

SUMMER 2015 PROGRAM GUIDE

ENRICHING LIVES



BUILDING COMMUNITY

Reston Community Center

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A MESSAGE FROM BEVERLY COSHAM

Chair, RCC Board of Governors

Reston continues to celebrate its anniversaries. Twenty-five years ago, Reston Town Center launched the "downtown" experience for our community. It's certainly been a smash success and we have enjoyed watching Reston Town Center bloom and grow into a marvelous regional destination for great meals, super shopping, and community fun. RCC is a proud partner of Reston Town Center Association in bringing many community events and weekend fun to visitors, employees and residents. Whether you live for the beautiful art displayed at the Northern Virginia Fine Arts Festival or cherish the Saturday morning charms of our Family Fun Entertainment Series, RCC is delighted to be part of the summer experience of our own "downtown."

I look forward to seeing you everywhere in our community that RCC presents entertainment and fun for the whole family this summer. Join us on Thursday evenings at our Take a Break concert series at Lake Anne Plaza – this summer we will teach you how to dance under the stars! Find the "Community Cookout" near you and let our grill-masters flip your burger. Jump on a bus with RCC and enjoy the delights of a minor league baseball game or the musical *Once* at the Kennedy Center. Find the class you have wanted to take and let loose your learning skills. Jump in the pool in the Terry L. Smith Aquatics Center – it never rains there! Whatever your summertime pleasure is, it's right around the corner from you in the pages of our Summer Program Guide. Enjoy!



A MESSAGE FROM LEILA GORDON

RCC Executive Director

Nothing erases the memory of a tough winter like the sights and sounds of summer. I want to extend a heartfelt "thank you" to our staff, volunteers, patrons, and visitors for persevering through yet another difficult winter weather season. I hope the pages ahead erase all memory of the snow and ice of February 2015.

We are hoping to hear from you at our Annual Public Hearing for Programs and Budget on June 15, at 6:30 p.m. at our Hunters Woods facility. This is your opportunity to obtain our Annual Report and to weigh in on what your priorities are for RCC facilities, programs and services. In the coming year, we are looking at how to offer more flexible programs, launching and sustaining the NV Rides Reston volunteer program, and continuing our many community partnerships. Please come share your thoughts with us on Monday, June 15 and help us continue to serve your interests.

Fun for
All Ages!
FREE

SPRING FESTIVAL

Saturday, May 2, 1:00 p.m. – 5:00 p.m.
(RAIN OR SHINE)

WALKER NATURE CENTER, 11450 GLADE DRIVE

The Spring Festival is fun for all ages with live animals, fishing activities, craft making for kids, displays and information from environmental groups, and family-friendly entertainment.

Entertainment Sponsor:
Reston Community Center

See www.reston.org for event updates.



GreaterRestonArtsCenter's 
**Northern Virginia
FineArts
FESTIVAL**

May 15 – 17
Reston Town Center

Saturday, May 16
10:00 a.m. – 6:00 p.m.

Sunday, May 17
10:00 a.m. – 5:00 p.m.

Festival Launch Party:
Friday, May 15, 7:00 p.m. – 9:00 p.m.

Tickets required for party,
available for purchase online
www.northernvirginiafineartsfestival.org

Public art installation by Patrick Dougherty.
See page 23 for more information.



The Northern Virginia Fine Arts Festival, produced by the Greater Reston Arts Center, is a top-rated annual juried outdoor street festival held in the heart of Reston Town Center. The three-day event attracts more than 50,000 patrons and provides an interactive experience to view and purchase art directly from the unique and talented artists who have created it. Reston Community Center is thrilled to be a sponsor and an active participant with GRACE for the 24th Annual Fine Arts

Festival. In response to the *Reston Rondo* sculpture by Mary Anne Mears and the temporary public art installation by Patrick Dougherty, come see four Reston dance companies perform world premiere site-specific choreography on Saturday and Sunday. The performing companies include Gin Dance, Classical Ballet Theatre, Ravel, and GroundWorks.

SUGGESTED DONATION FOR ADMISSION IS \$5 PER ADULT.



Sunday Dances

RCC Hunters Woods • 18 years and older



Country Western Dances

Sundays: May 3, June 7,
July 5, August 2
6:30 p.m. – 9:30 p.m.

Line dance, two step, shuffle and swing the night away to popular country/western tunes played by RCC's DJ. Dances are held monthly in the Community Room, which offers a spacious wooden dance floor and a smoke-free environment. Refreshments will be provided. No square or contra dancing, please. Ticket admission purchased at the door.

Sunday Afternoon Dances

Sundays: May 10, June 14,
July 12, August 9
2:30 p.m. – 4:30 p.m.

Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun; partners are not required. Cost is per session.

Cost is per session and payable at the door.
\$5 Reston/\$10 Non-Reston

For more information, please contact Karen Brutsché, 55+ Program Director, at 703-390-6157.

RCC COMMUNITY COFFEE

Saturdays

May 2 – August 22

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods • All Ages

Families, friends, and neighbors are all invited!
Enjoy complimentary food and beverages with casual conversation.

RESTON STATION

METRO + METROPOLITAN



Reston Station redefines the urban realm with bold architecture and vibrant energy to create the Washington area's new urban center. This 1.5 million square feet visionary community is coming soon:

- World-class office
- BLVD Luxury Residences
- Hotel
- Urban Plaza
- Restaurants, Shops & Retail
- On-site access to Metro's new Silver Line

www.RestonStation.com

 /RestonStation

OPEN WITH METRO:
RESTON STATION
TRANSIT CENTER

- 3,000+ Parking Spaces
- Bus Transit Center
- Kiss N Ride
- Bicycle Storage



FOR MORE INFORMATION CALL 703-230-1291

COMSTOCK www.ComstockPartnersLC.com

Blind Curves - One Woman's Unusual Journey

55 years and older

Thursday, May 21

11:00 a.m. – 2:00 p.m.

RCC Hunters Woods

\$15 Reston/\$30 Non-Reston • Fee Includes Lunch

500277-5A

After months of following one-size-fits-all advice, recently widowed Linda Crill was still miserable, until she made a rebellious decision: she traded her corporate suits for motorcycle leathers and committed herself to a 2,500 mile road trip down America's Pacific Northwest coast on a Harley. The problem – she didn't know how to ride and had only 30 days to learn.

Linda will share her extraordinary story of how her radical choice proved that opening unexpected doors is more effective than playing it safe. By erasing old boundaries and heading into the unknown – the "blind curve" – she discovered not only new possibilities to use in building the next phase of her life, but also the fuel to make it happen.



RESTON PRESENTS



Reston Presents is a bi-monthly lecture and presentation series that highlights the multifaceted talents of Reston residents. Topics include anything from cooking demonstrations to stories from war veterans to book signings with local authors. Reston Presents is sponsored by Reston Association and Reston Community Center. All presentations are free. For more information, to learn about future programs, or to volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577. 18 years and older.

REMEMBERING THE GREAT WAR

Monday, June 8 • 7:00 p.m. – 9:00 p.m.

RCC Lake Anne

Free • 500401-5A • Registration Required

Explore how our memories and understanding of war are shaped by music, literature, and film. Begun in idealism, the brutality of the first mechanized war shocked the nations and inspired some of the most acclaimed literature and music of the 20th century. Through readings, film clips, and narration, this program looks at the human experience of the events that continue to shape our history. Presented by historian Dr. Harry Butowsky and Dr. Sandra O'Connell, authors of *An American Family in World War II*.





55+ COMMUNITY RESOURCE DIRECTORY

Older adults in Reston have many options for their enrichment and support. The organizations listed provide services to area seniors. Please refer to this for your one-stop information needs.

Reston Community Center (RCC)

RCC Hunters Woods, 2310 Colts Neck Road, Reston
RCC Lake Anne, 1609-A Washington Plaza, Reston
703-476-4500 • RCCContact@fairfaxcounty.gov
www.restoncommunitycenter.com

The creator of the *Peanuts* comic strip once said, "Life is like a ten-speed bike. Most of us have gears we never use." At RCC, you can get all your gears moving and exercise your full potential by participating in an exciting array of activities to enrich your leisure lifestyle: develop and refine a skill, explore your creative side, and discover new places. The variety is amazing and there is something for everyone here.



Reston Association (RA)

12001 Sunrise Valley Drive, Reston
703-435-6530 • www.reston.org

Discover exciting trips, tours and events for senior adults with the Reston Association. The 55+ Advisory Committee meets the second Tuesday of the month and advises the RA Board on how to enhance the general welfare and well-being of RA's 55+ community through the promotion and support of Association programs and leisure services.



Cornerstones, Inc.

11150 Sunset Hills Road, Suite 210, Reston
571-323-9555 • www.cornerstonesva.org

Cornerstones is a nonprofit organization that promotes self-sufficiency by providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services.

Dulles Chapter of the AARP

Meets at Herndon Senior Center
www.aarpdulles.org

The chapter operates as a civic club serving the Northern Virginia community through education and volunteerism.

Fairfax County Services for Older Adults

703-324-7948 TTY 711

www.fairfaxcounty.gov/dfs/olderadultservices/

This County agency coordinates a variety of programs and services including Seniors on the Go, Fairfax Area Commission on Aging and Fastran. Call the Aging, Disability and Caregiver Resources Line above Monday through Friday, 8:00 a.m. - 4:30 p.m.

Herndon-Reston FISH, Inc.

703-391-0105 • FISH@HerndonRestonFISH.org
www.herndonrestonfish.org

FISH, Inc. (Friendly, Instant, Sympathetic Help) is a volunteer, non-sectarian, nonprofit organization dedicated to helping people with rent, transportation to medical appointments, furniture, utilities, medical items (including prescriptions) and other short-term emergency needs. Call the Assistance Line above Monday through Friday, 10:00 a.m. - 4:00 p.m.

Herndon Senior Center

873 Grace Street, Herndon, VA 20170

703-464-6200 • www.herndonseniorcenter.org

This community-based senior center provides the 55+ community with a continuum of services in a supportive environment. Services are designed to be prevention- and intervention-oriented to meet the social, physical, emotional, and intellectual needs of the older adult.

Osher Lifelong Learning Institute (OLLI)

703-503-3384 • olli@gmu.edu • www.olli.gmu.edu

OLLI at George Mason University offers intellectual and cultural experiences in a welcoming atmosphere to Northern Virginia residents in their retirement years. Enjoy access to unlimited courses with no homework, no exams, no required college degree and no age threshold.

Reston for a Lifetime

703-672-1116 • aginginreston@gmail.com
www.restonforalifetime.org

Reston for a Lifetime hosts monthly meetings the second Wednesday of the month at RCC and partners with local organizations to implement creative ideas to make our community an even better place to live, work and play.

Reston Useful Services Exchange (USE)

PO Box 8922, Reston

703-873-7578 • RestonUSETimeBank@gmail.com
www.restonuse.org

Reston USE is a neighbor-to-neighbor intergenerational time bank "exchange" system with membership open to people who live or work in Reston or Herndon. USE connects people with various needs and others who can meet those needs on a volunteer basis.

Shepherd's Center of Oakton-Vienna

541 Marshall Road, SW, Vienna, VA 22180

703-281-0538 • office@scov.org • www.scov.org

The Shepherd's Center is a volunteer-based organization dedicated to promoting and supporting purposeful, independent living for mature adults.



RESTON



Drivers

Seeking caring, concerned, community members to serve as Volunteer Drivers.

1. Complete and submit the Volunteer Driver Application.
2. After your driving and criminal background checks are complete, you will be contacted by an RCC staff member to schedule an individual intake interview or a group orientation.
3. Choose the appointments that best suit your personal schedule – no minimum number of rides required.

As an NV Rides Reston driver you will have access to easy, online scheduling. You will also receive a mileage report for your annual tax filings.

Riders

FREE door-to-door transportation to adults ages 55 years and older who are no longer comfortable driving.

1. Complete and submit the Rider Application and the Demographic Survey before requesting a ride.
2. Request a ride at least one week in advance by calling 703-390-6198.

NV Rides Reston provides rides for activities held at Reston Community Center and for essential needs such as medical or dental appointments, shopping, personal care and banking. Rides are not available for non-essential needs such as getting to and from the airport.

Rides are provided by Volunteer Drivers who have passed background checks and have met all the requirements of the program.

Download Driver/Rider Applications and forms from www.restoncommunitycenter.com/nvr

If you need forms mailed to you or would like additional information about the program, please contact Karen Brutsché, RCC 55+ Program Director/NV Rides Reston Coordinator, at 703-390-6198 or Karen.Brutsche@fairfaxcounty.gov.

Summer pool parties

Free • All Ages

School's Out For Summer Pool Party

Friday, June 19 • Golf Course Island Pool

4:00 p.m. – 7:00 p.m.

Come celebrate the end of school with friends and neighbors! There will be food starting at 5:00 p.m., fun, music, and swimming.

Community Cookouts

Thursday, June 4 • Hunters Woods Pool

Wednesday, July 8 • Ridge Heights Pool

Monday, August 3 • North Hills Pool

5:00 p.m. – 7:00 p.m.

Everyone is invited to take the night off from cooking and come to the pool for some food, entertainment, and good times. Sponsored with the Reston Association, Community Cookouts are a great way to spend a summer evening. Bring a towel and an appetite for food and fun.

End of Summer Pool Party

Friday, August 21 • Dogwood Pool

4:00 p.m. – 7:00 p.m.

Come and have a last hurrah before school starts. The pool party will have food starting at 5:00 p.m., entertainment, and fun for the whole family.



Family Fun Entertainment Series

Saturdays • 10:00 a.m. - 10:45 a.m. • Free • All Ages

Reston Town Square Park (Corner of Market Street and Explorer Street)



June 20 • Pinot & Augustine Show

Performed by the incomparable Mark Jaster and Sabrina Mandell. Fun, knock-about comedy and classic physical mime antics. Augustine is the star. Pinot is trying to steal the show. Hilarity ensues as these two mute fools try to prove who is who with gentle humor and playful interaction.



June 27 • Mr. Skip

Come move and groove with Mr. Skip! Wear your Hawaiian shirt and be ready for hot tunes for cool kids. Mr. Skip will get kids of all ages "dancing around as if they had ants in their pants."



July 4 • Blue Sky Puppet Theatre - Yankee Doodle Pigs

One of the finest touring children's theatres on the East Coast presents a show filled with audience participation and humor.



July 11 • Turley The Magician

Turley The Magician will delight the entire family with his inimitable talent! His interactive magic and humorous antics will enthrall you. He has performed at the White House and at other top venues around the world.



July 18 • Rocknoceros

Coach Cotton, Williebob and Boogie Woogie Bernie are Rocknoceros, the Washington, DC area's award winning band that makes very cool music for children of all ages. They write terrific songs that teach even the youngest music fans and most importantly, they are having fun!



August 1 • Percussion Discussion

This show "snares" its audience with comic takes on the world of percussion. The interactive performance includes a sound effects version of a space fantasy, Beethoven's *Fifth Symphony* on the kettle drums, a Latin-Afro audience ensemble, a marimba cartoon classic, and ends with *A History of Drumming and Music in America*.

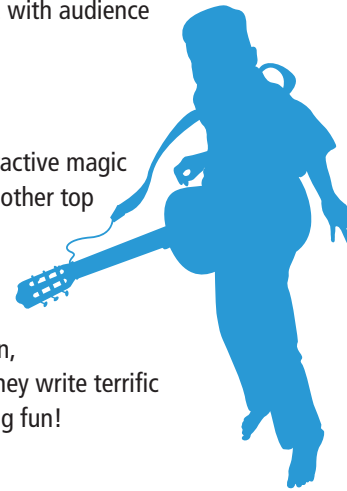


August 8 • Magic By Geo

Trained in the Art of Astonishment, Magician Geoffrey "Geo" Weber offers an unparalleled magic act, featuring a deft repertoire of new, original, and innovative magic tricks.



Presented by Reston Community Center in cooperation with MSE Productions, Inc. and hosted by the Reston Town Center Association.



For more information, please contact Kevin Danaher, Community Events Director, at 703-390-6166.

Take a Break

FREE CONCERT SERIES

Thursdays • 7:00 p.m. - 9:00 p.m. • Lake Anne Plaza

New! Dance Nights, 4th Thursday of the month. Enjoy instruction and demonstrations.

- | | |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| June 18 | Barretones
<i>BLUEGRASS</i> |
| June 25 | Dance Night with Radio King Orchestra!
<i>BIG BAND SWING</i> |
| July 2 | Elikeh
<i>AFRO-POP</i> |
| July 9 | The Sweater Set
<i>CONTEMPORARY FOLK</i> |
| July 16 | Bad Influence
<i>BLUES</i> |
| July 23 | Dance Night with Tropikiimba!
<i>LATIN</i> |
| July 30 | The American Guitar Trio
<i>CONTEMPORARY FLAMENCO</i> |
| August 6 | Uptown Vocal Jazz Quartet
<i>VOCAL JAZZ</i> |
| August 13 | Four Star Combo
<i>VINTAGE ROCKABILLY HONKY TONK</i> |
| August 20 | IONA
<i>CELTIC</i> |
| August 27 | Dance Night with Cedar Creek!
<i>COUNTRY LINE DANCING</i> |
| September 3 | Chris Vadala Quartet
<i>BEBOP JAZZ</i>
(Part of Lake Anne Jazz Festival Week.
Turn to page 14 for more information.) |

Hosted By:

Lake Anne

LIVING LOCAL • RESTON • VIRGINIA

Presented by Reston Community Center in cooperation with MSE Productions, Inc.





FAIRFAX ★ 2015
WORLD
POLICE & FIRE
GAMES

The 2015 Fairfax World Police & Fire Games will take place from June 26 to July 5, 2015. 12,000 athletes from over 70 countries are expected to compete in 61 sports in 53 area venues.

The Games present an amazing opportunity for our region and our communities as we honor and celebrate our everyday heroes – first responders – who do so much to serve and protect us all.

COMPETE. Open to active and retired law enforcement and fire service personnel.

VOLUNTEER. Upwards of 4000 volunteers are needed for the Games.

PARTICIPATE. Businesses and individuals alike can get involved through our Official Partner, Proud Host, or Merchant Incentive Programs.

To be a part of the World Police & Fire Games visit FAIRFAX2015.COM

COMING
SUMMER
2015

The Games of Heroes

FITNESS



RESTON ON THE CUTTING ROOM FLOOR

ANOTHER WAY *of* LIVING

The Story of Reston, VA

Tuesday, June 2 • 7:30 p.m.

Join Peabody Award-winner Rebekah Wingert-Jabi as she discusses the process of editing a film for submission to festivals and for consideration by television broadcasters. Rebekah will update the progress of *Another Way of Living: The Story of Reston, VA* and share some of the excerpts that landed on "the cutting room floor" during the editing process. Both excruciating and exhilarating, editing is a part of great filmmaking that is rarely seen or discussed. Come enjoy a first-hand tour of how it works.

the CenterStage • Free • Drop-in • 18 Years and Older

SAVE THE DATE



Back ² School
AUGUST 22 **BASH**

South Lakes High School

11:00 a.m. – 3:00 p.m.

FREE • DROP-IN • ALL AGES

Don't miss this one-stop destination for your family; the bash will be an afternoon filled with interactive activities and important information to help prepare children of all ages and grades to go back to school. Learn about the fantastic resources, programs and services provided by community agencies and partnerships in your neighborhood.



RCC PREFERENCE POLL

September 11 – October 2



SERVE YOUR COMMUNITY

Become a candidate for the RCC Board of Governors



You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the annual RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for RCC while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

**Statement of Candidacy Forms
available August 1 at**

**RCC Hunters Woods and RCC Lake Anne,
or online at www.restoncommunitycenter.com**

MARK YOUR CALENDARS:

CANDIDATE FILING

August 1 – August 15

PHOTO/ORIENTATION

August 17

FORUM

September 17 • 6:30 p.m.

VOTING

September 11 – October 2 (until 5:00 p.m.)

SAVE THE DATE! • SATURDAY, SEPTEMBER 5

Lake Anne Jazz & Blues

FESTIVAL

FREE • ALL AGES • LAKE ANNE PLAZA

Save the date for the 9th Annual Lake Anne Jazz and Blues Festival. Come enjoy an afternoon and evening of jazz on the lake.

As part of the festival, there will also be a showing of *Jazz on a Summer Afternoon*, August 30 at dusk, and the Chris Vadala Quartet, September 3 at 7:00 p.m., both on Lake Anne Plaza.

Reston Community Center is a major sponsor of this annual event hosted by the Friends of Lake Anne and the Lake Anne Merchants.



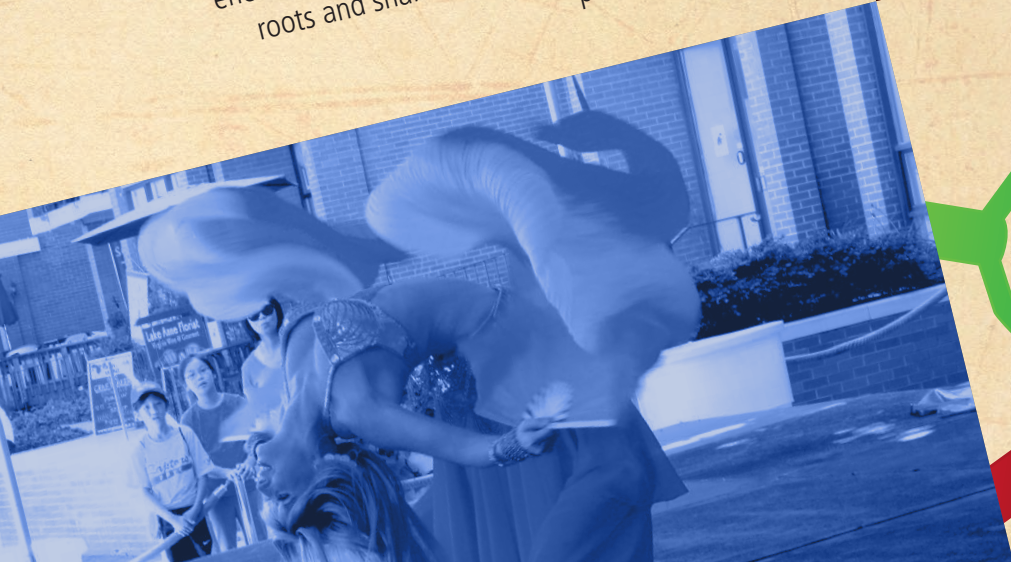


Reston Multicultural Festival

SATURDAY • SEPTEMBER 26

11:00 a.m. – 6:00 p.m. • Lake Anne Plaza
Free • Rain or Shine

The Reston Multicultural Festival is a celebration of the diversity and community spirit that is found in Reston. This annual event brings together the people of Reston to celebrate our rich medley of cultures. Come and share with family, friends, and neighbors the music, entertainment, dress, food, and cultural treasures from all over the world that are all right here. The Reston Multicultural Festival is hosted by Lake Anne Plaza and co-sponsored by the Reston Association, with partners from a variety of Reston-based organizations and businesses. This signature Reston event honors the diversity that is one of our greatest assets. Everyone is encouraged to dress in attire from their own cultural roots and share the stories that we gather on the pathways of our lives.



For more information, please contact Kevin Danaher, RCC Community Events Director, at 703-390-6166.

2014/2015 Professional Touring Artist Series

ONE SINGULAR SENSATION



In choosing the presentations for the Professional Touring Artist Series, I have been focused on bringing you "singular" experiences. That is to say, events which really are not reproduced anywhere else.

How can an artist who performs for a living present something that is unique to Reston?

Well the obvious answer is that live theatre is always unique. The response from the audience, the energy of the artist, the quality of the dinner and even the weather contribute to creating a one-of-a-kind experience.

But that isn't really what I'm getting at. A performer with singularity is hard to find. These are artists who are taking a risk in the pursuit of honesty and clarity. These are not artists who are using the performance to **conceal** themselves. These are artists who are performing in order to **reveal** something about themselves. You can feel the risk.

The end of our season presents two singular artists: the great Daniel Phoenix Singh and the beautiful jazz great Tierney Sutton collaborating with the Turtle Island Quartet.

Next year will have lots of delightful surprises including Mutts Gone Nuts, film star Julian Sands, America Idol finalist Melinda Doolittle, and a return of the great actress Anna Deavere Smith. Don't miss any of them!



Paul Douglas Michnewicz
Director of Arts and Events

2015/2016 season tickets go on sale August 1 for Reston and August 8 for Non-Reston.
Stay tuned for more information at www.restoncommunitycenter.com.

Parents Time Out

\$15 Reston/\$30 Non-Reston
(4-9 years old)

PT

PTO - *Persistent Voices*

May 6
901197-5C Wed 7:30 p.m. – 10:30 p.m.

PTO - Turtle Island Quartet with Tierney Sutton

May 30
901197-5D Sat 7:30 p.m. – 10:30 p.m.

This program is designed for parents who would like to enjoy a nice date night and attend a great performance at RCC's CenterStage. Children will be happily engaged with games, videos, and simple crafts while under the supervision of RCC staff in a separate room. They should wear comfortable clothing and shoes, suitable for play. Registration deadline is one week prior to the event. Space is limited. Cost is only for childcare and includes snacks and drinks for participating children. Please purchase performance tickets by visiting the CenterStage box office via phone, online or in person.

Persistent Voices

CHOREOGRAPHED BY DANIEL PHOENIX SINGH

Wednesday, May 6, 8:00 p.m.

\$15 Reston/\$30 Non-Reston

Persistent Voices combines poignant choreography, thought-provoking poetry, and evocative visual designs to explore the effect of AIDS in our lives. The dance is inspired by the anthology *Persistent Voices: Poetry by Writers Lost to AIDS*, which includes the work of eight DC poets whose lives and creativity will be celebrated through this performance.

CO-COMMISSION WITH DANCE PLACE
WORLD PREMIERE!

TO SIGN UP FOR PARENTS TIME OUT, REGISTER WITH 901197-5C

PT

MAY
6



Photo by Paul Gordon Emerson

MAY
30

Turtle Island Quartet WITH SPECIAL GUEST TIERNEY SUTTON

POETS & PRAYERS

Saturday, May 30, 8:00 p.m.

\$25 Reston/\$50 Non-Reston



Turtle Island Quartet, the double Grammy Award-winning quartet that has re-defined chamber jazz for more than 25 years, is joined by the great jazz vocalist Tierney Sutton.

