old and allows them to improve coordination, balance and focus. Children derive enormous benefits from yoga, including flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness improve. Curriculum will include games and stretching exercises, mimicry of animals, singing, and learning how to breathe properly. Participants may wish to bring a beach towel or yoga mat with them. Parent/caregiver is not required to remain during class. This program is not appropriate for children younger or older than the advertised age range (3 to 5 years old). Participating children must be registered.

**8, 45-minute sessions at RCC Lake Anne**  
**\$66 (R)/\$132 (NR) • Shamrell**

**September 18 – November 6**

301400-5C      Thu      3:45 p.m. – 4:30 p.m.

**Yoga for Youth**

(6 – 11 years old)

This yoga class appeals to children ages 6 through 11 and allows them to participate in team games to help improve coordination, balance, and focus. Students will practice advanced yoga postures as well as breathing and relaxation techniques. Participants may want to bring a beach towel or yoga mat to class. Parent/caregiver is not required to remain during class. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**8, 45-minute sessions at RCC Lake Anne**  
**\$66 (R)/\$132 (NR) • Shamrell**

**September 18 – November 6**

301401-5C      Thu      4:45 p.m. – 5:30 p.m.

**Zumba Fitness**

(16 years and older)

Zumba combines high energy and motivating music with unique moves and combinations that allow the participants to dance away their worries. It is based on the principle that a workout should be fun and easy to do in order for participants to achieve long term health benefits. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

**6, 60-minute sessions at RCC Lake Anne**  
**\$42 (R)/\$84 (NR) • Ledesma**

**September 8 – October 13**

302327-5B      Mon      7:00 p.m. – 8:00 p.m.

**November 10 – December 15**

302327-5C      Mon      7:00 p.m. – 8:00 p.m.

**8, 60-minute sessions at RCC Lake Anne**  
**\$55 (R)/\$110 (NR) • Burns**

**September 18 – November 6**

302327-5D      Thu      7:30 p.m. – 8:30 p.m.

**Zumba Toning**

(16 years and older)

Zumba Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or light weight dumbbells, to enhance rhythm and tone target areas that include arms, abs and thighs.

**6, 60-minute sessions at RCC Lake Anne**  
**\$42 (R)/\$84 (NR) • Ledesma**

**September 8 – October 13**

302227-5A      Mon      6:00 p.m. – 7:00 p.m.

**November 10 – December 15**

302227-5B      Mon      6:00 p.m. – 7:00 p.m.

# GREEN LIVING



Photo by William O'Brien

## Backyard Composting

(16 years and older)

Dealing with all of the fallen leaves in the yard can be tough. Ever thought about composting them? Learn how to recycle them the natural way right on your own property. Plants will love the rich organic soil that composting efforts provide. Participants will also learn how kitchen waste and other yard debris can be composted right in the backyard. This program is jointly produced by RCC, RA, and Sustainable Reston. Registration is required by September 23 and a \$7/\$9 (RA Member/Non-Member) fee is payable upon entry to the Walker Nature Center, located at 11450 Glade Drive, Reston, VA.

**1, 60-minute session at Walker Nature Center**

**\$7 (R)/\$9 (NR) Payable at Nature Center • Staff**

**September 25**

103017-5A

Thu

7:00 p.m. – 8:00 p.m.

## Climate Change Discussion

(18 years and older)

Patrons will learn more about global warming, explore the big picture of energy, and take part in an optional examination of the devastating impacts of the 2010 BP oil spill in the Gulf of Mexico. Patrons will discover simple actions they can take to reduce their carbon footprint. This program is jointly produced by RCC, RA, and Sustainable Reston. Registration is required and a \$7/\$9 (RA Member/Non-Member) fee is

payable upon entry to Walker Nature Center located at 11450 Glade Drive, Reston, VA.

**1, 2-hour session at Walker Nature Center**

**\$7 (R)/\$9 (NR) Payable at Nature Center • Staff**

**October 16**

103046-5A

Thu

7:00 p.m. – 9:00 p.m.

## Eco-Friendly Cleaning

(16 years and older)

This workshop will teach students why it is a good idea to reduce the use of harsh, sometimes toxic, cleansers in the home. Students will learn how to make safe and environmentally friendly household cleansers, which is quick and easy to do and very economical. Attendees are encouraged to purchase *Clean House, Clean Planet* by Karen Logan and bring it to the workshop. This program is jointly produced by RCC, RA, and Sustainable Reston. Registration is required and a \$7/\$9 (RA Member/Non-Member) fee is payable upon entry to Walker Nature Center located at 11450 Glade Drive, Reston, VA.

**1, 90-minute session at Walker Nature Center**

**\$7 (R)/\$9 (NR) Payable at Nature Center • Staff**

**October 9**

101100-5B

Thu

7:00 p.m. – 8:30 p.m.

## Fermentation Workshop

(16 years and older)

Fermentation is a method of food preservation that dates back thousands of years and is used throughout the world. Fermented food is full of “good bacteria” and is very healthy. In this hands-on workshop, you will learn the science (and the art) of fermentation. Students will prepare a simple dish, such as sauerkraut, to take home. This program is jointly produced by RCC, RA, and Sustainable Reston.

**1, 2-hour session at RCC Hunters Woods**

**\$10 (R)/\$20 (NR) • Strong**

**September 30**

100216-5A      Tue      5:00 p.m. – 7:00 p.m.

## Home Food Preservation Intro

(16 years and older)

This introductory class to home food preservation covers canning, fermentation, drying/dehydration, and freezing. Participants will learn about the science behind food preservation and different canning methods. Other topics will include: safety precautions, preservation methods (fermentation, drying, freezing), food and recipe selection, kitchen setup, jar and equipment preparation (sterilization of jars, lid prep, assembly line set up), and much more. The class is a lecture that will include a demonstration of the correct procedure for filling jars with food to be canned. There will be ample time following the presentation to ask questions. This program is jointly produced by RCC, RA, and Sustainable Reston. Registration is required, and a \$7/\$9 (RA Member/Non-Member) fee is payable upon entry to the Walker Nature Center, located at 11450 Glade Drive, Reston, VA.

**1, 2-hour session at Walker Nature Center**

**\$7 (R)/\$9 (NR) Payable at Nature Center • Strong**

**September 23**

100211-5A      Tue      5:00 p.m. – 7:00 p.m.

## Pressure Canning Demonstration

(16 years and older)

In this demonstration workshop, students will observe how to safely pressure can foods while learning the science behind the method and integral safety measures. Pressure canning is the only safe method for processing low acid foods such as vegetables, meat, poultry, and fish at home. While high acid foods (fruits) and acidified foods (pickled products) can safely be processed in a boiling water bath canner, a special device called a pressure canner must be used for all low acid foods. This program is jointly produced by RCC, RA, and Sustainable Reston.

**1, 2-hour session at RCC Hunters Woods**

**Free, Registration Req. • Strong**

**October 28**

100212-5A      Tue      5:00 p.m. – 7:00 p.m.



## Water Bath Canning Workshop

(16 years and older)

In this hands-on class, participants will have the opportunity to can fruits and other high-acid foods using a water bath canner, a process also known as water bath canning. Food preservation saves money, allows more control over dietary and nutrition intake, and provides a great sense of satisfaction. Participants will learn how to use the equipment and will be given guidelines to follow and recipes to use and enjoy at home. This program is jointly produced by RCC, RA, and Sustainable Reston.

**1, 2-hour session at RCC Hunters Woods**

**\$10 (R)/\$20 (NR) • Strong**

**October 7**

100215-5A      Tue      5:00 p.m. – 7:00 p.m.

# LANGUAGE LEARNING



## Conversational French

(18 years and older)

Sharpen your conversational French skills and meet new friends who share your deep appreciation for the language. New participants are always welcome and encouraged to attend. Participants are required to sign in at each meeting.

**14, 3-hour sessions at RCC Hunters Woods**

**Free, Drop-in • Staff**

**September 3 – December 17**

**(No Class October 24, November 26)**

Drop-in                      Wed                      6:00 p.m. – 9:00 p.m.

## French for Beginners I

(18 years and older)

This class is for anyone who has ever had an interest in learning the beautiful French language but may have felt intimidated or just didn't have the time to commit. In this class, students will learn basic communication skills they can use when traveling in Paris, Montreal, the lovely island of Martinique, or anywhere that French is the dominant language. Students will learn useful vocabulary and expressions for greeting someone in French, for making a purchase, and eating out at a restaurant. No prior knowledge or experience in French is necessary.

**8, 90-minute sessions at RCC Hunters Woods**

**\$50 (R)/\$100 (NR) • Elder**

**September 25 – November 13**

105135-5B                      Thu                      2:30 p.m. – 4:00 p.m.

## French for Beginners II

(18 years and older)

This class is designed for students who have taken French for Beginners level I. Students who have some knowledge of French at the beginners' level are also welcome. We will review and reinforce proper pronunciation and useful expressions learned in level one to give students a stronger grasp of the language. We will also continue our focus on the spoken word and on French culture. We will put special emphasis on subjects like the weather, the seasons and telling time among others.

**8, 90-minute sessions at RCC Hunters Woods**

**\$50 (R)/\$100 (NR) • Elder**

**September 25 – November 13**

105138-5A                      Thu                      4:30 p.m. – 6:00 p.m.

## DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

## French for Tots

(1 – 3 years old)

From birth, the brain is hard-wired to acquire language naturally. In this early development period, learning a second language is as natural as learning to walk. At this level, children are able to build a second language system while learning English, with no translation necessary. Native speakers of French will help children learn by gradually integrating meaning via purposeful exposure, practice and play. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must register.

**6, 60-minute sessions at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Language Stars**

**October 20 – December 1 (No Class November 24)**

901255-5A      Mon      10:45 a.m. – 11:45 a.m.

## Japanese Conversation and Culture Club

(18 years and older)

This club allows participants to brush up on their Japanese conversation skills and to socialize in Japanese. The club will make traditional Japanese crafts and foods. All instruction will be in Japanese. Participants are required to sign in at each meeting. This group will meet on the third Saturday of the month. September 20, October 18, November 15, December 20

**4, 90-minute sessions at RCC Hunters Woods**

**Free, Drop-in • Gallas**

**September 20, October 18, November 15, December 20**

Drop-in      Sat      1:00 p.m. – 2:30 p.m.

## Mandarin Chinese

(18 years and older)

In this beginner Mandarin Chinese language course, students will learn practical travel vocabulary and gain a foundation for basic conversational skills. Other topics explored in the class include Chinese characters and writing, and traditional Chinese history and culture.

**8, 60-minute sessions at RCC Hunters Woods**

**\$75 (R)/\$150 (NR) • Ko**

**September 23 – November 18 (No Class November 11)**

103380-5A      Tue      2:00 p.m. – 3:00 p.m.

## Mandarin Chinese for Tots

(1 – 3 years old)

From birth, the brain is hard-wired to acquire language naturally. In this early development period, learning a second language is as natural as learning to walk. At this level, children are able to build a second language system while learning English, with no translation necessary. Native speakers of Mandarin will help children learn by gradually integrating meaning via purposeful exposure, practice and play. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must register.

**6, 60-minute sessions at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Language Stars**

**October 1 – November 5**

901254-5A      Wed      9:00 a.m. – 10:00 a.m.

## Spanish for Beginners I

(18 years and older)

This class is designed for the novice speaker with no previous classroom or workplace learning or experience speaking Spanish. Participants will be introduced to the language and culture through the use of fun, authentic materials and will learn basic communication skills.

**8, 2-hour sessions at RCC Hunters Woods**

**\$65 (R)/\$130 (NR) • Lenigan**

**September 4 – October 23**

102357-5A      Thu      7:15 p.m. – 9:15 p.m.

## Spanish for Beginners II

(18 years and older)

Students will further their Spanish learning and exposure to the cultures and countries that form the Hispanic world. This class is designed for those who have some knowledge of the Spanish language, regardless of whether it was learned in high school, college, or beyond. Start by reviewing basic vocabulary, communicative structures, and verb conjugations; then learn new ones through motivating and practical topics and activities. Students will play games and watch fun Spanish videos pertaining to travel, culture, music, and film.

**8, 2-hour sessions at RCC Hunters Woods**

**\$65 (R)/\$130 (NR) • Lenigan**

**October 28 – December 23 (No Class November 11)**

104007-5A      Tue      7:15 p.m. – 9:15 p.m.

# MUSIC/PERFORMING ARTS/DANCE



## Music

### Music Friends

(Infant – 5 years old)

Come join friends for an exploration of music and the world around us through singing, movement and instrument play. Parent/care-giver must remain in the classroom. Participating children must be registered.

**8, 45-minute sessions at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Zucker**

**October 2- November 20**

404220-5A Thu 9:45 a.m. – 10:30 a.m.

**October 2- November 20**

404220-5B Thu 10:45 a.m. – 11:30 a.m.

**October 2- November 20**

404220-5C Thu 11:45 a.m. – 12:30 p.m.

**October 3- November 21**

404220-5D Fri 9:45 a.m. – 10:30 a.m.

**October 3- November 21**

404220-5E Fri 10:45 a.m. – 11:30 a.m.

**October 3- November 21**

404220-5F Fri 11:45 a.m. – 12:30 p.m.

### Voice I

(18 years and older)

This class is designed for adult singers who have had no previous instruction or who wish to start from the beginning. Instruction will cover basic technique, voice care, and individual song work. Class is limited to eight participants.

**8, 60-minute sessions at RCC Hunters Woods**

**\$75 (R)/\$150 (NR) • Zaboji**

**September 13 – November 15**

**(No Class September 27, October 11)**

402479-5A Sat 9:30 a.m. – 10:30 a.m.

### Voice II

(18 years and older)

This class is for adult singers who are comfortable with the basic concepts and individual song work. Instruction will cover expanded technique, aspects of performing and interpretation, and continued individual song work. Prerequisite: Voice I or instructor permission.

**8, 60-minute sessions at RCC Hunters Woods**

**\$75 (R)/\$150 (NR) • Zaboji**

**September 13 – November 15**

**(No Class September 27, October 11)**

402482-5A Sat 10:30 a.m. – 11:30 a.m.

## Voice III

(18 years and older)

This class is for adult singers who are familiar with the vocal techniques as taught by the instructor. Instruction will cover technique overviews, aspects of performing and interpretation, and continued individual song work. Prerequisite: Voice II or instructor permission.

**8, 60-minute sessions at RCC Hunters Woods**

**\$75 (R)/\$150 (NR) • Zaboji**

**September 13 – November 15**

**(No Class September 27, October 11)**

402471-5A Sat 11:30 a.m. – 12:30 p.m.

## Performing Arts

### Acting for Adults

(18 years and older)

Through games and exercises, learn what it means when they say "What's my motivation?" Based on the Meisner technique, this class has been developed over 30 years of teaching experience and is appropriate for all skill levels. The beginner will learn basic techniques to reduce stage fright and increase confidence; the advanced actor will find a new way of approaching a role.

**8, 90-minute sessions at RCC Hunters Woods**

**\$70 (R)/\$140 (NR) • Michnewicz**

**September 23 – November 11**

402472-5A Tue 7:00 p.m. – 8:30 p.m.

### Bringing Songs to Life

(18 years and older)

In this two-evening workshop, discover how to bring a chosen song to life by learning and applying acting techniques and by developing listening skills to find out what the music is "saying." Topics to be covered include finding the character, understanding the meaning of the vocal line, discovering the "language" of the accompaniment, finding motivations in the song, learning what the character's physicality is, and more. Students will receive instruction from both an acting coach and a vocal coach and will perform in front of the class. Prerequisite: Voice II or III or instructor approval.

**2, 2-hour sessions at RCC Hunters Woods**

**\$85 (R)/\$170 (NR) • Zaboji/Anton**

**November 3 – 10**

402608-5A Mon 7:00 p.m. – 9:00 p.m.

### RSC Comedy Boot Camp

(16 years and older)

Do you want to learn to be funnier? Then the RSC Comedy Boot Camp is the place for you! With an emphasis on improvisation and physical comedy, the workshop reflects the Reduced Shakespeare Company's ethos – fast, fun and physical comedy. It's sure to provide an exciting hour and a half of hands-on experience with the original "bad boys of abridgment."

**1, 90-minute session at RCC Hunters Woods**

**\$25 (R)/\$50 (NR) • Reduced Shakespeare Company**

**September 13**

402609-5A Sat 3:00 p.m. – 4:30 p.m.

**September 20**

402609-5B Sat 3:00 p.m. – 4:30 p.m.

### YAT Advanced Acting

(14 – 17 years old)

Get those creative juices flowing with this new program designed for experienced young actors 14-17 years old. Participants will explore improvisation, character analysis, and scene building, culminating in a performance of original and classic comedy with Mark Brutsché in the Professional Touring Artist Series' production of *Mr. Vaudeville and Friends* at the CenterStage on March 29, 2015 at 3:00 p.m. Eligibility for participation is determined by an audition/interview process and is limited to six participants. Attendance for all program meetings and rehearsals is critical to the participants' success. Advertised class sessions may be adjusted once participants are chosen. Please contact Cheri Danaher, 703-390-6175, for more information.

**25, 3-hour sessions at RCC Hunters Woods**

**\$175 (R)/\$350 (NR) • Brutsché**

**September 24 – March 29**

402470-5A Sun, Wed 4:00 p.m. – 7:00 p.m.

### Young Actors Theatre

(7 – 15 years old)

This program is designed to introduce students to the skills and processes necessary to create a performance. Students will perform in an original production on November 8 at 3:00 p.m. in the CenterStage at Reston Community Center Hunters Woods. Preparing for the production will require additional technical rehearsals during the week of November 3-8. The class meets on Friday from 4:30 p.m. - 6:00 p.m. and Saturday from 9:00 a.m. - Noon. Students are reminded that class attendance is critical to their success, so please plan schedules accordingly.

**20 sessions at RCC Hunters Woods**

**\$175 (R)/\$350 (NR) • Brutsché**

**September 5 – November 8**

402467-5A Fri 4:30 p.m. – 6:00 p.m.

Sat 9:00 a.m. – 12:00 p.m.



## Dance

- **Please Note:** Proof of age may be requested. Participants must meet minimum age requirements by the first day of class. RCC dance classes are open to all persons with disabilities.
- **Dress Requirements:** Loose comfortable clothing and soft flexible shoes. Ideally, participants should wear a leotard and tights with jazz or ballet shoes.
- **Class Observation Policy:** Parents/guardians of students enrolled in RCC dance classes are welcome to attend the first class session to observe teaching methods and the instructional environment. After the first class, we ask that the students be dropped off and picked up at the entrance to the dance studio. The instructor will schedule a final class demonstration that parents/guardians will be invited to attend.

### Ballet Basics I

(4 – 6 years old)

Beginners will learn basic positions, terminology, and barre technique.

**8, 60-minute sessions at RCC Hunters Woods**  
**\$55 (R)/\$110 (NR) • Staff**

**September 23 – November 11**

402402-5A      Tue                      4:45 p.m. – 5:45 p.m.

### Ballet Combo

(4 – 6 years old)

Students who have taken Pre Ballet or Ballet Basics and want to learn more challenging ballet techniques as well as explore creative movement styles will love this class.

**8, 60-minute sessions at RCC Hunters Woods**  
**\$55 (R)/\$110 (NR) • Staff**

**September 24 – November 12**

402414-5A      Wed                      4:15 p.m. – 5:15 p.m.

**September 27 – November 15**

402414-5B      Sat                      11:00 a.m. – 12:00 p.m.

### Creative Dance

(3 – 4 years old)

Students will learn listening and cooperation skills while exploring creative movement to upbeat music.

**8, 30-minute sessions at RCC Hunters Woods**  
**\$35 (R)/\$70 (NR) • Staff**

**September 23 – November 11**

402404-5A      Tue                      3:30 p.m. – 4:00 p.m.

**September 27 – November 15**

402404-5B      Sat                      9:45 a.m. – 10:15 p.m.

### Pre Ballet

(3 – 4 years old)

Students will learn to take direction, identify rhythms, and perform first and second positions and demi pliés. Students must be the minimum age required by the first day of class. Proof of age may be requested.

