

Reston Community Center  
**2021 WINTER PROGRAM GUIDE**



**[WWW.RESTONCOMMUNITYCENTER.COM](http://WWW.RESTONCOMMUNITYCENTER.COM)**

*Enriching Lives. Building Community.*



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## BEVERLY ANN COSHAM, CHAIR, RCC BOARD OF GOVERNORS

RCC was officially recognized with accreditation from the Commission on Accreditation of Park and Recreation Agencies (CAPRA) this past October. This is a milestone achievement the Board and staff have been pursuing for three years. Accreditation is a prestigious accomplishment; fewer than 200 of approximately 8,000 agencies nationwide that deliver park and recreation services are CAPRA certified. Reston can be assured that RCC planning, policy development, administrative functions and programming are accomplished using the best practices of the field. We are proud of the achievement and dedicated to maintaining these standards of excellence now and in the future.



Another milestone achieved during the past months was the successful conclusion of the 2020 RCC Preference Poll. Five people stepped forward for the community’s consideration, and we welcome back to the Board of Governors members William Keefe, William Penniman and Vicky Wingert. We thank Lorri Zell and Niels Pemberton for their willingness to volunteer their service.

As the holiday season beckons, we hope everyone is careful and able to celebrate safely. What matters most is for all of us to be together in 2021 and to get through a challenging winter healthy and happy. The programs in the pages ahead will help you do so. Be good to yourselves and others; thank you as always for your support of RCC.

## BOARD OF GOVERNORS

From left to right:  
(TOP)  
Paul Thomas, William Keefe,  
William Penniman,  
Dick Stillson, William Bouie

(BOTTOM)  
Laurie Dodd, Vicky Wingert,  
Beverly Ann Cosham,  
Lisa Sechrest-Ehrhardt





## **LEILA GORDON, EXECUTIVE DIRECTOR, RCC**

As Bev's letter describes, the achievement of CAPRA accreditation was thrilling. Getting accredited was especially challenging during the months of COVID-19 impacts we have endured since mid-March. RCC Board and staff teams have been adjusting to the new realities imposed by the pandemic. We are profoundly grateful that our patrons have been patient, and especially that they continue to comply with the public health measures designed to keep people safe. RCC requires mask wearing, social distancing, health self-checks and frequent hand washing of everyone using our facilities, and we will continue to require these measures for the foreseeable future. Your understanding about the limitations on in-person programming is greatly appreciated.

RCC employees are also required to follow all these public health mandates. Each employee must provide their health self-check prior to beginning any shift. In addition, we have implemented telework and flexible scheduling to minimize the number of people in office areas at any one time. Our efforts to assure both public and employee safety are more critical than ever because of the winter conditions that enable community spread of the virus. Flu season will be coupled with COVID-19 this year – we are not going to take any chances and will continue to keep safety our top priority.

As we turn toward 2021, it's our hope that scientists will have new tools to fight COVID-19 that provide for greater and broad community health. The new year holds the promise of a brighter future if we all do our part to navigate the winter months cautiously. Most of all, we want our community to be with us in 2021 and to get our strength for the months ahead from the care we give and show each other.

A handwritten signature in black ink, appearing to read 'Leila', with a long horizontal line extending to the right.

Please Note: Photos in the Program Guide represent activities held before and during the COVID-19 pandemic.

## **RCC IS AN ACCREDITED PARKS AND RECREATION AGENCY!**



In October 2020, RCC earned accreditation from the Commission for Accreditation of Park and Recreation Agencies (CAPRA), a mark of an agency's excellence in its leadership, management, operations, programs and services. We are thrilled to be recognized for this achievement and will continue to uphold these standards as we serve our patrons.

## **TIP: Beat the Rush!**

Prior to the start of registration, be sure to log into myRCC with your username and password and check your household information via "My Account." All family members you wish to register must be listed, along with their date of birth.



# myRCC Online Registration

## **TO REGISTER ONLINE:**

You will need to know your username and password.

## **IF YOU ARE A NEW USER:**

You will need to complete the online household profile. Your user information will be emailed to you within 48 hours.

## **DROP-IN PROGRAMS:**

Former drop-in programs now require a pass and advanced reservation through myRCC. Learn how or visit our FAQ page for more information.

[www.restoncommunitycenter.com/HowTo](http://www.restoncommunitycenter.com/HowTo)

[www.restoncommunitycenter.com/PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

## **Online Registration (myRCC) Contact Information:**

### **Phone:**

703-476-4500, ext. 8

### **Fax:**

703-476-2488

### **Email:**

[RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov)

All emails to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) will be answered within 48 hours. If your question is urgent, please call during business hours.

## *What if I do not have or know my username?*

If any member of your household has registered for an RCC program in the last 5 years, you already have a username. To get your username, send an email to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or call 703-476-4500 during business hours. All emails will be answered within 48 hours. If you have never participated in an RCC program, you need to set up an account by clicking Create an Account.

## *What if I have forgotten my password?*

On the Member Login box, click on Forgot Your Password. You will be asked to enter your primary email address. The password reset link email is valid for 10 minutes. If you do not have an email address on file, or if our data fails to match your responses, you will need to contact our office.

## *I would like to add family members to my account. How do I do this?*

If you have an account already established, please send an email to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or call 703-476-4500, ext. 8 during business hours.

## *I would like to change my mailing address. How can I do this?*

Please send an email to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or call 703-476-4500, ext. 8 during business hours. Addresses need to be verified for residency status.

## *How can I see what courses my family members are currently registered in?*

Once you have successfully signed in, click on My Account, then select Household Activity Calendar. All family member registrations will be displayed for the selected months in a calendar format. Or you can click on My Account, then My History. A listing of all enrollments will be created for the selected date range.



# ARTS & EVENTS

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# Reston Dr. Martin Luther King Jr. BIRTHDAY CELEBRATION

## January 4 – 18

### TOILETRIES AND CLEANING SUPPLIES COLLECTION DRIVE TO BENEFIT CORNERSTONES

**RCC Hunters Woods and RCC Lake Anne**

Reston Community Center is collecting supplies to benefit Cornerstones and community members in need. Please donate needed items at either RCC location. A list of needed items will be on the RCC website in early January.

## Saturday, January 16

### COMMUNITY SERVICE PROJECTS

**9:00 a.m. • Southgate Community Center,  
12125 Pinecrest Road**

(6 years and older)

**Free • Registration required through Reston Association**

Join friends and neighbors in honoring Dr. King's legacy by serving your community. As Dr. King said, "Everybody can be great ... because anybody can serve." Due to social distancing mandates, the 2021 Community Service Projects will change to a series of smaller projects with fewer volunteers at each project. RCC is partnering with Southgate Community Center, Reston Association, Cornerstones and The Closet on community service projects at Southgate Community Center. Indoor projects include sorting and organizing items from The Closet and making bag lunches for the Embury Rucker Community Shelter. There will also be outdoor projects such as cleaning up the natural areas, pathways and hardscape surrounding the area, weather permitting. Volunteer hours conclude around 11:00 a.m. To register, contact Ha Brock, Reston Association Volunteer & Community Outreach Coordinator, at 703-435-7986 or [habrock@reston.org](mailto:habrock@reston.org).

### RESTON COMMUNITY ORCHESTRA: *KEEPING THE DREAM: 15TH ANNUAL TRIBUTE TO DR. MARTIN LUTHER KING JR.*

**2:00 p.m. • Online: RCC's YouTube Channel**

Celebrate the life and work of Dr. Martin Luther King Jr. at this moving virtual concert. The concert pays tribute to Dr. King's vision of a society free of prejudice and racial divisions and his belief in the power of music to help create positive change. Featured performers will include students from Al Fatih Academy and song stylist Beverly Cosham. Instead of the traditional presentation in the RCC Hunters Woods Community Room, the performance will debut on the RCC YouTube channel on Saturday, January 16.



**“THE TIME IS  
ALWAYS RIGHT  
TO DO WHAT  
IS RIGHT.”**

*- Martin Luther King Jr.*

# Reston Dr. Martin Luther King Jr. BIRTHDAY CELEBRATION

## Sunday, January 17

### **AKUA ALLRICH AND THE TRIBE A NINA SIMONE AND MIRIAM MAKEBA TRIBUTE**

**2:00 p.m. • RCC Hunters Woods – the CenterStage  
\$15 Reston/\$30 Non-Reston**

Jazz vocalist and Washington, DC, native Akua Allrich has proven herself to be a musician of extraordinary talent and crowd-moving passion. With finesse and charisma, she has successfully etched a place for her unique musical expression by electrifying audiences. Tickets sold through the CenterStage Box Office.

## Monday, January 18

### **KEYNOTE ADDRESS: IBRAM X. KENDI**

**11:00 a.m. • RCC Hunters Woods – the CenterStage  
\$5 Reston/\$20 Non-Reston**

Ibram X. Kendi, author of *How to Be an Antiracist*, is one of America's foremost historians and leading antiracist voices. He has shared his personal history and helped move the conversation about becoming a more humane and just nation away from arguments over personal responsibility for the past to the shared responsibility we each have to craft an equitable future. Tickets sold through the CenterStage Box Office.

### **COMMUNITY SERVICE PROJECTS**

**12:30 p.m. • RCC Hunters Woods  
(6 years and older)**

**Free • Registration required through Reston Association**

RCC is partnering with Reston Association and Cornerstones for community service projects at Reston Community Center Hunters Woods. Volunteers will make bag lunches for the Embry Rucker Community Shelter and sort toiletries and cleaning supplies for the Cornerstones Assistance Services and Pantry Program. Volunteer hours conclude around 1:30 p.m. To volunteer, contact Ha Brock, Reston Association Volunteer & Community Outreach Coordinator, at 703-435-7986 or habrock@reston.org.

### **MLK BIRTHDAY CELEBRATION ESPECIALLY FOR YOUTH**

**10:30 a.m. – 1:30 p.m. • RCC Hunters Woods  
(6 – 12 years old)**

**Free • Registration Required: 704750-1W**

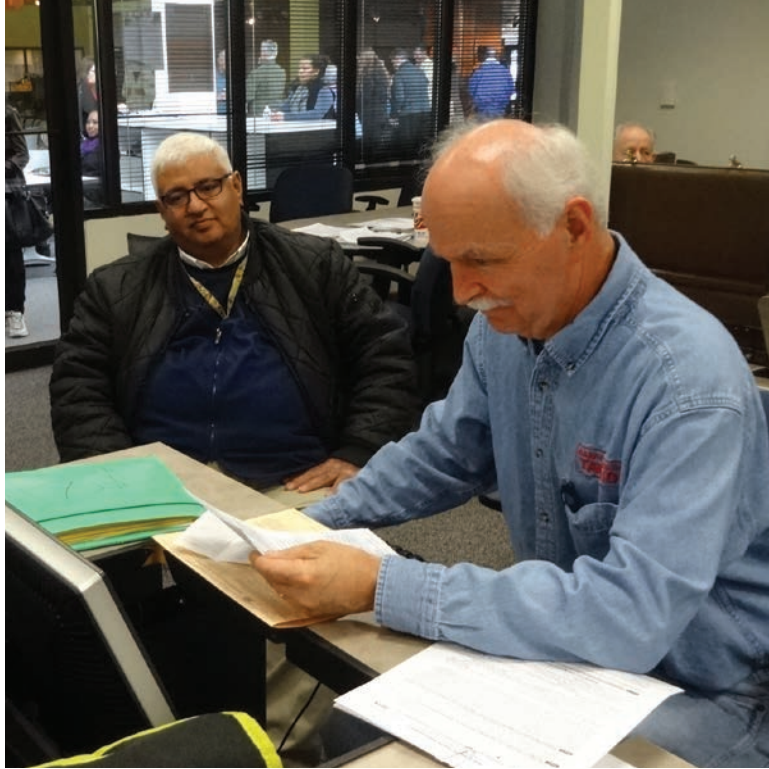
You may register your school-age child (first to sixth grade) to participate in socially distanced activities at RCC. Children must be registered in advance and no onsite registration will be available on the day of the event. Children will rotate through a series of activities including an age-appropriate video and arts and crafts. All activities will be based on the history of Dr. King and the Civil Rights Movement.



**“I RECOGNIZE THAT  
IN ORDER TO BRING  
ABOUT CHANGE, WE  
FIRST HAVE TO BELIEVE  
IT’S POSSIBLE. AND  
SO I’M GOING TO  
BELIEVE THAT CHANGE  
IS POSSIBLE THROUGHOUT  
MY CAREER.”**

*- Ibram X. Kendi*





## AARP Tax-Aide

**(Due to COVID-19, at the time of publishing the program guide the AARP Tax-Aide schedule has not been confirmed. Please check our website periodically for the latest updates about this program.)**

RCC Hunters Woods

**Free • Ages 18 years and older**

AARP's Tax-Aide program was created nearly 40 years ago to assist older adults as well as persons with low and middle incomes in successfully navigating the tax code. For years, RCC has offered community members this important program administered through the AARP Foundation with the cooperation of the Internal Revenue Service. All tax preparation is free and confidential.

**For more information, contact the Lifelong Learning Program Director at 703-390-6157.**

## RCC

### Community Coffee

**Saturdays,**

**January 2 – February 27**

**(Temporarily suspended until further notice.)**

9:00 a.m. – 11:00 a.m.

RCC Hunters Woods

**Free • All Ages**

Due to the COVID-19 pandemic, this popular community tradition has been suspended until RCC is confident that it represents no public health risk. Similarly, weekday coffee service is suspended as well. When conditions permit, everyone can return to enjoy complimentary beverages with casual conversation.



# Equity Matters:

## Moving Forward to Equal Justice

Free • 18 years and older

Recognizing the intensity of awareness and accompanying acceleration of the fight for racial justice that was galvanized by the murder of George Floyd in May 2020, RCC presents a series of film screenings to highlight the issues surrounding discrimination and racism that manifest themselves in the United States criminal justice system. Their intersections with police and the justice system are potentially deadly for Black people. These films help reveal this deadly racism, and the discussion following each film will focus on what individuals can do to address and dismantle this systemic racism.

Due to COVID-19, social distancing measures, masks and advance registration will be required.

### *Harriet*

**Monday, January 4 • 10:00 a.m.**

Based on the thrilling and inspirational life of an iconic American freedom fighter, *Harriet* tells the extraordinary tale of Harriet Tubman's escape from slavery and her transformation into one of America's greatest heroes. Her courage, ingenuity and tenacity freed hundreds of slaves and changed the course of history. (2019)

Free, Registration Req. 262004-1W

### *Notes From the Field*

Film screening followed by a livestreamed Q&A with Anna Deavere Smith

**Sunday, January 24 • 3:00 p.m.**

Playwright, actor, and educator Anna Deavere Smith uses her singular brand of theatre to explore issues of community, character, and diversity in America. Her most recent work, *Notes From the Field*, shines a light on how the racism inherent in the American justice system has created a lost generation of American youth. It brings to life the stories of 18 real-life people, among them current and former inmates, protesters, educators and politicians. (2018)

\$5 Reston/\$20 Non-Reston (Tickets sold through the RCC Box Office.

See page 14 for more information.)

### *Selma*

**Monday, February 1 • 10:00 a.m.**

Director Ava DuVernay's *Selma* tells the story of Dr. Martin Luther King Jr.'s campaign to secure equal voting rights via an epic march from Selma to Montgomery, AL, in 1965. This historic movement prompted change that forever altered history in our country and culminated in President Lyndon Johnson signing the Voting Rights Act of 1965. (2014)

Free, Registration Req. 262005-1W

### *The Last Black Man in San Francisco*

**Sunday, February 28 • 3:00 p.m.**

*The Last Black Man in San Francisco* is based on the story of Jimmie Fails, a young Black man who tries to reclaim his childhood home, a now-expensive Victorian house in a gentrified neighborhood of San Francisco. (2019)

Free, Registration Req. 261001-1W

For more information, please contact Paul Douglas Michnewicz, Arts & Events Director, at 703-390-6167.

# 2020/2021 PROFESSIONAL TOURING ARTIST SERIES

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# Akua Allrich and The Tribe

A NINA SIMONE AND MIRIAM  
MAKEBA TRIBUTE

**Sunday,  
January 17  
2:00 p.m.**

Jazz vocalist and Washington, DC, native Akua Allrich has proven herself to be a musician of extraordinary talent and crowd-moving passion. With finesse and charisma, this vocalist and composer has successfully etched a place for her unique musical expression by electrifying audiences in and around the DC area in sold-out performances.

“Akua Allrich has a warm and sassy delivery, not unlike a young Aretha Franklin, and uses her voice in a flexible way that includes drops, falls and growls almost like an old school trumpet player.”

– Jazz Weekly

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**\$15 Reston/\$30 Non-Reston**

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**TICKETS GO ON SALE: DECEMBER 1 (RESTON)/DECEMBER 8 (NON-RESTON & ONLINE)**



RESTON DR. MARTIN LUTHER  
KING JR. BIRTHDAY CELEBRATION  
KEYNOTE ADDRESS

## Ibram X. Kendi

**Monday,  
January 18  
11:00 a.m.**

Ibram X. Kendi is one of America's foremost historians and leading antiracist voices. A sought-after public speaker, Kendi has delivered hundreds of addresses across the country and overseas. He has shared his personal history and helped move the conversation about becoming a more humane and just nation away from arguments over personal responsibility for the past to the shared responsibility we each have to craft an equitable future. His book, *How to Be an Antiracist*, was published in 2019 to great acclaim and soon landed on *The New York Times* Best Seller List.

**"Groundbreaking . . . (Kendi) punctures the myths of a post-racial America, examining what racism really is and what we should do about it."**

*– Time Magazine*

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**\$5 Reston/\$20 Non-Reston**

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**TICKETS GO ON SALE: DECEMBER 1 (RESTON)/DECEMBER 8 (NON-RESTON & ONLINE)**



# *Notes From the Field*

FILM SCREENING FOLLOWED  
BY LIVE, VIDEOCONFERENCED Q&A  
WITH ANNA DEAVERE SMITH

**Sunday,  
January 24  
3:00 p.m.**

Playwright, actor and educator Anna Deavere Smith uses her singular brand of theatre to explore issues of community, character and diversity in America. Her most recent work, *Notes From the Field*, shines a light on racism inherent in the American justice system. It brings to life the stories of 18 real-life people, among them current and former inmates, protesters, educators and politicians.

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**\$5 Reston/\$20 Non-Reston**

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**TICKETS GO ON SALE: DECEMBER 1 (RESTON)/DECEMBER 8 (NON-RESTON & ONLINE)**



*GONE IN A PHRASE OF AIR*

# Regina Carter

**Saturday,  
February 6  
8:00 p.m.**

In this stunning performance, Grammy-nominated violinist Regina Carter celebrates parts of America where hundreds of thousands of people – mostly Black residents, immigrants and the disadvantaged – had homes, businesses and churches demolished in the name of urban renewal. The program will include original music, as well as music of the past, poetry, spoken word and visual art elements. For Carter, a MacArthur Foundation “Genius Grant” awardee, the violin isn’t simply an improvisational vehicle – it is a passport to unexpected realms.

*“Regina Carter creates music that is wonderfully listenable. . .and, at times, breathtakingly daring. . .taking the listener into the future of jazz.”*

*– Time Magazine*

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**\$20 Reston/\$40 Non-Reston**

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**TICKETS GO ON SALE: DECEMBER 1 (RESTON)/DECEMBER 8 (NON-RESTON & ONLINE)**

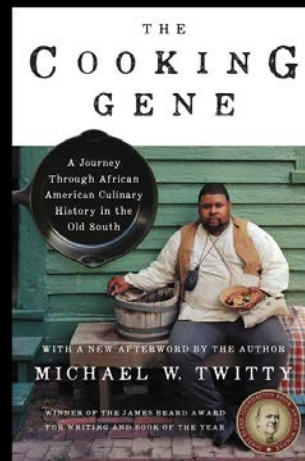


# An Afternoon with Michael W. Twitty

AUTHOR OF *THE COOKING GENE*

**Saturday,  
February 13  
3:00 p.m.**

Author of *The Cooking Gene*, which won the 2018 James Beard Award for Book of the Year, Michael W. Twitty traces his ancestry from Africa to America and from slavery to freedom. *Southern Living* named Twitty one of "50 People Changing the South."



