

WINTER/SPRING 2015 PROGRAM GUIDE

ENRICHING LIVES



BUILDING COMMUNITY

Reston Community Center

Dear Reston Community Center Patron,

Online registration provides an easy and convenient way for our Reston patrons to register for programs remotely. Using this system replaces what had been our lottery system/process for registration. One important advantage of using online registration is that you have more control over when your registration is processed. The online registration option will open at 9:00 a.m. on December 1.



If you aren't able to register online, RCC still provides alternatives that may be more convenient. Simply drop off your registration at RCC anytime between now and 9:00 a.m. on December 1. Registration forms can also be mailed or faxed. Please note that no matter when you drop off your registration, it will not be processed until December 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on December 1 if they are received by November 30.

With multiple methods now available to patrons, RCC no longer is randomizing registration access to our programs. Our Customer Service team will be inputting registrations in the RecTrac/WebTrac system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

Many of our most popular programs fill up on the first and second day of the registration process. The best way to assure your enrollment in a popular program is to register online. Whatever approach works best for you, we urge you to use just one method of registration to avoid duplication of registration efforts and possible extra charges to your account.

Please don't hesitate to contact our Customer Service team if you want assistance.

Registrations are and will continue to be accepted in multiple formats:

- In person at either RCC location
- Via mail to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191
- Via fax to 703-476-2488
- Online at www.restoncommunitycenter.com

If you prefer to register online during priority registration, you may wish to ensure that you have an online account and familiarize yourself with our system before online registration for Winter/Spring programs begins on December 1.

Please keep the following important notes in mind:

- To register online: You will need to know your username and password.
- If you are a new user: You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.
- If you are not sure whether you have an existing login, or if you have additional questions: Send an email to RCCContact@fairfaxcounty.gov or call 703-476-4500, Monday - Saturday, 9:00 a.m. - 9:00 p.m. or Sundays, 9:00 a.m. - 8:00 p.m.

TABLE OF CONTENTS

Community Events	4 - 22	Trips & Tours	99 - 101
Professional Touring Artist Series.....	23 - 28	Visual Arts	102 - 108
Community Organizations	30 - 36	Woodworking	109 - 112
RCC Gallery Exhibits	37	55+ Computer	113 - 115
Volunteer Opportunities	38 - 40	55+ Crafts	116
Aquatics	41 - 60	55+ Digital Photography	117 - 119
Camps	61 - 62	55+ Discussion	120
Computer	63 - 65	55+ Enrichment	121 - 126
Cooking.....	66 - 68	55+ Fitness & Wellness	127 - 131
Crafts	69 - 71	55+ Language Learning	132
Digital Photography	72 - 73	55+ OLLI	133 - 136
Enrichment	74 - 79	55+ Social Programs	137 - 139
Fitness & Wellness	80 - 87	55+ Trips & Tours	140 - 143
Green Living Series	88	55+ Visual Arts	144 - 145
Language Learning	89 - 90	General Info & Forms	146 - 158
Performing Arts	91 - 93	Index	159 - 162
Social Programs	94 - 98	Location/Hours of Operation.....	163



A MESSAGE FROM BEVERLY COSHAM

Chair, RCC Board of Governors

In November we say a fond farewell to our long-serving Board of Governors member Cathy Vivona. Cathy has been part of the RCC Board for a total of 13 years of service. She has been the Board Chair and Treasurer and has helped the Center navigate the search processes for several of RCC's executive directors. Beyond her immeasurable contributions to RCC, Cathy has been a selfless volunteer for a number of other organizations and community needs. She is a long-time member of the Reston Lions Club. Teaching English as a Second Language has been a calling for her. Bridge remains an abiding pastime for Cathy – she is a regular at the Wednesday night game at RCC Hunters Woods. Her presence in the community is felt in the work of both Cornerstones and the Greater Reston Arts Center. Cathy Vivona embodies the essence of a giving community steward and we will greatly miss her compassionate and skillful presence on our Board. Cathy chose to have her service recognized with a contribution to Cornerstones.



Judy Penniman and Cathy Vivona attend Best of Reston

As you receive this Program Guide the fall season has turned toward winter. Thanksgiving is around the corner. RCC offers you the opportunity to “give thanks by giving back” with our Annual Thanksgiving Food Drive. It’s a time-honored Reston tradition and provides food for the needy in our community. During the upcoming winter and spring months, there are abundant opportunities for you to connect to your passions, your inner-learner, your better body, and your community by participating in RCC programs and activities. Whether during the chilly weeks of winter or the sunny season of spring, I will see you at RCC and around Reston. On behalf of the entire Board of Governors, I wish everyone the peace and joy of the holiday season and all the best for a healthy and happy New Year.



A MESSAGE FROM LEILA GORDON

RCC Executive Director

All of us at RCC will miss Cathy's leadership in her Board of Governors role; we look forward to seeing her on Wednesdays and whenever she is enjoying RCC programs. We so very much appreciate the service she has given to our agency; she was part of the Boards that expanded RCC from our facility at Hunters Woods to adding the facility at Lake Anne, and later expanding the Lake Anne facility to add the Fitness Studios and Art Studios. For a number of years, Cathy advocated for and worked on creation of a new RCC Policy and User Manual. We are thrilled that we were able to provide her and her colleagues on the Board with the draft of that manual at the November meeting. It is a very fitting tribute to Cathy's belief in being responsive and transparent in our work with the public. We look forward to finishing the project in the coming weeks.

Turn this page and you will notice an opportunity to help us continue to improve our effectiveness in communicating with you. We would like to discuss RCC's Program Guide with you as well as other ways we send out our messages about RCC. Please consider participating. If you have ideas we want them! The staff is anticipating a spectacular year ahead with many exciting opportunities for us to connect to our community. From all of us to all of you, we hope you enjoy your holiday gatherings and family time and we look forward to a New Year filled with happiness for everyone.



Reston **Camp** Expo

SATURDAY, JANUARY 24

RCC Hunters Woods • 9:00 a.m. – 1:00 p.m.

It's not too early to plan for summer.

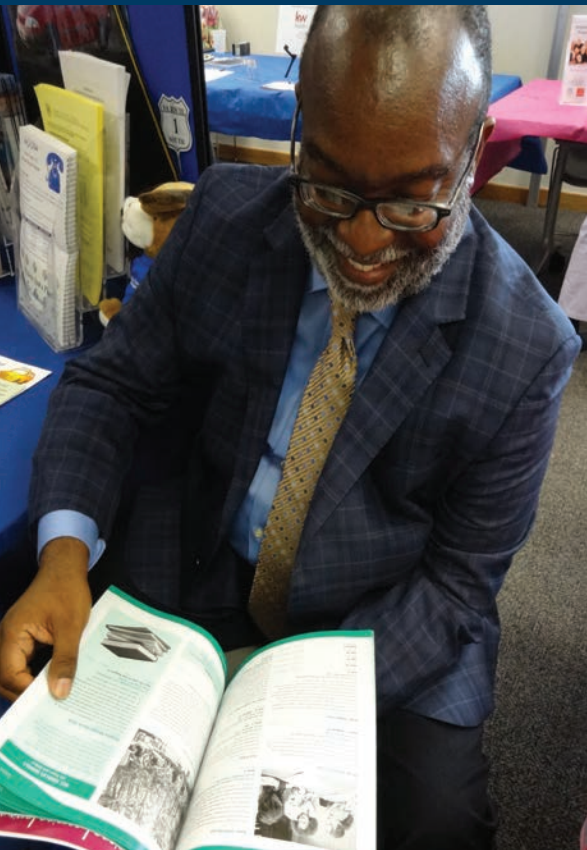
Visit with local, non-profit providers of summer camps and learn about upcoming programs for summer 2015. The event will include door prizes, demos and hands-on activities to engage both children and parents.

Free • Drop-In



FOR MORE INFORMATION, PLEASE CONTACT EILEEN BOONE, DIRECTOR OF LEISURE AND LEARNING, AT 703-390-6162.

FOCUS ON RCC COMMUNICATIONS



Saturday, January 24

2:00 p.m. – 4:00 p.m.

FREE • Registration Required • 790001-5A

WE WANT TO HEAR FROM YOU!

So many new options exist for communicating today that it can be confounding to decide what options are the best options. We'd like to pick our patrons' brains to find out how we can make our Program Guide more helpful and what other tools you use to find out about leisure time options. We will unveil some changes we are making to the Program Guide to get your feedback. You can let us know which social media platforms are the most helpful to you. We want to hear from frequent RCC patrons and those who have not participated in our activities before – and everyone in between. Please come share your views with us. Hospitality will be provided.

For more information, please email RCCContact@fairfaxcounty.gov.



Are We Keeping
the Promise?

Reston Dr. Martin Luther King, Jr. BIRTHDAY CELEBRATION January 17 – 19, 2015



Calendar of Events • Saturday, January 17

COMMUNITY SERVICE PROJECTS

9:00 a.m. • Southgate Community Center • 12125 Pinecrest Road

FREE, REGISTRATION REQUIRED THROUGH RESTON ASSOCIATION

Join friends and neighbors in honoring Dr. King’s legacy by serving your community. As Dr. King said, “Everybody can be great... because anybody can serve.” RCC is partnering with the Southgate Community Center, Reston Association, Cornerstones, and The Closet on community service projects. Indoor projects include making bag lunches for the Embry Rucker Community Shelter, sorting and organizing items from The Closet and several other projects at Southgate Community Center. There will also be several outdoor projects such as cleaning up the natural areas, pathways, and hardscape surrounding the area, weather permitting. Volunteer hours conclude around noon, at which point volunteers will gather to share a lunch that will be provided.

[SEE PAGE 39 FOR MORE VOLUNTEER OPPORTUNITIES.](#)

RESTON COMMUNITY ORCHESTRA

9th Annual Memorial Tribute to Dr. Martin Luther King, Jr.

4:00 p.m. • RCC Hunters Woods

ALL AGES • ADMISSION IS FREE, DONATIONS ARE APPRECIATED

Hosted by Reston Community Center, Maestro Dingwall Fleary will lead the Reston Community Orchestra in the ninth annual musical salute to Dr. Martin Luther King, Jr. An integral part of Reston’s weekend of celebration and remembrance, the concert will feature the works of African-American composers, as well as works inspired by the civil rights movement for which Dr. King gave his life. New this year is an inspiring performance of Dr. King’s *I Have A Dream* speech by students from Reston’s Al Fatih Academy. Joining the RCO is Best of Reston awardee, song stylist, and community leader Beverly Cosham.



Calendar of Events • Sunday, January 18

ART BY RESTON SCHOOLS RECEPTION

1:30 p.m. • RCC Hunters Woods

ALL AGES • FREE

The creativity of Reston students will be celebrated at this reception. Come celebrate the young artists' contributions and visions. With themes centered on the history of Dr. King and the civil rights movement, the art will be on display from early January through the end of the month.

COMMEMORATIVE MARCH

3:00 p.m. • Lake Anne Plaza

ALL AGES • FREE

Community members will assemble at 3:00 p.m. at Lake Anne Plaza. Rev. David North will teach a brief history of songs used in the civil rights movement and then lead everyone marching and singing songs to the Northern Virginia Hebrew Congregation. A shuttle bus will run between the two sites from 2:30 p.m. until after the *Voices of Inspiration* program concludes.

VOICES OF INSPIRATION

4:00 p.m. • Northern Virginia Hebrew Congregation • 1441 Wiehle Avenue

ALL AGES • FREE

Voices of Inspiration is the 25th Anniversary program honoring Dr. Martin Luther King, Jr. This event is sponsored by the Martin Luther King, Jr. Christian Church and includes many Reston faith communities.

PTAS PERFORMANCE – ANNA DEAVERE SMITH

SNAPSHOTS: PORTRAITS OF A WORLD IN TRANSITION

8:00 p.m. • the CenterStage at Reston Community Center

\$25 RESTON/\$50 NON-RESTON (Tickets sold through the CenterStage Box Office)



Calendar of Events • Monday, January 19

MLK KEYNOTE ADDRESS AND COMMUNITY LUNCH

RECLAIMING GRACE IN THE FACE OF ADVERSITY

12:00 p.m. • the CenterStage – RCC Hunters Woods and Community Room

\$5 RESTON/\$10 NON-RESTON (Tickets sold through the CenterStage Box Office)

ESPECIALLY FOR YOUTH

11:30 a.m. • RCC Hunters Woods

6-12 YEARS OLD • FREE • REGISTRATION REQUIRED • 704750-5A

Register your school age child (1st – 6th grade) to participate in activities at RCC. Children should be registered in advance. Limited on-site registration will be available on the day of the event; however all forms must be completed in their entirety. Children will rotate through a series of activities including a performance, an age-appropriate video, and arts and crafts. All activities will be based on the history of Dr. King and the civil rights movement.



KEYNOTE SPEAKER

Anna Deavere Smith

Anna Deavere Smith uses her singular brand of theatre to highlight issues of community, character, and diversity in America. Best known for crafting one-woman, multi-character plays about American social issues, Smith has been awarded the 2013 Dorothy and Lillian Gish Prize, one of the largest and most prestigious awards in the arts, as well as the National Humanities Medal. The MacArthur Foundation honored Smith with the "Genius" Fellowship for creating "a new form of theatre – a blend of theatrical art, social commentary, journalism, and intimate reverie." On Sunday night, Ms. Smith will slip in and out of character at the CenterStage, recreating a diversity of emotions and points of view on controversial issues. On MLK Day, her keynote address will celebrate the resilience of the human spirit, the power of kindness and the strength of imagination in hope.

...the most exciting individual in American theatre. *– Newsweek*

Lake Anne

Full of Character, Full of Life

Lake Anne is a national treasure.

The redevelopment of Lake Anne honors a 50-year heritage while creating a vibrant and sustainable destination for future generations.

The vision is a legacy that embraces community priorities and makes Reston proud.

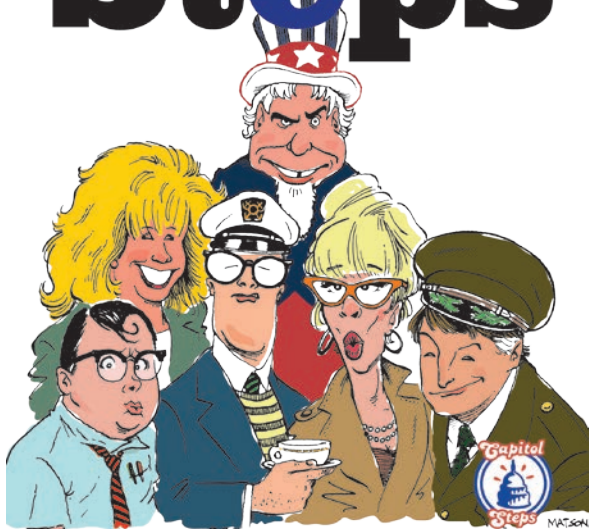
The future is full of promise.



www.lakeannedevelopmentpartners.com



The Capitol Steps



32ND ANNUAL CAPITOL STEPS **Benefit Performance**

Sunday, January 25

7:00 p.m. • Doors Open at 6:00 p.m.

Hyatt Regency Reston: 1800 Presidents Street, Reston, VA

TICKETS AVAILABLE THROUGH CORNERSTONES

Capitol Steps – the popular Washington-based music and satire troupe – will perform to benefit Cornerstones. The evening will include fine wine, decadent desserts and a silent auction. Thanks to the overwhelming support of the community, last year's benefit raised more than \$175,000 to support the programs and services of Cornerstones.

For more information, please contact Cathy Hoskinson at 571-323-9566 or www.cornerstonesva.org.



Diva Central Event

Saturday, April 25
12:00 p.m. – 6:00 p.m.

RCC Lake Anne
1609-A Washington Plaza

Drop-in • No Registration Necessary

Diva Central is Reston Community Center's annual prom dress giveaway. This incredible one-day event is open to any current high school student who is in need of a prom dress, shoes, jewelry and other accessories. Everything is absolutely **FREE**. Limit one dress per person.

Dress Drive for Prom

January 2 – March 6

RCC is collecting the following for Diva Central:

DRESSES • SHOES • JEWELRY
HANDBAGS • SHAWLS • ACCESSORIES

Please drop off items at RCC Hunters Woods



Donations are tax-deductible and may be dropped off Monday – Saturday, 9:00 a.m. to 9:00 p.m., at Reston Community Center Hunters Woods from January 2 to March 6.



All donations are appreciated, however, we ask that donations are in good condition, no older than 5 years old (circa 2010), and dry cleaned before they are donated. If dry cleaning is not possible, please inform us at the time of drop off. Dress donations will benefit students in Reston and surrounding areas.

For more information, please contact
Kenny Burrowes, Teen and Family Program Director, at 703-390-6158
or Kenny.Burrowes@fairfaxcounty.gov.





CLASSIC CINEMA

**10:00 a.m. – 12:00 p.m. • RCC Hunters Woods - the CenterStage
Free • Drop-in • 18 Years and Older**

Be swept back through the years as you watch timeless films in the comfort of the CenterStage. Movies are shown from 10:00 a.m. to 12:00 p.m. and include a free continental breakfast beginning at 9:30 a.m.

MONDAY, JANUARY 5

Annie, Get Your Gun

This classic movie stars Bettie Hutton as a spunky Western gal (Annie Oakley) who gives Howard Keel (as Frank Butler) all he can handle in this sharp-shootin' funfest. With Irving Berlin songs like *There's No Business Like Show Business*, *Anything You Can Do*, and *Doin' What Comes Naturally*, this classic was the winner of four Academy Awards.

(1950)

MONDAY, FEBRUARY 2

Cabin in the Sky

With an all-star line-up of great African-American actors and actresses, *Cabin in the Sky* was considered groundbreaking in its making by a Hollywood studio in the 1940s. Eddie Anderson plays "Little Joe," a rascally husband who is being tempted to leave his wife for a beautiful, but street-wise woman named Georgia Brown (Lena Horne). Louise Beavers plays Petunia. Duke Ellington's orchestra and Louis Armstrong are also showcased in this classic film that received an Oscar nomination for best music. Can good triumph over evil?

(1943)

MONDAY, MARCH 2

Kiss Me, Kate

When squabbling ex-marrieds Kathryn Grayson and Howard Keel are cast as squabbling Renaissance romantics in the musical *The Taming of the Shrew*, life imitates art, and art imitates life. This movie version of Cole Porter's musical includes well-known songs such as *Too Darn Hot!*, *Wunderbar*, and *So In Love* and received an Oscar nomination for best music.

(1953)

MONDAY, APRIL 6

Seven Brides for Seven Brothers

The perfect marriage of song and dance, this classic musical won an Academy Award for Best Music, Scoring of a Musical Picture and was nominated for six others. Backwoods boys inspired by romance and the lure of hot biscuits raid the local town for brides. The would-be brides insist that the fellas first become respectable. Howard Keel and Jane Powell head a leaping whoop for joy in this exuberant Oscar winner. Songs include *Bless Yore Beautiful Hide*, *Wonderful, Wonderful Day*, and *Spring, Spring, Spring*.

(1954)

MONDAY, MAY 4

Bye-Bye, Birdie

Nominated for both Academy and Golden Globe Awards, this is one of the most memorable musicals of all time. When rock star and teenage heart-throb Conrad Birdie gets drafted, the nation's teenagers go haywire. Looking to cash in on the hysteria, Albert (Dick Van Dyke) and his girlfriend (Janet Leigh) organize a nationwide contest in which one lucky girl wins a farewell kiss from Conrad on the *The Ed Sullivan Show*. Ann-Margret and Paul Lynde co-star.

(1963)

TUESDAY NIGHT AT THE MOVIES

7:30 p.m. – 9:30 p.m. • RCC Hunters Woods - the CenterStage
Free • Drop-in • 18 Years and Older



TUESDAY, MARCH 24

Bending Sticks: The Sculpture of Patrick Dougherty

The feature length documentary *Bending Sticks* celebrates the 25-year career of internationally renowned environmental artist Patrick Dougherty, who has created hundreds of monumental, site-specific sculptures out of nothing more than saplings. The film follows the artist and his collaborators during a year of stick work and reveals Dougherty's process, personal story and inspirations.

The heart of the film is the creation of five Dougherty commissions in different locations – inside the new wing of the North Carolina Museum of Art, on Main Street in Rock Hill, SC, at a private home in Chapel Hill, NC, at the Bascom Art Center in the mountains of NC, and in the gardens of Dumbarton Oaks in Washington, DC. At each location, viewers see how Dougherty and many others transform piles of sticks into energetic lines and exuberant forms. Dougherty's projects invite collaboration and engage communities in the making and viewing of his very public art. (US, 2013, 54 min.)

Initiative for Public Art-Reston (IPAR), in collaboration with the Greater Reston Arts Center, is commissioning a temporary, large-scale public artwork that will be installed in April 2015. This movie is presented in collaboration with IPAR.

TUESDAY, MAY 12

Public Art Private Views

Public Art Private Views is an exploration of art in the public realm – how it gets there, how it's made, and the role art plays in creating communities in urban environments. It consists of a series of short films. Topics include artists, curators, architects, addressing the site, civic administration, and the role of art in the city. Also profiled are community art-making and unofficial art: a bridge erected between neighbors. (Canada, 2013)

This movie is presented in collaboration with Initiative for Public Art-Reston (IPAR).



REELABILITIES FILM FESTIVAL

ReelAbilities is the largest film festival in the country dedicated to promoting awareness and appreciation of the lives, stories and artistic expressions of people with different abilities. Premiering in New York in 2007, the festival presents award-winning films by and about people with disabilities in multiple locations throughout each of the 14 host cities nationwide. Post-screening discussions and other engaging programs bring together the community to explore, discuss, embrace, and celebrate the diversity of our shared human experience. The upcoming festival will be Greater DC's fourth year, and will showcase the vast array of unique and creative films produced by local and national talent.

TUESDAY, APRIL 28 • *Little World*

Albert loves life, and he won't let anything get in his way, least of all his wheelchair. He's only 19, but he's already traveled to dozens of countries. He's made a sport of leaving with only 20 euros in his pocket and putting his faith in the innate goodness of people he meets along the way. And he has plenty of other tricks up his sleeve to get into places free of charge if he needs to. This time, his destination is as far away as possible from his home in Barcelona: a lighthouse in New Zealand. For the first time, he will not be alone, because his girlfriend Anna will be joining him. It's impossible to hitchhike with a camera team in your wake, so they decide to film their adventures themselves. They experience plenty of amazing stuff, but sometimes things get tough, especially for Anna, who can't always keep up with Albert. With animations in the background, Anna's parents and various members of Albert's family explain why they let them go on this journey. Directed by Marcel Barrena. (Spain, 2013, 83 min. with subtitles)

WEDNESDAY, APRIL 29 • *Musical Chairs*

A romantic tale about two New Yorkers, Armando from the Bronx and Mia from the East Side, and their love of ballroom dancing. Mia is a vivacious professional dancer but a tragic accident forever changes her life. True to his heart, Armando dedicates himself, along with a group of colorful misfits, to help Mia deal with her challenges and dance once more. Directed by Susan Seidelman. (U.S., 2012, 100 min. with open captions, audio description).

The ReelAbilities Film Festival is hosted by the Jewish Community Center of Northern Virginia (JCCNV) which arranges screenings throughout the DC metropolitan area.

AARP® *Tax-Aide*

FOR TAXPAYERS WITH LOW
AND MODERATE INCOMES
WITH SPECIAL ATTENTION TO
THOSE 60 AND OLDER.

Free • Drop-In • RCC Hunters Woods • Ages 18+

February 3 – April 14

Tuesdays: 9:00 a.m. - 2:00 p.m.

Thursdays: 4:30 p.m. - 8:30 p.m.

Saturdays: 9:00 a.m. - 3:00 p.m.

AARP's Tax-Aide program was created nearly 40 years ago to assist older adults as well as persons with low- and middle-incomes to maximize their legal deductions and credits. For years, RCC has been pleased to offer this important program, administered through the AARP Foundation with the cooperation of the IRS, to our community members. All tax preparation is free and confidential.



For more information, please contact Karen Brutsché, 55+ Program Director, at 703-390-6157.

2ND ANNUAL

NoVa Mini Maker Faire®

Sunday, March 15

South Lakes High School and Langston Hughes Middle School

Innovators, educators, thought leaders, and makers of all things from across the DC and Northern Virginia metro area celebrate do-it-yourself ingenuity, innovation and technology. Makers of all ages, in many fields such as arts, crafts, engineering, and science, share with adults and children what they've made. Many interactive activities are available.





55+ COMMUNITY RESOURCE DIRECTORY

Older adults in Reston have many options for their enrichment and support. The organizations listed provide services to area seniors. Please refer to this for your one-stop information needs.

Reston Community Center (RCC)

RCC Hunters Woods, 2310 Colts Neck Road, Reston
RCC Lake Anne, 1609-A Washington Plaza, Reston
703-476-4500 • RCCContact@fairfaxcounty.gov
www.restoncommunitycenter.com

The creator of the *Peanuts* comic strip once said, "Life is like a ten-speed bike. Most of us have gears we never use." At RCC, you can get all your gears moving and exercise your full potential by participating in an exciting array of activities to enrich your leisure lifestyle: develop and refine a skill, explore your creative side, and discover new places. The variety is amazing and there is something for everyone here.



Reston Association (RA)

12001 Sunrise Valley Drive, Reston
703-435-6530 • www.reston.org

Discover exciting trips, tours and events for senior adults with the Reston Association. The 55+ Advisory Committee meets the second Tuesday of the month and advises the RA Board on how to enhance the general welfare and well-being of RA's 55+ community through the promotion and support of Association programs and leisure services.



Cornerstones, Inc. (formerly Reston Interfaith)

11150 Sunset Hills Road, Suite 210, Reston
571-323-9555 • www.cornerstonesva.org

Cornerstones is a nonprofit organization that promotes self-sufficiency by providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services.

Dulles Chapter of the AARP

Meets at Herndon Senior Center
www.aarpdulles.org

The chapter operates as a civic club serving the Northern Virginia community through education and volunteerism.

Fairfax County Services for Older Adults

703-324-7948 TTY 711

www.fairfaxcounty.gov/dfs/olderadultservices/

This County agency coordinates a variety of programs and services including Seniors on the Go, Fairfax Area Commission on Aging and Fastran. Call the Aging, Disability and Caregiver Resources Line above Monday through Friday, 8:00 a.m. - 4:30 p.m.

Herndon-Reston FISH, Inc.

703-391-0105 • FISH@HerndonRestonFISH.org
www.herndonrestonfish.org

FISH, Inc. (Friendly, Instant, Sympathetic Help) is a volunteer, non-sectarian, nonprofit organization dedicated to helping people with rent, transportation to medical appointments, furniture, utilities, medical items (including prescriptions) and other short-term emergency needs. Call the Assistance Line above Monday through Friday, 10:00 a.m. - 4:00 p.m.

Herndon Senior Center

873 Grace Street, Herndon, VA 20170

703-464-6200 • www.herndonseniorcenter.org

This community-based senior center provides the 55+ community with a continuum of services in a supportive environment. Services are designed to be prevention- and intervention-oriented to meet the social, physical, emotional, and intellectual needs of the older adult.

Osher Lifelong Learning Institute (OLLI)

703-503-3384 • olli@gmu.edu • www.olli.gmu.edu

OLLI at George Mason University offers intellectual and cultural experiences in a welcoming atmosphere to Northern Virginia residents in their retirement years. Enjoy access to unlimited courses with no homework, no exams, no required college degree and no age threshold.

Reston for a Lifetime

703-672-1116 • aginginreston@gmail.com
www.restonforalifetime.org

Reston for a Lifetime hosts monthly meetings the second Wednesday of the month at RCC and partners with local organizations to implement creative ideas to make our community an even better place to live, work and play.

Reston Useful Services Exchange (USE)

PO Box 8922, Reston

703-873-7578 • RestonUSETimeBank@gmail.com
www.restonuse.org

Reston USE is a neighbor-to-neighbor intergenerational time bank "exchange" system with membership open to people who live or work in Reston or Herndon. USE connects people with various needs and others who can meet those needs on a volunteer basis.

Shepherd's Center of Oakton-Vienna

541 Marshall Road, SW, Vienna, VA 22180

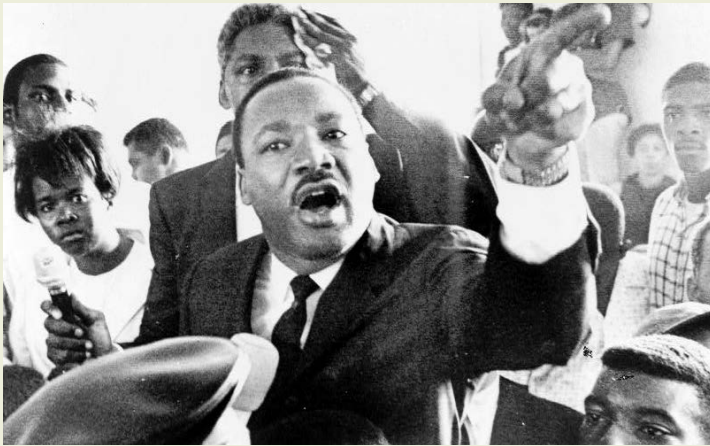
703-281-0538 • office@scov.org • www.scov.org

The Shepherd's Center is a volunteer-based organization dedicated to promoting and supporting purposeful, independent living for mature adults.



RESTON PRESENTS

Reston Presents is a bi-monthly lecture and presentation series that highlights the multifaceted talents of Reston residents. Topics include anything from cooking demonstrations to stories from war veterans to book signings with local authors. Reston Presents is sponsored by Reston Association and Reston Community Center. All presentations are free. For more information, to learn about future programs, or to volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577. 18 years and older.



Diary of a Watts Princess

Monday, February 9

7:00 p.m. – 9:00 p.m.

RCC Lake Anne

FREE

505405-5C • Registration Required

Join Tamara Smiley Hamilton in a one-woman show as she reads from her memoir: *Diary of a Watts Princess: Lessons from A Blessed Life*. The presentation takes the audience on a journey with one African-American woman from the segregated south on the historic Black migration to urban Los Angeles. The guiding question is "What happened to the girl who grew up with major historical events: the Civil Rights Movement, the Watts Rebellion of 1965, the assassinations (Kennedys, Dr. King, Malcolm X) and the '60s in general?" This program is for educational purposes only; there will be no solicitation or obligations of attendees.



Cooking Techniques

Monday, April 13

7:00 p.m. – 9:00 p.m.

RCC Lake Anne

FREE

500376-5A • Registration Required

Join Chef Robert McKeon in a fun and informative lecture and demonstration of various cooking techniques. From food safety to How to Cook for Two, Chef Robert makes learning easy with his humorous and entertaining demonstrations. Chef Robert is a graduate of the Culinary Institute of America at Hyde Park and head chef at Tall Oaks Assisted Living Center in Reston. This program is for education purposes only; there will be no solicitation or obligations of attendees.

Sunday Dances

RCC Hunters Woods • 18 years and older



Country Western Dance

**Sundays: January 4, February 8,
March 1, April 5, May 3**
6:30 p.m. – 9:30 p.m.

Line dance, two-step, shuffle and swing the night away to popular country/western tunes played by RCC's DJ. Dances are held monthly in the Community Room, which offers a spacious wooden dance floor and a smoke free environment. Refreshments will be provided. No square or contra dancing, please. Ticket admission purchased at the door. Please note that due to Super Bowl Sunday, the February dance will be held on February 8.

Sunday Afternoon Dances

**Sundays: January 11, February 8,
March 8, April 12, May 10**
2:30 p.m. – 4:30 p.m.

Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun; partners are not required. Cost is per session.

**Cost is per session and payable at the door.
\$5 Reston/\$10 Non-Reston**

For more information, please contact Karen Brutsché, 55+ Program Director, at 703-390-6157.

RCC COMMUNITY COFFEE

Saturdays

January 3 – May 30

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods • All Ages

Families, friends, and neighbors are all invited!
Enjoy complimentary food and beverages with casual conversation.

RESTON STATION

METRO + METROPOLITAN

THE NEW URBAN CORE OF RESTON



Reston Station redefines the urban realm with bold architecture and vibrant energy to create the Washington area's new urban center. This 1.5 million square feet visionary community is coming soon:

- World-class office
- BLVD Luxury Residences
- Hotel
- Urban Plaza
- Restaurants, Shops & Retail
- On-site access to Metro's new Silver Line

www.RestonStation.com

 /RestonStation

OPEN WITH METRO:

RESTON STATION
TRANSIT CENTER

- 3,000+ Parking Spaces
- Bus Transit Center
- Kiss N Ride
- Bicycle Storage



FOR MORE INFORMATION CALL 703-230-1291

COMSTOCK www.ComstockPartnersLC.com

RESTON DUPLICATE BRIDGE CLUB



WEDNESDAYS

7:00 p.m. – 10:30 p.m.

RCC Hunters Woods • No Reservations Necessary

Open game: \$8 per person

Novice game: \$7 per person

The Reston Duplicate Bridge Club has held weekly games at RCC since its opening in 1979. Novice-Intermediate and Open games are offered. Teachers are available for those who wish lessons. The game is held every Wednesday evening on a year-round basis. Light snacks and beverages are provided. Partners may be provided upon request.

For more information, please contact Candy Kushner at 703-758-0906 or at candy.kuschner@gmail.com.

MEET THE

Artists

Thursdays • 2:15 p.m. – 3:30 p.m.

Free • RCC Hunters Woods – the CenterStage • All Ages

MARCH 26

John O'Connor

Internationally acclaimed pianist who is in residence at Shenandoah University performs classic selections from the piano repertoire.

APRIL 2

Beverly Cosham & Friends

Washington's and Reston's favorite cabaret singer and entertainer and her musical friends collaborate to perform their favorite songs.

APRIL 9

Marina Chamasyan

An OLLI favorite, Marina will perform the music she will be playing for her doctorate at Catholic University.

APRIL 16

Linda Monson

Professor of Keyboard Studies at George Mason University performs and presents outstanding student pianists from the George Mason School of Music.

APRIL 23

Rich Kleinfeldt & Yunilo Rogers

Rich Kleinfeldt (saxophone) and Yunilo Rogers (piano) perform *The Lyrical Saxophone – the human voice of the wind instruments*.

APRIL 30

The Fairfax Simile

Barbershop singers will perform and teach this classic musical form. Audience members may join in if they so please.

Schedule subject to change. Please check our website for up-to-date information. These programs are a joint venture between Osher Lifelong Learning Institute at George Mason University and Reston Community Center. The Osher Lifelong Learning Institute (OLLI) at George Mason University offers daytime courses, lectures, special events and other activities year round. There are no exams, no credits, no college degree required or offered and no age threshold for joining. Learn more online at www.lli.gmu.edu.

EGGNORMOUS EGG HUNT

FREE

AGES 1-8

Come enjoy a great community tradition at beautiful Brown's Chapel Park. Carnival games, entertainment, moon bounces, prizes, and a strolling magician will be featured along with our ever-popular egg hunt.

The egg hunt starts at 10:30 a.m. sharp.

DON'T FORGET TO BRING:

A BASKET TO CARRY YOUR EGGS



A CAMERA FOR ALL THE PHOTO OPS



A PICNIC TO ENJOY OUTDOORS



SATURDAY MARCH 28

10:00 a.m. - 11:30 a.m.

BROWN'S CHAPEL

11300 Baron Cameron Avenue, Reston, VA

Located across from Lake Anne Plaza

Rain Date: Saturday, April 4

IN-KIND SUPPORT PROVIDED BY RESTON ASSOCIATION

For more information, please contact Debbie Heron, RCC Youth Program Director, at 703-390-6163.

Founders Day

Saturday, April 11
12:00 p.m.

Lake Anne Plaza



Celebrate the 51st anniversary of Reston's founding with the Reston Historic Trust! The event is open to the whole community.

For more information, please contact the Reston Historic Trust, at www.restonmuseum.org or 703-709-7700.

reston celebrates

FOUNDING OF RESTON — 1964 —	50 YEARS	100 YEARS	BIRTH OF ITS FOUNDER — 1914 —
--------------------------------	--------------------	---------------------	----------------------------------

Reston's civic and community organizations will be celebrating anniversaries all year. Check out all the fun in store for the community at www.restoncelebrates.org.

For information about how to add your organization's anniversary-themed event, please email restoncelebrates@myerspr.com.

PARTICIPATING ORGANIZATIONS:



GREATER RESTON
CHAMBER OF COMMERCE



Reston Hospital Center
HCA Virginia Health System



Myers Public Relations
Experience. Ingenuity. Results!



WWW.RESTONCELEBRATES.ORG

Patrick Dougherty Installation

AT RESTON TOWN SQUARE PARK

The Greater Reston Arts Center (GRACE), in collaboration with the Initiative for Public Art-Reston (IPAR), will present an exciting environmental art installation by sculptor Patrick Dougherty in Reston Town Square Park, accompanied by an exhibit at the GRACE gallery documenting Dougherty's works from around the world. Patrick Dougherty is an environmental sculptor who is well known for his monumental, site-specific sculptures created from regionally-sourced saplings. The artist creates magical, immersive works that respond to the natural and built environments they inhabit. This ambitious project for Reston will harness community volunteers to assist with the collection of saplings and the creation of the work itself – a process that will be visible to the public. The artist will deliver a public lecture on April 16 at 7:30 p.m. at the Jo Ann Rose Gallery. The completed sculpture will be presented to the public on April 25 at 6:00 p.m. at the GRACE gallery.

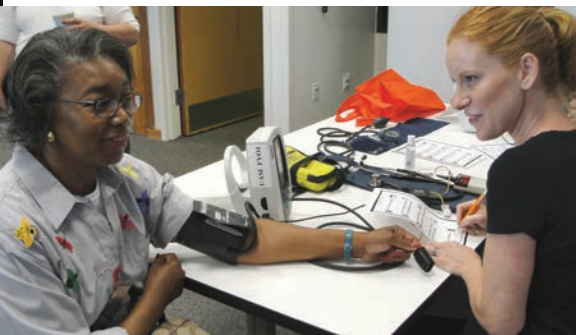
The Patrick Dougherty installation is made possible through the generous support of sponsors including the Arts Council of Fairfax County, Reston Community Center, and the Initiative for Public Art-Reston.



KEY DATES

- March 24 • the CenterStage • 7:30 p.m.**
Tuesday Night at the Movies
Bending Sticks: The Sculpture of Patrick Dougherty
- April 16 • Jo Ann Rose Gallery • 7:30 p.m.**
Patrick Dougherty Lecture
- April 25 • GRACE Gallery • 6:00 P.M.**
Presentation of Sculpture

FOR MORE INFORMATION, CONTACT PAUL DOUGLAS MICHNEWICZ, ARTS & EVENTS DIRECTOR, AT 703-390-6167.



Senior Health Fair

55 YEARS AND OLDER • RCC HUNTERS WOODS

Friday, April 24

1:00 p.m. – 4:00 p.m.

FREE • REGISTRATION REQUIRED • 500371-5A

Join us for our Senior Health Fair. This is an educational and interactive event designed for outreach to provide basic preventive medicine and medical screening to older adults in the Reston community. There will be a variety of vendors and exhibitors to educate you on many aspects of health, wellness, fitness and lifestyle improvements. Topics include chiropractic care, acupuncture, yoga for seniors, and nutrition. There will be health screenings such as cholesterol testing and blood pressure checks.

This event is cosponsored by Reston Community Center, Reston Association, Tall Oaks Assisted Living and Reston Hospital Center.



FOR MORE INFORMATION, PLEASE CONTACT KAREN BRUTSCHÉ, 55+ PROGRAM DIRECTOR, AT 703-390-6157.



BEST OF RESTON AWARDS AND GALA

Thursday, April 30

Hyatt Regency Reston
1800 Presidents Street, Reston, VA

Cornerstones and the Greater Reston Chamber of Commerce present the 24th Annual Best of Reston Awards. The Best of Reston event honors individuals, organizations and businesses that have put forth tremendous effort in their commitment to community service and improving the lives of others.

For more information, please contact Cathy Hoskinson, at 571-323-9566 or at www.cornerstonesva.org.

TICKETS AVAILABLE THROUGH CORNERSTONES.



Spring Festival

Saturday, May 2

1:00 p.m. – 5:00 p.m.

The Spring Festival is fun for all ages with live animals, fishing activities, craft-making for kids, displays and information from environmental groups, and family-friendly entertainment. Entertainment sponsored by Reston Community Center.

LOCATION:

Walker Nature Center
11450 Glade Drive, Reston, VA

MORE INFO:

www.reston.org

FREE • RAIN OR SHINE



Northern Virginia
FineArts
FESTIVAL

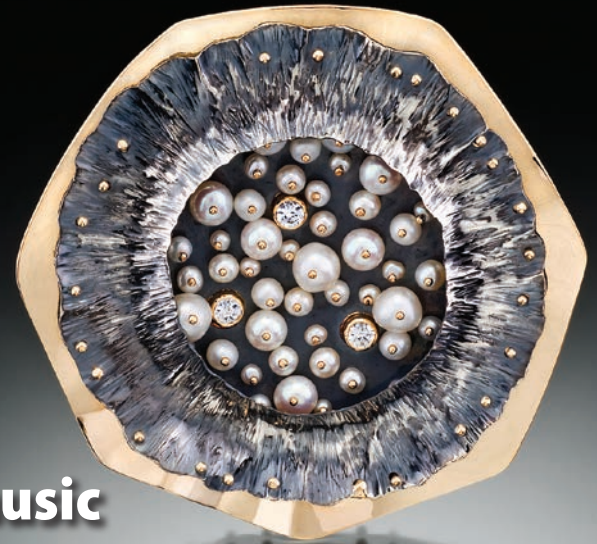
May 15 – 17
Reston Town Center

www.northernvirginiafineartsfestival.org

fine art + craft + performance + music

Suggested donation for admission to Festival is \$10.

The Northern Virginia Fine Arts Festival, produced by the Greater Reston Arts Center, is a top-rated annual juried outdoor street festival held in the heart of Reston Town Center. The three-day event attracts more than 50,000 patrons and provides an interactive experience to view and purchase art directly from unique and talented artists. Reston Community Center is thrilled to be a Platinum sponsor for the 24th Annual Northern Virginia Fine Arts Festival.



**Blind Curves -
One Woman's
Unusual Journey**

55 years and older

Thursday, May 21

11:00 a.m. – 2:00 p.m.

RCC Hunters Woods

\$15 Reston/\$30 Non-Reston • Fee Includes Lunch

500277-5A

After months of following one-size-fits-all advice, recently widowed Linda Crill was still miserable, until she made a rebellious decision: she traded her corporate suits for motorcycle leathers and committed herself to a 2,500 mile road trip down America's Pacific Northwest coast on a Harley. The problem – she didn't know how to ride and had only thirty days to learn.

Linda will share her extraordinary story of how her radical choice proved that opening unexpected doors is more effective than playing it safe. By erasing old boundaries and heading into the unknown – the "blind curve" – she discovered not only new possibilities to use in building the next phase of her life, but also the fuel to make it happen.





FAIRFAX ★ 2015
WORLD
POLICE & FIRE
GAMES

The 2015 Fairfax World Police & Fire Games will take place from June 26 to July 5, 2015. 12,000 athletes from over 70 countries are expected to compete in 61 sports in 53 area venues.

The Games present an amazing opportunity for our region and our communities as we honor and celebrate our everyday heroes – first responders – who do so much to serve and protect us all.

COMPETE. Open to active and retired law enforcement and fire service personnel.

VOLUNTEER. Upwards of 4000 volunteers are needed for the Games.

PARTICIPATE. Businesses and individuals alike can get involved through our Official Partner, Proud Host, or Merchant Incentive Programs.

To be a part of the World Police & Fire Games visit
FAIRFAX2015.COM

COMING
SUMMER
2015



The Games of Heroes

HONOR

2014/2015 Professional Touring Artist Series



When I turned 50, I gave myself a gift. The best gifts that I can imagine are not wrapped in a box with a ribbon. The best gifts are experiences, memories, relationships. Moments that bring us together, foster conversation, inspire imagination, and encourage dreaming. And like all gifts, it is better to give than to receive.

When I turned 50, I gave myself a gift of this job. A job where I work with dedicated and creative individuals who love what they do and enjoy collaborating with one another. A job where we provide exciting experiences to a community that thrives because of the work we do. A job where the arts are integral to the health of the individual and the community at large. A job where we make a difference.

It has been three years since I began and it seems like it is a gift that keeps on giving.

As Reston has just turned 50, it has been fun to think of gifts to the community. Here at RCC, it is our business model to be "gifting" our patrons all the time. The Multicultural Festival, Thanksgiving Food Drive, Holiday Parade and community coffee are just a few of the free events RCC provides.

BUT, DID YOU KNOW...

- We bring our CenterStage artists into Reston schools for performances and workshops?
- You can frequently meet the artists after the show?
- We host free concerts?
- We host free films?
- Our Young Actors Theatre shows are free to everyone to attend?

I know that it has been a great gift to me to be able to find new and exciting ways to contribute to the health and well-being of the cultural life in Reston. Happy Birthday Reston, Happy Birthday to all who live and work here, and many happy returns on your investment in your Reston Community Center!



A handwritten signature in black ink, reading "Paul D. Michnewicz".

Paul Douglas Michnewicz
Director of Arts and Events

New York Festival of Song

AT HARLEM'S HEIGHT

Friday, December 5, 8:00 p.m.

\$20 Reston/\$40 Non-Reston



At Harlem's Height celebrates the music of Eubie Blake, Duke Ellington, Fats Waller, Billy Strayhorn, W. C. Handy and many other composers who led the Harlem Renaissance. In the period between the end of World War I and the Great Depression, these artists awakened the world to the creative and intellectual power of black America. Writing about life in Harlem with wit and deep feeling, they set off an explosion of popular song irresistible in its melodic and rhythmic energy. *At Harlem's Height* will include many rarely heard songs by these popular and classical composers, giving a musical portrait of Harlem as it was experienced by the artists who lived there.

At Harlem's Height is led by artistic team Steven Blier and Michael Barrett and performed by singers Julia Bullock, Darius de Haas and James Martin (pictured left to right).



Photo by Dario Acosta



Photo by Christian Steiner



Photo by Tess Steinkolk



Photo by Steve Godbold



PARENTS TIME OUT: SEE BELOW FOR MORE INFORMATION

... the oldest permanent floating song party in New York.

— *Newsday*

Parents Time Out PT

\$15 Reston/\$30 Non-Reston

(4-9 years old)

PTO - New York Festival of Song

December 5
901197-5B Fri 7:30 p.m. – 10:30 p.m.

PTO - Persistent Voices

May 6
901197-5C Wed 7:30 p.m. – 10:30 p.m.

PTO - Turtle Island Quartet with Tierney Sutton

May 30
901197-5D Sat 7:30 p.m. – 10:30 p.m.

This program is designed for parents who would like to enjoy a nice date night and attend a great performance at RCC's CenterStage. Children will be happily engaged with games, videos, and simple crafts while under the supervision of RCC staff in a separate room. They should wear comfortable clothing and shoes, suitable for play. Registration deadline is one week prior to the event. Space is limited. Cost is only for childcare and includes snacks and drinks for participating children. Please purchase performance tickets by visiting the CenterStage box office via phone, online or in person.

