Reston Community Center





WWW.RESTONCOMMUNITYCENTER.COM

Enriching Lives. Building Community.



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BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

A year ago, we produced a limited summer program guide that had just 16 pages of activity options. Most of our offerings last summer were in the Terry L. Smith Aquatics Center or RCC's fitness studios, and we included a smattering of enrichment and visual arts options. The typical sounds of summer concerts didn't return to Reston venues until August, and then, only very tentatively. It was the saddest summer most of us can ever remember — for so many reasons.

While turning the digital pages of RCC's 2021 Summer Program Guide, you'll find familiar summer experiences. We are committed to executing summer concert series as safely as we can. The sounds

of children will be heard in our facilities again as summer camps return there. People are slowly venturing back to activities that mark summer as a season of fun. We are cautiously optimistic that the most drastic impacts of COVID-19 may be receding from our daily lives.

As we all seek the familiar pleasures of summer, let's not forget the lessons we have learned from this past harrowing year. RCC continues to focus on how American life can become more equitable. Our content is enriched by the diversity that is the strength of Reston and our nation. To the greatest extent we can, we eliminate barriers and promote opportunities for people of all backgrounds to learn and grow together. We look forward to sharing this journey with all of you.





Hunter Mill District Supervisor Walter Alcorn congratulating RCC Board of Governors on achieving accreditation from the Commission for Accreditation of Parks and Recreation Agencies (CAPRA).

RCC leadership left to right: (TOP) William Bouie, Dick Stillson, William Penniman, Paul Thomas
(BOTTOM) John Blevins, Vicky Wingert, Walter Alcorn (Board of Supervisors — Hunter Mill District), Beverly Cosham, Lisa Sechrest-Ehrhardt, Leila Gordon
Not pictured: RCC Board members Bill Keefe and Laurie Dodd



LEILA GORDON, EXECUTIVE DIRECTOR, RCC

RCC's 2021 Summer Program Guide is more than four times the number of pages compared to last summer's guide. While you read it, we hope you will feel a surge of hope for rounding the corner of the COVID-19 pandemic. We're seeing the rate of vaccinations grow exponentially and the feeling of relief they offer is palpable. Although there is tremendous reassurance from widespread vaccinations in our community, we are nonetheless being cautious and careful in how we proceed.

We are on the precipice of better days ahead, but this is no time to stop the sound public health protocols that helped us arrive here. RCC will not lift capacity restrictions hastily. Our decisions

about what we offer and how will take into account the Fairfax County Health Department statistics for the County and our community. Wearing masks and staying socially distanced while engaged in activities has been key to preserving health; we won't stop those practices unless and until true herd immunity has been achieved. We continue to ask patrons and staff to consider if they feel healthy before participating or working. If we all take these extra steps just a little longer, we might anticipate a fall season of true relief.

Thank you to one and all for helping us get here — together. We look forward to seeing you around Reston and at RCC this summer!



Please Note: Photos in this Program Guide represent activities held before and during the COVID-19 pandemic.

RCC IS AN ACCREDITED PARKS AND RECREATION AGENCY!



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency's excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards as we serve our patrons.

TIP: Beat the Rush!

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



myRCC Online Registration

TO REGISTER ONLINE:

You will need to know your username and password.

IF YOU ARE A NEW USER:

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

RESERVATIONS:

(FORMERLY DROP-IN PROGRAMS)

Former drop-In programs now require a pass and an advance reservation through myRCC. Patrons can also cancel a reservation through myRCC. Learn how or visit our FAQ page for more information.

www.restoncommunitycenter.com/HowTo

www.restoncommunitycenter.com/PassFAQs

Online Registration (myRCC) Contact Information:

Phone:

703-476-4500, ext. 8

Fax:

703-476-2488

Email:

RCCcontact@fairfaxcounty.gov

All emails to RCCcontact@fairfaxcounty.gov will be answered within 48 hours. If your question is urgent, please call during business hours.

What if I do not have or know my username?

If any member of your household has registered for an RCC program in the last 5 years, you already have a username. To get your username, send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

What if I have forgotten my password?

On the Member Login box, click on Forgot Your Password. You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

I would like to add family members to my account. How do I do this?

If you have an account already established, please send an email to RCCcontact@fairfaxcounty.gov or call 703-476-4500, ext. 8 during business hours.

How can I see what courses my family members are currently registered in?

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member registrations will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.

How can I cancel a reservation or free enrollment?

Patrons can now cancel their reservations or enrollments in free options in myRCC. Find instructions at www.restoncommunitycenter.com/HowTo



ARTS & EVENTS

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RCC Community Coffee

Saturdays,
June 1 – August 22
(Temporarily suspended until further notice.)

9:00 a.m. — 11:00 a.m. RCC Hunters Woods

Free • All Ages

Due to the COVID-19 pandemic, this popular community tradition has been suspended until RCC is confident it presents no public health risk. Similarly, weekday coffee service is suspended as well. When conditions permit, everyone can return to enjoy complimentary beverages with casual conversation.



Reston Pride

Saturdays, June 5 - June 26

10:00 a.m. – 2:00 p.m. Lake Anne Plaza

Free • All Ages

The fourth annual Reston Pride festival will be held on Saturdays in June with a weekly concert/performance series featuring local musicians and artists supporting and celebrating the LGBTQ community in the greater Reston Area. Reston Pride is organized by members and friends of the Reston LGBTQ community with support from Reston Community Center, nonprofits and other local organizations.

For more information, please contact Paul Douglas Michnewicz, RCC Arts & Events Director, at 703-390-6167.



LUNCHTIME WITH THE Arts at Mason

Thursdays • 12:30 p.m. – 1:30 p.m. FREE • All Ages

Reston Town Square Park

(Corner of Market Street and Explorer Street)

From Broadway to brass, from vocalists to jazz, faculty and student performers from George Mason University's College of Visual and Performing Arts offer free lunchtime concerts in Reston Town Square Park. Join us for an energizing addition to your lunch hour and experience the amazing variety of the "Arts at Mason."

JUNE 3

Mason Steel Pan Ensemble with Victor Provost, Director

Members of the George Mason University Steel Pan Ensemble play an exciting blend of jazz, pop, reggae, zouk and calypso.

JUNE 10

Mason Faculty Brass Ensemble

Faculty brass performers from the George Mason University Reva and Sid Dewberry School of Music offer an exciting program featuring a wide range of repertoire from the Renaissance to popular music.

JUNE 17

Mason Cabaret

George Mason's School of Theater presents a lunchtime concert of Broadway favorites, featuring the talents of their musical theater students. Join them for classic works by Stephen Sondheim, Kander and Ebb, and more!

JUNE 24

Mason Tuba and Euphonium Ensemble

The George Mason University Tuba and Euphonium Ensemble will feature music from different genres and styles, including patriotic, blues, swing, ballad, hymn, marches and movie themes.



For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

RCC will refer to Fairfax County Health Department recommendations for preserving public health. Accordingly, we may require mask-wearing, social distancing and health self-checks of patrons attending these RCC performances. We appreciate everyone's cooperation to preserve the good health of our community.

Presented by Reston Community Center and Reston Town Center Association in partnership with George Mason University's College of Visual and Performing Arts.

Take a Break

CONCERT SERIES

Thursdays • 7:00 p.m. – 9:00 p.m. • Free • All Ages • Lake Anne Plaza

June 3

Ocho de Bastos Latin Pop & Rock

June 10

Justin Trawick & Common Good

Americana

June 17

Origem

Brazilian Jazz with a Twist

June 24

Crawdaddies Zydeco

July 1 Seán Heely Celtic Trio

Celtic

July 8

Loudoun Jazz Ensemble
Big Band

July 15

By & By Bluegrass

July 22

Mambo Combo Latin

July 29

Cheick Hamala Diabate

Traditional West African of Mali with Modern Grooves **August 5**

Uptown Vocal Jazz Quartet Jazz

August 12

Cedar Creek
Country

August 19

Part Harmony

A Capella Motown, Doo-Wop & Soul

August 26

TowerhouseParty Dance Hits

September 2

David Bach Consort

Contemporary Jazz

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

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Presented by Reston Community Center in cooperation with MSE Productions, Inc. and co-sponsored by Lake Anne of Reston Condominium Association.



Fab Fridays

Fridays • 7:00 p.m. – 9:00 p.m. Free • All Ages • Reston Station

Parking is free at ParkX with validation from 6:30 p.m. to 9:30 p.m. for these concerts.*

*Three hours free parking in the ParkX parking garage with validation. Look for the "Validate Here" signs on the plaza near the stage. Validation only good at ParkX and not the Metro garage.

June 4 Veronneau

Acoustic, World Jazz

June 11
Elikeh
Afro Pop

June 18

Scott Kurt & Memphis

Modern Country

June 25
Cristian Perez Band
World Music

July 2
Seth Kibel Band

Swing, Klezmer & More

July 9
Terry Lee Ryan

Classic Hits

July 16
Bad Influence

Blues & Roots

July 23

Far Away
Alternative to Covers

July 30
King Teddy
Swing

August 6
Alfredo Mojica & Friends

Latin Rhythms

August 13

Texas Chainsaw Horns

Rhythm and Blues

August 20

New Line Brass Band

New Orleans Jazz

August 27

Tobago Bay

Calypso

September 3

Aztec Sun

Funk

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

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Presented by Reston Community Center in cooperation with MSE Productions, Inc. Hosted by Reston Station.

Family Fun Entertainment Series

Saturdays • 10:00 a.m. - 10:45 a.m. • Free • All Ages

Reston Town Square Park (Corner of Market Street and Explorer Street)

Parking is free on weekends at Reston Town Center.

June 19

Classic Comedy By Lohr

A fast-paced, side-splitting family vaudeville show filled with circus skills and comedy with a sprinkling of magic thrown in the mix. One continuous surprise after another makes the time fly.

June 26

Guava Jelly

Guava Jelly creates and performs music infused with a lively island feel that is hard to resist. Before you know it, both kids and adults will be singing along!

July 3

Rocknoceros

Williebob and Boogie Woogie Bernie are Rocknoceros, the Washington, DC, area's award-winning band that makes very cool music for children of all ages.

July 10 DPT Music!

DPT Music! plays music from Louisiana – jazz, Cajun, zydeco, street parade, blues, boogie-woogie and a little rock and roll – for kids of all ages.

July 17

Unicycle Lady

Whether balancing atop a six-foot unicycle while juggling and spinning a plate in her mouth or dancing elegantly on one wheel with the grace of a ballerina, it's the physical comedy and artistry that make this a hilarious and breathtaking one-woman performance.

July 24

The Uncle Devin Show

The Uncle Devin Show is a musical experience for children taking them on a magical journey through the Land of Percussion, allowing them to hear and see different percussion instruments.

July 31

Turley the Magician

Turley the Magician will delight the entire family with his inimitable talent. His magic and humorous antics will enthrall you.

August 7

Groovy Nate

Groovy Nate creates fun and educational shows using exotic musical instruments and puppet skits. It's Sesame Street meets Parliament Funkadelic, meshed with The Electric Company, Kraftwerk and Dub Reggae.



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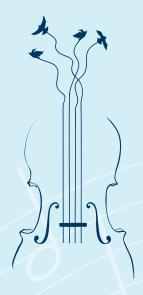
For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.

Presented by Reston Community Center and Reston Town Center Association in cooperation with MSE Productions, Inc.



Sundays ● 7:00 p.m. – 8:00 p.m. ● FREE ● All Ages
Reston Town Square Park (Corner of Market Street and Explorer Street)

Parking is free on weekends at Reston Town Center.



June 13 - Ellington Caravan

Members of the Shenandoah Conservatory Jazz faculty pay tribute to Duke Ellington and his band, performing recognizable favorites and some lesser-known treasures.

June 20 - Silver Screen: Songs from Major Motion Pictures

Presented by the Shenandoah Conservatory Musical Theater Class of 2022.

June 27 – Dynasty Decades: Songs from the 50s, 60s and Beyond!

Presented by the Shenandoah Conservatory Musical Theater Class of 2022.

July 4 – The MLO Fusion Project

This dynamic trio blends the spirit of jazz improvisation with the rhythmic energy and creativity of popular styles.

July 11 - Shenandoah Violins

Associate Professor of Violin Akemi Takayama leads top string students in an evening of popular and classical music.

July 18 – Two Bass Hit

Professor of Bass Donovan Stokes leads a program of electroacoustic gypsy jazz and folk music from around the world.

July 25 – American Voices: A Program of Opera, Musical Theatre and Classic Songs

Professor of Voice Byron Jones performs a heartwarming collection of favorites from the songbooks of our country.

August 1 – American Standards

Director of Brass Studies Matthew Niess leads an invigorating program of American jazz standards from the beginnings of jazz to the modern works of today.

August 8 – The Four Seasons of Buenos Aires

Assistant Professor of Cello Julian Schwarz, Professor of Violin Akemi Takayama and internationally acclaimed pianist Marika Bournaki present a tango-inspired journey through the changing seasons in South America.

August 15 - R2DUO

Professor of Saxophone Timothy Roberts leads a program of saxophone and piano duets from the past three centuries to reveal what is most beautiful about the instrument's sound.

August 22 - ClarVoice Trio

Professor of Clarinet Garrick Zoeter and soprano Mariana Mihai-Zoeter interpret romantic and inspiring works from around the world as well as uplifting jazz and classically inflected music.

August 29 – A Little Charm from Across the Pond

Professor of Flute Jonathan Snowden, one of Britain's most well-known flutists, performs a selection of favorite pieces from his former musical career across the pond.

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For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166. Presented by Reston Community Center and Reston Town Center Association in partnership with Shenandoah Conservatory.



Bring a picnic and your family and friends to Family Picnic Day. Play family-friendly lawn games and listen to live, local performers.

July 31 PONY BARN

CORNER OF STEEPLECHASE DRIVE AND TRIPLE CROWN ROAD

Instrumental Standards & Classics

August 7 TEMPORARY ROAD PAVILION

CORNER OF NORTH SHORE DRIVE AND TEMPORARY ROAD

Steel Drum Band

August 14 NORTH HILLS PARK

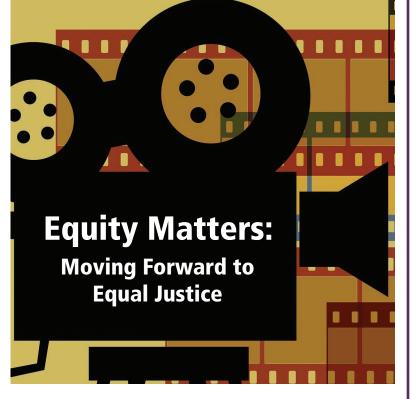
CENTER HARBOR ROAD AND NORTH VILLAGE ROAD

Bluegrass Band

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Presented by Reston Community Center and Reston Association in association with MSE Productions, Inc.