**"An exemplary, inviting exploration and an inspiration for cooks and genealogists alike."**

— *Kirkus Reviews*

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**\$20 Reston/\$40 Non-Reston**

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**TICKETS GO ON SALE: DECEMBER 1 (RESTON)/DECEMBER 8 (NON-RESTON & ONLINE)**





# Mutts Gone Nuts

A COMEDY DOG ACT

**Sunday, March 21 • 4:00 p.m. & 7:00 p.m.**

They'll have you at "woof." Expect the unexpected as canines and comedy collide in a smash hit performance that leaves audiences howling for more. From shelters to showbiz, these amazing mutts unleash havoc and hilarity in an action-packed, comedy dog spectacular, featuring some of the world's most talented four-legged performers. Deemed "a must-see" by *The Washington Post*, the dogs are sure to steal your heart (and then your socks)!

**"A must see"**

– *The Washington Post*

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**\$10 Reston/\$20 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**

Photo Credit:  
Alexander Morozov



# *I'm Not A Racist, but...*

VIJAI NATHAN, COMEDIAN

**Saturday,  
March 27  
3:00 p.m.**

Join comedian Vijai Nathan and her very funny friends as they run straight into the minefield of political incorrectness and reveal personal experiences with prejudice in all their cringeworthy glory. They are on a quest to explore the roots of racism and debunk long-held myths with humor and heart.

*Will contain adult language.*

**“One of the top two South Asian comics in the world to watch!”**

– Comedian, actor and producer Russell Peters

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**\$20 Reston/\$40 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**

Carl Tanner photographed by Sara Krulwich of *The New York Times* performing in *Pagliacci* at New York City Opera, 2007.



# An Evening with Carl Tanner

TENOR

**Wednesday,  
April 7  
8:00 p.m.**

Internationally renowned tenor Carl Tanner will delight you with his artistry and charm. Enjoy a program that will showcase his tremendous talent.

A Northern Virginia native and graduate of Shenandoah Conservatory, Mr. Tanner has established his international career with performances in the world's most prestigious opera houses such as The Metropolitan Opera, Opera National de Paris, Washington National Opera, Royal Opera House, Covent Garden, Deutsche Oper Berlin, Teatro alla Scala, Teatro Real, Madrid, New National Theatre of Tokyo and the Liceu de Barcelona among others.

**“Mr. Tanner left no doubt about his prowess, singing with a firm, generously sized voice and producing clarion top notes...”**

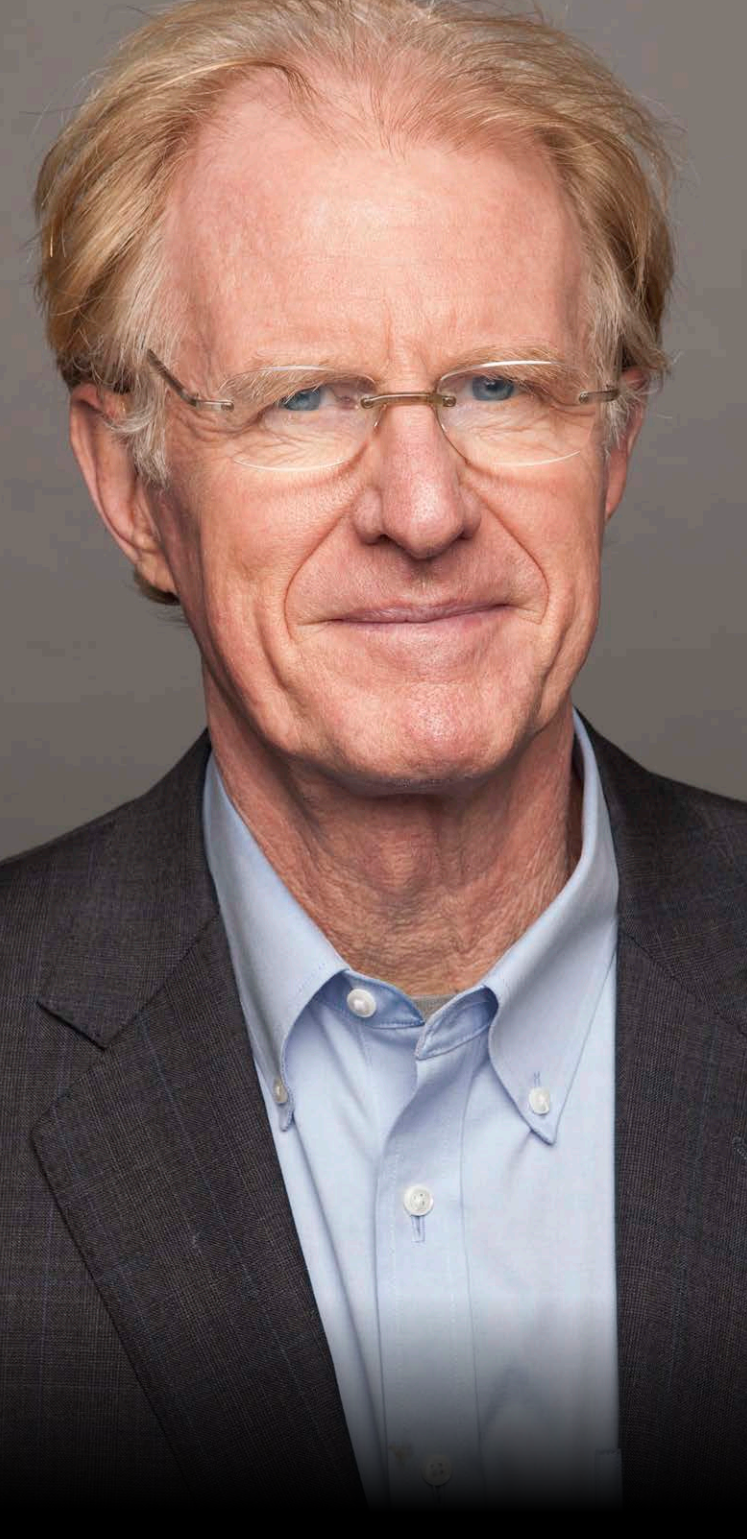
– *The New York Times*

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**\$20 Reston/\$40 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**



# *Living Simply So Others Might Simply Live*

**Ed Begley Jr.**

ACTOR

**Wednesday,  
April 28**

**8:00 p.m.**

**An Earth Day Special!**

As environmental issues become more pressing, there are two possible responses: forget it and hope that government and corporations will figure it out, or Ed Begley Jr.'s approach – take action and make a difference. In this program, he shares his inspiration and insight into one of the world's most important causes – environmental sustainability. All ticketholders will be given a packet of pollinator flower seeds!

**PRE-SHOW TREAT:** Join Ed Begley Jr. at 4:30 p.m. for a special rededication of the butterfly garden near the Hunters Woods Fellowship House. Presented in conjunction with Reston's Nature House.

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**\$15 Reston/\$30 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**



# Red Molly

**Wednesday & Thursday,  
May 12, 13  
8:00 p.m.**

Red Molly combines the forces of three songwriters with unique character and style, creating a show that is larger than the sum of its parts. Known for their three-part harmony, their songs and arrangements lay bare a love of vocal blend. The band weaves together threads of American music – from country and blues to folk and bluegrass. Their innovative instrumentation is suited for roots rock and soulful ballads alike, and the alchemy of their personalities onstage draws even back-row listeners into a sense of intimacy. Red Molly is simply a joy to experience.

**“A blend of serious harmonizing chops and slick pop savvy.”**

– *Time Out NY*

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**\$25 Reston/\$50 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**



# Crys Matthews

SINGER-SONGWRITER

**Saturday,  
May 15  
8:00 p.m.**

A prolific lyricist and composer, Matthews has found inspiration in her surroundings; from driving through the Blue Ridge Mountains to the compelling and heart-breaking love story of Richard and Mildred Loving. Thoughtful, realistic and emotional, Matthews' songs speak to the voice of our generation and remind us why music indeed soothes the soul.

**"By wrapping honest emotions around her socially conscious messages and dynamically delivering them with a warm heart and a strong voice, she lifted our spirits just when we need it most in these troubled times"**

– Erik Philbrook, NewSong Music Festival and Performance Competition judge

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**\$15 Reston/\$30 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**



# *The American Innovator*

ANTHONY DE MARE, PIANO

**Wednesday,**

**May 26**

**8:00 p.m.**

Pianist Anthony de Mare is one of the world's foremost champions of contemporary music. Known for his entrepreneurial performance projects, he offers a program highlighting some of America's most progressive composers, the techniques and styles of which illuminate more innovative approaches to the piano. The works treat issues of social conscience, justice, civil rights and the media. Each piece is sculpted to tell its own individual story, contributing to the fabric of our national narrative. In addition, the program features the monumental work *De Profundis* by Frederic Rzewski, based on a text by Oscar Wilde – an oratorio for speaking-singing pianist, the genre de Mare pioneered more than 30 years ago.

*“De Profundis demands a combination of virtuoso technique and a total lack of inhibition. This was a gripping and moving performance . . . a living thing on stage . . . this was an ideal meeting of composer and interpreter, and a unique and wonderful experience.”*

– *New York Classical Review*

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**\$15 Reston/\$30 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**



# BD Wong

ACTOR AND ACTIVIST

**Saturday,  
June 5  
8:00 p.m.**

BD Wong has been on screens big and small for the last 20 years, appearing in such hits as *Law & Order: SVU*, *Oz*, *Gotham*, *Jurassic Park* and *Jurassic World*. He received an Emmy nomination for his role as Whiterose and Minister Zhang in *Mr. Robot*. Lauded for his resonant and inspirational messages, BD speaks on issues like racial self-image, Asian American parental pressure and the “model-minority myth,” and the challenges of multiple identities. BD is an advocate for The Trevor Project’s “It Gets Better” campaign and was honored for his support of the LGBTQ community at the annual Marriage Equality Gala. BD will also make an appearance earlier in the day at Reston Pride.

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**\$20 Reston/\$40 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**





# Trout Fishing in America

**Saturday,  
June 12  
3:00 p.m.**

Trout Fishing in America is the longstanding, four-time Grammy-nominated musical partnership of Keith Grimwood and Ezra Idlet. A willingness to at once make fun of our most annoying daily habits, then to touch our hearts with tender and passionate images of family life is what makes the connection between Trout Fishing in America and its audiences so compelling and poignant.



*“ ... the Lennon and McCartney of kids’ music.”*

*– National Public Radio*

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**\$10 Reston/\$20 Non-Reston**

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**TICKETS GO ON SALE: FEBRUARY 1 (RESTON)/FEBRUARY 8 (NON-RESTON & ONLINE)**

# CENTERSTAGE BOX OFFICE INFORMATION

**Online:** [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

Available until two hours before a performance and requires payment of a processing fee.

**By Mail:** **Return a Ticket Order Form to RCC Box Office**

2310 Colts Neck Road, Reston, VA 20191

**In Person:** **Tuesday, Wednesday, Thursday: 4:00 p.m. – 9:00 p.m.**  
**Saturday: 1:00 p.m. – 5:00 p.m., and two hours prior to curtain time**

**Phone:** **703-476-4500, Press '3' • TTY 711**

Please provide the following information when you call:

- Your name with the correct spelling as it appears on your Visa, MasterCard or Discover credit card;
- The best telephone number for us to return your call;
- The performance title, date and curtain time you wish to attend;
- The number of tickets you wish to order and whether they are Reston, Non-Reston;
- Your Visa, MasterCard or Discover credit card number and its expiration date (no American Express please);
- The billing address of your credit card including zip code;
- Your email address if you would like a confirmation to be sent to you.

**Fax:** **Fax Ticket Order Form to 703-476-2488**

## BOX OFFICE POLICIES:

- No refunds or exchanges unless the show is canceled.
- Please indicate if a wheelchair accessible seat is needed, or of any other accommodations we can make to provide better access for patrons with any special needs; and do so as soon as possible to assure we can best accommodate you.
- All audience members, regardless of age or the performance location at Reston Community Center, are required by Virginia Fire Code to have a ticket.
- Tickets are not mailed. E-tickets will be sent electronically to the primary patron at least three days prior to the performance and will be scanned at the theatre door. Any issues regarding e-tickets can be addressed by calling the Box Office.
- To stay within state and county social distancing regulations for gatherings, we are selling 86 seats in 43 pairs for each performance. Only pairs of tickets may be purchased online; patrons requesting an odd number of tickets should call the RCC Box Office (703-476-4500, Press "3"), or, they may visit the Box Office during normal hours (Tuesday – Thursday, 4:00 p.m. to 9:00 p.m.; Saturday, 1:00 p.m. to 5:00 p.m.) to select seats.

Tickets for the 2020–2021 Professional Touring Artist Series are sold at Reston (R) (Small District 5 residents or employees) or Non-Reston (NR) prices, regardless of age (no senior or youth tickets). Proof of residence or employment status may be requested. All seats are reserved unless otherwise indicated; payment is required at the time of reservation. All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

## DIRECTIONS:

**The CenterStage is located inside RCC Hunters Woods. To get to RCC Hunters Woods:**

**From Route 495 via Dulles Toll Road (Route 267):**

Take Exit 12 to Reston Parkway

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

**From Route 495 via Leesburg Pike (Route 7) going West:**

Left on Baron Cameron Ave (Route 606)

Left on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Road

Go 1/2 mile and turn left into Hunters Woods Village Center

**From Centreville via Route 28**

Go North on Route 28

Take Dulles Toll Rd East

Take Exit 12 onto Reston Parkway

Right on Reston Parkway

Left on South Lakes Drive

Right on Colts Neck Rd

Go 1/2 mile and turn left into Hunters Woods Village Center

## PERFORMING ARTS

### Reston Community Orchestra

571-449-7095

[www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org)

RCO is an all-volunteer ensemble devoted to the cultural enhancement of the community through the presentation of diverse symphonic music, from classical to pops. Maestro Dingwall Fleary, known for his orchestra-building skills and exceptional musicianship, has served as music director and conductor of the ensemble since 1996. With support from grants, and contributions from local businesses, corporations, audiences and its performing members, the RCO can perform free concerts, fulfilling its pledge to provide "Great Music for a Great Community!"

#### *Reston Dr. Martin Luther King Jr. Birthday Celebration – Virtual Performance*

Celebrate the life and work of Dr. Martin Luther King, Jr. by watching this moving virtual concert. The concert pays tribute to Dr. King's vision of a society free of prejudice and racial divisions and his belief in the power of music to help create positive change. Featured performers will include students from Al Fatih Academy and song stylist Beverly Cosham. The concert will debut on the Reston Community Center YouTube channel.

**Saturday, January 26**

**2:00 p.m.**

**Online – RCC's YouTube Page**

*The Reston Community Orchestra is supported in part by ARTSFAIRFAX, the Virginia Commission for the Arts and National Endowment for the Arts.*

### Reston Community Players

703-435-2707

[www.restonplayers.org](http://www.restonplayers.org)

Reston Community Players (RCP) continue their tradition of artistic excellence in Reston and surrounding communities with touching, funny and timeless productions. RCP has been delighting audiences since 1966.

#### *A Walk in the Woods*

By Lee Blessing

Directed by Adam Konowe

**Fridays, February 26, March 5, 12  
8:00 p.m.**

**Saturdays, February 27, March 6, 13  
8:00 p.m.**

**Saturday, March 6  
2:00 p.m.**

**RCC Hunters Woods – the CenterStage**

Tickets: \$25

Available online at [www.restonplayers.org](http://www.restonplayers.org)

*RCP is funded in part by ARTSFAIRFAX.*

### The Reston Chorale

703-834-0079

[www.restonchorale.org](http://www.restonchorale.org)

The Reston Chorale has excited audiences with its musical excellence and versatility for more than 50 years. Governed by volunteers, the Chorale relies on the support of its members, the community and all who support the value of music to enrich the lives and spirits of those who listen, as well as those who sing and perform. Although COVID-19 has caused us to suspend programming for the present, our attachment to the community remains strong. Reston Chorale members look forward to returning as soon as possible to performing.

*The Reston Chorale is supported in part by ARTSFAIRFAX, the Virginia Commission for the Arts and the National Endowment for the Arts.*

## CULTURAL ARTS

### The Reston Historic Trust and Museum

703-709-7700

[www.restonmuseum.org](http://www.restonmuseum.org)

The Reston Historic Trust and Museum (RHT) was founded in 1996 as a community based nonprofit organization that preserves the past, informs the present, and influences the future of Reston through its exhibits, public programs, and events including Founder's Day, the Reston Home Tour, and Lake Anne Cardboard Boat Regatta. RHT is located at Lake Anne Plaza, is free to visit, and offers exhibits and a gift shop.

Due to COVID-19, social distancing measures, masks and advance registration will be required.

*TBA*

**Wednesday, February 10  
7:00 p.m. – 9:00 p.m.**

**Jo Anne Rose Gallery**

**RCC Lake Anne**

Free, Registration Req.

702000-1W

COMMUNITY ARTS

## GOVERNMENT FUNDERS

**ARTSFAIRFAX:**

[www.artsfairfax.org](http://www.artsfairfax.org)

Virginia Commission for the Arts:

[www.arts.state.va.us](http://www.arts.state.va.us)

National Endowment for the Arts:

[www.arts.gov](http://www.arts.gov)

# VISUAL ARTS

## Greater Reston Arts Center

[www.restonarts.org](http://www.restonarts.org)

Greater Reston Arts Center is dedicated to enhancing community life through excellence and involvement in the visual arts. GRACE serves 80,000 people annually, providing Virginia, Maryland, and DC's diverse communities with abundant opportunities to experience and explore contemporary art through exhibitions, education programming, and the Northern Virginia Fine Arts Festival. The GRACE gallery showcases local and regional artists alongside artists of national and international reputation.

The Greater Reston Arts Center strives to increase understanding of different cultures through art, brings diverse audiences together around a common interest, and ensures access and opportunity for engagement in the arts to all residents, regardless of age, ethnicity, or income. Admission to the GRACE gallery is always FREE, as are most programs.

*GRACE gratefully acknowledges the generosity of its individual members and donors, state and county grantors, and corporate sponsors. GRACE is supported in part by ARTSFAIRFAX, Reston Community Center, Virginia Commission for the Arts and the National Endowment for the Arts.*

## League of Reston Artists

[www.leagueofrestonartists.org](http://www.leagueofrestonartists.org)

The League of Reston Artists (LRA) is an active and enthusiastic group of diverse visual fine artists, photographers and supporters of the arts. LRA has a dual mission: 1) to provide its members with opportunities to grow, learn and exhibit their creative accomplishments, and 2) to provide the local community with frequent opportunities to experience and appreciate a wide range of visual arts and to gain insight into the creative process.

Quarterly meetings with guest speakers and artist demonstrations offer learning and inspiration for LRA members while raising awareness and appreciation of the arts.

Non-member art lovers are always welcome. Numerous judged and juried shows in venues throughout the community give member artists and photographers challenging exhibition opportunities. Each year, new members join, and volunteers coordinate fresh opportunities to partner with local businesses and display and sell artwork produced by area artists. Art in Public Places (AIPP) also provides exhibit opportunities for LRA members. Located in approximately 15 commercial and public places, solo exhibits are on a three-month rotation basis. For a list of the AIPP locations and the details of current exhibits, please visit the LRA website

*LRA is a non-profit 501(c)(3) volunteer-run organization that sponsors the Reston Photographic Society and provides an annual scholarship to a promising high school senior who will continue his or her education in the visual arts. Minimal annual dues entitle active artists to participate in a variety of exhibition, learning, community and volunteer activities. LRA relies on its member volunteers and donations from the art-loving community to fulfill its mission.*

## Public Art Reston

[www.publicartreston.org](http://www.publicartreston.org)

Public Art Reston seeks to inspire an ongoing commitment to public art and create a new generation of artworks in Reston. It does so by working with community organizations to develop permanent and temporary public art projects in Reston and to present educational programs. More than 43 permanent and temporary public artworks have been commissioned since Public Art Reston was founded in 2007 and since the adoption of the Public Art Master Plan for Reston in 2008. Reston's public art is always accessible! Check out the free public art map available on the website to tour the collection on your own. Families can discover the Public Art Explorer pages on [www.publicartreston.org](http://www.publicartreston.org) for fun art activities and outdoor adventures.