Anna Deavere Smith

Special Reston Dr. Martin Luther King, Jr. Birthday Celebration Performance and Residency

Anna Deavere Smith uses her singular brand of theatre to highlight issues of community, character, and diversity in America. Best known for crafting one-woman, multi-character plays about American social issues, Smith has been awarded the 2013 Dorothy and Lillian Gish Prize, one of the largest and most prestigious awards in the arts, as well as the National Humanities Medal. The MacArthur Foundation honored Smith with the "Genius" Fellowship for creating "a new form of theatre – a blend of theatrical art, social commentary, journalism, and intimate reverie."



SNAPSHOTS: PORTRAITS OF A WORLD IN TRANSITION

Sunday, January 18, 8:00 p.m.

\$25 Reston/\$50 Non-Reston

Ms. Smith has been listening to people across the country from all walks of life for the last several years, using Walt Whitman's idea "to absorb America" as an inspiration. To illustrate her goal of bringing "people across the chasm" of what she calls the "complex identity of America," Ms. Smith slips in and out of character during the course of her presentation, recreating a diversity of emotions and points of view on controversial issues.



Reston Dr. Martin Luther King, Jr. Birthday Celebration • Keynote Address and Community Lunch

Reclaiming Grace in the Face of Adversity

Monday, January 19, 12:00 p.m.

\$5 Reston/\$10 Non-Reston

We live in a winner take all society. And yet, part of our potential as humans is our capacity for compassion and our resilience in the face of adversity. Anna Deavere Smith interviewed people in the US and abroad who were able to have grace in the face of dramatic adversities. The speech celebrates the resilience of the human spirit, the power of kindness and the strength of imagination in hope.

Lúnasa

Wednesday, March 18, 8:00 p.m.

\$25 Reston/\$50 Non-Reston

MAR
18



An RCC tradition returns to the CenterStage. This delightful group of Irishmen has celebrated St. Patrick's Day with Restonians for more than 20 years. Internationally acknowledged as one of the finest traditional Irish instrumental bands in recent times, they have performed more than 1,000 shows across the globe since 1997. Their inventive arrangements and bass driven grooves have steered Irish acoustic music into surprising new territory. Their recordings have been hailed as some of the best and most important world music albums anywhere, while their blend of intelligence, innovation, virtuosity, and passion has brought them to the forefront of Celtic music.

Photo by Eric Politzer

The best Irish instrumental band on the planet.

— Irish Echo, USA

MAR
29

Mr. Vaudeville & Friends!

WITH MARK BRUTSCHÉ

Sunday, March 29,
3:00 p.m.

\$5 Reston/\$10 Non-Reston

Mr. Vaudeville is back! Buddy Silver, the self-proclaimed Mr. Vaudeville and alter-ego of local funnyman Mark Brutsché returns to the CenterStage Motion Picture & Vaudeville House to prove, once again, that nothing can take the place of live entertainment. And this time, he's brought along some friends. Throw in a little help from the audience and you've got even more magic, mayhem, and classic vaudeville comedy. It's an afternoon of fun for the whole family that's sure to leave you in stitches.

Photo by Karen Brutsché



It was fantastic. We had eight adults and two kids in our group, everyone agreed... He did such a great job with the whole production. A fun, fun time!

— Joan Rose, Reston parent

APR
1

BOOM!

A NEW DUET CHOREOGRAPHED BY CYNTHIA OLIVER

Wednesday, April 1, 8:00 p.m.

\$15 Reston/\$30 Non-Reston

Cynthia Oliver creates performance collages that move from dance to word to sound and back again toward an eclectic and provocative dance theatre. A Bronx-born, Virgin Island-reared performer, she incorporates the textures of Caribbean performance with African, and American, aesthetic sensibilities. *BOOM!* features Oliver and Leslie Cuyjet exploring black femininities, gender and racial dynamics, and life's contradictions as they kinetically embody individuals, friends, strangers, and the younger/older versions of themselves.

IN PARTNERSHIP WITH DANCE PLACE

Photo by Julieta Cervantes



The movement, rich with sensuality, strength and joy, spoke for itself.

– *The Washington Post*

Trout Fishing in America

WITH SPECIAL GUEST DANA LOUISE

Sunday, April 26, 3:00 p.m.

\$15 Reston/\$30 Non-Reston

APR
26



Introducing folk music's fresh new face – and Ezra's daughter – Dana Louise!



Trout Fishing in America's infectious mix of folk/pop and family music is enriched by the diverse influences of reggae, Latin, blues, jazz and classical music. They've been playing music together since the 1970s, when they met up in Texas in a folk rock band. In 1979, Trout Fishing was born, and now - 15 albums and four Grammy nominations later - Keith and Ezra still get up every day looking forward to playing music together.

Photos by J.P. Bell and Dana Louise

Music for people who take their fun seriously!

– Grimwood and Idlet

Persistent Voices

CHOREOGRAPHED BY DANIEL PHOENIX SINGH

Wednesday, May 6, 8:00 p.m.

\$15 Reston/\$30 Non-Reston

MAY
6

Persistent Voices combines poignant choreography, thought-provoking poetry, and evocative visual designs to explore the effect of AIDS in our lives. The dance is inspired by the anthology *Persistent Voices: Poetry by Writers Lost to AIDS*, which includes the work of eight DC poets whose lives and creativity will be celebrated through this performance.

CO-COMMISSION WITH DANCE PLACE
WORLD PREMIERE!



Photo by Paul Gordon Emerson

PARENTS TIME OUT: SEE PAGE 24 FOR MORE INFORMATION

PT

MAY
30

Turtle Island Quartet WITH SPECIAL GUEST TIERNEY SUTTON

POETS & PRAYERS

Saturday, May 30, 8:00 p.m.

\$25 Reston/\$50 Non-Reston



Turtle Island Quartet, the double Grammy Award-winning quartet that has re-defined chamber jazz for more than 25 years, is joined by the great jazz vocalist Tierney Sutton.

From the moving traditional hymn *Wade in the Water* to Joni Mitchell's *All I Want* to settings of Coltrane's *A Love Supreme* to the words of Hafiz and Rumi – *Poets & Prayers* celebrates the muse, in all its forms. Turtle Island Quartet has been hailed by *The Washington Post* for its "excellent precision and musicality." Vocalist Tierney Sutton's celebrated career has included multiple Grammy Award nominations and performances for *Jazz at Lincoln Center*, the Kennedy Center, and the Hollywood Bowl. *JazzTimes* says Sutton's brilliance is her ability to blend seamlessly and *The New York Times* calls her "a pure jazz spirit."

Join us at 7:00 p.m. for a pre-show meet-and-greet with members of Turtle Island Quartet!

PARENTS TIME OUT: SEE PAGE 24 FOR MORE INFORMATION

PT

Photo by Bill Reitzel

Music-making of this level is a privilege to hear.

– Palm Beach Daily News

CENTERSTAGE BOX OFFICE INFORMATION



Online: www.restoncommunitycenter.com
Available until two hours before a performance and requires payment of a processing fee.



By Mail: Return a Ticket Order Form (page 150) to
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191



In Person: Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.
Saturday: 1:00 p.m. – 5:00 p.m. Two hours prior to curtain time



Phone: 703-476-4500, Press '3' • 800-828-1120 (TTY)
Please provide the following information when you call:

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)



Fax: Fax Ticket Order Form to 703-476-2488.

PLEASE NOTE:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.
- If you want a confirmation call, please request it at the time you make your reservation.
- Tickets for Community Arts Organizations go on sale two weeks prior to their first performance date.

THE CENTERSTAGE IS LOCATED INSIDE RCC HUNTERS WOODS. TO GET TO RCC HUNTERS WOODS:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/8 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

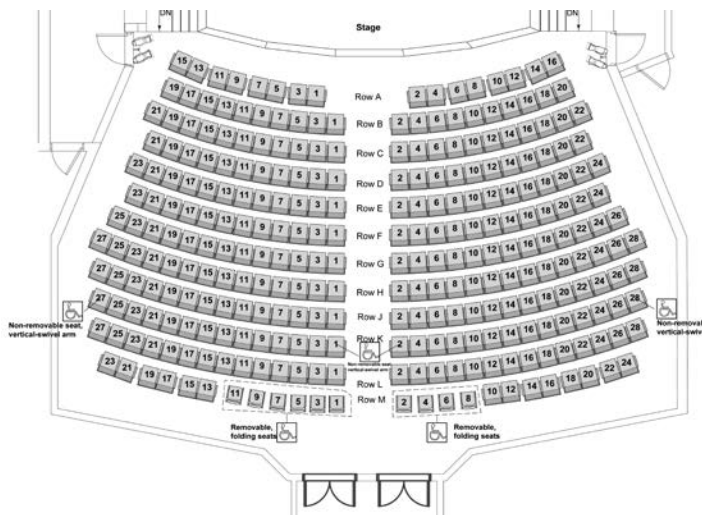
Left on Baron Cameron Ave (Route 606)
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/8 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28
Take Dulles Toll Rd East
Take Exit 12 onto Reston Parkway
Right on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Rd
Go 1/8 mile and turn left into Hunters Woods Village Center

TICKET SALES

Tickets for the 2014–2015 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. – 9:00 p.m. once the order is processed.



COMMUNITY ORGANIZATIONS



The Reston Chorale

PERFORMING ARTS

Tickets for Community Arts Organization events held at Reston Community Center (the CenterStage or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation.

CLASSICAL BALLET THEATRE

**Classical Ballet
Theatre**
www.cbtnva.org
703-471-0750

Experience the joy and creativity inherent in the art of dance! Join us for an evening of beautiful contemporary and classical dance presented by the very best emerging artists in Northern Virginia.

An Evening with Classical Ballet Theatre
Friday, February 13, 7:30 p.m.
RCC Hunters Woods – the CenterStage
Tickets: \$22 Adults, \$18 Seniors (65 and over)/Students (12 and under). Available online at www.cbtnva.org and at the CenterStage Box Office.



**Fairfax-Loudoun Music
Fellowship**
www.FLMF.org

Fairfax-Loudoun Music Fellowship offers membership to private music teachers looking for a non-competitive, friendly, and enriching community. They meet monthly, organize recitals for students at the CenterStage, and hold an annual ensemble festival, in which students play together on six grand pianos under the baton of a conductor. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals.

Spring Recitals
Saturday, May 16, 1:30 p.m. and 3:00 p.m.
RCC Hunters Woods – the CenterStage
Tickets: Free



Reston Chorale

www.restonchorale.org
703-834-0079

Don't miss a moment of the music being made this year by the Reston Chorale. Join your friends and neighbors, bring the family, and savor the musical feast.

Choral Splendor: Music of France

Join The Reston Chorale for an evening of French choral music, featuring Organists Paul Skevington and Tordis Fahringer performing Vierne's magnificent *Messe Solennelle* for two organs and mixed chorus. The concert will also include works by Duruflé, Faure, Franck and Widor.

Sunday, March 22 – 4:00 p.m.
Saint Luke Catholic Church

Tickets: For tickets and information, visit www.restonchorale.org. The CenterStage Box Office is not selling tickets to this event.

Made in the U.S.A.

Join The Reston Chorale for an American showcase filled with fabulous music and lots of fun.

Saturday, May 9 – 4:30 p.m. and 7:30 p.m.
RCC Hunters Woods – Community Room

Tickets: \$25 Adults (18-61), \$20 Seniors (62 and older), and Free for Youth (17 and younger) with a ticketed adult. Tickets are available online at www.restonchorale.org and at the CenterStage Box Office on Saturday, April 25 (two weeks prior to performances).

The Reston Chorale is supported in part by the Arts Council of Fairfax County, supported by Fairfax County Government; the Virginia Commission for the Arts, and the National Endowment for the Arts.



Reston Community Orchestra

www.restoncommunityorchestra.org
571-449-7095

Founded in 1988 as the Reston Chamber Orchestra – now named the Reston Community Orchestra to better reflect

its growth, size and its intense commitment to our community – is an all-volunteer ensemble devoted to music and Reston. With a full repertoire, and ably led by Maestro Dingwall Fleary, RCO depends entirely on voluntary contributions from its members and audiences to be able to provide great music for a great community.

Tickets: FREE. Donations are appreciated.

Holiday Sing & Play Along

The entire community is invited to come, with instruments and/or voices, to join the orchestra for an hour of holiday merriment. We will share songs, carols and orchestral favorites of the season. This is a family-friendly event. Tell your friends and neighbors to come!

Sunday, December 21, 4:00 p.m.
Sunset Hills Montessori School

9th Annual Memorial Tribute to Dr. Martin Luther King, Jr.

The orchestra continues its tradition of celebrating the life and spirit of Dr. Martin Luther King, Jr., with symphonic works, spirituals and songs, in collaboration with the Reston Community Center Celebration weekend. Featured guests will be bass-baritone, Ronald Campbell, as well as Voices of Worship under the direction of Maestro Fleary's long-time associate, Felicia Kessel-Crawley.

Saturday, January 17, 4:00 p.m.
RCC Hunters Woods – Community Room

Past to Present

Maestro Fleary and the orchestra will play classic pieces of the masters, including Bach, Mozart, Haydn and Dvorak, and introduce works by contemporary composers who followed in (or perhaps strayed from) their footsteps.

Sunday, March 15, 4:00 p.m.
RCC Hunters Woods – Community Room

Story Time with Youth in Mind

This family-friendly program will include the whimsical *Toy Symphony* by Leopold Mozart, whose precocious kid, Wolfgang Amadeus, kept fame and glory in the family. Keeping RCO's commitment of showcasing talented youth, a student soloist will be featured. For this season finale, the orchestra will welcome musician and storyteller, Pamela Furguson for the tale of *Hansel, Gretel and the Little Green Dragon*. Children of all ages will be encouraged to have a close look at how orchestral sounds are created by participating in our Instrument Petting Zoo.

Sunday, May 17, 4:00 p.m.
RCC Hunters Woods – the CenterStage
Free tickets are available at the CenterStage Box Office on May 2 (two weeks prior to performances).





Reston Community Players

www.restonplayers.org
703-435-2707

The Reston Community Players (RCP) continues their tradition of artistic excellence in Reston and surrounding communities with touching, funny, and

timeless productions. RCP has been delighting audiences since 1966. Be sure you get in on the fun.

Rehearsal for Murder

By D.D. Brooke. Based upon the teleplay *Rehearsal for Murder* by Richard Levinson and William Link. Directed by Jessie Roberts.

Fridays, January 16, 23 and 30 at 8:00 p.m.

Saturdays, January 17, 24 and 31 at 8:00 p.m.

Sunday, January 25 at 2:00 p.m.

Tickets: \$20 Adults (19 – 64), \$17 Seniors (65 and older), \$17 Students (18 and younger)

Sunset Boulevard

Music by Andrew Lloyd Webber. Book and Lyrics by Don Black & Christopher Hampton. Based on the Billy Wilder film. Directed and Choreographed by Mark Hidalgo.

Fridays, February 27, March 6, 13 and 20 at 8:00 p.m.

Saturdays, February 29, March 7 and 21 at 8:00 p.m.

Sundays, March 8 and 15 at 2:00 p.m.

Tickets: \$23 Adults (19 – 64), \$20 Seniors (65 and older), \$20 Students (18 and younger)

Ken Ludwig's The Fox on the Fairway

Directed by Adam Konowe

Fridays, April 24, May 1 and 8 at 8:00 p.m.

Saturdays, April 25, May 2 and 9 at 8:00 p.m.

Sunday, May 3 at 2:00 p.m.

Tickets: \$20 Adults (19 – 64), \$17 Seniors (65 and older), \$17 Students (18 and younger)

The Reston Community Players is funded in part by the Arts Council of Fairfax County, supported by the County of Fairfax.



GroundWorks Dance Ensemble

www.groundworksdance.com
703-593-4384

GroundWorks Dance Ensemble provides young dancers the opportunity

to develop as moving artists. The focus of this intensive modern dance training program is the artistic process, with the goal of building a solid foundation in the art of modern dance. Every spring, the GroundWorks Dance Ensemble presents a full-length stage production of dance and theatre, complete with costumes, scenery and professional sound and lighting design.

Tickets: Pricing information available at the CenterStage Box Office two weeks prior to performances

Spring Concert

Friday, June 12, 8:00 p.m.

Saturday, June 13, 3:00 p.m.

RCC Hunters Woods – the CenterStage



Ravel Dance Studio

www.raveldance.com
703-437-9664

Founded in 1990, the Ravel Dance Company was formed to give young dancers an opportunity to perform original works of dance in a variety of dance genres so they may be better prepared to enter the professional world of dance or to gain acceptance into a university dance program. The Ravel Dance School educates young dancers through high school in classical ballet while offering additional opportunities to perform. Through an audition process, a dancer may be eligible to perform with the Ravel Dance Company.

Each year, The Ravel Dance Studio presents one of the five classical ballets from its repertoire: *Cinderella*, *Swan Lake*, *The Sleeping Beauty*, *Coppelia*, or *Giselle*.

Tickets: Available only at Ravel Dance Studio and remaining tickets, if any, at the CenterStage Box Office on performance dates. \$18 All Ages.

The Sleeping Beauty and Broadway's Best

Friday, May 22, 7:30 p.m.

Saturday, May 23, 2:00 p.m.

RCC Hunters Woods – the CenterStage



SingStrong International A Cappella Music Festival

www.SingStrong.org
888-893-4323

Founded in 2009, SingStrong is a weekend-long series of professional level concerts and classes devoted to the many styles of a cappella music. Styles range from barbershop to doo-wop, beatbox to overtone singing, live looping and beyond. Profits support the Alzheimer's Association and local music programs. Past headliners include Pentatonix, NOTA and Maxx Factor from NBC's *The Sing Off* as well as the International touring groups like the BOBS, Blue Jupiter, *X-Factor's* Fii, American Idol's Nate Tao and more. Tickets start at \$15. Find out more info at www.SingStrong.org

Friday, March 6, 7:00 p.m. – "ACA-Idol" contest for collegiate and pro groups with telephone voting, live judges comments and \$1000 first prize.

Saturday, March 7, 7:00 p.m. – Pro Concert 1

Saturday, March 7, 9:30 p.m. – Pro Concert 2

Sunday, March 8, 2:00 p.m. – Pro Concert 3

South Lakes High School

The CenterStage Box Office is not selling tickets to this event.



VISUAL ARTS



League of Reston Artists (LRA)

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers, and supporters of the arts residing in Northern Virginia and the Washington D.C. Metropolitan area. LRA sponsors exhibits, programs and receptions for its members and the community. This nonprofit organization is open to all Washington DC Metro art lovers and artists and has been a staple in the Reston community for almost 50 years. LRA is unique because it provides opportunities for artists at every stage of their development, from emerging to professional. Each year new members join and volunteers coordinate fresh opportunities to partner with local businesses and display and sell artwork produced by area artists. In the past year, LRA has provided members with over 35 exhibit opportunities in the Reston area.

JANUARY

Solo Exhibits

Angelica Schafer

Reston Corner #1: 12001 Sunrise Valley Drive

Rosemary Gallick

Reston Corner #2: 12005 Sunrise Valley Drive

LRA Painters

**Greater Reston Chamber of Commerce
1763 Fountain Drive, Reston**

Parkridge 4 Exhibit

10780 Parkridge Boulevard, Reston

FEBRUARY

Solo Exhibits

Don Allen

Reston Corner #1: 12001 Sunrise Valley Drive

Maggie Garten

Reston Corner #2: 12005 Sunrise Valley Drive

Reston Photographic Society (RPS)

**Greater Reston Chamber of Commerce
1763 Fountain Drive, Reston**

Parkridge 4 Exhibit

10780 Parkridge Boulevard

MARCH

Solo Exhibits

Antonella Manganelli

Reston Corner #1: 12001 Sunrise Valley Drive

R. Neville Johnson

Reston Corner #2: 12005 Sunrise Valley Drive

Reston Photographic Society (RPS)

Greater Reston Chamber of Commerce

1763 Fountain Drive

Parkridge 4 Exhibit

10780 Parkridge Boulevard

APRIL

Solo Exhibits

Rudy Guernica

Reston Corner #1: 12001 Sunrise Valley Drive

Charlene Fuhrman-Schulz

Reston Corner #2: 12005 Sunrise Valley Drive

Annual Founders Day Exhibit

RCC Lake Anne – Jo Ann Rose Gallery

Reception: Sunday, April 5, 2:00 p.m. – 4:00 p.m.

Reston Photographic Society (RPS)

Greater Reston Chamber of Commerce

1763 Fountain Drive

Parkridge 4 Exhibit

10780 Parkridge Boulevard

MAY

Solo Exhibits

Brian Forst

Reston Corner #1: 12001 Sunrise Valley Drive

Pam Coulter Blehert

Reston Corner #2: 12005 Sunrise Valley Drive

LRA Painters

Greater Reston Chamber of Commerce

1763 Fountain Drive

Parkridge 4 Exhibit

10780 Parkridge Boulevard

JUNE

Solo Exhibits

Octavia Frazier

Reston Corner #1: 12001 Sunrise Valley Drive

Jan Master

Reston Corner #2: 12005 Sunrise Valley Drive

Reston Photographic Society Exhibit

RCC Lake Anne – Jo Ann Rose Gallery

Reception: Sunday, June 7, 2:00 p.m. – 4:00 p.m

LRA Painters

Greater Reston Chamber of Commerce

1763 Fountain Drive

Parkridge 4 Exhibit

10780 Parkridge Boulevard



Photo courtesy of Reston Art Gallery and Studios

GreaterRestonArtsCenter

Greater Reston Arts Center (GRACE)

www.restonarts.org

Greater Reston Arts Center is a Reston treasure that promotes involvement and excellence in contemporary visual arts. In pursuit of this mission, GRACE provides year-round programming including exhibitions, education programs, and the Northern Virginia Fine Arts Festival. Education programs include GRACE Art (art history enrichment in schools) Summer Art Camp for children, Explore More! Learning Center for children, programs with RCC, and more.

Founded in 1974 by artists and art lovers as a source of cultural enrichment for the new town of Reston, the Greater Reston Arts Center grew from its early beginnings at Lake Anne to its current home at Reston Town Center. The year will be full of compelling visual arts exhibitions featuring the work of both established and emerging artists in the region, as well as nationally-known artists. Please visit the website for additional information.

Fall Exhibition 2

November 13 – January 3

Winter Exhibition

January 15 – February 28

Opening Reception: Thursday, January 15, 6:00 p.m. – 8:00 p.m.

Youth Art Month: GRACE Art

March 6 – March 14

Opening Reception: Saturday, March 8, 5:00 p.m. – 7:00 p.m.

Youth Art Month: Emerging Visions

March 20 – April 5

Opening Reception: Friday, March 20, 6:00 p.m. – 8:00 p.m.

Patrick Dougherty

April 16 – July 3

Opening Reception: Saturday, April 25, 6:00 p.m. – 8:00 p.m.

Fairfax County Educators Exhibition

July 16 – August 22

Opening Reception: Thursday, July 16, 6:00 p.m. – 8:00 p.m.

The Greater Reston Arts Center is funded in part by the Arts Council of Fairfax County, supported by the County of Fairfax. It is also partially supported by a grant from the Virginia Commission for the Arts and the National Endowment for the Arts.



Initiative for Public Art – Reston (IPAR)

www.publicartreston.org

The Initiative for Public Art – Reston (IPAR) seeks to inspire an ongoing commitment to public art and create a new generation of artworks in Reston.

IPAR works with community organizations to develop permanent and temporary public art projects in Reston and to present related educational programs. IPAR provides guidance and the support of the IPAR Public Art Committee to community projects and to developers who elect to commission public artworks on site.

IPAR, in collaboration with the Greater Reston Arts Center (GRACE), will commission a temporary large-scale public artwork by internationally known sculptor Patrick Dougherty. The community will be invited to volunteer to help create the artwork in April 2015. The Patrick Dougherty installation is made possible through the generous support of sponsors including the Arts Council of Fairfax County, Reston Community Center, and the Initiative for Public Art-Reston.

IPAR, in collaboration with Friends of Lake Anne, will present *Chalk on the Water*, the chalk festival at Lake Anne Plaza, on June 6–7.

In collaboration with Reston Community Center, IPAR continues to present a series of public art films and speakers at the CenterStage. Visit www.publicartreston.org for updated information about current and future public art projects and outreach programs. Like us at www.facebook.com/PublicArtReston

The Initiative for Public Art – Reston programs are supported in part by the Arts Council of Fairfax County.



Photo courtesy of GRACE

Reston Art Gallery and Studios (RAGS)

www.restonartgallery.com
703-481-8156

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. This winter and spring enjoy these exhibits:

JANUARY

Winter Warmth

Photography, prints, paintings and artist-made jewelry by 11 RAGS artists.

Reception: Sunday, January 11, 2:00 p.m. to 4:00 p.m.

FEBRUARY

Maggie Stewart, New Works

Reception: Sunday, February 8, 2:00 p.m. – 4:00 p.m.

MARCH

Spring Fantasies

Photography, prints, paintings and artist-made jewelry by 11 RAGS artists.

Reception: Sunday, March 8, 2:00 p.m. – 4:00 p.m.

APRIL

Joan Kelly, More Color

Reception: Sunday April 12, 2:00 p.m. – 4:00 p.m.

MAY

Two Views, New Works by Gail Axtell-Erwin and Pat Macintyre

Reception: Sunday, May 10, 2:00 p.m. – 4:00 p.m.

JUNE

Summer Heat

Photography, prints, paintings and artist-made jewelry by 11 RAGS artists.

Reception: Sunday, June 14, 2:00 p.m. – 4:00 p.m.

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m.
Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

CULTURAL



The Reston Historic Trust

www.restonmuseum.org
703-709-7700

The Reston Historic Trust is an established community organization that preserves the past, informs the present, and influences the future of Reston through its educational programs. It was founded in 1996 as a community-based non-profit organization to sustain the unique history of the award-winning, innovative, planned community of Reston. The Trust operates the Reston Museum & Shop in Lake Anne Plaza, offering community exhibits and archives, educational programs, the annual Reston Home Tour, and public events such as Founders Day. The museum also offers original art, crafts and Reston signature items for sale.

The Trust's programs will take place from 7:00 p.m. – 9:00 p.m. Admission is free and all are welcome. Contact the Museum for more information.

January 8: Annual Meeting of Reston Historic Trust - Reston Museum

February (TBA): Diva Night (music by Reston's own three divas) - Reston Museum

February 26: Celebrating Black History Month (panel discussion) - Jo Ann Rose Gallery, RCC Lake Anne

March 26: (TBA) - Jo Ann Rose Gallery, RCC Lake Anne

April 11, 12:00 p.m.: Founders Day (annual celebration and festivities) - Lake Anne Plaza

Reston Historic Trust programs are presented with support from Reston Community Center.

ARTS FUNDERS



Arts Council of Fairfax County

www.artsfairfax.org



Virginia Commission for the Arts

www.arts.state.va.us



National Endowment for the Arts

www.nea.gov

RCC Lake Anne, Jo Ann Rose Gallery Exhibits

JANUARY

The Landscape of Rhythm

Acrylic on Canvas Works by Ruta Aidis

Reception: Sunday, January 11, 2:00 p.m. – 4:00 p.m.

FEBRUARY

Acrylic, Photography & Mixed Media Works

By Kathy Kautter

Reception: Sunday, February 8, 2:00 p.m. – 4:00 p.m.

MARCH

Youth Art Month

Art from Reston's Elementary Schools

Reception: Sunday, March 15, 2:00 p.m. – 4:00 p.m.

APRIL

Founders Fine Art Membership Exhibit

League of Reston Artists (LRA)

Reception: Sunday, April 5, 2:00 p.m. – 4:00 p.m.

MAY

RCC Teachers and Students Exhibit

Reception: Sunday, May 17, 2:00 p.m. – 4:00 p.m.

JUNE

Reston Photographic Society Exhibit

League of Reston Artists (LRA)

Reception: Sunday, June 7, 2:00 p.m. – 4:00 p.m.

RCC Lake Anne, 3D Gallery Exhibits

JANUARY – FEBRUARY

Gifts from the HeART Exhibit

Annual Art Sale to Benefit Cornerstones

MARCH – APRIL

Youth Art Month Exhibit

Art from Reston's Elementary Schools

MAY – AUGUST

RCC Teachers and Students Exhibit

RCC Hunters Woods Exhibits

JANUARY

Dr. Martin Luther King, Jr. Birthday Celebration Exhibit

Art from Reston Elementary Schools

Reception: Sunday, January 18, 1:30 p.m.

FEBRUARY

Double Exposure – Darkroom Plus Digital

Photography Exhibit from Sandra Delzell and Friends

MARCH

Youth Art Month Exhibit

Art from Langston Hughes Middle School

APRIL

Young at Art Exhibit

55 Years and Older Artists

Reception: Thursday, April 16, 2:00 p.m. – 3:30 p.m.

MAY

Artist Growth Path

Watercolor, Acrylic & Oil Pastel Works by Bob Kaminski

JUNE

Ayiti Ap Leve: From Rubble – Haitian Art Created from Destruction

Oil Paintings & Photographs from The Haitian Project



VOLUNTEER OPPORTUNITIES



Friends of Reston Community Center

The Friends of Reston Community Center is a 501(c)3 volunteer organization established to support RCC and its volunteers. The Friends accept financial contributions to support Youth Scholarship programs connected to RCC programs. Contributions can be made by sending a check made out to Friends of Reston Community Center at 2310 Colts Neck Road, Reston, VA 20191. All monetary contributions are tax-deductible to the extent allowed by law.

BOARD MEMBERS:

Bea Malone
Dana Smith
Janice Coe
C. Vanessa Bolling
Yolanda Burt
B.J. Romero
M.T. Palmore

Be a volunteer at Reston Community Center. Volunteers offer invaluable support to our programs, activities, and events. We encourage students who have community service requirements to look for meaningful ways to fulfill them by being a Reston Community Center volunteer. Free registration is required for RCC volunteer opportunities. You can register via Webtrac, or registration forms are available at RCC facilities or can be downloaded from our website. Make a difference in your community by volunteering.

Contact the Community Events Director at 703-390-6166 for more details.

Family Outreach

(7 years and older)

Invite your family members, friends and coworkers to support the community this winter season by preparing bagged meals for clients at Embry Rucker Community Shelter in Reston. Each session has limited space availability, so sign up early. Children under the age of 13 must be accompanied by an adult/guardian 18 years or older. All participants must register.

RCC Hunters Woods

January 7

820002-5E Wed 6:00 p.m. – 8:00 p.m.

January 14

820002-5F Wed 6:00 p.m. – 8:00 p.m.

Adapted Aquatics Volunteer

(18 years and older)

Under the guidance of the Assistant Aquatics Director, works one-on-one with children and adults with disabilities. Specific dates and times will be assigned by the Aquatics team. For more information, please contact the Aquatics Program Director, Levi Lainhart, at 703-390-6149.

RCC Hunters Woods

January 10 – May 30

726100-5C Sat 11:00 a.m. – 12:00 p.m.

Volunteer Swim Instructor Assistant

(16 years and older)

Under the guidance of the Assistant Aquatics Director and RCC instructors, assists with swim classes. Volunteer may occasionally lead classes under supervision. Specific dates and times will be assigned by the Aquatics team. For more information, please contact the Aquatics Program Director, Levi Lainhart, at 703-390-6149.

RCC Hunters Woods

January 10 – May 31

726200-5B Mon – Sun Times Vary

Volunteer Water Aerobics Assistant

(16 years and older)

Under the guidance of the Assistant Aquatics Director and RCC instructors, assists with water aerobics classes. Volunteer may occasionally lead classes under supervision. Specific dates and times will be assigned by the Aquatics team. For more information, please contact the Aquatics Program Director, Levi Lainhart, at 703-390-6149.

RCC Hunters Woods

January 10 – May 31

726300-5B Mon – Sun Times Vary

RESTON DR. MARTIN LUTHER KING, JR. BIRTHDAY CELEBRATION VOLUNTEER OPPORTUNITIES

Community Service Projects

Join friends and neighbors in honoring Dr. King's legacy by serving your community. As Dr. King said, "Everybody can be great... because anybody can serve." RCC is partnering with the Southgate Community Center, Reston Association, Cornerstones, and The Closet on community service projects. Indoor projects include making bag lunches for the Embry Rucker Community Shelter, sorting and organizing items from The Closet and several other projects at Southgate Community Center. There will also be several outdoor projects such as cleaning up the natural areas, pathways, and hardscape surrounding the area, weather permitting. Volunteer hours conclude around noon, at which point volunteers will gather to share a lunch that will be provided. Sorting donations is for ages 13 and up. Children 12 and younger are welcome to participate in the other projects, but they must be accompanied by an adult age 18 or older. To volunteer, please contact Ha Brock, Reston Association Volunteer & Community Outreach Coordinator, at 703-435-7986 or habrock@reston.org. Please specify which project you are interested in volunteering for.

Southgate Community Center

12125 Pinecrest Rd, Reston, VA 20191

Registration required through Reston Association

Saturday, January 17 • 9:00 a.m. – 1:00 p.m.

Community Lunch Volunteer

(14 years and older)

Volunteers will help serve the family-style lunch by setting the tables, serving beverages, delivering platters of food to the tables and tidying up at the end of the event.

1, 4-hour session at RCC Hunters Woods

January 19

727102-5A Mon 11:00 a.m. – 3:00 p.m.

Especially for Youth Volunteer

(14 years and older)

Volunteers will help with the youth programs, including assisting with art projects, keeping the area tidy, and providing general help to the RCC staff in the area.

1, 3-hour session at RCC Hunters Woods

January 19

727101-5A Mon 11:30 a.m. – 2:30 p.m.

Customer Service Volunteer for the AARP Tax Aide Program

(18 years and older)

Volunteers are needed to help with the AARP Tax Aide Program signing in customers, keeping the area organized, and answering questions about the program. One volunteer is needed for each shift but there are many shifts available. To volunteer for specific dates, contact the Community Events Director at 703-390-6166.

RCC Hunters Woods

Contact Community Events Director for specific date(s)

February 3 – April 14

Tuesdays 8:30 a.m. – 12:00 p.m.

Thursdays 4:00 p.m. – 7:00 p.m.

Saturdays 8:30 a.m. – 2:00 p.m.

Eggnormous Egg Hunt Volunteers

(14 years and older)

Volunteers are needed to decorate and hide eggs and treats; provide crowd control, supervise the moon bounce, run carnival games, distribute candy to children, and for clean-up and breakdown. Rain date: Saturday, April 4.

1, 4.5-hour session at Brown's Chapel Park

11300 Baron Cameron Avenue (across from Lake Anne Plaza)

March 28 (Rain date: April 4)

729400-5A

Sat

8.00 a.m. – 12:30 p.m.



Diva Central Volunteer Opportunities Pre-Event

(21 Years and Older)

Volunteers will assist in the sorting of the dresses and accessories as well as assist in the loading and unloading of the truck.

RCC Lake Anne

April 24

728100-5A

Fri

11:00 a.m. – 7:00 p.m.

Diva Central Event Day Volunteers

(21 years and older)

Volunteers will set up and arrange dresses, shoes, and accessories as well as assist patrons with their selection process.

RCC Lake Anne

April 25

728101-5A

Sat

11:00 a.m. – 7:00 p.m.

Volunteer for Reston Presents

Reston residents are being sought to volunteer to share their multifaceted talents as part of the continuing Reston Presents speaker's series. Authors, artists, historians, and people with an interesting story to share about their lives, work experience, hobbies, current events, and life experiences are encouraged to apply. Contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577 to volunteer to be a presenter.

Save the Date

Volunteer Recognition Dinner

Sunday, March 29

6:00 p.m. • RCC Hunters Woods

Volunteers – Save the date for the "By Invitation Only" Volunteer Recognition Dinner. We look forward to recognizing your contributions at the dinner hosted by Reston Community Center's Board of Governors and Friends of Reston Community Center.

AQUATICS



POOL FEES

	Reston Resident/ Employee	Fairfax County	Non-Fairfax County
Daily Visit			
Adult	\$4.50	\$9.00	\$13.50
Youth & Senior	\$2.75	\$5.50	\$8.25
20-Visit Pass			
Adult	\$73.00	\$146.00	\$219.00
Youth & Senior	\$45.00	\$90.00	\$135.00
12-Month Pool Pass			
Adult	\$425.00	\$850.00	\$1,275.00
Youth & Senior	\$215.00	\$430.00	\$645.00

WATER AEROBICS FEES

	Reston Resident/ Employee	Fairfax County	Non-Fairfax County
Water Aerobics Drop-in Visit			
Adult	\$4.75	\$9.50	\$14.25
Youth & Senior	\$3.00	\$6.00	\$9.00
Water Aerobics 20-Visit Pass			
Adult	\$80.00	\$160.00	\$240.00
Youth & Senior	\$56.00	\$112.00	\$168.00

Pool Fees & Passes

Daily drop-in fees allow patrons the convenience of returning to the pool on the same day at no extra charge. To be eligible, patrons must register to return before leaving the pool area. Please Note: A chaperone (age 16 or older) must accompany children under the age of 8. The 20-visit passes expire two years from date of purchase. Pool and Water Aerobics Fees are reviewed annually.



WINTER POOL SCHEDULE • JANUARY 2 – FEBRUARY 22

Spa closed the first Sunday of each month for cleaning
 Pool closed Monday through Friday, 3:30 p.m. – 4:30 p.m.

	Open Swim/Spa Hours *(Swim Lanes may be limited)	Lap Swim/Spa Hours *(Swim Lanes may be limited)
Monday/Wednesday/Friday	8:00 a.m. – 11:00 a.m.* 1:00 p.m. – 3:30 p.m. 4:30 p.m. – 6:00 p.m. 7:00 p.m. – 9:00 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 6:00 p.m. – 7:00 p.m.*
Tuesday/Thursday	8:00 a.m. – 11:00 a.m. 1:00 p.m. – 3:30 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 4:30 p.m. – 7:00 p.m.*
Saturday	1:00 p.m. – 5:00 p.m. 6:00 p.m. – 8:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.
Sunday	1:00 p.m. – 5:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.

Please note that the pool schedule is subject to change without notice. RCC schedules lessons during open and lap swim times. Lessons will receive priority for pool space. Special Senior Hour (ages 55+) Monday through Friday, 11:00 a.m. – 12:00 p.m.

SPRING POOL SCHEDULE • FEBRUARY 23 – JUNE 21

Spa closed the first Sunday of each month for cleaning

	Open Swim/Spa Hours *(Swim Lanes may be limited)	Lap Swim/Spa Hours *(Swim Lanes may be limited)
Monday/Wednesday/Friday	8:00 a.m. – 11:00 a.m.* 1:00 p.m. – 6:00 p.m. 7:00 p.m. – 9:00 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 6:00 p.m. – 7:00 p.m.*
Tuesday/Thursday	8:00 a.m. – 11:00 a.m. 1:00 p.m. – 4:30 p.m.	6:00 a.m. – 8:00 a.m. 12:00 p.m. – 1:00 p.m. 4:30 p.m. – 7:00 p.m.*
Saturday	1:00 p.m. – 5:00 p.m. 6:00 p.m. – 8:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.
Sunday	1:00 p.m. – 5:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.

Please note that the pool schedule is subject to change without notice. RCC schedules lessons during open and lap swim times. Lessons will receive priority for pool space. Special Senior Hour (ages 55+) Monday through Friday, 11:00 a.m. – 12:00 p.m.

SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500 • 800-828-1120 (TTY).

HOLIDAY HOURS

Staff Teambuilder	December 17, 2014	Closed 12:30 p.m. – 4:30 p.m.
Christmas Eve	December 24, 2014	6:00 a.m. – 1:30 p.m.
Christmas Day	December 25, 2014	Closed
Day After Christmas	December 26, 2014	6:00 a.m. – 9:00 p.m.
New Year’s Eve	December 31, 2014	6:00 a.m. – 1:30 p.m.
New Year’s Day	January 1, 2015	12:00 p.m. – 4:30 p.m.
Martin Luther King, Jr. Day	January 19, 2015	6:00 a.m. – 9:00 p.m.
George Washington’s Birthday	February 16, 2015	6:00 a.m. – 9:00 p.m.
Memorial Day	May 25, 2015	6:00 a.m. – 1:30 p.m.

RCC LOCKER ROOM ETIQUETTE

Locker rooms in the RCC Terry L. Smith Aquatics Center are used by hundreds of people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches, or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone’s efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair that shaving leaves behind. We appreciate your attention to hair that is loosened from shampooing as well.
- Children 6 years old and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool. A family changing room is available.
- If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate your removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

*Following these considerations will make our locker rooms a more pleasant, healthy and safe experience for everyone.
Thank you very much for your cooperation*

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. - 4:00 p.m.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant’s schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Office.

30-minute session • \$35 (R)/\$70 (NR)



Drowning Education Awareness Program

RCC and RA working together for Water Safety

Sponsored by Reston Community Center and Reston Association

Reston Community Center and Reston Association are teaming up to improve our community's safety around its many pools. Drowning remains the second leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries. Together, RA and RCC will offer DEAP, a "land-based" Drowning Education Awareness Program. This program offers two opportunities targeted for different audiences and community civic groups to learn water safety skills: [Longfellow's WHALE Tales](#) and [Water Safety Presentation](#).



By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools. If you have questions, or would like more information, please contact either RCC at 703-390-6150 or RA at 703-435-6530.

Longfellow's WHALE Tales

(5 – 12 years old)

This program is offered to Cub Scouts and Webelos, Daisy, Brownie, and Junior Girl Scouts, and day care centers. Longfellow's WHALE Tales is a FREE 1-hour interactive presentation that provides easy to follow information to help children learn safe behavior in, on, and around the water. Taught in a classroom environment, WHALE Tales makes water safety fun and easy to learn. Each lesson is reinforced with color posters, worksheets, activities, and a video that features Longfellow, the animated whale.

[Please contact RCC's Aquatics Office at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.](#)

Water Safety Presentation

(18 years and older)

The presentation is designed for rotary clubs, PTAs, home school networks, church groups, and other civic organizations and can be scheduled at their facility. This FREE 90-minute presentation (60-minute lecture and 30 minutes Q&A) focuses on the importance of water safety training and provides general information on keeping family members safe in, on, and around the water

[Please contact RCC's Aquatics Office at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.](#)

FAMILY SPLASH



Drop in for a night of family fun.

The Family Splash entry fee is \$15.50 Reston/\$31 Non-Reston (for groups up to seven people). Groups of eight or more must pre-register by calling the [Aquatics Service Desk at 703-390-6150.](#)

Friday, January 30

Friday, February 27

Friday, March 27

Friday, April 24

Friday, May 29

LIFEGUARDS AND WATER SAFETY INSTRUCTORS WANTED

Lifeguards

Must be First Aid, CPR & Lifeguard certified. Hiring all shifts.

\$11-\$14/hour, depending on experience.

Water Safety Instructors

Must be nationally certified.

Starting at \$20+/hour.

Download an application from our website.

For more information, please contact Joe Leary, Aquatics Director, at 703-390-6150.

Water Safety Instructor

(16 years and older)

The purpose of the American Red Cross Water Safety Instructor course is to train instructor candidates to teach Swimming and Water Safety Program courses, including the Basic Water Rescue course, the six levels of Learn to Swim, and Parent and Child Aquatics. Course includes Fundamentals of Instructor Training.

Prerequisites:

- Must attend all sessions.
- At least 16 years old on or before the final scheduled class.
- Successful completion of the Water Safety Instructor Pre-Test (administered the first day of class). Students must demonstrate stroke proficiency in front crawl, back crawl, elementary backstroke, breaststroke, sidestroke, and basic stroke mechanics of butterfly.

7 sessions • Free (R)/\$318 (NR)

Registration required

May 9 – May 18

Saturdays & Sundays	9:00 a.m. – 1:00 p.m.
Mondays & Wednesdays	5:30 p.m. – 9:00 p.m.

621244-5A

Aquatic Facility Operator

(16 years and older)

The Aquatic Facility Operator (AFO) certification will provide you with the skills necessary to make your facility more safe and efficient. The certification course is a training program specifically designed to meet the needs of those working in public or semi-public municipal pools or waterpark facilities. This two-day course provides in-depth instruction on many facets of aquatic facility operation and management, including:

- filtration
- disinfection
- water testing and treatment
- design considerations
- facility management
- pool safety
- risk management
- facility troubleshooting
- hot tub & spa operation
- and much more!

2, 9-hour sessions • \$100 (R)/\$200 (NR)

June 13 – June 14

Saturdays & Sundays	8:00 a.m. – 5:00 p.m.
---------------------	-----------------------

621248-5A

Lifeguard Training

(15 years and older)

This course provides the American Red Cross (ARC) training required to obtain a job as a lifeguard in any national facility utilizing ARC certified lifeguards. The course includes: Lifeguard Training, First Aid, and CPR for the Professional Rescuer; Automated External Defibrillation (AED) Essentials; and Preventing Disease Transmission. Prerequisites: Students must be 15 years of age on or before the final scheduled class, and be able to demonstrate the following:

1. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
2. Tread water for two minutes using only the legs. Candidates should place their hands under the armpits.
3. Complete a timed event within 1 minute, 40 seconds
 - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to get a breath. Candidates should not swim the distance under water.
 - Exit the water without using a ladder or steps.

8 sessions • Free (R)/\$349 (NR)

Registration required; must attend all sessions

February 15 – March 2

Sundays	11:00 a.m. – 3:00 p.m.
Mondays & Wednesdays	5:30 p.m. – 9:00 p.m.

621241-5A

April 19 – May 4

Sundays	11:00 a.m. – 3:00 p.m.
Mondays & Wednesdays	5:30 p.m. – 9:00 p.m.

621241-5B

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



Reston Masters Swim Team

(18 years and older)



The Reston Masters Swim Team (RMST) has been in existence since 1974. The “Masters” team has been at Reston Community Center since the pool opened. Masters Swimming is a national program under the auspices of U.S. Masters Swimming, a nationwide organization dedicated to the promotion of swimming in all its forms. The word “masters” in masters swimming does not imply expertise. It merely applies to age. Masters swimmers must be 18 years or older. Our team has members that range in age from 18 to 80-plus years

old. RMST provides a venue for swimmers at all levels and for all reasons. We have fitness swimmers, triathletes and very highly competitive swimmers. At this time we have several members who are national champions (including our 80-plus year old). We have swimmers who swam in high school and/or college and either continued over the years or want to get back in the shape they were in “way back when.” We also have swimmers who are not competitive but simply enjoy swimming in an organized program.

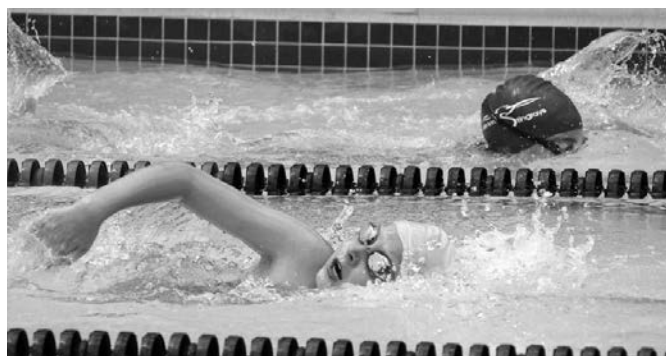
Our indoor season is in the Terry L. Smith Aquatics Center. Terry was a longtime member of our team as well as a longtime member of the RCC Board. Our current coach, Frank Koval, has brought the team to a level of expertise that has seen us compete and win nationally on a regular basis. In the past two years, RMST has come in 5th and 6th respectively in the national championships which bring out about 100 teams each year. We swim Tuesday, Thursday and Sunday evenings, and Saturday mornings. For exact times please check the Calendar on our website.