For more information, please contact Kevin Danaher, RCC's Community Events Director, at 703-390-6166.



Pushout: The Criminalization of Black Girls in Schools

Sunday, June 27

3:00 p.m.

RCC Hunters Woods – the CenterStage

Free • Registration Req. • #261012-1S

Due to COVID-19, social-distancing measures, masks and advance registration are required.

Recent events demonstrate that the ongoing struggle for racial justice and equitable treatment for Blacks in America remain urgent efforts. Join local Black leaders for these thought-provoking and deeply emotional films and their dialog following the screening about how the subjects connect to their lives.

This documentary takes a close look at the educational, judicial and societal disparities facing Black girls. The movie is inspired by the groundbreaking book of the same name by renowned scholar Monique W. Morris, Ed.D. The film confronts the ways in which the misunderstanding of Black girlhood has led to excessive punitive discipline, which in turn disrupts one of the most important factors in their lives, their education.



Lake Anne Roots Music Festival

Saturday, July 10

1:00 p.m. – 7:00 p.m. Lake Anne Plaza

Free • All Ages

The free festival offers a full day of folk, bluegrass, blues and old-time music with a little bit of everything in between. The festival is hosted by Lake Anne Plaza and sponsored by Friends of Lake Anne and the Lake Anne Plaza Merchants with support from Reston Community Center.

For more information, visit www.lakeanneplaza.com or call 703-471-6374.



Lake Anne Jazz and Blues Festival

Saturday, September 4

1:00 p.m. — 8:00 p.m. Lake Anne Plaza

Free • All Ages

Save the date for the 15th Annual Lake Anne Jazz and Blues Festival. Come and enjoy an afternoon and evening of jazz on the lake. The Lake Anne Jazz and Blues Festival is hosted by Lake Anne Plaza and sponsored by Friends of Lake Anne and the Lake Anne Plaza Merchants with support from Reston Community Center.

For more information visit www.lakeanneplaza.com or call 703-471-6374.



RCC Preference Poll

September 10 – October 1

Serve your community — Become a candidate for the RCC Board of Governors

You can play a vital role in shaping the future of recreation, cultural and leisure time pursuits in your community by participating in the annual RCC Preference Poll for Board of Governors positions. RCC Board members establish the overall policy and program directions for Reston Community Center while providing financial oversight. To register as a candidate, you must complete a Statement of Candidacy Form.

Statement of Candidacy Forms are available August 1 at RCC Hunters Woods and RCC Lake Anne, or online at www.restoncommunitycenter.com.

MARK YOUR CALENDARS

Candidate Filing: August 1 – 15 (until 5:00 p.m.)

Photo/Orientation: August 15

Forum: TBA

Voting: September 10 – October 1 (until 5:00 p.m.)

For more information, please contact us at RCCcontact@fairfaxcounty.gov.

Save the Date

RESTONI NULTURAL FESTIVAL

Festival celebrates Reston's rich diversity through song, dance, food and art. Learn about our mosaic of cultures as the community gathers for a delightful day at Lake Anne Plaza. This signature Reston event honors the diversity that is one of our greatest assets. Everyone is encouraged to dress in attire that shares their pride in their own cultural roots.

Saturday, September 25

11:00 a.m. – 6:00 p.m.

Lake Anne Plaza

Free • Rain or Shine • All Ages



For more information, please contact Kevin Danaher, Community Events Director, at 703-390-6166.

RCC will refer to Fairfax County Health Department recommendations for preserving public health. Accordingly, we may require mask-wearing, social distancing and health self-checks of patrons attending this RCC event. We appreciate everyone's cooperation to preserve the good health of our community.

Reston Community Center presents the Reston Multicultural Festival in partnership with Lake Anne of Reston Condominium Association; it is co-sponsored by Reston Association, with support from a variety of Reston-based organizations and businesses.



2020/2021 PROFESSIONAL TOURING ARTIST SERIES

BD Wong	19
Trout Fishing in America	20
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June is National Pride Month, and Reston Community Center is proud to welcome actor and activist BD Wong to the CenterStage.

The actor and author has been featured in many films and television programs and has been a passionate advocate for minority and LGBTQ rights in the entertainment industry.



Wong has famously portrayed several transgender characters such as Song Liling in *M. Butterfly* and Whiterose in *Mr. Robot*. He notes: "Usually, when you are an ethnic person or a trans person, in your average, every day, unsophisticated television show, you are there for that reason. And they clearly justify and over explain why. You very rarely see a transgender actor playing the part of a grocery store clerk without having to say 'Oh, look at that trans person.'"

He has worked tirelessly to give LGBTQ and Asian actors opportunities to play any characters, not just representative people. Additionally, he speaks fervently about all people wanting and deserving the same paths to happiness. On that subject, Wong says he finds himself closer to that ideal. "Before becoming a father, I can remember a low-level feeling of not quite being myself," he notes.

I look forward to sharing this remarkable performer with you and learning more about his advocacy and career.

Don't miss this or any of the terrific June programs at the CenterStage.

TICKET SALES DATES

May 1

The Box Office will be open from 4:00 p.m. – 9:00 p.m. for sales of Professional Touring Artist Series tickets for residents and/or employees of businesses in Small District 5 for shows in June.

May 8

Professional Touring Artist Series tickets will go on sale to the general public and online at 4:00 p.m. for shows in June.

Order forms are available at www.restoncommunitycenter.com.

Paul Douglas Michnewicz Arts & Events Director



BD Wong ACTOR AND ACTIVIST

Saturday, June 5 8:00 p.m.

BD Wong has been on screens big and small for the last 20 years, appearing in such hits as Law & Order: SVU, Oz, Gotham, Jurassic Park and Jurassic World. He received an Emmy nomination for his role as Whiterose/Minister Zhang in Mr. Robot. Lauded for his resonant and inspirational messages, BD speaks on issues like racial self-image, Asian American parental pressure and the "model-minority myth," and the challenges of multiple identities. BD is an advocate for The Trevor Project's "It Gets Better" campaign and was honored for his support of the LGBTQ community at the annual Marriage Equality Gala.

\$20 Reston/\$40 Non-Reston



Trout Fishing in America Saturday, June 12 3:00 p.m.

Trout Fishing in America is the longstanding, four-time Grammy-nominated musical partnership of Keith Grimwood and Ezra Idlet. A willingness to at once make fun of our most annoying daily habits, then to touch our hearts with tender and passionate images of family life is what makes the connection between Trout Fishing in America and its audiences so compelling and poignant.



"... the Lennon and McCartney of kids' music."

\$10 Reston/\$20 Non-Reston



An Afternoon with Valerie Theberge

Sunday, June 13 3:00 p.m.

Join artist Valerie Theberge and Public Art Reston as they share background stories about the public artworks created by Theberge in Reston. Learn about the different processes involved and the ways the artist engaged with each commission and the community. Theberge's works are located at the Glade Drive Underpass, Dogwood Pool complex, Russell at Reston Station on Sunrise Valley Drive and Hunters Woods Elementary School. She will share images of the projects — both while in progress and completed. Following the event, participants will be able to view Theberge's latest Reston project for RCC's Terry L. Smith Aquatics Center.

Free • Registration Required #210022-1A

CENTERSTAGE BOX OFFICE INFORMATION

Online: www.restoncommunitycenter.com

Available until two hours before a performance and requires payment of a processing fee.

By Mail: Return a Ticket Order Form to RCC Box Office

2310 Colts Neck Road, Reston, VA 20191

In Person: Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.

Saturday: 1:00 p.m. - 5:00 p.m., and two hours prior to curtain time

Phone: 703-476-4500, Press '3' • TTY 711

Please provide the following information when you call:

Your name with the correct spelling as it appears on your Visa, MasterCard or Discover credit card;

• The best telephone number for us to return your call;

The performance title, date and curtain time you wish to attend;

• The number of tickets you wish to order and whether they are Reston, Non-Reston;

• Your Visa, MasterCard or Discover credit card number and its expiration date (no American Express please);

• The billing address of your credit card including zip code;

• Your email address if you would like a confirmation to be sent to you.

Fax: Fax Ticket Order Form to 703-476-2488

BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled. Ticket processing fees for online purchases are not refunded.
- Please indicate if a wheelchair accessible seat is needed, or
 of any other accommodations we can make to provide better
 access for patrons with any special needs; and do so as soon
 as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at least three days prior to the performance and will be scanned at the theatre door. Any issues regarding e-tickets can be addresses by calling the Box Office.
- To stay within state and county social-distancing regulations for gatherings, only a limited number of seats will be available. Only pairs of tickets may be purchased online; patrons requesting an odd number of tickets should call the RCC Box Office (703-476-4500, Press "3"), or, they may visit the Box Office during normal hours (Tuesday – Thursday, 4:00 p.m. to 9:00 p.m.; Saturday, 1:00 p.m. to 5:00 p.m.) to select seats.

Tickets for the 2020–2021 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online at www.restoncommunitycenter.com.

DIRECTIONS:

The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:

From Route 495 via Dulles Toll Road (Route 267):

Take Exit 12 to Reston Parkway Left on Reston Parkway Left on South Lakes Drive Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

From Route 495 via Leesburg Pike (Route 7) going West:

Left on Baron Cameron Ave (Route 606)
Left on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Road
Go 1/2 mile and turn left into Hunters Woods Village Center

From Centreville via Route 28

Go North on Route 28
Take Dulles Toll Rd East
Take Exit 12 onto Reston Parkway
Right on Reston Parkway
Left on South Lakes Drive
Right on Colts Neck Rd
Go 1/2 mile and turn left into Hunters Woods Village Center

PERFORMING ARTS

Reston's nonprofit arts groups are rehearsing and planning during the summer months. These wonderful organizations are eagerly anticipating a return to more typical seasons of performances, exhibits, events and more in the fall. Keep up with their activities by visiting these websites:

Ravel Dance Studio www.raveldance.com

GroundShare Arts Alliance groundsharearts.com

Reston Chorale www.restonchorale.org

Reston Community Orchestra restoncommunityorchestra.org

Reston Community Players restonplayers.org



VISUAL ARTS

Public Art Reston

www.publicartreston.org

Public Art Reston seeks to inspire an ongoing commitment to public art and create a new generation of artworks in Reston. It does so by working with community organizations to develop permanent and temporary public art projects and to present educational programs. Public Art Reston also works with developers to provide professional expertise to assist them through the public art process when they commission public artworks as part of a proffer commitment. More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007 and since the adoption of the Public Art Master Plan for Reston in 2008. Reston's public art is always accessible both online and outdoors! Check out the free Public Art Map of Reston and Public Art Bike Rides to visit the collection while walking or cycling.

Looking for creative activities to do with kids this summer? Five free, fun-filled

Public Art Explorer packets are designed for intergenerational audiences to foster conversations and art making at home or while "exploring" art around town. Each packet features one of Reston's public artists and special themes related to their works.

This summer, check out Reston's newest public art completed in 2020, including South Lakes High School STEAM Team's Part and Parcel on the Lake Thoreau spillway; Marco Rando's Intent, Wooden Horse at Lake Anne Plaza; Sue Wrbican's Buoyant Force at Reston Town Square Park; and several public artworks commissioned by developers including DeWitt Godrey's Simon, Valerie Theberge's Continuum and Kelsey Montaque's Reston Wings mural.

Visit the Public Art Reston website and join their mailing list for updates and more information.

Public Art Reston programs are supported in part by Reston Community Center, ArtsFairfax, the Virginia Commission for the Arts and the National Endowment for the Arts.

GOVERNMENT FUNDERS

ArtsFairfax: www.artsfairfax.org

Virginia Commission for the Arts: www.arts.virginia.gov

National Endowment for the Arts: www.arts.gov

League of Reston Artists

www.leagueofrestonartists.org

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA has a dual mission: 1) to provide its members with opportunities to grow, learn and exhibit their creative accomplishments, and 2) to provide the local community with frequent opportunities to experience and appreciate a wide range of visual arts and to gain insight into the creative process. Quarterly meetings with guest speakers and artist demonstrations offer learning and inspiration for LRA members while raising awareness and appreciation of the arts. Non-member art lovers are always welcome. Numerous judged and juried shows in venues throughout the community give member artists and photographers challenging exhibition opportunities. Each year, new members join and volunteers coordinate fresh opportunities to partner with local businesses and display and sell artwork produced by area artists. Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 15 commercial and public places, solo exhibits are on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website. All programs, meetings, exhibits and their receptions will be subject to current public health guidelines.

JUNE

Reston Photographic Society Exhibit RCC Lake Anne – Jo Ann Rose Gallery Reception: Sunday, June 6 2:00 p.m. – 4:00 p.m.

MID-JULY - AUGUST

League of Reston Artists Small Works Exhibit

A large display of small-scale paintings and photography pieces

RCC Lake Anne - 3D Gallery

LRA is a nonprofit 501(c)(3) volunteerrun organization that sponsors the Reston Photographic Society and provides an annual scholarship to a promising high school senior who will continue his or her education in the visual arts. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. LRA relies on its member volunteers and donations from the artloving community to fulfill its mission.



Reston Art Gallery and Studios (RAGS)

703-481-8156

www.restonartgallery.com

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed media collage, and acrylic and oil paintings.

JUNE

Florals, Seascapes and Rural Scenes
New Work by Dorothy Donahey
Reception: Sunday, June 13
2:00 p.m. – 4:00 p.m.

JULY

Art in Motion
Mobiles and stabiles by Wayne Schiffelbein
Reception: Sunday, July 11
2:00 p.m. – 4:00 p.m.

AUGUST

Fall in Love with Art
Fine art jewelry and new paintings by
Sandy Dovberg
Reception: Sunday, August 8

Gallery hours: Saturday and Sunday,

2:00 p.m. - 4:00 p.m.

12:00 p.m. - 5:00 p.m.

Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops:

10:00 a.m. - 12:00 p.m. on Saturdays.

Tephra Institute of Contemporary Art (Tephra ICA)

Formerly Greater Reston Arts Center (GRACE)

www.tephraica.org

Tephra Institute of Contemporary Art (formerly Greater Reston Arts Center) is committed to promoting innovative contemporary art and thinking. Leading with curiosity and care, we are a catalyst, generator, and advocate for visual and interdisciplinary arts. Tephra ICA's exhibitions and programs highlight contemporary artists whose practices are often globally influenced, culturally diverse and conceptually advanced.

We provide education initiatives and public programs that encourage the development of critical thinking, creative expression and support the interconnectivity of art and ideas. Admission to the Tephra ICA gallery is always FREE, as are most programs.