From the moving traditional hymn *Wade in the Water* to Joni Mitchell's *All I Want* to settings of Coltrane's *A Love Supreme* to the words of Hafiz and Rumi – *Poets & Prayers* celebrates the muse, in all its forms. Turtle Island Quartet has been hailed by *The Washington Post* for its "excellent precision and musicality." Vocalist Tierney Sutton's celebrated career has included multiple Grammy Award nominations and performances for *Jazz at Lincoln Center*, the Kennedy Center, and the Hollywood Bowl. *JazzTimes* says Sutton's brilliance is her ability to blend seamlessly and *The New York Times* calls her "a pure jazz spirit."

Join us at 7:00 p.m. for a pre-show meet-and-greet with members of Turtle Island Quartet!

TO SIGN UP FOR PARENTS TIME OUT, REGISTER WITH 901197-5D

PT

Photo by Bill Reitzel

Music-making of this level is a privilege to hear.

– Palm Beach Daily News

CENTERSTAGE BOX OFFICE INFORMATION



Online: www.restoncommunitycenter.com
Available until two hours before a performance and requires payment of a processing fee.



By Mail: Return a Ticket Order Form (page 84) to
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191



In Person: Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.
Saturday: 1:00 p.m. – 5:00 p.m. Two hours prior to curtain time

703-476-4500, Press '3' • 800-828-1120 (TTY)

Please provide the following information when you call:



- Phone:**
- Performance title, day, date and curtain time
 - Ticket quantity/type (resident/non-resident, adult/senior, etc.)
 - Name as it appears on your Visa or MasterCard, credit card number and expiration date
 - RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.
 - Zip code that matches the billing address for your credit card
 - Home, work, and/or mobile telephone numbers where you can reliably be reached
 - Seating location preferences (i.e. front, center, or back of the theatre)



Fax: Fax Ticket Order Form to 703-476-2488.

PLEASE NOTE:

- No refunds or exchanges unless show is canceled.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.
- If you want a confirmation call, please request it at the time you make your reservation.
- Tickets for Community Arts Organizations go on sale two weeks prior to their first performance date.

THE CENTERSTAGE IS LOCATED INSIDE RCC HUNTERS WOODS. TO GET TO RCC HUNTERS WOODS:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/8 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

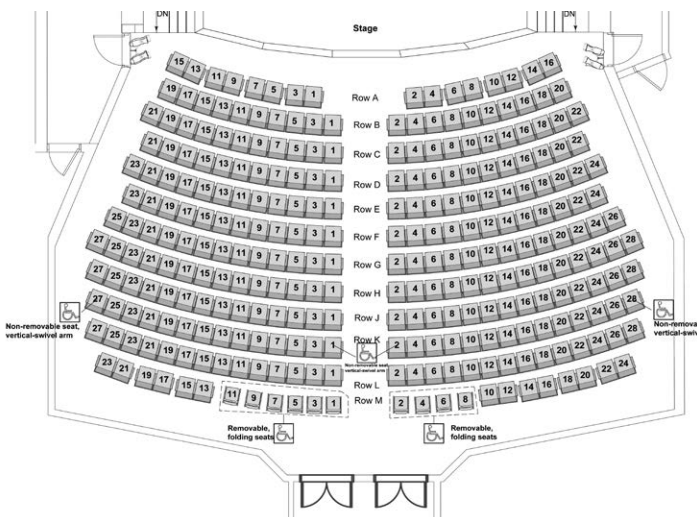
Left on Baron Cameron Ave (Route 606)
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/8 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28
Take Dulles Toll Rd East
Take Exit 12 onto Reston Parkway
Right on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Rd
Go 1/8 mile and turn left into Hunters Woods Village Center

TICKET SALES

Tickets for the 2014–2015 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. – 9:00 p.m. once the order is processed.



RESTON DUPLICATE BRIDGE CLUB



WEDNESDAYS

7:00 p.m. – 10:30 p.m.

RCC Hunters Woods

No Reservations Necessary

Open game: \$8 per person

Novice game: \$7 per person

The Reston Duplicate Bridge Club has held weekly games at RCC since its opening in 1979. Novice-Intermediate and Open games are offered. Teachers are available for those who wish lessons. The game is held every Wednesday evening on a year-round basis. Light snacks and beverages are provided. Partners may be provided upon request. **For more information, please contact Candy Kuschner at 703-758-0906 or at candy.kuschner@gmail.com.**

Have Your Next Event at Reston Community Center!

Let RCC be the backdrop for your next reception, meeting or party. RCC Lake Anne and RCC Hunters Woods facilities offer ideal rental spaces that include a variety of small to large meeting rooms, a Community Room, and even an art gallery. Conveniently located on the north and south sides of the Dulles Access Road, both facilities include table and chair setup and options to meet your audio/visual needs. Our trained staff will see to all your needs from start to finish. Reston patrons receive deeply discounted rates.



Rental Request Forms, rates, guidelines and a booking calendar can be found online at www.restoncommunitycenter.com. For more information, please call 703-476-4500.

COMMUNITY ARTS ORGANIZATIONS



PERFORMING ARTS

Tickets for Community Arts Organization events held at Reston Community Center (the CenterStage or the Community Room) are usually available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation.



Reston Chorale

www.restonchorale.org

703-834-0079

Don't miss a moment of the music being made this year by the Reston Chorale. Join your friends and neighbors, bring the family, and savor the musical feast. The Reston Chorale is supported in part by the Arts Council

of Fairfax County, supported by Fairfax County Government; the Virginia Commission for the Arts, and the National Endowment for the Arts.

Made in the U.S.A.

Join The Reston Chorale for an American showcase filled with fabulous music and lots of fun.

Saturday, May 9 – 4:30 p.m. and 7:30 p.m.

RCC Hunters Woods – Community Room

Tickets: \$25 Adults (18-61), \$20 Seniors (62 and older), and Free for Youth (17 and younger) with a ticketed adult. Tickets are available online at

www.restonchorale.org and at the CenterStage Box Office on Saturday, April 25 (two weeks prior to performances).



Fairfax-Loudoun Music Fellowship

www.FLMF.org

Fairfax-Loudoun Music Fellowship offers membership to private music teachers looking for a non-competitive, friendly, and enriching community. They meet monthly, organize recitals for students at the CenterStage, and hold an annual ensemble festival, in which students play together on six grand pianos under the baton of a conductor. A commissioned harpsichord circulates among teachers' studios and is used for workshops and recitals.

Spring Recitals

Saturday, May 16, 1:30 p.m. and 3:00 p.m.
RCC Hunters Woods – the CenterStage
Tickets: Free



Reston Community Orchestra

www.restoncommunityorchestra.org
 571-449-7095

P. O. Box 2331
 Reston, Virginia 20195-0331
www.restoncommunityorchestra.org

Founded in 1988 as the Reston Chamber Orchestra – now named the Reston

Community Orchestra to better reflect its growth, size and its intense commitment to our community – is an all-volunteer ensemble devoted to music and Reston. With a full repertoire, and ably led by Maestro Dingwall Fleary, RCO depends entirely on voluntary contributions from its members and audiences to be able to provide great music for a great community. The Reston Community Orchestra is a 501(c) 3 organization funded in part by the Arts Council of Fairfax County, supported by the County of Fairfax. It is also partially supported by a grant from the Virginia Commission for the Arts and the National Endowment for the Arts.

Story Time with Youth in Mind

This family-friendly program will include the whimsical *Toy Symphony* by Leopold Mozart, whose precocious kid, Wolfgang Amadeus, kept fame and glory in the family. Keeping RCO's commitment of showcasing talented youth, a student soloist will be featured. For this season finale, the orchestra will welcome musician and storyteller, Pamela Furguson for the tale of *Hansel, Gretel and the Little Green Dragon*. Children of all ages will be encouraged to have a close look at how orchestral sounds are created by participating in our Instrument Petting Zoo.

Sunday, May 17, 4:00 p.m.
RCC Hunters Woods – the CenterStage
Tickets: FREE. Donations are appreciated. Available at the CenterStage Box Office on May 2 (two weeks prior to performances).



Ravel Dance Studio

www.raveldance.com
 703-437-9664

Founded in 1990, the Ravel Dance Company was formed to give young dancers an opportunity to perform original works of dance in a variety of dance genres so they may be better prepared to enter the professional world of dance or to gain acceptance into a university dance program. The Ravel Dance School educates young dancers through high school in classical ballet while offering additional opportunities to perform. Through an audition process, a dancer may be eligible to perform with the Ravel Dance Company.

Each year, The Ravel Dance Studio presents one of the five classical ballets from its repertoire: *Cinderella*, *Swan Lake*, *The Sleeping Beauty*, *Coppelia*, or *Giselle*.

The Sleeping Beauty and Broadway's Best

Friday, May 22, 7:30 p.m.
Saturday, May 23, 2:00 p.m.
RCC Hunters Woods – the CenterStage
Tickets: Available only at Ravel Dance Studio and remaining tickets, if any, at the CenterStage Box Office on performance dates. \$18 All Ages.



GroundWorks Dance Ensemble

www.groundworksdance.com
 703-593-4384

GroundWorks Dance Ensemble provides young dancers the opportunity to develop as moving artists. The focus of this intensive modern dance training program is the artistic process, with the goal of building a solid foundation in the art of modern dance. Every spring, the GroundWorks Dance Ensemble presents a full-length stage production of dance and theatre, complete with costumes, scenery and professional sound and lighting design.

Spring Concert

Friday, June 12, 8:00 p.m.
Saturday, June 13, 3:00 p.m.
RCC Hunters Woods – the CenterStage
Tickets: Pricing information available at the CenterStage Box Office two weeks prior to performances

VISUAL ARTS
**League of Reston Artists
(LRA)**

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers, and supporters of the arts residing in Northern Virginia and the Washington DC metropolitan area. LRA sponsors exhibits, programs and receptions for its members and the community. This nonprofit organization is open to all Washington DC Metro art lovers and artists and has been a staple in the Reston community for almost 50 years. LRA is unique because it provides opportunities for artists at every stage of their development, from emerging to professional. Each year new members join and volunteers coordinate fresh opportunities to partner with local businesses and display and sell artwork produced by area artists. In the past year, LRA has provided members with more than 35 exhibition opportunities in the Reston area. For more information, go to www.leagueofrestonartists.org

MAY*Solo Exhibits***Brian Forst – Photography**

Reston Corner #1: 12001 Sunrise Valley Drive

Pam Coulter Blehert – Painting

Reston Corner #2: 12005 Sunrise Valley Drive

LRA Painters Exhibit

**Greater Reston Chamber of Commerce
1763 Fountain Drive**

Parkridge 4 Exhibit

10780 Parkridge Boulevard

JUNE*Solo Exhibits***Octavia Frazier – Painting**

Reston Corner #1: 12001 Sunrise Valley Drive

Jan Master – Photography

Reston Corner #2: 12005 Sunrise Valley Drive

Reston Photographic Society Exhibit

RCC Lake Anne – Jo Ann Rose Gallery

Reception: Sunday, June 7, 2:00 p.m. – 4:00 p.m.

LRA Painters Exhibit

**Greater Reston Chamber of Commerce
1763 Fountain Drive**

Parkridge Exhibit

10780 Parkridge Boulevard

JULY*Reston Photographic Society Exhibit*

**US Geological Survey
12201 Sunrise Valley Drive**

*Solo Exhibits***Jim Schlett – Photography**

Reston Corner #1: 12001 Sunrise Valley Drive

Livingston Rodgers – Painting

Reston Corner #2: 12005 Sunrise Valley Drive

LRA Painters Exhibit

**Greater Reston Chamber of Commerce
1763 Fountain Drive**

Parkridge Exhibit

10780 Parkridge Boulevard

AUGUST*LRA Painters, Paint & Beyond*

**US Geological Survey
12201 Sunrise Valley Drive**

*Solo Exhibits***Alfonso Ong – Painting**

Reston Corner #1: 12001 Sunrise Valley Drive

Patricia Deege – Photography

Reston Corner #2: 12005 Sunrise Valley Drive

Reston Photographic Society Exhibit

**Greater Reston Chamber of Commerce
1763 Fountain Drive**

Parkridge Exhibit

10780 Parkridge Boulevard

Greater Reston Arts Center

Greater Reston Arts Center (GRACE)

www.restonarts.org

Greater Reston Arts Center exists to promote involvement and excellence in contemporary visual arts. In pursuit of this mission, GRACE provides year-round programming including exhibitions, education programs, and the Northern Virginia Fine Arts Festival. Education programs include GRACE Art (art history enrichment in schools), Summer Art Camp for children, Explore More! Learning Center for children, programs with RCC, and more.

Founded in 1974 by art lovers as a source of cultural enrichment for the new town of Reston, the Greater Reston Arts Center grew from its early beginnings at Lake Anne to its current home at Reston Town Center. GRACE presents six to eight exhibitions annually, featuring work by noteworthy established and emerging artists, as well as a wide array of educational programs. In 2015, GRACE and its partner, IPAR, will open a major public art installation by Patrick Dougherty in Town Square Park. The GRACE gallery is open free to the public. Please visit www.restonarts.org for more information.



Patrick Dougherty, *Lean on Me*, 2012.
Photo Credit: Thomas O'Laughlin

Patrick Dougherty Public Art Installation and
Patterson Clark: *Edicole*

April 16 – July 3

Greater Reston Arts Center and Town Square Park

Opening Reception: Saturday, April 25, 5:00 p.m. – 8:00 p.m.

Patrick Dougherty is internationally renowned for monumental public sculptures created from tree saplings. His newly-created sculpture for Reston, sited in Town Square Park and commissioned by GRACE in partnership with IPAR, will be unveiled at the reception on April 25, and will be accompanied by a documentary exhibition in the GRACE gallery chronicling Dougherty's work from around the world. GRACE will present a concurrent exhibition by Patterson Clark, known for creating works entirely from invasive plants, from paper to dyes to frames. Clark's *Edicole* are complex, miniature shrines created entirely from invasive plant materials.

Northern Virginia Fine Arts Festival

Saturday, May 16, 10:00 a.m. – 6:00 p.m.

Sunday, May 17, 10:00 a.m. – 5:00 p.m.

Reston Town Center

Festival Launch Party: Friday, May 15, 7:00 p.m.

**(Tickets required for party, available for purchase online
www.northernvirginiafineartsfestival.org.)**

In response to the *Reston Rondo* sculpture by Mary Anne Mears and the temporary public art installation by Patrick Dougherty, come see four Reston dance companies perform world premiere, site-specific choreography on Saturday and Sunday. The companies include Gin Dance, Classical Ballet Theatre, Ravel Dance Studio and GroundWorks.

Art Educators' Exhibition

July 16 – August 22

Greater Reston Arts Center

Opening Reception: July 16, 5:00 p.m. – 7:00 p.m.

(free and open to the public)

The biennial Art Educators' Exhibition is a juried show featuring works by professional art educators on the elementary, middle and high school, and college levels. This exhibition celebrates the artistic talent and cultural contributions of art educators in the metro DC region.

The Greater Reston Arts Center is funded in part by the Arts Council of Fairfax County, supported by the County of Fairfax, and by the Virginia Commission for the Arts.



Initiative for Public Art – Reston (IPAR)
www.publicartreston.org

The Initiative for Public Art – Reston (IPAR) seeks to inspire an ongoing commitment to public art and create a new generation of artworks in Reston.

IPAR works with community organizations to develop permanent and temporary public art projects in Reston and to present educational programs. This year, IPAR, in collaboration with Greater Reston Arts Center, is commissioning a major temporary art installation by Patrick Dougherty at Reston Town Square Park. Visit the IPAR website at www.publicartreston.org, and click on “Public Art” to view the complete list of permanent and temporary public artworks in Reston. Also, Chalk on the Water, a chalk art festival, will be held at Lake Anne Plaza on June 13 and 14.

In collaboration with Reston Community Center, IPAR continues to present a series of public art films and speakers at the CenterStage. Visit www.publicartreston.org for updated information about current and future public art projects and outreach programs. Find IPAR at www.facebook.com/PublicArtReston

The Initiative for Public Art – Reston programs are supported in part by the Arts Council of Fairfax County.

	Arts Council of Fairfax County www.artsfairfax.org
	Virginia Commission for the Arts www.arts.state.va.us
	National Endowment for the Arts www.nea.gov

Reston Art Gallery and Studios (RAGS)
www.restonartgallery.com
 703-481-8156

The charming artists’ collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. This summer, enjoy these exhibits:

MAY 7 – JUNE 4

Two Views

Two Interpretations of Similar Scenes by Gail Axtell-Erwin and Pat Macintyre

Reception: Sunday, May 10, 2:00 p.m. – 4:00 p.m.

JUNE 4 – JULY 2

Whimsy and Abstraction in Painting by Claudia Samper

Reception: Sunday, June 14, 2:00 p.m. – 4:00 p.m.

JULY 2 – AUGUST 6

Painting with Paper by Ronni Jolles

Reception: Sunday, July 12, 2:00 p.m. – 4:00 p.m.

AUGUST 6 – SEPTEMBER 3

Bright Color by Marie Straw

Reception: Sunday, August 9, 2:00 p.m. – 4:00 p.m.

Reston Art Gallery features unique artist-made jewelry, original prints, photography, watercolor, paper, acrylic and oil paintings

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m.
 Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m. – 12:00 p.m. on Saturdays.

CULTURAL



The Reston Historic Trust
www.restonmuseum.org
 703-709-7700

The Reston Historic Trust is an established community organization that preserves the past, informs the present, and influences the future of Reston through its educational programs. It was founded in 1996 as a community-based non-profit organization to sustain the unique history of the award-winning, innovative, planned community of Reston. The Trust operates the Reston Museum & Shop in Lake Anne Plaza, offering community exhibits and archives, educational programs, the annual Reston Home Tour, and public events such as Founders Day. The museum also offers original art, crafts and Reston signature items for sale.



RESTON COMMUNITY CENTER - GALLERY EXHIBITS

Jo Ann Rose Gallery Exhibits

MAY

RCC Teachers and Students Exhibit

Reception: Sunday, May 17

2:00 p.m. – 4:00 p.m.

JUNE

Judged Photography Exhibit

Reston Photographic Society

Reception: Sunday, June 7

2:00 p.m. – 4:00 p.m.

JULY

Serendipitous 9

Group Exhibition

Reception: Sunday, July 12

2:00 p.m. – 4:00 p.m.

AUGUST

Breathe

Acrylic, Painted Ceramic Tile and Mixed Media Works

Cynthia Gunnerson Casca

Reception: Sunday, August 2

2:00 p.m. – 4:00 p.m.

RCC Lake Anne 3D Gallery Exhibits

MAY – AUGUST

RCC Teachers and Students Exhibit

Reception, Sunday, May 17

2:00 p.m. – 4:00 p.m.

RCC Hunters Woods Exhibits

MAY

Artist Growth Path

Watercolor, Acrylic and Oil Pastel Works

Bob Kaminski

JUNE

Art by Emily Marquet and Friends

JULY – AUGUST

Watercolor, Pen & Ink, Oil, and

Mixed Media Works

Angie Magruder

VOLUNTEER OPPORTUNITIES



Friends of Reston Community Center

Friends of Reston Community Center is a 501(c)3 volunteer organization established to support programming at the Center through scholarships for young people in our community and coordination of volunteers. The Friends accept financial contributions to support their Youth Scholarships programs. Contributions can be made by sending a check made out to Friends of Reston Community Center at 2310 Colts Neck Road, Reston, VA 20191. All monetary contributions are tax-deductible to the extent allowed by law.

BOARD MEMBERS:

**Bea Malone
Dana Smith
Janice Coe
C. Vanessa Bolling
Yolanda Burt
B.J. Romero
M.T. Palmore**

Be a volunteer at Reston Community Center. Volunteers offer invaluable support to our programs, activities, and events. We encourage students who have community service requirements to look for meaningful ways to fulfill them by being a Reston Community Center volunteer. Free registration is required for RCC volunteer opportunities. You can register via Webtrac, or registration forms are available at RCC facilities or can be downloaded from our website. Make a difference in your community by volunteering.

Contact the Community Events Director at 703-390-6166 for more details.

Adapted Aquatics Volunteer

(13 years and older)

Under the guidance of the Aquatics Program Manager, works one-on-one with children and adults with disabilities. Specific dates and times will be assigned by the Aquatics team. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods

June – August

726100-6A Sat 11:00 a.m. – 12:00 p.m.

Volunteer Swim Instructor Assistant

(16 years and older)

Under the guidance of the Aquatics Program Manager, assists with swim classes. Volunteer may occasionally lead classes under supervision. Specific dates and times will be assigned by the Aquatics team. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods

June – August

726200-6A Sat 11:00 a.m. – 12:00 p.m.

Volunteer Water Aerobics Assistant

(16 years and older)

Under the guidance of the Aquatics Program Manager, assists with water aerobics classes. Volunteer may occasionally lead classes under supervision. Specific dates and times will be assigned by the Aquatics team. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods

June – August

726300-6A Sat 11:00 a.m. – 12:00 p.m.



Cookout Volunteers

(16 years and older)

Volunteers are needed to help with the Community Cookouts setting up, keeping the area tidy, helping serve hamburgers and hotdogs, and cleaning up afterwards.

Hunters Woods Pool

June 4

727500-5C Thur 4:00 p.m. – 7:30 p.m.

Ridge Heights Pool

July 8

727500-6A Wed 4:00 p.m. – 7:30 p.m.

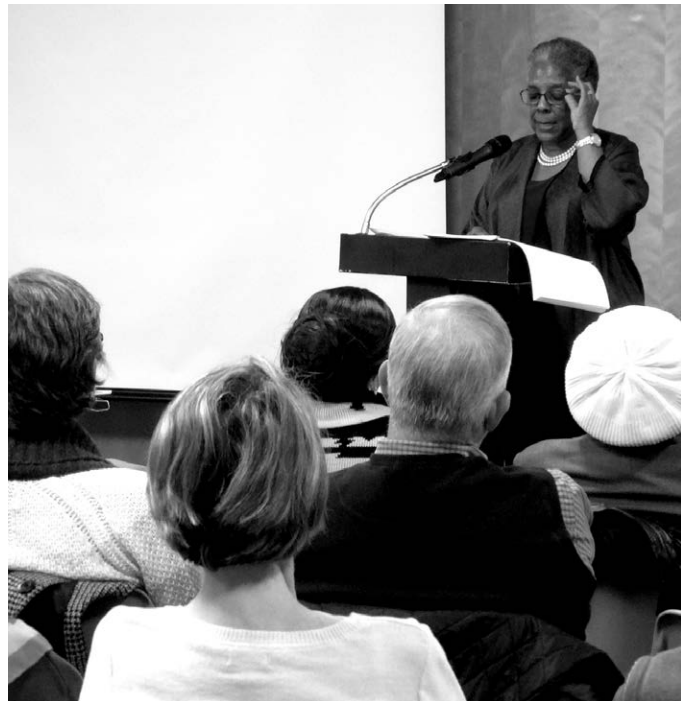
North Hills Pool

August 3

727500-6B Mon 4:00 p.m. – 7:30 p.m.

Volunteer for Reston Presents

Reston residents are being sought to volunteer to share their multifaceted talents as part of the continuing Reston Presents speaker's series. Authors, artists, historians, and people with an interesting story to share about their lives, work experience, hobbies, current events, and life experiences are encouraged to apply. Contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577 to volunteer to be a presenter.



AQUATICS



POOL FEES

	Reston Resident/ Employee	Fairfax County	Non-Fairfax County
Daily Visit			
Adult	\$4.50	\$9.00	\$13.50
Youth & Senior	\$2.75	\$5.50	\$8.25
20-Visit Pass			
Adult	\$73.00	\$146.00	\$219.00
Youth & Senior	\$45.00	\$90.00	\$135.00
12-Month Pool Pass			
Adult	\$425.00	\$850.00	\$1,275.00
Youth & Senior	\$215.00	\$430.00	\$645.00

WATER AEROBICS FEES

	Reston Resident/ Employee	Fairfax County	Non-Fairfax County
Water Aerobics Drop-in Visit			
Adult	\$4.75	\$9.50	\$14.25
Youth & Senior	\$3.00	\$6.00	\$9.00
Water Aerobics 20-Visit Pass			
Adult	\$80.00	\$160.00	\$240.00
Youth & Senior	\$56.00	\$112.00	\$168.00

Pool Fees & Passes

Daily drop-in fees allow patrons the convenience of returning to the pool on the same day at no extra charge. To be eligible, patrons must register to return before leaving the pool area. Please Note: A chaperone (age 16 or older) must accompany children under the age of 8. All passes expire two years from date of purchase, with the exception of 12-month pool passes. RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that both acknowledges the special tax paid by Reston for RCC offerings and facilities and our competitive context of other similar public agencies that offer like programs. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

SUMMER 2015 SWIM SCHEDULE • JUNE 23 – AUGUST 24

Spa closed the first Sunday of each month for cleaning.

Closed for Annual Maintenance, August 25 – September 13

	Open Swim/Spa Hours *(Swim Lanes may be limited)	Lap Swim/Spa Hours *(Swim Lanes may be limited)
Monday/Wednesday/Friday	1:00 p.m. – 6:00 p.m. 7:00 p.m. – 9:00 p.m.	6:00 a.m. – 8:00 a.m. 9:00 a.m. – 11:00 a.m.* 12:00 p.m. – 1:00 p.m. 6:00 p.m. – 7:00 p.m.
Tuesday/Thursday	1:00 p.m. – 4:00 p.m. 7:00 p.m. – 9:00 p.m.	6:00 a.m. – 8:00 a.m. 8:00 a.m. – 11:00 a.m.* 12:00 p.m. – 1:00 p.m. 4:00 p.m. – 7:00 p.m.
Saturday	1:00 p.m. – 5:00 p.m. 6:00 p.m. – 8:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.
Sunday	1:00 p.m. – 5:00 p.m.	12:00 p.m. – 1:00 p.m. 5:00 p.m. – 6:00 p.m.

Please note that the pool schedule is subject to change without notice. RCC schedules lessons during open and/or lap swim times. Lessons will receive priority for pool space. Special Senior Hour (ages 55+) Monday through Friday 11:00 a.m. – 12:00 p.m.

HOLIDAY HOURS

Memorial Day	May 25	6:00 a.m. – 1:30 p.m.
Independence Day	July 4	9:00 a.m. – 1:30 p.m.
Annual Maintenance	August 25 – September 13	CLOSED

SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500 • 800-828-1120 (TTY).