Our dues are low and our enthusiasm is high. If you would like to learn more about us, please check our website at www.restonmasters.org.



Reston Swim Team Association

(6 – 18 years old)



The Reston Swim Team Association is a year-round developmental swim league open to all swimmers between the ages of 6 and 18.

- RSTA’s summer league features nine teams, each with 110 swimmers from the greater Reston area. Swimmers practice almost daily from late May to the end of July and compete in six dual meets, an Individual Medley meet, and a select All-Star meet.
- RSTA’s winter program provides developmental clinics and sessions from September through May designed to improve swimmers’ stroke technique and endurance.

Whether you are a beginner who wants to become competitive, or a swimmer who wants to improve his or her strokes, RSTA offers a program to suit your needs. Check our website at www.rsta.org



Learn to
SWIM
*Infant-
Kindergarten*

The goal of Reston Community Center’s Learn to Swim Program is to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered by the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

PLACEMENT

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron’s availability and is recommended to be done well in advance of each season’s registration start date.
- When enrolling siblings online, we recommend you have a printed copy of the various class days/ times handy to help you synchronize the classes (either your mailed copy of the program guide or download the PDF file from our website for reference).

DURATION OF ENROLLMENTS

- Repetition of each level’s skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

INFANT/KINDERGARTEN CLASS REQUIREMENTS

CLASS	AGES	PREREQUISITES	EQUIVALENT LEVEL
WATER INTRO	6 - 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.	N/A
AQUA TOTS	19 - 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.	N/A
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.	N/A
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.	N/A
ROOKIE I	4 - 5 years	No swimming skills required. Able to follow simple instructions.	N/A
ROOKIE II	4 - 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.	N/A
RANGER	4 - 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths.	Swim Level 3
MARLIN	4 - 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.	Swim Level 4
WATER WONDER	4 - 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.	Swim Level 5

Water Introduction

(6 months – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or even to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620000-5A Sat 10:00 a.m. – 10:30 a.m.

February 28 – April 18 (No Class: April 4)

620000-5B Sat 10:00 a.m. – 10:30 a.m.

May 2 – June 13

620000-5C Sat 10:00 a.m. – 10:30 a.m.

January 4 – February 15

620002-5A Sun 10:00 a.m. – 10:30 a.m.

March 1 – April 19 (No Class: April 5)

620002-5B Sun 10:00 a.m. – 10:30 a.m.

May 3 – June 14

620002-5C Sun 10:00 a.m. – 10:30 a.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620003-5A Mon, Wed 10:30 a.m. – 11:00 a.m.

February 9 – March 4

620003-5B Mon, Wed 10:30 a.m. – 11:00 a.m.

March 16 – April 15 (No Class: March 30, April 1)

620003-5C Mon, Wed 10:30 a.m. – 11:00 a.m.

April 27 – May 20

620003-5D Mon, Wed 10:30 a.m. – 11:00 a.m.

May 25 – June 17

620003-5E Mon, Wed 10:30 a.m. – 11:00 a.m.

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.



Aqua Tots

(18 months – 36 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or even to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620007-5A Sat 10:30 a.m. – 11:00 a.m.

February 28 – April 18 (No Class: April 4)

620007-5B Sat 10:30 a.m. – 11:00 a.m.

May 2 – June 13

620007-5C Sat 10:30 a.m. – 11:00 a.m.

January 4 – February 15

620008-5A Sun 10:30 a.m. – 11:00 a.m.

March 1 – April 19 (No Class: April 5)

620008-5B Sun 10:30 a.m. – 11:00 a.m.

May 3 – June 14

620008-5C Sun 10:30 a.m. – 11:00 a.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620006-5A Mon, Wed 10:30 a.m. – 11:00 a.m.

February 9 – March 4

620006-5B Mon, Wed 10:30 a.m. – 11:00 a.m.

March 16 – April 15 (No Class: March 30, April 1)

620006-5C Mon, Wed 10:30 a.m. – 11:00 a.m.

April 27 – May 20

620006-5D Mon, Wed 10:30 a.m. – 11:00 a.m.

May 25 – June 17

620006-5E Mon, Wed 10:30 a.m. – 11:00 a.m.

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging, and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20-minutes. Parents do not accompany the student in the water.

7, 20-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620010-5A	Sat	9:00 a.m. – 9:20 a.m.
620010-5B	Sat	9:20 a.m. – 9:40 a.m.
620010-5C	Sat	9:40 a.m. – 10:00 a.m.
620010-5D	Sat	10:00 a.m. – 10:20 a.m.
620010-5E	Sat	10:20 a.m. – 10:40 a.m.
620010-5F	Sat	10:40 a.m. – 11:00 a.m.
620010-5G	Sat	11:00 a.m. – 11:20 a.m.
620010-5H	Sat	11:20 a.m. – 11:40 a.m.
620010-5I	Sat	11:40 a.m. – 12:00 p.m.

February 28 – April 18 (No Class: April 4)

620010-5J	Sat	9:00 a.m. – 9:20 a.m.
620010-5K	Sat	9:20 a.m. – 9:40 a.m.
620010-5L	Sat	9:40 a.m. – 10:00 a.m.
620010-5M	Sat	10:00 a.m. – 10:20 a.m.
620010-5N	Sat	10:20 a.m. – 10:40 a.m.
620010-5O	Sat	10:40 a.m. – 11:00 a.m.
620010-5P	Sat	11:00 a.m. – 11:20 a.m.
620010-5Q	Sat	11:20 a.m. – 11:40 a.m.
620010-5R	Sat	11:40 a.m. – 12:00 p.m.

May 2 – June 13

620010-5S	Sat	9:00 a.m. – 9:20 a.m.
620010-5T	Sat	9:20 a.m. – 9:40 a.m.
620010-5U	Sat	9:40 a.m. – 10:00 a.m.
620010-5V	Sat	10:00 a.m. – 10:20 a.m.
620010-5W	Sat	10:20 a.m. – 10:40 a.m.
620010-5X	Sat	10:40 a.m. – 11:00 a.m.
620010-5Y	Sat	11:00 a.m. – 11:20 a.m.
620010-5Z	Sat	11:20 a.m. – 11:40 a.m.
620011-5A	Sat	11:40 a.m. – 12:00 p.m.

January 4 – February 15

620012-5A	Sun	10:00 a.m. – 10:20 a.m.
620012-5B	Sun	10:20 a.m. – 10:40 a.m.
620012-5C	Sun	10:40 a.m. – 11:00 a.m.

March 1 – April 19 (No Class: April 5)

620012-5D	Sun	10:00 a.m. – 10:20 a.m.
620012-5E	Sun	10:20 a.m. – 10:40 a.m.
620012-5F	Sun	10:40 a.m. – 11:00 a.m.

May 3 – June 14

620012-5G	Sun	10:00 a.m. – 10:20 a.m.
620012-5H	Sun	10:20 a.m. – 10:40 a.m.
620012-5I	Sun	10:40 a.m. – 11:00 a.m.

8, 20-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620013-5A	Mon, Wed	9:30 a.m. – 9:50 a.m.
620013-5B	Mon, Wed	9:50 a.m. – 10:10 a.m.
620013-5C	Mon, Wed	10:10 a.m. – 10:30 a.m.

February 9 – March 4

620013-5D	Mon, Wed	9:30 a.m. – 9:50 a.m.
620013-5E	Mon, Wed	9:50 a.m. – 10:10 a.m.
620013-5F	Mon, Wed	10:10 a.m. – 10:30 a.m.

March 16 – April 15 (No Class: March 30, April 1)

620013-5G	Mon, Wed	9:30 a.m. – 9:50 a.m.
620013-5H	Mon, Wed	9:50 a.m. – 10:10 a.m.
620013-5I	Mon, Wed	10:10 a.m. – 10:30 a.m.

April 27 – May 20

620013-5J	Mon, Wed	9:30 a.m. – 9:50 a.m.
620013-5K	Mon, Wed	9:50 a.m. – 10:10 a.m.
620013-5L	Mon, Wed	10:10 a.m. – 10:30 a.m.

May 25 – June 17

620013-5M	Mon, Wed	9:30 a.m. – 9:50 a.m.
620013-5N	Mon, Wed	9:50 a.m. – 10:10 a.m.
620013-5O	Mon, Wed	10:10 a.m. – 10:30 a.m.

January 6 – January 29

620014-5A	Tue, Thu	10:00 a.m. – 10:20 a.m.
620014-5B	Tue, Thu	10:20 a.m. – 10:40 a.m.
620014-5C	Tue, Thu	10:40 a.m. – 11:00 a.m.

February 10 – March 5

620014-5D	Tue, Thu	10:00 a.m. – 10:20 a.m.
620014-5E	Tue, Thu	10:20 a.m. – 10:40 a.m.
620014-5F	Tue, Thu	10:40 a.m. – 11:00 a.m.

March 17 – April 16 (No Class: March 31, April 2)

620014-5G	Tue, Thu	10:00 a.m. – 10:20 a.m.
620014-5H	Tue, Thu	10:20 a.m. – 10:40 a.m.
620014-5I	Tue, Thu	10:40 a.m. – 11:00 a.m.

April 28 – May 21

620014-5J	Tue, Thu	10:00 a.m. – 10:20 a.m.
620014-5K	Tue, Thu	10:20 a.m. – 10:40 a.m.
620014-5L	Tue, Thu	10:40 a.m. – 11:00 a.m.

May 26 – June 18

620014-5M	Tue, Thu	10:00 a.m. – 10:20 a.m.
620014-5N	Tue, Thu	10:20 a.m. – 10:40 a.m.
620014-5O	Tue, Thu	10:40 a.m. – 11:00 a.m.

ADAPTED AQUATICS

Please see page 56 for information on our Adapted Aquatics class.

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance, and continued water safety orientation.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620020-5A Sat 11:30 a.m. – 12:00 p.m.

February 28 – April 18 (No Class: April 4)

620020-5B Sat 11:30 a.m. – 12:00 p.m.

May 2 – June 13

620020-5C Sat 11:30 a.m. – 12:00 p.m.

Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming, and water safety skills.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620030-5A Sat 9:00 a.m. – 9:30 a.m.

620030-5B Sat 10:00 a.m. – 10:30 a.m.

February 28 – April 18 (No Class: April 4)

620030-5C Sat 9:00 a.m. – 9:30 a.m.

620030-5D Sat 10:00 a.m. – 10:30 a.m.

May 2 – June 13

620030-5E Sat 9:00 a.m. – 9:30 a.m.

620030-5F Sat 10:00 a.m. – 10:30 a.m.

January 4 – February 15

620032-5A Sun 10:00 a.m. – 10:30 a.m.

620032-5B Sun 11:00 a.m. – 11:30 a.m.

March 1 – April 19 (No Class: April 5)

620032-5C Sun 10:00 a.m. – 10:30 a.m.

620032-5D Sun 11:00 a.m. – 11:30 a.m.

May 3 – June 14

620032-5E Sun 10:00 a.m. – 10:30 a.m.

620032-5F Sun 11:00 a.m. – 11:30 a.m.

7, 30-minute sessions • \$60 (R)/\$120 (NR)

March 2 – April 20 (No Class: March 30)

620035-5A Mon 5:30 p.m. – 6:00 p.m.

May 4 – June 15

620035-5B Mon 5:30 p.m. – 6:00 p.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620033-5A Mon, Wed 5:00 p.m. – 5:30 p.m.

February 9 – March 4

620033-5B Mon, Wed 5:00 p.m. – 5:30 p.m.

March 16 – April 15 (No Class: March 30, April 1)

620033-5C Mon, Wed 5:00 p.m. – 5:30 p.m.

April 27 – May 21

620033-5D Mon, Wed 5:00 p.m. – 5:30 p.m.

May 25 – June 17

620033-5E Mon, Wed 5:00 p.m. – 5:30 p.m.

January 6 – January 29

620034-5A Tue, Thu 9:30 a.m. – 10:00 a.m.

620034-5B Tue, Thu 5:00 p.m. – 5:30 p.m.

February 10 – March 5

620034-5C Tue, Thu 9:30 a.m. – 10:00 a.m.

620034-5D Tue, Thu 5:00 p.m. – 5:30 p.m.

March 17 – April 16 (No Class: March 31, April 2)

620034-5E Tue, Thu 9:30 a.m. – 10:00 a.m.

620034-5F Tue, Thu 4:00 p.m. – 4:30 p.m.

620034-5G Tue, Thu 5:00 p.m. – 5:30 p.m.

April 28 – May 21

620034-5H Tue, Thu 9:30 a.m. – 10:00 a.m.

620034-5I Tue, Thu 4:00 p.m. – 4:30 p.m.

620034-5J Tue, Thu 5:00 p.m. – 5:30 p.m.

May 26 – June 18

620034-5K Tue, Thu 9:30 a.m. – 10:00 a.m.

620034-5L Tue, Thu 4:00 p.m. – 4:30 p.m.

620034-5M Tue, Thu 5:00 p.m. – 5:30 p.m.



Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance, and continued water safety orientation.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620040-5A	Sat	9:00 a.m. – 9:30 a.m.
620040-5B	Sat	9:30 a.m. – 10:00 a.m.
620040-5C	Sat	10:30 a.m. – 11:00 a.m.
620040-5D	Sat	11:30 a.m. – 12:00 p.m.

February 28 – April 18 (No Class: April 4)

620040-5E	Sat	9:00 a.m. – 9:30 a.m.
620040-5F	Sat	9:30 a.m. – 10:00 a.m.
620040-5G	Sat	10:30 a.m. – 11:00 a.m.
620040-5H	Sat	11:30 a.m. – 12:00 p.m.

May 2 – June 13

620040-5I	Sat	9:00 a.m. – 9:30 a.m.
620040-5J	Sat	9:30 a.m. – 10:00 a.m.
620040-5K	Sat	10:30 a.m. – 11:00 a.m.
620040-5L	Sat	11:30 a.m. – 12:00 p.m.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 4 – February 15

620042-5A	Sun	10:30 a.m. – 11:00 a.m.
-----------	-----	-------------------------

March 1 – April 19 (No Class: April 5)

620042-5B	Sun	10:30 a.m. – 11:00 a.m.
-----------	-----	-------------------------

May 3 – June 14

620042-5C	Sun	10:30 a.m. – 11:00 a.m.
-----------	-----	-------------------------

7, 30-minute sessions • \$60 (R)/\$120 (NR)

March 2 – April 20 (No Class: March 30)

620045-5A	Mon	5:00 p.m. – 5:30 p.m.
-----------	-----	-----------------------

May 4 – June 15

620045-5B	Mon	5:00 p.m. – 5:30 p.m.
-----------	-----	-----------------------

March 4 – April 22 (No Class: April 1)

620046-5A	Wed	5:30 p.m. – 6:00 p.m.
-----------	-----	-----------------------

May 6 – June 17

620046-5B	Wed	5:30 p.m. – 6:00 p.m.
-----------	-----	-----------------------

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620043-5A	Mon, Wed	4:30 p.m. – 5:00 p.m.
-----------	----------	-----------------------

February 9 – March 4

620043-5B	Mon, Wed	4:30 p.m. – 5:00 p.m.
-----------	----------	-----------------------

March 16 – April 15 (No Class: March 30, April 1)

620043-5C	Mon, Wed	4:30 p.m. – 5:00 p.m.
-----------	----------	-----------------------

April 27 – May 20

620043-5D	Mon, Wed	4:30 p.m. – 5:00 p.m.
-----------	----------	-----------------------

May 25 – June 17

620043-5E	Mon, Wed	4:30 p.m. – 5:00 p.m.
-----------	----------	-----------------------

January 6 – January 29

620044-5A	Tue, Thu	9:00 a.m. – 9:30 a.m.
620044-5B	Tue, Thu	4:30 p.m. – 5:00 p.m.

February 10 – March 5

620044-5C	Tue, Thu	9:00 a.m. – 9:30 a.m.
620044-5D	Tue, Thu	4:30 p.m. – 5:00 p.m.

March 17 – April 16 (No Class: March 31, April 2)

620044-5E	Tue, Thu	9:00 a.m. – 9:30 a.m.
620044-5F	Tue, Thu	4:30 p.m. – 5:00 p.m.

April 28 – May 21

620044-5G	Tue, Thu	9:00 a.m. – 9:30 a.m.
620044-5H	Tue, Thu	4:30 p.m. – 5:00 p.m.

May 26 – June 18

620044-5I	Tue, Thu	9:00 a.m. – 9:30 a.m.
620044-5J	Tue, Thu	4:30 p.m. – 5:00 p.m.



PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 43.



Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620050-5A	Sat	9:30 a.m. – 10:00 a.m.
620050-5B	Sat	10:30 a.m. – 11:00 a.m.

February 28 – April 18 (No Class: April 4)

620050-5C	Sat	9:30 a.m. – 10:00 a.m.
620050-5D	Sat	10:30 a.m. – 11:00 a.m.

May 2 – June 13

620050-5E	Sat	9:30 a.m. – 10:00 a.m.
620050-5F	Sat	10:30 a.m. – 11:00 a.m.

January 4 – February 15

620052-5A	Sun	11:00 a.m. – 11:30 a.m.
-----------	-----	-------------------------

March 1 – April 19 (No Class: April 5)

620052-5B	Sun	11:00 a.m. – 11:30 a.m.
-----------	-----	-------------------------

May 3 – June 14

620052-5C	Sun	11:00 a.m. – 11:30 a.m.
-----------	-----	-------------------------

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620053-5A	Mon, Wed	6:00 p.m. – 6:30 p.m.
-----------	----------	-----------------------

February 9 – March 4

620053-5B	Mon, Wed	6:00 p.m. – 6:30 p.m.
-----------	----------	-----------------------

March 16 – April 15 (No Class: March 30, April 1)

620053-5C	Mon, Wed	6:00 p.m. – 6:30 p.m.
-----------	----------	-----------------------

April 27 – May 20

620053-5D	Mon, Wed	6:00 p.m. – 6:30 p.m.
-----------	----------	-----------------------

May 25 – June 17

620053-5E	Mon, Wed	6:00 p.m. – 6:30 p.m.
-----------	----------	-----------------------

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 6 – January 29

620054-5A	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

February 10 – March 5

620054-5B	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

March 17 – April 16 (No Class: March 31, April 2)

620054-5C	Tue, Thu	4:00 p.m. – 4:30 p.m.
620054-5D	Tue, Thu	5:30 p.m. – 6:00 p.m.

April 28 – May 21

620054-5E	Tue, Thu	4:00 p.m. – 4:30 p.m.
620054-5F	Tue, Thu	5:30 p.m. – 6:00 p.m.

May 26 – June 18

620054-5G	Tue, Thu	4:00 p.m. – 4:30 p.m.
620054-5H	Tue, Thu	5:30 p.m. – 6:00 p.m.

Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction will include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620060-5A	Sat	10:00 a.m. – 10:30 a.m.
620060-5B	Sat	11:00 a.m. – 11:30 a.m.

February 28 – April 18 (No Class: April 4)

620060-5C	Sat	10:00 a.m. – 10:30 a.m.
620060-5D	Sat	11:00 a.m. – 11:30 a.m.

May 2 – June 13

620060-5E	Sat	10:00 a.m. – 10:30 a.m.
620060-5F	Sat	11:00 a.m. – 11:30 a.m.

January 4 – February 15

620062-5A	Sun	11:00 a.m. – 11:30 a.m.
-----------	-----	-------------------------

March 1 – April 19 (No Class: April 5)

620062-5B	Sun	11:00 a.m. – 11:30 a.m.
-----------	-----	-------------------------

May 3 – June 14

620062-5C	Sun	11:00 a.m. – 11:30 a.m.
-----------	-----	-------------------------

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 6 – January 29

620064-5A	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

February 10 – March 5

620064-5B	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

March 17 – April 16 (No Class: March 31, April 2)

620064-5C	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

April 28 – May 21

620064-5D	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

May 26 – June 18

620064-5E	Tue, Thu	5:30 p.m. – 6:00 p.m.
-----------	----------	-----------------------

Water Wonder

(4 – 7 years old)

Water Wonders provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke and various safety topics.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620070-5A	Sat	10:00 a.m. – 10:30 a.m.
-----------	-----	-------------------------

February 28 – April 18 (No Class: April 4)

620070-5B	Sat	10:00 a.m. – 10:30 a.m.
-----------	-----	-------------------------

May 2 – June 13

620070-5C	Sat	10:00 a.m. – 10:30 a.m.
-----------	-----	-------------------------

Learn to

SWIM Youth

The goal of Reston Community Center's Learn to Swim Program is to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered by the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

PLACEMENT

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you have a printed copy of the various class days/times handy to help you synchronize the classes (either your mailed copy of the program guide or download the PDF file from our website for reference).

DURATION OF ENROLLMENTS

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

YOUTH CLASS REQUIREMENTS

CLASS	AGES	PREREQUISITES
SWIM LEVEL 1/2	6 - 12 years	No swimming skills required.
SWIM LEVEL 3	6 - 12 years	Step from side into chest-deep water, move into a front float for five seconds, roll to back, float for five seconds then return to standing. Move into a back float for five seconds, roll to front then recover to standing. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 - 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 - 12 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 - 12 years	Perform a shallow dive into deep water, swim front crawl for 50 yards, change direction and position and swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
YOUTH STROKE-N-TURN	6 - 8 years	Student must be able to continuously swim 25 meters and demonstrate the use of two different strokes.
YOUTH STROKE-N-TURN	9 - 12 years	Student must be able to continuously swim 50 meters and demonstrate the use of two different strokes.



Youth Level 1-2

(6 – 12 years old)

Level 1-2 gives students success with fundamental skills. Topics of instruction will include entering and exiting the water, submerging, front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620110-5A Sat 9:00 a.m. – 9:30 a.m.
620110-5B Sat 11:00 a.m. – 11:30 a.m.

February 28 – April 18 (No Class: April 4)

620110-5C Sat 9:00 a.m. – 9:30 a.m.
620110-5D Sat 11:00 a.m. – 11:30 a.m.

May 2 – June 13

620110-5E Sat 9:00 a.m. – 9:30 a.m.
620110-5F Sat 11:00 a.m. – 11:30 a.m.

January 4 – February 15

620112-5A Sun 10:00 a.m. – 10:30 a.m.
620112-5B Sun 11:30 a.m. – 12:00 p.m.

March 1 – April 19 (No Class: April 5)

620112-5C Sun 10:00 a.m. – 10:30 a.m.
620112-5D Sun 11:30 a.m. – 12:00 p.m.

May 3 – June 14

620112-5E Sun 10:00 a.m. – 10:30 a.m.
620112-5F Sun 11:30 a.m. – 12:00 p.m.

7, 30-minute sessions • \$60 (R)/\$120 (NR)

March 2 – April 20 (No Class: March 30)

620115-5A Mon 4:00 p.m. – 4:30 p.m.

May 4 – June 15

620115-5B Mon 4:00 p.m. – 4:30 p.m.

March 4 – April 22 (No Class: April 1)

620116-5A Wed 5:00 p.m. – 5:30 p.m.

May 6 – June 17

620116-5B Wed 5:00 p.m. – 5:30 p.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 5 – January 28

620113-5A Mon, Wed 5:30 p.m. – 6:00 p.m.

February 9 – March 4

620113-5B Mon, Wed 5:30 p.m. – 6:00 p.m.

March 16 – April 15 (No Class: March 30, April 1)

620113-5C Mon, Wed 5:30 p.m. – 6:00 p.m.

April 27 – May 20

620113-5D Mon, Wed 5:30 p.m. – 6:00 p.m.

May 25 – June 17

620113-5E Mon, Wed 5:30 p.m. – 6:00 p.m.

January 6 – January 29

620114-5A Tue, Thu 4:30 p.m. – 5:00 p.m.

February 10 – March 5

620114-5B Tue, Thu 4:30 p.m. – 5:00 p.m.

March 17 – April 16 (No Class: March 31, April 2)

620114-5C Tue, Thu 4:30 p.m. – 5:00 p.m.

April 28 – May 21

620114-5D Tue, Thu 4:30 p.m. – 5:00 p.m.

May 26 – June 18

620114-5E Tue, Thu 4:30 p.m. – 5:00 p.m.

Youth Level 3

(6 – 12 years old)

The Level 3 class builds on the skills in Level 1-2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620120-5A Sat 9:00 a.m. – 9:30 a.m.
620120-5B Sat 10:30 a.m. – 11:00 a.m.

February 28 – April 18 (No Class: April 4)

620120-5C Sat 9:00 a.m. – 9:30 a.m.
620120-5D Sat 10:30 a.m. – 11:00 a.m.

May 2 – June 13

620120-5E Sat 9:00 a.m. – 9:30 a.m.
620120-5F Sat 10:30 a.m. – 11:00 a.m.

January 4 – February 15

620122-5A Sun 10:30 a.m. – 11:00 a.m.
620122-5B Sun 11:30 a.m. – 12:00 p.m.

March 1 – April 19 (No Class: April 5)

620122-5C Sun 10:30 a.m. – 11:00 a.m.
620122-5D Sun 11:30 a.m. – 12:00 p.m.

May 3 – June 14

620122-5E Sun 10:30 a.m. – 11:00 a.m.
620122-5F Sun 11:30 a.m. – 12:00 p.m.

7, 30-minute sessions • \$60 (R)/\$120 (NR)

March 2 – April 20 (No Class: March 30)

620123-5A Mon 4:30 p.m. – 5:00 p.m.

May 4 – June 15

620123-5B Mon 4:30 p.m. – 5:00 p.m.

7, 30-minute sessions • \$60 (R)/\$120 (NR)

March 4 – April 22 (No Class: April 1)

620126-5A Wed 4:00 p.m. – 4:30 p.m.

May 6 – June 17

620126-5B Wed 4:00 p.m. – 4:30 p.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 6 – January 29

620124-5A Tue, Thu 5:00 p.m. – 5:30 p.m.

February 10 – March 5

620124-5B Tue, Thu 5:00 p.m. – 5:30 p.m.

March 17 – April 16 (No Class: March 31, April 2)

620124-5C Tue, Thu 5:00 p.m. – 5:30 p.m.

April 28 – May 21

620124-5D Tue, Thu 5:00 p.m. – 5:30 p.m.

May 26 – June 18

620124-5E Tue, Thu 5:00 p.m. – 5:30 p.m.

January 7 – January 30

620125-5A Wed, Fri 4:30 p.m. – 5:00 p.m.

February 11 – March 6

620125-5B Wed, Fri 4:30 p.m. – 5:00 p.m.

March 18 – April 17 (No Class: April 1, April 3)

620125-5C Wed, Fri 4:30 p.m. – 5:00 p.m.

April 29 – May 22

620125-5D Wed, Fri 4:30 p.m. – 5:00 p.m.

May 27 – June 19

620125-5E Wed, Fri 4:30 p.m. – 5:00 p.m.

Youth Level 4

(6 – 12 years old)

Level 4 develops swimmers' confidence in the skills learned and improves other aquatic skills. Topics of instruction will include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620130-5A Sat 9:30 a.m. – 10:00 a.m.

February 28 – April 18 (No Class: April 4)

620130-5B Sat 9:30 a.m. – 10:00 a.m.

May 2 – June 13

620130-5C Sat 9:30 a.m. – 10:00 a.m.

January 4 – February 15

620132-5A Sun 11:30 a.m. – 12:00 p.m.

March 1 – April 19 (No Class: April 5)

620132-5B Sun 11:30 a.m. – 12:00 p.m.

May 3 – June 14

620132-5C Sun 11:30 a.m. – 12:00 p.m.

March 4 – April 22 (No Class: April 1)

620136-5A Wed 4:30 p.m. – 5:00 p.m.

May 6 – June 17

620136-5B Wed 4:30 p.m. – 5:00 p.m.

PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 43.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

January 7 – January 30

620135-5A Wed, Fri 5:00 p.m. – 5:30 p.m.

February 11 – March 6

620135-5B Wed, Fri 5:00 p.m. – 5:30 p.m.

March 18 – April 17 (No Class: April 1, April 3)

620135-5C Wed, Fri 5:00 p.m. – 5:30 p.m.

April 29 – May 22

620135-5D Wed, Fri 5:00 p.m. – 5:30 p.m.

May 27 – June 19

620135-5E Wed, Fri 5:00 p.m. – 5:30 p.m.

Youth Level 5

(6 – 12 years old)

Level 5 provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke and various safety topics.

7, 45-minute sessions • \$75 (R)/\$150 (NR)

January 3 – February 14

620140-5A Sat 11:00 a.m. – 11:45 a.m.

February 28 – April 18 (No Class: April 4)

620140-5B Sat 11:00 a.m. – 11:45 a.m.

May 2 – June 13

620140-5C Sat 11:00 a.m. – 11:45 a.m.

8, 45-minute sessions • \$70 (R)/\$140 (NR)

January 7 – January 30

620145-5A Wed, Fri 5:30 p.m. – 6:15 p.m.

February 11 – March 6

620145-5B Wed, Fri 5:30 p.m. – 6:15 p.m.

March 18 – April 17 (No Class: April 1, April 3)

620145-5C Wed, Fri 5:30 p.m. – 6:15 p.m.

April 29 – May 22

620145-5D Wed, Fri 5:30 p.m. – 6:15 p.m.

May 27 – June 19

620145-5E Wed, Fri 5:30 p.m. – 6:15 p.m.

BIRTHDAY PARTY POOL PACKAGES

Treat your 7-12 year-old to a birthday party at RCC! We offer two Birthday Party Pool Packages on Saturdays and Sundays that include a swim in the pool followed by a private party in a room set up with gender-neutral decorations. A birthday coordinator will also be present to assist parents with the party. To reserve an RCC Birthday Party Pool Package, please call the RCC Aquatics Department at 703-390-6150.

Youth Level 6

(6 – 12 years old)

Level 6 refines the strokes so students swim them with ease, efficiency, power, and smoothness over greater distances. Personal water safety and fitness swimming skills will also be introduced. Topics of instruction will include treading with legs only, survival strokes, self-rescue, increased endurance and technique in front crawl, back crawl, breaststroke, butterfly, sidestroke, and elementary backstroke.

7, 45-minute sessions • \$75 (R)/\$150 (NR)

January 3 – February 14

620150-5A Sat 11:00 a.m. – 11:45 a.m.

February 28 – April 18 (No Class: April 4)

620150-5B Sat 11:00 a.m. – 11:45 a.m.

May 2 – June 13

620150-5C Sat 11:00 a.m. – 11:45 a.m.

Youth Stroke-n-Turn

(6 – 8 years old)

This class is for swim team swimmers ages 6 through 8 who would like to improve their stroke coordination and refinement. Prerequisites: See Youth Class Requirements at the beginning of the Youth Section.

Instruction will include:

- Front and back crawl
- Breaststroke
- Butterfly
- Shallow dive, glide two body lengths and begin any front stroke.

8, 45-minute sessions • \$70 (R)/\$140 (NR)

January 5 – January 28

620170-5A Mon, Wed 6:30 p.m. – 7:15 p.m.

February 9 – March 4

620170-5B Mon, Wed 6:30 p.m. – 7:15 p.m.

March 16 – April 15 (No Class: March 30, April 1)

620170-5C Mon, Wed 6:30 p.m. – 7:15 p.m.

April 27 – May 20

620170-5D Mon, Wed 6:30 p.m. – 7:15 p.m.

May 25 – June 17

620170-5E Mon, Wed 6:30 p.m. – 7:15 p.m.

SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

ADAPTED AQUATICS

Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC trained instructors and volunteers. **Family members may be requested to assist in the water if volunteers are not available.** Questions regarding this program should be referred to the Aquatics Program Director, Levi Lainhart, at 703-390-6149. Mainstreaming of swimmers is available upon request and consultation. Volunteers are needed. See page 39 for more information.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

620190-5A Sat 11:00 a.m. – 11:30 a.m.

620190-5B Sat 11:30 a.m. – 12:00 p.m.

February 28 – April 18 (No Class: April 4)

620190-5C Sat 11:00 a.m. – 11:30 a.m.

620190-5D Sat 11:30 a.m. – 12:00 p.m.

May 2 – June 13

620190-5E Sat 11:00 a.m. – 11:30 a.m.

620190-5F Sat 11:30 a.m. – 12:00 p.m.

Youth Stroke-n-Turn

(9 – 12 years old)

This class is for swim team swimmers ages 9 through 12 who would like to improve stroke coordination and refinement. Prerequisites: See Youth Class Requirements at the beginning of the Youth Section. Instruction will include:

- Front and back crawl
- Breaststroke
- Butterfly
- Shallow dive, glide two body lengths and begin any front stroke.

8, 5-minute sessions • \$70 (R)/\$140 (NR)

January 5 – January 28

620183-5A Mon, Wed 7:15 p.m. – 8:00 p.m.

February 9 – March 4

620183-5B Mon, Wed 7:15 p.m. – 8:00 p.m.

March 16 – April 15 (No Class: March 30, April 1)

620183-5C Mon, Wed 7:15 p.m. – 8:00 p.m.

April 27 – May 20

620183-5D Mon, Wed 7:15 p.m. – 8:00 p.m.

May 25 – June 17

620183-5E Mon, Wed 7:15 p.m. – 8:00 p.m.

ADULTS

Adult Beginner

(13 years and older)

This class is for adults who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student. Patrons 55 and older, 50 percent senior discount applies.

7, 30-minute sessions • \$65 (R)/\$130 (NR)

January 3 – February 14

621210-5A Sat 9:30 a.m. – 10:00 a.m.

February 28 – April 18 (No Class: April 4)

621210-5B Sat 9:30 a.m. – 10:00 a.m.

May 2 – June 13

621210-5C Sat 9:30 a.m. – 10:00 a.m.

7, 45-minute sessions • \$75 (R)/\$150 (NR)

January 4 – February 15

621212-5A Sun 11:00 a.m. – 11:45 a.m.

March 1 – April 19 (No Class: April 5)

621212-5B Sun 11:00 a.m. – 11:45 a.m.

May 3 – June 14

621212-5C Sun 11:00 a.m. – 11:45 a.m.

8, 45-minute sessions • \$70 (R)/\$140 (NR)

January 6 – January 29

621214-5A Tue, Thu 11:00 a.m. – 11:45 a.m.

February 10 – March 5

621214-5B Tue, Thu 11:00 a.m. – 11:45 a.m.

March 17 – April 16 (No Class: March 31, April 2)

621214-5C Tue, Thu 11:00 a.m. – 11:45 a.m.

April 28 – May 21

621214-5D Tue, Thu 11:00 a.m. – 11:45 a.m.

May 26 – June 18

621214-5E Tue, Thu 11:00 a.m. – 11:45 a.m.

Adult Advanced Beginner

(13 years and older)

This class is for adults who can swim one pool length (25 meters) and want to improve front crawl, backstroke, and deep water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques. Patrons 55 and older, 50 percent senior discount applies.

7, 45-minute sessions • \$75 (R)/\$150 (NR)

January 3 – February 14

621220-5A Sat 11:45 a.m. – 12:30 p.m.

February 28 – April 18 (No Class: April 4)

621220-5B Sat 11:45 a.m. – 12:30 p.m.

May 2 – June 13

621220-5C Sat 11:45 a.m. – 12:30 p.m.

7, 45-minute sessions • \$75 (R)/\$150 (NR)

January 4 – February 15

621222-5A Sun 12:00 p.m. – 12:45 p.m.

March 1 – April 19 (No Class: April 5)

621222-5B Sun 12:00 p.m. – 12:45 p.m.

May 3 – June 14

621222-5C Sun 12:00 p.m. – 12:45 p.m.

8, 45-minute sessions • \$70 (R)/\$140 (NR)

January 6 – January 29

621224-5A Tue, Thu 6:00 p.m. – 6:45 p.m.

February 10 – March 5

621224-5B Tue, Thu 6:00 p.m. – 6:45 p.m.

March 17 – April 16 (No Class: March 31, April 2)

621224-5C Tue, Thu 6:00 p.m. – 6:45 p.m.

April 28 – May 21

621224-5D Tue, Thu 6:00 p.m. – 6:45 p.m.

May 26 – June 18

621224-5E Tue, Thu 6:00 p.m. – 6:45 p.m.



PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 43.



REGISTERED AEROBICS

Deep Water Mania

(13 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross training experience. Deep Water Mania will provide the benefits of a land based program, but without the pounding and stress on the joints, tendons, and ligaments. Participants should consult with a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

January 5 – January 28

621250-5A Mon, Wed 6:30 p.m. – 7:20 p.m.

February 9 – March 4

621250-5B Mon, Wed 6:30 p.m. – 7:20 p.m.

March 16 – April 15 (No Class: March 30, April 1)

621250-5C Mon, Wed 6:30 p.m. – 7:20 p.m.

April 27 – May 20

621250-5D Mon, Wed 6:30 p.m. – 7:20 p.m.

May 25 – June 17

621250-5E Mon, Wed 6:30 p.m. – 7:20 p.m.



Arthritis, Fibromyalgia, and Multiple Sclerosis

(13 years and older)

Classes will be taught by a certified instructor and will include a warm-up, an aerobic portion, and a cool down for an exercise period of 30 minutes. Those patrons who have various forms of arthritis, fibromyalgia and M.S. benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises which increase flexibility and mobility and reduce the pain of daily routines. Participants should consult a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

January 6 – January 29

621266-5A Tue, Thu 9:00 a.m. – 9:50 a.m.

621266-5F Tue, Thu 11:00 a.m. – 11:50 a.m.

February 10 – March 5

621266-5B Tue, Thu 9:00 a.m. – 9:50 a.m.

621266-5G Tue, Thu 11:00 a.m. – 11:50 a.m.

March 17 – April 16 (No Class: March 31, April 2)

621266-5C Tue, Thu 9:00 a.m. – 9:50 a.m.

621266-5H Tue, Thu 11:00 a.m. – 11:50 a.m.

April 28 – May 21

621266-5D Tue, Thu 9:00 a.m. – 9:50 a.m.

621266-5I Tue, Thu 11:00 a.m. – 11:50 a.m.

May 26 – June 18

621266-5E Tue, Thu 9:00 a.m. – 9:50 a.m.

621266-5J Tue, Thu 11:00 a.m. – 11:50 a.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(13 years and older)

Classes will be taught in deep water and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm up, an aerobic portion and a cool down for an exercise period of thirty minutes. Those patrons who have various forms of arthritis, fibromyalgia and M.S. benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises which increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

January 6 – January 29

621276-5A Tue, Thu 10:00 a.m. – 10:50 a.m.

February 10 – March 5

621276-5B Tue, Thu 10:00 a.m. – 10:50 a.m.

March 17 – April 16 (No Class: March 31, April 2)

621276-5C Tue, Thu 10:00 a.m. – 10:50 a.m.

April 28 – May 21

621276-5D Tue, Thu 10:00 a.m. – 10:50 a.m.

May 26 – June 18

621276-5E Tue, Thu 10:00 a.m. – 10:50 a.m.

Aqua Burn

(13 years and older)

This is a complete program providing routines for warm up, stretching, toning, and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

January 5 – January 28

621251-5A Mon, Wed 7:30 p.m. – 8:20 p.m.

February 9 – March 4

621251-5B Mon, Wed 7:30 p.m. – 8:20 p.m.

March 16 – April 15 (No Class: March 3, April 1)

621251-5C Mon, Wed 7:30 p.m. – 8:20 p.m.

April 27 – May 20

621251-5D Mon, Wed 7:30 p.m. – 8:20 p.m.

May 25 – June 17

621251-5E Mon, Wed 7:30 p.m. – 8:20 p.m.

DROP-IN AEROBICS

Tides in Motion

(13 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups, improving aerobic capacity, balance, and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class. Patrons 55 and older, senior discount applies.

50-minute sessions • \$4.75 (R)/\$9.50 (NR)

January 5 – June 19 (No Class: March 30, April 1, April 3)

Mon, Wed, Fri 8:00 a.m. – 8:50 a.m.
Mon, Wed, Fri 9:00 a.m. – 9:50 a.m.

Fit After Fifty-five

(55 years and older)

This is an adult program for the serious exerciser who wants a high-level aerobic workout. Set to a faster tempo than the senior exercise class, this program is not for the beginning exerciser. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class.

50-minute sessions • \$3 (R)/\$6 (NR)

January 5 – June 19 (No Class: March 30, April 1, April 3)

Mon, Wed, Fri 10:00 a.m. – 10:50 a.m.

Senior Water Exercise

(55 years and older)

This class is suitable for non-swimmers and swimmers alike. This exercise program is designed to promote a feeling of fitness and well-being. Water exercise provides gentle resistance, support for greater movement, and stimulation of circulation. The class also provides an opportunity for a social swim in a quiet pool. Participants should consult a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class.

50-minute sessions • \$3 (R)/\$6 (NR)

January 5 – June 19 (No Class: March 30, April 1, April 3)

Mon, Wed, Fri 11:00 a.m. – 11:50 a.m.



Aqua Mixer

(13 years and older)

This deep water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance, and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 14 participants per class. Patrons 55 and older, senior discount applies.

50-minute sessions • \$4.75 (R)/\$9.50 (NR)

January 5 – June 17 (No Class: March 30, April 1)

Mon, Wed

5:30 p.m. – 6:20 p.m.

Aqua Blast

(13 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be deep water and will include a cardio segment to improve cardio respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 14 participants per class. Patrons 55 and older, senior discount applies.

50-minute sessions • \$4.75 (R)/\$9.50 (NR)

January 6 – June 18 (No Class: March 31, April 2)

Tue, Thu

8:00 a.m. – 8:50 a.m.



WATER AEROBICS FEES

	Reston	Fairfax County	Non-Fairfax County
Water Aerobics Drop-in Visit			
Adult	\$4.75	\$9.50	\$14.25
Youth & Senior	\$3.00	\$6.00	\$9.00
Water Aerobics 20-Visit Pass			
Adult	\$80.00	\$160.00	\$240.00
Youth & Senior	\$56.00	\$112.00	\$168.00



CAMPS

RCC offers fun and enriching Spring Break Camps to help keep your child happy and engaged. Please visit www.restoncommunitycenter.com to complete all required paperwork. Forms must be submitted by March 15, 2015.

Earth, Space and Beyond

(6 – 12 years old)

Campers will learn about the world around them through various experiments, while deciphering and transmitting different messages, and experimenting with color-changing paper. They will also learn about scents, experiment with natural dyes that can be found in fruits and veggies, and even make their own helmet for a crash test egg. Last but not least, campers will jump right into the science behind sports. They will test what their toes have to do with tennis, learn what their feet have to do with football, and see how much air their lungs can hold.

4, 3-hour sessions at RCC Hunters Woods

\$85 (R)/\$170 (NR) • Mad Science

March 30 – April 2

901501-5B

Mon, Tue, Wed, Thu

1:00 p.m. – 4:00 p.m.

Geocaching

(8 – 12 years old)

Geocaching, an elaborate and fun-filled outdoor treasure hunt, is all the rage. With the use of a GPS system, campers will search for trinkets and small surprises at local, established geocaching sites. Most sites will be less than one mile from RCC. Geocaching is challenging, and there is no guarantee that campers will find something every day, but part of the fun is in the search. Campers will receive their own logbooks to keep track of their successes. Participants should bring a filled water bottle, wear comfortable clothing, sturdy shoes, and apply sunscreen prior to coming to camp.

3, 3-hour sessions at RCC Hunters Woods

\$85 (R)/\$170 (NR) • Morgan

March 31 – April 2

901119-5C

Tue, Wed, Thu

1:00 p.m. – 4:00 p.m.

Introduction to Needlecrafts

(8 – 13 years old)

Learn the basic introduction skills of crochet, knitting, needlepoint, and cross-stitch. Campers will work on several projects using yarn and embroidery threads. All supplies are included and participants are welcome to bring their own preferred materials.

3, 3-hour sessions at RCC Hunters Woods

\$70 (R)/\$140 (NR) • Nyman

March 30 – April 1

901507-5A Mon, Tue, Wed 9:00 a.m. – 12:00 p.m.

Magic Is Fun

(6 – 8 years old)

Beginning wizards will learn numerous magic tricks and create magic-themed craft projects. Participants will enhance their imagination and confidence while learning magical effects.

3, 3-hour sessions at RCC Hunters Woods

\$60 (R)/\$120 (NR) • Mystery Academy

March 30 – April 1

901504-5A Mon, Tue, Wed 9:00 a.m. – 12:00 p.m.

Spring into LARK

(7 – 11 years old)

Spring into LARK (Lake Anne Art Rave for Kids) and join us for this mini-session of the popular summer program. The session will incorporate lessons in music, drawing, painting and sculpture. On the final day, participants will present a small gallery exhibit to display their work.

5, 5-hour sessions at RCC Lake Anne

\$100 (R)/\$200 (NR) • Nagy

March 30 – April 3

402474-5A Mon - Fri 10:00 a.m. – 3:00 p.m.

Spring into RoadRulz

(12 – 18 years old)

When summer can't come soon enough, this RCC Spring Break Adventure Series is what students need. This four-day program will provide Teens with a taste of what RCC's Road Rulz summer camp is like. Travel to a different destination each day and engage in unique and exciting activities. Itineraries are subject to change; a specific daily itinerary will be published prior to the start of camp.

- Monday - Sandy Springs High Ropes Course, Sandy Springs, MD
- Tuesday - Tubing, River and Trail, Knoxville, MD
- Wednesday - Dave and Busters, Kensington, MD
- Thursday - Massanutten Waterpark, Mcgaheysville, VA

8:00 a.m. - Check-in at RCC Hunters Woods

5:00 p.m. - Pick up at RCC Hunters Woods

4, 9 hour sessions

\$200 (R)/\$400 (NR) • Staff

March 30 – April 2

868985-5A Mon, Tue, Wed, Thu 8:00 a.m. – 5:00 p.m.

Woodshop Workshop

(9 – 13 years old)

Participants will work in a professional woodshop, where they will learn to make a unique project to take home using hammers, paint and power tools. Campers will be carefully supervised by the RCC Woodshop Supervisor.

1, 3-hour session at RCC Hunters Woods

\$25 (R)/\$50 (NR) • Church

April 2

901506-5A Thu 9:00 a.m. – 12:00 p.m.

Zen Zone

(6 – 13 years old)

Zen Zone is an opportunity for campers to wind down and relax under RCC staff supervision, after a day of exciting adventures and learning new skills. Campers MUST be picked up by 5:00 p.m., or a late fee will be assessed.

4, 60-minute sessions at RCC Hunters Woods

\$20 (R)/\$40 (NR) • Staff

March 30 – April 2

904015-5H Mon - Thu 4:00 p.m. – 5:00 p.m.

SUMMER CAMP



Camp Guides will be mailed to Reston households and available online by January 15.

Camp registration begins February 1 for Reston patrons and February 8 for Non-Reston.

IT'S NOT TOO EARLY TO PLAN FOR SUMMER!

Reston Camp Expo

JOIN US ON JANUARY 24.

TURN TO PAGE 8 FOR MORE INFORMATION.