**8, 45-minute sessions at RCC Hunters Woods**  
**\$45 (R)/\$90 (NR) • Staff**

**September 23 – November 11**

402400-5A      Tue                      4:00 p.m. – 4:45 p.m.

**September 27 – November 15**

402400-5B      Sat                      9:00 a.m. – 9:45 a.m.

**September 27 – November 15**

402400-5C      Sat                      10:15 a.m. – 11:00 a.m.

### Storybook Ballet

(3 – 4 years old)

Students will read a ballet story and then express themselves using basic ballet skills and creative dance movements.

**8, 45-minute sessions at RCC Hunters Woods**  
**\$45 (R)/\$90 (NR) • Staff**

**September 24 – November 12**

402413-5A      Wed                      3:30 p.m. – 4:15 p.m.



# SOCIAL PROGRAMS



## Apples, Apples, Everywhere

(3 – 5 years old)

Children will enjoy a visit to the Loudoun Heritage Barn where they will place an apple in the apple press and sample pasteurized cider. In addition, story-time and apple games will be featured. Parents/ caregivers are encouraged to remain for 30 minutes after the conclusion of the program to continue playtime or touring on their own. Meet at the Loudoun Heritage Farm Museum, located at 21668 Heritage Farm Lane, Sterling, VA. For directions, please call 571-258-3800. Parent/ caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 90-minute session at Loudoun Heritage Farm**

**\$5 (R)/\$10 (NR) • Haneline**

**September 18**

901018-5A Thu 10:00 a.m. – 11:30 a.m.

## Autumnal Hike

(2 – 5 years old)

Enjoy the magnificent colors of autumn during a short nature hike through Meadowlark Botanical Gardens. Afterwards, participants will create leaf rubbings. Please meet at the main entrance to the Gardens, located at 9750 Meadowlark Gardens Court, Vienna, VA (on Beulah Road, between Route 7 and Route 123). For directions, visit [www.meadowlarkgardens.org](http://www.meadowlarkgardens.org), or call 703-255-3631. Parent/

caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 60-minute session at Meadowlark Botanical Gardens  
Free, Registration Req. • Haneline**

**October 23**

901007-5A Thu 10:00 a.m. – 11:00 a.m.

**October 28**

901007-5B Tue 10:00 a.m. – 11:00 a.m.

## Back to School Dance

(12 – 14 years old)

Come party at RCC Hunters Woods with Reston Community Center. This dance is for middle school students only. A current school ID is required for admission. Do not attend the dance wearing bandanas, scarves, hats, skullies or anything with gang references. If you come to the dance with any of these items, they will be confiscated and returned when the dance has ended.

**1, 3-hour session at RCC Hunters Woods  
\$5 payable at the door • Staff**

**September 26**

Drop-in Fri 6:00 p.m. – 9:00 p.m.

## Country Western Dance

(18 years and older)

Line dance, two-step, shuffle and swing the night away to popular country/western tunes played by RCC's DJ. Dances are held monthly in the Community Room, which offers a spacious wooden dance floor and a smoke free environment. Refreshments will be provided. No square or contra dancing, please. Ticket admission purchased at the door.

**4, 3-hour sessions at RCC Hunters Woods**

**\$5 (R)/\$10 (NR) • Staff**

**September 7, October 5, November 2, December 7**

Drop-in Sun 6:30 p.m. – 9:30 p.m.

## Create & Donate Holiday Baskets

(2 – 5 years old)

Holiday food and gift baskets will be prepared by children and volunteers and then distributed to those in need by social workers at United Christian Parish. Baskets will be assembled at 11508 North Shore Drive, Reston, VA. For directions, please call Robyn Kampf at 703-447-2361. Children are encouraged to bring a can of food or box of cereal to donate toward the baskets. Examples of appreciated items are: canned tuna, peanut butter, jelly, pasta, rice, soup. Parents/caregivers must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 30-minute session at 11508 North Shore Drive, Reston Free, Registration Req. • Haneline**

**November 18**

901071-5A Tue 10:00 a.m. – 10:30 a.m.

**November 18**

901071-5B Tue 10:30 a.m. – 11:00 a.m.

## Creative Zone

(3 – 4 years old)

This creative and stimulating program will provide hands-on activities with a specific theme each week for participants. Planned activities may include: sing-a-long stories; bubble activities; science; sports; and the concept of numbering. In order to ensure a successful program, it is essential that all parents/caregivers fully participate in all of the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**6, 90-minute sessions at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • Gollop-Pagani**

**October 3 – November 7**

901013-5A Fri 10:00 a.m. – 11:30 a.m.

## RCC SINGLES MINGLE

(30 years and older)

RCC Singles Mingle is a free social group for unmarried adults, ages 30 and older, living or working in the Greater Reston area. Membership is free, however, registration for some activities may be required. Email [RCCSinglesMingle@fairfaxcounty.gov](mailto:RCCSinglesMingle@fairfaxcounty.gov) to join the mailing list. Remember, Singles Mingle is for unmarried adults ages 30 and older. Join our mailing list to stay updated on all upcoming events.

## Singles Mingle Book Club

(30 years and older)

The group will meet at La Madeleine (in the Spectrum at Reston Town Center) on the last Sunday of each month. Tea and light refreshments will be provided. The club will choose the book of the month. If you are new to the group, please email [RCCSinglesMingle@fairfaxcounty.gov](mailto:RCCSinglesMingle@fairfaxcounty.gov) for more information. Please be reminded this is a Singles Mingle event open to unmarried adults ages 30 and older. No fee or registration is required. Please sign in at each meeting. The fall book selections are as follows:

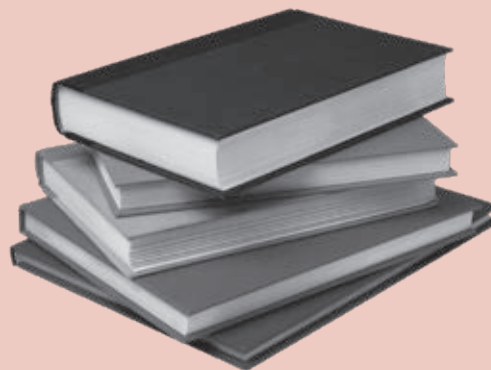
- September: *The Shoemaker's Wife* by Adriana Trigiani
- October: *Time and Again* by Jack Finney
- November: *The Book Thief* by Markus Zusak
- December: *Orphan Train* by Christina Baker Kline

**4, 90-minute sessions at La Madeleine**

**Free, Drop-in • Carter**

**September 28, October 26, November 30, December 28**

Drop-in Sun 4:00 p.m. – 5:30 p.m.





## Drop-in Chess Club

(5 years and older)

Join RCC's chess club to meet new partners and build skills. Participants of any age and skill level are welcomed. Players may drop in anytime during our weekly meetings. Children under the age of 8 must be supervised by an adult (age 18 or older). There is no fee, but sign-in is required at the start of each meeting.

**15, 3-hour session at RCC Hunters Woods**

**Free, Drop-in • Staff**

**September 4 – December 18 (No Class November 27)**

Drop-in                      Thu                      6:30 p.m. – 9:30 p.m.

## Game Day

(13 – 18 years old)

Join us on Saturdays as we play board games and video games on the Nintendo Wii and Xbox systems. Refreshments provided. Middle and high school students only. Game Day will be held at Southgate Community Center, located at 12125 Pinecrest Road, Reston, VA. For directions please call 703-860-0676.

**4, 3-hour session at Southgate Community Center**

**Free, Drop-in • Staff**

**September 20, October 18, November 15, December 20**

Drop-in                      Sat                      6:00 p.m. – 9:00 p.m.

## Ho, Ho, Ho!

(Infant – 6 years old)

In our annual tradition, Santa will be returning to RCC. Put on your best outfit, and participate in a morning of crafts, cookie decorating, and stories. Parents are encouraged to bring a camera for a photo opportunity with Santa. Parents/caregivers must fully participate in the activities. This program is not appropriate for children older than the advertised age range. All children must be registered. In the event of inclement weather, this program will be postponed until December 10, at the same time and location.

**1, 60-minute session at RCC Hunters Woods**

**\$5 (R)/\$10 (NR) • Staff**

**December 3**

902015-5A                      Wed                      10:00 a.m. – 11:00 a.m.

## Holiday Breakfast with Frosty

(1 year and older)

Enjoy a lovely family breakfast with Frosty the Snowman to kick off the holidays. Breakfast fare will include hot and cold entrees as well as vegetarian options. Bring a camera for photo opportunities with Frosty. Parents/guardians over the age of 18 must accompany children. All participants must register, including accompanying parents/caregivers.

**1, 90-minute session at RCC Hunters Woods**

**\$5 (R)/\$10 (NR) • Staff**

**December 13**

901111-5A                      Sat                      9:00 a.m. – 10:30 a.m.

## Kids' Day Out Bash

(3 – 9 years old)

Children are invited to enjoy a full afternoon at RCC while their parents shop for holiday gifts or just enjoy some time to themselves. Participants will have fun swimming, enjoying arts and crafts, movies, and cookie decorating. Refreshments will be served. Please bring a swimsuit, towel, goggles, and a plastic bag to carry wet items. Please note: participants must be toilet-trained. Registration deadline is one week prior to the event.

**1, 4-hour session at RCC Hunters Woods**

**\$25 (R)/\$50 (NR) • Ali**

**December 13**

902933-5A                      Sat                      1:00 p.m. – 5:00 p.m.

## Kids' Night Out

(3 – 9 years old)

Kids' Night Out I and Kids' Night Out II will be combined in order to provide fun-filled, supervised activities for children in a wider age range enabling their parents to treat themselves to an evening of fun or relaxation. Children may enjoy arts and crafts, movies, games, dancing and sports. In addition, cheese pizza will be served for dinner, as well as snacks and drinks to enjoy afterwards. Children are encouraged to dress for play. Please note that participants must be toilet-trained. Registration deadline is one week prior to the event. Cost is per session.

**1, 3.5-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Ali**

**September 19**

902106-5D                      Fri                      6:30 p.m. – 10:00 p.m.

**October 3**

902106-5E                      Fri                      6:30 p.m. – 10:00 p.m.

**October 24**

902106-5F                      Fri                      6:30 p.m. – 10:00 p.m.

**November 7**

902106-5G                      Fri                      6:30 p.m. – 10:00 p.m.

**November 21**

902106-5H                      Fri                      6:30 p.m. – 10:00 p.m.

### Little Bits

(2 years old)

Enjoy precious moments in this class designed for children accompanied by a parent/guardian. This program encourages bonding through enriching activities. Activities include development of motor skills (marching, dancing, parachute games), arts and crafts, and music with parent and child interaction. In order to ensure a successful program, it is essential that parents/caregivers fully participate in all of the activities. This program is not appropriate for children younger or older than the advertised age. Participating children must be registered.

#### 6, 60-minute sessions at RCC Hunters Woods

**\$45 (R)/\$90 (NR) • Gollop-Pagani**

**September 30 – November 18**

**(No Class November 4, November 11)**

902349-5A Tue 10:30 a.m. – 11:30 a.m.

**October 1 – November 19**

**(No Class November 5, November 12)**

902349-5B Wed 10:30 a.m. – 11:30 a.m.



### Parents Time Out

(4 – 9 years old)

This program is designed for parents who would like to enjoy a nice date night and attend a great performance at RCC's CenterStage. Children will be happily

engaged with games, videos, and simple crafts while under the supervision of RCC staff in a separate room. They should wear comfortable clothing and shoes, suitable for play. Registration deadline is one week prior to the event. Space is limited. Cost is only for childcare and includes snacks and drinks for participating children. Please purchase performance tickets by visiting the CenterStage box office via phone, online or in person. For detailed descriptions of the CenterStage performances, please see pages 18-28.

#### 1, 3-hour session at RCC Hunters Woods

**\$15 (R)/\$30 (NR) • Ali**

**November 15**

**DakhaBrakha**

901197-5A Sat 7:30 p.m. – 10:30 p.m.

**December 5**

**New York Festival of Song, At Harlem's Height**

901197-5B Fri 7:30 p.m. – 10:30 p.m.

### Pondering Pumpkins

(3 – 5 years old)

Meet at the Loudoun County Heritage Farm Museum, located at 21668 Heritage Farm Lane in Sterling, VA. For directions, call 703-421-5322. Participants will learn interesting facts about pumpkins, hear a story, sample a taste of pumpkin, play games, and

sit on hay bales in the lovely autumn weather. Each child will receive a small pumpkin to take home. Parents/caregivers are encouraged to remain for 30 minutes after the conclusion of the program for playtime and a tour on their own. Parents/guardians must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must register.

#### 1, 90-minute session at Loudoun Heritage Farm

**\$5 (R)/\$10 (NR) • Haneline**

**October 16**

901114-5A Thu 10:00 a.m. – 11:30 a.m.

### Tot Time

(Infant – 4 years old)

Tot Time is an unstructured, drop-in play group that encourages parents to socialize with one another while their children become acquainted. Toys, games, books, and music are provided. Parent/guardian must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range.

#### 23, 90-minute sessions at RCC Hunters Woods

**Free, Drop-in • Ali**

**September 16 – December 18**

**(No Class September 30, November 6, 11, 25, 27)**

Drop-in Tue, Thu 9:30 a.m. – 11:00 a.m.

### Winter Walk of Lights

(3 years and older)

Meadowlark Gardens hosts a Winter Walk of Lights during the holiday season. Dress for the weather and bring your holiday spirit. The outdoor path is 0.6 miles long, so be prepared to view many magnificent sights, including the dazzling Fountain of Lights, the animated light show at the lake, the big tree with 50,000 lights, and enjoy a visit with Flurry the Snowman and the Gingerbread Man. Don't forget to bring your camera for these spectacular light shows as well as two family photo spots (one indoors and the other outdoors). Feel free to remain after the tour to do a little holiday shopping at the Snowflake Shoppe inside the Visitor Center. Meet at 5:00 p.m. in front of the main entrance to the Gardens, located at 9750 Meadowlark Gardens Court, Vienna, VA (on Beulah Road, between Route 7 and Route 123). For directions, visit [www.meadowlarkgardens.org](http://www.meadowlarkgardens.org), or call 703-255-3631. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger than the advertised age. Participating children and adults must be registered.

#### 1, 90-minute session at Meadowlark Gardens

**\$6 (R)/\$12 (NR) • Haneline**

**December 1**

902207-5A Mon 5:30 p.m. – 7:00 p.m.

# TRIPS & TOURS



- **General Information for Adult & Family Trips and Tours:** Unless otherwise stated, luxury charter buses equipped with a bathroom will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.
- **Cancellations:** Please see our cancellation/refund policy on the Registration Information Page.
- **Children:** If eligible for participation, children must be accompanied by an adult as indicated.
- **Departure and Arrival:** Unless otherwise noted, departures occur from and return to RCC Hunters Woods.
- **Emergency Forms:** Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.
- **ADA Accommodations:** Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

## Atlantic City, New Jersey

(21 years and older)

Listed as one of America's best boardwalks by *Forbes Traveler*, Atlantic City is renowned for its vistas and attractions; take a stroll and visit the many venues including antique shops, cultural activities, piers, amusements, trolley tours and dining establishments. Weather permitting, take advantage of the long stretch of beach and soak up the sun or just enjoy the surf and sand. There is a casino venue drop-off to satisfy gaming enthusiasts. The casino destination and coin rebates will be determined closer to the time of the trip. Patrons entering the casino must be at least 21 years old. Fee includes transportation and a tour coordinator.

6:00 a.m.

Check-in at RCC Hunters Woods

11:00 p.m.

Estimated return time to Reston

**1, 17-hour trip**

**\$60 (R)/\$120 (NR) • Staff**

**October 18**

104013-5B

Sat

6:00 a.m. – 11:00 p.m.

## DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

## Christmas Town

(4 years and older)

Join us this holiday season as Busch Gardens will be transformed into a holiday wonderland called Christmas Town. The park comes alive with seasonal attractions that will surely get you into the holiday mood. Guests will stroll under a canopy of more than a million twinkling lights. There will be carolers and Christmas shows. You may even run into the man himself if you choose to visit Santa's Workshop. The complete Williamsburg holiday experience includes seeing the park's 45-foot Christmas tree with computerized lights that dance and change color along with the sights, sounds, and scents that will surely fill you with holiday cheer. Fee includes transportation, admission to the park, meal ticket, and trip coordinator. Children under the age of 18 must be accompanied by an adult/guardian 21 years or older. All participants must register.

11:00 a.m. Check-in at RCC Hunters Woods  
10:00 p.m. Estimated return to Reston

**1, 11-hour trip**  
**\$70 (R)/\$140 (NR) • Staff**

**December 6**  
105143-5A Sat 11:00 a.m. – 10:00 p.m.

## Fear Fest at Kings Dominion

(12 – 18 years old)

Travel to Kings Dominion for a day and night of rides and thrills. The park will be transformed into a haunted theme park with lots of scary and hair raising fun. Teen participants will be chaperoned by RCC staff. Fee includes transportation and admission only; participants are responsible for their own meals.

8:00 a.m. Check-in at RCC Hunters Woods  
11:00 p.m. Estimated return to Reston

**1, 15-hour trip**  
**\$35 (R)/\$70 (NR) • Staff**

**October 25**  
808889-5A Sat 8:00 a.m. – 11:00 p.m.



## Field of Screams

(13 years and older)

Travel with Reston Community Center to Scream City for a night of terror and thrills. The Field of Screams in Olney, MD is the most popular multi-haunt with three awesome haunts in one place! Take a 30-minute walk on the Trail of Terror and a crazy tour of the Illusion Manor haunted house. If still standing, try a ride on the totally new Hades Hayride! Teen participants will be chaperoned by RCC staff. Fee includes transportation and admission only; participants are responsible for their own meals.

4:30 p.m. Check-in at RCC Hunters Woods  
11:00 p.m. Estimated return to Reston

**1, 6.5-hour trip**  
**\$45 (R)/\$90 (NR) • Staff**

**October 17**  
831649-5A Fri 4:30 p.m. – 11:00 p.m.

## Halloween Tour of Eastern State Penitentiary

(12 years and older)

Back by popular, demented demand is a visit to the historic Eastern State Penitentiary near Philadelphia, PA. Visitors will enjoy an afternoon and evening filled with the history of the prison, as well as chills and thrills as they explore cells, hallways, mysterious rooms, and perhaps see (or imagine that they see) ghosts. A guided tour featuring the history of Eastern State will occur in the afternoon, followed by a Halloween-themed dinner at a nearby restaurant featuring entrees such as "Cereal Killer" or "The Lamb Shank Redemption." After dinner, prepare for a return visit to the "pen" where participants will experience a terrifying tour through the "haunted" portion of the prison. Please note that the restaurant has stairs and may be difficult to navigate for some individuals. This tour is not for the faint of heart. Due to the use of strobe lights, those with pacemakers may wish to forego the evening tour. Fee includes historic afternoon tour, dinner, evening haunted experience, admission, and transportation. This program is not appropriate for children under the advertised age range. Participants under the age of 18 must be accompanied by a parent/guardian over the age of 21. All participants, including parent/guardian must register.

10:30 a.m. Check-in at RCC Hunters Woods  
12:00 a.m. Estimated return to Reston

**1, 13.5-hour trip**  
**\$125 (R)/\$250 (NR) • Staff**

**October 11**  
901148-5A Sat 10:30 a.m. – 12:00 a.m.

## Hershey Park

(6 years and older)

Come and enjoy The Boardwalk at Hershey Park. It is a grand tribute to the boardwalks of the East Coast and has more than 100 fun-in-the-sun experiences including the largest water play structure in the world, twisting steel coasters, interactive live entertainment, mouthwatering food and an endless chocolate candy selection. This trip will be fun for the whole family. Please wear appropriate clothing and bring a swimsuit and towel. Fee includes admission and transportation.

7:00 a.m. Check-in at RCC Hunters Woods

10:00 p.m. Estimated return to Reston

### 1, 15-hour trip

**\$100 (R)/\$200 (NR) • Staff**

**September 20**

105142-5A Sat 7:00 a.m. – 10:00 p.m.

