

A photograph of a baby in a pool. The baby is wearing an orange and blue long-sleeved shirt and is leaning on a metal railing. An adult's hands are visible, supporting the baby from behind. The baby is looking towards the right and has a white ball in their hand. The background shows a swimming pool with colorful balls floating in the water.

Reston Community Center
2021 SPRING PROGRAM GUIDE

WWW.RESTONCOMMUNITYCENTER.COM

Enriching Lives. Building Community.



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BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

It's difficult to imagine a future without COVID-19 determining so much of what we do together. We all await broad and effective dissemination of the vaccines eagerly. After more than a year since the virus arrived in America, everyone is – to some degree or another – exhausted and distraught. This pandemic has radically altered millions of lives. It has certainly upended the way that we gather, attend, learn, exercise and pursue our social connections to each other.

Reston Community Center's Board and staff have answered the challenge of COVID-19 with creativity and care. We have endeavored to present content our community cherishes on virtual platforms, in small and safe groups, or to postpone offerings that can't be effectively revised. Our hope is that the community can intersect with our programming on the right level for each individual situation.

We present the Spring Program Guide with hope that these constant improvisations and adjustments will abate in the coming months. There are traditional events and new classes in the pages ahead for all ages to enjoy. We will continue to use all the public health protocols that have proven to thwart the spread of the virus. As all of you do, we fervently hope that by spring's arrival, hope has become a reality of reduced spread, immunity from vaccines and restoration of some of what makes life in Reston so friendly and happy.

Beverly Ann Cosham



Hunter Mill District Supervisor Walter Alcorn congratulating RCC Board of Governors on achieving accreditation from the Commission for Accreditation of Parks and Recreation Agencies (CAPRA).

RCC Leadership left to right: (TOP) William Bouie, Dick Stillson, William Penniman, Paul Thomas (BOTTOM) John Blevins, Vicky Wingert, Walter Alcorn (Board of Supervisors – Hunter Mill District), Beverly Cosham, Lisa Sechrest-Ehrhardt, Leila Gordon

Not pictured: RCC Board members Bill Keefe and Laurie Dodd



LEILA GORDON, EXECUTIVE DIRECTOR, RCC

Even as we continuously adjust to our changing reality, we are looking ahead to RCC's future. During the coming months, we will seek our community's input on RCC priorities for the next five years. The current RCC Strategic Plan will be completed in 2021. Our next plan will require input from our stakeholders, patrons, Reston neighborhoods and their people, Reston's business community and employees. We will necessarily devise new approaches to soliciting opinions and views while also relying on the 2019 comprehensive community survey results.

Because of COVID-19, our typical community meeting sessions to help us prepare a new strategic plan will be harder to hold. We will use different approaches to reach out to people during the first half of 2021, and we hope that we will be able to convene "in real life" with people before the end of the year to discuss how RCC can pursue its mission most effectively in the next five years. Please stay tuned for invitations and information coming your way about these processes and opportunities to participate.

Planning with robust community engagement is an essential aspect of continuing the best practices that are part of the agency's CAPRA accreditation. Your involvement will assure that we continue to perform to these high standards and provide you with the programs and services you desire, now and always. RCC's future is bright because the community we serve is one in which each individual voice is valued and can be heard. We look forward to hearing from you!

A handwritten signature in black ink, appearing to be "Leila Gordon", written in a cursive style.

Please Note: Photos in this Program Guide represent activities held before and during the COVID-19 pandemic.



A FAREWELL TO LONGTIME RCC THEATRE TECHNICAL DIRECTOR LINDA IFERT

After more than 35 years of service as RCC's Technical Director, Linda Sue Ifert "retired" in January. Like we always say at RCC, "you can check out, but you can never leave." Linda will not be overseeing the CenterStage and other technical production operations full time, but she will be with us as a designer and in other production capacities as her time permits. We send her into retirement with our heartfelt thanks for her many years of exemplary service!

TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



myRCC Online Registration

TO REGISTER ONLINE:

You will need to know your username and password.

IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

DROP-IN PROGRAMS:

Former drop-in programs now require a pass and advanced reservation through myRCC. Learn how or visit our FAQ page for more information.

www.restoncommunitycenter.com/HowTo

www.restoncommunitycenter.com/PassFAQs

Online Registration (myRCC) Contact Information:

Phone:

703-476-4500, ext. 8

Fax:

703-476-2488

Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

What if I do not have or know my username?

If any member of your household has registered for an RCC program in the last 5 years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

What if I have forgotten my password?

On the Member Login box, click on Forgot Your Password. You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

I would like to add family members to my account. How do I do this?

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

I would like to change my mailing address. How can I do this?

Please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours. Addresses need to be verified for residency status.

How can I see what courses my family members are currently registered in?

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member registrations will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.



ARTS & EVENTS

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AARP Tax-Aide

**FREE • 18 YEARS AND OLDER
APPOINTMENTS REQUIRED
RCC HUNTERS WOODS**

AARP's Tax-Aide returns to RCC Hunters Woods in 2021. Like most programs, Tax-Aide will be following COVID-19 social-distancing rules. Tax consultations will be by appointment only:

February 16 – April 15

Tuesdays • 9:00 a.m. – 2:00 p.m.

Thursdays • 4:30 p.m. – 8:30 p.m.

Saturdays • 9:00 a.m. - 3:00 p.m.

After February 1

PICK UP AN INTAKE PACKET AT RCC HUNTERS WOODS:

Intake packets will be available at the RCC Customer Service desk after February 1. Taxpayers must fill out the packet at home and have all tax documents together before calling or emailing to make an appointment.

SCHEDULE AN APPOINTMENT:

Email: reston.taxaide@gmail.com

Call: 571-293-2226 (leave a voicemail)

Emails and voicemails should contain a return email address and/or phone number, and desired dates for an appointment. A Tax-Aide volunteer will respond to set up and confirm the appointment, answer questions and further explain new procedures.

AARP's Tax-Aide program was created nearly 40 years ago to assist older adults as well as persons with low and middle incomes in successfully navigating the tax code. For years, RCC has offered community members this important program administered through the AARP Foundation with the cooperation of the Internal Revenue Service. All tax preparation is free and confidential. Please follow all of RCC's usual public health guidelines, such as mask-wearing, maintaining social distance and doing a health self-check before entering the building.



Spring

FLEA MARKET

Saturday, March 6

RCC HUNTERS WOODS

Register to reserve your time to shop:

9:00 a.m. – 10:00 a.m. • 8C0000-1A

10:00 a.m. – 11:00 a.m. • 8C0000-1B

11:00 a.m. – 12:00 p.m. • 8C0000-1C

The first day of spring is right around the corner, so this is the perfect time to get your spring cleaning underway. We know another person's trash can very well be your treasure. Searching for small appliances, books, jewelry, clothing, tools or toys? This is the place to be to support your neighbors – and our environment – by finding hidden gems to take home and enjoy rather than filling up the nearest landfill. Due to COVID-19, social-distancing measures, masks and advance registration through myRCC are required.

Register to be a vendor:

SPRING FLEA MARKET – VENDOR REGISTRATION

(18 YEARS AND OLDER)

\$15 (R)/\$12 (R55+)/\$20 (NR) • 8C1000-1A

Have your children grown up, yet their toys and books are still cluttering your home? Are you still holding onto that waffle iron wedding gift that has never made it out of the box? This is the perfect opportunity to clean out unwanted small household items from your home, make someone else happy with their newfound treasure and even earn a little money. The event begins at 9:00 a.m.; vendors may arrive as early as 7:00 a.m. to set up booths. Please note that edible items and live animals cannot be brought to (or sold at) the flea market. Requesting donations of any kind from any table vendor is strictly prohibited at this event. Due to COVID-19 restrictions, the total number of tables will be limited; not more than two members of a household may be present at each table.



RCC Community Coffee

**Saturdays,
March 6 – May 29**

**(Temporarily suspended until
further notice.)**

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods

Free • All Ages

Due to the COVID-19 pandemic, this popular community tradition has been suspended until RCC is confident that it represents no public health risk. Similarly, weekday coffee service is suspended as well. When conditions permit, everyone can return to enjoy complimentary beverages with casual conversation.



Founder's Day

Saturday, April 10

12:00 p.m. – 4:00 p.m.

Lake Anne Plaza

Free • All Ages

Celebrate the anniversary of Reston's founding with the Reston Historic Trust and Museum. The event is open to the whole community. Enjoy a day full of fun family activities, there is something for everyone during this special celebration. Social distancing and face coverings will be required.

For more information, please contact the Reston Historic Trust at www.restonmuseum.org or 703-709-7700.

MEET THE

Artists

Thursdays • 2:15 p.m. – 3:30 p.m.

Free • RCC Hunters Woods • All Ages

Due to COVID-19, social-distancing measures, masks and advance registration will be required. These performances will be livestreamed on the Reston Community Center Facebook page.

March 18 Beau Soir

Known for their exciting performance style and diverse programming, this ensemble of viola, harp and flute continues to attract a strong fan base through its acclaimed performances and unique audience interaction.

RCC Hunters Woods – the CenterStage
271007-1S

April 1 Artists To Be Announced

Please check our website for more information.

RCC Hunters Woods – the CenterStage
271008-1S

April 8 Artists To Be Announced

Please check our website for more information.

RCC Hunters Woods – the CenterStage
271009-1S

April 15 Beverly Cosham

Washington's and Reston's favorite cabaret singer/entertainer Beverly Cosham and her musical colleagues collaborate to perform their favorite songs.

RCC Hunters Woods – the CenterStage
271010-1S

April 22 Olga Simonova

Russian-American pianist, composer and Reston resident Olga Simonova will perform the world premiere of her original piano compositions. Her contemporary, cinematic style is full of echoes of the past.

RCC Hunters Woods – the CenterStage
271011-1S

April 29 Linda Monson and Students

Dr. Linda Apple Monson brings her gifted students from George Mason University to present a diverse program of classical piano repertoire.

RCC Hunters Woods – the CenterStage
271012-1S



Schedule subject to change. Please check our website for up-to-date information. These programs are a joint venture between Osher Lifelong Learning Institute at George Mason University and Reston Community Center. The Osher Lifelong Learning Institute (OLLI) at George Mason University offers daytime courses, lectures, special events and other activities year-round. There are no exams, no credits, no college degree required or offered and no age threshold for joining. Learn more online at olli.gmu.edu.

For more information, please contact Paul Douglas Michnewicz, RCC Arts and Events Director, at 703-390-6167.



Reston Green Expo

Saturday, April 24

9:00 a.m. – 10:00 a.m. • 8C8050-1A

10:00 a.m. – 11:00 a.m. • 8C8050-1B

11:00 a.m. – 12:00 p.m. • 8C8050-1C

RCC Hunters Woods

Free (Registration Required) • All Ages

Please note: due to COVID-19, advance registration for an hour-long time slot is required.

Reston Green Expo is the perfect place to explore and learn about the environmental alternatives to everyday items and tips for sustainable living. Local organizations will be onsite to provide information on resources, programs and services available in your neighborhood. This expo will also include workshops, educational sessions, demonstrations and more.

For more information, please contact LaTanja Jones, Collaboration & Outreach Director, at 703-390-6158.



Spring Show Day

Saturday, May 1

11:00 a.m. – 5:00 p.m.

Walker Nature Center

Free (Registration Required) • All Ages

Register at RA's WebTrac at www.restonwebtrac.org or contact naturecenter@reston.org for assistance.

Celebrate May Day outdoors at Reston Association's Walker Nature Center. Performers and times will be announced by March 1. Due to COVID-19, social-distancing measures, face coverings and advance registration are required. Presented by Reston Association, Reston Community Center and Friends of Reston.

For more information, please visit www.reston.org.



Equity Matters: Moving Forward to Equal Justice

Free • 18 years and older

Recent events demonstrate that the ongoing struggle for racial justice and equitable treatment for Blacks in America remain urgent efforts. Join local Black leaders for these thought-provoking and deeply emotional films and their dialog following the screenings about how the subjects connect to their lives. Patrons can listen to the post-screening dialog which will be livestreamed on [RCC's Facebook page](#) shortly after the movie ends.

DUE TO COVID-19, SOCIAL-DISTANCING MEASURES, MASKS AND ADVANCE
REGISTRATION ARE REQUIRED.

Dark Girls

Saturday, March 20 • 3:00 p.m.

The documentary recounts real-life experiences "dark girls" have faced since childhood. The accumulation of negative cultural messages directed toward women whose skin is dark have shaped perceptions of beauty, self-esteem and aspirations to the point that they typically find themselves questioning their self-worth and value to others.

Free, Registration Required: 261009-1S

Just Mercy

Sunday, April 11 • 3:00 p.m.

A powerful film that is based on a true story, *Just Mercy* follows young lawyer Bryan Stevenson in one of his earliest cases at the start of his history-making battle for justice. After graduating from Harvard, Stevenson might have had his pick of lucrative jobs. Instead, he heads to Alabama to defend those wrongly condemned.

Free, Registration Required: 261010-1S

Black Is ... Black Ain't

Sunday, May 16 • 3:00 p.m.

In his final film, director Marlon Riggs takes an honest, and at times humorous, look at Black identity.

Free, Registration Required: 261011-1S

For more information, please contact Paul Douglas Michnewicz, Arts & Events Director, at 703-390-6167.

CENTERSTAGE CINEMA

RCC Hunters Woods – the CenterStage • Free • 18 Years & Older

Be swept away to imagined and real worlds as you watch these great films in the comfort of the CenterStage. Due to COVID-19, food will not be served. Social-distancing measures, masks and advance registration are required.

The Theory of Everything

Monday, March 1 • 10:00 a.m.

With his body progressively ravaged by ALS, world-famous physicist Stephen Hawking must rely on his wife, Jane, to continue his life's work as he faces various challenges.

Free, Registration Req. 262006-1S

On the Basis of Sex

Monday, April 5 • 10:00 a.m.

Based on the life of Ruth Bader Ginsburg, this film depicts her struggles for equal rights, and the early cases of a historic career that lead to her nomination and confirmation as a U.S. Supreme Court Associate Justice.

Free, Registration Req. 262007-1S

Rocketman

Monday, May 3 • 10:00 a.m.

A musical fantasy about the human story of singer Elton John's breakthrough years.

Free, Registration Req. 262008-1S

For more information, please contact Paul Douglas Michnewicz, Arts & Events Director, at 703-390-6167.



2020/2021 PROFESSIONAL TOURING ARTIST SERIES

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"We, who have so much, must do more to help those in need. And most of all, we must live simply, so that others may simply live."



Those are the words of actor Ed Begley Jr., who will be visiting the CenterStage on April 28 to help us celebrate Earth Day.

Begley's activist career began in 1970, when he became involved in the environmental movement after living as an actor in smog-ridden Los Angeles. He learned about plans for the first Earth Day and participated in that rally.

His notion was "this day is nice, but what about the other 364 days? What are we going to do?" His lifestyle changes were significant, but affordable and within the reach of ordinary people. He discovered that, "everyone can make a difference in their own way."

Begley is persuaded that despite the likelihood of damage to the environment that will occur in the future, it's still feasible for individuals to make a difference that helps the environment heal. An example close to home is RCC's upcoming installation of solar panels on the Hunters Woods building. Although they won't supply all the power the facility needs, they will offset some of the fossil fuel use required.

Begley's book, *Guide to Sustainable Living*, is a compendium of reality-based efforts that each of us can make to create a better world. It will be available for purchase at the RCC Box Office. All ticket buyers will receive a packet of native pollinating flower seeds.

Prior to his talk, join Begley as we rededicate the pollinator garden near RCC Hunters Woods in collaboration with Walker Nature Center and Reston Association.

Reston Community Center has been bringing you thought leaders in all areas of creative life and public discourse for more than 40 years. Despite the impact of the pandemic on our artists' abilities to travel, the coming months still offer opportunities to share beauty and ideas. We hope you will be healthy and safe, and that you can join us for the events coming your way this spring.

TICKET SALES DATES

February 1

The Box Office will be open from 4:00 p.m. – 9:00 p.m. for sales of Professional Touring Artist Series tickets for residents and/or employees of businesses in Small District 5.

February 8

Professional Touring Artist Series tickets will go on sale to the general public and online at 4:00 p.m.

Order forms are available at www.restoncommunitycenter.com.

Paul Douglas Michnewicz
Arts & Events Director



Mutts Gone Nuts

A COMEDY DOG ACT

Sunday, March 21 • 4:00 p.m. & 7:00 p.m.

They'll have you at "woof." Expect the unexpected as canines and comedy collide in a smash hit performance that leaves audiences howling for more. From shelters to showbiz, these amazing mutts unleash havoc and hilarity in an action-packed, comedy dog spectacular, featuring some of the world's most talented four-legged performers. Deemed "a must-see" by *The Washington Post*, the dogs are sure to steal your heart (and then your socks)!

"A must see"

– *The Washington Post*

\$10 Reston/\$20 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



I'm Not A Racist, but...