Computer Lego Designs in 3-D

(7 – 9 years old)

For generations, Legos have been an integral part of children's lives. When combined with the digital world, participants can change them on the computer to create 3D characters, different surroundings, and various modes of transportation. Afterwards, students will be able to explore the concepts of 3D modeling and begin the process of animation. Basic computer skills, 3D modeling techniques, basic math, and problem-solving skills will be covered.

6, 60-minute sessions at RCC Hunters Woods

\$75 (R)/\$150 (NR) • Robichaud

January 21 – February 25

901184-5B

Wed

4:45 p.m. – 5:45 p.m.

Designing Video Games

(9 – 11 years old)

As children become more familiar with computers and how they work, they become more interested in playing and designing video games. Participants will learn the steps and skills necessary to create video games, as well as the use of up-to-date computer skills through 3D game design. Ultimately, students will be able to design their own video game and personalize each game to their preference - from beginning to end. Math, problem-solving skills, and knowledge of this specific technology will be covered.

6, 60-minute sessions at RCC Hunters Woods

\$75 (R)/\$150 (NR) • Robichaud

April 8 – May 13

901185-5A

Wed

4:45 p.m. – 5:45 p.m.

Intro to HTML

(13 years and older)

Ever wondered what goes on behind the scenes of a web browser? Learn the basics of HyperText Markup Language (HTML) to design and edit personal web pages. Students will be introduced to the CMS system Wordpress, and will receive free editor software to create a project with HTML tags and cascading style sheets.

1, 2.5-hour session at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Robichaud

April 8

803378-5A

Wed

7:00 p.m. – 9:30 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on
Adult Classes

MS Excel I

(13 years and older)

Learn to create, edit, format, and manipulate spreadsheets, workbooks, or small databases by using formulas and/or charts to track data, perform accounting functions, build address lists, or do long range planning. Prerequisites: English language fluency, computer keyboard and mouse skills, and the ability to navigate Windows proficiently.

2, 2.5-hour sessions at RCC Hunters Woods**\$55 (R)/\$110 (NR) • Robichaud****February 10 – February 11**

803233-5B Tue, Wed 7:00 p.m. – 9:30 p.m.

MS Excel II

(13 years and older)

Learn to organize, enhance and customize multiple spreadsheets and files by using advanced formatting tools and database features. Prerequisite: MS Excel I.

2, 2.5-hour sessions at RCC Hunters Woods**\$55 (R)/\$110 (NR) • Robichaud****February 17 – February 18**

803226-5B Tue, Wed 7:00 p.m. – 9:30 p.m.

MS PowerPoint I

(13 years and older)

Learn both the basics and the “bells and whistles” of Microsoft PowerPoint to create a powerful slide presentation using tables, pictures, graphs, sound, and text. Prerequisites: English language fluency, computer keyboard and mouse skills, and ability to navigate Windows proficiently. Beginning students are encouraged to take a Computer Literacy class or an equivalent class before enrolling in this course.

2, 2.5-hour sessions at RCC Hunters Woods**\$55 (R)/\$110 (NR) • Robichaud****April 15 – April 16**

803236-5C Wed, Thu 7:00 p.m. – 9:30 p.m.

MS Publisher

(13 years and older)

Learn the basics of Microsoft Publisher, the page layout software used to create personalized greeting cards, posters, flyers, banners, calendars, advertisements, and many other printed materials.

1, 2.5-hour session at RCC Hunters Woods**\$30 (R)/\$60 (NR) • Robichaud****February 24**

802251-5C Tue 7:00 p.m. – 9:30 p.m.

**MS Word I**

(13 years and older)

Learn to create and edit documents, use different fonts and formatting, cut and paste, set margins, and much more. Utilize these skills to create mailings, write memoirs complete with electronic pictures, or better organize personal files. Prerequisites: English language fluency, computer keyboard and mouse skills, and ability to navigate Windows proficiently. Beginning students are encouraged to take a Computer Literacy class or an equivalent class before enrolling in this course.

2, 2.5-hour sessions at RCC Hunters Woods**\$55 (R)/\$110 (NR) • Robichaud****January 20 – January 21**

803234-5B Tue, Wed 7:00 p.m. – 9:30 p.m.

MS Word II

(13 years and older)

Learn to use more advanced Word tools including section formatting, headers and footers, extensive bulleted lists, columns, tablets, text boxes, and mail merging. Prerequisite: MS Word I.

2, 2.5-hour sessions at RCC Hunters Woods**\$55 (R)/\$110 (NR) • Robichaud****January 27 – January 28**

803224-5B Tue, Wed 7:00 p.m. – 9:30 p.m.

QuickBooks

(13 years and older)

Learn how to manage business finances with QuickBooks, the most popular small business accounting software that makes accounting easy. With tools to organize your finances all in one place, users will learn how to track inventory, sales, expenses, and customers, and how to instantly create and customize professional-looking invoices, purchase orders and business reports. Pay bills, print checks and organize finances, all in one place, and be ready for tax time. Step up from Quicken and enjoy professional bookkeeping without a CPA.

2, 2.5-hour sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Robichaud

March 24 – March 25

802250-5C

Tue, Wed

7:00 p.m. – 9:30 p.m.

Quicken

(13 years and older)

Learn how to manage personal finances effortlessly using Quicken software. Users will learn how to track and understand daily spending, monitor and schedule bills, and automatically generate easy to read reports, registers and budgets. The class is led by an experienced computer consultant and instructor who has utilized Quicken to manage personal and small business finances for more than 13 years.

2, 2.5-hour sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Robichaud

March 17 – March 18

802239-5C

Tue, Wed

7:00 p.m. – 9:30 p.m.



Raspberry Pi

(10 – 12 years old)

Students born after 2000 are familiar with mobile phones, iPads, GPS, digital photos, streaming music and video. This program will add to those skills to lay the foundation for the technical skills and understanding needed to invent the next generation of technology. Developed with STEM in mind, the Raspberry Pi is a credit-card-sized computer specifically designed for learning about computing and electronics concepts. Participants will learn about computers (from the inside out), while designing animations, building and playing an original game, and wiring their own circuits. All supplies are included in the class fee, including a Raspberry Pi computer, which students can take home at the conclusion of class.

6, 60-minute sessions at RCC Hunters Woods

\$100 (R)/\$200 (NR) • ONE7TECH

February 17 – March 24

901222-5B

Tue

5:00 p.m. – 6:00 p.m.

Windows Tips & Tricks

(13 years and older)

Learn all about the new features, what to upgrade from XP or Vista, and how to best customize computer settings. Students will explore user accounts, file searches and libraries, new screen features, security and maintenance. Practice a host of techniques to work more efficiently, including keyboard shortcuts and desktop gadgets. Also, get a sneak peak of the new Windows 8. Prerequisite: prior experience with any version of Windows.

1, 2.5-hour session at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Robichaud

April 7

802253-5C

Tue

7:00 p.m. – 9:30 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

COOKING



Cake Decorating for Kids

(7 – 12 years old)

Participants will learn to frost a basic, one-layer round cake, use fondant icing, and decorate using basic fondant icing techniques. They will use a variety of tips that will amaze family and friends with their abilities. These activities are designed for independent student involvement and learning. Parent/guardian participation is not required. Please inform instructor prior to the start of class if there are any food allergies.

1, 2-hour session at RCC Hunters Woods

\$40 (R)/\$80 (NR) • Guidry

April 18

902205-5C

Sat

2:00 p.m. – 4:00 p.m.

Cake Decoration

(13 years and older)

This class is designed with the beginner in mind. Learn to make and work with marshmallow fondant and buttercream frosting. Learn a variety of basic pastry bag techniques and skills that can be practiced and perfected at home. Participants will decorate a 7" cake in class.

1, 2 hour session at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Guidry

February 21

875587-5A

Sat

2:00 p.m. – 4:00 p.m.

Chocolate Candy Making for Kids

(5 – 7 years old)

Learn the basics for making chocolates. In this class, parent and child will become acquainted with handling, melting, tempering, and molding skills. Participants will mold bite-sized chocolates, chocolate lollipops, chocolate-dipped pretzels and rocky road. Each participant pair will take home chocolates that they have made, as well as recipes, tips and ideas for making more of these luscious confections at home. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered. Allergy warning: nuts will be used in one of the recipes.

1, 2-hour session at RCC Hunters Woods

\$35 (R)/\$70 (NR) • Nyman

February 7

901038-5B

Sat

10:00 a.m. – 12:00 p.m.

March 14

901038-5C

Sat

10:00 a.m. – 12:00 p.m.

Chocolate Candy Making for Tweens

(8 – 12 years old)

This class will focus on the basics of making chocolates and will include handling, melting, tempering, and molding skills. Participants will mold bite-sized chocolates, learn chocolate writing, prepare butter cream and peanut butter cups, and make rocky road. Each participant will take home chocolates he/she made during class as well as recipes, tips and ideas for making more chocolates at home. Allergy warning: nuts will be used in one of the recipes.

1, 3-hour session at RCC Hunters Woods
\$45 (R)/\$90 (NR) • Nyman

February 7

901039-5B Sat 1:00 p.m. – 4:00 p.m.

March 14

901039-5C Sat 1:00 p.m. – 4:00 p.m.

Cooking Vegetarian

(15 years and older)

More and more people are adding vegetarian cooking to their lifestyle. Whether it is because of a health concern or a need for an alternative to their normal everyday diet, many people are discovering the benefits of vegetarian food. Learn how to make tasty recipes that will delight the palates of both vegetarians and non-vegetarians.

1, 3-hour session at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Jessimy

April 25

803330-5C Sat 10:00 a.m. – 1:00 p.m.



Delectably Gluten Free

(17 years and older)

Going gluten free doesn't mean you have to sacrifice flavor and forego satisfaction after a meal. Escape from the ordinary and delve into incredibly delectable weeknight meals. Participants will learn to how to make a range of flavor packed dishes such as Pan Roasted Chicken in White Wine, Seared Asparagus & Herb Tomato Confit, Oven Roasted Sea Bass & Mango Relish, and Thai Green Bean Salad. These delectable entrees are easy to prepare and sure to please.

1, 3-hour session at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Ellars

February 28

802523-5A Sat 10:00 a.m. – 1:00 p.m.

Freezer Cooking

(14 years and older)

Students will learn the steps necessary for assembling and preparing multiple meals for freezing. The participants will review recipes, prep the ingredients and wrap the meals to take home and store in their freezers. Meals serve four to six people. Students should bring a cooler to transport the meals home. The instructor will contact students two weeks prior to class with menu selections and students can choose up to five meals. Class fee includes all necessary supplies for the preparation of five meals.

1, 5-hour session at RCC Hunters Woods
\$110 (R)/\$220 (NR) • Guidry

March 7

805068-5D Sat 11:00 a.m. – 3:30 p.m.

Freezer Cooking for Kids

(7 – 10 years old)

Imagine how proud kids will be of themselves when they prepare up to three family friendly meals that will be ready to store. This is a perfect solution after a busy day when no one wants to cook. Just pull from the freezer and follow the last minute steps for preparation. These activities are designed for independent student involvement and learning. Parent/guardian participation is not required. Please inform the instructor prior to the start of class if there are any food allergies.

1, 2-hour session at RCC Hunters Woods
\$40 (R)/\$80 (NR) • Guidry

April 25

902206-5B Sat 3:00 p.m. – 5:00 p.m.



Kids in the Kitchen

(3 – 6 years old)

Introduce children to the basics of cooking. Participants will enjoy a fun-filled, engaging cooking class where they will learn how to make hot and cold snacks and recipes. Junior chefs will sample what they make as well as receive recipes to recreate these foods at home. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered. Allergy warning: nuts will be used in one of the recipes.

6, 90-minute sessions at RCC Hunters Woods
\$90 (R)/\$180 (NR) • Nyman

February 10 – March 17

901076-5B Tue 1:30 p.m. – 3:00 p.m.

April 7 – May 12

901076-5C Tue 1:30 p.m. – 3:00 p.m.

Spanish Tapas

(17 years and older)

Tapas originate from the country of Spain and include a wide variety of small dishes, appetizers, and snacks. In this class, students will explore some of the Spanish classics including: Gambas al Ajillo (shrimp sautéed with garlic), Pisto Manchego (sort of a ratatouille containing tomatoes, eggplants, red peppers, and onions), Albondigas al Jerez (meatballs with a sherry-infused garlic and onion sauce), Tortilla Espanola (combination of potatoes, onions, and eggs cooked and held in a firm, quiche-like shape), and Manchego y Olivas (Cheese and Olives).

1, 3-hour session at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Ellars

March 21

802522-5C Sat 10:00 a.m. – 1:00 p.m.

Thai Cooking Basics

(15 years and older)

Thai cuisine blends elements of several Southeast Asian traditions. Thai dishes are known for their balance of salty, sour, sweet, and bitter flavors. Students will taste the wonder of Thailand as they prepare recipes that include Lemongrass Soup, Shrimp Pad Thai Noodles, Thai Cabbage Salad, and Sticky Rice with Mango.

1, 3-hour session at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Jessimy

April 18

802521-5C Sat 10:00 a.m. – 1:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



Creating Resin Jewelry

(18 years and older)

In this workshop, students will be introduced to a variety of ways that epoxy resin can be used in creating beautiful jewelry. The participants will be given a review of safety and preparation tips and tricks, pouring, layering and embedding using a variety of ephemera, found objects and other elements. Students will learn how to add color to their resin and some basic jewelry techniques. All materials will be provided for the workshop. This class is open to all levels. All supplies included in class fee.

1, 3-hour session at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Ryan

March 7

803381-5C Sat 10:00 a.m. – 1:00 p.m.

Jewelry - Wire Earrings

(16 years and older)

Students will learn to create a variety of wire earring styles. Knowledge of basic wire working would be preferred. All supplies included in class fee.

1, 3-hour session at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Ryan

May 16

805069-5B Sat 10:00 a.m. – 1:00 p.m.

Knitting

(16 years and older)

This class is designed to teach those who are new to knitting and also to refresh the skills of the more experienced knitters. Beginners will learn the basics of knitting while enjoying several projects including: a hand bag, a scarf, a hat and a pair of fingerless gloves. The more experienced knitters may choose their own projects and get help as needed with new skills. A supply list will be provided prior to the first class; students are required to purchase their own supplies.

8, 90-minute sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Van Trees

January 5 – February 23

802418-5B Mon 6:30 p.m. – 8:00 p.m.

Knitting II

(16 years and older)

Students will learn a variety of intermediate and advanced knitting techniques such as knitting with multiple colors (Mosaic, Intarsia, Fair Isle); duplicate knitting and more. Prerequisites: Knitting I or mastery of knit, purl, cast-on, and bind-off. A supply list will be provided prior to the first class; students are required to purchase their own supplies.

8, 90-minute sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Van Trees

March 11 – April 29

802261-5B Wed 6:30 p.m. – 8:00 p.m.



Metal Stamping

(16 years and older)

Everyone loves to express themselves with words. Learn how to stamp out your favorite word or phrase and create two wearable metal pendants to bring home. Students will discover the fundamentals of jewelry metal stamping, including learning metal gauges, proper finishing techniques, adding texture to jewelry blanks, and much more. Be sure to have some favorite sayings and messages in mind when coming to class. All supplies included in class fee.

1, 3-hour session at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Ryan

April 11

803383-5A Sat 10:00 a.m. – 1:00 p.m.

Mother's Day Pottery

(2 – 5 years old)

Mom will love her own individual bowl for her favorite ice cream or cereal. Children will create and paint pottery bowls to give to Mom on her special day. Pottery is dishwasher-safe, and the bowls will be fired and returned to RCC for pick up in time for Mother's Day. Parents/caregivers must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. All participating children must be registered.

1, 45-minute session at RCC Hunters Woods

\$20 (R)/\$40 (NR) • Clay Café Studios

April 23

901150-5A Thu 9:30 a.m. – 10:15 a.m.

April 23

901150-5B Thu 10:15 a.m. – 11:00 a.m.

April 23

901150-5C Thu 11:00 a.m. – 11:45 a.m.

Sewing I

(16 years and older)

Learn to make decorative pillows, placemats, and table runners or tablecloths for home decorating. The projects in this introductory course will encourage you to make progress with sewing. A supply list will be provided prior to class. Participants are strongly encouraged to bring a portable sewing machine to class. Only a limited number of RCC-owned machines will be available for in-house use.

8, 2-hour sessions at RCC Hunters Woods

\$75 (R)/\$150 (NR) • Minassian

February 3 – March 24

802318-5B Tue 6:30 p.m. – 8:30 p.m.

February 5 – March 26

802318-5C Thu 6:30 p.m. – 8:30 p.m.

Sewing II

(16 years and older)

Learn to make advanced home projects such as window treatments, duvets and bedspreads. Learn about fabric choices, measuring and special turns. This is an intermediate-level course for students with sewing experience. Participants are strongly encouraged to bring a portable sewing machine to class. Only a limited number of RCC-owned machines will be available for in-house use.

8, 2-hour sessions at RCC Hunters Woods

\$75 (R)/\$150 (NR) • Minassian

April 9 – May 28

802319-5B Thu 6:30 p.m. – 8:30 p.m.





Soap Creation for Kids

(6 – 12 years old)

Participants will melt, scent, color, and mold soap in a manner that will make bath time fun. Each soap maker will create several glycerin soaps to take home at the conclusion of the class, along with instructions to make soap creations at home.

1, 2-hour session at RCC Hunters Woods
\$25 (R)/\$50 (NR) • Nyman

January 24		
901130-5A	Sat	9:30 a.m. – 11:30 a.m.
January 24		
901130-5B	Sat	11:30 a.m. – 1:30 p.m.
March 1		
901130-5C	Sun	9:30 a.m. – 11:30 a.m.
March 1		
901130-5D	Sun	11:30 a.m. – 1:30 p.m.

Textile Art

(9 – 12 years old)

Participants will receive an introduction to textile terminology, learn to trace from a pattern, and use both hand and machine stitching to decorate a work of textile art. In addition to fabric, embellishments such as yarns, webbings, beads and bedazzle studs will be provided. Participants are strongly encouraged to bring a portable sewing

machine to class. Only a limited number of RCC-owned machines will be available for in-house use. All other supplies are included.

6, 2-hour sessions at RCC Hunters Woods
\$85 (R)/\$170 (NR) • Roseborough

February 1 – March 15 (No Class: February 15)		
901270-5C	Sun	2:00 p.m. – 4:00 p.m.
April 12 – May 17		
901270-5D	Sun	2:00 p.m. – 4:00 p.m.

Trendy Jewelry

(10 – 12 years old)

Participants will let their imaginations soar as they create bracelets, necklaces, earrings, key chains, and more that will be the envy of their friends. Learn how to use jewelers’ tools and how to connect all the parts to make one-of-a-kind, cool jewelry pieces. Some skills that will be taught: how to correctly and safely use tools; how to make jump rings to connect the main components of the piece; how to make a clasp to hold a bracelet or necklace together; and how to make ear wires for earrings. By the end of the program, participants should be able to create up to three pieces of original, custom jewelry that is suitable for boys and girls.

6, 2-hour sessions at RCC Hunters Woods
\$85 (R)/\$170 (NR) • Van Trees

January 27 – March 3		
901274-5D	Tue	5:00 p.m. – 7:00 p.m.
April 7 – May 12		
901274-5E	Tue	5:00 p.m. – 7:00 p.m.

Valentine Pottery

(2 – 5 years old)

Participants will paint a sweet little heart-shaped dish for their favorite valentine. The dish is 6”x 5”, and is perfect for treats, sweets, trinkets, change, or just for fun. The dish is food- and dishwasher- safe. Parent/caregiver must fully participate in the activity. In the event of inclement weather, class will be held on Tuesday, February 3. This program is not appropriate for children younger or older than the advertised age range. All participating children must be registered.

1, 45-minute session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Clay Café Studios

January 27		
901149-5A	Tue	9:30 a.m. – 10:15 a.m.
January 27		
901149-5B	Tue	10:15 a.m. – 11:00 a.m.
January 27		
901149-5C	Tue	11:00 a.m. – 11:45 a.m.

DIGITAL PHOTOGRAPHY



Archiving Digital Photos

(16 years and older)

Do you realize how fragile your digital photo files are and how quickly they can be lost? In this beginning class, students will learn how to safely preserve their digital photo files (remember there's no shoebox of negatives in the closet with digital photography). Benefits and downsides of both online and offline storage will be discussed.

1, 2-hour session at RCC Hunters Woods

\$35 (R)/\$70 (NR) • Lazear

May 20

803314-5A

Wed

7:00 p.m. – 9:00 p.m.

Camera Features

(16 years and older)

Students will learn to get more out of their digital cameras by exploring some of its many features. With individual attention from the instructor, students will learn the following skills in this hands-on workshop:

- Set the flash (on, off, or for red eye)
- Delete poor pictures (while still on the camera)
- Take self-timer pictures (so the user can be in the picture)
- Take a burst of pictures (to capture a quick action)
- Take long exposure pictures (to capture a night scene)
- Take short videos (to add dimensions of sound and motion)
- Add colored overtones to pictures (like sepia and black and white)

Students must bring a digital camera, camera manual, spare batteries or an AC adapter to each class.

2, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Lazear

January 7 – January 8

802242-5B

Wed, Thu

7:00 p.m. – 9:00 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

Camera Features II

(16 years and older)

Wonder what all those buttons and menus are on digital cameras? Learn ways to become more comfortable using digital cameras and their features. This personal attention, hands-on class explores features of digital cameras by looking at a variety of topics:

- Using optical and digital zoom
- Taking sharp close ups photos of flowers, jewelry & other small items
- Adjusting for tricky lighting conditions
- Stabilizing the camera (with and without a tripod)
- Avoiding over and under exposed pictures
- Setting exposure to match the lighting
- Taking bracketed exposures
- Taking panoramic pictures and stitching them together

Students must bring a digital camera, camera manual, spare batteries or an AC adapter to each class.

2, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Lazear

March 30 – March 31

803312-5B Mon, Tue 7:00 p.m. – 9:00 p.m.

Organizing Digital Photos

(16 years and older)

Are you swamped by your digital photos and want to organize them to easily find them again? In this beginning class, students will learn about ways to name photos and folders for retrieval. Students will also learn the benefits and pitfalls of organizing software and websites, as well as good habits for storing their photos. Prerequisites: Students must be able to create folders and subfolders, rename folders and files, move files and folders, and look at the properties of a file.

2, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Lazear

March 16 – March 23

803302-5B Mon 7:00 p.m. – 9:00 p.m.

Photo Editing

(18 years and older)

This two-day course introduces students to digital photo editing with Adobe Photoshop Elements software. Learn to use various editing tools and practice photo touch-up techniques. Start to explore layering movable titles and shapes on top of photos. Learn to select parts of a photo to correct or to paste into another photo. Prerequisite: The student must be familiar with the concept of pixels and JPEG (compression) photo files.

2, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Lazear

April 13 – April 14

803310-5A Mon, Tue 7:00 p.m. – 9:00 p.m.

Taking Better Pictures

(18 years and older)

Want to learn how to take better pictures with a digital camera? This beginning course will offer tips to improve basic picture taking skills. These include using flash, steadying the camera, and taking those hard-to-get-shots of kids and pets. In addition, it will look at different aspects of photo composition, to move pictures beyond mere snapshots. Topics will include the rule of thirds, balancing objects, use of lines and empty space, and considering backgrounds. Students have homework assignments that require taking pictures outside of class. These will be reviewed and critiqued at the next session. Students should bring their camera, their camera manual, batteries or an AC adapter to each class. Prerequisite: At least one Camera Features class.

3, 2-hour sessions at RCC Hunters Woods

\$90 (R)/\$180 (NR) • Lazear

May 7 – May 21

803331-5A Thu 7:00 p.m. – 9:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

ENRICHMENT



Adventures in Robotics

(8 – 12 years old)

This hands-on collaborative program introduces participants to the exciting and popular world of robotics and programming. Students will be challenged to think critically and work with others to solve problems. This program is suitable for those new to robotics as well as those with robotics experience. Supplies will be provided.

6, 90-minute sessions at RCC Hunters Woods

\$150 (R)/\$300 (NR) • Digital Kidz

January 26 – March 9 (No Class: February 16)

901258-5B Mon 5:00 p.m. – 6:30 p.m.

April 6 – May 11

901258-5C Mon 5:00 p.m. – 6:30 p.m.

Babysitting 101

(13 – 16 years old)

The official name of this excellent course is Babysitting Lessons and Safety Training (BLAST) + AHA Family & Friends CPR. Endorsed by the American Academy of Pediatrics, students will learn the current practices for safety and injury prevention while babysitting. The BLAST Program offers exciting and interactive instruction and extensive training in pediatric first aid and CPR. Students will also learn the Heimlich maneuver, information on household safety, and the fundamentals of

childcare. Students must attend the entire training workshop to obtain certificates. Please bring a doll and a bag lunch.

**1, 5-hour session at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Health Educators & Training**

May 3

801112-5B Sun 9:30 a.m. – 2:30 p.m.

Bridge I

(18 years and older)

This course is perfect for those who are new to the game, as well as players seeking to brush up on bridge fundamentals. The course will include a lecture and demonstration, with at least one hour of play per class with pre-dealt hands oriented to the specific lesson. Bidding is Standard American.

8, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Golias

February 2 – March 23

102337-5B Mon 10:00 a.m. – 12:00 p.m.

Bridge II

(18 years and older)

Players will improve intermediate bridge skills under the supervision of RCC's bridge instructor. Each table will play the same hand. After play is over, participants will discuss the bidding and the play of hands. Please note this program is for intermediate and advanced level players.

8, 2-hour sessions at RCC Hunters Woods
\$65 (R)/\$130 (NR) • Golias

February 2 – March 23

102409-5B Mon 12:30 p.m. – 2:30 p.m.

College Funding - Your Children's Future

(18 years and older)

This workshop will focus on steps to help fund a college education for your children or grandchildren. Topics discussed include: estimating the costs, evaluating different funding sources and college loan options, reviewing various college savings options, and strategies that can be used during the high school years for college preparation. This workshop is presented by Kim Seo, CFP, MBA, a financial advisor dedicated to community education. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

1, 2-hour session at RCC Hunters Woods
Free, Registration Req. • Seo

February 23

105602-5A Mon 6:00 p.m. – 8:00 p.m.

Coupons for Beginners

(16 years and older)

This class delves further into the topic of couponing and will teach students the best practices and proper techniques to easily, and consistently, save 50 percent or more when shopping for everyday items, groceries and household goods. Instruction includes basic topics such as: breakdown of couponing terms and language, specific examples of shopping trip transactions, freebies versus couponing, and couponing etiquette.

1, 3-hour session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Dixon

May 9

843632-5B Sat 6:00 p.m. – 9:00 p.m.

Couponing Made Easy

(16 years and older)

Want a quick and easy overview of the couponing practice? This comprehensive class is designed to introduce the student to the best practices and the proper techniques to easily and consistently save 50 percent or more when shopping for everyday items, groceries or household goods by using coupons. Instruction includes the breakdown of coupon terms and languages, explanation of loyalty cards, strategic planning of coupon events, stacking, rolling and stockpiling rewards.

1, 3-hour session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Dixon

May 16

876543-5B Sat 6:00 p.m. – 9:00 p.m.

eBook Self-Publishing for Fun and Profit

(18 years and older)

Interested in self-publishing but not sure where to start? This course describes the background of eBooks and the various publishing formats that allow for viewing on reader tablets such as Amazon Kindle, Nook, Apple iPad, Sony Reader and others. When ready to publish, selecting the appropriate format is essential to ensure broader promotion and appeal. The course curriculum also covers manuscript preparation, document formatting, file conversion software, previewing and proofing. Then, learn how to launch, market, and manage online sales. The instructor has authored and published several Irish genealogy and travel photography eBooks in major online bookstores. Pre requisites skills: PC or MAC experience, Internet browser familiarity, online navigation experience, and Microsoft Word.

1, 2-hour session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Healy

January 17

104139-5C Sat 10:30 a.m. – 12:30 p.m.

April 25

104139-5D Sat 10:30 a.m. – 12:30 p.m.

Engineering Fun With Legos

(7 – 11 years old)

With more than 1,000 Lego pieces, participants will take on real-life engineering challenges that explore concepts in physics, mechanical/ structural engineering, and architecture. With projects from motorized machines to castles and catapults, this program is suitable for beginners to more advanced participants. Activities will aid students in developing and enhancing their critical thinking skills, while exposing them to new concepts and vocabulary.

8, 90-minute sessions at RCC Hunters Woods
\$135 (R)/\$270 (NR) • Play Well Teknologies

March 10 – May 5 (No Class: March 31)

901183-5B Tue 4:45 p.m. – 6:15 p.m.



Financial Management - 6 Steps to Financial Success

(18 years and older)

Financial guru Kim Seo, CFP, MBA, returns to RCC to discuss the steps and strategies that help lead to financial success. Topics discussed will include: protecting assets and investments, investing wisely, managing taxes, saving for retirement, and leaving a legacy. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

1, 2-hour session at RCC Hunters Woods

Free, Registration Req. • Seo

May 4

105601-5A Mon 6:00 p.m. – 8:00 p.m.

Getting Fiscally Fit

(18 years and older)

In this highly informative workshop, attendees will learn simple strategies they can start using today to take charge of their finances and achieve peace of mind. Additional topics covered in this workshop include how to: overcome the roadblocks to financial success; create and maintain a financial blueprint; cultivate daily habits to positively influence financial fitness; develop action steps to financial freedom; identify cash flow traps; and put dollars back into monthly cash flow through proper tax-planning. This workshop is presented by Kim Seo, CFP, MBA, a financial advisor dedicated to community education. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

1, 90-minute session at RCC Hunters Woods

Free, Registration Req. • Seo

February 25

103337-5B Wed 7:00 p.m. – 8:30 p.m.

Getting into College

(13 – 18 years old)

Think it is too early to start planning for college? Think again. Now is the perfect time to begin preparing for the admissions process. This seminar will help students outline a plan to accomplish certain milestones and get well ahead of the game.

1, 2-hour session at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Princeton Review

March 14

802727-5A Sat 2:00 p.m. – 4:00 p.m.

Heart Start CPR-AED

(16 years and older)

Participants will learn how to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, and basic first aid. Successful graduates will receive a two-year adult CPR with AED certification and a two-year first aid certification through the American Heart Association.

1, 3.5-hour session at RCC Hunters Woods

\$60 (R)/\$120 (NR) • Heart Start

January 17

302313-5C Sat 10:00 a.m. – 1:30 p.m.

April 11

302313-5D Sat 10:00 a.m. – 1:30 p.m.

Imagination and Science

(5 – 8 years old)

Use imagination and creativity to enjoy a variety of activities and projects ranging from simple science experiments to projects and crafts geared to specific themes in nature and science. These activities are designed for independent student involvement and learning. Parent/guardian participation is not required. Fee includes all supplies.

6, 60-minute sessions at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Haneline

January 21 – February 25

903006-5B Wed 5:00 p.m. – 6:00 p.m.

April 8 – May 13

903006-5C Wed 5:00 p.m. – 6:00 p.m.



Irish Genealogy Workshop

(18 years and older)

This workshop is an entertaining, beautiful pictorial overview of the presenter's extensive Irish genealogy research experience. Professional Genealogist Mike Healy will discuss proven research methods for finding ancestors' origins and historical records. Students will do a practical exercise involving internet research to explore online genealogy resources, including Ellis Island passenger lists, U.S. and Irish census records, and 19th century Griffiths Valuation records. Anyone interested in getting started in genealogy will find the class beneficial but please know that the instructor's experience is specific to Irish history and culture so he will be using his own genealogical research as the reference point.

1, 2-hour session at RCC Hunters Woods

\$20 (R)/\$40 (NR) • Healy

May 9

105112-5C Sat 10:30 a.m. – 12:30 p.m.

Japanese Flower Arrangement

(18 years and older)

This class is about the traditional form of Japanese flower arranging, Ikebana. Ikebana has gained widespread international acclaim for its focus on harmony, color, use, rhythm, and elegantly simple designs. Participants will learn how the principles of Ikebana can be used in their own modern flower arranging. Students need to bring a vase and a medium size pair of scissors to cut flowers.

1, 2-hour session at RCC Lake Anne

\$45 (R)/\$90 (NR) • Shintani

March 28

105146-5B Sat 1:00 p.m. – 3:00 p.m.

Junior Robotics

(5 – 7 years old)

Junior Robotics is an introduction to more advanced building and programming for younger students. Participants will build a variety of basic robots using both traditional Lego bricks and the Lego Mindstorms NXT 2.0. All supplies will be provided.

6, 90-minute sessions at RCC Hunters Woods

\$150 (R)/\$300 (NR) • Digital Kidz

January 26 – March 9 (No Class: February 16)

901209-5B Mon 5:00 p.m. – 6:30 p.m.

April 6 – May 11

901209-5C Mon 5:00 p.m. – 6:30 p.m.

K9 Dog Obedience I

(18 years and older)

This class is appropriate for dogs more than 3 months old with very little or no obedience training. Positive motivational training techniques will include the basic commands of sit, down, stay, come, and how to walk nicely on a leash. Learn about mouthing, jumping, crate and potty training, and generally controlling poor behavior. Vaccination records will be checked at the first meeting. Classes are held in the parking lot behind RCC. Park in the Hunters Woods Plaza shopping area and walk around to the rear of the building. Please bring your dog to the first class with a variety of tiny treats and a mat or towel for the dog to use. We DO NOT use chain or prong collars or Flexi leads. A regular collar and a six-foot leash are required. Gentle leaders and body harnesses are fine.

7, 45-minute sessions at RCC Hunters Woods

\$90 (R)/\$180 (NR) • Rudy's Friends Dog Training

April 8 – May 20

105090-5A Wed 6:00 p.m. – 6:45 p.m.

April 9 – May 21

105090-5B Thu 12:00 p.m. – 12:45 p.m.

Learn to Play Chess

(8 – 12 years old)

Chess is an exciting and ancient game that can benefit children in many ways. It enhances social interaction and helps to develop higher-thinking skills and intellect. Participants will learn the rules of chess and how chessmen move and capture. For those who are ready for advancement, the instructor will teach the roles of chessmen and the tactics of chess.

6, 90-minute sessions at RCC Hunters Woods

\$50 (R)/\$100 (NR) • Samet

February 3 – March 10

901035-5B Tue 5:00 p.m. – 6:30 p.m.

April 7 – May 12

901035-5C Tue 5:00 p.m. – 6:30 p.m.

Lego Pre-Engineering

(5 – 6 years old)

Students will design a town, city or star base with houses, buildings, pyramids, bridges, and tunnels. Participants will also learn how to build, race, crash, and repair cars, trucks, trains, and buses. This program will help to develop critical thinking skills and expose children to some of the concepts and vocabulary of engineering, architecture and physics.

8, 90-minute sessions at RCC Hunters Woods

\$135 (R)/\$270 (NR) • Play Well Teknologies

February 12 – April 9 (No Class: April 2)

901182-5B Thu 4:45 p.m. – 6:15 p.m.



Line Dancing I

(18 years and older)

Learn how to dance the two-step, waltz, cha-cha, jitterbug, swing, shuffle (like a polka), and specialty steps. Please do not wear rubber soled shoes that may not slide on the hardwood floor.

8, 60-minute sessions at RCC Hunters Woods

\$50 (R)/\$100 (NR) • Richardson

January 8 – February 26

104450-5A Thu 6:00 p.m. – 7:00 p.m.

March 12 – May 14 (No Class: March 26, April 2)

104450-5B Thu 6:00 p.m. – 7:00 p.m.

Line Dancing II

(18 years and older)

This class is for the student who has a basic knowledge of line dancing and would like to improve his or her skills. The class will include some traditional and not so traditional line dances to a variety of music. Please do not wear rubber soled shoes that may not slide on the hardwood floor.

8, 60-minute sessions at RCC Hunters Woods

\$50 (R)/\$100 (NR) • Richardson

January 8 – February 26

104451-5A Thu 7:00 p.m. – 8:00 p.m.

March 12 – May 14 (No Class: March 26, April 2)

104451-5B Thu 7:00 p.m. – 8:00 p.m.

Passport to Retirement

(18 years and older)

This workshop is for those preparing for one of the biggest transitions of their lives - retirement. Most have the goal of accumulating enough wealth to ensure that retirement is financially comfortable.

This class involves a thorough review of the retirement planning process and the obstacles that can keep one from reaching their goals. Additional topics include: accumulating assets for retirement while still employed; assessing personal investment portfolio; measuring risk in a portfolio; developing asset allocation strategies; taking advantage of dollar cost averaging; and how to create an action plan for success. This workshop is presented by Kim Seo, CFP, MBA, a financial advisor dedicated to community education. This program is for informational purposes only; there will be no solicitation or obligations of attendees.

1, 60-minute session at RCC Hunters Woods

Free, Registration Req. • Seo

April 22

103338-5B Wed 7:00 p.m. – 8:00 p.m.

SAT Workshop

(14 – 18 years old)

Learn score raising SAT strategies in a dynamic, interactive setting. Teachers run energetic classes that will get students motivated. They will also give participants the personal attention and extra help they need to maximize scores. Each student's ability to benefit from these sessions depends on all students being attentive. The instructor has the authority to dismiss participants who interfere with the learning process. A specific class schedule and agenda will be provided before the first class. Please note that Sunday sessions are testing days only. Test and Class Dates for SAT Workshop:

Test A	Sunday, January 25	1:00 p.m. – 5:00 p.m.
Class 1	Tuesday, January 27	6:00 p.m. – 9:00 p.m.
Class 2	Thursday, January 29	6:00 p.m. – 9:00 p.m.
Test B	Sunday, February 1	1:00 p.m. – 5:00 p.m.
Class 3	Tuesday, February 3	6:00 p.m. – 9:00 p.m.
Class 4	Thursday, February 5	6:00 p.m. – 9:00 p.m.
Test C	Sunday, February 8	1:00 p.m. – 5:00 p.m.
Class 5	Tuesday, February 10	6:00 p.m. – 9:00 p.m.
Class 6	Thursday, February 12	6:00 p.m. – 9:00 p.m.
Test D	Sunday, February 15	1:00 p.m. – 5:00 p.m.
Class 7	Tuesday, February 17	6:00 p.m. – 9:00 p.m.
Class 8	Thursday, February 19	6:00 p.m. – 9:00 p.m.

4, 4-hour Sunday sessions at RCC Hunters Woods

8, 3-hour Tue/Thu sessions at RCC Hunters Woods

\$275 (R)/\$550 (NR) • Princeton Review

January 25 – February 19

802860-5B	Sun	1:00 p.m. – 5:00 p.m.
	Tue, Thu	6:00 p.m. – 9:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

ServSafe Manager's Certification

(18 years and older)

This ServSafe course provides food safety training, exams and educational materials to Food Service Managers and is recognized by health departments in all states and jurisdictions. It is ideal for those who work in the food service industry or those who want to learn how to cook food safely at home. Students will learn about sanitation challenges, the flow of food through food service operations, clean and sanitary facilities and equipment, accident prevention, and crisis management. Students will leave this class fully informed about the Food and Drug Administration's food code. The class is organized into six hours of classroom instruction and two hours to complete the certification exam. The fee includes instruction, training materials, and the examination. Please bring a sharpened #2 pencil. The instructor is a graduate of the Culinary Institute of America and has been working in the hospitality industry more than 30 years as a professional chef.

1, 8-hour session at RCC Hunters Woods

\$175 (R)/\$350 (NR) • McKeon

February 7

103390-5C Sat 9:00 a.m. – 5:00 p.m.

May 2

103390-5D Sat 9:00 a.m. – 5:00 p.m.



Writers Group

(18 years and older)

The RCC Writers Group welcomes fiction writers of all levels interested in enhancing their writing style and techniques. The group provides a friendly, facilitated, non-threatening environment where writers will receive and give peer critiques, explore creative techniques, and share ideas. Writers will also exchange information on marketing, getting published, and online resources. Participants should come to the first session with an original short story or other writing sample to discuss. The group will meet every other Monday. **The class dates: January 26, February 9 and 23, March 9 and 23, April 6 and 20, and May 4.**

8, 2-hour sessions at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Kelly

January 26 – May 4

105116-5B Mon 7:00 p.m. – 9:00 p.m.

Writing the College Essay

(14 – 18 years old)

What is the scariest part of the college application? For most, it is that big white space where the essay is supposed to go. In this seminar, we will put students in the admissions officer's seat as they embark on writing their college application essays. Participants will leave with an outline for their own essay.

1, 2-hour session at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Staff

April 11

859475-5A Sat 2:00 p.m. – 4:00 p.m.

MENTAL HEALTH FIRST AID

MENTAL HEALTH FIRST AID

Did you know that the Fairfax County/Falls Church Community Services Board offers training to people interested in being able to respond appropriately to mental health related emergencies? "Mental Health First Aid" is a groundbreaking public education program that introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Whether you are a first responder, teacher, student, faith community leader, human resources professional, parent, employer, coworker, or caring community member, this certification course has information everyone can use.

The course is offered in English, Spanish and Youth versions. Courses are open to the public and cost \$25; the fee is waived for County employees.

Register online: www.fairfaxcounty.gov/csb/events/mental-health-first-aid.htm or find out more by calling Erika Gilliam: 703-383-8430 (TTY 711) or via email to Erika.Gilliam@fairfaxcounty.gov.

FITNESS & WELLNESS



Body Sculpting

(16 years and older)

Accomplish a full body workout with traditional and nontraditional sculpting methods, using free weights, resistance bands, body bars and the body. This class is designed to take participants to their own limit. Good for all levels of fitness.

8, 60-minute sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Staff

January 5 – March 2 (No Class: January 19)

302315-5G Mon 6:15 p.m. – 7:15 p.m.

March 23 – May 18 (No Class: March 30)

302315-5I Mon 6:15 p.m. – 7:15 p.m.

6, 60-minute sessions at RCC Lake Anne

\$30 (R)/\$60 (NR) • Staff

February 7 – March 14

302315-5H Sat 10:00 a.m. – 11:00 a.m.

March 28 – May 16 (No Class: April 4, April 25)

302315-5J Sat 10:00 a.m. – 11:00 a.m.

DEMO CLASS

Interested in a class but not ready to commit? Contact RCC's Fitness & Adult Director at 703-390-6159 to schedule a one-time demo.

Boot Camp

(15 years and older)

This program combines boot camp style drills, cardio conditioning, strength training, yoga, kick boxing, dance and more. Led by an Aerobics and Fitness Association of America certified instructor, it will appeal to those who want to get back in shape and achieve fitness goals. All equipment is provided and includes resistance tubes, bands, jump ropes, steel weights, weighted medicine balls, body bars and balance boards. The instructor will demonstrate different variations for each fitness level. Please bring a water bottle and dress appropriately for exercise.

8, 60-minute sessions at RCC Lake Anne

\$65 (R)/\$130 (NR) • Nyman

January 6 – February 24

306028-5B Tue 6:00 p.m. – 7:00 p.m.

March 17 – May 12 (No Class: March 31)

306028-5C Tue 6:00 p.m. – 7:00 p.m.



Evening Hatha Yoga I

(18 years and older)

This beginning Hatha yoga class will teach breathing exercises, stretching movements, and relaxation. Learn to use Hatha yoga movements to work through stiff joints and muscles while developing strength and flexibility.

8, 60-minute sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Hill

January 6 – February 24

302485-5D Tue 6:00 p.m. – 7:00 p.m.

March 24 – May 12

302485-5E Tue 6:00 p.m. – 7:00 p.m.

Fit Moms Class

(18 years and older)

This class is NOT just a stroll through the park. It combines cardio conditioning including aerobics, strength training, core, yoga, kick boxing, dance, and more. Led by an Aerobics and Fitness Association of America certified Fairfax-Fit Moms® instructor, this class is for any mom who wants to get back into shape and/or achieve fitness goals. Exercise alone or with children ages 4 weeks to 5 years old. All equipment is provided and includes resistance tubes, bands, figure eights, steps, jump ropes, steel weights, medicine balls, body bars and balance boards. The instructor will demonstrate different variations for every fitness level. Please bring water and dress appropriately for the outdoors. Some portions of this class are led outdoors, weather permitting.

8, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Nyman

January 6 – February 24

302394-5C Tue 10:15 a.m. – 11:15 a.m.

March 17 – May 12 (No Class: March 31)

302394-5D Tue 10:15 a.m. – 11:15 a.m.

Fitness and Tumbling for Kids

(3 – 5 years old)

This is not the physical education class parents remember from elementary school. This program is designed to work on motor skills, flexibility, strength, and good hand-eye coordination by students participating in relays, balance games, tumbling, jumping, and obstacle courses. Music and creative movement added to exercise make it playful and fun. Parent/caregiver must remain in the classroom. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

8, 45-minute sessions at RCC Lake Anne
\$60 (R)/\$120 (NR) • Nyman

January 6 – February 24

301061-5B Tue 11:30 a.m. – 12:15 p.m.

March 17 – May 12 (No Class: March 31)

301061-5C Tue 11:30 a.m. – 12:15 p.m.

FunFit

(1 – 2 years old)

This fun-filled, full of energy, active class led by FunFit staff, emphasizes songs, creative movement, parachute, ball, games and more. This class develops a child's self-confidence, motor skills, coordination and reinforces cognitive learning. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

9, 45-minute sessions at RCC Lake Anne
\$73 (R)/\$146 (NR) • Funfit Staff

January 10 – March 7

306040-5B Sat 9:45 a.m. – 10:30 a.m.

April 11 – June 13 (No Class: April 25)

306040-5C Sat 9:45 a.m. – 10:30 a.m.

FunFit

(1 – 4 years old)

This class is designed for children ages 1 through 4 in order to allow siblings to participate in the same class. This fun-filled, full of energy, active class led by FunFit staff, emphasizes songs, creative movement, parachute, ball, games and more. This class develops a child's self-confidence, motor skills, coordination and reinforces cognitive learning. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

9, 45-minute sessions at RCC Lake Anne
\$73 (R)/\$146 (NR) • Funfit Staff

January 10 – March 7

306042-5B Sat 11:15 a.m. – 12:00 p.m.

April 11 – June 13 (No Class: April 25)

306042-5C Sat 11:15 a.m. – 12:00 p.m.



FunFit

(2 – 3 years old)

This fun-filled, full of energy, active class led by FunFit staff, emphasizes songs, creative movement, parachute, ball, games and more. This class develops a child's self-confidence, motor skills, coordination and reinforces cognitive learning. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

9, 45-minute sessions at RCC Lake Anne
\$73 (R)/\$146 (NR) • Funfit Staff

January 10 – March 7

306041-5B Sat 10:30 a.m. – 11:15 a.m.

April 11 – June 13 (No Class: April 25)

306041-5C Sat 10:30 a.m. – 11:15 a.m.

Hatha Yoga Flow

(16 years and older)

Hatha Yoga Flow combines traditional yoga postures into a sequence of movements that flow with the breath. Students will improve strength, balance, flexibility and sense of well-being through mindful movements and poses. Classes will include sun salutations, standing and balancing postures, forward and back bends, abdominal work, inversions, breathing exercises and relaxation techniques. Prior yoga experience is helpful but not required. Modifications will be taught to accommodate all levels.

8, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Soares

January 13 – March 3

306992-5C Tue 7:30 p.m. – 8:30 p.m.