Public art projects in 2021 include the temporary public artwork, *Part and Parcel*, realized by the South Lakes High School STEAM Team and installed on the Lake Thoreau spillway, and several public artworks commissioned by developers, including *Simon* by Dewitt Godfrey.

Public Art Reston also works with developers to provide professional expertise to guide them through the public art process when they commission public artworks as part of their proffer commitment. To view Reston's complete collection of public artworks and learn about artworks recently commissioned visit <http://publicartreston.org/engage/explore/gallery>.

*Public Art Reston programs are supported in part by Reston Community Center, ARTSFAIRFAX, the Virginia Commission for the Arts and the National Endowment for the Arts.*

## Reston Art Gallery and Studios (RAGS)

703-481-8156

[www.restonartgallery.com](http://www.restonartgallery.com)

The charming artists' collective in historic Lake Anne Plaza is a source of beauty and inspires creativity in all who visit it. RAGS features unique artist-made jewelry, original prints, photography, watercolor, mixed-media, and acrylic and oil paintings.

### JANUARY

#### *Winter Winds*

Group show featuring RAGS artists  
**Reception: Sunday, January 10  
2:00 p.m. – 4:00 p.m.**

### FEBRUARY

#### *Artist Invitational Exhibit*

RAGS artists invite guest artists to join the exhibit.  
**Reception: Sunday, February 14  
2:00 p.m. – 4:00 p.m.**

Gallery hours: Saturday and Sunday, 12:00 p.m. – 5:00 p.m. Open weekdays during concerts and special events or by appointment at other times. Catch artists as they work. Free parent/child drop-in craft workshops: 10:00 a.m.-12:00 p.m. on Saturdays.

# RCC GALLERY EXHIBITS

## RCC Lake Anne Jo Ann Rose Gallery

### JANUARY

*Five Fiber Artists*

**Reception: Sunday, January 10**

**2:00 p.m. – 4:00 p.m.**

### FEBRUARY

*Through the Eye of the Needle III*

A group exhibit by Cotting Quilters.

**Reception: Sunday, February 7**

**2:00 p.m. – 4:00 p.m.**

### MARCH

*Youth Art Month Exhibit*

Art from Reston elementary school students.

## RCC Lake Anne 3D Gallery Exhibits

### DECEMBER – FEBRUARY 2021

*Gifts from the HeART Exhibit*

Annual art sale to benefit Cornerstones.

### MARCH – APRIL

*Youth Art Month Exhibit*

Art from Reston elementary school students.

## RCC Hunters Woods Exhibits

### JANUARY

*Reston Dr. Martin Luther King Jr.*

*Birthday Celebration Exhibit*

Art from Reston elementary school students  
celebrating Dr. King and his life's work.

### FEBRUARY

*New Beginnings*

Painting and photography from the League of  
Reston Artists.

### MARCH

*Youth Art Month Exhibit*

Art from Langston Hughes Middle School and  
South Lakes High School students.

## Anyone attending an art exhibit or reception will be required to do the following:

1. Wear a mask that covers both nose and mouth.
2. Assess themselves to be healthy by completing a self-check of the COVID-19 symptoms list prior to coming to RCC.
3. Remain six feet apart from others at all times.
4. Wash or sanitize hands.
5. Complete the contact tracing information form available in the Gallery.

*We appreciate your cooperation as we endeavor to keep everyone safe and healthy.*



# WAYS TO VOLUNTEER

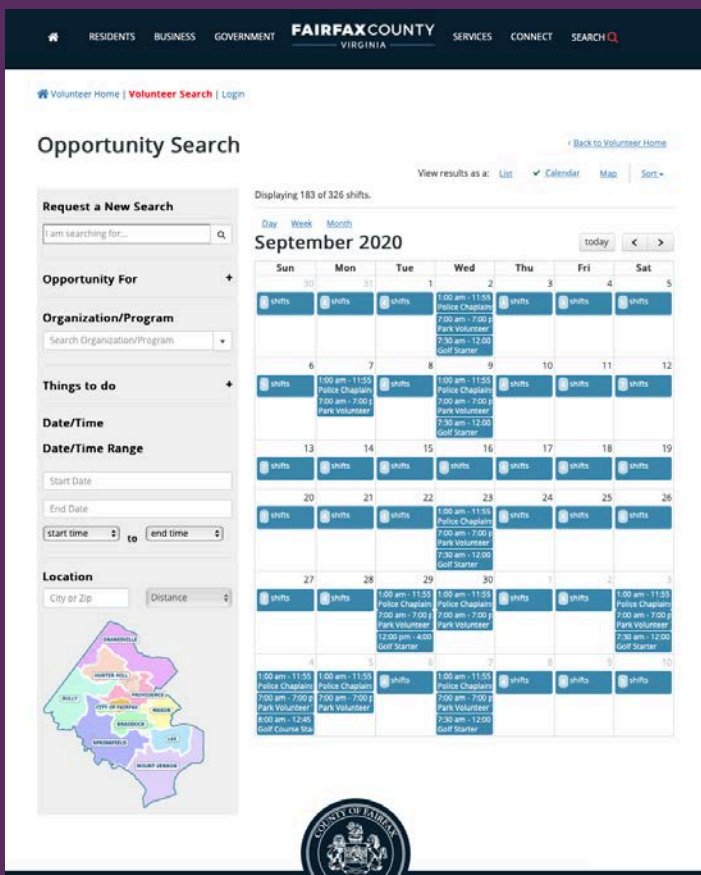
Make a difference in your community by volunteering with Reston Community Center. Volunteers offer invaluable support to our programs, activities, and events. RCC offers two types of volunteer opportunities:

- **Volunteer Management System Opportunities** – Many of RCC’s volunteer programs register through Fairfax County’s consolidated Volunteer Management System (VMS).
- **Partner Volunteer Events** – RCC is proud to partner with local organizations on many programs, including volunteer opportunities. Volunteer recruitment and management for these events are handled through these partner organizations.

## VOLUNTEER MANAGEMENT SYSTEM

Fairfax County has a consolidated, County-wide Volunteer Management System (VMS). Persons wishing to volunteer for a VMS opportunity at Reston Community Center should follow the below steps:

1. Visit: [volunteer.fairfaxcounty.gov](http://volunteer.fairfaxcounty.gov)
2. Click on “Log In” then “New Volunteer Registration” and follow the directions to create your account. You will be asked to read several release forms and complete an electronic form. This one-time process will take just a few minutes. All information is secure and private.
3. Once you have created your account, click on “Search for Opportunities.” You may do an “Organization Search” to find a list of all RCC volunteer opportunities. You may also search for a specific opportunity by entering the name of that event (as it appears in this RCC Program Guide) into the “Request a New Search” field.
4. Once you locate an opportunity you are interested in, click on it to find out more information or sign up for an available slot.



Once you have registered for VMS, your data will be saved for use by any County agency for which you want to volunteer. You will be able to review opportunities from all areas, track your hours and see your volunteer commitment calendar.

For questions or concerns with this system, please contact the RCC Community Events Director at 703-390-6166 or [Kevin.Danaher@fairfaxcounty.gov](mailto:Kevin.Danaher@fairfaxcounty.gov).

## VOLUNTEER MANAGEMENT SYSTEM

### RCC Community Coffee Volunteer

(14 years and older)

**(Temporarily suspended until further notice.)** Help with set up, coffee making, serving patrons, keeping the area tidy and cleaning up at the end.

**RCC Hunters Woods**

**January 2 – February 27**

Sat 7:30 a.m. – 11:30 a.m.

Registration required through VMS

### Adapted Aquatics Volunteer

(13 years and older)

Under the guidance of the Aquatics Program Director, volunteers work one-on-one with children and adults with disabilities. For more information, please contact the Aquatics Service Desk at 703-390-6150.

**RCC Hunters Woods Pool**

**January 9 – February 13**

Sat 11:00 a.m. – 12:00 p.m.

Registration required through VMS

## PARTNER PROGRAMS

### Reston Dr. Martin Luther King Jr. Birthday Celebration Community Service Projects

Join friends and neighbors in honoring Dr. King's legacy by serving your community. As Dr. King said, "Everybody can be great ... because anybody can serve."

Due to social distancing mandates, the 2021 Community Service Projects will change to a series of smaller projects with fewer volunteers at each project.

### Toiletries and Cleaning Supplies Collection Drive

Reston Community Center is collecting supplies to benefit Cornerstones and community members in need. Please donate needed items at either RCC location from January 4 – January 18. A list of needed items will be on the RCC website in early January.

**RCC Hunters Woods & RCC Lake Anne**  
**January 4 – 18**

### MLK Community Service Projects

(6 years and older)

RCC is partnering with the Southgate Community Center, Reston Association, Cornerstones and The Closet on community service projects at Southgate Community Center. Indoor projects include sorting and organizing items from The Closet and making bag lunches for the Embry Rucker Community Shelter. There will also be outdoor projects such as cleaning up the natural areas, pathways and hardscape surrounding the area, weather permitting. Volunteer hours conclude around 11:00 a.m.

**Southgate Community Center, 12125**

**Pinecrest Road**

**January 16**

Sat 9:00 a.m. – 11:00 a.m.

Registration required through Reston Association; see details below.

### MLK Community Service Projects

(6 years and older)

RCC is partnering with Reston Association and Cornerstones for community service projects at Reston Community Center Hunters Woods. Volunteers will make bag lunches for the Embry Rucker Community Shelter and sort toiletries and cleaning supplies for the Cornerstones Assistance Services and the Pantry programs. Volunteer hours conclude around 1:30 p.m.

**RCC Hunters Woods**

**January 18**

Mon 12:30 p.m. – 1:30 p.m.

Registration required through Reston Association; see details below.

To volunteer, please contact Ha Brock, Reston Association Volunteer & Community Outreach Coordinator, at 703-435-7986 or [habrock@reston.org](mailto:habrock@reston.org).





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## WINTER POOL SCHEDULE • JANUARY 1 – FEBRUARY 28

	Lap Pool	Warm Water Pool
Monday-Thursday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 7:00 p.m.*	6:00 a.m. – 12:00 p.m.* 1:00 p.m. – 8:30 p.m.*
Friday	7:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*	6:00 a.m. – 12:00 p.m.* 1:00 p.m. – 6:00 p.m.*
Saturday	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:30 p.m.*	9:00 a.m. – 12:00 p.m.* 1:00 p.m. – 5:30 p.m.*
Sunday	12:00 p.m. – 6:00 p.m.*	12:00 p.m. – 6:00 p.m.*

**\*Swim lanes may be limited.**

Please note that the pool schedule is subject to change without notice. RCC schedules programming during open and lap swim times. Monday through Saturday the pools will be closed from 12:00 p.m. to 1:00 p.m. for a deep cleaning. Programming will receive priority for pool space.

## RCC LOCKER ROOM ETIQUETTE

Locker rooms in RCC's Terry L. Smith Aquatics Center are used by many people throughout the day. To ensure the health and safety of patrons, RCC has established these rules regarding our locker rooms:

- Only water bottles may be carried into the locker rooms; no other food or drink is permitted.
- No cell phones or other communications devices may be used in the locker rooms. Please use these in the lobby areas of RCC.
- Patrons share the space in the locker rooms; please keep in mind that many others are using them when placing items on surfaces, benches or other areas.
- Personal belongings should not be left in any locker room area before or after use.
- We greatly appreciate everyone's efforts to keep the locker room areas as clean and tidy as possible. The showers and sinks should be used quickly; we request that people refrain from shaving as it creates plumbing challenges. If you must shave, please clean up any hair or other debris that shaving leaves behind. We appreciate

AQUATICS HOLIDAY HOURS: *		
*Some restrictions to lap lane or warm water access may apply.		
Staff Team Builder	December 16	Closed: 12:30 p.m. – 4:00 p.m.
Christmas Eve	December 24	9:00 a.m. – 1:00 p.m.
Christmas Day	December 25	CLOSED
New Year's Eve	December 31	9:00 a.m. – 4:00 p.m.
New Year's Day	January 1	12:00 p.m. – 4:00 p.m.
MLK Day	January 18	6:00 a.m. – 9:00 p.m.
Inauguration Day	January 20	6:00 a.m. – 9:00 p.m.
George Washington's Day	February 15	6:00 a.m. – 9:00 p.m.
Memorial Day	May 31	6:00 a.m. – 1:00 p.m.

your attention to hair that is shed from shampooing as well.

- Children 6 years and older must use the locker room appropriate to their gender. Please keep that in mind when bringing children to the pool.

If you have arrived at RCC with mud or other debris on your shoes, we greatly appreciate you removing your shoes before walking in the locker rooms as those floors are wet and patrons in them are barefooted.

RCC cleaning crews clean the locker rooms overnight and between 3:00 p.m. – 4:00 p.m., seven days a week as well as Noon – 1:00 p.m., Monday – Saturday.

AQUATICS

# RCC PASS OPTIONS

Aquatics passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk.

## Aquatics Daily Visit Pass

The Aquatics Daily pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase a minimum number of five visits to a maximum of 60 visits. Patrons can increase the number of visits online at myRCC. Passes are valid for two years from date of purchase.

## Aquatics Monthly Pass

The Aquatics Monthly pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. The pass allows patrons the flexibility to purchase and then renew their pass on a monthly basis as they wish. Patrons can renew online at myRCC. Monthly passes are valid from date of purchase and do not renew automatically.

## Aquatics 12-Month Pass

The Aquatics 12-Month pass allows access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim and open swim hours of operation. 12-Month passes are valid from date of purchase and do not renew automatically.

## Aquatics Water Aerobics Pass

The Aquatics Water Aerobics pass allows access to any of the Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion class offerings. This pass does not provide access to the Terry L. Smith Aquatics Center's Lap Swim Pool and Warm Water Pool during lap swim or open swim hours of operation. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase. Patrons can increase the number of visits online at myRCC.

To make a reservation, buy or renew your pass, visit myRCC.

## POOL FEES

	Reston Resident/ Employee	Fairfax County
<b>Daily Visit Pass (Price Per Visit)</b>		
Adult	\$4.10	\$8.20
Youth & Senior	\$2.50	\$5
<b>Monthly Pool Pass</b>		
Adult	\$40	\$80
Youth & Senior	\$20	\$40
<b>Aquatics Annual Pass</b>		
Adult	\$476	\$952
Youth & Senior	\$243	\$486

## WATER AEROBICS FEES

	Reston Resident/ Employee	Fairfax County
<b>Water Aerobics Pass (Price Per Visit)</b>		
Adult	\$4.50	\$9
Youth & Senior	\$3	\$6

## PRIVATE SWIM LESSONS

The RCC Terry L. Smith Aquatics Center offers private swim lessons for children and adults; class curriculum is tailored to the individual student and sessions are scheduled around the other uses of the pool, instructor availability and the participant's schedule. Lessons are taught by RCC certified instructors in 30-minute increments of time. Please contact the Aquatics Service Desk for more information or inquire about availability at 703-390-6150. Payment in full will be required prior to enrollment. Cancellations must be made 48 hours in advance by calling the Aquatics Service Desk.

**30-minute session • \$35 (R)/\$53 (NR)**



## SPECIAL ACCOMMODATIONS

If you require a special accommodation, please do not hesitate to ask us. Where needs are unique, we will work with our patrons to accommodate them to the extent we are able and qualified. To request an alternative format and/or to inform us of your special need, please call us at 703-476-4500, TTY 711.

## GROUP RESERVATIONS

Groups larger than eight people seeking to use the pool must coordinate that use with the Aquatics Director at least 14 days in advance to ensure adequate lifeguard coverage. RCC reserves the right to deny the use of the pool to any group that fails to inform the Aquatics Department in advance of its intent to use the pool.

**FREE**

DEAP programs are free for Reston residents and employees of Reston businesses.

# DEAP

Drowning Education Awareness Program

Reston Community Center and Reston Association have teamed up to improve our community's safety around its many pools. Drowning remains the nation's second-leading cause of injury-related death among children ages 1 to 14, according to the Centers for Disease Control. For every child who dies from drowning, four more receive medical treatment for submersion-related injuries. Together, RA and RCC offer DEAP, a "land-based" Drowning Education Awareness Program. This program offers two opportunities targeted for different audiences and community civic groups to learn water safety skills: Longfellow's WHALE Tales and Water Safety Presentation.

By working together, RCC and RA strive to provide our community access to healthy and safe fun in all of Reston's pools. If you have questions, or would like more information, please contact either RCC at 703-390-6150 or RA at 703-435-6530.



## LONGFELLOW'S WHALE TALES

(5 – 12 years old)

This program is offered to Cub Scouts and Webelos, Daisy, Brownie, and Junior Girl Scouts, and day care centers. Longfellow's WHALE Tales is a FREE 1-hour interactive presentation that provides easy-to-follow information to help children learn safe behavior in, on and around the water. Taught in a classroom environment, WHALE Tales makes water safety fun and easy to learn. Each lesson is reinforced with color posters, worksheets, activities and a video that features Longfellow, the animated whale.

Longfellow's WHALE Tales is an American Red Cross program presented in partnership with RCC and RA.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.

## WATER SAFETY PRESENTATION

(18 years and older)

The presentation is designed for Rotary clubs, PTAs, home school networks, church groups and other civic organizations and can be scheduled at their facility. This FREE 90-minute presentation (60-minute lecture and 30-minute Q&A) focuses on the importance of water safety training and provides general information on keeping family members safe in, on and around the water.

Please contact RCC's Aquatics Service Desk at 703-390-6150, or the RA Aquatics Office at 703-435-6530 to schedule a presentation.



## RESTON MASTERS SWIM TEAM (RMST)

(18 years and older)

The Reston Masters Swim Team (RMST) has been in existence since 1974. The "Masters" team has been at Reston Community Center since the pool opened. Masters Swimming is a national program under the auspices of U.S. Masters Swimming, a nationwide organization dedicated to the promotion of swimming in all its forms. The word "masters" in masters swimming does not imply expertise. It merely applies to age. Masters swimmers must be 18 years or older. Our team has members who range in age from 18 to 80-plus years old. RMST provides a venue for swimmers at all levels and for all reasons. We have fitness swimmers, triathletes and highly competitive swimmers. At this time, we have several members who are national champions (including our 80-plus year old). We have swimmers who swam in high school and/or college and either continued over the years or want to get back in the shape they were "way back when." We also have swimmers who are not competitive but simply enjoy swimming in an organized program.

Our indoor season is in the Terry L. Smith Aquatics Center. Terry was a longtime member of our team as well as a longtime member of the

RCC Board. Our current coach, Frank Koval, has brought the team to a level of expertise that has seen us compete and win nationally on a regular basis. In the past two years, RMST has come in fifth and sixth respectively in the national championships, which bring out about 100 teams each year. We swim Tuesday, Thursday and Sunday evenings, and Saturday mornings. For exact times, please check the calendar on our website.

Our dues are low and our enthusiasm is high. If you would like to learn more about us, please check our website at [www.restonmasters.com](http://www.restonmasters.com).



## RESTON SWIM TEAM ASSOCIATION

(6 – 18 years old)

The Reston Swim Team Association is a year-round developmental swim league open to all swimmers between the ages of 6 and 18.

RSTA's summer league features eight teams, each with 110 swimmers from the greater Reston area. Swimmers practice almost daily from late May to the end of July and compete in six dual meets, an Individual Medley meet, and a select All-Star meet. RSTA's winter program provides developmental clinics and sessions from September through May designed to improve swimmers' stroke technique and endurance.

Whether you are a beginner who wants to become competitive or a swimmer who wants to improve strokes, RSTA offers a program to suit your needs. Check our website at [www.rsta.org](http://www.rsta.org).