## JMU College Tour

(14 – 18 years old)

Spend the day touring the beautiful campus of James Madison University. Students will get the opportunity to speak with representatives from the office of admissions, multi-cultural center as well as other JMU students. This trip will be the perfect opportunity to begin your search for the perfect college. High school students only.

7:00 a.m. Check-in at RCC Hunters Woods

6:00 p.m. Estimated return to Reston

### 1, 11-hour trip

**\$30 (R)/\$60 (NR) • Staff**

**November 8**

808882-5A Sat 7:00 a.m. – 6:00 p.m.

## New York City and Radio City Music Hall

(6 years and older)

Spend a magical day in New York. Participants will arrive in New York City on Saturday morning to enjoy the 11:00 a.m. Christmas Spectacular performance at Radio City Music Hall. Afterwards, there will be plenty of free time to shop and sightsee before departing for the return trip to Reston. Fee includes motor coach transportation, tickets to the Radio City Music Hall Christmas Spectacular, and a trip coordinator. The trip is not appropriate for children under the advertised age range. Participants under the age of 18 must be accompanied by a parent/guardian over the age of 21. All participants must register.

5:30 a.m. Check-in at RCC Hunters Woods

12:00 a.m. Estimated return to Reston

### 1, 18.5-hour trip

**\$175 (R)/\$350 (NR) • Staff**

**November 22**

104015-5A Sat 5:30 a.m. – 12:00 a.m.

## Paintball

(13 – 18 years old)

Head out with Reston Community Center for a full day of fun and action. Participants must bring a packed lunch. Fee includes transportation, all paintball rental equipment and paint pellets, and trip coordinators. Middle and high school students only.

10:00 a.m. Check-in at RCC Hunters Woods

5:00 p.m. Estimated return to Reston

### 1, 7-hour trip

**\$45 (R)/\$90 (NR) • Staff**

**November 22**

833115-5A Sat 10:00 a.m. – 5:00 p.m.

## The Polar Express

(5 years and older)

Kids, grab your parents/guardians for a magical ride on the Polar Express, and forget all about Black Friday. The Polar Express train rides are based on the holiday feature film from Warner Bros., and the beloved children's book by Chris Van Allsburg about a doubting young boy who takes an extraordinary train ride to the North Pole on Christmas Eve. All will relive the magic of the story and experience the sounds from the motion picture soundtrack. Young passengers may dress in their pajamas for the journey as this nighttime train whisks families away for an unforgettable ride to the North Pole from the train depot in Elkins, WV. During the trip, the conductor will punch tickets as dancing chefs serve hot chocolate, followed by a reading of Van Allsburg's classic. At the North Pole, Santa will board the train, greet the children, and offer a gift for those who truly believe - a silver sleigh bell. An early dinner will be provided prior to the train ride at the Rail Yard Restaurant, adjacent to the Elkins Depot. Parent/guardian must fully participate in the activities. This program is designed for young children and their parents/guardians. It is not appropriate for children younger than the advertised age range. All children under the age of 18 must be accompanied by a registered, paying adult over the age of 21. Children and adults must register.

11:00 a.m. Check-in at RCC Hunters Woods

12:00 a.m. Estimated return to Reston

### 1, 13-hour trip

**\$125 (R)/\$250 (NR) • Staff**

**November 28**

901196-5A Fri 11:00 a.m. – 12:00 a.m.

# VISUAL ARTS



## Abstract Painting

(18 years and older)

Learn the basics of abstract painting from a historical point of view from the French Impressionist to the American Abstract painters of the fifties.

You will walk away with a better understanding of abstract painting by participating in fun and easy projects. The class is geared for the beginner, but all levels of experience are welcome. Supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Lopes**

**September 9 – October 28**

402458-5A Tue

7:00 p.m. – 10:00 p.m.

## Acrylic Painting

(16 years and older)

Join instructor Arnold Lopes for this fun exploration of the acrylic medium. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Lopes**

**September 11 – October 30**

402421-5B Thu

7:00 p.m. – 10:00 p.m.

## Beginning and Intermediate Watercolor

(18 years and older)

This beginning/intermediate class will focus on creating expressive watercolors that have energy. Loosen up and learn how to love spontaneous watercolor techniques, achieve sparkling, clear colors and paint wet-in-wet. These approaches yield wonderful results. Instructor will demonstrate techniques and coach students individually. A supply list will be provided prior to first class.

**8, 2.5-hour sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Lashley**

**September 10 – October 29**

402532-5A Wed

10:00 a.m. – 12:30 p.m.

## Chinese Brush Painting

(18 years and older)

Artists as well as potters will learn the art of Chinese brush painting from Tracie Griffith-Tso, an award-winning artist who has practiced this ancient art form since the age of twelve. Students of all skill levels will be taught the fundamental brushstrokes and will learn to use traditional materials to experience the art of the Far East. Fundamentals learned can be used in paintings and ceramic decorations.

**8, 2.5-hour sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Griffith-Tso**

**October 2 – November 20**

402512-5A Thu

10:00 a.m. – 12:30 p.m.



## Creative Capers

(6 – 9 years old)

Creativity sizzles with this fascinating and fun immersion into the world of art by exploring different visual art forms such as clay, drawing, and much more.

**8, 60-minute sessions at RCC Lake Anne**

**\$60 (R)/\$120 (NR) • Nagy**

**September 8 – November 3 (No Class October 13)**

402430-5A      Mon      4:30 p.m. – 5:30 p.m.

## GRACE Art for Preschoolers

(3 – 5 years old)

Based on the widely popular GRACE Art program offered in schools, this program introduces young children to art. Using a combination of age-appropriate interactive discussion and looking techniques with visuals, books, videos, and games, the children will explore a new artist or subject each week. The discussion is followed by an engaging hands-on project designed to reinforce the lesson. Children will explore a variety of media and will become familiar with the basic elements of art.

**8, 60-minute sessions at RCC Lake Anne**

**\$60 (R)/\$120 (NR) • Greater Reston Arts Center**

**September 9 – October 28**

402610-5A      Tue      10:00 a.m. – 11:00 a.m.

## GRACE Art in the Home-school

(5 – 11 years old)

Home-school students now have the opportunity to participate in GRACE Art, the signature education program of Greater Reston Arts Center typically offered in schools. GRACE staff will deliver an interactive art history lesson through a PowerPoint presentation followed by an engaging hands-on art project designed to reinforce the lesson. The artist or topic for the lesson is listed with the date. All sessions are held at Greater Reston Arts Center (GRACE), 12001 Market Street, Suite 103, Reston, VA.

- September 18      African Masks
- October 9      Vincent van Gogh
- November 13      History of Photography
- December 11      Andy Warhol

**1, 60-minute session at Greater Reston Arts Center**

**\$25 (R)/\$50 (NR) per student • Greater Reston Arts Center**

**September 18**

402598-5A      Thu      10:00 a.m. – 11:00 a.m.

**October 9**

402598-5B      Thu      10:00 a.m. – 11:00 a.m.

**November 13**

402598-5C      Thu      10:00 a.m. – 11:00 a.m.

**December 11**

402598-5D      Thu      10:00 a.m. – 11:00 a.m.

## Hand Building

(18 years and older)

Students of all skill levels will explore hand-building techniques including pinch, coil and slab methods. Students will create an array of clay projects including tiles and masks. Class fee includes 25 lbs. of clay, firing, and glazes and three 1-hour open studio visits. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**

**\$110 (R)/\$220 (NR) • Staff**

**September 10 – October 29**

402464-5B      Wed      7:00 p.m. – 9:30 p.m.

## Mixed Media Painting

(18 years and older)

This offering encourages many aspects of creating paintings using a variety of surface treatments. Paintings may be abstract or representational depending on the artist's preference. While this is an instructional class, participants are free to work independently. For those who wish, there will be lessons that focus on a particular effect, material or group of materials from which to build your works of art.

**8, 3-hour sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Ross**

**September 10 – October 29**

402607-5A      Wed      1:30 p.m. – 4:30 p.m.

## Monday Super Studio

(7 – 12 years old)

These hands-on art workshops are influenced by exhibitions in the Greater Reston Arts Center gallery. In each session, children will cultivate their creativity and curiosity and will create art using a variety of materials. All sessions are held at the Greater Reston Arts Center (GRACE), 12001 Market Street, Suite 103, Reston, VA.

**4, 90-minute sessions at Greater Reston Arts Center**

**\$75 (R)/\$150 (NR) • Greater Reston Arts Center**

**September 29 – October 27 (No Class October 13)**

402535-5A      Mon      3:30 p.m. – 5:00 p.m.

**November 17 – December 8**

402535-5B      Mon      3:30 p.m. – 5:00 p.m.

## Painting with Oil and Acrylic

(18 years and older)

Explore the creative potential of using oil or acrylic paint. This class is designed for all skill levels in a studio workshop setting. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**

**\$75 (R)/\$150 (NR) • Coulter-Blehert**

**September 10 – October 29**

402483-5B      Wed      7:00 p.m. – 10:00 p.m.

### Remixed Media: Urban Fusion 101

(18 years and older)

Toss inhibitions aside and enter an artistic playground where things aren't always what they seem. Listen to your intuition, and bust through creative road blocks as you turn overlooked everyday objects into art tools that add rich, textured layers to your canvas, paper or fabric. Learn spraying, stenciling and lettering techniques of graffiti fusion to create original collage paintings with an inspirational urban vibe.

**6, 3-hour sessions at RCC Lake Anne**  
**\$75 (R)/\$150 (NR) • Mullarkey**

**November 5 – December 17 (No Class November 26)**  
 402604-5A Wed 10:00 a.m. – 1:00 p.m.

### Sculpture I

(18 years and older)

This course is designed for beginner through advanced students interested in learning or honing skills in three-dimensional expression. The techniques taught will be tailored to individual skill levels and will include, but will not be limited to, sculptural basics such as positive and negative space, sweep, formal sculptural relationships, and observation. Class fee includes 25 lbs. of clay, firing and glazes and three 1-hour visits to the open studio. Supplies will be discussed during the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$110 (R)/\$220 (NR) • Zoller**

**September 8 – November 3 (No Class October 13)**  
 402500-5C Mon 10:00 a.m. – 12:30 p.m.

**September 9 – October 28**  
 402500-5D Tue 7:00 p.m. – 9:30 p.m.

### TGIF: Free Fridays

(all ages)

Thank GRACE, it's Friday! Greater Reston Arts Center opens its doors for an evening of family art making, dramatic storytelling and exploration in the gallery that promises to excite the senses while strengthening art literacy and looking skills. This program is developed in partnership with Greater Reston Arts Center, who will lead creative arts workshops for each event. The Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston, VA.

**1, 2-hour session at Greater Reston Arts Center**  
**Free, Registration Req. • Greater Reston Arts Center**

**October 3**  
 402549-5A Fri 5:00 p.m. – 7:00 p.m.

**November 14**  
 402549-5B Fri 5:00 p.m. – 7:00 p.m.

**December 5**  
 402549-5C Fri 5:00 p.m. – 7:00 p.m.

### Watercolor Studio

(18 years and older)

Whether you are a beginner or a more experienced painter, join instructor Arnold Lopes for this watercolor studio and explore your own creativity by working on individual projects and contributing to group discussions. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$75 (R)/\$150 (NR) • Lopes**

**September 12 – October 31**  
 402441-5A Fri 7:00 p.m. – 10:00 p.m.

### Wheel I

(18 years and older)

Learn how to work with clay and master simple pinch forms, wedging, centering, and throwing bowls "off the hump." Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$110 (R)/\$220 (NR) • Zoller**

**September 11 – October 30**  
 402462-5C Thu 10:00 a.m. – 12:30 p.m.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$110 (R)/\$220 (NR) • Saltzman**

**September 11 – October 30**  
 402462-5D Thu 7:00 p.m. – 9:30 p.m.



## Wheel II

(18 years and older)

This course will cover review and refinement of basic throwing skills. Students must know how to center. In this course, students will move from the beginning to the intermediate level. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits. A supply list will be provided prior to the first class

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$110 (R)/\$220 (NR) • Alexander**

**September 8 – November 3 (No Class October 13)**

404210-5C      Mon                                      7:00 p.m. – 9:30 p.m.

**September 12 – October 31**

404210-5D      Fri    10:00 a.m. – 12:30 p.m.

## Wheel III

(18 years and older)

Students will focus on refining basic throwing skills and personal style. Prerequisites include being able to wedge, center, and throw an eight-inch (approximately) bowl and cylinder. Some hand-building will be incorporated. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$110 (R)/\$220 (NR) • Cordyack**

**September 9 – October 28**

402463-5C      Tue    10:00 a.m. – 12:30 p.m.

**September 9 – October 28**

402463-5D      Tue    7:00 p.m. – 9:30 p.m.

## Zendoodle

(18 years and older)

Use zendoodle technique to turn doodles into wonderful two- and three-dimensional art. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$70 (R)/\$140 (NR) • Ross**

**September 8 – November 3 (No Class October 13)**

402555-5A      Mon    10:00 a.m. – 12:30 p.m.

## OPEN CERAMIC STUDIO

### Open Ceramics Studio

(16 years and older)

The public is invited to use RCC's Ceramic Studio. Reservations are not required. The RCC Ceramics Studio will be closed December 20 through January 7, reopening on January 10, 2015. Ceramic Studio hours are Wednesdays 10:00 a.m. – 2:00 p.m. and Saturday 1:00 p.m. – 5:00 p.m. Please check the Ceramics Studio calendar for additional studio times or closures.

**RCC Lake Anne • Staff**

Each pass visit is one hour.  
 The fee includes firing and glazes.  
 Clay cost is \$15 – \$20 for 25 pounds.

**\$15 (R)/\$30 (NR) Drop-in**  
**\$36 (R)/\$72 (NR) 12-Visit Pass**

**September 10-December 20**

Drop-in	Wed	10:00 a.m. – 2:00 p.m.
Drop-in	Sat	1:00 p.m. – 5:00 p.m.



## DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

# WOODWORKING



- **Level I Beginner:** Easy project with basic skill development.
- **Level II Intermediate:** More challenging project that develops advanced skills. Student should have completed at least two Beginner level classes.
- **Level III Advanced:** Difficult project; will challenge the Level II Intermediate student.

## Basic Hand Tools

(18 years and older)

Through building a few simple projects in this introductory course, students will learn the proper use of hand tools to become a better woodworker while reducing noise and dust. Safety is a primary concern and is covered in detail for each tool. Students can apply the skills learned in this course to build a project of their choosing during the "Open Shop" hours. All materials and supplies are included in the fee. Students must provide their own safety equipment which include eye, noise and dust protection for the course. Level 1 Beginner.

**4, 3-hour sessions at RCC Hunters Woods**

**\$95 (R)/\$190 (NR) • Ingram**

**October 24 – November 14**

102381-5A

Fri

6:30 p.m. – 9:30 p.m.

## Basic Machine Tools

(18 years and older)

Students learn to use shop tools by building a simple project. Through building a simple project in this introductory course, students learn the

use of many of the more common power tools available in the RCC woodshop. Safety is a primary concern and is covered in detail for each tool. Students can then apply the skills learned in this course to build a project of their choosing during the RCC open shop hours. All supplies and materials are included in the class fee. Students must provide their own safety equipment (eye, ear and dust protection) for the course. Level I Beginner.

**4, 3-hour sessions at RCC Hunters Woods**

**\$110 (R)/\$220 (NR) • Ingram**

**September 12 – October 10 (No Class October 3)**

105561-5A

Fri

6:30 p.m. – 9:30 p.m.

## Gustav Stickley Sideboard

(18 years and older)

This Harvey Ellis design was a very popular item in its day and is gaining in popularity again. This server includes the arts and crafts features of the overhanging top, a dramatic arch under the drawers, extended sides and tapered legs. This has red oak as the primary wood and poplar as the secondary wood. All supplies and materials are included in the class fee. Students must provide their own hand tools and personal safety equipment (eye, ear, and dust protection) for the course. Level II Intermediate.

**10, 3-hour sessions at RCC Hunters Woods**

**\$255 (R)/\$510 (NR) • Church**

**September 18 – December 11**

**(No Class October 9, November 13, November 27)**

104136-5A

Thu

6:30 p.m. – 9:30 p.m.

## Individual Guided Project

(18 years and older)

Learn how to develop a design, prepare plans, determine material requirements and cut lists, and assemble your woodworking project. All projects must be: 1) made of solid wood (not plywood), 2) limited in size and 3) approved in advance by the instructor. Project examples include: a small book shelf, a wall cabinet, a small table or wall shelves. Students are required to purchase their own wood and materials for their project and remove the project following each class since storage is unavailable. Students must provide their own hand tools and personal safety equipment (eye, ear, and dust protection) for the course. Please contact the instructor at 703-476-4500 ext. 2231 or Calvin.Church@fairfaxcounty.gov in advance to discuss your proposed project. Level I Beginner.

### 8, 3-hour sessions at RCC Hunters Woods

**\$130 (R)/\$260 (NR) • Church**

**September 8 – October 27**

102379-5A Mon 9:30 a.m. – 12:30 p.m.

**October 20 – December 8**

102379-5B Mon 6:30 p.m. – 9:30 p.m.

## Parent and Child Woodshop - Peg Shelf

(8 years and older)

Parent and child can spend an evening in the woodshop learning about basic woodworking skills while building a project together. In this class students will use a local hardwood to build a shelf with pegs that can be used for books, athletic equipment or clothes. Students will learn shop safety and how to use tools including the bandsaw, drill press, hammer and nails. Students will take home their completed project. All supplies and materials are included in the class fee. One parent must accompany each child while fully participating in the activities. This program is not appropriate for children younger than the advertised age range. Participating children must be registered. Level I Beginner.

### 1, 3-hour session at RCC Hunters Woods

**\$50 (R)/\$100 (NR) • Church**

**October 17**

104161-5A Fri 5:30 p.m. – 8:30 p.m.

## Parent and Child Woodshop - Tote

(8 years and older)

Parent and child can spend an evening in the woodshop learning about basic woodworking skills while building a project together. In this class students will use a local hardwood to build a tote that can be used for tools, crafts or silverware. Students will learn shop safety and how to use tools including the bandsaw, drill press, sander, hammer and nails. Students will take home their completed project. All supplies and materials are included in the class fee. One parent must accompany each child while fully participating in the activities. This program is

not appropriate for children younger than the advertised age range. Participating children must be registered. Level I Beginner.

### 1, 3-hour session at RCC Hunters Woods

**\$50 (R)/\$100 (NR) • Church**

**September 5**

104160-5A Fri 5:30 p.m. – 8:30 p.m.

## OPEN WOODSHOP

### Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer, and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

**RCC Hunters Woods • Staff**

**\$7 (R)/\$14 (NR) Tue**

**\$10 (R)/\$20 (NR) Fri**

**\$12 (R)/\$24 (NR) Sat**

**September 2 – December 23**

Drop-in Tue 6:00 p.m. – 10:00 p.m.

**September 5 – December 19**

Drop-in Fri 9:00 a.m. – 3:00 p.m.

**September 6 – December 20**

**(Shop will be closed October 4)**

Drop-in Sat 9:00 a.m. – 5:00 p.m.





# Master Craftsman Woodworking Series

(18 years and older) at RCC Hunters Woods

Reston Community Center and the Washington Woodworkers Guild have partnered to bring professional woodworker Yann Giguère to Reston to lead both a seminar and a two-day, hands-on workshop. Register to attend the free lecture on Friday evening, when Mr. Giguère will discuss Japanese woodworking and tools. Mr. Giguère is a highly skilled, longtime practitioner of traditional Japanese woodworking techniques. His design and build experience includes entire timber frame homes, interior features ranging from stairs and shojis to cabinetry, garden structures, and furniture. He is a passionate educator on Japanese tools and techniques that can be incorporated into existing woodworking practices. To learn more about his design/build studio specializing in the Japanese tradition of fine custom woodworking, visit: [mokuchiwoodworking.com](http://mokuchiwoodworking.com). To further explore Japanese woodworking and learn new techniques to incorporate into their existing woodworking practices, students are encouraged to register through RCC to attend the two-day workshop - Japanese Joinery in Furniture Making - on Saturday and Sunday.