VIJAI NATHAN, COMEDIAN

**Saturday,
March 27
3:00 p.m.**

Join comedian Vijai Nathan and her very funny friends as they run straight into the minefield of political incorrectness and reveal personal experiences with prejudice in all their cringeworthy glory. They are on a quest to explore the roots of racism and debunk long-held myths with humor and heart.

Will contain adult language.

“One of the top two South Asian comics in the world to watch!”

– Comedian, actor and producer Russell Peters

\$20 Reston/\$40 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



An Evening with Carl Tanner

TENOR

**Wednesday,
April 7
8:00 p.m.**

Internationally renowned tenor Carl Tanner will delight you with his artistry and charm. Enjoy a program that will showcase his tremendous talent.

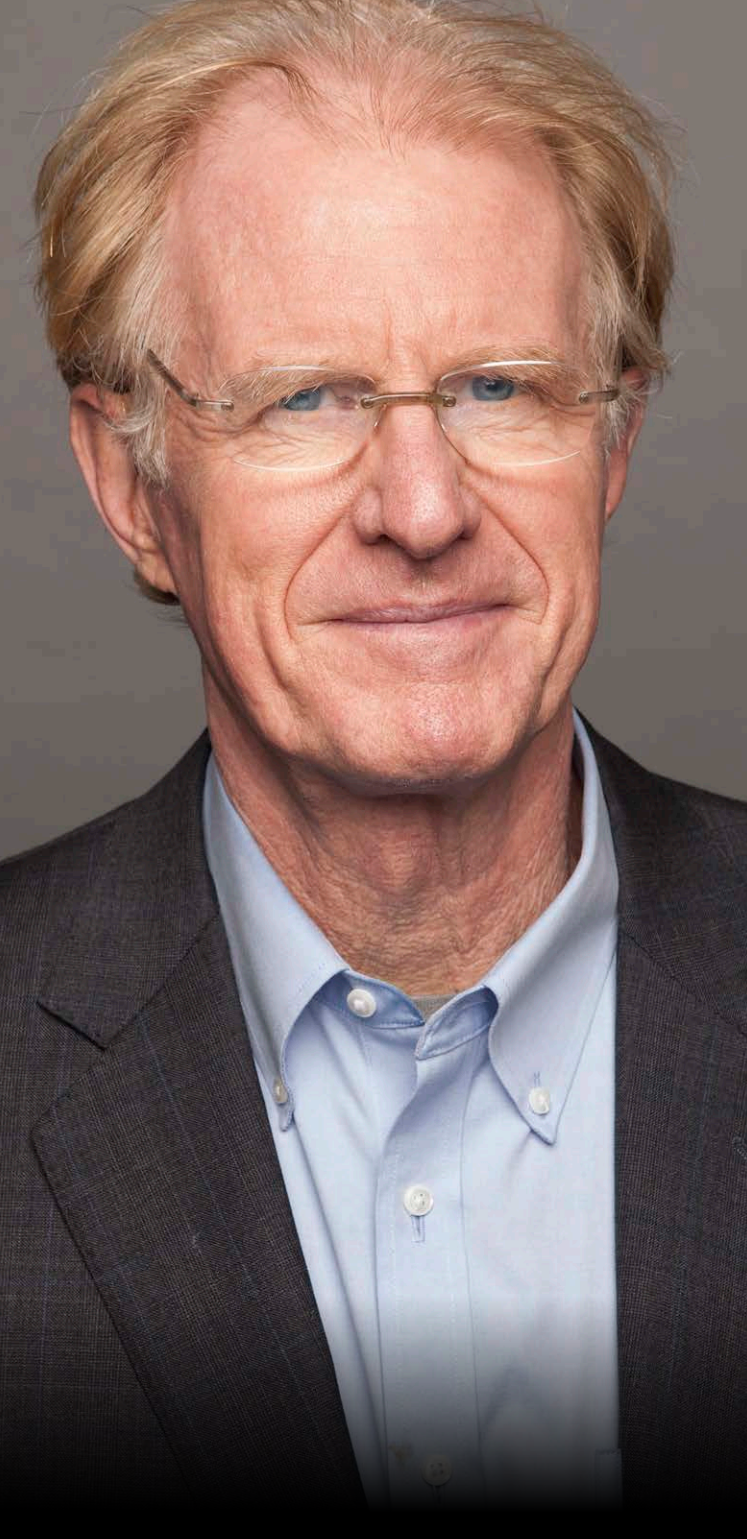
A Northern Virginia native and graduate of Shenandoah Conservatory, Mr. Tanner has established his international career with performances in the world's most prestigious opera houses such as The Metropolitan Opera, Opera National de Paris, Washington National Opera, Royal Opera House, Covent Garden, Deutsche Oper Berlin, Teatro alla Scala, Teatro Real, Madrid, New National Theatre of Tokyo and the Liceu de Barcelona among others.

“Mr. Tanner left no doubt about his prowess, singing with a firm, generously sized voice and producing clarion top notes...”

– The New York Times

\$20 Reston/\$40 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



Living Simply So Others Might Simply Live

Ed Begley Jr.

ACTOR

**Wednesday,
April 28**

8:00 p.m.

An Earth Day Special!

As environmental issues become more pressing, there are two possible responses: forget it and hope that government and corporations will figure it out, or Ed Begley Jr.'s approach – take action and make a difference. In this program, he shares his inspiration and insight into one of the world's most important causes – environmental sustainability. All ticketholders will be given a packet of pollinator flower seeds!

PRE-SHOW TREAT: Join Ed Begley Jr. at 4:30 p.m. for a special rededication of the butterfly garden near the Hunters Woods Fellowship House. Presented in conjunction with Reston's Nature House.

\$15 Reston/\$30 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



Crys Matthews

SINGER-SONGWRITER

**Saturday,
May 15
8:00 p.m.**

A prolific lyricist and composer, Matthews has found inspiration in her surroundings; from driving through the Blue Ridge Mountains to the compelling and heart-breaking love story of Richard and Mildred Loving. Thoughtful, realistic and emotional, Matthews' songs speak to the voice of our generation and remind us why music indeed soothes the soul.

“By wrapping honest emotions around her socially conscious messages and dynamically delivering them with a warm heart and a strong voice, she lifted our spirits just when we need it most in these troubled times”

– Erik Philbrook, NewSong Music Festival and Performance Competition judge

\$15 Reston/\$30 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



The American Innovator

ANTHONY DE MARE, PIANO

Wednesday,

May 26

8:00 p.m.

Pianist Anthony de Mare is one of the world's foremost champions of contemporary music. Known for his entrepreneurial performance projects, he offers a program highlighting some of America's most progressive composers, the techniques and styles of which illuminate more innovative approaches to the piano. The works treat issues of social conscience, justice, civil rights and the media. Each piece is sculpted to tell its own individual story, contributing to the fabric of our national narrative. In addition, the program features the monumental work *De Profundis* by Frederic Rzewski, based on a text by Oscar Wilde – an oratorio for speaking-singing pianist, the genre de Mare pioneered more than 30 years ago.

“De Profundis demands a combination of virtuoso technique and a total lack of inhibition. This was a gripping and moving performance . . . a living thing on stage . . . this was an ideal meeting of composer and interpreter, and a unique and wonderful experience.”

– *New York Classical Review*

\$15 Reston/\$30 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



BD Wong

ACTOR AND ACTIVIST

**Saturday,
June 5
8:00 p.m.**

BD Wong has been on screens big and small for the last 20 years, appearing in such hits as *Law & Order: SVU*, *Oz*, *Gotham*, *Jurassic Park* and *Jurassic World*. He received an Emmy nomination for his role as Whiterose and Minister Zhang in *Mr. Robot*. Lauded for his resonant and inspirational messages, BD speaks on issues like racial self-image, Asian American parental pressure and the “model-minority myth,” and the challenges of multiple identities. BD is an advocate for The Trevor Project’s “It Gets Better” campaign and was honored for his support of the LGBTQ community at the annual Marriage Equality Gala. BD will also make an appearance earlier in the day at Reston Pride.

\$20 Reston/\$40 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)



Trout Fishing in America

**Saturday,
June 12
3:00 p.m.**

Trout Fishing in America is the longstanding, four-time Grammy-nominated musical partnership of Keith Grimwood and Ezra Idlet. A willingness to at once make fun of our most annoying daily habits, then to touch our hearts with tender and passionate images of family life is what makes the connection between Trout Fishing in America and its audiences so compelling and poignant.



“ ... the Lennon and McCartney of kids’ music.”

– National Public Radio

\$10 Reston/\$20 Non-Reston

TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)

CENTERSTAGE BOX OFFICE INFORMATION

Online: www.restoncommunitycenter.com

Available until two hours before a performance and requires payment of a processing fee.

By Mail: **Return a Ticket Order Form to RCC Box Office**

2310 Colts Neck Road, Reston, VA 20191

In Person: **Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.**
Saturday: 1:00 p.m. – 5:00 p.m., and two hours prior to curtain time

Phone: **703-476-4500, Press '3' • TTY 711**

Please provide the following information when you call:

- Your name with the correct spelling as it appears on your Visa, MasterCard or Discover credit card;
- The best telephone number for us to return your call;
- The performance title, date and curtain time you wish to attend;
- The number of tickets you wish to order and whether they are Reston, Non-Reston;
- Your Visa, MasterCard or Discover credit card number and its expiration date (no American Express please);
- The billing address of your credit card including zip code;
- Your email address if you would like a confirmation to be sent to you.

Fax: **Fax Ticket Order Form to 703-476-2488**

BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled. Ticket processing fees for online purchases are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at least three days prior to the performance and will be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.
- To stay within state and county social-distancing regulations for gatherings, only a limited number of seats will be available. Only pairs of tickets may be purchased online; patrons requesting an odd number of tickets should call the RCC Box Office (703-476-4500, Press "3"), or, they may visit the Box Office during normal hours (Tuesday – Thursday, 4:00 p.m. to 9:00 p.m.; Saturday, 1:00 p.m. to 5:00 p.m.) to select seats.

Tickets for the 2020–2021 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online at www.restoncommunitycenter.com.

DIRECTIONS:

The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

Left on Baron Cameron Ave (Route 606)

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28

Take Dulles Toll Rd East

Take Exit 12 onto Reston Parkway

Right on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Rd

Go 1/2 mile and turn left into Hunters Woods Village Center

PERFORMING ARTS

Reston Community Players

703-435-2707

www.restonplayers.org

Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny and timeless productions. RCP has been delighting audiences since 1966.

A Walk in the Woods

By Lee Blessing

Directed by Adam Konowe

This production will be filmed and aired through their website. Details are posted on www.restonplayers.org.

Radiant Vermin

by Philip Ridley

Directed by Gwyne Wood

For more information, go to www.restonplayers.org

RCP is funded in part by ArtsFairfax.

Fairfax Loudoun Music Fellowship

www.FLMF.org

Fairfax-Loudoun Music Fellowship offers membership to private music teachers looking for a non-competitive, friendly and enriching community. They meet monthly, organize recitals for students at the CenterStage and hold an annual ensemble festival in which students play together on six grand pianos under the baton of a conductor. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals. Although COVID-19 prevents the Fairfax Loudoun Music Fellowship from offering in-person recitals until Phase 3 restrictions are lifted, teachers and students look forward to returning to the CenterStage as soon as they can.

Reston Community Orchestra

571-449-7095

www.restoncommunityorchestra.org

RCO is an all-volunteer ensemble devoted to the cultural enhancement of the community through the presentation of diverse symphonic music, from classical to pops. Maestro Dingwall Fleary, known for his orchestra-building skills and exceptional musicianship, has served as music director and conductor of the ensemble since 1996. With support from grants, and contributions from local businesses, corporations, audiences and its performing members, the RCO can perform free concerts, fulfilling its pledge to provide "Great Music for a Great Community!" Although COVID-19 prevents RCO from performing at present, the orchestra is eager to return to performing as soon as possible.

The Reston Community Orchestra is supported in part by ArtsFairfax, the Virginia Commission for the Arts and National Endowment for the Arts.

The Reston Chorale

703-834-0079

www.restonchorale.org

The Reston Chorale has excited audiences with its musical excellence and versatility for more than 50 years. Governed by volunteers, the Chorale relies on the support of its members, the community and all who support the value of music to enrich the lives and spirits of those who listen, as well as those who sing and perform. Although COVID-19 has caused us to suspend programming for the present, our attachment to the community remains strong. Reston Chorale members look forward to returning as soon as possible to performing.

The Reston Chorale is supported in part by ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

COMMUNITY ARTS

GOVERNMENT FUNDERS

ArtsFairfax:

www.artsfairfax.org

Virginia Commission for the Arts:

www.arts.virginia.gov

National Endowment for the Arts:

www.arts.gov

CULTURAL ARTS

The Reston Historic Trust and Museum

703-709-7700

www.restonmuseum.org

The Reston Historic Trust and Museum (RHT) was founded in 1996 as a community based nonprofit organization that preserves the past, informs the present, and influences the future of Reston through its exhibits, public programs, and events including Founder's Day, the Reston Home Tour and Lake Anne Cardboard Boat Regatta. RHT is located at Lake Anne Plaza, is free to visit, and offers exhibits and a gift shop.

Due to COVID-19, social-distancing measures, masks and advance registration will be required.

TBA

Wednesday, March 10

7:00 p.m. – 8:30 p.m.

Jo Ann Rose Gallery

RCC Lake Anne

Free, Registration Req.

702000-1S

You Are Here: Mapping Reston's Past and Present

Chris Rooney, a former Reston resident and local history aficionado, takes us on a visual adventure spanning Capt. John Smith's first charting of Chesapeake's tributaries in the Virginia colony to the soon-to-be updated Metro map for the Silver Line expansion to Dulles. Learn about George Washington's involvement in the surveying of the Northern Neck Proprietary for Lord Fairfax, examine Civil War maps where troops marched through the woods and fields, drop in on the Victorian-era community of Wiehle, see the rise of 20th Century development, and finally, dive deep into the Reston Master Plan and layout of the streets in the "new town" of Reston.

Wednesday, May 12

7:00 p.m. – 8:30 p.m.

Jo Ann Rose Gallery

RCC Lake Anne

Free, Registration Req.

702000-1A



VISUAL ARTS

Greater Reston Arts Center

www.restonarts.org

Greater Reston Arts Center is dedicated to enhancing community life through excellence and involvement in the visual arts. GRACE serves 80,000 people annually, providing Virginia, Maryland, and DC's diverse communities with abundant opportunities to experience and explore contemporary art through exhibitions, education programming, and the Northern Virginia Fine Arts Festival. The GRACE gallery showcases local and regional artists alongside artists of national and international reputation.

The Greater Reston Arts Center strives to increase understanding of different cultures through art, brings diverse audiences together around a common interest, and ensures access and opportunity for

engagement in the arts to all residents, regardless of age, ethnicity, or income. Admission to the GRACE gallery is always FREE, as are most programs.

GRACE gratefully acknowledges the generosity of its individual members and donors, state and county grantors, and corporate sponsors.

GRACE is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts.

COMMUNITY ARTS

VISUAL ARTS CONTINUED

Public Art Reston

www.publicartreston.org

Public Art Reston seeks to inspire an ongoing commitment to public art and create a new generation of artworks in Reston. It does so by working with community organizations to develop permanent and temporary public art projects in Reston and to present educational programs. More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007 and since the adoption of the Public Art Master Plan for Reston in 2008. Reston's public art is always accessible! Check out the free public art map available on the website to tour the collection on your own. Families can also discover the Public Art Explorer pages there for fun art activities and to plan outdoor adventures.

Public art projects planned for 2021 include the temporary public artwork, *Part and Parcel*, realized by the South Lakes High School STEAM Team installed on the Lake Thoreau spillway and several public artworks commissioned by developers including *Simon* by Dewitt Godfrey. Public Art Reston also works with developers to provide professional expertise to assist them through the public art process when they commission public artworks as part of a proffer commitment. Visit the Public Art Reston website to view the entire Reston collection.

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

League of Reston Artists

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA has a dual mission: 1) to provide its members with opportunities to grow, learn and exhibit their creative accomplishments, and 2) to provide the local community with frequent opportunities to experience and appreciate a wide range of visual arts and to gain insight into the creative process. Quarterly meetings with guest speakers and artist demonstrations offer learning and inspiration for LRA members while raising awareness and appreciation of the arts. Non-member art lovers are always welcome. Numerous judged and juried shows in venues throughout the community give member artists and photographers quality exhibition opportunities. Each year, new members join, and volunteers coordinate fresh opportunities to partner with local businesses and display and sell artwork produced by area artists. Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 15 commercial and public places, solo exhibits are on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website. All the programs, meetings, exhibits and their receptions will be subject to current public health guidelines.

MARCH/APRIL

Annual Founder's Day Exhibit at Lake Anne

Painters Exhibit

RCC Lake Anne – Jo Ann Rose Gallery

Reception: Sunday, April 11

2:00 p.m. – 4:00 p.m.

JUNE

Reston Photographic Society Exhibit

RCC Lake Anne – Jo Ann Rose Gallery

Reception: Sunday, June 6

2:00 p.m. – 4:00 p.m.