# LAP SWIM INFORMATION

Reservations will be for a 45-minute time slot. There will be 15 minutes allotted after swimming to exit the pool and utilize the locker rooms. There will be no lockers available for daily usage. A valid Aquatics Daily Visit pass, an Aquatics Monthly pass or an Aquatics Annual pass is required to complete the reservation. Due to COVID-19 and social distancing requirements, lap swim now requires registration. To register, sign into myRCC and select the date and time you wish to swim. Registration for a lap swim reservation is free, but patrons are required to purchase an Aquatics Daily pass, an Aquatics Monthly or an Aquatics annual pass and swipe the pass prior to each registered reservation. Aquatic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Aquatic Daily passes may be purchased for a minimum of five visits to a maximum of 60 visits and expire two years from date of purchase. Aquatics Monthly and Aquatics Annual passes are valid from date of purchase and do not renew automatically.

## Have Questions About Drop-in Programs?

[www.restoncommunitycenter.com/PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

## Learn How to Purchase a Pass and Make a Reservation:

[www.restoncommunitycenter.com/HowTo](http://www.restoncommunitycenter.com/HowTo)

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

### Lap Pool – Lane 1

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

#### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Mon-Fri 6C0921-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0921-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0921-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0921-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0921-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0921-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0921-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0921-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0921-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0921-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0921-1M	6:00 p.m. – 6:45 p.m.

### Lap Pool – Lane 2

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

#### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Mon-Fri 6C0922-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0922-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0922-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0922-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0922-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0922-1H	1:00 p.m. – 1:45 p.m.

Mon-Sun 6C0922-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0922-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0922-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0922-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0922-1M	6:00 p.m. – 6:45 p.m.

### Lap Pool – Lane 3

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

#### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Mon-Fri 6C0923-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0923-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0923-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0923-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0923-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0923-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0923-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0923-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0923-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0923-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0923-1M	6:00 p.m. – 6:45 p.m.



## Lap Pool – Lane 4

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

**45-min. sessions at RCC HW Pool Pass, Registration Req.**

### January 1 – February 28

Mon-Fri 6C0924-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0924-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0924-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0924-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0924-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0924-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0924-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0924-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0924-1K	4:00 p.m. – 4:45 p.m.
Mon-Fri 6C0924-1L	5:00 p.m. – 5:45 p.m.
Mon-Thu 6C0924-1M	6:00 p.m. – 6:45 p.m.

## Lap Pool – Lane 5

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

**45-min. sessions at RCC HW Pool Pass, Registration Req.**

### January 1 – February 28

Mon-Fri 6C0925-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0925-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0925-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0925-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0925-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0925-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0925-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0925-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0925-1K	4:00 p.m. – 4:45 p.m.
Fri, Sun 6C0925-1L	5:00 p.m. – 5:45 p.m.

## Lap Pool – Lane 6

(8 years and older)

This is a reservation time slot for lap swimming in the Lap Pool at the Terry L. Smith Aquatics Center for 45 minutes.

**45-min. sessions at RCC HW Pool Pass, Registration Req.**

### January 1 – February 28

Mon-Fri 6C0926-1B	7:00 a.m. – 7:45 a.m.
Mon-Fri 6C0926-1C	8:00 a.m. – 8:45 a.m.
Mon-Fri 6C0926-1D	9:00 a.m. – 9:45 a.m.
Mon-Fri 6C0926-1E	10:00 a.m. – 10:45 a.m.
Mon-Fri 6C0926-1F	11:00 a.m. – 11:45 a.m.
Mon-Sun 6C0926-1H	1:00 p.m. – 1:45 p.m.
Mon-Sun 6C0926-1I	2:00 p.m. – 2:45 p.m.
Mon-Sun 6C0926-1J	3:00 p.m. – 3:45 p.m.
Fri-Sun 6C0926-1K	4:00 p.m. – 4:45 p.m.
Fri, Sun 6C0926-1L	5:00 p.m. – 5:45 p.m.

### Have Questions About Drop-in Programs?

[www.restoncommunitycenter.com/PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

### Learn How to Purchase a Pass and Make a Reservation:

[www.restoncommunitycenter.com/HowTo](http://www.restoncommunitycenter.com/HowTo)

## Warm Water – Zone 1

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Tue, Thu	6:00 a.m. – 6:45 a.m.
6C0971-1A	
Tue, Thu	7:00 a.m. – 7:45 a.m.
6C0971-1B	
Mon, Wed, Fri	11:00 a.m. – 11:45 a.m.
6C0971-1F	
Mon-Sun	1:00 p.m. – 1:45 p.m.
6C0971-1H	
Mon-Sun	2:00 p.m. – 2:45 p.m.
6C0971-1I	
Mon-Sun	3:00 p.m. – 3:45 p.m.
6C0971-1J	
Mon-Sun	4:00 p.m. – 4:45 p.m.
6C0971-1K	
Sun	5:00 p.m. – 5:45 p.m.
6C0971-1L	

## Warm Water – Zone 2

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Tue, Thu	6:00 a.m. – 6:45 a.m.
6C0972-1A	
Tue, Thu	7:00 a.m. – 7:45 a.m.
6C0972-1B	
Mon, Wed, Fri	11:00 a.m. – 11:45 a.m.
6C0972-1F	
Mon-Sun	1:00 p.m. – 1:45 p.m.
6C0972-1H	
Mon-Sun	2:00 p.m. – 2:45 p.m.
6C0972-1I	
Mon-Sun	3:00 p.m. – 3:45 p.m.
6C0972-1J	



Mon-Sun	4:00 p.m. – 4:45 p.m.
6C0972-1K	
Sun	5:00 p.m. – 5:45 p.m.
6C0972-1L	

## Warm Water – Zone 3

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of four feet. See lap swim info box for pass and registration information.

### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Tue, Thu	6:00 a.m. – 6:45 a.m.
6C0973-1A	
Tue, Thu	7:00 a.m. – 7:45 a.m.
6C0973-1B	
Mon, Wed, Fri	11:00 a.m. – 11:45 a.m.
6C0973-1F	
Mon-Sun	1:00 p.m. – 1:45 p.m.
6C0973-1H	
Mon-Sun	2:00 p.m. – 2:45 p.m.
6C0973-1I	
Mon-Sun	3:00 p.m. – 3:45 p.m.
6C0973-1J	
Mon-Sun	4:00 p.m. – 4:45 p.m.
6C0973-1K	
Sun	5:00 p.m. – 5:45 p.m.
6C0973-1L	

## Warm Water – Zone 4

(8 years and older)

This is a reservation time slot for water walking in the Warm Water Pool at the Terry L. Smith Aquatic Center for 45 minutes. This zone has a depth of six feet. See lap swim info box for pass and registration information.

### 45-min. sessions at RCC HW Pool Pass, Registration Req.

#### January 1 – February 28

Tue, Thu	6:00 a.m. – 6:45 a.m.
6C0974-1A	
Tue, Thu	7:00 a.m. – 7:45 a.m.
6C0974-1B	
Mon, Wed, Fri	11:00 a.m. – 11:45 a.m.
6C0974-1F	
Mon-Sun	1:00 p.m. – 1:45 p.m.
6C0974-1H	
Mon-Sun	2:00 p.m. – 2:45 p.m.
6C0974-1I	
Mon-Sun	3:00 p.m. – 3:45 p.m.
6C0974-1J	
Mon-Sun	4:00 p.m. – 4:45 p.m.
6C0974-1K	
Sun	5:00 p.m. – 5:45 p.m.
6C0974-1L	

# LEARN-TO-SWIM: INFANT – 7 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

## Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

### Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

### Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

AQUATICS

## INFANT – 7 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
<b>WATER INTRO</b>	6 – 18 months	No swimming skills required. Parent/caregiver must accompany child in the water.
<b>AQUA TOTS</b>	18 – 36 months	No swimming skills required. Parent/caregiver must accompany child in the water.
<b>POOL PALS &amp; WATER FRIENDS</b>	3 – 4 years	No swimming skills required. Parent/caregiver must accompany child in the water.
<b>SKIPPER I</b>	3 years	No swimming skills required. Comfortable with an instructor. Able to follow simple directions.
<b>SKIPPER II</b>	3 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
<b>ROOKIE I</b>	4 – 5 years	No swimming skills required. Able to follow simple instructions.
<b>ROOKIE II</b>	4 – 5 years	Enter and exit water independently. Put face in water and blow at same time. Float on back and front with assistance. Glide on front and back two body lengths with assistance. Swim on front and back three body lengths with assistance.
<b>RANGER</b>	4 – 7 years	Step from side into chest deep water, move into a front float for five seconds, roll to back, float for five seconds, return to a standing position. Push off and swim using combined arm and leg actions on front for five body lengths, roll to back, float for 15 seconds, swim using combined arm and leg actions on back for five body lengths. Ages 6 and 7 equivalent to Level 3.
<b>MARLIN</b>	4 – 7 years	Jump into deep water from the side, swim front for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards. Ages 6 and 7 equivalent to Level 4.
<b>WATER WONDER</b>	4 – 7 years	Perform a feet-first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards. Ages 6 and 7 equivalent to Level 5.

## HEALTH & SAFETY

Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.



## Water Introduction

(6 – 18 months old)

This class helps young children become comfortable in and around the water, so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

**6, 30-min. sessions at Warm Water Pool  
\$65 (R)/\$130 (NR)**

### January 9 – February 13

Sat 9:40 a.m. – 10:10 a.m.  
620000-1A

Sat 10:50 a.m. – 11:20 a.m.  
620000-1B

### February 20 – March 27

Sat 9:40 a.m. – 10:10 a.m.  
620000-1C

Sat 10:50 a.m. – 11:20 a.m.  
620000-1D

### January 10 – February 14

Sun 10:00 a.m. – 10:30 a.m.  
620002-1A

### February 21 – March 28

Sun 10:00 a.m. – 10:30 a.m.  
620002-1B

## Aqua Tots

(18 months – 3 years old)

This class helps young children become comfortable in and around the water, so they are ready to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own. Adults will gain information and techniques to help orient their children to the water and to supervise water activities in a safe manner. A parent/adult is required to accompany each child in the water and participate in the classes.

**6, 30-min. sessions at RCC HW Pool  
\$65 (R)/\$130 (NR)**

### January 9 – February 13

Sat 9:40 a.m. – 10:10 a.m.  
620007-1A

Sat 10:50 a.m. – 11:20 a.m.  
620007-1B

### February 20 – March 27

Sat 9:40 a.m. – 10:10 a.m.  
620007-1C

Sat 10:50 a.m. – 11:20 a.m.  
620007-1D

### January 10 – February 14

Sun 10:00 a.m. – 10:30 a.m.  
620008-1A

### February 21 – March 28

Sun 10:00 a.m. – 10:30 a.m.  
620008-1B

## Skipper I

(3 years old)

Skipper I introduces students to floating, kicking, paddling, submerging and water safety skills. The class develops basic swimming skills. An instructor works with two children at a time for 20 minutes. Parents do not accompany the student in the water.

**6, 20-min. sessions at Warm Water Pool  
\$65 (R)/\$130 (NR)**

### January 9 – February 13

Sat 8:30 a.m. – 8:50 a.m.  
620010-1A

Sat 8:50 a.m. – 9:10 a.m.  
620010-1B

Sat 9:10 a.m. – 9:30 a.m.  
620010-1C

### February 20 – March 27

Sat 8:30 a.m. – 8:50 a.m.  
620010-1D

Sat 8:50 a.m. – 9:10 a.m.  
620010-1E

Sat 9:10 a.m. – 9:30 a.m.  
620010-1F

### January 10 – February 14

Sun 9:00 a.m. – 9:20 a.m.  
620012-1A

Sun 9:20 a.m. – 9:40 a.m.  
620012-1B

Sun 9:40 a.m. – 10:00 a.m.  
620012-1C

Sun 10:00 a.m. – 10:20 a.m.  
620012-1D

Sun 10:20 a.m. – 10:40 a.m.  
620012-1E

Sun 10:40 a.m. – 11:00 a.m.  
620012-1F

### February 21 – March 28

Sun 9:00 a.m. – 9:20 a.m.  
620012-1G

Sun 9:20 a.m. – 9:40 a.m.  
620012-1H

Sun 9:40 a.m. – 10:00 a.m.  
620012-1I

Sun 10:00 a.m. – 10:20 a.m.  
620012-1J

Sun 10:20 a.m. – 10:40 a.m.  
620012-1K

Sun 10:40 a.m. – 11:00 a.m.  
620012-1L



## ADAPTED AQUATICS

Please see page 47 for information on our Adapted Aquatics class.

## WEEKDAY SWIM CLASSES

Please note that enrolling in weekday classes is a more cost-effective approach to your swimming lesson needs.

## PRACTICE MAKES PERFECT

"Practice Makes Perfect" is a good motto for the RCC approach to our swimming lessons program. We encourage repeated enrollment in skill classes for students so they fully master the swimming techniques needed for lifelong aquatic enjoyment and water safety.

### Skipper II

(3 years old)

Skipper II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool**  
**\$65 (R)/\$130 (NR)**

#### January 9 – February 13

Sat 9:40 a.m. – 10:10 a.m.  
620020-1A

#### February 20 – March 27

Sat 9:40 a.m. – 10:10 a.m.  
620020-1B

### Rookie I

(4 – 5 years old)

Rookie I is an introductory level class for 4 to 5 year olds with little or no swimming experience. Students will be guided through the water adjustment period and introduced to floating, kicking, paddling, submerging, basic swimming and water safety skills.

**6, 30-min. sessions at Warm Water Pool**  
**\$65 (R)/\$130 (NR)**

#### January 9 – February 13

Sat 8:30 a.m. – 9:00 a.m.  
620030-1A

Sat 10:15 a.m. – 10:45 a.m.  
620030-1B

#### February 20 – March 27

Sat 8:30 a.m. – 9:00 a.m.  
620030-1C

Sat 10:15 a.m. – 10:45 a.m.  
620030-1D

#### January 10 – February 14

Sun 9:00 a.m. – 9:30 a.m.  
620032-1A

Sun 11:00 a.m. – 11:30 a.m.  
620032-1B

#### February 21 – March 28

Sun 9:00 a.m. – 9:30 a.m.  
620032-1C

Sun 11:00 a.m. – 11:30 a.m.  
620032-1D

**6, 30-min. sessions at Warm Water Pool**  
**\$60 (R)/\$90 (NR)**

#### January 5 – February 9

Tue 6:30 p.m. – 7:00 p.m.  
620036-1A

#### January 7 – February 11

Thu 5:00 p.m. – 5:30 p.m.  
620036-1B

#### February 16 – March 23

Tue 6:30 p.m. – 7:00 p.m.  
620036-1C

#### February 18 – March 25

Thu 5:00 p.m. – 5:30 p.m.  
620036-1D

**8, 30-min. sessions at RCC HW Pool**  
**\$75 (R)/\$110 (NR)**

#### January 4 – January 27

Mon, Wed 5:00 p.m. – 5:30 p.m.  
620033-1A

#### February 1 – February 24

Mon, Wed 5:00 p.m. – 5:30 p.m.  
620033-1B

### Rookie II

(4 – 5 years old)

Rookie II offers continued skill development with the introduction of independent stroke enhancement. Instruction covers swimming on front with kick, back glide with kick, entering deep water, introduction to proper breathing, increasing endurance and continued water safety orientation.

**6, 30-min. sessions at Warm Water Pool**  
**\$65 (R)/\$130 (NR)**

#### January 9 – February 13

Sat 9:05 a.m. – 9:35 a.m.  
620040-1A

Sat 11:25 a.m. – 11:55 a.m.  
620040-1B

#### February 20 – March 27

Sat 9:05 a.m. – 9:35 a.m.  
620040-1C

Sat 11:25 a.m. – 11:55 a.m.  
620040-1D

#### January 10 – February 14

Sun 9:30 a.m. – 10:00 a.m.  
620042-1A

Sun 11:30 a.m. – 12:00 p.m.  
620042-1B

#### February 21 – March 28

Sun 9:30 a.m. – 10:00 a.m.  
620042-1C

Sun 11:30 a.m. – 12:00 p.m.  
620042-1D

**6, 30-min. sessions at Warm Water Pool**  
**\$60 (R)/\$90 (NR)**

#### January 5 – February 9

Tue 5:00 p.m. – 5:30 p.m.  
620046-1A

#### January 7 – February 11

Thu 5:30 p.m. – 6:00 p.m.  
620046-1B

#### February 16 – March 23

Tue 5:00 p.m. – 5:30 p.m.  
620046-1C

#### February 18 – March 25

Thu 5:30 p.m. – 6:00 p.m.  
620046-1D

**8, 30-min. sessions at RCC HW Pool**  
**\$75 (R)/\$110 (NR)**

#### January 4 – January 27

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620043-1A

#### February 1 – February 24

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620043-1B



## Ranger

(4 – 7 years old)

The Ranger class builds on the skills in Rookie II through additional guided practice. Topics of instruction will include sitting and kneeling diving, underwater exploration, front and back glides, rotary breathing, front crawl, elementary backstroke, dolphin kick, and various safety topics.

**6, 30-min. sessions at Lap Pool**  
**\$65 (R)/\$130 (NR)**

### January 9 – February 13

Sat 9:05 a.m. – 9:35 a.m.  
 620050-1A

Sat 10:50 a.m. – 11:20 a.m.  
 620050-1B

### February 20 – March 27

Sat 9:05 a.m. – 9:35 a.m.  
 620050-1C

Sat 10:50 a.m. – 11:20 a.m.  
 620050-1D

### January 10 – February 14

Sun 11:00 a.m. – 11:30 a.m.  
 620052-1A

### February 21 – March 28

Sun 11:00 a.m. – 11:30 a.m.  
 620052-1B

**6, 30-min. sessions at Warm Water Pool**  
**\$60 (R)/\$90 (NR)**

### January 5 – February 9

Tue 5:30 p.m. – 6:00 p.m.  
 620056-1A

### February 16 – March 23

Tue 5:30 p.m. – 6:00 p.m.  
 620056-1B

**8, 30-min. sessions at Warm Water Pool**  
**\$75 (R)/\$110 (NR)**

### January 4 – January 27

Mon, Wed 6:00 p.m. – 6:30 p.m.  
 620053-1A

### February 1 – February 24

Mon, Wed 6:00 p.m. – 6:30 p.m.  
 620053-1B

## Marlin

(4 – 7 years old)

Marlins develop confidence in the skills learned and improve other aquatic skills. Topics of instruction include surface dives, turns, standing dives, front crawl, back crawl, breaststroke, butterfly, sidestroke, elementary backstroke and various safety topics.

**6, 30-min. sessions at Lap Pool**  
**\$65 (R)/\$130 (NR)**

### January 9 – February 13

Sat 9:40 a.m. – 10:10 a.m.  
 620060-1A

### February 20 – March 27

Sat 9:40 a.m. – 10:10 a.m.  
 620060-1B

### January 10 – February 14

Sun 10:30 a.m. – 11:00 a.m.  
 620062-1A

### February 21 – March 28

Sun 10:30 a.m. – 11:00 a.m.  
 620062-1B

**6, 30-min. sessions at Lap Pool**  
**\$60 (R)/\$90 (NR)**

### January 5 – February 9

Tue 6:00 p.m. – 6:30 p.m.  
 620066-1A

### February 16 – March 23

Tue 6:00 p.m. – 6:30 p.m.  
 620066-1B

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

## PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels. For more information, see page 34.

# LEARN-TO-SWIM: 6 – 12 YEARS OLD

The goals of Reston Community Center's Learn-to-Swim Program are to prepare participants for a lifetime of water pleasure and to promote water safety.

## 6 – 12 YEARS OLD CLASS REQUIREMENTS

Class	Ages	Prerequisites
<b>SWIM LEVEL 1</b>	6 – 12 years	No swimming skills required.
<b>SWIM LEVEL 2</b>	6 – 12 years	Safely enter and exit the water from the side. Glide on front at least two body lengths, roll to a back float for five seconds, then recover to a vertical position with assistance.
<b>SWIM LEVEL 3</b>	6 – 12 years	Push off and swim using combined arm and leg actions on front for five body lengths. Back float for 15 seconds, roll to front and continue swimming for five body lengths.
<b>SWIM LEVEL 4</b>	6 – 12 years	Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for one minute and swim elementary backstroke for 15 yards.
<b>SWIM LEVEL 5</b>	6 – 12 years	Perform a feet first entry into deep water, swim front crawl for 25 yards, change position and direction and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and swim back crawl for 15 yards.
<b>SWIM LEVEL 6</b>	6 – 12 years	Swim front crawl for 50 yards, the swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position and swim back crawl for 25 yards.
<b>STROKE-N-TURN</b>	6 – 8 years	Student must be able to continuously swim 25 yards and demonstrate the use of two different strokes.
<b>STROKE-N-TURN</b>	9 – 12 years	Student must be able to continuously swim 50 yards and demonstrate the use of two different strokes.