## JAPANESE WOODWORKING AND TOOLS SEMINAR

Friday, October 3

7:00 p.m. – 9:00 p.m.

Free • Registration Required • 103057-5A

A finely tuned Japanese hand plane can produce gauze-thin shavings, leaving a glass-smooth finished surface on wood that does not require sanding, oiling or varnish, but much skill is involved in accomplishing this. In this lecture, Mr. Giguère will explore the basic aspects of Japanese woodworking including the tools, methods, joinery and philosophy. He will demonstrate how to set up and use Japanese planes, chisels and pull saws and will discuss basic joinery layout and cutting of some of the unique joinery found in Japanese woodworking.



## JAPANESE JOINERY IN FURNITURE MAKING

This intensive two-day workshop led by Yann Giguère will provide students with the fundamentals needed to create a variety of projects. Students will focus on the core joinery techniques – mortise and tenon and the kanawa scarf joint – that are found throughout Japanese woodworking, from timber framing and shoji screens to cabinets and furniture. The course will feature demonstrations, discussion of proportions and applications, and a lot of hands-on practice. Students will take away a firm grasp of these most central joint techniques.

**Tools required:** 210mm ryoba saw; 6mm, 12mm, and 24mm chisels; block plane and/or a finish plane **Optional:** dozuki saw, marking gauge. A list of other useful tools for the class will be provided to registered students. Also, Mokuchi Studio is a Japanese tool retailer and can provide guidance on obtaining tools and a student discount.

**HURRY, SPACE IS EXTREMELY LIMITED!**

**October 4 – 5**

**9:00 a.m. – 5:00 p.m.**

**Registration Required Through RCC • 103039-3A  
\$200 - Due to Washington Woodworkers Guild**

Participants must register through RCC but the \$200 payment is due to the Washington Woodworkers Guild at least two weeks prior to the workshop. Registered participants will be contacted and provided with payment details including the required method, due date, and a mailing address. The two-day workshop is limited to 15 participants, so register soon.

## Pinewood Derby Workshop

(7 – 14 years old)

The RCC Woodshop is available on specific dates to allow Cub Scouts to work on Pinewood Derby projects from December through February. Each Den may register for up to two sessions. A Den must register under the Den Leader's name and pay the flat fee upon registration for a minimum of six participants and a maximum of twelve. Parents are strongly encouraged to accompany their children to assist with project completion and Scout supervision. The Woodshop will not be available for Pinewood Derby projects outside of the scheduled times. Only one Den will be hosted in the Woodshop per scheduled session. Registration is required; no walk-ins.

### 1, 2-hour session at RCC Hunters Woods

**\$50 (R)/\$100 (NR) • Church**

#### December 10

101003-5A Wed 5:30 p.m. – 7:30 p.m.

#### December 10

101003-5B Wed 7:30 p.m. – 9:30 p.m.

#### December 15

101003-5C Mon 5:30 p.m. – 7:30 p.m.

#### December 15

101003-5D Mon 7:30 p.m. – 9:30 p.m.

#### December 17

101003-5E Wed 5:30 p.m. – 7:30 p.m.

#### December 17

101003-5F Wed 7:30 p.m. – 9:30 p.m.

#### December 22

101003-5G Mon 5:30 p.m. – 7:30 p.m.

#### December 22

101003-5H Mon 7:30 p.m. – 9:30 p.m.

## Shaker Side Table

(18 years and older)

Measuring 18" x 18" x 27", this cherry side table is one of the most universal pieces of Shaker furniture. It can be used next to a reading chair, couch, in a hallway to hold a lamp or next to a bed to hold the alarm clock. With its small drawer, it even offers some storage space. This project is ideal for the beginning or intermediate woodworker. The classic understated Shaker design is attractive yet not so difficult to build even for someone new to woodworking. All materials and supplies are included in the fee. Students must provide their own personal safety equipment (eye, ear, and dust protection) for the course. Level I Beginner.

### 8, 3-hour sessions at RCC Hunters Woods

**\$110 (R)/\$220 (NR) • Harrington**

**September 4 – October 30 (No Class September 11)**

104124-5B Thu 9:30 a.m. – 12:30 p.m.

## LECTURE SERIES

(18 years and older)

### Thursdays at RCC Hunters Woods

**\$10 (R)/\$20 (NR) per lecture**

**Registration Required**

### Starting a Woodworking Project

**September 11 • 6:30 p.m. – 9:30 p.m.**

104165-5A

This lecture addresses the vital things a woodworker needs to know before starting a project. Topics include devising a plan, wood selection, material lists, cut lists, skills needed for the project, and safety equipment.

### Essential Tools, Marking and Layout

**October 9 • 6:30 p.m. – 9:30 p.m.**

104166-5A

This lecture discusses the critical first steps to developing a woodworking project: marking and layout. Topics discussed include: the importance of accurate layout and orientation, layout tools and marking tools needed to start the project, proper marking techniques, proper measuring techniques, and how these practices help save time and money.

### Sharpening

**November 13 • 6:30 p.m. – 9:30 p.m.**

104167-5A

This is a lecture and demonstration of various techniques of tool sharpening. Additional discussion points include the importance of sharp tools, how sharpening tools saves time and money, different methods of sharpening, and the pros and cons of each method.

### Adhesives

**December 11 • 6:30 p.m. – 9:30 p.m.**

104168-5A

This lecture discusses woodworking adhesives. Topics include: different types of adhesives (white/yellow glues, epoxy, cyanoacrylate, polyurethane, urea formaldehyde, and contact cement), proper adhesive selection, proper adhesive application, and various clamping techniques.

# 55+ PROGRAMS



## Computer

The 55+ computer classes at RCC are designed to work in sequence, building on skills learned at lower levels leading up to the highest level. For best results, students are encouraged to take the necessary prerequisites first. Focus workshops generally do not require prerequisites and are quick, one day tutorials to assist students in maintaining their skill levels.

### **Beginning Level (No Prerequisites)**

*Basic Computer Skills*

*Working in Windows*

*MS Word I*

### **Intermediate Level (Prerequisite: Basic Computer Skills, Working in Windows or MS Word I)**

*Computer Maintenance and Housekeeping*

*Searching the Internet*

*MS Word II Prerequisite*

### **Advanced (Prerequisite: MS Word II)**

*MS Excel I*

### **Basic Computer Skills**

(55 years and older)

This class is for inexperienced and new computer users. After an introduction to the main components of a computer, students will have hands-on practice using the mouse for navigation. Learn how to work in the Windows operating system and practice using icons to move around the computer. The class also teaches the basics of filing so that students may organize files on their home computer.

**3, 2.5-hour sessions at RCC Hunters Woods**

**\$45 (R)/\$90 (NR) • O'Connell**

**September 23 – September 25**

505501-5A

Tue, Wed, Thu

10:00 a.m. – 12:30 p.m.



## Buying a Tablet Computer

(55 years and older)

Apple's iPad and other tablets are everywhere – in coffee shops, libraries and even at the beach. Is the tablet another expensive electronic toy, or is it a useful device? In one session, discover the capabilities and limits of tablet technology. This class will discuss how tablets and iPads are different from a personal computer, how they compare with other technologies, and what the most common uses for older adults are. Students will leave with a checklist to help with tablet purchasing decisions.

**1, 2.5-hour session at RCC Hunters Woods**  
**\$15 (R)/\$30 (NR) • O'Connell**

**September 23**

500213-5A Tue 1:30 p.m. – 4:00 p.m.

**December 9**

500213-5B Tue 1:30 p.m. – 4:00 p.m.

## Computer Maintenance and Housekeeping

(55 years and older)

Students will learn how to keep their computers running smoothly by using system tools, utility programs, firewalls, and virus protection. Participants will also learn how to handle a computer crash, decipher error messages, archive and delete files, and keep computers updated automatically. Prerequisite: Basic Computer Skills or Working in Windows

**2, 2.5-hour sessions at RCC Hunters Woods**  
**\$32 (R)/\$64 (NR) • Livingston**

**September 11 – 12**

505001-5A Thu, Fri 10:00 a.m. – 12:30 p.m.

## Do More Online

(55 years and older)

In this interactive class, learn how to: store medical records and seek health information; learn the pros and cons of shopping on Amazon.com; research family history; and communicate with distant relatives and friends via Skype and Apple's FaceTime. In addition, get acquainted with online banking, Google, YouTube and e-Books.

**1, 2.5-hour session at RCC Hunters Woods**  
**\$15 (R)/\$30 (NR) • Livingston**

**October 31**

500220-5A Fri 10:00 a.m. – 12:30 p.m.

## Savvy Online Shopping

(55 years and older)

Shopping online can be easy and safe if shoppers follow a few guidelines. Topics include:

- Benefits of shopping online
- Searching for and comparing products
- Safe and secure purchasing and payment

Students will explore all of the above and will also learn about filling out forms and identifying security features. Students should already have experience searching the Internet.

**1, 2.5-hour session at RCC Hunters Woods**  
**\$15 (R)/\$30 (NR) • O'Connell**

**November 11**

500207-5A Tue 10:00 a.m. – 12:30 p.m.

## Searching the Internet

(55 years and older)

Want to do more on the Internet than just use email? This overview of the Internet will introduce students to the tools located on the web browser, including cookies, popups, spyware, and search history. Learn tips for safeguarding privacy and Internet security. Practice conducting searches, printing and filing web pages, and organizing favorites. Email topics include sending and organizing email and downloading attachments.

**3, 2.5-hour sessions at RCC Hunters Woods**  
**\$45 (R)/\$90 (NR) • O'Connell**

**October 22 – 24**

500224-5A Wed, Thu, Fri 10:00 a.m. – 12:30 p.m.

## Selling on eBay

(55 years and older)

Have lots of great "stuff" in the garage or basement collecting dust? In this two-day beginner course, students will learn how to use eBay effectively to list items for sale, tend the auction, and finalize the sale with PayPal. Discover all the tips and tricks to maximize the online auction experience. Please have an item in mind to sell and a functional email address to use in class.

**2, 2.5-hour sessions at RCC Hunters Woods**  
**\$32 (R)/\$64 (NR) • Livingston**

**September 8 – 15**

505500-5A Mon 10:00 a.m. – 12:30 p.m.



## Using the iPad – Beginners

(55 years and older)

This class is for new iPad users. The iPad is more than a gadget for playing games and showing pictures; it can become an integral part of your life. The class will discuss iPad set-up, controls and navigation, the keyboard and Siri, accessing Wi-Fi, downloading and organizing apps, using FaceTime for video calls, and camera basics. Please bring your iPad to class.

**2, 2.5-hour sessions at RCC Hunters Woods**

**\$30 (R)/\$60 (NR) • O'Connell**

**October 15 – October 16**

500225-5A      Wed, Thu      10:00 a.m. – 12:30 p.m.

## Using the iPad – Advanced

(55 years and older)

This class is for those who are comfortable with the basic features of their iPad. Learn how to use Spotlight and other search techniques, back-up and store files on the cloud, move files to and from your iPad, view movies and TV programs, synchronize music files, and email and organize photos. Also included is an introduction to Pages, which is the iPad word processor. Please bring your iPad to class.

**2, 2.5-hour sessions at RCC Hunters Woods**

**\$30 (R)/\$60 (NR) • O'Connell**

**November 13 – November 14**

500377-5A      Thu, Fri      10:00 a.m. – 12:30 p.m.

# Crafts

## Knitting Circle

(55 years and older)

Come join the RCC instructor-led knitting circle. Share ideas and expertise while chatting with new and old friends and bring a new or existing project. Beginners, as well as more advanced knitters, are encouraged to attend. Be ready to share and learn new skills in this relaxed and sociable setting.

**12, 90-minute sessions at RCC Hunters Woods**

**\$32 (R)/\$64 (NR) • Van Trees**

**September 15 – October 22**

500204-5A      Mon, Wed      10:00 a.m. – 11:30 p.m.

**November 3 – December 10**

500204-5B      Mon, Wed      10:00 a.m. – 11:30 p.m.

## Making Jewelry on a Budget

(55 years and older)

Participants will make wire bead jewelry from copper or silver wire and beads found in craft stores and chic jewelry made with items found in a tool box. Take home beautiful new accessories and the skills to create gifts for friends and family. No prior experience is necessary. All materials and tools will be provided and are included in the class fee.

**8, 2-hour sessions at RCC Hunters Woods**

**\$65 (R)/\$130 (NR) • Van Trees**

**September 15 – October 8**

500337-5A      Mon, Wed      12:00 p.m. – 2:00 p.m.



# Digital Photo

Level/Class	Prerequisite
<b>BEGINNING LEVEL</b>	
DigiPhoto I - Intro	MS Word II, Basic Computer Skills or Working in Windows
DigiPhoto I - Organize	MS Word II, Basic Computer Skills or Working in Windows
DigiCam Features I	None
DigiCam Features II	None
<b>INTERMEDIATE LEVEL</b>	
DigiPhoto II - Edit	DigiPhoto I - Intro
DigiCam II - Taking Better Pictures	Any DigiCam Features Class
DigiCam II - Taking Black and White Pictures	Any DigiCam Features Class
<b>ADVANCED LEVEL</b>	
DigiPhoto III - Color	DigiPhoto II - Edit
DigiPhoto III - Tools	DigiPhoto II - Edit
DigiPhoto III - Layers	DigiPhoto II - Edit
DigiPhoto III - Updates	DigiPhoto II - Edit

## Archiving Photos

(55 years and older)

Digital photo files are very fragile and can quickly become lost. In this beginning class, students will learn how to safely preserve their digital photo files (remember there's no shoebox of negatives in the closet with digital photography). Benefits and downsides of both online and offline storage will be discussed.

**1, 2-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Lazear**

**October 1**

500773-5A      Wed      10:00 a.m. – 12:00 p.m.

## Camera Features I

(55 years and older)

Students will learn to get more out of their digital cameras by exploring some of their many features. Students will learn the following skills in this hands-on workshop:

- Set the flash (on, off, or for red eye)
- Delete poor pictures (while still on the camera)
- Take self-timer pictures (to be in the picture, too)
- Take a burst of pictures (to capture a quick action)
- Take long exposure pictures (to capture a night scene)
- Take short videos (to add dimensions of sound and motion)
- Add colored overtones to pictures (like sepia and black and white)

Students must bring a digital camera, camera manual, and spare batteries or AC adapter.

**2, 2-hour sessions at RCC Hunters Woods**

**\$36 (R)/\$72 (NR) • Lazear**

**October 27 – October 28**

503856-5A      Mon, Tue      10:00 a.m. – 12:00 p.m.

## Camera Features II

(55 years and older)

Wonder what all those buttons and menus are on digital cameras? Learn ways to become more comfortable using digital cameras and their features. This personal attention, hands-on class explores features of digital cameras by looking at a variety of topics:

- Using optical and digital zoom
- Taking sharp close-up photos of flowers, jewelry and other small items
- Adjusting for tricky lighting conditions
- Stabilizing the camera (with and without a tripod)
- Avoiding over- and under-exposed pictures
- Setting exposure to match the lighting
- Taking bracketed exposures
- Taking panoramic pictures and stitching them together

Students must bring a camera, camera manual, and spare batteries or AC adapter.

**2, 2-hour sessions at RCC Hunters Woods**

**\$36 (R)/\$72 (NR) • Lazear**

**November 17 – November 18**

505749-5A      Mon, Tue      10:00 a.m. – 12:00 p.m.

## Intro to Digital Photography

(55 years and older)

This three-day course introduces students to various aspects of digital photography. Students will learn about digital cameras, photographic file formats, and beginning photo editing using Adobe Photoshop Elements. Students will explore how to use, display, and share photos. This is not recommended for beginning computer users.

Prerequisite: MS Word II

**3, 2-hour sessions at RCC Hunters Woods**

**\$48 (R)/\$96 (NR) • Lazear**

**October 6 – 8**

505507-5A      Mon, Tue, Wed      10:00 a.m. – 12:00 p.m.

## Making a Photo Collage

(55 years and older)

Participants will learn how to make a photo collage using Picasa software. Explore the different types of collages, features that can be added to photos, and ways to showcase the finished collage. Learn how to use those beautiful photos stored on the computer in a creative and fun way.

**1, 2-hour session at RCC Hunters Woods**

**\$20 (R)/\$40 (NR) • Lazear**

**October 30**

500229-5A      Thu      10:00 a.m. – 12:00 p.m.

## Organizing Photos

(55 years and older)

Swamped by digital photos and want to organize them to easily find them again? In this beginning class, students will learn ways to name photos and folders for retrieval. They also will learn the benefits and pitfalls of organizing software and websites, as well as good habits for storing their photos. Prerequisites: Student must be able to create folders and subfolders, rename folders and files, move files and folders, and look at the properties of a file.

**2, 2-hour sessions at RCC Hunters Woods**

**\$36 (R)/\$72 (NR) • Lazear**

**September 29 – 30**

500774-5A      Mon, Tue      10:00 a.m. – 12:00 p.m.

## Take Better Pictures

(55 years and older)

This intermediate-level course will offer tips to improve basic picture-taking skills. These include using flash, steadying the camera, and taking hard-to-get shots of kids and pets. In addition, the class will explore different aspects of photo composition to move your pictures beyond mere snapshots. Topics will include: the rule of thirds, balancing objects, use of lines and empty space, and backgrounds. Students have homework assignments that require taking pictures outside of class. These will be reviewed and critiqued at the next session. Students must bring a camera, camera manual, spare batteries or an AC adapter to each class. Prerequisite: at least one DigiCam Features class.

**3, 2-hour sessions at RCC Hunters Woods**

**\$48 (R)/\$96 (NR) • Lazear**

**November 5 – 19**

500243-5A      Wed      10:00 a.m. – 12:00 p.m.

## Taking Black and White Pictures

(55 years and older)

Black and white pictures have long been considered artwork, but they can also be another way to take personal pictures. This technique focuses on shapes, lighting, and composition, without the distraction of bright colors. This class explores taking black and white pictures, including the difference between original black and white, versus removing color later. Students will take pictures to be anonymously reviewed in class. Students must bring a camera, camera manual, and spare batteries or AC adapter. Prerequisite: DigiCam Features I or II and a camera with a black and white capability (please check the manual).

**2, 2-hour sessions at RCC Hunters Woods**

**\$36 (R)/\$72 (NR) • Lazear**

**November 3 – November 10**

500255-5A      Mon      10:00 a.m. – 12:00 p.m.

### 55+ PATRONS

Register for any Digital Photography class on pages 67 - 68 and receive a 20 percent discount.

# Discussion

## Bookends

(55 years and older)

Bookends meets on the fourth Thursday of each month to engage in a lively discussion of a variety of books selected each season by Bookends participants – fiction, non-fiction, memoirs, history, and both classic and current titles. Bring a bag lunch; hot tea, coffee, and cookies are provided. Books are on reserve at the Reston Regional Library; please ask for the Bookends selection at the Checkout Desk. Please note that the November and December session are the third Thursday of the month.

- September 25: *Still Alice* by Lisa Genova
- October 23: *The Dinner: A Novel* by Herman Koch
- November 20: *History of a Pleasure Seeker* by Richard Mason
- December 18: *Arcadia*, by Lauren Groff

## 4, 90-minute sessions at RCC Hunters Woods Free, Drop-in • Staff

September 25 – December 18

Drop-in      Thu      12:30 p.m. – 2:00 p.m.

## Current Issues Discussion Group

(55 years and older)

Interested in politics, how government works, world affairs or local events? Join this lively gathering and be prepared to debate and solve world and local problems. Newcomers are welcomed and encouraged to attend. Please note there will be no session on November 27.

## 15, 90-minute sessions at RCC Hunters Woods Free, Drop-in • Staff

September 4 – December 18

(No Class November 27)

Drop-in      Thu      10:30 a.m. – 12:00 p.m.

## Reston For A Lifetime

(18 years and older)

Reston For A Lifetime is a group of concerned citizens and organizations seeking to understand the needs and perceptions of Restonians and help create solutions toward making Reston a great place for people of all ages and abilities. Specific areas of interest include: Neighbors Helping Neighbors, Identifying Trusted and Reliable Vendors, Transportation and Getting Around, Housing and Universal Design, and Safe Neighborhoods. For more information on the initiative and the upcoming meeting schedule, please email [aginginreston@gmail.com](mailto:aginginreston@gmail.com) or call 703-672-1116.