Tephra ICA gratefully acknowledges the generosity of its individual members and donors, state and county grantors, and corporate sponsors.

Tephra ICA is supported in part by ArtsFairfax, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts.

RCC GALLERY EXHIBITS

RCC Lake Anne Jo Ann Rose Gallery

JUNE

Reston Photographic Society Exhibit
League of Reston Artists (LRA)
Reception: Sunday, June 6
2:00 p.m. – 4:00 p.m.

JULY

All My Travels
Mixed Media Works by Ann Millard
Reception: Sunday, July 11
2:00 p.m. – 4:00 p.m.

AUGUST

Abstracts with Attitude
Acrylic and Mixed Media Exhibit by
Octavia Frazier and Marthe McGrath
Reception: Sunday, July 25
2:00 p.m. – 4:00 p.m.

RCC Lake Anne 3D Gallery Exhibits

JUNE - MID-JULY

The Joy of Creating
Annual Teachers and Students Art Exhibit

MID-JULY - AUGUST

League of Reston Artists Small Works Exhibit

A large display of small-scale paintings and photography pieces

RCC Hunters Woods Exhibits

JUNE

Behold: The Beauty of the Earth!
Oil and encaustic paintings by Richard Neff
Fabric art by Ava Neff

JULY/AUGUST

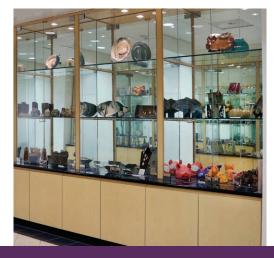
Places We Have Seen,
People We Have Met
Oil Paintings by Margarita Reyes and
Albert Halac

Anyone attending an art exhibit or reception will be required to do the following:

- 1. Wear a mask that covers both nose and mouth.
- 2. Assess themselves to be healthy by completing a self-check of the COVID-19 symptoms list prior to coming to RCC.
 - 3. Remain six feet apart from others at all times.
 - 4. Wash or sanitize hands.
- 5. Complete the contact tracing information form available in the Gallery and provide it to the Customer Service Desk before leaving.

We appreciate your cooperation as we endeavor to keep everyone safe and healthy.







VOLUNTEER

Adapted Aquatics Volunteers

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.

RCC Hunters Woods

June 16 – August 28

Sat 11:00 a.m. – 12:00 p.m. Registration Required through VMS.

Thank You!

Volunteer Recognition Dinner

Saturday, June 12 4:30 p.m. – 5:30 p.m.

Volunteers — Save the date for the "By Invitation Only" Volunteer Recognition. We look forward to recognizing your contributions to building community and enriching lives at this event hosted by the Reston Community Center's Board of Governors.



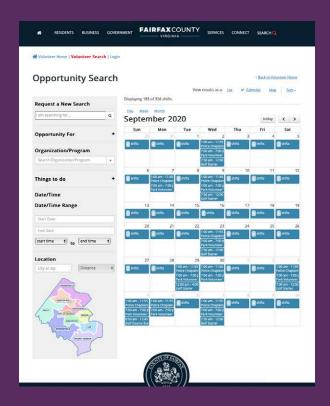
VOLUNTEER MANAGEMENT SYSTEM

Fairfax County has a consolidated, County-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

- 1. Visit: volunteer.fairfaxcounty.gov
- 2. Click on "Log In" then "New Volunteer Registration" and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
- 3. Once you have created your account, click on "Search for Opportunities." You may do an "Organization Search" to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the "Request a New Search" field.
- 4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.

Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

For questions or concerns with this system, please contact the RCC Community Events Director at 703-390-6166 or Kevin.Danaher@fairfaxcounty.gov.





AQUATICS

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SUMMER POOL SCHEDULE • JUNE 1 – AUGUST 29

The Terry L. Smith Aquatics Center will be closed for Annual Maintenance from August 30 – September 6
It will reopen on September 7.

	Lap Pool	Warm Water Pool
Monday-Thursday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	6:00 a.m. – 12:00 p.m.* 1:00 p.m. – 9:00 p.m.*
Friday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	6:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*
Saturday	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	1:00 p.m. – 6:00 p.m.*
Sunday	10:00 a.m. — 12:00 p.m.* 1:00 p.m. — 6:00 p.m.*	1:00 p.m. – 6:00 p.m.*

*Swim lanes may be limited.

Please note that the pool schedule is subject to change without notice. RCC schedules programming during open and lap swim times.

The pools will be closed from 12:00 p.m. to 1:00 p.m. everyday for a deep cleaning.

Programming will receive priority for pool space.

RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms.
 Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that

AQUATICS HOLIDAY HOURS:*

*Some restrictions to lap lane or warm water pool access may apply.

Memorial Day: May 31 • 6:00 a.m. − 1:00 p.m.

Juneteeth (Observed): June 18 • 6:00 a.m. − 9:00 p.m.

Independence Day: July 4 • 9:00 a.m. − 1:30 p.m.

Independence Day (Observed): July 5 • 6:00 a.m. − 9:00 p.m.

Annual Maintenance: August 30 − September 6 • CLOSED

people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate your attention to hair that is shed from shampooing as well.

 Children 6 years and older must use the locker room appropriate to their gender.
 Please keep that in mind when bringing children to the pool.

If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate

you removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. – 4:00 p.m., seven days a week as well as Noon – 1:00 p.m., Monday – Saturday.

RCC PASS OPTIONS

Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. 12-Month passes are valid from date of purchase and do not renew automatically.

Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion class offerings This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

To make a reservation, buy or renew your pass, visit myRCC.

POOL FEES				
Reston Resident/ Employee Non-Reston				
Daily Visit Pass (Price Per Visit)				
Adult	\$4.10	\$8.20		
Youth & Senior	\$2.50	\$5		
Monthly Pool Pass				
Adult	\$40	\$80		
Youth & Senior	\$20	\$40		
Aquatics Annual Pass				
Adult	\$476	\$952		
Youth & Senior	\$243	\$486		

WATER AEROBICS FEES

Reston Resident/

	Employee	Non-Reston	
	Water Aerobics Pass (Price Per Visit)	
Adult	\$4.50	\$9	
Youth & Senior	\$3	\$6	

PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service Desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk.

30-minute session • \$35 (R)/\$53 (NR)





SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500, TTY 711.

GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

FREE

DEAP offerings are free for Reston residents and employees of Reston businesses.



Reston Community Center and Reston Association have teamed up to improve our community's safety around its many pools. Drowning remains the nation's second-leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries.

RCC SUMMER LEARN-TO-SWIM FREE INTRO SESSIONS

Beginning levels of "Learn-to-Swim" offerings are offered to Reston non-swimmers free of charge for the first enrollment. Free enrollment is limited to one class per swimmer and is available only to Reston patrons.

ROOKIE I

(4 - 5 years old)

Rookie I is for children 4 to 5 years old with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

See page 38 for times and dates.

LEVEL 1

(6 - 12 years old)

Level 1 is for beginners with little or no swimming experience. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

See page 41 for times and dates.

RCC/RA FREE PRESENTATIONS

RA and RCC offer two free land-based presentations targeted for different audiences and community civic groups. By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools.

LONGFELLOW'S WHALE TALES

(5-12 years old)

This program is a one-hour interactive presentation with fun activities designed to make water safety practices easy to learn.

WATER SAFETY PRESENTATION

(18 years and older)

Enjoy a 90-minute presentation including a question and answer period focused on water safety training to keep families safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.





WATER SAFETY ACADEMY

Lifeguard Training Blended Learning

(15 years and older)

Blended learning combines online learning with in-person skills sessions, where participants will practice skills and demonstrate competency. Please plan to complete all eLearning modules, including the CPR/AED for Professional Saviors and First Aid final eLearning exam. The eLearning portion of the course is approximately seven hours.

To enroll in the course, participants must be able to pass a prerequisite skills evaluation by doing the following: Swim 300 yards continuously, tread water for two minutes, complete a timed event within one minute, 40 seconds (swim 20 yards, retrieve a heavy object from the deepest part of the pool and swim 20 yards with the object, on back to return to the starting point).

Please begin the online session as soon as possible after registration to ensure the ability to complete all eLearning modules prior to the first day of the course. To successfully complete the course, participants must complete the eLearning modules and provide the printed course completion certificate, attend the entire course, participate in all skill sessions/drills, activities and scenarios, and demonstrate competency in all required skills and scenarios.

Please contact Brittany Kartchner, Aquatics Operations Director, at 703-390-6149 with any questions.

3 sessions at RCC Hunters Woods \$50 (R)/\$200 (NR)

June 11 – 13

Fri 4:30 a.m. – 9:30 p.m. Sat, Sun 8:00 a.m. – 6:00 p.m. 641243-2A Staff The American Red Cross has some tips to ensure water safety for all ages.

Ensure every member of your family learns to swim so they at least achieve skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely. The Red Cross says that while 80 percent of Americans say they can swim, less than half can do all five steps.

Employ layers of protection including barriers to prevent access to water, life jackets and close supervision of children to prevent drowning.

Know what to do in a water emergency — including how to help someone in trouble in the water safely, call for emergency help and CPR.



RESTON MASTERS SWIM TEAM (RMST)

(18 years and older)

The Reston Masters Swim Team (RMST) has been in existence since 1974. The "Masters" team has been at Reston Community Center since the pool opened. Masters Swimming is a national program under the auspices of U.S. Masters Swimming, a nationwide organization dedicated to the promotion of swimming in all its forms. The word "masters" in masters swimming does not imply expertise. It merely applies to age. Masters swimmers must be 18 years or older. Our team has members who range in age from 18 to 80-plus years old. RMST provides a venue for swimmers at all levels and for all reasons. We have fitness swimmers, triathletes and highly competitive swimmers. At this time, we have several members who are national champions (including our 80-plus year old). We have swimmers who swam in high school and/or college and either continued over the years or want to get back in the shape they were "way back when." We also have swimmers who are not competitive but simply enjoy swimming in an organized program.

Our indoor season is in the Terry L. Smith Aquatics Center. Terry was a longtime member of our team as well as a longtime member of the

RCC Board. Our current coach, Frank Koval, has brought the team to a level of expertise that has seen us compete and win nationally on a regular basis. In the past two years, RMST has come in fifth and sixth respectively in the national championships, which bring out about 100 teams each year. We swim Tuesday, Thursday and Sunday evenings, and Saturday mornings. For exact times, please check the calendar on our website.

Our dues are low and our enthusiasm is high. If you would like to learn more about us, please check our website at www.restonmasters.com.



RESTON SWIM TEAM ASSOCIATION

(6 - 18 years old)

The Reston Swim Team Association is a year-round developmental swim league open to all swimmers between the ages of 6 and 18.

RSTA's summer league features eight teams, each with 110 swimmers from the greater Reston area. Swimmers practice almost daily from late May to the end of July and compete in six dual meets, an Individual Medley meet, and a select All-Star meet. RSTA's winter program provides developmental clinics and sessions from September through May designed to improve swimmers' stroke technique and endurance.

Whether you are a beginner who wants to become competitive or a swimmer who wants to improve strokes, RSTA offers a program to suit your needs. Check our website at www.rsta.org.



LAP SWIM INFORMATION

Reservations will be for a 45-minute time slot. There will be 15 minutes allotted after swimming to exit the pool and utilize the locker rooms. There will be no lockers available for daily usage. A valid Aquatics Daily Visit pass, an Aquatics Monthly pass or an Aquatics Annual pass is required to complete the reservation. Due to COVID-19 and social-distancing requirements, lap swim now requires registration. To register, sign into myRCC and select the date and time you wish to swim. Registration for a lap swim reservation is free, but patrons are required to purchase an Aquatics Daily pass, an Aquatics Monthly or an Aquatics Annual pass and swipe the pass prior to each registered reservation. Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Aquatics Daily passes may be purchased for a minimum of five visits to a maximum of 60 visits and expire two years from date of purchase. Aquatics Monthly and Aquatics Annual passes are valid from date of purchase and do not renew automatically.

Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Reg.

June 1 - August 29

6C0901-2H

Mon-Fri 6C0901-2A	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0901-2B	8:00 a.m. – 8:45 a.m.
Mon-Sat 6C0901-2C	9:00 a.m. – 9:45 a.m.
Mon-Sat 6C0901-2D	10:00 a.m. – 10:45 a.m.
Mon-Sat 6C0901-2E	11:00 a.m. – 11:45 a.m.
Mon-Sat 6C0901-2F	1:00 p.m. – 1:45 p.m.
Mon-Sat 6C0901-2G	2:00 p.m. – 2:45 p.m.
Mon-Sat	3:00 p.m. – 3:45 p.m.

Mon-Sat 6C0901-2I	4:00 p.m. – 4:45 p.m.
Mon-Sat 6C0901-2J	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0901-2K	6:00 p.m. – 6:45 p.m.

Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

June 1 - August 29

Mon-Sat

6C0902-2I

Mon-Thu

6C0902-2J Mon-Thu

6C0902-2K

Mon-Fri 6C0902-2A	7:00 a.m. – 7:45 a.m
Mon-Fri 6C0902-2B	8:00 a.m. – 8:45 a.m
Mon-Sat 6C0902-2C	9:00 a.m. – 9:45 a.m
Mon-Sat 6C0902-2D	10:00 a.m. – 10:45 a.m
Mon-Sat 6C0902-2E	11:00 a.m. – 11:45 a.m
Mon-Sat 6C0902-2F	1:00 p.m. – 1:45 p.m
Mon-Sat 6C0902-2G	2:00 p.m. – 2:45 p.m
Mon-Sat 6C0902-2H	3:00 p.m. – 3:45 p.m

4:00 p.m. - 4:45 p.m.

5:00 p.m. - 5:45 p.m.

6:00 p.m. - 6:45 p.m.

Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

June 1 - August 29

June 1 – August 29				
	Mon-Fri 6C0903-2A	7:00 a.m. – 7:45 a.m.		
	Mon-Fri 6C0903-2B	8:00 a.m. – 8:45 a.m.		
	Mon-Sat 6C0903-2C	9:00 a.m. – 9:45 a.m.		
	Mon-Sun 6C0903-2D	10:00 a.m. – 10:45 a.m.		
	Mon-Sun 6C0903-2E	11:00 a.m. – 11:45 a.m.		
	Mon-Sun 6C0903-2F	1:00 p.m. – 1:45 p.m.		
	Mon-Sun 6C0903-2G	2:00 p.m. – 2:45 p.m.		
	Mon-Sun 6C0903-2H	3:00 p.m. – 3:45 p.m.		
	Mon-Sun 6C0903-2I	4:00 p.m. – 4:45 p.m.		
	Mon-Sun 6C0903-2J	5:00 p.m. – 5:45 p.m.		
	Mon-Thu 6C0903-2K	6:00 p.m. – 6:45 p.m.		