LRA is a non-profit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society and provides an annual scholarship to a promising high school senior who will continue his or her education in the visual arts. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. LRA relies on its member volunteers and donations from the art-loving community to fulfill its mission.

Reston Art Gallery and Studios (RAGS)

703-481-8156

www.restonartgallery.com

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed-media collage, and acrylic and oil paintings.

MARCH

Floral Fantasies

Blooms and more blooms at Reston Art Gallery

Reception: Sunday, March 14

2:00 p.m. – 4:00 p.m.

APRIL

Sweet Spring

A Spring celebration with the artists of RAGS

Reception: Sunday, April 11

2:00 p.m. – 4:00 p.m.

MAY

Two Views

Gail Axtel and Pat Macintyre share unique perspectives

Reception: Sunday, May 9

2:00 p.m. – 4:00 p.m.

JUNE

New Work

by Dorothy Donahey

Representational abstraction and realism in acrylic and oil paintings

Reception: Sunday, June 13

2:00 p.m. – 4:00 p.m.

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

RCC GALLERY EXHIBITS

RCC Lake Anne Jo Ann Rose Gallery

MARCH – APRIL

Founder's Day at Lake Anne Painters Exhibit

League of Reston Artists (LRA)

Reception: Sunday, March 7

2:00 p.m. – 4:00 p.m.

MAY

The Joy of Creating

Annual RCC Teachers and Students Art Exhibit

JUNE

Reston Photographic Society Exhibit

League of Reston Artists (LRA)

Reception: Sunday, June 6

2:00 p.m. – 4:00 p.m.

RCC Lake Anne 3D Gallery Exhibits

MARCH – APRIL

Gifts from the HeART (Extended)

Annual Art Sale to Benefit Cornerstones

MAY – JUNE

The Joy of Creating

Annual RCC Teachers and Students Art Exhibit

RCC Hunters Woods Exhibits

MARCH

Youth Art Month Exhibit

Art from Langston Hughes Middle School and South Lakes High School

APRIL

Young at Art Exhibit

Art from artists 55 years and older

MAY

I Ching: Second Show of Rando Generations

Art by Guy Rando, Marco Rando, Gabriella Rando and Zen Rando

JUNE

Behold: The Beauty of the Earth!

Oil and encaustic paintings by Richard Neff
Fabric art by Ava Neff

Anyone attending an art exhibit or reception will be required to do the following:

1. Wear a mask that covers both nose and mouth.
2. Assess themselves to be healthy by completing a self-check of the COVID-19 symptoms list prior to coming to RCC.
3. Remain six feet apart from others at all times.
4. Wash or sanitize hands.
5. Complete the contact tracing information form available in the Gallery and provide it to the Customer Service Desk before leaving.

We appreciate your cooperation as we endeavor to keep everyone safe and healthy.



VOLUNTEER

Adapted Aquatics Volunteers

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods

March 6 – May 22

Sat 10:50 a.m. – 11:55 a.m.

Registration Required through VMS.

Diva Central Volunteers Pre-Event

(18 years and older)

Volunteers will help set up, sort and arrange dresses, accessories, and shoes, as well as load and unload trucks.

RCC Lake Anne

March 19

Fri 5:00 p.m. – 9:00 p.m.

Registration Required through VMS.

Diva Central Volunteer

(18 years and older)

Volunteers will help set up and arrange dresses, shoes and accessories, as well as assist patrons with their selections and help clean up after the event.

RCC Lake Anne

March 20

Sat 10:00 a.m. – 4:00 p.m.

Registration Required through VMS.

Eggnormous Egg Hunt Volunteers

(14 years and older)

Volunteers are needed to help decorate the venue, hide eggs and treats, provide crowd control, distribute candy to children, and clean up and break down at Sunrise Valley Elementary School. (Rain date: April 3)

**Sunrise Valley Elementary School,
10824 Cross School Road, Reston, VA**

March 27

Sat 8:00 a.m. – 12:30 p.m.

Registration Required through VMS.

VOLUNTEER MANAGEMENT SYSTEM

Fairfax County has a consolidated, County-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

1. Visit: volunteer.fairfaxcounty.gov

2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.

3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.

4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

For questions or concerns with this system, please contact the RCC Community Events Director at 703-390-6166 or Kevin.Danaher@fairfaxcounty.gov.

The screenshot displays the 'Opportunity Search' page on the Fairfax County VMS website. The page includes a navigation bar with 'RESIDENTS', 'BUSINESS', 'GOVERNMENT', 'FAIRFAX COUNTY VIRGINIA', 'SERVICES', 'CONNECT', and 'SEARCH'. Below the navigation, there are links for 'Volunteer Home', 'Volunteer Search', and 'Login'. The main content area is titled 'Opportunity Search' and shows a search bar with the text 'I am searching for...'. To the left, there are filter sections for 'Opportunity For', 'Organization/Program', 'Things to do', 'Date/Time', 'Date/Time Range', and 'Location'. The main area displays a calendar for September 2020 with a grid of days. Each day cell contains a list of volunteer shifts with their start and end times and locations. For example, on September 1st, there are shifts for 'Police Chaplain' (1:00 am - 11:55 am) and 'Park Volunteer' (7:00 am - 7:00 pm). The page also shows 'Displaying 183 of 326 shifts' and 'View results as: List Calendar Map Sort'.



AQUATICS

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SPRING POOL SCHEDULE • MARCH 1 – MAY 31

	Lap Pool	Warm Water Pool
Monday-Thursday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	6:00 a.m. – 12:00 p.m.* 1:00 p.m. – 8:30 p.m.*
Friday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	6:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*
Saturday	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:30 p.m.*	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:30 p.m.*
Sunday	12:00 p.m. – 5:30 p.m.*	12:00 p.m. – 5:30 p.m.*

***Swim lanes may be limited.**

Please note that the pool schedule is subject to change without notice. RCC schedules programming during open and lap swim times.

Monday through Saturday the pools will be closed from 12:00 p.m. to 1:00 p.m. for a deep cleaning.

Programming will receive priority for pool space.

RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate

your attention to hair that is shed from shampooing as well.

- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.

If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate you removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. – 4:00 p.m., seven days a week as well as Noon – 1:00 p.m., Monday – Saturday.

AQUATICS HOLIDAY HOURS: *

*Some restrictions to lap lane or warm water pool access may apply.

Memorial Day: May 31 • 6:00 a.m. – 1:00 p.m.

RCC PASS OPTIONS

Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. 12-Month passes are valid from date of purchase and do not renew automatically.

Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

To make a reservation, buy or renew your pass, visit myRCC.

POOL FEES

	Reston Resident/ Employee	Non-Reston
Daily Visit Pass (Price Per Visit)		
Adult	\$4.10	\$8.20
Youth & Senior	\$2.50	\$5
Monthly Pool Pass		
Adult	\$40	\$80
Youth & Senior	\$20	\$40
Aquatics Annual Pass		
Adult	\$476	\$952
Youth & Senior	\$243	\$486

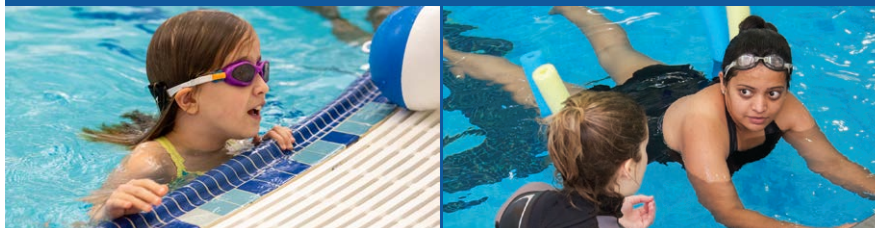
WATER AEROBICS FEES

	Reston Resident/ Employee	Non-Reston
Water Aerobics Pass (Price Per Visit)		
Adult	\$4.50	\$9
Youth & Senior	\$3	\$6

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service Desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk.

30-minute session • \$35 (R)/\$53 (NR)



SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500, TTY 711.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

FREE

DEAP programs are free for Reston residents and employees of Reston businesses.

DEAP

Drowning Education Awareness Program

Reston Community Center and Reston Association have teamed up to improve our community's safety around its many pools. Drowning remains the nation's second-leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries. Together, RA and RCC offer DEAP, a "land-based" Drowning Education Awareness Program. This program offers two opportunities targeted for different audiences and community civic groups to learn water safety skills: Longfellow's WHALE Tales and Water Safety Presentation.

By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools. If you have questions, or would like more information, please contact either RCC at 703-390-6150 or RA at 703-435-6530.



LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is offered to Cub Scouts and Webelos, Daisy, Brownie, and Junior Girl Scouts, and day care centers. Longfellow's WHALE Tales is a FREE 1-hour interactive presentation that provides easy-to-follow information to help children learn safe behavior in, on and around the water. Taught in a classroom environment, WHALE Tales makes water safety fun and easy to learn. Each lesson is reinforced with color posters, worksheets, activities and a video that features Longfellow, the animated whale. Longfellow's WHALE Tales is an American Red Cross program presented in partnership with RCC and RA.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

WATER SAFETY PRESENTATION

(18 years and older)

The presentation is designed for Rotary clubs, PTAs, home school networks, church groups and other civic organizations and can be scheduled at their facility. This FREE 90-minute presentation (60-minute lecture and 30-minute Q&A) focuses on the importance of water safety training and provides general information on keeping family members safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.



RESTON MASTERS SWIM TEAM (RMST)

(18 years and older)

The Reston Masters Swim Team (RMST) has been in existence since 1974. The "Masters" team has been at Reston Community Center since the pool opened. Masters Swimming is a national program under the auspices of U.S. Masters Swimming, a nationwide organization dedicated to the promotion of swimming in all its forms. The word "masters" in masters swimming does not imply expertise. It merely applies to age. Masters swimmers must be 18 years or older. Our team has members who range in age from 18 to 80-plus years old. RMST provides a venue for swimmers at all levels and for all reasons. We have fitness swimmers, triathletes and highly competitive swimmers. At this time, we have several members who are national champions (including our 80-plus year old). We have swimmers who swam in high school and/or college and either continued over the years or want to get back in the shape they were "way back when." We also have swimmers who are not competitive but simply enjoy swimming in an organized program.

Our indoor season is in the Terry L. Smith Aquatics Center. Terry was a longtime member of our team as well as a longtime member of the

RCC Board. Our current coach, Frank Koval, has brought the team to a level of expertise that has seen us compete and win nationally on a regular basis. In the past two years, RMST has come in fifth and sixth respectively in the national championships, which bring out about 100 teams each year. We swim Tuesday, Thursday and Sunday evenings, and Saturday mornings. For exact times, please check the calendar on our website.

Our dues are low and our enthusiasm is high. If you would like to learn more about us, please check our website at www.restonmasters.com.



RESTON SWIM TEAM ASSOCIATION

(6 – 18 years old)

The Reston Swim Team Association is a year-round developmental swim league open to all swimmers between the ages of 6 and 18.

RSTA's summer league features eight teams, each with 110 swimmers from the greater Reston area. Swimmers practice almost daily from late May to the end of July and compete in six dual meets, an Individual Medley meet, and a select All-Star meet. RSTA's winter program provides developmental clinics and sessions from September through May designed to improve swimmers' stroke technique and endurance.

Whether you are a beginner who wants to become competitive or a swimmer who wants to improve strokes, RSTA offers a program to suit your needs. Check our website at www.rsta.org.



LAP SWIM INFORMATION

Reservations will be for a 45-minute time slot. There will be 15 minutes allotted after swimming to exit the pool and utilize the locker rooms. There will be no lockers available for daily usage. A valid Aquatics Daily Visit pass, an Aquatics Monthly pass or an Aquatics Annual pass is required to complete the reservation. Due to COVID-19 and social-distancing requirements, lap swim now requires registration. To register, sign into myRCC and select the date and time you wish to swim. Registration for a lap swim reservation is free, but patrons are required to purchase an Aquatics Daily pass, an Aquatics Monthly or an Aquatics Annual pass and swipe the pass prior to each registered reservation. Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Aquatics Daily passes may be purchased for a minimum of five visits to a maximum of 60 visits and expire two years from date of purchase. Aquatics Monthly and Aquatics Annual passes are valid from date of purchase and do not renew automatically.

Have Questions About Drop-in Programs?

www.restoncommunitycenter.com/PassFAQs

Learn How to Purchase a Pass and Make a Reservation:

www.restoncommunitycenter.com/HowTo

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Mon-Fri 6C0931-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0931-1C	8:00 a.m. – 8:45 a.m.
Mon-Sat 6C0931-1D	9:00 a.m. – 9:45 a.m.
Mon-Sun 6C0931-1E	10:00 a.m. – 10:45 a.m.
Mon-Sun 6C0931-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0931-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0931-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0931-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0931-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0931-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0931-1M	6:00 p.m. – 6:45 p.m.

Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Mon-Fri 6C0932-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0932-1C	8:00 a.m. – 8:45 a.m.
Mon-Sat 6C0932-1D	9:00 a.m. – 9:45 a.m.
Mon-Sun 6C0932-1E	10:00 a.m. – 10:45 a.m.
Mon-Sun 6C0932-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0932-1H	1:00 p.m. – 1:45 p.m.

Mon-Sun 6C0932-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0932-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0932-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0932-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0932-1M	6:00 p.m. – 6:45 p.m.

Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Mon-Fri 6C0933-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0933-1C	8:00 a.m. – 8:45 a.m.
Mon-Sat 6C0933-1D	9:00 a.m. – 9:45 a.m.
Mon-Sun 6C0933-1E	10:00 a.m. – 10:45 a.m.
Mon-Sun 6C0933-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0933-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0933-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0933-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0933-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0933-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0933-1M	6:00 p.m. – 6:45 p.m.



Lap Pool – Lane 4

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Mon-Fri 6C0934-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0934-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0934-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0934-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0934-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0934-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0934-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0934-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0934-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0934-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0934-1M	6:00 p.m. – 6:45 p.m.

Lap Pool – Lane 5

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Mon-Fri 6C0935-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0935-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0935-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0935-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0935-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0935-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0935-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0935-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0935-1K	4:00 p.m. – 4:45 p.m.
Fri-Sun 6C0935-1L	5:00 p.m. – 5:45 p.m.

Lap Pool – Lane 6

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Mon-Fri 6C0936-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0936-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0936-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0936-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0936-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0936-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0936-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0936-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0936-1K	4:00 p.m. – 4:45 p.m.
Fri-Sun 6C0936-1L	5:00 p.m. – 5:45 p.m.

Have Questions About Drop-in Programs?

www.restoncommunitycenter.com/PassFAQs

Learn How to Purchase a Pass and Make a Reservation:

www.restoncommunitycenter.com/HowTo

Warm Water – Zone 1

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Tue, Thu 6C0981-1A	6:00 a.m. – 6:45 a.m.
Tue, Thu 6C0981-1B	7:00 a.m. – 7:45 a.m.
Mon, Wed, Fri 6C0981-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0981-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0981-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0981-1J	3:00 p.m. – 3:45 p.m.
Mon-Sun 6C0981-1K	4:00 p.m. – 4:45 p.m.
Sun 6C0981-1L	5:00 p.m. – 5:45 p.m.

Warm Water – Zone 2

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Tue, Thu 6C0982-1A	6:00 a.m. – 6:45 a.m.
Tue, Thu 6C0982-1B	7:00 a.m. – 7:45 a.m.
Mon, Wed, Fri 6C0982-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0982-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0982-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0982-1J	3:00 p.m. – 3:45 p.m.



Mon-Sun 6C0982-1K	4:00 p.m. – 4:45 p.m.
Sun 6C0982-1L	5:00 p.m. – 5:45 p.m.

Warm Water – Zone 3

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Tue, Thu 6C0983-1A	6:00 a.m. – 6:45 a.m.
Tue, Thu 6C0983-1B	7:00 a.m. – 7:45 a.m.
Mon, Wed, Fri 6C0983-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0983-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0983-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0983-1J	3:00 p.m. – 3:45 p.m.
Mon-Sun 6C0983-1K	4:00 p.m. – 4:45 p.m.
Sun 6C0983-1L	5:00 p.m. – 5:45 p.m.

Warm Water – Zone 4

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of six feet. See lap swim info box for pass and registration information.

45-min. sessions at RCC HW Pool Pass, Registration Req.

March 1 – May 31

Tue, Thu 6C0984-1A	6:00 a.m. – 6:45 a.m.
Tue, Thu 6C0984-1B	7:00 a.m. – 7:45 a.m.
Mon, Wed, Fri 6C0984-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0984-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0984-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0984-1J	3:00 p.m. – 3:45 p.m.
Mon-Sun 6C0984-1K	4:00 p.m. – 4:45 p.m.
Sun 6C0984-1L	5:00 p.m. – 5:45 p.m.



WATER SAFETY ACADEMY

Lifeguard Training Blended Learning

(15 years and older)

Blended learning combines online learning with in-person skills sessions, where participants will practice skills and demonstrate competency. Please plan to complete all eLearning modules, including the CPR/AED for Professional Savors and First Aid final eLearning exam. The eLearning portion of the course is approximately seven hours.