September 10, October 8, November 12, December 10

## 4, 2-hour sessions at RCC Hunters Woods Free, Drop-in • Staff

September 10 – December 10

Drop-in      Wed      2:00 p.m. – 4:00 p.m.



# Enrichment

## AARP Smart Driver

(50 years and older)

This two-day workshop, conducted by an AARP instructor, teaches defensive driving to adults ages 50 and older. Upon successful completion of this course, participants may be entitled to a discount on their car insurance. A check payable to AARP for \$15 (AARP members) or \$20 (non-members) is due to the instructor on the first day of class. AARP members must present their membership card to the instructor. Participants should bring a lunch for a midday break or enjoy one of the restaurants in the shopping center.

**2, 5-hour sessions at RCC Hunters Woods**

**Free, Registration Req. • Young**

**October 14 – October 16**

505537-5A Tue, Thu 10:00 a.m. – 3:00 p.m.

## Benefits of the New Health Care Law

(55 years and older)

This AARP presentation provides a basic overview of the Affordable Care Act and how it affects the health care system, including Medicare, Medicaid, long-term care and increased consumer protections.

**1, 90-minute session at RCC Hunters Woods**

**Free, Registration Req. • AARP**

**September 26**

500381-5A Fri 1:00 p.m. – 2:30 p.m.

## Cell Phones 101

(55 years and older)

Back by popular demand, this class is for participants who want to do more with their cell phones but don't know where to begin. Teens are our modern-day experts on the latest technology, and they will sit down with participants (one-on-one) to explain and demonstrate cell phone features. Participants should bring their fully charged cell phone and instructional manual. This program has received rave reviews from past participants – don't miss out on this excellent, hands-on learning opportunity.

**1, 2-hour session at RCC Hunters Woods**

**Free, Registration Req. • Staff**

**October 16**

500073-5A Thu 5:30 p.m. – 7:30 p.m.

## Choose the Right Medicare Plan

(55 years and older)

Medicare plans can be confusing and difficult to understand and choosing the right plan is more important now than ever. Attendees will outline specific criteria for choosing the right Medicare plan for their individual needs by navigating through a decision-making process using star quality ratings and five important considerations.

**1, 2-hour session at RCC Hunters Woods**

**Free, Registration Req. • Paris-Yahr**

**September 24**

500311-5A Wed 1:00 p.m. – 3:00 p.m.

## Football 101

(55 years and older)

Fall is football season. Feel bewildered and confused hearing all of the talk about downs, fumbles, laterals and punts? What in the world does "First and Ten" mean? This beginner class will help participants understand football basics and to learn enough to join the Monday morning quarterbacking after the big game.

**1, 90-minute session at RCC Hunters Woods**

**Free, Registration Req. • Brutsché**

**September 18**

500310-5A Thu 2:00 p.m. – 3:30 p.m.





## How to Ride the Bus

(55 years and older)

In November 2004, Supervisor Hudgins and the Fairfax County Department of Transportation (FCDOT) introduced a unique Fairfax Connector bus that has been renovated and designed for training senior citizens to travel safely and independently on regional transit systems. The bus, called MATT (Mobile Accessible Travel Training), is used to educate seniors through a hands-on learning experience. Neighborhood and Community Services (NCS) staff will coordinate a transit experience centered on moving around the major transit locations in the North County corridor. The travelers-in-training will identify a bus stop near Reston Community Center, learn to read bus schedules and route maps, learn how to pay the fare and how to signal the driver to stop, as well as other bus travel skills. The bus will deliver participants to a Metrorail station where they will learn how to determine the fare and purchase Metrorail fare cards, load SmarTrip cards, read the system map, and board the trains to travel by rail. Participants will meet in the RCC Hunters Woods lobby at 1:00 p.m.

**1, 3-hour session at RCC Hunters Woods  
Free, Registration Req. • Staff**

**October 10**

500109-5A      Fri

1:00 p.m. – 4:00 p.m.

## Learn to Play Mah Jongg

(55 years and older)

Learn to play the ancient Chinese game of Mah Jongg in a traditional setting (up to four players per game). This fun and challenging activity stimulates the mind. Materials are included in the registration fee.

**4, 2.5-hour sessions at RCC Hunters Woods  
\$26 (R)/\$52 (NR) • Coshland**

**November 4 – 5 & November 11 – 12**

505540-5A      Tue, Wed      1:00 p.m. – 3:30 p.m.

## Maximizing Doctor Visits

(55 years and older)

This class will discuss what to do before, during and after doctor visits. Just as shopping lists are created as reminders, so too, should lists be prepared for very important doctor visits. In this class, participants will learn to maximize their trip and how to follow through afterwards to obtain the optimal results from their interactions with physicians.

**1, 60-minute session at RCC Hunters Woods  
Free, Registration Req. • McCoach**

**September 29**

500778-5A      Mon      2:00 p.m. – 3:00 p.m.

## Memoir Writing I

(55 years and older)

The basic tenets of writing memoirs are the focus of this course. Participants will explore useful writing topics during lively and supportive sessions, and between classes students will compose articles to read aloud and receive comments from classmates during the next session. Writers see the tangible results of their efforts in a printed and bound copy of their work provided at the end of the session. To ensure that all students are heard, class size is limited to eight.

**8, 2.5-hour sessions at RCC Hunters Woods  
\$40 (R)/\$80 (NR) • Mudd-Krijgelmans**

**September 8 – October 27**

505525-5A      Mon      10:00 a.m. – 12:30 p.m.



## Memoir Writing II

(55 years and older)

Building on the foundation of Memoir Writing I, this course delves further into key topics, such as form, style, and voice. To mold and frame the catalog of memories into one engaging tale, writers are advised to follow a story structure. It is the support of the group and its encouraging energy that will keep everyone motivated and on task. Those in the class may be working on their first draft, while others are on their final version. The different levels and viewpoints discussed provide tremendous support for each participant. To ensure that all students are heard, class size is limited to eight. Prerequisite: Memoir Writing I or instructor permission.

**8, 2.5-hour sessions at RCC Hunters Woods  
\$40 (R)/\$80 (NR) • Mudd-Krijgelmans**

**September 10 – October 29**

504991-5A      Wed      10:00 a.m. – 12:30 p.m.

## Memory Techniques

(55 years and older)

In this interactive setting, learn how the brain stores information, how to create new pathways, and how to increase information retention.

**1, 60-minute session at RCC Hunters Woods  
\$8 (R)/\$16 (NR) • Williams**

**October 28**

500383-5A      Tue      1:00 p.m. – 2:00 p.m.

## Memory Testing

(55 years and older)

Learn about various types of dementia. Professionals will offer private, 15-minute memory testing sessions and be available to answer individual questions and offer recommendations. This program is for informational purposes only; there will be no solicitation or obligations of attendees.

**1, 2-hour session at RCC Hunters Woods  
Free, Registration Req. • Williams**

**November 10**

500382-5A      Mon      10:00 a.m. – 12:00 p.m.

## Planning for Health Care in Retirement

(55 years and older)

One of the biggest concerns for retirees is the increasing cost of health care. Rising health care expenses as we age can cause great risk to financial security. Taking steps to prepare and plan for costly medical bills can help in avoiding this pitfall. Topics covered in this workshop include:

- Gaining insight into health care costs
- Understanding health insurance options including Medicare coverage
- How to factor health care costs into retirement income planning
- How to take advantage of all possible sources of funding health care expenses
- The basics of creating a health care financial plan

This program is for educational purposes only; there will be no solicitation or obligations of attendees.

**1, 90-minute session at RCC Hunters Woods  
Free, Registration Req. • Eisen**

**September 22**

500380-5A      Mon      10:00 a.m. – 11:30 a.m.







## RESTON PRESENTS

(18 years and older)

Reston Presents is a bi-monthly lecture and presentation series that highlights the multifaceted talents of local residents. The presentations are sponsored by Reston Community Center and Reston Association. All presentations are free. For more information, to learn about future programs, or to volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577.

## Getting the Most Out of Social Security During Retirement

(18 years and older)

Learn about the three Social Security benefits that most people haven't heard about, discover strategies for married couples, and avoid the five most common mistakes people make with Social Security before reaching the age of eligibility. Social Security is a key part of a good retirement plan so start the planning process early to enjoy a financially comfortable retirement. Join Financial gurus, Amy Brandts and Nancy Rick, as they help attendees determine the best benefit strategy that will lead to long term financial security. This seminar is ideal for those ages 40-68 but all ages are welcome. This program is for educational purposes only and sold out last year so be sure to sign up early. There will be no

solicitation or obligations of attendees. Registration required.

**1, 2-hour session at RCC Lake Anne  
Free, Registration Req. • Misencik**

**September 8**

505405-5A

Mon

7:00 p.m. – 9:00 p.m.

## Seven Covert Agents of the Revolutionary War

(18 years and older)

Longtime Reston resident, Paul Misencik, a former international airline captain, and presently manager of an airline accident investigation division of the National Transportations Safety Board (NTSB) will discuss [The Original American Spies: Seven Covert Agents of the Revolutionary War], featured in his 2013 book release. Mr. Misencik also has written [George Washington and the Half-King Chief Tanacharison,] released in 2014, which details the origins of the French and Indian War. This program is for educational purposes only. There will be no solicitation or obligations of attendees. Registration required.

**1, 2-hour session at RCC Lake Anne  
Free, Registration Req. \* Brandts**

**November 10**

505405-5B

Mon

7:00 p.m. – 9:00 p.m.

## The Fate of an Online Life

(55 years and older)

Many have already planned for who will inherit the house and IRA accounts – but what about the personal Facebook Page, Photos and iTunes accounts? When the unthinkable happens, will family members have the correct passwords to find online accounts, pay bills online, and access the family tree and photos? This workshop will help participants organize personal physical, financial and digital assets for their survivors while saving them an enormous amount of time and frustration.

**1, 2-hour session at RCC Hunters Woods  
Free, Registration Req. • Brandts**

**October 22**

500772-5A

Wed

6:00 p.m. – 8:00 p.m.

**October 23**

500772-5B

Thu

1:30 p.m. – 3:30 p.m.



## Understanding Estate Planning Documents

(55 years and older)

Estate Planning documents are important during life, not just after death. Wills, Powers of Attorney, and Advance Medical Directives play different roles. While some of these legal tools determine where the "stuff" goes, they also guide medical care and can determine medical intervention in the event of incapacity. It is important to distinguish among the documents, how they are implemented, and defining what the obligations are for the Executor, Trustee or Financial and Health Care Power of Attorney. Participants will also learn what can happen if there is no estate plan. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

**1, 3-hour session at RCC Hunters Woods  
Free, Registration Req. • Fricker**

**November 13**

500240-5A Thu 10:00 a.m. – 1:00 p.m.

## Understanding Medicare

(55 years and older)

Mari de Leon, with the Fairfax County Area Agency on Aging, returns to RCC with an enlightening discussion about Medicare. Medicare is complex and oftentimes confusing. Come hear an expert with a breadth of knowledge and the ability to explain even some of the most archaic aspects of the program. Don't miss out on this opportunity to learn more about Medicare from a true expert in the field.

**1, 2-hour session at RCC Hunters Woods  
Free, Registration Req. • de Leon**

**November 17**

500037-5A Mon 1:30 p.m. – 3:30 p.m.

### AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

# Fitness & Wellness

**Attention 55+ Drop-in Fitness Students:**

**Hi/Lo & Strength, Strength Training for Seniors, and Zumba Gold are offered as part of the Drop-in Seniorize pass series. Participants must purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR), bring the pass to every class, and swipe it at the Customer Service Desk prior to the start of each class. All Seniorize land aerobics passes expire two years from the date of purchase. To assure your safety, you must be present at the beginning of class. Anyone arriving more than 10 minutes after class has started will not be admitted. RCC Fitness Classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.**

## DROP-IN CLASSES

### Hi/Lo & Strength

(55 years and older)

This comprehensive class includes a warm up and stretching session with 30 minutes of aerobics and 30 minutes of weight and resistance training. Bands and weights will be provided when necessary. Please purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR) and swipe it at the Customer Service Desk before each class begins.

**30, 60-minute sessions at RCC Lake Anne  
Renewable Pass • Dantonio**

**September 8 – December 17**

Pass Mon, Wed 10:15 a.m. – 11:15 a.m.

**13, 60-minute sessions at RCC Lake Anne  
Renewable Pass • Rook**

**September 12 – December 12**

**(No Class November 28)**

Pass Fri 10:45 a.m. – 11:45 a.m.

## Strength Training for Seniors

(55 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominal. Students will use tubes, weights and the stability ball during the hour-long class. The last 10 to 15 minutes is spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Please purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR) and swipe it at the Customer Service desk before each class begins.

**29, 60-minute sessions at RCC Lake Anne  
Renewable Pass • Dantonio**

**September 9 – December 18  
(No Class November 27)**

Pass                      Tue, Thu                      9:00 a.m. – 10:00 a.m.

## Zumba Gold

(55 years and older)

This course is specially designed for the active older adult by modifying the Zumba format, moves, and pacing to better suit the needs of the participant. What remains the same are all the fun elements that Zumba is known for: the zesty Latin music such as salsa, merengue, cumbia and reggaeton; the exhilarating easy to follow movements; and the invigorating, party-like atmosphere. Zumba Gold is the perfect fit for those seeking camaraderie, excitement and fitness as a regular part of the week. Please purchase a 20-visit renewable pass for \$45 (R)/\$90(NR) and swipe it at the Customer Service desk before each class begins.

**13, 60-minute sessions at RCC Lake Anne  
Renewable Pass • Wiley**

**September 12 – December 12  
(No Class November 28)**

Pass                      Fri                      9:30 a.m. – 10:30 a.m.

## REGISTERED CLASSES

### Fitness Fusion

(55 years and older)

Tone and firm the entire body while improving cardiovascular, strength and flexibility. This total body conditioning program combines fitness, yoga, Pilates and Tai Chi techniques to provide an efficient and enjoyable workout. Participants will utilize a mixture of equipment to keep the body guessing what comes next. This class will excite participants and keep them out of a fitness rut. Wear fitness shoes and clothing and bring water. Participants must be able to use a mat on the floor.

**12, 60-minute sessions at RCC Lake Anne  
\$65 (R)/\$130 (NR) • Nickson**

**September 9 – October 16**

300014-5B                      Tue, Thu                      11:15 a.m. – 12:15 p.m.

**November 4 – December 16  
(No Class November 27)**

300014-5C                      Tue, Thu                      11:15 a.m. – 12:15 p.m.

### Gentle Yoga

(55 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. Participants will enjoy increased strength, flexibility, balance, coordination, and energy in a gently challenging way. Participants should bring a blanket, pillow, or beach towel.

**14, 60-minute sessions at RCC Lake Anne  
\$70 (R)/\$140 (NR) • Hill**

**September 8 – October 22**

304995-5C                      Mon, Wed                      10:00 a.m. – 11:00 a.m.

**\$70 (R)/\$140 (NR) • Green**

**September 9 – October 23**

304995-5D                      Tue, Thu                      10:00 a.m. – 11:00 a.m.

**\$70 (R)/\$140 (NR) • Hill**

**November 3 – December 17**

304995-5E                      Mon, Wed                      10:00 a.m. – 11:00 a.m.

**13, 60-minute sessions at RCC Lake Anne  
\$65 (R)/\$130 (NR) • Green**

**November 4 – December 18**

**(No Class November 27)**

304995-5F                      Tue, Thu                      10:00 a.m. – 11:00 a.m.



## Joint-Friendly Fitness

(55 years and older)

Those who have been diagnosed with arthritis or any of the over 100 rheumatic or musculoskeletal conditions associated with arthritis are invited to join this recreational exercise program. This program uses gentle activities to help increase joint flexibility and range of motion and maintain muscle strength. The gentle, joint-safe exercises help relieve stiffness and decrease arthritis pain. The class may be taken either sitting or standing. Participants should wear comfortable clothing and bring water.

**12, 45-minute sessions at RCC Lake Anne**

**\$68 (R)/\$136 (NR) • Fletcher**

**September 15 – October 10**

304898-5B Mon, Wed, Fri 12:00 p.m. – 12:45 p.m.

**October 20 – November 17 (No Class November 3)**

304898-5C Mon, Wed, Fri 12:00 p.m. – 12:45 p.m.

**9, 45-minute sessions at RCC Lake Anne**

**\$50 (R)/\$100 (NR) • Fletcher**

**December 1 – December 22 (No Class December 17)**

304898-5D Mon, Wed, Fri 12:00 p.m. – 12:45 p.m.

## Love to Dance

(55 years and older)

Get the heart pumping and muscles moving in this fun and energetic dance class that uses music from the 1940s to the present. Partners not required; wear dance-appropriate shoes. Bring water.

**8, 60-minute sessions at RCC Lake Anne**

**\$70 (R)/\$140 (NR) • Nickson**

**September 15 – October 8**

306029-5A Mon, Wed 11:30 a.m. – 12:30 p.m.

**November 5 – December 3 (No Class November 26)**

306029-5B Mon, Wed 11:30 a.m. – 12:30 p.m.

## Slow Flow Hatha Yoga

(55 years and older)

Slow Flow Hatha Yoga introduces fluidity in movement and breathing. Class begins with centering and warm-ups, then moves to a soft vinyasa (flowing sequence-movement with breath). Slow Flow Hatha Yoga includes abdominal strengthening and a stronger standing sequence. The session ends with a period of cooling through stretching and deep relaxation (savasana). Modifications and props are available to assist with flexibility. Slow Flow Hatha Yoga is appropriate for those who have some yoga experience and are developing an understanding of breath, body awareness and control. This class is now being led as an intergenerational course to include those under the age of 55 years. For more information, please see the class description located in the Fitness & Wellness section of the general guide.

**12, 45-minute sessions at RCC Lake Anne**

**\$55 (R)/\$110 (NR) • Hagaman**

**September 9 – October 16**

300169-5A Tue, Thu 1:15 p.m. – 2:00 p.m.

**November 4 – December 16**

**(No Class November 27)**

300169-5B Tue, Thu 1:15 p.m. – 2:00 p.m.



## Tai Chi Yang Style Short Form - Continuing

(55 years and older)

A continuation of the beginning level of Cheng Man Ching's Short Form is taught with special attention to basic principles of movement such as straightness, balance, strength of the legs, and moving from the center. Each class is comprised of demonstrations, clear explanations of the movements, and ample practice time. An emphasis on relaxation and enjoyment enhance the process of learning for improved health and well-being. Please Note: This class is a continuing class and prior participation in a Tai Chi Yang Style Short Form class is required.

**22, 60-minute sessions at RCC Lake Anne**  
**\$100 (R)/\$200 (NR) • Smyers**

**September 16 – December 4**  
**(No Class October 16, November 27)**

306011-5A      Tue, Thu      10:30 a.m. – 11:30 a.m.

## Strength & Conditioning

(55 years and older)

This class improves strength, stability and provides extra fat-burning edge by combining weights, calisthenics, plyometrics and core training set to music from the '60s and '70s. Designed for intermediate and advanced level students.

**8, 60-minute sessions at RCC Lake Anne**  
**\$40 (R)/\$80 (NR) • Straley**

**September 10 – October 29**

300145-5B      Wed      6:00 p.m. – 7:00 p.m.

## Tai Chi Yang Style Short Form

(55 years and older)

The beginning level of Cheng Man Ching's Short Form is taught with special attention to principles learned in the Eight Ways of Tai Chi Chuan class. Thorough demonstrations and explanations of foot placement and direction, arm movements and sequence, along with ample practice time comprise each class. An emphasis on relaxation and enjoyment enhance the process of learning for improved health and well-being.

**22, 60-minute sessions at RCC Lake Anne**  
**\$100 (R)/\$200 (NR) • Smyers**

**September 16 – December 4**  
**(No Class October 16, November 27)**

306010-5A      Tue, Thu      9:15 a.m. – 10:15 a.m.