Patrons who need to cancel a reservation can now do that in myRCC.

This will help RCC fill the vacated spot with someone on a waitlist more easily.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/HowTo

Have Questions About Reservation Programs? www.restoncommunitycenter.com/PassFAQs



Lap Pool - Lane 5

This is a reservation time slot for lap

swimming in the Lap Pool at the Terry L.

Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool

(8 years and older)

Pass, Registration Req.

June 1 – August 29

Lap Pool - Lane 4

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

June 1 - August 29

6C0904-2K

Mon-Fri 6C0904-2A	7:00 a.m. – 7:45 a.m.	Mon-Fri 6C0905-2A	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0904-2B	8:00 a.m. – 8:45 a.m.	Mon-Fri 6C0905-2B	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0904-2C	9:00 a.m. – 9:45 a.m.	Mon-Fri 6C0905-2C	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0904-2D	10:00 a.m. – 10:45 a.m.	Mon-Fri 6C0905-2D	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0904-2E	11:00 a.m. – 11:45 a.m.	Mon-Fri 6C0905-2E	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0904-2F	1:00 p.m. – 1:45 p.m.	Mon-Sun 6C0905-2F	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0904-2G	2:00 p.m. – 2:45 p.m.	Mon-Sun 6C0905-2G	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0904-2H	3:00 p.m. – 3:45 p.m.	Mon-Sun 6C0905-2H	3:00 p.m. – 3:45 p.m.
Mon-Sun 6C0904-2I	4:00 p.m. – 4:45 p.m.	Mon-Sun 6C0905-2I	4:00 p.m. – 4:45 p.m.
Mon-Sun 6C0904-2J	5:00 p.m. – 5:45 p.m.	Mon-Sun 6C0905-2J	5:00 p.m. – 5:45 p.m.
Mon-Thu	6:00 p.m. – 6:45 p.m.	Mon-Thu	6:00 p.m. – 6:45 p.m.

6C0905-2K

Lap Pool – Lane 6

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

45-min. sessions at RCC HW Pool Pass, Registration Req.

June 1 – August 29

Mon-Fri 6C0906-2A	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0906-2B	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0906-2C	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0906-2D	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0906-2E	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0906-2F	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0906-2G	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0906-2H	3:00 p.m. – 3:45 p.m.
Mon-Sun 6C0906-2I	4:00 p.m. – 4:45 p.m.
Mon-Sun 6C0906-2J	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0906-2K	6:00 p.m. – 6:45 p.m.

Warm War (8 years and old	ter – Zone 1	Mon-Sun 6C0952-2D	1:00 p.m. – 1:45 p.m.	
This is a reservation walking in the Wa	on time slot for water arm Water Pool at the Terry	Mon-Sun 6C0952-2E	2:00 p.m. – 2:45 p.m.	
This zone has a d	Center for 45 minutes. epth of four feet. See lap pass and registration	Mon-Sun 6C0952-2F	3:00 p.m. – 3:45 p.m.	
information.	s at RCC HW Pool	Sat, Sun 6C0952-2G	4:00 p.m. – 4:45 p.m.	
Pass, Registration March 1 – Ma	on Req.	Fri-Sun 6C0952-2H	5:00 p.m. – 5:45 p.m.	
Tue, Thu 6C0951-2A	6:00 a.m. – 6:45 a.m.	Tue, Thu 6C0952-2I	6:00 p.m. – 6:45 p.m.	
Tue, Thu 6C0951-2B	7:00 a.m. – 7:45 a.m.	Tue, Thu 6C0 952-2J	7:00 p.m. – 7:45 p.m.	
Mon, Wed, Fri 6C0951-2C	11:00 a.m. – 11:45 a.m.	Tue, Thu 6C0952-2K	8:00 p.m. – 8:45 p.m.	
Mon-Sun 6C0951-2D	1:00 p.m. – 1:45 p.m.	Warm Wat	ter – Zone 3	
Mon-Sun 6C0951-2E	2:00 p.m. – 2:45 p.m.	(8 years and old		
Mon-Sun 6C0951-2F	3:00 p.m. – 3:45 p.m.	L. Smith Aquatic (rm Water Pool at the Terry Center for 45 minutes.	
Sat, Sun 6C0951-2G	The state of the s		This zone has a depth of four feet. See lap swim info box for pass and registration information.	
Fri-Sun 6C0951-2H	5:00 p.m. – 5:45 p.m.	45-min. sessions at RCC HW Pool Pass, Registration Req.		
Tue, Thu 6C0951-2J	6:00 p.m. – 6:45 p.m.	March 1 – Ma Tue, Thu	y 31 6:00 a.m. – 6:45 a.m.	
Tue, Thu 6C0951-2K	7:00 p.m. – 7:45 p.m.	6C0963-2A Tue, Thu	7:00 a.m. – 7:45 a.m.	
Tue, Thu 6C0951-2L	8:00 p.m. – 8:45 p.m.	6C0963-2B Mon, Wed, Fri	11:00 a.m. – 11:45 a.m.	
Warm War (8 years and old	ter – Zone 2	6C0963-2C Mon-Sun 6C0963-2D	1:00 p.m. – 1:45 p.m.	
This is a reservati	on time slot for water arm Water Pool at the Terry	Mon-Sun 6C0963-2E	2:00 p.m. – 2:45 p.m.	
This zone has a d	Center for 45 minutes. epth of four feet. See lap	Mon-Sun 6C0963-2F	3:00 p.m. – 3:45 p.m.	
information.	pass and registration	Mon-Sun 6C0963-2G	4:00 p.m. – 4:45 p.m.	
45-min. sessions Pass, Registration March 1 – Ma		Fri-Sun 6C0963-2H	5:00 p.m. – 5:45 p.m.	
Tue, Thu 6C0952-2A	6:00 a.m. – 6:45 a.m.	Tue, Thu 6C0963-2I	6:00 p.m. – 6:45 p.m.	
Tue, Thu 6C0952-2B	7:00 a.m. – 7:45 a.m.	Tue, Thu	7:00 p.m. – 7:45 p.m.	

Mon, Wed, Fri

6C0952-2C

Warm Water - Zone 4 (8 years and older) This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of six feet. See lap swim info box for pass and registration information. 45-min. sessions at RCC HW Pool Pass, Registration Reg. **March 1 – May 31** Tue, Thu 6:00 a.m. – 6:45 a.m. 6C0954-2A Tue, Thu 6C0954-2B

7:00 a.m. – 7:45 a.m. Mon, Wed, Fri 11:00 a.m. – 11:45 a.m. 6C0954-2C Mon-Sun 1:00 p.m. – 1:45 p.m. 6C0954-2D Mon-Sun 2:00 p.m. – 2:45 p.m. 6C0954-2E Mon-Sun 3:00 p.m. – 3:45 p.m. 6C0954-2F Mon-Sun/ 4:00 p.m. – 4:45 p.m. 6C0954-2G Tue, Thu-Sun 5:00 p.m. – 5:45 p.m. 6C0954-2H Tue, Thu 6:00 p.m. - 6:45 p.m. 6C0954-2I Tue, Thu 7:00 p.m. – 7:45 p.m. 6C0954-2J Tue, Thu 8:00 p.m. – 8:45 p.m. 6C0954-2K

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/ PassFAQs_

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/ HowTo

8:00 p.m. - 8:45 p.m.

6C0963-2J

6C0963-2K

Tue, Thu

11:00 a.m. – 11:45 a.m.

LEARN-TO-SWIM: INFANT - 7 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
WATER INTRO	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
AQUA TOTS	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
POOL PALS & WATER FRIENDS	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
SKIPPER I	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
SKIPPER II	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
ROOKIE I	4 – 5 years	No swimming skills required. Able to follow simple instructions.
ROOKIE II	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
RANGER	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
MARLIN	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
WATER WONDER	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

HEALTH & SAFETY

Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

Water Introduction

(6-18 months)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 5 - July 17

(No Class: July 3)

Sat 9:40 a.m. – 10:10 a.m.

640000-2A

Sat 10:50 a.m. – 11:20 a.m. 640000-2B

July 24 - August 28

Sat 9:40 a.m. – 10:10 a.m. 640000-2C

Sat 10:50 a.m. – 11:20 a.m. 640000-2D

June 6 – July 18

(No Class: July 4)

Sun 10:00 a.m. – 10:30 a.m. 640002-2A

July 25 - August 29

Sun 10:00 a.m. – 10:30 a.m. 640002-2B

ADAPTED AQUATICS

Please see <u>page 43</u> for information on our Adapted Aquatics class.

PRACTICE MAKES PERFECT

"Practice Makes Perfect" is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

Aqua Tots

(18 months – 3 years old)

This class helps young children become comfortable in and around the water so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 5 – July 17

(No Class: July 3)

Sat 9:40 a.m. – 10:10 a.m. 640007-2A

Sat 10:50 a.m. – 11:20 a.m. 640007-2B

July 24 - August 28

Sat 9:40 a.m. – 10:10 a.m. 640007-2C

Sat 10:50 a.m. – 11:20 a.m. 640007-2D

June 6 - July 18

(No Class: July 4)

Sun 10:00 a.m. – 10:30 a.m. 640008-2A

July 25 - August 29

Sun 10:00 a.m. – 10:30 a.m. 640008-2B

Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

6, 20-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 6 - July 18

(No Class: July 4)

Sat 9:40 a.m. – 10:00 a.m. 640010-1C

July 25 - August 29

Sat 9:00 a.m. – 9:20 a.m. 640010-1D

June 5 – July 17

Sat 8:30 a.m. – 8:50 a.m. 640010-1D

Sat 8:30 a.m. – 8:50 a.m.

640010-2A

Sat 8:50 a.m. – 9:10 a.m.

640010-1C

Sat 8:50 a.m. – 9:10 a.m.

640010-2B

Sat 9:10 a.m. – 9:30 a.m.

640010-2C

July 24 - August 28

Sat 8:30 a.m. – 8:50 a.m.

640010-2D

Sat 8:50 a.m. – 9:10 a.m.

640010-2E

Sat 9:10 a.m. – 9:30 a.m.

640010-2F

June 6 – July 18

(No Class: July 4)

Sun 9:00 a.m. – 9:20 a.m.

640012-2A

Sun 9:20 a.m. – 9:40 a.m.

640012-2B

Sun 9:40 a.m. – 10:00 a.m.

640012-2C

Sun 10:00 a.m. – 10:20 a.m.

640012-2D

Sun 10:20 a.m. – 10:40 a.m.

640012-2E

Sun 10:40 a.m. – 11:00 a.m.

640012-2F

July 25 - August 29

Sun 9:00 a.m. – 9:20 a.m.

640012-2G

Sun 9:20 a.m. – 9:40 a.m.

640012-2H

Sun 9:40 a.m. – 10:00 a.m.

640012-21

Sun 10:00 a.m. – 10:20 a.m.

640012-2J

Sun 10:20 a.m. – 10:40 a.m.

640012-2K

Sun 10:40 a.m. – 11:00 a.m.

640012-2L

Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 5 - July 17

(No Class: July 3)

Sat 9:40 a.m. – 10:10 a.m. 640020-2A

July 24 - August 28

Sat 9:40 a.m. – 10:10 a.m. 640020-2B

Rookie I

(4 - 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

6, 30-min. sessions • Warm Water Pool Free (R)/\$130 (NR)

June 5 - July 17

(No Class: July 3)

Sat 8:30 a.m. – 9:00 a.m. 640030-2A

Sat 10:15 a.m. – 10:45 a.m. 640030-2B

July 24 - August 28

Sat 8:30 a.m. – 9:00 a.m. 640030-2C

Sat 10:15 a.m. – 10:45 a.m. 640030-2D

June 6 – July 18

(No Class: July 4)

Sun 9:00 a.m. – 9:30 a.m. 640032-2A

04003Z-ZA

Sun 10:30 a.m. – 11:00 a.m. 640032-2B

July 25 - August 29

Sun 9:00 a.m. – 9:30 a.m. 640032-2C

Sun 10:30 a.m. – 11:00 a.m. 640032-2D

June 8 – July 13

Tue 6:00 p.m. – 6:30 p.m. 640036-2A

June 10 - July 15

Thu 5:00 p.m. – 5:30 p.m. 640036-2B

July 20 - August 24

Tue 6:00 p.m. – 6:30 p.m. 640036-2C

July 22 - August 26

Thu 5:00 p.m. – 5:30 p.m. 640036-2D

8, 30-min. sessions • Warm Water Pool Free (R)/\$110 (NR)

June 7 - June 30

Mon, Wed 5:00 p.m. – 5:30 p.m. 640033-2A

July 5 – July 28

Mon, Wed 5:00 p.m. – 5:30 p.m. 640033-2B

August 2 – August 25

Mon, Wed 5:00 p.m. – 5:30 p.m. 640033-2C

Rookie II

(4 - 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 5 – July 17

(No Class: July 3)

Sat 9:05 a.m. – 9:35 a.m. 640040-2A

Sat 11:25 a.m. – 11:55 a.m. 640040-2B

July 24 – August 28

Sat 9:05 a.m. – 9:35 a.m. 640040-2C

Sat 11:25 a.m. – 11:55 a.m. 640040-2D

June 6 – July 18

(No Class: July 4)

Sun 9:30 a.m. – 10:00 a.m.

640042-2A

Sun 11:30 a.m. – 12:00 p.m. 640042-2B

July 25 – August 29

Sun 9:30 a.m. – 10:00 a.m.

640042-2C

Sun 11:30 a.m. – 12:00 p.m.

640042-2D

6, 30-min. sessions • Warm Water Pool \$60 (R)/\$90 (NR)

June 8 – July 13

Tue 5:00 p.m. – 5:30 p.m. 640046-2A

June 10 – July 15

Thu 5:30 p.m. – 6:00 p.m. 640046-2B

July 20 - August 24

Tue 5:00 p.m. – 5:30 p.m. 640046-2C

July 22 - August 26

Thu 5:30 p.m. – 6:00 p.m. 640046-2D

8, 30-min. sessions • Warm Water Pool \$75 (R)/\$110 (NR)

June 7 – June 30

Mon, Wed 5:00 p.m. – 5:30 p.m. 640043-2A

July 5 – July 28

Mon, Wed 5:00 p.m. – 5:30 p.m. 640043-2B

August 2 – August 25

Mon, Wed 5:00 p.m. – 5:30 p.m. 640043-2C

REGISTER TODAY DON'T DELAY!