## Swim Lesson Registration Information and Tips

The swim lessons offered at the RCC Terry L. Smith Aquatics Center are among the most popular classes at RCC. To maximize the learning experience please read and consider the following points:

### Placement

- Use the skills placement chart located in the front of each age cohort section.
- If you are still unsure of the correct class, please contact the Aquatics Service Desk at 703-390-6150 for advice.
- A one-on-one skills assessment test may be requested by contacting the Aquatics Service Desk. Skill assessment testing is scheduled based on the patron's availability and is recommended to be done well in advance of each season's registration start date.
- When enrolling siblings online, we recommend you review the various class days/times to help you synchronize the classes.

### Duration of Enrollments

- Repetition of each level's skills is key to graduation. The advice we offer is to stay at the same lesson level for the entire season.
- Anticipating graduation to occur earlier than after repeat sessions may result in an interruption of the learning cycle.
- Students enrolled in the wrong class level will be refunded in full.

AQUATICS

## Level 1

(6 – 12 years old)

Level 1 is for beginners with little or no experience in the water. It will give students an introduction to fundamental swimming skills. Topics of instruction will include independently using stairs, steps and ladders, submerging with bobs, introduction to front and back floats, front and back glides, swimming on front and back using arms and legs, and various safety topics.

### 6, 30-min. sessions at Lap Pool \$65 (R)/\$130 (NR)

#### January 9 – February 13

Sat 8:30 a.m. – 9:00 a.m.  
620310-1A

Sat 10:15 a.m. – 10:45 a.m.  
620310-1B

#### February 20 – March 27

Sat 8:30 a.m. – 9:00 a.m.  
620310-1C

Sat 10:15 a.m. – 10:45 a.m.  
620310-1D

#### January 10 – February 14

Sun 9:30 a.m. – 10:00 a.m.  
620312-1A

Sun 10:30 a.m. – 11:00 a.m.  
620312-1B

#### February 21 – March 28

Sun 9:30 a.m. – 10:00 a.m.  
620312-1C

Sun 10:30 a.m. – 11:00 a.m.  
620312-1D

### 6, 30-min. sessions at Warm Water Pool \$60 (R)/\$90 (NR)

#### January 5 – February 9

Tue 6:30 p.m. – 7:00 p.m.  
620316-1A

#### January 7 – February 11

Thu 5:00 p.m. – 5:30 p.m.  
620316-1B

#### February 16 – March 23

Tue 6:30 p.m. – 7:00 p.m.  
620316-1C

#### February 18 – March 25

Thu 5:00 p.m. – 5:30 p.m.  
620316-1D

### 8, 30-min. sessions at Warm Water Pool \$75 (R)/\$110 (NR)

#### January 4 – January 27

Mon, Wed 5:00 p.m. – 5:30 p.m.  
620313-1A

#### February 1 – February 24

Mon, Wed 5:00 p.m. – 5:30 p.m.  
620313-1B

## Level 2

(6 – 12 years old)

Level 2 is for children who have successfully completed Level 1 or have comparable skills. Level 2 will focus on safety skills and develop movement. Topics of instruction will include stepping and jumping into the water, front and back glides, floating for 15 seconds, treading water, and combined swim front for five strokes using arms, kicking, and breathing.

### 6, 30-min. sessions at Warm Water Pool \$65 (R)/\$130 (NR)

#### January 9 – February 13

Sat 9:05 a.m. – 9:35 a.m.  
620320-1A

Sat 11:25 a.m. – 11:55 a.m.  
620320-1B

#### February 20 – March 27

Sat 9:05 a.m. – 9:35 a.m.  
620320-1C

Sat 11:25 a.m. – 11:55 a.m.  
620320-1D

#### January 10 – February 14

Sun 10:00 a.m. – 10:30 a.m.  
620322-1A

Sun 11:30 a.m. – 12:00 p.m.  
620322-1B

#### February 21 – March 28

Sun 10:00 a.m. – 10:30 a.m.  
620322-1C

Sun 11:30 a.m. – 12:00 p.m.  
620322-1D

### 6, 30-min. sessions at Warm Water Pool \$60 (R)/\$90 (NR)

#### January 5 – February 9

Tue 5:00 p.m. – 5:30 p.m.  
620326-1A

#### January 7 – February 11

Thu 5:30 p.m. – 6:00 p.m.  
620326-1B

#### February 16 – March 23

Tue 5:00 p.m. – 5:30 p.m.  
620326-1C

#### February 18 – March 25

Thu 5:30 p.m. – 6:00 p.m.  
620326-1D

### 8, 30-min. sessions at Warm Water Pool \$75 (R)/\$110 (NR)

#### January 4 – January 27

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-1A

#### February 1 – February 24

Mon, Wed 5:30 p.m. – 6:00 p.m.  
620323-1B

## REGISTER TODAY DON'T DELAY!

Signing up not only reserves your place, it assures other interested patrons that the class will go on as scheduled. We have noticed some patrons wait until just days before the event to register. For our programs to successfully run, we strive for minimum enrollment at least one week in advance or the event could be canceled due to low enrollment. Please don't delay – register now online, by mail, fax or in-person.

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

## PRIVATE SWIM LESSONS

RCC offers Private Swim Lessons to students of all ages and skill levels. For more information, see page 34.

## Level 3

(6 – 12 years old)

Level 3 is for children who have successfully completed Level 2 or have comparable skills. The Level 3 class builds on the skills in Level 2 through additional guided practice. Topics of instruction will include sitting and kneeling diving, front and back glides, front crawl for 15 yards, rotary breathing, introduction to elementary backstroke, and various safety topics.

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### 6, 30-min. sessions at Lap Pool \$65 (R)/\$130 (NR)

#### January 9 – February 13

Sat 10:15 a.m. – 10:45 a.m.  
620330-1A

#### February 20 – March 27

Sat 10:15 a.m. – 10:45 a.m.  
620330-1B

#### January 10 – February 14

Sun 11:00 a.m. – 11:30 a.m.  
620332-1A

#### February 21 – March 28

Sun 11:00 a.m. – 11:30 a.m.  
620332-1B

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### 6, 30-min. sessions at Lap Pool \$60 (R)/\$90 (NR)

#### January 5 – February 9

Tue 5:30 p.m. – 6:00 p.m.  
620336-1A

#### February 16 – March 23

Tue 5:30 p.m. – 6:00 p.m.  
620336-1B

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### 8, 30-min. sessions at Warm Water Pool \$75 (R)/\$110 (NR)

#### January 4 – January 27

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620333-1A

#### February 1 – February 24

Mon, Wed 6:00 p.m. – 6:30 p.m.  
620333-1B

## Level 4

(6 – 12 years old)

Level 4 is for children who have successfully completed Level 3 or have comparable skills. Level 4 develops confidence of the skills learned in Level 3. Topics of instruction will include entering and diving into deep water, swimming front crawl and elementary backstroke for 25 yards, swimming butterfly and breaststroke for 15 yards, back crawl for 15 yards, and treading water for 2 minutes.

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### 6, 30-min. sessions at Lap Pool \$65 (R)/\$130 (NR)

#### January 9 – February 13

Sat 9:40 a.m. – 10:10 a.m.  
620340-1A

#### February 20 – March 27

Sat 9:40 a.m. – 10:10 a.m.  
620340-1B

#### January 10 – February 14

Sun 11:30 a.m. – 12:00 p.m.  
620342-1A

#### February 21 – March 28

Sun 11:30 a.m. – 12:00 p.m.  
620342-1B

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### 6, 30-min. sessions at Lap Pool \$60 (R)/\$90 (NR)

#### January 5 – February 9

Tue 6:00 p.m. – 6:30 p.m.  
620346-1A

#### February 16 – March 23

Tue 6:00 p.m. – 6:30 p.m.  
620346-1B

## Level 5

(6 – 12 years old)

Level 5 is for children who have successfully completed Level 4 or have comparable skills. Level 5 refines the skills learned in Level 4. Topics of instruction will include swimming front crawl and elementary backstroke for 50 yards, swimming butterfly and breaststroke for 25 yards, back crawl for 25 yards, flip turns for front crawl and treading water for five minutes.

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### 6, 45-min. sessions at Lap Pool \$75 (R)/\$150 (NR)

#### January 9 – February 13

Sat 10:15 a.m. – 11:00 a.m.  
620350-1A

#### February 20 – March 27

Sat 10:15 a.m. – 11:00 a.m.  
620350-1B

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### 6, 45-min. sessions at Lap Pool \$65 (R)/\$100 (NR)

#### January 7 – February 11

Thu 6:00 p.m. – 6:45 p.m.  
620356-1A

#### February 18 – March 25

Thu 6:00 p.m. – 6:45 p.m.  
620356-1B

## Level 6

(6 – 12 years old)

This class is for children who have successfully completed Level 5 or have comparable skills. Level 6 refines the skills learned in Level 5 and utilizes swimming as a form of exercise. Topics of instruction will include swimming front crawl and elementary backstroke for 100 yards, swimming butterfly and breaststroke for 50 yards, back crawl for 50 yards, flip turns for both front crawl back crawl, introduction to swim equipment (pull buoys and fins), and retrieving an object from eight feet deep.

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### 6, 45-min. sessions at Lap Pool \$75 (R)/\$150 (NR)

#### January 9 – February 13

Sat 11:05 a.m. – 11:50 a.m.  
620360-1A

#### February 20 – March 27

Sat 11:05 a.m. – 11:50 a.m.  
620360-1B

## Youth Stroke-n-Turn

(9 – 12 years old)

This class is for swim team swimmers ages 9 through 12 who would like to improve stroke coordination and refinement. Prerequisites: See Youth Class Requirements at the beginning of the Youth Section. Instruction will include front and back crawl, breaststroke, butterfly, shallow dive, glide two body lengths and begin any front stroke.

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### 8, 45-min. sessions at Lap Pool \$85 (R)/\$130 (NR)

#### January 4 – January 27

Mon, Wed 6:30 p.m. – 7:15 p.m.  
620183-1A

#### February 1 – February 24

Mon, Wed 6:30 p.m. – 7:15 p.m.  
620183-1B



## Adapted Aquatics

(4 years and older)

Adapted Aquatics is a swimming instruction program that is individually adapted for children and adults with physical or learning disabilities. The program is supervised by RCC-trained instructors and volunteers. Family members may be requested to assist in the water if volunteers are not available. Questions regarding this program should be referred to the Aquatics Service Desk at 703-390-6150. Mainstreaming of swimmers is available upon request and consultation.

**6, 30-min. sessions in Warm Water Pool**  
**\$65 (R)/\$52 (R55+)/\$130 (NR)**

### January 9 – February 13

Sat 10:50 a.m. – 11:20 a.m.  
 620190-1A

Sat 11:25 a.m. – 11:55 a.m.  
 620190-1B

### February 20 – March 27

Sat 10:50 a.m. – 11:20 a.m.  
 620190-1C

Sat 11:25 a.m. – 11:55 a.m.  
 620190-1D

**VOLUNTEERS  
 NEEDED!**

See page 31 for more information.

## 13 YEARS AND OLDER

### Adult Beginner

(13 years and older)

This class is for people who have little or no swimming skills. Learn to swim a pool length and become comfortable in deep water. The course is self-paced and aimed at addressing the needs of each student.

**6, 30-min. sessions at Warm Water Pool**  
**\$65 (R)/\$52 (R55+)/\$130 (NR)**

### January 9 – February 13

Sat 8:30 a.m. – 9:00 a.m.  
 621210-1A

### February 20 – March 27

Sat 8:30 a.m. – 9:00 a.m.  
 621210-1B

### January 10 – February 14

Sun 9:00 a.m. – 9:30 a.m.  
 621212-1A

### February 21 – March 28

Sun 9:00 a.m. – 9:30 a.m.  
 621212-1B

**8, 30-min. sessions at Warm Water Pool**  
**\$75 (R)/\$60 (R55+)/\$150 (NR)**

### January 4 – January 27

Mon, Wed 6:30 p.m. – 7:00 p.m.  
 621213-1A

### February 1 – February 24

Mon, Wed 6:30 p.m. – 7:00 p.m.  
 621213-1B

### Adult Advanced Beginner

(13 years and older)

This class is for people who can swim one pool length (25 yards) and want to improve front crawl, backstroke and deepwater skills. Intermediate swimmers will learn advanced strokes and some diving. In addition, instruction will be given to correct poor swimming habits and modernize strokes to current techniques.

**6, 45-min. sessions at Lap Pool**  
**\$75 (R)/\$60 (R55+)/\$150 (NR)**

### January 9 – February 13

Sat 10:50 a.m. – 11:35 a.m.  
 621220-1A

### February 20 – March 27

Sat 10:50 a.m. – 11:35 a.m.  
 621220-1B

**6, 45-min. sessions at Lap Pool**  
**\$65 (R)/\$52 (R55+)/\$100 (NR)**

### January 7 – February 11

Thu 6:00 p.m. – 6:45 p.m.  
 621226-1A

### February 18 – March 25

Thu 6:00 p.m. – 6:45 p.m.  
 621226-1B

**AQUATICS**

# AEROBICS

## Advanced Arthritis, Fibromyalgia and Multiple Sclerosis

(18 years and older)

Classes will be taught in deep water, and students should be comfortable swimming in deep water. Classes will be led by a certified instructor and will include a warm-up, aerobic portion and cool-down for an exercise period of 30 minutes. Patrons with various forms of arthritis, fibromyalgia and Multiple Sclerosis (MS) benefit greatly from exercise in the water. Benefits include increasing and maintaining flexibility, strength, coordination, balance, endurance and range of motion. Additional benefits are increased blood supply to muscles (which reduces muscle spasms) and the relaxation of the nervous system. The water provides a stimulating and social environment for overall well-being. Participants can make new friends and have fun. At the same time, participants will learn exercises that increase flexibility and mobility and reduce the pain of daily routines. Instructor approval is required. Participants should consult a physician before starting this program.

**8, 45-min. sessions at Warm Water Pool**  
**\$50 (R)/\$40 (R55+)/\$100 (NR)**

### January 5 – January 28

Tue, Thu 10:30 a.m. – 11:15 a.m.  
621276-1A

### February 2 – February 25

Tue, Thu 10:30 a.m. – 11:15 a.m.  
621276-1B

## RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.



## Aqua Burn

(18 years and older)

This is a complete program providing routines for warm up, stretching, toning and cardiovascular improvement. The cushioning effect of the water reduces stress on the joints, while its cooling effect serves to keep the body from overheating, even during strenuous exercises. Participants should consult with a physician before starting this program.

**8, 45-min. sessions at Warm Water Pool**  
**\$50 (R)/\$40 (R55+)/\$100 (NR)**

### January 4 – January 27

Mon, Wed 7:30 p.m. – 8:15 p.m.  
621251-1A

### February 1 – February 24

Mon, Wed 7:30 p.m. – 8:15 p.m.  
621251-1B

## Deep Water Mania

(18 years and older)

Run and bicycle in deep water to achieve a great cardiovascular workout. Equipment will be furnished to ensure an excellent cross-training experience. Deep Water Mania will provide the benefits of a land-based program, but without the pounding and stress on the joints, tendons and ligaments. Participants should consult with a physician before starting this program.

**8, 45-min. sessions at Warm Water Pool**  
**\$50 (R)/\$40 (R55+)/\$100 (NR)**

### January 4 – January 27

Mon, Wed 6:30 p.m. – 7:15 p.m.  
621250-1A

### February 1 – February 24

Mon, Wed 6:30 p.m. – 7:15 p.m.  
621250-1B



## DAILY AEROBICS (PASS REQUIRED)

Due to COVID-19 and social distancing requirements, Aqua Barre, Aqua Blast, Aqua Mixer, Boot Camp and Tides in Motion now require registration. To register, sign into myRCC and select the dates and times you wish to attend. Registration for Aqua Barre, Aqua Blast, Aqua Boot Camp, Aqua Mixer and Tides in Motion is free, but patrons are required to purchase a Water Aerobics pass and swipe the pass prior to each registered class. Patron's passes will be debited a visit for non-attendance. Water Aerobic passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits. Water Aerobics passes expire two years from date of purchase.

### Aqua Barre

(18 years and older)

Bringing ballet-inspired movements to the water, this program is designed to strengthen arms, legs and especially core. Using a noodle as a ballet barre for stability, participants will learn isometric movements to tone muscles, as well as lever movements to lengthen, strengthen and improve range of motion. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Registration Req.**

**January 4 – February 26**

Mon, Wed, Fri 7:30 a.m. – 8:15 a.m.  
6C0110-1L

### Have Questions About Drop-in Programs?

[www.restoncommunitycenter.com/PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

### Learn How to Purchase a Pass and Make a Reservation:

[www.restoncommunitycenter.com/HowTo](http://www.restoncommunitycenter.com/HowTo)

### Aqua Blast

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Registration Req.**

**January 5 – February 25**

Tue, Thu 8:30 a.m. – 9:15 a.m.  
6C0060-1L

**January 5 – February 25**

Tue, Thu 9:30 a.m. – 10:15 a.m.  
6C0075-1L

**January 10 – February 28**

Sun 8:30 a.m. – 9:15 a.m.  
6C0065-1L

Sun 9:30 a.m. – 10:15 a.m.  
6C0070-1L

### Aqua Boot Camp

(18 years and older)

This deep-water, high-intensity workout uses core-strengthening, cardio and range-of-motion exercises to help reach fitness goals. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Registration Req.**

**January 4 – February 26**

Mon, Wed, Fri 6:30 a.m. – 7:15 a.m.  
6C0080-1L

**January 4 – February 26**

Mon, Wed, Fri 9:30 a.m. – 10:15 a.m.  
6C0100-1L

### Aqua Mixer

(18 years and older)

This deep-water program will provide participants with a completely non-impact workout. The class is designed to enhance cardiovascular fitness, flexibility, muscular endurance and overall toning. Special attention will be given to strengthening lower back ligaments and muscles. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Registration Req.**

**January 4 – February 24**

Mon, Wed 5:30 p.m. – 6:15 p.m.  
6C0040-1L

### Tides in Motion

(18 years and older)

Start the day with more energy with this morning workout. Feel the resistance and buoyancy of the water to improve balance, coordination, strength, and aerobic capacity. The workout will be in deep water and will include a cardio segment to improve cardio-respiratory circulation, movements to increase strength and muscle capacity, plus flexibility exercises to increase range of motion. Participants will work at the pace suited for them while feeling invigorated. Equipment will be provided. Participants must be comfortable in deep water. Participants should consult with a physician before starting this program.

**45-min. sessions at Warm Water Pool Pass, Registration Req.**

**January 4 – February 26**

Mon, Wed, Fri 8:30 a.m. – 9:15 a.m.  
6C0010-1L



## KIDS CORNER

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# Reston Summer Camp Expo



**SATURDAY,  
JANUARY 30**

**9:00 a.m. – 10:00 a.m. • 8C0600-1A**

**10:00 a.m. – 11:00 a.m. • 8C0600-1B**

**11:00 a.m. – 12:00 p.m. • 8C0600-1C**

**Reston Community Center**

2310 Colts Neck Road, Reston, VA

Reserve a timeslot in advance in order to comply with social distancing guidelines.

Don't miss this chance to learn about hundreds of Reston-area summer camps and out-of-school activities all in one place! Bring the whole family for a FREE fun and informative morning of snacks, music, games, prizes and camp resources.

- **Win Fantastic Door Prizes**

These include fun items and a big prize of a free week of camp.

- **Scholarships**

Discover the range of fee waiver and camp scholarship opportunities.

- **Summer Employment**

Find out about summer camp employment and volunteer opportunities.

- **Learn More**

Get info on registration dates, camp requirements, locations and fees, while meeting directors and staff teams.