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant’s schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service Desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk.

30-minute session • \$35 (R)/\$70 (NR)



RCC LOCKER ROOM ETIQUETTE

Locker rooms in the RCC Terry L. Smith Aquatics Center are used by hundreds of people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches, or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair that shaving leaves behind. We appreciate your attention to hair that is loosened from shampooing as well.
- Children 6 years old and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool. A family changing room is available.
- If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate your removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

Following these considerations will make our locker rooms a more pleasant, healthy and safe experience for everyone. Thank you very much for your cooperation.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. - 4:00 p.m.

DROWNING EDUCATION AWARENESS PROGRAM

Drowning Education Awareness Program

RCC and RA working together for Water Safety

Sponsored by Reston Community Center and Reston Association

Reston Community Center and Reston Association are teaming up to improve our community's safety around its many pools. Drowning remains the second leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries. Together, RA and RCC will offer DEAP, a "land-based" Drowning Education Awareness Program. This program offers two opportunities targeted for different audiences and community civic groups to learn water safety skills: [Longfellow's WHALE Tales](#) and [Water Safety Presentation](#).

By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools. If you have questions, or would like more information, please contact either RCC at 703-390-6150 or RA at 703-435-6530.

Longfellow's WHALE Tales

(5 – 12 years old)

This program is offered to Cub Scouts and Webelos, Daisy, Brownie, and Junior Girl Scouts, and day care centers. Longfellow's WHALE Tales is a FREE 1-hour interactive presentation that provides easy to follow information to help children learn safe behavior in, on, and around the water. Taught in a classroom environment, WHALE Tales makes water safety fun and easy to learn. Each lesson is reinforced with color posters, worksheets, activities, and a video that features Longfellow, the animated whale.

[Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.](#)

Water Safety Presentation

(18 years and older)

The presentation is designed for rotary clubs, PTAs, home school networks, church groups, and other civic organizations and can be scheduled at their facility. This FREE 90-minute presentation (60-minute lecture and 30 minutes Q&A) focuses on the importance of water safety training and provides general information on keeping family members safe in, on, and around the water

[Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.](#)

WATER SAFETY CLASSES

Aquatic Facility Operator

(16 years and older)

The Aquatic Facility Operator (AFO) certification will provide you with the skills necessary to make your facility more safe and efficient. The certification course is a training program specifically designed to meet the needs of those working in public or semi-public municipal pools or waterpark facilities. This two-day course provides in-depth instruction on many facets of aquatic facility operation and management, including:

- filtration
- disinfection
- water testing and treatment
- design considerations
- facility management
- pool safety
- risk management
- facility troubleshooting
- hot tub & spa operation
- and much more

2, 9-hour sessions • \$100 (R)/\$200 (NR)

June 13 – June 14

621248-5A Sat, Sun 8:00 a.m. – 5:00 p.m.

Water Safety Instructor

(16 years and older)

The purpose of the American Red Cross Water Safety Instructor course is to train instructor candidates to teach Swimming and Water Safety Program courses, including the Basic Water Rescue course, the six levels of Learn to Swim, and Parent and Child Aquatics. Course includes Fundamentals of Instructor Training.

Prerequisites:

- Must attend all sessions.
- At least 16 years old on or before the final scheduled class.
- Successful completion of the Water Safety Instructor Pre-Test (administered the first day of class). Students must demonstrate stroke proficiency in front crawl, back crawl, elementary backstroke, breaststroke, sidestroke, and basic stroke mechanics of butterfly.

4, 8-hour sessions • Free (R)/\$318 (NR)

June 20 – June 28

641244-6A Sat, Sun 8:00 a.m. – 5:00 p.m.

Lifeguard Training

(15 years and older)

This course provides the American Red Cross (ARC) training required to obtain a job as a lifeguard in any national facility utilizing ARC certified lifeguards. The course includes: Lifeguard Training, First Aid, and CPR for the Professional Rescuer; Automated External Defibrillation (AED) Essentials; and Preventing Disease Transmission. Prerequisites: Students must be 15 years of age on or before the final scheduled class, and be able to demonstrate the following:

1. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
2. Tread water for two minutes using only the legs. Candidates should place their hands under the armpits.
3. Complete a timed event within 1 minute, 40 seconds
 - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to get a breath. Candidates should not swim the distance under water.
 - Exit the water without using a ladder or steps.

4, 8-hour sessions • Free (R)/\$349 (NR)

Registration required; must attend all sessions

June 6 – June 14

641241-6A Sat, Sun 8:00 a.m. – 5:00 p.m.

August 1 – August 9

641241-6B Sat, Sun 8:00 a.m. – 5:00 p.m.

INSTRUCTORS WANTED

Lifeguards

Must be First Aid, CPR & Lifeguard certified. Hiring all shifts.

\$11-\$14/hour, depending on experience.

Water Safety Instructors

Must be nationally certified.

Starting at \$20/hour.

Download an application from our website.

For more information, please contact the Aquatics Service Desk at 703-390-6150.



Learn to
SWIM
*Infant-
Kindergarten*

The goal of Reston Community Center’s Learn to Swim Program is to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered by the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

PLACEMENT

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron’s availability and is recommended to be done well in advance of each season’s registration start date.
- When enrolling siblings online, we recommend you have a printed copy of the various class days/times handy to help you synchronize the classes (either your mailed copy of the program guide or download the PDF file from our website for reference).

DURATION OF ENROLLMENTS

- Repetition of each level’s skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

INFANT/KINDERGARTEN CLASS REQUIREMENTS

CLASS	AGES	PREREQUISITES	EQUIVALENT LEVEL
WATER INTRO	6 - 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.	N/A
AQUA TOTS	19 - 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.	N/A
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.	N/A
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.	N/A
ROOKIE I	4 - 5 years	No swimming skills required. Able to follow simple instructions.	N/A
ROOKIE II	4 - 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.	N/A
RANGER	4 - 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths.	Swim Level 3
MARLIN	4 - 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.	Swim Level 4
WATER WONDER	4 - 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.	Swim Level 5

Water Introduction

(6 months – 18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or even to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640000-6A Sat 10:00 a.m. – 10:30 a.m.

June 21 – August 16 (No Class: July 5)

640002-6A Sun 10:00 a.m. – 10:30 a.m.

June 22 – August 17 (No Class: July 6)

640003-6A Mon 4:00 p.m. – 4:30 p.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 30 – July 23

640004-6A Tue, Thu 10:00 a.m. – 10:30 a.m.

July 28 – August 20

640004-6B Tue, Thu 10:00 a.m. – 10:30 a.m.

Aqua Tots

(19 months– 3 years old)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or even to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640007-6A Sat 9:30 a.m. – 10:00 a.m.

640007-6B Sat 10:30 a.m. – 11:00 a.m.

June 21 – August 16 (No Class: July 5)

640008-6A Sun 10:30 a.m. – 11:00 a.m.

June 22 – August 17 (No Class: July 6)

640008-6B Mon 4:30 p.m. – 5:00 p.m.

640008-6C Mon 5:00 p.m. – 5:30 p.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 30 – July 23

640009-6A Tue, Thu 10:30 a.m. – 11:00 a.m.

July 28 – August 20

640009-6B Tue, Thu 10:30 a.m. – 11:00 a.m.

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging, and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20-minutes. Parents do not accompany the student in the water.

8, 20-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640010-6A Sat 9:00 a.m. – 9:20 a.m.

640010-6B Sat 9:20 a.m. – 9:40 a.m.

640010-6C Sat 9:40 a.m. – 10:00 a.m.

640010-6D Sat 10:00 a.m. – 10:20 a.m.

640010-6E Sat 10:20 a.m. – 10:40 a.m.

640010-6F Sat 10:40 a.m. – 11:00 a.m.

640010-6G Sat 11:00 a.m. – 11:20 a.m.

640010-6H Sat 11:20 a.m. – 11:40 a.m.

640010-6I Sat 11:40 a.m. – 12:00 p.m.

June 21 – August 16 (No Class: July 5)

640012-6A Sun 9:00 a.m. – 9:20 a.m.

640012-6B Sun 9:20 a.m. – 9:40 a.m.

640012-6C Sun 9:40 a.m. – 10:00 a.m.

640012-6D Sun 11:00 a.m. – 11:20 a.m.

640012-6E Sun 11:20 a.m. – 11:40 a.m.

640012-6F Sun 11:40 a.m. – 12:00 p.m.

8, 20-minute sessions • \$60 (R)/\$120 (NR)

June 30 – July 23

640014-6A Tue, Thu 9:00 a.m. – 9:20 a.m.

640014-6B Tue, Thu 9:20 a.m. – 9:40 a.m.

640014-6C Tue, Thu 9:40 a.m. – 10:00 a.m.

July 28 – August 20

640014-6D Tue, Thu 9:00 a.m. – 9:20 a.m.

640014-6E Tue, Thu 9:20 a.m. – 9:40 a.m.

640014-6F Tue, Thu 9:40 a.m. – 10:00 a.m.

SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 29.

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance, and continued water safety orientation.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640020-6A	Sat	9:00 a.m. – 9:30 a.m.
640020-6B	Sat	9:30 a.m. – 10:00 a.m.



RCC PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that both acknowledges the special tax paid by Reston for RCC offerings and facilities and our competitive context of other similar public agencies that offer like programs. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming, and water safety skills.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640030-6A	Sat	8:30 a.m. – 9:00 a.m.
640030-6B	Sat	9:00 a.m. – 9:30 a.m.
640030-6C	Sat	10:00 a.m. – 10:30 a.m.
640030-6D	Sat	11:00 a.m. – 11:30 a.m.

June 21 – August 16 (No Class: July 5)

640032-6A	Sun	9:00 a.m. – 9:30 a.m.
640032-6B	Sun	10:00 a.m. – 10:30 a.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 29 – July 22

640033-6A	Mon, Wed	4:00 p.m. – 4:30 p.m.
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July 27 – August 19

640033-6B	Mon, Wed	4:00 p.m. – 4:30 p.m.
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June 30 – July 23

640034-6A	Tue, Thu	10:00 a.m. – 10:30 a.m.
640034-6B	Tue, Thu	4:00 p.m. – 4:30 p.m.
640034-6C	Tue, Thu	5:00 p.m. – 5:30 p.m.

July 28 – August 20

640034-6D	Tue, Thu	10:00 a.m. – 10:30 a.m.
640034-6E	Tue, Thu	4:00 p.m. – 4:30 p.m.
640034-6F	Tue, Thu	5:00 p.m. – 5:30 p.m.

July 1 – July 24

640035-6A	Wed, Fri	4:00 p.m. – 4:30 p.m.
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July 29 – August 21

640035-6B	Wed, Fri	4:00 p.m. – 4:30 p.m.
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June 29 – July 9

640036-6A	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
640036-6B	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.

July 13 – July 23

640036-6C	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
640036-6D	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.

July 27 – August 6

640036-6E	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
640036-6F	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.

August 10 – August 20

640036-6G	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
640036-6H	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.

Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance, and continued water safety orientation.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640040-6A	Sat	8:30 a.m. – 9:00 a.m.
640040-6B	Sat	9:30 a.m. – 10:00 a.m.
640040-6C	Sat	10:30 a.m. – 11:00 a.m.
640040-6D	Sat	11:30 a.m. – 12:00 p.m.

June 21 – August 16 (No Class: July 5)

640042-6A	Sun	10:00 a.m. – 10:30 a.m.
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8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 29 – July 22

640043-6A	Mon, Wed	4:30 p.m. – 5:00 p.m.
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July 27 – August 19

640043-6B	Mon, Wed	4:30 p.m. – 5:00 p.m.
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June 30 – July 23

640044-6A	Tue, Thu	10:30 a.m. – 11:00 a.m.
640044-6B	Tue, Thu	4:30 p.m. – 5:00 p.m.

July 28 – August 20

640044-6C	Tue, Thu	10:30 a.m. – 11:00 a.m.
640044-6D	Tue, Thu	4:30 p.m. – 5:00 p.m.

July 1 – July 24

640045-6A	Wed, Fri	4:30 p.m. – 5:00 p.m.
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July 29 – August 21

640045-6B	Wed, Fri	4:30 p.m. – 5:00 p.m.
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June 29 – July 9

640046-6A	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
640046-6B	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.

July 13 – July 23

640046-6C	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
640046-6D	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.

July 27 – August 6

640046-6E	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
640046-6F	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.

August 10 – August 20

640046-6G	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
640046-6H	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.



Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640050-6A	Sat	9:00 a.m. – 9:30 a.m.
640050-6B	Sat	10:30 a.m. – 11:00 a.m.
640050-6C	Sat	11:30 a.m. – 12:00 p.m.

June 21 – August 16 (No Class: July 5)

640052-6A	Sun	10:30 a.m. – 11:00 a.m.
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8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 29 – July 22

640053-6A	Mon, Wed	5:00 p.m. – 5:30 p.m.
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July 27 – August 19

640053-6B	Mon, Wed	5:00 p.m. – 5:30 p.m.
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June 30 – July 23

640054-6A	Tue, Thu	5:00 p.m. – 5:30 p.m.
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July 28 – August 20

640054-6B	Tue, Thu	5:00 p.m. – 5:30 p.m.
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June 29 – July 9

640056-6A	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.
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July 13 – July 23

640056-6B	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.
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July 27 – August 6

640056-6C	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.
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August 10 – August 20

640056-6D	Mon, Tue, Wed, Thu	10:00 a.m. – 10:30 a.m.
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ADAPTED AQUATICS

Please see page 40 for information on our Adapted Aquatics class.



Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction will include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640060-6A Sat 10:00 a.m. – 10:30 a.m.

June 21 – August 16 (No Class: July 5)

640062-6A Sun 11:00 a.m. – 11:30 a.m.

Water Wonder

(5 – 7 years old)

Water Wonders provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke and various safety topics.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640070-6A Sat 10:30 a.m. – 11:00 a.m.

PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



Learn to
SWIM
Youth

The goal of Reston Community Center's Learn to Swim Program is to prepare participants for a lifetime of water pleasure and to promote water safety.

Swim Lesson Registration Information and Tips

The swim lessons offered by the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

PLACEMENT

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you have a printed copy of the various class days/times handy to help you synchronize the classes (either your mailed copy of the program guide or download the PDF file from our website for reference).

DURATION OF ENROLLMENTS

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

YOUTH CLASS REQUIREMENTS

CLASS	AGES	PREREQUISITES
SWIM LEVEL 1/2	6 - 12 years	No swimming skills required.
SWIM LEVEL 3	6 - 12 years	Step from side into chest-deep water, move into a front float for five seconds, roll to back, float for five seconds then return to standing. Move into a back float for five seconds, roll to front then recover to standing. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 - 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 - 12 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 - 12 years	Perform a shallow dive into deep water, swim front crawl for 50 yards, change direction and position and swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
YOUTH STROKE-N-TURN	6 - 8 years	Student must be able to continuously swim 25 meters and demonstrate the use of two different strokes.
YOUTH STROKE-N-TURN	9 - 12 years	Student must be able to continuously swim 50 meters and demonstrate the use of two different strokes.



PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 29.

SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

Level 1-2

(6 – 12 years old)

Level 1-2 gives students success with fundamental skills. Topics of instruction will include entering and exiting the water, submerging, front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

8, 30-minute sessions • Free (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640110-6A	Sat	8:30 a.m. – 9:00 a.m.
640110-6B	Sat	9:30 a.m. – 10:00 a.m.
640110-6C	Sat	11:00 a.m. – 11:30 a.m.

June 21 – August 16 (No Class: July 5)

640112-6A	Sun	9:00 a.m. – 9:30 a.m.
640112-6B	Sun	11:00 a.m. – 11:30 a.m.

8, 30-minute sessions • Free (R)/\$120 (NR)

June 30 – July 23

640114-6A	Tue, Thu	11:00 a.m. – 11:30 a.m.
640114-6B	Tue, Thu	4:00 p.m. – 4:30 p.m.

July 28 – August 20

640114-6C	Tue, Thu	11:00 a.m. – 11:30 a.m.
640114-6D	Tue, Thu	4:00 p.m. – 4:30 p.m.

July 1 – July 24

640115-6A	Wed, Fri	5:00 p.m. – 5:30 p.m.
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July 29 – August 21

640115-6B	Wed, Fri	5:00 p.m. – 5:30 p.m.
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June 29 – July 9

640116-6A	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.
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July 13 – July 23

640116-6B	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.
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July 27 – August 6

640116-6C	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.
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August 10 – August 20

640116-6D	Mon, Tue, Wed, Thu	10:30 a.m. – 11:00 a.m.
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Level 3

(6 – 12 years old)

The Level 3 class builds on the skills in Level 1-2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick and various safety topics.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640120-6A	Sat	9:00 a.m. – 9:30 a.m.
640120-6B	Sat	10:00 a.m. – 10:30 a.m.

June 21 – August 16 (No Class: July 5)

640122-6A	Sun	9:00 a.m. – 9:30 a.m.
640122-6B	Sun	11:30 a.m. – 12:00 p.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 30 – July 23

640124-6A	Tue, Thu	4:30 p.m. – 5:00 p.m.
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July 28 – August 20

640124-6B	Tue, Thu	4:30 p.m. – 5:00 p.m.
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July 1 – July 24

640125-6A	Wed, Fri	5:30 p.m. – 6:00 p.m.
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July 29 – August 21

640125-6B	Wed, Fri	5:30 p.m. – 6:00 p.m.
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June 29 – July 9

640126-6A	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
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July 13 – July 23

640126-6B	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
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July 27 – August 6

640126-6C	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
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August 10 – August 20

640126-6D	Mon, Tue, Wed, Thu	9:00 a.m. – 9:30 a.m.
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FAMILY SPLASH



Drop in for a night of family fun.

The Family Splash entry fee is \$10.50 Reston/\$21 Non-Reston (for groups up to five people). Groups of six or more must preregister by calling the Aquatics Service Desk at 703-390-6150.

Friday, June 26
Friday, July 31
Friday, August 21



Level 4

(6 – 12 years old)

Level 4 develops swimmers’ confidence in the skills learned and improves other aquatic skills. Topics of instruction will include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640130-6A	Sat	9:00 a.m. – 9:30 a.m.
640130-6B	Sat	11:00 a.m. – 11:30 a.m.

June 21 – August 16 (No Class: July 5)

640132-6A	Sun	9:30 a.m. – 10:00 a.m.
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8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 29 – July 22

640133-6A	Mon, Wed	5:30 p.m. – 6:00 p.m.
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July 27 – August 19

640133-6B	Mon, Wed	5:30 p.m. – 6:00 p.m.
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June 30 – July 23

640134-6A	Tue, Thu	5:30 p.m. – 6:00 p.m.
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July 28 – August 20

640134-6B	Tue, Thu	5:30 p.m. – 6:00 p.m.
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June 29 – July 9

640136-6A	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
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July 13 – July 23

640136-6B	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
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July 27 – August 6

640136-6C	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
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August 10 – August 20

640136-6D	Mon, Tue, Wed, Thu	9:30 a.m. – 10:00 a.m.
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Level 5

(7 – 12 years old)

Level 5 provides further coordination and refinement of strokes. Topics of instruction will include treading with alternate kicks, flip turns, increasing endurance and improving technique in front crawl, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke and various safety topics.

8, 45-minute sessions • \$85 (R)/\$170 (NR)

June 20 – August 15 (No Class: July 4)

640140-6A	Sat	9:30 a.m. – 10:15 a.m.
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June 21 – August 16 (No Class: July 5)

640142-6A	Sun	10:00 a.m. – 10:45 a.m.
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8, 45-minute sessions • \$70 (R)/\$140 (NR)

June 29 – July 22

640143-6A	Mon, Wed	6:00 p.m. – 6:45 p.m.
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July 27 – August 19

640143-6B	Mon, Wed	6:00 p.m. – 6:45 p.m.
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June 30 – July 23

640144-6A	Tue, Thu	6:00 p.m. – 6:45 p.m.
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July 28 – August 20

640144-6B	Tue, Thu	6:00 p.m. – 6:45 p.m.
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Level 6

(7 – 12 years old)

Level 6 refines the strokes so students swim them with ease, efficiency, power, and smoothness over greater distances. Personal water safety and fitness swimming skills will also be introduced. Topics of instruction will include treading with legs only, survival strokes, self-rescue, increased endurance and technique in front crawl, back crawl, breaststroke, butterfly, sidestroke, and elementary backstroke.

8, 45-minute sessions • \$85 (R)/\$170 (NR)

June 20 – August 15 (No Class: July 4)

640150-6A	Sat	10:15 a.m. – 11:00 a.m.
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PRACTICE MAKES PERFECT

“Practice Makes Perfect” is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

ADULTS

Adult Beginner

(13 years and older)

This class is for adults who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student. Patrons 55 and older, 50 percent senior discount applies.

8, 45-minute sessions • \$85 (R)/\$170 (NR)

June 20 – August 15 (No Class: July 4)

641210-6A	Sat	8:00 a.m. – 8:45 a.m.
641210-6B	Sat	11:00 a.m. – 11:45 a.m.

June 21 – August 16 (No Class: July 5)

641212-6A	Sun	9:00 a.m. – 9:45 a.m.
641212-6B	Sun	10:45 a.m. – 11:30 a.m.

8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 30 – July 23

641214-6A	Tue, Thu	9:00 a.m. – 9:30 a.m.
641214-6B	Tue, Thu	5:30 p.m. – 6:00 p.m.

July 28 – August 20

641214-6C	Tue, Thu	9:00 a.m. – 9:30 a.m.
641214-6D	Tue, Thu	5:30 p.m. – 6:00 p.m.

7, 45-minute sessions • \$70 (R)/\$140 (NR)

July 10 – August 21

641219-6A	Fri	6:00 p.m. – 6:45 p.m.
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Adult Advanced Beginner

(13 years and older)

This class is for adults who can swim one pool length (25 meters) and want to improve front crawl, backstroke, and deep water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques. Patrons 55 and older, 50 percent senior discount applies.

8, 45-minute sessions • \$85 (R)/\$170 (NR)

June 20 – August 15 (No Class: July 4)

641220-6A	Sat	8:00 a.m. – 8:45 a.m.
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June 21 – August 16 (No Class: July 5)

641222-6A	Sun	11:30 a.m. – 12:15 p.m.
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8, 30-minute sessions • \$60 (R)/\$120 (NR)

June 30 – July 23

641224-6A	Tue, Thu	9:30 a.m. – 10:00 a.m.
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July 28 – August 20

641224-6B	Tue, Thu	9:30 a.m. – 10:00 a.m.
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ADAPTED AQUATICS

Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Program Manager at 703-390-6149. Mainstreaming of swimmers is available upon request and consultation.

Volunteers are needed.

See page 27 for more information.

8, 30-minute sessions • \$75 (R)/\$150 (NR)

June 20 – August 15 (No Class: July 4)

640190-6A	Sat	11:00 a.m. – 11:30 a.m.
640190-6B	Sat	11:30 a.m. – 12:00 p.m.

SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels.

For more information, see page 29.

Adult Stroke-n-Turn

(13 years and older)

This class is for adults who are looking for swim stroke refinement who can swim a minimum 50 meters and demonstrate the use of two different strokes. Instruction will include:

- Front and back crawl
- Breaststroke
- Butterfly
- Shallow dive, glide two body lengths and begin any front stroke.

8, 45-minute sessions • \$70 (R)/\$140 (NR)

June 30 – July 23

641234-6A	Tue, Thu	6:15 p.m. – 7:00 p.m.
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July 28 – August 20

641234-6B	Tue, Thu	6:15 p.m. – 7:00 p.m.
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REGISTERED WATER AEROBICS

Deep Water Mania

(13 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross training experience. Deep Water Mania will provide the benefits of a land based program, but without the pounding and stress on the joints, tendons, and ligaments. Participants should consult with a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

June 29 – July 22

641250-6A Mon, Wed 6:30 p.m. – 7:20 p.m.

July 27 – August 19

641250-6B Mon, Wed 6:30 p.m. – 7:20 p.m.

Aqua Burn

(13 years and older)

This is a complete program providing routines for warm up, stretching, toning, and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

June 29 – July 22

641251-6A Mon, Wed 5:30 p.m. – 6:20 p.m.

July 27 – August 19

641251-6B Mon, Wed 5:30 p.m. – 6:20 p.m.

Arthritis, Fibromyalgia, and Multiple Sclerosis

(13 years and older)

Classes will be taught by a certified instructor and will include a warm-up, an aerobic portion, and a cool down for an exercise period of thirty minutes. Those patrons who have various forms of arthritis, fibromyalgia and M.S. benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises which increase flexibility and mobility and reduce the pain of daily routines. Participants should consult a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

June 30 – July 23

641266-6A Tue, Thu 11:00 a.m. – 11:50 a.m.

July 28 – August 20

641266-6B Tue, Thu 11:00 a.m. – 11:50 a.m.

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(13 years and older)

Classes will be taught in deep water and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm up, an aerobic portion and a cool down for an exercise period of thirty minutes. Those patrons who have various forms of arthritis, fibromyalgia and M.S. benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises which increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program. Patrons 55 and older, 50 percent senior discount applies.

8, 50-minute sessions • \$70 (R)/\$140 (NR)

June 30 – July 23

641276-6A Tue, Thu 10:00 a.m. – 10:50 a.m.

July 28 – August 20

641276-6B Tue, Thu 10:00 a.m. – 10:50 a.m.



DROP-IN WATER AEROBICS

Tides in Motion

(13 years and older)

This is the ultimate water aerobics program for all ages. Benefits include toning major muscle groups, improving aerobic capacity, balance, and circulation. All exercises are conducted in shallow water using upbeat music for motivation. Equipment will be provided. Water shoes are highly recommended. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class.

50-minute sessions • \$4.75 (R)/\$9.50 (NR)

June 29 – August 21

Mon, Wed, Fri

8:00 a.m. – 8:50 a.m.

Mon, Wed, Fri

9:00 a.m. – 9:50 a.m.

Fit After Fifty-five

(55 years and older)

This is an adult program for the serious exerciser who wants a high-level aerobic workout. Set to a faster tempo than the senior exercise class, this program is not for the beginning exerciser. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class.

50-minute sessions • \$3 (R)/\$6 (NR)

June 29 – August 21

Mon, Wed, Fri

10:00 a.m. – 10:50 a.m.