6, 60-minute sessions at RCC Lake Anne
\$42 (R)/\$84 (NR) • Soares

April 7 – May 12

306992-5D Tue 7:30 p.m. – 8:30 p.m.

Hatha Yoga I

(18 years and older)

Participate in this refreshing and relaxing beginning yoga class that will coax the stiffness out of the body's joints.

8, 60-minute sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Hill

January 11 – March 1

305051-5D Sun 9:00 a.m. – 10:00 a.m.

March 22 – May 17 (No Class: April 5)

305051-5E Sun 9:00 a.m. – 10:00 a.m.

Historical European Swordsmanship

(9 years and older)

Historical European Swordsmanship is a popular new martial arts discipline, one that brings a historical perspective to physical training and self-defense. Virginia Academy of Fencing (VAF) will teach the history of swordsmanship and the basics of footwork and body mechanics using safe sword simulators (bamboo shinai). Students are introduced to the basic guards and strikes of fencing with two handed swords and rapier simulators. Minimum age for enrollment is 9 years; class is designed for all ages and skill levels so teenage and adult participation is encouraged. Students should wear loose comfortable clothing, no shorts, jeans, or pants with protruding pockets. A \$30 equipment fee is payable to the instructor at the beginning of the first class.

6, 60-minute sessions at RCC Hunters Woods
\$50 (R)/\$100 (NR) • VAF

January 15 – February 19

302421-5B Thu 8:00 p.m. – 9:00 p.m.

Introduction to Meditation

(15 years and older)

Want to reduce stress, improve attention and enhance creativity? Then this workshop is for you! Participants will learn simple breathing exercises, mindfulness, and guided meditation to help relax the mind and body. Participants will explore practical guidelines for learning meditation and learn ways to incorporate meditation into a daily routine. Bring a yoga/exercise mat and blanket and wear loose, comfortable clothing for gentle warm-up, stretching, and reclining relaxation postures.

1, 2-hour session at RCC Lake Anne
\$20 (R)/\$40 (NR) • Soares

January 28

306033-5A Wed 6:30 p.m. – 8:30 p.m.

Kundalini Yoga

(18 years and older)

Kundalini yoga is a physical, mental and spiritual discipline. It is not facilitated like a traditional yoga movement course but rather incorporates some yogic techniques with breathing exercises, asana practices, meditation, and devotions.

8, 90-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Hill

January 9 – February 27

302384-5B Fri 12:45 p.m. – 2:15 p.m.

March 27 – May 15

302384-5C Fri 12:45 p.m. – 2:15 p.m.

Kundalini Yoga and Meditation

(18 years and older)

Kundalini yoga uses asanas (postures), movement, breath, and meditation to relax and heal your mind and body, giving you a greater awareness of mind, body, and spirit. By stimulating the nervous and immune systems, this type of yoga improves strength and flexibility and may provide relief from problems such as back pain, stress and insomnia. Kundalini yoga brings a greater feeling of well-being and happiness and is a great way to recharge and heal the body quickly. Please bring a light blanket for cover during deep relaxation.

8, 90-minute sessions at RCC Lake Anne
\$60 (R)/\$120 (NR) • Hill

January 5 – March 2 (No Class: January 19)

302101-5B Mon 12:00 p.m. – 1:30 p.m.

March 23 – May 11

302101-5C Mon 12:00 p.m. – 1:30 p.m.

Masala Bhangra

(15 years and older)

Get a full body workout while learning Bollywood and Bhangra dance forms. This unique dance fitness program, for both men and women, mixes cardiovascular exercise with fun and is suitable for all fitness levels. Please wear comfortable, fitted clothing with bare feet or ballet slippers or smooth dance gym shoes. No street shoes please.

6, 60-minute sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Richardson

January 20 – February 24

306000-5B Tue 7:15 p.m. – 8:15 p.m.

April 7 – May 12

306000-5C Tue 7:15 p.m. – 8:15 p.m.

Meditative Yoga

(18 years and older)

Students will practice Kundalini Yoga, which will soften the stresses of life and bring the body and mind into a more meditative state. The meditations students learn will help to decrease worries and anxieties, increase optimism, and help foster a deep sense of peace.

8, 90-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Gurnater

January 13 – March 3

302215-5D Tue 7:00 p.m. – 8:30 p.m.

March 24 – May 12

302215-5E Tue 7:00 p.m. – 8:30 p.m.

Mommy and Baby Yoga

(18 years and older)

This class is a great way for mom and baby to bond while mom is getting back in shape. The instructor will address basic postpartum needs such as building core strength and stability while restoring core alignment and strengthening pelvic floor and abdominal muscles. Baby yoga and baby massage will also be practiced during class. These techniques may help babies sleep better, get relief from colic, and improve digestion. Babies should be 6 weeks old to 6 months old (or NOT actively crawling) to participate with mom.

6, 60-minute sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Shamrell

January 26 – March 2

300024-5A Mon 10:00 a.m. – 11:00 a.m.

April 13 – May 18

300024-5B Mon 10:00 a.m. – 11:00 a.m.

Nia

(16 years and older)

Nia is an exhilarating movement and lifestyle practice that combines martial arts and healing arts, and has helped change lives with its holistic approach to fitness and self-healing of the body. Students master full awareness of their physical and emotional responses to their workouts to support complete health and well-being.

8, 60-minute sessions at RCC Lake Anne
\$64 (R)/\$128 (NR) • Shiotsuki

January 4 – February 22

306002-5D Sun 9:30 a.m. – 10:30 a.m.

March 15 – May 10 (No Class: April 5)

306002-5E Sun 9:30 a.m. – 10:30 a.m.



Olympic Sport Fencing

(9 years and older)

Learn the fundamentals of this Olympic sport, including footwork, handwork and strategy formulation, using safety-tipped swords, protective jackets, and masks. No previous training is required. Minimum age for enrollment is 9 years; class is designed for all ages and skill levels so teenage and adult participation is encouraged. A \$30 equipment fee is payable to the instructor at the beginning of the first class.

6, 60-minute sessions at RCC Hunters Woods
\$50 (R)/\$100 (NR) • VAF

January 15 – February 19

302389-5B Thu 7:00 p.m. – 8:00 p.m.

Pilates Mat

(16 years and older)

Pilates is a system of exercises designed to develop the body's core, mobilize and stabilize the spine, and build flexibility and strength. It focuses on the deep muscles of the abdomen, back and hips using control, concentration and flow to improve posture and back health. After a gentle, dynamic warm-up, core-centered movements using the traditional Pilates mat repertoire, the class will conclude with yoga-based stretches. Most exercises will be performed on the mat and may include stability balls, magic circles, and light hand weights. Some prior Pilates experience would be helpful but is not required to participate in this class. Students should bring a tightly woven blanket to each class.

6, 60-minute sessions at RCC Lake Anne
\$42 (R)/\$84 (NR) • Mannes

March 26 – April 30

306030-5C Thu 6:15 p.m. – 7:15 p.m.

6, 60-minute sessions at RCC Lake Anne
\$42 (R)/\$84 (NR) • Dertke

February 12 - March 19

306030 - 5D Thu 1:30 p.m. - 2:30 p.m.



Prenatal Yoga

(18 years and older)

Pregnancy is one of the most special experiences in a woman's life, and this class will provide safe and effective exercises to help prepare for labor and delivery. Come share with other expectant mothers a program to strengthen the body, relax the mind, and hone power and strength. All expectant mothers at any stage in their pregnancy are welcome, but it is recommended that participants consult a physician, midwife, or health practitioner prior to starting any physical exercise regimen. Please bring a light blanket for cover during deep relaxation.

8, 60-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Soares

January 15 – March 5

302100-5C Thu 7:30 p.m. – 8:30 p.m.

6, 60-minute sessions at RCC Lake Anne
\$38 (R)/\$76 (NR) • Soares

April 9 – May 14

302100-5D Thu 7:30 p.m. – 8:30 p.m.

Self-Defense

(13 years and older)

Nothing is more frightening than the prospect of being attacked. This no-nonsense, co-ed self-defense program offers a safe and effective method of self-protection that really works. Students will learn how to disable an attacker, several variations of release getaway techniques including basic kicks and punches, as well as basic stances and proper falling and landing skills. The class also includes body conditioning exercises to improve strength and agility. Taught by RCC's popular Tae Kwon Do instructors, this program is not to be missed. Class will be held at RCC Lake Anne on January 24.

8, 60-minute sessions at RCC Hunters Woods
\$45 (R)/\$90 (NR) • Butts

January 10 – February 28

300039-5B Sat 11:00 a.m. – 12:00 p.m.

March 21 – May 9

300039-5C Sat 11:00 a.m. – 1:00 p.m.

SharQui Bellydance Workout

(16 years and older)

Belly dancing involves isolated movements of muscle groups such as the abdomen, arms, and legs. In this class you will learn some of the basic moves and rhythms that make up belly dance while getting a great low-impact, full-body workout. This class is suitable for all fitness levels. Please wear comfortable, fitted clothing with bare feet, ballet slippers or smooth dance gym shoes, and a coin hip scarf. No street shoes please.

6, 60-minute sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Richardson

January 20 – February 24

306027-5C Tue 6:00 p.m. – 7:00 p.m.

April 7 – May 12

306027-5D Tue 6:00 p.m. – 7:00 p.m.

Slow Flow Hatha Yoga

(9 years and older)

Slow Flow Hatha Yoga introduces fluidity in movement and breathing. Class begins with centering and warm-ups, then moves to a soft vinyasa (flowing sequence-movement with breath). Slow Flow Hatha Yoga includes abdominal strengthening and a stronger standing sequence. The session ends with a period of cooling through stretching and deep relaxation (savasana). Modifications and props are available to assist with flexibility. Slow Flow Hatha Yoga is appropriate for those who have some yoga experience and are developing an understanding of breath, body awareness and control. This is an intergenerational program and those 55 years and older can read more about the program on page 130 and register using the 55+ activity number.

12, 60-minute sessions at RCC Lake Anne
\$69 (R)/\$138 (NR) • Hagaman

January 20 – February 26

306031-5C Tue, Thu 1:15 p.m. – 2:15 p.m.

April 7 – May 14

306031-5D Tue, Thu 1:15 p.m. – 2:15 p.m.

Small Group Training

(18 years and older)

Want to receive individualized fitness instruction but prefer the support of friends? Then this is the perfect class! Small Group Training focuses on specialized formats designed to meet the needs of each student, such as interval training, abdominal strengthening, and toning. Small Group Training supports individual progression and skill development. Class size is limited to six students so sign up early.

16, 45-minute sessions at RCC Lake Anne
\$150 (R)/\$300 (NR) • Staff

January 5 – March 2 (No Class: January 19)

306032-5C Mon, Wed 7:30 p.m. – 8:15 p.m.

March 23 – May 20 (No Class: March 30, April 1)

306032-5D Mon, Wed 7:30 p.m. – 8:15 p.m.

Step & Sculpt

(15 years and older)

This class utilizes the step in easy-to-follow and effective routines that will help build cardiovascular endurance and burn off extra fat. Get toned hips, thighs and upper body during the first 30 minutes of the workout. Then tone and sculpt the upper body and core for the next 30 minutes with weights, long bands, stability balls and more.

8, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Schultz

January 7 – February 25

306006-5C Wed 7:00 p.m. – 8:00 p.m.

March 25 – May 20 (No Class: April 1)

306006-5D Wed 7:00 p.m. – 8:00 p.m.

Tae Kwon Do I

(6 years and older)

Tae Kwon Do is a traditional Korean system of unarmed combat and self-defense, emphasizing the use of the feet and hands as weapons. More than just a sport and fighting skill, it instills a positive life philosophy through strict physical and mental discipline. Commitment to this regimented conditioning program brings about greater strength, speed, balance, flexibility, and stamina. Participation from all ages and skill levels is encouraged. Class will be held at RCC Lake Anne on January 24.

8, 60-minute sessions at RCC Hunters Woods
\$55 (R)/\$110 (NR) • Butts

January 10 – February 28

302348-5B Sat 9:00 a.m. – 10:00 a.m.

March 21 – May 9

302348-5C Sat 9:00 a.m. – 10:00 a.m.

CPR-AED CLASS

Do you know how to respond to a medical emergency?

See page 76 for information on our Heart Start CPR-AED class.



Tae Kwon Do II

(6 years and older)

Expanding on the techniques and skills of Tae Kwon Do I, this intermediate class is for students with prior experience. The instructor reserves the option to move students between sections based on skill level. Students focus on traditional forms (Hyungs), sparring, breaking, and preparing themselves for tournament competitions. Participation from all ages and skill levels is encouraged. Class will be held at RCC Lake Anne on January 24.

8, 60-minute sessions at RCC Hunters Woods
\$55 (R)/\$110 (NR) • Butts

January 10 – February 28

303000-5B Sat 10:00 a.m. – 11:00 a.m.

March 21 – May 9

303000-5C Sat 10:00 a.m. – 11:00 a.m.

Yoga at Noon

(18 years and older)

Body awareness is the key to maintaining a healthy body while leading an active life. Increase flexibility and strength while learning basic yoga postures from several yoga styles (Anusara, Yin, Polarity, and others). The combination is designed to improve awareness of abilities while enhancing balance, overall flexibility, and the ability to flow with the breath in the postures. The class also explores yoga beyond the postures, introducing breathing exercises and some meditation. The class uses Anusara-style alignment principles and philosophy for the Hatha yoga postures and is appropriate for all levels.

8, 90-minute sessions at RCC Lake Anne

\$56 (R)/\$112 (NR) • Katz

January 14 – March 4

305098-5C Wed 12:00 p.m. – 1:30 p.m.

March 25 – May 13

305098-5D Wed 12:00 p.m. – 1:30 p.m.

Yoga for Children

(3 – 5 years old)

This class is designed for children ages 3 to 5 years old and allows them to improve coordination, balance and focus. Children derive enormous benefits from yoga, including flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness improve. Curriculum will include games and stretching exercises, mimicry of animals, singing, and learning how to breathe properly. Participants may wish to bring a beach towel or yoga mat with them. Parent/caregiver is not required to remain during class. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

6, 45-minute sessions at RCC Lake Anne

\$50 (R)/\$100 (NR) • Staff

January 8 – February 12

301400-5D Thu 3:45 p.m. – 4:30 p.m.

March 5 – April 16 (No Class: April 2)

301400-5E Thu 3:45 p.m. – 4:30 p.m.



AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Yoga for Youth

(6 – 11 years old)

This yoga class appeals to children ages 6 through 11 and allows them to participate in team games to help improve coordination, balance, and focus. Students will practice advanced yoga postures as well as breathing and relaxation techniques. Participants may want to bring a beach towel or yoga mat to class. Parent/caregiver is not required to remain during class. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

6, 45-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Staff

January 8 – February 12

301401-5D Thu 4:45 p.m. – 5:30 p.m.

March 5 – April 16 (No Class: April 2)

301401-5E Thu 4:45 p.m. – 5:30 p.m.

Zumba Fitness

(16 years and older)

Zumba combines high energy and motivating music with unique moves and combinations that allow the participants to dance away their worries. It is based on the principle that a workout should be fun and easy to do in order for participants to achieve long term health benefits. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

6, 60-minute sessions at RCC Lake Anne
\$42 (R)/\$84 (NR) • Avilov

January 8 – February 12

302327-5E Thu 7:00 p.m. – 8:00 p.m.

\$42 (R)/\$84 (NR) • Ledesma

February 9 – March 16

302327-5F Mon 7:00 p.m. – 8:00 p.m.

\$42 (R)/\$84 (NR) • Avilov

March 5 – April 16 (No Class: April 2)

302327-5G Thu 7:00 p.m. – 8:00 p.m.

\$42 (R)/\$84 (NR) • Ledesma

April 6 – May 11

302327-5H Mon 7:00 p.m. – 8:00 p.m.

Zumba Kids Jr.

(4 – 6 years old)

Zumba Kids Jr. is designed exclusively for children ages 4 through 6. The classes are rockin', high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents will love this program because of the effect it has on kids - increased focus and self-confidence, improved metabolism and enhanced coordination.

8, 45-minute sessions at RCC Lake Anne
\$40 (R)/\$80 (NR) • Wood

January 13 – March 3

306007-5A Tue 4:00 p.m. – 4:45 p.m.

6, 45-minute sessions at RCC Lake Anne
\$30 (R)/\$60 (NR) • Wood

April 7 – May 12

306007-5B Tue 4:00 p.m. – 4:45 p.m.

Zumba Kids

(7 – 11 years old)

Zumba Kids is designed for slightly older children, ages 7 to 11. The classes are rockin', high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents will love this program because of the effect it has on kids - increased focus and self-confidence, improved metabolism and enhanced coordination.

8, 45-minute sessions at RCC Lake Anne
\$40 (R)/\$80 (NR) • Wood

January 13 – March 3

306008-5A Tue 5:00 p.m. – 5:45 p.m.

6, 45-minute sessions at RCC Lake Anne
\$30 (R)/\$60 (NR) • Wood

April 7 – May 12

306008-5B Tue 5:00 p.m. – 5:45 p.m.

Zumba Toning

(16 years and older)

Zumba Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or light weight dumbbells, to enhance rhythm and tone target areas that include arms, abs and thighs.

6, 60-minute sessions at RCC Lake Anne
\$42 (R)/\$84 (NR) • Ledesma

February 9 – March 16

302227-5C Mon 6:00 p.m. – 7:00 p.m.

April 6 – May 11

302227-5D Mon 6:00 p.m. – 7:00 p.m.

GREEN LIVING SERIES



Photo by William O'Brien

Home Food Preservation Intro

(16 years and older)

This introductory class will cover food preservation methods, including canning, fermentation, drying/dehydration, and freezing. Learn about the science behind food preservation, safety precautions, kitchen set up, and jar and equipment prep as well as food and recipe selection. There will be a "dry" demo of the correct procedure for filling jars with food to be canned. This program is jointly produced by RA. Reservations required by April 11. Registration is required, and a \$5/\$7 (RA Member/Non-Member) fee is payable upon entry to the Walker Nature Center, located at 11450 Glade Drive, Reston.

1, 2-hour session at Walker Nature Center
\$5 (R)/\$7 (NR) Payable at Nature Center • Strong
April 14

800211-5B Tue 5:00 p.m. – 7:00 p.m.

Organic Gardening

(16 years and older)

Organic gardening incorporates landscape design and the environment to improve and maximize the health of soil and plants without the use of synthetic, commercial pesticides and fertilizers. Learn about this method of sustainable gardening, and bring your questions. This program is jointly produced by RA. Reservations required by March 9. Registration is required and a \$5/\$7 (RA Member/Non-Members) fee is payable upon entry to the Walker Nature Center, located at 11450 Glade Drive, Reston.

1, 60-minute session at Walker Nature Center
\$5 (R)/\$7 (NR) Payable at Nature Center • Staff
March 12

803019-5A Thu 7:00 p.m. – 8:00 p.m.

Rain Barrel Workshop

(16 years and older)

Rain barrels are a great way to help control storm water from rooftops, prevent erosion, improve water quality, and conserve water. This workshop is a quick and inexpensive way to repurpose a black pickle barrel into a rain barrel for your home. Register and submit the \$55.00 payment online at www.arlingtonenvironment.org/barrel.php. In partnership with Northern Virginia Soil and Water Conservation District and Arlington County and jointly produced by RA. Reservations required by May 14. The program will be held at the Walker Nature Center, located at 11450 Glade Drive, Reston.

1, 2-hour session at Walker Nature Center
\$55 Payment required to arlingtonenvironment.org • Rosenthal

May 16
803018-5A Sat 10:30 a.m. – 12:30 p.m.

Worm Composting

(16 years and older)

Ever thought about composting but just don't have the space? A worm composting bin could be the solution. Worm composting is a type of vermiculture that is a natural method of recycling food waste. It's so simple and odor free that it can be done virtually anywhere: home kitchens, schools or offices. Come see an established bin and make one to take home. Learn how to turn your kitchen scraps into rich organic soil and compost tea before spring planting begins. Registrations are required by February 19, 2015. This program is jointly produced by RA. A \$30/\$40 (RA Member/Non-Member) fee is payable only at the Walker Nature Center, 11450 Glade Drive, Reston.

1, 90-minute session at Walker Nature Center
\$30 (R)/\$40 (NR) Payable at Nature Center. • Rosenthal
February 22

803025-5A Sun 2:00 p.m. – 3:30 p.m.

LANGUAGE LEARNING



Arabic for Beginners I

(18 years and older)

This class will introduce beginning learners of Arabic to the basic essentials of Modern Standard Arabic. The first lessons will cover the basic alphabet as well as simple conversational phrases. Upon completion of learning the alphabet, students will begin to learn basic words, such as pronouns, common objects, and description words. Students will explore the Arab culture and world through simple Arabic songs and videos, and be encouraged to practice Arabic in class and seek out of classroom activities.

8, 2-hour sessions at RCC Hunters Woods

\$75 (R)/\$150 (NR) • McMahon

January 7 – February 25

105603-5A Wed 6:00 p.m. – 8:00 p.m.

March 11 – April 29

105603-5B Wed 6:00 p.m. – 8:00 p.m.

Conversational French

(18 years and older)

Sharpen your conversational French skills and meet new friends who share your deep appreciation for the language. New participants are always welcome and encouraged to attend. Participants are required to sign in at each meeting.

21, 3-hour sessions at RCC Hunters Woods

Free, Drop-in. • Staff

January 7 – May 27

Drop-in Wed 6:00 p.m. – 9:00 p.m.

French for Beginners I

(18 years and older)

This class is for anyone who has ever had an interest in learning the beautiful French language but may have felt intimidated or just didn't have the time to commit. In this class, students will learn basic communication skills they can use when traveling in Paris, Montreal, the lovely island of Martinique, or anywhere that French is the dominant language. Students will learn useful vocabulary and expressions for greeting someone in French, for making a purchase, and eating out at a restaurant. No prior knowledge or experience in French is necessary.

8, 90-minute sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Elder

January 22 – March 12

105135-5C Thu 2:30 p.m. – 4:00 p.m.

April 2 – May 21

105135-5D Thu 2:30 p.m. – 4:00 p.m.

French for Beginners II

(18 years and older)

This class is designed for students who have taken French for Beginners level I. Students who have some knowledge of French at the beginners' level are also welcome. We will review and reinforce proper pronunciation and useful expressions learned in level one to give students a stronger grasp of the language. We will also continue our focus on the spoken word and on French culture. We will put special emphasis on subjects like the weather, the seasons and telling time among others.

8, 90-minute sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Elder

January 22 – March 12

105138-5B Thu 4:30 p.m. – 6:00 p.m.

April 2 – May 21

105138-5C Thu 4:30 p.m. – 6:00 p.m.



French for Tots

(1 – 3 years old)

From birth, the brain is hard-wired to acquire language naturally. In this early development period, learning a second language is as natural as learning to walk. At this level, children are able to build a second language system while learning English, with no translation necessary. Native-speakers of French will help children learn by gradually integrating meaning via purposeful exposure, practice and play. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

6, 60-minute sessions at RCC Hunters Woods
\$50 (R)/\$100 (NR) • Language Stars

January 26 – March 9 (No Class: February 16)

901255-5B Mon 10:45 a.m. – 11:45 a.m.

April 6 – May 11

901255-5C Mon 10:45 a.m. – 11:45 a.m.

Japanese Conversation and Culture Club

(18 years and older)

This club allows participants to brush up on their Japanese conversation skills and to socialize in Japanese. The club will make traditional Japanese crafts and foods. All instruction will be in Japanese. Participants are required to sign in at each meeting. This group will meet on the third Friday of the month.

5, 2-hour sessions at RCC Hunters Woods
Free, Drop-in • Gallas

January 16, February 20, March 20, April 17, May 15.

Drop-in Fri 5:00 p.m. – 7:00 p.m.

Mandarin Chinese

(18 years and older)

In this beginner Mandarin Chinese language course, students will learn practical travel vocabulary and gain a foundation for basic conversational skills. Other topics explored in the class include Chinese characters and writing, and traditional Chinese history and culture.

8, 60-minute sessions at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Ko

January 20 – March 10

103380-5B Tue 2:00 p.m. – 3:00 p.m.

April 7 – May 26

103380-5C Tue 2:00 p.m. – 3:00 p.m.

Mandarin Chinese for Tots

(1 – 3 years old)

From birth, the brain is hard-wired to acquire language naturally. In this early development period, learning a second language is as natural as learning to walk. At this level, children are able to build a second language system while learning English, with no translation necessary. Native-speakers of Mandarin will help children learn by gradually integrating meaning via purposeful exposure, practice and play. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

6, 60-minute sessions at RCC Hunters Woods
\$50 (R)/\$100 (NR) • Language Stars

January 28 – March 4

901254-5B Wed 9:00 a.m. – 10:00 a.m.

April 8 – May 13

901254-5C Wed 9:00 a.m. – 10:00 a.m.

Spanish for Beginners I

(18 years and older)

This class is designed for the novice speaker with no previous classroom or workplace learning or experience speaking Spanish. Participants will be introduced to the language and culture through the use of fun, authentic materials and will learn basic communication skills.

8, 2-hour sessions at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Lenigan

January 6 – February 24

102357-5B Tue 7:00 p.m. – 9:00 p.m.

March 31 – May 19

102357-5C Tue 7:00 p.m. – 9:00 p.m.

Spanish for Beginners II

(18 years and older)

Students will further their Spanish learning and exposure to the cultures and countries that form the Hispanic world. This class is designed for those who have some knowledge of the Spanish language, regardless of whether it was learned in high school, college, or beyond. Start by reviewing basic vocabulary, communicative structures, and verb conjugations; then learn new ones through motivating and practical topics and activities. Students will play games and watch fun Spanish videos pertaining to travel, culture, music, and film.

8, 2-hour sessions at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Lenigan

January 8 – February 26

104007-5B Thu 7:00 p.m. – 9:00 p.m.

April 2 – May 21

104007-5C Thu 7:00 p.m. – 9:00 p.m.

PERFORMING ARTS



Music

Music Friends

(Infant – 5 years old)

Come join friends for an exploration of music and the world around us through singing, movement and instrument play. Parent/caregiver must remain in the classroom. Participating children must be registered.

8, 45-minute sessions at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Zucker

January 8 – February 26

404220-5G	Thu	9:45 a.m. – 10:30 a.m.
404220-5H	Thu	10:45 a.m. – 11:30 a.m.
404220-5I	Thu	11:45 a.m. – 12:30 p.m.

January 9 – February 27

404220-5J	Fri	9:45 a.m. – 10:30 a.m.
404220-5K	Fri	10:45 a.m. – 11:30 a.m.
404220-5L	Fri	11:45 a.m. – 12:30 p.m.

March 26 – May 21 (No Class: April 2)

404220-5M	Thu	9:45 a.m. – 10:30 a.m.
404220-5N	Thu	10:45 a.m. – 11:30 a.m.
404220-5O	Thu	11:45 a.m. – 12:30 p.m.

March 27 – May 22 (No Class: April 3)

404220-5P	Fri	9:45 a.m. – 10:30 a.m.
404220-5Q	Fri	10:45 a.m. – 11:30 a.m.
404220-5R	Fri	11:45 a.m. – 12:30 p.m.

Voice I

(18 years and older)

This class is designed for adult singers who have had no previous instruction or who wish to start from the beginning. Instruction will cover basic technique, voice care, and individual song work. Class is limited to eight participants.

8, 60-minute sessions at RCC Hunters Woods

\$75 (R)/\$150 (NR) • Zaboji

January 10 – March 14 (No Class: January 24, February 14)

402479-5B Sat 9:30 a.m. – 10:30 a.m.

April 18 – June 13 (No Class: May 16)

402479-5C Sat 9:30 a.m. – 10:30 a.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.



Voice II

(18 years and older)

This class is for adult singers who are comfortable with the basic concepts and individual song work. Instruction will cover expanded technique, aspects of performing and interpretation, and continued individual song work. Prerequisite: Voice I or instructor permission.

8, 60-minute sessions at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Zaboji

January 10 – March 14 (No Class: Jan 24, Feb 14)

402482-5B Sat 10:30 a.m. – 11:30 a.m.

April 18 – June 13 (No Class: May 16)

402482-5C Sat 10:30 a.m. – 11:30 a.m.

Voice III

(18 years and older)

This class is for adult singers who are familiar with the vocal techniques as taught by the instructor. Instruction will cover technique overviews, aspects of performing and interpretation, and continued individual song work. Prerequisite: Voice II or instructor permission.

8, 60-minute sessions at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Zaboji

January 10 – March 14 (No Class: Jan 24, Feb 14)

402471-5B Sat 11:30 a.m. – 12:30 p.m.

April 18 – June 13 (No Class: May 16)

402471-5C Sat 11:30 a.m. – 12:30 p.m.



Performing Arts

Acting for Adults

(18 years and older)

Through games and exercises, learn what it means when they say “What’s my motivation?” Based on the Meisner technique, this class has been developed over 30 years of teaching experience and is appropriate for all skill levels. The beginner will learn basic techniques to reduce stage fright and increase confidence; the advanced actor will find a new way of approaching a role.

8, 90-minute sessions at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Michnewicz

January 13 – March 3

402472-5B Tue 7:00 p.m. – 8:30 p.m.

April 7 – May 26

402472-5C Tue 7:00 p.m. – 8:30 p.m.

Young Actors Theatre

(7 – 15 years old)

This program is designed to introduce students to the skills and processes necessary to create a performance. Students will perform in an original production on March 14 and June 6 at 3:00 p.m. in the CenterStage at Reston Community Center Hunters Woods. Preparing for the production will require additional technical rehearsals during the week of March 9-13 and June 1-5. The class meets on Friday from 4:30 p.m. – 6:00 p.m. and Saturday from 9:00 a.m. – Noon. Students are reminded that class attendance is critical to their success, so please plan schedules accordingly.

20 sessions at RCC Hunters Woods
\$175 (R)/\$350 (NR) • Brutsché

January 9 – March 14

402467-5B Fri 4:30 p.m. – 6:00 p.m.
 Sat 9:00 a.m. - 12:00 p.m.

March 27 – June 6 (No Class: April 3, 4)

402467-5C Fri 4:30 p.m. – 6:00 p.m.
 Sat 9:00 a.m. - 12:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Dance

Please Note: Proof of age may be requested. Participants must meet minimum age requirements by the first day of class. RCC dance classes are open to all persons with disabilities.

Dress Requirements: Loose comfortable clothing and soft flexible shoes. Ideally, participants should wear a leotard and tights with jazz or ballet shoes.

Class Observation Policy: Parents/guardians of students enrolled in RCC dance classes are welcome to attend the first class session to observe teaching methods and the instructional environment. After the first class, we ask that the students be dropped off and picked up at the entrance to the dance studio. The instructor will schedule a final class demonstration that parents/guardians will be invited to attend.

Ballet Basics I

(4 – 6 years old)

Beginners will learn basic positions, terminology, and barre technique.

8, 60-minute sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Staff

January 6 – February 24

402402-5B Tue 4:45 p.m. – 5:45 p.m.

March 24 – May 19 (No Class: March 31)

402402-5C Tue 4:45 p.m. – 5:45 p.m.

Ballet Combo

(4 – 6 years old)

Students who have taken Pre Ballet or Ballet Basics and want to learn more challenging ballet techniques as well as explore creative movement styles will love this class.

8, 60-minute sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Staff

January 7 – February 25

402414-5C Wed 4:15 p.m. – 5:15 p.m.

January 10 – February 28

402414-5D Sat 11:00 a.m. – 12:00 p.m.

March 25 – May 20 (No Class: April 1)

402414-5E Wed 4:15 p.m. – 5:15 p.m.

March 28 – May 23 (No Class: April 4)

402414-5F Sat 11:00 a.m. – 12:00 p.m.

Creative Dance

(3 – 4 years old)

Students will learn listening and cooperation skills while exploring creative movement to upbeat music.

8, 30-minute sessions at RCC Hunters Woods

\$35 (R)/\$70 (NR) • Staff

January 6 – February 24

402404-5C Tue 3:30 p.m. – 4:00 p.m.

January 10 – February 28

402404-5D Sat 9:45 a.m. – 10:15 a.m.

March 24 – May 19 (No Class: March 31)

402404-5E Tue 3:30 p.m. – 4:00 p.m.

March 28 – May 23 (No Class: April 4)

402404-5F Sat 9:45 a.m. – 10:15 a.m.

Pre Ballet

(3 – 4 years old)

Students will learn to take direction, identify rhythms, and perform first and second positions and demi plies. Students must be the minimum age required by the first day of class. Proof of age may be requested.

8, 45-minute sessions at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Staff

January 6 – February 24

402400-5D Tue 4:00 p.m. – 4:45 p.m.

January 10 – February 28

402400-5E Sat 9:00 a.m. – 9:45 a.m.

January 10 – February 28

402400-5F Sat 10:15 a.m. – 11:00 a.m.

March 24 – May 19 (No Class: March 31)

402400-5G Tue 4:00 p.m. – 4:45 p.m.

March 28 – May 23 (No Class: April 4)

402400-5H Sat 9:00 a.m. – 9:45 a.m.

March 28 – May 23 (No Class: April 4)

402400-5I Sat 10:15 a.m. – 11:00 a.m.

Storybook Ballet

(3 – 4 years old)

Students will read a ballet story and then express themselves using basic ballet skills and creative dance movements.

8, 45-minute sessions at RCC Hunters Woods

\$45 (R)/\$90 (NR) • Staff

January 7 – February 25

402413-5B Wed 3:30 p.m. – 4:15 p.m.

March 25 – May 20 (No Class: April 1)

402413-5C Wed 3:30 p.m. – 4:15 p.m.

SOCIAL PROGRAMS



All Around the Farm

(3 – 5 years old)

Meet at the Loudoun Heritage Farm Museum, located at 21668 Heritage Farm Lane, Sterling, VA. For directions, call 703-421-5322. Participants will become a “farmer for a day” in the interactive exhibit area for children and their families. Milk a life-like cow, collect eggs from make-believe chickens, and ride the Equi-ponies. In addition, participants will visit the Waxpool General Store that has been preserved as a time capsule of days past. Tour the store and play shopkeeper, shopper, or postmaster. Parents/caregivers are encouraged to remain for 30 minutes after the conclusion of the program for playtime and touring on their own. Parents/caregivers must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 90-minute session at Loudoun Heritage Farm

\$5 (R)/\$10 (NR) • Haneline

May 14

901134-5A

Thu

10:00 a.m. – 11:30 a.m.

Animal Talk

(3 – 5 years old)

Discover how animals communicate without using words. Look, listen and smell different ways that animals send signals to one another. If the weather is pleasant, participants will take a walk on the trails to search for animals that are “talking” to each other. Meet at the Walker Nature

Center, located at 11450 Glade Drive, Reston, VA. For directions, call 703-476-9689. Bring warm clothes and footwear. Parents/guardians must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-minute session at Walker Nature Center

\$5 (R)/\$10 (NR) • Haneline

January 15

901260-5A

Thu

10:00 a.m. – 11:00 a.m.

January 15

901260-5B

Thu

1:30 p.m. – 2:30 p.m.

Country Western Dance

(18 years and older)

Line dance, two-step, shuffle and swing the night away to popular country/western tunes played by RCC’s DJ. Dances are held monthly in the Community Room, which offers a spacious wooden dance floor and a smoke free environment. Refreshments will be provided. No square or contra dancing, please. Ticket admission purchased at the door. Please note due to Super Bowl Sunday, the February dance will be held on February 8.

3-hour sessions at RCC Hunters Woods

\$5 (R)/\$10 (NR) • Takacs

January 4, February 8, March 1, April 5, May 3

Drop-in

Sun

6:30 p.m. – 9:30 p.m.

Creative Zone

(3 – 4 years old)

This creative and stimulating program will provide hands-on activities that will allow an adult caregiver to work alongside his/her child in order to create fun, seasonal projects that are made using craft kits as well as recycled and simple items found around the house. This program will focus on the sitting and listening skills needed for preschool as well as fun songs, stories and projects. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

6, 90-minute sessions at RCC Hunters Woods \$45 (R)/\$90 (NR) • Gollop-Pagani

January 16 – February 27 (No Class: January 30)

901013-5B Fri 10:00 a.m. – 11:30 a.m.

March 20 – May 8 (No Class: April 3, April 17)

901013-5C Fri 10:00 a.m. – 11:30 a.m.

Diva Central

(14 – 18 years old)

Diva Central is the Reston Community Center's annual prom dress give-a-way. This incredible one-day event is open to any current high school student who is in need of a prom dress, shoes, jewelry and other accessories. Everything is absolutely FREE. Limit one dress per person. This year's event will be held at RCC Lake Anne located at 1609-A Washington Plaza, Reston, VA.

1, 6-hour session at RCC Lake Anne Free, Drop-in • Staff

April 25

Drop-in Sat 12:00 p.m. – 6:00 p.m.

Drop-in Chess Club

(5 years and older)

Join RCC's chess club to meet new partners and build skills. Participants of any age and skill level are welcomed. Players may drop in anytime during our weekly meetings. Children under the age of eight must be supervised by an adult (age 18 or older). There is no fee, but sign-in is required at the start of each meeting.

3-hour sessions at RCC Hunters Woods Free, Drop-in • Staff

January 8 – May 28

Drop-in Thu 6:30 p.m. – 9:30 p.m.

Frying Pan Farm Park

(2 – 4 years old)

Frying Pan Farm Park is the only working farm in Fairfax County, and is representative of a farm "the way things used to be" from the 1920s through the 1950s, making it a true jewel of the community. Participants will see baby animals and take a ride in a wagon and carousel. Please meet in front of the entrance to the gazebo at Kidwell Farm (go to the top end of the parking lot. The gazebo is just inside the gate near the three small riding tractors for kids) which is in Frying Pan Farm Park, located at 2709 West Ox Road, Herndon, VA. For directions, call 703-437-9101. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must register.

1, 90-minute session at Frying Pan Park Free, Registration Req. • Haneline

May 7

901451-5A Thu 10:00 a.m. – 11:30 a.m.

Game Day

(13 – 18 years old)

Join us on Saturdays as we play board games and video games on the Nintendo Wii and Xbox systems. Refreshments provided. Middle and high school students only. Game Day will be held at Southgate Community Center, located at 12125 Pinecrest Road, Reston, VA. For directions please call 703-860-0676.

Free, Drop In • Staff

5, 2-hour sessions at Southgate Community Center

January 24, February 21, March 28, April 25, May 30

Drop-in Sat 1:00 p.m. – 3:00 p.m.

Grandmother's Kitchen

(3 – 5 years old)

Walk into grandmother's kitchen and experience the center of a farm family's life in 1909. Authentic artifacts are mixed with hands-on-activities in a re-creation of a farm kitchen before electricity and running water. Children will participate in baking biscuits. Please meet at the Loudoun Heritage Farm Museum at 21668 Heritage Farm Drive, Sterling, VA. For directions, call 703-421-5322. Parents/caregivers must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 90-minute session at Loudoun Heritage Farm \$5 (R)/\$10 (NR) • Haneline

March 10

901127-5A Tue 10:00 a.m. – 11:30 a.m.

I-C-E Snow Everywhere

(2 – 5 years old)

Participants will meet at Skate Quest to participate in “Snow and Story Hour” on the ice. Children can explore a winter wonderland, including a mountain of real snow to play in with no need for ice skates. They will slip and slide on the ice, make snowballs, build towers, and glide their way through tunnels. Afterwards, everyone will warm up with hot cocoa and a cookie and then get ready for story time. Skate Quest is located at 1800 Michael Faraday Court in Reston, VA. For directions, call 703-709-1010. Please wear a bicycle helmet and dress warmly (coats and mittens). Parent/caregiver must accompany their registered children on the ice and fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-minute session at Skate Quest
\$10 (R)/\$20 (NR) • Haneline

February 10

902081-5A Tue 10:00 a.m. – 11:00 a.m.

February 24

902081-5B Tue 10:00 a.m. – 11:00 a.m.



Kids’ Night Out

(3 – 9 years old)

Kids’ Night Out I and Kids’ Night Out II are now combined in order to provide fun-filled, supervised activities for children in a wider age range enabling their parents to treat themselves to an evening of fun or relaxation. Children may enjoy arts and crafts, movies, games, dancing and sports. In addition, cheese pizza will be served for dinner, as well as snacks and drinks to enjoy afterwards. Children are encouraged to dress for play. Please note that participants must be toilet-trained. Registration deadline is Wednesday prior to the event. Cost is per session.

1, 3.5-hour session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Ali

January 9

902106-5I Fri 6:30 p.m. – 10:00 p.m.

January 23

902106-5J Fri 6:30 p.m. – 10:00 p.m.

February 6

902106-5K Fri 6:30 p.m. – 10:00 p.m.

February 20

902106-5L Fri 6:30 p.m. – 10:00 p.m.

March 6

902106-5M Fri 6:30 p.m. – 10:00 p.m.

March 20

902106-5N Fri 6:30 p.m. – 10:00 p.m.

April 10

902106-5O Fri 6:30 p.m. – 10:00 p.m.

April 24

902106-5P Fri 6:30 p.m. – 10:00 p.m.

May 1

902106-5Q Fri 6:30 p.m. – 10:00 p.m.

May 22

902106-5R Fri 6:30 p.m. – 10:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Little Bits

(2 years old)

Enjoy precious moments in this class designed for children accompanied by a parent/guardian. This program encourages bonding through enriching activities. Activities include development of motor skills (marching, dancing, parachute games), arts and crafts, and music with parent and child interaction. In order to ensure a successful program, it is essential that parents/caregivers fully participate in all of the activities. This program is not appropriate for children younger or older than the advertised age. Participating children must be registered.

6, 60-minute sessions at RCC Hunters Woods \$45 (R)/\$90 (NR) • Gollop-Pagani

January 20 – February 24

902349-5C Tue 10:30 a.m. – 11:30 a.m.

January 21 – February 25

902349-5D Wed 10:30 a.m. – 11:30 a.m.

March 24 – May 5 (No Class: March 31)

902349-5E Tue 10:30 a.m. – 11:30 a.m.

March 25 – May 6 (No Class: April 1)

902349-5F Wed 10:30 a.m. – 11:30 a.m.

Parents Time Out

(4 – 9 years old)

This program is designed for parents who would like to enjoy a nice date night and attend a great performance at RCC's CenterStage. Children will be happily engaged with games, videos, and simple crafts while under the supervision of RCC staff in a separate room. They should wear comfortable clothing and shoes, suitable for play. Registration deadline is one week prior to the event. Space is limited. Cost is only for childcare and includes snacks and drinks for participating children. Please purchase performance tickets by visiting the CenterStage box office via phone, online or in person. For detailed descriptions of the CenterStage performances, please see pages 24-28.

1, 3-hour session at RCC Hunters Woods \$15 (R)/\$30 (NR) • Ali

December 5: New York Festival of Song

901197-5B Fri 7:30 p.m. – 10:30 p.m.

May 6: Persistent Voices

901197-5C Wed 7:30 p.m. – 10:30 p.m.

May 30: Turtle Island Quartet with Tierney Sutton

901197-5D Sat 7:30 p.m. – 10:30 p.m.

RCC SINGLES MINGLE

(30 years and older)

RCC Singles Mingle is a free social group for unmarried adults, ages 30 and older, living or working in the Greater Reston area. Membership is free, however, registration for some activities may be required. Email RCCSinglesMingle@fairfaxcounty.gov to join the mailing list. Remember, Singles Mingle is for unmarried adults ages 30 and older. Join our mailing list to stay updated on all upcoming events.

Singles Mingle Book Club

(30 years and older)

The group will meet at RCC Hunters Woods on the last Sunday of each month. If you are new to the group, please email RCCSinglesMingle@fairfaxcounty.gov to find out the book selection or for more information. No fee or registration is required. Please sign in at each meeting. The Winter/Spring book selections are as follows:

January 25: *The Alchemist* by Paul Coelho

February 22: *Drowning Ruth*
by Christina Schwarz

March 29: *The Signature of All Things* by
Elizabeth Gilbert

April 26: *And the Mountains Echoed* by
Khaled Hosseini

May 31: *The Goldfinch* by Donna Tartt

5, 90-minute sessions at RCC Hunters Woods Free, Drop-in • Carter

January 25 – May 31

Drop-in Sun 4:00 p.m. – 5:30 p.m.



Springtime Tea

(2 – 6 years old)

Now that winter has finally come to an end, participants will celebrate the arrival of flowers, lush green leaves, and warmer weather with a seasonal springtime tea. Crafts, cookie decorating and a story will be featured. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-minute session at RCC Hunters Woods
Free, Registration Req. • Staff

March 18
 901112-5A Wed 10:00 a.m. – 11:00 a.m.

Tadpoles, Turtles, Garden Fairies

(2 – 5 years old)

Be a nature explorer and look for signs of spring by observing tadpoles and turtles making their homes in ponds. Watch for fairies hiding out in a Bonsai garden, walk across bridges and through woods with ferns, spring flowers such as azaleas, and an array of spring colors bursting at every turn. Meet at the main entrance to Meadowlark Gardens, located at 9750 Meadowlark Gardens Court, Vienna, VA. For directions, call 703-255-3631. Parent/guardian must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-minute session at Meadowlark Gardens Court
Free, Registration Req. • Haneline

April 14
 901261-5A Tue 10:00 a.m. – 11:00 a.m.

April 28
 901261-5B Tue 10:00 a.m. – 11:00 a.m.

Tot Time

(Infant – 4 years old)

Tot Time is an unstructured, drop-in play group that encourages parents to socialize with one another while their children become acquainted. Toys, games, books, and music are provided. Parent/guardian must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range.

90-minute sessions at RCC Hunters Woods
Free, Drop-in • Ali

January 20 – May 28
(No Class: Jan 27, Feb 3, March 31, April 2 & 23, May 14)
 Drop-in Tue, Thu 9:30 a.m. – 11:00 a.m.

Winter Wildlife

(2 – 3 years old)

Even though it is cold outside, many animals, such as deer, foxes, and birds remain active throughout the winter. Listen to a story about animals, learn how they live through the cold months, and make a wildlife craft. If the weather is cooperative, take a short hike in the woods surrounding the Walker Nature Center, located at 11450 Glade Drive in Reston, VA. For directions, call 703-476-9689. Wear warm clothes and appropriate winter footwear. Parent/guardian must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-minute session at Walker Nature Center
\$5 (R)/\$10 (NR) • Haneline

January 8
 901259-5A Thu 10:00 a.m. – 11:00 a.m.

January 8
 901259-5B Thu 1:30 p.m. – 2:30 p.m.



TRIPS & TOURS



General Information for Trips and Tours: Unless otherwise stated, luxury charter buses equipped with a bathroom will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

Cancellations: Please see our cancellation/refund policy on the Registration Information Page.

Children: If eligible for participation, children must be accompanied by an adult as indicated.

Departure and Arrival: Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

Emergency Forms: Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

ADA Accommodations: Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

Hershey Park

(6 years and older)

Come and enjoy The Boardwalk at Hershey Park. It is a grand tribute to the boardwalks of the East Coast and has more than 100 fun-in-the-sun experiences including the largest water play structure in the world, twisting steel coasters, interactive live entertainment, mouthwatering food, and an endless chocolate candy selection. This trip will be fun for the whole family. Please wear appropriate clothing and bring a swimsuit and towel. Fee includes admission and transportation. Children under the age of 13 must be accompanied by an adult/guardian age 21 or older. All participants must register.