## The Eight Ways of Tai Chi Chuan

(55 years and older)

Learn eight simple movements derived from the Tai Chi Yang Style Short Form by Master Cheng Man Ching. Each movement is a separate and complete unit that can be practiced by itself, independently of the others, and conveys all the benefits of Tai Chi. Emphasis is on balance, relaxation and ease of movement.

**12, 60-minute sessions at RCC Lake Anne**  
**\$55 (R)/\$110 (NR) • Smyers**

**September 15 – October 27 (No Class October 15)**

306025-5A      Mon, Wed      10:30 a.m. – 11:30 a.m.

**November 3 – December 15**  
**(No Class November 26)**

306025-5B      Mon, Wed      10:30 a.m. – 11:30 a.m.

## 55+ PATRONS

Register for any Fitness class on pages 75-81  
 and receive a 20 percent discount.



## Language Learning

### ESL I

(55 years and older)

This class will help non-English speaking students learn English in a friendly, supportive environment. A comprehensive lesson plan and handouts will be provided to students.

**8, 60-minute sessions at RCC Hunters Woods  
Free, Registration Req. • Vogel**

**September 18 – November 6**

505533-5A Thu 1:00 p.m. – 2:00 p.m.

### ESL II

(55 years and older)

This class is designed for students who have already participated in a beginning level ESL class or who have rudimentary English skills. A comprehensive lesson plan and handouts will be provided to students.

**8, 60-minute sessions at RCC Hunters Woods  
Free, Registration Req. • Vogel**

**September 18 – November 6**

505565-5A Thu 2:00 p.m. – 3:00 p.m.

### ESL III

(55 years and older)

This class is for senior students who are more fluent in English but who would benefit from advanced grammatical studies and more attention to advanced conversational skills. Students will receive a comprehensive lesson plan and will focus on fine-tuning their speaking skills.

**8, 60-minute sessions at RCC Hunters Woods  
Free, Registration Req. • Vogel**

**September 16 – November 4**

505534-5A Tue 1:00 p.m. – 2:00 p.m.

### ESL IV

(55 years and older)

This class is specifically geared for senior students who are fluent in English but who would benefit from additional instruction and practice of conversation skills with peers in a friendly and comfortable setting.

**8, 60-minute sessions at RCC Hunters Woods  
Free, Registration Req. • Vogel**

**September 16 – November 4**

505535-5A Tue 2:00 p.m. – 3:00 p.m.

### AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

# OLLI

Reston Community Center and Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to provide unique educational opportunities for those living and working in Reston. OLLI offers daytime courses, lectures, and special events, and the course leaders are often well-known experts in their fields who enjoy sharing knowledge. Several times a year, OLLI and RCC hosts collaborative programs at RCC Lake Anne. Non-OLLI members can register through RCC and participate at a reduced cost. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit [www.olliatgmu.org](http://www.olliatgmu.org).

## Off the Beaten Path: Lesser-Known National Mall Sites

(55 years and older)

Among the familiar, famous and iconic sites of the National Mall, visitors can encounter a host of seldom-visited sculptures, fountains, plaques, trees and "secret gardens." Beyond these, the greater National Mall and Memorial Parks preserve a unique collection of circles, squares and "parklets" (small, triangular parks) where heroic, scandalous, fascinating and intriguing tales await discovery. Emerging as witnesses to history, these places convey much about the people and events they commemorate as well as those who created them. Join National Mall rangers for discussions about these special sites overlooked by the millions of people who wander the city, largely unaware of the bountiful history they possess. National Park Service rangers have participated with OLLI in 80 thematic courses, special events and trips since 2001. Coordinators: Michael T. Kelly, Paul O'Brian, Emmett Fenlon

**7, 85-minute sessions at RCC Lake Anne**  
**\$28 (R)/\$56 (NR) • Kelly**

**September 23 – November 4**

500327-5A      Tue      2:15 p.m. – 3:40 p.m.

## The Supreme Court

(55 years and older)

This is a discussion class addressing current cases the Supreme Court will hear or has heard during its 2014–2015 term. The instructor will provide material consisting of case backgrounds, lower-court decisions and edited briefs filed with the Supreme Court, including audio of oral arguments for selected cases. Materials will be available only online, so Internet access is required. Discussions of each case will look at both sides of every argument, the likely position of each justice and the social and political context of the case. Ben Gold, an OLLI member, has a BA in political science from Stanford University and earned an MS in computer science as a naval officer. After retirement from the Navy, he worked in the computer industry and has served as a docent at the Supreme Court for the past 11 years.

**8, 85-minute sessions at RCC Lake Anne**  
**\$32 (R)/\$64 (NR) • Gold**

**September 24 – November 12**

500325-5A      Wed      9:40 a.m. – 11:05 a.m.





## Social Programs

### DROP-IN

#### American Mah Jongg

(55 years and older)

American Mah Jongg is a fun, mentally stimulating game played with tiles rather than cards. This drop-in program is for experienced players. If you are a beginning player and want to learn to play Mah Jongg, please register for the Mah Jongg class. Information for the Mah Jongg class can be found on page 111.

**15, 2.5-hour sessions at RCC Hunters Woods**

**Free, Drop-in • Staff**

**September 4 – December 18**

**(No Class November 27, December 25)**

Drop-in                      Thu                      9:30 a.m. – 12:00 p.m.

#### Bridge Mondays

(55 years and older)

Intermediate and advanced level players are invited to join this enthusiastic group every Monday. Participants should bring their lunch for a midday break.

**17, 4-hour sessions at RCC Hunters Woods**

**Free, Drop-in • Staff**

**September 8 – December 29 (No Class September 1)**

Drop-in                      Mon                      10:00 a.m. – 2:00 p.m.

#### Bridge Tuesdays

(55 years and older)

Intermediate and advanced level players are invited to join this enthusiastic group every Tuesday. Bring a lunch for an enjoyable midday break.

**17, 2-hour sessions at RCC Lake Anne**

**Free, Drop-in • Staff**

**September 2 – December 30 (No Class November 4)**

Drop-in                      Tue                      11:00 a.m. – 1:00 p.m.

#### Let's Play Cards

(55 years and older)

Come play cards – Hearts, Canasta, Hidden Pack Canasta or Bunco. This drop-in program is designed for people who love to play cards, want to learn to play different card games or meet new people. The group will decide each session which card games will be played. It may be two tables of Hearts, one of Canasta, or everyone may decide to play Bunco. Join the fun and stimulate the mind at the same time.

**14, 3-hour sessions at RCC Hunters Woods**

**Free, Drop-in • Staff**

**September 23 – December 30**

**(No Class November 4)**

Drop-in                      Tue                      12:30 p.m. – 3:30 p.m.

#### Open Pinochle

(55 years and older)

Participate in an open pinochle game. This is a great time to socialize with new friends and learn how to play the game. Beginners welcome.

**18, 2.5-hour sessions at RCC Hunters Woods**

**Free, Drop-in • Staff**

**September 3 – December 31**

Drop-in                      Wed                      10:30 a.m. – 1:00 p.m.



## Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun; partners are not required. Cost is per session.

For more information, please contact Karen Brutsché, 55+ Program Director, at 703-390-6157.

**4, 2-hour sessions at RCC Hunters Woods**  
**\$5 Reston/\$10 Non-Reston payable at the door**  
 September 14, October 12, November 9,  
 December 14

Drop-in                      Sun                      2:30 p.m. – 4:30 p.m.



## CLASSIC CINEMA



Be swept back through the years as you watch timeless films in the comfort of the CenterStage. Movies are shown from 10:00 a.m. to 12:00 p.m. and include a free continental breakfast beginning at 9:30 a.m.

**MONDAY, SEPTEMBER 29**

***Adam's Rib***

**MONDAY, OCTOBER 20**

***The Philadelphia Story***

**MONDAY, NOVEMBER 17**

***Mildred Pierce***

**MONDAY, DECEMBER 15**

***All About Eve***

Turn to page 12 for more information.



## Social Programs

### REGISTERED

#### Holiday Luncheon

(55 years and older)

Be sure to attend RCC's annual holiday celebration at the elegant Sheraton Reston Hotel. As always, gifts will be awarded, and a sumptuous lunch will be accompanied by live musical entertainment and a 45-minute performance by the outstanding Harmony Heritage Barbershop chorus. Bus transportation is free for all registered participants. No group registrations will be accepted; interested patrons must register individually.

**1, 4-hour session at Sheraton Reston Hotel**  
**\$25 (R)/\$50 (NR) • Staff**

**December 4**

505575-5A Thu 10:30 a.m. – 2:30 p.m.

#### Line Dancing

(55 years and older)

Keep on dancing to wellness. Learn how to dance the two-step, waltz, cha-cha, jitterbug, swing, shuffle (like a polka), and specialty steps. Please wear shoes that slide on the floor.

**14, 90-minute sessions at RCC Hunters Woods**  
**\$52 (R)/\$104 (NR) • Richardson**

**September 10 – December 10**

505711-5A Wed 2:00 p.m. – 3:30 p.m.

#### Senior Social with the Reston Association

(55 years and older)

It's the 50th anniversary of the lava lamp so dig out your tie-dye, daisies, and peace signs. Spend the afternoon with friends while you plan your social calendar with senior adult trips, classes, and events. This event is co-sponsored by Reston Community Center and Reston Association. Registration required.

**1, 90-minute session at RCC Hunters Woods**  
**Free, Registration Req. • Staff**

**September 18**

509615-5A Thu 1:30 p.m. – 3:00 p.m.

#### Wii Play

(55 years and older)

Those who are tired of the same routine are encouraged to try the innovative Wii video game program and learn the various games and exercises the Wii has to offer. Participants will have fun by playing tennis, bowling, baseball and table tennis.

**6, 90-minute sessions at RCC Hunters Woods**  
**Free, Registration Req. • Staff**

**September 12 – October 17**

529999-5A Fri 10:00 a.m. – 11:30 a.m.



# Trips & Tours

- **General Information for 55+ Trips and Tours:** Unless otherwise stated, charter buses will depart from RCC Lake Anne and RCC Hunters Woods and participants should arrive 30 minutes prior to the stated bus departure time.
- **Cancellations:** Please see our cancellation/refund policy on the Registration Information Page.
- **Emergency Forms:** Prior to the trip, participants will receive an itinerary and an emergency form. Please complete the form and bring it on the day of the trip. Please bring photo identification the day of the trip.
- **ADA Accommodations:** Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

## Maryland Seafood Festival

(55 years and older)

The Maryland Seafood Festival is a rich tradition in Maryland. It has been held annually for 45 years at Sandy Point State Park in Annapolis, MD, drawing 20,000+ visitors each year. This wonderful tradition has been built around a safe, family-friendly environment showcasing delicious Maryland seafood, exhibits, live music, and creative arts and crafts. The day will have something for everyone. Trip fee includes transportation and admission. There will be considerable walking on uneven surfaces. In case of inclement weather, the trip will occur on September 7.

8:30 a.m. Depart RCC Lake Anne  
 9:00 a.m. Depart RCC Hunters Woods  
 7:00 p.m. Estimated return to Reston

**1, 10.5-hour trip**  
**\$45 (R)/\$90 (NR) • Staff**

**September 6**

500330-5A Sat 8:30 a.m. – 7:00 p.m.

## Arena Stage: *The Shoplifters*

(55 years and older)

Meet Alma, a career shoplifter who prefers the “five-finger discount” over some lousy senior citizen deal, whose elaborate life of petty crime is halted by an overzealous rookie security guard and his affable mentor who’s seen it all. With an expertly drawn cast of oddball characters, *The Shoplifters* is full of surprises surrounding a high-stakes battle of wits over increasingly thought-provoking issues. Don’t miss Morris Panych’s biting, world premiere comedy about society’s haves and have-nots and how much they might actually have in common. Trip fee includes transportation and admission.

10:00 a.m. Depart RCC Lake Anne  
 10:30 a.m. Depart RCC Hunters Woods  
 4:00 p.m. Estimated return to Reston

**1, 6-hour trip**  
**\$45 (R)/\$90 (NR) • Staff**

**September 17**

500384-5A Wed 10:00 a.m. – 4:00 p.m.

## Wallops Island, VA

(55 years and older)

Wallops Flight Facility is NASA’s primary facility for suborbital missions. The facility launches sounding rockets, scientific balloons and performs aircraft research. Located near Chincoteague Island, the NASA Wallops Flight Facility Visitor Center offers an exhibit hall, observation deck, and videos. Participants will experience a guided tour of the island and have free time to explore the visitor center. Trip fee includes transportation, admission, and lunch.

6:30 a.m. Depart RCC Lake Anne  
 7:00 a.m. Depart RCC Hunters Woods  
 7:00 p.m. Estimated return to Reston

**1, 12.5-hour trip**  
**\$55 (R)/\$110 (NR) • Staff**

**September 19**

500389-5A Fri 6:30 a.m. – 7:00 p.m.



## Waterford Fair

(55 years and older)

Well into the 20th-century most Americans lived and worked on farms or in small towns much like Waterford, VA. Few of those places remain today as they were then, but Waterford is one that has remained historically intact. Visit this Quaker-founded village, walk through time to find clues to its character, and discover its story of ordinary people who did extraordinary things. The founders built a thriving town from wilderness, they endured a long and bloody war that threatened to destroy it, and in good times and bad they held tightly to their vision of a special place. During the fair:

- Learn how early furniture, tools, and housewares were made
- Enjoy music and entertainment
- Try great food, from freshly made apple cider to Loudoun sausage

Trip fee includes transportation and admission to the fair. Home tour admissions are not included. There will be considerable walking on uneven and hilly grounds. In case of inclement weather, this trip will occur on October 4.

8:30 a.m. Depart RCC Lake Anne  
 9:00 a.m. Depart RCC Hunters Woods  
 5:00 p.m. Estimated return to Reston

**1, 8.5-hour trip**  
**\$40 (R)/\$80 (NR) • Staff**

**October 3**

500387-5A Fri 8:30 a.m. – 5:00 p.m.



## Long Branch House & the State Arboretum of Virginia

(55 years and older)

The first stop is Long Branch House, an elegantly restored 1811 Greek Revival mansion situated on 400 acres at the foot of the picturesque Blue Ridge Mountains and exquisitely furnished with an opulent collection of period pieces. The second stop is the Locke “Modern Country” Store which will provide a picnic lunch. After lunch, participants will tour the beautiful grounds of the Blandy Experimental Farm, a research field station for the University of Virginia. The Arboretum collection includes the largest variety of boxwood cultivars in North America and more than half the world’s pine species. Also included are a Virginia Native Plant Trail, an herb garden, extensive collections of perennials, and a native plant meadow. Trip fee includes transportation, admissions, and a boxed lunch.

8:30 a.m. Depart RCC Lake Anne  
 9:00 a.m. Depart RCC Hunters Woods  
 6:00 p.m. Estimated return to Reston

**1, 9.5-hour trip**  
**\$35 (R)/\$70 (NR) • Staff**

**October 8**

500205-5A Wed 8:30 a.m. – 6:00 p.m.

## Wyeth Country

(55 years and older)

Experience the art and history of Pennsylvania's Brandywine River Valley. This delightful trip highlights two sites which showcase the artistic legacy of the Brandywine region. The first stop is the Brandywine River Valley Museum. Participants will tour the museum that is known for its unparalleled collection of works by three generations of the Wyeth family, as well as other American still life and landscape paintings. Included is also a tour of the nearby Andrew Wyeth Studio. Enjoy lunch overlooking the Brandywine River in the museum café. Trip fee includes transportation, admissions and lunch.

6:00 a.m. Depart RCC Lake Anne

6:30 a.m. Depart RCC Hunters Woods

5:00 p.m. Estimated return to Reston

**1, 11-hour trip**

**\$80 (R)/\$160 (NR) • Staff**

**October 21**

500388-5A

Tue

6:00 a.m. – 5:00 p.m.



## Woodrow Wilson and Heurich House Tours

(55 years and older)

Washington, DC's only presidential museum is the home of Woodrow Wilson – educator, president, and world statesman – who founded the League of Nations and shaped the modern U.S. presidency. His public career and his life as a private citizen are traced in an impressive collection of White House objects, elaborate gifts of state from around the world, family items, and personal mementos. Furnished as it was in Wilson's time, the fashionable 1915 house just off Embassy Row is a living textbook of modern American life in the 1920s. The next stop on the tour is the Heurich House Museum – known as The Brewmaster's Castle – home of German-American beer baron Christian Heurich. This uniquely intact late-Victorian home is on the National Register of Historic Places, and one of the most important local historic sites in the nation's capital. The fireproof residence still contains its original intricately hand carved woodwork, gas and electric light fixtures, gilt furniture, musician's balcony, marble and onyx staircase, and beer room. Trip fee includes transportation and admissions. Lunch is on your own in one of the many nearby eateries.

8:30 a.m. Depart RCC Lake Anne

9:00 a.m. Depart RCC Hunters Woods

4:30 p.m. Estimated return to Reston

**1, 8-hour trip**

**\$40 (R)/\$80 (NR) • Staff**

**November 5**

500390-5A

Wed

8:30 a.m. – 4:30 p.m.

### AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

**Arena Stage: *Fiddler on the Roof***

(55 years and older)

Celebrate the 50th anniversary of an American classic. More than just a poor milkman, Tevye is a humble Jewish father who finds his devotion to God severely tested by his headstrong daughters who want to be their own matchmakers and the increasingly ruthless government forcing him from his land. With a jubilant and masterful score including *If I Were a Rich Man*, *Sunrise, Sunset, Matchmaker, Matchmaker*, and *Tradition*, this beloved musical is a celebration of family, community and life's unexpected miracles – large and small. Trip fee includes transportation and admission.

10:00 a.m. Depart RCC Lake Anne  
 10:30 a.m. Depart RCC Hunters Woods  
 4:30 p.m. Estimated return to Reston

**1, 6.5-hour trip**  
**\$50 (R)/\$100 (NR) • Staff**

**November 19**

500385-5A Wed 10:00 a.m. – 4:30 p.m.

**Arena Stage: *Five Guys Named Moe***

(55 years and older)

Need to chase the blues away? Pull up a seat at the Funky Butt Club to celebrate the fresh, feel-good music of "The King of the Jukebox," Louis Jordan. Suffering from a severe case of the blues, a young man gets the surprise of his life when "the greatest band around" pops out of his radio to cure what ails him. With joyful swing and bouncing be-bop tunes like *Let the Good Times Roll*, *Is You Is or Is You Ain't My Baby*, and *Choo Choo Ch'Boogie* you'll be leaping out of your seat and dancing in the aisles with Big Moe, Four-Eyed Moe, Eat Moe, No Moe and Little Moe, better known as *Five Guys Named Moe*. Trip fee includes transportation and admission.

10:00 a.m. Depart RCC Lake Anne  
 10:30 a.m. Depart RCC Hunters Woods  
 4:00 p.m. Estimated return to Reston

**1, 6-hour trip**  
**\$45 (R)/\$90 (NR) • Staff**

**December 2**

500386-5A Tue 10:00 a.m. – 4:00 p.m.

**Yuletide at Winterthur**

(55 years and older)

Experience traditions of the past and dazzling entertaining displays in this special wintertime tour. Yuletide at Winterthur will delight with visions of holidays of old and inspire visitors to create spectacular celebrations. A delicious lunch at Buckley's Tavern starts the day. Then it's off to Winterthur with a garden tram ride, a gorgeous Yuletide mansion tour, and a guided Gallery Walk with Winterthur's new *Downton Abbey* costume exhibit. Time for shopping before the bus ride home follows the Winterthur experiences. Trip fee includes admissions, lunch and transportation.

8:00 a.m. Depart Lake Anne  
 8:30 a.m. Depart Hunters Woods  
 8:00 p.m. Estimated return to Reston

**1, 12-hour trip**  
**\$80 (R)/\$160 (NR) • Staff**

**December 16**

500278-5A Tue 8:00 a.m. – 8:00 p.m.

# Visual Arts

## 55+ Ceramics

(55 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and three 1-hour visits to the Open Ceramics Studio. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**

**\$55 (R)/\$110 (NR) • Joder**

**September 9 – October 28**

452509-5B      Tue                      10:00 a.m. – 12:30 p.m.