Senior Water Exercise

(55 years and older)

This class is suitable for non-swimmers and swimmers alike. This exercise program is designed to promote a feeling of fitness and well-being. Water exercise provides gentle resistance, support for greater movement, and stimulation of circulation. The class also provides an opportunity for a social swim in a quiet pool. Participants should consult a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 25 participants per class.

50-minute sessions • \$3 (R)/\$6 (NR)

June 29 – August 21

Mon, Wed, Fri

11:00 a.m. – 11:50 a.m.

Aqua Mixer

(13 years and older)

This deep water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance, and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 14 participants per class.

50-minute sessions • \$4.75 (R)/\$9.50 (NR)

June 29 – August 19

Mon, Wed

5:30 p.m. – 6:20 p.m.

Aqua Blast

(13 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be deep water and will include a cardio segment to improve cardio respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program. This is a drop-in program and requires payment of the Water Aerobics daily drop-in fee for each class attended, or use of the Water Aerobics 20-Visit Pass. Limited to 14 participants per class.

50-minute sessions • \$4.75 (R)/\$9.50 (NR)

June 30 – August 20

Tue, Thu

8:00 a.m. – 8:50 a.m.

WATER AEROBICS FEES

	Reston	Fairfax County	Non-Fairfax County
Water Aerobics Drop-in Visit			
Adult	\$4.75	\$9.50	\$14.25
Youth & Senior	\$3.00	\$6.00	\$9.00
Water Aerobics 20-Visit Pass			
Adult	\$80.00	\$160.00	\$240.00
Youth & Senior	\$56.00	\$112.00	\$168.00



Intro to HTML

(13 years and older)

Ever wondered what goes on behind the scenes of a web browser? Learn the basics of HyperText Markup Language (HTML) to design and edit personal web pages. Students will be introduced to the CMS system Wordpress, and will receive free editor software to create a project with HTML tags and cascading style sheets.

1, 2.5-hour session at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Robichaud

July 8

803378-6A

Wed

7:00 p.m. – 9:30 p.m.

MS Excel I

(13 years and older)

Learn to create, edit, format, and manipulate spreadsheets, workbooks, or small databases by using formulas and/or charts to track data, perform accounting functions, build address lists, or do long range planning. Prerequisites: English language fluency, computer keyboard and mouse skills, and the ability to navigate Windows proficiently.

2, 2.5-hour sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Robichaud

June 16 – June 17

803233-6A

Tue, Wed

7:00 p.m. – 9:30 p.m.

RCC PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that both acknowledges the special tax paid by Reston for RCC offerings and facilities and our competitive context of other similar public agencies that offer like programs. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

MS Excel II

(13 years and older)

Learn to organize, enhance and customize multiple spreadsheets and files by using advanced formatting tools and database features. Prerequisite: MS Excel I.

2, 2.5-hour sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Robichaud

June 23 – June 24

803226-6A

Tue, Wed

7:00 p.m. – 9:30 p.m.



MS PowerPoint I

(13 years and older)

Learn both the basics and the “bells and whistles” of Microsoft PowerPoint to create a powerful slide presentation using tables, pictures, graphs, sound, and text. Prerequisites: English language fluency, computer keyboard and mouse skills, and ability to navigate Windows proficiently. Beginning students are encouraged to take a computer literacy class or an equivalent class before enrolling in this course.

2, 2.5-hour sessions at RCC Hunters Woods
\$55 (R)/\$110 (NR) • Robichaud

July 15 – July 16

803236-6A Wed, Thu 7:00 p.m. – 9:30 p.m.

MS Word I

(13 years and older)

Learn to create and edit documents, use different fonts and formatting, cut and paste, set margins, and much more. Utilize these skills to create mailings, write memoirs complete with electronic pictures, or better organize personal files. Prerequisites: English language fluency, computer keyboard and mouse skills, and ability to navigate Windows proficiently. Beginning students are encouraged to take a computer literacy class or an equivalent class before enrolling in this course.

2, 2.5-hour sessions at RCC Hunters Woods
\$55 (R)/\$110 (NR) • Robichaud

June 9 – June 10

803234-6A Tue, Wed 7:00 p.m. – 9:30 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our “full” classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.



QuickBooks

(13 years and older)

Learn how to manage business finances with QuickBooks, the most popular small business accounting software that makes accounting easy. With tools to organize your finances all in one place, users will learn how to track inventory, sales, expenses, and customers, and how to instantly create and customize professional-looking invoices, purchase orders and business reports. Pay bills, print checks and organize finances, all in one place, and be ready for tax time. Step up from Quicken and enjoy professional bookkeeping without a CPA.

2, 2.5-hour sessions at RCC Hunters Woods
\$55 (R)/\$110 (NR) • Robichaud

July 29 – July 30

802250-6A Wed, Thu 7:00 p.m. – 9:30 p.m.

Windows Tips & Tricks

(13 years and older)

Learn all about the new features, what to upgrade from XP or Vista, and how to best customize computer settings. Students will explore user accounts, file searches and libraries, new screen features, security and maintenance. Practice a host of techniques to work more efficiently, including keyboard shortcuts and desktop gadgets. Also, get a sneak peak of the new Windows 8. Prerequisite: prior experience with any version of Windows.

1, 2.5-hour session at RCC Hunters Woods
\$30 (R)/\$60 (NR) • Robichaud

July 7

802253-6A Tue 7:00 p.m. – 9:30 p.m.

Registration Begins

May 1 Reston • May 8 Non-Reston

COOKING/CRAFTS



Cooking

Cake Decoration

(13 years and older)

This class is designed with the beginner in mind. Learn to make and work with marshmallow fondant and buttercream frosting. Learn a variety of basic pastry bag techniques and skills that can be practiced and perfected at home. Participants will decorate a 7" cake in class.

1, 2-hour session at RCC Hunters Woods

\$40 (R)/\$80 (NR) • Guidry

July 19

875587-6A

Sun

1:00 p.m. – 3:00 p.m.

Thai Cooking Basics

(15 years and older)

Thai cuisine blends elements of several Southeast Asian traditions. Thai dishes are known for their balance of salty, sour, sweet, and bitter flavors. Students will taste the wonder of Thailand as they prepare recipes that include Lemongrass Soup, Shrimp Pad Thai Noodles, Thai Cabbage Salad, and Sticky Rice with Mango.

1, 3-hour session at RCC Hunters Woods

\$70 (R)/\$140 (NR) • Jessimy

August 8

802521-6A

Sat

10:00 a.m. – 1:00 p.m.

Crafts

Father's Day Pottery

(2 – 5 years old)

Create a personalized mug to celebrate Dad for Father's Day. Mugs will be decorated and painted during class, and will be available for pick up at RCC shortly thereafter. This pottery is safe for hot and cold drinks, but use in the microwave or dishwasher is not recommended. Parent/caregiver must fully participate in the activity. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 45-minute session at RCC Hunters Woods

\$20 (R)/\$40 (NR) • Clay Café Studios

June 4

901164-5A

Thu

9:30 a.m. – 10:15 a.m.

June 4

901164-5B

Thu

10:15 a.m. – 11:00 a.m.

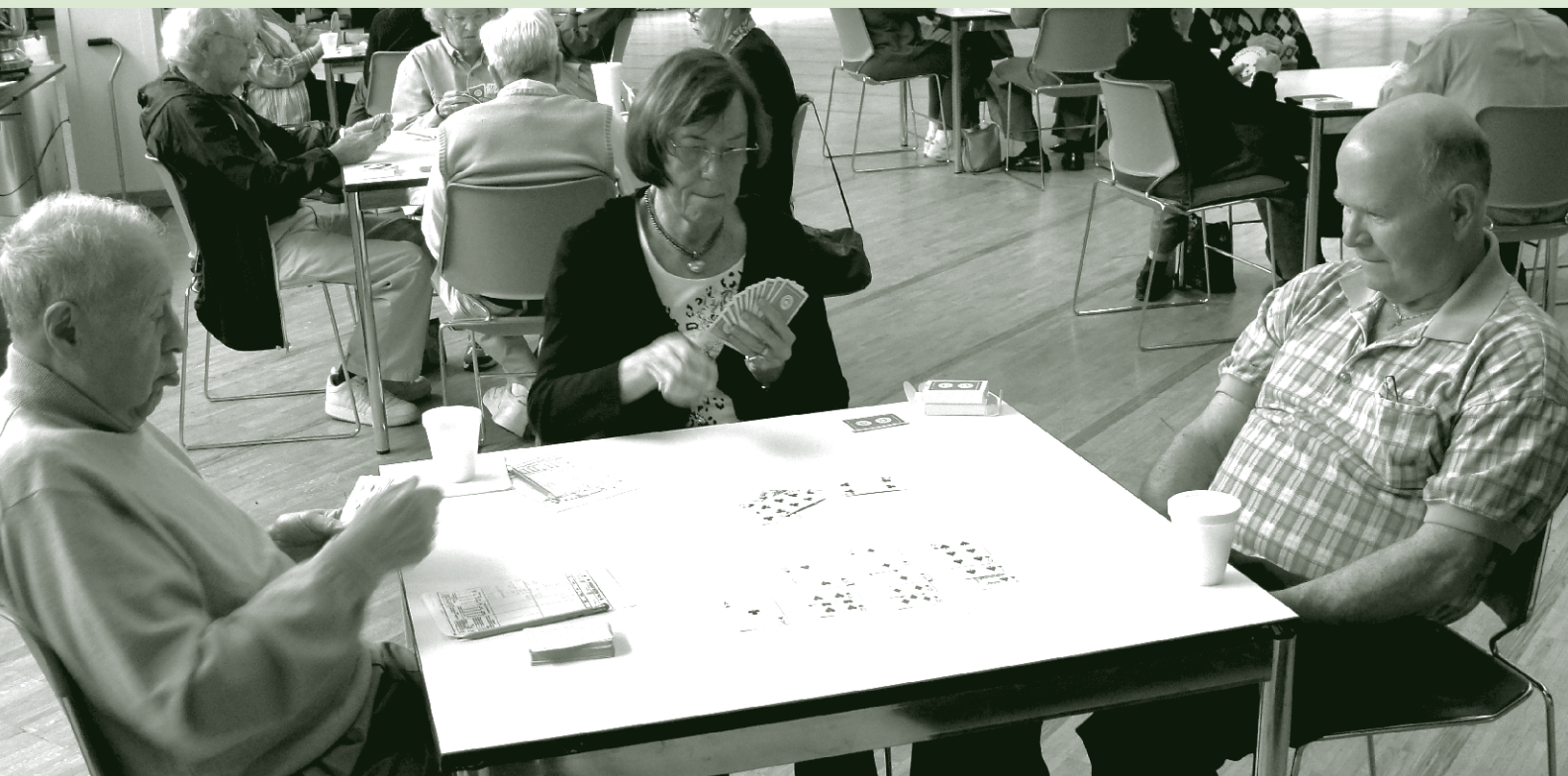
June 4

901164-5C

Thu

11:00 a.m. – 11:45 a.m.

ENRICHMENT



Bridge I

(18 years and older)

This course is perfect for those who are new to the game, as well as players seeking to brush up on bridge fundamentals. The course will include a lecture and demonstration, with at least one hour of play per class with pre-dealt hands oriented to the specific lesson. Bidding is Standard American.

8, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Golias

July 11 – August 29

102337-6A Sat 10:00 a.m. – 12:00 p.m.

Bridge II

(18 years and older)

Players will improve intermediate bridge skills under the supervision of RCC's bridge instructor. Each table will play the same hand. After play is over, participants will discuss the bidding and the play of hands. Please note this program is for intermediate and advanced level players.

8, 2-hour sessions at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Golias

July 11 – August 29

102409-6A Sat 12:30 p.m. – 2:30 p.m.

Heart Start CPR-AED

(16 years and older)

Participants will learn how to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, and basic first aid. Successful participants will receive a two-year adult CPR with AED certification and a two-year first aid certification through the American Heart Association.

1, 3.5-hour session at RCC Hunters Woods

\$60 (R)/\$120 (NR) • Heart Start

June 20

302313-5E Sat 10:00 a.m. – 1:30 p.m.

Investment 101

(18 years and older)

Financial guru Kim Seo, CFP, MBA, will be back to RCC to discuss the steps and strategies that will lead you to investment success. This class will teach you the things you need to know before you invest. The *Investment Fundamentals - 5 Myths and Truths of Investing*, workbook will be provided to all attendees. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

1, 2-hour session at RCC Hunters Woods

Free, Registration Req. • Seo

June 16

156051-5A Tue 6:00 p.m. – 8:00 p.m.

Japanese Calligraphy

(18 years and older)

This class is a beginner introduction to Shuji, the art of Japanese Calligraphy. This practice is closely related to the clear state of mind practiced in a Japanese tea ceremony. Participants will learn the calligraphy principles rooted in the Zen way of life with a concentration on brush stroke techniques displayed in black and white balance.

1, 2-hour session at RCC Hunters Woods

\$35 (R)/\$70 (NR) • Shintani

August 16

105147-6A Sun 1:00 p.m. – 3:00 p.m.

Line Dancing I

(18 years and older)

Learn how to dance the two-step, waltz, cha-cha, jitterbug, swing, shuffle (like a polka), and specialty steps. Please do not wear rubber soled shoes that may not slide on the hardwood floor.

6, 60-minute sessions at RCC Hunters Woods

\$38 (R)/\$76 (NR) • Richardson

July 2 – August 20 (No Class: July 23, July 30)

104450-6A Thu 6:00 p.m. – 7:00 p.m.

Line Dancing II

(18 years and older)

This class is for the student who has a basic knowledge of line dancing and would like to improve his or her skills. The class will include some traditional and not so traditional line dances to a variety of music. Please do not wear rubber soled shoes that may not slide on the hardwood floor.

6, 60-minute sessions at RCC Hunters Woods

\$38 (R)/\$76 (NR) • Richardson

July 2 – August 20 (No Class: July 23, July 30)

104451-6A Thu 7:00 p.m. – 8:00 p.m.

Retirement Planning for Women and Small Business Owners

(18 years and older)

In this highly informative workshop, attendees will learn retirement strategies they can start using today to take control of their retirement future. Topics discussed will include: three keys to funding a comfortable retirement and types of retirement plans for small business owners. All attendees will receive the workbook *Taking Control - Financial Strategies for Women*. This workshop is presented by Kim Seo, CFP, MBA, a financial advisor dedicated to community education. This program is for educational purposes only; there will be no solicitation or obligations of attendees.

1, 2-hour session at RCC Hunters Woods

Free, Registration Req. • Seo

July 23

157062-6A Thu 6:00 p.m. – 8:00 p.m.

Writers Group

(18 years and older)

The RCC Writers Group welcomes fiction writers of all levels interested in enhancing their writing style and techniques. The group provides a friendly, facilitated, non-threatening environment where writers will receive and give peer critiques, explore creative techniques, and share ideas. Writers will also exchange information on marketing, getting published, and online resources. Participants should come to the first session with an original short story or other writing sample to discuss. The group will meet every other Monday. Class dates are: July 6 and 20, August 3 and 17.

4, 2-hour sessions at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Kelly

July 6, July 20, August 3, August 17

105116-6A Mon 7:00 p.m. – 9:00 p.m.

MENTAL HEALTH FIRST AID

MENTAL HEALTH FIRST AID

Did you know that the Fairfax County/Falls Church Community Services Board offers training to people interested in being able to respond appropriately to mental health related emergencies? "Mental Health First Aid" is a groundbreaking public education program that introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Whether you are a first responder, teacher, student, faith community leader, human resources professional, parent, employer, coworker, or caring community member, this certification course has information everyone can use.

The course is offered in English, Spanish and Youth versions. Courses are open to the public and cost \$25; the fee is waived for County employees.

REGISTER ONLINE:

www.fairfaxcounty.gov/csb/events/mental-health-first-aid.htm
or find out more by calling Erika Gilliam: 703-383-8430
(TTY 711) or via email to Erika.Gilliam@fairfaxcounty.gov.

FITNESS & WELLNESS



Body Sculpting

(16 years and older)

Accomplish a full body workout with traditional and nontraditional sculpting methods, using free weights, resistance bands, and body bars. This class is designed to take participants to their own limit. Good for all levels of fitness.

6, 60-minute sessions at RCC Lake Anne

\$30 (R)/\$60 (NR) • Wood

June 1 – July 6

302315-5K Mon 6:00 p.m. – 7:00 p.m.

July 20 – August 24

302315-6A Mon 6:00 p.m. – 7:00 p.m.

8, 60-minute sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Staff

June 13 – August 8 (No Class: July 4)

302315-5L Sat 10:00 a.m. – 11:00 a.m.

Evening Hatha Yoga I

(18 years and older)

This beginning Hatha yoga class will teach breathing exercises, stretching movements, and relaxation. Learn to use Hatha yoga movements to work through stiff joints and muscles while developing strength and flexibility.

6, 60-minute sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Hill

June 9 – July 14

302485-5F Tue 6:00 p.m. – 7:00 p.m.

July 21 – August 25

302485-6A Tue 6:00 p.m. – 7:00 p.m.

Hatha Yoga Flow

(16 years and older)

Hatha Yoga Flow combines traditional yoga postures into a sequence of movements that flow with the breath. Students will improve strength, balance, flexibility and sense of well-being through mindful movements and poses. Classes will include sun salutations, standing and balancing postures, forward and back bends, abdominal work, inversions, breathing exercises and relaxation techniques. Prior yoga experience is helpful but not required. Modifications will be taught to accommodate all levels.

6, 60-minute sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Soares

July 7 – August 11

306992-6A Tue 7:30 p.m. – 8:30 p.m.

DEMO CLASS

Interested in a class but not ready to commit? Contact RCC's Fitness & Adult Director at 703-390-6159 to schedule a one-time demo.

Hatha Yoga I

(18 years and older)

Participate in this refreshing and relaxing beginning yoga class that will coax the stiffness out of the body's joints.

6, 60-minute sessions at RCC Lake Anne
\$40 (R)/\$80 (NR) • Hill

June 7 – July 12

305051-5F Sun 9:00 a.m. – 10:00 a.m.

July 19 – August 23

305051-6A Sun 9:00 a.m. – 10:00 a.m.

Kundalini Yoga

(18 years and older)

Kundalini yoga is a physical, mental and spiritual discipline. It is not facilitated like a traditional yoga movement course but rather incorporates some yogic techniques with breathing exercises, asana practices, meditation, and devotions.

8, 1.5-hour sessions at RCC Lake Anne
\$60 (R)/\$120 (NR) • Hill

June 19 – August 14 (No Class: July 3)

302384-5D Fri 12:45 p.m. – 2:15 p.m.

Kundalini Yoga and Meditation

(18 years and older)

Kundalini yoga uses asanas (postures), movement, breath, and meditation to relax and heal your mind and body, giving you a greater awareness of mind, body, and spirit. By stimulating the nervous and immune systems, this type of yoga improves strength and flexibility and may provide relief from problems such as back pain, stress and insomnia. Kundalini yoga brings a greater feeling of well-being and happiness and is a great way to recharge and heal the body quickly. Please bring a light blanket for cover during deep relaxation.

8, 1.5-hour sessions at RCC Lake Anne
\$60 (R)/\$120 (NR) • Hill

June 22 – August 10

302101-5D Mon 12:00 p.m. – 1:30 p.m.

Masala Bhangra

(15 years and older)

Get a full body workout while learning Bollywood and Bhangra dance forms. This unique dance fitness program, for both men and women, mixes cardiovascular exercise with fun and is suitable for all fitness levels. Please wear comfortable, fitted clothing with bare feet, ballet slippers, or smooth dance gym shoes. No street shoes please.

8, 60-minute sessions at RCC Hunters Woods
\$60 (R)/\$120 (NR) • Tanzer

June 16 – August 4

306000-5D Tue 7:15 p.m. – 8:15 p.m.

Meditation for Relaxation

(18 years and older)

Enjoy the relaxation and fulfillment of meditation. Learn how to release tension in the body and in the mind. Students will explore several practices including breathing techniques, use of mantra (vibrational sound current) silently and out loud, and the effects of mudras (positions of the hands) all of which help reduce and manage stress. Learn what meditation is and the physiological reasons for how it works.

8, 75-minute sessions at RCC Lake Anne
\$60 (R)/\$120 (NR) • Gurnater

July 7 – August 25

302115-6A Tue 5:30 p.m. – 6:45 p.m.

Meditative Yoga

(18 years and older)

Students will practice Kundalini Yoga, which will soften the stresses of life and bring the body and mind into a more meditative state. The meditations students learn will help to decrease worries and anxieties, increase optimism, and help foster a deep sense of peace.

8, 1.5-hour sessions at RCC Lake Anne
\$65 (R)/\$130 (NR) • Gurnater

July 7 – August 25

302215-6A Tue 7:00 p.m. – 8:30 p.m.

Mommy and Baby Yoga

(18 years and older)

This class is a great way for mom and baby to bond while mom is getting back in shape. The instructor will address basic postpartum needs such as building core strength and stability while restoring core alignment and strengthening pelvic floor and abdominal muscles. Baby yoga and baby massage will also be practiced during class. These techniques may help babies sleep better, get relief from colic, and improve digestion. Babies should be 6 weeks old - 6 months old (or NOT actively crawling) to participate with mom.

6, 60-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Staff

June 22 – July 27

300024-5C Mon 10:00 a.m. – 11:00 a.m.

CPR-AED CLASS

Do you know how to respond to a medical emergency?

See page 46 for information on our Heart Start CPR-AED class.

Nia

(16 years and older)

Nia is a holistic, sensory-based movement practice that leads to health, wellness, and fitness personal growth. The class consists of simple and adaptable movements that combine martial arts, healing arts, and dance arts to the exhilarating rhythms of music. Nia invites students to listen to their bodies and to customize their own level of intensity to support complete health and well-being.

6, 60-minute sessions at RCC Lake Anne

\$48 (R)/\$96 (NR) • Shiotsuki

June 21 – August 2 (No Class: July 5)

306002-5F Sun 9:30 a.m. – 10:30 a.m.

Outdoor/Indoor Fitness

(16 years and older)

RCC's Small Group Training class is moving outdoors this summer. Go on an exciting and heart-pumping journey around Lake Anne climbing stairs, jogging, and lunging to increase cardiovascular health. Then move to the indoor fitness studio for the second half of the workout to build muscular strength and stamina. This class offers a great opportunity to work together towards improved health and well-being in a small class setting with lots of individualized attention.

8, 60-minute sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Beville

June 8 – July 1

306017-5B Mon, Wed 7:00 p.m. – 8:00 p.m.

July 20 – August 12

306017-6B Mon, Wed 7:00 p.m. – 8:00 p.m.

Pilates Mat

(16 years and older)

Pilates is a system of exercises designed to develop the body's core, mobilize and stabilize the spine, and build flexibility and strength. It focuses on the deep muscles of the abdomen, back and hips using control, concentration and flow to improve posture and back health. After a gentle, dynamic warm up, core centered movements using the traditional Pilates mat repertoire, the class will conclude with yoga based stretches. Most exercises will be performed on the mat and may include stability balls, magic circles, and light hand weights. Some prior Pilates experience would be helpful but is not required to participate in this class. Students should bring a tightly woven blanket to each class.

6, 60-minute sessions at RCC Lake Anne

\$42 (R)/\$84 (NR) • Dertke

June 11 – July 16

306030-5E Thu 1:30 p.m. – 2:30 p.m.

6, 60-minute sessions at RCC Lake Anne

\$42 (R)/\$84 (NR) • Mannes

July 9 – August 13

306030-6A Thu 6:15 p.m. – 7:15 p.m.

Prenatal Yoga

(18 years and older)

Pregnancy is one of the most special experiences in a woman's life, and this class will provide safe and effective exercises to help prepare for labor and delivery. Come share with other expectant mothers a program to strengthen the body, relax the mind, and hone power and strength. All expectant mothers at any stage in their pregnancy are welcome, but it is recommended that participants consult a physician, midwife, or health practitioner prior to starting any physical exercise regimen. Please bring a light blanket for cover during deep relaxation.

6, 60-minute sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Soares

July 9 – August 13

302100-6A Thu 7:30 p.m. – 8:30 p.m.

SharQui Bellydance Workout

(16 years and older)

Belly dancing involves isolated movements of muscle groups such as the abdomen, arms, and legs. In this class you will learn some of the basic moves and rhythms that make up belly dance while getting a great low-impact, full-body workout. This class is suitable for all fitness levels. Please wear comfortable, fitted clothing with bare feet, ballet slippers, or smooth dance gym shoes, and a coin hip scarf. No street shoes please.

8, 60-minute sessions at RCC Lake Anne

\$80 (R)/\$160 (NR) • Tanzer

June 16 – August 4

306027-5E Tue 6:00 p.m. – 7:00 p.m.

ATTENTION FITNESS STUDENTS

To ensure your safety, you must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

RCC PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that both acknowledges the special tax paid by Reston for RCC offerings and facilities and our competitive context of other similar public agencies that offer like programs. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

Tae Kwon Do I

(6 years and older)

Tae Kwon Do is a traditional Korean system of unarmed combat and self-defense, emphasizing the use of the feet and hands as weapons. More than just a sport and fighting skill, it instills a positive life philosophy through strict physical and mental discipline. Commitment to this regimented conditioning program brings about greater strength, speed, balance, flexibility, and stamina. This summer, join our Tae Kwon Do masters in a group session that serves all ages and skill levels. Participants will be taught specialized techniques in small group settings, as well as coordinated movements in a large group setting.

10, 60-minute sessions at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Butts

June 6 – August 15 (No Class: July 4)

302348-5D Sat 9:00 a.m. – 10:00 a.m.

Zumba Fitness

(16 years and older)

Zumba combines high energy and motivating music with unique moves and combinations that allow the participants to dance away their worries. It is based on the principle that a workout should be fun and easy to do in order for participants to achieve long term health benefits. Enjoy this fusion of Latin and international music and dance that creates a dynamic and effective fitness regimen.

8, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Ledesma

June 15 – August 3

302327-5I Mon 7:00 p.m. – 8:00 p.m.

8, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Avilov

July 9 – August 27

302327-6A Thu 7:00 p.m. – 8:00 p.m.

Zumba Kids Jr.

(4 – 6 years old)

Zumba Kids Jr. is designed exclusively for children ages 4 through 6. The classes are rockin', high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents will love this program because of the effect it has on kids - increased focus and self-confidence, improved metabolism and enhanced coordination.