To enroll in the course, participants must be able to pass a prerequisite skills evaluation by doing the following: Swim 300 yards continuously, tread water for two minutes, complete a timed event within one minute, 40 seconds (swim 20 yards, retrieve a heavy object from the deepest part of the pool and swim 20 yards with the object, on back to return to the starting point).

Please begin the online session as soon as possible after registration to ensure the ability to complete all eLearning modules

prior to the first day of the course. To successfully complete the course, participants must complete the eLearning modules and provide the printed course completion certificate, attend the entire course, participate in all skill sessions/drills, activities and scenarios, and demonstrate competency in all required skills and scenarios.

Please contact Brittany Kartchner, Aquatics Operations Director, at 703-390-6149 with any questions.

2, 9-hour sessions at RCC Hunters Woods Free (R)/\$200 (NR)

March 27 – March 29

Sat, Sun, Mon 9:00 a.m. – 6:00 p.m.
621243-1A Staff

The American Red Cross has some tips to ensure water safety of all ages.

Ensure every member of your family learns to swim so they at least achieve skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely. The Red Cross says that while 80 percent of Americans say they can swim, less than half can do all five steps.

Employ layers of protection including barriers to prevent access to water, life jackets and close supervision of children to prevent drowning.

Know what to do in a water emergency – including how to help someone in trouble in the water safely, call for emergency help and CPR.

LEARN-TO-SWIM: INFANT – 7 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

AQUATICS

INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
WATER INTRO	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
AQUA TOTS	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
POOL PALS & WATER FRIENDS	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
ROOKIE I	4 – 5 years	No swimming skills required. Able to follow simple instructions.
ROOKIE II	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
RANGER	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
MARLIN	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
WATER WONDER	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

HEALTH & SAFETY

Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

Water Introduction

(6 – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:40 a.m. – 10:10 a.m.
620000-1E Staff

Sat 10:50 a.m. – 11:20 a.m.
620000-1F Staff

April 11 – May 16

Sun 10:00 a.m. – 10:30 a.m.
620002-1C Staff

Aqua Tots

(18 months – 3 years)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:40 a.m. – 10:10 a.m.
620007-1E Staff

Sat 10:50 a.m. – 11:20 a.m.
620007-1F Staff

April 11 – May 16

Sun 10:00 a.m. – 10:30 a.m.
620008-1C Staff

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

6, 20-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 8:30 a.m. – 8:50 a.m.
620010-1G Staff

Sat 8:50 a.m. – 9:10 a.m.
620010-1H Staff

Sat 9:10 a.m. – 9:30 a.m.
620010-1I Staff

April 11 – May 16

Sun 9:00 a.m. – 9:20 a.m.
620012-1M Staff

Sun 9:20 a.m. – 9:40 a.m.
620012-1N Staff

Sun 9:40 a.m. – 10:00 a.m.
620012-1O Staff

Sun 10:00 a.m. – 10:20 a.m.
620012-1P Staff

Sun 10:20 a.m. – 10:40 a.m.
620012-1Q Staff

Sun 10:40 a.m. – 11:00 a.m.
620012-1R Staff

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:40 a.m. – 10:10 a.m.
620020-1C Staff

Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 8:30 a.m. – 9:00 a.m.
620030-1E Staff

Sat 10:15 a.m. – 10:45 a.m.
620030-1F Staff

April 11 – May 16

Sun 9:00 a.m. – 9:30 a.m.
620032-1E Staff

Sun 11:00 a.m. – 11:30 a.m.
620032-1F Staff

6, 30-min. sessions • Warm Water Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 6:30 p.m. – 7:00 p.m.
620036-1E Staff

April 8 – May 13

Thu 5:00 p.m. – 5:30 p.m.
620036-1F Staff

8, 30-min. sessions • Warm Water Pool
\$75 (R)/\$110 (NR)

March 1 – March 24

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-1C Staff

April 5 – April 28

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-1D Staff

May 3 – May 26

Mon, Wed 5:00 p.m. – 5:30 p.m.
620033-1E Staff

ADAPTED AQUATICS

Please see page 46 for information on our Adapted Aquatics class.

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

UNDERWATER EGG HUNT

Saturday, March 27

\$4 Reston/\$8 Non-Reston



Each participating child will receive a goody bag upon completion of the event.

The Easter Bunny is missing hundreds of eggs, and they have been found floating in the Reston Community Center pools. Come splash, swim and hunt with us. Some treats will float for little ones, others will sink for those seeking a little more adventure. A parent/adult is required to accompany each non-swimmer in the water and to participate in the activity. RCC will have a limited number of lifejackets available for optional use. Personal lifejackets approved by the United States Coast Guard may also be used.

Register today to ensure your spot assisting the Easter Bunny to recover his eggs!

6 months – 3 years old
12:30 p.m. – 1:00 p.m.
#643200-1A

4 – 6 years old
1:15 p.m. – 1:45 p.m.
#643300-1A

7 – 9 years old
2:00 p.m. – 2:30 p.m.
#643400-1A

For more information, please contact Matthew McCall, Aquatics Program Director, at 703-390-615.

Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:05 a.m. – 9:35 a.m.
620040-1E Staff

Sat 11:25 a.m. – 11:55 a.m.
620040-1F Staff

April 11 – May 16

Sun 9:30 a.m. – 10:00 a.m.
620042-1E Staff

Sun 11:30 a.m. – 12:00 p.m.
620042-1F Staff

6, 30-min. sessions • Warm Water Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 5:00 p.m. – 5:30 p.m.
620046-1E Staff

April 8 – May 13

Thu 5:30 p.m. – 6:00 p.m.
620046-1F Staff

8, 30-min. sessions • Warm Water Pool
\$75 (R)/\$110 (NR)

March 1 – March 24

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-1C Staff

April 5 – April 28

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-1D Staff

May 3 – May 26

Mon, Wed 5:30 p.m. – 6:00 p.m.
620043-1E Staff

PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels. For more information, see page 32.



Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

6, 30-min. sessions • Lap Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:40 a.m. – 10:10 a.m.
 620060-1C Staff

April 11 – May 16

Sun 10:30 a.m. – 11:00 a.m.
 620062-1C Staff

6, 30-min. sessions • Lap Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 6:00 p.m. – 6:30 p.m.
 620066-1C Staff

Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:05 a.m. – 9:35 a.m.
 620050-1E Staff

Sat 10:50 a.m. – 11:20 a.m.
 620050-1F Staff

April 11 – May 16

Sun 11:00 a.m. – 11:30 a.m.
 620052-1C Staff

6, 30-min. sessions • Warm Water Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 5:30 p.m. – 6:00 p.m.
 620956-1C Staff

8, 30-min. sessions • Warm Water Pool
\$75 (R)/\$110 (NR)

March 1 – March 24

Mon, Wed 6:00 p.m. – 6:30 p.m.
 620053-1C Staff

April 5 – April 28

Mon, Wed 6:00 p.m. – 6:30 p.m.
 620053-1D Staff

May 3 – May 26

Mon, Wed 6:00 p.m. – 6:30 p.m.
 620053-1E Staff

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
SWIM LEVEL 1	6 – 12 years	No swimming skills required.
SWIM LEVEL 2	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
SWIM LEVEL 3	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 – 12 years	Swim front crawl for 50 yards, the swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
STROKE-N-TURN	6 – 8 years	Student must be able to continuously swim 25 yards and demonstrate the use of two different strokes.
STROKE-N-TURN	9 – 12 years	Student must be able to continuously swim 50 yards and demonstrate the use of two different strokes.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

AQUATICS

Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 8:30 a.m. – 9:00 a.m.
620310-1E Staff

Sat 10:15 a.m. – 10:45 a.m.
620310-1F Staff

April 11 – May 16

Sun 9:30 a.m. – 10:00 a.m.
620312-1E Staff

Sun 10:30 a.m. – 11:00 a.m.
620312-F Staff

6, 30-min. sessions • Warm Water Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 6:30 p.m. – 7:00 p.m.
620316-1E Staff

April 8 – May 13

Thu 5:00 p.m. – 5:30 p.m.
620316-1F Staff

8, 30-min. sessions • Warm Water Pool
\$75 (R)/\$110 (NR)

March 1 – March 24

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-1C Staff

April 5 – April 28

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-1D Staff

May 3 – May 26

Mon, Wed 5:00 p.m. – 5:30 p.m.
620313-1E Staff

Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and combined swim front for five strokes using arms, kicking, and breathing.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:05 a.m. – 9:35 a.m.
620320-1E Staff

Sat 11:25 a.m. – 11:55 a.m.
620320-1F Staff

April 11 – May 16

Sun 10:00 a.m. – 10:30 a.m.
620322-1E Staff

Sun 11:30 a.m. – 12:00 p.m.
620322-1F Staff

6, 30-min. sessions • Warm Water Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 5:00 p.m. – 5:30 p.m.
620326-1E Staff

April 8 – May 13

Thu 5:30 p.m. – 6:00 p.m.
620326-1F Staff

8, 30-min. sessions • Warm Water Pool
\$75 (R)/\$110 (NR)

March 1 – March 24

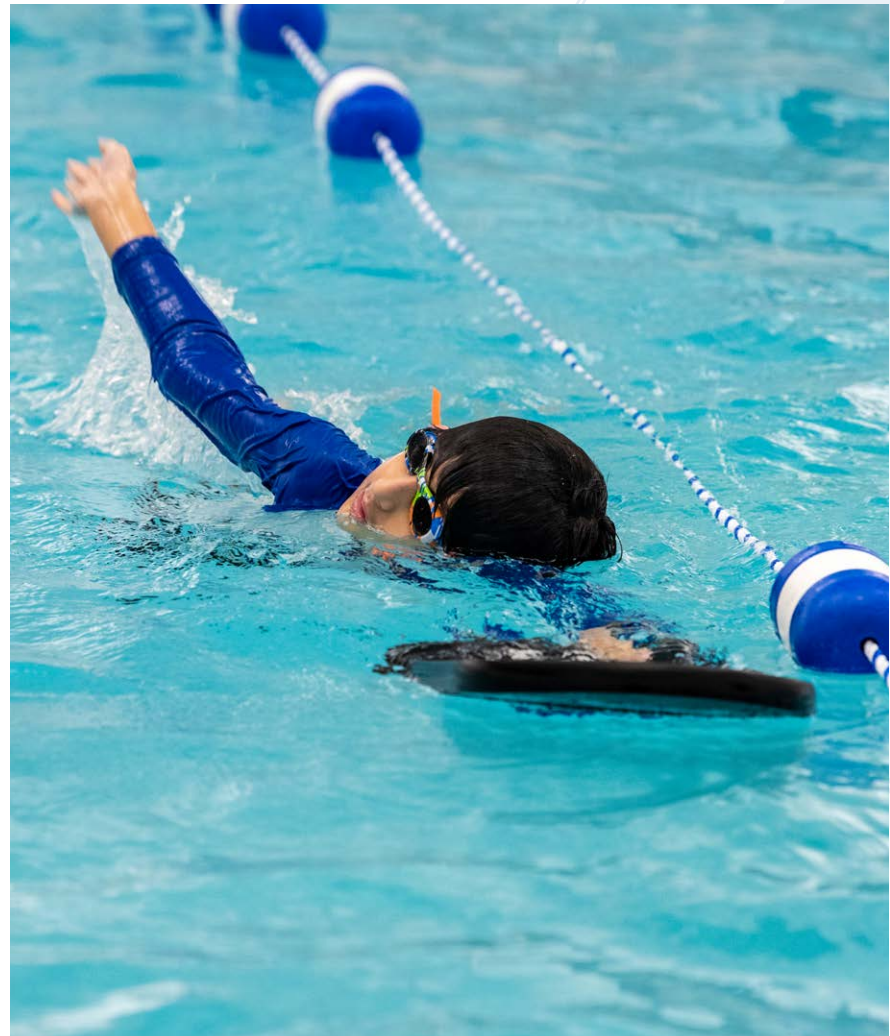
Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-1C Staff

April 5 – April 28

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-1D Staff

May 3 – May 26

Mon, Wed 5:30 p.m. – 6:00 p.m.
620323-1E Staff



Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

6, 30-min. sessions • Lap Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 10:15 a.m. – 10:45 a.m.
620330-1C Staff

April 11 – May 16

Sun 11:00 a.m. – 11:30 a.m.
620332-1C Staff

6, 30-min. sessions • Lap Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 5:30 p.m. – 6:00 p.m.
620336-1C Staff

8, 30-min. sessions • Lap Pool
\$75 (R)/\$110 (NR)

March 1 – March 24

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-1C Staff

April 5 – April 28

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-1D Staff

May 3 – May 26

Mon, Wed 6:00 p.m. – 6:30 p.m.
620333-1E Staff

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for 2 minutes.

6, 30-min. sessions • Lap Pool
\$65 (R)/\$130 (NR)

April 10 – May 15

Sat 9:40 a.m. – 10:10 a.m.
620340-1C Staff

April 11 – May 16

Sun 11:30 a.m. – 12:00 p.m.
620342-1C Staff

6, 30-min. sessions • Lap Pool
\$60 (R)/\$90 (NR)

April 6 – May 11

Tue 6:00 p.m. – 6:30 p.m.
620346-1C Staff

Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

6, 45-min. sessions • Lap Pool
\$75 (R)/\$150 (NR)

April 10 – May 15

Sat 10:15 a.m. – 11:00 a.m.
620350-1C Staff

6, 45-min. sessions • Lap Pool
\$65 (R)/\$100 (NR)

April 8 – May 13

Thu 6:00 p.m. – 6:45 p.m.
620356-1C Staff

Level 6

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front crawl back crawl, introduction to swim equipment (pull buoys and fins), and retrieving an object from eight feet deep.

6, 45-min. sessions • Lap Pool
\$75 (R)/\$150 (NR)

April 10 – May 15

Sat 11:05 a.m. – 11:50 a.m.
620360-1C Staff

Youth Stroke-n-Turn

(9 – 12 years old)

This class is for swim team swimmers ages 9 through 12 who would like to improve stroke coordination and refinement. Prerequisites: See Youth Class Requirements at the beginning of the Youth Section. Instruction will include front and back crawl, breaststroke, butterfly, shallow dive, glide two body lengths and begin any front stroke.

8, 45-min. sessions • Lap Pool
\$85 (R)/\$130 (NR)

March 1 – March 24

Mon, Wed 6:30 p.m. – 7:15 p.m.
620183-1C Staff

April 5 – April 28

Mon, Wed 6:30 p.m. – 7:15 p.m.
620183-1D Staff

May 3 – May 26

Mon, Wed 6:30 p.m. – 7:15 p.m.
620183-1E Staff



Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$52 (R55+)/\$130 (NR)

April 10 – May 15

Sat 10:50 a.m. – 11:20 a.m.
 620190-1E

Sat 11:25 a.m. – 11:55 a.m.
 620190-1F

**VOLUNTEERS
 NEEDED!**

See page 29 for more information.

13 YEARS AND OLDER

Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

6, 30-min. sessions • Warm Water Pool
\$65 (R)/\$52 (R55+)/\$130 (NR)

April 10 – May 15

Sat 8:30 a.m. – 9:00 a.m.
 621210-1C Staff

April 11 – May 16

Sun 9:00 a.m. – 9:30 a.m.
 621212-1C Staff

8, 30-min. sessions • Warm Water Pool
\$75 (R)/\$60 (R55+)/\$150 (NR)

March 1 – March 24

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-1C Staff

April 5 – April 28

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-1D Staff

May 3 – May 26

Mon, Wed 6:30 p.m. – 7:00 p.m.
 621213-1E Staff

Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep-water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

6, 45-min. sessions • Lap Pool
\$75 (R)/\$60 (R55+)/\$150 (NR)

April 10 – May 15

Sat 10:50 a.m. – 11:35 a.m.
 621220-1C Staff

6, 45-min. sessions • Lap Pool
\$65 (R)/\$52 (R55+)/\$100 (NR)

April 8 – May 13

Thu 6:00 p.m. – 6:45 p.m.
 621226-1C Staff



AQUATICS

AEROBICS

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis (18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises that increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program.

8, 45-min. sessions • Warm Water Pool
\$50 (R)/\$40 (R55+)/\$100 (NR)

March 2 – March 25

Tue, Thu 10:30 a.m. – 11:15 a.m.
621276-1C Staff

April 6 – April 29

Tue, Thu 10:30 a.m. – 11:15 a.m.
621276-1D Staff

May 4 – May 27

Tue, Thu 10:30 a.m. – 11:15 a.m.
621276-1E Staff

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.