## Acrylic Painting for Beginners

(55 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**

**\$40 (R)/\$80 (NR) • Coulter-Blehert**

**September 12 – October 31**

455011-5B      Fri                      10:00 a.m. – 1:00 p.m.

## Crayon Batik Sampler

(55 years and older)

By using crayons like never before, this non-traditional batik method offers brilliant colors and a direct and spontaneous approach. Create a two dimensional image by painting with melted crayons on unbleached muslin. A supply list will be provided prior to the first class.

**4, 3-hour sessions at RCC Lake Anne**

**\$45 (R)/\$90 (NR) • Danenberger**

**September 16 – October 7**

402455-5A      Tue                      1:00 p.m. – 4:00 p.m.

**October 14 – November 4**

402455-5B      Tue                      1:00 p.m. – 4:00 p.m.

## Intermediate Watercolor Painting

(55 years and older)

This class is for artists who have previous watercolor experience. Learn techniques to achieve a variety of textures and atmospheric effects, construct a strong painting composition using simple tools, simplify a complex scene into basic shapes and choose the best colors for your subject.

**8, 2-hour sessions at RCC Lake Anne**

**\$40 (R)/\$80 (NR) • Zahid**

**September 12 – October 31**

455012-5B      Fri                      1:30 p.m. – 3:30 p.m.

## Watercolor for Beginners

(55 years and older)

Begin your adventure with watercolor painting in eight fun classes. A supply list will be provided prior to the first class.

**8, 2-hour sessions at RCC Lake Anne**

**\$40 (R)/\$80 (NR) • Zahid**

**September 11 – October 30**

455526-5B      Thu                      1:30 p.m. – 3:30 p.m.

## WOODWORKING

### Good Neighbors

### Woodworking Group

(55 years and older)

The Good Neighbors Woodworking Group meets each Tuesday in the RCC Woodshop to design, construct, and decorate wooden toys. The toys are then donated to non-profit organizations in the Reston area. Experience in woodworking and painting techniques is a plus. However, training will be provided for beginners. Participants must be registered RCC volunteers and will be provided with the appropriate volunteer form during the first attending session.

**RCC Hunters Woods**

**Free, Drop-in • Church**

**September 2 – December 23**

Drop-in              Tue                      9:00 a.m. – 3:00 p.m.

Don't miss out on the many woodcraft classes that RCC offers, turn to pages 100 - 103.

# Reston Community Center Enriches Lives and Builds Community for All of Reston

## Mission

To create positive leisure, cultural and educational experiences which enhance the quality of life for all people living and working in Reston by:

- Providing a broad range of programs in arts, aquatics, recreation, enrichment and life-long learning.
- Creating and sustaining community traditions through special events, outreach activities, and facility rentals.
- Building community through collaboration and celebration.

## Governance

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

## Funding

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees at greatly subsidized rates.

## Code of Conduct

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others.

Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- **Angry or vulgar language including swearing, name calling and shouting.**
- **Physical contact with another person in any angry or threatening way.**
- **Displaying an object or weapon that can be considered harmful or threatening.**
- **Any demonstration of sexual activity or sexual contact with another person.**
- **Behavior deemed lewd or lascivious.**
- **Harassment or intimidation with words, gestures, body language or other menacing behavior.**
- **Behavior which intends or results in theft or destruction of property.**
- **Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.**
- **Intrusion upon an event to which one is not an invited or registered participant.**
- **Being under the influence of alcohol or drugs.**

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. **No refunds will be given.**

## Fee Waiver Program

Reston Community Center provides fee waivers to help eligible residents and employees of Small District 5 participate in RCC programs. This program provides financial assistance to low-income families receiving public assistance or meeting our income requirements. Completed forms are confidential and will be kept on file for one year. If your household is eligible, a fee waiver account for each family member will be created, and may be used for any combination of RCC programs, classes or trips during the 12-month period of May 1, 2014-April 30, 2015.

## ADA Accommodations

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).





# RCC Board of Governors



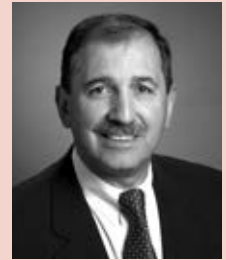
**Beverly A. Cosham**



**William G. Bouie**



**Lisa Sechrest-Ehrhardt**



**John Mendonça**



**Michelle Moyer**



**William Penniman**



**Cathy Vivona**



**Vicky Wingert**



**Gerald Zavala**

## RCC STAFF

### ADMINISTRATION

Leila Gordon  
Thomas Ward  
Renata Wojcicki  
BeBe Nguyen  
Harunor Rashid  
Pam Leary  
Mia Arguinzoni  
Warren Bailey  
Jan Bradshaw  
Cristin Bratt  
Vincent Brown  
Sumi Gallas  
Linda Greco  
Greg Minassian  
Adam Newland  
Samantha Korkowski  
Grazyna Siebor  
Barbara Wilmer  
Ling Zhao

**Executive Director**  
**Deputy Director**  
**Finance Director**  
**Director of Communications**  
**Network Administrator**  
**Customer Service Manager**  
Personnel Specialist  
Customer Service  
Customer Service  
Public Information Officer  
Customer Service  
Asst. Customer Service Manager  
Customer Service  
Customer Service  
Customer Service  
Graphic Artist  
Accounting Specialist  
Executive Assistant  
Customer Service

### AQUATICS

Joe Leary  
Rifat Chowdhury  
Ivan Cole  
Melissa Murray  
Scott Sorenson

**Aquatics Director**  
Customer Service  
Customer Service  
Customer Service  
Aquatics Night Manager

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance, and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

### ARTS & EVENTS

**Paul Douglas Michnewicz**  
Mark Brutsché  
Cheri Danaher  
Kevin Danaher  
Linda Ifert  
Patrick Laney  
Gloria Morrow  
Patrick Pacak  
William D. Parker

**Arts and Events Director**  
Assistant Technical Director  
Arts Education Director  
Community Events Director  
Technical Director  
Assistant Technical Director  
Arts Education Assistant  
Box Office Assistant  
Box Office Manager

### LEISURE & LEARNING

**Eileen Boone**  
Joe Brown  
Karen Brutsché  
Kenny Burrowes  
Ali Clements  
Teresa Fletcher  
Kim Gollop-Pagani  
Debbie Heron  
Jonathan Navarro  
Susan Zaboji

**Leisure and Learning Director**  
Teen Program Assistant  
55+ Program Director  
Teen and Family Program Director  
Adult Program Assistant  
Fitness Assistant  
Youth Program Assistant  
Youth Program Director  
Fitness and Adult Program Director  
55+ Program Assistant

### MAINTENANCE & FACILITIES

**Brian Gannon**  
Mohammed Alhadi  
Santos Campos  
Patricia Farrell  
Gilberto Guardado  
Trung Nguyen  
Fred Russo  
John Scurto  
Edgar Siles  
Ken Wade

**Facility Booking Manager**  
Facility Team  
Facility Team  
Facility Supervisor  
Facility Team  
Facility Team - Lake Anne  
Building Engineer  
Facility Team - Hunters Woods  
Facility Team  
Facility Team

Photos in this Program Guide were taken by our staff photographer, Linda Rutledge, and professional photographer, Jim Kirby, for RCC.

# RESTON COMMUNITY CENTER 55+ Carpool Form

Name	First											Last											
Home Address																							
City													State					Zip					
Phone	Home												Cell										
E-Mail Address																							

## ABOUT THE CARPOOL INITIATIVE

RCC encourages ride sharing by our patrons attending 55+ programs and events. If you want to participate as a volunteer driver, or if you are a passenger seeking transportation assistance to visit RCC, please complete and submit this form. Forms can be mailed, faxed, or dropped off in person at either of the RCC facilities. In order to help facilitate ride sharing, RCC will share contact information only among those community members who have signed up to serve as a driver or to participate as a passenger. Please contact the 55+ Director at 703-390-6157 if you need any additional information.

### I AM INTERESTED IN BEING PLACED ON A CAR POOL LIST AS A:

- Driver
  Passenger

## CARPOOL DISCLAIMER

This service is provided solely as a referral service for potential carpool partners. This service does not assess the suitability of individuals participating in a car pool program nor does it match participants. Information shared by RCC is limited to name, phone, and/or email addresses of possible car pool partners. Participants are solely responsible for determining whether and when it is appropriate to meet with potential car pool partners. Participation in a car pool program is an individual decision. It is solely your responsibility to notify your insurance provider of your intent to carry passengers and insure that you are adequately covered to protect yourself and your passengers. Completion and submission of this form does not obligate you to join a car pool. It is an expression of your interest in exploring car pool options available to you and allows RCC to publish and share your information with other interested parties.

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

# Reston Community Center - the CenterStage 2014-2015 Professional Touring Artist Series Ticket Order Form

Tickets for the 2014-2015 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no Senior or Youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. – 9:00 p.m. once the order is processed.

## CENTERSTAGE BOX OFFICE INFORMATION



**Online:**

**[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)**

Available until two hours before a performance and requires payment of a processing fee.



**By Mail:**

**Return a Ticket Order Form to**

**RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191**

Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.

Saturday: 1:00 p.m. – 5:00 p.m.

Two hours prior to curtain time



**In Person:**

**703-476-4500, Press '3' • 800-828-1120 (TTY)**

**Please provide the following information when you call:**

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- **RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.**
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)



**Phone:**

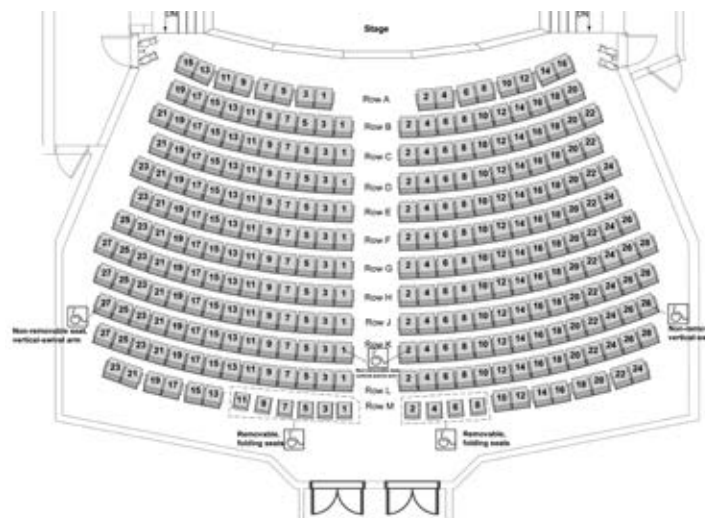


**Fax:**

**Fax Ticket Order Form to 703-476-2488.**

## PLEASE NOTE:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.



# Reston Community Center - the CenterStage 2014-2015 Professional Touring Artist Series Ticket Order Form

Adult Name	First		Last		
Home Address					
City				State	Zip
Phone	Home			Cell	
Resident of Small District 5?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?
			<input type="checkbox"/> Yes	<input type="checkbox"/> No	
E-Mail Address					
<input type="checkbox"/> I would like to receive CenterStage promotional emails.					

Performance	Date	Time	Reston		Non-Reston		Sub-total
			\$ Per Ticket	#	\$ Per Ticket	#	
RSC - <i>The Complete History of Comedy (Abridged)</i>	Sept 12	8:00 p.m.	\$30		\$60		
RSC - <i>The Complete Works of William Shakespeare (Abridged)</i>	Sept 13	8:00 p.m.	\$25		\$50		
RSC - <i>The Complete History of America (Abridged)</i>	Sept 14	3:00 p.m.	\$25		\$50		
RSC - <i>Selected Readings from the Lost Works (Abridged)</i>	Sept 17	8:00 p.m.	\$15		\$30		
RSC - <i>The Complete World of Sports (Abridged)</i>	Sept 18	8:00 p.m.	\$25		\$50		
RSC - <i>The Bible: Complete Word of God (Abridged)</i>	Sept 19	8:00 p.m.	\$25		\$50		
RSC - <i>All the Great Books (Abridged)</i>	Sept 20	8:00 p.m.	\$25		\$50		
RSC - <i>Completely Hollywood (Abridged)</i>	Sept 21	3:00 p.m.	\$30		\$60		
Richard Blanco, Poet	Nov 12	8:00 p.m.	\$15		\$30		
DakhaBrakha	Nov 15	8:00 p.m.	\$20		\$40		
Cashore Marionettes - <i>Simple Gifts</i>	Nov 22	3:00 p.m.	\$5		\$10		
Cashore Marionettes - <i>Life in Motion</i>	Nov 22	8:00 p.m.	\$15		\$30		
New York Festival of Song - <i>At Harlem's Height</i>	Dec 5	8:00 p.m.	\$20		\$40		
Anna Deavere Smith - <i>Snapshots: Portraits of a World in Transition</i>	Jan 18	8:00 p.m.	\$25		\$50		
Anna Deavere Smith - MLK Keynote Address & Community Lunch	Jan 19	12:00 p.m.	\$5		\$10		
Lúnasa	March 18	8:00 p.m.	\$25		\$50		
<i>Mr. Vaudeville &amp; Friends</i> with Mark Brutsché	March 29	3:00 p.m.	\$5		\$10		
<i>Boom!</i> Choreographed by Cynthia Oliver	April 1	8:00 p.m.	\$15		\$30		
Trout Fishing in America with Dana Louise	April 26	3:00 p.m.	\$15		\$30		
<i>Persistent Voices</i> - Choreographed by Daniel Phoenix Singh	May 6	8:00 p.m.	\$15		\$30		
Turtle Island Quartet with Tierney Sutton	May 30	8:00 p.m.	\$25		\$50		
<b>Totals</b>							\$
<b>Grand Total</b>							\$

### Payment Options

**CARD HOLDER'S NAME :** \_\_\_\_\_

**CHARGE:**  Mastercard  Visa **EXP. DATE:** \_\_\_\_\_

**ACCOUNT #:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_

**Check - Payable to Reston Community Center**

**Cash is accepted in person during Box Office Hours**

### Seating Information

Your ticket request will be filled in the order in which it was received. RCC Box Office Staff will make every effort to seat you as close as possible to your request.

**GENERAL REQUEST:** \_\_\_\_\_

**SPECIFIC SEATS:** Row(s) \_\_\_\_\_

Seat(s) \_\_\_\_\_

**ANY SPECIAL NEEDS?:** (i.e. Wheelchair, hearing assistance, etc.) \_\_\_\_\_

# Community Arts Organizations Ticket Order Form

Tickets for Community Arts Organization events held at the Reston Community Center (the CenterStage or the Community Room) are available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation.

Season subscription ticketing is handled differently by different organizations. Priority ordering information is provided with confirmation of the season subscription. Information about contacting each Community Arts Organization is listed in its event description.

Prices, dates and titles are subject to change. Please contact Box Office with any questions.

## Conservatory Ballet

*The Nutcracker*

(Full and Shortened Performances)

- **Adults**
- **Youth (12 years and under)**

Ticket prices available at the CenterStage Box Office beginning Wednesday, November 26 (two weeks prior to the first performance).

## Reston Choral

*The Wonder of the Season*

- **Adults - \$25**
- **Seniors (62 years & older) - \$20**
- **Youth (17 years & under) - FREE with paid admission**

Tickets are available online at [www.restonchorale.org](http://www.restonchorale.org) and at the CenterStage Box Office beginning Saturday, November 22 (two weeks prior to the first performances).

## Reston Community Players

*You're a Good Man, Charlie Brown*

- **Adults - \$23**
- **Seniors (65 years & older) - \$20**
- **Students (18 years & under) - \$20**

Tickets are available online at [www.restonplayers.org](http://www.restonplayers.org) and at the CenterStage Box Office beginning Friday, September 26 (two weeks prior to the first performances).

## CENTERSTAGE BOX OFFICE INFORMATION



**Online:** [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)  
Available until two hours before a performance and requires payment of a processing fee.



**By Mail:** **Return a Ticket Order Form to  
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191**



**In Person:** Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.  
Saturday: 1:00 p.m. – 5:00 p.m.  
Two hours prior to curtain time



**703-476-4500, Press '3' • 800-828-1120 (TTY)**  
**Please provide the following information when you call:**

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- **RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.**
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)



**Fax:** **Fax Ticket Order Form to 703-476-2488.**

**Notes:**

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.

*Prices, dates and titles are subject to change. Please contact the Box Office with any questions.*

# Reston Community Center - the CenterStage Community Arts Organization Ticket Order Form

Adult Name	First									Last																														
Home Address																																								
City																		State			Zip																			
Phone	Home																				Cell																			
E-Mail Address																																								

**HOW DID YOU LEARN ABOUT THIS EVENT?**

- Please add me to the mailing list for this organization     
  I would like to receive RCC CenterStage promotional emails  
 I would like confirmation regarding this order

**Reservation Information**

Orders may be placed two weeks prior to the first performance.

**ORGANIZATION:**

- Conservatory Ballet**  
 **Reston Community Players**  
 **Reston Chorale**  
 **Other:** \_\_\_\_\_

**PERFORMANCE TITLE:** \_\_\_\_\_

**DAY OF WEEK:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**CURTAIN TIME:** \_\_\_\_\_

**Ticket Information**

Amount	Ticket Type		Price per Ticket		Total Price
	Adult	@	\$	=	\$
	Senior	@	\$	=	\$
	Youth	@	\$	=	\$
	Other*	@	\$	=	\$
	Season Tickets		PREPAID		PREPAID
	<b>TOTAL</b>			<b>TOTAL</b>	\$

\*Comp, Group, Pass, etc.  
 Please Note: If ordering for more than one performance or organization, use separate order forms.

**Payment Options**

**CARD HOLDER'S NAME :** \_\_\_\_\_

**CHARGE:**  Mastercard     Visa    **EXP. DATE:** \_\_\_\_\_

**ACCOUNT #:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_

- Check - Payable to Reston Community Center**  
 **Cash is accepted in person during Box Office Hours**

**Seating Information**

Your ticket request will be filled in the order in which it was received. RCC Box Office Staff will make every effort to seat you as close as possible to your request.

**GENERAL REQUEST:** \_\_\_\_\_

**SPECIFIC SEATS:** Row(s) \_\_\_\_\_  
 Seat(s) \_\_\_\_\_

**ANY SPECIAL NEEDS?:** (i.e. Wheelchair, hearing assistance, etc.)  
 \_\_\_\_\_  
 \_\_\_\_\_

RCC USE ONLY

Date Received:	Order Notes:

# RESTON COMMUNITY CENTER

## Class/Trip/Camp/Volunteer/Pass Registration Information

### REGISTRATION SCHEDULE

Fall: August 1 Reston/August 8 Non-Reston

Winter/Spring: December 1 Reston/December 8 Non-Reston

Summer Camp: February 1 Reston/ February 8 Non-Reston

Summer: May 1 Reston/May 8 Non-Reston

#### SMALL DISTRICT 5

- Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates.
- Residency status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is located on our website.

#### PRIORITY RESTON REGISTRATION

- Priority registration for Small District 5 (Reston) residents and/or employees will be the 1st-7th of each scheduled registration month.
- RCC will not process your payment until your enrollment has been confirmed.

#### NON-RESTON REGISTRATION

- Non-Reston registration follows the end of priority Reston registration.

#### PROGRAM FEES, PASSES

- Program fees are listed in this guide as Reston/Non-Reston (e.g., \$35/\$70).
- Patrons 55 years and older receive a 20% discount on class fees (except in cases where the class fee is payable to someone other than RCC). This discount does not apply to 55+ programs or trips, Adult & Family trips, or drop-in programs.
- Patrons under age 55 can register for 55+ programs or trips if space is available after priority Reston registration. Program fees will be doubled.
- All passes will expire 2 years from date of purchase, with the exception of 3-month and 12-month pool passes.

#### REGISTRATION FORM

- Family members living in the same household should complete a single Class, Trip, Camp, Volunteer, Pass registration form.
- Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.
- Patrons may also register online when online registration opens.

#### PAYMENT

- Payment is required upon registration.
- Pay by cash, check (payable to Reston Community Center), money order, MasterCard or VISA.
- Cash payments cannot be accepted during Reston priority registration.