6, 45-minute sessions at RCC Lake Anne
\$30 (R)/\$60 (NR) • Wood

June 2 – July 7

306007-5C Tue 4:00 p.m. – 4:45 p.m.

Zumba Kids

(7 – 11 years old)

Zumba Kids is designed for slightly older children, ages 7 to 11. The classes are rockin, high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents will love this program because of the effect it has on kids - increased focus and self-confidence, improved metabolism and enhanced coordination.

6, 45-minute sessions at RCC Lake Anne
\$30 (R)/\$60 (NR) • Wood

June 2 – July 7

306008-5C Tue 5:00 p.m. – 5:45 p.m.

Zumba Toning

(16 years and older)

Zumba Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves. Students will use lightweight, maraca-like toning sticks or light weight dumbbells, to enhance rhythm and tone target areas that include arms, abs and thighs.

8, 60-minute sessions at RCC Lake Anne
\$55 (R)/\$110 (NR) • Ledesma

June 15 – August 3

302227-5E Mon 6:00 p.m. – 7:00 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

GREEN LIVING SERIES

Geocaching in Reston

(10 years and older)

Participate in this exciting outdoor recreational activity and use Global Positioning System (GPS) receivers and other navigational techniques to play an elaborate game of hide and seek to find containers, called "geocaches" or "caches." Bring your own GPS unit or borrow one of ours. There will be a quick lesson, then you will hit the trails in search of caches on the nature center property. Each cache will include a green living tip for your family. Find all the caches and collect an ecofriendly prize. This program is jointly produced by RCC and RA. Registration by August 12 is required and a \$6/\$8 (RA Member/Non-Member) fee is payable upon entry to the Walker Nature Center. Please meet at the Walker Nature Center, 11450 Glade Drive, Reston. The geocaching activities will occur within a one mile walking distance of the Nature Center.

1, 1.5-hour session at Walker Nature Center
\$6 (RA)/\$8 (Non-RA) Payable at Nature Center • Staff

August 15

879978-6A Sat 11:00 a.m. – 12:30 p.m.

Home Food Preservation

(10 years and older)

This introductory class will cover food preservation methods, including canning, fermentation, drying/dehydration, and freezing. Learn about the science behind food preservation, safety precautions, kitchen set up, and jar and equipment prep as well as food and recipe selection. There will be a "dry" demo of the correct procedure for filling jars with food to be canned. This program is jointly produced by RCC, RA and the Virginia Cooperative Extension. Registration is required by July 11, and a \$5/\$7 (RA Member/Non-Member) fee is payable upon entry to the Walker Nature Center, located at 11450 Glade Drive, Reston.

1, 1.5-hour session at Walker Nature Center
\$5 (RA)/\$7 (Non-RA) Payable at Nature Center • Strong

July 14

800211-6A Tue 7:00 p.m. – 8:30 p.m.



Lake Anne by Canoe/Kayak

(10 years and older)

Explore Lake Anne from a different perspective with a Walker Nature Center naturalist. Paddling is a leisurely and enjoyable way of getting up close to waterfowl, fish and turtles that seem far away from shore. Learn about lake ecology and what you can do to help the lake and its aquatic wildlife. Dress comfortably and bring your binoculars or waterproof camera. All other equipment provided. This program is jointly produced by RCC and RA. Registration is required by June 23 and a \$6/\$8 (RA Member/Non-Member) is payable upon arrival. Please meet in the lobby of RCC Lake Anne, Unit 1609-A, Reston.

1, 1.5-hour session at RCC Lake Anne
\$6 (RA)/\$8 (Non-RA) Payable Upon Arrival • Staff

June 26

887788-6A Fri 6:30 p.m. – 8:00 p.m.

Solar Oven Workshop

(10 years and older)

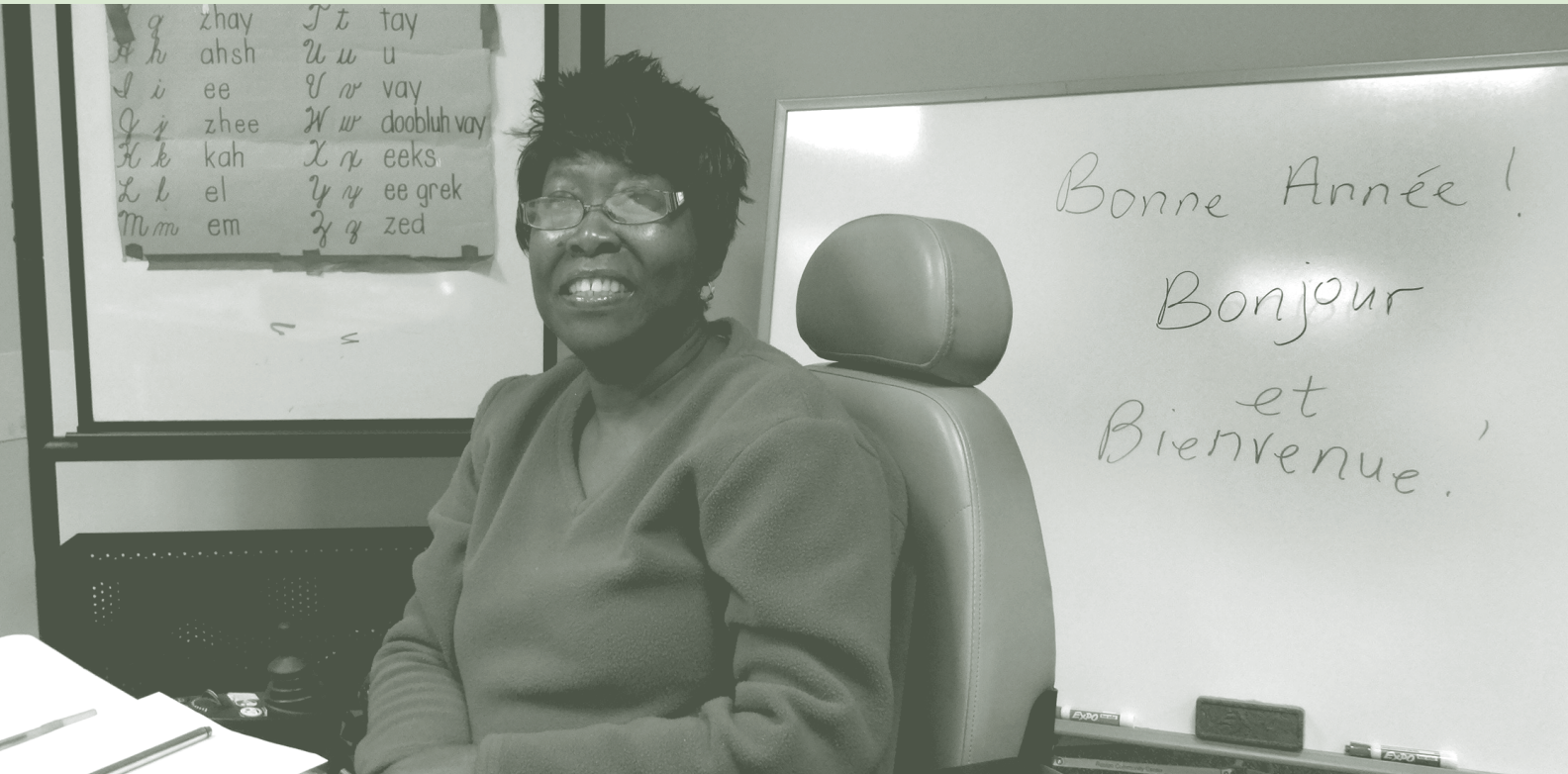
Solar ovens use sunlight as an energy source to slow cook or warm foods outdoors without the aid of electricity or other fuel sources. Join us for a solar oven demonstration and build a simple oven to take home for your yard or next camping trip. All supplies and recipes provided. This program is jointly produced by RCC and RA. Registration is required by June 4 and a \$7/\$9 (RA Member/Non-Member) is payable upon entry to the Walker Nature Center, located at 11450 Glade Drive, Reston.

1, 2-hour session at Walker Nature Center
\$7 (RA)/\$9 (Non-RA) Payable at Nature Center. • Staff

June 7

803059-6A Sun 2:00 p.m. – 4:00 p.m.

LANGUAGE LEARNING



AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

Conversational French

(18 years and older)

Sharpen your conversational French skills and meet new friends who share your deep appreciation for the language. New participants are always welcome and encouraged to attend. Participants are required to sign in at each meeting.

12, 3-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

June 3 – August 19

Drop-in Wed

6:00 p.m. – 9:00 p.m.

French for Beginners I

(18 years and older)

This class is for anyone who has ever had an interest in learning the beautiful French language but may have felt intimidated or just didn't have the time to commit. In this class, students will learn basic communication skills they can use when traveling in Paris, Montreal, the lovely island of Martinique, or anywhere that French is the dominant language. Students will learn useful vocabulary and expressions for greeting someone in French, for making a purchase, and eating out at a restaurant. No prior knowledge or experience in French is necessary.

8, 1.5-hour sessions at RCC Hunters Woods

\$55 (R)/\$110 (NR) • Elder

July 11 – August 29

105135-6A Sat

2:30 p.m. – 4:00 p.m.



RCC PRICING

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French for Beginners II

(18 years and older)

This class is designed for students who have taken French for Beginners I. Students who have some knowledge of French at the beginners' level are also welcome. We will review and reinforce proper pronunciation and useful expressions learned in level one to give students a stronger grasp of the language. We will also continue our focus on the spoken word and on French culture. We will put special emphasis on subjects like the weather, the seasons and telling time among others.

8, 1.5-hour sessions at RCC Hunters Woods
\$55 (R)/\$110 (NR) • Elder

July 11 – August 29

105138-6A Sat 4:30 p.m. – 6:00 p.m.

Japanese Conversation and Culture Club

(18 years and older)

This club allows participants to brush up on their Japanese conversation skills and to socialize in Japanese. The club will make traditional Japanese crafts and foods. All instruction will be in Japanese. Participants are required to sign in at each meeting. This group will meet on the third Saturday of the month.

3, 1.5-hour sessions at RCC Hunters Woods
Free, Drop-in • Gallas

June 20, July 18, August 15

Drop-in Sat 1:00 p.m. – 2:30 p.m.

Spanish for Beginners I

(18 years and older)

This class is designed for the novice speaker with no previous classroom or workplace learning or experience speaking Spanish. Participants will be introduced to the language and culture through the use of fun, authentic materials and will learn basic communication skills.

8, 2-hour sessions at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Lenigan

July 7 – August 25

102357-6A Tue 7:00 p.m. – 9:00 p.m.

Spanish for Beginners II

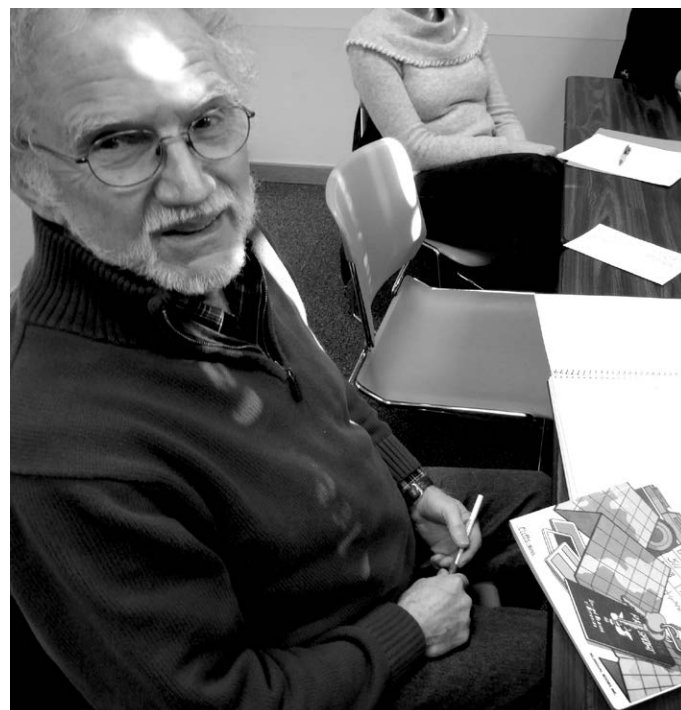
(18 years and older)

Students will further their Spanish learning and exposure to the cultures and countries that form the Hispanic world. This class is designed for those who have some knowledge of the Spanish language, regardless of whether it was learned in high school, college, or beyond. Start by reviewing basic vocabulary, communicative structures, and verb conjugations; then learn new ones through motivating and practical topics and activities. Students will play games and watch fun Spanish videos pertaining to travel, culture, music, and film.

8, 2-hour sessions at RCC Hunters Woods
\$70 (R)/\$140 (NR) • Lenigan

July 9 – August 27

104007-6A Thu 7:00 p.m. – 9:00 p.m.



PERFORMING ARTS



Dance

Please Note: Proof of age may be requested. Participants must meet minimum age requirements by the first day of class. RCC dance classes are open to all persons with disabilities.

Dress Requirements: Loose comfortable clothing and soft flexible shoes. Ideally, participants should wear a leotard and tights with jazz or ballet shoes.

Class Observation Policy: Parents/guardians of students enrolled in RCC dance classes are welcome to attend the first class session to observe teaching methods and the instructional environment. After the first class, we ask that the students be dropped off and picked up at the entrance to the dance studio. The instructor will schedule a final class demonstration that parents/guardians will be invited to attend.

Ballet Basics I

(4 – 6 years old)

Beginners will learn basic positions, terminology, and barre technique.

4, 60-minute sessions at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Staff

June 2 – June 23

402402-5D Tue

4:45 p.m. – 5:45 p.m.

Ballet Combo

(4 – 6 years old)

Students who have taken Pre Ballet or Ballet Basics and want to learn more challenging ballet techniques as well as explore creative movement styles will love this class.

4, 60-minute sessions at RCC Hunters Woods

\$30 (R)/\$60 (NR) • Staff

June 3 – June 24

402414-5G Wed

4:15 p.m. – 5:15 p.m.

June 6 – June 27

402414-5H Sat

11:00 a.m. – 12:00 p.m.

Creative Dance

(3 – 4 years old)

Students will learn listening and cooperation skills while exploring creative movement to upbeat music.

4, 30-minute sessions at RCC Hunters Woods

\$20 (R)/\$40 (NR) • Staff

June 2 – June 23

402404-5G Tue

3:30 p.m. – 4:00 p.m.

June 6 – June 27

402404-5H Sat

9:45 a.m. – 10:15 a.m.



Pre Ballet

(3 – 4 years old)

Students will learn to take direction, identify rhythms, and perform first and second positions and demi-plies. Students must be the minimum age required by the first day of class. Proof of age may be requested.

4, 45-minute sessions at RCC Hunters Woods
\$25 (R)/\$50 (NR) • Staff

June 2 – June 23

402400-5J Tue 4:00 p.m. – 4:45 p.m.

June 6 – June 27

402400-5K Sat 9:00 a.m. – 9:45 a.m.

June 6 – June 27

402400-5L Sat 10:15 a.m. – 11:00 a.m.

Storybook Ballet

(3 – 4 years old)

Students will read a ballet story and then express themselves using basic ballet skills and creative dance movements.

4, 45-minute sessions at RCC Hunters Woods
\$25 (R)/\$50 (NR) • Staff

June 3 – June 24

402413-5D Wed 3:30 p.m. – 4:45 p.m.

Music

Music Friends

(Infant – 5 years old)

Come join friends for an exploration of music and the world around us through singing, movement and instrument play. Parent/care-giver must remain in the classroom. Participating children must be registered.

4, 45-minute sessions at RCC Hunters Woods
\$25 (R)/\$50 (NR) • Zucker

June 4 – June 25

404220-5S Thu 9:45 a.m. – 10:30 a.m.

June 4 – June 25

404220-5T Thu 10:45 a.m. – 11:30 a.m.

June 4 – June 25

404220-5U Thu 11:45 a.m. – 12:30 p.m.

June 5 – June 26

404220-5V Fri 9:45 a.m. – 10:30 a.m.

June 5 – June 26

404220-5W Fri 10:45 a.m. – 11:30 a.m.

June 5 – June 26

404220-5X Fri 11:45 a.m. – 12:30 p.m.

AVOID WAITLISTS/CANCELLATIONS

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SOCIAL PROGRAMS



Beautiful Butterflies

(3 – 5 years old)

Butterflies flutter with colorful wings at the Walker Nature Center, located at 11450 Glade Drive, Reston. For directions, call 703-476-9689. Explore the gardens to see how many delightful creatures can be found. Discover the wonder of how they change from a caterpillar to a butterfly, and make a butterfly craft to hang at home. Wear sturdy walking shoes and clothes that can get dirty. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must register.

1, 60-minute session at Walker Nature Center

\$5 (R)/\$10 (NR) • Haneline

June 11

902937-6A

Thu

10:00 a.m. – 11:00 a.m.

Checkers

(12 years and older)

Enjoy a panoramic view of Lake Anne while playing checkers. RCC has several sets of checkers that patrons may borrow if they wish to play on the permanent, stone tables outside around Lake Anne. Simply visit RCC Lake Anne Customer Service Desk to check out a set.

RCC Lake Anne Customer Service Desk

Free, Drop-in • Staff

July 1 – August 14

Drop-in

Daily

9:00 a.m. – 8:00 p.m.

Country Western Dance

(18 years and older)

Line dance, two-step, shuffle and swing the night away to popular country/western tunes played by RCC's DJ. Dances are held monthly in the Community Room, which offers a spacious wooden dance floor and a smoke-free environment. Refreshments will be provided. No square or contra dancing, please. Ticket admission purchased at the door. For more information, please contact the Adult & Fitness Program Director at 703-390-6159.

4, 3-hour sessions at RCC Hunters Woods

\$5 (R)/\$10 (NR) • Takacs

May 3, June 7, July 5, August 2

Drop-in

Sun

6:30 p.m. – 9:30 p.m.

Drop-in Chess Club

(5 years and older)

Join RCC's chess club to meet new partners and build skills. Participants of any age and skill level are welcomed. Players may drop in anytime during our weekly meetings. Children under the age of 8 must be supervised by an adult (age 18 or older). There is no fee, but sign-in is required at the start of each meeting.

12, 3-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

June 4 – August 20

Drop-in

Thu

6:30 p.m. – 9:30 p.m.

Ducky Days

(2 – 3 years old)

Quack, quack. Come join the duckling parade at the Walker Nature Center, located at 11450 Glade Drive, Reston. For directions, call 703-476-9689. Learn why male mallards are brightly colored and how mother ducks care for their young. Waddle like a duck and make a “ducky” craft. If the weather is pleasant, prepare for a hike. Wear sturdy walking shoes and clothes that can get dirty. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

1, 60-minute session at Walker Nature Center
\$5 (R)/\$10 (NR) • Haneline

June 2

902936-5A Tue 10:00 a.m. – 11:00 a.m.

Kids’ Night Out

(3 – 9 years old)

Kids’ Night Out I and Kids’ Night Out II are now combined in order to provide fun-filled, supervised activities for children in a wider age range enabling their parents to treat themselves to an evening of fun or relaxation. Children may enjoy arts and crafts, movies, games, dancing and sports. In addition, cheese pizza will be served for dinner, as well as snacks and drinks to enjoy afterwards. Children are encouraged to dress for play. Please note that participants must be toilet-trained. Registration deadline is Wednesday prior to the event. Cost is per session.

1, 3.5-hour session at RCC Hunters Woods
\$20 (R)/\$40 (NR) • Ali

June 5

902106-5S Fri 6:30 p.m. – 10:00 p.m.

July 10

902106-6A Fri 6:30 p.m. – 10:00 p.m.

August 7

902106-6B Fri 6:30 p.m. – 10:00 p.m.

Singles Mingle Book Club

(30 years and older)

RCC Singles Mingle is a free social group for unmarried adults, ages 30 and older, living or working in the greater Reston area. Membership is free, however, registration for some activities may be required. Email RCCSinglesMingle@fairfaxcounty.gov to join the mailing list. Remember, Singles Mingle is for unmarried adults ages 30 and older. Join our mailing list to stay updated on all upcoming events.

The group will meet at RCC Hunters Woods on the last Sunday of each month. If you are new to the group, please email RCCSinglesMingle@fairfaxcounty.gov for more information. No fee or registration is required. Please sign in at each meeting. Please note

that the August meeting will be held on August 16. The summer book selections are as follows:

June: *An Invisible Thread* By Laura Schroff

July: *Dark Places* By Gillian Flynn

August: *What She Left Behind* By Ellen Marie Wiseman

1, 1.5-hour session at RCC Hunters Woods
Free, Drop-in • Carter

June 28, July 26, August 16

Drop-in Sun 4:00 p.m. – 5:30 p.m.

Tot Time

(Infant – 4 years old)

Tot Time is an unstructured, drop-in play group that encourages parents to socialize with one another while their children become acquainted. Toys, games, books, and music are provided. Parent/guardian must fully participate in the activities. This program is not appropriate for children older than the advertised age range. Please note: Tot Time will take place at RCC Hunters Woods on Tuesdays and Thursdays during the month of June, and at RCC Lake Anne on Tuesdays and Fridays through July and August.

6, 1.5-hour sessions at RCC Hunters Woods
Free, Drop-in • Ali

June 9 – June 25

Drop-in Tue, Thu 9:30 a.m. – 11:00 a.m.

14, 1.5-hour sessions at RCC Lake Anne
Free, Drop-in • Ali

July 7 – August 21

Drop-in Tue, Fri 9:30 a.m. – 11:00 a.m.

Wolf Trap Farm Park

(3 – 9 years old)

This trip is designed for children ages 3 through 9. Nestled in a beautiful setting, Wolf Trap Farm Park offers families the opportunity to see live performances in the outdoor theatre, many of which may include music, dance, puppetry, and storytelling. Wolf Trap Farm Park is located at 1551 Trap Road, Vienna. For directions, please call 703-255-1900. Participants will enjoy a family-friendly performance at 10:30 a.m. Please note that there is a 10-minute walk from the parking lot to the theatre venue, so it is advisable to arrive by 10:15 a.m. Participants will meet RCC staff at the bridge to pick up tickets. Parent/caregiver must fully participate in the program. This activity is not appropriate for children younger than the advertised age range. Parents and children must register.

1, 2-hour session at Wolf Trap Farm Park
\$6 (R)/\$12 (NR) • Haneline

August 6

902032-6A Thu 10:00 a.m. – 12:00 p.m.

TRIPS & TOURS

Atlantic City, New Jersey

(21 years and older)

Listed as one of America's best boardwalks by *Forbes Traveler*, Atlantic City is renowned for its vistas and attractions; take a stroll and visit the many venues including antique shops, cultural activities, piers, amusements, trolley tours and dining establishments. Weather permitting, take advantage of the long stretch of beach and soak up the sun or just enjoy the surf and sand. There is a casino venue drop-off to satisfy gaming enthusiasts. The casino destination and coin rebates will be determined closer to the time of the trip. Patrons entering the casino must be at least 21 years old. Fee includes transportation, coin rebate, and a tour coordinator.

6:00 a.m. – Check-in at RCC Hunters Woods

11:00 p.m. – Estimated return to Reston

1, 17-hour trip

\$50 (R)/\$100 (NR) • Staff

July 18

804013-6A Sat 6:00 a.m. – 11:00 p.m.

Day at Ocean City Beach

(6 years and older)

Visit Ocean City, MD on another exciting RCC family adventure. Enjoy the boardwalk or just relax and soak in the sun. Participants will be on their own throughout the day and must bring money for lunch and dinner. All participants must register and children under the age of 18 must be accompanied by an adult guardian. Fee includes transportation and trip coordinators.

6:00 a.m. – Check-in at RCC Hunters Woods

11:00 p.m. – Estimated return to Reston

1, 17-hour trip

\$30 (R)/\$60 (NR) • Staff

August 29

804841-6A Sat 6:00 a.m. – 11:00 p.m.

Kings Dominion Trip

(13 – 18 years old)

Teens, spend a day at Kings Dominion with friends, along with Reston Community Center and Reston Association. Parents, please be advised that although this trip is chaperoned, participants will be on their own in the park but required to check-in several times during the day. Fee includes amusement park admission, transportation, and trip coordinators. Participants must bring money for lunch and dinner. Middle and high school students only.

7:00 a.m. – Check-in at RCC Hunters Woods

11:00 p.m. – Estimated return to Reston

1, 16-hour trip

\$30 (R)/\$60 (NR) • Staff

August 15

806003-6A Sat 7:00 a.m. – 11:00 p.m.

GENERAL INFORMATION

Unless otherwise stated, luxury charter buses equipped with a bathroom will be used for all trips. A rest stop will be made for trips with travel times of three hours or longer.

Cancellations: Please see our cancellation/refund policy on page 91.

Children: If eligible for participation, children must be accompanied by an adult as indicated.

Departure and Arrival: Unless otherwise noted, departures occur from and return to RCC Hunters Woods.

Emergency Forms: Prior to the trip, you will receive an itinerary and an emergency form. Please complete the form and bring it with you on the day of the trip.

ADA Accommodations: Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice.

To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

VISUAL ARTS



Acrylic Painting with Collage

(16 years and older)

This class will explore the use of collage elements with acrylic painting techniques. This class will be geared toward beginners but all skill levels are welcome. A supply list will be provided prior to the first class.

4, 3-hour sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Lopes

August 17 – August 26

402619-6A Mon, Wed

7:00 p.m. – 10:00 p.m.

Drawing with Pastels

(16 years and older)

Learn the fundamentals of creating with soft pastels. The class will be geared for beginners but all levels of experience are welcome. A supply list will be provided prior to the first class.

4, 3-hour sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Lopes

June 9 – June 18

402460-5B Tue, Thu

7:00 p.m. – 10:00 p.m.

Drawing 101

(18 years and older)

This class is designed to improve observational drawing skills and is suitable for all levels of experience. Working with pencil and charcoal, students will learn to use line, value, gesture and perspective. A supply list will be provided prior to the first class.

6, 2-hour sessions at RCC Lake Anne

\$60 (R)/\$120 (NR) • Zahid

June 3 – July 8

402614-5B Wed

4:00 p.m. – 6:00 p.m.

Fused Elements for Mosaics and Stained Glass

(16 years and older)

Combine your love of warm and cold glass techniques and add zest to your projects with fused elements. Learn how to design and 'build' cabochons and other glass shapes using special fusing glass including stringers, frit and confetti. Supplies are included in the class fee.