Aqua Burn (18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

8, 45-min. sessions • Warm Water Pool
\$50 (R)/\$40 (R55+)/\$100 (NR)

March 1 – March 24

Mon, Wed 7:30 p.m. – 8:15 p.m.
621251-1C Staff

April 5 – April 28

Mon, Wed 7:30 p.m. – 8:15 p.m.
621251-1D Staff

May 3 – May 26

Mon, Wed 7:30 p.m. – 8:15 p.m.
621251-1E Staff

Deep Water Mania (18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

8, 45-min. sessions • Warm Water Pool
\$50 (R)/\$40 (R55+)/\$100 (NR)

March 1 – March 24

Mon, Wed 6:30 p.m. – 7:15 p.m.
621250-1C Staff

April 5 – April 28

Mon, Wed 6:30 p.m. – 7:15 p.m.
621250-1D Staff

May 3 – May 26

Mon, Wed 6:30 p.m. – 7:15 p.m.
621250-1E Staff

DAILY AEROBICS (PASS REQUIRED)

Due to COVID-19 and social-distancing requirements, Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion now require registration. To register, sign into myRCC and select the dates and times you wish to attend. Registration for Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Mixer and Tides in Motion is free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each registered class. Patron's passes will be debited a visit for non-attendance. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 5 visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase.

Aqua Barre (18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions • Warm Water Pool Pass, Registration Req.

March 29 – May 28

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.
6C0110-1M Staff

Have Questions About Drop-in Programs?

[www.restoncommunitycenter.com/
PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

Learn How to Purchase a Pass and Make a Reservation:

[www.restoncommunitycenter.com/
HowTo](http://www.restoncommunitycenter.com/HowTo)

Aqua Blast (18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program

45-min. sessions • Warm Water Pool Pass, Registration Req.

March 30 – May 27

Tue, Thu 8:30 a.m. – 9:15 a.m.
6C0060-1M Staff

March 30 – May 27

Tue, Thu 9:30 a.m. – 10:15 a.m.
6C0075-1M Staff

April 11 – May 23

Sun 8:30 a.m. – 9:15 a.m.
6C0065-1M Staff

April 11 – May 23

Sun 9:30 a.m. – 10:15 a.m.
6C0070-1M Staff

Aqua Boot Camp (18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions • Warm Water Pool Pass, Registration Req.

March 29 – May 28

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.
6C0080-1M Staff

March 29 – May 28

Mon, Wed, Fri 9:30 a.m. – 10:15 a.m.
6C0100-1M Staff

Aqua Mixer (18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program.

45-min. sessions • Warm Water Pool Pass, Registration Req.

March 29 – May 26

Mon, Wed 5:30 p.m. – 6:15 p.m.
6C0040-1M Staff

Tides in Motion (18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program

45-min. sessions • Warm Water Pool Pass, Registration Req.

March 29 – May 28

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.
6C0010-1M Staff



KIDS CORNER

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Visual Arts	53

CRAFTS

Father's Day Pottery

(2 – 5 years old)

Create a personalized mug to celebrate dad for Father's Day. Mugs will be decorated and painted during class and will be available for pick up at RCC shortly thereafter. This pottery is safe for hot and cold drinks; use in the microwave or dishwasher is not recommended. Parent/caregiver must fully participate in the activity. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 45-min. session at RCC Hunters Woods
\$15 (R)/\$23 (NR)

June 1

Tue 9:00 a.m. – 9:45 a.m.
 901164-1A Clay Cafe Studios

Tue 10:00 a.m. – 10:45 a.m.
 901164-1B Clay Cafe Studios

Mother's Day Pottery

(2 – 5 years old)

Mom will love getting her own individual mug created and painted by her child for her favorite coffee, tea or hot chocolate. Pottery is dishwasher-safe, and the mugs will be fired and returned to RCC for pick up in time for Mother's Day. Parents/caregivers must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 45-min. session at RCC Hunters Woods
\$15 (R)/\$23 (NR)

April 29

Thu 9:00 a.m. – 9:45 a.m.
 901150-1A Clay Cafe Studios

Thu 10:00 a.m. – 10:45 a.m.
 901150-1B Clay Cafe Studios



Springtime Pottery

(2 – 5 years old)

Join us for a fun time creating springtime-themed pottery. After the piece is fired, it will be returned to RCC for pick-up. The pottery is dishwasher and microwave safe. Parent/caregiver must fully participate in the activity. This program is not appropriate for children younger or older than the advertised age range. All participating children must be registered.

1, 45-min. session at RCC Hunters Woods
\$15 (R)/\$23 (NR)

March 11

Thu 9:00 a.m. – 9:45 a.m.
 901366-1A Clay Cafe Studios

Thu 10:00 a.m. – 10:45 a.m.
 901366-1B Clay Cafe Studios

DANCE

Ballet Basics I

(3 – 6 years old)

Beginners will learn basic positions, terminology and barre technique.

8, 60-min. sessions at RCC Hunters Woods
\$85 (R)/\$130 (NR)

April 6 – May 25

Tue 4:00 p.m. – 5:00 p.m.
 402402-1E Metro Movement

April 10 – May 29

Sat 10:00 a.m. – 11:00 a.m.
 402402-1F Metro Movement

Hip-Hop

(3 – 6 years old)

Introduction to hip-hop movement with a focus on creativity, flexibility and fun. Instruction is provided to age-appropriate music.

8, 60-min. sessions at RCC Hunters Woods
\$85 (R)/\$130 (NR)

April 7 – May 26

Wed 4:00 p.m. – 5:00 p.m.
 402672-1E Metro Movement

April 10 – May 29

Sat 9:00 a.m. – 10:00 a.m.
 402672-1F Metro Movement

KIDS CORNER

KIDS CORNER

Programs designed specifically for youth (under 13) are presented together. Please note, intergenerational or teen/tween programs are listed in the program type categories alphabetically in the Leisure & Learning Section.

Eggnormous EGG HUNT

SATURDAY
March 27

Rain Date: April 3

10:00 a.m. – 11:30 a.m.

FREE • Registration Required
902907-1A

Infant – 8 years old

Sunrise Valley Elementary School

Come enjoy a great community tradition at Sunrise Valley Elementary School, located at 10824 Cross School Road (corner of Cross School Road and Sunrise Valley Drive). Entertainment by a strolling magician and games will be featured, along with our ever-popular egg hunt. The egg hunt starts at 10:30 a.m. sharp. Many photo opportunities abound, so remember to bring a camera and a favorite basket to carry goodies. Please bring water or pack a picnic to enjoy while outdoors. Due to COVID-19, social-distancing measures, masks and advance registration through myRCC will be required.

The egg hunt starts at 10:30 a.m. sharp!

DON'T FORGET:



A BASKET TO CARRY YOUR EGGS



A CAMERA FOR ALL THE PHOTO OPS



A PICNIC TO ENJOY OUTSIDE

For more information, please contact Debbie Heron, Youth Program Director, at 703-390-6163.

ENRICHMENT

A Colorful Crowd

(2 – 5 years old)

Only three main colors make up all the other colors. Children will have fun experimenting with the “magic” of color mixing and create something special and uniquely theirs with various types of art media. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-min. session at RCC Hunters Woods
\$10 (R)/\$15 (NR)

April 28

Wed 901309-1C 10:00 a.m. – 11:00 a.m.
Gollop-Pagani

Monday Fundays

(6 – 11 years old)

Join us for a fun-filled afternoon on Mondays. Activities will include crafts, games, swimming and outdoor play when weather permits.

1, 3-hour session at RCC Hunters Woods
\$15 (R)/\$23 (NR)

March 8

Mon 902004-1F 2:00 p.m. – 5:00 p.m.
Staff

March 15

Mon 902004-1G 2:00 p.m. – 5:00 p.m.
Staff

March 22

Mon 902004-1H 2:00 p.m. – 5:00 p.m.
Staff

April 12

Mon 902004-1I 2:00 p.m. – 5:00 p.m.
Staff

April 19

Mon 902004-1J 2:00 p.m. – 5:00 p.m.
Staff

April 26

Mon 902004-1K 2:00 p.m. – 5:00 p.m.
Staff

May 3

Mon 902004-1L 2:00 p.m. – 5:00 p.m.
Staff

May 10

Mon 902004-1M 2:00 p.m. – 5:00 p.m.
Staff

May 17

Mon 902004-1N 2:00 p.m. – 5:00 p.m.
Staff

Sensing Science

(2 – 5 years old)

Children love learning about all five senses, and building sensory awareness opens a new realm of enrichment. Participants will be introduced to each of the five senses and then observe how they use them. Come ready to use eyes, ears, mouth, nose and hands to create fun-filled items. Children of all abilities are welcome. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-min. session at RCC Hunters Woods
\$10 (R)/\$15 (NR)

April 7

Wed 901311-1C 10:00 a.m. – 11:00 a.m.
Gollop-Pagani

FITNESS

Yoga for Children

(6 – 12 years old)

This class is designed for children ages 6 to 12 years old. Practicing kindness towards self and kindness towards others, as well as physical, emotional, and breath awareness, are key components in this self-esteem and resilience-boosting class. Children can derive enormous benefits from yoga, including flexibility, strength, coordination, improved body awareness, enhanced focus and acquiring self-calming techniques. Participants are required to bring a yoga mat and a bottle of water to class. Attendance is limited to registered participants only.

5, 45-min. sessions at RCC Lake Anne
\$45 (R)/\$68 (NR)

March 3 – April 13

(No Class: April 6)

Tue 301400-1B 4:00 p.m. – 4:45 p.m.
Vives

REGISTER TODAY DON'T DELAY!

Signing up not only reserves your place, it assures other interested patrons that the class will go on as scheduled. We have noticed some patrons wait until just days before the event to register. For our programs to successfully run, we strive for minimum enrollment at least one week in advance or the event could be canceled due to low enrollment. Please don't delay – register now online, by mail, fax or in-person.

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

PERFORMING ARTS

YAT (Abridged)

(7 – 15 years old)

With social distancing and best health practices in mind, while serving as many young actors as possible, Young Actors Theatre is offering an abbreviated, yet no less exciting, YAT experience. Each session will provide training in all aspects of the theatrical process and culminate with a performance in RCC's the CenterStage theatre. So, warm up your voices and dust off your dance shoes and make plans to join us this spring for a fast-paced, fun-packed YAT experience (abridged)!

20 sessions at RCC Hunters Woods
\$235 (R)/\$410 (NR)

March 26 – June 5

(No Class: April 2, 3)

Fri	4:30 p.m. – 6:00 p.m.
Sat	9:00 a.m. – 12:00 p.m.
4C0040-1K	Brutsché

SCOUTS

Brownie Badge – Home Scientist

(6 – 9 years old)

This session will introduce Brownies to interesting science experiments and fulfill the requirements for the Brownie Home Scientist Badge. Brownies will become kitchen chemists, performing experiments with common items in the kitchen; studying the density of various items and the science behind them; creating static electricity and exploring its unique properties; entering the magical world of bubbles and understanding how they work; and mixing some ingredients to make a fun item to take home.

1, 2.5-hour session at RCC Hunters Woods
\$15 (R)/\$23 (NR)

March 13

Sat	1:00 p.m. – 3:30 p.m.
901395-1B	Wilson

SOCIAL

Springtime Tea

(2 – 5 years old)

Celebrate spring with RCC. Instead of holding our traditional annual "tea," participants will receive juice boxes and craft supplies to make a hat to wear for a tea party or special event in the future. At the end of our tea, children will listen to a spring-themed story. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Free, but registration is required for all children and adults. Each session occurs in a different room.

1, 60-min. session at RCC Hunters Woods
Free, Registration Req.

March 18

Thu	10:00 a.m. – 11:00 a.m.
901112-1A	Gollop-Pagani
Thu	10:00 a.m. – 11:00 a.m.
901112-1B	Gollop-Pagani
Thu	10:00 a.m. – 11:00 a.m.
901112-1C	Gollop-Pagani
Thu	10:00 a.m. – 11:00 a.m.
901112-1D	Gollop-Pagani

VISUAL ARTS

Art Attack

(7 – 11 years old)

Students will explore and unlock their imagination using various media such as pastels, watercolor, tempera, colored pencils and much more. Each class session will give participants the freedom to make choices and think about what is visually pleasing to them as an artist, resulting in fun, creative projects.

8, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$130 (NR)

April 5 – May 24

Mon	4:00 p.m. – 5:00 p.m.
402697-1C	Lambakis

KIDS CORNER



LEISURE & LEARNING

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Diva
CENTRAL



Find your prom or formal look!

SATURDAY
March 20

11:00 a.m. – 12:00 p.m. • 8C1008-1A

12:00 p.m. – 1:00 p.m. • 8C1008-1B

1:00 p.m. – 2:00 p.m. • 8C1008-1C

2:00 p.m. – 3:00 p.m. • 8C1008-1D

RCC Lake Anne

FREE • Registration Required • 12 – 18 Years Old

Diva Central is Reston Community Center’s annual prom and formal dress giveaway boutique event. This incredible one-day shopping opportunity is open to any current middle school and high school student who needs a formal dress, shoes, jewelry and other accessories. Everything is FREE. Limit two dresses, one set of accessories and one pair of shoes per person. Please remember, dresses and accessories are only available to middle and high school students.

Due to COVID-19, social distancing and masks will be required.

Don't Miss This FREE Chic Fashion Experience!

MORE INFORMATION: LaTanja.Jones@fairfaxcounty.gov • 703-390-6158

CRAFTS

Japanese Floral Arrangement

(18 years and older)

Learn how to put fresh, seasonal flowers into beautiful arrangements with Japanese touches. Ikebana is the Japanese art of flower arrangement focusing on harmony, color, use, rhythm and elegantly simple designs. This disciplined art form is steeped in the philosophy of developing a closeness with nature. Flowers will be provided; students need to bring a vase and small scissors or garden clippers.

1, 2-hour session at RCC Hunters Woods
\$55 (R)/\$44 (R55+)/\$83 (NR)

March 14

Sun 1:00 p.m. – 3:00 p.m.
500645-1C Shimizu

May 16

Sun 1:00 p.m. – 3:00 p.m.
500645-1D Shimizu



Origami Arts – Mother's/ Father's Day Cards

(8 years and older)

This class is geared toward beginners, but more advanced students are welcome. Participants will learn easy skills of folding colorful pieces of paper to craft simple designs that will be incorporated into pop-up cards. Once these skills are learned, they can bring a lifetime of enjoyment. This program is fun for individuals or the whole family. Children under the age of 12 must be accompanied by an adult for the duration of the program. All participants must register and pay. All supplies are included in the class fee.

1, 2-hour session at RCC Hunters Woods
\$10 (R)/\$8 (R55+)/\$15 (NR)

May 8

Sat 1:00 p.m. – 3:00 p.m.
901372-1A Nelson

Sewing II for Teens and Adults

(13 years and older)

Learn to make advanced home projects such as window treatments, duvets and bedspreads. This is an intermediate course for students with sewing experience. Participants are strongly encouraged to bring a portable sewing machine to class. Only a limited number of RCC-owned machines will be available.

8, 2-hour sessions at RCC Hunters Woods
\$120 (R)/\$96 (R55+)/\$180 (NR)

April 8 – May 27

Thu 6:30 p.m. – 8:30 p.m.
901335-1 AMinassian

CREATIVE CONNECTIONS

Spring Paper Flowers Workshop

(18 years and older)

Learn step-by-step how to make beautiful spring flowers using crepe paper. You will learn about the different types of crepe paper, patterns and techniques to prepare you to decorate for your upcoming special events. All supplies for this workshop will be included.

1, 2-hour session at To Be Determined
\$45 (R)/\$36 (R55+)/\$68 (NR)

May 6

Thu 6:00 p.m. – 8:00 p.m.
8C2016-1A Staff

DANCE

Line Dancing with Scotty

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for all levels, providing enjoyment for beginners and experienced dancers alike. Please wear shoes that will slide on the wood floor. Please bring water to class.

10, 90-min. sessions at RCC Hunters Woods
\$55 (R)/\$44 (R55+)/\$83 (NR)

March 25 – May 27

Thu 5:00 p.m. – 6:30 p.m.
503532-1D Inman

LEISURE & LEARNING

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

ENRICHMENT

Aging in Place 101 (18 years and older)

With a host of new technologies, products, and services available, it is more viable for people to stay in their home longer. This presentation focuses on such areas such as home modifications and services available to age in place.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

March 16

Tue 10:00 a.m. – 11:30 a.m.
503729-1B Nasto

Dementia Friends (18 years and older)

Dementia Friends gives people an understanding about dementia and the small things to do to make a difference. This one-hour session has activities covering the five key messages everyone should know about dementia.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

March 23

Tue 10:00 a.m. – 11:00 a.m.
580923-1A Vajpeyi

Digital Photographs: Keeping/Naming/Sharing (18 years and older)

Since the invention of the digital camera we have all become collectors of instant images. Learn how to organize and share those pictures at this session with heritage preservation specialist Terri Blanchette.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

April 22

Thu 10:00 a.m. – 11:30 a.m.
503605-1B Blanchette

**REGISTER TODAY
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

Discovering Dementia: Basic Concepts (18 years and older)

This presentation focuses on the four main types of dementia, the differences and similarities between them, and how to identify each type.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

March 11

Thu 10:00 a.m. – 11:30 a.m.
503728-1B Nasto

Healthy Sexuality and Consent (13 years and older)

Join us for a discussion of the different components of healthy sexuality, enabling participants to identify key elements of giving and receiving consent, and breaking down the cultural and social factors involved in sexual assault.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

April 8

Thu 5:00 p.m. – 6:00 p.m.
901390-1A McDonald

Legal: Document Treasure Hunt (18 years and older)

Don't make finding your legal documents a scavenger hunt and your final wishes a mystery. Learn practical steps to get your personal information, family history, legal documents, financial matters and final wishes organized so family members won't be searching for them. Taught by elder law attorney and award-winning author Sally Hurme, this class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 2-hour session at RCC Hunters Woods Free, Registration Req.