7:00 a.m.

Check-in at RCC Hunters Woods

10:00 p.m.

Estimated return to Reston

1, 15-hour trip

\$55 (R)/\$110 (NR) • Staff

May 30

805142-5B

Sat

7:00 a.m. – 10:00 p.m.

Monuments Bike Tour

(8 years and older)

During this cycling tour, participants will see many of the monuments and memorials located on the National Mall and Potomac Tidal Basin, such as the Washington Monument, Vietnam Memorial, Jefferson Memorial, and more. Participants will have the opportunity to get off of the bike to walk and explore the sites more closely. Please dress in comfortable clothing, wear appropriate (close-toe) footwear, and bring a water bottle and bagged lunch. Fee includes round trip transportation, guided tour, and bike/helmet rental. Children under the age of 13 must be accompanied by a parent/guardian over the age of 21. All participants, including parent/guardian must register.

8:00 a.m. Check-in at RCC Hunters Woods

2:00 p.m. Estimated return to Reston

1, 6-hour trip

\$55 (R)/\$110 (NR) • Staff

May 23

815698-5A

Sat

8:00 a.m. – 2:00 p.m.

Paintball

(13 years and older)

Always wanted to try paintball? Do it! Sign up your friends and family for a full day of fun at Skyline Paintball. Participants must bring a packed lunch. Fee includes transportation, all paintball rental equipment and paint pellets, and trip coordinator.. All participants, including parent/guardian must register. Fun for the whole family.

10:00 a.m. Check-in at RCC Hunters Woods

5:00 p.m. Estimated return to Reston

1, 7-hour trip

\$65 (R)/\$130 (NR) • Skyline Paintball

May 2

833115-5B

Sat

10:00 a.m. – 5:00 p.m.



Philadelphia Flower Show

(18 years and older)

Don't miss this opportunity to explore the world's largest, oldest indoor flower show. This year's theme is "Lights, Camera, BLOOM!" Experience the magic of movies and horticulture as the 186th Philadelphia Flower Show celebrates the silver screen. RCC has been bringing groups to this event for years to view the stunning garden displays presented by some of the country's preeminent artisans and designers. Trip fee includes transportation, flower show admission, and trip coordinator.

7:00 a.m. Check-in at RCC Hunters Woods

7:00 p.m. Estimated return to Reston

1, 12-hour trip

\$65 (R)/\$130 (NR) • Staff

March 4

805026-5A

Wed

7:00 a.m. – 7:00 p.m.

Rehoboth Beach

(6 years and older)

Spend the day relaxing on the beach, strolling along the boardwalk, shopping in town, riding bicycles, or having fun at the arcade. No meals are provided so feel free to pack a picnic or visit one of the many fine restaurants or food vendors. Fee includes transportation and a trip coordinator. Children under the age of 13 must be accompanied by an adult/guardian age 21 or older. All participants must register.

6:00 a.m. Check-in at RCC Hunters Woods

11:00 p.m. Estimated return time to Reston

1, 17-hour trip

\$55 (R)/\$110 (NR) • Staff

May 16

805140-5A

Sat

6:00 a.m. – 11:00 p.m.

Registration Begins

December 1 Reston • December 8 Non-Reston



TRAVEL CLUB: Ottawa and 1000 Islands

(18 years and older)

This guided tour takes travelers to Ottawa, Gananoque, and historic Kingston, Ontario. Highlights include the Canadian Tulip Festival, Parliament Hill, the home of the Royal Canadian Mounted Police and its world famous Musical Ride Centre, the Rideau Canal, St. Lawrence Seaway and the 1000 Islands, the historic Kingston port area and Bellevue House.

Register to receive a FREE information packet: 104561-5A

A BRIEF OVERVIEW OF THE ITINERARY IS AS FOLLOWS:

Monday, May 11

An early morning departure transports travelers north to central Canada. Arrive late afternoon in Gananoque, on the Canadian side of the river, and check in at the Best Western Country Squire Resort - home for the next three nights. Enjoy a pleasant dinner before ending the day. Gamers might enjoy a night with Lady Luck at the nearby Gananoque Casino.

Tuesday, May 12

Enjoy a full day in Ottawa (provincial capital) with a local guide. A comprehensive city tour highlights the famous Canadian Tulip Festival (the largest tulip festival in the world). Other stops include Parliament Hill, which is described as the political and cultural heart of the city, as well as the home of the Royal Canadian Mounted Police (RCMP) and its Musical Ride Centre. Travelers will enjoy an elegant, festive dinner at the Courtyard before returning to Gananoque.

Wednesday, May 13

Meet our local guide and explore the historic Kingston port area and Bellevue House, a national historic site that was home to Canada's first Prime Minister. After lunch, enjoy the fresh air and pristine waters of the St. Lawrence Seaway on the three-hour narrated 1000 Islands Cruise into the Admiralty Islands. The day caps off with a tour of historic Fort Henry followed by dinner in the officers' dining hall.

Thursday, May 14

After breakfast, begin the return journey home where we will arrive in the early evening.

COSTS AND TERMS DETAILED ARE PER PERSON:

Price: Two per room, \$849; Three per room, \$789; One per room \$999

Deposit: \$100. Deposit guarantees your space

Payment: Balance or Full payment is due Friday, March 27

Cancellation: Monies are refundable up to March 27. After March 27, \$100 per person will be charged. Cancellations after April 10, no shows and persons terminating during the trip forfeit the complete cost of the trip.

Insurance: Trip Cancellation Protection is strongly recommended. Price is determined by age and trip cost. The pre-existing conditions clause is waived for passengers who purchase insurance within 14 days of the initial deposit. Trip Cancellation is NOT REFUNDABLE.

Special Note: A U.S. Passport, valid through November 20, 2015, is required for the trip. Please include a copy of the passport along with the application.

Travel Club excursions are designated and coordinated by Leisure Destinations on behalf of the Reston Community Center through a competitive bid process. Please complete an RCC registration form in order to receive a FREE information packet that will include a detailed itinerary and all pertinent registration and travel document. When ready to sign up for the trip, participants may contact Andy Vivien with Leisure Destinations, 703-815-8747 or leisdest@mac.com, to provide payment and required travel documents.

VISUAL ARTS



Abstract Painting

(18 years and older)

Learn the basics of abstract painting from a historical point of view from the French Impressionist to the American Abstract painters of the fifties. You will walk away with a better understanding of abstract painting by participating in fun and easy projects. The class is geared for the beginner, but all levels of experience are welcome. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Lopes

January 6 – February 24

402458-5B Tue 7:00 p.m. – 10:00 p.m.

March 24 – May 19 (No Class: March 31)

402458-5C Tue 7:00 p.m. – 10:00 p.m.

Beginning and Intermediate Watercolor

(18 years and older)

This beginning/intermediate class will focus on creating expressive watercolors that have energy. Loosen up and learn how to love spontaneous watercolor techniques, achieve sparkling, clear colors and learn to paint wet in wet. These approaches yield wonderful results. Instructor will demonstrate techniques and coach students individually. A supply list will be provided prior to first class.

8, 2.5-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Lashley

January 7 – February 25

402532-5B Wed 10:00 a.m. – 12:30 p.m.

March 25 – May 20 (No Class: April 1)

402532-5C Wed 10:00 a.m. – 12:30 p.m.

Chinese Brush Painting

(18 years and older)

Artists as well as potters will learn the art of Chinese brush painting from Tracie Griffith-Tso, an award-winning artist who has practiced this ancient art form since the age of 12. Students of all skill levels will be taught the fundamental brushstrokes and will learn to use traditional materials to experience the art of the Far East. Fundamentals learned can be used in paintings and ceramic decorations.

8, 2.5-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Griffith Tso

January 15 – March 5

402512-5B Thu 10:00 a.m. – 12:30 p.m.

March 19 – May 14 (No Class: April 2)

402512-5C Thu 10:00 a.m. – 12:30 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes

Collaging with Encaustic

(18 years and older)

The foundation of encaustic is melted wax. Participants in this class will use melted wax and other mixed media components to create a layered collage with unusual depth and dimension. Wax will serve as a painting medium and adhesive, allowing the student to develop many layers of materials and textures not easily achieved with conventional adhesives. Components can be easily removed, added or repositioned by merely melting the wax. This process can be easily incorporated with many techniques to produce new and exciting combinations. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Ross

March 23 – May 18 (No Class: March 30)

402602-5A Mon 10:00 a.m. – 1:00 p.m.

Color Mixing and Other Tools for Acrylic Painting

(18 years and older)

Participants will explore the fundamentals of color mixing, develop a personal color wheel and explore color effects. In addition, participants will make several simple artist tools to use in improving their artwork. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Ross

March 24 – May 19 (No Class: March 31)

402550-5A Tue 1:00 p.m. – 3:00 p.m.



Creating Collage

(18 years and older)

Participants will develop personal interpretation and applications of collage techniques through exploration of collage history, concepts and applications. Emphasis will be on composition, color, pattern, movement and texture to create powerful images.

8, 2-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Lebow

January 6 – February 24

402594-5A Tue 10:00 a.m. – 12:00 p.m.

Creative Capers

(6 – 9 years old)

Creativity sizzles with this fascinating and fun immersion into the world of art by exploring different visual art forms such as clay, drawing, and much more.

8, 60-minute sessions at RCC Lake Anne

\$60 (R)/\$120 (NR) • Nagy

January 5 – March 9 (No Class: January 19, February 16)

402430-5B Mon 5:00 p.m. – 6:00 p.m.

March 23 – May 18 (No Class: March 30)

402430-5C Mon 5:00 p.m. – 6:00 p.m.

Drawing 101

(18 years and older)

This class is designed to improve observational drawing skills and is suitable for all levels of experience. Working with pencil and charcoal, students will learn to use line, value, gesture and perspective.

8, 2-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Zahid

March 24 – May 19 (No Class: March 31)

402614-5A Tue 10:00 a.m. – 12:00 p.m.

Drawing Animals in Charcoal

(18 years and older)

Learn the fundamentals of shading, perspective and atmosphere in charcoal and charcoal pencil while drawing animals from photographs. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Lopes

March 27 – May 22 (No Class: April 3)

402612-5A Fri 7:00 p.m. – 9:00 p.m.



OPEN CERAMIC STUDIO

Open Ceramics Studio

(16 years and older)

The public is invited to use RCC's Ceramic Studio. Reservations are not required. The RCC Ceramics Studio will be closed December 20 through January 7, reopening on January 10. In addition the Studio will be closed on April 1, April 4 and May 23. Ceramics Studio hours are Wednesday 10:00a.m.-2:00p.m. and Saturday 1:00 p.m.-5:00 p.m. Please check the Ceramics Studio calendar for additional studio times or closures. Each pass visit is one hour. The fee includes firing and glazes.

RCC Lake Anne • Staff

Each pass visit is one hour.
The fee includes firing and glazes.
Clay cost is \$15 – \$20 for 25 pounds.

\$15 (R)/\$30 (NR) Drop-in
\$36 (R)/\$72 (NR) 12-Visit Pass

January 10 – May 30

Drop-in	Wed	10:00 a.m. – 2:00 p.m.
Drop-in	Sat	1:00 p.m. – 5:00 p.m.



Drawing with Pastels

(16 years and older)

Learn the fundamentals of creating with soft pastels. The class will be geared for beginners but all levels of experience are welcome. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Lopes

January 5 – March 9 (No Class: January 19, February 16)

402460-5A	Mon	7:00 p.m. – 9:00 p.m.
-----------	-----	-----------------------

Fused Glass

(18 years and older)

This class will cover the basics of glass fusing. Full use of manual and machine glass cutting and shaping tools will be made available. Glass, adhesives and bails are included for several projects. Students who own their own molds may create slumped pieces. All work will be fired offsite after the last class and will be available to be picked up at a later date. All supplies included in class fee.

5, 3-hour sessions at RCC Hunters Woods
\$185 (R)/\$370 (NR) • Damron

April 29 – May 27

405163-5G	Wed	10:00 a.m. – 1:00 p.m.
-----------	-----	------------------------

April 29 – May 27

405163-5H	Wed	6:30 p.m. – 9:30 p.m.
-----------	-----	-----------------------

GRACE Art in the Homeschool

(5 – 11 years old)

Homeschool students now have the opportunity to participate in GRACE Art, the signature education program of Greater Reston Arts Center typically offered in schools. GRACE staff will deliver an interactive art history lesson through a PowerPoint presentation followed by an engaging hands-on art project designed to reinforce the lesson. The artist or topic for the lesson is listed with the date. All sessions are held at Greater Reston Arts Center (GRACE), 12001 Market Street, Suite 103, Reston, VA.

January 15	Nevelson
February 12	Vincent van Gogh
March 12	Art and Math
April 9	National Gallery of Art Sculpture Garden
May 7	Flowers in Art

1, 60-minute session at Greater Reston Arts Center
\$25 (R)/\$50 (NR) • Greater Reston Arts Center

January 15		
402598-5E	Thu	10:00 a.m. – 11:00 a.m.
February 12		
402598-5F	Thu	10:00 a.m. – 11:00 a.m.
March 12		
402598-5G	Thu	10:00 a.m. – 11:00 a.m.
April 9		
402598-5H	Thu	10:00 a.m. – 11:00 a.m.
May 7		
402598-5I	Thu	10:00 a.m. – 11:00 a.m.

Hand Building

(18 years and older)

Students of all skill levels will explore hand-building techniques including pinch, coil and slab methods. Students will create an array of clay projects including tiles and masks. Class fee includes 25 lbs. of clay, firing, and glazes and three 1-hour open studio visits. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Staff

January 7 – February 25

402464-5C Wed 7:00 p.m. – 9:30 p.m.

March 25 – May 20 (No Class: April 1)

402464-5D Wed 7:00 p.m. – 9:30 p.m.

Introduction to Mixed Media Painting

(18 years and older)

Time to mix it up. Join instructor Arnold Lopes in exploring the fun of mixed media painting. Combine acrylic painting with oil pastel, soft pastel, watercolor and collage. The class is geared for the beginner but all levels of experience are welcome. Supply list will be provided prior to first class.

8, 3-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Lopes

March 26 – May 21 (No Class: April 2)

402567-5B Thu 7:00 p.m. – 10:00 p.m.

Monday Super Studio

(7 – 12 years old)

These hands-on art workshops are influenced by exhibitions in the Greater Reston Arts Center gallery. In each session, children will cultivate their creativity and curiosity and will create art using a variety of materials. All sessions are held at the Greater Reston Arts Center (GRACE), 12001 Market Street, Suite 103, Reston, VA.

4, 90-minute sessions at Greater Reston Arts Center
\$75 (R)/\$150 (NR) • Greater Reston Arts Center

January 26 – February 23 (No Class: February 16)

402535-5C Mon 4:30 p.m. – 6:00 p.m.

March 9 – April 6 (No Class: March 30)

402535-5D Mon 4:30 p.m. – 6:00 p.m.

Mosaic Art

(18 years and older)

Mosaics are one of the original art forms and pieces can be made to last for centuries. Choose between several exciting projects, levels from beginner through expert, or bring in your own unique project (with instructor approval). Use of tools and materials included to complete one beginner or intermediate level project. Additional projects and expert level projects may require additional tools or

materials. All mosaic methods taught in this class.

6, 3-hour sessions at RCC Hunters Woods
\$180 (R)/\$360 (NR) • Damron

March 4 – April 22 (No Class: March 11, April 1)

404040-5D Wed 10:00 a.m. – 1:00 p.m.

March 4 – April 22 (No Class: March 11, April 1)

404040-5E Wed 6:30 p.m. – 9:30 p.m.

Mosaics with Child and Parent

(8 – 12 years old)

Each participant will construct a small practice mosaic and then complete a larger mosaic from a variety of patterns, glass colors and textures while learning methods of patterning. This course will also include basic glass cutting skills for adults along with general background information on this craft. One parent must accompany each child while fully participating in the activities. The fee covers the cost for one parent and one child. This class is not appropriate for children younger or older than the advertised age range. Participating children must be registered. All supplies included in class fee.

4, 2-hour sessions at RCC Hunters Woods
\$75 (R)/\$150 (NR) • Nyman

February 7 – February 28

401131-5B Sat 9:30 a.m. – 11:30 a.m.

OPEN STAINED GLASS LAB

Open Stained Glass Lab

(18 years and older)

Stained glass and stained glass mosaic enthusiasts are encouraged to participate in RCC's monthly Open Stained Glass Lab. Lab is held in the Woodshop on the first and third Sunday of the month and is facilitated by the Stained Glass instructor. Participants working independently on projects must bring the necessary materials or make arrangements with the lab supervisor beforehand. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

4-hour session at RCC Hunters Woods
\$10 (R)/\$20 (NR) • Damron

January 4 – May 17

Drop-in 1st & 3rd Sun 1:30 p.m. – 5:30 p.m.



Painting with Oil and Acrylic

(18 years and older)

Explore the creative potential of using oil or acrylic paint. This class is designed for all skill levels in a studio workshop setting. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Danenberger

January 7 – February 25

402483-5C Wed 1:30 p.m. – 4:30 p.m.

8, 3-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Coulter-Blehert

March 25 – May 20 (No Class: April 1)

402483-5D Wed 7:00 p.m. – 10:00 p.m.

Portraits in Pencil

(18 years and older)

This class provides an introduction to the fundamentals of pencil portrait drawing from photographs. This class is geared toward beginners but all skill levels are welcome. A supply list will be provided prior to start of class.

8, 2-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Lopes

January 9 – February 27

402613-5A Fri 7:00 p.m. – 9:00 p.m.

Pre-College Art Portfolio Development and Critique Session

(14 – 18 years old)

Wonder how to make your college art portfolio stand out from the rest? Come to Greater Reston Arts Center, located at 12001 Market Street, Suite 103, Reston, VA, where a panel of professionals will answer your questions about the art school application process and give you tips, information, and feedback on preparing your portfolio to strengthen your application to art school and help you take your art studies to the next level. After the panel discussion, professors, artists, curators and professionals who review student portfolios will be available to provide important feedback on your portfolio.

1, 2-hour session at Greater Reston Arts Center
Free, Registration Req. • Greater Reston Arts Center

March 26

402521-5A Thu 7:00 p.m. – 9:00 p.m.

Remixed Media: Urban Fusion 101

(18 years and older)

Toss inhibitions aside and enter an artistic playground where things aren't always what they seem. Listen to your intuition, and bust through creative road blocks as you turn overlooked everyday objects into art tools that add rich, textured layers to your canvas, paper or fabric. Learn spraying, stenciling and lettering techniques of graffiti fusion to create original collage paintings with an inspirational urban vibe.

8, 3-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Mullarkey

January 5 – March 9 (No Class: January 19, February 16)

402604-5B Mon 10:00 a.m. – 1:00 p.m.



Sculpture I

(18 years and older)

This course is designed for beginner through advanced students interested in learning or honing skills in three-dimensional expression. The techniques taught will be tailored to individual skill levels and will include, but will not be limited to, sculptural basics such as positive and negative space, sweep, formal sculptural relationships, and observation. Class fee includes 25 lbs. of clay, firing and glazes and three 1-hour visits to the open studio. Supplies will be discussed during the first class.

8, 2.5-hour sessions at RCC Lake Anne

\$110 (R)/\$220 (NR) • Zoller

January 5 – March 9 (No Class: January 19, February 16)

402500-5E Mon 10:00 a.m. – 12:30 p.m.

January 6 – February 24

402500-5F Tue 7:00 p.m. – 9:30 p.m.

March 23 – May 18 (No Class: March 30)

402500-5G Mon 10:00 a.m. – 12:30 p.m.

March 24 – May 19 (No Class: March 31)

402500-5H Tue 7:00 p.m. – 9:30 p.m.

Stained Glass

(18 years and older)

Create your own stained glass panel from our beautiful cathedral and art glass collection. Full use of hand and machine cutting and shaping tools will be included. The copper foil method will be taught, as well as how to cut and shape your glass with accuracy. Skill level: beginner to intermediate. All supplies included in class fee.

6, 3-hour sessions at RCC Hunters Woods

\$180 (R)/\$360 (NR) • Damron

January 7 – February 11

405092-5C Wed 10:00 a.m. – 1:00 p.m.

January 7 – February 11

405092-5D Wed 6:30 p.m. – 9:30 p.m.



TGIF: Free Fridays

(All ages)

Thank GRACE, it's Friday! Greater Reston Arts Center opens its doors for an evening of family art making, dramatic storytelling and exploration in the gallery that promises to excite the senses while strengthening art literacy and looking skills. This program is developed in partnership with Greater Reston Arts Center, who will lead creative arts workshops for each event. The Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston, VA.

1, 2-hour session at Greater Reston Arts Center
Free, Registration Req. • Greater Reston Arts Center

January 2

402549-5D Fri 5:00 p.m. – 7:00 p.m.

February 6

402549-5E Fri 5:00 p.m. – 7:00 p.m.

March 6

402549-5F Fri 5:00 p.m. – 7:00 p.m.

April 3

402549-5G Fri 5:00 p.m. – 7:00 p.m.

May 1

402549-5H Fri 5:00 p.m. – 7:00 p.m.

Watercolor Studio

(18 years and older)

Whether you are a beginner or a more experienced painter, join instructor Arnold Lopes for this watercolor studio and explore your own creativity by working on individual projects and contributing to group discussions. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Lopes

January 8 – February 26

402441-5B Thu 7:00 p.m. – 10:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Wheel I

(18 years and older)

Learn how to work with clay and master simple pinch forms, wedging, centering, and throwing bowls "off the hump." Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Zoller

January 8 – February 26

402462-5E Thu 10:00 a.m. – 12:30 p.m.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Saltzman

January 8 – February 26

402462-5F Thu 7:00 p.m. – 9:30 p.m.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Zoller

March 26 – May 21 (No Class: April 2)

402462-5G Thu 10:00 a.m. – 12:30 p.m.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Saltzman

March 26 – May 21 (No Class: April 2)

402462-5H Thu 7:00 p.m. – 9:30 p.m.

Wheel II

(18 years and older)

This course will cover review and refinement of basic throwing skills. Students must know how to center. In this course, students will move from the beginning to the intermediate level. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Alexander

January 5 – March 9 (No Class: January 19, February 16)

404210-5E Mon 7:00 p.m. – 9:30 p.m.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Anderson

January 9 – February 27

404210-5F Fri 10:00 a.m. – 12:30 p.m.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Alexander

March 23 – May 18 (No Class: March 30)

404210-5G Mon 7:00 p.m. – 9:30 p.m.

March 27 – May 22 (No Class: April 3)

404210-5H Fri 10:00 a.m. – 12:30 p.m.

Wheel III

(18 years and older)

Students will focus on refining basic throwing skills and personal style. Prerequisites include being able to wedge, center, and throw an eight-inch (approximately) bowl and cylinder. Some hand-building will be incorporated. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits.

8, 2.5-hour sessions at RCC Lake Anne
\$110 (R)/\$220 (NR) • Cordyack

January 6 – February 24

402463-5E Tue 10:00 a.m. – 12:30 p.m.

January 6 – February 24

402463-5F Tue 7:00 p.m. – 9:30 p.m.

March 24 – May 19 (No Class: March 31)

402463-5G Tue 10:00 a.m. – 12:30 p.m.

March 24 – May 19 (No Class: March 31)

402463-5H Tue 7:00 p.m. – 9:30 p.m.

Winter Landscapes

(18 years and older)

Join Arnold Lopes in celebrating winter. Learn to paint all the icy, snowy wonders of the season. This class is designed for beginners but all skill levels are welcome. Supply list will be provided prior to first class.

8, 3-hour sessions at RCC Lake Anne
\$75 (R)/\$150 (NR) • Lopes

January 7 – February 25

402611-5A Wed 7:00 p.m. – 10:00 p.m.



WOODWORKING



LEVEL I BEGINNER

Easy project with basic safety and skill development.

LEVEL II INTERMEDIATE

More challenging project that develops advanced skills. Student should have completed at least two Beginner level classes.

LEVEL III ADVANCED

Difficult project; will challenge the Level II Intermediate student.

Basic Hand Tools

(18 years and older)

Through building a few simple projects in this introductory course, students will learn the proper use of hand tools to become a better woodworker while reducing noise and dust. Safety is a primary concern and is covered in detail for each tool. Students can apply the skills learned in this course to build a project of their choosing during the "Open Shop" hours. All materials and supplies are included in the fee. Students must provide their own safety equipment which include eye, noise and dust protection for the course. Level I Beginner.

4, 3-hour sessions at RCC Hunters Woods

\$95 (R)/\$190 (NR) • Ingram

February 20 – March 13

102381-5B

Fri

6:30 p.m. – 9:30 p.m.

Basic Machine Tools

(18 years and older)

Students learn to use shop tools by building a simple project. Through building a simple project in this introductory course, students learn the use of many of the more common power tools available in the RCC woodshop. Safety is a primary concern and is covered in detail for each tool. Students can then apply the skills learned in this course to build a project of their choosing during the RCC "Open Shop" hours. All supplies and materials are included in the class fee. Students must provide their own safety equipment (eye, ear and dust protection) for the course.

Level I Beginner.

4, 3-hour sessions at RCC Hunters Woods

\$110 (R)/\$220 (NR) • Ingram

January 8 – January 29

105561-5B

Thu

9:30 a.m. – 12:30 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.



Build a Better Wall Cabinet

(18 years and older)

Garrett Hack made this small wall cabinet to hold tools, but it could easily find other uses like knickknacks. What is interesting about this project is the uncommon way the case is built. The process is efficient and yields a strong and very attractive case with a lot of room for design variations. This is an intermediate project that helps advance woodworking and cabinet building skills. All supplies and materials are included in the class fee. Students must provide their own personal tools and safety equipment (eye, ear and dust protection) for the course. Level II Intermediate.

10, 3-hour sessions at RCC Hunters Woods

\$255 (R)/\$510 (NR) • Church

March 26 – May 28

104108-5A

Thu

6:30 p.m. – 9:30 p.m.

Individual Guided Project

(18 years and older)

Learn how to develop a design, prepare plans, determine material requirements and cut lists, and assemble your woodworking project. All projects must be limited in size and approved in advance by the instructor. Project examples include: a small book shelf, a wall cabinet, a small table, or wall shelves. Students are required to purchase their own wood and materials for their project and remove the project following each class since storage is unavailable. Students must provide their own safety equipment which include eye, noise and dust protection for the course. Please contact the instructor at 703-476-4500 ext. 2231 or Calvin.Church@fairfaxcounty.gov in advance to discuss your proposed project. Level I Beginner.

8, 3-hour sessions at RCC Hunters Woods

\$130 (R)/\$260 (NR) • Church

January 5 – March 9 (No Class: January 19, February 16)

102379-5C

Mon

9:30 a.m. – 12:30 p.m.

March 30 – May 18

102379-5D

Mon

6:30 p.m. – 9:30 p.m.



Parent and Child Woodshop - Step Stool

(8 – 13 years old)

Parent and child can spend an evening in the woodshop learning about basic woodworking skills while building a project together. In this class students will use a local hardwood to build a Step Stool/ Chair that can be used for stepping or sitting. Students will learn shop safety and how to use tools including the bandsaw, drill press, sander, hammer and nails. Students will take home their completed project. One parent must accompany each child while fully participating in the activities. This program is not appropriate for children younger than the advertised age range. Participating children must be registered. All supplies and materials are included in the class fee. Level I Beginner.

1, 3-hour session at RCC Hunters Woods

\$50 (R)/\$100 (NR) • Church

March 19

104162-5A

Thu

6:30 p.m. – 9:30 p.m.

Parent and Child Woodshop - Tote

(8 – 13 years old)

Parent and child can spend an evening in the woodshop learning about basic woodworking skills while building a project together. In this class, students will use a local hardwood to build a tote that can be used for tools, crafts or silverware. Students will learn shop safety and how to use tools including the bandsaw, drill press, sander, hammer and nails. Students will take home their completed project. One parent must accompany each child while fully participating in the activities. This program is not appropriate for children younger than the advertised age range. Participating children must be registered. All supplies and materials are included in the class fee. Level I Beginner.

1, 3-hour session at RCC Hunters Woods

\$50 (R)/\$100 (NR) • Church

March 16

104160-5B

Mon

6:30 p.m. – 9:30 p.m.

Registration Begins

December 1 Reston • December 8 Non-Reston

Pinewood Derby Workshop

(7 – 14 years old)

The RCC Woodshop is available on specific dates to allow Cub Scouts to work on Pinewood Derby projects from December through February. Each Den may register for up to two sessions. A Den must register under the Den Leader's name and pay the flat fee upon registration for a minimum of six participants and a maximum of twelve. Parents are strongly encouraged to accompany their children to assist with project completion and Scout supervision. The Woodshop will not be available for Pinewood Derby projects outside of the scheduled times. Only one Den will be hosted in the Woodshop per scheduled session. Registration is required; no walk-ins.

1, 2-hour session at RCC Hunters Woods \$50 (R)/\$100 (NR) • Church

January 2

101003-5I Fri 6:00 p.m. – 8:00 p.m.

January 5

101003-5J Mon 5:30 p.m. – 7:30 p.m.

January 5

101003-5K Mon 7:30 p.m. – 9:30 p.m.

January 9

101003-5L Fri 6:00 p.m. – 8:00 p.m.

January 12

101003-5M Mon 5:30 p.m. – 7:30 p.m.

January 12

101003-5N Mon 7:30 p.m. – 9:30 p.m.

January 16

101003-5O Fri 6:00 p.m. – 8:00 p.m.

January 23

101003-5P Fri 6:00 p.m. – 8:00 p.m.

January 26

101003-5Q Mon 5:30 p.m. – 7:30 p.m.

January 26

101003-5R Mon 7:30 p.m. – 9:30 p.m.

January 30

101003-5S Fri 6:00 p.m. – 8:00 p.m.

February 2

101003-5T Mon 5:30 p.m. – 7:30 p.m.

February 2

101003-5U Mon 7:30 p.m. – 9:30 p.m.

February 6

101003-5V Fri 6:00 p.m. – 8:00 p.m.

February 9

101003-5W Mon 5:30 p.m. – 7:30 p.m.

February 9

101003-5X Mon 7:30 p.m. – 9:30 p.m.

February 13

101003-5Y Fri 6:00 p.m. – 8:00 p.m.



Shaker Side Table

(18 years and older)

Measuring 18" x 18" x 27", this cherry side table is one of the most universal pieces of Shaker furniture. It can be used next to a reading chair, couch, in a hallway to hold a lamp or next to a bed to hold the alarm clock. With its small drawer, it even offers some storage space. This project is ideal for the beginning or intermediate woodworker. The classic understated Shaker design is attractive yet not so difficult to build even for someone new to woodworking. All materials and supplies are included in the fee. Students must provide their own personal safety equipment (eye, ear, and dust protection) for the course. Level I Beginner.

8, 3-hour sessions at RCC Hunters Woods \$110 (R)/\$220 (NR) • Harrington

January 8 – February 26

104124-5C Thu 6:30 p.m. – 9:30 p.m.

Woodworking with Sketch-Up

(18 years and older)

Trimble Sketch-Up is fast becoming a favorite tool among woodworkers for visualizing and designing their projects. This class will begin with the installation, setup and overview of basic Sketch-Up concepts and techniques. From there, we will take Sketch-Up to the woodshop to show how to apply these skills to our woodworking projects. Students must have basic computer skills, a laptop computer (PC or Mac) and a three-button mouse.

5, 3-hour sessions at RCC Hunters Woods \$70 (R)/\$140 (NR) • Harrington

March 12 – April 9

104130-5A Thu 6:30 p.m. – 9:30 p.m.

LECTURE SERIES

(18 years and older)

**Thursdays at RCC Hunters Woods
6:30 p.m. - 9:30 p.m.**

\$10 (R)/\$20 (NR) per lecture • Registration Required

Starting a Woodworking Project

January 8 • 104165-5B

This lecture addresses the vital things a woodworker needs to know before starting a project. Topics include devising a plan, wood selection, material lists, cut lists, skills needed for the project, and safety equipment.

Essential Tools

February 5 • 104166-5B

This lecture discusses the "essential" tools a woodworker should have and know how to properly use. These personal tools are essential for enabling the woodworker to ensure efficient and accurate work in their shop. These tools include a variety of marking, cutting, layout, sawing, measuring, and shaping tools. Learn the most useful tools to have in your inventory.

Marking and Layout

March 5 • 104169-5A

This lecture discusses accurate layout and marking. Marking is a vital to keeping your project parts in order and helps you keep everything in proper orientation. Marking also helps create straight lines in your joinery. You will be a better woodworker while saving money and time completing projects. Learn the best techniques for measuring and marking your materials in this lecture.

Sharpening

April 2 • 104167-5B

This is a lecture and demonstration of various techniques of tools sharpening. Additional discussion points include the importance of sharp tools, how sharpening tools saves time and money, different methods of sharpening, and the pros and cons of each method.

Adhesives

May 7 • 104168-5B

This lecture discusses woodworking adhesives. Topics include different types of adhesives (white/yellow glues, epoxy, cyanoacrylate, polyurethane, urea formaldehyde, and contact cement), proper adhesive selection, proper adhesive application, and various clamping techniques.

OPEN WOODSHOP

(18 years and older)

Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer, and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

RCC Hunters Woods • Staff

\$7 (R)/\$14 (NR) Tue

\$10 (R)/\$20 (NR) Fri

\$12 (R)/\$24 (NR) Sat

January 6 – May 19

Drop-in Tue 6:00 p.m. – 10:00 p.m.

January 9 – May 22

Drop-in Fri 9:00 a.m. – 3:00 p.m.

January 10 – May 23

Drop-in Sat 9:00 a.m. – 5:00 p.m.



55+ COMPUTER



The 55+ computer classes at RCC are designed to work in sequence, building on skills learned at lower levels leading up to the highest level. For best results, students are encouraged to take the necessary prerequisites first. Focus workshops generally do not require prerequisites and are quick, one day tutorials to assist students in maintaining their skill levels.

Beginning Level (*No Prerequisites*)

Basic Computer Skills

Working in Windows

MS Word I

Intermediate Level (*Prerequisite: Basic Computer Skills, Working in Windows or MS Word I*)

Computer Maintenance and Housekeeping

Searching the Internet

MS Word II

Advanced (*Prerequisite: MS Word II*)

MS Excel I

Basic Computer Skills

(55 years and older)

This class is for inexperienced and new computer users. After an introduction to the main components of a computer, students will have hands-on practice using the mouse for navigation. Learn how to work in the Windows operating system and practice using icons to move around the computer. The class also teaches the basics of filing so that students may organize files on their home computer.

3, 2.5-hour sessions at RCC Hunters Woods

\$45 (R)/\$90 (NR) • O'Connell

March 25 – March 27

505501-5B

Wed, Thu, Fri

10:00 a.m. – 12:30 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



Buying a Tablet Computer

(55 years and older)

Apple's iPad and other tablets are everywhere - in coffee shops, libraries and even at the beach. Is the tablet another expensive electronic toy, or is it a useful device? In one session, discover the capabilities and limits of tablet technology. This class will discuss how tablets and iPads are different from a personal computer, how they compare with other technologies, and what the most common uses for older adults are. Students will leave with a checklist to help with tablet purchasing decisions.

**1, 2.5-hour session at RCC Hunters Woods
\$15 (R)/\$30 (NR) • O'Connell**

March 4

500213-5C Wed 1:30 p.m. – 4:00 p.m.

Computer Maintenance and Housekeeping

(55 years and older)

Students will learn how to keep their computers running smoothly by using system tools, utility programs, firewalls, and virus protection. Participants will also learn how to handle a computer crash, decipher error messages, archive and delete files, and keep computers updated automatically. Prerequisite: Basic Computer Skills or Working in Windows

**2, 2.5-hour sessions at RCC Hunters Woods
\$32 (R)/\$64 (NR) • Livingston**

April 2 – April 3

505001-5B Thu, Fri 10:00 a.m. – 12:30 p.m.

MS Word I

(55 years and older)

This class is an introduction to word processing using Microsoft Word. Students will create and print letters by learning how to select, copy, move and format text. Pre-typed exercises allow students to focus on learning the program, rather than typing, although familiarity with the keyboard is desirable.

**2, 2.5-hour sessions at RCC Hunters Woods
\$32 (R)/\$64 (NR) • Livingston**

January 15 – January 16

505502-5B Thu, Fri 10:00 a.m. – 12:30 p.m.

MS Word II

(55 years and older)

This class continues exploring the many features of Microsoft Word. Students will learn more page-formatting concepts and how to use tables, which is one of MS Word's most versatile functions. Students will also learn how to create and customize lists using bullets and numbers, as well as how to use text boxes and insert pictures.

Prerequisite: MS Word I

**2, 2.5-hour sessions at RCC Hunters Woods
\$32 (R)/\$64 (NR) • Livingston**

February 5 – February 6

505503-5B Thu, Fri 10:00 a.m. – 12:30 p.m.

Personal Computer Safety

(55 years and older)

Most home computer users have heard of many types of security threats, such as viruses, ransomware, browser hijack exploits, spam and other malware. Almost every new computer comes with an installed anti-virus product and subscription service. Is it the best product available; are free security software programs reliable, and what other security measures should be taken? Participants will learn about minimizing risks for online banking, bill paying, and the various types of security software that every home user should know and employ. It will cover how to address email threats, how to lock down the browser, ensure firewall settings are correct, use password best practices, avoid dangerous Internet sites and address the overlooked problem of application vulnerabilities. This will not be a hands-on class and a computer is not required. The class is designed for those who operate Windows computers and have a basic familiarity with computers. A number of security guides and other resources will be cited.

**1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • Venesse**

March 10

500369-5A Tue 2:00 p.m. – 3:30 p.m.



Searching the Internet

(55 years and older)

Want to do more on the Internet than just use email? This overview of the Internet will introduce students to the tools located on the web browser, including cookies, popups, spyware, and search history. Learn tips for safeguarding privacy and Internet security. Practice conducting searches, printing and filing web pages, and organizing favorites. Email topics include sending and organizing email and downloading attachments.

3, 2.5-hour sessions at RCC Hunters Woods
\$45 (R)/\$90 (NR) • O'Connell

April 22 – April 24

500224-5B Wed, Thu, Fri 10:00 a.m. – 12:30 p.m.

Selling on eBay

(55 years and older)

Have lots of great "stuff" in the garage or basement collecting dust? In this two-day beginner course, students will learn how to use eBay effectively to list items for sale, tend the auction, and finalize the sale with PayPal. Discover all the tips and tricks to maximize the online auction

experience. Please have an item in mind to sell and a functional email address to use in class. It is helpful to have a Paypal account established prior to class.

2, 2.5-hour sessions at RCC Hunters Woods
\$32 (R)/\$64 (NR) • Livingston

February 12 – February 13

505500-5B Thu, Fri 10:00 a.m. – 12:30 p.m.

Using the iPad – Beginners

(55 years and older)

This class is for new iPad users. The iPad is more than a gadget for playing games and showing pictures: it can become an integral part of your life. The class will discuss iPad set-up, controls and navigation, the keyboard and Siri, accessing Wi-Fi, downloading and organizing apps, using FaceTime for video calls, and camera basics. Please bring your iPad to class fully charged.

2, 2.5-hour sessions at RCC Hunters Woods
\$32 (R)/\$64 (NR) • O'Connell

January 21 – January 22

500225-5B Wed, Thu 10:00 a.m. – 12:30 p.m.

May 6 – May 7

500225-5C Wed, Thu 10:00 a.m. – 12:30 p.m.

Using the iPad – Advanced

(55 years and older)

This class is for those who are comfortable with the basic features of their iPad. Learn how to use Spotlight and other search techniques, back-up and store files on the Cloud, move files to and from your iPad, view movies and TV programs, synchronize music files, and email and organize photos. Also included is an introduction to Pages, which is the iPad word processor. Please bring your iPad to class fully charged.

2, 2.5-hour sessions at RCC Hunters Woods
\$32 (R)/\$64 (NR) • O'Connell

February 25 – February 26

500377-5B Wed, Thu 10:00 a.m. – 12:30 p.m.

May 19 – May 20

500377-5C Tue, Wed 10:00 a.m. – 12:30 p.m.

55+ CRAFTS



Knitting Circle

(55 years and older)

Come join the RCC instructor-led knitting circle. Share ideas and expertise while chatting with new and old friends and bring a new or existing project. Beginners, as well as advanced knitters, are encouraged to attend. Be ready to share and learn new skills in this relaxed and sociable setting.

16, 90-minute sessions at RCC Hunters Woods

\$42 (R)/\$84 (NR) • Van Trees

January 12 – March 11 (No Class: Jan 19, Feb 16)

500204-5C Mon, Wed 10:00 a.m. – 11:30 a.m.

March 23 – May 20 (No Class: March 30, April 1)

500204-5D Mon, Wed 10:00 a.m. – 11:30 a.m.

Making Jewelry on a Budget

(55 years and older)

Participants will make wire bead jewelry from copper or silver wire and beads found in craft stores and chic jewelry made with items found in a tool box. Take home beautiful new accessories and the skills to create gifts for friends and family. No prior experience is necessary. All materials and tools will be provided and are included in the class fee.

8, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Van Trees

April 6 – April 29

500337-5B Mon, Wed 12:00 p.m. – 2:00 p.m.

55+ DIGITAL PHOTOGRAPHY



Level/Class	Prerequisite
BEGINNING LEVEL	
Intro to Digital Photography (3 sessions)	MS Word I or Basic Computer Skills
Organizing Digital Photos (3 sessions)	MS Word I or Basic Computer Skills
INTERMEDIATE LEVEL	
Intermediate Photo Editing (2 sessions)	Intro to Digital Photography
Taking Better Pictures (3 sessions)	Camera Features I or Camera Features II

Camera Features I

(55 years and older)

Students will learn to get more out of their digital cameras by exploring some of their many features. Students will learn the following skills in this hands-on workshop:

- Set the flash (on, off, or for red eye)
- Delete poor pictures (while still on the camera)
- Take self-timer pictures (to be in the picture, too)
- Take a burst of pictures (to capture a quick action)
- Take long exposure pictures (to capture a night scene)
- Take short videos (to add dimensions of sound and motion)
- Add colored overtones to pictures (like sepia and black and white)

Students must bring a digital camera, camera manual, and spare batteries or AC adapter.

2, 2-hour sessions at RCC Hunters Woods

\$36 (R)/\$72 (NR) • Lazear

January 7 – January 8

503856-5B

Wed, Thu

10:00 a.m. – 12:00 p.m.



Camera Features II

(55 years and older)

Wonder what all those buttons and menus are on digital cameras? Learn ways to become more comfortable using digital cameras and their features. This personal attention, hands-on class explores features of digital cameras by looking at a variety of topics:

- Using optical and digital zoom
- Taking sharp close-up photos of flowers, jewelry and other small items
- Adjusting for tricky lighting conditions
- Stabilizing the camera (with and without a tripod)
- Avoiding over- and under-exposed pictures
- Setting exposure to match the lighting
- Taking bracketed exposures
- Taking panoramic pictures and stitching them together

Students must bring a camera, camera manual, and spare batteries or AC adapter.

2, 2-hour sessions at RCC Hunters Woods

\$36 (R)/\$72 (NR) • Lazear

March 19 – March 20

505749-5B Thu, Fri 10:00 a.m. – 12:00 p.m.

Intermediate Photo Editing

(55 years and older)

This two-day course begins an in-depth look at digital photo editing with Adobe Photoshop Elements software. Students will learn to use various editing tools, filters, and techniques. Students will also start to explore aspects of layers and learn to select parts of a photo to correct or to paste into another photo. Prerequisite: Intro to Digital Photography

2, 2-hour sessions at RCC Hunters Woods

\$36 (R)/\$72 (NR) • Lazear

April 29 – April 30

503311-5A Wed, Thu 10:00 a.m. – 12:00 p.m.

Intro to Digital Photography

(55 years and older)

This three-day course introduces students to various aspects of digital photography. Students will learn about digital cameras, photographic file formats, and beginning photo editing using Adobe Photoshop Elements. Students will explore how to use, display, and share photos. This is not recommended for beginning computer users. Prerequisite: MS Word I

3, 2-hour sessions at RCC Hunters Woods

\$48 (R)/\$96 (NR) • Lazear

April 8 – April 10

505507-5B Wed, Thu, Fri 10:00 a.m. – 12:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



Making a Photo Collage

(55 years and older)

Participants will learn how to make a photo collage using Picasa software. Explore the different types of collages, features that can be added to photos, and ways to showcase the finished collage. Learn how to use those beautiful photos stored on the computer in a creative and fun way.

1, 2-hour session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Lazear

March 23

500229-5B Mon 10:00 a.m. – 12:00 p.m.

Organizing Photos

(55 years and older)

Swamped by digital photos and want to organize them to easily find them again? In this beginning class, students will learn ways to name photos and folders for retrieval. They also will learn the benefits and pitfalls of organizing software and websites, as well as good habits for storing their photos. Prerequisites: Student must be able to create folders and subfolders, rename folders and files, move files and folders, and look at the properties of a file.

2, 2-hour sessions at RCC Hunters Woods
\$36 (R)/\$72 (NR) • Lazear

January 26 – January 27

500774-5B Mon, Tue 10:00 a.m. – 12:00 p.m.

Take Better Pictures

(55 years and older)

This intermediate-level course will offer tips to improve basic picture-taking skills. These include using flash, steadying the camera, and taking hard-to-get shots of kids and pets. In addition, the class will explore different aspects of photo composition to move your pictures beyond mere snapshots. Topics will include: the rule of thirds, balancing objects, use of lines and empty space, and backgrounds. Students have homework assignments that require taking pictures outside of class. These will be reviewed and critiqued at the next session. Students must bring a camera, camera manual, spare batteries or an AC adapter to each class. Prerequisite: at least one Camera Features class

3, 2-hour sessions at RCC Hunters Woods
\$48 (R)/\$96 (NR) • Lazear

May 4 – May 18

500243-5B Mon 10:00 a.m. – 12:00 p.m.



55+ PATRONS

Register for any Digital Photography class on pages 117-119 and receive a 20 percent discount.

55+ DISCUSSION

55+ Discounts

(55 years and older)

Discounts are another reason to smile about being over 55. This class will be led as an open forum to learn how to recognize a good discount and to share it with neighbors. Each participant will leave with a list of senior discounts that can be used with local and national merchants.

1, 60-minute session at RCC Hunters Woods
Free, Registration Req. • Brutsché

March 19

500192-5A Thu 2:00 p.m. – 3:00 p.m.

Bookends

(55 years and older)

Bookends meets on the fourth Thursday of each month to engage in a lively discussion of a variety of books selected each season by Bookends participants - fiction, non-fiction, memoirs, history, and both classic and current titles. Bring a bag lunch; hot tea, coffee, and cookies are provided. Books are on reserve at the Reston Regional Library; please ask for the Bookends selection at the Checkout Desk.

January 22: *My Beloved World* by Sonia Sotomayor

February 26: *The Lowland: A Novel* by Jhumpa Lahiri

March 26: *The Light Between the Oceans: A Novel* by M. L. Stedman

April 23: *Arcadia* by Lauren Groff

May 28: *Bring Up the Bodies* by Hilary Mantel

5, 90-minute sessions at RCC Hunters Woods

Free, Drop-in • Staff

January 22 – May 28

Drop-in Thu 12:30 p.m. – 2:00 p.m.