1, 3-hour session at RCC Hunters Woods

\$80 (R)/\$160 (NR) • Damron

August 12

402624-6A Wed

6:30 p.m. – 9:30 p.m.

Fused Glass

(18 years and older)

This class will cover the basics of glass fusing. Full use of manual and machine glass cutting and shaping tools will be made available. Glass, adhesives and bails are included for several projects. Students who own their own molds may create slumped pieces. All work will be fired offsite after the last class and will be available to be picked up at a later date. All supplies included in class fee.

1, 3-hour session at RCC Hunters Woods

\$85 (R)/\$170 (NR) • Damron

August 12

405163-6A Wed 10:00 a.m. – 1:00 p.m.

August 19

405163-6B Wed 6:30 p.m. – 9:30 p.m.

Making Pottery Without the Wheel

(16 years and older)

If you think hand building is pinch pots for kindergarteners, be surprised by the sophisticated array of work that goes beyond the wheel. Learn age-old techniques that are the foundations of functional and decorative ceramic art.

6, 2.5-hour sessions at RCC Lake Anne

\$90 (R)/\$180 (NR) • Staff

June 10 – July 15

402616-6A Wed 7:00 p.m. – 9:30 p.m.

Micromosaic Jewelry

(16 years and older)

Create a beautiful groutless mosaic jewelry piece using real millefiori and specialty glass from Italy. Previous mosaic experience recommended.

1, 3-hour session at RCC Hunters Woods

\$65 (R)/\$130 (NR) • Damron

August 19

402623-6A Wed 1:00 p.m. – 4:00 p.m.

RCC PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC's commitment to price within a range that both acknowledges the special tax paid by Reston for RCC offerings and facilities and our competitive context of other similar public agencies that offer like programs. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

Mosaic Art

(18 years and older)

Mosaics are one of the original art forms and pieces can be made to last for centuries. Choose between several exciting projects, levels from beginner through expert, or bring in your own unique project (with instructor approval). Use of tools and materials included to complete one beginner or intermediate level project. Additional projects and expert level projects may require additional tools or materials. All mosaic methods taught in this class.

4, 3-hour sessions at RCC Hunters Woods

\$120 (R)/\$240 (NR) • Damron

June 3 – June 24

404040-5F Wed 10:00 a.m. – 1:00 p.m.

July 8 – July 29

404040-6A Wed 6:30 p.m. – 9:30 p.m.

Oil Pastel Studio

(18 years and older)

Participants of all skill levels will enjoy this exploration of oil pastels in a studio workshop setting. A supply list will be provided prior to the first class.

4, 3-hour sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Lopes

July 21 – July 30

402424-6A Tue, Thu 7:00 p.m. – 10:00 p.m.

Painting with Oil and Acrylic

(16 years and older)

Explore the creative potential of using oil or acrylic paint. This class is designed for all skill levels in a studio workshop setting. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne

\$60 (R)/\$120 (NR) • Coulter-Blehert

July 8 – August 12

402483-6A Wed 7:00 p.m. – 10:00 p.m.

Portraits in Charcoal

(16 years and older)

This class is designed for the beginner, but all skill levels are welcome. The class will explore the art of drawing people in the exciting medium of charcoal. Basic hints and problem solving techniques will be covered by looking at the masters and contemporary artists. A supply list will be provided prior to the first class.

4, 3-hour sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Lopes

June 22 – July 1

402411-5A Mon, Wed 7:00 p.m. – 10:00 p.m.

Remixed Media Project: Prayer Flag

(16 years and older)

In this modern spin on traditional Tibetan prayer flags, participants paint, stencil, and stamp over a series of pre-dyed drill cloth panels. After adding an intention to each flag with markers and paint, they will further personalize their designs with hand-sewn embellishments. The flags are then strung on hemp cord in a series. Although they are called "prayer flags," they are nondenominational – participants can completely customize them however they wish. Prayer flags are made for a variety of reasons: to honor a loved one, to recognize a milestone, to include affirmations that could be displayed at home, or simply as a fun art meditation to channel creative energy. All supplies included in class fee.

3, 2-hour sessions at RCC Lake Anne

\$75 (R)/\$150 (NR) • Mullarkey

August 6 – August 20

402622-6A Thu 4:00 p.m. – 6:00 p.m.

Remixed Media Project: Painted Art Quilt

(16 years and older)

Let go and have fun as you create a mural (or a series of mini murals) on fabric. View everyday objects in a new light as you use them as art tools to create rich layers through painting, stenciling, monoprinting, stamping, and doodling onto muslin. Participants can display their finished project as a whole in the form of an art quilt or wallhanging, or cut it up to use in future mixed-media projects. Supply list of a few basic items will be provided prior to start of the first class.

3, 2-hour sessions at RCC Lake Anne

\$65 (R)/\$130 (NR) • Mullarkey

July 29 – August 12

402621-6A Wed 4:00 p.m. – 6:00 p.m.

Remixed Media Project: Silk Scarves

(16 years and older)

Participants will create personalized pieces of original, wearable art by painting, stenciling, stamping, and doodling onto blank habotai silk scarves. All supplies are included in the class fee.

2, 2-hour sessions at RCC Lake Anne

\$80 (R)/\$160 (NR) • Mullarkey

July 21 – July 23

402620-6A Tue, Thu 4:00 p.m. – 6:00 p.m.

Sculpture I

(18 years and older)

This course is designed for beginner through advanced students interested in learning or honing skills in three-dimensional expression. The techniques taught will be tailored to individual skill levels and will include, but will not be limited to, sculptural basics such as positive and negative space, sweep, formal sculptural relationships, and observation. Class fee includes 25 lbs. of clay, firing and glazes and three 1-hour visits to the open studio. Supplies will be discussed during the first class.

6, 2.5-hour sessions at RCC Lake Anne

\$90 (R)/\$180 (NR) • Staff

June 8 – July 13

402500-6A Mon 10:00 a.m. – 12:30 p.m.

June 9 – July 14

402500-6B Tue 7:00 p.m. – 9:30 p.m.

Stained Glass

(18 years and older)

Create your own stained glass panel from our beautiful cathedral and art glass collection. Full use of hand and machine cutting and shaping tools will be included. The copper foil method will be taught, as well as how to cut and shape your glass with accuracy. Skill level: beginner to intermediate. All supplies included in class fee.

4, 3-hour sessions at RCC Hunters Woods

\$120 (R)/\$240 (NR) • Damron

June 3 – June 24

405092-5E Wed 6:30 p.m. – 9:30 p.m.

OPEN STAINED GLASS LAB

Open Stained Glass Lab

(18 years and older)

Stained glass and stained glass mosaic enthusiasts are encouraged to participate in RCC's monthly Open Stained Glass Lab. Lab is held in the Woodshop on the first and third Sunday of the month and is facilitated by the Stained Glass instructor. Participants working independently on projects must bring the necessary materials or make arrangements with the lab supervisor beforehand. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

RCC Hunters Woods • Damron

\$10 (R)/\$20 (NR)

June 7 – August 16

Drop-in 1st & 3rd Sun 1:30 p.m. – 5:30 p.m.



TGIF: Free Fridays

(All Ages)

Thank GRACE, it's Friday! Greater Reston Arts Center opens its doors for an evening of family art making, dramatic storytelling and exploration in the gallery that promises to excite the senses while strengthening art literacy and looking skills. This program is developed in partnership with Greater Reston Arts Center, who will lead creative arts workshops for each event. The Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston.

**1, 2-hour session at Greater Reston Arts Center
Free, Registration Req. • Greater Reston Arts Center**

June 5

402549-5I

Fri

5:00 p.m. – 7:00 p.m.

Watercolor Studio

(16 years and older)

Whether you are a beginner or a more experienced painter, join instructor Arnold Lopes for this watercolor studio and explore your own creativity by working on individual projects and contributing to group discussions. A supply list will be provided prior to the first class.

**4, 3-hour sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Lopes**

August 4 – August 13

402441-6A

Tue, Thu

7:00 p.m. – 10:00 p.m.

Summer Sketch Book: Drawing African Animals in Pencil

(16 years and older)

Introduction to the fundamentals of pencil drawing of animals both big and small of the African wild. This class is geared toward beginners but all skill levels are welcome. A supply list will be provided prior to start of class.

**4, 3-hour sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Lopes**

June 8 – June 17

402617-5A

Mon, Wed

7:00 p.m. – 10:00 p.m.

Summer Sketch Book: Drawing Cats and Dogs

(16 years and older)

Introduction to the fundamentals of pencil drawing concentrating on cats and dogs. This class is geared toward beginners but all skill levels are welcome. A supply list will be provided prior to start of class.

**4, 3-hour sessions at RCC Lake Anne
\$45 (R)/\$90 (NR) • Lopes**

July 7 – July 16

402618-6A

Tue, Thu

7:00 p.m. – 10:00 p.m.



Wheel I

(16 years and older)

Learn how to work with clay and master simple pinch forms, wedging, centering, and throwing bowls "off the hump." Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits.

A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne**\$90 (R)/\$180 (NR) • Joder****June 11 – July 16**

402462-6A Thu 10:00 a.m. – 12:30 p.m.

6, 2.5-hour sessions at RCC Lake Anne**\$90 (R)/\$180 (NR) • Saltzman****June 11 – July 16**

402462-6B Thu 7:00 p.m. – 9:30 p.m.

Wheel II

(16 years and older)

This course will cover review and refinement of basic throwing skills. Students must know how to center. In this course, students will move from the beginning to the intermediate level. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne**\$90 (R)/\$180 (NR) • Alexander****June 8 – July 13**

404210-6A Mon 7:00 p.m. – 9:30 p.m.

6, 2.5-hour sessions at RCC Lake Anne**\$90 (R)/\$180 (NR) • Anderson****June 12 – July 24 (No Class July 3)**

404210-6B Fri 10:00 a.m. – 12:30 p.m.

Wheel III

(16 years and older)

Students will focus on refining basic throwing skills and personal style. Prerequisites include being able to wedge, center, and throw an eight-inch (approximately) bowl and cylinder. Some hand-building will be incorporated. Class fee includes 25 lbs. of clay, firing and glazes, and three 1-hour open ceramic studio visits.

6, 2.5-hour sessions at RCC Lake Anne**\$90 (R)/\$180 (NR) • Cordyack****June 9 – July 14**

402463-6A Tue 10:00 a.m. – 12:30 p.m.

June 9 – July 14

402463-6B Tue 7:00 p.m. – 9:30 p.m.

OPEN CERAMICS STUDIO**Open Ceramics Studio**

(16 years and older)

The public is invited to use RCC's Ceramic Studio. Reservations are not required. The RCC Ceramics Studio will be closed Saturday, July 4, reopening July 8 and closed August 26 – September 9, reopening on September 12. Ceramics Studio hours are Wednesday 10:00 a.m. – 2:00 p.m. and Saturday 1:00 p.m. – 5:00 p.m. Please check the Ceramics Studio calendar for additional studio times or closures.

RCC Lake Anne • Staff**Each pass visit is one hour.****The fee includes firing and glazes.****Clay cost is \$15 – \$20 for 25 pounds.****\$15 (R)/\$30 (NR) Drop-in****\$36 (R)/\$72 (NR) 12-Visit Pass****June 3 – August 29**

Drop-in	Wed	10:00 a.m. – 2:00 p.m.
Drop-in	Sat	1:00 p.m. – 5:00 p.m.

**AVOID WAITLISTS/CANCELLATIONS**

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

WOODWORKING



Level I Beginner: Easy project with basic skill development.

Level II Intermediate: More challenging project that develops advanced skills. Student should have completed at least two Beginner level classes.

Level III Advanced: Difficult project; will challenge the Level II Intermediate student.

Basic Hand Tools

(18 years and older)

Through building a few simple projects in this introductory course, students will learn the proper use of hand tools, Therefore, becoming a better woodworker while reducing noise and dust. Safety is a primary concern and is covered in detail for each tool. Students can apply for the skills learned in this course to build a project of their choosing during the "Open Shop" hours. All supplies and materials are included in the class fee. Students must provide their own safety equipment which include eye, noise and dust protection for the course. Level I Beginner.

Supply Fee: \$25 • Class Fee: \$110 (R)/\$220 (NR)

**4, 3-hour sessions at RCC Hunters Woods
\$135 (R)/\$245 (NR) • Ingram**

August 7 – August 28

102381-6A Fri

6:30 PM – 9:30 PM

Basic Machine Tools

(18 years and older)

Students learn to use shop tools by building a simple project. Through building a simple project in this introductory course, students learn the use of many of the more common power tools available in the RCC woodshop. Safety is a primary concern and is covered in detail for each tool. Students can then apply the skills learned in this course to build a project of their choosing during the RCC "Open Shop" hours. All supplies and materials are included in the class fee. Students must provide their own safety equipment (eye, ear and dust protection) for the course.

Level I Beginner.

Supply Fee: \$30 • Class Fee: \$110 (R)/\$220 (NR)

**4, 3-hour sessions at RCC Hunters Woods
\$140 (R)/\$250 (NR) • Ingram**

August 3 – August 24

105561-6A Mon

6:30 p.m. – 9:30 p.m.

DID YOU KNOW?

55+ patrons receive a 20 percent discount on Adult Classes.

OPEN WOODSHOP

Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer, and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk. Please note, there are no Friday Open Woodshop sessions during the summer.

RCC Hunters Woods • Staff

\$7 (R)/\$14 (NR) Tue

\$12 (R)/\$24 (NR) Sat

June 2 – August 18

Drop-in Tue 6:00 p.m. – 10:00 p.m.

June 6 – August 15 (No Class: July 4)

Drop-in Sat 9:00 a.m. – 5:00 p.m.

Basic Router Skills

(18 years and older)

In this class, learn how to use a hand-held and table-mounted router safely and effectively. Topics that will be covered include:

- Purchasing your first router
- Router bit selection
- Rabbits and Dados
- Edge treatments and moldings
- Mortise and Dovetail jigs
- Pattern routing

All supplies and materials are included in the class fee. Students must provide their own safety equipment, which includes eye, noise, and dust protection for the course. Level I Beginner.

Supply Fee: \$30 • Class Fee: \$110 (R)/\$220 (NR)

4, 3-hour sessions at RCC Hunters Woods

\$140 (R)/\$250 (NR) • Harrington

August 6 – August 27

105562-6A Thu 6:30 p.m. – 9:30 p.m.

Blind Pin Hinge Box

(18 years and older)

Learn the skills necessary to make a blind pin hinge box. The contrasting colors of wood and curves of the carcass with tapered legs give the box an oriental look. This box is designed to increase your use and skill with assembly and floating tenons. In the process of making your wooden box, you will further develop skills in shaping and fitting of parts. This project will develop a foundation that will

allow you to continue to increase your hand tool skills and complete more complex projects in the future. All supplies and materials are included in the class fee. Students must provide their own safety equipment which include eye, noise and dust protection for the course. Level II Intermediate.

Supply Fee: \$40 • Class Fee: \$110 (R)/\$220 (NR)

4, 3-hour sessions at RCC Hunters Woods

\$150 (R)/\$260 (NR) • Church

July 6 – July 27

103340-6A Mon 6:30 p.m. – 9:30 p.m.

Joinery

(18 years and older)

Learn how to make the most commonly used joints in woodworking using both hand and machine tool techniques. The course will cover the Rabbet, Dado, Shiplap, Mortise and Tenon, and Dovetail joints. Layout, wood orientation and wood movement considerations, along with the appropriate techniques, will be covered with ample opportunity to practice each joint. All supplies and materials are included in the class fee. Students must provide their own safety equipment which include eye, noise and dust protection for the course. Level II Intermediate.

Supply Fee: \$35 • Class Fee: \$110 (R)/\$220 (NR)

4, 3-hour sessions at RCC Hunters Woods

\$145 (R)/\$255 (NR) • Ingram

July 10 – July 31

105511-6A Fri 6:30 p.m. – 9:30 p.m.

Picture Frame Making

(18 years and older)

Even beginning woodworkers can get professional results following a few easy to learn techniques and using simple jigs. Students will learn how to build and use the specialized jigs needed to make a frame and will create and assemble the frames from ready-made and shop-made moldings. Each student will have the option of building three standard-sized frames or three custom frames sized for their own artwork (32x32 inches or less). Students will provide their own mats, glass and backer board. Information on purchasing these supplies will be provided at the first class session. Please note: mat cutting and glass preparation will not be covered in this class. Students must provide their own safety equipment (eye, noise, and dust protection) for the course. Level II Intermediate.

Supply Fee: \$25 • Class Fee: \$135 (R)/\$270 (NR)

5, 3-hour sessions at RCC Hunters Woods

\$160 (R)/\$295 (NR) • Harrington

July 2 – July 30

103386-6A Thu 6:30 p.m. – 9:30 p.m.

55+ PROGRAMS



Computer

Selling on eBay

(55 years and older)

Have lots of great "stuff" in the garage or basement collecting dust? In this two-day beginner course, students will learn how to use eBay effectively to list items for sale, tend the auction, and finalize the sale with PayPal. Discover all the tips and tricks to maximize the online auction experience. Please have an item in mind to sell and a functional email address to use in class. It is helpful to have a PayPal account established prior to class.

2, 2.5-hour sessions at RCC Hunters Woods

\$36 (R)/\$72 (NR) • Livingston

June 1 – June 8

505500-5D

Mon

10:00 a.m. – 12:30 p.m.

Crafts

Knitting Circle

(55 years and older)

In this instructor led class, students can get help with a project, participate in a pattern or project show and tell, collaborate on a small social justice knitting project, or join a class-requested mini lesson. Participants should have basic knitting skills (cast on, knit, purl, bind off) and bring a project or a project idea to the first class.

6, 1.5-hour sessions at RCC Hunters Woods

\$16 (R)/\$32 (NR) • Richards

June 1 – June 22 (No Class June 15)

500204-5E

Mon, Wed

10:00 a.m. – 11:30 a.m.

55+ PATRONS

For more information on 55+ services in Reston and Fairfax County, please turn to page 7.



Discussion

Bookends

(55 years and older)

Bookends meets on the fourth Thursday of each month to engage in a lively discussion of a variety of books selected each season by Bookends participants - fiction, non-fiction, memoirs, history, and both classic and current titles. Bring a bag lunch; hot tea, coffee, and cookies are provided. Books are on reserve at the Reston Regional Library; please ask for the Bookends selection at the Checkout Desk. Please note that the summer Bookends sessions will be held at RCC Lake Anne.

June 25: *The Greater Journey: Americans in Paris* by David McCullough

July 23: *The Burgess Boys: A Novel* by Elizabeth Strout

August 27: *The Stonecutter* by Camilla Lackberg

3, 1.5-hour sessions at RCC Lake Anne

Free, Drop-in • Staff

June 25, July 23, August 27

Drop-in Thu 12:30 p.m. – 2:00 p.m.

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Current Issues Discussion Group

(55 years and older)

Interested in politics, how government works, world affairs or local events? Join this lively gathering and be prepared to debate and solve world and local problems. Newcomers are welcomed and encouraged to attend. Please note: beginning June 25, the sessions will be held at the Jo Ann Rose Gallery.

3, 1.5-hour sessions at RCC Hunters Woods

June 4 – June 18

10, 1.5-hour sessions at RCC Lake Anne

June 25 – August 27

Free, Drop-in • Staff

Drop-in Thu 10:30 a.m. – 12:00 p.m.

Reston Presents

A bi-monthly lecture and presentation series that highlights the multifaceted talents of Reston residents. Topics include anything from cooking demonstrations to stories from war veterans to book signings with local authors. Reston Presents is sponsored by Reston Association and Reston Community Center. All presentations are free. For more information, to learn about future programs, or to volunteer to be a presenter, please contact the RCC 55+ Program Director at 703-390-6157 or the Reston Association Special Events Director at 703-435-6577. 18 years and older.

REMEMBERING THE GREAT WAR

Monday, June 8 • 7:00 p.m. – 9:00 p.m.

RCC Lake Anne

Free • #500401-5A • Registration Required

Explore how our memories and understanding of war are shaped by music, literature, and film. Begun in idealism, the brutality of the first mechanized war shocked the nations and inspired some of the most acclaimed literature and music of the 20th century. Through readings, film clips, and narration, this program looks at the human experience of the events that continue to shape our history. Presented by historian Dr. Harry Butowsky and Dr. Sandra O'Connell, authors of *An American Family in World War II*.



Registration Begins

May 1 Reston • May 8 Non-Reston



Reston for a Lifetime

(18 years and older)

Reston for a Lifetime is a group of concerned citizens and organizations seeking to understand the needs and perceptions of Restonians and to help create solutions toward making Reston a great place to live for people of all ages and abilities. Specific areas of interest include: Neighbors Helping Neighbors, Identifying Trusted and Reliable Vendors, Transportation and Getting Around, Housing and Universal Design, and Safe Neighborhoods. For more information on the initiative and the upcoming meeting schedule, please email aginginreston@gmail.com or call 703-672-1116.

1, 2-hour session at RCC Hunters Woods

Free, Drop-in • Staff

June 18

Drop-in Thu 6:30 p.m. – 8:30 p.m.

Enrichment

Age in Place - Home Modifications

(55 years and older)

Learn the options available to seniors and others with mobility limitations to remain in their home and to be able to maintain their lifestyle. Three topics will be discussed: accommodations that can be installed or retrofitted into existing spaces; modifications and retrofits that can be made that do not require structural modifications or the installation of hardware; and modifications to habits and behaviors that facilitate mobility and safety.

1, 1.5-hour session at RCC Hunters Woods
\$5 (R)/\$10 (NR) • Quinn

June 10

500407-5A Wed 1:00 p.m. – 2:30 p.m.

Age in Place – Lighting to Accommodate the Aging Eye and Vision Disorders

(55 years and older)

This presentation will focus on how the eye ages and the measures that can be taken to mitigate the effects of aging upon vision. Topics to be covered include:

- Light
- The eye and the visual system
- Effects of aging
- Effects of visual disorders

Light sources having various spectral compositions, color rendering and light distribution will be demonstrated, and lighting design techniques to accommodate various vision disorders will be presented.

Michael Leite is a Registered Professional Engineer, and he is currently employed as a Test and Evaluation Engineer by DigiFlight, Inc., at the Naval Support Activity, Indian Head, MD. His experience includes indoor and outdoor lighting, low-level photometry, and marine lighting. His papers have been published by many professional societies. He holds a patent for optical waveguide technology.

1, 1.5-hour session at RCC Hunters Woods
\$5 (R)/\$10 (NR) • Leite

June 17

500408-5A Wed 1:00 p.m. – 2:30 p.m.

Decrease Telecom Costs

(55 years and older)

Want to explore ways to decrease landline, wireless and cable bills? In this highly informative class, discover new technologies like Roku, Aereo and Hulu. Learn how to get free HDTV, go wireless to help save money, and communicate via FaceTime and Google Voice in order to replace a landline phone.

1, 2.5-hour session at RCC Hunters Woods
\$15 (R)/\$30 (NR) • Livingston

June 15

500315-5B Mon 10:00 a.m. – 12:30 p.m.



Identity Theft Protection

(55 years and older)

Each year the number of seniors who are subject to identity theft increases. From Social Security numbers, credit cards, mail and phone fraud, online accounts and ATM skimming, thieves are after your information. This one-session class will demonstrate aspects of safeguarding your identity from paper records to electronic accounts. Participants will receive a checklist to use to review protection of critical information.

1, 2.5-hour session at RCC Hunters Woods

\$15 (R)/\$30 (NR) • O'Connell

June 8

500366-5B Mon 1:30 p.m. – 4:00 p.m.

Medicare 101

(55 years and older)

Medicare 101 training is for individuals who will soon be eligible for Medicare and who want to learn about their options. The session will provide an overview of the many components of Medicare: Part A (inpatient hospitalization/skilled nursing), Part B (outpatient hospital/doctors/labs/radiology), Part C (Medicare Advantage Plans), and Part D (prescription drugs), as well as how to cover the gaps in Medicare benefits through Medicare Supplement Plans.

Mari De Leon, Program Coordinator, and Howard Houghton of the Virginia Insurance Counseling and Assistance Program Department of Family Services, Adult and Aging Division, will guide participants through the complex system of filing for Medicare.

1, 2-hour session at RCC Hunters Woods

Free, Registration Req. • Houghton

June 16

500402-5A Tue 1:00 p.m. – 3:00 p.m.

Navigate the Silver Line

(55 years and older)

RCC has teamed up with Fairfax County Neighborhood and Community Services to offer a special 55+ class on how to use the Fairfax Connector Regional Bus System to travel to the new Silver Line Metro station. Participants will learn how to ride a Reston bus to the Silver Line where they will

learn how to determine the fare and to purchase Metrorail fare cards, load SmarTrip cards, read the system map, and board the trains to travel by rail.

July 8 – meet in the lobby at RCC Hunters Woods

July 31 – meet in the lobby at RCC Lake Anne

1, 3-hour session

Free, Registration Req. • Muhoro

July 8

500400-6A Wed 1:30 p.m. – 4:30 p.m.

July 31

500400-6B Fri 1:30 p.m. – 4:30 p.m.

Photography, Beyond Cameras

(55 years and older)

This class is an exploration of the creative process, what makes a photograph art. Photography isn't about cameras – the equipment and tools don't make the photograph. This class challenges us to look at photography differently; not through the use of the tools and equipment, the camera, but through the creative process – the art of photography. This class is taught by N. Taylor Gregg, a retired National Geographic Magazine Photography Editor.

1, 1.5-hour session at RCC Hunters Woods

\$12 (R)/\$24 (NR) • Gregg

June 1

500411-5A Mon 10:30 a.m. – 12:00 p.m.

TV Buying Tips

(55 years and older)

Learn about the features of digital televisions, the advantages and clarity of the newer technology, how to use a Smart TV to access the internet, how to determine what size is best, and the prices to expect. Information will be provided to steer consumers away from digital TVs being sold with old technology or undesirable features. The discussion will include antenna (free) and cable (subscription) options for receiving broadcast signals. There will be significant opportunity to ask questions.

1, 1.5-hour session at RCC Hunters Woods

Free, Registration Req. • Scott

June 18

500405-5A Thu 2:00 p.m. – 3:30 p.m.