March 18

Thu 2:00 p.m. – 4:00 p.m.
500488-1A Hurme

Legal: Estate Planning Basics (18 years and older)

This class will give participants a basic knowledge of estate plans. Topics include advantages and disadvantages of different planning techniques (including joint ownership), using beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

May 19

Wed 3:00 p.m. – 4:00 p.m.
500809-1B Lambeth

Making Caregiving Manageable (18 years and older)

Learn how to manage the practical and legal details involved when serving as a caregiver for a loved one. This class will be taught by an elder law attorney who will explain how best to organize the information needed as you care for a loved one, how to make decisions on their behalf, and how to decipher some of the contracts and legal issues for which a caregiver may be responsible. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 2-hour session at RCC Hunters Woods Free, Registration Req.

May 27

Thu 2:00 p.m. – 4:00 p.m.
500490-1A Hurme

Managing the Loss of a Loved One (18 years and older)

Participants will learn how to manage the practical and legal details that follow the death of a family member. The class is taught by elder law attorney and award-winning author Sally Hurme. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 2-hour session at RCC Hunters Woods Free, Registration Req.

May 13

Thu 2:00 p.m. – 4:00 p.m.
500489-1A Hurme

ENRICHMENT CONTINUED

Memoir Writing Basics

(18 years and older)

Whether you are already writing your memoirs or in the process of crafting them, learn the fundamentals from an experienced instructor. Explore memoir writing in lively and supportive sessions, and compose pieces to be read aloud and discussed at the next class. The option of printing and binding work is offered at the end of the session. To ensure that all students are heard, class size is limited to eight.

10, 2.5-hour sessions at RCC Hunters Woods
\$120 (R)/\$96 (R55+)/\$180 (NR)

March 15 – May 24

(No Class: April 12)

Mon 10:00 a.m. – 12:30 p.m.
505525-1B Mudd-Krijgelmans

Preserving Family History

(18 years and older)

Most of us have family history items in our attics and basements. Attend this informative talk and discover some basic steps to take to preserve materials and ensure they will be there for future generations.

1, 90-min. session at RCC Hunters Woods
Free, Registration Req.

May 26

Wed 10:00 a.m. – 11:30 a.m.
503608-1B Blanchette

Retirement: Get the Most Out of It

(18 years and older)

Elder law attorney and award-winning author Sally Hurme will discuss how to live well in retirement, how to manage the legal issues retirees face, how to nurture changing relationships, stay in control of time and finances, find purpose, and have the correct legal documents. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 2-hour session at RCC Hunters Woods
Free, Registration Req.

April 8

Thu 2:00 p.m. – 4:00 p.m.
500587-1A Hurme

Retirement Income Planning

(18 years and older)

This seminar is for people transitioning from the asset accumulation phase of life to the retirement income phase. Learn strategies and rules of thumb to follow when creating an income plan for retirement. The instructor is a financial advisor who has taught classes at several Fairfax County libraries. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods
Free, Registration Req.

April 20

Tue 7:00 p.m. – 8:30 p.m.
500603-1B Wu

May 11

Tue 7:00 p.m. – 8:30 p.m.
500603-1C Wu

Selling Your Home: Understanding the Process

(18 years and older)

For those planning on moving now or soon who want to know what is involved, this class will provide valuable information. Learn about setting a price, staging the house, marketing it, working through the selling process and finalizing everything at closing. There will be time for Q&A. Handouts will be provided. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods
Free, Registration Req.

May 10

Mon 1:00 p.m. – 2:30 p.m.
503508-1B Sierakowski

Social Security: Proper Timing

(18 years and older)

This class will teach those nearing or in retirement their options for taking Social Security, including the right time and how to take it. The instructor will use participants' questions to guide class discussion. The instructor is a financial advisor who has taught classes at several Fairfax County libraries. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods
Free, Registration Req.

April 13

Tue 7:00 p.m. – 8:30 p.m.
500602-1A Wu

May 4

Tue 7:00 p.m. – 8:30 p.m.
500602-1B Wu

Starting a Business

(18 years and older)

This lecture will discuss the most common types of businesses: a sole proprietorship, partnership, corporation and LLC, as well as how to set one up in Virginia.

1, 60-min. session at RCC Hunters Woods
Free, Registration Req.

April 7

Wed 5:30 p.m. – 6:30 p.m.
503511-1A Lambeth

There's a substantial body of research that shows that keeping the brain active and stimulated contributes to brain health.

Active learning helps the elderly stay mentally alert and sharp. Exercising the brain by seeking out novel information and interesting problems stimulates and nurtures it.

– PsychCentral.com



FITNESS: MOVEMENT & WELLNESS

Essentrics

(18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine. Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

10, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

March 16 – May 18

Tue 10:15 a.m. – 11:15 a.m.
 305033-1J Avilov

March 19 – May 21

Fri 10:45 a.m. – 11:45 a.m.
 305033-1K Avilov

Joint-Friendly Fitness

(18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

8, 60-min. sessions at RCC Lake Anne
\$60 (R)/\$48 (R55+)/\$90 (NR)

March 15 – May 17

(No Class: March 29, April 5)

Mon 12:15 p.m. – 1:15 p.m.
 300129-1G Fletcher

FITNESS: YOGA

Evening Hatha Yoga I

(18 years and older)

This beginning Hatha yoga class will teach breathing exercises, stretching movements and relaxation. Learn to use Hatha yoga movements to work through stiff joints and muscles while developing strength and flexibility. Patrons are required to bring their own mat to class.

10, 60-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

March 15 – May 17

Mon 5:00 p.m. – 6:00 p.m.
 302485-1D Unger

Gut Feeling Yoga

(18 years and older)

There is increasing evidence that yoga together with a mindful breathing practice, can reduce the psychological and physical symptoms of Irritable Bowel Syndrome (IBS). IBS is a common, chronic condition that is associated with abdominal pain, bloating and changes in bowel patterns. In this class, students will learn yoga postures and breathing techniques to help calm those "gut feelings" by targeting the mind-body connection. This class is led by yoga instructor and nurse practitioner Christina Unger. Patrons are required to bring their own mat to class.

10, 75-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

March 17 – May 19

Wed 5:00 p.m. – 6:15 p.m.
 302300-1C Unger

Yoga 101

(18 years and older)

This course is designed for beginners or those interested in refreshing or increasing their knowledge of basic yoga poses and breathing techniques. This course follows a progressive curriculum and will build upon the postures and movements learned in each previous class. This class is designed to provide the tools necessary to develop increased awareness of body and mind through movement and breath. All levels are welcome. Patrons are required to bring their own mat to class.

10, 75-min. sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$113 (NR)

March 17 – May 19

Wed 9:00 a.m. – 10:15 a.m.
 305601-1C Unger

FITNESS STUDENTS

To comply with public health measures, patrons must bring their own mat if class content requires it.

To ensure safety, participants must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

FITNESS: DAILY PASS

Due to COVID-19 and social-distancing requirements, Boot Camp, Hi/Lo & Strength, Zumba Gold and Zumba Gold Toning now require registration. To register, sign into myRCC and select the dates and times you wish to attend. Registration for the Drop-in Fitness programming is free, but patrons are required to purchase a Fitness pass and swipe the Fitness pass prior to each registered class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum on five visits to a maximum of 60 visits at the fee of \$2.50 (R)/\$5.00 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies.

Boot Camp

(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use tubes, weights and the stability ball during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Patrons are required to bring their own mat to class.

60-min. sessions at RCC Lake Anne Pass, Registration Req.

April 6 – May 27

Tue, Thu 9:00 a.m. – 10:00 a.m.
3C0010-1J Dantonio



Hi/Lo & Strength

(18 years and older)

This comprehensive class includes a warm-up and stretching session with 30 minutes of aerobics and 30 minutes of weight and resistance training. Bands and weights will be provided when necessary. Patrons are required to bring their own mat to class.

60-min. sessions at RCC Lake Anne Pass, Registration Req.

March 5 – May 28

Fri 10:45 a.m. – 11:45 a.m.
3C0050-1J Rook

April 5 – May 24

Mon 10:00 a.m. – 11:00 a.m.
3C0040-1K Dantonio

April 7 – May 26

Wed 10:15 a.m. – 11:15 a.m.
3C0045-1K Dantonio

Walking Group

(18 years and older)

This group is designed to activate your day by engaging in a 45-minute walk to enjoy the many paths Reston has to offer. Refresh your workday or morning in the fresh air with a light stroll.

60-min. sessions at RCC Lake Anne Pass, Registration Req.

March 3 – May 26

Wed 11:00 a.m. – 12:00 p.m.
3C0085-1B Avilov

Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

60-min. sessions at RCC Lake Anne Pass, Registration Req.

March 3 – May 26

Wed 9:00 a.m. – 10:00 a.m.
3C0070-1J Avilov

March 5 – May 28

Fri 9:30 a.m. – 10:30 a.m.
3C0060-1J Avilov

Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. The instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

60-min. sessions at RCC Lake Anne Pass, Registration Req.

March 2 – May 25

Tue 9:00 a.m. – 10:00 a.m.
3C0080-1C Avilov

Have Questions About Drop-in Programs?

www.restoncommunitycenter.com/PassFAQs

Learn How to Purchase a Pass and Make a Reservation:

www.restoncommunitycenter.com/HowTo

LANGUAGE

Conversational French (18 years and older)

Sharpen conversational French skills and meet new friends who share a deep appreciation for the language. New participants are always welcome and encouraged to attend. Participants should have a conversational knowledge of the French language. All attendees are required to register prior to each meeting. Due to COVID-19, no food or drinks will be served.

3-hour sessions at RCC Hunters Woods Free, Registration Req.

March 3 – May 26

Wed 6:00 p.m. – 9:00 p.m.
5C0090-1C Staff

Japanese Culture Club (18 years and older)

Participants should have some conversational knowledge of the Japanese language. New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month.

2-hour session at RCC Hunters Woods Free, Registration Req.

March 20

Sat 3:00 p.m. – 5:00 p.m.
5C0070-1D Staff

April 17

Sat 3:00 p.m. – 5:00 p.m.
5C0070-1E Staff

May 15

Sat 3:00 p.m. – 5:00 p.m.
5C0070-1F Staff

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

Spanish – Beginners I (18 years and older)

This class is designed for students with no previous classroom or workplace experience speaking Spanish. Participants will be introduced to the language and culture through fun, authentic materials and will learn basic communication skills.

8, 2-hour sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)

March 16 – May 4

Tue 7:00 p.m. – 9:00 p.m.
500576-1C Lenigan

Spanish – Beginners II (18 years and older)

This class is designed for students who have some knowledge of the Spanish language. The class will review basic vocabulary, communicative structures and verb conjugation using games, cultural videos and music.

8, 2-hour sessions at RCC Hunters Woods \$70 (R)/\$56 (R55+)/\$105 (NR)

March 18 – May 6

Thu 7:00 p.m. – 9:00 p.m.
500577-1C Lenigan

OLLI

Due to COVID-19, OLLI is now offering virtual classes. Classes will be offered using the online platform Zoom. Participants may choose to watch the virtual class at RCC Lake Anne in the Jo Ann Rose Gallery or watch from home on a computer. A Zoom link will be provided to registered patrons 24 hours prior to the class.

Battle of Los Angeles (18 years and older)

The Japanese attack on Pearl Harbor shocked and galvanized the nation – but on the west coast, people were reacting with special trepidation. Until that terrible Sunday, air attacks by enemy bombers were something that happened only on the other side of the world. Suddenly, the havoc of the London Blitz no longer seemed so abstract, and the possibility seemed real that an enemy could reach the west coast and bomb cities from Seattle to San Diego. Join well-known local historian Jim Lewis for this discussion.

1, 85-min. session at RCC Lake Anne \$10 (R)/\$8 (R55+)/\$15 (NR)

May 19

Wed 2:15 p.m. – 3:40 p.m.
503808-1A OLLI

Building the Union Pacific Railroad: One Man's Experience (18 years and older)

Irish immigrant, Union Army veteran and diarist John McGlinchey provides a perspective on the “gandy dancers” instrumental in building the Union Pacific Railroad.

1, 85-min. session at RCC Lake Anne \$10 (R)/\$8 (R55+)/\$15 (NR)

April 21

Wed 11:50 a.m. – 1:15 p.m.
580915-1A OLLI

Decluttering and Downsizing (18 years and older)

This fun, interactive presentation explores why stuff is so important for some people and teaches practical, easy-to-follow tips on downsizing and decluttering. Cleaning out your house is a gift and inheritance you can leave your children they will truly appreciate. Learn how to get started from Suba Saty, who immigrated to the United States from India and has traveled throughout the United States and the world.

1, 85-min. session at RCC Lake Anne Free, Registration Req.

May 5

Wed 2:15 p.m. – 3:40 p.m.
503806-1A OLLI

Reston Community Center and Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to provide unique educational opportunities for those living and working in Reston. OLLI offers daytime courses, and the course leaders are often well-known experts in their fields who enjoy sharing knowledge. OLLI membership provides one option to those wanting to participate. Non-OLLI members can register through RCC to participate at a reduced cost on a class by class basis. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit olli.gmu.edu.

OLLI CONTINUED

Drop Dead Gorgeous: Beauty Rituals Through the Years

(18 years and older)

Plastic surgery, chemical peels and tattooed makeup are all modern medical measures used to achieve that picture-perfect look. However, beauty from years gone by wasn't so safe. From skin care brimming with poisons to parasite-based diets to breathtakingly tight corsets, join us as we journey through some of the deadliest trends that claimed their very real fashion victims.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

March 31

Wed 11:50 a.m. – 1:15 p.m.
580909-1A OLLI

Fun-Filled and Meaningful Volunteer Experiences

(18 years and older)

You have retired and you want to stay involved and engaged – now what? Get insights from local volunteer professionals, Brandi Morris (volunteer specialist for Retired and Senior Volunteer Program or RSVP) and Nadia Hoonan (Partnership Manager for the Fairfax County Area Agency on Aging's Volunteer Solutions.) They will share the best ways to find meaningful and fun-filled volunteer opportunities. Find out how volunteering in retirement can improve your health and your outlook on life while opening new social engagement opportunities.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 21

Wed 2:15 p.m. – 3:40 p.m.
503804-1A OLLI

George Washington's Farewell Address

(18 years and older)

David Heymsfeld, a retired Congressional staffer, guides investigation of George Washington's Farewell Address – one of the most important documents in American history. In the Farewell Address, Washington urged his fellow citizens to avoid what he saw as the main threats to the republic: sectionalism, factionalism, excessive debt, religious intolerance and becoming a satellite of a European power. The course will consider the text, the historical conditions it was addressing and how it has been regarded in historical periods from 1796 to today.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 14

Wed 2:15 p.m. – 3:40 p.m.
503803-1A OLLI

Globalization and Technology

(18 years and older)

Globalization is a defining issue for the 21st century. It is driven by technology, communication and transportation networks, multinational enterprises, multilateral institutions, and the arrival of dozens of developing countries on the global stage. This session will look at the pros and cons, as well as the likely future of living and working in a world defined increasingly by technology.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

May 12

Wed 11:50 a.m. – 1:15 p.m.
580921-1A OLLI

Golden Age of Aviation and Air Racing

(18 years and older)

The period between the World Wars saw tremendous advancements in the world of aviation. This class looks at its evolution from the slow wood-and-fabric biplanes of World War I to fast, streamlined metal monoplanes to the popularity of air racing.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 14

Wed 11:50 a.m. – 1:15 p.m.
580913-1A OLLI

Hubble and James Webb Space Telescope Comparison

(18 years and older)

The Hubble Space Telescope is currently the world's largest and most advanced space telescope. Over the past 29 years, our knowledge of planets, stars, galaxies and the universe expanded because of the Hubble, which is now approaching its end of useful life and will be replaced by the new James Webb Space Telescope. The presentation focuses on the science and operation of both telescopes.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 7

Wed 11:50 a.m. – 1:15 p.m.
580911-1A OLLI

My Big Fat Greek Wedding: An Insider's Delights

(18 years and older)

The film *My Big Fat Greek Wedding* broadly referenced, but did not always explain, Greek customs. Film clips from the original movie and its sequel will be used to illustrate the challenges and humor of growing up Greek in America. Instructor Kosmo Tatalias was born in South Carolina and grew up speaking Greek with his diaspora parents and their Greek neighbors. Growing up Greek in the South presented some unique and interesting challenges.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

March 31

Wed 2:15 p.m. – 3:40 p.m.
503801-1A Staff

**REGISTER TODAY
DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

OLLI CONTINUED

Paddy's Voyage to America

(18 years and older)

A son of Ireland and the Great Potato Famine, Christopher Turner chose to leave the land of his birth and his family and travel to America. This program describes his travels from Ireland to New York City in the 1850s via the steerage of a three-masted schooner, and the work opportunities that took him to Illinois before settling in Nebraska. It's a story that exemplifies the journey of so many people from Ireland to the United States.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 28

Wed 11:50 a.m. – 1:15 p.m.
580917-1A OLLI

Reston: Past, Present and Future

(18 years and older)

This discussion will look at Reston's history, how it works today and factors that may affect its future.