*This event is coordinated by local nonprofit organizations and Fairfax County government agencies in support of the Reston Opportunity Neighborhood program. It is hosted by Reston Community Center.*

For more information, contact LaTanja Jones, RCC Collaboration & Outreach Director, at 703-390-6158.

# CRAFTS

## Valentine Giving

(3 – 5 years old)

Join us to create valentine notes for a family member or friend. All supplies will be provided. Parents/caregivers must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Free, but participating children must be registered.

**1, 90-min. session at RCC Hunters Woods  
Free, Registration Req.**

**February 12**

Fri 10:00 a.m. – 11:30 a.m.  
902064-1A

## Valentine Pottery

(2 – 5 years old)

Participants will paint a sweet, heart-shaped dish for their favorite valentine. The dish is 6" x 5" and is perfect for treats, sweets, trinkets, change or just for fun. The dish is food and dishwasher-safe. Parent/caregiver must fully participate in the activity. In the event of inclement weather, class will be rescheduled. This program is not appropriate for children younger or older than the advertised age range. All participating children must be registered.

**1, 45-min. session at RCC Hunters Woods  
\$15 (R)/\$23 (NR)**

**January 26**

Tue 9:00 a.m. – 9:45 a.m.  
901149-1A Clay Cafe Studios

Tue 10:00 a.m. – 10:45 a.m.  
901149-1B Clay Cafe Studios



# DANCE

## Ballet Basics I

(3 – 6 years old)

Beginners will learn basic positions, terminology and barre technique.

**8, 60-min. sessions at RCC Hunters Woods  
\$85 (R)/\$130 (NR)**

**January 12 – March 2**

Tue 4:00 p.m. – 5:00 p.m.  
402402-1C Metro Movement

**January 16 – March 6**

Sat 10:00 a.m. – 11:00 a.m.  
402402-1D Metro Movement

## Hip-Hop

(3 – 6 years old)

Introduction to hip-hop movement with a focus on creativity, flexibility and fun. Instruction is provided to age-appropriate music.

**8, 60-min. sessions at RCC Hunters Woods  
\$85 (R)/\$130 (NR)**

**January 13 – March 3**

Wed 4:00 p.m. – 5:00 p.m.  
402672-1C Metro Movement

**January 16 – March 6**

Sat 9:00 a.m. – 10:00 a.m.  
402672-1D Metro Movement

KIDS CORNER

# KIDS CORNER

Programs designed specifically for youth (under 13) are presented together. Please note, intergenerational or teen/tween programs are listed in the program type categories alphabetically in the Leisure & Learning Section.

# ENRICHMENT

## Brownie Badge – Home Scientist

(6 – 9 years old)

This session will introduce Brownies to science experiments and fulfill the requirements for the Brownie Home Scientist Badge, experimenting with common items in the kitchen, studying concepts such as static electricity and density, and creating a fun item to take home.

**1, 2.5-hour session at RCC Hunters Woods  
\$15 (R)/\$23 (NR)**

### February 27

Sat 1:00 p.m. – 3:30 p.m.  
901395-1A Wilson

## Monday Fundays

(6 – 11 years old)

Join us for a fun-filled afternoon on Mondays. Activities will include crafts, games, swimming, outdoor play, scavenger hunts (weather permitting) and a book club.

**1, 3-hr. session at RCC Hunters Woods  
\$15(R)/\$23(NR)**

### January 11

Mon 2:00 p.m. – 5:00 p.m.  
902004-1A Staff

### January 25

Mon 2:00 p.m. – 5:00 p.m.  
902004-1B Staff

### February 1

Mon 2:00 p.m. – 5:00 p.m.  
902004-1C Staff

### February 8

Mon 2:00 p.m. – 5:00 p.m.  
902004-1D Staff

### February 22

Mon 2:00 p.m. – 5:00 p.m.  
902004-1E Staff

## Sensing Science

(2 – 5 years old)

Participants will be introduced to each of the five senses and then observe how they use them. Come ready to use eyes, ears, mouth, nose and hands to create fun-filled items. Children of all abilities are welcome. Parent/caregiver must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 60-min. session at RCC Hunters Woods  
\$10 (R)/\$15 (NR)**

### January 21

Thu 10:00 a.m. – 11:00 a.m.  
901311-1B Gollop-Pagani

## FITNESS

### Yoga for Children

(6 – 12 years old)

This class is designed for children ages 6 to 12 years old. Practicing kindness towards self and kindness towards others, as well as physical, emotional, and breath awareness, are key components in this self-esteem and resilience boosting class. Children can derive enormous benefits from yoga, including flexibility, strength, coordination, improved body awareness, enhanced focus and self-calming techniques. Participants are required to bring a yoga mat and a bottle of water to class. This class and the studio is limited to registered participants only.

**6, 45-min. sessions at RCC Lake Anne  
\$45 (R)/\$68 (NR)**

### January 12 – February 16

Tue 4:00 p.m. – 4:45 a.m.  
301400-1A Vives

## PERFORMANCE

### YAT (Abridged)

(7 – 15 years old)

With social distancing and best health practices in mind, while serving as many young actors as possible, Young Actors Theatre is offering an abbreviated, yet no less exciting, YAT experience. Each session will provide training in all aspects of the

theatrical process and culminate with a performance in the CenterStage at RCC Hunters Woods. So, warm up your voices and dust off your dance shoes and make plans to join us this winter for a fast-paced, fun-packed YAT experience (abridged)!

**20 sessions at RCC Hunters Woods  
\$235 (R)/\$410 (NR)**

### January 8 – March 13

Fri 4:30 p.m. – 6:00 p.m.  
Sat 9:00 a.m. – 12:00 p.m.  
4C0040-1J Staff

## SOCIAL

### Let's Celebrate – Mardi Gras

(2 – 5 years old)

Mardi Gras, also known as Fat Tuesday or Shrove Tuesday, is a chance to celebrate with gusto. This party will feature decorating masks, wearing colorful beads, singing and dancing. Parents/guardians must fully participate in the activities. This program is not appropriate for children younger or older than the advertised age range. Participating children must be registered.

**1, 60-min. session at RCC Hunters Woods  
\$5 (R)/\$7 (NR)**

### February 16

Tue 10:00 a.m. – 11:00 a.m.  
902044-1A Gollop-Pagani

## VISUAL ARTS

### Art Attack

(7 – 11 years old)

Students will explore and unlock their imaginations using various media such as pastels, watercolor, tempera, colored pencils and much more. Each class session will give participants the freedom to make choices and think about what is visually pleasing to them as an artist, resulting in fun, creative projects.

**8, 60-min. sessions at RCC Lake Anne  
\$75 (R)/\$130 (NR)**

### January 11 – March 15

(No Class: January 18, February 15)  
Mon 4:00 p.m. – 5:00 p.m.  
402697-1B Lambakis



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# CRAFTS

## Japanese Floral Arrangement

(18 years and older)

Learn how to put fresh, seasonal flowers into beautiful arrangements with Japanese touches. Ikebana is the Japanese art of flower arrangement focusing on harmony, color, use, rhythm and elegantly simple designs. This disciplined art form is steeped in the philosophy of developing closeness with nature. Flowers will be provided; students need to bring a vase and small scissors or garden clippers.

**1, 2-hour session at RCC Hunters Woods**  
**\$55 (R)/\$44 (R55+)/\$83 (NR)**

### January 24

Sun 1:00 p.m. – 3:00 p.m.  
500645-1A Shimizu

### February 21

Sun 1:00 p.m. – 3:00 p.m.  
500645-1B Shimizu

## Knitting Circle

(18 years and older)

Come join this RCC instructor-led knitting circle. Share ideas and expertise while chatting with new and old friends, and bring a new or existing project. Knitters at all skill levels are encouraged to attend.

**90-min. sessions at RCC Hunters Woods**  
**\$50 (R)/\$40 (R55+)/\$75 (NR)**

### January 4 – March 10

Mon, Wed 10:00 a.m. – 11:30 a.m.  
500204-1A Van Trees



## Origami Arts – Valentine’s Day

(8 years and older)

This class is geared toward beginners, but more advanced students are welcome. Participants will learn easy skills of folding colorful pieces of paper to craft simple designs that will be incorporated into pop-up cards. Once these skills are learned, they can bring a lifetime of enjoyment. This program is fun for individuals or the whole family. Children under the age of 12 must be accompanied by an adult for the duration of the program. All participants must register and pay. All supplies are included in the class fee.

**1, 2-hour session at RCC Hunters Woods**  
**\$10 (R)/\$8 (R55+)/\$15 (NR)**

### February 6

Sat 1:00 p.m. – 3:00 p.m.  
901362-1A Nelson

## Sewing for Today’s Fashions I

(13 years and older)

Are you ready to venture into the world of fashion design and apparel? This course is for the beginner with no prior sewing skills who wants to create simple garments. Students will design and produce two ready-to-wear garments while maximizing their skills with a sewing machine, pattern cutting, hand sewing techniques and other embellishments. Students are encouraged to bring a portable sewing machine to class as only a limited number of RCC-owned machines are available. Fee includes all materials and supplies, and each student will receive a sewing bag.

**6, 2-hour sessions at RCC Hunters Woods**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

### January 27 – March 3

Wed 6:30 p.m. – 8:30 p.m.  
901338-1B Andresen

## RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

## DANCE

### Line Dancing with Scotty (18 years and older)

Learn the classic country favorites, newest pop dances and many styles in between. Dances will be taught for all levels, providing enjoyment for beginners and experienced dancers alike. Please wear shoes that will slide on the wood floor. Please bring water to class.

**10, 90-min. sessions at RCC Hunters Woods  
\$55 (R)/\$44 (R55+)/\$83 (NR)**

**January 7 – March 11**

Thu 5:00 p.m. – 6:30 p.m.  
503532-1C Inman

## DISCUSSION

### Bookends

(18 years and older)

Participants engage in lively discussions of a variety of books. Books are on reserve at the Reston Regional Library; please ask for the RCC Bookends selection at the Checkout Desk.

January 28: *Chances Are* by Richard Russo

February 25: *Behold the Dreamers*  
by Imbolo Mbue

**90-min. session at RCC Hunters Woods  
Free, Registration Req.**

**February 25**

Thu 12:30 p.m. – 2:00 p.m.  
5C0075-1B Staff

## ENRICHMENT

### Benefits of Meditation

(18 years and older)

This class will discuss the physical benefits of meditation and techniques that can help with stress management, high blood pressure and other medical conditions. This class is educational and will not include a guided meditation.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**February 6**

Sat 10:00 a.m. – 11:00 a.m.  
503549-1A LeBron

### Find Your Voice: Creative Writing for Teens

(13 – 17 years old)

Teens will learn how to find and use their voices through effective writing. With activities such as writing prompts, group writing projects and inspiring conversations, teens will immerse themselves in the world of journalism and collaborate with other passionate writers. Lesson plans will include one-on-one writing help and peer editing.

**4, 60-min. sessions at RCC Hunters Woods  
\$45 (R)/\$67 (NR)**

**February 6 – February 27**

Sat 11:30 a.m. – 12:30 p.m.  
901435-1B Datskovska

### Teen Dating and Violence

(13 years and older)

Join us for a discussion of teen dating violence, including the red flags indicating an abusive relationship (including aggression, stalking, cyberstalking, physical and/or emotional abuse) that young people should know how to identify.

**1, 60-min. session at RCC Hunters Woods  
Free, Registration Req.**

**February 4**

Thu 5:00 p.m. – 6:00 p.m.  
901389-1A McDonald

### Memoir Writing Basics

(18 years and older)

Whether you are already writing your memoirs or in the process of crafting them, learn the fundamentals from an experienced instructor. Explore memoir writing in lively and supportive sessions and compose pieces to be read aloud and discussed at the next class. The option of printing and binding work is offered at the end of the session. To ensure that all students are heard, class size is limited to eight.

**8, 2.5-hour sessions at RCC Hunters Woods  
\$120 (R)/\$96 (R55+)/\$180 (NR)**

**January 4 – February 22**

Mon 10:00 a.m. – 12:30 p.m.  
505525-1A Mudd-Krijgelmans

**REGISTER TODAY  
DON'T DELAY!**

Signing up not only reserves your place, it assures other interested patrons that the class will go on as scheduled. We have noticed some patrons wait until just days before the event to register. For our programs to successfully run, we strive for minimum enrollment at least one week in advance or the event could be canceled due to low enrollment. Please don't delay – register now online, by mail, fax or in-person.

**INCLEMENT  
WEATHER**

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

LEISURE & LEARNING



# FITNESS: YOGA

## Evening Hatha Yoga I

(18 years and older)

This beginning Hatha yoga class will teach breathing exercises, stretching movements and relaxation. Learn to use Hatha yoga movements to work through stiff joints and muscles while developing strength and flexibility. Patrons are required to bring their own mat to class.

**6, 60-min. sessions at RCC Lake Anne**  
**\$45 (R)/\$36 (R55+)/\$68 (NR)**

**January 11 – March 1**

(No Class: January 18, February 15)

Mon 5:00 p.m. – 6:00 p.m.  
302485-1C Unger

## Gut Feeling Yoga

(18 years and older)

There is increasing evidence that yoga together with a mindful breathing practice, can reduce the psychological and physical symptoms of Irritable Bowel Syndrome (IBS). IBS is a common, chronic condition that is associated with abdominal pain, bloating and changes in bowel patterns. In this class, students will learn yoga postures and breathing techniques to help calm those "gut feelings" by targeting the mind-body connection. This class is led by yoga instructor and nurse practitioner Christina Unger. Patrons are required to bring their own mat to class.

**6, 75-min. sessions at RCC Lake Anne**  
**\$45 (R)/\$36 (R55+)/\$68 (NR)**

**January 13 – February 17**

Wed 5:00 p.m. – 6:15 p.m.  
302300-1B Unger



## Yoga 101

(18 years and older)

This course is designed for beginners or those interested in refreshing or increasing their knowledge of basic yoga poses and breathing techniques. This course follows a progressive curriculum and will build upon the postures and movements learned in each previous class. This class is designed to provide the tools necessary to develop increased awareness of body and mind through movement and breath. All levels are welcome. Patrons are required to bring their own mat to class.

**6, 75-min. sessions at RCC Lake Anne**  
**\$45 (R)/\$36 (R55+)/\$68 (NR)**

**January 13 – February 17**

Wed 9:00 a.m. – 10:15 a.m.  
305601-1B Unger

# MOVEMENT & WELLNESS

## Essentrics

(18 years and older)

This class is designed to help students develop their fitness through a dynamic and fluid strengthening and stretching routine. Some of the benefits of this class include increased flexibility, improved range of motion/mobility, pain relief, injury prevention, stress release, posture improvement and increased energy. Patrons should be able to transfer to the floor to use an exercise mat during class. Patrons are required to bring their own mat to class.

**8, 60-min. sessions at RCC Lake Anne**  
**\$60 (R)/\$48 (R55+)/\$90 (NR)**

**January 5 – February 23**

Tue 10:15 a.m. – 11:15 a.m.  
305033-1H Avilov

**January 8 – February 26**

Fri 10:45 a.m. – 11:45 a.m.  
305033-1I Avilov

## Joint-Friendly Fitness

(18 years and older)

This fitness class uses gentle activities to help increase joint flexibility and range of motion while improving muscle strength. These joint-friendly exercises will promote balance, strength and stamina. The class may be taken either sitting or standing. Participants should bring water and wear supportive footwear.

**6, 60-min. sessions at RCC Lake Anne**  
**\$45 (R)/\$36 (R55+)/\$68 (NR)**

**January 4 – February 22**

(No Class: January 18, February 15)

Mon 12:15 p.m. – 1:15 p.m.  
300129-1F Fletcher

## FITNESS STUDENTS

**If class content requires, patrons are required to bring a mat to class for COVID-19 safety measures.**

To ensure your safety, you must be present at the beginning of class. Anyone arriving more than a few minutes after class has started may not be admitted. RCC fitness classes begin with appropriate warm-up and stretching exercises; not doing these can result in serious injury.

## FITNESS: DAILY PASS

Due to COVID-19 and social distancing requirements, Boot Camp, Hi/Lo & Strength, Zumba Gold and Zumba Gold Toning now require registration. To register, sign into myRCC and select the dates and times you wish to attend. Registration for the Drop-in Fitness programming is free, but patrons are required to purchase a Fitness pass and swipe the Fitness pass prior to each registered class. Fitness passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of five visits to a maximum of 60 visits at the fee of \$2.50 (R)/\$5.00 (NR) per class. Fitness passes expire two years from the date of purchase. No 55+ discount applies.

**PLEASE NOTE: If the class content requires, participants should bring their own mat to class.**

### Boot Camp

(18 years and older)

This class is designed to improve muscular strength, balance and flexibility. Participants will work all the upper and lower muscle groups including the abdominals. Students will use weights during this hour-long class. The last 10 to 15 minutes are spent stretching all the muscles worked during class. Most of the exercises will be done on the floor with mat.

**60-min. sessions at RCC Lake Anne Pass, Registration Req.**

**January 5 – February 25**

Tue, Thu 9:00 a.m. – 10:00 a.m.  
3C0010-11 Dantonio

### Have Questions About Drop-in Programs?

[www.restoncommunitycenter.com/PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

### Learn How to Purchase a Pass and Make a Reservation:

[www.restoncommunitycenter.com/HowTo](http://www.restoncommunitycenter.com/HowTo)



### Hi/Lo & Strength

(18 years and older)

This comprehensive class includes a warmup and stretching session with 30 minutes of aerobics and 30 minutes of weights. Weights will be provided when necessary.

**60-min. sessions at RCC Lake Anne Pass, Registration Req.**

**January 4 – February 22**

(No Class: January 18, February 15)  
Mon 10:00 a.m. – 11:00 a.m.  
3C0040-1J Dantonio

**January 6 – February 24**

Wed 10:15 a.m. – 11:15 a.m.  
3C0045-1J Dantonio

**January 8 – February 26**

Fri 10:45 a.m. – 11:45 a.m.  
3C0050-1I Rook

### Zumba Gold

(18 years and older)

Zumba Gold is for active adults looking for a modified class that recreates the original Zumba moves at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination using zesty Latin rhythms in a party-like atmosphere.

**60-min. sessions at RCC Lake Anne Pass, Registration Req.**

**January 6 – February 24**

Wed 9:00 a.m. – 10:00 a.m.  
3C0070-1I Avilov

**January 8 – February 26**

Fri 9:30 a.m. – 10:30 a.m.  
3C0060-1I Avilov

### Zumba Gold Toning

(18 years and older)

The Zumba Gold Toning program utilizes the strength training techniques of Zumba Toning at a lower intensity, creating an easy-to-follow dance fitness program for active adults. Your instructor will guide you through a traditional Zumba Gold cardio dance party with enhanced movements incorporating light weights for added resistance and muscle conditioning.

**60-min. sessions at RCC Lake Anne Pass, Registration Req.**

**January 5 – February 23**

Tue 9:00 a.m. – 10:00 a.m.  
3C0080-1B Avilov

### Walking Group

(18 years and older)

This group is designed to activate your day by engaging in a 60-minute walk to enjoy the many paths Reston has to offer. Refresh your workday or morning in the fresh air with a light stroll. Group will meet in different parts of Reston to explore various paths. Program may be canceled in inclement weather.

**60-min. sessions at RCC Lake Anne Pass, Registration Req.**

**January 6 – February 24**

Wed 11:00 a.m. – 12:00 a.m.  
3C0085-1A Avilov

# LANGUAGE

## Conversational French

(18 years and older)

Sharpen conversational French skills and meet new friends who share a deep appreciation for the language. New participants are always welcome and encouraged to attend. Participants should have a conversational knowledge of the French language. All attendees are required to register prior to each meeting. Due to COVID-19, no food or drinks will be served.

**3-hour sessions at RCC Hunters Woods Free, Registration Req.**

**January 6 – February 24**

Wed 6:00 p.m. – 9:00 p.m.  
5C0090-1B Staff

## Japanese Culture Club

(18 years and older)

Participants should have some conversational knowledge of the Japanese language. New participants are always welcome and encouraged to attend. The club will meet on the third Saturday of the month.