#### CONFIRMATION

- Registration confirmations will be emailed.
- The confirmation will indicate if you are enrolled or waitlisted.

#### CLASS CANCELLATION

- If the minimum enrollment has not been met 7 days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.

#### REFUND/CANCELLATION POLICY

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee (50% for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place (less a 50% processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.
- No refunds are given for any class, trip, camp or pass with a fee of \$10 or less.
- Refunds will be issued to the original credit card or by check from Fairfax County if the original payment was cash or check.

#### INCLEMENT WEATHER POLICY

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

#### PATRON HEALTH AND SAFETY

Patrons showing signs of a communicable disease or illness including vomiting, diarrhea, or a temperature of over 100 degrees should remain at home.

#### ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

#### PATRON SATISFACTION

Our goal is to make your experience at a RCC a positive one. Please let us know if you have any concerns or issues.

#### 4 EASY WAYS TO REGISTER:

By Fax: 703-476-2488 • Online: [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) • In Person  
By Mail: Reston Community Center, 2310 Colts Neck Rd, Reston, VA 20191







# Reston Community Center Aquatics Registration Form

## REGISTRATION SCHEDULE

Fall: August 1 Reston/August 8 Non-Reston	Winter/Spring: December 1 Reston/December 8 Non-Reston
Summer Camp: February 1 Reston/February 8 Non-Reston	Summer: May 1 Reston/May 8 Non-Reston

### SMALL DISTRICT 5

- Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates.
- Residency status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is located on our website.

### PRIORITY RESTON REGISTRATION

- Priority registration for Small District 5 (Reston) residents and/or employees will be the 1st-7th of each scheduled registration month.
- RCC will not process your payment until your enrollment has been confirmed.

### NON-RESTON REGISTRATION

- Non-Reston registration follows the end of priority Reston registration.

### PROGRAM FEES

- Program fees are listed in this guide as Reston/Non-Reston (e.g., \$35/\$70).
- Patrons ages 55 and older receive a 50% discount on Aquatics class fees only. This discount does not apply to Water Aerobics drop-in classes or to already discounted gate fees.

### REGISTRATION FORM

- Use one Aquatics registration form to enroll each student.
- Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.
- Patrons may also register online when online registration opens.

### PAYMENT

- Payment is required upon registration.
- Pay by cash, check (payable to Reston Community Center), money order, MasterCard or VISA.
- Cash payments cannot be accepted during Reston priority registration.

### CONFIRMATION

- Registration confirmations will be emailed.
- The confirmation will indicate if you are enrolled or waitlisted.

### CLASS CANCELLATION

- If the minimum enrollment has not been met 7 days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.

### PATRON SATISFACTION

Our goal is to make your experience at a RCC a positive one. Please let us know if you have any concerns or issues.

### REFUND/CANCELLATION POLICY

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee (50% for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place (less a 50% processing fee for trips).
- No refunds are given for any class with a fee of \$10 or less.
- Refunds will be issued to the original credit card or by check from Fairfax County if the original payment was cash or check.

### DAILY FEES, PASSES

- Pool fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.
- Daily fees are non-refundable.
- Daily visit swim passes will be issued for any facility closure or interruption.
- Closures due to acts of nature (lightening, storms, floods, etc.) are non-refundable.
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.
- If the prorated balance is less than \$10, no refund is made.
- All passes will expire 2 years from date of purchase, with the exception of 3-month and 12-month pool passes.

### INCLEMENT WEATHER POLICY

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

### PATRON HEALTH AND SAFETY

- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Patrons suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.

### ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

### 4 EASY WAYS TO REGISTER:

By Fax: 703-476-0563 • Online: [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) • In Person  
By Mail: Reston Community Center, 2310 Colts Neck Rd, Reston, VA 20191







# RESTON COMMUNITY CENTER

## Fee Waiver Application (Valid May 1, 2014 - April 30, 2015)

Reston Community Center will provide fee waivers for qualified Small District 5 Reston residents and/or employees.

Adult Name	First									Last										
Home Address																				
City											State			Zip						
Phone	Home									Cell										
New Address	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?	<input type="checkbox"/> Yes	<input type="checkbox"/> No												
If yes, provide business address																				
E-Mail Address																				

### Instructions to Client/Patron

Please complete this Fee Waiver Application Form, attach copies of the required financial documentation, and complete an RCC Registration Form. Return all documents to a Customer Service Representative at either RCC Hunters Woods or RCC Lake Anne. You will be notified by mail if you have been awarded a Fee Waiver. Please refer questions to our Customer Service Manager (703-390-6144). **Fee waiver patrons must register in person, by mail or by fax; online registration is not available to Fee Waiver patrons.**

### Enrollment Fees

If you qualify for a fee waiver, you will be required to pay a \$5.00 non-refundable enrollment fee for each class, trip, or pass for which the participant is registered. Enrollment fees are being assessed to encourage regular attendance and active participation. Payment for enrollment fees is required upon registration. Please note that RCC registration procedures and refund/cancellation policies apply.

### Eligibility

**To qualify for a fee waiver, applicants must meet one of the following criteria:**

- Furnish documentation of receipt of public assistance (e.g. food stamps, welfare, free school lunch)
- Furnish documentation (e.g. 2013 income tax return) that income/family composition does not exceed the following levels:
  - \$21,257/family of one
  - \$28,694/family of two
  - \$36,131/family of three
  - \$43,568/family of four
  - \$51,005/family of five
  - \$58,442/family of six

*For each additional person, add \$7,437 to determine maximum annual income for eligibility.*

Family Members Applying for Fee Waiver:			
PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	SEX

**ADULT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

## COMMUNITY EVENTS

Children's Fall Flea Market	14
Classic Cinema	12
Halloween Family Fun Day	14
Lake Anne Jazz & Blues Festival	6
Meet the Artist	8
Newcomers' Night	11
RCC Community Coffee	10
RCC Preference Poll	5
Reston MLK Birthday Celebration	17
Reston Duplicate Bridge Club	11
Reston Holiday Parade	16
Reston Multicultural Festival	9
Reston Presents	7
Reston Town Center Holiday Performances	16
Thanksgiving Food Drive	15
Tuesday Night at the Movies	13

## YOUTH

Adapted Aquatics	52
Adventures in Robotics	69
Aerospace Engineering – Up, Up, and Away	69
Apples, Apples, Everywhere	89
Aqua Tots	46
Autumnal Hike	89
Autumnal Pottery	62
Backyard Astronomy	69
Ballet Basics I	88
Ballet Combo	88
Cake Decorating for Kids	59
Chocolate Candy Making for Kids	60
Chocolate Candy Making for Tweens	60
Children's Flea Market Table	14
Christmas Town	94
Computer Lego Designs in 3D	56
Create & Donate Holiday Baskets	90
Creative Capers	97
Creative Dance	88
Creative Zone	90

Drop-in Chess Club	91
Engineering Fun With Legos	71
Family Outreach	37
Fitness and Tumbling for Kids	76
French for Tots	85
FunFit	76
Gifts in a Jar	61
GRACE Art for Preschoolers	97
GRACE Art in the Home-school	97
Halloween Family Fun Day	14
Haunted Gingerbread House	61
Haunted Gingerbread House for Tweens	61
Hershey Park	95
Historical European Swordsmanship	77
Ho, Ho, Ho!	91
Holiday Breakfast with Frosty	91
Imagination and Science	71
Junior Robotics	72
Kids' Day Out Bash	91
Kids in the Kitchen	61
Kids' Night Out	91
Learn to Play Chess	72
Lego Pre-Engineering	72
Letters to Santa	63
Level 1-2 Swimming	51
Level 3 Swimming	51
Level 4 Swimming	52
Level 5 Swimming	52
Level 6 Swimming	52
Little Bits	92
Longfellow's WHALE Tales	42
Mandarin Chinese for Tots	85
Marine Engineering	72
Marlin	49
Martial Arts for Children	78
Martial Arts for Youth	78
Monday Super Studio	97
Mosaics with Child and Parent	64
Music Friends	86
New York City and Radio City Music Hall	95

Olympic Sport Fencing	79	Antiqued Wire Links Charm Necklace	62
Parent and Child Woodshop - Peg Shelf	101	Aqua Blast	55
Parent and Child Woodshop - Tote	101	Aqua Burn	54
Parents' Time Out	92	Aqua Mixer	55
Pinewood Derby Workshop	103	Arthritis, Fibromyalgia, & MS	54
Pondering Pumpkins	92	Back to School Dance	89
Pre Ballet	88	Backyard Composting	82
Pumpkin Portraits	64	Boot Camp	75
Ranger	48	Caribbean Cuisine Made Easy	59
Raspberry Pi	58	Children's Fall Flea Market Volunteers	38
Rookie I	47	Cell Phones 101	70
Rookie II	48	Chocolate Candy Making	59
Skipper I	46	Community Service Club	70
Slow Flow Hatha Yoga	80	Cooking Vegetarian	60
Sock Puppet Workshop	65	Couponing - Advanced	70
Storybook Ballet	88	Couponing for Beginners	70
Stroke n Turn	53	Couponing Made Easy	70
Stroke n Turn	53	Deep Water Mania	54
Tae Kwon Do I	80	Delectably Gluten Free	60
Tae Kwon Do II	80	DigiCam Features II	67
Textile Art	65	DigiCam II – Taking Black/White Pictures	68
TGIF: Free Fridays	98	DigiPhoto I – Archiving Digital Photos	68
Thanksgiving Food Drive Food Sorting Volunteer	38	DigiPhoto I – Organizing Photos	68
The Polar Express	95	Drop-in Chess Club	91
Tot Time	92	Eco-Friendly Cleaning	82
Trendy Jewelry	66	Elegant Jewelry on a Budget	62
Turkey Handprint Plates	66	Family Outreach	37
Water Introduction	46	Fear Fest at Kings Dominion	94
Water Wonder	49	Fermentation Workshop	83
Winter Walk of Lights	92	Field of Screams	94
Yoga for Children	81	Freezer Cooking	60
Yoga for Youth	81	Freezer Cooking for Kids	60
Young Actors Theatre	87	Game Day	91
		Halloween Family Fun Day Volunteers	38
		Halloween Tour of Eastern State Penitentiary	94
		Hatha Yoga Flow	77
		Heart Start CPR-AED	77
		Hershey Park	95
		Historical European Swordsmanship	77
		Home Food Preservation Intro	83
<b>TEEN</b>			
Acrylic Painting	96		
Adult Advanced Beginner	53		
Adult Beginner	53		
Advanced Arthritis, Fibromyalgia & MS	54		



Atlantic City, New Jersey	93	Getting Fiscally Fit	71
Backyard Composting	82	Getting the Most out of SS During Retirement	7
Basic Hand Tools	100	Guided Glass Project	63
Basic Machine Tools	100	Gustav Stickley Sideboard	100
Beginning and Intermediate Watercolor	96	Halloween Family Fun Day Volunteers	38
Boot Camp	75	Halloween Tour of Eastern State Penitentiary	94
Bridge I	70	Hand Building	97
Bridge II	70	Hatha Yoga Flow	77
Bringing Songs to Life	87	Hatha Yoga I	77
Caribbean Cuisine Made Easy	59	Heart Start CPR-AED	77
Children's Fall Flea Market Volunteers	38	Hershey Park	95
Chinese Brush Painting	96	Historical European Swordsmanship	77
Chocolate Candy Making	59	Home Food Preservation Intro	83
Climate Change Discussion	82	Individual Guided Project	101
Conversational French	84	Intro to HTML	56
Cooking Vegetarian	60	Irish Genealogy Workshop	71
Country Western Dance	10	Japanese Conversation and Culture Club	85
Coupons - Advanced	70	Japanese Flower Arrangement	72
Coupons for Beginners	70	Jewelry - Wire Earrings	63
Coupons Made Easy	70	Knitting	63
Creating a Fulfilling Life	71	Knitting II	63
Deep Water Mania	54	Kundalini Yoga	77
Delectably Gluten Free	60	Kundalini Yoga and Meditation	78
DigiCam Features II	67	Lifeguard Training	43
DigiCam II – Taking Black/White Pictures	68	Mandarin Chinese	85
DigiPhoto I – Archiving Digital Photos	68	Meditative Yoga	78
DigiPhoto I – Organizing Photos	68	Mental Health First Aid	74
Drop-in Chess Club	91	Metal Stamping	64
Eco-Friendly Cleaning	82	Mixed Media Painting	97
Elegant Jewelry on a Budget	62	Mosaic Art	64
Essential Tools, Marking and Layout	103	MS Access I	56
Evening Hatha Yoga I	75	MS Excel I	57
Family Outreach	37	MS Excel II	57
Fermentation Workshop	83	MS PowerPoint I	57
Field of Screams	94	MS PowerPoint II	57
Fit Moms Class	76	MS Publisher	57
Freezer Cooking	60	MS Word I	57
French for Beginners I	84	MS Word II	58
French for Beginners II	84	New York City and Radio City Music Hall	95
Fused Glass	63	Nia	79



Open Ceramics Studio	99	Taking Inspired Action	74
Open Stained Glass Lab	66	Tapestry Mosaic Art	65
Open Woodshop	101	TGIF: Free Fridays	98
Painting with Oil and Acrylic	97	Thai Cooking Basics	61
Parent and Child Woodshop - Peg Shelf	101	Thanksgiving Food Drive Food Sorting Volunteer	38
Parent and Child Woodshop - Tote	101	Thanksgiving Food Drive Volunteer Event Leader	38
Passport to Retirement	72	Thanksgiving Food Drive Volunteer Loaders	38
Pilates Mat	79	Tides in Motion	55
Prenatal Yoga	79	Understanding Financial Aid	74
Pressure Canning Demonstration	83	Voice I	86
QuickBooks	58	Voice II	86
Quicken	58	Voice III	87
Remixed Media: Urban Fusion 101	98	Volunteer Swim Instructor Assistant	37
Reston Holiday Parade Volunteers	38	Volunteer Water Aerobics Assistant	37
Reston Masters Swim Team	44	Water Bath Canning Workshop	83
Reston Multicultural Festival Volunteers	37	Watercolor Studio	98
Reston Presents	38	Water Safety Instructor	43
RSC Comedy Boot Camp	87	Wheel I	98
Scholarship Workshop	73	Wheel II	99
Sculpture I	98	Wheel III	99
Self-Defense	79	Windows 7 Tips & Tricks	58
ServSafe Manager's Certification	73	Wire Heart Links Bracelet	66
Seven Covert Agents of the Revolutionary War	7	Zendoodle	99
Sewing I	64	Zumba Fitness	81
Sewing II	65	Zumba Toning	81
Shaker Side Table	103		
Sharpening – Lecture Series	103		
SharQui Bellydance Workout	79		
Singles Mingle Book Club	90	<b>55+</b>	
Slow Flow Hatha Yoga	80	55+ Ceramics	127
Small Group Training	80	AARP Smart Driver	110
Spanish for Beginners I	85	Acrylic Painting for Beginners	127
Spanish for Beginners II	85	American Mah Jongg	120
Spanish Tapas	61	Archiving Photos	107
Stained Glass	65	Arena Stage: Fiddler on the Roof	126
Starting a Woodworking Project – Lecture Series	103	Arena Stage: Five Guys Named Moe	126
Step & Sculpt	80	Arena Stage: The Shoplifters	123
Sunday Afternoon Dance	10	Basic Computer Skills	104
Tae Kwon Do I	80	Benefits of the New Health Care Law	110
Tae Kwon Do II	80	Bookends	109
		Bridge Mondays	120

Bridge Tuesdays	120	Open Pinochle	120
Buying a Tablet Computer	105	Organizing Photos	108
Camera Features I	107	Planning for Health Care in Retirement	112
Camera Features II	107	Reston Association	122
Cell Phones 101	110	Reston For A Lifetime	109
Choose the Right Medicare Plan	110	Reston Presents	113
Computer Maintenance and Housekeeping	105	Savvy Online Shopping	105
Crayon Batik Sampler	127	Searching the Internet	105
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## LOCATIONS & HOURS OF OPERATION

### LOCATIONS

#### RCC Hunters Woods

2310 Colts Neck Rd, Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the 290-seat CenterStage theatre, Woodshop, Stained Glass Workshop, and meeting rooms.

**703-476-4500 • 800-828-1120 (TTY) • 703-476-8617 (Fax)**

#### RCC Lake Anne

1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios, and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

### HOURS OF OPERATION

Monday - Saturday 9:00 a.m. - 9:00 p.m.\*

Sunday 9:00 a.m. - 8:00 p.m.\*

\*Rental hours may vary. Contact RCC's Booking Manager for information.

### HOLIDAY HOURS

September 1	Labor Day	CLOSED
October 13	Columbus Day	9:00 a.m. - 9:00 p.m.
November 11	Veterans Day	9:00 a.m. - 9:00 p.m.
November 27	Thanksgiving	9:00 a.m. - 2:00 p.m. RCC Lake Anne: CLOSED
November 28	Day after Thanksgiving	9:00 a.m. - 9:00 p.m.
December 17	Staff Teambuilder	RCC HW Closed: 1:00 - 4:00 p.m. RCC LA Closed: 12:30 - 4:30 p.m.
December 24	Christmas Eve	9:00 a.m. - 2:00 p.m. RCC Lake Anne: CLOSED
December 25	Christmas Day	CLOSED
December 26	Day After Christmas	9:00 a.m. - 9:00 p.m.
December 31	New Year's Eve	9:00 a.m. - 2:00 p.m. RCC Lake Anne: CLOSED
January 1	New Year's Day	12:00 p.m. - 5:00 p.m. RCC Lake Anne: CLOSED

## OPEN LABS & STUDIOS

### Open Ceramics Studio

(16 years and older)

The public is invited to use RCC's Ceramic Studio. Reservations are not required. The RCC Ceramics Studio will be closed December 20 through January 7, reopening on January 10, 2015. Ceramic Studio hours are Wednesdays 10:00 a.m. - 2:00 p.m. and Saturday 1:00 p.m. - 5:00 p.m. Please check the Ceramics Studio calendar for additional studio times or closures. Each pass visit is one hour. The fee includes firing and glazes. Clay cost is \$15 - \$20 for 25 pounds.

#### RCC Lake Anne • Staff

**\$15 (R)/\$30 (NR) Drop-in**

**\$36 (R)/\$72 (NR) 12-Visit Pass**

#### September 10-December 20

Drop-in	Wed	10:00 a.m. - 2:00 p.m.
Drop-in	Sat	1:00 p.m. - 5:00 p.m.

### Open Stained Glass Lab

(18 years and older)

Stained glass and stained glass mosaic enthusiasts are encouraged to participate in RCC's monthly Open Stained Glass Lab. Lab is held in the Woodshop on the first and third Sunday of the month and is facilitated by the Stained Glass instructor. Participants working independently on projects must bring the necessary materials or make arrangements with the lab supervisor beforehand. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

#### 8, 4-hour session at RCC Hunters Woods

**\$10 (R)/\$20 (NR) • Staff**

#### September 7 - December 21 (No Lab October 5)

Drop-in	1st and 3rd Sun	1:30 p.m. - 5:30 p.m.
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### Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer, and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

#### RCC Hunters Woods • Staff

**\$7 (R)/\$14 (NR) Tue**

**\$10 (R)/\$20 (NR) Fri**

**\$12 (R)/\$24 (NR) Sat**

#### September 2 - December 23 (Closed October 4)

Drop-in	Tue	6:00 p.m. - 10:00 p.m.
Drop-in	Fri	9:00 a.m. - 3:00 p.m.
Drop-in	Sat	9:00 a.m. - 5:00 p.m.





2310 Colts Neck Road  
Reston, Virginia 20191

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HERNDON, VA  
PERMIT NO. 58  
ZIP CODE 20170

# RESTON MULTICULTURAL FESTIVAL



## Saturday September 27

11:00 a.m. – 6:00 p.m.

FREE • Rain or Shine • Lake Anne Plaza

### FEATURING:

Naturalization Ceremony • International Book Fair  
National Heritage Award Fellows • Arts & Crafts  
Exciting Entertainment • *Art Mirrors Culture* Exhibit  
Delicious Food • Family Fun from Around the World