8, 85-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

March 31 – May 19

Wed 9:40 a.m. – 11:05 a.m.
580908-1A OLLI

The Battle of Monte Cassino and the Italian Campaign

(18 years and older)

Monte Cassino was the pivotal battle of the WWII campaign in Italy between the western Allies and the German Wehrmacht. On the Allied side, it was fought by troops from more than 20 nations and a bear who, so the legend goes, drove a supply truck, carried ammunition, and helped the Allied cause. Amateur military historian Ed Janusz is the guide for this journey.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 28

Wed 2:15 p.m. – 3:40 p.m.
503805-1A OLLI

The History and Impact on the West of Satsuki Azaleas

(18 years and older)

Enjoy a pictorial description of a group of Japanese azaleas called the Satsuki. These azaleas played arguably the most important role in the development of the evergreen azaleas in the Western world. There will be a description of the 500-year history of their evolution in Japan and how they found their way to the west. Dr. Ajit Thakur, an expert on azaleas, will discuss this fascinating and beloved garden gem.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

May 5

Wed 2:15 p.m. – 3:40 p.m.
503807-1A OLLI

The Night of Terror: Suffragists at the Occoquan Workhouse

(18 years and older)

Author Cindy Bennett explores the little-known history of the plight of 33 suffragists imprisoned in the Occoquan Workhouse on November 14, 1917, known as the "Night of Terror." Learn about the National Woman's Party, the Occoquan Workhouse, and the suffragists' tenacious campaign to achieve passage and adoption of the 19th Amendment.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

April 7

Wed 2:15 p.m. – 3:40 p.m.
503802-1A OLLI

The Supreme Court Current Cases

(18 years and older)

The class, led by a U.S. Supreme Court docent, will discuss cases the Supreme Court will hear, or has heard, during its 2020 – 2021 term. The class will use instructor-provided material consisting of the background of the cases, lower-court decisions and edited briefs filed with the Supreme Court, including audio of oral arguments for selected cases. Materials will only be available online, so internet access is required. The discussion of each case will look at both sides of every argument, the likely position of each justice and the social and political context of the case.

8, 85-min. sessions at RCC Lake Anne
\$70 (R)/\$56 (R55+)/\$105 (NR)

March 30 – May 18

Tue 2:15 p.m. – 3:40 p.m.
500326-1A OLLI

U.S. Land Border Search Authority

(18 years and older)

This presentation will discuss what and who United States authorities can search entering and exiting the nation. The concepts of "actual border," "functional equivalent" of the border and the "extended border" will be examined, as will the extent to which electronic devices including cell phones, tablets and laptops can be searched and retained.

1, 85-min. session at RCC Lake Anne
\$10 (R)/\$8 (R55+)/\$15 (NR)

May 19

Wed 11:50 a.m. – 1:15 p.m.
580922-1A OLLI

The Rush Memory and Aging Project of more than 1,200 older Americans showed that older adults' increased cognitive activity, such as learning something new, slowed their decline in cognitive function and decreased their risk of mild cognitive impairment. The study showed that cognitively active seniors were 2.6 times less likely to develop Alzheimer's disease and dementia than seniors with less cognitive activity.

– Judson Smart Living

TECHNOLOGY

Better Camera Apps

(18 years and older)

Did you know there are other cameras you can add to your cell phone? These apps can give you better control while taking photos. Learn how to use these tools to take even better pictures of your family and friends. Please bring your mobile phone and charging cord with you to class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 27

Thu 10:00 a.m. – 12:30 p.m.
500738-1B Leir

Google: Much More Than Search

(18 years and older)

Learn to use more Google features, such as Gmail and search tips, Picasa photos, Google Docs, translations, and much more. Learn how to create a personalized/shared calendar, make free phone calls, use the Cloud to print from anywhere and download books, music and apps from the Google Play store.

1, 3-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 17

Mon 1:30 p.m. – 4:30 p.m.
500491-1B Livingston

iPhone Camera

(18 years and older)

Learn how to use all the camera options that come with your iPhone camera. Discover how to take the best pictures of your family and friends.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 6

Thu 10:00 a.m. – 12:30 p.m.
500395-1B Leir



iPhone Camera Editing

(18 years and older)

Learn how to edit your photos using Snapseed. This free app can bring your photos to life. Download the app before class. Please bring your mobile phone and charging cord with you to class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 20

Thu 10:00 a.m. – 12:30 p.m.
500496-1A Leir

iPhone Storage

(18 years and older)

Learn how to organize photos on your phone or in the Cloud. Discover iCloud and how it works and how to remove photos from your phone. Participants should bring mobile phone and charging cords to class.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

May 13

Thu 10:00 a.m. – 12:30 p.m.
500736-1B Leir

Online Payment Systems

(18 years and older)

Securely manage your retail and online purchases in this interactive course. Learn about PayPal, Venmo, Bitcoin and Apple Pay, and how they can streamline shopping.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

April 15

Thu 10:00 a.m. – 12:30 p.m.
500812-1B Livingston

Selling on eBay

(18 years and older)

Have lots of great "stuff" in the garage or basement collecting dust? In this two-day beginner course, students will learn how to use eBay to list items for sale, tend the auction and finalize the sale with PayPal. Discover all the tips and tricks to maximize the online auction. Please have an item in mind to sell and a functional email address to use in class. It is helpful to have a PayPal account established prior to class.

2, 2.5-hour sessions at RCC Hunters Woods
\$50 (R)/\$40 (R55+)/\$75 (NR)

March 1 – March 8

Mon 1:30 p.m. – 4:00 p.m.
505500-1A Livingston

Twitter

(18 years and older)

Learn how to use Twitter, the online news and social networking service where users post and interact with messages called "tweets." In this hands-on course, learn to set up an account, send a tweet and understand Twitter terminology. Bring your tablet or smartphone to class fully charged.

1, 2.5-hour session at RCC Hunters Woods
\$20 (R)/\$16 (R55+)/\$30 (NR)

April 16

Fri 1:30 p.m. – 4:00 p.m.
500694-1B Livingston



eLEARNING

→ @RCC

**EXPAND YOUR EXPERTISE
AND ADVANCE YOUR CAREER**

Certificate Programs in:

- Business
- Business Communication
- Digital Marketing
- Human Resources
- Leadership
- Management
- New Media Marketing
- Social Media for Business
- Training and Education

Individual Courses in:

- Business
- Career Skills
- Parenting
- Health
- Human Resources
- Leadership
- LEED Green Workplace
- Management
- New Media Marketing
- Professional Development
- Social Media for Business
- Training and Education
- Web Design

For more information, please contact LaTanja Jones,
RCC Collaboration & Outreach Director, at 703-390-6158.

Visit the eLearning page to find the class schedule that works best for you.

www.restoncommunitycenter.com/eLearning

Because this is a partnered program, no RCC fee waivers can be used.



Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and three one-hour visits to the Open Ceramics Studio. A supply list will be prior to first class.

8, 2.5-hour sessions at RCC Lake Anne
\$105 (R)/\$84 (R55+)/\$175 (NR)

April 6 – May 25

Tue 10:00 a.m. – 12:30 p.m.
 402665-1D Page

Drawing in Charcoal I

(18 years and older)

Come learn the fundamentals of shading, perspective and atmosphere using charcoal and charcoal pencil. A supply list will be supplied prior to the first class.

8, 2-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$150 (NR)

April 8 – May 27

Thu 4:00 p.m. – 6:00 p.m.
 402506-1A Lopes

GRACE Art Family Day

(All ages)

The Greater Reston Arts Center opens its doors for an afternoon of family art-making and exploration of the current gallery exhibition. Come see all that GRACE has to offer and have a fun and free outing with the family. Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston. Reston Town Center garage parking is free on Saturdays.

1, 3-hour session at GRACE, 12001 Market Street Suite 103, Reston, VA
Free

April 17

Sat 12:00 p.m. – 3:00 p.m.
 402646-1D GRACE

VISUAL ARTS

Acrylic Painting Beginners

(18 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$80 (R)/\$64 (R55+)/\$120 (NR)

April 9 – May 28

Fri 10:00 a.m. – 1:00 p.m.
 455011-1C Lopes

Acrylics and the Four Seasons

(18 years and older)

Explore acrylic painting of landscapes throughout the year. This class is geared toward beginners, but all skill levels are welcome. A supply list will be provided prior to first class.

8, 3-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 8 – May 27

Thu 7:00 p.m. – 10:00 p.m.
 402680-1A Lopes

Chinese Brush Painting

(18 years and older)

Students of all skill levels will be taught the fundamental brushstrokes and will learn to use traditional materials to experience this art of the Far East. Fundamentals learned can be used in paintings and ceramic decorations.

6, 2.5-hour sessions at RCC Lake Anne
\$75 (R)/\$60 (R55+)/\$150 (NR)

April 8 – May 20

(No Class: April 22)

Thu 10:00 a.m. – 12:30 p.m.
 402512-1C Griffith Tso

Collaging with Encaustic

(18 years and older)

The foundation of encaustic is melted wax. Participants in this class will use melted wax on a rigid substrate to form a base on which collaging, coloring, incising, embossing and image transferring techniques can be explored. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 6 – May 25

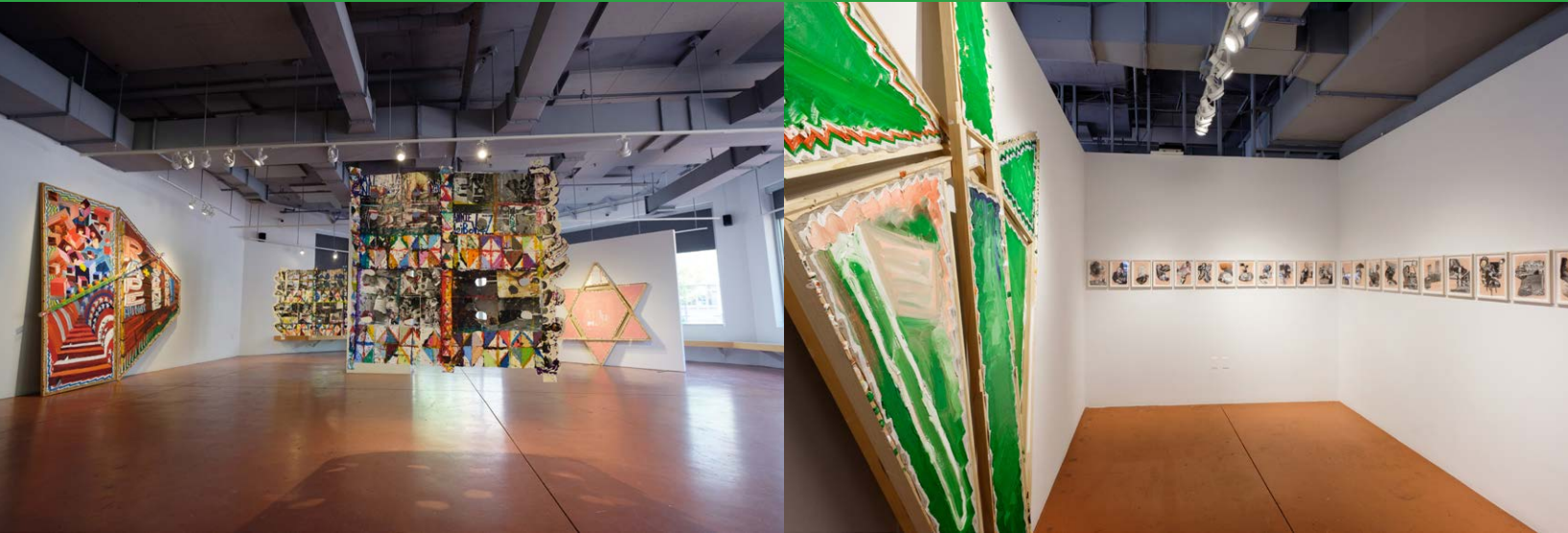
Tue 10:00 a.m. – 12:30 p.m.
 402602-1A Fitzurka

**REGISTER TODAY
 DON'T DELAY!**

Help us avoid program cancellations by registering at least one week before the start date.

ARTIST DIALOGUES AT GRACE

FREE • 13 YEARS AND OLDER



Join the Greater Reston Arts Center to hear a creative professional respond to the work on view in the gallery. The short presentation will be followed by open conversation. Please check the GRACE website for scheduled dates. Events are free and open to the public.

Creative Responses

Select Thursdays • 7:00 p.m. – 8:00 p.m.

Creative professionals will respond to the work on view in the gallery.
The short presentation will be followed by an open conversation.

In their Own Words

Select Saturdays • 4:00 p.m. – 5:00 p.m.

Hear from the current exhibiting artist in their own words about their work, life and inspiration in a short presentation followed by an open Q&A.

Insights

Select Saturdays • 3:00 p.m. – 5:00 p.m.

Listen to curators and directors of major art institutions discuss the work on view in the gallery and reflect on the relationship to Reston and American culture writ large.

Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston, VA.
Reston Town Center garage parking is free on weekends and weekdays after 5:00 p.m.

For schedule please visit: restonarts.org

Handmade Spring Egg Workshop

(All ages)

Celebrate the arrival of spring with your own custom-made wooden eggs. In this workshop, you will dip, dot and doodle plain wooden eggs to create totally unique decorations. This workshop is suitable for all ages. Please note: a caregiver will need to assist children with the decoration of eggs and children must be accompanied by a participating adult. Adults may participate on their own and do not need to be accompanied by a child; there will be fun for everyone!

1, 90-min. session at GRACE, 12001 Market Street Suite 103, Reston, VA
\$5 (R)/\$4 (R55+)/\$10 (NR)

March 27

Sat 1:00 p.m. – 2:30 p.m.
 402731-1A GRACE

Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

April 7 – May 26

Wed 7:00 p.m. – 9:30 p.m.
 402616-1D Mendoza

CERAMICS STUDENTS:

Your Open Ceramic Studio pass expires at the end of each season.

Fall class passes expire December 31, Winter/Spring class passes expire May 31 and Summer class passes expire August 31.



Mindfulness Painting for Self-Expression

(18 years and older)

The Mindfulness Painting experience is creating, empowering and healing by using paint, paper and brushes. It is a creative practice of meditating with your brush in your hand. As painters release judgment and perfectionism, the practice will allow them to open more to presence, spaciousness and self-compassion. It is a form of creative self-expression going beyond words and linear thought. Painting techniques are not necessary nor will they be taught. Participants bring self-awareness and presence to access their inner creative source using tempera paints. Supplies are included in the class fee.

8, 3-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 7 – May 26

Wed 1:30 p.m. – 4:30 p.m.
 402659-1D Tompros

Modern Painting Styles in Acrylic

(18 years and older)

This class will focus on the painting styles of Vincent Van Gogh and Pointillism. Instructor Arnold Lopes will use the pillars of modern painting to expand students' use of acrylics. This class will be geared toward beginners, but all skill levels are welcome. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 6 – May 25

Tue 7:00 p.m. – 10:00 p.m.
 402694-1C Lopes

Mosaic Flowerpot

(18 years and older)

Learn to cut glass and porcelain with hand tools and work with molded shapes, tiles and findings to create two beautifully embellished planters. All supplies included in the class fee.

3, 3-hour sessions at RCC Hunters Woods
\$100 (R)/\$80 (R55+)/\$150 (NR)

April 7 – April 21

Wed 6:30 p.m. – 9:30 p.m.
 404044-1A Damron

Mosaic Garden Orb

(18 years and older)

Create a beautiful mosaic orb that can be displayed inside or out. Learn secrets of fabricating 3D mosaic works that will withstand the elements. All supplies included in the class fee.

4, 3-hour sessions at RCC Hunters Woods
\$100 (R)/\$80 (R55+)/\$150 (NR)

March 10 – March 31

Wed 6:30 p.m. – 9:30 p.m.
 404042-1A Damron

Mosaic Steppingstone

(18 years and older)

Build your own mosaic steppingstone using both direct and indirect methods. Learn how to pour concrete, cut glass, tile to create an outdoor project that will withstand the elements. All skill levels welcome. All supplies included in the class fee.

4, 3-hour sessions at RCC Hunters Woods
\$100 (R)/\$80 (R55+)/\$150 (NR)

May 19 – June 9

Wed 6:30 p.m. – 9:30 p.m.
 404045-1A Damron

Mother's Day Workshop

(All ages)

Let's show some appreciation! Join us to create one-of-a-kind art for Mom. The Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston, VA. Reston Town Center garage parking is free on Saturdays.