**1, 3-hour session at RCC Hunters Woods Free, Registration Req.**

**February 20**

Sat 3:00 p.m. – 5:00 p.m.  
5C0070-1D Staff

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

## REGISTER TODAY DON'T DELAY!

Help us avoid program cancellations by registering at least one week before the start date.

# OLLI

Due to COVID-19, OLLI is now offering virtual classes. Classes will be offered using the online platform Zoom. Participants may choose to watch the virtual class at RCC Lake Anne in the Jo Ann Rose Gallery or watch from home on a computer. A link will be provided to registered patrons prior to class.

## Alternative Medical Treatments

(18 years and older)

Learn about what science says regarding alternative medical treatments such as acupuncture, chiropractic, homeopathy and Chinese medicine.

**1, 85-min. session at RCC Lake Anne \$10 (R)/\$8 (R55+)/\$15 (NR)**

**February 3**

Wed 11:50 a.m. – 1:15 p.m.  
580903-1A OLLI

## Estate Sales

(18 years and older)

How does an estate sale differ from a garage sale? An estate sale requires detailed planning and possibly the hiring of an experienced agent. Estate sales typically occur to settle an inheritance or because the owners are moving and want to take very little with them. Learn about how to conduct

Reston Community Center and Osher Lifelong Learning Institute (OLLI) at George Mason University are partnering to provide unique educational opportunities for those living and working in Reston. OLLI offers daytime courses, and the course leaders are often well-known experts in their fields who enjoy sharing knowledge. OLLI membership provides one option to those wanting to participate. Non-OLLI members can register through RCC to participate at a reduced cost on a class by class basis. If you would like to learn more about OLLI or are interested in becoming a full-time member, visit [olli.gmu.edu](http://olli.gmu.edu).

an estate sale, from taking inventory to paying taxes. The instructor will also discuss her experiences, including some exciting discoveries she has made for her clients and some of the characters she encountered during three-plus decades in the business.

**1, 85-min. session at RCC Lake Anne \$10 (R)/\$8 (R55+)/\$15 (NR)**

**February 17**

Wed 11:50 a.m. – 1:15 p.m.  
580906-1A OLLI

## Flag on Prospect Hill

(18 years and older)

On New Year's Day 1776, George Washington's colonial army raised a new flag on Prospect Hill, near Boston. The flag had 13 red and white stripes, with the British union crosses in a corner. The British troops in Boston initially interpreted the flag-raising as a sign of American submission to King George III. Or at least that's the story that's told in most conventional history books. This course will present a different and surprising interpretation of what happened on that winter morning in 1776.

**1, 85-min. session at RCC Lake Anne \$10 (R)/\$8 (R55+)/\$15 (NR)**

**February 10**

Wed 2:15 p.m. – 3:40 p.m.  
580905-1A OLLI

## Shackleton's Unbelievable Voyage

(18 years and older)

Ernest Shackleton was an extraordinary adventurer during the heroic age of Antarctic exploration. With his ship trapped in ice and no hope of rescue, he left most of his crew on remote Elephant Island and took a few others on an 800-mile trip in a small lifeboat over the rough south Atlantic to South Georgia island, eventually rescuing every one of his crew.

**1, 85-min. session at RCC Lake Anne \$10 (R)/\$8 (R55+)/\$15 (NR)**

**January 27**

Wed 11:50 a.m. – 1:15 p.m.  
580901-1A OLLI

## OLLI CONTINUED

### The Civil War Beyond the Battles, Part One

(18 years and older)

Each of the four lectures covers a different aspect of the American Civil War. We will avoid the usual focus on military campaigns or individual battles in favor of topics tangentially related to fighting but rarely covered in the usual survey course. The topics include the provost marshal, faith in the fight, Civil War medicine and women's roles.

**4, 85-min. sessions at RCC Lake Anne**  
**\$40 (R)/\$32 (R55+)/\$60 (NR)**

**January 27 – February 17**

Wed 9:40 a.m. – 11:05 a.m.  
580900-1A OLLI

### The Great Atlantic Speed Race

(18 years and older)

Through the first half of the 20th century, ocean liners provided the only way to cross the Atlantic Ocean. Intense competition for passengers developed among ships, shipping lines and nations. This competition led to the quest for the fastest ship, strenuous marketing efforts and design innovations. These ships influenced, and were affected by, major social trends such as immigration and the vital political and economic ties between Europe and North America. The instructor will describe these aspects, along with some interesting personalities, the ships' roles in two world wars and some of the significant ships that made these vessels legendary.

**1, 85-min. session at RCC Lake Anne**  
**\$10 (R)/\$8 (R55+)/\$15 (NR)**

**February 3**

Wed 2:15 p.m. – 3:40 p.m.  
580904-1A OLLI

### The Historical Saga of McDonald's in Fairfax County

(18 years and older)

In July 1957, Oscar Goldstein and John Gibson, owners of the Gee-Gee Food Corporation, opened the first McDonald's in Fairfax County. Virginia Room archivist Chris Barbuschak will talk about how the pair went on to build the nation's largest single franchise operation of the McDonald's chain until Ray Kroc bought them out in 1967.

**1, 85-min. session at RCC Lake Anne**  
**\$10 (R)/\$8 (R55+)/\$15 (NR)**

**February 17**

Wed 2:15 p.m. – 3:40 p.m.  
580907-1A OLLI

### Understanding Investment Statements

(18 years and older)

Investment company statements contain a tremendous amount of information designed to inform and guide investor decision-making. This class will discuss what information is provided and how best to utilize this data. Topics will include 401k statements, investment statements and Social Security statements.

**1, 85-min. session at RCC Lake Anne**  
**\$10 (R)/\$8 (R55+)/\$15 (NR)**

**January 27**

Wed 2:15 p.m. – 3:40 p.m.  
580902-1A OLLI

## TECHNOLOGY

### Android Operating System for Smartphones and Tablets

(18 years and older)

Bring your fully charged Android device, tablet or phone and learn about Google's Android operating system including settings, home screen customization, icons, notifications, security tips, maintaining your device and best tips for taking photos.

**1, 2.5-hour session at RCC Hunters Woods**  
**\$20 (R)/\$16 (R55+)/\$30 (NR)**

**February 11**

Thu 10:00 a.m. – 12:30 p.m.  
500811-1B Livingston

### Online Payment Systems

(18 years and older)

Securely manage your retail and online purchases in this interactive course. Learn about PayPal, Venmo, Bitcoin and Apple Pay, and how they can streamline shopping.

**1, 2.5-hour session at RCC Hunters Woods**  
**\$20 (R)/\$16 (R55+)/\$30 (NR)**

**January 7**

Thu 10:00 a.m. – 12:30 p.m.  
500812-1A Livingston

### Twitter

(18 years and older)

Learn how to use Twitter, the online news and social networking service where users post and interact with messages called "tweets." In this hands-on course, learn to set up an account, send a tweet and understand Twitter terminology. Bring your tablet or smartphone to class fully charged.

**1, 2.5-hour session at RCC Hunters Woods**  
**\$20 (R)/\$16 (R55+)/\$30 (NR)**

**January 8**

Fri 1:30 p.m. – 4:00 p.m.  
500694-1A Livingston

Elders can reap countless rewards by indulging in lifelong learning. Thanks to a vast array of opportunities now available in lifelong learning, we have the chance to make elders' later years far more exciting than they might ever have dreamed possible. Incorporating lifelong learning into the after-50 years means elders' minds will be more stimulated, their bodies more active, and their spirits more fulfilled.

– *Today's Geriatric Medicine.com*



# eLEARNING

→ @RCC

**EXPAND YOUR EXPERTISE  
AND ADVANCE YOUR CAREER**

## **Certificate Programs in:**

- Business
- Business Communication
- Digital Marketing
- Human Resources
- Leadership
- Management
- New Media Marketing
- Social Media for Business
- Training and Education

## **Individual Courses in:**

- Business
- Career Skills
- Parenting
- Health
- Human Resources
- Leadership
- LEED Green Workplace
- Management
- New Media Marketing
- Professional Development
- Social Media for Business
- Training and Education
- Web Design

For more information, please contact LaTanja Jones,  
RCC Collaboration & Outreach Director, at 703-390-6158.

Visit the eLearning page to find the class schedule that works best for you.

**[www.restoncommunitycenter.com/eLearning](http://www.restoncommunitycenter.com/eLearning)**

Because this is a partnered program, no RCC fee waivers can be used.

# VISUAL ARTS

## Abstract Expressionism: Collage and Painting on Paper

(18 years and older)

Participants will expand their skills in creating fine art collage by utilizing colorful handmade collage paper, mark-making tools, stencils and acrylic paint. Students will be guided through the fundamentals of line, shape, color, texture and value to create papers to incorporate into their own work. A supply list will be provided prior to the first class.

**6, 2.5-hour sessions at RCC Lake Anne**  
**\$70 (R)/\$56 (R55+)/\$110 (NR)**

**January 12 – February 16**

Tue 10:00 a.m. – 12:30 p.m.  
402721-1B Fitzurka

## Acrylic Painting Beginners

(18 years and older)

Have fun and learn the basics of acrylic painting in this studio workshop setting. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**January 15 – March 5**

Fri 10:00 a.m. – 1:00 p.m.  
455011-1B Lopes

## Art Lab

(18 years and older)

Artists of all skill levels are invited to explore their creativity under the supervision of art instructor Arnold Lopes. This open studio class is the perfect time to complete projects that are left over from previous classes or work on personal projects.

**8, 3-hour sessions at RCC Lake Anne**  
**\$80 (R)/\$64 (R55+)/\$120 (NR)**

**January 15 – March 5**

Fri 2:00 p.m. – 5:00 p.m.  
404213-1C Lopes

## Chinese Brush Painting

(18 years and older)

Students of all skill levels will be taught the fundamental brushstrokes and will learn to use traditional materials to experience this art of the Far East. Fundamentals learned can be used in paintings and ceramic decorations.

**6, 2.5-hour sessions at RCC Lake Anne**  
**\$75 (R)/\$60 (R55+)/\$150 (NR)**

**January 21 – February 25**

Thu 10:00 a.m. – 12:30 p.m.  
402512-1B Griffith Tso

## Creative Hands Pottery

(18 years and older)

Participants will explore hand-building techniques to create an array of clay projects. Class fee includes 25 lbs. of clay, glazes, firing and a one-hour visits to the Open Ceramics Studio. A supply list will be provided prior to first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$105 (R)/\$84 (R55+)/\$175 (NR)**

**January 12 – March 2**

Tue 10:00 a.m. – 12:30 p.m.  
402665-1C Page

## Drawing with Pastels

(18 years and older)

Learn the fundamentals of creating with soft pastels with a concentration on animals. The class will be geared for beginners, but all levels of experience are welcome. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 11 – March 15**

(No Class: January 18, February 15)  
Mon 7:00 p.m. – 10:00 p.m.  
402460-1A Lopes

**January 15 – March 5**

Fri 7:00 p.m. – 10:00 p.m.  
402460-1C Lopes

## GRACE Art Family Day

(All Ages)

The Greater Reston Arts Center opens its doors for an afternoon of family artmaking and

exploration of the current gallery exhibition. Come see all that GRACE has to offer and have a fun and free outing with the family. Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston. Reston Town Center garage parking is free on Saturdays.

**1, 3-hour session at 12001 Market Street**  
**Free, Registration Req.**

**January 30**

Sat 12:00 p.m. – 3:00 p.m.  
402646-1C GRACE

## Handmade Valentine Card Workshop

(All Ages)

Using punches, origami and stamping techniques, participants will create one-of-a-kind valentines for someone special. Sign up the whole family for this workshop led by GRACE staff to make some fun, creative cards. Please note: Parents will need to assist children with the creation of cards and children must be accompanied by a participating adult. Adults may come on their own and do not need to be accompanied by a child. It will be fun for everyone! Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston, VA. Reston Town Center garage parking is free on Saturdays.

**1, 90-min. session at 12001 Market Street**  
**\$5 (R)/\$4 (R55+)/\$10 (NR)**

**February 6**

Sat 2:00 p.m. – 3:30 p.m.  
402648-1A GRACE

## Making Pottery With or Without the Wheel

(18 years and older)

This class is for students with beginning through advanced hand building and/or wheel throwing skills. The class will emphasize design, construction of functional and non-functional forms, and surface decoration. In addition, glazing and firing will be discussed and demonstrated. Students will be free to explore either hand building or wheel, or to combine elements of both. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$145 (R)/\$116 (R55+)/\$200 (NR)**

**January 13 – March 3**

Wed 7:00 p.m. – 9:30 p.m.  
402616-1C Staff

## INCLEMENT WEATHER

In the event of inclement weather, we advise our patrons and rental clients to call us at 703-476-4500 for the most complete and up-to-date information.

# VISUAL ARTS CONTINUED

## Micromosaic Jewelry

(18 years and older)

Create a beautiful grout-less mosaic jewelry piece using real millefiori and specialty glass from Italy. All supplies are included in the class fee.

**1, 6-hour session at RCC Hunters Woods**  
**\$135 (R)/\$108 (R55+)/\$236 (NR)**

**January 31**

Sun 10:00 a.m. – 4:00 p.m.  
402623-1C Damron

## Mindfulness Painting for Self-Expression

(18 years and older)

The Mindfulness Painting experience is creating, empowering and healing by using paint, paper and brushes. It is a creative practice of meditating with your brush in your hand. As painters release judgment and perfectionism, the practice will allow them to open more to presence, spaciousness and self-compassion. It is a form of creative self-expression going beyond words and linear thought. Painting techniques are not necessary nor will they be taught. Participants bring self-awareness and presence to access their inner creative source using tempera paints. Supplies are included in the class fee.

**8, 3-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 20 – March 10**

Wed 1:30 p.m. – 4:30 p.m.  
402659-1C Tompros

## Modern Painting Styles in Acrylic

(18 years and older)

This class will focus on the painting styles of Richard Diebenkorn and Edward Hopper. Instructor Arnold Lopes will use these pillars of modern painting to expand students' use of acrylics. This class will be geared toward beginners, but all skill levels are welcome. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 12 – March 2**

Tue 7:00 p.m. – 10:00 p.m.  
402694-1B Lopes

## Mosaic Art

(18 years and older)

Mosaics are one of the original art forms, and pieces can be made to last for centuries. Choose from among several exciting projects, from beginner through expert, or bring your own unique project (with instructor approval). Sufficient tools, supplies and materials are included in the class fee to complete one beginner or intermediate project.

**6, 3-hour sessions at RCC Hunters Woods**  
**\$230 (R)/\$184 (R55+)/\$370 (NR)**

**January 6 – February 10**

Wed 10:00 a.m. – 1:00 p.m.  
404040-1E Damron

**February 17 – March 24**

Wed 10:00 a.m. – 1:00 p.m.  
404040-1F Damron

## Mosaic Wine Bottle

(18 years and older)

Learn to mosaic glass on glass in 3D. Create beautiful decorative accent pieces for the garden or table. Class fee includes materials and use of tools.

**4, 3-hour sessions at RCC Hunters Woods**  
**\$100 (R)/\$80 (R55+)/\$150 (NR)**

**January 13 – February 3**

Wed 6:30 p.m. – 9:30 p.m.  
404041-1A Damron

## Oil and Acrylic Painting Studio

(18 years and older)

Participants will explore their painting potential while using oil or acrylic paint. This class is designed for all skill levels in a guided studio workshop setting. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 20 – March 10**

Wed 7:00 p.m. – 10:00 p.m.  
402688-1C Lopes

## Portraits in Charcoal

(18 years and older)

This class is designed for beginners, but all skill levels are welcome. The class will explore the art of drawing people in the exciting medium of charcoal. Basic hints and problem-solving techniques will be covered by looking at the masters and contemporary artists. A supply list will be provided prior to the first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 14 – March 4**

Thu 7:00 p.m. – 10:00 p.m.  
402411-1B Lopes



## RESTON PATRONS 55 YEARS AND OLDER

If you live or work in Reston, you pay a discounted rate on eligible classes. Please use the (R55+) price when making payment. If registering online, the adult price is displayed with the class description. The 55+ discounted price will be displayed on the checkout system.

# ARTIST DIALOGUES AT GRACE

FREE • 13 YEARS AND OLDER



Join the Greater Reston Arts Center to hear a creative professional respond to the work on view in the gallery. The short presentation will be followed by open conversation. Please check the GRACE website for scheduled dates. Events are free and open to the public.

## Creative Responses

Select Thursdays • 7:00 p.m. – 8:00 p.m.

Creative professionals will respond to the work on view in the gallery.  
The short presentation will be followed by an open conversation.

## In their Own Words

Select Saturdays • 4:00 p.m. – 5:00 p.m.

Hear from the current exhibiting artist in their own words about their work, life and inspiration in a short presentation followed by an open Q&A.

## Insights

Select Saturdays • 3:00 p.m. – 5:00 p.m.

Listen to curators and directors of major art institutions discuss the work on view in the gallery and reflect on the relationship to Reston and American culture writ large.

Greater Reston Arts Center is located at 12001 Market Street, Suite 103, Reston, VA.  
Reston Town Center garage parking is free on weekends and weekdays after 5:00 p.m.

**For schedule please visit: [restonarts.org](http://restonarts.org)**



## Reclaiming the Inner Artist

(18 years and older)

This mixed-media class is designed for emerging artists to access their creative side and for practicing artists in search of fresh inspiration. Using creative exercises rooted in the Four Elements (earth, water, air and fire), connect with where you are in the creative cycle, tap into creative flow, face the inner critic and learn to overcome perceived obstacles. This transformative class is a combination of intuitive art, meditation and personal journaling. Make an art journal to document your journey toward reclaiming unique trust in your creative power. Supply list will be provided prior to first class.

**8, 3-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 25 – March 22**

(No Class: February 15)

Mon 10:00 a.m. – 1:00 p.m.  
402641-1A Mullarkey

## Sculpture I

(18 years and older)

Designed for beginner through advanced students interested in learning or honing skills in three-dimensional expression. The techniques will be tailored to individual skill levels. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. Supplies will be discussed during the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$145 (R)/\$116 (R55+)/\$200 (NR)**

**January 11 – March 15**

(No Class: January 18, February 15)

Mon 10:00 a.m. – 12:30 p.m.  
402500-1C Zoller

**January 12 – March 2**

Tue 7:00 p.m. – 9:30 p.m.  
402500-1D Zoller

## CERAMICS STUDENTS:

Your Open Ceramic Studio pass expires at the end of each season.

Fall class passes expire December 31, Winter/Spring class passes expire May 31 and Summer class passes expire August 31.

## Watercolor Fundamentals and Growth

(18 years and older)

This watercolor class will be built around lesson-oriented projects while encouraging students to focus on their own projects. The class is for all levels of experience. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$90 (R)/\$72 (R55+)/\$155 (NR)**

**January 13 – March 3**

Tue 10:00 a.m. – 12:30 p.m.  
402696-1B Ellor

## Wheel Exploration

(18 years and older)

Whether experienced or just starting out, participants can practice and refine skills with guidance from an instructor. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$145 (R)/\$116 (R55+)/\$200 (NR)**

**January 12 – March 2**

Tue 10:00 a.m. – 12:30 p.m.  
402639-1D Weech

Tue 7:00 p.m. – 9:30 p.m.  
402639-1E Weech

## Wheel I

(18 years and older)

Learn how to work with clay and master wedging, centering and throwing to make bowls, cylinders and small plates. Simple glaze concepts and techniques will be introduced. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$145 (R)/\$116 (R55+)/\$200 (NR)**

**January 14 – March 4**

Thu 10:00 a.m. – 12:30 p.m.  
402462-1E Zoller

Thu 7:00 p.m. – 9:30 p.m.  
402462-1F Saltzman

## Wheel II

(18 years and older)

Students will review and practice refinement of basic throwing skills to move from beginning to intermediate levels. Students must know how to center. Class fee includes 25 lbs. of clay, firing and glazes, and one open ceramic studio visit. A supply list will be provided prior to the first class.