Help us avoid program cancellations by registering at least one week before the start date.

WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.



Ranger

(4 - 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 5 – July 17

(No Class: July 3)

Sat 9:05 a.m. – 9:35 a.m.

640050-2A

Sat 9:40 a.m. – 10:10 a.m. 640050-2B

July 24 – August 28

Sat 9:05 a.m. – 9:35 a.m.

640050-2C

Sat 9:40 a.m. – 10:10 a.m. 640050-2D

June 6 – July 18

(No Class: July 4)

Sun 11:30 a.m. – 12:00 p.m.

640052-2A

July 25 – August 29

Sun 11:30 a.m. – 12:00 p.m. 640052-2B

6, 30-min. sessions • Warm Water Pool \$60 (R)/\$90 (NR)

June 8 - July 13

Tue 5:30 p.m. – 6:00 p.m. 640056-2A

July 20 - August 24

Tue 5:30 p.m. – 6:00 p.m. 640056-2B

8, 30-min. sessions • Warm Water Pool \$75 (R)/\$110 (NR)

June 7 - June 30

Mon, Wed 6:00 p.m. – 6:30 p.m. 640053-2A

July 5 - July 28

Mon, Wed 6:00 p.m. – 6:30 p.m. 640053-2B

August 2 – August 25

Mon, Wed 6:00 p.m. – 6:30 p.m. 640053-2C

Marlin

(4 - 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

6, 30-min. sessions • Lap Pool \$65 (R)/\$130 (NR)

June 5 - July 17

(No Class: July 3)

Sat 10:15 a.m. – 10:45 a.m. 640060-2A

July 24 - August 28

Sat 10:15 a.m. – 10:45 a.m. 640060-2B

June 6 - July 18

(No Class: July 4)

Sun 10:30 a.m. – 11:00 a.m. 640062-2A

July 25 - August 29

Sun 10:30 a.m. – 11:00 a.m. 640062-2B

6, 30-min. sessions • Lap Pool \$60 (R)/\$90 (NR)

June 8 – July 13

Tue 6:30 p.m. – 7:00 p.m. 640066-2A

July 20 – August 24

Tue 6:30 p.m. – 7:00 p.m. 640066-2B

PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels. For more information, see page 29.

WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

LEARN-TO-SWIM: 6 - 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
SWIM LEVEL 1	6 – 12 years	No swimming skills required.
SWIM LEVEL 2	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
SWIM LEVEL 3	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
SWIM LEVEL 4	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute and swim elementary backstroke for 15 yards.
SWIM LEVEL 5	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
SWIM LEVEL 6	6 – 12 years	Swim front crawl for 50 yards, the swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
STROKE-N- TURN	6 – 8 years	Student must be able to continuously swim 25 yards and demonstrate the use of two different strokes.
STROKE-N- TURN	9 – 12 years	Student must be able to continuously swim 50 yards and demonstrate the use of two different strokes.

Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

Even very small children can learn water safety basics.
The American Red Cross recommends ensuring every member of the family learns to swim so they know these basic safety skills: how to enter the water, get a breath, stay afloat, change position, swim a distance and get out of the water safely.



Level 1

(6 - 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

6, 30-min. sessions • Warm Water Pool Free (R)/\$130 (NR)

June 5 - July 17

(No Class: July 3)

Sat 8:30 a.m. – 9:00 a.m.

640310-2A

Sat 10:50 a.m. – 11:20 a.m. 640310-2B

July 24 - August 28

Sat 8:30 a.m. – 9:00 a.m. 640310-2C

040310-2C

Sat 10:50 a.m. – 11:20 a.m. 640310-2D

June 6 – July 18

(No Class: July 4)

Sun 9:00 a.m. – 9:30 a.m.

640312-2A

Sun 11:00 a.m. – 11:30 a.m. 640312-2B

July 25 - August 29

Sun 9:00 a.m. – 9:30 a.m.

640312-2C

Sun 11:00 a.m. – 11:30 a.m. 640312-2D

June 8 – July 13

Tue 6:30 p.m. – 7:00 p.m. 640316-2A

June 10 - July 15

Thu 5:00 p.m. – 5:30 p.m. 640316-2B

July 20 - August 24

Tue 6:30 p.m. – 7:00 p.m. 640316-2C

July 22 - August 26

Thu 5:00 p.m. – 5:30 p.m. 640316-2D

8, 30-min. sessions • Warm Water Pool Free (R)/\$110 (NR)

June 7 - June 30

Mon, Wed 5:30 p.m. – 6:00 p.m. 640313-2A

July 5 - July 28

Mon, Wed 5:30 p.m. – 6:00 p.m. 640313-2B

August 2 – August 25

Mon, Wed 5:30 p.m. – 6:00 p.m. 640313-2C

Level 2

(6 - 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and combined swim front for five strokes using arms, kicking, and breathing.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$130 (NR)

June 6 – July 18

(No Class: July 4)

Sat 11:00 a.m. – 11:30 a.m. 640320-1B

June 5 – July 17

Sat 9:05 a.m. – 9:35 a.m.

640320-1B

Sat 9:05 a.m. – 9:35 a.m.

640320-2A

Sat 11:25 a.m. – 11:55 a.m.

640320-2B

July 24 – August 28

Sat 9:05 a.m. – 9:35 a.m.

640320-2C

Sat 11:25 a.m. – 11:55 a.m.

640320-2D

June 6 – July 18

(No Class: July 4)

Sun 10:00 a.m. — 10:30 a.m.

640322-2A

Sun 11:30 a.m. – 12:00 p.m.

640322-2B

July 25 – August 29

Sun 10:00 a.m. – 10:30 a.m.

640322-2C

Sun 11:30 a.m. – 12:00 p.m. 640322-2D

6, 30-min. sessions • Warm Water Pool \$60 (R)/\$90 (NR)

June 8 – July 13

Tue 5:00 p.m. – 5:30 p.m. 640326-2A

June 10 – July 15

Thu 5:30 p.m. – 6:00 p.m. 640326-2B

July 20 – August 24

Tue 5:00 p.m. – 5:30 p.m. 640326-2C

July 22 - August 26

Thu 5:30 p.m. – 6:00 p.m. 640326-2D

8, 30-min. sessions • Warm Water Pool \$75 (R)/\$110 (NR)

June 7 - June 30

Mon, Wed 5:30 p.m. – 6:00 p.m. 640323-2A

July 5 – July 28

Mon, Wed 5:30 p.m. – 6:00 p.m. 640323-2B

August 2 – August 25

Mon, Wed 5:30 p.m. – 6:00 p.m. 640323-2C

Level 3

(6 - 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

6, 30-min. sessions • Lap Pool \$65 (R)/\$130 (NR)

June 5 – July 17

(No Class: July 3)

Sat 10:15 a.m. – 10:45 a.m.

640330-2A

July 24 - August 28

Sat 10:15 a.m. – 10:45 a.m. 640330-2B

June 6 – July 18

(No Class: July 4)

Sun 9:30 a.m. – 10:00 a.m. 640332-2A

July 25 – August 29

Sun 9:30 a.m. – 10:00 a.m. 640332-2B

6, 30-min. sessions • Lap Pool \$60 (R)/\$90 (NR)

June 8 - July 13

Tue 5:30 p.m. – 6:00 p.m. 640336-2A

July 20 – August 24

Tue 5:30 p.m. – 6:00 p.m. 640336-2B

8, 30-min. sessions • Lap Pool \$75 (R)/\$110 (NR)

June 7 - June 30

Mon, Wed 6:00 p.m. – 6:30 p.m. 640333-2A

July 5 – July 28

Mon, Wed 6:00 p.m. – 6:30 p.m. 640333-2B

August 2 - August 25

Mon, Wed 6:00 p.m. – 6:30 p.m. 640333-2C

Level 4

(6-12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for 2 minutes.

6, 30-min. sessions • Lap Pool \$65 (R)/\$130 (NR)

June 5 - July 17

(No Class: July 3)

Sat 9:40 a.m. – 10:10 a.m. 640340-2A

July 24 - August 28

Sat 9:40 a.m. – 10:10 a.m. 640340-2B

June 6 - July 18

(No Class: July 4)

Sun 11:00 a.m. – 11:30 a.m. 640342-2A

July 25 - August 29

Sun 11:00 a.m. – 11:30 a.m. 640342-2B

6, 30-min. sessions • Lap Pool

\$60 (R)/\$90 (NR)

June 8 – July 13

Tue 6:00 p.m. – 6:30 p.m. 640346-2A

July 20 – August 24

Tue 6:00 p.m. – 6:30 p.m. 640346-2B

Level 5

(6-12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

6, 45-min. sessions • Lap Pool \$75 (R)/\$150 (NR)

June 5 - July 17

(No Class: July 3)

Sat 10:15 a.m. – 11:00 a.m. 640350-2A

July 24 – August 28

Sat 10:15 a.m. – 11:00 a.m. 640350-28

6, 45-min. sessions • Lap Pool \$65 (R)/\$100 (NR)

June 10 – July 15

Thu 6:00 p.m. – 6:45 p.m. 640356-2A

July 22 - August 26

Thu 6:00 p.m. – 6:45 p.m. 640356-2B

Level 6

(6-12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front crawl back crawl, introduction to swim equipment (pull buoys and fins), and retrieving an object from eight feet deep.

6, 45-min. sessions • Lap Pool \$75 (R)/\$150 (NR)

June 5 - July 17

(No Class: July 3)

Sat 11:05 a.m. – 11:50 a.m. 640360-2A

6, 45-min. sessions • Lap Pool \$75 (R)/\$150 (NR)

July 24 – August 28

Sat 11:05 a.m. – 11:50 a.m. 640360-2B

8, 45-min. sessions • Lap Pool \$85 (R)/\$130 (NR)

June 7 - June 30

Mon, Wed 6:30 p.m. – 7:15 p.m. 640363-2A

July 5 – July 28

Mon, Wed 6:30 p.m. – 7:15 p.m. 640363-2B

August 2 - August 25

Mon, Wed 6:30 p.m. – 7:15 p.m. 640363-2C



Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$52 (R55+)/\$130 (NR)

June 5 – July 17

(No Class: July 3)

Sat 10:50 a.m. – 11:20 a.m. 640190-2A

Sat 11:25 a.m. – 11:55 a.m. 640190-2B

July 24 – August 28

Sat 10:50 a.m. – 11:20 a.m. 640190-2C

Sat 11:25 a.m. – 11:55 a.m. 640190-2D

VOLUNTEERS NEEDED!

See <u>page 26</u> for more information.

13 YEARS AND OLDER

Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

6, 30-min. sessions • Warm Water Pool \$65 (R)/\$52 (R55+)/\$130 (NR)

June 5 – July 17

(No Class: July 3)

Sat 8:30 a.m. – 9:00 a.m. 640210-2A

July 24 - August 28

Sat 8:30 a.m. – 9:00 a.m. 640210-2B

June 6 – July 18

(No Class: July 4)

Sun 11:00 a.m. – 11:30 a.m. 640212-2A

July 25 - August 29

Sun 11:00 a.m. – 11:30 a.m. 640212-2B

8, 30-min. sessions • Warm Water Pool \$75 (R)/\$60 (R55+)/\$110 (NR)

June 7 - June 30

Mon, Wed 6:30 p.m. – 7:00 p.m. 640213-2A

July 5 - July 28

Mon, Wed 6:30 p.m. – 7:00 p.m. 640213-2B

August 2 - August 25

Mon, Wed 6:30 p.m. – 7:00 p.m. 640213-2C

Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deep water skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

6, 45-min. sessions • Lap Pool \$75 (R)/\$60 (R55+)/\$150 (NR)

June 5 – July 17

(No Class: July 3)

Sat 10:50 a.m. – 11:35 a.m. 640220-2A

July 24 - August 28

Sat 10:50 a.m. – 11:35 a.m. 640220-2B

6, 45-min. sessions • Lap Pool \$65 (R)/\$52 (R55+)/\$100 (NR)

June 10 – July 15

Thu 6:00 p.m. – 6:45 p.m. 640226-2A

July 22 – August 26

Thu 6:00 p.m. – 6:45 p.m. 640226-2B



AEROBICS

Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises that increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program.

8, 45-min. sessions • Warm Water Pool \$50 (R)/\$40 (R55+)/\$100 (NR)

June 8 – July 1

Tue, Thu 10:30 a.m. – 11:15 a.m. 641276-2A

July 6 - July 29

Tue, Thu 10:30 a.m. – 11:15 a.m. 641276-2B

August 3 – August 26

Tue, Thu 10:30 a.m. – 11:15 a.m. 641276-2C

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.



Aqua Burn

(18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

8, 45-min. sessions • Warm Water Pool \$50 (R)/\$40 (R55+)/\$100 (NR)

June 7 - June 30

Mon, Wed 7:30 p.m. – 8:15 p.m. 641251-2A

July 5 - July 28

Mon, Wed 7:30 p.m. – 8:15 p.m. 641251-2B

August 2 - August 25

Mon, Wed 7:30 p.m. – 8:15 p.m. 641251-2C

Deep Water Mania

(18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent crosstraining experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

8, 45-min. sessions • Warm Water Pool \$50 (R)/\$40 (R55+)/\$100 (NR)

June 7 – June 30

Mon, Wed 6:30 p.m. – 7:15 p.m. 641250-2A

July 5 – July 28

Mon, Wed 6:30 p.m. – 7:15 p.m. 641250-2B

August 2 - August 25

Mon, Wed 6:30 p.m. – 7:15 p.m. 641250-2C

DAILY AEROBICS

(PASS REQUIRED)

Due to COVID-19 and social distancing requirements, Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion now require registration. To register, sign into myRCC and select the dates and times you wish to attend. Registration for Aqua Barre, Aqua Blast, Aqua amp, Aqua Mixer and Tides in Motion is free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each registered class. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase.

Aqua Barre

(18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions • Warm Water Pool Pass, Registration Req.

June 7 – August 27

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m. 6C0110-2A

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/ PassFAQs

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.com/ HowTo

Aqua Blast

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions • Warm Water Pool Pass, Registration Req.

June 6 - August 29

Sun 8:30 a.m. – 9:15 a.m. 6C0065-2A

June 6 - August 29

Sun 9:30 a.m. – 10:15 a.m. 6C0070-2A

June 8 - August 26

Tue, Thu 8:30 a.m. – 9:15 a.m. 6C0060-2A

June 8 – August 26

Tue, Thu 9:30 a.m. – 10:15 a.m. 6C0075-2A

Aqua Boot Camp

(18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water.

45-min. sessions • Warm Water Pool Pass, Registration Reg.