1, 90-min. session at GRACE, 12001 Market Street Suite 103, Reston, VA
\$5 (R)/\$4 (R55+)/\$10 (NR)

May 1

Sat 1:00 p.m. – 2:30 p.m.
 402675-1A

Oil and Acrylic Painting Studio

(18 years and older)

Participants will explore their painting potential while using oil or acrylic paint. This class is designed for all skill levels in a guided studio workshop setting. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 7 – May 26

Wed 7:00 p.m. – 10:00 p.m.
 402688-1D Lopes

Painting Planets Moons and Stars in Acrylic

(18 years and older)

Come learn techniques of painting celestial objects with artist Arnold Lopes. In this eight-week course, Lopes will demonstrate his passion for depicting celestial themes. The class is geared for beginners, but all levels are welcome. A supply list will be provided prior to the first class.

8, 3-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 5 – May 24

Mon 7:00 p.m. – 10:00 p.m.
 402705-1B Lopes

Remixed Media Project: Silk Scarves

(18 years and older)

Participants will create personalized pieces of original, wearable art by painting, stenciling, stamping and doodling onto blank habotai silk scarves. All supplies are included in the class fee.

6, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

April 5 – May 10

Mon 10:00 a.m. – 12:30 p.m.
 402620-1B Mullarkey

Sculpture I

(18 years and older)

Designed for beginner through advanced students interested in learning or honing skills in three-dimensional expression. The techniques will be tailored to individual skill levels. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. Supplies will be discussed during the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

April 5 – May 24

Mon 10:00 a.m. – 12:30 p.m.
 402500-1E Zoller

April 6 – May 25

Tue 7:00 p.m. – 9:30 p.m.
 402500-1F Zoller

Watercolor Fundamentals & Growth

(18 years and older)

This watercolor class will be built around lesson-oriented projects while encouraging students to focus on their own projects. The class is for all levels of experience. A supply list will be provided prior to the first class.

8, 2-hour sessions at RCC Lake Anne
\$90 (R)/\$72 (R55+)/\$155 (NR)

April 7 – May 26

Wed 10:00 a.m. – 12:00 p.m.
 402696-1C Ellor

Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

April 6 – May 25

Tue 10:00 a.m. – 12:30 p.m.
 402639-1G Weech

Tue 7:00 p.m. – 9:30 p.m.
 402639-1F Weech

Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

April 8 – May 27

Thu 10:00 a.m. – 12:30 p.m.
 402462-1G Zoller

Thu 7:00 p.m. – 9:30 p.m.
 402462-1H Saltzman

Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginning to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

8, 2.5-hour sessions at RCC Lake Anne
\$145 (R)/\$116 (R55+)/\$200 (NR)

April 5 – May 24

Mon 7:00 p.m. – 9:30 p.m.
 404210-1G Staff

April 9 – May 28

Fri 10:00 a.m. – 12:30 p.m.
 404210-1H Anderson

WOODWORKING

Basic Machine Tools

(18 years and older)

Students learn to use shop tools by building a simple project in this introductory course. Safety is a primary concern and is covered in detail for each tool. Students can then apply the skills learned in this course to build a project of their choice during the RCC Open Woodshop hours. All supplies and materials are included in the class fee. Students must provide their own safety equipment (eye, ear and dust protection) for the course.

4, 3-hour sessions at RCC Hunters Woods
\$140 (R)/\$112 (R55+)/\$195 (NR)

March 3 – March 24

Wed 6:30 p.m. – 9:30 p.m.
505561-1A Knowlton

Good Neighbors Woodworking Group

(18 years and older)

The Good Neighbors Woodworking Group designs, constructs and decorates wooden toys that are then donated to children in Reston. Experience is a plus, but training will be provided for beginners. First-time participants must complete a woodshop volunteer form. Due to COVID-19 and social-distancing requirements, the Good Neighbors Woodworking Group now requires registration. To register for this class, sign into myRCC and select the dates and times you wish to attend. A Good Neighbors Woodworking pass will be issued, and patrons are required to swipe the pass prior to each registered visit.

5-hour sessions at RCC Hunters Woods
Free, Registration Req.

March 2 – May 25

Tue 9:30 a.m. – 2:30 p.m.
5C0085-1D Staff



Introduction to Band Saw Box Making

(18 years and older)

Learn the skills necessary to make unique band saw boxes especially suitable for gifts and provide an excellent use for small, attractive chunks of wood. Most wooden boxes are square or turned. With a band saw, a box can become any shape your imagination desires. Knob handles and drawer flocking can add to a high-quality box for jewelry or knickknacks. The course will cover the elements of box design, selection of woods, stock preparation, layout and sawing. In the process of making wooden boxes, participants will develop basic woodworking skills and learn appropriate tool use to make precise cuts, assemble boxes and develop a strict sense of safety in the woodshop. All supplies and materials are included in the class fee. Students must provide their own safety equipment (eye, noise and dust protection). Projects are suitable for beginners.

4, 3-hour sessions at RCC Hunters Woods
\$95 (R)/\$76 (R55+)/\$143 (NR)

March 11 – April 1

Thu 6:30 p.m. – 9:30 p.m.
505963-1A Ingram

April 15 – May 6

Thu 6:30 p.m. – 9:30 p.m.
505963-1B Ingram

Tool Sharpening

(18 years and older)

This is a lecture and demonstration of various techniques of tool sharpening. Additional discussion points include the importance of sharp tools, how sharpening tools saves time and money, different methods of sharpening, and the pros and cons of each method.

1, 3-hour session at RCC Hunters Woods
\$10 (R)/\$8 (R55+)/\$15 (NR)

May 17

Mon 6:30 p.m. – 9:30 p.m.
500787-1A Ingram

OPEN STUDIOS

Open Ceramics Studio

(18 years and older)

The public is invited to use RCC's Ceramics Studio. Due to COVID-19 and social-distancing requirements, the Open Ceramics Studio now requires registration. To register, sign into myRCC and select the dates and studio you wish to participate in. Registration for the Open Ceramics Studio is free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each registered visit. Passes may be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 40 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from date of purchase. The pass fee includes firing and glazes. Clay cost is \$15-\$20 for 25 lbs.

4-hour sessions at RCC Lake Anne Pass, Registration Req.

March 3 – May 26

Wed	10:00 a.m. – 2:00 p.m.
4C0020-1T	Ceramics Studio
4C0025-1D	3D Studio

March 6 – May 29

Sat	1:00 p.m. – 5:00 p.m.
4C0030-1T	Ceramics Studio
4C0035-1C	3D Studio

Open Glass Studio

(18 years and older)

Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. Due to COVID-19 and social-distancing requirements, the Open Glass Studio now requires registration. To register, sign into myRCC and select the dates you wish to attend. Registration for the Open Glass Studio is free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each registered visit. Glass Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase.

4-hour sessions at RCC Hunters Woods Pass, Registration Req.

March 7, 21

April 4, 18

May 2, 16

Sun	1:00 p.m. – 5:00 p.m.
4C0010-1H	Damron

Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Due to COVID-19 and social-distancing requirements, the Open Woodshop now requires registration. To register for this class, sign into myRCC and select the dates and times you wish to attend. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Registration for the Open Woodshop is free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each registered visit.

3.5-hour sessions at RCC Hunters Woods Pass, Registration Req.

March 2 – May 25

Tue	6:00 p.m. – 9:30 p.m.
5C0010-1L	Staff

March 6 – May 29

Sat	9:00 a.m. – 12:30 p.m.
5C0030-1L	Staff

Sat	1:00 p.m. – 4:30 p.m.
5C0050-1L	Staff

LEISURE & LEARNING

Have Questions About Drop-in Programs?

www.restoncommunitycenter.com/PassFAQs

Learn How to Purchase a Pass and Make a Reservation:

www.restoncommunitycenter.com/HowTo



Administration

Leila Gordon	Executive Director
John Blevins	Deputy Director
Renata Wojcicki	Finance Director
BeBe Nguyen	Director of Communications
Harunor Rashid	Network Administrator
Pam Leary	Customer Relations Director
Fred Russo	Building Engineer
Warren Bailey	Customer Service
Jan Bradshaw	Customer Service
Vincent Brown	Customer Service
Nicholas Burt	Billing and Reconciliation Specialist
Whitney Chambers	Web Graphic Artist
Suzanne Connell	Personnel Specialist
Sumi Gallas	Customer Relations Assistant Director
Karen Goff	Public Information Officer
Linda Greco	Customer Service
Samantha Korkowski	Graphic Artist
Maria Litinskaya	Financial Specialist
Greg Minassian	Customer Service
Grazyna Siebor	Procurement Specialist
Ling Zhao	Customer Service

Aquatics

Matthew McCall	Aquatics Director
Brittany Kartchner	Aquatics Operations Director
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Program Director

Arts & Events

Paul Douglas Michnewicz	Arts and Events Director
Anthony J. Adams	Technical Director
Mark Anduss	Assistant Technical Director
Cheri Danaher	Arts Education Director
Kevin Danaher	Community Events Director
Gloria Morrow	Arts Education Assistant
Rhia Ovington	Box Office Assistant
William D. Parker	Box Office Manager
Camille Petrillo	Assistant Technical Director

Leisure & Learning

Karen Brutsché	Leisure and Learning Director
Anya Avilov	Fitness and Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Kim Gollop-Pagani	Youth/Teen Program Assistant
Debbie Heron	Youth/Teen Program Director
LaTanja Jones	Collaboration and Outreach Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness and Wellness Program Director
Samantha Stettner	RCC Rides Coordinator

Facility Rentals & Operations

Brian Gannon	Facility Services Director
Mohammed Alhadi	Facility Team
Vicente Aleman	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Maurice Smith	Facility Team
Ken Wade	Facility Team

THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

COMMUNITY PARTNERS

Thank you to our Community Partners:

- Al Fatih Academy
- **Arts**Fairfax
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones
- Dance Place of Washington, DC
- Dulles Chapter of AARP
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Friends of Lake Anne
- Greater Reston Arts Center
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Jewish Community Center of Northern Virginia
- Lake Anne Plaza
- League of Reston Artists
- Martin Luther King Jr. Christian Church
- Northern Virginia Hebrew Congregation
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor Walter L. Alcorn
- Osher Lifelong Learning Institute at George Mason University
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston Masters Swim Team
- Reston for a Lifetime
- Reston Historic Trust
- Reston Hospital Center
- Reston Swim Team Association
- Reston Town Center Association
- Southgate Community Center
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- US Citizenship and Immigration Services
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworking Guild
- YMCA Fairfax County Reston

HOW TO REGISTER

Online Registration

www.restoncommunitycenter.com

Online registration opens at 9:00 a.m. on February 1.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com, click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500:
Mon – Fri: 9:00 a.m. – 9:00 p.m.
Saturday: 9:00 a.m. – 6:00 p.m.
Sunday: 10:00 a.m. – 6:00 p.m.

In-Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until February 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on February 1 if they are received by January 31.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

REGISTRATION POLICIES

Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Regular class fees are listed as Reston/Non-Reston; aquatics daily visits and pass fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA or Discover. Cash payments cannot be accepted during Reston priority registration.

REGISTRATION POLICIES CONTINUED

Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.

- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

Code of Conduct for Camp Participants

Camp participants and parents are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online at www.restoncommunitycenter.com.

FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to drop-in activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online at www.restoncommunitycenter.com.

CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

Monthly Meeting

Monday March 1, 8:00 p.m.

Monthly Meeting

Monday April 5, 8:00 p.m.

Monthly Meeting

Monday May 3, 8:00 p.m.

Monthly Meeting

Monday June 7, 8:00 p.m.

Annual Public Hearing

Monday June 21, 6:30 p.m.

Finance Committee meetings, when scheduled, occur on the third Monday of a month. Check RCC's website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC's Board of Governors may be directed to RCCcontact@fairfaxcounty.gov. All inquiries are answered within 48 business hours.

FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

PRICING

RCC reviews its pricing for programs and services annually. We will maintain current pricing for pool visits and passes through August 2021 while continuing to gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services factors in the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

AARP	7	Eggnormous Egg Hunt Volunteers	29
A Colorful Crowd	52	Essentrics	59
Acrylic Painting Beginners	66	Evening Hatha Yoga I	59
Acrylics and the Four Seasons	66	Father's Day Pottery	50
Adapted Aquatics	46	Founder's Day	9
Adapted Aquatics Volunteers	29	Fun-Filled and Meaningful Volunteer Experiences	62
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Adult Beginner	46	Globalization and Technology	62
Advanced Arthritis, Fibromyalgia and MS	47	Golden Age of Aviation and Air Racing	62
Aging in Place 101	57	Good Neighbors Woodworking Group	70
An Evening with	18	Google: Much More Than Search	64
Aqua Barre	48	GRACE Art Family Day	66
Aqua Blast	48	Gut Feeling Yoga	59
Aqua Boot Camp	48	Handmade Spring Egg Workshop	68
Aqua Burn	47	Healthy Sexuality and Consent	57
Aqua Mixer	48	Hi/Lo & Strength	60
Aqua Tots	40	Hip-Hop	50
Art Attack	53	Hubble and James Webb Space Telescope	62
Ballet Basics I	50	I'm Not A Racist, but...	17
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BD Wong	22	iPhone Camera Editing	64
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Conversational French	61	Lap Pool – Lane 6	36
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Crys Matthews	20	Legal: Estate Planning Basics	57
Decluttering and Downsizing	61	Level 1	44
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Dementia Friends	57	Level 3	45
Digital Photographs: Keeping/Naming/Sharing	57	Level 4	45
Discovering Dementia: Basic Concepts	57	Level 5	45
Diva Central Volunteer	29	Level 6	45
Diva Central Volunteers Pre-Event	29	Lifeguard Training Blended Learning	38
Drawing in Charcoal I	66	Line Dancing with Scotty	56
Drop Dead Gorgeous: Beauty Rituals	62	Living Simply So Others Might Simply Live	19
Ed Begley Jr.	19	Making Caregiving Manageable	57

Making Pottery With or Without the Wheel	68	Spanish – Beginners II	61
Managing the Loss of a Loved One	57	Spring Paper Flowers Workshop	56
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Memoir Writing Basics	58	Springtime Pottery	50
Mindfulness Painting for Self-Expression	68	Springtime Tea	53
Modern Painting Styles in Acrylic	68	Starting a Business	58
Monday Fundays	52	Tax-Aide	7
Mosaic Flowerpot	68	The American Innovator	21
Mosaic Garden Orb	68	The Battle of Monte Cassino and the Italian	63
Mosaic Steppingstone	68	The History and Impact on the West of ...	63
Mother’s Day Pottery	50	The Night of Terror: Suffragists at the Occoquan ...	63
Mother’s Day Workshop	69	The Supreme Court Current Cases	63
Mutts Gone Nuts	16	Tides in Motion	48
<i>My Big Fat Greek Wedding: An Insider’s Delights</i>	62	Tool Sharpening	70
Oil and Acrylic Painting Studio	69	Trout Fishing in America	23
OLLI Continued	62	Twitter	64
OLLI Continued	63	U.S. Land Border Search Authority	63
Online Payment Systems	64	Volunteer	29
Open Ceramics Studio	71	Walking Group	60
Open Glass Studio	71	Warm Water – Zone 1	37
Open Woodshop	71	Warm Water – Zone 2	37
Origami Arts – Mother’s/Father’s Day Cards	56	Warm Water – Zone 3	37
Paddy’s Voyage to America	63	Warm Water – Zone 4	37
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Preserving Family History	58	Water Introduction	40
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Remixed Media Project: Silk Scarves	69	Wheel I	69
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Reston: Past, Present and Future	63	YAT (Abridged)	53
Retirement: Get the Most Out of It	58	Yoga 101	59
Retirement Income Planning	58	Yoga for Children	52
Rookie I	40	Youth Stroke-n-Turn	45
Rookie II	41	Zumba Gold	60
Sculpture I	69	Zumba Gold Toning	60
Selling on eBay	64		
Selling Your Home: Understanding the Process	58		
Sensing Science	52		
Sewing II for Teens and Adults	56		
Skipper I	40		
Skipper II	40		
Social Security: Proper Timing	58		
Spanish – Beginners I	61		

LOCATIONS AND HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods – 2310 Colts Neck Rd, Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage theatre, Woodshop, Stained Glass Workshop, and meeting rooms.

RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios, and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

PHONE NUMBERS

703-476-4500 • 703-476-8617 (Fax) • 711 (TTY)

HOURS OF OPERATION

Monday – Friday 9:00 a.m. – 9:00 p.m.
Saturday 9:00 a.m. – 6:00 p.m.
Sunday 10:00 a.m. – 6:00 p.m.



*Enriching Lives.
Building Community.®*



SPRING HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Easter Sunday	April 4	10:00 a.m. – 6:00 p.m.	CLOSED
Memorial Day	May 31	9:00 a.m. – 2:00 p.m.	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

LIKE US ON FACEBOOK:
facebook.com/HuntersWoodsNeighborhoodCoalition



www.restoncommunitycenter.com
To request reasonable ADA accommodations, call 703-476-4500, TTY 711.