Fitness & Wellness

Attention 55+ Drop-in Fitness Students:

Hi/Lo & Strength, Strength Training for Seniors, and Zumba Gold are offered as part of the Drop-in Seniorcize pass series. Participants must purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR), bring the pass to every class, and swipe it at the Customer Service Desk prior to the start of each class. All Seniorcize land aerobics passes expire two years from the date of purchase. **To ensure your safety, you must be present at the beginning of class. Anyone arriving more than few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.**

DROP-IN FITNESS CLASSES:

Hi/Lo & Strength

(55 years and older)

This comprehensive class includes a warm up and stretching session with 30 minutes of aerobics and 30 minutes of weight and resistance training. Bands and weights will be provided when necessary. Please purchase a 20-visit renewable pass for \$45 (R)/\$90(NR) and swipe it at the Customer Service Desk before class begins.

26, 60-minute sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Dantonio

June 1 – August 26

Pass Mon, Wed 10:00 a.m. – 11:00 a.m.

55+ PATRONS

Be sure to check out RCC's many educational programs on the environment and sustainable practices listed in the Green Living section on page 52.

Strength Training for Seniors

(55 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominal. Students will use tubes, weights and the stability ball during this hour-long class. The last 10 to 15 minutes is spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Please purchase a 20-visit renewable pass for \$45 (R)/\$90 (NR) and swipe it at the Customer Service desk before each class begins.

26, 60-minute sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Dantonio

June 2 – August 27

Pass Tue, Thu 9:00 a.m. – 10:00 a.m.

Zumba Gold

(55 years and older)

This course is specially designed for the active older adult by modifying the Zumba format, moves, and pacing to better suit the needs of the participant. What remains the same are all the fun elements that Zumba is known for: the zesty Latin music such as salsa, merengue, cumbia and reggaeton; the exhilarating easy to follow movements; and the invigorating, party-like atmosphere. Zumba Gold is the perfect fit for those seeking camaraderie, excitement and fitness as a regular part the week. Please purchase a 20-visit renewable pass for \$45 (R)/\$90(NR) and swipe it at the Customer Service desk before class begins.

13, 45-minute sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Staff

June 3 – August 26

Pass Wed 9:00 a.m. – 9:45 a.m.

12, 60-minute sessions at RCC Lake Anne

\$45 (R)/\$90 (NR) • Wiley

June 5 – August 28 (No Class: July 3)

Pass Fri 9:30 a.m. – 10:30 a.m.

55+ PATRONS

Register for any Fitness class on pages 48-51 and receive a 20 percent discount.

REGISTERED FITNESS CLASSES:

Fitness Fusion

(55 years and older)

Tone and firm the entire body while improving cardiovascular, strength and flexibility. This total body conditioning program combines fitness, yoga, Pilates and Tai Chi techniques to provide an efficient and enjoyable workout. Participants will utilize a mixture of equipment to keep the body guessing what comes next. This class will excite participants and keep them out of a fitness rut. Wear fitness shoes and clothing and bring water. Participants must be able to use a mat on the floor.

8, 60-minute sessions at RCC Lake Anne

\$44 (R)/\$88 (NR) • Beville

June 9 – July 2

300014-5F Tue, Thu 11:00 a.m. – 12:00 p.m.

July 21 – August 13

300014-6A Tue, Thu 11:00 a.m. – 12:00 p.m.

Gentle Yoga

(55 years and older)

This traditional yoga class, designed for senior adults, incorporates both stretching and strength postures while focusing on balance. Participants will enjoy increased strength, flexibility, balance, coordination, and energy in a gently challenging way. Participants should be able to use a mat on the floor. Please bring a blanket, pillow, or beach towel to class.

10, 60-minute sessions at RCC Lake Anne

\$50 (R)/\$100 (NR) • Hill

June 8 – July 8

304995-5K Mon, Wed 9:45 a.m. – 10:45 a.m.

10, 60-minute sessions at RCC Lake Anne

\$50 (R)/\$100 (NR) • Green

June 9 – July 9

304995-5L Tue, Thu 10:45 a.m. – 11:45 a.m.

10, 60-minute sessions at RCC Lake Anne

\$50 (R)/\$100 (NR) • Hill

July 20 – August 19

304995-6A Mon, Wed 9:45 a.m. – 10:45 a.m.

10, 60-minute sessions at RCC Lake Anne

\$50 (R)/\$100 (NR) • Green

July 21 – August 20

304995-6B Tue, Thu 10:45 a.m. – 11:45 a.m.



RCC PRICING

RCC reviews its pricing for programs and services annually. Increases in pricing reflect either increased costs or RCC’s commitment to price within a range that both acknowledges the special tax paid by Reston for RCC offerings and facilities and our competitive context of other similar public agencies that offer like programs. If you have any questions or concerns about particular fees, please let us know via RCCContact@fairfaxcounty.gov.

Gentle Yoga II

(55 years and older)

This class is a continuation of Gentle Yoga, designed for senior adults. Participants will be introduced to new poses and poses will be held longer to facilitate increased strength, flexibility or balance. Participants must have completed at least one session of Gentle Yoga or have instructor's permission to register. Participants should be able to use a mat on the floor. Please bring a blanket or large towel to class.

10, 60-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Hill

June 8 – July 8

398523-5C Mon, Wed 11:00 a.m. – 12:00 p.m.

10, 60-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Green

June 9 – July 9

398523-5D Tue, Thu 9:30 a.m. – 10:30 a.m.

10, 60-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Hill

July 20 – August 19

398523-6A Mon, Wed 11:00 a.m. – 12:00 p.m.

10, 60-minute sessions at RCC Lake Anne
\$50 (R)/\$100 (NR) • Green

July 21 – August 20

398523-6B Tue, Thu 9:30 a.m. – 10:30 a.m.

Joint-Friendly Fitness

(55 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear appropriate footwear.

10, 45-minute sessions at RCC Lake Anne
\$56 (R)/\$112 (NR) • Fletcher

June 1 – July 1

300129-5D Mon, Wed 12:00 p.m. – 12:45 p.m.

July 13 – August 12

300129-6A Mon, Wed 12:00 p.m. – 12:45 p.m.

Outdoor Fitness with Jody

(55 years and older)

A fun and challenging outdoor class that will include walking around Lake Anne while incorporating cardio, stretching, strengthening, and toning movements. Led by instructor Jody Rook, this class is sure to get your heart pumping while you enjoying the great outdoors. Participants must be comfortable walking up and down stairs and using a mat for floor exercises. Please wear appropriate athletic shoes and bring water.

6, 60-minute sessions at RCC Lake Anne
\$32 (R)/\$64 (NR) • Rook

June 5 – July 17 (No Class: July 3)

305029-5A Fri 10:00 a.m. – 11:00 a.m.

Strength & Conditioning

(55 years and older)

The class improves strength, stability and provides an extra fat burning edge by combining weights, calisthenics, plyometrics and core training set to music from the '60s and '70s. Designed for intermediate and advanced level students.

6, 60-minute sessions at RCC Lake Anne
\$30 (R)/\$60 (NR) • Wood

June 3 – July 8

300145-5F Wed 6:15 p.m. – 7:15 p.m.

July 22 – August 26

300145-6A Wed 6:15 p.m. – 7:15 p.m.

ATTENTION FITNESS STUDENTS

To ensure your safety, you must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.



Language Learning

Conversational English

(55 years and older)

This class is geared for senior students who are proficient in English but who would benefit from practicing conversational skills with other students in a friendly and supportive setting.

**8, 60-minute sessions at HW Fellowship House
Free, Registration Req. • Vogel**

June 9 – August 4 (No Class: June 30)

500399-5D Tue 11:00 a.m. – 12:00 p.m.

ESL I

(55 years and older)

This class will help non-English speaking students learn English in a friendly, supportive environment. A comprehensive lesson plan and handouts will be provided.

**8, 60-minute sessions HW Fellowship House
Free, Registration Req. • Vogel**

June 11 – August 6 (No Class: July 2)

505533-5D Thu 10:00 a.m. – 11:00 a.m.

ESL II

(55 years and older)

This class is designed for students who have already participated in a beginning level ESL class or who have rudimentary English skills. A comprehensive lesson plan and handouts will be provided.

**8, 60-minute sessions at HW Fellowship House
Free, Registration Req. • Vogel**

June 11 – August 6 (No Class: July 2)

505565-5D Thu 11:00 a.m. – 12:00 p.m.

ESL III

(55 years and older)

This class is for senior students who are more fluent in English but who would benefit from advanced grammatical studies and more attention to advanced conversational skills. Students will receive a comprehensive lesson plan and will focus on fine-tuning their speaking skills.

**8, 60-minute sessions at HW Fellowship House
Free, Registration Req. • Vogel**

June 9 – August 4 (No Class: June 30)

505534-5D Tue 10:00 a.m. – 11:00 a.m.

OLLI

Reston Community Center and Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to provide unique educational opportunities for those living and working in Reston. OLLI offers daytime courses, lectures, and special events, and the course leaders are often well-known experts in their fields who enjoy sharing knowledge. Several times a year, OLLI and RCC host collaborative programs at RCC Lake Anne. Non-OLLI members can register through RCC and participate at a reduced cost. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit www.oli.gmu.edu.

Social Security Planning for Boomers

(55 years and older)

The decisions made when applying for Social Security can have a tremendous impact on the amount of benefits received over a lifetime. Learn important rules that will help strategize the best way to collect retirement benefits. Participants will learn the five factors to know before applying for benefits, when it makes sense to delay benefits, the importance of checking the accuracy of benefits and how to estimate benefits, and how to coordinate spousal benefits and other forms of retirement income. The presenter, J. Michael May, a Chartered Financial Consultant and Chartered Life Underwriter and a frequent presenter at OLLI, has been helping seniors manage their finances for more than 30 years. This class is for educational purposes only; there will be no solicitation or obligations of attendees.

**1, 2-hour session at RCC Lake Anne
\$32 (R)/\$64 (NR) • May**

June 27

500329-5A Sat 10:00 a.m. – 12:00 p.m.

Social Programs

American Mah Jongg

(55 years and older)

American Mah Jongg is a fun, mentally stimulating game played with tiles rather than cards. This drop-in program is for experienced players. Please note: beginning on June 25, summer sessions will be held at RCC Lake Anne.

3, 2.5-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

June 4 – June 18

Drop-in Thu 9:30 a.m. – 12:00 p.m.

10, 2.5-hour sessions at RCC Lake Anne

Free, Drop-in • Staff

June 25 – August 27

Drop-in Thu 9:30 a.m. – 12:00 p.m.

Bridge Mondays

(55 years and older)

Intermediate and advanced level players are invited to join this enthusiastic group every Monday. Participants should bring lunch for a midday break.

13, 4-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

June 1 – August 24

Drop-in Mon 10:00 a.m. – 2:00 p.m.

Bridge Tuesdays

(55 years and older)

Intermediate and advanced level players are invited to join this enthusiastic group every Tuesday. Bring a lunch for an enjoyable midday break.

12, 2-hour sessions at RCC Lake Anne

Free, Drop-in • Staff

June 2 – August 25 (No Class: June 9)

Drop-in Tue 10:00 a.m. – 12:00 p.m.

Ice Cream Senior Social with RA

(55 years and older)

Join us for an old-fashioned ice cream social and learn about upcoming senior adult trips, classes and events offered by Reston Community Center and Reston Association. Enjoy light refreshments and music while catching up with friends. This summer's social will be in the Jo Ann Rose Gallery at RCC Lake Anne.

1, 1.5-hour session at RCC Lake Anne

Free, Registration Req. • Staff

June 11

500404-5A Thu 1:30 p.m. – 3:00 p.m.

Open Pinochle

(55 years and older)

Participate in an open pinochle game. This is a great time to socialize with new friends and learn how to play the game. Beginners welcome. Beginning June 24, summer sessions will be held in the RCC Lake Anne conference room.

3, 2.5-hour sessions at RCC Hunters Woods

Free, Drop-in • Staff

June 3 – June 17

Drop-in Wed 10:30 a.m. – 1:00 p.m.

10, 2.5-hour sessions at RCC Lake Anne

Free, Drop-in • Staff

June 24 – August 26

Drop-in Wed 10:30 a.m. – 1:00 p.m.

Sunday Afternoon Dances

(18 years and older)

Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun; partners are not required. Cost is per session and payable at the door. For more information, please contact Karen Brutsché, 55+ Program Director, at 703-390-6157.

4, 2-hour sessions at RCC Hunters Woods

\$5 (R)/\$10 (NR) Payable at the Door • Staff

May 10, June 14, July 12, August 9

Drop-in Sun 2:30 p.m. – 4:30 p.m.

Trips & Tours

General Information for 55+ Trips and Tours:

Unless otherwise stated, charter buses will depart from RCC Lake Anne and RCC Hunters Woods and participants should arrive 30 minutes prior to the stated bus departure time.

Cancellations: Please see our cancellation/refund policy on page 91.

Emergency Forms: Prior to the trip, participants will receive an itinerary and an emergency form. Please complete the form and bring it on the day of the trip. Please bring photo identification the day of the trip.

ADA Accommodations: Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires a modification of policies or procedures to participate in a Reston Community Center program, service, or activity should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

AVOID WAITLISTS/CANCELLATIONS

We often encounter patrons who are frustrated when they have to be waitlisted for our "full" classes and on certain occasions when we have to cancel a class due to under enrollment. Register quickly via online, mail-in, fax, or in-person during the priority registration periods.

Brunch and Baseball

(55 years and older)

Start summer with a baseball game and brunch with friends. Watch the Frederick Keys play the Lynchburg Hillcats from the comfort of the Mattress Warehouse Club. Enjoy a buffet brunch which includes an omelet station. Trip fee includes transportation, admission, and brunch. Please note, there will be no bus pick up or drop off at RCC Lake Anne.

9:00 a.m. Depart RCC Hunters Woods

4:00 p.m. Estimated return to Reston

1, 7-hour trip

\$60 (R)/\$120 (NR) • Staff

June 2

500349-5A Tue

9:00 a.m. – 4:00 p.m.

Museum of Crime and Punishment

(55 years and older)

The Museum of Crime and Punishment is a privately owned museum dedicated to the history of criminology and penology in the United States. The museum was opened in May 2008 and was built by John Morgan in partnership with John Walsh, host of *America's Most Wanted*. Learn how to solve crime through the use of forensic technology such as ballistics, blood analysis, fingerprinting, dental and facial reconstruction. Lunch is on your own in one of the many area restaurants. Trip fee includes transportation and admission. Audio headsets are available for \$5 rental.

9:30 a.m. Depart RCC Lake Anne

10:00 a.m. Depart RCC Hunters Woods

4:30 p.m. Estimated return to Reston

1, 7-hour trip

\$38 (R)/\$76 (NR) • Staff

June 12

500352-5A Fri

9:30 a.m. – 4:30 p.m.





Masonic Temple and Old Town Alexandria

(55 years and older)

The George Washington Masonic National Memorial is a Masonic building located in Alexandria, Virginia dedicated to the memory of George Washington. The tower is fashioned after the ancient Lighthouse of Alexandria in Egypt. The 333-foot tall memorial sits atop Shooter's Hill. After the one-hour guided tour, the bus will drop participants off at the Old Town Alexandria Waterfront to shop and dine. Trip fee includes transportation and admissions; lunch is on your own.

8:30 a.m. Depart RCC Lake Anne

9:00 a.m. Depart RCC Hunters Woods

5:00 p.m. Estimated return to Reston

1, 8.5-hour trip

\$40 (R)/\$80 (NR) • Staff

June 19

500357-5A Fri

8:30 a.m. – 5:00 p.m.

Pentagon Tour, Bowling, and Twilight Tattoo

(55 years and older)

This 60-minute Pentagon rigorous walking tour covers 1.5 miles and highlights the missions of the five Armed Services, the Office of the Secretary of Defense and the Joint

Staff. The rigorous walk is punctuated by colorful displays and historic photographs depicting significant moments in military history, including the 9/11 chapel. Next stop is the bowling alley on Fort Myer where you may choose to dine and bowl or relax over a drink with friends. Then on to the pageantry of the Twilight Tattoo, a brilliant display of military uniforms and artillery from the Revolutionary War to the present. Trip fee includes transportation and admissions; bowling and dining are on your own. Please note that the Pentagon tour is subject to change or cancellation and will require identification. Please contact Karen Brutsché, at 703-390-6157 for accepted forms of identification.

12:30 p.m. Depart RCC Lake Anne

1:00 p.m. Depart RCC Hunters Woods

9:00 p.m. Estimated return to Reston

1, 8.5-hour trip

\$35 (R)/\$70 (NR) • Staff

June 24

500351-5A Wed

12:30 p.m. – 9:00 p.m.

Butler's Orchard

(55 years and older)

After graduating college, George and Shirley Butler purchased a 37-acre farm with a log house in Germantown, MD, where they raised their family. Starting with 25 acres of peaches, Butler Orchards now has over 300 acres and more than 25 varieties of fruits, vegetables, flowers, and trees. The Butler Bakery has delicious, freshly baked fruit pies in over a dozen varieties which can be purchased fresh or frozen. Blueberries and flowers will be available for participants to pick. A guide will give instructions for proper picking. A boxed lunch will be provided to enjoy on one of the many picnic tables. Trip fee includes transportation, one pint of pick your own blueberries, and a boxed lunch.

9:30 a.m. Depart RCC Lake Anne

10:00 a.m. Depart RCC Hunters Woods

3:00 p.m. Estimated return to Reston

1, 5.5-hour trip

\$42 (R)/\$84 (NR) • Staff

July 7

500358-6A Tue

9:30 a.m. – 3:00 p.m.

Once, The Musical - Kennedy Center

(55 years and older)

Theatrically breathtaking, this eight-time 2012 Tony Award-winning musical tells the enchanting tale of a Dublin street musician who's about to give up on his dream when a beautiful young woman takes a sudden interest in his haunting love songs. *Once* draws you in from the very first note and never lets you go. It's an unforgettable story about going for your dreams, not living in fear, and the power of music to connect us all. The production won awards for Best Musical, Best Actor, and Best Book. The musical also won the 2012 Drama Desk Award for Outstanding Musical and the 2013 Grammy Award for Best Musical Theater Album. There will be time to dine on your own prior to the 7:30 p.m. performance. Trip fee includes transportation and admission.

5:00 p.m. Depart RCC Lake Anne

5:30 p.m. Depart RCC Hunters Woods

11:30 p.m. Estimated return to Reston

1, 6.5-hour trip

\$90 (R)/\$180 (NR) • Staff

July 14

500356-6A Tue

5:00 p.m. – 11:30 p.m.

Chincoteague Blueberry Festival and Fine Arts & Crafts Show

(55 years and older)

Revel in a mid-summer celebration of nature's tastiest and most healthy gift – the blueberry – at the Blueberry Festival held at the Chincoteague Center on Chincoteague Island. This "beautiful land across the water" on the Eastern Shore of Virginia hosts the Blueberry Festival and the largest Fine Arts & Crafts Event on the Eastern Shore of Virginia. Trip fee includes transportation and admission. Food can be purchased at the festival.

6:00 a.m. Depart RCC Lake Anne

6:30 a.m. Depart RCC Hunters Woods

9:00 p.m. Estimated return to Reston

1, 15-hour trip

\$50 (R)/\$100 (NR) • Staff

July 26

500355-6A Sun

6:00 a.m. – 9:00 p.m.



Summer at Winterthur

(55 years and older)

Visit Delaware's grand Winterthur in the summer and explore the gardens on foot or by tram. Tour the house to see exquisite rooms where Henry Francis du Pont entertained family and friends, and view the beautiful Pennsylvania German Art Work as well as the Campbell Soup Tureen exhibits. There will be time to explore the grounds, visit the museum gift shop, and dine at your leisure. Trip fee includes transportation, admissions, and lunch voucher.

7:30 a.m. Depart RCC Lake Anne

8:00 a.m. Depart RCC Hunters Woods

7:30 p.m. Estimated return to Reston

1, 12-hour trip

\$75 (R)/\$150 (NR) • Staff

August 5

500350-6A Wed

7:30 a.m. – 7:30 p.m.

Ferry Farm and Kenmore Plantation

(55 years and older)

George Washington was 6 years old when his family moved to Stafford County, VA. The Washingtons called their farm the Home Farm, but it later became known as Ferry Farm. The visit to Ferry Farm starts in the Visitor Center where there are displays of colonial and Civil War artifacts found on the property. Kenmore Plantation was built by George Washington's sister, Betty Washington Lewis, and her husband, Fielding Lewis. Kenmore is a beautiful, Georgian-style, brick mansion that reflects the pre-Revolutionary War wealth and status of the Fredericksburg merchant. The tour will begin in the Crowninshield Museum where there are displays of 18th-century furniture and decorative arts. Trip fee includes transportation, admissions and lunch.

8:30 a.m. Depart RCC Lake Anne

9:00 a.m. Depart RCC Hunters Woods

5:00 p.m. Estimated return to Reston

1, 8.5-hour trip

\$70 (R)/\$140 (NR) • Staff

August 12

500353-6A

Wed

8:30 a.m. – 5:00 p.m.



South Pacific at Allenberry Playhouse

(55 years and older)

Enjoy summertime at the Allenberry Playhouse in Boiling Springs, PA with this Rodgers and Hammerstein classic. Come back to Bali Ha'i where a spunky nurse from Arkansas falls in love with a dashing French planter. Spend a few hours with Nellie, Lt. Cable, and Bloody Mary for songs that include: *Wash That Man Right Outta My Hair, Some Enchanted Evening, Younger than Springtime* and *There's Nothing like a Dame*. Trip fee includes transportation, admission and lunch.

8:30 a.m. Depart RCC Lake Anne

9:00 a.m. Depart RCC Hunters Woods

6:00 p.m. Estimated return to Reston

1, 9.5-hour trip

\$72 (R)/\$144 (NR) • Staff

August 18

500354-6A

Tue

8:30 a.m. – 6:00 p.m.

Visual Arts

55+ Ceramics

(55 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and three 1-hour visits to the Open Ceramics Studio. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne

\$40 (R)/\$80 (NR) • Joder

June 9 – July 14

452509-6A

Tue

10:00 a.m. – 12:30 p.m.

Acrylic Painting for Beginners

(55 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne

\$35 (R)/\$70 (NR) • Coulter-Blehert

July 10 – August 14

455011-6A

Fri

4:00 p.m. – 7:00 p.m.

Intermediate Watercolor Painting

(55 years and older)

This class is for artists who have previous watercolor experience. Learn techniques to achieve a variety of textures and atmospheric effects, construct a strong painting composition using simple tools, simplify a complex scene into basic shapes and choose the best colors for your subject. A supply list will be provided prior to the first class.

6, 2-hour sessions at RCC Lake Anne
\$35 (R)/\$70 (NR) • Zahid

June 4 – July 9

455012-5E Thu 4:00 p.m. – 6:00 p.m.

Watercolor for Beginners

(55 years and older)

Begin your adventure with watercolor painting in six fun classes. A supply list will be provided prior to the first class.

6, 2-hour sessions at RCC Lake Anne
\$35 (R)/\$70 (NR) • Zahid

June 2 – July 7

455526-5E Tue 4:00 p.m. – 6:00 p.m.



WOODWORKING



Good Neighbors Woodworking Group

(55 years and older)

The Good Neighbors Woodworking Group meets each Tuesday in the RCC Woodshop to design, construct, and decorate wooden toys. The toys are then donated to non-profit organizations in the Reston area. Everyone is invited to stop by and take a look at the beautiful toys that the Good Neighbors create. Experience in woodworking and painting techniques is a plus. However, training will be provided for beginners. Participants must be registered RCC volunteers and will be provided with the appropriate volunteer form to complete during the first attending session.

RCC Hunters Woods Free, Drop-in • Church

June 2 – June 16

Drop-in Tue 9:00 a.m. – 3:00 p.m.

Don't miss out on the many wonderful woodcraft classes and open lab sessions that RCC offers, listed in the Woodworking section on pages 65-66.

Reston Community Center Enriches Lives and Builds Community for All of Reston

Mission

To create positive leisure, cultural and educational experiences which enhance the quality of life for all people living and working in Reston by:

- Providing a broad range of programs in arts, aquatics, recreation, enrichment and life-long learning.
- Creating and sustaining community traditions through special events, outreach activities, and facility rentals.
- Building community through collaboration and celebration.

Governance

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

Funding

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees at greatly subsidized rates.

Code of Conduct

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others.

Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- **Angry or vulgar language including swearing, name calling and shouting.**
- **Physical contact with another person in any angry or threatening way.**
- **Displaying an object or weapon that can be considered harmful or threatening.**
- **Any demonstration of sexual activity or sexual contact with another person.**
- **Behavior deemed lewd or lascivious.**
- **Harassment or intimidation with words, gestures, body language or other menacing behavior.**
- **Behavior which intends or results in theft or destruction of property.**
- **Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.**
- **Intrusion upon an event to which one is not an invited or registered participant.**
- **Being under the influence of alcohol or drugs.**

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. **No refunds will be given.**

Fee Waiver Program

Reston Community Center provides fee waivers to help eligible residents and employees of Small District 5 participate in RCC programs. This program provides financial assistance to low-income families receiving public assistance or meeting our income requirements. Completed forms are confidential and will be kept on file for one year. If your household is eligible, a fee waiver account for each family member will be created, and may be used for any combination of RCC programs, classes or trips during the 12-month period of July 1, 2014 - June 30, 2015.

ADA Accommodations

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).



RCC Board of Governors



Beverly A. Cosham



William G. Bouie



William Keefe



John Mendonça



Michelle Moyer



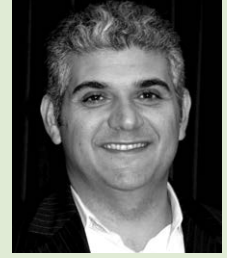
William Penniman



Lisa Sechrest-Ehrhardt



Vicky Wingert



Gerald Zavala

ADMINISTRATION

Leila Gordon	Executive Director
Thomas Ward	Deputy Director
Renata Wojcicki	Finance Director
BeBe Nguyen	Director of Communications
Harunor Rashid	Network Administrator
Pam Leary	Customer Service Manager
Mia Arguinzoni	Personnel Specialist
Warren Bailey	Customer Service
Jan Bradshaw	Customer Service
Cristin Bratt	Public Information Officer
Vincent Brown	Customer Service
Sumi Gallas	Asst. Customer Service Manager
Linda Greco	Customer Service
Samantha Korkowski	Graphic Artist
Greg Minassian	Customer Service
Adam Newland	Customer Service
Grazyna Siebor	Accounting Specialist
Carrie Ann Toreno	Graphic Artist
Barbara Wilmer	Executive Assistant
Ling Zhao	Customer Service

AQUATICS

Joe Leary	Aquatics Director
Ivan Cole	Customer Service
Levi Lainhart	Aquatics Program Manager
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Operations Manager

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance, and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

Photos in this Program Guide were taken by our staff photographer, Linda Rutledge, and professional photographer, Jim Kirby, for RCC.