June 7 – August 27

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m. 6C0080-2A

June 7 – August 27

Mon, Wed, Fri 9:30 a.m. – 10:15 a.m. 6C0100-2A

Aqua Mixer

(18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with their physician before starting this program.

45-min. sessions • Warm Water Pool Pass, Registration Req.

June 7 – August 25

Mon, Wed 5:30 p.m. – 6:15 p.m. 6C0040-2A

Tides in Motion

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

45-min. sessions • Warm Water Pool Pass, Registration Req.

June 7 – August 27

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m. 6C0010-2A



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CRAFTS

Origami

(2 - 5 years old)

Children and parent will fold square papers five times to make a dog, cat, hat or other item of their choice. This is a great bonding activity for children and their parent/ caregiver. This program is not appropriate for children younger than the advertised age range. All parents/caregivers must participate fully in the activities. Participating children must be registered and accompanied by only one adult per household. All supplies are included in the class fee.

1, 45-min. session at RCC Hunters Woods \$5 (R)/\$8 (NR)

June 12

Sat 10:00 a.m. – 10:45 a.m. 901383-1A Nelson

Summertime Pottery

(2 - 5 years old)

Let's welcome summer with a cheerful summertime pottery project. After the piece is fired, it will be returned to RCC for pick up. The pottery is dishwasher and microwave safe. Parent/caregiver must fully participate in the activities. All parents/caregivers must participate fully in the activities. Participating children must be registered and accompanied by only one adult per household.

1, 45-min. session at RCC Hunters Woods \$15 (R)/\$23 (NR)

July 1

Thu 9:00 a.m. – 9:45 a.m. 901449-2A Clay Cafe Studios

Thu 10:00 a.m. – 10:45 a.m. 901449-2B Clay Cafe Studios



FITNESS: RCC CYCLES

Learn to Bike - Youth

(6 - 12 years old)

This class is for children who have never learned to ride a bike before or need to relearn the basics. Certified instructors use a technique that is intuitive and will take students through a progressive curriculum that has a very high success rate. Topics addressed include balance skills, basic steering skills and basic braking skills. Registration fee includes the rental of a bike.

Students are asked to wear comfortable, weather-appropriate outerwear and bring water and a snack. Students will be contacted two weeks in advance of the class to ensure that the proper size bicycle is provided.

1, 2-hour session at Reston Station \$30 (R)/\$45 (NR)

June 13

Sun 1:00 p.m. – 3:00 p.m. 306208-1F Westenhoff

July 11

Sun 1:00 p.m. – 3:00 p.m. 306208-2A Westenhoff

KIDS CORNER

Programs designed specifically for youth (under 13) are presented together. Please note, intergenerational or teen/tween programs are listed in the program type categories alphabetically in the Leisure & Learning section.



SOCIAL

Splish Splash Fun

(2 - 5 years old)

Children and parents will have a blast playing at RCC's Terry L. Smith Aquatics Center. Pool safety equipment and toys will be provided. Parent/caregivers must fully participate in the activities and remain in the water with their child for the duration of the program. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered and accompanied by only one adult per household.

1, 45-min. session at RCC HW Pool \$10 (R)/\$15 (NR)

August 12

Thu 2:00 p.m. – 2:45 p.m. 901450-2A Haneline

Thu 3:00 p.m. – 3:45 p.m. 901450-2B Haneline

Tot Time

(Infant – 4 years old)

Kids love this unstructured play group and parents enjoy socializing with one another. Toys, games, books and music are provided. Parent/guardian must fully participate in the activities and supervise their children at all times. Please register your child for no more than one session per day. If unable to attend a particular day, please contact our Customer Service Desk at 703-476-4500, ext. 8, or cancel online at myRCC (instructions on how to cancel are available on RCC's website) so that a waitlisted patron may use your spot. This program is not appropriate for children older than the advertised age range. Participating children must be registered and accompanied by only one adult per household.

30-min. sessions at RCC Lake Anne Free, Registration Req.

July 6 – August 19

Tue, Thu 9:30 a.m. – 10:00 a.m. 902989-2A Ali

Tue, Thu 10:30 a.m. – 11:00 a.m. 902989-2B Ali

TRIPS & TOURS

Meadowlark Gardens in Summer

(2 - 5 years old)

Summer flowers will be in full bloom and will provide a good opportunity to take colorful photos, so be sure to bring a camera to this meetup. Participants will delight in visiting the Fairy Garden and the Korean Bell Garden. Meet at the main entrance to Meadowlark Gardens, 9750 Meadowlark Gardens Court, Vienna, VA. For directions, call 703-255-3631. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. All parents/caregivers must participate fully in the activities. Participating children must be registered and accompanied by only one adult per household.

1, 60-min. session at Meadowlark 9750 Meadowlark Gardens Court, Vienna \$5 (R)/\$8 (NR)

June 10

Thu 10:00 a.m. – 11:00 a.m. 901448-1A Haneline

July 20

Tue 10:00 a.m. – 11:00 a.m. 901448-2A Haneline

Studies suggest hands-on exploration helps young children learn new words — especially words for things that kids can experience physically — like movements, textures, touchable objects and physical processes.

– www.parentingscience.com







Free • Registration Required • All Ages Tuesdays • 12:00 p.m. – 1:00 p.m.

RCC brings fun and interactive crafting activities to you on select Tuesdays at noon this summer to offer families creative "together" time. Supplies will be provided.

June 22

Make Playdough • 86C100-1A

Cedar Ridge Neighborhood Center
(1601 Becontree Lane, #1C, Reston)

July 13

Make a Monster Bookmark • 86C100-2B Stonegate Village Community Center (2244 B Stonewheel Drive, Reston)

July 27

Make a Mini Paper Kite • 86C100-2C

Crescent Community Center

(1578 Cameron Crescent Drive, #1, Reston)

August 10

Make Kinetic Sand • 86C100-2D

Westglade Club House
(2110 Westglade Court, Reston)

RCC Fun Around Town



FREE • REGISTRATION REQUIRED • ALL AGES

RCC brings recreation to your neighborhood. Activities include arts and crafts, games, music and more.

This will be fun for the whole family. Children ages 10 and under must be accompanied by an adult.

Registration required for all participants.

Please note: In the event of inclement weather, activities will be canceled and will not be rescheduled.

Cedar Ridge Neighborhood Center

1601 Becontree Lane, #1C, Reston Friday, July 9 5:00 p.m. – 7:00 p.m. 860002-2A

Island Walk Community Center

1701 Torrey Pines Court, Reston Friday, August 20 5:00 p.m. – 7:00 p.m. 860003-2A



RCC will refer to Fairfax County Health Department recommendations for preserving public health. Accordingly, we may require mask-wearing, social distancing and health self-checks of patrons attending these RCC programs. We appreciate everyone's cooperation to preserve the good health of our community.

These programs are in support of the Reston Opportunity Neighborhood program. They are sponsored by Reston Community Center.

For more information, please contact LaTanja Snelling, RCC Collaboration & Outreach Director, at 703-390-6158.



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CREATIVE CONNECTIONS

Reston Bullet Journal Meetup

(18 years and older)

Learn how to envision your best life and stay organized with a bullet journal. This is a lined or graphed notebook or journal where you can track your short- and long-term goals. Join other local bullet journal enthusiasts to plan for the upcoming month and customize journals. This is a great opportunity to share creative ideas with others. This program serves as a meetup in a casual environment — there will be no instruction. Please bring your own bullet journal, and we will bring the supplies for you to use. This program is free; registration is required.

1, 2-hour session at To Be Determined Free, Registration Req.

August 19

Thu 6:00 p.m. – 8:00 p.m. 8C2017-2A Staff

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

REGISTER TODAY DON'T DELAY!

Help us avoid program cancellations by registering at least one week before the start date.



DANCE

Line Dancing with Scotty

(18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for all levels, providing enjoyment for beginners and experienced dancers alike. Please wear shoes that will slide on the wood floor. Please bring water to class.

10, 90-min. sessions at RCC Hunters Woods \$55 (R)/\$44 (R55+)/\$83 (NR)

June 3 – August 5

Thu 5:00 p.m. – 6:30 p.m. 503532-1E Inman

ENRICHMENT

Dementia 101

(18 years and older)

Learn how to distinguish the different types of dementia and gain an understanding of the typical path of disease progression. Instructor Lindsey Vajpeyi is the Director of Education and Outreach at Insight Memory Care Center.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

June 8

Tue 2:00 p.m. – 3:00 p.m. 500852-1A Vajpeyi

Guide to Buying a House (18 years and older)

Planning to buy a house now or in the near future and want to know what is involved? Then sign up for this session. Learn about getting pre-qualified, what to look for in a house, finding a house, the contract and working through the buying process. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

July 10

Sat 1:00 p.m. – 2:30 p.m. 503545-2A Sierakowski

Joint Pain Presentation

(18 years and older)

This presentation will cover treatment of knee and hip pain and robotic assisted hip and knee replacement surgery.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

August 18

Wed 5:30 p.m. – 6:30 p.m. 503503-2A Echelmeyer

ENRICHMENT CONTINUED

Legal: Document Treasure Hunt

(18 years and older)

Don't make finding your legal documents a scavenger hunt and your final wishes a mystery. Learn practical steps to get your personal information, family history, legal documents, financial matters and final wishes organized so family members won't be searching for them. Taught by elder law attorney and award-winning author Sally Hurme, this class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 2-hour session Online Free, Registration Req. June 3

Thu 2:00 p.m. – 4:00 p.m. 500488-1B Hurme

Legal: Estate Planning Basics

(18 years and older)

This class will give participants a basic knowledge of estate plans. Topics include advantages and disadvantages of different planning techniques (including joint ownership), using beneficiary designations, gifting, traditional wills and revocable living trusts. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

1, 60-min. session at RCC Hunters Woods Free, Registration Req. July 7

Wed 5:00 p.m. – 6:00 p.m. 500809-2A Lambeth

Making Caregiving Manageable

(18 years and older)

Learn how to manage the practical and legal details involved when serving as a caregiver for a loved one. This class will be taught by an elder law attorney who will explain how best to organize the information needed as you care for a loved one, how to make decisions on their behalf, and how to decipher some of the contracts and legal issues for which a caregiver may be responsible. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 2-hour session Online Free, Registration Req. August 19

Thu 2:00 p.m. – 4:00 p.m. 500490-2A Hurme

Managing the Loss of a Loved One

(18 years and older)

Participants will learn how to manage the practical and legal details that follow the death of a family member. The class is taught by elder law attorney and awardwinning author Sally Hurme. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 2-hour session Online Free, Registration Req. June 10

Thu 2:00 p.m. – 4:00 p.m. 500489-1B Hurme

Retirement: Get the Most Out of It!

(18 years and older)

Elder law attorney and award-winning author Sally Hurme will discuss how to live well in retirement, how to manage the legal issues retirees face, how to nurture changing relationships, stay in control of time and finances, find purpose, and have the correct legal documents. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 2-hour session Online Free, Registration Req.

August 26

Thu 2:00 p.m. – 4:00 p.m. 500587-2A Hurme

Retirement Income Planning

(18 years and older)

This seminar is for people transitioning from the asset accumulation phase of life to the retirement income phase. Learn strategies and rules of thumb to follow when creating an income plan for retirement. The instructor is a financial advisor who has taught classes at several Fairfax County libraries. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 90-min. session Online Free, Registration Req. July 20

Tue 7:00 p.m. – 8:30 p.m. 500603-2A Wu

The Alzheimer's Association says social engagement is associated with reduced rates of disability and mortality and may also reduce risk for depression among older adults. Remaining socially active may support brain health and possibly delay the onset of dementia. Great ways to stay socially active include participation in clubs, volunteer efforts and other community pursuits, joining a walking group or book club, or simply engaging with friends and family on a regular basis.

LEISURE & LEARNING

ENRICHMENT CONTINUED

Scholarship Workshop

(13 - 17 years old)

Are you thinking about paying for college? By attending this free presentation designed for high school students, parents, youth leaders and guidance, learn the strategies of Marianne Ragins, who won \$400,000 in scholarship funds. Over the years, Marianne Ragins has helped students win millions in college dollars. All high school seniors who attend will become eligible for the Ragins/ Braswell National Scholarship. For more information about this workshop or Marianne Ragins, visit www.tswscholar.com. Due to COVID-19, this will be a virtual class and will be offered using Zoom. Participants may choose to watch the virtual class at RCC Hunters Woods or watch from home on their own computer. A link will be provided to all registered participants prior to the class.

1, 90-min. session at RCC Hunters Woods or Online

Free, Registration Req.

August 10

Tue 6:30 p.m. – 8:30 p.m. 901433-2A Ragins

Selling Your Home: Understanding the Process

(18 years and older)

For those planning on moving now or soon who want to know what is involved, this class will provide valuable information. Learn about setting a price, staging the house, marketing it, working through the selling process and finalizing everything at closing. There will be time for Q&A. Handouts will be provided. This class is for educational purposes only; there will be no solicitation or obligations of the attendees.

1, 90-min. session at RCC Hunters Woods Free, Registration Req.

July 17

Sat 1:00 p.m. – 2:30 p.m. 503508-2A Sierakowski

Settling a Decedent's Estate

(18 years and older)

An instructor will guide participants through all the steps of settling an estate as quickly and painlessly as possible. This class is for educational purposes only; there will be no solicitation or obligation of the attendees.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

August 11

Wed 5:00 p.m. – 6:00 p.m. 503507-2A Lambeth

Social Security: Proper Timing

(18 years and older)

This class will teach those nearing or in retirement their options for taking Social Security, including the right time and how to take it. The instructor will use participants' questions to guide class discussion. The instructor is a financial advisor who has taught classes at several Fairfax County libraries. This class is for educational purposes only; there will be no solicitation or obligations of the attendees. This class will be offered on Microsoft Teams; registered patrons will be sent the Teams link 24 hours prior to the class.

1, 90-min. session Online Free, Registration Req.

August 24

Tue 7:00 p.m. – 8:30 p.m. 500602-2A Wu

Stroke 101

(18 years and older)

This presentation will educate you on the signs and symptoms of strokes, and some of the causes. Learn about how to help someone who may be having a stroke or how you may be able to help yourself.

1, 60-min. session at RCC Hunters Woods Free, Registration Req.

July 14

Wed 5:30 p.m. – 6:30 p.m. 503498-2A Echelmeyer

The Art of Decorative Box Making

(18 years and older)

This lecture will demonstrate the design and construction basics to produce a decorative box from wood. This presentation will include hands-on and digital examples illustrating the design and construction choices in real boxes. This class will be taught by RCC Woodshop instructor Dan Burke, who has more than 20 years of experience in building decorative boxes.