**8, 2.5-hour sessions at RCC Lake Anne**  
**\$145 (R)/\$116 (R55+)/\$200 (NR)**

**January 11 – March 15**

(No Class: January 18, February 15)

Mon 7:00 p.m. – 9:30 p.m.  
404210-1E Staff

**January 15 – March 5**

Fri 10:00 a.m. – 12:30 p.m.  
404210-1F Anderson

## WOODWORKING

### Good Neighbors

### Woodworking Group

(18 years and older)

The Good Neighbors Woodworking Group designs, constructs and decorates wooden toys that are then donated to children in Reston. Experience is a plus, but training will be provided for beginners. First-time participants must complete a woodshop volunteer form. Due to COVID-19 and social distancing requirements, the Good Neighbors Woodworking Group now requires registration. To register for this class, sign into myRCC and select the dates and times you wish to attend. A Good Neighbors Woodworking pass will be issued, and patrons are required to swipe the pass prior to each registered visit.

**8, 5-hour sessions at RCC Hunters Woods**  
**Free, Registration Req.**

**January 5 – February 23**

Tue 9:30 a.m. – 2:30 p.m.  
5C0085-1C Staff

# OPEN STUDIOS

## Open Ceramics Studio

(18 years and older)

The public is invited to use RCC's Ceramics Studio. Due to COVID-19 and social distancing requirements, the Open Ceramics Studio now requires registration. To register, sign into myRCC and select the dates and studio you wish to participate in. Registration for the Open Ceramics Studio is free, but patrons are required to purchase a Ceramics Studio pass and swipe the pass prior to each registered visit. Passes may be renewed online through myRCC. Ceramics Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 40 visits at the fee of \$15 (R)/\$30 (NR) per visit. Ceramics Studio passes expire two years from date of purchase. The pass fee includes firing and glazes. Clay cost is \$15-\$20 for 25 lbs.

**4-hour sessions at RCC Lake Anne Pass, Registration Req.**

**January 9 – February 27**

Sat	1:00 p.m. – 5:00 p.m.
4C0030-1S	Ceramics Studio
4C0035-1B	3D Studio

**January 13 – February 24**

Wed	10:00 a.m. – 2:00 p.m.
4C0020-1S	Ceramics Studio
4C0025-1B	3D Studio

## Open Glass Studio

(18 years and older)

Open Glass Studio is facilitated by an experienced glass artist. Tools are provided; however, participants must work independently on projects and bring their own materials. Due to COVID-19 and social distancing requirements, the Open Glass Studio now requires registration. To register, sign into myRCC and select the dates you wish to attend. Registration for the Open Glass Studio is free, but patrons are required to purchase a Glass Studio pass and swipe the pass prior to each registered visit. Patron's passes will be debited a visit for non-attendance. Glass Studio passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of 1 visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Glass Studio passes expire two years from date of purchase.

**4-hour sessions at RCC Hunters Woods Pass, Registration Req.**

**January 17**

**February 7, 21**

Sun	1:00 p.m. – 5:00 p.m.
4C0010-1F	Damron

## Open Woodshop

(18 years and older)

Members of the public are invited to use RCC's Woodshop during weekly open shop hours. The shop includes a variety of table saws, sanding machines, drill presses, routers, a jointer, a planer and ample workspace. A woodshop supervisor will be onsite for consultation during these open hours. Due to COVID-19 and social distancing requirements, the Open Woodshop now requires registration. To register for this class, sign into myRCC and select the dates and times you wish to attend. Woodshop passes can be purchased and renewed online through myRCC or at an RCC Customer Service Desk. Passes may be purchased for a minimum of one visit to a maximum of 10 visits at the fee of \$10 (R)/\$20 (NR) per visit. Woodshop passes expire two years from date of purchase. Each visit includes a maximum of 3.5 hours. Registration for the Open Woodshop is free, but patrons are required to purchase a Woodshop pass and swipe the Woodshop pass prior to each registered visit.

**3.5-hour sessions at RCC Hunters Woods Pass, Registration Req.**

**January 5 – February 23**

Tue	6:00 p.m. – 9:30 p.m.
5C0010-1K	Staff

**January 2 – February 27**

Sat	9:00 a.m. – 12:30 p.m.
5C0030-1K	Staff

Sat	1:00 p.m. – 4:30 p.m.
5C0050-1K	Staff

LEISURE & LEARNING

### Have Questions About Drop-in Programs?

[www.restoncommunitycenter.com/PassFAQs](http://www.restoncommunitycenter.com/PassFAQs)

### Learn How to Purchase a Pass and Make a Reservation:

[www.restoncommunitycenter.com/HowTo](http://www.restoncommunitycenter.com/HowTo)



## Administration

Leila Gordon	Executive Director
John Blevins	Deputy Director
Renata Wojcicki	Finance Director
BeBe Nguyen	Director of Communications
Harunor Rashid	Network Administrator
Pam Leary	Customer Relations Director
Fred Russo	Building Engineer
Warren Bailey	Customer Service
Jan Bradshaw	Customer Service
Vincent Brown	Customer Service
Nicholas Burt	Billing and Reconciliation Specialist
Whitney Chambers	Web Graphic Artist
Suzanne Connell	Personnel Specialist
Sumi Gallas	Customer Relations Assistant Director
Karen Goff	Public Information Officer
Linda Greco	Customer Service
Samantha Korkowski	Graphic Artist
Maria Litinskaya	Financial Specialist
Greg Minassian	Customer Service
Grazyna Siebor	Procurement Specialist
Ling Zhao	Customer Service

## Aquatics

Matthew McCall	Aquatics Director
Brittany Kartchner	Aquatics Operations Director
Melissa Murray	Customer Service
Scott Sorenson	Aquatics Program Director

## Arts & Events

Paul Douglas Michnewicz	Arts and Events Director
Mark Anduss	Assistant Technical Director
Cheri Danaher	Arts Education Director
Kevin Danaher	Community Events Director
Linda Ifert	Technical Director
Gloria Morrow	Arts Education Assistant
Rhia Ovington	Box Office Assistant
William D. Parker	Box Office Manager
Camille Petrillo	Assistant Technical Director

## Leisure & Learning

Karen Brutsché	Leisure and Learning Director
Anya Avilov	Fitness and Wellness Program Assistant
Ali Clements	Lifelong Learning Program Assistant
Kim Gollop-Pagani	Youth/Teen Program Assistant
Debbie Heron	Youth/Teen Program Director
LaTanja Jones	Collaboration and Outreach Director
Cassie Lebron	Lifelong Learning Program Director
Jeff Morgan	Youth/Teen Program Assistant
Jonathan Navarro	Fitness and Wellness Program Director
Samantha Stettner	RCC Rides Coordinator

## Facility Rentals & Operations

Brian Gannon	Facility Services Director
Mohammed Alhadi	Facility Team
Vicente Aleman	Facility Team
Guillermo Huaman	Facility Team
Will Sanchez	Facility Operations Manager
Maurice Smith	Facility Team
Ken Wade	Facility Team

**STAFF**

## THANK YOU

We extend our heartfelt thanks to the hundreds of talented, hardworking individuals who also support RCC in part-time, administrative, instructional, lab supervising, lifeguarding, theatre technical assistance and many other roles. These outstanding individuals are too numerous to list here. We can't do what we do without their key contributions.

RCC also extends its profound gratitude to our wonderful volunteers who give everything they do the shining touch of their generous community spirits. Volunteers are the heart and soul of the RCC experience.

# COMMUNITY PARTNERS

Thank you to our Community Partners:

- Al Fatih Academy
- ARTSFAIRFAX
- Christ the Servant Lutheran Church
- Comstock – Reston Station
- Cornerstones
- Dance Place of Washington, DC
- Dulles Chapter of AARP
- Fairfax Area Agency on Aging
- Fairfax County Community Services Board
- Fairfax County Neighborhood and Community Services
- Fairfax County Office for Children
- Fairfax County Park Authority
- Fairfax County Public Schools
- Friends of Lake Anne
- Greater Reston Arts Center
- Greater Reston Chamber of Commerce
- Hunters Woods at Trails Edge
- Jewish Community Center of Northern Virginia
- Lake Anne Plaza
- League of Reston Artists
- Martin Luther King Jr. Christian Church
- Northern Virginia Hebrew Congregation
- NV Rides and Program Partners
- Office of Hunter Mill District Supervisor Walter L. Alcorn
- Osher Lifelong Learning Institute at George Mason University
- Public Art Reston
- Reston Association
- Reston Citizens Association/Reston Accessibility Committee
- Reston Masters Swim Team
- Reston for a Lifetime
- Reston Historic Trust
- Reston Hospital Center
- Reston Swim Team Association
- Reston Town Center Association
- Southgate Community Center
- Specially Adapted Resource Clubs
- Tall Oaks Assisted Living
- US Citizenship and Immigration Services
- Virginia Cooperative Extension
- Washington West Film Festival
- Washington Woodworking Guild
- YMCA Fairfax County Reston

# HOW TO REGISTER

## Online Registration

[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

Online registration opens at 9:00 a.m. on December 1.

- You must establish an account to log in and register.
- To register online, patrons will need a household username and password.
- New users will need to create an account through myRCC to receive a household username and initial password.
- To access myRCC, go to [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com), click on myRCC. Under Quick Links, click Create an Account. User information will be emailed within 48 hours.
- Any questions about online registration may be directed to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov) or to a customer service representative at 703-476-4500, Mon-Sat, 9:00 a.m. – 9:00 p.m. Sun, 9:00 a.m. – 8:00 p.m.

## In-Person/Mail/Fax Registration

- All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).
- Register in person at RCC Hunters Woods or RCC Lake Anne.
- Register by mail by sending completed registration forms to Reston Community Center, 2310 Colts Neck Road, Reston, VA 20191.
- Fax completed registration forms to 703-476-2488 (classes, trips, camps) and to 703-476-0563 (aquatics classes and activities).
- For non-aquatics classes, trips, camps and events, family members living in the same household may complete a single registration form. Aquatics patrons must complete one Aquatics registration form for each student or participant in a class. Patrons residing in separate households who wish to enroll in the same class must complete separate registration forms and staple them together.

# REGISTRATION FORMS

Please note that no matter when you drop off your registration, it will not be processed until December 1. Faxed or mailed forms will be included in the batches of forms received prior to 9:00 a.m. on December 1 if they are received by November 30.

Our Customer Service team will be inputting registrations in the myRCC system simultaneously with online registration by our patrons. The forms we receive in advance will be processed in groups by more than one Customer Service representative.

# REGISTRATION POLICIES

## Small District 5

Reston residents and employees in Small District 5 (Reston) are eligible for priority registration and reduced program rates. Regular class fees are listed as Reston/Non-Reston; aquatics daily visits and pass fees are listed as Reston, Fairfax County resident and non-Fairfax County resident.

Reston status is determined by whether the patron resides or works within the boundaries of Small District 5 (Reston) using Fairfax County's Tax Administration site. A map of Small District 5 is on the RCC website.

## Priority Reston Registration

Priority registration for Small District 5 (Reston) residents and/or employees takes place the first week of each scheduled registration period. RCC will not process payment until enrollment has been confirmed.

## Non-Reston Registration

Non-Reston registration begins at the end of the one-week priority-Reston registration period.

## Payment

Payment is required at the time of registration. Pay by cash, check (payable to Reston Community Center), money order, MasterCard, VISA or Discover. Cash payments cannot be accepted during Reston priority registration.

# REGISTRATION POLICIES CONTINUED

## Confirmation

Registration confirmations will be emailed; if we do not have an email address on record, the confirmation will be sent via regular mail. Please note that the confirmation will indicate if you are enrolled or waitlisted or other information about the class (such as supply lists or other requirements).

## Liability Waiver on RCC Registration Forms

The Liability Waiver is on all RCC registration forms and Drop-in sign-in sheets. Patrons who register for programming online have implicitly agreed to the Liability Waiver as all other registrants and drop-in users are required to do prior to participating in RCC programming.

# CODE OF CONDUCT

For your protection and comfort, Reston Community Center offers this Code of Conduct to show our commitment to providing a safe and welcoming environment for all of our patrons and staff. To ensure the safety and comfort of all, we ask individuals to act appropriately, behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit language or actions that can hurt or frighten another person or that falls below generally accepted standards of conduct. Specifically this includes:

- Angry or vulgar language including swearing, name calling and shouting.
- Physical contact with another person in any angry or threatening way.
- Displaying an object or weapon that can be considered harmful or threatening.
- Any demonstration of sexual activity or sexual contact with another person.
- Behavior deemed lewd or lascivious.
- Harassment or intimidation with words, gestures, body language or other menacing behavior.
- Behavior which intends or results in theft or destruction of property.
- Leaving a child under 8 years of age unattended. A child is considered unattended if they are without adult supervision and wandering around the building.

- Intrusion upon an event to which one is not an invited or registered participant.
- Being under the influence of alcohol or drugs.

Patrons are responsible for their own personal comfort and safety and should ask any person whose behavior threatens their personal comfort to refrain. Staff are expected to respond to any reported violation of our Code of Conduct. Dismissal from a program or facility may result from any violation of the Code of Conduct. No refunds will be given.

## Code of Conduct for Camp Participants

Camp participants and parents are required to affirm that both have read and agree to abide by all elements of RCC's General Code of Conduct and the Camper Code of Conduct by completing the Camp Program Guidelines and Requirements Form: Code of Conduct. A sample form can be found in the Policy and User Manual Appendix. All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

# FEES

- Reston patrons 55 years and older may receive a discount on eligible class fees, except in cases where the class fee is payable to someone other than RCC. The discount does not apply to drop-in activities.
- Passes will expire two years from date of purchase, with the exception of monthly pool passes.
- Single visit swim passes may be issued for any facility closure or interruption.

# FEE WAIVER PROGRAM

RCC established a Fee Waiver Program to permit access to all Reston-qualified individuals to programs and services offered by RCC and administered with equitable standards of qualification based on Federal poverty guidelines. The program shall be offered with allocations on a household basis for household individuals and dependents of a prescribed and published fee waiver amount to permit broad choice on the part of qualified participants and full access, in particular, to summer youth program opportunities. Allocations to the individuals in a qualified household may not be combined. Sample fee waiver forms and guidelines can be found in the Policy and User Manual Appendix. All forms are available online at [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com).

# CLASS CANCELLATION

- If the minimum enrollment has not been met seven days before the class starts, RCC reserves the right to cancel the class.
- A full refund will be issued if the class is canceled by RCC.
- RCC reserves the right to substitute instructors without notice.
- Refunds will not be issued in the event of closures due to acts of nature (lightning, storms, floods, etc.).

# REFUNDS

- Written refund requests received 14 days or more prior to the start of a class or camp will receive a full refund less a 20 percent processing fee (50 percent for trips).
- Refund requests received less than 14 days before the starts of a class or camp will be granted (less a 20 percent processing fee) only if another registration is received in its place (less a 50 percent processing fee for trips).
- Refunds for a pass will be prorated to the purchase date and then subjected to a 20 percent processing fee.
- No refunds are given for any class, camp, pass or trip with a fee of \$10 or less.
- Daily fees/passes are non-refundable.
- Refunds will be issued to the original credit card, or by check from Fairfax County if the original payment was cash or check. Refund checks will be issued by Fairfax County in 4-6 weeks.
- Refund requests received on or after the class, camp or trip begins will not be honored.
- All passes expire two years from date of purchase, with the exception of monthly pool passes.

## PATRON HEALTH AND SAFETY

- Patrons showing signs of a communicable disease or illness – including vomiting, diarrhea, or a temperature of over 100 degrees – should remain at home.
- Any patron experiencing diarrhea within 48 hours is not permitted in the pool or spa.
- Any patron suffering from discolored nasal discharge, open wounds, chicken pox, ringworm, etc. are not permitted in the pool or spa.
- Children under the age of 3 and any patrons diagnosed with incontinence are required to wear plastic pants underneath swim apparel.

## BOARD OF GOVERNORS

RCC is governed by a nine-member Board that is appointed by the Fairfax County Board of Supervisors after the residents and businesses of Small District 5 express their preferences in an annual poll. The Board of Governors is responsible for establishing agency policy, representing the Community Center before the public, soliciting input concerning program balance, conducting public hearings, and providing fiscal oversight of RCC and its programs.

RCC's Board of Governors invites the general public to its Board meetings; anyone is welcome to attend and share input. Dates subject to change. Additional committee meetings are scheduled as needed. Please visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) for a current list of Board meetings.

Annual Strategic Planning Session  
Friday/Saturday January 8-9  
Reston Association HQ

Monthly Meeting  
Monday February 1, 8:00 p.m.

Community Relations & Program Policy Meeting  
Monday February 8, 6:30 p.m.

Monthly Meeting  
Monday March 1, 8:00 p.m.

Community Relations & Program Policy Meeting  
Monday March 8, 6:30 p.m.

Questions, comments, concerns and suggestions for RCC's Board of Governors may be directed to [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov). All inquiries are answered within 48 business hours.

## FUNDING

RCC is a Fairfax County agency funded by the tax revenues of Small District 5. The current tax rate is \$0.047 per \$100 of assessed property value of all residential and commercial property in the district. These tax revenues fund the operation of Reston Community Center for district residents and employees so they may enjoy programs and services at greatly subsidized rates.

## ADA ACCOMMODATIONS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a Reston Community Center program, service, or activity, should contact the ADA representative, Pam Leary, as soon as possible but no later than 48 hours before the scheduled event. Please note that accommodations that require staffing and/or transportation alterations may require up to 10 days advance notice. To request a reasonable accommodation, please call 703-476-4500, TTY 711.

## PRICING

RCC reviews its pricing for programs and services annually. We will maintain current pricing for pool visits and passes through August 2020 while continuing to gradually phase in some rental rate pricing increases to rates that are better aligned with those of similar public agencies. Pricing for all RCC programs and services factors in the tax paid by property owners in Reston and thus will always remain lower than that of comparable public agencies. If you have any questions or concerns about particular fees, please let us know via [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

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# LOCATIONS AND HOURS OF OPERATION

## LOCATIONS

### RCC Hunters Woods – 2310 Colts Neck Rd, Reston, VA 20191

Includes the Terry L. Smith Aquatics Center, the CenterStage theatre, Woodshop, Stained Glass Workshop, and meeting rooms.

### RCC Lake Anne – 1609-A Washington Plaza, Reston, VA 20190

Includes the Jo Ann Rose Gallery, Ceramics Studio, Art Studio, Fitness Studios, and 3D Gallery.

Directions: Please use only the directions on the RCC website; directions provided by online sites or GPS systems may be inaccurate.

## PHONE NUMBERS

703-476-4500 • 703-476-8617 (Fax) • 711 (TTY)

## HOURS OF OPERATION

Monday – Friday 9:00 a.m. – 9:00 p.m.\*  
 Saturday 9:00 a.m. – 9:00 p.m.\*  
 Sunday 9:00 a.m. – 8:00 p.m.

\*Rental hours may vary. Contact the RCC Facility Services staff for more information.



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# WINTER HOLIDAY HOURS

Holiday	Date	Hunters Woods Hours	Lake Anne Hours
Staff Team Builder	December 16	CLOSED 1:00 – 4:00 p.m.	CLOSED 12:30 p.m. – 4:30 p.m.
Christmas Eve	December 24	9:00 a.m. – 2:00 p.m.	CLOSED
Christmas Day	December 25	CLOSED	CLOSED
New Year's Eve	December 31	9:00 a.m. – 5:00 p.m.	9:00 a.m. – 5:00 p.m.
New Year's Day	January 1	12:00 p.m. – 5:00 p.m.	CLOSED
Martin Luther King Jr. Day	January 18	9:00 a.m. – 9:00 p.m.	CLOSED
Inauguration Day	January 20	9:00 a.m. – 9:00 p.m.	9:00 a.m. – 9:00 p.m.
George Washington's Day	February 15	9:00 a.m. – 9:00 p.m.	CLOSED



The Hunters Woods Neighborhood Coalition works collaboratively to sustain a safe and welcoming neighborhood for people to live, work, worship, and enjoy visiting.

LIKE US ON FACEBOOK:  
[facebook.com/HuntersWoodsNeighborhoodCoalition](https://facebook.com/HuntersWoodsNeighborhoodCoalition)



[www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)  
 To request reasonable ADA accommodations, call 703-476-4500, TTY 711.