Current Issues Discussion Group

(55 years and older)

Interested in politics, how government works, world affairs or local events? Join this lively gathering and be prepared to debate and solve world and local problems. Newcomers are welcomed and encouraged to attend. Please note: the session on May 21 will be held at the Jo Ann Rose Gallery.

21, 90-minute sessions at RCC Hunters Woods
Free, Drop-in • Staff

January 8 – May 28

Drop-in Thu 10:30 a.m. – 12:00 p.m.



Reston for a Lifetime

(18 years and older)

Reston for a Lifetime is a group of concerned citizens and organizations seeking to understand the needs and perceptions of Restonians and help create solutions toward making Reston a great place for people of all ages and abilities. Specific areas of interest include: Neighbors Helping Neighbors, Identifying Trusted and Reliable Vendors, Transportation and Getting Around, Housing and Universal Design, and Safe Neighborhoods. For more information on the initiative and the upcoming meeting schedule, please email aginginreston@gmail.com or call 703-672-1116.

4, 2-hour sessions at RCC Hunters Woods
Free, Drop-in. • Staff

January 14, February 11, March 11, April 8

Drop-in Wed 2:00 p.m. – 4:00 p.m.

55+ PATRONS

Be sure to check out RCC's many educational programs on the environment and sustainable practices listed in the Green Living section on page 88.

55+ PATRONS

For more information on 55+ services in Reston and Fairfax County, please turn to page 13.

55+ ENRICHMENT



AARP Smart Driver

(50 years and older)

This two-day workshop, conducted by an AARP instructor, teaches defensive driving to adults ages 50 and older. Upon successful completion of this course, participants may be entitled to a discount on their car insurance. A check payable to AARP for \$15 (AARP members) or \$20 (non-members) is due to the instructor on the first day of class. AARP members must present their membership card to the instructor. Participants should bring a lunch for a midday break or enjoy one of the restaurants in the shopping center.

**2, 5-hour sessions at RCC Hunters Woods
\$15/\$20 Checks payable to AARP • Young**

March 11 – March 13

505537-5B Wed, Fri 10:00 a.m. – 3:00 p.m.

May 12 – May 14

505537-5C Tue, Thu 10:00 a.m. – 3:00 p.m.

Blind Curves – One Woman's Unusual Journey

(55 years and older)

After months of following one size fits all advice, recently widowed Linda Crill was still miserable, until she made a rebellious decision: she traded her corporate suits for motorcycle leathers and committed herself to a 2,500 mile road trip down America's Pacific Northwest coast on a Harley. The problem – she didn't know how to ride and had only thirty days to learn.

Linda will share her extraordinary story of how her radical choice proved that opening unexpected doors is more effective than playing it safe. By erasing old boundaries and heading into the unknown, the "blind curve," she discovered not only new possibilities to use in building the next phase of her life, but also the fuel to make it happen. Fee includes lunch.

**1, 3-hour session at RCC Hunters Woods
\$15 (R)/\$30 (NR) • Staff**

May 21

500277-5A Thu 11:00 a.m. – 2:00 p.m.

Building Intimate Relationships

(55 years and older)

Intimate relationships play a central role in the quality of life. Humans have a universal need to belong and to love, which is satisfied with close relationships. Intimate relationships can be formed with people to whom we are attracted, close friends with whom we share emotional support, or people with whom we share personal history. It's been said that we need eight to ten close personal relationships to thrive. Some content may be explicit.

**1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • Walker**

April 10

500258-5A Fri 1:00 p.m. – 2:30 p.m.

Connecting Your Home

(55 years and older)

This presentation will make residents aware of the services provided by Fairfax County's Cable Communications Division and Consumer Affairs Branch. Participants will be provided information that will assist them in choosing a provider for telephone, cable television, and Internet services. Discussion will include: types of networks available in Fairfax County, factors to consider in choosing a provider, ways to reduce your cable bill, issues with 9-1-1 as related to an Internet-based telephone service, and the transition from legacy copper-based telephone networks to fiber optic systems. This class will be taught by staff from the Fairfax County Department of Cable and Consumer Services.

**1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • Staff**

March 6

500391-5A Fri 2:00 p.m. – 3:30 p.m.

Cybercrime

(55 years and older)

Almost daily there are sensationalized reports of millions of banking or credit card records being stolen. Top-tier companies are being targeted and seem powerless to protect against these attacks. Chances are you, or someone you know, has been a victim of credit card fraud or identity theft. We will explore the shadowy actors who commit

cybercrime; the ways it is carried out; the vast financial incentives to criminals, and the vast losses incurred; and why it is so hard to stop. The class will demystify techno terms, such as "botnets," "zero day exploits," "advanced persistent threats," and "denial of service attacks." Inherent vulnerabilities in the Internet that facilitate these attacks will be discussed.

**1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • Venesse**

March 17

500370-5A Tue 2:00 p.m. – 3:30 p.m.

Decrease Telecom Costs

(55 years and older)

Want to explore ways to decrease landline, wireless and cable bills? In this highly informative class, discover new technologies like Roku, Aereo and Hulu. Learn how to get free HDTV, go wireless to help save money, and communicate via FaceTime and Google Voice in order to replace a landline phone.

**1, 2.5-hour session at RCC Hunters Woods
\$15 (R)/\$30 (NR) • Livingston**

February 20

500315-5A Fri 10:00 a.m. – 12:30 p.m.





Digital Privacy

(55 years and older)

Personal information has great value to companies and to government entities. The Internet has enabled widespread collection, analysis, and marketing of highly personal information. Few laws or restrictions limit these practices. The unregulated brokers who collect and correlate this information sell it for use in e-commerce, government tracking and sometimes to facilitate identity theft. Some techniques to gather information are straightforward while some are not and can violate privacy. Techniques will be demonstrated to control personal information and how to opt-out.

1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • Venesse

March 3

500368-5A

Tue

2:00 p.m. – 3:30 p.m.

How to Ride the Bus

(55 years and older)

In November 2004, Supervisor Hudgins and the Fairfax County Department of Transportation (FCDOT) introduced a unique Fairfax Connector bus that has been renovated and designed for training senior citizens to travel safely and independently on regional transit systems. The bus, called MATT (Mobile Accessible Travel Training), is used to educate seniors through a hands-on learning experience. Neighborhood and Community Services (NCS) staff will coordinate a transit experience centered on moving around the major transit locations in the North County corridor. The travelers-in-training will identify a bus stop near Reston Community Center, learn to read bus schedules and route maps, learn how to pay the fare and how to signal the driver to stop, as well as other bus travel skills. The bus will deliver participants to the Silver Line station where they will learn how to determine the fare and purchase Metrorail fare cards, load SmarTrip cards, read the system map, and board the trains to travel by rail. Participants will meet in the RCC Hunters Woods lobby at 1:00 p.m.

1, 3-hour session at RCC Hunters Woods
Free, Registration Req. • Muhoro

March 16

500109-5D

Mon

1:00 p.m. – 4:00 p.m.

May 15

500109-5E

Fri

1:00 p.m. – 4:00 p.m.

Identity Theft Protection

(55 years and older)

Each year the number of seniors who are subject to identity theft increases. From Social Security numbers, credit cards, mail and phone fraud, online accounts, and ATM skimming, thieves are after your information. This one-session class will demonstrate aspects of safeguarding your identity from paper records to electronic accounts. Participants will receive a checklist to use to review protection of critical information.

1, 2.5-hour session at RCC Hunters Woods
\$15 (R)/\$30 (NR) • O'Connell

April 16

500366-5A

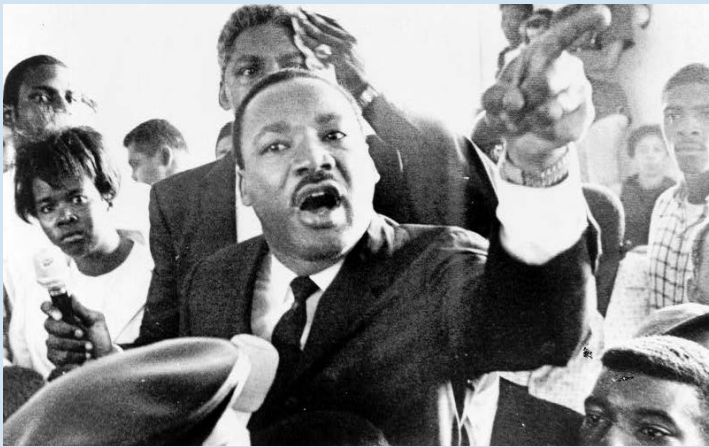
Thu

10:00 a.m. – 12:30 p.m.



RESTON PRESENTS

Reston Presents is a bi-monthly lecture and presentation series that highlights the multifaceted talents of Reston residents. Topics include anything from cooking demonstrations to stories from war veterans to book signings with local authors. Reston Presents is sponsored by Reston Association and Reston Community Center. All presentations are free. For more information, to learn about future programs, or to volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577. 18 years and older.



Diary of a Watts Princess

Monday, February 9

7:00 p.m. – 9:00 p.m.

RCC Lake Anne

FREE

505405-5C • Registration Required

Join Tamara Smiley Hamilton in a one-woman show as she reads from her memoir: *Diary of a Watts Princess: Lessons from A Blessed Life*. The presentation takes the audience on a journey with one African-American woman from the segregated south on the historic Black migration to urban Los Angeles. The guiding question is "What happened to the girl who grew up with major historical events: the Civil Rights Movement, the Watts Rebellion of 1965, the assassinations (Kennedys, Dr. King, Malcolm X) and the '60s in general?" This program is for educational purposes only; there will be no solicitation or obligations of attendees.



Cooking Techniques

Monday, April 13

7:00 p.m. – 9:00 p.m.

RCC Lake Anne

FREE

500376-5A • Registration Required

Join Chef Robert McKeon in a fun and informative lecture and demonstration of various cooking techniques. From food safety to How to Cook for Two, Chef Robert makes learning easy with his humorous and entertaining demonstrations. Chef Robert is a graduate of the Culinary Institute of America at Hyde Park and head chef at Tall Oaks Assisted Living Center in Reston. This program is for education purposes only; there will be no solicitation or obligations of attendees.



Learn to Play Mah Jongg

(55 years and older)

Learn to play the ancient Chinese game of Mah Jongg in a traditional setting (up to four players per game). This fun and challenging activity stimulates the mind. Materials are included in the registration fee.

4, 2.5-hour sessions at RCC Hunters Woods

\$26 (R)/\$52 (NR) • Coshland

January 7 – January 15

505540-5B Wed, Thu 1:00 p.m. – 3:30 p.m.

April 6 – April 14

505540-5C Mon, Tue 9:30 a.m. – 12:00 p.m.

Memoir Writing I

(55 years and older)

The basic tenets of writing memoirs are the focus of this course. Participants will explore useful writing topics during lively and supportive sessions, and between classes students will compose articles to read aloud and receive comments from classmates during the next session. Writers see the tangible results of their efforts in a printed and bound copy of their work provided at the end of the session. To ensure that all students are heard, class size is limited to eight.

8, 2.5-hour sessions at RCC Hunters Woods

\$40 (R)/\$80 (NR) • Mudd-Krijgelmans

January 5 – March 9 (No Class: Jan 19, Feb 16)

505525-5B Mon 10:00 a.m. – 12:30 p.m.

March 23 – May 11

505525-5C Mon 10:00 a.m. – 12:30 p.m.

Memoir Writing II

(55 years and older)

Building on the foundation of Memoir Writing I, this course delves further into key topics, such as form, style, and voice. To mold and frame the catalog of memories into one engaging tale, writers are advised to follow a story structure. It is the support of the group and its encouraging energy that will keep everyone motivated and on task. Those in the class may be working on their first draft, while others are on their final version. The different levels and viewpoints discussed provide tremendous support for each participant. To ensure that all students are heard, class size is limited to eight. Prerequisite: Memoir Writing I or instructor permission.

8, 2.5-hour sessions at RCC Hunters Woods

\$40 (R)/\$80 (NR) • Mudd-Krijgelmans

January 7 – March 11 (No Class: Jan 21, Feb 18)

504991-5B Wed 10:00 a.m. – 12:30 p.m.

March 25 – May 13

504991-5C Wed 10:00 a.m. – 12:30 p.m.

Retirement Planning for Couples

(55 years and older)

This class will encompass the many issues regarding planning for retirement with a special emphasis on those areas important to couples. Topics will include when to retire, calculating retirement needs, employer pension plans, 401(k) type plans, Individual Retirement Arrangements, Social Security, health insurance and Medicare, long term care, investing, and evaluating advisors.

2, 2-hour sessions at RCC Hunters Woods

Free, Registration Req. • Boucher

May 14 – May 15

500367-5A Thu, Fri 6:30 p.m. – 8:30 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



Senior Health Fair

(55 years and older)

Join us for our Senior Health Fair. This is an educational and interactive event designed for outreach to provide basic preventive medicine and medical screening to 55+ adults in the Reston community. There will be a variety of vendors and exhibitors to educate you on many aspects of health, wellness, fitness and lifestyle improvements. Topics to include chiropractic care, acupuncture, yoga for seniors, and nutrition. There will be health screenings to include cholesterol testing and blood pressure screenings. This event is cosponsored by Reston Community Center, Reston Association, Tall Oaks Assisted Living and Reston Hospital Center.

**1, 3-hour session at RCC Hunters Woods
Free, Registration Req. • Staff**

April 24

500371-5A Fri 1:00 p.m. – 4:00 p.m.

Time to Sell Your Home?

(55 years and older)

Selling a residence of many years is a major event. It is not like relocating for a job or moving to a larger home. There are emotional, physical, spiritual, financial, and social ramifications. And, it comes at a point in life when one's physical and/or emotional strength may be diminishing. The purpose of this class is to provide information and guidance that will help with this major undertaking and life change. Topics discussed include: to sell or not to sell, preparing the home for sale, and pricing the house correctly. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

**1, 2-hour session at RCC Hunters Woods
Free, Registration Req. • Flynn**

May 8

500231-5A Fri 1:00 p.m. – 3:00 p.m.

Understanding Medicare

(55 years and older)

Mari de Leon, with the Fairfax County Area Agency on Aging, returns to RCC with an enlightening discussion about Medicare. Medicare is complex and oftentimes confusing. Come hear an expert with a breadth of knowledge and the ability to explain even some of the most archaic aspects of the program. Don't miss out on this opportunity to learn more about Medicare from a true expert in the field.

**1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • De Leon**

February 12

500037-5B Thu 2:00 p.m. – 3:30 p.m.



Registration Begins

December 1 Reston • December 8 Non-Reston

55+ FITNESS & WELLNESS



Attention 55+ Drop-in Fitness Students: Hi/Lo & Strength, Strength Training for Seniors, and Zumba Gold are offered as part of the Drop-in Seniorcize pass series. Participants must purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR), bring the pass to every class, and swipe it at the Customer Service Desk prior to the start of each class. All Seniorcize land aerobics passes expire two years from the date of purchase. To assure your safety, you must be present at the beginning of class. Anyone arriving more than 10 minutes after class has started will not be admitted. RCC Fitness Classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

DROP-IN CLASSES

Hi/Lo & Strength

(55 years and older)

This comprehensive class includes a warm up and stretching session with 30 minutes of aerobics and 30 minutes of weight and resistance training. Bands and weights will be provided when necessary. Please purchase a 20-visit renewable pass for \$45 (R)/\$90(NR) and swipe it at the Customer Service Desk before class begins.

60-minute sessions at RCC Lake Anne Renewable Pass • Dantonio

January 5 – May 27 (No Class: Jan 19, May 25)
Pass Mon, Wed 10:00 a.m. – 11:00 a.m.

60-minute sessions at RCC Lake Anne Renewable Pass • Rook

January 9 – May 22 (No Class: Jan 30, April 3 & 17)
Pass Fri 10:45 a.m. – 11:45 a.m.



Strength Training for Seniors

(55 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominal. Students will use tubes, weights and the stability ball during this hour long class. The last 10 to 15 minutes is spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Please purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR) and swipe it at the Customer Service desk before each class begins.

**60-minute sessions at RCC Lake Anne
Renewable Pass • Dantonio**

January 6 – May 21

Pass Tue, Thu 9:00 a.m. – 10:00 a.m.

Zumba Gold

(55 years and older)

This course is specially designed for the active older adult by modifying the Zumba format, moves, and pacing to better suit the needs of the participant. What remains the same are all the fun elements that Zumba is known for: the zesty Latin music such as salsa, merengue, cumbia and reggaeton; the exhilarating easy to follow movements; and the invigorating, party-like atmosphere. Zumba Gold is the perfect fit for those seeking camaraderie, excitement and fitness as a regular part of the week. Please purchase a 20-visit renewable pass for \$45 (R)/\$90(NR) and swipe it at the Customer Service desk before class begins.

**60-minute sessions at RCC Lake Anne
Renewable Pass • Wiley**

January 9 – May 22 (No Class: January 30, April 3)

Pass Fri 9:30 a.m. – 10:30 a.m.



REGISTERED CLASSES

Fitness Fusion

(55 years and older)

Tone and firm the entire body while improving cardiovascular, strength and flexibility. This total body conditioning program combines fitness, yoga, Pilates and Tai Chi techniques to provide an efficient and enjoyable workout. Participants will utilize a mixture of equipment to keep the body guessing what comes next. This class will excite participants and keep them out of a fitness rut. Wear fitness shoes and clothing and bring water. Participants must be able to use a mat on the floor.

**14, 60-minute sessions at RCC Lake Anne
\$76 (R)/\$152 (NR) • Nickson**

January 6 – February 19

300014-5D Tue, Thu 12:00 p.m. – 1:00 p.m.

April 7 – May 21

300014-5E Tue, Thu 12:00 p.m. – 1:00 p.m.

55+ PATRONS

Register for any Fitness class on pages 80-87 and receive a 20 percent discount.

Gentle Yoga

(55 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. Participants will enjoy increased strength, flexibility, balance, coordination, and energy in a gently challenging way. Participants should bring a blanket, pillow, or beach towel.

18, 60-minute sessions at RCC Lake Anne
\$90 (R)/\$180 (NR) • Hill

January 5 – March 9 (No Class: January 19)

304995-5G Mon, Wed 10:00 a.m. – 11:00 a.m.

18, 60-minute sessions at RCC Lake Anne
\$90 (R)/\$180 (NR) • Green

January 6 – March 5

304995-5H Tue, Thu 10:45 a.m. – 11:45 a.m.

18, 60-minute sessions at RCC Lake Anne
\$90 (R)/\$180 (NR) • Hill

March 23 – May 20

304995-5I Mon, Wed 10:00 a.m. – 11:00 a.m.

18, 60-minute sessions at RCC Lake Anne
\$90 (R)/\$180 (NR) • Green

March 24 – May 21

304995-5J Tue, Thu 10:45 a.m. – 11:45 a.m.

Gentle Yoga II

(55 years and older)

This class is a continuation of Gentle Yoga, designed for senior adults. Participants will be introduced to new poses and poses will be held longer to facilitate increased strength, flexibility or balance. Participants must have completed at least one session of Gentle Yoga or have instructor's permission to register. Please bring a blanket or large towel to class.

18, 60-minute sessions at RCC Lake Anne
\$90 (R)/\$180(NR) • Green

January 6 – March 5

398523-5A Tue, Thu 9:30 a.m. – 10:30 a.m.

March 24 – May 21

398523-5B Tue, Thu 9:30 a.m. – 10:30 a.m.

Joint-Friendly Fitness

(55 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear appropriate footwear.

12, 45-minute sessions at RCC Lake Anne
\$68 (R)/\$136 (NR) • Fletcher

January 12 – February 13

(No Class: Jan 19 & 30, Feb 2)

300129-5A Mon, Wed, Fri 12:00 p.m. – 12:45 p.m.

March 2 – March 27

300129-5B Mon, Wed, Fri 12:00 p.m. – 12:45 p.m.

April 13 – May 11 (No Class: April 17)

300129-5C Mon, Wed, Fri 12:00 p.m. – 12:45 p.m.





Love to Dance

(55 years and older)

Get the heart pumping and muscles moving in this fun and energetic dance class that uses music from 1940s to present. Partners not required; wear dance-appropriate shoes. Bring water.

4, 60-minute sessions at RCC Lake Anne
\$35 (R)/\$70 (NR) • Nickson

March 24 – April 2

306029-5C Tue, Thu 12:00 p.m. – 1:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Slow Flow Hatha Yoga

(55 years and older)

Slow Flow Hatha Yoga introduces fluidity in movement and breathing. Class begins with centering and warm-ups, then moves to a soft vinyasa (flowing sequence-movement with breath). Slow Flow Hatha Yoga includes abdominal strengthening and a stronger standing sequence. The session ends with a period of cooling through stretching and deep relaxation (savasana). Modifications and props are available to assist with flexibility. Slow Flow Hatha Yoga is appropriate for those who have some yoga experience and are developing an understanding of breath, body awareness and control. This class is now being led as an intergenerational course to include those under the age of 55 years. For more information, please see the class description located in the Fitness & Wellness section of the general guide.

12, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Hagaman

January 20 – February 26

300169-5C Tue, Thu 1:15 p.m. – 2:15 p.m.

April 7 – May 14

300169-5D Tue, Thu 1:15 p.m. – 2:15 p.m.

Strength & Conditioning

(55 years and older)

The class improves strength, stability and provides an extra fat burning edge by combining weights, calisthenics, plyometrics and core training set to music from the ‘60s and ‘70s. Designed for intermediate and advanced level students.

8, 60-minute sessions at RCC Lake Anne
\$40 (R)/\$80 (NR) • Staff

January 7 – February 25

300145-5D Wed 6:00 p.m. – 7:00 p.m.

March 25 – May 20 (No Class: April 1)

300145-5E Wed 6:00 p.m. – 7:00 p.m.

Tai Chi Yang Style Short Form

(55 years and older)

The beginning level of Cheng Man Ching's Short Form is taught with special attention to principles learned in the Eight Ways of Tai Chi Chuan class. Thorough demonstrations and explanations of foot placement and direction, arm movements and sequence, along with ample practice time comprise each class. An emphasis on relaxation and enjoyment enhance the process of learning for improved health and well-being.

16, 60-minute sessions at RCC Lake Anne
\$80 (R)/\$160 (NR) • Smyers

January 13 – March 5

306010-5B Tue, Thu 11:30 a.m. – 12:30 p.m.

March 24 – May 14

306010-5C Tue, Thu 11:30 a.m. – 12:30 p.m.

Tai Chi Yang Style Short Form - Continuing

(55 years and older)

A continuation of the beginning level of Cheng Man Ching's Short Form is taught with special attention to basic principles of movement such as straightness, balance, strength of the legs, and moving from the center. Each class is comprised of demonstrations, clear explanations of the movements, and ample practice time. An emphasis on relaxation and enjoyment enhance the process of learning for improved health and well-being. Please Note: This class is a continuing class and prior participation in a Tai Chi Yang Style Short Form class is required.

16, 60-minute sessions at RCC Lake Anne
\$80 (R)/\$160 (NR) • Smyers

January 13 – March 5

306011-5B Tue, Thu 10:15 a.m. – 11:15 a.m.

March 24 – May 14

306011-5C Tue, Thu 10:15 a.m. – 11:15 a.m.

The Eight Ways of Tai Chi Chuan

(55 years and older)

Learn eight simple movements derived from the Tai Chi Yang Style Short Form by Master Cheng Man Ching. Each movement is a separate and complete unit that can be practiced by itself, independently of the others, and conveys all the benefits of Tai Chi. Emphasis is on balance, relaxation and ease of movement.

16, 60-minute sessions at RCC Lake Anne
\$80 (R)/\$160 (NR) • Smyers

January 13 – March 5

306025-5C Tue, Thu 9:00 a.m. – 10:00 a.m.

March 24 – May 14

306025-5D Tue, Thu 9:00 a.m. – 10:00 a.m.



55+ LANGUAGE LEARNING



ESL I

(55 years and older)

This class will help non-English speaking students learn English in a friendly, supportive environment. A comprehensive lesson plan and handouts will be provided to students.

8, 60-minute sessions at RCC Hunters Woods
Free, Registration Req. • Vogel

January 8 – February 26

505533-5B Thu 1:00 p.m. – 2:00 p.m.

March 19 – May 7

505533-5C Thu 1:00 p.m. – 2:00 p.m.

ESL II

(55 years and older)

This class is designed for students who have already participated in a beginning level ESL class or who have rudimentary English skills. A comprehensive lesson plan and handouts will be provided to students.

8, 60-minute sessions at RCC Hunters Woods
Free, Registration Req. • Vogel

January 8 – February 26

505565-5B Thu 2:00 p.m. – 3:00 p.m.

March 19 – May 7

505565-5C Thu 2:00 p.m. – 3:00 p.m.

ESL III

(55 years and older)

This class is for senior students who are more fluent in English but who would benefit from advanced grammatical studies and more attention to advanced conversational skills. Students will receive a comprehensive lesson plan and will focus on fine-tuning their speaking skills.

8, 60-minute sessions at RCC Hunters Woods
Free, Registration Req. • Vogel

January 6 – February 24

505534-5B Tue 1:00 p.m. – 2:00 p.m.

March 17 – May 5

505534-5C Tue 1:00 p.m. – 2:00 p.m.

Conversational English

(55 years and older)

This class is geared for senior students who are proficient in English but who would benefit from practicing conversational skills with other students in a friendly and supportive setting.

8, 60-minute sessions at RCC Hunters Woods
Free, Registration Req. • Vogel

January 6 – February 24

500399-5B Tue 2:00 p.m. – 3:00 p.m.

March 17 – May 5

500399-5C Tue 2:00 p.m. – 3:00 p.m.



Reston Community Center and Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to provide unique educational opportunities for those living and working in Reston. OLLI offers daytime courses, lectures, and special events, and the course leaders are often well-known experts in their fields who enjoy sharing knowledge. Several times a year, OLLI and RCC hosts collaborative programs at RCC Lake Anne. Non-OLLI members can register through RCC and participate at a reduced cost. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit www.lli.gmu.edu.

ASTROLOGY 101: You Are More Than Your Sign!

(55 years and older)

What do real Astrologers see when they look at your birth chart? Discover the wealth of planetary energies that are available to you. Did you know that while your "sign" expresses some basic energies that you reflect, your chart also shows your "inner self" (Moon), the way you learn/communicate (Mercury), your "warrior energies" (Mars), your Creative side "(Venus), your expansive energies (Jupiter), and the way you personally structure your life (Saturn). The geometric configuration of your 12 "planets" in 12 signs, in 12 "houses," gives you a unique signature (no two charts are ever alike). Add to this mix your Ascendant (the way others see you), and the outer planets (dreaming, meltdowns, evolutionary energy), and kick in a couple of asteroids like Chiron (inner healer), and the Moon's Nodes (Destiny) and you have an astonishing map of personal potential.

**1, 85-minute sessions at RCC Lake Anne
\$5 (R)/\$10 (NR) • White**

January 28

500393-5A

Wed

2:15 p.m. – 3:40 p.m.



Cliff Notes on Virginia History

(55 years and older)

Virginia native Ken Plum will provide an overview of the major events and trends of Virginia's long history. Add to your understanding of what makes Virginia unique and special whether you were fortunate to grow up in the Commonwealth or had the good sense to move here. Delegate Ken Plum is one of the founders of OLLI and a popular leader of courses on Virginia's history and government. A native Virginian who holds degrees from Old Dominion University and the University of Virginia, he is currently the longest-serving member of the House of Delegates. His weekly commentary appears in a local newspaper and in his electronic newsletter, *Virginia eNews*.

4, 85-minute sessions at RCC Lake Anne
\$16 (R)/\$32 (NR) • Plum

March 25 – April 15

500343-5A Wed 9:40 a.m. – 11:05 a.m.

The U.S. Endangered Species Act

(55 years and older)

Major concern for conserving disappearing species arose in the U.S. and elsewhere in the 1960s and led to passage of the Endangered Species Act in 1973. Since then, our understanding of the problems it sought to address and the appropriate means to solve them has evolved. Originally conceived by many conservationists as primarily a way of controlling the deliberate exploitation of vulnerable species, the endangered species program is now generally understood as an integrated resource management challenge based in the conservation of biodiversity. Many aspects of the law remain controversial or open to differing interpretation. The presentation will cover the philosophy and goals established by the act, some of the significant controversies that have affected its trajectory, the important roles that it assigns to Federal agencies, and the part played by Congress over its history.

1, 85-minute sessions at RCC Lake Anne
\$5 (R)/\$10 (NR) • Fay

January 21

500392-5A Wed 2:15 p.m. – 3:40 p.m.

Money Talk for Women

(55 years and older)

This course will teach women smart money management strategies that will increase security and help ensure a future free of financial worry. "Money Talk" covers five financial areas:

- Financial basics
- Insurance basics
- Investing basics
- Taxes and their effect on wealth management
- Planning for future life events

Each section includes lessons that demystify important financial concepts and exercises that help participants apply the information. Topics include "must-know" aspects of finances, such as attitudes and behaviors regarding money, cash flow management, record-keeping, borrowing, stocks and bonds, mutual funds, diversification, estimating needs and financial impacts of life-altering events, such as marriage, death, divorce and cohabitation. The class workbook, *Money Talk: A Financial Guide for Women*, has more than 45 worksheets to help participants evaluate their personal finances, set goals for financial well-being, and implement plans to reach those goals. Students are strongly encouraged to bring the workbook to each class session. Please go online and order the \$23 workbook from <http://tinyurl.com/louuw89>.

Linda Black, a Chartered Financial Counselor and a Chartered Retirement Planning Counselor®, has extensive experience counseling clients on portfolio construction, retirement issues, estate planning and asset protection strategies. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

4, 85-minute sessions at RCC Lake Anne
\$16 (R)/\$32 (NR) • Black

January 21 – February 11

500345-5A Wed 9:40 a.m. – 11:05 a.m.

OLLigopoly - Trivia for Fun

(55 years and older)

OLLigopoly is back in Reston. Join us in a spirited game of team trivia. If you like trivia, good music, sharing a few laughs, and having fun, then this class is for you. Past participants have said that OLLigopoly provides the most fun they have ever had in an OLLI course and they keep coming back for more. The game combines questions, information and strategy with music and enjoyment. Working as teams, participants ponder, plot and learn, all in an atmosphere of good-natured competition. There is only one rule in OLLigopoly...Have fun!

Bruce Mercer devises the questions and quirky visuals, and class members add the friendly spontaneity. There are chances to take home a coveted OLLIVIA trophy statuette, which is awarded to each member of the winning team. OLLI members have more OLLIVIA trophies than former Jeopardy champion Ken Jennings.

4, 85-minute sessions at RCC Lake Anne
\$16(R)/\$32 (NR) • Staff

April 22 – May 13

500328-5A Wed

9:40 a.m. – 11:05 a.m.



Our Dynamic Planet

(55 years and older)

This new speaker series will focus on the surface of the earth and the interactions between humans and the environment. From an understanding of the history of the earth we will proceed to current hot topics including how to meet our needs for energy and mineral resources, procedures and potential environmental impacts of fracking, climate change, the global carbon cycle, and recent geologic events.

- Jim McNeal, a scientist emeritus with the U.S. Geological Survey (USGS) earned a PhD in Geochemistry from Penn State. He was a professor at Adelphi University for three years and was a research geologist with the USGS. He is a docent at the Smithsonian National Museum of Natural History.
- Douglas Duncan, Associate Program Director of the USGS Energy Resources Program, focuses on unconventional oil and gas resources and carbon sequestration.
- Thomas Cronin, a USGS senior research geologist, earned a Ph.D. from Harvard University. He is the author of *Paleoclimates – Understanding Climate Change Past and Present*.

4, 85-minute sessions at RCC Lake Anne
\$16 (R)/\$32 (NR) • McNeal

January 20 – February 10

500340-5A Tue

2:15 p.m. – 3:40 p.m.





Road Scholar Presentation

(55 years and older)

Join us for a lively, open discussion of the many programs offered by Road Scholar. Not-for-profit Road Scholar's mission is to inspire adults to learn, discover and travel. Our learning adventures engage expert instructors, provide extraordinary access, and stimulate discourse and friendship among people for whom learning is the journey of a lifetime. Newcomers should walk away with knowledge and the breadth of learning adventures available to them in the U.S. and abroad, including intergenerational programs and service opportunities.

Ambassador Bobbie O'Brien, a Road Scholar participant since 2001, is a retired librarian and school administrator with abiding interests in reading, learning, and travel, all of which she inherited from her mother, an avid "Elderhosteler" herself.

1, 85-minute sessions at RCC Lake Anne
\$5 (R)/\$10 (NR) • O'Brien

February 4

500394-5A

Wed

2:15 p.m. – 3:40 p.m.

The War of 1812

(55 years and older)

"We have met the enemy..." were the words by which US Army Lieutenant Oliver Hazard Perry announced victory over the British at the Battle of Lake Erie on September 10, 1813. From the Great Lakes to the Chesapeake Bay and the city of New Orleans, the War of 1812 raged on. After 200 years, the causes are as confusing as the results. It was America's first declared and hotly debated war. It is another forgotten war in American history, but one in which future presidents became household names. The War of 1812 also produced terrible results for the Native Americans. Americans continued to expand westward, and issues such as "impressment" went away in time. The Napoleonic era came to an end. Francis Scott Key's poem became the nation's national anthem and America became a nation that had forged an identity. This class is led by the National Park Service rangers, who have participated with OLLI in more than 80 thematic courses, special events and trips since 2001.

8, 85-minute sessions at RCC Lake Anne
\$32 (R)/\$64 (NR) • Berger, O'Brian, Fenlon

March 24 – May 12

500342-5A

Tue

2:15 p.m. – 3:40 p.m.

55+ SOCIAL PROGRAMS



American Mah Jongg

(55 years and older)

American Mah Jongg is a fun, mentally stimulating game played with tiles rather than cards. This drop-in program is for experienced players. If you are a beginning player and want to learn to play Mah Jongg, please register for the Mah Jongg class. Information for the Mah Jongg class can be found on page 125.

20, 2.5-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

January 8 – May 28 (No Class: May 21)

Drop-in Thu 9:30 a.m. – 12:00 p.m.

Bridge Mondays

(55 years and older)

Intermediate and advanced level players are invited to join this enthusiastic group every Monday. Participants should bring their lunch for a midday break. Please Note: Bridge will end at noon on May 25 due to the Memorial Day early closing.

20, 4-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

January 5 – May 25 (No Class: Jan 19)

Drop-in Mon 10:00 a.m. – 2:00 p.m.

Bridge Tuesdays

(55 years and older)

Intermediate and advanced level players are invited to join this enthusiastic group every Tuesday. Bring a lunch for an enjoyable midday break.

21, 2-hour sessions at RCC Lake Anne

Free, Drop-in • Staff

January 6 – May 26

Drop-in Tue 11:00 a.m. – 1:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Chinese New Year Celebration

(55 years and older)

The Chinese New Year is a special event known as the Lunar New Year or the Spring Festival celebrated in many Southeast Asian countries and around the world. The New Year occurs at the beginning of the Lunar Calendar. This year February 19 marks the first day of the New Year and is the longest festival in China, it may last for fifteen days ending with the Lantern Festival. The Silver Light Association will entertain us with song and dance.

1, 2-hour session at RCC Hunters Woods
Free, Registration Req. • Staff

March 4

500239-5A Wed 2:00 p.m. – 4:00 p.m.

Jamaican January Senior Social

(55 years and older)

Come in out of the cold and join friends and neighbors at our jammin' Jamaican January Senior Social. Learn about RCC and RA winter trips and programs with a warm and friendly tropical celebration.

1, 90-minute session at RCC Hunters Woods
Free, Registration Req. • Staff

January 22

500364-5A Thu 1:30 p.m. – 3:00 p.m.

Let's Play Cards

(55 years and older)

Come play cards - Hearts, Canasta, Hidden Pack Canasta or Bunco. This drop-in program is designed for people who love to play cards, want to learn to play different card games or meet new people. The group will decide which card games will be played at each session. It may be two tables of Hearts, one of Canasta, or everyone may decide to play Bunco. Join the fun and stimulate the mind at the same time.

21, 3-hour sessions at RCC Hunters Woods
Free, Drop-in

January 6 – May 26

Drop-in Tue 12:30 p.m. – 3:30 p.m.

CLASSIC CINEMA



Be swept back through the years as you watch timeless films in the comfort of the CenterStage. Movies are shown from 10:00 a.m. to 12:00 p.m. and include a free continental breakfast beginning at 9:30 a.m.

MONDAY, JANUARY 5
Annie, Get your Gun

MONDAY, FEBRUARY 2
Cabin in the Sky

MONDAY, MARCH 2
Kiss Me, Kate

MONDAY, APRIL 6
Seven Brides for Seven Brothers

MONDAY, MAY 4
Bye-Bye, Birdie

Turn to page 10 for more information.



Line Dancing

(55 years and older)

Dive into the popular world of modern line dancing. Learn the classic country favorites, newest pop dances, and many styles in between. Dances will be taught for all levels, providing enjoyment for beginners and experienced dancers alike. Please wear shoes that will slide on the wood floor.

8, 90-minute at RCC Hunters Woods
\$30 (R)/\$60 (NR) • Richardson

January 21 – March 18 (No Class: March 4)

505711-5B Wed 2:00 p.m. – 3:30 p.m.

April 1 – May 20

505711-5C Wed 2:00 p.m. – 3:30 p.m.

Open Pinochle

(55 years and older)

Participate in an open pinochle game. This is a great time to socialize with new friends and learn how to play the game. Beginners welcome.

21, 2.5-hour sessions at RCC Hunters Woods
Free, Drop-in • Staff

January 7 – May 27

Drop-in Wed 10:30 a.m. – 1:00 p.m.

St. Patrick's Day Social

(55 years and older)

It's never too early to celebrate the luck o' the Irish. Spend the afternoon with friends while enjoying a light traditional Irish lunch and beautiful Irish music with Music by Anthem. Plan your social calendar while learning about upcoming 55+ trips, classes, and events. This event is co-sponsored by Reston Community Center and Reston Association.

1, 2.5-hour session at RCC Hunters Woods
\$5 (R)/\$10 (NR) • Staff

March 12

500365-5A Thu 12:00 p.m. – 2:30 p.m.

Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun; partners are not required. Cost is per session. For more information, please contact Karen Brutsché, 55+ Program Director at 703-390-6157.

1, 2-hour session at RCC Hunters Woods
\$5 (R)/\$10 (NR) payable at the door

January 11, February 8, March 8, April 12, May 10

Drop-in Sun 2:30 p.m. – 4:30 p.m.



55+ TRIPS & TOURS



General Information for 55+ Trips and Tours:

Unless otherwise stated, charter buses will depart from RCC Lake Anne and RCC Hunters Woods and participants should arrive 30 minutes prior to the stated bus departure time.

Cancellations: Please see our cancellation/refund policy on the Registration Information Page.

Emergency Forms: Prior to the trip, participants will receive an itinerary and an emergency form. Please complete the form and bring it on the day of the trip. Please bring photo identification the day of the trip.

ADA Accommodations: Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

Alvin Ailey Dance - Kennedy Center

(55 years and older)

As one of the world's favorite dance companies, Alvin Ailey American Dance Theater returns to the Kennedy Center. Experience the dancers' exciting sense of joy and freedom in this year's performance of their signature masterpiece, *Reflections*, guided by Artistic Director Robert Battle.

Trip fee includes transportation and admission.

12:00 p.m. Depart RCC Lake Anne
12:30 p.m. Depart RCC Hunters Woods
6:00 p.m. Estimated return to Reston

1, 6-hour trip

\$98 (R)/\$196 (NR) • Staff

February 8

500373-5A

Sun

12:00 p.m. – 6:00 p.m.



Chicago - The Musical

(55 years and older)

Chicago is the #1 longest-running American musical in Broadway history and has everything that makes Broadway great: a universal tale of fame, fortune and "all that jazz." Enjoy the most astonishing dancing ever seen and one show-stopping song after another at the National Theatre. *Chicago* has been honored with six Tony Awards, two Olivier Awards, and a Grammy.

Trip fee includes transportation and admission.

12:00 p.m. Depart RCC Lake Anne
 12:30 p.m. Depart RCC Hunters Woods
 6:00 p.m. Estimated return to Reston

1, 6-hour trip
\$92 (R)/\$184 (NR) • Staff

February 15
 500363-5A Sun 12:00 p.m. – 6:00 p.m.

Diplomatic Reception Rooms

(55 years and older)

Walk in a foreign dignitary's shoes on a tour of the Diplomatic Reception Rooms at the State Department, a collection of 42 rooms used by the Secretary of State, the Vice President, and Cabinet members to entertain world leaders. Tour seven rooms, including the Franklin Dining Room, where the carpet is so large that it had to be brought in by cranes. What makes this tour special is the magnificent collection of early-Americana art and furnishings such as the desk where Benjamin Franklin, John Adams, and John Jay signed the Treaty of Paris in 1783.

Trip fee includes transportation.

7:30 a.m. Depart RCC Lake Anne
 8:00 a.m. Depart RCC Hunters Woods
 1:00 p.m. Estimated return to Reston

1, 5.5-hour trip
\$18 (R)/\$36 (NR) • Staff

February 24
 500348-5A Tue 7:30 a.m. – 1:00 p.m.

Montpelier and the Market at Grelen

(55 years and older)

Nestled in the foothills of the Blue Ridge Mountains, Montpelier was the lifelong home of President James Madison and his wife, Dolly. It was at Montpelier where Madison researched past democracies and conceived of the system of government that became our republic. The Montpelier estate features the Madison mansion, historic buildings, exhibits, gardens, a new Visitor Center, and a freedman's cabin and farm. Lunch at Grelen's Market will precede the Montpelier tour.

Fee includes transportation, admission, and a boxed lunch.

8:30 a.m. Depart RCC Lake Anne
 9:00 a.m. Depart RCC Hunters Woods
 5:30 p.m. Estimated return to Reston

1, 9-hour trip
\$60 (R)/\$120 (NR) • Staff

March 18
 500346-5A Wed 8:30 a.m. – 5:30 p.m.



American Visionary Art Museum

(55 years and older)

The American Visionary Art Museum is located in Baltimore, MD's Federal Hill neighborhood and specializes in the preservation and display of visionary art. The city agreed to give the museum a piece of land on the south shore of the Inner Harbor under the condition that its organizers would clean up residual pollution from a copper paint factory and a whiskey warehouse that formerly occupied the site. It has been designated by Congress as America's national museum for self-taught art. After the tour there will be time to visit the Inner Harbor for lunch on your own and shopping.

Trip fee includes transportation and museum admission.

8:30 a.m. Depart RCC Lake Anne
9:00 a.m. Depart RCC Hunters Woods
5:00 p.m. Estimated return to Reston

1, 8.5-hour trip
\$45 (R)/\$90 (NR) • Staff

March 27
500347-5A Fri 8:30 a.m. – 5:00 p.m.

Lavender Fields Herb Farm

(55 years and older)

Just in time for spring planting, visit this unique 37-acre organic farm located in Glen Allen, VA, featuring more than 200 varieties of herbs, flowers, and vegetables. The day begins with a fresh and delicious lunch outdoors (including homemade ice cream) overlooking the gardens. After lunch enjoy a lecture about cooking with fresh herbs. There will be time to take a delightful walk along the Chickahominy River or to explore the gift shop for purchasing potted or dried herbs, container plants, or unique handmade gifts.

Trip fee includes transportation, lunch, and lecture.

8:30 a.m. Depart RCC Lake Anne
9:00 a.m. Depart RCC Hunters Woods
5:00 p.m. Estimated return to Reston

1, 8.5-hour trip
\$50 (R)/\$100 (NR) • Staff

April 28
500115-5A Tue 8:30 a.m. – 5:30 p.m.

U.S. Botanic Garden

(55 years and older)

Steeped in history and rich with tradition, the U.S. Botanic Garden (USBG) is a living plant museum that informs visitors about the importance and irreplaceable value of plants to the well-being of humans and to earth's fragile ecosystems. Participants should bring a bag lunch or purchase lunch at the nearby Potbelly restaurant to enjoy in the beautiful gardens. A docent will greet participants, give an overview of the gardens, and point out areas of the grounds for self-guided exploration.

Trip fee includes transportation; admission is free.

8:30 a.m. Depart RCC Lake Anne
9:00 a.m. Depart RCC Hunters Woods
4:30 p.m. Estimated return to Reston

1, 8-hour trip
\$20 (R)/\$40 (NR) • Staff

May 14
500372-5A Thu 8:30 a.m. – 4:30 p.m.

Cinderella, the Opera - Kennedy Center

(55 years and older)

Rossini's popular retelling of the beloved Cinderella story adds a few fabulous twists to the traditional fairy tale and clever romantic comedy in this bright and whimsical production by the Washington National Opera and directed by Joan Font. Considered one of his finest vocal works, Rossini's opera glows with captivating bel canto singing and stars mezzo-soprano Isabel Leonard. Sung in Italian with projected English titles.

Trip fee includes transportation and admission.

5:00 p.m. Depart RCC Lake Anne
5:30 p.m. Depart RCC Hunters Woods
12:00 a.m. Estimated Return to Reston

1, 7-hour trip

\$125 (R)/\$250 (NR) • Staff

May 19

500374-5A Tue 5:00 p.m. – Midnight

Bay Lighthouse Cruise

(55 years and older)

Embark a 65' custom-built yacht at Annapolis City Dock for a fun-filled three-hour cruise with a boxed lunch. A 19th century costumed Lighthouse Keeper will entertain with humor, anecdotes, music, and tales while the ship cruises past nearby Bay lighthouses. Climate-controlled conditions are on the lower deck, and open air and covered areas are on the upper deck.

Trip fee includes transportation, lunch, and cruise fees.

8:30 a.m. Depart RCC Lake Anne
9:00 a.m. Depart RCC Hunters Woods
6:30 p.m. Estimated return to Reston

1, 10-hour trip

\$88 (R)/\$176 (NR) • Staff

May 28

500375-5A Thu 8:30 a.m. – 6:30 p.m.



AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

55+ VISUAL ARTS



55+ Ceramics

(55 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and three 1-hour visits to the Open Ceramics Studio. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne

\$55 (R)/\$110 (NR) • Joder

January 6 – February 24

452509-5C Tue 10:00 a.m. – 12:30 p.m.

March 24 – May 19 (No Class: March 31)

452509-5D Tue 10:00 a.m. – 12:30 p.m.

Acrylic Painting for Beginners

(55 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Coulter-Blehert

March 27 – May 22 (No Class: April 3)

455011-5C Fri 10:00 a.m. – 1:00 p.m.

Intermediate Watercolor Painting

(55 years and older)

This class is for artists who have previous watercolor experience. Learn techniques to achieve a variety of textures and atmospheric effects, construct a strong painting composition using simple tools, simplify a complex scene into basic shapes and choose the best colors for your subject. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Zahid

January 9 – February 27

455012-5C Fri 2:00 p.m. – 4:00 p.m.

March 27 – May 22 (No Class: April 3)

455012-5D Fri 2:00 p.m. – 4:00 p.m.