1, 2.5-hour session at RCC Hunters Woods \$20 (R)/\$16 (R55+)/\$30 (NR)

July 12

Mon 7:00 p.m. – 9:30 p.m. 590100-2A Burke

August 11

Wed 7:00 p.m. – 9:30 p.m. 590100-2B Burke







EXPAND YOUR EXPERTISE AND ADVANCE YOUR CAREER

Certificate Programs in:

- Business
- Business Communication
- Digital Marketing
- Human Resources
- Leadership
- Management
- New Media Marketing
- Social Media for Business
- Training and Education

Individual Courses in:

- Business
- Career Skills
- Parenting
- Health
- Human Resources
- Leadership
- LEED Green Workplace
- Management
- New Media Marketing
- Professional Development
- Social Media for Business
- Training and Education
- Web Design

For more information, please contact LaTanja Snelling, RCC Collaboration & Outreach Director, at 703-390-6158.

Visit the eLearning page to find the class schedule that works best for you.

www.restoncommunitycenter.com/eLearning



FITNESS: YOGA

Hatha Yoga I

(18 years and older)

The intention of this class is to create balance in the physical, mental and energetic bodies. Students will explore foundational postures (asanas), breathing (pranayama) and mindfulness practices. The class is open to all levels.

6, 60-min. sessions at RCC Lake Anne \$50 (R)/\$40 (R55+)/\$75 (NR)

June 30 – August 11

(No Class: July 21)

Wed 9:00 a.m. – 10:00 a.m. 315001-1A Unger

Hatha Yoga II

(18 years and older)

This class is a progression from Hatha Yoga I and will continue to explore creating balance in the physical, mental and energetic bodies. In addition to foundational postures, this class will introduce some more challenging postures and sequences and focus on linking breath with movement to build strength, balance, awareness and JOY. Students should have prior knowledge or experience in Hatha Yoga.

6, 60-min. sessions at RCC Lake Anne \$50 (R)/\$40 (R55+)/\$75 (NR)

June 30 - August 11

(No Class: July 21)

Wed 10:15 a.m. – 11:15 a.m. 315002-1A Unger

Tao Yin Yoga

(18 years and older)

Tao Yin combines the powerful practice of yoga with the effortless flow of Qi Gong and is a series of dynamic breath-centered movements designed to energize and revitalize. This Tao Yin practice is a combination of floor work and gentle standing movements intended to emphasize building core and leg strength, balance and flexibility.

12, 75-min. sessions at RCC Lake Anne \$110 (R)/\$88 (R55+)/\$165 (NR)

July 8 - August 16

Mon,Thu 9:30 a.m. – 10:45 a.m. 304888-2A Okerson

Viniyoga

(18 years and older)

Viniyoga I is a slow-moving practice designed to increase strength, stability, balance and vitality. Participants will move gently into and out of basic yoga postures while utilizing breathing patterns used to calm the nervous system and increase alertness. This practice helps to increase flexibility and range of motion through the use of static and dynamic stretching and by repeating and holding postures.

12, 75-min. sessions at RCC Lake Anne \$110 (R)/\$88 (R55+)/\$165 (NR)

July 8 - August 16

Mon,Thu 11:00 a.m. – 12:15 p.m. 304996-2A Okerson

FITNESS: MOVEMENT & WELLNESS

Essentrics

(18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine.

Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

11, 60-min. sessions at RCC Lake Anne \$80 (R)/\$64 (R55+)/\$120 (NR)

June 8 – August 17

Tue 10:15 a.m. – 11:15 a.m. 305033-1M Avilov

June 10 - August 19

Thu 10:15 a.m. – 11:15 a.m. 305033-1P Avilov

June 11 - August 20

Fri 10:45 a.m. – 11:45 a.m. 305033-1N Avilov

Joint-Friendly Fitness

(18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

8, 60-min. sessions at RCC Lake Anne \$60 (R)/\$48 (R55+)/\$90 (NR)

June 16 - August 4

Wed 12:15 p.m. – 1:15 p.m. 300129-1H Fletcher

To comply with public health measures, patrons must bring their own mat if class content requires it.

To ensure safety, participants must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

FITNESS: DAILY PASS

Due to COVID-19 and social distancing requirements, Boot Camp, Cardio and Strength Intervals, Hi/Lo & Strength, Walking Group, Zumba Gold and Zumba Gold Toning now require registration. To register, sign into myRCC and select the dates and times you wish to attend. Registration for the Drop-in Fitness programming is free, but patrons are required to purchase Fitness pass and swipe the Fitness pass prior to each registered class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum on five visits to a maximum of 60 visits at the fee of \$2.50(R)/\$5.00 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies.

Boot Camp

(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mats. Patrons are required to bring a mat to class. Please purchase a renewable fitness pass and swipe it at the Customer Service Desk before each class begins.

60-min. sessions at RCC Lake Anne Pass • Registration Req. June 8 – August 19

Tue, Thu 9:00 a.m. – 10:00 a.m. 3C0010-1M Dantonio

Cardio and Strength Intervals

(18 years and older)

An energizing workout that consists of intervals of cardiovascular and strength training movements. This class is designed to help improve metabolism and increase endurance and power. Weights will be provided. Patrons are required to bring their own mat to class. Please purchase a renewable fitness pass and swipe it at the Customer Service Desk before each class begins.

60-min. sessions at RCC Lake Anne Pass, Registration Req. June 15 — August 10

Tue 10:30 a.m. – 11:30 a.m. 3C0095-1B Fletcher

Hi/Lo & Strength

(18 years and older)

This comprehensive class includes a warm-up and stretching session with 30 minutes of aerobics and 30 minutes of weight and resistance training. Bands and weights will be provided when necessary. Patrons are required to bring their own mat to class. Please purchase a renewable fitness and swipe it at the Customer Service Desk before each class begins.

60-min. sessions at RCC Lake Anne Pass • Registration Req.

June 11 - August 20

Fri 10:45 a.m. – 11:45 a.m. 3C0050-1K Rook

June 7 – August 16

(No Class: July 5)

Mon 10:00 a.m. – 11:00 a.m. 3C0040-1L Dantonio

June 9 - August 18

Wed 10:15 a.m. – 11:15 a.m. 3C0045-1L Dantonio

Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC: :

www.restoncommunitycenter.com/HowTo

Have Questions About Reservation Programs?

www.restoncommunitycenter.com/PassFAQs

Walking Group

(18 years and older)

Activate your day or take a break from the work day by enjoying a 45-minute walk on Reston paths. Please purchase a renewable fitness pass and swipe it at the Customer Service Desk before each class begins.

60-min. sessions at RCC Lake Anne Pass • Registration Req.

June 9 – August 18

Wed 11:00 a.m. – 12:00 p.m. 3C0085-1C Avilov

Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower-intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere. Please purchase a renewable fitness pass and swipe it at the Customer Service Desk before each class begins.

60-min. sessions at RCC Lake Anne Pass • Registration Req.

June 9 – August 18

Wed 9:00 a.m. – 10:00 a.m. 3C0070-1K Avilov

June 11 - August 20

Fri 9:30 a.m. – 10:30 a.m. 3C0060-1K Avilov

Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning. Please purchase a renewable fitness pass (NR) and swipe it at the Customer Service Desk before each class begins.

60-min. sessions at RCC Lake Anne Pass • Registration Req.

June 8 – August 17

Tue 9:00 a.m. – 10:00 a.m. 3C0080-1D Avilov

LANGUAGE

Conversational French

(18 years and older)

Sharpen conversational French skills and meet new friends who share a deep appreciation for the language. New participants are always welcome and encouraged to attend. Participants should have a conversational knowledge of the French language. All attendees are required to register prior to each meeting. Due to COVID-19, no food or drinks will be served.

13, 3-hour sessions at RCC Hunters Woods Free, Registration Req.

June 2 – August 25

Wed 6:00 p.m. – 9:00 p.m. 5C0090-1D Staff

Japanese Culture Club

(18 years and older)

Participants should have some conversational knowledge of the Japanese language. New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month.

1, 2-hour session at RCC Hunters Woods Free, Registration Req.

June 19

Sat

5C0070-1H Staff **July 17**Sat 3:00 p.m. – 5:00 p.m.
5C0070-2A Staff **August 21**

3:00 p.m. – 5:00 p.m.

Sat 3:00 p.m. – 5:00 p.m. 5C0070-2B Staff

RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.



VISUAL ARTS

Acrylic Painting with Collage

(18 years and older)

This class will explore the use of collage elements with acrylic painting techniques. This class will be geared toward beginners, but all skill levels are welcome. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR)

June 8 – July 13

Tue 7:00 p.m. – 10:00 p.m. 402619-1A Lopes

Art Lab

(18 years and older)

Artists of all skill levels are invited to explore their creativity under the supervision of art instructor Arnold Lopes. This open studio class is the perfect time to complete projects that are left over from previous classes or work on personal projects.

6, 3-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR)

June 11 - July 16

Fri 7:00 p.m. – 10:00 p.m. 404213-1D Lopes

Charcoal Drawing Workshop

(18 years and older)

This four-hour workshop will focus on charcoal drawing fundamentals. Participants will learn the basic techniques of shading, texture and composition and how to use the simple-yet-versatile medium of vine charcoal, compressed charcoal and charcoal pencils. Class will take place on Lake Anne Plaza using the many sculptures as inspiration. In case of inclement weather the class will take place in the RCC Lake Anne Art Studio. All supplies included in class fee.

1, 4-hour session at RCC Lake Anne \$45 (R)/\$36 (R55+)/\$65 (NR) July 11

Sun 1:00 p.m. – 5:00 p.m. 402733-2A Lopes

Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and one ceramics studio visit. A supply list will be prior to first class.

6, 2.5-hour sessions at RCC Lake Anne \$105 (R)/\$84 (R55+)/\$155 (NR) June 8 - July 13

Tue 10:00 a.m. – 12:30 p.m. 402665-1E Page

VISUAL ARTS CONTINUED

Drawing Flowers in Pastels

(18 years and older)

Learn the fundamentals of drawing flowers with soft pastels. The class is geared for beginners, but all levels of experience are welcome. A supply list will be provided prior to the first class.

6. 2-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR) June 11 - July 16

4:00 p.m. - 6:00 p.m.

402687-1A

Lopes

Drawing with Pastels

(18 years and older)

Learn the fundamentals of creating with soft pastels with a concentration on animals. The class will be geared for beginners, but all levels of experience are welcome. A supply list will be provided prior to the first class.

6. 3-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR)

June 10 - July 15

Thu

402460-1A

7:00 p.m. - 10:00 p.m. Lopes

Emerging Visions Performance Day

(All Ages)

Calling all poets, singers, actors, and performers! Share your talents with a live audience at the Emerging Visions Performance Day! This program is held in conjunction with Tephra Institute for Contemporary Art's (Tephra ICA) formerly (GRACE.) Emerging Visions is an exhibition of artwork by Fairfax County artists grades K-12. Show your talents alongside those of your peer visual artists. Open to all performers ages 18 and under. Email info@tephraica.org with questions and to sign up!

1, 2-hour session at Tephra ICA 12001 Market Street, Reston Free, Registration Req.

June 26

1:00 p.m. - 3:00 p.m. Sat 402730-1A Tephra ICA

CREATIVE RESPONSES

ARTIST DIALOGUES AT TEPHRA ICA

Free • 13 Years and Older



Select Thursdays • 7:00 p.m. – 8:00 p.m.

Creative professionals will respond to the work on view in the gallery. The short presentation will be followed by an open conversation. Events are free and open to the public.

Tephra ICA (Formerly Greater Reston Arts Center) is located at 12001 Market Street, Suite 103, Reston, VA.

Reston Town Center garage parking is free weekdays after 5:00 p.m.

For schedule please visit: www.tephraica.org

Fall Landscapes Workshop

(18 years and older)

Come to this fun and easy acrylic painting workshop and walk out with a finished fall landscape at the end of the session. The only supply necessary is a 16x20 canvas; all other supplies will be provided. Participants are welcome to bring their own supplies if they have them.

1, 4-hour session at RCC Lake Anne \$30 (R)/\$24 (R55+)/\$55 (NR)

August 22

Sun 402710-2A 1:00 p.m. - 5:00 p.m. Lopes

Handmade Father's **Day Cards**

(All Ages)

Join Tephra Institute for Contemporary Art (Tephra ICA), formerly Greater Reston Arts Center, to show fathers and caregivers some appreciation by creating keychains and one of-a-kind cards celebrating love. Bring a family photo to incorporate (optional). Please note: a caregiver will need to assist children with the creation of cards, and children must be accompanied by a participating adult. Adults may participate on their own and do not need to be accompanied by a child - it will be fun for everyone! Tephra ICA is located at 12001 Market Street, Suite 103, Reston. Reston Town Center garage parking is free on Saturdays.

1, 90-min. session at Tephra ICA 12001 Market Street, Reston \$5 (R)/\$4 (R55+)/\$10 (NR)

June 19

Sat 402732-1A 1:00 p.m. - 2:30 p.m. Tephra ICA

VISUAL ARTS CONTINUED

Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/ or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne \$105 (R)/\$84 (R55+)/\$155 (NR)

June 9 – July 14

Wed 7:00 p.m. – 9:30 p.m. 402616-1E Mendoza

Modern Painting Styles in Acrylic

(18 years and older)

This class will focus on the painting styles of Vincent Van Gogh. Instructor Arnold Lopes will use the pillars of modern painting to expand students' use of acrylics. This class will be geared toward beginners, but all skill levels are welcome. A supply list will be provided prior to the first class.

6, 3-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR)

June 9 – July 14

Wed 7:00 p.m. – 10:00 p.m. 402694-1D Lopes

In a study by IBM, about 60 percent of CEOs polled cited creativity as the most important leadership quality, compared with 52% for integrity and 35% for global thinking. Why? Because creativity enables people to solve problems, respond to challenges and come up with innovative ideas.



Painting Seascapes in Acrylic

(18 years and older)

Join Arnold Lopes in a themed artwork exploration. Learn to paint with acrylics while exploring the beauty of natural seascapes. This class is designed for beginners, but all skill levels are welcome. A supply list will be provided prior to first class.

6, 3-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR)

June 7 – July 19

(No Class July 5)

Mon 7:00 p.m. – 10:00 p.m. 402661-1A Lopes

Painting with Alcohol Inks on Tile Workshop

(18 years and older)

Explore your imagination and creativity by learning to paint with alcohol inks on tile. This medium allows you to create gorgeous, luminescent pieces of art that can be displayed or used as coasters. All supplies included in the class fee.