ARTS & EVENTS

Paul Douglas Michnewicz	Arts and Events Director
Mark Brutsché	Assistant Technical Director
Cheri Danaher	Arts Education Director
Kevin Danaher	Community Events Director
Linda Ifert	Technical Director
Gloria Morrow	Arts Education Assistant
Patrick Pacak	Box Office Assistant
William D. Parker	Box Office Manager

LEISURE & LEARNING

Eileen Boone	Leisure & Learning Director
Joe Brown	Teen and Family Program Assistant
Karen Brutsché	55+ Program Director
Kenny Burrowes	Teen and Family Program Director
Ali Clements	Adult Program Assistant
Teresa Fletcher	Fitness Program Assistant
Kim Gollop-Pagani	Youth Program Assistant
Debbie Heron	Youth Program Director
Jonathan Navarro	Adult and Fitness Program Director
Susan Zaboji	55+ Program Assistant

MAINTENANCE & FACILITIES

Brian Gannon	Facility Booking Manager
Mohammed Alhadi	Facility Team
Santos Campos	Facility Team
Patricia Farrell	Facility Supervisor
Gilberto Guardado	Facility Team
Trung Nguyen	Facility Team - Lake Anne
Fred Russo	Building Engineer
William Sanchez	Facility Team
John Scurto	Facility Team - Hunters Woods
Edgar Siles	Facility Team
Ken Wade	Facility Team

Reston Community Center - the CenterStage 2014-2015 Professional Touring Artist Series Ticket Order Form

Tickets for the 2014-2015 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no Senior or Youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. – 9:00 p.m. once the order is processed.

CENTERSTAGE BOX OFFICE INFORMATION



Online:

www.restoncommunitycenter.com

Available until two hours before a performance and requires payment of a processing fee.



By Mail:

**Return a Ticket Order Form to
RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191**



In Person:

Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.

Saturday: 1:00 p.m. – 5:00 p.m.

Two hours prior to curtain time



Phone:

703-476-4500, Press '3' • 800-828-1120 (TTY)

Please provide the following information when you call:

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- **RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.**
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)

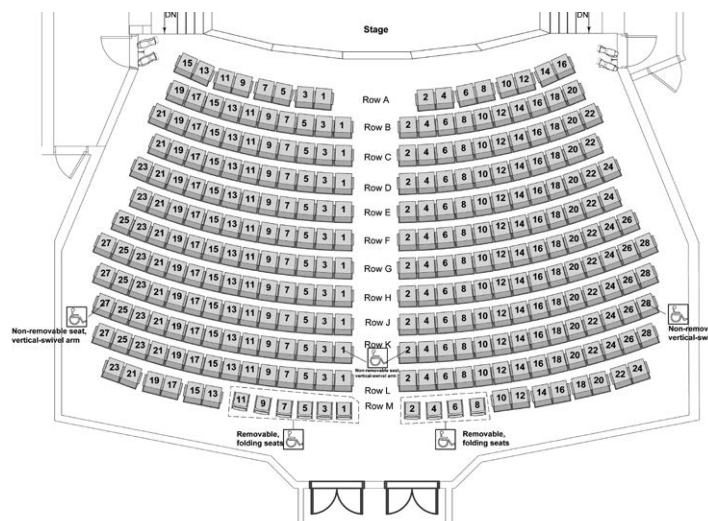


Fax:

Fax Ticket Order Form to 703-476-2488.

PLEASE NOTE:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.



Reston Community Center - the CenterStage 2014-2015 Professional Touring Artist Series Ticket Order Form

Adult Name	First																				Last																				
Home Address																																									
City																State				Zip																					
Phone	Home																Cell																								
																		Resident of Small District 5?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Work in Small District 5?	<input type="checkbox"/> Yes	<input type="checkbox"/> No																		
E-Mail Address																																				<input type="checkbox"/> I would like to receive CenterStage promotional emails.					

Performance	Date	Time	Reston		Non-Reston		Sub-total
			\$ Per Ticket	#	\$ Per Ticket	#	
Persistent Voices - Choreographed by Daniel Phoenix Singh	May 6	8:00 p.m.	\$15		\$30		
Turtle Island Quartet with Tierney Sutton	May 30	8:00 p.m.	\$25		\$50		
Totals							\$
						Grand Total	\$

Payment Options

CARD HOLDER'S NAME : _____

CHARGE: Mastercard Visa **EXP. DATE:** _____

ACCOUNT #: _____

SIGNATURE: _____

No refunds/exchanges for ticket purchases unless the show is canceled.

Check - Payable to Reston Community Center
 Cash is accepted in person during Box Office Hours

Seating Information

Your ticket request will be filled in the order in which it was received. RCC Box Office Staff will make every effort to seat you as close as possible to your request.

GENERAL REQUEST: _____

SPECIFIC SEATS: Row(s) _____

Seat(s) _____

ANY SPECIAL NEEDS?: (i.e. Wheelchair, hearing assistance, etc.)

2015/2016 season tickets go on sale August 1 for Reston
and August 8 for Non-Reston.
Stay tuned for more information at www.restoncommunitycenter.com.

Community Arts Organizations Ticket Order Form

Tickets for Community Arts Organization events held at the Reston Community Center (the CenterStage or the Community Room) are available for sale two weeks prior to the first performance date. Tickets are sold at Adult, Senior or Student/Youth prices, depending on the organization, regardless of residency (no discounts for Small District 5 residents or employees). All seats are reserved unless otherwise indicated; payment is required at the time of reservation.

Season subscription ticketing is handled differently by different organizations. Priority ordering information is provided with confirmation of the season subscription. Information about contacting each Community Arts Organization is listed in its event description.

Prices, dates and titles are subject to change. Please contact Box Office with any questions.

Ravel Dance Studio

May 22 & May 23

The Sleeping Beauty and Broadway's Best

- **All Ages - \$18**

Available only at Ravel Dance Studio and remaining tickets, if any, at the CenterStage Box Office on performance dates.

Groundworks Dance

June 12 & June 13

Spring Concert

Pricing information available at the CenterStage Box Office two weeks prior to performances, beginning Friday, May 29.

Reston Chorale

May 9

Made in the U.S.A.

- **Adults - \$25**
- **Seniors (62+) - \$20**
- **Youth (17 -) - FREE with a ticketed adult**

Tickets are available online at www.restonchorale.org and at the CenterStage Box Office beginning Saturday, April 25.

CENTERSTAGE BOX OFFICE INFORMATION



Online:

www.restoncommunitycenter.com

Available until two hours before a performance and requires payment of a processing fee.



By Mail:

Return a Ticket Order Form to

RCC Box Office, 2310 Colts Neck Road, Reston, VA 20191



In Person:

Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.

Saturday: 1:00 p.m. – 5:00 p.m.

Two hours prior to curtain time



Phone:

703-476-4500, Press '3' • 800-828-1120 (TTY)

Please provide the following information when you call:

- Performance title, day, date and curtain time
- Ticket quantity/type (resident/non-resident, adult/senior, etc.)
- Name as it appears on your Visa or MasterCard, credit card number and expiration date
- **RCC cannot accept American Express or Discover for phone, fax, or walk-in orders.**
- Zip code that matches the billing address for your credit card
- Home, work, and/or mobile telephone numbers where you can reliably be reached
- Seating location preferences (i.e. front, center, or back of the theatre)



Fax:

Fax Ticket Order Form to 703-476-2488.

Notes:

- No refunds or exchanges unless show is canceled
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed and can be picked up at RCC Hunters Woods during regular front desk hours, 9:00 a.m. - 9:00 p.m. once the order is processed.

Prices, dates and titles are subject to change. Please contact the Box Office with any questions.

Reston Community Center - the CenterStage Community Arts Organization Ticket Order Form

Adult Name	First									Last												
Home Address																						
City											State			Zip								
Phone	Home											Cell										
E-Mail Address																						

HOW DID YOU LEARN ABOUT THIS EVENT? _____

- Please add me to the mailing list for this organization
 I would like to receive RCC CenterStage promotional emails
 I would like confirmation regarding this order

Reservation Information
<p>Orders may be placed two weeks prior to the first performance.</p> <p>ORGANIZATION:</p> <p><input type="checkbox"/> Conservatory Ballet</p> <p><input type="checkbox"/> Reston Community Players</p> <p><input type="checkbox"/> Reston Chorale</p> <p><input type="checkbox"/> Other: _____</p> <p>PERFORMANCE TITLE: _____</p> <p>DAY OF WEEK: _____</p> <p>DATE: _____</p> <p>CURTAIN TIME: _____</p>

Ticket Information					
Amount	Ticket Type		Price per Ticket		Total Price
	Adult	@	\$	=	\$
	Senior	@	\$	=	\$
	Youth	@	\$	=	\$
	Other*	@	\$	=	\$
	Season Tickets		PREPAID		PREPAID
TOTAL					TOTAL \$
<p>*Comp, Group, Pass, etc. Please Note: If ordering for more than one performance or organization, use separate order forms.</p>					

Payment Options
<p>CARD HOLDER'S NAME : _____</p> <p>CHARGE: <input type="checkbox"/>Mastercard <input type="checkbox"/>Visa EXP. DATE: _____</p> <p>ACCOUNT #: _____</p> <p>SIGNATURE: _____</p> <p>No refunds/exchanges for ticket purchases unless the show is canceled.</p> <p><input type="checkbox"/> Check - Payable to Reston Community Center</p> <p><input type="checkbox"/> Cash is accepted in person during Box Office Hours</p>

Seating Information
<p>Your ticket request will be filled in the order in which it was received. RCC Box Office Staff will make every effort to seat you as close as possible to your request.</p> <p>GENERAL REQUEST: _____</p> <p>SPECIFIC SEATS: Row(s) _____</p> <p>Seat(s) _____</p> <p>ANY SPECIAL NEEDS?: (i.e. Wheelchair, hearing assistance, etc.)</p> <p>_____</p> <p>_____</p>

RCC USE ONLY	
Date Received:	Order Notes:

RESTON COMMUNITY CENTER

Class/Trip/Camp/Volunteer/Pass Registration Information

REGISTRATION SCHEDULE

Fall: August 1 Reston/August 8 Non-Reston

Winter/Spring: December 1 Reston/December 8 Non-Reston

Summer Camp: February 1 Reston/ February 8 Non-Reston

Summer: May 1 Reston/May 8 Non-Reston

SMALL DISTRICT 5

- Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates.
- Residency status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is located on our website.

PRIORITY RESTON REGISTRATION

- Priority registration for Small District 5 (Reston) residents and/or employees will be the 1st-7th of each scheduled registration month.
- RCC will not process your payment until your enrollment has been confirmed.

NON-RESTON REGISTRATION

- Non-Reston registration follows the end of priority Reston registration.

PROGRAM FEES, PASSES

- Program fees are listed in this guide as Reston/Non-Reston (e.g., \$35/\$70).
- Patrons 55 years and older receive a 20% discount on class fees (except in cases where the class fee is payable to someone other than RCC). This discount does not apply to 55+ programs or trips, Adult & Family trips, or drop-in programs.
- Patrons under age 55 can register for 55+ programs or trips if space is available after priority Reston registration. Program fees will be doubled.
- All passes will expire 2 years from date of purchase, with the exception of 3-month and 12-month pool passes.

REGISTRATION FORM

- Family members living in the same household should complete a single Class, Trip, Camp, Volunteer, Pass registration form.
- Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.
- Patrons may also register online when online registration opens.

PAYMENT

- Payment is required upon registration.
- Pay by cash, check (payable to Reston Community Center), money order, MasterCard or VISA.
- Cash payments cannot be accepted during Reston priority registration.

CONFIRMATION

- Registration confirmations will be emailed.
- The confirmation will indicate if you are enrolled or waitlisted.

CLASS CANCELLATION

- If the minimum enrollment has not been met 7 days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.

REFUND/CANCELLATION POLICY

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee (50% for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place (less a 50% processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.
- No refunds are given for any class, trip, camp or pass with a fee of \$10 or less.
- Refunds will be issued to the original credit card or by check from Fairfax County if the original payment was cash or check.

INCLEMENT WEATHER POLICY

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

PATRON HEALTH AND SAFETY

Patrons showing signs of a communicable disease or illness including vomiting, diarrhea, or a temperature of over 100 degrees should remain at home.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

PATRON SATISFACTION

Our goal is to make your experience at a RCC a positive one. Please let us know if you have any concerns or issues.

4 EASY WAYS TO REGISTER:

By Fax: 703-476-2488 • Online: www.restoncommunitycenter.com • In Person
By Mail: Reston Community Center, 2310 Colts Neck Rd, Reston, VA 20191



Reston Community Center Aquatics Registration Form

REGISTRATION SCHEDULE

Fall: August 1 Reston/August 8 Non-Reston	Winter/Spring: December 1 Reston/December 8 Non-Reston
Summer Camp: February 1 Reston/February 8 Non-Reston	Summer: May 1 Reston/May 8 Non-Reston

SMALL DISTRICT 5

- Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates.
- Residency status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is located on our website.

PRIORITY RESTON REGISTRATION

- Priority registration for Small District 5 (Reston) residents and/or employees will be the 1st-7th of each scheduled registration month.
- RCC will not process your payment until your enrollment has been confirmed.

NON-RESTON REGISTRATION

- Non-Reston registration follows the end of priority Reston registration.

PROGRAM FEES

- Program fees are listed in this guide as Reston/Non-Reston (e.g., \$35/\$70).
- Patrons ages 55 and older receive a 50% discount on Aquatics class fees only. This discount does not apply to Water Aerobics drop-in classes or to already discounted gate fees.

REGISTRATION FORM

- Use one Aquatics registration form to enroll each student.
- Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.
- Patrons may also register online when online registration opens.

PAYMENT

- Payment is required upon registration.
- Pay by cash, check (payable to Reston Community Center), money order, MasterCard or VISA.
- Cash payments cannot be accepted during Reston priority registration.

CONFIRMATION

- Registration confirmations will be emailed.
- The confirmation will indicate if you are enrolled or waitlisted.

CLASS CANCELLATION

- If the minimum enrollment has not been met 7 days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.

PATRON SATISFACTION

Our goal is to make your experience at a RCC a positive one. Please let us know if you have any concerns or issues.

REFUND/CANCELLATION POLICY

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20% processing fee (50% for trips).
- Refund requests received less than 14 days before the start of a class or camp will be granted (less a 20% processing fee) only if another registration is received in its place (less a 50% processing fee for trips).
- No refunds are given for any class with a fee of \$10 or less.
- Refunds will be issued to the original credit card or by check from Fairfax County if the original payment was cash or check.

DAILY FEES, PASSES

- Pool fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.
- Daily fees are non-refundable.
- Daily visit swim passes will be issued for any facility closure or interruption.
- Closures due to acts of nature (lightening, storms, floods, etc.) are non-refundable.
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20% processing fee.
- If the prorated balance is less than \$10, no refund is made.
- All passes will expire 2 years from date of purchase, with the exception of 3-month and 12-month pool passes.

INCLEMENT WEATHER POLICY

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

PATRON HEALTH AND SAFETY

- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Patrons suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500 or 800-828-1120 (TTY).

4 EASY WAYS TO REGISTER:

By Fax: 703-476-0563 • Online: www.restoncommunitycenter.com • In Person
By Mail: Reston Community Center, 2310 Colts Neck Rd, Reston, VA 20191



RESTON COMMUNITY CENTER

Fee Waiver Application (Valid July 1, 2014 – June 30, 2015)

Reston Community Center will provide fee waivers for any eligible resident of Small District 5 (Reston) or non-resident who works in Small District 5.

Adult Name	First		Last	
Home Address				
City				State
				Zip
Phone	Home			Cell
New Address	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Resident of Small District 5?	<input type="checkbox"/> Yes
				<input type="checkbox"/> No
			Work in Small District 5?	<input type="checkbox"/> Yes
				<input type="checkbox"/> No
If yes, provide business address				
E-Mail Address				

FAMILY MEMBERS APPLYING FOR FEE WAIVER:

PARTICIPANT'S FIRST NAME	PARTICIPANT'S LAST NAME	DATE OF BIRTH	SEX

ELIGIBILITY:

To qualify for a fee waiver, applicants must meet one of the following criteria:

- Furnish documentation of receipt of public assistance (e.g. food stamps, welfare, free school lunch)
- Furnish documentation (e.g. your most recent applicable tax return) that income/family composition does not exceed the following levels:
 - \$21,257/family of one
 - \$28,694/family of two
 - \$36,131/family of three
 - \$43,568/family of four
 - \$51,005/family of five
 - \$58,442/family of six

For each additional person, add \$7,437 to determine maximum annual income for eligibility.

INSTRUCTIONS TO CLIENT/PATRON:

Please complete this Fee Waiver Application Form, attach copies of the required financial documentation, and complete an RCC Registration Form. Return all documents to a Customer Service Representative at either RCC Hunters Woods or RCC Lake Anne. You will be notified if you are ineligible. Please refer questions to our Customer Service Manager (703-390-6144).

Fee waiver patrons must register in person, by mail or by fax; online registration is not available to Fee Waiver patrons.

ENROLLMENT FEES:

If you qualify for a Fee Waiver, you will be required to pay a \$5.00 non-refundable enrollment fee for each class, trip or pass for which the participant is registered. A \$10.00 nonrefundable enrollment fee will be required for each week of summer camp and Zen Zone for which the participant is registered. For example, if the participant is enrolled in the consecutive, 5-week Young Actors Theater camp, you are required to pay a \$50.00 enrollment fee for the five weeks of camp. Enrollment fees are assessed to encourage regular attendance and active camp participation. The non-refundable enrollment fee is required at time of registration for all classes, trips, passes and camps. Please note that standard RCC registration procedures and refund/cancellation policies apply.

More Information:

For more information about RCC's Fee Waiver Program, please request a copy of RCC's Fee Waiver FAQ's from a Customer Service Representative or look on our website under Find Your Form.

SIGNATURE: _____

DATE: _____



Reston Community Center Hunters Woods
2310 Colts Neck Road • Reston, VA 20191

Reston Community Center Lake Anne
1609-A Washington Plaza • Reston, VA 20190

703-476-4500 • 800-828-1120 (TTY) • 703-476-2488 (FAX)



Dear Reston Community Center Patron,



Online registration provides an easy and convenient way for our Reston patrons to register for programs remotely. This system replaces what had been our lottery system/process for registration. One important advantage of using online registration is that you have more control over when your registration is processed. The online registration option will open at 9:00 a.m. on May 1.

If you aren't able to register online, RCC still provides alternatives that may be more convenient. Simply drop off your registration at RCC anytime between now and 9:00 a.m. on May 1. Registration forms can also be mailed or faxed. Please note that no matter when you drop off your registration, it will not be processed until May 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30.

With multiple methods now available to patrons, RCC no longer is randomizing registration access to our programs. Our Customer Service team will be inputting registrations in the RecTrac/WebTrac system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

Many of our most popular programs fill up on the first and second day of the registration process. The best way to assure your enrollment in a popular program is to register online. Whatever approach works best for you, we urge you to use just one method of registration to avoid duplication of registration efforts and possible extra charges to your account.

Please don't hesitate to contact our Customer Service team if you want assistance.

Registrations are and will continue to be accepted in multiple formats:

- In person at either RCC location
- Via mail to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191
- Via fax to 703-476-2488
- Online at www.restoncommunitycenter.com

If you prefer to register online during priority registration, you may wish to ensure that you have an online account and familiarize yourself with our system before online registration for Summer programs begins on May 1.

Please keep the following important notes in mind:

- To register online: You will need to know your username and password.
- If you are a new user: You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.
- If you are not sure whether you have an existing login, or if you have additional questions: Send an email to RCCContact@fairfaxcounty.gov or call 703-476-4500, Monday - Saturday, 9:00 a.m. - 9:00 p.m. or Sundays, 9:00 a.m. - 8:00 p.m.



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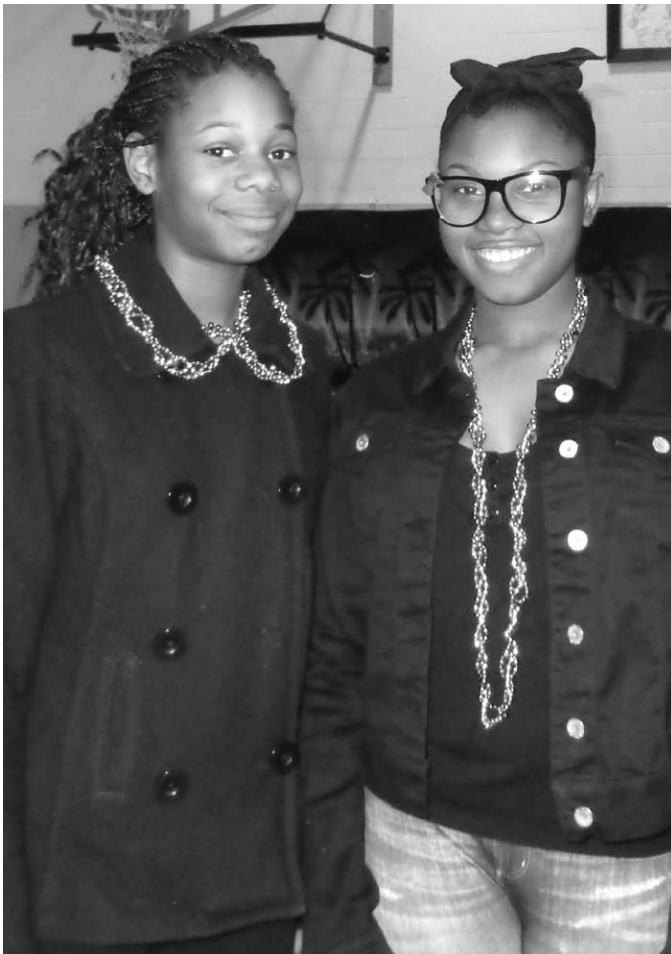
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Locations & Hours of Operation

LOCATIONS

RCC Hunters Woods

2310 Colts Neck Rd, Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the 290-seat CenterStage theatre, Woodshop, Stained Glass Workshop, and meeting rooms.

703-476-4500 • 800-828-1120 (TTY) • 703-476-8617 (Fax)

RCC Lake Anne

1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios, and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

HOURS OF OPERATION

Monday - Saturday

9:00 a.m. - 9:00 p.m.*

Sunday

9:00 a.m. - 8:00 p.m.*

*Rental hours may vary. Contact RCC's Booking Manager for information.

HOLIDAY HOURS

Memorial Day	May 25	9:00 a.m. – 2:00 p.m. RCC Lake Anne CLOSED
Independence Day Observed	July 3	9:00 a.m. – 9:00 p.m. RCC Lake Anne CLOSED
Independence Day	July 4	9:00 a.m. – 2:00 p.m.
Labor Day	September 7	CLOSED

Open Labs & Studios

Open Ceramics Studio

(16 years and older)

The public is invited to use RCC's Ceramic Studio. Reservations are not required. The RCC Ceramics Studio will be closed Saturday, July 4, reopening July 8 and closed August 26 – September 9, reopening on September 12. Ceramics Studio hours are Wednesday 10:00 a.m. – 2:00 p.m. and Saturday 1:00 p.m. – 5:00 p.m. Please check the Ceramics Studio calendar for additional studio times or closures.

Each pass visit is one hour. The fee includes firing and glazes. Clay cost is \$15 – \$20 for 25 pounds.

RCC Lake Anne • Staff

\$15 (R)/\$30 (NR) Drop-in

\$36 (R)/\$72 (NR) 12-Visit Pass

June 3 – August 29

Drop-in	Wed	10:00 a.m. – 2:00 p.m.
Drop-in	Sat	1:00 p.m. – 5:00 p.m.

Open Stained Glass Lab

(18 years and older)

Stained glass and stained glass mosaic enthusiasts are encouraged to participate in RCC's monthly Open Stained Glass Lab. Lab is held in the Woodshop on the first and third Sunday of the month and is facilitated by the Stained Glass instructor. Participants working independently on projects must bring the necessary materials or make arrangements with the lab supervisor beforehand. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk.

RCC Hunters Woods • Damron

\$10 (R)/\$20 (NR)

June 7 – August 16

Drop-in	1st & 3rd Sun	1:30 p.m. – 5:30 p.m.
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Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer, and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Reservations are not required; however, the drop-in fee must be paid at the RCC Customer Service Desk. Please note, there are no Friday Open Woodshop sessions during the summer.

RCC Hunters Woods • Staff

\$7 (R)/\$14 (NR) Tue

\$12 (R)/\$24 (NR) Sat

June 2 – August 18 (No Class: July 4)

Drop-in	Tue	6:00 p.m. – 10:00 p.m.
Drop-in	Sat	9:00 a.m. – 5:00 p.m.





2310 Colts Neck Road
Reston, Virginia 20191

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Take a Break CONCERT SERIES

NEW! DANCE NIGHTS

4th Thursday of the month. Enjoy instruction and demonstrations.

FREE • Thursdays • 7:00 p.m. - 9:00 p.m. • Lake Anne Plaza



JUNE 18
JUNE 25

BARRETONES
DANCE NIGHT WITH RADIO KING ORCHESTRA!
Big Band Swing Instructed by Sue & Gary Caley

JULY 2
JULY 9

ELIKEH
THE SWEATER SET

JULY 16
JULY 23

BAD INFLUENCE
DANCE NIGHT WITH TROPIKIIMBA!
Latin Dance Instructed by Maria Krupholter Dancers



JULY 30
AUGUST 6
AUGUST 13
AUGUST 20

THE AMERICAN GUITAR TRIO
UPTOWN VOCAL JAZZ QUARTET
FOUR STAR COMBO
IONA

AUGUST 27
SEPTEMBER 3

DANCE NIGHT WITH CEDAR CREEK!
Country Line Dancing Instructed by Mike Takacs
CHRIS VADALA QUARTET
(Part of Lake Anne Jazz Festival Week)



Hosted By:
Lake Anne
LIVING LOCAL • RESTON • VIRGINIA

Presented by Reston Community Center in cooperation with MSE Productions, Inc.