Watercolor for Beginners

(55 years and older)

Begin your adventure with watercolor painting in eight fun classes. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Zahid

January 8 – February 26

455526-5C Thu 1:30 p.m. – 3:30 p.m.

March 26 – May 21 (No Class: April 2)

455526-5D Thu 1:30 p.m. – 3:30 p.m.

Young at Art Exhibit

(55 years and older)

Celebrate the seasoned artistry and talents of adults ages 55 and older at RCC's annual Young at Art exhibit. Showcasing an impressive array of art, the exhibit is a reflection of the wealth of creativity flourishing in our community. A reception with light refreshments will be held in the Community Room to honor all participants. Entry forms will be available beginning February 15 at RCC Lake Anne and RCC Hunters Woods information desks as well as on the RCC website. For further information, please contact Gloria Morrow, Exhibit Coordinator, at 703-390-6187 or Gloria.Morrow@fairfaxcounty.gov.

RCC Hunters Woods

April 1 – 30

Reception: RCC Hunters Woods Community Room

Thursday, April 16, 2:00 p.m. – 3:30 p.m.



WOODWORKING



Good Neighbors Woodworking Group

(55 years and older)

The Good Neighbors Woodworking Group meets each Tuesday in the RCC Woodshop to design, construct, and decorate wooden toys. The toys are then donated to non-profit organizations in the Reston area. Everyone is invited to stop by and take a look at the beautiful toys that the Good Neighbors create. Experience in woodworking and painting techniques is a plus. However, training will be provided for beginners. Participants must be registered RCC volunteers and will be provided with the appropriate volunteer form to complete during the first attending session.

RCC Hunters Woods

Free, Drop-in • Church

January 6 - May 26

Drop-in Tue 9:00 a.m. – 3:00 p.m.

Don't miss out on the many wonderful woodcraft classes and open lab sessions that RCC offers, listed in the Woodworking section on pages 109-112.

Reston Community Center Enriches Lives and Builds Community for All of Reston

Mission

To create positive leisure, cultural and educational experiences which enhance the quality of life for all people living and working in Reston by:

- Providing a broad range of programs in arts, aquatics, recreation, enrichment and life-long learning.
- Creating and sustaining community traditions through special events, outreach activities, and facility rentals.
- Building community through collaboration and celebration.

Governance

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

Funding

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees at greatly subsidized rates.

Code of Conduct

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others.

Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- **Angry or vulgar language including swearing, name calling and shouting.**
- **Physical contact with another person in any angry or threatening way.**
- **Displaying an object or weapon that can be considered harmful or threatening.**
- **Any demonstration of sexual activity or sexual contact with another person.**
- **Behavior deemed lewd or lascivious.**
- **Harassment or intimidation with words, gestures, body language or other menacing behavior.**
- **Behavior which intends or results in theft or destruction of property.**
- **Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.**
- **Intrusion upon an event to which one is not an invited or registered participant.**
- **Being under the influence of alcohol or drugs.**

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. **No refunds will be given.**

Fee Waiver Program

Reston Community Center provides fee waivers to help eligible residents and employees of Small District 5 participate in RCC programs. This program provides financial assistance to low-income families receiving public assistance or meeting our income requirements. Completed forms are confidential and will be kept on file for one year. If your household is eligible, a fee waiver account for each family member will be created, and may be used for any combination of RCC programs, classes or trips during the 12-month period of July 1, 2014 - June 30, 2015.

ADA Accommodations

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).



RCC Board of Governors



Beverly A. Cosham



William G. Bouie



Lisa Sechrest-Ehrhardt



William Keefe



John Mendonça



Michelle Moyer



William Penniman



Vicky Wingert



Gerald Zavala

ADMINISTRATION

Leila Gordon
Thomas Ward
Renata Wojcicki
BeBe Nguyen
Harunor Rashid
Pam Leary
Mia Arguinzoni
Warren Bailey
Jan Bradshaw
Cristin Bratt
Vincent Brown
Sumi Gallas
Linda Greco
Samantha Korkowski
Greg Minassian
Adam Newland
Grazyna Siebor
Carrie Ann Toreno
Barbara Wilmer
Ling Zhao

Executive Director
Deputy Director
Finance Director
Director of Communications
Network Administrator
Customer Service Manager
Personnel Specialist
Customer Service
Customer Service
Public Information Officer
Customer Service
Asst. Customer Service Manager
Customer Service
Graphic Artist
Customer Service
Customer Service
Accounting Specialist
Graphic Artist
Executive Assistant
Customer Service

AQUATICS

Joe Leary
Rifat Chowdhury
Ivan Cole
Levi Lainhart
Melissa Murray
Scott Sorenson

Aquatics Director
Customer Service
Customer Service
Aquatics Program Director
Customer Service
Aquatics Night/Weekend Manager

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance, and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

ARTS & EVENTS

Paul Douglas Michnewicz
Mark Brutsché
Cheri Danaher
Kevin Danaher
Linda Ifert
Gloria Morrow
Patrick Pacak
William D. Parker

Arts & Events Director
Assistant Technical Director
Arts Education Director
Community Events Director
Technical Director
Arts Education Assistant
Box Office Assistant
Box Office Manager

LEISURE & LEARNING

Eileen Boone
Joe Brown
Karen Brutsché
Kenny Burrowes
Ali Clements
Teresa Fletcher
Kim Gollop-Pagani
Debbie Heron
Jonathan Navarro
Susan Zaboji

Leisure & Learning Director
Teen and Family Assistant
55+ Program Director
Teen & Family Program Director
Adult Program Assistant
Fitness Program Assistant
Youth Program Assistant
Youth Program Director
Adult & Fitness Program Director
55+ Program Assistant

MAINTENANCE & FACILITIES

Brian Gannon
Mohammed Alhadi
Santos Campos
Patricia Farrell
Gilberto Guardado
David Miller
Trung Nguyen
Fred Russo
John Scurto
Edgar Siles
Ken Wade

Facility Booking Manager
Facility Team
Facility Team
Facility Supervisor
Facility Team
Facility Team
Facility Team - Lake Anne
Building Engineer
Facility Team - Hunters Woods
Facility Team
Facility Team

Photos in this Program Guide were taken by our staff photographer, Linda Rutledge, and professional photographer, Jim Kirby, for RCC.

RESTON COMMUNITY CENTER

55+ Carpool Form

Name	First		Last	
Home Address				
City		State	Zip	
Phone	Home		Cell	
E-Mail Address				

ABOUT THE CARPOOL INITIATIVE

RCC encourages ride sharing by our patrons attending 55+ programs and events. If you want to participate as a volunteer driver, or if you are a passenger seeking transportation assistance to visit RCC, please complete and submit this form. Forms can be mailed, faxed, or dropped off in person at either of the RCC facilities. In order to help facilitate ride sharing, RCC will share contact information only among those community members who have signed up to serve as a driver or to participate as a passenger. Please contact the 55+ Director at 703-390-6157 if you need any additional information.

I AM INTERESTED IN BEING PLACED ON A CAR POOL LIST AS A:

- Driver
 Passenger

CARPOOL DISCLAIMER

This service is provided solely as a referral service for potential carpool partners. This service does not assess the suitability of individuals participating in a car pool program nor does it match participants. Information shared by RCC is limited to name, phone, and/or email addresses of possible car pool partners. Participants are solely responsible for determining whether and when it is appropriate to meet with potential car pool partners. Participation in a car pool program is an individual decision. It is solely your responsibility to notify your insurance provider of your intent to carry passengers and insure that you are adequately covered to protect yourself and your passengers. Completion and submission of this form does not obligate you to join a car pool. It is an expression of your interest in exploring car pool options available to you and allows RCC to publish and share your information with other interested parties.

SIGNATURE: _____ **DATE:** _____

Reston Community Center - the CenterStage 2014-2015 Professional Touring Artist Series Ticket Order Form

Tickets for the 2014-2015 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no Senior or Youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. – 9:00 p.m. once the order is processed.

CENTERSTAGE BOX OFFICE INFORMATION



Online: www.restoncommunitycenter.com
Available until two hours before a performance and requires payment of a processing fee.



By Mail: **Return a Ticket Order Form to
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191**



In Person: Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.
Saturday: 1:00 p.m. – 5:00 p.m.
Two hours prior to curtain time



703-476-4500, Press '3' • 800-828-1120 (TTY)
Please provide the following information when you call:

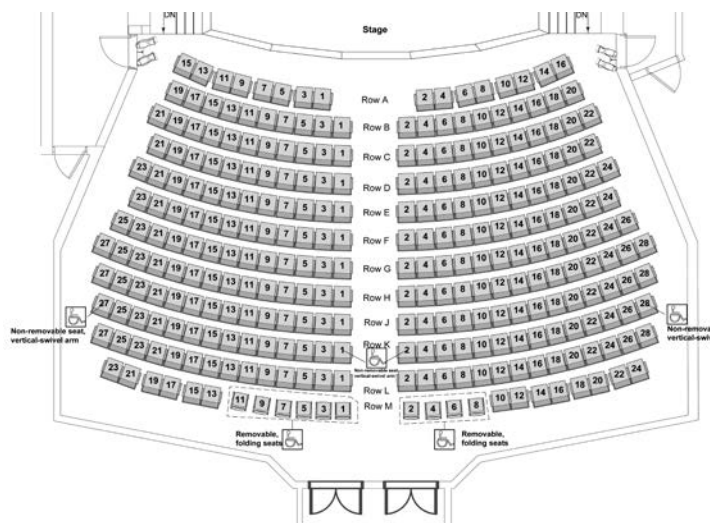
- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- **RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.**
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)



Fax: **Fax Ticket Order Form to 703-476-2488.**

PLEASE NOTE:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.



Reston Community Center - the CenterStage 2014-2015 Professional Touring Artist Series Ticket Order Form

Adult Name	First		Last						
Home Address									
City				State	Zip				
Phone	Home				Cell				
				Resident of Small District 5?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
E-Mail Address									
<input type="checkbox"/> I would like to receive CenterStage promotional emails.									

Performance	Date	Time	Reston		Non-Reston		Sub-total
			\$ Per Ticket	#	\$ Per Ticket	#	
New York Festival of Song - <i>At Harlem's Height</i>	Dec 5	8:00 p.m.	\$20		\$40		
Anna Deavere Smith - <i>Snapshots: Portraits of a World in Transition</i>	Jan 18	8:00 p.m.	\$25		\$50		
Anna Deavere Smith - MLK Keynote Address & Community Lunch	Jan 19	12:00 p.m.	\$5		\$10		
Lúnasa	March 18	8:00 p.m.	\$25		\$50		
<i>Mr. Vaudeville & Friends</i> with Mark Brutsché	March 29	3:00 p.m.	\$5		\$10		
<i>Boom!</i> Choreographed by Cynthia Oliver	April 1	8:00 p.m.	\$15		\$30		
Trout Fishing in America with Dana Louise	April 26	3:00 p.m.	\$15		\$30		
<i>Persistent Voices</i> - Choreographed by Daniel Phoenix Singh	May 6	8:00 p.m.	\$15		\$30		
Turtle Island Quartet with Tierney Sutton	May 30	8:00 p.m.	\$25		\$50		
Totals							\$
						Grand Total	\$

Payment Options

CARD HOLDER'S NAME : _____

CHARGE: Mastercard Visa **EXP. DATE:** _____

ACCOUNT #: _____

SIGNATURE: _____

Check - Payable to Reston Community Center

Cash is accepted in person during Box Office Hours

Seating Information

Your ticket request will be filled in the order in which it was received. RCC Box Office Staff will make every effort to seat you as close as possible to your request.

GENERAL REQUEST: _____

SPECIFIC SEATS: Row(s) _____
Seat(s) _____

ANY SPECIAL NEEDS?: (i.e. Wheelchair, hearing assistance, etc.)

Community Arts Organizations Ticket Order Form

Tickets for Community Arts Organization events held at the Reston Community Center (the CenterStage or the Community Room) are available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation.

Season subscription ticketing is handled differently by different organizations. Priority ordering information is provided with confirmation of the season subscription. Information about contacting each Community Arts Organization is listed in its event description.

Prices, dates and titles are subject to change. Please contact Box Office with any questions.

Classical Ballet Theatre

An Evening with Classical Ballet Theatre

- **Adults - \$22**
- **Students(12-)/Seniors (65+) - \$18**

Tickets available online at www.ctbnva.org and at the CenterStage Box Office.

Ravel Dance Studio

The Sleeping Beauty and Broadway's Best

- **All Ages - \$18**

Available only at Ravel Dance Studio and remaining tickets, if any, at the CenterStage Box Office on performance dates.

Reston Chorale

Made in the U.S.A.

- **Adults - \$25**
- **Seniors (62+) - \$20**
- **Youth (17 -) - FREE with a ticketed adult**

Tickets are available online at www.restonchorale.org and at the CenterStage Box Office beginning Saturday, April 25

Groundworks Dance

Spring Concert

Pricing information available at the CenterStage Box Office two weeks prior to performances.

Reston Community Players

Rehearsal for Murder

- **Adults - \$20**
- **Students(18-)/Seniors (65+) - \$17**

Sunset Boulevard

- **Adults - \$23**
- **Students (18-)/Seniors (65+) - \$20**

Ken Ludwig's The Fox on the Fairway

- **Adults - \$20**
- **Students (18-)/Seniors (65+) - \$17**

Tickets are available online at www.restonplayers.org and at the CenterStage Box Office.

CENTERSTAGE BOX OFFICE INFORMATION



Online:

www.restoncommunitycenter.com

Available until two hours before a performance and requires payment of a processing fee.



By Mail:

**Return a Ticket Order Form to
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191**



In Person:

Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.

Saturday: 1:00 p.m. – 5:00 p.m.

Two hours prior to curtain time



Phone:

703-476-4500, Press '3' • 800-828-1120 (TTY)

Please provide the following information when you call:

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- **RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.**
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)



Fax:

Fax Ticket Order Form to 703-476-2488.

Notes:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.

Prices, dates and titles are subject to change. Please contact the Box Office with any questions.

Reston Community Center - the CenterStage Community Arts Organization Ticket Order Form

Adult Name	First		Last	
Home Address				
City			State	Zip
Phone	Home			Cell
E-Mail Address				

HOW DID YOU LEARN ABOUT THIS EVENT? _____

- Please add me to the mailing list for this organization I would like to receive RCC CenterStage promotional emails
 I would like confirmation regarding this order

Reservation Information

Orders may be placed two weeks prior to the first performance.

ORGANIZATION:

- Classical Ballet Theatre**
 Reston Community Players
 Reston Choral
 Other: _____

PERFORMANCE TITLE: _____

DAY OF WEEK: _____

DATE: _____

CURTAIN TIME: _____

Ticket Information

Amount	Ticket Type	@	Price per Ticket	=	Total Price
	Adult	@	\$	=	\$
	Senior	@	\$	=	\$
	Youth	@	\$	=	\$
	Other*	@	\$	=	\$
	Season Tickets		PREPAID		PREPAID
	TOTAL				TOTAL \$

*Comp, Group, Pass, etc.
Please Note: If ordering for more than one performance or organization, use separate order forms.

Payment Options

CARD HOLDER'S NAME : _____

CHARGE: Mastercard Visa **EXP. DATE:** _____

ACCOUNT #: _____

SIGNATURE: _____

- Check - Payable to Reston Community Center**
 Cash is accepted in person during Box Office Hours

Seating Information

Your ticket request will be filled in the order in which it was received. RCC Box Office Staff will make every effort to seat you as close as possible to your request.

GENERAL REQUEST: _____

SPECIFIC SEATS: Row(s) _____
Seat(s) _____

ANY SPECIAL NEEDS?: (i.e. Wheelchair, hearing assistance, etc.)

RCC USE ONLY

Date Received:	Order Notes:
----------------	--------------

RESTON COMMUNITY CENTER

Class/Trip/Camp/Volunteer/Pass Registration Information

REGISTRATION SCHEDULE

Fall: August 1 Reston/August 8 Non-Reston	Winter/Spring: December 1 Reston/December 8 Non-Reston
Summer Camp: February 1 Reston/ February 8 Non-Reston	Summer: May 1 Reston/May 8 Non-Reston

SMALL DISTRICT 5

- Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates.
- Residency status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is located on our website.

PRIORITY RESTON REGISTRATION

- Priority registration for Small District 5 (Reston) residents and/or employees will be the 1st-7th of each scheduled registration month.
- RCC will not process your payment until your enrollment has been confirmed.

NON-RESTON REGISTRATION

- Non-Reston registration follows the end of priority Reston registration.

PROGRAM FEES, PASSES

- Program fees are listed in this guide as Reston/Non-Reston (e.g., \$35/\$70).
- Patrons 55 years and older receive a 20% discount on class fees (except in cases where the class fee is payable to someone other than RCC). This discount does not apply to 55+ programs or trips, Adult & Family trips, or drop-in programs.
- Patrons under age 55 can register for 55+ programs or trips if space is available after priority Reston registration. Program fees will be doubled.
- All passes will expire 2 years from date of purchase, with the exception of 3-month and 12-month pool passes.

REGISTRATION FORM

- Family members living in the same household should complete a single Class, Trip, Camp, Volunteer, Pass registration form.
- Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.
- Patrons may also register online when online registration opens.

PAYMENT

- Payment is required upon registration.
- Pay by cash, check (payable to Reston Community Center), money order, MasterCard or VISA.
- Cash payments cannot be accepted during Reston priority registration.

CONFIRMATION

- Registration confirmations will be emailed.
- The confirmation will indicate if you are enrolled or waitlisted.

CLASS CANCELLATION

- If the minimum enrollment has not been met 7 days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.

REFUND/CANCELLATION POLICY

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee (50% for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place (less a 50% processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.
- No refunds are given for any class, trip, camp or pass with a fee of \$10 or less.
- Refunds will be issued to the original credit card or by check from Fairfax County if the original payment was cash or check.

INCLEMENT WEATHER POLICY

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

PATRON HEALTH AND SAFETY

Patrons showing signs of a communicable disease or illness including vomiting, diarrhea, or a temperature of over 100 degrees should remain at home.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

PATRON SATISFACTION

Our goal is to make your experience at a RCC a positive one. Please let us know if you have any concerns or issues.

4 EASY WAYS TO REGISTER:

By Fax: 703-476-2488 • Online: www.restoncommunitycenter.com • In Person
By Mail: Reston Community Center, 2310 Colts Neck Rd, Reston, VA 20191



RESTON COMMUNITY CENTER Class/Trip/Camp/Volunteer/Pass Registration Form

USE ONE FORM PER HOUSEHOLD (ONLY FAMILY MEMBERS RESIDING AT THE SAME ADDRESS) • PLEASE PRINT

Adult Name	First	Last
Home Address		
City	State	Zip
Phone	Home	Cell
Emergency		
New Address	<input type="checkbox"/> Yes <input type="checkbox"/> No Resident of Small District 5? <input type="checkbox"/> Yes <input type="checkbox"/> No Work in Small District 5? <input type="checkbox"/> Yes <input type="checkbox"/> No	
If yes, provide business address		

ACTIVITY NUMBER	PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	SEX	ACTIVITY NAME	REG. FEE

Please attach an additional form if you need more space **TOTAL FEES: \$**

CREDIT CARD INFORMATION	FORM OF PAYMENT
CARD HOLDER'S NAME #: _____ CHARGE: <input type="checkbox"/> MASTERCARD <input type="checkbox"/> VISA EXP. DATE: _____ ACCOUNT #: _____ SIGNATURE: _____	<input type="checkbox"/> CASH <input type="checkbox"/> MONEY ORDER <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD (VISA OR MC) <input type="checkbox"/> OTHER _____

PLEASE NOTE: Please do not make changes to this paragraph. Participation in RCC programs is contingent on all the following conditions.
 I recognize that there may be risks in participating in programs and activities being offered by Reston Community Center ("RCC"), and I understand that RCC strongly recommends that any person participating in any such program or activity should be covered by insurance while participating in any such program. By my signature below, I acknowledge and agree that RCC, the Governing Board of RCC, the Board of Supervisors of Fairfax County, the employees of RCC and Fairfax County, together with the volunteers assisting RCC and the County, are protected against claims for liability by the doctrine of sovereign immunity, and I agree to hold such entities and persons harmless from any and all property damage or bodily injury that may result from my participation. If I am registering a child, by my signature below, I represent that I am the parent/legal guardian of the child being enrolled and that I am making the representations stated above on behalf of that child. I also recognize that employees of RCC and/or the County may take and edit photographs and/or video tapes of RCC programs for either archival or public relations purposes. By my signature below, I acknowledge and agree that any such photographs and/or videos are the property of RCC and/or the County, that any such photos and/or videos may be used in the publications of RCC and/or the County without compensation to me, and that any such photos and/or videos may be subject to the Virginia Freedom of Information Act and other applicable laws. Finally, by my signature below, I acknowledge and agree to the RCC refund and cancellation policy.

SIGNATURE: _____ **DATE:** _____

RCC USE ONLY
DATE STAMP

Reston Community Center Aquatics Registration Form

REGISTRATION SCHEDULE

Fall: August 1 Reston/August 8 Non-Reston	Winter/Spring: December 1 Reston/December 8 Non-Reston
Summer Camp: February 1 Reston/February 8 Non-Reston	Summer: May 1 Reston/May 8 Non-Reston

SMALL DISTRICT 5

- Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates.
- Residency status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is located on our website.

PRIORITY RESTON REGISTRATION

- Priority registration for Small District 5 (Reston) residents and/or employees will be the 1st-7th of each scheduled registration month.
- RCC will not process your payment until your enrollment has been confirmed.

NON-RESTON REGISTRATION

- Non-Reston registration follows the end of priority Reston registration.

PROGRAM FEES

- Program fees are listed in this guide as Reston/Non-Reston (e.g., \$35/\$70).
- Patrons ages 55 and older receive a 50% discount on Aquatics class fees only. This discount does not apply to Water Aerobics drop-in classes or to already discounted gate fees.

REGISTRATION FORM

- Use one Aquatics registration form to enroll each student.
- Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.
- Patrons may also register online when online registration opens.

PAYMENT

- Payment is required upon registration.
- Pay by cash, check (payable to Reston Community Center), money order, MasterCard or VISA.
- Cash payments cannot be accepted during Reston priority registration.

CONFIRMATION

- Registration confirmations will be emailed.
- The confirmation will indicate if you are enrolled or waitlisted.

CLASS CANCELLATION

- If the minimum enrollment has not been met 7 days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.

PATRON SATISFACTION

Our goal is to make your experience at a RCC a positive one. Please let us know if you have any concerns or issues.

REFUND/CANCELLATION POLICY

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee (50% for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place (less a 50% processing fee for trips).
- No refunds are given for any class with a fee of \$10 or less.
- Refunds will be issued to the original credit card or by check from Fairfax County if the original payment was cash or check.

DAILY FEES, PASSES

- Pool fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.
- Daily fees are non-refundable.
- Daily visit swim passes will be issued for any facility closure or interruption.
- Closures due to acts of nature (lightening, storms, floods, etc.) are non-refundable.
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.
- If the prorated balance is less than \$10, no refund is made.
- All passes will expire 2 years from date of purchase, with the exception of 3-month and 12-month pool passes.

INCLEMENT WEATHER POLICY

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

PATRON HEALTH AND SAFETY

- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Patrons suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

4 EASY WAYS TO REGISTER:

By Fax: 703-476-0563 • Online: www.restoncommunitycenter.com • In Person
By Mail: Reston Community Center, 2310 Colts Neck Rd, Reston, VA 20191



Reston Community Center Aquatics Registration Form

- Select up to three choices per session and up to four different sessions per form.
- If a class section, and all choices are full, your name will be placed on a waiting list for your first choice for that session.
- Patrons are encouraged to register for as many sessions as desired. Patrons should enroll at the same level for all sessions.
- Please note: Absences and personal scheduling conflicts are not reimbursable.

Adult Name	First																				Last																				
Home Address																																									
City																																									
State																																									
Zip																																									
Phone	Home																																								
Cell																																									
Emergency																																									
New Address	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?										<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?										<input type="checkbox"/> Yes	<input type="checkbox"/> No															
If yes, provide business address																																									
E-Mail Address																																									

PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	SEX

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

SESSION DATE:			
	ACTIVITY NUMBER	CLASS NAME	FEE
CHOICE 1			
CHOICE 2			
CHOICE 3			

Please attach an additional form if you need more space

TOTAL FEES: \$ _____

CREDIT CARD INFORMATION	FORM OF PAYMENT
CARD HOLDER'S NAME #: _____ CHARGE: <input type="checkbox"/> MASTERCARD <input type="checkbox"/> VISA EXP. DATE: _____ ACCOUNT #: _____ SIGNATURE: _____	<input type="checkbox"/> CASH <input type="checkbox"/> MONEY ORDER <input type="checkbox"/> CHECK <input type="checkbox"/> CREDIT CARD (VISA OR MC) <input type="checkbox"/> OTHER _____

PLEASE NOTE: Please do not make changes to this paragraph. Participation in RCC programs is contingent on all the following conditions. I recognize that there may be risks in participating in programs and activities being offered by Reston Community Center ("RCC"), and I understand that RCC strongly recommends that any person participating in any such program or activity should be covered by insurance while participating in any such program. By my signature below, I acknowledge and agree that RCC, the Governing Board of RCC, the Board of Supervisors of Fairfax County, the employees of RCC and Fairfax County, together with the volunteers assisting RCC and the County, are protected against claims for liability by the doctrine of sovereign immunity, and I agree to hold such entities and persons harmless from any and all property damage or bodily injury that may result from my participation. If I am registering a child, by my signature below, I represent that I am the parent/legal guardian of the child being enrolled and that I am making the representations stated above on behalf of that child. I also recognize that employees of RCC and/or the County may take and edit photographs and/or video tapes of RCC programs for either archival or public relations purposes. By my signature below, I acknowledge and agree that any such photographs and/or videos are the property of RCC and/or the County, that any such photos and/or videos may be used in the publications of RCC and/or the County without compensation to me, and that any such photos and/or videos may be subject to the Virginia Freedom of Information Act and other applicable laws. Finally, by my signature below, I acknowledge and agree to the RCC refund and cancellation policy.

SIGNATURE: _____ **DATE:** _____

RCC USE ONLY
DATE STAMP

Reston Community Center Cancellation/Refund Request

Date of Request																																					
Adult Name	First															Last																					
Home Address																																					
City																State											Zip										
Phone	Home															Cell																					
E-mail Address																																					
Reason for Request																																					

CLASS, CAMP, PASS AND TRIP CANCELLATION/REFUND REQUEST

- No refunds are given for any class, camp, pass or trip with a fee of \$10.00 or less.
- Refunds will be issued to original credit card or by check from Fairfax County if original payment was cash or check.
- Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.

Class and Camp Cancellation Policy

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee.
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place.

Trips Cancellation Policy

- Written refund requests received 14 days or more prior to the start of a trip will receive a full refund less a 50% processing fee.
- Refund requests received less than 14 days before the start of a trip will be granted (less a 50% processing fee) only if another registration is received in its place.

Pass Cancellation Policy

- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.

ACTIVITY NUMBER	ACTIVITY NAME	PARTICIPANT NAME	FEE	ACTIVITY DATE

MEETING ROOM RENTAL CANCELLATION/REFUND REQUEST

Refunds will be issued according to the following schedule:

- More than 21 days before the scheduled reservation.....80%
- 14-21 days before scheduled reservation.....50%
- Less than 14 days before the scheduled reservation.....0%
- Refunds will be issued to original credit card or by check from Fairfax County if original payment was cash or check.

DATE OF RENTAL	ROOM NUMBER	NAME	AMOUNT PAID

I HAVE READ AND AGREE TO THE REFUND TERMS LISTED ABOVE

SIGNATURE: _____ **DATE:** _____

RCC PROGRAM USE ONLY	
Refund Approved: <input type="checkbox"/> Yes <input type="checkbox"/> No	RCC Staff: _____
If no, why: _____	Date: _____
Total Amount: \$ _____	



MAIL REFUND REQUESTS TO:
 Reston Community Center Hunters Woods
 2310 Colts Neck Road • Reston, VA 20191

FAX REQUESTS TO:
 Class, Camp, Trip, Pass: 703-476-2488
 Aquatics, Pass: 703-476-0563
 Meeting Room Rentals: 703-476-2488



RESTON COMMUNITY CENTER

Fee Waiver Application (Valid June 1, 2014 - June 30, 2015)

Reston Community Center will provide fee waivers for qualified Small District 5 Reston residents and/or employees.

Adult Name	First									Last										
Home Address																				
City											State			Zip						
Phone	Home									Cell										
New Address	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?				<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?				<input type="checkbox"/> Yes	<input type="checkbox"/> No						
If yes, provide business address																				
E-Mail Address																				

Instructions to Client/Patron

Please complete this Fee Waiver Application Form, attach copies of the required financial documentation, and complete an RCC Registration Form. Return all documents to a Customer Service Representative at either RCC Hunters Woods or RCC Lake Anne. You will be notified by mail if you have been awarded a Fee Waiver. Please refer questions to our Customer Service Manager (703-390-6144). **Fee waiver patrons must register in person, by mail or by fax; online registration is not available to Fee Waiver patrons.**

Enrollment Fees

If you qualify for a fee waiver, you will be required to pay a \$5.00 non-refundable enrollment fee for each class, trip, or pass for which the participant is registered. Enrollment fees are being assessed to encourage regular attendance and active participation. Payment for enrollment fees is required upon registration. Please note that RCC registration procedures and refund/cancellation policies apply.

Eligibility

To qualify for a fee waiver, applicants must meet one of the following criteria:

- Furnish documentation of receipt of public assistance (e.g. food stamps, welfare, free school lunch)
- Furnish documentation (e.g. 2013 income tax return) that income/ family composition does not exceed the following levels:
 - \$21,257/family of one
 - \$28,694/family of two
 - \$36,131/family of three
 - \$43,568/family of four
 - \$51,005/family of five
 - \$58,442/family of six

For each additional person, add \$7,437 to determine maximum annual income for eligibility.

Family Members Applying for Fee Waiver:			
PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	SEX

ADULT SIGNATURE: _____ **DATE:** _____

ARTS & EVENTS

55+ Community Resource Directory	13
AARP Tax-Aide	12
Best of Reston Awards & Gala	20
Blind Curves – One Woman’s Unusual Journey	21
Capitol Steps Benefit Performance	8
Classic Cinema	10
Country Western Dance	15
Diva Central	9
Eggnormous Egg Hunt	17
Focus on RCC Communications	4
Founders Day	18
Meet The Artists	16
Northern Virginia Fine Arts Festival	21
NoVa Mini Maker Faire	12
Parents Time Out	24
Patrick Dougherty Installation	19
Performing Arts – Community Organizations	30-32
Program Guide Focus Group	4
Professional Touring Artist Series	23-28
RCC Community Coffee	15
RCC Gallery Exhibits	37
Reston Camp Expo	4
Reston Dr. Martin Luther King, Jr. Birthday Celebration	5-7
Reston Duplicate Bridge Club	16
Reston Presents	14
Senior Health Fair	19
Spring Festival	20
Sunday Afternoon Dances	15
Tuesday Night at the Movies	11
Visual Arts – Community Organizations	33-36
Volunteer Opportunities	38-40
World Police and Fire Games	22

YOUTH

Adapted Aquatics	56
Adventures in Robotics	74
All Around the Farm	94
Animal Talk	94
Aqua Tots	48
Ballet Basics I	93
Ballet Combo	93
Cake Decorating for Kids	66
Chocolate Candy Making for Kids	66
Chocolate Candy Making for Tweens	67
Computer Lego Designs in 3D	63
Creative Capers	103
Creative Dance	93
Creative Zone	95
Designing Video Games	63
Drop-in Chess Club	95
Earth, Space and Beyond	61

Engineering Fun With Legos	75
Family Splash	44
Fitness and Tumbling for Kids	81
Freezer Cooking for Kids	67
French for Tots	90
Frying Pan Farm Park	95
FunFit	81-82
Geocaching	61
GRACE Art in the Homeschool	104
Grandmother’s Kitchen	95
Hershey Park	99
Historical European Swordsmanship	82
I-C-E Snow Everywhere	96
Imagination and Science	76
Introduction to Needlecrafts	62
Junior Robotics	77
Kids in the Kitchen	68
Kids’ Night Out	96
Learn to Play Chess	77
Lego Pre-Engineering	77
Little Bits	97
Longfellow’s WHALE Tales	44
Magic Is Fun	62
Mandarin Chinese for Tots	90
Marlin	52
Monday Super Studio	105
Monuments Bike Tour	100
Mosaics with Child and Parent	105
Mother’s Day Pottery	70
Music Friends	91
Olympic Sport Fencing	84
Parent and Child Woodshop	110
Parents Time Out	97
Pinewood Derby Workshop	111
Pre Ballet	93
Ranger	52
Raspberry Pi	65
Rehoboth Beach	100
Reston Swim Team Association	46
Rookie I	50
Rookie II	51
Slow Flow Hatha Yoga	85
Skipper I	49
Skipper II	50
Soap Creation for Kids	71
Spring into LARK	62
Springtime Tea	98
Storybook Ballet	93
Tadpoles, Turtles, Garden Fairies	98
Tae Kwon Do	85-86
Textile Art	71
TGIF: Free Fridays	107
Tot Time	98

Trendy Jewelry	71	Introduction to Needlecrafts	62
Valentine Pottery	71	Intro to HTML	63
Water Introduction	48	Jewelry - Wire Earrings	69
Water Wonder	52	Knitting	69
Winter Wildlife	98	Lifeguard Training	45
Woodshop Workshop	62	Masala Bhangra	83
Yoga for Children	86	Metal Stamping	70
Yoga for Youth	87	Monuments Bike Tour	100
Young Actors Theatre	92	MS Excel	64
Youth Level 1-2 Swimming	54	MS PowerPoint I	64
Youth Level 3 Swimming	54	MS Publisher	64
Youth Level 4 Swimming	55	MS Word	64
Youth Level 5 Swimming	55	Nia	83
Youth Level 6 Swimming	56	Olympic Sport Fencing	84
Youth Stroke-n-Turn	56	Open Ceramics Studio	104
Zen Zone	62	Organic Gardening	88
Zumba Kids	87	Organizing Digital Photos	73
Zumba Kids Jr.	87	Paintball	100
		Pilates Mat	84
		Pinewood Derby Workshop	111
		Pre-College Art Portfolio Development	106
		QuickBooks	65
		Quicken	65
		Rain Barrel Workshop	88
		Rehoboth Beach	100
		Reston Swim Team Association	46
		SAT Workshop	78
		Self-Defense	84
		Sewing	70
		SharQui Bellydance Workout	85
		Slow Flow Hatha Yoga	85
		Spring into RoadRulz	62
		Step & Sculpt	85
		Tae Kwon Do	85-86
		TGIF: Free Fridays	107
		Thai Cooking Basics	68
		Tides in Motion	59
		Water Safety Instructor	45
		Windows Tips & Tricks	65
		Worm Composting	88
		Writing the College Essay	79
		Young Actors Theatre	92
		Zumba Fitness	87
		Zumba Toning	87
TEEN		ADULT	
Adult Advanced Beginner	57	Acrylic Painting	103
Adapted Aquatics	56	Acting for Adults	92
Adult Beginner	57	Adapted Aquatics	56
Advanced Arthritis, Fibromyalgia and Multiple Sclerosis	58	Adhesives	112
Adventures in Robotics	74	Adult Advanced Beginner Swimming	57
Aqua Blast	60	Adult Beginner Swimming	57
Aqua Burn	59	Advanced Arthritis, Fibromyalgia and Multiple Sclerosis	58
Aqua Mixer	60		
Aquatic Facility Operator	45		
Archiving Digital Photos	72		
Arthritis, Fibromyalgia, and Multiple Sclerosis	58		
Babysitting 101	74		
Body Sculpting	80		
Boot Camp	80		
Cake Decoration	66		
Camera Features	72-73		
Cooking Vegetarian	67		
Couponing for Beginners	75		
Couponing Made Easy	75		
Deep Water Mania	57		
Diva Central	95		
Drawing with Pastels	104		
Drop-in Chess Club	95		
Family Splash	44		
Freezer Cooking	67		
Game Day	95		
Getting into College	76		
Hatha Yoga Flow	82		
Heart Start CPR-AED	76		
Hershey Park	99		
Historical European Swordsmanship	82		
Home Food Preservation Intro	88		
Introduction to Meditation	82		

Aqua Blast	60	Japanese Conversation and Culture Club	90
Aqua Burn	59	Japanese Flower Arrangement	77
Aqua Mixer	60	Jewelry - Wire Earrings	69
Aquatic Facility Operator	45	K9 Dog Obedience I	77
Arabic for Beginners I	89	Knitting	69
Archiving Digital Photos	72	Kundalini Yoga	82
Arthritis, Fibromyalgia, and Multiple Sclerosis	58	Kundalini Yoga and Meditation	83
Basic Hand Tools	109	Lifeguard Training	45
Basic Machine Tools	109	Line Dancing	78
Beginning and Intermediate Watercolor	102	Mandarin Chinese	90
Body Sculpting	80	Marking and Layout	112
Boot Camp	80	Masala Bhangra	83
Bridge	74-75	Meditative Yoga	83
Build a Better Wall Cabinet	110	Metal Stamping	70
Cake Decoration	66	Mommy and Baby Yoga	83
Camera Features	72-73	Monuments Bike Tour	100
Chinese Brush Painting	102	Mosaic Art	105
Collaging with Encaustic	103	MS Excel	64
College Funding - Your Children's Future	75	MS PowerPoint I	64
Color Mixing and Other Tools for Acrylic Paint	103	MS Publisher	64
Conversational French	89	MS Word	64
Cooking Vegetarian	67	Nia	83
Country Western Dance	94	Olympic Sport Fencing	84
Couponing for Beginners	75	Open Ceramics Studio	104
Couponing Made Easy	75	Open Stained Glass Lab	105
Creating Collage	103	Open Woodshop	112
Creating Resin Jewelry	69	Organic Gardening	88
Deep Water Mania	57	Organizing Digital Photos	73
Delectably Gluten Free	67	Paintball	100
Drawing 101	103	Painting with Oil and Acrylic	106
Drawing Animals in Charcoal	103	Passport to Retirement	78
Drawing with Pastels	104	Philadelphia Flower Show	100
Drop-in Chess Club	95	Photo Editing	73
eBook Self-Publishing for Fun and Profit	75	Pilates Mat	84
Essential Tools	112	Portraits in Pencil	106
Evening Hatha Yoga I	81	Prenatal Yoga	84
Family Splash	44	QuickBooks	65
Financial Management - 6 Steps to Financial Success	76	Quicken	65
Fit Moms Class	81	Rain Barrel Workshop	88
Freezer Cooking	67	Rehoboth Beach	100
French for Beginners	89	Remixed Media: Urban Fusion 101	106
Fused Glass	104	Reston Masters Swim Team	46
Getting Fiscally Fit	76	Sculpture I	107
Hand Building	105	Self-Defense	84
Hatha Yoga Flow	82	ServSafe Manager's Certification	79
Hatha Yoga I	82	Sewing	70
Heart Start CPR-AED	76	Shaker Side Table	111
Hershey Park	99	Sharpening	112
Historical European Swordsmanship	82	SharQui Bellydance Workout	85
Home Food Preservation Intro	88	Singles Mingle Book Club	97
Individual Guided Project	110	Slow Flow Hatha Yoga	85
Introduction to Meditation	82	Small Group Training	85
Introduction to Mixed Media Painting	105	Spanish for Beginners	90
Irish Genealogy Workshop	77	Spanish Tapas	68

Stained Glass	107	Fitness Fusion	128
Starting a Woodworking Project	112	Gentle Yoga	129
Step & Sculpt	85	Good Neighbors Woodworking Group	145
Tae Kwon Do	85-86	Hi/Lo & Strength	127
Taking Better Pictures	73	How to Ride the Bus	123
TGIF: Free Fridays	107	Identity Theft Protection	123
Thai Cooking Basics	68	Intermediate Photo Editing	118
Tides in Motion	59	Intermediate Watercolor Painting	144
Voice	91-92	Intro to Digital Photography	118
Watercolor Studio	107	Jamaican January Senior Social	138
Water Safety Instructor	45	Joint-Friendly Fitness	129
Water Safety Presentation	44	Knitting Circle	116
Wheel	108	Lavender Fields Herb Farm	142
Windows Tips & Tricks	65	Learn to Play Mah Jongg	125
Winter Landscapes	108	Let's Play Cards	138
Woodworking with Sketch-Up	111	Line Dancing	139
Worm Composting	88	Love to Dance	130
Writers Group	79	Making a Photo Collage	119
Yoga at Noon	86	Making Jewelry on a Budget	116
Zumba Fitness	87	Memoir Writing	125
Zumba Toning	87	Money Talk for Women	134
 		Montpelier and the Market at Grelen	141
55+		MS Word	114
55+ Ceramics	144	OLLgopoly - Trivia for Fun	135
AARP Smart Driver	121	Open Pinochle	139
Acrylic Painting for Beginners	144	Organizing Photos	119
Alvin Ailey Dance - Kennedy Center	140	Our Dynamic Planet	135
American Mah Jongg	137	Personal Computer Safety	114
American Visionary Art Museum	142	Reston for a Lifetime	120
Astrology 101	133	Retirement Planning for Couples	125
Basic Computer Skills	113	Road Scholar Presentation	136
Bay Lighthouse Cruise	143	Searching the Internet	115
Blind Curves – One Woman's	121	Selling on eBay	115
Bookends	120	Senior Health Fair	126
Bridge Mondays	137	Senior Water Exercise	59
Bridge Tuesdays	137	Slow Flow Hatha Yoga	130
Building Intimate Relationships	122	St. Patrick's Day Social	139
Buying a Tablet Computer	114	Strength & Conditioning	130
Camera Features	117-118	Strength Training for Seniors	128
Chicago - The Musical	141	Sunday Afternoon Dances	139
Chinese New Year Celebration	138	Tai Chi Yang Style Short Form	131
Cinderella, the Opera - Kennedy Center	143	Tai Chi Yang Style Short Form - Continuing	131
Cliff Notes on Virginia History	134	Take Better Pictures	119
Computer Maintenance and Housekeeping	114	The Eight Ways of Tai Chi Chuan	131
Connecting Your Home	122	The U.S. Endangered Species Act	134
Conversational English	132	The War of 1812	136
Current Issues Discussion Group	120	Time to Sell Your Home?	126
Cybercrime	122	Understanding Medicare	126
Decrease Telecom Costs	122	Unusual Journey	121
Digital Privacy	123	U.S. Botanic Garden	142
Diplomatic Reception Rooms	141	Using the iPad	115
ESL	132	Watercolor for Beginners	145
Fit After Fifty -five	59	Young at Art Exhibit	145
		Zumba Gold	128

LOCATIONS & HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods

2310 Colts Neck Rd, Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the 290-seat CenterStage theatre, Woodshop, Stained Glass Workshop, and meeting rooms.

703-476-4500 • 800-828-1120 (TTY) • 703-476-8617 (Fax)

RCC Lake Anne

1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios, and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

HOURS OF OPERATION

Monday - Saturday 9:00 a.m. - 9:00 p.m.*

Sunday 9:00 a.m. - 8:00 p.m.*

*Rental hours may vary. Contact RCC's Booking Manager for information.

HOLIDAY HOURS

December 17	Staff Teambuilder	RCC HW Closed: 1:00 - 4:00 p.m. RCC LA Closed: 12:30 - 4:30 p.m.
December 24	Christmas Eve	9:00 a.m. - 2:00 p.m. RCC Lake Anne: CLOSED
December 25	Christmas Day	CLOSED
December 26	Day After Christmas	9:00 a.m. - 9:00 p.m.
December 31	New Year's Eve	9:00 a.m. - 2:00 p.m. RCC Lake Anne: CLOSED
January 1	New Year's Day	12:00 p.m. - 5:00 p.m. RCC Lake Anne: CLOSED
January 2	Day After New Year's	9:00 a.m. - 9:00 p.m.
January 19	MLK Day	9:00 a.m. - 9:00 p.m.
February 16	George Washington's Birthday	9:00 a.m. - 9:00 p.m.
May 25	Memorial Day	9:00 a.m. - 2:00 p.m. RCC Lake Anne: CLOSED

OPEN LABS & STUDIOS

Open Ceramics Studio

(16 years and older)

The public is invited to use RCC's Ceramic Studio. Reservations are not required. The RCC Ceramics Studio will be closed December 20 through January 7, reopening on January 10. In addition the Studio will be closed on April 1, April 4 and May 23. Ceramics Studio hours are Wednesday 10:00a.m.-2:00p.m. and Saturday 1:00 p.m.-5:00 p.m. Please check the Ceramics Studio calendar for additional studio times or closures. Each pass visit is one hour. The fee includes firing and glazes. Each pass visit is one hour. The fee includes firing and glazes. Clay cost is \$15 – \$20 for 25 pounds.

RCC Lake Anne • Staff

\$15 (R)/\$30 (NR) Drop-in

\$36 (R)/\$72 (NR) 12-Visit Pass

January 10 – May 30

Drop-in	Wed	10:00 a.m. – 2:00 p.m.
Drop-in	Sat	9:00 a.m. – 5:00 p.m.

Open Stained Glass Lab

(18 years and older)

Stained glass and stained glass mosaic enthusiasts are encouraged to participate in RCC's monthly Open Stained Glass Lab. Lab is held in the Woodshop on the first and third Sunday of the month and is facilitated by the Stained Glass instructor. Participants working independently on projects must bring the necessary materials or make arrangements with the lab supervisor beforehand. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

4-hour session at RCC Hunters Woods

\$10 (R)/\$20 (NR) • Damron

January 4 – May 17

Drop-in	1st & 3rd Sun	1:30 p.m. – 5:30 p.m.
---------	---------------	-----------------------

Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer, and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

RCC Hunters Woods • Staff

\$7 (R)/\$14 (NR) Tue

\$10 (R)/\$20 (NR) Fri

\$12 (R)/\$24 (NR) Sat

January 6 – May 19

Drop-in	Tue	6:00 p.m. – 10:00 p.m.
---------	-----	------------------------

January 9 – May 22

Drop-in	Fri	9:00 a.m. – 3:00 p.m.
---------	-----	-----------------------

January 10 – May 23

Drop-in	Sat	9:00 a.m. – 5:00 p.m.
---------	-----	-----------------------





2310 Colts Neck Road
Reston, Virginia 20191

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
HERNDON, VA
PERMIT NO. 58
ZIP CODE 20170



Are We Keeping
the Promise?

Reston Dr. Martin Luther King, Jr. BIRTHDAY CELEBRATION

January 17 – 19, 2015

SEE PAGES 5-7 FOR FULL SCHEDULE OF EVENTS.



ANNA DEAVERE SMITH

Snapshots: Portraits of A World In Transition

Sunday, January 18 • 8:00 p.m.

The CenterStage at Reston Community Center

\$25 RESTON/\$50 NON-RESTON • (Tickets sold through the CenterStage Box Office.)

ANNA DEAVERE SMITH – MLK KEYNOTE ADDRESS AND COMMUNITY LUNCH

Reclaiming Grace In The Face of Adversity

Monday, January 19 • 12:00 p.m.

The CenterStage at Reston Community Center and Community Room

\$5 RESTON/\$10 NON-RESTON • (Tickets sold through the CenterStage Box Office.)