1, 2-hour session at RCC Lake Anne \$45 (R)/\$36 (R55+)/\$75 (NR)

June 26

Sat 10:00 a.m. – 12:00 p.m. 402728-1A Clark

July 17

Sat 10:00 a.m. – 12:00 p.m. 402728-2B Clark

August 21

Sat 10:00 a.m. – 12:00 p.m. 402728-2C Clark

Perspective Drawing Workshop

(18 years and older)

Come to this lecture and workshop and learn some of the basics of perspective drawing painlessly. Learn how artists have used perspective throughout history. See how artists use perspective to make their drawings more convincing. No supplies necessary; just show up, learn and have fun with some basic exercises.

1, 4-hour session at RCC Lake Anne \$45 (R)/\$36 (R55+)/\$65 (NR)

June 20

Sun 1:00 p.m. – 5:00 p.m. 402543-1B Lopes

July 25

Sun 1:00 p.m. – 5:00 p.m. 402543-2B Lopes

Portraits in Charcoal

(18 years and older)

This class is designed for beginners, but all skill levels are welcome. The class will explore the art of drawing people in the exciting medium of charcoal. Basic hints and problemsolving techniques will be covered by looking at the masters and contemporary artists. A supply list will be provided prior to the first class.

6, 2-hour sessions at RCC Lake Anne \$65 (R)/\$52 (R55+)/\$115 (NR)

June 9 – July 14

Wed 4:00 p.m. – 6:00 p.m. 402411-2A Lopes

VISUAL ARTS CONTINUED

Tephra ICA Art Family Day

(All Ages)

Tephra Institute of Contemporary Arts (Tephra ICA), formerly Greater Reston Arts Center, opens its doors for an afternoon of family art making and exploration of the current gallery exhibition. Come see all that Tephra ICA has to offer and have a fun and free outing with the family. Tephra ICA is located at 12001 Market Street, Suite 103, Reston, VA. Reston Town Center garage parking is free on Saturdays.

1, 3-hour session at Tephra ICA 12001 Market Street, Reston Free, Registration Req.

June 12

Sat 12:00 p.m. – 3:00 p.m. 402646-1E Tephra ICA

Watercolor Studio

(18 years and older)

Join instructor Diane Ellor for this watercolor studio concentrating on a summer theme of "Watercolor by the Ocean." A supply list will be provided prior to the first class.

4, 2-hour sessions at RCC Lake Anne \$45 (R)/\$36 (R55+)/\$90 (NR)

June 1 - June 10

Tue, Thu 4:00 p.m. – 6:00 p.m. 402441-1A Ellor

Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne \$105 (R)/\$84 (R55+)/\$155 (NR)

June 8 – July 13

Tue 10:00 a.m. – 12:30 p.m. 402639-1H Staff

Tue 7:00 p.m. – 9:30 p.m. 402639-11 Mendoza



Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne \$105 (R)/\$84 (R55+)/\$155 (NR) June 10 – July 15

Thu 10:00 a.m. – 12:30 p.m. 402462-11 Staff

Thu 7:00 p.m. – 9:30 p.m. 402462-1J Saltzman

Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginning to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

6, 2.5-hour sessions at RCC Lake Anne \$105 (R)/\$84 (R55+)/\$155 (NR)

June 7 – July 19

(No Class: July 5)

Mon 7:00 p.m. – 9:30 p.m. 404210-11 Anderson

June 11 - July 16

Mon, Fri 10:00 a.m. – 12:30 p.m. 404210-1J Anderson

WOODWORKING

Good Neighbors Woodworking Group

(18 years and older)

The Good Neighbors Woodworking Group designs, constructs and decorates wooden toys that are then donated to children in Reston. Experience is a plus, but training will be provided for beginners. First-time participants must complete a woodshop volunteer form. Due to COVID-19 and social distancing requirements, the Good Neighbors Woodworking Group now requires registration. To register for this class, sign into myRCC and select the dates and times you wish to attend.

2, 5-hour sessions at RCC Hunters Woods Free, Registration Req.

June 1, June 8

Tue 9:30 a.m. – 2:30 p.m. 5C0085-1E Staff

CERAMICS STUDENTS:

Your Open Ceramic Studio pass expires at the end of each season. Fall class passes expire December 31, Winter/Spring class passes expire May 31 and Summer class passes expire August 31.

OPEN STUDIOS

Open Ceramics Studio

(18 years and older)

The public is invited to use RCC's Ceramic Studio. Due to COVID-19 and social distancing requirements, the Open Ceramics Studio now requires registration. To register, sign into myRCC and select the dates and studio you wish to participate in. Registration for the Open Ceramics Studio is free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each registered visit. Passes may be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 40 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from date of purchase. The pass fee includes firing and glazes. Clay cost is \$15-\$20 for 25 lbs.

4-hour sessions at RCC Lake Anne Pass, Registration Req.

June 2 - August 18

 Wed
 10:00 a.m. – 2:00 p.m.

 4C0020-2A
 Ceramics Studio

 4C0025-2A
 3D Studio

June 5 - August 21

Sat 1:00 p.m. – 5:00 p.m. 4C0030-2A Ceramics Studio 4C0035-2A 3D Studio

Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Due to COVID-19 and social distancing requirements, the Open Woodshop now requires registration. To register for this class, sign into myRCC and select the dates and times you wish to attend. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Registration for the Open Woodshop is free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each registered visit.

3.5-hour sessions at RCC Hunters Woods Pass, Registration Req.

June 1 - August 24

(No Studio: August 10)

Tue 6:00 p.m. – 9:30 p.m. 5C0010-1M Staff

June 5 - August 28

Sat 9:00 a.m. – 12:30 p.m. 5C0030-1M Staff

Sat 1:00 p.m. – 4:30 p.m. 5C0050-1M Staff Patrons who need to cancel a reservation can now do that in myRCC. This will help RCC fill the vacated spot with someone on a waitlist more easily.

Learn How to Purchase a Pass, Make a Reservation or Cancel a Reservation in myRCC:

www.restoncommunitycenter.

Have Questions About Reservation Programs? www.restoncommunitycenter.

com/PassFAQs



Administration

Leila Gordon **Executive Director** John Blevins **Deputy Director** Renata Wojcicki **Finance Director** BeBe Nguyen **Director of Communications Network Administrator** Harunor Rashid **Customer Relations Director** Pam Leary Fred Russo **Building Engineer** Warren Bailey **Customer Service** Jan Bradshaw **Customer Service** Vincent Brown **Customer Service** Nicholas Burt Billing and Reconciliation Specialist Whitney Chambers Web Graphic Artist Suzanne Connell **Personnel Specialist** Sumi Gallas **Customer Relations Assistant Director** Karen Goff **Public Information Officer** Linda Greco **Customer Service** Samantha Korkowski **Graphic Artist Greg Minassian Customer Service** Grazyna Siebor **Procurement Specialist** Ling Zhao **Customer Service**

Leisure & Learning

Karen Brutsché Leisure and Learning Director Anya Avilov Fitness and Wellness Program Assistant Ali Clements Lifelong Learning Program Assistant Kim Gollop-Pagani Youth/Teen Program Assistant Debbie Heron Youth/Teen Program Director LaTanja Snelling Collaboration and Outreach Director Cassie Lebron Lifelong Learning Program Director Jeff Morgan Youth/Teen Program Assistant Jonathan Navarro Fitness and Wellness Program Director Samantha Stettner **RCC Rides Coordinator**

Facility Rentals & Operations

Brian Gannon **Facility Services Director** Mohammed Alhadi **Facility Team** Vicente Aleman **Facility Team** Guillermo Huaman **Facility Team** Daniel Perez **Facility Team** Will Sanchez **Facility Operations Manager** Maurice Smith **Facility Team** Ken Wade **Facility Team**

Aquatics

Matthew McCall Aquatics Director
Brittany Kartchner Aquatics Operations Director
Melissa Murray Customer Service
Scott Sorenson Aquatics Program Director

Arts & Events

Paul Douglas Michnewicz Arts and Events Director Anthony J. Adams **Technical Director** Mark Anduss Assistant Technical Director Cheri Danaher Arts Education Director Kevin Danaher **Community Events Director** Gloria Morrow **Arts Education Assistant Box Office Assistant** Rhia Ovington William D. Parker **Box Office Manager** Camille Petrillo Assistant Technical Director

THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

COMMUNITY PARTNERS

Thank you to our Community Partners:

- Al Fatih Academy
- ArtsFairfax
- Christ the Servant Lutheran Church
- Comstock Reston Station
- Cornerstones
- Dance Place of Washington, DC
- Dulles Chapter of AARP
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Friends of Lake Anne
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Jewish Community Center of Northern Virginia
- Lake Anne Plaza
- League of Reston Artists
- Martin Luther King Jr. Christian Church
- Northern Virginia Hebrew Congregation
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor Walter L. Alcorn
- Osher Lifelong Learning Institute at George Mason University
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston Masters Swim Team
- Reston for a Lifetime
- Reston Historic Trust
- Reston Hospital Center
- Reston Swim Team Association
- Reston Town Center Association
- Southgate Community Center
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- Tephra INC
- US Citizenship and Immigration Services
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworking Guild
- YMCA Fairfax County Reston

HOW TO REGISTER

Online Registration

www.restoncommunitycenter.com

Online registration opens at 9:00 a.m. on May 1.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to www.restoncommunitycenter.com and click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to RCCcontact@fairfaxcounty.gov or to a customer service representative at 703-476-4500:

Mon – Fri: 9:00 a.m. – 9:00 p.m. Saturday: 9:00 a.m. – 6:00 p.m. Sunday: 10:00 a.m. – 6:00 p.m.

In-Person/Mail/Fax Registration

- All forms are available online at www.restoncommunitycenter.com.
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until May 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on May 1 if they are received by April 30.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

REGISTRATION POLICIES

Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Regular class fees are listed as Reston/Non-Reston; aquatics daily visits and pass fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA or Discover. Cash payments cannot be accepted during Reston priority registration.

REGISTRATION POLICIES CONTINUED

Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- · Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.

- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

Code of Conduct for Camp Participants

Camp participants and parents are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online at www.restoncommunitycenter.com.

FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to reservation (former drop-in) activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online at www.restoncommunitycenter.com.

CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit www.restoncommunitycenter.com for a current list of Board meetings.

Monthly Meeting

Monday May 3, 8:00 p.m.

Monthly Meeting

Monday June 7, 8:00 p.m.

Annual Public Hearing

Monday June 21, 6:30 p.m.

Monthly Meeting

Monday July 19, 8:00 p.m.

Finance Committee meetings, when scheduled, occur on the third Monday of a month. Check RCC's website for the most current meeting information.

Questions, comments, concerns and suggestions for RCC's Board of Governors may be directed to RCCcontact@fairfaxcounty.gov. All inquiries are answered within 48 business hours.

FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

PRICING

RCC reviews its pricing for programs and services annually. We will maintain current pricing for pool visits and passes through August 2021 while continuing to gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services factors in the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via RCCcontact@fairfaxcounty.gov.

Acrylic Painting with Collage	57	Marlin
Adapted Aquatics	43	Meadowlark Gardens in Summer
Adapted Aquatics Volunteers	26	Modern Painting Styles in Acrylic
Adult Advanced Beginner	43	Open Ceramics Studio
Adult Beginner	43	<u>Origami</u>
Advanced Arthritis, Fibromyalgia and Multiple Sclerosis	44	Painting Seascapes in Acrylic
Aqua Barre	45	Painting with Alcohol Inks on Tile Workshop
Aqua Blast	45	Perspective Drawing Workshop
Aqua Boot Camp	45	Portraits in Charcoal
Aqua Burn	44	Ranger
Aqua Mixer	45	Reston Bullet Journal Meetup
Aqua Tots	37	Retirement: Get the Most Out of It!
Art Lab	<u>57</u>	Retirement Income Planning
Boot Camp	<u>56</u>	Rookie I
Cardio and Strength Intervals	<u>56</u>	Rookie II
Charcoal Drawing Workshop		Scholarship Workshop
Conversational French		Selling Your Home: Understanding the Process
Creative Hands Pottery	57	Settling a Decedent's Estate
Deep Water Mania	44	Skipper I
Dementia 101	51	Skipper II
Drawing Flowers in Pastels	58	Social Security: Proper Timing
Drawing with Pastels	58	Splish Splash Fun
Emerging Visions Performance Day	58	Stroke 101
Essentrics	<u>55</u>	Summertime Pottery
Fall Landscapes Workshop	<u>58</u>	Tao Yin Yoga
Good Neighbors Woodworking Group	60	Tephra ICA Art Family Day
Guide to Buying a House	51	The Art of Decorative Box Making
Handmade Father's Day Cards	58	Tides in Motion
Hatha Yoga I	<u>55</u>	<u>Tot Time</u>
Hatha Yoga II	<u>55</u>	Viniyoga
Hi/Lo & Strength	<u>56</u>	Volunteer
Japanese Culture Club	57	Walking Group
Joint-Friendly Fitness	<u>55</u>	Warm Water – Zone 1-4
Joint Pain Presentation	51	Watercolor Studio
Lap Pool – Lane 1-3	33	Water Introduction
Lap Pool – Lane 4-6	34	Wheel Exploration
Learn to Bike – Youth	47	Wheel I
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Legal: Estate Planning Basics	52	Zumba Gold
Level 1-2 Swim	41	Zumba Gold Toning
Level 3-6 Swim	42	
Lifeguard Training Blended Learning	31	
Line Dancing with Scotty	51	
Making Caregiving Manageable	52	
Making Pottery With or Without the Wheel	<u>59</u>	

Managing the Loss of a Loved One

LOCATIONS AND HOURS OF OPERATION

LOCATIONS

RCC Hunters Woods – 2310 Colts Neck Rd, Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage theatre, Woodshop, Stained Glass Workshop, and meeting rooms.

RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios, and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

PHONE NUMBERS

703-476-4500 • 703-476-8617 (Fax) • 711 (TTY)

HOURS OF OPERATION

 Monday – Friday
 9:00 a.m. – 9:00 p.m.

 Saturday
 9:00 a.m. – 6:00 p.m.

 Sunday
 10:00 a.m. – 6:00 p.m.











SUMMER HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Memorial Day	May 31	9:00 a.m. – 2:00 p.m.	CLOSED
Juneteenth (Observed)	June 18	9:00 a.m. – 9:00 p.m.	CLOSED
Independence Day	July 4	9:00 a.m. – 2:00 p.m.	CLOSED
July 5 (Independence Day Observed)	July 5	9:00 a.m. – 9:00 p.m.	CLOSED
Labor Day	September 6	CLOSED	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

LIKE US ON FACEBOOK:

facebook.com/HuntersWoodsNeighborhoodCoalition





